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MEMBER N.P.A. EAST AFRICA G.P.O. REGISTERED NEWSPAPER

1947 December 6 - 12, 1996.

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NYALI RESIDENTS ASSOCIATION

ANNUAL GENERAL Meeting of the Association will be held on 10th December 1996 at the Karibu Room of the Nyali Beach hotel at 6.30 pm.

Residents and the ratepayers of the Nyall Estate are welco Enrolment for new members has been arranged at the veni

New Miss Coast Beauty Pageant

CONNOISSEURS OF beauty will be heading for Restaurant Carneval (by Nyali Bridge) on Saturday, 14th December, where the finals of the Miss Coast Beauty Pageant are being held.

being held.

It takes place at Club
Carneval on the water front
and is the culmination heats
which have been taking place
since October.

Of the fifteen finalists - six are from Mombasa and three each from Malindi, Watamu and South Coast.

Last year's winner was Priti Kulwant of Nairobi.

'Miss World'

She represented Kenya in the Miss World She in India and was among the 88 contestants all over the world.

This is the fourth Pageant for Starlight Productions

First prize is a return ticket for two to Nairobi by Eagle
Aviation; second prize a
return ticket for two to
Zanzibar on m.v.Sepidah and
third prize two nights for two
at the exclusive Chale Island

In addition, all will receive cash tokens as well.

While judges are selecting ne winners there will be a

DON'T MISS the super CHRISTMAS **CRAFT MARKET at** 'THE MOORINGS'

on Sunday, December 8, from 9.30 a.m. to 4.00 p.m. In aid of the K.S.P.C.A.

include entertainment by a popular singer Tim Love.

Issue No.

Organiser in Chief is Sam Odera who says that tickets will be available at Restaurant Carneval, admission being Kshs. 350/- per person.



THE MINISTER FOR Tourism & Wildlife, Chief Guest at the 50th Annual General Meeting of the KAHC (right) is seen at the dinner party which followed at Mombasa's Reef Hotel. He is seen with the association's national chairman, Peter Mbogua (centre) and Stephen Smith chairman of KAHC's Finance Committee.

OWDREDO

CHRISTMAS

TEN DAYS OF '24-HOUR ELECTRICITY SUPPLY'

THERE WAS a thunderous applause for the new Minister for Tourism and Wildlife, Darius M. Mbela, when announcing that Kenya Power

Special Report by

Mbela, when ar Kenya Power and Lightening had accepted to maintain a 24-hour supply of electricity for the Christmas period from December 23rd to January 2nd 1997. The mi

'RING-US-UP' SHOW

'RING-US-UP' 1996 Show will now be held on Sunday,

December 15, 1996 on Kenya Broadcasting Corporation Channel One, from 7.30 pm. onwards.

Main sponsor is Ms. Bawazir Group of Companies, 'special duka' is sponsored by Mita Copiers, Duka 'A' is sponsored by Carneval Restaurant, Duka 'B' by Imperial Bank, Duka 'C' by Homecup, East African Industries Limited, Duka 'D' by Hussein Limited.

A spokesman for the Round Table organisers noted: "We are still looking for four more Sponsors of K. Shs. 60,000/- each."

and 1997. The finished with was making some off-the-cuffremarks after delivering his prepared speech at the Kenya Association of the Hotelkeepers' & Caterers' dinner party at Mombasa's Reef Hotel, following its 50th Annual General Meeting,

The Minister also mentioned that The Minister also mentioned that hewould like to see some seminars taking place between the industry and officers of my Ministry adding 'and given the eport by like to participate as part of the learning process'.

learning process

He told the hoteliers 'I would like you to know that I will be a bridge between yourselves and the Government in order to make sure we reserve the downward trend in the industry as witnessed in the recent past'.

The Minister continued 'I have noted your request regarding protecting beach accesses from allocation'.

Here the Minister noted 1 am not using words like land grabbing because it is a new vocabulary as we approach 1997!

He went on 'I have also noted your advice regarding the film industry.

I believe that the production of good films is one of the best ways of promoting Kenya as a destination, free of charge.

As you know, he said 'the book 'Man Eaters of Tsavo' is based on what happened in a corner of my

constituency

l am not at all happy that it should had to be filmed in South Africa!'

