

Coastweek

Issue No. 2103 January 16 - 22, 1998.

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MOMBASA TOWN HAS NEVER LOOKED WORSE

'Pathetic' And Embarrassing

"Urgent Action Needed By Government In Seeing That Mombasa Island Is Properly Cleaned And Maintained"

THE MOMBASA and Coast Tourist Association has called upon the new Minister for Local Government, Professor Sam Ongeri to "take drastic action on all Chief Officers of the Mombasa Municipal Council for not doing their job and, possibly, relocate them to other towns."

"We may want to blame other factors but first we must face reality that we are not doing anything to avert further catastrophe. The election fever is now over, a new government is in place and we in the tourism sector are now focusing on how to recover our losses and bring back tourism to its pinnacle as the highest foreign exchange earner in the country."

appoint a probe team to check the shoddy work which has so far been carried out with a view to immediately rectify the situation. Meanwhile, the tourism industry has decided to suspend all City Tours of Mombasa until the unsightly piles of garbage disappear, and the town cleaned up.

people but it does not appear to want to do the job. He mentioned how everyone was happy on hearing that the collection of garbage was to be privatised. But said Mr. Harunani "we do not see any private companies doing this on Mombasa island where it is needed most."

to the government for immediate action. He declared "we need to be rescued for all of us would like to know what is going on as far as the Municipal Council is concerned". Concluded the Chairman "the government must take action to save the disastrous situation which presently prevails in Mombasa."

Special Report By Correspondent

BEAUTIFY MOMBASA

Mr. Harunani was the convenor of the "Beautify Mombasa" project which also attracted support from the Council. A pilot project was the beautification of part of Moi Avenue.

Have A Smile BIOLOGY ROOM

SPECIAL REPORT Lovely LAMA SEE PAGE TEN

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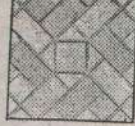
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Hurry! While Stocks Lasts

A Wonderful New Year Bash At The Popular "Club Sun N' Sand"

CLUB SUN n' Sand's New Year's Eve bash was the biggest and the best and surpassed all expectations by far.

The party was an all inclusive affair, where for the price of the entrance you could eat as much as you could, drink (this included spirits, wines, cocktails juices, sodas and purified water) whatever you wanted with no limitations at all, and enjoy the night full of fun and entertainment.

The dinner layout was superb with a spread that would put a King to shame.

The variety included cold cuts, soups, salads and dressings, hot dishes, grills and of course dessert followed naturally by coffee, tea and the cheese board and crackers.

Seafood Mousse, Pyramid of Prawns, Ostrich ala Washington, Cream Princess Cleopatra, Stardust Salad, Burning Desire Salad, Hot Crab Baltimore, Shanghai Style Fish, Lamb Rogan Josh, Zebra Leg, Crocodile Shashik were just part of the Around the World dinner that was laid out by the kitchen staff at the Sun n' Sand who had worked round the clock to accomplish this feat.



GUEST RELATIONS OFFICER Dorah Mshai (right) hands over a flower bouquet to repeat guest Mrs Maria Bernasconi of Switzerland - regularly visiting Sun N Sand Hotel for more than fifteen years!

Desserts included Savarin au Fruits, Lemon Syllabub in Wine Glass, Yule Log, traditional Mince Pies, Balasyam, Nut Chocolate Mousse, Gula Malaka and Petit Fours.

After this lavish dinner, the hotel's Animation team performed Caribbean and South African dances and a cabaret.

The Resident Band African Vibrations set the pace rolling for

the countdown to midnight as the partygoers took to the stage.

Just before midnight, Father Christmas set out to wish all around, on a sailing boat in the large swimming pool to the delight of all the children and adults that were there.

At the stroke of midnight, the fireworks display on the beach lit up the night sky as hundreds of balloons which had been tied up,

were let loose over the dance and in the swimming pool.

The entire kitchen staff led by Pastry Chef rolled out a huge cake forming a procession of flame-lit torches snaked through all the tables with everyone a "Happy New Year".

Ninety years' young Mrs Bernasconi from Switzerland was on her 20th visit to the hotel and had just celebrated her birthday a few days ago when she came on to cut the cake and wish the New Year.

All the guests were then served cake and sparkling wine and Resident D.J. Tony took over the music scene.

Goulash was served to those who had built up an appetite from all the dancing, coffee and being served throughout the night.

General Manager Sam Ochi had to turn away some revelers who wanted to attend the party as the hotel was filled to capacity about six hundred people at the time.

He has promised that arrangements will be made for next year's party to accommodate more people so as not to disappoint patrons.

Mombasa Flower Show Success

THE ANNUAL flower show of the Mombasa District of the Kenya Horticultural Society was held at the Mombasa Academy on December 6th and 7th 1997.

Mr. John Wright, Chairman for Nairobi and the Senior for Kenya was extremely pleased with the improvement from last year.

He stated that not only had the number of entries increased but the quality which is the main thing.

The large verandah arrangement of mixed plants were of a high standard this year especially the winning one by Mrs. Beatrice Gichoni which also won her 'Best in Show' and a Bronze Medal Award.

The other cup winners were Mrs. Amama Kudrati; Mrs. Jean Elms and Mrs. Shilpa Shah.

Members of the public who viewed the show on Saturday afternoon and Sunday morning expressed their amazement at some of the lovely flowers that can be



CUP WINNERS - Mrs Amama Kudrati (left) seen with Mrs Beatrice Gichoni, Mrs Jean Elms and Mrs Shilpa Shah during presentation of prizes at the Mombasa District of the Kenya Horticultural Society annual flower show.

grown in Mombasa and consequently many of them joined the society.

'El Nino' had affected many of the blooms at the coast, especially Bouganvillea, but regardless members like Mrs. Sweta Malde and Mrs. Shreana Malde managed to win numerous prizes which this year were vouchers for spending at Anicare.

Mrs. Daksha Babla made the most outstanding creation of a hat resembling a sunflower which was greatly admired by the judges and visitors but unfortunately it could not win a prize as it was made using paper rather than dried or fresh plant material.

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"Ignore the sniggers... you've gone without a cigarette for three hours now."



"They're having a mid-wife crisis."

Life Is A Laugh!



"If you don't want to know it was 2-0, look away now."



"I wish I had your will power."



"That's not what I meant Mr. Jones by starting at the bottom."



"I suggest you stop jogging to work to keep fit. You've got lead poisoning from the exhaust fumes."



"Open wider, I've lost my clip-on bow tie!"



"I didn't realise my husband had a drink problem until he came home one night sober."

'Confab' Facilities At Jadini "Superb"

THE CONFERENCE facilities at Jadini Beach Hotel are superb and that is why the Kenya Union of Savings and Credit Co-operatives Ltd had been holding training seminars there for eight years with more planned for 1998 and beyond.

So said Edward K. Mudibo, its Education and Training Manager who mentioned that KUSCCO runs seminars on a weekly basis throughout the country and throughout the year.

KUSCCO is an umbrella body for some 1500 affiliated societies and the twenty attending the Training Seminar were all elected leaders in their respective societies.

Referring to those taking place at the coast, Mr. Mudibo said 'we have a deliberate bias towards Alliance hotels.

Participants find Jadini and Africana Sea Lodge so hospitable, comfortable and with a caring staff, who even consult you about your preferences in the way of food!

The five day Intensive course in 'Co-operative Management' also covered the introduction of new products and an update on the economy and any changes in legislation.

Jadini/Africana Sea Lodge at which they stayed are situated on the delightful white-sand Diani Beach.

For some it was the first time to see the Indian Ocean.

In their little spare time they made full use of the variety of recreational facilities immediately available as well as entertainment.

Declared Mr. Mudibo 'we look upon Jadini/Africana as a home for seminars at the Coast'.

Trust Bank Boost Malindi Tree Fund



THE MALINDI Town Mayor Christmas Tree Fund received Shs. 5,000 from Trust Bank Limited Malindi Manager Sujay Khataw (centre) who is seen handing over the cheque to the Fund's Chairman Mr. Majid Swaleh (right) as the acting Town Clerk Mr. Edward Mwamburi looks on.



REGION CHAIRMAN Lion Ravi Magon (second right) seen here with other Lion members, hands over the medicines to Coast Provincial Medical Officer Dr. S. K. Shariff (right).

Lions International Foundation Assist 'El Niño' Victims With Foods And Medicine

THE LIONS Club International Foundation (LCIF) donated U.S. Dollars 10,000/- to assist the families who have been affected by the floods due to the 'El Niño' weather phenomenon and the

Cholera stricken victims.

The Lions of District 411 led by the District Officers Lion (Dr.) Ravi Magon and Lion Gordhan Kanji gave the following medicines to the coast provincial medical officer Dr. S. K. Shariff to be utilised for the poor families who are stricken with cholera.

Tetracycline - 140,000 capsules; Erythromycin - 40,000 tablets; IlyFluids - 2,000 bottles; Oral Rehydration Solution - 10,000 packets.

The total value of medicines

was Kshs. 391,000/-

In addition on Sunday, January 11, 1998 the Lion members drawn from different clubs of Mombasa led by the district officer Lion Gordhan Kanji visited the Magarini Village in Msambweni (Kwale District) and donated 500 bales on Maize Meal valued at K.Shs. 230,000/- to the poor families who were affected by the floods.

Lion members saw for themselves the devastated bridges, flooded farms and the sorry plight of the residents there.

Long Service Awards



MANAGING DIRECTOR African Marine Andrew Sinclair (right) presents awards to (from left) Charo Mitsanze, Omar Ali and Bwanmkuu Ali.

AMGECO Lauds Employees

AFRICAN MARINE and General Engineering Company Limited of Mombasa recently presented sixteen employees with long service awards. Top award went to three employees, Omar Ali (Rigger), 47 years service, Charo Mitsanze (Foreman Plumber), 46 years and Bwanmkuu Ali, (Boat Driver L.H.) with 42 years service.

The Managing Director Mr. Andrew Sinclair said during the presentation that for three employees to serve the Company for a total of 135 years was not only a very fine achievement for the men concerned but also a compliment to African Marine.

"Whilst we require a high standard from our workforce we have always considered that it is important to be concerned with their working conditions and general welfare and this confirms that our employees respond to such a policy," said Mr. Sinclair.

The company which celebrates its 70th Anniversary this year, also presented the awards to the following:

Karani Katama (34 years), Titus Kibiti (33 years), Mwinyikombo Hassan (33 years), Ernest Kirigha (33 years), John Oyumo (29 years), James Muriuki (29 years), Hussein Osman (26 years), Mathais Mwachinga (25 years), Daniel Ngiendo (23 years), Jennifer DeSouza (22 years), Josiah Kikuli (22 years), Ferdinand Kenga (22 years) and John Baraza (22 years).

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A DELIGHTFUL surprise for the Bombolulu Workshop for the Physically Handicapped, which was recently partly flooded, was to receive a donation of DM 1500 from Top Tours & Travel, Germany, towards its Mobility Aid Workshop which produces tri-cycle and wheelchairs.

Although housed at Bombolulu it is a separate project of APDK and five handicapped people will be receiving wheelchairs within the next two weeks.

The donors are a sister company of Andreas Top Tours & Travel, Nyali, together with repeat clients and Kenyan friends.

