

Coastweek

Issue No. 2547 November 22 - 28, 2002.

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Entertainment Extravaganza At MAMBA ...

THE LONGOMBAS ARE HERE ... AND
THEY ARE AT MAMBA (DONDOSA)!

The Longombas are set to perform at Mamba International Nightclub this Friday and Saturday.

This comes in the wake of their chart bursting hit "Dondosa" which has been enjoying maximum airtime in all radio stations.

This is a special treat for all candidates who have cleared school and now fully embark on this difficult journey called life.

The Longombas's are basking in fame brought to them by this hit song among others and promise to thrill their fans during the live show.

This is their first ever performance at the Coast.

These artists derive their name from the highly successful congolese musician - Awilo Longomba - who is a close relation.

They have every intention of following in his footsteps by claiming international fame.

They perform alongside another upcoming group namely Gun B and Pili Pili who sang the hit "Napenda penda".

This show has all the promise of being a star studded affair with all who do attend getting their money's worth.

The relaunch of the Mamba Jam Session has seen a rejuvenation in the Sunday afternoon programme which takes place at the Mamba Cultural Centre.

This programme incorporates the Family Fun Day held each Sunday whereby kids enter-tainment is of first priority.

For this, there is a bouncing castle, magician, treasure hunts, pony/ camel rides and a



MAMBA resident DJ DELPH on the job.

visit to the crocodile farm.

The jam session is also introducing a rap contest that calls on all upcoming artists to come and display their talents.

This is in the Mamba spirit of promoting young talent.

IRON LADY VISHULA

Vishula S Patel, a student at Kensec took part in the Mombasa Triathlon Challenge. Being an astute swimmer, swimming acted as a booster.

Her gallant efforts won her coveted trophy in the open individual category and categorized IRON LADY in recently held triathlon consisting of 1500 meters of swimming in the ocean, 12 kilometres of cycling and about 4 kilometres of running.

She won against stiff competition from ladies from U.S.A., Nairobi etc. Congratulation.

Her wish is that more girls should take part to build them up in the ever challenging world.

This is her second achievement in a row, having also won similar trophy in the triathlon held in April this year.



SMILE TIME



"I say old Boy, how do you flush this thing?"

YOU Can Win
A Weekend At
SHIMBA
LODGE
DETAILS PAGE 16

'Mji wa Salaama' Needs Your Help

HOME FOR ABANDONED AND ORPHANED CHILDREN

URGENTLY SEEKING more 'awareness and support' from the local community for its income-generating activities is Mji wa Salaama, a home for 55 abandoned or orphaned youngsters at Tudor, Mombasa, which is desperately trying to survive and keep going.

It is run by the Child Welfare Society of Kenya, Mombasa Branch, but it is from 'Mama Niki Hoffmann and friends in Germany' that the home is presently receiving the most support which has included providing it with a primary school named 'Noah's Ark Academy'

Special Report by
NETA PEAL

which opens in January, 2003. It will be run independently with qualified teachers and be an income generating project for

Mji wa Salaama. 'Mama Niki' and friends have also furnished it and will be providing Computers for Standard One.

It is hoped to include foreign languages (French and German) in the curriculum.

With a shortage of places in Mombasa's schools, the Child Welfare Society, Mombasa, is hoping the primary school will receive support from the local community.

The fee, including lunch, is Sh 1500/- per term.

Launched in Mombasa recently was the Watoto Kwanza Trust's 'Say Yes for Children' campaign.

When switching on the lights of the refurbished Tusk Arches in Moi Avenue and on the nearby man-made Palm Trees bearing a



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TURN TO PAGE TWO

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MOMBASA'S HOME FOR ABANDONED AND ORPHANED CHILDREN

'Mji wa Salaama' Needs Your Help



FROM FRONT PAGE

flashing sign 'Mombasa City Says Yes for Children', guests at the ceremony heard that both the Mombasa Beautification Committee, under the Chairmanship of the District Commissioner, **Reuben Rotich**, and Mombasa and Coast Tourist Association (responsible for the refurbishment of the Tusks) support UNICEF's global movement for children by working in collaboration with the Watoto Kwanza Trust and UNICEF's country office here.

Doing what they can to make Mji wa Salama, a home for abandoned! orphaned children, self-supporting are Susan Kuria, the pro-active Administrator of the Child Welfare Society of Kenya, Mombasa Branch (centre); Haida Bruno, Vice-Chairman (right) and Jackson Nyamu, Social Worker.

The palm trees had been 'planted' by the Trust the chairman of which is **Dr. Manu Chandaria**.

aspiring 'Tarzans' Colourful wall murals are everywhere, including the Baby Wing, the talented artists being 'volunteers', the paint coming from 'Mama Niki'.

It is hoped that this attempt to create more 'awareness' of children might target Mji wa Salaama where meaningful developments there badly need more local support so that the home can continue and expand.

Between the Primary and Nursery Schools stretches a large white/red striped canopy giving shade and added colour to the area, this also provided by 'Mama Niki'.

Both primary and nursery schools were provided and furnished by 'Mama Niki' and friends in Germany.

The 55 children at Mji wa Salama are in the age range 3 months to 19 years.

Said **Susan Kuria**, the society's pro-active branch Administrator 'I think if parents knew about us they would be interested'.

Of these more than 15 are being sponsored for primary and secondary education by 'Mama Niki' and friends, also by Roger Weimar of Hanover, Germany.

NOAH'S ARK ACADEMY

The Noah's Ark Academy, built at a cost of around Kshs. 2 million has four classrooms to accommodate a total of 30 students from 7 - 9 years.

Susan revealed that only two from Mji wa Salaama will be going to the Noah's Ark Academy 'thus we shall be relying heavily on students from outside'.

The nursery school can accommodate 41, but at the moment has only attracted ten youngsters from 'outside'.

She explained 'we are forming a committee which will be charged with its administration, the task of providing qualified teachers and raising money for its upkeep - for the parents will not be charged for this.'

The fee of Kshs. 500/- a month includes a 'free' lunch, plus mid-morning and afternoon snacks provided by the Child Welfare Society.

What profit is made goes to the upkeep of Mji wa Salama to try and make it self-supporting.

It is open from 9 - 12 in the morning and from 2 - 3 p.m. in the afternoon.

She also spoke of the benefits to be derived by children from the home being able to mix with others in the community around them.

'Mama Niki' and friends have also provided a playground which includes equipment for

some of it comes from a nearby plot the society has with sufficient space for other income generating projects.

This might be a poultry farm, but expert guidance would be sought before going ahead.

Said Susan 'a big drawback is that people have great difficulty in finding us.

We are near the Makupa Causeway but have no sign-board on the main road.

Water is another problem.

They do not receive an adequate supply of mains water so have to buy borehole water from outside.

Said Susan 'we are hoping that one day the borehole we have will be supplying us with our needs'.

Adding 'I am very proud that such income generating activities should have been achieved during my time here and recalled there had been an attempt at grabbing some of the land.

This had stopped on seeing a nursery school going up there.

For more information about Mji wa Salama - Susan can be contacted on the telephone at Mombasa **490622**.

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Coastweek

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LIFE IS JUST A LAUGH



"But that's enough about the neighbours - let's talk about you."



"Of course I would still love you if you were poor - just let me know if it is likely to happen."



"I'd like to take you home to meet my mother - but I don't trust my father!"



"He went on all evening about his oil wells and diamond mines - it was fascinating!"



"Show me something really expensive - I want to teach him a lesson!"



"Do you enjoy these chocolates as much as the last lot you brought me?"

Mombasa International School Join Worldwide Metlink Project

Mombasa International School were delighted to hear that their application to join a worldwide Metlink project in 2003 had been accepted by the Royal Meteorological Society.

Weather data will be sent to the UK by MIS boffins, headed by Fred Labang'a and Lee Raby, from a new weather station at the school.

Using a new digital lease line at MIS the project will go on-line in 2003 allowing data to be passed across the world.

Terence Driscoll, ICT expert at the school, said that although MIS already provided a weather forecasting service on the school website this was an important step in joining a global weather community.

MIS is currently the only school from Kenya that is part of this weather exercise.

MIS Headmaster, Bill Bartlett, said he was delighted that the school was sharing its weather data with such an important organization as the RMS and is encouraging other schools in Kenya to join.

"We can only see good coming from this work."

"Although the information we gather and share may not be vital, it's good to know that data collected by a 10-year-old MIS student could complete a small part of the world weather picture."

Lee Raby told a MIS Year 8 class that weather is still

unpredictable and far reaching. Malcolm Walker, the Education officer at the Royal Meteorological Society, has already been answering questions from MIS students by email.

MIS Question: *Why has it been so wet in Mombasa recently?*

Answer: As to why it's rather wet in your part of the world at the moment - well, the ITCZ (Intertropical convergence zone) is active over East Africa and the Indian Ocean at the moment, but I guess you know that!

The ITCZ can be expected to migrate southwards as we head towards the end of the year but it doesn't migrate smoothly. It does so jerkily.

It gets stuck in a particular region for a while and then suddenly heads off somewhere else. Why it sticks is the 64,000-dollar question.

Your wet spell may be because of *El Niño* - and I'll say more about that during the observational phases of MetLink - but I am only guessing.

'WIN TICKETS FOR LIFE'!



Travelers flying with Airkenya from September through to November have had a reason to smile as many of them have won themselves free tickets to fly to any of Airkenyas destinations in Kenya and Zanzibar in the ongoing 'Win Tickets For Life' promotion - which continues to November 30, 2002. Former 'Miss Tourism Kenya' Debra Senaipeli (right) is seen familiarizing herself with the unique promotion. Looking on is Simon Gichuki, Flight Attendant Airkenya. The ultimate prize of air tickets for life will be drawn in December.

'Babes In The Wood' Christmas Pantomime

One of the most delightful traditions of Pantomime is the celebration of moral virtues, writes "Thespian".

Not in a heavy, ponderous manner, but in light-hearted,

wise cracking, slapstick. The audience knows from the outset that despite the trials of the hero and heroine and their friends, good will finally triumph - and the audience is there to cheer them on.

In Mombasa's Pantomime "Babes in the Wood" which will be staged at the Mombasa Academy from 10 to 14 December, the innocence of childhood is portrayed by Jay Dave and Rahila Khan.

Just the appearance of both of these attractive youngsters is enough to have the audience rooting for them.

If you add the fact that despite their youth they are both talented actors, it's easy to see that "Babes" will be a winner of a show.

The adult cast is rather talented too.

There's Geoff Weeks, he of the deep bass voice, who has a splendid time playing the wicked uncle who is also Sheriff of Nottingham.

His two sidekicks, Mole and Wart (played by Jim Wilde and Michael Hughes - both veterans of the stage) harm the roles of his loonie stogees to perfection.

Newcomer John Chatwin is Friar Tuck, Ed Kooyman is Little John, and Ariz Ramjee is Will Scarlet.

Pauline Groom brings a touch of glamour to the show as Maid Marion and Simi Shah has a peach of a role as the wicked witch Nausea Nightshade.

THE DELECTABLE SALLY MISBAH!

Pantomime has many curious traditions, and one of the weirdest is that of cross dressing. For instance, how can someone who is a dead ringer for Mel Gibson, be mistaken for a dotty old woman?

But that's just what happens in this production of "Babes" for Bruce Copeland delights in being the Babes somewhat scattered brained nurse.

Then there's the delectable Sally Misbah who is the hero,

Robin Hood. However, one look at those long legs in tights is enough to understand this tradition at least.

Right at the end of the show a "very special person" who must remain anonymous - makes an appearance.

Well, all this seems very strange.

Babes in the Wood and *Robin Hood*?

Curious and curioer as Alice said in Wonderland.

If you want to know how it all pans out there's nothing for it but to buy a ticket and find out.

Tickets are 400/- for adults and 250/- for children.

They will be on sale at "Forget-me-not" Ratna Square from Saturday 23 November and before each performance at Mombasa Academy.

The dates again - 10 to 14 December inclusive

PLANNING A KENSECIAN RE-UNION IN LONDON ...

I am an ex **Kensecian** now based in London.

I thought I would drop a few lines to let you know that Mombasa spirit is well and truly alive in London and will be more so on 23rd November 2002.

I am organising a Kensec cum Mombasa reunion on this date and I wanted Mombasa and Kensec to know that we all still keep in touch, still meet up and still miss Mombasa and all our people there.

I would appreciate it if you could spare a few lines in the *Coastweek* (which is still my favourite paper to date and thank God for the Internet so that I can read about whats happening in Mombasa through the *Coastweek* website) to let everyone in Kensec and Mombasa know that we haven't forgotten them.

If you want more details on the above, please email me on this address. It will be nice to see the name of Kensec and its alumni in the *Coastweek*.

Sonia Acharya, London, U.K.
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FINEST CUISINE IN MALINDI!