In a vote of thanks to the Minister In a vote of thanks to the Minister for coming to grace the occasion of KAHC's 50th Anniversary', Stephen Smith, chairman of KAHC's Finance Committee and a member of its Management Committee, revealed 'Darius Mbela and I were schoolboys together at Alliance High School'.

Adding 'my father was one of his

"Superb form, Too bad the pool is empty."

Try 'Rapid Response'

IT WOULD be difficult not to have noticed the recent increase in violent attacks on shops and homes in Mombasa.

KK Guards believes it is important to have an Alarm as a deterrent and as an opportunity to respond.

In a recent incident in Kisauni five armed gangsters held up a businessman in the NK Building and stole his car.

He was able to press his KK button and two patrol cars gave chase, intercepting the vehicle near Bombolulu and arresting one of the robbers.

SPECIAL OFFER

It is not always possible to catch the thieves, but KK has Response Vehicles on most major roads in Mombasa and can often use this network to chase and catch fleeing robbers.

To improve Security and make Alarms more affordable KK has come up with an interesting idea for the Christmas period.

During the month of December anyone from Mombasa to Killfi can have a Push Button Alarm fitted free of charge.

They will also get a free Smoke Detector and, like all KK customers in Mombasa, will have free use of the AAR Ambulance Service.

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OR

B) WITH SANTA CLAUS EVERYDAY MORNING FROM 10.00 AM TO 12.00 NOON AND AFTERNOON FROM 4.00 PM TO 5.00 PM TO HAVE THEIR CHRISTMAS GIFTS AND GAMES

OR

C) WITH THE CLOWN MAGICIAN RAFIQUE FROM 5.00 PM TO 6.00 PM TO WATCH MAGIC SHOWS

ENTRANCE FREE FOR CHILDREN FROM 20TH TO 24TH DEC. 1996

Welcome to the Christmas Raffle Draw at Ratna Square shopping complex on the occasion of Christmas

Dear Customer

Shop at any of the following Shops and obtain a coupon for Raffle Draw which can make you a Winner of the following Prizes:

1st Prize Colour TV
2nd Prize Washing Machine
3rd Prize Cooker
4th Prize Microwave

Plus Ten Consolation Prizes

Raffle Draw will be held on 24th December 1996 in the Lawn of Ratna Square at 7.00 PM so do not hesitate - rush to

RATNA SOUARE

1. One Stop Supermarket 2. Sotline Catering Limited

3. M Shifa Pharmach

4. Forget Me Not 6. Sobby Craft

5. Casuarina Wines

8. Cam Foto

7. Special Effects S. Cam F. 9. Morning Dem Green Grocers

10. Golden Erust Bakery

11. Camawi

12. Gilk Dream

13. Baper Connections

14. Ten To Ten

15. Fortune Boutique.

Coupons Available from 1st Dec. Onwards

Merry Christmas

Welcome To
The Christmas Food Festival
at

Ratna Square Shopping Complex, Nyali on the Occasion of Christmas from 13th to 15th Dec. 1996 and

20th to 22nd Dec. 1996 between 6.00pm to 9.00pm.

Come and enjoy various delicacies of food A) South Indian Fast Food Dishes Idli Sambar, Masala Dosas, Vadas, Achappam, Dahi Vadas, Bhelpuri, Panlpuri, Tikkles, Pao Bhaji, etc

B) North Indian Fast Food Dishes Pizzas, Barbecues, Burgers, Chicken Tikkas, Mishkakis, Kababs, etc.

C) Chinese Fast Foods (various dishes)

D) African Fast Foods (various dishes)

E) Desserts

F) Pan Stall



ENTRANCE FREE ... SECURITY ALL ROUND WITH WELLS FARGO ... SPACIOUS PARKING



"I'm glad I'm not poisonous - I just bit

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☆☆





"Wake up mate - I've just heard a funny I'm up here I'



"How can you sit there, dressed like that and tell me to take all that seriously?"





"They're not quite the bargains you think. We're a dry cleaners not an outfitters !"



I had in my life was when I met the wife at a petrol station!



"The ceiling could do with a lick of paint."



forgot to ides the bride."



'BURHANI WOMENS' FINISHING COLLEGE

BURHANI WOMEN'S Finishing College is a private institution which offers Home Economics course to Form 4 and Std. 8 leavers.

The college started in 1978 and is situated at Kisauni near Nyali Bridge Toll Station.

The college is surrounded by greenery and tall trees.