The money was presented to Hubert Seifert, APDK's Executive Officer at the Bombolulu Cultural Centre by Andreas Klohe, Managing Director, Andreas Top Tours & Travel, who was accompanied by his wife Anja, some staff from the German office and guests who have selected the recipients of the five wheelchairs.

Mr. Klohe revealed that his company is moving office which, from February 2, will be operating from the opposite side of the BP Petrol Station, Nyali, at the Links road 'T' Junction.

Good news from Mr. Seifert is that Bombolulu is again fully operational after about half of its compound was flooded - the most badly affected being the workers accommodation.

Within a week all were able to return to their homes.

Damage to its Cultural Centre necessitated rebuilding some of the traditional homesteads which has now been completed.

Some of the facilities and furniture have been renovated and new furnishings provided.

The Swahili house was repaired

'Top Tours And Travel' Boosting Bombolulu's Mobility Aid Workshop

and repainted.

Declared Mr. Seifert 'we gave it a face lift and it looks better now than before'.

Continuing he said 'the showroom was flooded resulting in big losses.

All furniture and shelves had to be repaired and display boards redone.

Tourists are returning although fewer in number because of the general slump in tourism at the Coast.

Said Mr. Seifert 'Bombolulu has suffered a considerable financial

loss and many local companies and service clubs came to its help while international donors responded very positively'.

Adding 'for example, in my own village in Germany Kshs. 2 million was raised.

Such is the improved situation that we will be able to undertake some investment again, such as the buying of new vehicles'.

Here Mr. Seifert revealed that 'the Kenya Tea Trade Association has given us a substantial donation towards the purchased of a new



'NO MORE CITY TOURS' - UNTIL TOWN CLEANS UP

LACK OF any response to repeated appeals to the Mombasa Municipal Council by the tourism industry to clean the town and rid it completely of huge piles of uncollected rotting garbage has led to the Kenya Associations of Tour Operators', Coast, deciding to take an unprecedented step in suspending CITY Tours forthwith.

The tours covered visits Fort Jesus Museums, The Old Town, The Mackinnon Market and The Akamba Woodcarvers' Co-Operative at Port Feitz section of the road leading there being a disastrous state.

The decision was taken at the KATO meeting on Tuesday after reviewing the worsening situation and the horror expressed by Tourists on seeing the state of the town.

The enormity of it can be appreciated when it is realised that KATO members represent nearly 90 per cent of the tourist volume at the coast, excluding African Safari Club.

Said its Chairman, Karl-Heinz Straus 'we have decided not to offer any City Tours until all the massive piles of garbage littering the town are removed, especially those around Mackinnon market'.

Adding 'the highlight of the tour is undoubtedly Fort Jesus Museum.

Another attraction is the imposing Tusk arches against which many tourists like to be pictured as they mark the gateway to East Africa.

UNFORTUNATE

But said Mr. Straus 'a big crack at the bottom of one of them if not urgently repaired might lead to its collapse'.

He went on 'our decision has been impelled by the fact that the situation concerning garbage and cleanliness of the town has deteriorated despite our appeals for an urgent clean up.

We hope our decision, which unfortunately will result in a loss of business for many in these already depressed times will motivate the council into immediate action.

As soon as the work is completed City Tours will resume.

In addition and in conjunction with KATO's national office in Nairobi, it has been decided to

Pick-up'.

Meanwhile, Bombolulu is involved in an aggressive marketing campaign and very fortunately its export business is presently doing very well with the workshop being kept very busy.

New designers are joining Bombolulu.

Said Mr. Seifert 'one is a volunteer from the UK on a one year contract.

Originally from West Africa she had been running her own fashionwear company in England.

HOLLAND

Next week we are expecting two designers from Holland, while at the beginning of February, Constance our Export Marketing Manager will be representing Bombolulu at a Jewellery Exhibition in Birmingham where he will have a stand.

Mr. Seifert also revealed that they are planning to introduce their own courtesy bus to pick up tourists from hotels and bring them to Bombolulu.

Frangipani Posy For Isabella And Eveline



A POSY frangipani flowers welcomed Isabella Modigell and her mother, Eveline to Alliance Hotel's VIP cocktail party at Jadin's Jambo Village. They were joining Chris Modigell, Group General Manager Alliance Hotels - the very vibrant MC at the party. The flower lady on the right is Madeline Musila, from Guest Relations.



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Ilm and Zikr are the two wings without which one cannot fly in these surroundings.

What is more, if Ilm and Zikr are neglected, this endeavour may become a new source of mischief.

Without ilm, Islam and Iman are a mere formality, and without Zikr, ilm is a pure darkness.

Effulgence is produced in ilm by Zikr and the real fruits of Zikr should,

therefore, not be overlooked in this regard otherwise the Tabligh endeavour will end up in waywardness, and, god forbid, you will be in great



loss".

The Maulana said: "It is necessary for people taking part in the Tabligh work to believe whole heartedly in the reward promised and the glad tidings given, in the Qur'an and the Traditions,

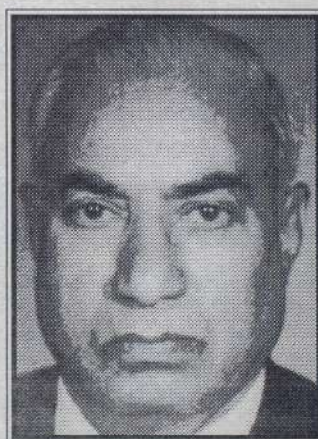
on striving in the path of faith through preaching and propagation.

They should join in the Tabligh endeavour solely in the hope and desire of winning those rewards and favours.

They must further tell themselves that god will according to his promise, grant them, also the reward equal in value to the entire reward that will be earned, through their deeds, by men who will be led to goodness through their worthless efforts as well as by those who will take to faith, till the doomsday, as a result of this endeavour provided their intention is sound and exertions worthy of acceptance".

IN FOND MEMORY

BHOG SIRI SEHAJ PATH AT SIRI GURU SINGH SABHA (SIKH TEMPLE) MOMBASA



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WAHE GURU WAHE GURU WAHE GURU

H.H. Aga Khan Hospital Will Keep International Standard

THE AGA Khan Hospital, Mombasa recently held an Annual Lunch where over 350 staff and doctors were invited.

In her address the Administrator, Mrs. Khushnooda Shivji recalled the main achievements of the hospital during this year and outlined the development plan for the year 1998.

The major development the hospital will embark upon in 1998 will be the Operating Theatres which will be designed with International Standards and the most modern surgical technics found today.

In developing its diagnostic services, the hospital plans to acquire a modern Ultrasonograph

with facilities for sophisticated sonography investigations in the Radiology Department.

The Pathology Department will be acquiring an automated chemistry diagnostic analyser for more prompt and efficient handling of chemistry samples.

The patient monitoring system and the life saving respiratory equipment in the Intensive Care Unit will be replaced with new modern equipment capable of monitoring all the essential clinical parameters.

The Mombasa based Resident Director of the Aga Khan Health Services Kenya, Mr. Alnoor Kanji emphasised the importance of quality of patient care in the changing environment of medical and health care.

He appreciated and acknowledged the efforts of all the volunteers associated with the hospital in various committees namely The Friends of the Aga Khan Hospital, Mombasa chaired by Count Kassamali Paroo, The Medical Advisory Committee chaired by Dr. Joe Okanga, The Quality Improvement Committee chaired by Dr. Kiran Shah and the Small Health Committee chaired by Mrs. Zubeda Dadani.



SEEN FROM Left, Dr. Mahesh Chudasama, Visiting Gynaecologist/Obstetrician, Mr. Akbar Khan, Maintenance Manager, Mr. Alnoor Kanji, Director, Aga Khan Health Service, Kenya, Mrs. Khushnooda Shivji, Administrator, The Aga Khan Hospital, Mombasa, Mrs. Vimala Nehemiah, Sister in Charge and Dr. Ramesh Desai, Visiting Physician.



DIRECTOR of Aga Khan Health Service, Kenya, Mr. Alnoor Kanji addressing the guests. Others (from left) Dr. Zahir Alavi, Resident Paediatrician, Aga Khan Hospital, Mombasa, Dr. Kiran Shah, Mrs. Khushnooda Shivji, Administrator, Mrs. Anna Okumu, Matron, Dr. Joe Okanga and Count Kassamali Paroo.

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'EMIRATES' AIRLINE INTO 'ECOTOURISM'

EMIRATES THE International Airline of the UAE, is developing an Ecotourism resort in the Dubai desert, the first of its kind in the Gulf and Middle East which emphasises Ecotourism.

The Al Maha Resort, is being built on a 16 square kilometres site in the Dubai desert, about 40 minutes' drive from the Dubai International Airport.

Due for completion in early 1999, the resort signals the Emirates Group's move into the niche market of Ecotourism resort hotels.

Al Maha - which is the Arabic for the Arabian Oryx, a desert antelope - is based on the concept of luxury lodges in South Africa, Malaysia or Indonesia, which expertly combine the best of nature with the best of man-made creature comforts.

The resort lends itself to a true 'escape', to a different environment, lifestyle and experience.

Leading the project is South African-born Tony Williams, who has 10 years' experience in the management of exclusive game

lodges on the African continent.

According emirates' Chairman, HH Sheikh Ahmad bin Saeed Al Maktoum, the decision is the result of years of evaluation and involvement in tourism product development of Dubai and UAE.

'We have an in-depth understanding of what Dubai stands for and what visitors come here to look for.

The Al Maha will not be another resort.

It will be a specialised Ecotourism project - and the first of its kind in this region', he said.

Emirates plans to dedicate 96 per cent of the land to the establishment of a wildlife reserve, where the natural fauna and flora of the desert will be reintroduced, protected and propagated.

The guest accommodation will comprise 24 luxurious suites each with its own swimming pool and patio.

The Royal suite, with two bedrooms will cover a total area of 175 square metres with private dining facilities and its own

swimming pool.

The architectural concept is a traditional Arabian Bedouin desert encampment, of individual units that 'open' to the desert landscape with magnificent views of surrounding dunes.

This creates the feel of natural habitats that are non-intrusive but compatible with the surroundings.

The main reception building will have a traditional majlis-style lounge, relaxation areas, a library, dining areas and a business centre.

The man-made structures will be confined to just two per cent of the site.

Dining experiences will feature cross-cultural flavours of Arabia and the Mediterranean.

The setting is perfect for outdoor

dining, with a number of sites for enjoyable barbeques under the stars.

Al Maha will also have well-managed recreation activities that include traditional desert pursuits.

Horse and Camel caravans, archery, and falconry are some examples.

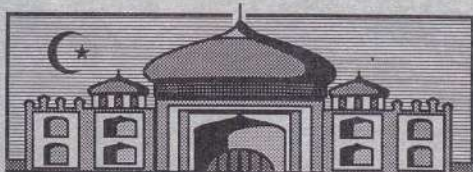
Al Maha will have its own team of dedicated Arabian Adventures guides and safari drivers, who will be selected for their expert knowledge of the desert terrain, culture and history.

Excursions into the desert to view the wildlife in natural settings will be conducted for Al Maha's guests.

Other conservation aspects include water recycling plants, the use of solar power and energy saving devices.