CASINO MALINDI Italian chef Michele Amadei (right) seen with chef Jenifa Anyika as they prepare mouth-watering dinner at the newly opened Casino Malindi Restaurant - specialising in local seafood and mediterranean dishes. PHOTO - MWAKINA WA MWASARU

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Fri. 22nd Nov. - 6.45pm
Sat. 23rd Nov. - 2.00pm
(Main Feature at 2.15pm) & 9.00pm
Sun. 24th Nov. - 12.45pm
(lunch-time show) & 6.45pm
Mon. 25th Nov. - 6.45pm
Wed. 27th Nov. - 9.30pm

Everyone has a limit.
Self defense isn't murder (G/E)

ENOUGH

WE ALL reach a point in life when you have taken yourself to the extreme and are pushed against the corner especially when your innocent child(ren) are drawn into that whirlpool of emotions that keeps sucking you deeper and deeper.

That is when each one of us will say 'enough, no more' and immediately the person is transformed into a fierce and fearful adversary.

Jennifer Lopez portrays such a role at the **NYALI CINEMAX** this week in the film entitled very simply and aptly **Enough**.

Lopez is Slim, a hard working but meek woman who meets the man of her dreams in Mitch (Billy Campbell) a wealthy contractor.

A blissful marriage is followed by the birth of a lovely daughter.

But the daughter seems to bring out the worst in her father who overnight transforms into a monster - brutal, violent and with no qualms at all about hurting mentally and physically those who love him.

Fearing for herself and her daughter, Slim runs away from home. Mitch follows her with threats which she knows he will carry out.

She decides to change her appearance, address and identity in the hope that he won't find her, but she had not banked on his obsessive nature.

Mitch manages to locate her wherever she goes and keeps on harassing and threatening her.

Finally when she realises that no one, not even the police is in a position to help her and she is finally put in a corner, she decides that she has had enough of running and hiding.

Slim now faces her challenge head on. She takes up martial arts and brings up her confidence and inner self to its peak. The next time that Mitch comes round to give her hell, the tables are now reversed and he is soon running for his life with his tail between his legs!

Lopez has given the role an amazing reality, showing how a woman can be transformed from having maximum fear to maximum strength.

With this really serious film, **NYALI CINEMAX** balances the week with an equally

hilarious film in **Kehta Hai Dil Baar Baar** starring Jimmy Shergill, Kim Sharma (both of Mohabbatein fame) and Paresh Rawal.

This film which has been entirely shot in the U.S.A. depicts Rawal as Ranchodlal Patel, a successful Gujarati industrialist in America who likes to call himself Roger Patel, yet is still seeped to the core within his Indian and more so Gujarati background and traditions.

Patel has two daughters, Kim Sharma and Toral Mehta, whom he dotes on.

Despite overlooking their every error and mistake he has one and only one desire for them - to marry an Indian with the three 'P's' (Professional Patel owning Property).

Sunder (Shergill) is an enterprising young Indian Punjabi who is trying to make a success of his mobile food outlet called 'India on Wheels'.

The minute he sets eyes on Ritu (Kim) he is a goner.

After some setbacks he manages to win her heart, but

then he faces his greatest challenge - Ranchodlal a.k.a. Roger Patel.

Patel cannot fathom his daughter falling for a penniless cook and to add insult to injury is not even from their Patel *kabila*!

The stage is now set for a "anything you can do I can do better" game with the most hilarious results.

Continuing last week's **Signs** with Mel Gibson, Joaquin Phoenix, Cherry Jones, Rory Culkin and Abigail Breslin will be shown this week on Saturday, Tuesday and Thursday.

A mid west family is woken up to a bizarre and outlandish

pattern on their corn field, which will change their lives forever.

Matt Damon, Franka Potente, Chris Cooper, Clive Owen and Brian Cox will all try and identify the **Bourne Identity** on Saturday in a special evening show and on Thursday.

This spy thriller by Tom Clancy is a must for all those who enjoy a good action film with an excellent yarn spun into it.

Walt Disney's **The Princess Diaries** with Julie Andrews, Anne Hathaway, Hector Elizondo, Heather Matarazzo and Caroline Goodall will be screened on Sunday.

Mia Thermopolis, a shy San Franciscan teenager becomes a real-life princess overnight when she learns for an inheritance. She is now to rule the small European kingdom of Genovia under strict instructions from grandmother Queen Clarisse Renaldi.

Grandma has to transform this gawky and very normal teen into an aristocratic and graceful lady, a task which neither relishes.

Patrons of **NYALI CINEMAX** should note that during this month of Ramadhan there will be no Saturday morning and Wednesday afternoon show.

Meanwhile, **KENYA CINEMA** is showing Abhishek Bachchan as the bindaas and mischievous young man who gets a wake up call in an old people's home in **Shararat**.

After a minor offence, the judge seeing Bachchan's spoilt brat behaviour decides to punish him with some community service at an old people's home.

Bound by law he has to hack out his time there, but in the process his hardened heart softens and soon he realises that there is more to life than his fast life, fast cars and fast girls.

A sensational Raveena Tandon and Jackie Shroff star in

the sensational **Agni Varsha** showing on Sunday and Monday.

Set in a village about a thousand years ago, this film is all about family values, revenge and lust.

For one show only on Tuesday is the Subhash Ghal's musical extravaganza **Taal** starring Aishwarya Rai, Akshaye Khanna and Anil Kapoor.

Wednesday is the day for **Maine Dil Tujko Diya** while Thursday you can see Hrithik Roshan and Amisha Patel in **Aap Mujhe Achhe Lagne Lage**, both films at a special rate.

Fri. 22nd Nov. - 9.15pm
Sat. 23rd Nov. - 11.30pm
Sun. 24th Nov. - 3.00pm & 9.15pm
Mon. 25th Nov. - 9.15pm
Thur. 28th Nov. - 9.15pm

Starring: Jimmy Shergill, Kim Sharma, Paresh Rawal, Jonny Lever

KEHTA HAI DIL BAAR BAAR

Starring Mel Gibson, Joaquin Phoenix, Cherry Jones, Rory Culkin, Abigail Breslin

Sat. 23rd Nov. - 6.45pm
Tue. 26th Nov. - 6.45pm
Thur. 28th Nov. - 6.45pm

SIGNS

(G/E)

THE BOURNE IDENTITY
MATT DAMON, FRANKA POTENTE, CHRIS COOPER, CLIVE OWEN, BRIAN COX

Sat. 23rd Nov. - 4.30pm (special evening show)
Tue. 26th Nov. - 9.15pm

Walt Disney's THE PRINCESS DIARIES

For 1 show only

Starring: Julie Andrews, Anne Hathaway, Hector Elizondo, Heather Matarazzo

Sun. 24th Nov. - 10.30am

TICKETS: All shows 300/- Love Seats 350/- EXCEPT: Super Tuesday Shows 200/-

Please Note: For the remainder of the month of Ramadhan ONLY, there shall be no Saturday Morning Show and Wednesday Afternoon Show. We apologise for any inconvenience caused.

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CINEMAS with ANJUM ASODIA

Starring: Jackie Shroff, Raveena Tandon, Milind Soman, Sonali Kulkarni, Nagarjuna, Prabhudeva and Amitabh Bachchan (in Sp. Appearance)

Sun - 3.00; 6.30 & 9.30pm
Mon - 6.30 & 9.30pm

ONE SHOW ONLY

"TAAL"

Starring: Anil Kapoor, Aishwariya Rai, Akshay Khanna

SPECIAL RATE
Tuesday at 9.30pm only

ONE SHOW ONLY

"MEINE DIL TUJKO DIYA"

Starring: Sohail Khan, Sameera Sanjay Dutt

SPECIAL RATE
Wednesday at 9.30pm only

ONE SHOW ONLY

"AAP MUJE ACHE LAGNE LAGE"

Starring: Hrithik Roshan, Amisha Patel

SPECIAL RATE
Thursday at 9.30pm only

MYSTIFYING MAGIC - WELL KNOWN Kenya's Magician Mohammed Raffiq (centre) is seen entertaining guest Mr. S. Walters at the Voyager Beach Resort, Nyali.

AFRICAN THEATRE AT ITS VERY BEST!

Lorna Were is back on Mombasa Little Theatre Club stage, leading a cast of talented and experienced thespians in the region.

She was last seen on Little theatre Stage a few months ago starring in Ken Saromwa's double bill "Transistor Radio" and "The wheel."

Playing the tough land lady in "Transistor Radio" and prime minister in "The Wheel" Lorna as aunty Dupe in **Medicine of Love** will not disappoint you at all.

For **Hilary Namanje**, acting as his first love comes natural and Little Theatre club is like his second home.

Namanje has been on this stage several times.

Five years ago Namanje was

instrumental in the same production under Zinduko Theatre production where by a part from appearing on stage, he produced and co directed the play **Medicine of Love** along side **George Mkuri**.

Medicine of Love acts as a mirror to Mr. **Felix Odimas** as a producer.

Odimas is remembered for helping to establish a drama group at Oshwal Academy where he is a teacher.

A few months ago he achieved a great feat by producing one of the internationally acclaimed comedy "The Importance Of Being Earnest" using his students.

The play was well received putting Oshwal Academy in a class of its own as far as local theatre is concerned.

Once again he has a chance to put his organisation skills on trial in this demanding production.

Medicine of Love, will be introducing first time artists on Little Theatre Club stage but a cast which are likely to keep seasoned thespians reviewing their positions as far as the regions theatre is concerned.

For instance **Zakayo Karimi** who appears as the juju priest, comes with a lot of experience having received his acting skills under **Wahome Mutahi** who is one of the Kenya's leading thespians play write and theatre administrator.

Shiela Cheptanui, a natural and talented comedian plays mama Ebunde. **Janet Nduku**, after completing her course in film and video productions, she looks forward to sharing her

experience with the rest of the cast.

Others in the cast includes, **Geoffrey Mumanyi** appearing as Olu Ita, Ewia's personal assistance.

Jackline Kiluga plays Ewia's tough wife brought up in town opposed to Faith Kamene her co-wife in this survival for the fittest contest.

RESERVATIONS

The dates to mark are Thursday November 28th through to Saturday 30th.

All shows starts at 7.00 p.m. except the Matinee show on Saturday at 3.00 p.m.

Bookings are on at the Little Theatre Club.

For reservation call 229258 or 0733-926636, 0722-867933

Importance Of Flashing - Make Sure Your Equipment Is Fully Functional!

Last week we looked at the indicators and how they work.

There is another function in the vehicle that uses the same external manifestation and that is the hazard lights.

The hazard light operates on a different circuit from the indicator, although they both operate on the same principle.

Each has a resistive wire, a large spring steel element and small spring steel element.

Current through the resistive wire elevates the temperature of the small spring steel causing it to bend.

On one end of the large spring steel element is a set of contacts.

When the large element bends, these contacts either close for the indicator flasher or open for the hazard flasher.

The current that flows through the heat element also flows through the light bulbs.

Functionally, the differences between the two types is that the hazard lights will flash at the same rate regardless of the load, as long as the load doesn't exceed the flasher capacity.

One 2 watt bulb will cause the hazard lights to operate at the

same rate as four 21 watt bulbs.

However, the flashing rate of the hazard lights will vary, depending on the load.

The current through one 21 watt bulb is not enough to cause the hazard lights to flash (the lights will stay on). Four 21 watt bulbs will cause the hazard lights to flash at a high rate (till the



flasher burns up).

There is an excellent reason for this difference.

The reason is one of safety.

If one turns on the indicator light and one bulb is out, the thermal flasher will work, but the rate of flashing will change.

It will be higher than normal.

This tells the driver that there is

something wrong with the indicator circuit.

The bulb that is out reduces the resistance in the whole circuit causing the resistive element to heat up faster resulting in the flashing sequence being speeded up.

The hazard circuit, because of the nature of the set up, is less sensitive to changes in resistance.

If one bulb is out, the system will still function as normal with the other three.

The driver won't have any indication that a bulb is out, but the next time one uses the turn signals, you will.

Electrically, the main difference between the indicator and the hazard flashers is that the resistance of the resistive element in a hazard flasher is very large compared to the resistance of the light bulb in the circuit.

To the resistive element, the light bulb looks like a short circuit.

If one bulb looks like a short then placing three more in parallel doesn't really matter: a short circuit is a short circuit!

When the heat element raises the temperature of the small spring element, the element bends and the contacts close.

The contacts are wired such that they short circuit the small spring heating element when they close.

When the heat element is shorted, all current flows through the switch contacts and none through the heat element.

As a result, the element cools off and the contacts reopen.

Current again flows through the element, and the cycle starts anew.

The resistance of the heating element in an indicator flasher is sized very carefully to the specified bulb wattage for that particular car.

If the correct bulbs are used, the current through the element is exactly the right amount to cause the resistive element and small spring steel to bend at just the right rate for the indicator.

Lower wattage bulbs cause the strip to bend too slowly and higher wattage bulbs cause the strip to bend too fast.

Just as in the hazard flasher, the current passing through the heat element once the contact is closed is the same current as through the bulbs.

The resistance of the element is so low that it offers minimal additional resistance over that

provided from the bulbs.

The bulbs light brightly as if the element were not there.