Itwas set up with the wishes of His Holiness Dr. Syedha Mohammed Burhanuddin Saheb (T. U. S) spiritual and temporal head of the International Dewood: Bohra Community.

The college offers 2 years certificate to both junior and senior classes i.e. form 4 and std. 8 leavers.

The courses in the college aim to create confidence among the girls, light up their minds and help them come out in the wide world as more rounded personalities.

They also become self-reliant and earn a place of pride in the

Students are taught various subjects like food and nutrition - catering, drafting, cutting and stitching clothes, home management-housekeeping and laundry child care, various skills ofarts & crafts like crochet, knitting, embroidery, soft toys, fresh and artificial flower arrangement and

The college has qualified and xperienced teachers and modern

Past students of Burhani Vomen's Finishing College are asking a meaningful and fruitful

The entry requirement for the senior class is K.C.S.E/G.C.E. and Std.8 for the junior class.

Students from Zanzibar and Tanzania are required to obtain

pupil's pass from immigration Dept of Kenya.

For further details contact the Principal P. O. Box 85011, Mombasa. Tel. 471483.

Part time course like flower arrangement, dressmaking, arts and craft and cookery will start from January 1997.

Admission is now open for 1997

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Father Christmas In Mtwapa!

HERE IS an important date for

Sunday December 8.

Sunday December 8.
Whether you are a deep sea fishing enthusiast, someone searching for unusual Christmas gifts, or in need of a relaxing day with a good lunch thrown in at a competitive price, or searching for some fun and entertainment for the children, The Workshop/Moorings in Mtwapa is the place to be.

The Christ-

The Christ-nas Craft mas Craft
Market open
from 9.30 a.m.
to 4.00 p.m., looks set to offer
everyone something of interest.

There will be stalls featuring the work of the myriad of local artists, who create and design clothing, jewellery, carpets, stained glass, wrought iron pottery, 'fimo' modelling, dried flower arrangements and Christmas decorations to name

Special Report by

Helen Githomi

We have heard on good authority that Father Christmas will also be there !

There will be a cake stand and raffle with all proceeds going to the KSPCA and Father Monteiro, Kikambala Mission for needy children.

For those of you not familiar

with The Work-shop (Is there anyone ?), let me explain. Situated on Mtwapa Creek, opposite the floating restaurant, The

Moorings, The Workshop (open aimost one year now) is a multi-faceted venue, designed to offer fun and entertainment in a unique setting.

Run by Tony Rusteau, the Disco is open on Wednesday, Friday and Saturday evenings, supplying the latest dance musicin acomfortable, relaxing and cool setting.

Apart from a full bar including a variety of cocktails, delicious B.B.Q., snacks are on offer throughout the night.

The Workshop is available for hire for private functions, whether they are children's parties, or special anniversaries such as the all important 21st Birthday party.

Tony will produce a tailor made programme to include the clients every whim and fantasy (not to mention a few of their own!) which results in a highly individual and stylised event.

They can be guaranteed upon to produce a party to remember.

I speak from personal experience.

experience.

Throughout this forthcoming Christmas Market Bonanza, the bar at The Workshop, will be open offering their tasty snacks combined with the renowned curry lunch at The Moorings run by Julie Webb.

This romantic floating restaurant is open every Tuesday to Sunday throughout serving funch and dinner.

serving lunch and dinner.

As if all this weren't tempting enough, the organiser of the Fishing Competition, run from The Mocrings on December 7 and 8, is James Adcock, who is probably the most respected amongst those in the professional Deep Sea Fishing circle on this part of the coast.

James is donating a fish from every boat competing in the Fishing Competition along with all participation and entrance fees to the Christmas Market.

fees to the Christmas Market.

By all events this Christmas

CraftMarketat The Workshop and

Moorings on December 8

combined with the Fishing

Competition on 7 and 8 looks

like creating a memorable

It's not to be missed!

CHRISTMAS BAZAAR this Saturday, December 7, from 9.30 a.m. at the Mombasa Academy, Nyali. Cakes, Books, Soft Goods, Second Hand Goods, etrc. For Sale. = All Welcome! =

Counting On 11 Beers Per Head ... Per Day !

Shipping News with

(AH HA! Soit's EDITORS that get Class' ... trying to ascertain m rights over the centre arm rest !)

NOT MUCH to report on here abouts. The Port is rather quiet at the moment

Salvage tug <u>Barbara</u>returned to Mombasa last Monday and is now back at Liwatoni buoys after a three-four month absence.