See and a herd of at the only Tree Hotel on the SHIMBA situated in the Shimba Hills Reserve, offers, and nature walks

For more information please contact Liz Shimba Reservations Telephone 471551 Mombasa.



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'LITTLE KITTY KAT'



ERASTUS OCHIEL (right), the Animator of the Indian Ocean Beach Club painting Mwenda's face during the staff Children's Party held at the Indian Ocean Beach Club recently.



NAIROBI SERENA Chef John Macharia (centre) joins sous chef John Kiragu (right) and Mandhari Restaurant Manager Joseph Njuguna in sampling Atholl Brose, one of the many Scottish delicacies which featured at the hotel during the Christmas and New Year festive programme.



Sun Dried Fruits At Kwetu Centre

MEMBERS OF THE public and attendees inspect home made preserves and sun dried fruits at the recent Open Day at Kwetu, a training centre for women in Mtwa.



MOMBASA PWANI LIONS CLUB HELP

CONVENOR LIONS Club of Mombasa, Pwani Chandrika Kanabar (second left) and other Lion Ladies give sweets and biscuits to students at the Port Reitz School as part of their Christmas donations.

Istri Sabha Assist Little Sisters



SISTER MARY (centre, standing) from Little Sisters of the Poor receives a donation of bedsheets, cooking oil, sugar and maize meal from members of the Sikh Istri Sabha, (Ladies Section), Mombasa, who are from left, Chairlady Mrs. Jaspal Kalsi, Mrs. Ranjeet K. Sohal, Mrs. Javinder K. Main, Mrs. Varinder Sur, Mrs. Surjeet K. Oshan, Mrs. Ravinder K. Lall, Mrs. Tejinder K. Birgi and Mrs. Swaran K. Sur.

'Passage Through Africa' At Nyali Beach Hotel



ENCHANTING CRYSTAL MBUGUA won the Most Creative Costume Prize in the children category.



BEST DRESSED GIRLS

THERE WERE lots of colourful outfits and loads of fun, not to forget the spread of African traditional delicacies, during the New Year's Eve party at Nyali Beach Hotel whose theme was 'Passage Through Africa'. Prizes were awarded to the best dressed couple, most creative and original and to children amongst others, and everyone is already looking forward to the next fun-filled and entertaining event at Nyali Beach Hotel. Above, guests pose for a group photograph with Nyali Beach Hotel's Children's Animator Emma Muye (third left, front) during the 'Passage Through Africa' Party held at Nyali Beach Hotel on New Year's Eve.

HAS ANYBODY ever asked you a silly question, like: "How long is a piece of string?" or "How tall is a Chinaman?"

The answer to that may be equally silly, or it may be very complicated when you try to define what a measurement really is.

Galileo Galilei (1564 - 1642) maintained that you should "measure everything so as to make everything else measurable", but the problem still remains, how does one define the units of measurements.

This may seem very easy to a modern schoolboy, but not to the folks of yore.

As far back as 3000 BC, and beyond, the Phoenicians, Babylonians and ancient Egyptians used what were then known as 'Physio-Metric Units' of measurements, which were based upon the dimensions of human limbs, to measure things in a normal working life.

They also used the 'Sexagesimal Accounting System', where units of measurements were related to each other in multiples of threes, sixes and twelves or sixteens.

A unit of a FOOT was introduced by the ancient Greeks, and it measured fifteen Phoenician DIGITS which were defined as "the breadth of the middle part of the middle finger", otherwise equalled twelve Babylonian "lengths of the knuckles of the thumb".

In the 'Anglo-Saxon' measurements of the Middle Ages, which underlie the present 'British Imperial' system, a Footmeasured twelve Uncias, Unches or Inches (a "Twelfth" of a unit), corresponding to four Palms or sixteen Fingers/Digits.

Since there was much variation in the sizes of human fingers and human feet, the Foot was standardised 1,000 years ago and was defined as:

The length of 36 Barley Corns, taken from the middle of the ear, placed end to end.

In terms of modern measurements, a Foot is approximately equal to 0.305 metres.

The YARD was defined as:

The distance from the tip of King Edger's nose (an English King who reigned AD 959 to AD 975) to the tip of the middle finger of his outstretched arm.

This measured approximately three feet.

A FATHOM was defined as "a Viking's embrace, or a distance between finger-tips of the outstretched arms".

Folklore Of Measurements

by Ancient Mariner

Buy your Rope in 'Pimas', a piece of cloth in 'Mikinos', a piece of Bar Soap in 'Nyandas', and a quid of Tobacco in 'Shubiris'.

This was equal to an Italian BRACCIA, or six feet.

However, a CUBIT was defined as "the distance from the elbow to the end of the middle finger", and corresponded to six Palms or 24 Digits or two Spans.

A SPAN was "the distance between the thumb-tip and the little finger-tip".

In modern terms, a Cubit measures 0.45 metres.

The Cubit was also used in Biblical times as a nautical measure, as shown by the fact that Noah's Ark measured 300 Cubits long, with a beam of 50 Cubits and a depth of 30 Cubits (Genesis 6:15).

This is almost the same size as a moderate size or handy-size multi-purpose cargo ship of the present day.

The Cubit was also used as a measure of depth, for (Genesis 7:20) it is recorded that during the floods the land was covered to a depth of 15 Cubits.

and distance derived from the ancient Egyptians, and the terms "Olympic Foot" and "Olympic Cubit", were sometimes used.

The unit of distance, much used in ancient Egypt and Greece was the STADE, this being equivalent to 100 fathoms or 600 feet.

The Romans adopted, for their itinerary unit, a length of eight Olympic Stades which they called MILLE PASSE, because it contained 1,000 PACES or DOUBLE STEPS.

This unit of Olympic Stade came to be compatible with the English FURLONG.

In ancient Greece, the length of the Olympic Stadium, as measured from the foot race course, served as a useful length.

This was 630.9 English feet or 600 Greek feet, but as the length of the Greek foot varied in different locations, the length of the Stadium also varied.

The Attic Stadium, for instance was 607.9 English feet long.

The Roman Stadium was 625 Roman feet or 606.3 English feet long.

When the a longer unit was needed, the PACE was widely used, and was defined as:

"The length of one step or two double steps, measured from the heel of one foot, to the heel of the same foot, the next time it touched the ground".

The unit varied considerably, from place to place.

In Rome, the Passus (pace) was equal to five Roman Pedes (feet).

The ancient Indian Dhamsh or Dendewas equal to four Hastas or Cubits.

In medieval Germany, the length of the RUTE (equivalent to the English ROD, POLE or PERCH) was established by the random sampling of "16 men coming out of Church; they stood toe-to-heel, and the overall length was accepted as the standard".

The present value of 16.50 feet

or 5.50 yards to the Rod, Pole or Perch was developed much later when Land Surveys were carried out, and the English Rod, Pole or Perch was fixed by statute, during Plantagenet times.

The YARD was then taken as three Feet or two Cubits, equal to "one half pace", or "a step".

The early English MILE was derived from the Roman legionaries who strode out the mile in their MILLE PASSES, which contained 1,000 Paces or Double Steps, measured 5,000 English feet.

Queen Elizabeth I, later decreed that the "Statute" or "Land Mile" was to be eight Furlongs of 660 feet each or eight x 40 Perches of 16.50 feet each, thus making 5,280 English feet in all.

In Medieval agriculture, the FURLONG (possibly derived from "Furrow Long") was:

"The distance that a good strong ox could pull a plough in one direction without stopping for rest and drink water, before turning round to plough the next furrow in the opposite direction".

Be that as it may, one can appreciate the amount of work an

ox was expected to do while ploughing a furrow 660 feet long.

An ACRE, therefore, was defined as: "The area of land that could be ploughed in a day by a yoke of oxen".

The area could vary, depending on whether the soil was heavy or light.

KENYA PORT AUTHORITY

In those days, the larger unit was the HIDE, which was a variable measurement, being based upon "the amount of land a yoke of oxen could plough in a year", which averaged 120 Acres and deemed enough to support a family.

By modern standards, an Acre measures 4,840 Square Yards or 43,560 Square Feet (660 x 66 feet).

This corresponds to a land area one Furlong x one Chain long.

In East Africa, we still see the old folks use some of these measurements in their daily lives; A PIMA equals four Cubits

(approximately six feet).
A MKONO equals one Cubit or two SPANS (approximately 18 inches).
A SHUBIRI equals one Span or 12 Fingers (approximately nine inches), and.
A NYANDA equals one Palm or four Fingers (approximately three inches).

It is interesting to see that when they apportion a piece of land for clearing or ploughing, a standard area of 70 Faces x 70 Paces is used as a measure of the amount of labour needed, when calculating the charges to be made.

If we take each Pace to be four Cubits or six Feet, a farm worker will be expected to cover an area of 176,400 square feet or four Acres of land.

I am told it will take a good man, possibly with his wife or wives, two weeks to clear or plough that much land.

Working for six days per week, it works out to an average of "one third of an acre per day", equivalent to a piece of land measuring 120 Feet by 120 feet.

Why can't we use such standards to measure human "industrial productivity" in this part of the world.

In comparison, herein Mombasa the average Kenya Ports Authority stevedores handle a mere 100 Tonnes per eight hour shift per gang of eight strong men, with four overseers and supervisors to watch over them.

So who is more productive of the two?

Reverting to the original question: "How long is a piece of string?"

In this day and age, we are expected to think more in terms of Geo-Metric units of measurements, but that is another long and interesting history.

EGYPTIAN PYRAMIDS

The Great Egyptian Pyramid, the 'Horizon' of Khufu or Cheops, whose building was completed in 2580 BC, had a base line of 500 Cubit (approximately 230 metres), which covered an area of 13 Acres (five Hectares).

The ancient Hebrew Cubit is believed to have 17.58 inches, the Greek 18.22 inches, the Roman 17.50 inches, and the Egyptian 20.70 inches.

In ancient India and other parts of the East, the Hasta (Cubit) was 25.60 inches and the Spanish Cado (Cubit) 16.50 inches.

In several parts of the world where this ancient unit has survived, it is now taken as 18 inches.

The ancient Greeks seem to have adopted the units of length

You are a mist that appears for a little while and then vanishes. Instead you ought to say:

"If it is the Lord's will we will live and do this or that" (James 4: 13-15).

Revolution of heart should precede resolution by head and hand:-

"Keep your heart with all diligence; for out of it are the issue of life".

Edwin Raymond writing on "Stepping into a New Year" said it

unbeliever is but an empty wish. Far from ensuring happiness, the new year merely hastens his ultimate doom without God and without Christ".

And Marylyn J. Nelson adds:-

"For all those committed to doing His will, God has a plan, a Divine Blueprint, as it were.

It will not fall out automatically, but when certain conditions are fulfilled on our part, we know then, "a man's steps are ordered by the Lord"

you to fear nothing while He is with you" (Stream, April 16).

There is comfort in knowing that God chooses to go before anyone that would love to follow Him.

I learned in 1992 December, that if we are left to manage everything ourselves, we wouldn't need faith and wouldn't need God".

No wonder the words of Deuteronomy 12:12:

"It is the land the Lord your God cares for, the eyes of the Lord your God are continually on it from the beginning of the year to its end".