The contacts are wired in series with the bulbs.

When the small spring strip bends in the reverse direction, the contacts on the strip open, cutting off current flow to the bulbs.

Because the operation of the indicators is dependent on the current flow through them, any change in the voltage applied will also have an effect on the flashing rate.

An increase in voltage will cause a corresponding increase in the current, which will cause a corresponding increase in the flash rate.

A decrease in voltage will have the opposite effect.

The circuit resistance also has an effect on the flashing rate.

More resistance reduces the current flow, and less resistance increases it.

Barring a short circuit, the only way to reduce resistance in the circuit is to replace the normal bulbs with bulbs of a higher wattage rating. Higher wattage bulbs draw more current than lower wattage bulbs.

This is one way of solving a slow turn signal flash rate problem, replace the lower wattage bulbs installed by the factory with higher wattage bulbs.

Higher resistance is the most common problem that leads to a slow flash rate, or to not flashing at all in indicators.

Typically, this is caused by bad connections, either in the

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THIS WEEK ON TAMARIND DHOW

MEMORIES ARE FOREVER ...

They chose Kenya - a country they had never visited before for their honeymoon finding a dinner cruise on the unique **Tamarind Dhow** a most romantic experience.

Mr. and Mrs. Francois Clearbout from France were staying at the Royal Reserve, Kikambala, where this Floating Restaurant had been highly recommended.

Enhancing this enchanting experience was a gourmet dinner of grilled lobster and wine enjoyed under a moonlit sky on the beautiful Tudor Creek — something that will live in their memories forever.

Mr. and Mrs. Francois Clearbout from France enjoying their dinner cruise on Tamarind Dhow.

Christmas comes early at the

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Restrictions Apply

"I Wish I Could Go Back To School!"

On the Aga Khan Junior Academy's Open Day, I went for the site visit and the presentation at the Aga Khan Academy on Saturday 16th.

To say that this is a state-of-the-art school would not be correct because it surpasses even this description.

To my mind, the entire planning system has been so well thought out, they even have two dual carriages for dropping and picking up the children.

The concept of maximum use of natural light, large ventilated classrooms, courtyards, space and the sort of facilities that range from an amphitheatre to separate primary, secondary, faculty and extra-curricular sectors could not be more perfect.

The laboratories, library, computer room and dining area are wonderful.

And the Nursery section will be added on in the very near future.

This really has to be seen to be believed.

Obviously, construction is still on-going but enough is up for visual fidelity.

The presentation was detailed, questions were answered directly and honestly and it also brought to light how big the Aga Khan Foundation and Development Network really are.

And from all the visitors comments in the guest book, not only will the children receive a holistic approach but I suspect parents will enjoy using the facilities once they are able to.

As one visitor wrote: "I wish I could go back to school."

Highly Impressed Parent, Mombasa.

YOUR LETTERS TO Coastweek

P.O. Box 87270 Mombasa KENYA

CITY COUNCIL MUST ACT TO CLEAN UP RUBBISH ?

Mr. Cahil Marduf's letter concerning the garbage dump next to the Christian cemetery near The Little Theatre Club deserves support from all of us.

This is what I would suggest: Ratepayers should withhold settling any accounts with the City Council until we see substantial improvements to the infrastructure.

We should seek the help of transporters and business people to carry the garbage lying at this location and dump it in front of the entrance to the City Hall at Treasury Square.

Let them have a taste of their own medicine.

We need to demonstrate our dissatisfaction and frustration by calling on people of all denominations to come forward and condemn the impotence of the Mombasa City Council.

There are far too many ills afflicting Mombasa residents.

Come on, Mombasa residents

Let us not allow ourselves to be the silent majority.

Nancy Honeg, Mombasa.
honegnancy37@yahoo.com

EVIL SMELLING

*This horrendous Dump!
They now call it Mombasa City,
This evil-smelling dump
That is so pretty.*

*Here the smell spreads like a
cancerous lump,
And at the Mombasa Sports
Club*

*It wafts the air to The Little
Theatre's pub,
And next to the Catholic
Cemetery*

*This Perfumed Garden stirs
the dead*

*From their slumber and last
repository.*

*Beware, This is Mombasa City
Council territory !*

Nancy Honeg, Mombasa.

Astonishing And Wonderful Benefits Of East Africa's Leguminous Trees

In light of the recent Earth Summit in Johannesburg and its goals to alleviate poverty and sustain the living environment, I would like to remind your readers of the benefits of leguminous trees.

According to the article I refer to below the UN will have to spend US\$ 100 million over the next decade to disseminate the information I wish to share.

I believe we should personally do whatever we can to help the poor and maintain environmental integrity.

The 24 August 2002 edition of the London-based *Economist*,

a weekly newspaper, includes an article in its science and technology section about the work of Dr. Pedro Sanchez, of the International Centre for Research in Agro Forestry (ICRAF) and a visiting professor at the University of California at Berkeley (UCB), and his colleagues who have researched fifteen species of leguminous trees, and have discovered that the best of them produce 100-200 kg of nitrogen per hectare.

This is astonishing and wonderful news.

Unfortunately, not many low-income farmers read *The Economist*, but I suppose many of them do read regional newspapers.

Therefore, I am requesting that that you and your paper make this news available to farmers in your area.

Let's make the Earth Summit

AN OLD TOWN COUNCILLOR?

Wish to take this opportunity to congratulate Mr. Mohamed Daud for the wonderful job on the successful Swahili Culture Festival.

Please keep it up Mr. Mohd and wish him all the best on his interest of vying for the Old Town seat as a Councillor.

May the Almighty help you to achieve that goal as to help our Old Town be clean and looking forward to hear that you have won the seat.

Hussein Abbas, Dubai, UAE
alhussein656@msn.com

CONTACT WITH STREET CHILDREN

We are a group of students from Staffordshire University, in the U.K. we will be coming to Mombasa in January to study the health care facilities available to the street children.

Could any of your concerned readers supply the email address or fax number for both the Bandari Clinic and the Noah's Ark Academy, who may be able to help us with our studies.

Claire Collison, Karin Cox and Jamie Robinson,
Staffordshire University, U.K.
cm082226@stmail.staffs.ac.uk

'SIGNS' OF THE TIMES

• Smoking helps you lose weight ... one lung at a time!

• Getting caught is the mother of invention.

• The surest sign that intelligent life exists elsewhere in the universe is the fact that it has never tried to contact us.

• Success is relative. More the success, more the relatives.

• Seen in railway station at Patna: *Aana free* (Come free), *Jaana free* (Go free), *Pakde gaye to khana free* (get caught and food is free!).

• Sign on a famous beauty parlour window:

Don't whistle at the girl going out from here. She may be your Grandmother !

Murtaza Saeed, Mombasa.
saeed@qualityg.com

Ali Yusuf Tamimi Gave Us All Very Local Time In Mombasa

Hello at the coast.

I came back to Kenya after 25 years, to recover after an operation.

Meeting enthusiastic and happy people as back in 1977.

Specially I would like to make Mombasa people aware of **Ali Yusuf Tamimi** - nickname "Coacher" from old town, now

living in Kisimani area.

He guided me and my family around in Mombasa area for five days.

He supported a lot of local shops, by showing them to us.

He made sure we moved by local cars, and eaten in local restaurants.

"Coacher" seem to be known from most people in town - greeting everyone *Mambo Powa* - Full Cream to all !

So then now back in Denmark, I wonder would there not be someone who would help this "Coacher" into a job - maybe in tourist business ?

As I remember has contact tlf. no is **722 713 583** (Amina's mobile).

Thank you "Coacher" and also Amina including the family for a very personal and local time in Mombasa.

Maria Niaz, Jesper and Jane Bartholdy, Copenhagen, Denmark.

d191892@inet.uni2.dk

Tension/Mombasa Rap

The moment you are in tension

you will lose your attention

This will put you in total confusion

And you will feel the irritation

Which might spoil personal relation

Ultimately, you won't get co-operation

which will cause complication

you will then need to watch your BP with caution

and you might have to take medication

instead ... understand

the situation

try to think of a solution

many problems will be solved by discussion

which will work out better in your profession

This is not my free suggestion

it is only for prevention

If you understand my intention

You will never come again to tension.

Murtaza Saeed, Mombasa.

saeed@qualityg.com

LIVE FISH

I am a dealer in live ornamental fishes and also exporting of live fresh water fish.

Though we have not had any discussion or business before but I came to know about *Coastweek* through the Nigerian Chambers Commerce of Commerce and Industry.

Victor Eze Chima, Gauteng, South Africa.

icyfcs@yahoo.co.uk

THANKFUL !

I am thankful for:

My shadow that watches me work, because it means I am out in the sunshine.

Weariness and aching muscles at the end of the day, because it means I have been capable of working hard.

The alarm that goes off in the early morning hours, because it means that I am alive.

And finally ... for too much e-mail, because it means I have friends who are thinking of me.

Husein Hassanali, Mombasa.
HHassanali@serena.co.ke

Twenty Four Years' Ago

COASTWEEK, November 24-30, 1978:

CATHOLIC Prelate Bishop John Njenga was pictured on the front page meeting at the Vatican in Rome with new Pope John Paul II, who said he was 'following events in Kenya with keen interest.'

A 1952 model Silver Dawn Rolls Royce valued at K. Shs.100,000/= had been donated by the late philanthropist Owen Barton of Nyal Estate as the main auction item of Mombasa Round Tablers annual 'Ring Us Up' television auction, confirmed convenor Chris Fryer.

'Cordon Bleu' Councillor Peter Adams Ludaava organised an 'Installation Soiree' of the world-wide 'Cordon Bleu de Saint Esprit' at Mombasa's Tamarind Restaurant.

'Nobody Is Serious About Our National Language Swahili' wrote Coast scholars M. Kamal Khan and Ahmed Sheikh Nabhany.

Author Dr. John Jewel gave a presentation on 'Mombasa - The Friendly Town' to a gathering of the newly formed 'Friends of Fort Jesus.'

Gray Phombeah reported on 'Big Daddy Chuzza' of Congolese 'Les Noir' band entertaining at Bristol Night Club, Mombasa.

Enoch Musiga was appointed Manager of Petley's Inn, Lamu. George Spence wrote about a seminar of Coast Branch of The Kenya Institute of Management, and attended by Kilindini Customs Collectors Messrs. N. Odindo, O.M. Al Amin and B. D. Mbogho, as well as Charles Dias, Johnathan Mturi, Heinz Somfleth, Solomon M'nanmpiu, John Lloyd and Samson Ondego.

KENYA Cinema was showing 'An Unmarried Woman' starring Jill Clayburgh, NAAZ "The Naval Commandos", REGAL 'Sex Diary' and at CHOX it was Amithabh Bhachan in 'Ek Nazar'.

Letter writers included Peter Kamau Mbugua, Colin Church, Juma Mwayani, Karim A. Karimjee, Ali Omar Said, Jon Bundy, Joseph Adero Ngaia, Kahindi wa Mwaruwa and Zobe Sheikh.

• **BARGAIN OF THE WEEK** - 'Lawfords/ Blue Marlin/ Seafarers and Cowrie Shell Bamburi' hotels were offering a 'special rate' of K. Shs. 200/= double per day full board (with a ten per cent discount to Kenya Residents).

BEARINGS

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PROVERB: "HE WHO DOESN'T KNOW HOW TO GROAN HAS NEVER BEEN IN PAIN!"

Digo Language And Literacy Project Launch Calendar 'Kalenda ya Chidigo'

Kwale Health Forum provided a platform, at Kwale District Hospital, Msambweni, for the launch of the Digo Language and Literacy Project 2003 Calendar "Kalenda ya Chidigo".

Promoting health messages of particular relevance to the Digo and Duruma communities.

Special Report by Correspondent

This health calendar is the result of ongoing unique collaboration within the health sector.

Kwale Health Forum, the Districts networking force of health service providers, encouraged the Digo Language and Literacy Project to work together with the **Ministry of Health Kwale** and other partners, to affect health information in villages, through an acceptable, effective manner.

What better way than by a health calendar using the every language, culture and traditions of the community it seeks to inform.

Alison Nicolle, technical assistant, Digo Language and Literacy Project explained:

"We are committed to providing the highest quality information to the Digo community through their language. Kwale Health Forum, by their networking, was able to link us to that information.

The District Education Officer, **David Mbaya**, in association with the District Health Management Team, selected the most appropriate health messages in line with the District Health Work Plan targets for 2003."

The result is an attractive calendar with each month featuring a different message, ranging from the importance of antenatal monitoring to the prevention of diarrhoea. Translating these messages into chidigo occasionally presented a challenge.

MESSAGES

Project Translator, **Rodgers Maneno** said:

"We want the Digo people to accept the truth of these messages.

"Certain phrases such as 'family planning' provoke very negative reactions, and so we had to be very careful when explaining the importance of spacing your children adequately.

"A knowledge of the beliefs and attitudes of the people you are addressing is essential in

choosing the most appropriate way to present the message."

Another way in which the calendar embraces the Digo culture is through the inclusion of proverbs.