She will soon be left alone, but not for too long, for the Bison 1 sailed out on Wednesday evening for a relatively small towage job.

女公女公女公女公女公女公女

女会女会

That of bringing the DK II from Dar es Salaam to Mombasa where

she will undergo repairs after having suffered damage off El Maan just north of Mogadishu.

Bison 1 was at that time chartered to tow the DKII into Dar es Salaam, so it looks as though she's got two bites off the cherry

LOVELY LITTLE cruise ship entered Kilindini on Wednesday morning.

She was the Cunard's <u>Sea</u>
<u>Goddess</u>, acute but areal tidder
when it comes to comparison with
the <u>Carnival Destiny</u>, Carnival
Cruises' latest addition, a new
building, and largest luxury
passenger liner affoat.

Built at the Italian yard of Monfalcone, she 270 metres long, GRT of 102,000;70 (yes 70 metres high), a theatre capacity for 1,800 punters, accommodation for 3,400 passengers etc. and all for around U.S. \$ 400 million Dollars.

By the way, the 'Universe

Restaurant offers dining facilities

For the 'bevatores' (?), there's a choice of 17 bars! Indeed, one could get nicely lost

Talk of having a booze up, they reckon that for a seven day voyage, following amounts of liquor will be consumed, now. . .

some1,500 bottles of champagne, 825 litres of Vodka, 815 litres of Scotch, 750 of Rum, 520 litres of Gin, 1,350 of Tequila (now there's something): guess

to watch a Tequila Sunrise Last but not

least, Beer - 266,300 chupas (that's eleven beers a head a day) leave out the 'shorts', which

day) leave out the 'shorts', which come to think about is quite modest, calculating out to a bottle and a quarter a head for the seven days Carnival Destiny will be employed in the Caribbean, so I guess you'll have to holkyersel across to those parts if you want a trip on her.

A LITTLE LPG carrier arrived on Tuesday, she's the New Providence I haven't seen her before.

The bulker <u>Delta Joy</u> anchored off the South Coast for a few days whilevery necessary "things" were attended to

A crew change took place, the Barbara delivered freshwater, and she should by now be on her way to destination, somewhere in the South China Sea.

She, I understand, has had an eventful voyage thus far, coming from Northern Germany, where she took on fertilizer.



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STARTS SUNDAY! SUNDAY!



Sunday at 3, 6 and 9.00 pm. Monday/Thursday at 6.00 and 9.00 pm.

'MASTER OF LOVE' - The first Graduate in the noble art of sex

(Adults Only)

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NOW OPEN MAKE REGISTRATION INQUIRIES

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Mtwapa Creek Tel: 485260 and 478014

TODAY FINAL ONE SHOW

(Adults Only)

"Raja Ki Aayegi BARAAT

y & Sunday at 2.30, 5.30

"Raja Ki Aayegi Baraat"

Shadaab Khan; Rani Divya Du G. Grover; Raza Murad.

COMMENCING MONDAY AT 9.00 PM

FOR 2 DAYS ONLY

An Adventure In Ecstasy

starring

George Kennedy & Ana Obregon Admission Rates KShs. 50/=, 60/=

(ADULTS ONLY)

CHRISANTI - finally at the MAMBA DISCO - to the Sunday 8th Dec. It's TEENAGE HOLIDAY DISCO TIME, just for you teenies! plus show-time with the rising DACOSTZ rappers - hear them once and love 'em always! at 2p.m. entrance: free Wednesday 11th Dec. Celebrate Jamhuri with Safari Sounds & Comedian Rock guitarist's Titi & Fabrice from France at 8 p.m. Mega Shows & more surpris For parties weddings & all occasions

Namba

Friday 6th Dec.

Listen and boogie to the

sensational black voice of

glowing Soul rythm of

BRUNO and the VIKINGS Band.

Saturday 7th Dec.

All night long!

entrance: KShs. 100/-

Tonight at 8.30 p.m. entrance: KShs. 100/-

Soul, Soul and Groove - just like you've always liked it - with D.J. Khalid.

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Cake Sale

Christmas Decorations **Buffet & Snacks**

Lots of Gifts - A Fun Day For All

Proceeds to: KSPCA Father Montiro, Kikambala Mission (Needy Children)

Admission: Adults Koh 50.00 163 -

& CAPRICORN Dec. 22-Jan. 21

★CAPHICOHN Dec. 22 - Jan. 21

Don't go panic-buying on
Wednesday. All will be well if you
hink first. Tolerant attludes work
wonders and you wind up getting
your own way.