I like to think that:-

"A new creature in Christ in a New Year is evidence in mind renewal in doing God's will".

Romans 12:2 put it thus:

"Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind then you will be able to test and approve What God's will is - His good, pleasing and perfect will".

The good God of this new year says:

"And the Lord shall guide you continually, and satisfy your soul in drought and fat your bones and though shall be like a watered garden and like a Spring of Water, whose waters fail not" (Isaiah 58:11).

- Rev. Nicodemus Waka Omumbwa, NAIROBI.

Our Heritage Of Faith

well:

"A brand new bundle marked 'A New Year' has been placed before us which contains an assortment of days for some of us there will be more than others, but we can only extract one at a time".

Living one day to God's glory is really a good attitude of gratitude to God who owns the Year.

You crown the year with beauty, and your cars overflow with abundance" (Psalms 65:11).

Dr. S. H. Tow says:-

"Happy New Year" for the

AS JANUARY first ushers in the year 1998, the question which I believe confronts all of us:-

"How many more New Years will come our Way?"

Reflecting, Moses uttered his famous oft-quoted lines:

"So teach us to number our days, that we may apply our hearts unto wisdom" - a fitting prayer for New Year.

The other day I heard somebody quip:

"Time is fast running out!"

How true our destined days on Earth will soon be over.

The ticking of the clock seems to say:

"Man born of woman is of few days and full of trouble" (Job 14:1).

No wonder the need to heed Moses' advice in Psalms 90:12:

The aging of years should cause us to think thus 1998 calls for sober self-appraisal and examination:-

How did you spend the old year? Will 1998 be a re-run of 1997?

With each new year come a warning:-

"Now listen you who say, Today or tomorrow we will go to this or that city, spend a year there carry on and make money.

"Why you do not even know what will happen tomorrow.

"What is your life?"

to read about the falling industry in Kenya.

It does not encourage us future managers to invest in our country's tourism industry.

Instead we opt to work with world-wide chains that give us better opportunities and more attractive environments.

If Kenya wants to carry on its renowned fame in the tourism industry, it had better reform its environment and make in more appealing for the future pioneers in this industry.

Sharifaa (?)
<Sharifaa@aol.com>

'Well Done All At Port Reitz'

PORT REITZ was my home for several years; I saw Highgate Academy start from infancy under the auspice of Mr. Okwiya, former headmaster Shimo-La-Tewa Secondary School, and I am glad to hear that the growing primary school served the community well and old-classed, unaccountable institutions in 1997 KCPE.

Congratulations Highgate Academy teaching staff and students.

Victor (?), Pittsburgh, Pennsylvania, U.S.A.
<vr1696@email.msn.com>

Americans Are Into 'Swahili' ...

THANKS FOR the CoastWeek on the Internet.

We love you down there. Do you know that every Kenyan reads your weekly all over the world?

In fact you have more readers abroad than in Kenya?

Do you know that Swahili is taught in almost every American University and College?

Can you (once again) include a (special) Swahili section in your newspaper?

A lot of Black Americans are looking for Swahili Stuff etc.

Forgive me and thousands of East Africans who suck the free milk by reading Coastweek for free!

Frederick Mutoni, U.S.A.
<QUEENTETE@aol.com>

'True Courage Is Like A Kite'

HELLO !! I JUST wanted to wish you all at Coastweek a Happy New Year and wish you all the best in this coming year.

I am a dedicated reader of your newspaper and continue to read it while here in the US.

Keep up your good work and brilliant coverage, my friends here are getting more encouraged to read it and discover more about Kenya and Mombasa in particular.

Congratulations!

"True courage is like a kite; a contrary wind causes it to fly".
Rahab Nderu, U.S.A.
<rnderu1@tiger.towson.edu>

Calling Kenyan 'UFOlogists' ?

MY NAME is Alfredo Lissoni, I'm an Italian journalist and a writer in Milan (Italy) and at the present moment I'm preparing a new book about the UFO phenomenon around the world.

I beg your aid, please, to know some addresses of 'UFOlogist' of writers or journalists or experts in astronomy or religion who have dealt with this problem in your Country.

Can you help me, please? Thank you very much
Alfredo Lissoni, Milan, ITALY.
<alissoni@tin.it>

Pity Kacumbari When His Hi-Tech Car Security System Went Up The Creek While Visiting Folks In Nyalgunga !

MODERN cars come within all sorts of gadgetry on board.

Electronics have taken over the management of a lot of vehicular systems.

In the first generation of cars all one had was a dynamo that generated enough electricity to fire the spark plugs.

Over time, lighting was added when regulations were changed to allow vehicles to drive at night.

The demand on the electrical system was then only based on use when the vehicle was in motion or when the engine was running.

Turn indicators were little stalks that came out of a pod in the side of the car when one pulled the appropriate lever from inside the car.

A small light was provided at the end of the stalk so that one could see the indication.

The gauges on the dashboard were all mechanical devices, some of which survive to today.

The fuel pump and other such devices were all driven off the powertrain from an appropriate power take off location.

The basic car of today will probably have electric gauges on the dashboard.

A lot of lighting is present around the periphery of the car.

There are plenty of sensors in the car that warn one of impending faults or potential dangerous situations.

There are engine management systems that control the amount of fuel that is used, the amount of charge that goes to or comes from the battery.

The same system tells the spark plugs when to fire.

There are also systems for climate control in the car.

LUXURY VEHICLE

The more luxurious cars have on board journey management systems that calculate if the fuel left is enough to get you to your destination.

They can also tell you whether you are keeping to an average speed that will get you to the place at the time you told the car you wanted to get there.

It will tell you your average fuel consumption and other little bits of information that may take away the boredom of driving.

Cruise control is also an option on some cars.

This allows one to drive without stepping on the accelerator.

One sets what speed they

want the car to go at and the system will keep it at that speed. The growth area in on board

ever, he decided to continue towards Mombasa in the hope that the problem would solve itself.

It didn't.

The journey that normally takes six hours took the best part of a day because over and above governing the speed of travel, the gadget would sometimes cut off the engine and then restore control after some time without anyone intervening. The most annoying case was recently when

Kacumbari was woken up by the barking of his dogs and the children who also woke up crying because of the noisy

dogs.

The reason the dogs were barking incessantly was that the alarm belonging to car in a neighbouring compound had started to beep after a rather heavy shower of rain.

CACOPHONY

The owner of the car was out of town and had left the car locked up and the alarm engaged.

Whatever happened to set off the alarm is not clear but, in an untypical fashion, the alarm would sound for about half a minute and then go off.

It would then start again after one minute and go off by itself.

This cacophony started in the middle of the night and continued till morning.

The dogs got agitated when watchmen from neighboring houses got curious and converged on this one house to find out what was happening.

They started barking at the watchmen and after they had left, they continued barking at the alarm.

The kids woke up because of a peal of thunder and they also continued to bawl because they could not get back to sleep with all the barking.

The alarm continued to create havoc for some twelve hours till the battery went flat.

So when we go out and buy all these fancy Dubais which are loaded with all sorts of electronic gadgets, we should be sure that we know what to do in case they start misbehaving as our tried and trusted jua kali mechanics will never be able to catch up with the changing pace of electronic gadgetry in cars.

As Kacumbari says, who would bitch about our power supply company when the electrical system in a simple car causes us even more problems ?



CoastDrive with PATRICK OBATH

electronics at the moment is in car security systems.

A lot of money has been invested into research on producing the best deterrent systems.

There is also good car tracking systems on the market some of which are based on satellite technology.

The main problem with all these 'gizmos' is that when they go wrong there is very little that the 'jua kali' fellow can do to help.

I have met a lot of people who have suffered from this.

Kacumbari had gone to visit his relatives in Nyalgunga driving one of the hi tech four wheel drive vehicles currently marketed in Kenya.

Whilst out in the sticks, the car security system went up the creek.

The doors would not open.

He went to Kisumu by matatu to get the remote checked by the agents and there was nothing they could do with it.

He sent for the spare remote from Mombasa in the hope that this would de-activate the security system but to no avail.

After four days of struggle, he had the car towed to Kisumu where the local agents could not help out.

All they did was to disconnect completely the car security system and tell Kacumbari that he should get it looked at or changed once he got back to his base.

The return journey itinerary had to be changed.

He came straight back to Mombasa without passing through any of the parks that he had intended on visiting.

On another occasion, when using a different model of four wheel drive, the car started misbehaving whilst on the highway.

The problem this time was not the car security system but the engine management computer.

The gadget decided that it would become sensitive to speed.

The vehicle could only travel at some sixty kilometres per hour instead of over one hundred that Kacumbari was used to.

This happened just after he left Nairobi whilst heading for Mombasa and being the average



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LAMU - Rich And Colourful History

LAMU ISLAND dates back to around 1350 - the 18th Century being described as her 'Golden Age'.

History records that "rich men were clad in fine silks and turbans and lived in stone houses of far greater size and elegance than found anywhere else on the East African Coast with the exception of 19th Century Zanzibar".

Poetry and epigrams were composed and there were ceremonial sword dances.

Music was provided for the master of the house when he returned home - as well as massage and baths while the couch on which he rested was strewn with sweet smelling Jasmine!

Lamu is rich in History and an Islamic Way of Life.

Women wear the black bu-bui and men wear Khanzus or colourful kikoiis.

It is also the centre of Islamic learning in Eastern Africa and there are four days celebrations to mark Prophet Mohammed's birthday which attracts thousands of Muslims from all over east Africa and elsewhere.

The Maulidi there is unique to Lamu in that the singing, the playing of tambourines and drums in and around mosques are allowed - a development which started around 1901.

Lamu is also famous for her delicious peach like mangoes, also her decorative handcarved doors, chests and tables.

Her main activities centre around the mangrove, fishing and boat building industries.

Dhows from East Africa still call there when goods they carry are exchanged for local produce.

Lamu teems with history, its stone town being a living monument to Kenya's rich and varied history and culture.

It is also the oldest living town along the East African coast and is being protected under the Antiquities and Monuments Act of 1983.

Mangroves

So as to monitor building activities in the town, which if allowed to go unchecked might change its unique character, a Lamu Town Planning and Conservation Office was established in Lamu Fort in 1987.

These architects and draughtsmen offer free technical assistance to developers of plots or buildings before approving building plans.

Meanwhile, the Lamu Museum building on the quayside has an exhibition on Lamu Town Conservation.

In addition, the National Museums of Kenya have an 18th century Swahili House in the centre

THE MAGIC ISLAND WHERE TIME STOOD STILL!



THE LAMU Museum has many fabulous exhibits such as these two 17th Century ceremonial horns, one made of ivory and the other of brass, said to be the "most valuable treasures in Sub-Saharan Africa."

of the Old Town, the structural and the ornamental restoration to its original style being completed in 1985.

It was officially opened by the then Swedish Ambassador to Kenya, Arne Faltheim, on January 8, 1987.

General support for this project has come from Kenya Museums Society and the Swedish Government.

Over recent years there has been a big revival among the Swahili people themselves of their cultural heritage, arts and crafts.

Spearheading this has been Swahili Cultural Centres in Mombasa and Lamu, the venues for the latter being in the Old German Post Office there!