"By referring to the traditional wisdom of the Digos we can show that the ideas in the calendar are not alien to them. People love to see their proverbs in print", explains the project literacy co-ordinator **Juma Mwayani**.

For example, the April health message, urging people to sleep under treated nets to prevent malaria features the proverb 'Sickness increases at night', while the May message featuring Voluntary Counselling and Testing for HIV/AIDS has the proverb:

"If you hide an illness you will be spoken of in mourning."

Others are a little more tongue in cheek.

The proverb accompanying the message on diarrhoea prevention reads:

"He who doesn't know how to groan has never been in pain!"

OBJECTIVES

The Coast Provincial Medical Officer of Health, **Dr. S.K. Sharif** expressed his appreciation to the representatives of the twenty eight organisation present, all with a direct interest in achieving the Districts health objectives, for their continued support and networking with the MOH Kwale.

He welcomed the health calendar as a cost effective tool in reaching the heart of preventative health needs.

The group were then led on a tour of Msambweni hospital to see at first hand how the Danida-Health Services Project, Coast, through cost sharing with the Hospital Management Team have within the year, refurbished the operating theatre, the kitchen, the main water tank and the mortuary.

The recently appointed Hospital Medical Superintendent, **Dr. Wanyoike Kamande**, and the Hospital Administrator, **Mr. Ben Oriko**, gave a brief background to this ten-year-old hospital.

It would appear that most of the ongoing problems of the leaking roofs and rotten wood work are due to very poor workmanship and materials used in the original construction.

Further interventions to continue to address these needs are being discussed.

The Hospital Management

team were encouraged to involve the local community, through its leaders, to share the responsibilities of effecting improved services and staff moral within the hospital.

The District Officer Msambweni, **Mr. G.K. Taragon**, emphasised the role of management and governance should be clear and functional.

He welcomed the interventions of the group in strengthening the hospital.

Mrs. Marianne Beekes, of Verkaart, a Dutch schools improvement programme, made a very generous donation of medicines and equipment to the hospital.



The Coast Provincial Medical Officer of Health, **Dr. S.K. Sharif** receives the first copy of the Digo Language and Literacy Project "2003 Kalenda ya Chidigo" from project assistant **Alison Nicolle**, (left) literacy co-ordinator **Juma Mwayani**, (centre) and the Kwale District Health Education Officer, **David Mbaya** (right)

She expressed hope that this donation is the start of a partnership with a Dutch hospital and Msambweni.

The Kwale Health Forum co-ordinator, **Eileen Willson**, urged all to give treated mosquito nets as Ramadhan or Christmas gifts for employees and friends to help achieve the national target to have all under fives and mothers sleeping under treated nets by the year 2007.

For further information, and to purchase copies of the Digo health calendar (KSh 30/- each) which will also be available in the Duruma language, or for copies of the Digo booklets on malaria or diarrhoea treatment (KSh 10/- each), contact the Digo Language and Literacy Project, P.O. Box 12, Kwale, or phone Alison Nicolle on **0722 878259** or Email Eileen Willson at Kwale Health Forum on kht@africaonline.co.ke



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Magic Fan
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RAMADHAN TIME TABLE						
	MOMBASA		LAMU		MALINDI	
Date	SUHR Closing a.m.	IFTAR - Opening p.m.	SUHR Closing a.m.	IFTAR Closing p.m.	SUHR Closing a.m.	IFTAR Opening p.m.
22/11	4.29	6.22	4.27	6.15	4.28	6.19
23/11	4.29	6.22	4.27	6.15	4.28	6.19
24/11	4.29	6.22	4.27	6.15	4.28	6.19
25/11	4.29	6.23	4.27	6.16	4.28	6.20
26/11	4.30	6.23	4.27	6.16	4.29	6.20
27/11	4.30	6.23	4.27	6.16	4.29	6.20
28/11	4.30	6.23	4.27	6.16	4.29	6.20

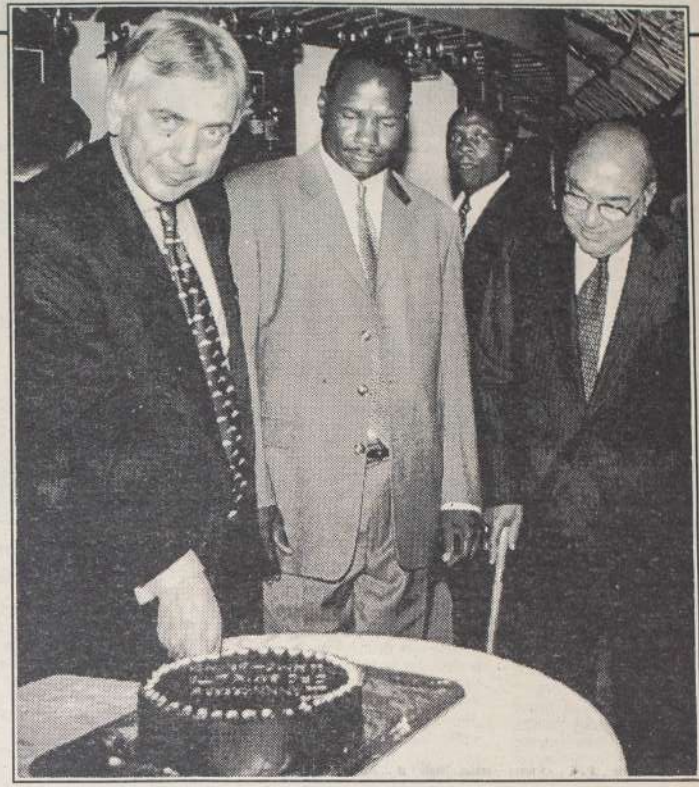
CBA STAFF SUPPORTS CHARITY



Commercial Bank of Africa (CBA) staff recently donated Kshs 200,000 to Mama Ngina Children's Home and the Nairobi Hospice. The money was raised through combined efforts by the staff - who forfeited part of their Christmas party allowance - and the management. CBA Managing Director, Isaac Awuondo (centre) is seen while presenting a cheque for Kshs 100,000 to children from Mama Ngina Children's Home.



NYALI BEACH HOTEL executive chef Bernard Kiplangat (right) seen briefing waiters and barmen from the Indian Ocean Beach Club during the Coast regional competition for the National Kenya Utalii College Tourism awards. Looking on (from left) are waiter Douglas Oniala, barman Samson Thomas Yaai and waiter Anderson Kenga. The competition drew close to 100 entrants from 16 Coast hotels. PHOTO - ANDREW KILONZI



CFC Bank Ltd UMHC Branch Marks One Year

CFC Bank Ltd Managing Director, Mr Robert Barry (left), cuts a cake to mark the first anniversary of the bank's Upper Hill Medical Centre branch. In the picture is CFC Bank Ltd Chairman (right) Mr P K Jani and CFC Bank UHMC Branch Manager, Mr John Achoki (centre). The branch, CFC's third outlet in Nairobi, targets a niche market of doctors and other professionals, as well as corporate organisations located in the area. CFC also has a branch in Mombasa.

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A WONDERFUL way in which to escape from a stressful life for a few days is, undoubtedly, in Dubai where you can effortlessly relax, sink into up-market comfort with matching service in an eco-friendly environment and great hospitality.

It is just four hours flying time away from Nairobi.

While there I was invited to an 'Indulgent Tea' at the magnificent Burj Al Arab - the only 7-star hotel in the world, its nautical design being of a sail towering 321 metres above a man-made island - 'a tribute to opulence, ingenuity and, of course, Arab spirit'.

On top is a helicopter pad!

For the Sahn Eddar Afternoon Tea I sat in the heart of Burj Al Arab - a most ornate and towering lobby with Atrium - filled at that time with exciting Arab music provided by a live orchestra.

This lavish tea commenced with Champagne and a small plate of huge blackberries and strawberries with cream, followed by freshly baked scones, Devonshire Cream and home-made jam.

Afterwards a variety of 'finger' sandwiches with tasty fillings, including salmon, then tempting pastries attractively presented on a three-tiered silver tray.

Seven different teas were offered and the indulgence theme ended with 'sweetmeats'.

There I was suitably impressed on hearing that everything of a gold colour had been made from gold leaf and that a fleet of 18 white Rolls Royce is available to take guests shopping accompanied by a Butler!

Shopping In Style - Nearby Dubai City Has It All !

I liked the idea!

This '29 floor' hotel (each being of two levels) offers only 'Duplex' suites - 248 of them in seven different types, size and rates.

All are elegantly furnished, some tables being topped by blue marble with amethyst running through it, this material coming from a mountain in Brazil bought specifically for this purpose.

There is an elegantly curved and carpeted staircase with gleaming handrail, while some have lifts.

I heard that the Royal Suite has around eleven bedrooms!

Of the four restaurants one - the Al Mahara, specialising in seafood, is accessed via a short simulated submarine ride enabling guests to dine with the feeling they are underwater on being surrounded by aquariums filled with colourful marine life from the Arabian Gulf.

For added relaxation the hotel offers the Assawan Spa in a soothing environment with indoor swimming pools, Jacuzzi Baths and skilled Therapists'.

From the Burj Al Arab is a most impressive panoramic view over Dubai and the work presently taking place on the man-made Palm Island, said to be the only such island visible from outer space.

There is a big rush to have a Villa there.



ULTRA-MODERN skyline of busy down town Dubai - Building activity is very noticeable as it is taking place virtually everywhere, mainly villas and flats.

The hotel is part of the Jumeirah International group.

Others in Dubai are the 5-star Jumeirah Beach Hotel, also Emirate Towers, Wild Wadi Water Park, Jumeirah, Beach Club, World Trade Centre Hotel and Madinet Resort.

In London it has Carillon Towers and Lowndes Plaza.

ABU DHABI

I was also invited to dinner in the only revolving restaurant in Abu Dhabi where my gourmet meal included the most delicious oysters from France.

It is on the 26th floor of the 5-star Abu Dhabi Grand Hotel from

which are superb views over the city and mosques with colourful minarets.

There I heard that Abu Dhabi comprises 90 per cent of the land area in UAE.

Of a population of around 3 million in UAE about 1 million reside in Abu Dhabi.

It took about 1½ hrs. to get there from where I was staying in Dubai along immaculate, well lit and traffic controlled roads.

However, a big problem there it seems is the desire of some drivers to change lanes in front of fast moving cars without indicating.

One night in Dubai I enjoyed a sundowner and BBQ in the

desert.

It took just three-quarters of an hour to reach.

There were sand dunes but nothing like those where drivers go specifically for Dune and Wadi Bashing.

There was a stunning sunset.

We built our own camp fire from dead brushwood lying around and got our BBQ kit going.

Under a moonlit sky and ringed by glowing candles we enjoyed a feast of food and drink in what seemed like a dream like world of our own on planet earth.

It was a great social occasion and all being responsible people we collected the debris and took it home leaving the area we had

occupied in its natural state. Driving over sand dunes at night does test one's driving abilities!

Also visited was the Yacht Club, Century Village - an al-fresco restaurant with trees garlanded with sparkling necklaces, a live band and offering mouthwatering steak.

Next door is the Irish Village with band and vocalist with a repertoire of lively Irish ballads.

RESTAURANTS

Their Irish Coffee is the greatest.

Shopping Malls are huge and beautifully designed containing an awesome selection of goods from all over the world, including fruit and vegetables. There is also a very 'with it' Marks & Spencer.

Although this was not 'Shopping Festival' time, bargains were being offered everywhere including M & S.

Karama is also a very popular shopping area with more boutique style clothes. Dubai also offers a variety of inexpensive restaurants and hotels.

Building activity is very noticeable as it is taking place virtually everywhere, mainly villas and flats. It was also interesting to see some public benches fitted with sun umbrellas!

For my 'buggy' ride at Dubai Airport I had a lady driver.

Dubai is developing fast and it is hats off to the Arab rulers for taking the UAE into the future with so much vision and a better life for all.

Despite collecting two cracked ribs - I had a lovely time there!

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SCIENCE TRIUMPH FOR 'SHREE SWAMINARAYAN ACADEMY'

The Shree Swaminarayan Academy overcome all the odds at the National Students Congress in Science held at Meru Kaaga Girls high school to be come the fourth overall school in the nation.

To reach this level they had proved to be the Mombasa district champions and then the Coast provincial champions.

They scooped a first position in mathematics talk on coordinate systems presented by Amit Bhudheo and Yogesh Solanki, a third position in the physics talk on millennium automobile presented by Aliasghar Ganiwalla and Kunal Rathod.

The science club patron Mr Gioko confirmed that the competition was very stiff and only one point separated the school from the third position.



WINNING team posing with their patron Mr Duncan Gioko are (from left) Amit Bhudheo, Yogesh Solanki, Kunal Rathod, Aliasghar Ganiwalla and Hemal Patel.



TAEKWONDO UPGRADING

AN UPGRADING was recently conducted at Tudor Junior Academy. A total of 27 participants took part from five schools namely Jaffery Academy, Citadel Academy, Jaffery Nursery, Tudor Junior Academy and Arya Primary School.