★AQUARIUS Jan. 22 - Feb. 21

Take lift as it comes and don't fret
about things that might not
happen. Outstanding bills are
settled and your mind is eased.

★PISCES Feb. 22 - March 21

Circumstances are not likely to

Circumstances are not likely to change, so make the best of hings as they are. Follow a hunc and ignore jealous remarks.

* ARIES March 22 - April 21 Break away from routine given the opportunity. Diversion provides necessary boost. Chance to mould circumstances to your way. Some money goes missing

ATAURUS April 22 - May 21 See friends and forget your own troubles. Someone does you ood turn. Money seems to come more easily after a positive decision midweek.

decision midweek.

*GEMINI May 22 - Juno 21

Family tends to leen heavily on you, but don't suffer in silence. Particularly industrious week yon't come amiss and stands you well in another's esteem.

ACANCER June 22 - July 21 Visitors provide a light relief from household chores and even offer to help. Take work as it comes and don't look too far ahead.

*LEO July 22 - August 21

Not everyone will agree to your decision and you must be prepared for some arguments. Someone is losing interest so watch out for danger signals.

t VIRGO Aug. 22 - Sept. 21
Some surprises in store, persons
with any extra work and prove a
point.

*LIBRA Sept. 22 - Oct. 21 Others accept your advice and are grateful. Take a bow! You may have to spell out your intentions to your group to get attention. SINDBAD THE Sallor has just concluded quite a memorable run at the Little Theatre Club in shows that played to full houses throughout including the rare matinees in the LTC menu.

Bravo Jean Koch for directing such a wonderful Pantomime (and of course it had to be a hit with Jean involved)

THESPIAN

In an all time fully star-studded cast of nearly "who is who" in M o m b a s a theatre, this group of young and old kept the audience busy from Nov.r 26 to 30.

busy from Nov.r 26 to 30.

Led by among others Sally McGuiness, Mike Hughes, Phillipe Zimmerlin, Hugh Walters, Pauline Groom, Dominique Schepp, Carl Welker, NickShickely, Liz Jadav, Pauline Groom, Tony Armitage, Geoff Weeks and Jim Wild just to mention a few, providing different roles, this was a very successful near season ender. near season ender.

Right on the heels of Sindbad is debutant Augustus Muli who has teamed up with his colleagues in Pwani Association of Pwani Performing Artists (PAPA) to give us amusical The Marriage of Anansewaby Efua T. Sutherland.

The story revolves around Ananse's beautiful daughter,

Newly arrived

Computer tables only 7000/- +VAT

BUSY FESTIVE SEASON AT THE L.T.C. Anansewa, who is his most valuable asset-if he can persuade one of the country's chiefs to marry

Teaming up with Gillie Owino,

this musical production relies on vibrant African rhythms to convey the story.

Augustus Muli who is also the musical director ha selected authentic African songs and also

managed to put together an impressive array of traditional musical instruments.

These he has somehow made possible to be played alongside a

In fact, it is through his music

Not only is he a music graduate from Kenyatta University, he has also studied music in Italy, Denmark and Switzerland.

The cast included regulars Biff
Mkuzi, Hilary Namanje, Beatrice
Mbinya, Winnie Angore,
Kageche, Fred Odaga as the
narrator, and a host of all who
recently starred in The Government Inspector.

The production team and the cast of *The Marriage of Anansewa* has putin alot of hardwork to bring to authentic life Efua Sutherlands sparkling and hilarious play.

Part farce, part serious social comment, it is a fast moving story of greed and cunning - with just a hint of youthful romance.

Indeed, The Marriage of Anansewa is an experience. Something you cannot afford to

Liz Jadav steps on immediately after that and Eddy Corcoran drops by on December 22 with his Christmas hits,

More details on this one soon! Liz Jadav's production is a double bill based on books by Roald Dahl.

Revolting Rhymes and The B.F.G. are presented by a large cast of children and adults and promise a lot of laughs and surprises for the whole family.

While Revolting Rhymes will be performed in the conventional style of actors on stage, audience

participation, giving everyone who wants to a chance to come up on

In Revolting Rhymes, six popular fairy tales are given surprising twists:

Cinderella's prince is not quite so charming as we've come to expect, and Red Riding Hood needs no macho hunter to help her sort out the wicked wolf.