The centres represent a joint



JOSEPH L. CHERUIYOT, Principal Curator of Lamu Museums.

venture between the National Museums of Kenya and a NGO made possible with generous funding from UNDP, ILO and National Museums of Kenya.

Siu in the Lamu Archipelago was the Swahili Crafts Centre.

It is a small village on Pate Island which even before the Portuguese era attracted many buyers for their beautifully carved beds, chairs, leatherwork, also ironmongery.

It was also a centre for calligraphy - the Qur'an and other Islamic literature all being copied there.

The community also included some Indians and Persians.

Thus Swahili decorative carvings represent a fusion of Arab, African and Indian Art.

The talented people of Siu are said to have originated from Shanga - now recognised as one of the oldest settlements on the coast of East Africa dating back to the eighth century.

East Africa had trading communications with the whole of the Indian Ocean stretching from China to the Mediterranean.

The earliest archeological evidence is from the 9th century AD.

Using the seasonal monsoon traders came to the East African Coast bringing pottery, glass and precious objects.

Around the 12th century Siu and Pate were trading with the Middle and Far East and had affluent societies.

There is much to explore in the Lamu Archipelago - a group of offshore islands - Lamu, Manda and Pate - the latter being the largest.

A very comfortable base from which to do this (with all 44 beds boasting orthopaedic mattresses!) is the Lamu Palace Hotel situated on the quayside of the Lamu Island.

It is now owned by Diani Homes and Managed by Romantic Hotels which also embraces the exclusive Chale Island Paradise on Kenya's South Coast.

The Lamu Palace has its own 18 seater speed boat for excursions to historic Pate and Manda Islands as well as its own tour and dhow organiser Abdalla Sultan who was born in Shella.

It also has a large dhow for relaxing sea safaris.

Historic sites in the Lamu

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The original Steak Akbar, Chicken Jamal, Garlic Fish, Prawns Pili Pili, Crumb Chicken, etc. and
Your favourite Breaktime Snacks - Samosas, Kebabs, Bhajias, Sandwiches, etc.

Archipelago range from Ishakani in the north to Ungungwa in the south.

The two earliest known Swahili settlements along the East African Coast are Manda and Shanga both



IN THE GERMAN Post Office are to be found many interesting pictures as well as a dummy postman in the uniform worn in those days. Greeting today's curious visitors is Husna Mohammed with much information to relate about it's activities.

dated to the 8th Century AD.

The Takwa Ruins are to be found on Manda.

They are enclosed by a town wall and covers some 50 hectares which include a mosque, houses, a well and other structures dating to the 16th and 17th centuries.

Takwa was inhabited for many centuries, then the people migrated to Shella.

On Manda Island, where Diani Homes plans to build a club, there is a beautiful white sandy beach facing the sand-duned Shella where guests in the meantime can worship the sun.

There are four Museums at Lamu, the oldest being the Lamu Fort (just behind the Lamu Palace Hotel) described as "the most imposing structure in Kenya".

The construction of its massive walls commenced in 1813 shortly after the victory of the Lamu people over the allied forces of Pate and Mombasa in a battle at Shella in 1812.

The major building task was undertaken with the co-operation of Seyyid Said, the Sultan of Oman, who was then cultivating a promising alliance with Lamu.

Fearing retaliation from Pate and Mombasa, Bwana Zahid Ngumi,

the leader of the battle of Shella, sent a delegation to Muscat to seek protection from the Sultan of Oman.

He also invited the participation of the Omani Arabs in the building of the Lamu Fort.

After its completion in 1821 the Fort provided protection to the people against possible invasion.

During the early British Colonial period the Fort provided office accommodation for its administration.

From 1910 until 1984 it became a prison and in May 1984 was handed over to the National Museums of Kenya as a Monument.

In 1986 the National Museums of Kenya undertook its restoration which was completed in August 1990.

It is now an Environmental Education Centre and is also used as a historic venue for colourful and exotic traditional Swahili wedding ceremonies and celebrations with lots of Jasmine to perfume the air and exotic henna

National Museums of Kenya for some 20 years serving all over the country.

In an interview he mentioned that the Friends of Lamu Museum have been assisting with the provision of equipment, the latest being a generator from the Kenya Museums Society.

"This" said Mr. Cheruiyot "enables us to serve the communities in rural areas where there is no electricity."

"We supply a supplementary education to schools by the use of visual aids including films, while to communities we show films that promote cultural and environmental conservation".

He went on "Lamu has its own unique history."

"It is an old African permanent settlement because of its stone houses. In other areas we do not get stone houses".

Lamu was urbanised very early and part of it is gazetted as a monument.

Owners of houses there are not allowed to alter or demolish the old buildings.

The Museum's own conservation unit always advises and supports any restoration work to preserve the original architecture.

Declare the District Officer (1) Lamu Island, Fred Mutsemi "we need to enhance our cultural heritage."

"We want to make sure that all areas of tourist attractions like the old Swahili Houses, Swahili architecture and plasterwork are conserved and improved for they are unique".

Arab Coffee

It is understood that the National Museums of Kenya, working closely with the European Union, will soon be introducing a Trust Fund for the conservation of the historic towns of Mombasa and Lamu enabling old constructed houses to be restored.

Not far from the Lamu Palace Hotel in the town's main thoroughfare is the first ever German Post Office to be opened along the East African Coast on November 22, 1888.

Communication and trade contracts for the German protectorate in Vitu could at the time be served through Lamu a well established town with links to the outside world.

It operated for more than two years closing in March 1891.

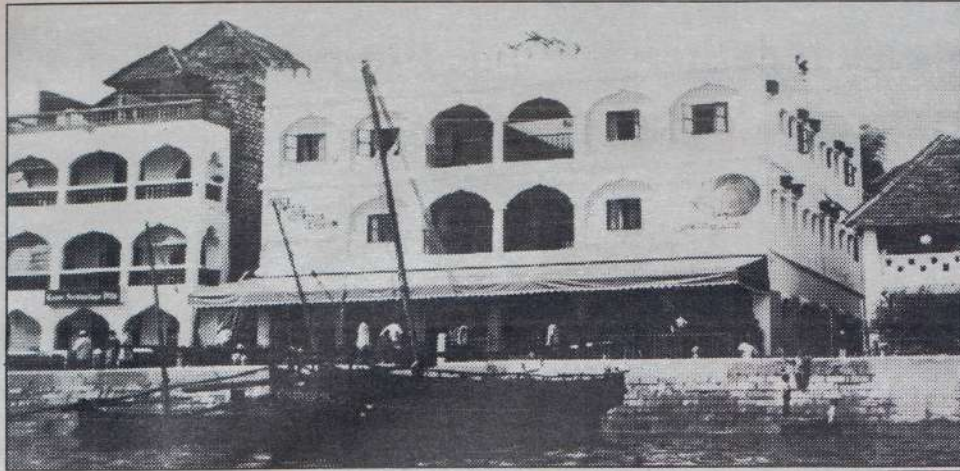
Today part of it is being used as a Swahili Cultural Centre.

In the town are many interesting shops selling antiques, jewellery, handicrafts and halwa, a sticky sweetmeat partaken with Black Arab Coffee.

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DAS LAMU PALACE HOTEL liegt direkt am Meer und bietet einen interessanten Ausblick auf die Dhaus und das geschäftige Treiben am Kai. Der neue Besitzer ist Dianl Homes und das Management führt die Tochtergesellschaft Romantic Hotels. Das exklusive Chale Island Paradise an der Südküste gehört auch zu dieser Hotelgruppe.

Neuer Besitzer und große Investition für das berühmte Lamu Palace Hotel

EINE GROBE HILFE, um dem Rückgang des Tourismus an der kenianischen Küste entgegenzusteuern, ist die **Romantic Hotels Gruppe**, die ihre Betriebe ständig erneuert und erweitert.

Ihr gehörte nicht nur das exklusive **Chale Island Paradise** an der kenianischen Südküste, sondern neuerdings auch das **Lamu Palace Hotel** auf der Insel Lamu mit Steinhäusern aus dem 18. Jahrhundert in der historischen Altstadt als lebende Zeugen der reichen Geschichte und Kultur Kenias.

Der Lamu-Archipel umfaßt unter anderem eine Gruppe vorgelagerter Inseln - Lamu, Manda und Pate - die als die Wiege der Suaheli Sprache und Zivilisation betrachtet werden und zwei der ersten bekannten Siedlungen, Manda und Shanga, aus dem 8. Jahrhundert enthalten.

Im 9. Jahrhundert entstanden die Städte von Lamu und Pate, später Siyu, Faza, Tundwa, Kizingitini, Mwanjumbale, Mnyabogi und andere.

Das neue **Lamu Palace Hotel** liegt an der langen Strandpromenade wie auch das Büro des **District Commissioner** und das Lamu Museum mit interessanten Ausstellungsstücken wie die zwei riesigen Siwahörner (um 1700), eines aus Messing, das andere aus Elfenbein, die nur bei den wichtigsten Zeremonien gebraucht wurden.

In Lamu gibt es einen Verein zum Schutz der Esel (eine in Didmouth, Devon, Großbritannien, registrierte Stiftung), wo Esel gefüttert und getränkt und auch behandelt werden, wenn sie krank sind.

Wegen der engen Straßen gibt es in Lamu nur drei Fahrzeuge; dafür dienen mehr als hundert Esel als Transportmittel, um die Waren von den Dhaus in die Stadt zu befördern.

Im 13. Jahrhundert

Lamu war früher ein reiches Geschäftszentrum, wo zwischen dem Mittleren und dem Fernen Osten reger Handel getrieben wurde.

Während dem "Goldenen Zeitalter" im 13. Jahrhundert wurden wunderschöne Häuser gebaut, die reich ausgestattet und möbliert wurden.

In der Chronik von Pate wurde

SPAB IM 'ESELTAXI'



MIT EINEM Eselskarren werden Gepäckstücke und "kleine Gäste" vom Landesteg zum Hotel transportiert. Zur Abwechslung wurde hier einheimischen Kindern zu Ihrer großen Freude eine freie Fahrt offeriert.

damals berichtet, daß die Damen über silberne Leitern in ihre hohen Betten stiegen!

Joe Brunlehner, Managing Director von **Dianl Homes**, der neue Besitzer des **Lamu Palace Hotels**, ist nicht nur ein erfolgreicher Architekt und Investor, sondern überdies ein eifriger Förderer der

Suahelikultur.

Chale Island Paradise und die wunderschönen Villen, die er in Dianl errichtete, sind angefüllt mit exotisch geschnitzten Suahelismöbeln, die aus dem "Goldenen Zeitalter" des Lamu-Archipels stammen.

Herr Brunlehner hat viele exklusive Möbelstücke restauriert oder reproduziert und einzigartige Sammlerstücke sind in allen seinen Häusern zu bewundern. Er unterstützt auch die **Swahili Cultural Centres** in Mombasa und in Lamu, wo junge Leute in allem Kunsthandwerk ausgebildet werden, damit die Suahelikultur wieder aufblüht und nicht verschwindet.

Herr Brunlehner hat dort einige Bestellungen aufgegeben.

Beide Hotels, **Chale Island Paradise** und das **Lamu Palace**

Hotel, gehören **Dianl Homes** und werden von der Tochtergesellschaft **Romantic Hotels** geleitet.