Seen in the picture is coach William Mwaura with Mujahid Zahir (one of the most outstanding pupils in the art).

LIONS CLUB OF MOMBASA PWANI



PROPOSED WATER project by Lions Club of Mombasa Pwani and Ramsena at Amani Primary School. Initiated on Saturday 5th October, 2002. Standing from (left) Deputy Headmaster, Mr. Festus Njiru, Harish Hirani of Ramsena, the school treasurer, Mr. Omar Kombo, Harish Varsani, Mauji Suthar, Arund Varsan , Lion Avinash Shah, Chairman of Lions Club of Mombasa Pwani, Kanti Bhudia, Mr. Cosmas Mutie - Headmaster of the school. Sitting (from the left) Pravin Bhudia, Pravin Hirani, Lalji Hirani, Naran Pindulia, Kishore Patel, Charles Okello, Chairman of the School. Sponsors Of The Project Are: Harish Ratilal Mulji & Family, Lions Clun of Mombasa Pwani and Ramsena.

Taste the sweetness of Eid ul fitr.

This is a happy time for the whole family - a time to make sweet memories. This festive season, we are giving away free booklets containing twelve (12) delicious recipes. Just send in any 3 labels of the following products; Nestlé Ideal Evaporated Milk (410g), Nestlé Sweetened Condensed Milk (397g) or Nestlé Dessert Cream (310g), with your name and address to Nestlé Foods (K) Ltd. P.O Box 30265 Nairobi, 00100. So, enjoy the rich creamy milky goodness and get a free recipe booklet.

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The Winner for the Shopping Voucher is: **JAGE PANDHAL**

Next weeks Prize will be: 2.5 Kg/L of Yul's homemade Italian Icecream @ Value of 2,500/-

The Second **November Monthly Mug** was sailed in steady Force Two winds.

Seven boats on the water was a higher than average entry, caused by the schools now being on holiday and our cadet fleet out in force.

Vanguard with Vimal Shah on the helm and ably crewed by Rocky Ellis was the only boat on the first start but hardly cleared the line due to a misunderstanding on time before Marylyn Barnes in Ishilia set off.

She appeared to be a woman with a mission, determined not to let the following fleet of 5 boats to catch her.

Barry Mitchell and Mandy Dane in Tally-Ho! made a sterling attempt to close the gap but on their one passing encounter hailed to Ishilia that they were having trouble catching her.

Bunkeroo, Omar Mbithi and Steve Ogada - old hands sailing together were the leading 420, the first of the four on the water.

It was excellent seeing so many 420s out, after a group of the lads led by Samuel Ndaroo had spent the day working on the boats to get the fourth one in commission.

Samuel disadvantaged himself by taking the one boat, DHE Mermaid, that has not been sailed for a considerable time and was not tuned for racing.

He sailed with Harold Otieno who had been putting his KSCE exams before his sailing, but has returned ready to sharpen up his racing skills once more.

They swapped places with Stothert and Pitt, Kevin Mwandau and Kevin Omondi in the early stages of the race, while Mikono Mingi, Edward Omondi and Teddy Ndaroo were late on the water and stood little chance of

BUNKEROO HOLDS THE LEAD IN THE EDWARD WILSHAW TROPHY

catching up.

The results were 1st Ishilia, Marylyn Barnes, 2nd, by three seconds Bunkeroo, 3rd Tally-Ho!, 4th Stothert & Pitt, 5th Vanguard, 6th DHE Mermaid, 7th Mikono Mingi disqualified.

A wonderful morning was spent on the water with 18 youngsters and 15 boats on Saturday 16th November.

Arjun Sondhi was persuaded to sail alone in Rolis Koyce, coaxed by Samuel Ndaroo to get off the beach with a crew, then deserted after five minutes as Samuel swapped to the rescue boat.

His friend, Brian Harding in Bamburi Cement was pleased to sail alone.

After starting sailing at 6 years old, now 8 he no longer needs additional weight in the boat to keep it upright, but enjoys the extra turn of speed he gets from sailing alone.

Peter Scott in DHE Free Willy completed all the exercises and sailed off into the distance with Sam Bartlett in Coca Cola and Sam Wysoca-Wright in Freight Forwarders, who decided it was more fun to scream backwards and forwards than stick with the fleet and learn more about sailing.

Babu Muoki in PEM Lady Barrister sailed with Khadija Bhujiwalla, taking turns at the helm to complete the assessment

for sail setting, trim, balance, centre board - four of the five essentials in sailing.

Hannah Clark paid us one of her rare visits sailing The Merry Mariner and she as always handles the boat well.

Crispus Kilemba in WEC Rotterdam, Frances, Scott in Stanray I and Patrick in Mean Mercury Machine paid attention to the lengthy theory before taking to the water and were able to demonstrate their comprehension.

Capsize drill was the highlight of the day with Joseph Kahindi in Stanray I performing the most spectacular one, while others managed to capsize and right without getting their feet wet.

Grayson Ochieng in Barnaby sailed without incident, today's exercise focusing on right of way of boats and awareness of port and starboard tacks.

Edmund Scott in Wanainchi Marine's Trophy Sieger entered into the spirit of things, making everyone aware of his presence on starboard tack - a very useful exercise Edmund.

The 420s were out and about - they were banned from capsize drill, but otherwise were being watched very carefully on how they coped with the five essentials of sailing.

Matt Clark and Javed Jiwaji in

Bunkeroo and Kevin Omondi and Teddy Ndaroo in Stothert & Pitt are now experienced teams who are able to demonstrate their sailing skills in the bigger, more lively boats.

Sunday 17th November saw the start of the **Edward Wilshaw Cup** series.

The trophy was presented to the Yacht Club by the Officers of the cable laying ship of the same name in 1952.

Chris Barnes in Chanzo was the lone starter in the second start, there being no slow boats on the first start, this not being a great race for a little Topper and no Bosuns were being entered.

Barry Mitchell is always tempted to join the Sunday racing fleet as this race takes the boats out round the channel buoys on the sea front and this year was no exception as he entered in Tally-Ho! with daughter Mandy Dane and Peter Mwangi, a double crew in anticipation of the conditions in the open sea.

Two other Ospreys, Meteorite, Kalim Hassanali and Rocky Ellis, the latter getting a last sail in before he returns to a very wet England and counting the days until his next holiday in Mombasa which is reported to be February and Into the Blue, Gordon Schofield and Paul Baker.

Paul is back in Mombasa after a year in the UK and very welcome back at the yacht club.

Three 420s were also out to play - Bunkeroo, Omar Mbithi and Steve Ogada, a very competitive combination, Stothert & Pitt, Samuel Ndaroo getting towards the end of his sailing days in Mombasa, crewed by Kevin Mwandau and DHE Mermaid, sailed by Edward Omondi, back after months away and crewed by Teddy Ndaroo.

A lone Fireball - Cat's Paw, Marylyn Barnes and Andy Burnard, making it hard to know how they are going with no one to race against, but they were well aware that they slipped out of the harbour in double quick time.

The sail out with a triangle round the outside buoys was very enjoyable and the finish very close.

Cat's Paw took line honours and scraped a 1st place by 6 seconds ahead of Bunkeroo.

Stothert & Pitt squeaked in 6 seconds ahead of Chanzo to take 3rd place, 5th was DHE Mermaid, 6th Tally-Ho!, 7th Meteorite, 8th Into the Blue.

The second race was a sea start, ably arranged by Roy Barnes and his team.

Unfortunately Cat's Paw missed the start as she had rigging problems with the spinnaker which had identified itself in the first race and nearly cost them the race, but had a worse effect in the second race.

The fleet took off to Green Serani while Cat's Paw was still sorting herself out.

When she started she fell foul of a small tanker leaving the port, had to sail below her and suffered her wind shadow as the other option of crossing ahead as she swung to starboard to exit through the channel was not an option.

It was more like an obstacle race than a speed event as a huge ship entering the port then produced such a wake that the boats had to adjust their course accordingly and were like corks bobbing on top of two metre high waves before careering down the other side.

Cat's Paw could not afford to gybe on Red Inner but had to hold her seaward course until some of the waves had dissipated, but once round and spinnaker up she sailed off like a wild thing catching the three boats ahead of her before the fleet turned into the run back up the harbour which was broken up by short beats to add variety.

Cat's Paw took line honours again, but could not recover her time loss, taking 4th place.

Chanzo had a great race with Bunkeroo - very hard for a single sail boat to hold off a three sail

boat on a run and reach.

The two boats changed places several times culminating in a very close finish with three boats.

Chanzo, Chris Barnes crossed the line first claiming 1st place by five seconds ahead of Bunkeroo, 3rd by eight seconds Stothert & Pitt.

The Laser and 420s have the same handicap so it is very clear who is the winner of this closely fought race.

5th was DHE Mermaid, 6th Meteorite, 7th Tally-Ho!, 8th Into the Blue.

The next two races of this six race series will be held on 1st December, with Bunkeroo holding the lead with 4 points, ahead of Chanzo and Cat's Paw who each have 4.75 points.

Sady Samuel Ndaroo who currently holds six points will not be able to complete the series as he leaves to study aeronautic engineering in Kansas, USA.

He has been an important member of the Club for 6 years and as he has grown up his help in maintaining the boats and assisting with sail training has been invaluable.

He has also gained a lot from sailing and his membership of Club, having sailed with Alstar Barnes in Simons Town, South Africa, Sydney, Australia and Morgat in France.

We wish him well and hope he will continue to be a great ambassador for Kenya and in particular Mombasa Yacht Club and we hope to see him back on day.



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HELPFUL HOUSEHOLD HINTS

- Add a little vinegar or lemon juice when boiling rice to have white, fluffy and separate grains of rice.
- Pour hot water on left over pieces of toilet soap and add a little washing soda to it. Immerse your towels into this liquid for an hour and wash the towels. They will be as clean as new.
- Wipe your windows and glass panes and also door grills with kerosene to keep away cobwebs and flies.
- To get more juice from citrus fruits like oranges, lemons or tangerines, deep them in hot water for 5 minutes or in micro wave for 20 seconds and then squeeze.
- Remove tea and coffee stains from the interior of thermos flask by putting a crushed egg shell, a little soap and hot water. Shake well and wash. The stains will immediately disappear.
- The water used for soaking dal (lentils), rice, vegetables should not be thrown away. In stead use it for watering potted plants. The plants will grow more healthy than they normally do.

Murtaza Saeed, Mombasa. saeed@qualitygm.com

Leguminous Trees Provide For Low-Income Farmers In Drought Regions

Hundreds of thousands of maize farmers in Eastern and Southern Africa are raising one to four tonnes more by planting leguminous trees along with their crops, and zero to one tonne in drought-stricken regions, writes **Paul Stacklin**.

Leguminous trees have been found to be superior to herbaceous legumes, such as alfalfa or clover, because the trees grow in the same season as the crops do, rather than growing in alternating ones.

Dr. Pedro Sanchez, of the International Centre for Research in Agro Forestry (ICRAF) and a visiting professor at the University of California at Berkeley (UCB), and his colleagues who have researched fifteen species of leguminous trees and have discovered that the best of them produce 100-200 kg of nitrogen per hectare.

The trees can be planted at the start of the rainy season as food crops are.

They grow slowly at first and so do not interfere with the crops.

grow three meters and provide wood for poles and beans to eat.

More importantly, these trees shed leaves that will enrich the soil when they are mulched into it.

Yet another advantage of leguminous trees is that secretions from their roots cause which weed to germinate earlier than usual, and so too early to harm the crops.

Everyone knows that nitrogen-producing plants enrich depleted soil, it is Dr. Sanchez's insight to realize how much better leguminous trees are than herbaceous legumes at this.

His research shows that one tree produces the rough equivalent of the artificial fertiliser per hectare that would have to be purchased.

Leguminous trees are common in the tropical and temperate zones.

Find out about the most suitable species in your area and plant them.

I encourage everyone reading this to inform farmers that you know or people who do know some farmers and pass along this knowledge

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ELEPHANT AT SHIMBA RAIN FOREST LODGE

BRITISH visitor Mrs Ann Hawkins from Staffordshire, U.K. has enjoyed a fascinating safari through the Shimba Hills Game Reserve, followed by an evening at Block Hotel's famous Shimba Rain Forest Lodge.

During her day in the game reserve she saw a large herd of buffalo, an ostrich having a dust bath, several well-fed warthog, a variety of buck, two giraffe, a troop of baboons, an elephant mother with her metre-high baby 'jumbo', and several spectacular birds of prey including two beautiful fish eagle.

While enjoying a 'sundowner' on the forest terrace at Shimba Lodge she watched a big 'tusker' peacefully graze off the reeds and tall grass surrounding the water hole.

A rare thrill was to witness a crested eagle vainly attack a very agile (one metre) monitor lizard, which managed to break free from the bird's talons and fall back safely into the water.

There was also a rich collection of late afternoon water fowl and other small forest birds to be seen, together with several very tame bush babies (apparently regular visitors to the main bar) and a resident red forest squirrel which had to be chased out of the bedroom.