Frank H. Neugebauer, Gruppen General Manager, ist verantwortlich für die Betriebsführung und das Marketing.

Weitere Projekte sind geplant, unter anderem ein Club auf der Insel Manda an einem wunderschönen weißen Sandstrand.

Das **Lamu Palace Hotel** wurde ursprünglich von **Plus Gmür** errichtet, der während vielen Jahren als General Manager des berühmten **Castle Hotels** an der Moi Avenue in Mombasa tätig war.

Private Safaris

1989 zog er sich vom Castle zurück, um sein eigenes Hotel zu bauen.

Später kamen zwei Partner, **Freddie Schumacher**, Managing Director von **Private Safaris**, und **Mohamad Shaly**, hinzu.

Das Hotel wurde entworfen von den bekanntesten Architekten **Trzebinski, Gaal and Associates**, die sich von der Suaheliarchitektur in Lamu beeinflussen ließen.

Am 21. Dezember übergab **Plus Gmür** in einer kleinen Zeremonie die Schlüssel des Hotels dem neuen Besitzer, **Joe Brunlehner**, und wünschte ihm allen Erfolg für die Zukunft.

Das dreistöckige Hotel wurde kürzlich vollständig renoviert und die romantische Atmosphäre noch stärker hervorgehoben.

Es hat 22 Zimmer (44 Betten) mit Bad, Klimaanlage, Ventilatoren und Tonbandmusik.

Die drei VIP Suiten bestehen aus zwei Schlafzimmern mit einem großen geschnitzten Himmelbett (mit Platz für vier Personen!) und einem Moskitonez, durchwirkt mit Silberfäden.

Manager des Hotels ist **Hussain Sangoyan Mohamed** aus Ngong mit 25 Jahren Erfahrung in der Hotel- und Catering Industrie.

Achtzehn Jahre war er beim **African Safari Club**, zuletzt als Restaurant Manager im **Palm Tree Restaurant** im **Coral Beach Hotel**.

Während zwei Jahren arbeitete er als Koch auf einem Frachter der **Deutschen Afrika Linie**.

Dann war er Restaurant Manager im **Nyali Beach Hotel** und vor seinem Engagement im **Lamu Palace Hotel Restaurant** Manager im **Chale Island Paradise**.

Interessant ist, daß sein Großvater einst für **Karen Blixen**, die Autorin von **"Jenseits von Afrika"** und Pionierin in Kenia zu Beginn dieses Jahrhunderts, gearbeitet hat.

Mohamed legt großen Wert auf Personaltraining und auf Suaheli Ambiance im Palace.

Abdalla Sultan

Das Hotel hat ein 18plätziges Schnellboot für Ausflüge zu den historischen Inseln Pate und Manda.

Überdies steht den Gästen eine Dhau für erholsame Seesafaris zur Verfügung.

Tour/Dhau-Veranstalter ist **Abdalla Sultan**, genannt "Abdalla Bob".

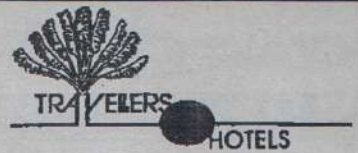
Mit Eselskarren werden Gepäckstücke und "kleine Gäste" vom Landesteg zum Hotel transportiert.

Abdalla ist in Shella geboren und in Lamu aufgewachsen.

Er nimmt jeweils an Seminaren teil, die vom Lamu Museum organisiert werden, um sich über die neuesten historischen Erkenntnisse zu informieren, die aufgrund von Ausgrabungen gewonnen werden und begleitet die Gäste auf einem Rundgang durch die Stadt und auf anderen Ausflügen.

Die Suahelihäuser in der Altstadt stehen unter Denkmalschutz und sind eine Touristenattraktion.

Eine gute Nachricht ist ferner, daß die Landebahn auf der Insel Manda erweitert wird.



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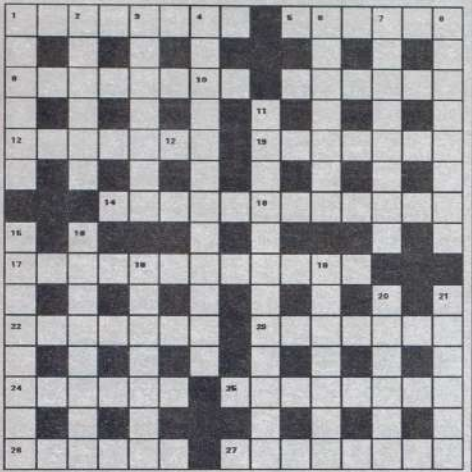
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CROSSWORD NO. 516

NAME.....
 ADDRESS.....

ACROSS:
 1. Game fellow with sharpest of coughs ? [8]
 5. Where nothing gets left aboard, nothing ! [6]
 9. The very devil as Catherine Parr might have said [3, 5]
 10. Quick the Bachelor of Medicine is in the river [6]
 12. Cry about a broken lute [7]
 13. What busmen, presumably, do not go for on holiday [7]
 14. Twister on ice often encouraged by sweepers [7-5]
 17. Suffering caused by the pen [7,5]
 22. Military formation from the French [7]
 23. Not clear about the site of the Taj Mahal, so this should make it plain [7]
 24. Easy-going albeit mostly bitter [6]
 25. Breakdown of make-up [8]
 26. Opposed to the work of a poet ? [6]
 27. To give the lie to somebody [8]
DOWN:
 1. The skeleton is obviously delectable. [6]
 2. First person singular ? [6]
 3. Make up a tale for the table [7]
 4. Reason the harassed Cyril Gleason shut up quickly [5, 7]
 6. They are placed at the bottom of columns [7]
 7, 20. He came suddenly of Friday [8, 6]
 8. Go too far [8]
 11. Cuban habanera, say ? Yes but not as we understand it [7, 5]
 15. A wee pest beautifully reformed [5, 3]
 16. Suitable teatime offering for sea urchins ? [4-4]
 18. Sweet things found in city hide-outs [7]
 19. It's milder if German [7]
 20. See 7 down
 21. Clio, for example, is in a small advertisement, Queen Victoria was not [6]

ANSWERS TO CROSSWORD NO. 515
ACROSS: 1. ITCHING PALM, 9. ANVIL, 10. SCARECROW, 11. ELLA, 12. BACH, 13. FENCE, 15. BAD DEBT, 16. CULPRIT, 17. CABARET, 20. CABBAGE, 22. SNIP, 23. NOON, 24. DIDO, 26. AMIDSHIPS, 27. SHEAR, 28. FLYING SQUAD.
DOWN: 1. INVALID, 2. CELT, 3. INSTANT, 4. GRAPHIC, 5. ACE OF CLUBS, 6. MARINER, 7. TAKE A BACK SEAT, 8. SWEEP THE BOARD, 14. FEARLESSLY, 18. BAILIFF, 19. TENSION, 20. CROESUS, 21. ANISEED, 25. ESAL.
WINNER OF CROSSWORD NO.515
M. De Souza
P. O. Box 90652, MOMBASA .

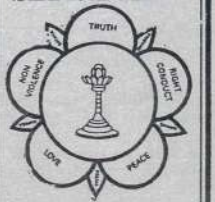
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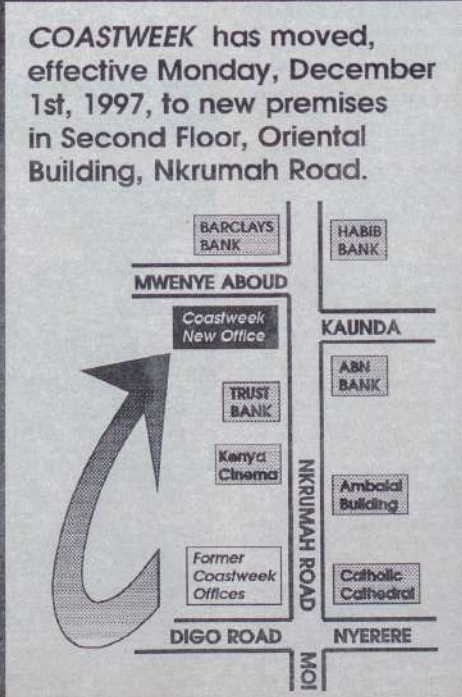
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In Less Winds Experience, Patience And Being Lightweight Win The Race

IT WAS lovely to see fifteen boats out on the water in the first Monthly Mug race of the New Year on Wednesday, January 7.

Although it was very light winds again, the boats crept around the course with varying success.

On these occasions two categories of sailors could win - either the very experienced and patient or the very light crews.

On this occasion it was the former, with **Marylyn Barnes** in *Ishilia* sailing off a very low handicap coming in ten minutes before the majority of the fleet.

Next was **Kalim Hassanali** and **Gary Morgan** in *Meteorite* with a maximum handicap to reflect the age and weight of the boat itself, not the crew while the third placed boat was the other category - **Gert Jan Scherpenzeel**, aged only ten, sailing his father's fully rigged *Laser Sharp*.

Gert-Jan sailing off a good, but not maximum handicap produced an

excellent result, showing his ability to concentrate and catch what little wind there was to be had.

Unfortunately he will find the boat a handful when the wind pipes up so must snatch the opportunity to sail it while he can.

Another youngster, **Michael Coppinger** in *WEC Rotterdam* was fourth while a lady sailor who we do not see often enough on the water, **Maeuve Mitchell** sailing with husband **Barry** in *Atalanta* took fifth place.

Alistair Barnes with **Stephen Coppinger** and **Samantha Barnes** with **Trupti Patelare** having some good races currently in the 420s, with the boys just pipping

the girls to the line.

Samantha and **Trupti** are working hard to master their spinnaker handling technique which is currently costing them time but will pay dividends in the end.

Sailing Notes by Sea Breeze

Jonty Marsh in *Freight Forwarders*, crossed the line behind his sister **Hannah** in *The Merry Mariner* but finished ninth ahead of **Hannah's** tenth due to a more generous handicap earned though his age, only nine, and light weight.

Brenda Bumstead back from a long holiday forgot to sign on and lost a place, dropping to joint ninth place in *Bosun Armilla* with U.K. visitor **Scot**.

However this still placed her ahead of **Nigel Davies** in eleventh place, back from U.K. as school starts, sailing *Centurion* with visiting friends **Roz** and **Karina**.

Twelfth was **Sea Scout Boniface Ojiambo** in *Free Willy* and 13th **Samuel Ndaru** and **Omar Mbithi** in another 420.

The last two boats were time barred at 18.45.

Saturday's sailing training once again saw a good turn out now that schools are in session again.

This week saw nine Toppers and four 420s and 20 children out on the water but still waiting for the breeze to materialize.

Christopher Kamande and **Tim** in *The Merry Mariner* had to take a 'pitstop' having forgotten to put the drainage bung in and hence gradually sinking until they were towed ashore to drain the boat out.

Many do it once, but never forget again!

A welcome visitor was **Allza Somji** due to return to U.K. for another term's schooling the next day.

Fearing she might have forgotten how to sail, she took *Freight Forwarders* and soon got into the swing of things.

Tarveen Singh in *WEC Rotterdam* is becoming a regular sailor and with a little more wind than in the past weeks was able to show he had learnt something from drifting experiences.

Nausheen Mohamedali in *Free Willy*, **Ben Hartwell** in *Stanray I* and **Ham** in *Stanray II* all went single handed with much trepidation but great success.

Stephen introduced **Haroul**, a first timer to sailing in *Rolls Royce* while **Grayson Ochieng** teamed up with **Owen** in *Mean Mercury Machine*.

Edward Omond was a late comer, but determined not to miss his Saturday morning sail joined the fleet later in *Trophy Sieger*.

The 420s are very popular and

all the experienced sailors are keen to try them out, hence we are getting quite a pool of keen two mansailors.

At last there was some wind on Sunday 11th (Force Two, although it should be Force Five to Six) for the First Mombasa Cup Race, but the race committee did not feel confident to set the traditional course into the Old Harbour as the wind was light and swinging from northeast to east-south-east.

They opted for a course in more open water out to the channel markers with **Chris Barnes** in *Chanzo* taking an early lead, **Andy Bernard** in *Nyekundu* close behind.

However **Chris** took a bad tack at the mouth of the harbour and **Andy** got too close to the shore

coming to a grinding halt in the coral, leaving **Marylyn Barnes** in *Ishilia*, who had been sadly trailing, to take the lead which she never relinquished.

Four of the 420s were out, two testing their spinnakers out on long three sail runs.

The two Barnes children with their respective crews had some close racing but the result was another one to the boys' team.

Results on corrected time were first **Marylyn Barnes**, second **Chris Barnes**, third **Andy Bernard**, fourth **Alistair Barnes** and **Stephen Coppinger**, fifth **Samantha Barnes** and **Trupti Patel**, sixth **Boniface Ojiambo** and **Seema Khan** in 420 *Number One*, seventh **Kalim Hassanali** and **Michelle Bellon** in *Ospray Meteorite*, eighth **Alfred Okoth** and **Omar Mbithi** in 420 *Number Two*.

With eight boats and 13 sailors out perhaps the wind could have the grace to pick up now that the sailors are back!

KRAZY KORNER

YOU CAN win a fabulous COASTWEEK umbrella hat! One free umbrella goes to three lucky entrants drawn next week. Names to be printed in COASTWEEK on Friday, January 23, 1998. Send or post your completed entries to COASTWEEK office at P.O. Box 87270, Mombasa, Kenya.

1	☺	2		3
4		5		
		6	7	
8			9	☺
			10	
11				☺

ACROSS:

- Efficient, good, proper - also brother of Cain in the Bible ... ? (4)
- A colour, which comes before Orange ? (3)
- As well as ... ? (4)
- Play, sport, contest or entertainment ... ? (4)
- Common fruit which grows on trees ? (3)

11. Short sort of school exam ... ? (4)

DOWN:

- Fear, alarm panic or terror ... ? (6)
- Christians believe he was the first man ... ? (4)
- Ample, plenty or sufficient ? (6)
- The very opposite of right ... ? (4)

LAST WEEK'S KRAZY CROSSWORD KLUES:

Across - 1. BEG, 4. RARE, 5. RIO, 6. GNAT, 8. SOCCER, Down - 1. BARD, 2. GROG, 3. CREATE, 7. TO.

LUCKY KRAZY CROSSWORD WINNERS:

☆ **Shreya H. Shah**, Box 80836, Mombasa, ☆ **Faisal Bawazir**, Box 87346, Mombasa ☆ **Mariam Mwamburi**, Box 93166, Mombasa.

NAME

ADDRESS

TELEPHONE No.

HOT NEWS? YOU CAN 'FAX' COASTWEEK 'SPORTSDESK' ON MOMBASA 'FAX' 225003

Tembo Wrestling

FROM BACK PAGE

The atmosphere was like that in a big sports arena, action packed and stunning fights as well as wrestling acrobatics and tricks.

During the individual fights none of the spectators were able to remain in their seats as they all applauded the spectacular wrestling moves and tricks.

Due to the holy month of Ramadhan and in order to enable all those Kenyan who could not afford to pay for the entrance fees to see this spectacular sport event live, the Promoter Mr. Diether Koehler and the Managing Director of Tembo Disco, Mr. Walter Reif decided to start the wrestling on the individual days of the tournament from 9.00 p.m. instead of 8.00 p.m. and they have reduced the entrance fees as from Wednesday, January 14 to Kshs. 200/- for ordinary Ticket and Kshs. 500/- for the V.I.P. seating.

In addition to this they staged a 'Ladies Night' on Wednesday allowing all ladies to enter Tembo Disco free of charge, so that they also had the opportunity to see the wrestling action live.

The capacity crowd on Wednesday was again overwhelmed by the spectacular action they were able to witness.

Free Tickets

Mr. Koehler and Mr. Reif also gave free of charge 300 tickets for the 'Special Wrestling Function for Families' which will be held again on Sunday, January 18 from 2.00 p.m. at Tembo Disco, to spokesmen from the leading Kenyan Newspapers.

They will now have to distribute the free tickets amongst children and families who cannot afford the Kshs. 200/- entrance fee.

Free entrance tickets to the evening wrestling functions will be given to all those who have their dinner at one of the four restaurants of Carneval Food Paradise.

Another sponsor of the tournament, Reef Hotels Mombasa offers special packages

of accommodation and entrance tickets for the tournament for people from Nairobi and the South Coast.

Kenya Cup 1998 Super Stars Wrestling Tournament will continue with lots of stunning wrestling action, today and Saturday.

The final matches of the tournament, after which the winner of the Kenya Cup 1998 and Kshs. 1,000,000/- Prize Money will be declared on Sunday from 9.00 p.m.

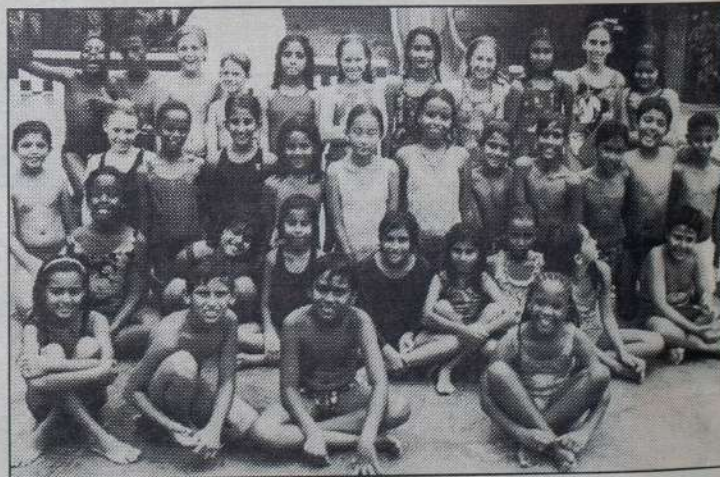
Whoever the winner of the Kenya Cup will be, one thing is for sure - with this spectacular sports event held at the Tembo Disco & Restaurant, Kenyans had the opportunity to witness live a once in a life time sports entertainment event International Super Stars which they will always remember.

KENYA POSTEL CRICKET PRIZES



MANAGING DIRECTOR of Kenya Postel Directories Mr. Jose Saldanha (right) presents the Man-of-Match Trophy to Mr. Muffadal Yusufali of Burhani Sports Club in the recently concluded Kenya Postel Directories sponsored C.C.A. Sunday Knock-out Tournament. The Finals was won by Jaffery Sports Club, Azim Karim of Jaffery took the Highest Runs trophy while Hasnain Allidina of Jaffery was the highest Wicket Taker. Rajesh Chudasama of Mombasa Sports Club was declared the best All Rounder while Yusuf Husain was the best Up-Coming Youngster.

Having Fun At The Pirates Waterslides



STUDENTS FROM Mombasa's Coast Academy pose for a photograph after spending a most enjoyable day at Pirates Waterslides. The children also had great fun on the giant trampoline, the colourful activity centre and the fine sandy beach.

Gunter Seipp Sponsors Mtwapa Fishing Contest

THE MTWAPA Cup Fishing competition was held out of the Moorings Mtwapa over the last weekend, writes JAMES ADCOCK.

The competition which has been sponsored for the last 15 years by German angler Gunter Seipp was a great success and a total of 22 Sailfish were recorded over the two days fishing.

This year the competition was split into two separate days fishing, the first day being a point per kilo for all species of fish.

The winning boat on Saturday was 'Manta' fished by Karl Manhard who landed four Sail and three Wahoo to get 123 points.

Second place went to 'Samvuke' (Gunter Seipp, Stephen Webb and James Adcock) who boated two Sail and a Tuna and a variety of other fish.

In third place was Nigel Spencer on 'Tenges' (with two Sail plus other fish) and fourth place went to 'Yuma' with two Sail caught by English Tree Surgeon Don Allen.

The second day fishing was a different points system with tagging also counting.

Eight Sails were recorded of which six were tagged and released.

KARL MANHARD

Strange as it may seem the order of boats was exactly the same as the first day.

Karl Manhard took the Mtwapa Cup with a 33.8 Kg Sail and also got second place with a Shark of 44.5 Kg.

Don Allen's Sail of 31.2 Kgs. gained him third place in the individual standings.

Other prizes on the first day were:

Junior - 1st Nicky Webb Barracuda 6.2 kgs.; 2nd Stephen Webb Wahoo 5.5 kgs.; **Light Tackle** - 1st Nigel Spencer Sail 25.5 (10 kg line); 2nd Karl Manhard Sail 22.5 (10 kg line).

Other prizes on the second day were:

Ladies - Diana Wahoo 5.5 Kgs.; **Junior** - 1st Alistair Barnes Sail Tagged/Released; 2nd Stephen Webb Wahoo 5 kgs.;

Light Tackle - 1st Karl Manhard Shark 44.5 kgs. (15 kg line); 2nd Gunter Seipp Sail 25.5 Kgs. (15 Kgs. line).

Crew Prizes: 1st 'Manta' - Bahati / Kitsao 2nd 'Samvuke' - Salim 3rd 'Tenges' - Kazungu.

Sarah Spencer gave away the prizes and a special trophy was presented to Gunter Seipp and his wife Siegrid in recognition of their continual sponsorship of the event.

Bowling Team Head For Nairobi Championships

THIS WEEKEND, K. P. Shah is heading for Nairobi for the Men Singles Bowling Championships, writes WHAT-A-BOWLER.

The Ladies travelling for the Women Singles Bowling Championships are Bharti Babla, Deepa Mukhopadhyay, Rasila Shah and Rehana Sheikh.

Good Luck to all those travelling to Nairobi. On the Social scene, the Bowling section has gained a new member, the Chairman of the Mombasa Sports Club, Mr. Bhogje Doshi has been seen receiving coaching from various bowlers. Well done.

On the weekend, Social Bowling was played on Saturday and Sunday in the hot Mombasa sun, which was well attended by the regular bowlers.

On Tuesday, Rinks was played by Rasik Patel's team which also consisted of Romy Chadha and Aftab against Bijal Dohdia's team of Chandu Shah and Kanti Chohan.

Some exciting bowling was played over eleven ends and the eventual winners were Bijal Dohdia's team.

Romy Chadha was making an entry after a year's absence as he had taken leave to improve on his domestic life.