ELEPHANT WATCH:
British visitor Mrs. Ann Hawkins takes in the view over the main water hole from her bedroom at Shimba Rain Forest Lodge. Inset - the magnificent 'tusker' who spent just over three hours up close under the main bar of the lodge.

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Big Black Marlin Return To North Coast Waters

Black marlin raised excitement levels for Mtwapu anglers last week and one of these magnificent fish was caught on Thursday.

There was double delight to this catch as it was made by Bob Brenneisen on *Bado*, and was the second marlin of the season for the boat.

Bob had gone out to sea mainly just to get some fresh air, but when *Bado* was riding the gentle swell three miles off Vipingo, something knocked down an outrigger boat.

Some minutes later Bob saw the fin of a marlin cutting the waves and soon afterwards one of the lures was pounced on and ripped away from the bending rod.

The fish streaked for the horizon, taking hundreds of meters of line from the reel.

It jumped once, clubbing at the sky with its bill, and then the heavy rod work began.

This went on for forty minutes and eventually the fish was beside the boat, its graceful scythe tail still upright, defeated but not destroyed.

When it was set free after being tagged, it sped away again, a miracle of grace and power.

Bob had some further rod work to do that day when he caught a lively dorado of 9.2 kilos that leaped about the ocean in the golden gleam of its splash and fall.

On the same day, another marlin was hooked by an Italian angler on Elegio Battaia's boat, *Inca*, but this one set itself free after bending the rod for a while.

However, *Inca* had a decent catch of some other fish, two kingfish and some yellowfin tuna of about nine kilos each.

And on Saturday the third marlin of the week was hooked by an angler on Walter Brun's boat *Baloo*, but this one also had the last word and broke free after twenty minutes.

A fourth marlin was seen on Sunday, showing its back and fin quite close to the coral reef as it chased after batfish near *Paw-Paw*.

This Yamaha canoe was also chasing the bait, with Munar Dhanjee and Hershil Rawal having fun catching them on light spinning rods.

These were the fish called torpedo, and they do shoot through the sea like missiles, strong little fish.

The *Paw-Paw* team caught nine of them and also a rainbow runner and a golden trevally.

Munar had been doing inshore fishing regularly during the week and had some good catches of mangrove snappers and lesser trevally.

Trevally were also caught by Rolf Gaete who was fishing with James Adcock on the Sesse canoe *Samvuke* on Thurs-day.

He boated two small giant trevally and a big-eye trevally of 3.4 kilos as well as a fair sized kingfish of eleven kilos.

The trevally were eating mantis prawns, which have been swarming in our waters for three seasons now, a phenomenon that is one of the surprises of the sea.

Another surprise was the big-eye trevally, which were massed in shoals like bonito, and in all his years of fishing this coast James had never seen so many of them.

Hafiz Mangalji's boat *Maverick* was catching trevally nearby that day, and got a couple of kingfish too.

TORPEDOES

But *Maverick's* biggest catch, in numbers anyway, was made the day before, with thirty-two torpedoes being boated.

Enough torpedoes to blow a whole fleet of fishing boats out of the water, so that one hopes Hafiz will only be using them as marlin bait.

These torpedoes are also known by their local names of *Soli* and *Fua Maji*, the second meaning 'Lauder the Water'.

A puzzling name that, perhaps explained by the way the fish might beat the water white with their tails.

James Adcock caught one of them on Saturday on *Samvuke* and Neil Reed who was fishing with him caught a good sized kingfish of 16.3 kilos, over thirty-five pounds, and a smaller one of 9.1.

They also saw a lot of turtles

and then in the entrance to Mtwapu creek there were eight dolphins showing their shiny backs. Their dorsal fins had the strange double bump that identified them as humpback dolphins, a shallow water and inshore species.

It is wonderful to have these animals in our waters, the wildlife of the sea, not so well known as the elephant and the lion, but part of Kenya's unique animal panorama.

Still on the subject of wild-life, a Belgian angler was fishing on Howard Lawrence-Brown's boat *Kipapa* during the week, a man blessed with the stupendous name of Jean-Paul Lion.

This 'Bwana Simba' had four good days on *Kipapa*, with a catch of a sailfish tagged and released, a heavy wahoo of thirty kilos, a kingfish of fourteen kilos and nine barracuda.

With the marlin in our waters, lots of other fish tailing the blue, and catches somewhat improved, the prospects for the *Eye Go Fishing* competition this Sunday are good.

Whatever the fishing, there will be the fun of the event, starting with an auction and get-together at *The Moorings* on Saturday evening.

Beyond the fun and the fishing the objective is to raise money for the Kwale District Eye Centre.

Imagine the life of someone who can say, "Once I was blind, but now I can see."

Last year 333 people who were blind were given the gift of sight by the Centre, and over a thousand cataract operations were performed.

One four-year-old child was born blind but can now see.

This is the work that the competition aims to contribute towards, with the auction, the fishing and the prize-giving event on Sunday afternoon.

All will be held at *The Moorings*, Kenya's only floating restaurant, just up the creek from Mtwapu Bridge.

Not as far up the creek as one of Mtwapu's most notorious teams of anglers, the 'Smuggler contrabandists', James Knight and Mike Keates

These two negligent navigators seem to have mislaid their boat altogether this season, forgotten where they put it, are trying to remember when they saw it last.

Around town you may find them in late-night bars enquiring of puzzled strangers if they have seen a boat thereabouts, sort of pretty with *Smuggler* painted on the bows.

So once again they are having to rent space on another boat, a Mombasa boat, the traitors, Eligio Battaia's *Inca*.

A boat to stay away from, manned by such desperados, eye-patches, cutlasses in the teeth, wooden legs and all.

Better get a good look at what kind of flag Eligio is flying.

And hope they haven't got any torpedoes on board.

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Mohamed Ismail gewinnt Kunstpreis in Amerika

DER IN MOMBASA geborene **Künstler Mohamed Ismail** hat bei einer Kunstausstellung im Hyatt Hotel in Minneapolis USA im Oktober den "Best Show Award" gewonnen.

In der Ausstellung "Natur in der Kunst" waren Werke aus USA, Kanada, Großbritannien und Australien zu sehen, mehr als hundert Bilder in Acrylic, Öl, Aquarell, Pastell und Bronzeplastiken.

Es gab sie in allen Größen, von Miniaturen 6 x 8 Inches bis zur

Bericht von **Stephan Crane** in der "Duluth Times"

Leinwand 40 x 100 Inches, die eine ganze Wand einnahm.

Das gewinnende Gemälde von Mr. Ismail war 20 x 24 Inches Öl auf Leinwand und zeigte einen Kronenadler.

Es ist ein Raubvogel, der in den Wäldern lebt und mit Vorliebe Affen fängt in den Aberdare Mountains in Kenia.

Er kommt aber auch im Shimba Hills Nationalreservat vor, wo er Colobusaffen und sogar junge Warzenschweine jagt.

Mr. Ismail hatte drei Bilder von Weltklasse ausgestellt: den Kronenadler, ein schwarzes Nashorn, genannt "Territorial Impact", und einen Geparden, genannt "Focal Point".

Die Titel hätten nicht treffender sein können.

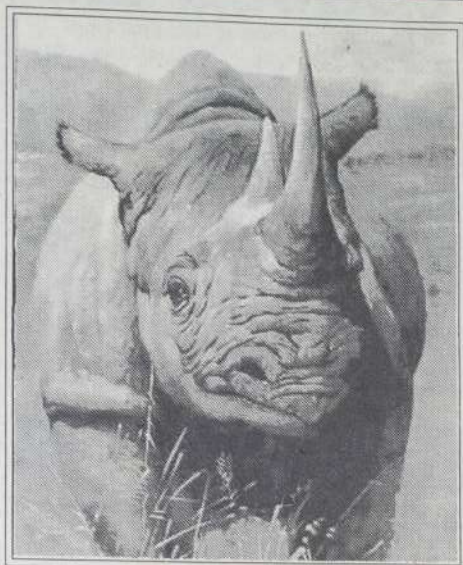
Mr. Ismail ist ein erfahrener Ethologe und Zoologe, der sich in Afrika bestens auskennt.

Er hat viele Jahre im afrikanischen Busch verbracht, um die Verhaltensweise gewisser Tierarten zu studieren.

In seinen Bildern sind Licht und Bewegung bestens aufeinander abgestimmt, wenn er mit kräftigen Pinselstrichen die Stimmung und Atmosphäre klar zur Geltung bringt, was ihm auf diesem Spezialgebiet der Kunst kaum jemand nachmacht.

GEPARDEN

Das Bild mit dem Geparden hat er gespendet, um Geld zu



"Territorial Impact" - ein schwarzes Nashorn in der Wildnis.

sammeln für Naturschutz und bei dieser Auktion wurde ein beträchtlicher Betrag für einen guten Zweck erzielt.

Es war eine großzügige Geste von Mr. Ismail, der damit seine Dankbarkeit ausdrückte für das, was ihm Afrika mit seiner extotischen Tierwelt gegeben hat.

Die Ausstellung wurde später in Scottsdale, Arizona, und dann in Dallas, Texas, gezeigt.

Mr. Ismail hielt nach der Ausstellung in Minnesota Vorträge als Gastreferent in Los Angeles an der University of Southern California.

Er war auch anwesend bei der Herausgabe des Buches "Planning and the Human Condition", das sein langjähriger Freund **Professor Melville C. Branch** geschrieben hat.

Von dort reiste Mr. Ismail nach Arizona und nach Istanbul, bevor

er nach Kenia zurückkehrte.

In einem Interview gab er bekannt, dass er auch Bücher geschrieben hat und mit dem Ornithologen **Dr. Robert Tory Peterson** in Afrika und in der Antarktis zusammen gearbeitet hat.

Mr. Ismail schreibt gegenwärtig seine Autobiographie "The Seeds of Eternity".

Als Botaniker hat er große Erfahrung und Kenntnisse der Flora im Tsavo-Nationalpark sowie in ganz Ostafrika.

TIERSCHUTZ

In den sechziger Jahren arbeitete er in Kenia mit verschiedenen damaligen Game Warden wie **David Sheldrick, Ken Smith, Denis Zaphiro und Dave McCabe** an Studien über Tierschutz und Management.

In den achtziger Jahren

machten die Experten von USAID bei ETMA in Nairobi Gebrauch von Mr. Ismails Talent, um die Liste über die Flora in Mangrovensümpfen, über die Ökologie und die gefährdeten Pflanzen entlang der kenianischen Küste zusammenzustellen.

Ein früherer Kunde von Mr. Ismail berichtet, dass dieser in den letzten 36 Jahren Safaris durchführte in abgelegene und schwer zugängliche Gebiete wie Selous Game Reserve, Ruaha, Katavi, Mahale und Gombe Stream Nationalparks und die Wildnis der Malagarasy Sümpfe, des Kukwasee, von Kondoa und Songea erforschte.

"Man muss schon verrückt sein, um Mr. Ismail auf solche Expeditionen zu begleiten und muss wie er von einem unstillbaren Drang nach der wilden, unberührten Natur besessen sein," sagte **Dr. Gonzalo Sanchez**.

Das war ein Kompliment für einen Mann, der sein ganzes Leben lang Abenteuer gesucht hat.

Dr. Sanchez sagte ferner, dass Mr. Ismail die Vögel nach ihren Stimmen identifizieren kann: die grüngefleckte Waldtaube, die perlgefleckte Eule, Fink und Star, Lerche, Goldamsel, Drongo und Kuckuck, Barbet und Specht.

"Solche Männer sind heute selten und wir müssen von ihren Kenntnissen Gebrauch machen, bevor sie uns verlorengehen."

Mr. Ismail ist ein wagemutiger Reisender und es ist ein Privileg, wenn man ihn erzählen hört von seinen Reisen, von seinen Erlebnissen mit wilden Kreaturen in Afrika wie zum Beispiel Schwimmen mit einer Storm's Wasserkobra im Tanganjika-see.

Er hatte viele gefährliche Begegnungen mit Mambas, wurde in der Wüste Gobi vom Sandsturm überrascht und war 24 Stunden lang in einem Sturm von 100 Meilen pro Stunde am Kap Horn steckengeblieben an Bord eines russischen Eisbrechers unterwegs nach der Antarktis.

"Solche Künstler, Abenteurer und Forscher fallen nicht vom Himmel und sind wie der Wind heute hier und morgen dort."

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DER FASTENMONAT RAMADAN

WÄHREND DES heiligen Monats Ramadan halten die gläubigen Muslime auf der ganzen Welt die strikte Fastenzeit ein, ein religiöses Gebot, das von anderen Religionen in unterschiedlichen mehr oder weniger strengen Formen von den Gläubigen befolgt wird.

Ramadan ist der 9. und der wichtigste Monat im islamischen Kalender.