Natu Nathwani and Bharti Bablawere are also practicing the singles.

Bharti is travelling to Nairobi on the weekend for the Singles Championships.

Also in action on Tuesday were Rasila Shah and Jayshree Patel, who were both also practicing for the singles.

K. P. Shah and Deepa Mukhopadhyay were also playing

singles on a more competitive manner in anticipation for the Singles Championship in Nairobi.

Next competitive play in Mombasa is the Rozy Memorial Trophy which will be played on the weekend of February 7 and 8.

All those wishing to enter the tournament should put down their names on the notice board of the Mombasa Sports Club.

As usual, social bowling continues on the weekends. See you all out there. Asante Sana.

COAST SUPER LEAGUE FINAL LEAGUE STANDING

TEAMS	P	W	D	L	F	A	Pts
YOUNG ROVERS	23	17	2	4	52	15	53
BURNLEY	23	16	4	3	42	14	52
ALLIANCE	23	16	2	5	51	25	50
SUNRISE	23	13	7	3	37	13	46
B. PANTHER	23	12	5	6	45	26	41
KITETE	23	11	5	7	27	25	38
WESTERN STARS	23	10	6	7	34	26	36
HOT SPURS	23	9	7	7	35	23	34
GOLDEN STARS	23	10	4	9	26	19	34
BAYERN	23	9	7	7	31	25	34
COSMOS	23	9	4	10	28	32	31
LUCKY BOYS	23	9	3	11	33	31	30
CHALSEA	23	8	6	9	28	26	30
DUNDEE	23	8	6	9	22	23	30
LIBATI	23	9	3	11	33	36	30
GORILLA	23	8	4	11	24	27	28
NYALI BEACH	23	8	4	11	23	37	28
WHITESANDS	23	7	6	10	21	40	27
BRAZIL	23	7	5	11	27	37	26
B. SANTOS	23	8	2	13	26	42	26
MACKENZIE	23	5	6	12	25	39	21
KLF GOLD STARS	23	5	6	12	25	43	21
NACET	23	3	6	14	12	43	15
SIMBA	23	3	2	18	12	57	11
K. POLICE	-	-	-	-	-	-	-

COAST BRIDGE with C.P. SHAH

STUDY THIS Hand carefully!

It is a 'Grand Slam' that will make only with good technique.

And remember the motto of chess players: "When you have found a good move, try to find a better one."

Dealer: South. Both Sides 'Vulnerable'.

BIDDING:

SOUTH	WEST	NORTH	EAST
THREE "NO TRUMPS"	PASS	SIX "NO TRUMPS"	PASS
SEVEN "NO TRUMPS"	PASS	PASS	PASS

The bidding can best be described as 'bucolic', but the Contract had plenty of chances.

Declarer won West's lead of the Queen of Spades in hand and counted 12 sure tricks.

Either a 3-3 Heart split or a Diamond 'finesse' would yield the 13th, so Declarer, testing his two chances in the correct order, cashed three rounds of Hearts, finishing in Dummy.

When they failed to divide, he played a Diamond to his Knave.

A rather unlucky 'One Down' Could Declarer have done better?

He should start cashing his Clubs earlier to bring discards from the opponents.

On the third and fourth Club,

NORTH

♠	K	4	3	2
♥	K	9	6	
♦	A	5	3	2
♣	10	2		

WEST

♠	Q	J	10	5
♥	7	4		
♦	Q	7	4	
♣	9	8	7	5

EAST

♠	9	8	7	
♥	J	10	8	5
♦	10	9	8	6
♣	4	3		

SOUTH

♠	A	6			
♥	A	Q	5	2	
♦	K	J			
♣	A	K	Q	J	6

Declarer throws a Spade and a Diamond from Dummy and East throws two Spades.

Before cashing the fifth Club, Declarer plays the three top Hearts finishing in Dummy. West discarding a Spade, and leads Dummy's King of Spades, East discarding a Diamond.

He crosses to the King of Diamonds and cashes the fifth Club.

West needs to retain the Knave of Spades to beat Dummy's four, so is forced to discard his penultimate Diamond.

Dummy now throws the four of Spades - it has done its job: East must keep his Knave of Hearts so he also discards his penultimate Diamond.

Declarer leads the Knave of Diamonds to Dummy's Ace and makes the last trick with Dummy's Five of Diamonds.

A Touch Of Romance In This Year's Tea Urn

THE 1997 Tea Urn was played on Saturday at Mombasa Golf Club.

This is a long running ladies annual traditional trophy played over twelve holes and serves to give the male members of the Club an opportunity to thank the ladies for their valuable contribution to the Club, especially in providing delicious teas in the numerous competitions played over the year.

This time the men reach out to the ladies hearts by personally (so they claim) making a

sumptuous tea and serving them after their round of golf.

A touch of romance was added this year with each lady receiving a rose.

The happy winner was the Lady Vice Captain, Florence Karimi on a score of 21 points after a three way countback.

Jean Elms was the runner up and Akki Khan, third.

The ladies acknowledged the men's efforts by giving a five star rating to the quality of tea served.



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Coastweek

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"Rasta - The Voodoo Man" Finally Arrives At Tembo

POWER SLAMS, Neck Breakers, Back Breakers and many more stunning tricks were part of the wrestling skills shown over the weekend at Mombasa's popular Tembo Disco and Restaurant.

Fourteen Super Stars of American Wrestling including the worldwide renown athletes like the Americans Duke the Dumpster and Powerhouse Neidhart from the WWF, the CWA Middle Weight World Champion Franzl Schumann, the two metre giant Ulf the Killer Hermann, Eddy Stone Steinblock and Ecky Eckstein from Germany, the 180 kg heavy Iron Man Cannonball Grizzly, the Scottish Mean Machine Drew McDonald, the popular Tremendous Rasta from the Caribbean Islands, the Commonwealth Champion Tony St. Clair as well as the wrestling legend Gentleman Dave Morgan from the UK.

where he had to spend two nights waiting for his connecting flight to Kenya.

He finally arrived on Monday morning at Moi International Airport, in a country where he didn't know anybody and with no money in the pocket.

On his arrival at the airport, some airport staff recognised him as one of the American Wrestlers and assisted him in getting in touch with the promoter.

In all his struggle to come to Kenya and all his efforts he made to be able to attend the Kenya Cup

1998, Rasta The Voodoo Man really proved that he is not only a professional Wrestling Super Star because of his wrestling skills and his 150kg muscle packed body, but also because of his attitude towards his profession.

How many others would have given up in such a situation?

On the first day of the seven days Kenya Cup 1998 Wrestling Tournament, the excited spectators warmly welcomed the 'good guys' like Duke the Dumpster, Tremendous Rasta,

Tony St. Clair and they loudly booed out the 'bad guys' like Drew McDonald, Powerhouse Neidhart, Cannonball Grizzly and Eddy Steinblock.

Everyday of the match the wrestlers had to fight four single matches, each bout over four rounds with a one minute interval between the individual rounds, and one Tag Team Match with no rounds, but a 20 minutes time limit.

Most of the people in Kenya have already seen American Wrestling on KBC TV, but the live show at Tembo Disco on the first four days of the tournament was almost unbelievable.



CWA Middle Weight World Champion Franzl Schumann (left) and Tremendous Rasta after one of the matches at Tembo Discotheque.

Ringside Report by Walter Reil

TURN TO PAGE FOURTEEN

Coast Teams Face Relegation Threat

A stunning surprise for all spectators was the late entry of the most muscular wrestler Rasta the Voodoo Man, from the United States of America.

Voodoo Man was supposed to jet in from America on Friday, January 9 but unfortunately on the airport in the States he was robbed off his passport, most of his money and flight tickets.

With the remaining cash he had, Voodoo Man made all efforts to get new travelling documents.

He managed to get all the necessary and he flew to Germany,

The 1997 final league standing table of the Coast Super League is out with KFF experiencing the big problem of which teams to be relegated.

The three teams at the bottom of the table Nacet FC, Simba FC and Kenya Police have a reason why they could not play many of their matches of the fixtures second leg due to the security unrest which rocked the South Coast from the month of August last year.

While Kenya Police was seriously involved in maintaining law and order in Likoni and parts of Kwale Districts, Simba FC and Nacet FC lacked manpower.

Most of their players had run away from their homes due to the unrest.

While KFF is thinking of not relegating the three teams on sympathetic grounds a Provincial Mini League is expected to kick off on Saturday, January 31.

At the end, four team will have to be promoted to the 15 team Coast Super League.

Everyone feels that unless a

relegation formula is worked out, 29 teams will be just too

appearing immediately from bottom after Nacet FC, Simba FC and Kenya Police.

All coast super league teams have been invited for a meeting on Saturday, January 24, at the Mombasa Municipal Stadium.

At the 10.00 a.m. meeting the relegations and promotion issue might be discussed either as an Agenda or as an A.O.B.

The club invitation letter to the clubs for the meeting signed by secretary Ali Mbarak has only two agendas (i) the Programme for 1998 Super League (ii) Any Other Business.



Soccer Scene with SERAJ MOHAMED

GOLF NEWS
RESULTS PAGE FIFTEEN

TIDE TABLES

MOMBASA, January 16 - 22, 1998.

FRIDAY High Water - 3.3 m. at 06.13 hrs. (6.13 a.m.) and 3.0 m. at 18.40 hrs. (6.40 p.m.). Low Water - 0.3 m at 12.26 hrs (12.26 p.m.).

SATURDAY High Water - 3.1 m at 06.43 hrs (6.43 a.m.) and 2.9 m at 19.10 hrs. (7.10 p.m.). Low Water - 0.6 m at 00.30 hrs (12.30 a.m.) and 0.4 m at 12.56 hrs (12.56 p.m.).

SUNDAY High Water - 2.9 m at 07.14 hrs (7.14 a.m.) and 2.8 m at 19.42 hrs. (7.42 p.m.). Low Water - 0.7 m at 01.05 hrs. (1.05 a.m.) and 0.6 m at 13.24 hrs (1.24 p.m.).

MONDAY High Water - 2.7 m. at 07.46 hrs (7.46 a.m.) and 2.7 m. at 20.19 hrs (8.19 p.m.). Low Water - 0.9 m. at 01.42 hrs. (1.42 a.m.) and 0.7 m. at 13.55 hrs. (1.55 p.m.).

TUESDAY High Water - 2.5 m at 08.22 hrs (8.22 a.m.) and 2.6 m at 21.05 hrs (9.05 p.m.). Low Water - 1.1 m at 02.24 hrs (2.24 a.m.) and 0.9 m at 14.31 hrs (2.31 p.m.).

WEDNESDAY High Water - 2.3 m at 09.12 hrs (9.12 a.m.) and 2.5 m at 22.11 hrs (10.11 p.m.). Low Water - 1.2 m at 03.19 hrs (3.19 a.m.) and 1.1 m at 15.18 hrs (3.18 p.m.).

THURSDAY High Water - 2.1 m. at 10.32 hrs. (10.32 a.m.) and 2.5 m. at 23.36 hrs. (11.36 p.m.). Low Water - 1.4 m. at 04.40 hrs. (4.40 a.m.) and 1.2 m. at 16.28 hrs. (4.28 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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