Das Gebot - eine Säule islamischen Glaubens - erhielt der Prophet Mohammed am 13. Februar 624 n.Chr. im zweiten Jahr nach seiner Flucht von Mekka nach Medina (Hedschra erfolgte 622 n.Chr. und ist der Beginn der islamischen Zeitrechnung).

Da sich der muslimische Kalender nach den Mondmonaten richtet, beginnt Ramadan jedes Jahr elf Tage früher.

Nach dieser Zeitrechnung befinden wir uns heute im Jahr 1423.

An der kenianischen Küste gehört der Großteil der Bevölkerung dem islamischen

Glauben an und in der Altstadt mit ihrem typisch arabischen Charakter findet man immer noch die meisten der über 60 Moscheen Mombasas.

Der Fastenmonat Ramadan, der am 6. November 2002 mit dem ersten Erscheinen der Neumondsichel begann, ist eine harte Prüfung für die Muslime und bedeutet eine Umstellung ihres gewohnten Lebensstils.

Straßen der Stadt

Fastenzeiten und Betzeiten müssen genau eingehalten werden und nach zwei bis drei Wochen fällt es vor allem den Berufstätigen schwer, sich bei dem ständigen Schlafmanko auf die Arbeit zu konzentrieren.

Nach Sonnenuntergang beginnt ein ernstes Treiben in den Straßen der Stadt, denn jetzt wird das Fasten unterbrochen durch einen lang ersehnten schwarzen Kaffee, heißen Tee, Kokosmilch oder auch nur kaltes Wasser, wenn gerade nichts anderes zur Hand ist.

In Mombasa ist die Szene besonders ausgeprägt in der großen Kurve der Digostraße zur Abdel-Nasser-Straße, in der Nähe des Gemüsemarktes.

Gegen Abend strömen die Menschen in Scharen zu den Bergen von Kokosnüssen und zu den Straßencafés.

Fasten verbindet und wird von allen Leuten, arm und reich, gleichermaßen durchgeführt.

Während die Männer sich in den Moscheen zum gemeinsamen Gebet versammeln, sind die Frauen zu Hause mit der Zubereitung der Hauptmahlzeit *Futari* beschäftigt.

Viele der pikant gewürzten Suaheligerichte werden in Kokosmilch gekocht.

Nach Mitternacht wird eine kleinere Mahlzeit *Daku* eingenommen.

Zwischen *Futari* und *Daku* beten die Frauen zu Hause und lesen im Koran oder sie wandern in ihren schwarzen Umhängen, genannt *Buibui*,

durch die Straßen, besuchen Freundinnen und tauschen mit ihnen Essen und kleine Geschenke aus.

Nach dem *Daku* steht einem wohlverdienten Schlaf nichts mehr im Weg bis um fünf Uhr früh, wenn es Zeit ist für das Morgengebet und ein neuer Fastentag beginnt.

Das Ende der Fastenzeit wird mit dem gesetzlichen Feiertag *Idd-ul-Fitr* zelebriert, wenn um den 6. Dezember wiederum die Neumondsichel am Abendhimmel gesichtet wird.

Idd-ul-Fitr

Der Monat Dezember ist dieses Jahr nach *Idd-ul-Fitr* angefüllt mit Feiertagen.

Am 12. Dezember ist Nationalfeiertag (39 Jahre Unabhängigkeit), dann wird Weihnachten am 24., 25. und 26. gefeiert, anschließend finden ab 27. die Wahlen statt mit 1-2 freien Tagen und am 31. Dezember, am Silvester, wird das alte Jahr verabschiedet und das Neue Jahr mit Partys und Feuerwerk eingeleitet.

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1	2	3	4	5	6	7	8	9	10
11									
13									
16	17	18					19	20	
21									
24									
26									

CROSSWORD NO. 598

NAME.....

ADDRESS.....

ACROSS:

- Dual nationality, it appears on the surface [6,6]
- Letter composition of minor company [7]
- Was cleaning lady about, anyway, to provide this? [3,4]
- Back-no, it's round at the depot [7]
- Most splendid church begins to be encompassed by strange rites [7]
- He gets up the step [5]
- Ball race broken, nothing to add; gentleman can go by horse [9]
- A Curia rule pointlessly made up concerning confessions [9]
- Wallet for share certificates [5]
- Having striven, disordered, turns over [7]
- Comfortable, half full in artist's stand [7]
- Send into quarters for solitary [7]
- Supervise poetry in Old English [7]
- Stars of usual conversion, converted to one of these like stars appearing [4,2,6]

DOWN:

- Instinct fights about when to fast [7]
- Sooner peer - that is right [7]
- Oil-can can be made according to rule [9]
- This horse is champion in practice start [5]
- Cyril alters restlessly, turns poetic [7]
- Scene in which the French rise up with unequal sides [7]
- Actions, verve - that would be a change for the party! [12]
- Preacher, go and cast spell in other assembly! [3,9]
- 14 takes a pole in place of fifty to build his home town, possibly [9]
- I arrive dishevelled at the coast [7]
- Hearty company right face [7]
- Of charity, possibly, resists change [7]
- Umpire employs and declines [7]
- Bundle he goes in safely halfway [5]

ANSWERS TO CROSSWORD NO. 597

ACROSS: 1. ADAM'S WINE, 6. CHUCK, 9. LEVEL, 10. TIT FOR TAT, 11. YANKING, 12. RHUBARB, 14. YOURS TRULY, 15. CHAT, 16. AMEN, 19. SHREWSBURY, 23. DARLING, 25. THERESA, 26. GREAT BEAR, 27. DROIT, 28. MISER, 29. ERDINGTON, 31. SILLIEST, 4. INTEGER, 5. ENTHRAL, 6. CHORUS, 7. ULTRA, 8. KIT, 16. HOUSEBOAT, 17. ESSENCED, 20. HYGIENE, 21. ENTERED, 22. WINTER, 24. REELS, 26. GEM.

WINNER OF CROSSWORD NO. 597
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Karim & Tina Karachiwalla are pleased to announce the birth of their daughter **Aliza** on 23rd October 2002 with the blessings of the Almighty Allah.



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Excellent Entry For Third Annual Mombasa International Triathlon

Mombasa International Triathlon Challenge was a show of speed, power and endurance, writes **Suleiman Said**.

The event lived up to its promise of thrills, sportsmanship and good organization.

The organizers have achieved a great feat in less than eight months for the City of Mombasa.

By 1:30 p.m. the venue was teeming with anxious participants and spectators who thronged the seashore at Fort Jesus to witness the event.

At 2:05 p.m. the German Ambassador officially started the event.

It was a spectacular show of might as the determined men, women, boys and girls battled it out in the waves.

It was exciting for the spectators but very challenging to the participants, who were drawn from different nationalities.

Residents came out in large numbers, in fact in thousands to



TRIATHLON PATRON Najib Balala presents a medal to Peter Mwangi of the Y.M.C.A. Looking on is German Ambassador to Kenya, His Excellency Mr. Jurgen Weerth.

share the fun. Prominent personalities participated with their families, businessmen gave their support,

musicians entertained, and tourists not only watched but some even joined in the challenge.

Provincial Administration, in particular, did a commendable job to provide security for the spectators and the participants.

Traffic police were all over to ensure that the roads were clear of traffic.

The Kenya Navy and the Kenya Army were not left behind patrolled the sea and the road for the safety.

'Stars' Sweet Encounter With Mumias Sugar FC

COAST STARS Football Club who registered a moral boosting 1-0 victory over Gor Mahia FC at the Nairobi City Stadium last weekend, faces a tough encounter against Mumias Sugar FC at the Mombasa City Stadium tomorrow (Saturday).

Coast soccer fans are expected to turn up in great numbers to cheer their team to victory over their arch-rivals Mumias Sugar during the Kenya Premier League Group 'B' match tomorrow.

The match is expected to produce fireworks as if there is any team Coast Stars will want to beat and avoid defeat is Mumias Sugar.

The reason: Coast Stars beat Mumias Sugar in the final of the Moi Golden Cup some years back but the referee, Maxwell Itur disallowed their winning goal which demoralised the Coastals to suffer undeserved defeat.

Since then, Coast Stars supporters and the players hate Mumias Sugar team and tomorrow, Coastals will flock the stadium to assure their team receives total support to snatch maximum three points.

However, Coast Stars should not underestimate Mumias Sugar who have many Harambee Stars players in their line-up.

The visitors who are currently in second spot, will play hard to make sure they return home with a win.

Mumias Sugar having bagged 12 points from seven matches are slightly favoured if their current form is anything to go by.

They have three points more than Coast Stars who have 18 points having played two more games.

Whatever the outcome, both Coast Stars and Mumias Sugar promise to dispaly good soccer and entertain a capacity crowd.

Coast Stars will rely on their twin strikers- Steve Odiaga and Abdullaik Wafala.

In the second session, Gor Mahia, playing before their partisan fans, controlled the entire 45 minutes but their defence fumbled with five minutes to final whistle for Odiaga to find the back of the net.

Meanwhile, another Coast team featuring in the KPL Group 'A' Cook 'N' Lite who drew 1-1 with

Soccer Scene with Abdurrahman Shani



Sony Sugar last weekend, dropped to sixth position from fourth with 14 points from nine matches.

Another striker Ajay Ali Kajo is also expected to play well and score if he gets any good chance.

Coast Stars FC new signing goalkeeper Swaleh "Tyson" Tuwa from AFC Leopards who did not travel to Nairobi to play against Gor Mahia, is expected to feature tomorrow.

Tuwa is one of the best custodians in the country despite Harambee Stars selectors not including him for international assignments.

He is one of good Coast soccer stars who deserve places to wear the national colours.

PERFORMANCE

Coast Stars FC put up a creditable performance last Sunday to beat Gor Mahia by a solitary goal scored by former Gor striker Steve Odiaga in the 85th minute.

Coast Stars dominated the first half but poor finishing by their forwards was their undoing.

Their forwards missed a number of scoring opportunities.

Group 'A' leaders are Thika United who have 21 points followed by AC Nakuru with 18 points.

Tusker FC and Red Berets are jointly in third position with 17 points each while Pan Paper are fifth with 15 points.

Chemelli Sugar, Mathare United, Kenya Commercial Bank, Ulinzi Stars, Sony Sugar and Kawangware are sixth, seventh, eighth, ninth, tenth, eleventh and twelve respectively.

In Group 'B', Nzola Sugar are still leading the table with 23 points followed by Mumias Sugar (21 points), Coast Stars (18 points), Utalii (16), Pipeline (14), Sher Agencies (13), Gor Mahia (12), Meru Bombers (6), Shabana (3), AFC Leopards (4) and e-Union (3).

Last Weekend results, Saturday- Cook 'N' Lite 1 Sony Sugar 1, Tusker 2 KCB 0, Thika United 1 Red Berets 0, Sunday- Utalii 7 Re-Union 0, Mathare United 3 KCB 1, Meru Bombers 0 Kenya Pipeline 1, Kawangware 1 Ulinzi Stars 3, Gor Mahia 0 Coast Stars 1, AC Nakuru 1 Tusker 1.

COAST BRIDGE with C.P. SHAH

THE FOLLOWING is a tricky slam hand with a real tooth and nail struggle.

Dealer: SOUTH-NORTH-SOUTH 'Vulnerable' **BIDDING**

SOUTH	WEST	NORTH	EAST
ONE HEART	PASS	ONE SPADE	PASS
TWO HEARTS	PASS	THREE DIAMONDS	PASS
FOUR HEARTS	PASS	SIX HEARTS	PASS
PASS	PASS		

West led the Seven of Clubs - his best lead and Declarer won Dummy's King.

He crossed to the Knave of Trumps and played a Diamond to the Knave.

When the finesse succeeded, he cashed the Ace of Diamonds discarding a Spade and ruffed a low Diamond.

No King appeared so he drew the remaining trumps in two rounds, discarding a Spade and the Queen of Diamonds from Dummy.

NORTH

♠	A 9 8 3 2
♥	9
♦	A Q J 3
♣	A K 10

WEST

♠	Q 4
♥	10 8 7
♦	K 8 6 5 2
♣	8 7 3

EAST

♠	K J 7
♥	4 3 2
♦	10 9 7
♣	Q 9 5 2

He then led a low Spade. If West had played low, then Declarer would have ducked the trick to East.

With East unable to attack Clubs in order to remove Dummy's entry.

Declarer could have won his Spade return in Dummy and ruffed a

SOUTH

♠	10 6 5
♥	A K Q J 6 5
♦	4
♣	J 6 4

Spade to establish fourth Spade.

But West sharply inserted the Queen.

He won dummy's Ace and led a second Spade.

East won but his choices of leading a Club into Dummy or leading a Spade to set up Dummy's last Spade were both fatal.

BRIDGE RESULTS

Results of weekly session Played on 11th November 2002 at United Sports Club.

- Dr. J. D. Shah/Bharti Babla - 163, 2. J. Babla/H. P. Shah - 157, 3. Pulin Gandhi/Tushar Pujara - 143, 4. Rakesh Sharma/Shushil - 140, 5. Rohit Shah/Ramnik Shah - 125, 6. Ashok Dodhia/Kaushika Dodhia - 118, 7. Aftab Chakera/Nafisa Chakera - 116, 8. Dr. & Mrs. L. D. Shah - 115, 9. Judy/ Patricia - 109, 10. Hema Metha/Nimaben Babla - 102, 11. Jiten Shah/P. M. Shah - 101, 12. Ketan R. Shah/Amit Shah - 87, 13. Rasik Shah/Manju Shah - 84.

Please note anybody wishing to play or watch during the weekly sessions are welcomed.

RESULTS of the duplicate Bridge played at Mombasa Sports Club on Wednesday, 6th Nov.

K. P. Shah and C. P. Shah 68 (points); Judy Aldrick and Patricia 68; Harilal Dodhia and Dr. Rawal 67; Harilal Maide and L. P. Gudka 67; A. D. Shah and C. D. Shah 65; Mr. & Mrs. Mahendra 63; P. Gandhi and Dr. J. D. Shah 58; Mr. & Mrs. P. Savla 48.

'Olympic Solidarity Scholarships' For Kenya Rowing And Canoe Association

Kenya Rowing and Canoe Association (KRCA) has secured NOC approval for IOC-Olympic Solidarity Scholarships in Rowing.

Olympic Solidarity Scholarships are awarded on the recommendations of the country's NOC to individual and team sports.

Rowing having been recognized by NOC as an individual sport in Kenya with potential to spread to all parts of the country.

These Scholarships are awarded to the Athletes who stand the most chance of qualifying for the Olympics.

NOC-Kenya has recognized the effort and hard work of the KRCA and the high possibility of attaining qualification for the first time in Athens 2004 Olympics.

Secretary-General of National Olympic Committee of Kenya, Mr Tom O'Omumbo has informed the participants at a recent National Sports Symposium in Nairobi that NOC-Kenya will forward the names

of One Rowing Coach and Rower to Olympic Solidarity for approval to pursue high performance Rowing training.

It is expected that due to the High potential and possibility of Qualification in the next Olympics for Kenyas Rowers, the OC-Solidarity would consider favourably this application as per recommendations of NOC-Kenya.

The legendary Kenya runner and NOC-Kenya Chairman Dr Kip Keino has also given his support for the efforts of KRCA in preparation of the Athens 2004 Olympics.

Dr Keino who is also IOC member from Kenya has previously attended several Rowing Regattas and met several Rowers in training.

Keinos' support for Rowing is well documented and he has promised to discuss with his IOC associates further assistance to KRCA in Acquiring Boats, Training equipment and Coaching training of more Rowing Coaches.

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British Airways And Its Kenya Associate Regional Airways Sponsor Golf At Nyali

The humble monthly Mug for men and Medal for ladies at Nyali Golf and Country Club on Saturday 16th November was elevated sky high on the wings of **British Airways** who sponsored the event with its Kenya associate **Regional Airways**.

Although played in November it was a replay of October Mug/ Medal which sadly had to be abandoned due to the sudden death of **Dr. Kanti Chudasama** on the golf course.

Nixon Ooko the Operation and Industry Affairs Manager representing **B A** in his speech at the prize giving recalled the tragic moment.

Golf News with The Driver

As with **Kenya Airways** competition of the week before, **British Airways** also produced its flock of high fliers.

And quite coincidentally with **K Q B A** also had two contenders for top prize of a Club Class return ticket for two to Johannesburg.

The two players, **Patrick Munyao** and **Vishwas Garg** both on 69 net came from the two ends of the handicap spectrum.

Of these **Vishwas Garg** from C Division, sometimes disparagingly referred to as the Children's Division, managed to beat **Patrick Munyao** of A Division the so called Men's Division!

In an earlier write up it was predicted that we would hear more about **Vishwas Garg**, a new but obviously keen golfer learning quickly from his constitutional regularly every evening with the more experienced golfers like the Vice Captain.

Thanks to his recent wins he has already managed to come down from the starting handicap of 28 to 25.

Vishwas has requested for a special mention of the fact that last time he had played with **Kanti Chudasama**, was in fact marking **Kanti's** card and

it was therefore with great difficulty that he was able to replay the mug.

Sub consciously perhaps that is what egged him on to do greater things.

Vishwas would like to dedicate his win to **Kanti Chudasama's** memory.

Patrick Munyao may have been beaten, but that may not stop him from traveling to Jo'burg on the house with **B A**, courtesy **Diana's** victory on the women's side which entitled her to a similar prize.

Diana like her counter part on the men's side had to fend off stiff competition, not just from one but two ladies, **Kiran Patel**

and **Pia Swatton** on 71 net.

Those further down the line, not winning the coveted spot were also rewarded with complimentary tickets to short haul to Nairobi.

Patrick Munyao and **Fred Gatabaki** on the men's side and **Kiran Patel** on the ladies, pipping **Pia Swatton**.

The rest in the line up had the satisfaction of the usual mug/ medal prizes while the remaining of us had to do with free drinks and tasty tid-bits following the prize giving, no mean reward!

FULL RESULTS

MUG - A. DIVISION - Winner: **Patrick N. Munyao 69** nett, Runner Up: **Fred Gatabaki 70**", Third: **Musa Odada 73**".

B. DIVISION - Winner: **Rohit Devani 71**", Runner Up: **Clive Barnsley 73**", Third: **Steve Clarke 3**".

C. DIVISION - Winner: **Vishwas Garg 69**", Runner Up: **Suresh Popat 71**", Third: **Walter Starzoch 72**".

Best Gross: **Wachira Mahihu 76**

KLGU MEDAL - SILVER - Winner: **Diana Munyao 71**", Runner Up: **Kiran Patel 71**", Best Gross: **Diana Munyao 81**.

BRONZE - Winner: **Pia Swatton 71**", Runner Up: **Elisabeth Wilson 71**".

Best Gross: **Pia Swatton 91**".

B A MEN - Winner: **Vishwas Garg 69** nett, Runner Up: **Patrick Munyao 69**", Third: **Fred Gatabaki 70**".

LADIES - Winner: **Diana Munyao 71** nett, Runner Up: **Kiran Patel 71**".



NOVEMBER MONTHLY MUG winners at Mombasa Golf Club: seen (from left) vice captain **Sammy Kamau**, **Ganshan Kumar**, **John Riley**, **Ben Mureithi**, **Jaden sponsor Dr. Lado**, **Mburu Kariuki** and **Health Plan sponsor David Masha**.

PHOTO - GILBERT ONCHOKE

November Monthly Mug Sponsored By Jaden Enterprises Ltd And Healthplan Services Ltd.

Golfers are in a class of their own, if not for any other reason, at least for the fact that they 'enjoy' chasing a golf ball dauntlessly in the excessive heat.

This weekend, although it was too hot, 39 men participated in the Monthly mug at Mombasa Golf Club.

The course is under the heat spell and looks unkempt. Coast Open is long past and the good work done on the course three months ago seems to be at a standstill now!

Dr. Peter Lado was the main coordinator of the event as a sponsor.

The whole team from the sponsors made sure that the event was successful. They went out of their way in hospitality to change an ordinary Monthly Mug Competition into almost a major event.

In A Division **Mahadev Thapa** who is playing off handicap 10 took the lead with 72 net, playing one over his handicap.

He beat **Patrick Munyao** on count-back. Nine shots behind on a score of net 80 **Tirus Kaguta**

was third. In B Division **Ghanshyam Kumar** took the first Prize on 72 net.

Sammy Kamau and **Cyrus Kinyua** were second and third on 76 and 77 respectively.

In the third Division, C, **Ben Mureithi** was the winner with the best net score of the day a 69 net.

John Riley was Runner up with net 71 and **Mburu Kariuki** followed him with net 72.

Patrick Munyao playing off 8 handicap brought in the best gross score of the day.

He played 80 gross, one over his handicap.

Amongst the guest players, **Philip Waki** played a good round of net 72 and **Tony Mbotte** was next with net 75.

The evening was not like any other Mug day, with only a handful of players staying back for the prize giving.

It was nearly a houseful crowd and the members appreciated the dinner and drinks provided by the sponsors. Amongst all the resounding applause, everyone heard the promise of return next year by the sponsor.

GOLF NEWS with NIMA

FISHING REPORT PAGE FOURTEEN

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G.P.O. REGISTERED NEWSPAPER

Coastweek

Issue No. 2547 November 22 - 28, 2002.

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FIRELLI

Mombasa Academy Are Swimming Champions!

KENYA RECORDS BROKEN BY MOHAMEDALI JIWA

Mombasa Academy School were declared the best swimming team in Kenya after sweeping all the swimming trophies in the term September to December of 2002.

On September 13th, 14th and 15th they were declared as the best boys team in the Coast Open Swimming Championship by commanding winning the title with 272 points while their closest contenders managed to

score only 72 points.

Their Girls also performed exceptionally well where they were placed second in the Championship.

They then took part in the Kenya Open Swimming Championship on September 27th, 28th and 29th with a team of five boys and four girls.

They again managed to upset all the teams around Kenya that

had taken part by winning the boys category.

Their Girls team was placed Fourth.

The Boys team was comprised of Captain **Walid Bayusuf, Mohamedali Jiwa, Taib Taib, Melvin Asige** and their coach **Fakhry Mansoor**.

Girls Team was comprised of Captain **Jessica Mousley, Naimi Shah, Nadia De Souza** and **Frances Scott**.

Three Kenya Records were broken by **Mohamedali Jiwa**.

The records were the 1500m freestyle record, 400m freestyle record and 800m freestyle.

TOP TEAM

On October 5th 2002, C. A. S. A held their annual Coast Juniors Swimming Championship where Mombasa Academy School sent a team of 50 swimmers.

More than 15 schools and clubs took part.

And for the first time Mombasa Academy managed to come out as the Top team in the Championship.

Again on the 24th October 2002, Mombasa Academy Students travelled to Nairobi

'REGIONAL AIR' WINNER



VISHWAS GARG (left) was the Men's winner of the October Mug and KLGU Medal generously sponsored by British Airways' Kenya associate REGIONAL AIR at the Nyalí Golf and Country Club. Looking on are British Airways operations manager Nixon Ooko and sales manager Judy Gow. Vishwas won two Mombasa-Johannesburg return air tickets. PHOTO - GILBERT ONYOKO

under the Banner of Bandari Swimming Club to take part in the Kenya Open Long Course Swimming Championship.

Again they upset everyone by winning yet another title with only four swimmers.

The swimmers were **Walid Bayusuf, Mohamedali Jiwa, Taib Taib** and their Coach **Fakhry Mansoor**.

Mohamedali Jiwa broke yet another Kenya record, the 800m freestyle.

The team was headed by International Coach **Mr. Mohamed Farid**.

The school is now looking forward to defending their titles in the second terms swimming competitions.

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KENYA TIDE TABLES

MOMBASA, November 22 - 28, 2002

FRIDAY High Water - 3.53 m. at 05.07 hrs. (5.07 a.m.) and 2.89 m. at 17.33 hrs. (5.33 p.m.) Low Water - 0.29 m at 11.26 hrs. (11.26 a.m.) and 0.51 m at 23.19 hrs. (11.19 p.m.)

SATURDAY High Water - 3.45 m. at 05.37 hrs. (5.37 a.m.) and 2.81 m. at 18.04 hrs. (6.04 p.m.) Low Water - 0.37 m at 11.58 hrs. (11.58 a.m.) and 0.68 m at 23.51 hrs. (11.51 p.m.)

SUNDAY High Water - 3.33 m. at 06.09 hrs. (6.09 a.m.) and 2.70 m. at 18.40 hrs. (6.40 p.m.) Low Water - 0.51 m at 12.33 hrs. (12.33 p.m.)

MONDAY High Water - 3.15 m. at 06.49 hrs. (6.49 a.m.) and 2.56 m. at 19.24 hrs. (7.24 p.m.) Low Water - 0.82 m at 00.27 hrs (12.27 a.m.) and 0.68 m at 13.51 hrs. (1.51 p.m.)

TUESDAY High Water - 2.94 m at 07.35 hrs (7.35 a.m.) and 2.43 m. at 20.20 hrs. (8.20 p.m.) Low Water - 1.00 m at 01.10 hrs (1.10 a.m.) and 0.87 m at 14.06 hrs (2.06 p.m.)

WEDNESDAY High Water - 2.72 m at 08.35 hrs (8.35 a.m.) and 2.38 m. at 21.40 hrs. (9.40 p.m.) Low Water - 1.20 m at 02.06 hrs (2.06 a.m.) and 1.02 m at 15.13 hrs (3.13 p.m.)

THURSDAY High Water - 2.55 m at 10.01 hrs (10.01 a.m.) and 2.50 m at 23.19 hrs (11.19 p.m.) Low Water - 1.35 m at 03.33 hrs (3.33 a.m.) and 1.07 m at 16.39 hrs (4.39 p.m.)

NOTE: Standard Port is **Kilindini**. ADD 40 minutes for **Lamu** and ADD five minutes for **Malindi**. 'No Change' for **Kilifi** and **Diani**.

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