The B.F.G. - The Big Friendly Giant- is one of Roald Dahl's most popular children's stories.

popular children's stories.

Revolting Rhymes and The
B.F.G. is directed by Ltz Jadav
and is performed at the Little
Theatre Club at 6.30pm on
Wednesday, Thursday, Friday and
Saturday, December 11 to 14.

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odds you'll ever see! Rush to be one of the next 99 Nissan buyers and be part of the most unique draw of the year! Don't miss out on the chance of a lifetime - dash down to D.T.Dobie

or their dealers - FASTI

All D.T.Dobie and adapt staff are not eligible to enter this competition. Payment in full has to be received before you are eligible to enter the draw.

Offer valid only up until December 31st 1996.

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Proceeds will be donated to Local Charity

CONTENT has become very important on the *Internet* and your 'E-zine' (*Coastweek*) deserves good credit.

Giving the public access to such context sensitive information is a commendable deed indeed.

Keep up the good work of serving information to the masses.

I'll be coming back for more

The design is plain and simple making iteasier to browse through without much ado.

Aziz Mohamed Mwondha, Montreal CANADA

THOUGHT FOR the week:

If you ever worry about missing the boat, remember the Titanic. Steve Willoughby, Washington, D.C., U.S.A.

HELLO! Hello! Hello? Francis K. Mwaka, Griffth University, Gold Coast, U.S.A.

FROM OUR 'MAILBOX' ON THE 'INTERNE

GREAT to read the paper Brings back great memories of a very beautiful place.

Have a good day. Chris C. Carruthers, U.K.

HI, Everyone there at Coastweek ! Congrats, you guys are really cool now that you're on the Web.

The Kenyans here think Kenya still has hope - now that there is a new newspaper on the Web, Coastweek.

Fahrin Jamal, London, U.K.

JAMBO, Coastweek, and y'all out

There is much interesthere about East Africa. Salama mingi.

Roy Kirby, Toronto, CANADA.

HI, I AM A Mombasa resident currently living out of professional necessity in N.C., USA.

salaala@ix.netcom.com Anthony Gachie Wanjau, North Carolina, U.S.A.

THE NEW COASTWEEK 'E-MAIL' ADDRESS:

coastwk @ users. africaonline. co. ke.

find an article on my club in Coastweek

Would it be too much to ask for e-mail address belonging to MSC or a member thereof, failing which could you ask the club secretary Aziza Salim to get in touch with me at the following E-

THE THIRTEEN commandments

1. I believe that if anything is vorth doing, it would have been done already

2. I shall never move quickly, except to avoid more work or find

I shall meet all of my deadlines directly in proportion to the amount of bodily injury I could expect to receive from missing them.

holds the possibility for new technologies, astounding discoveries, and a reprieve from my obligations.

6. I truly believe that all deadlines are unreasonable regardless of the amount of time given.

7. I shall never forget that the probability of a miracle, though

infinitesimally small, is not exactly 8. If at first I don't succeed, there

I shall always decide not to decide, unless of course I decide to change my mind.

10. I shall always begin, start, initiate, take the first step, and/or write the first word, when I get around to it.

11. I obey the law of inverse excuses which demands that the greater the task to be done, the more insignificant the work that must be done prior to beginning the greater task.

12. I know that the work cycle is of plan/ start/ finish, but is wait/

13. I will never put off until

Vipul Tanna, Bracknell. U.K.

HI, JUST WANTED to say 'heko for agreeing to be on the Internet.

At least now I can keep up with what is happening back there: at least partially - since my subscription lapsed.

Tom Gitaa, Editor & Publisher, Mshale', Minneapolis, USA.

I HAVE circulated an article "Why We Should introduce Majimbo' through 'Kenyanet' to Kenyan students and citizens around the world who have access to the internet.

James K.Sang, Maryland, USA

KINDLY let us have information on exact size of half page advertise-ment in Coastweek. Thank You. Ranjan Mazumdar, Dubai, UAE

THERE IS a computer virus that is being sent across the Internet

If you receive an e-mail message with the subject line "Irina", DO NOT read the message. DELETE it immediately.

Someone is sending people and files under the title "Irina".

If you receive this mail or file, do not download it.

It has a virus that rewrites your and drive, obliterating anything

Please be careful and forward this mail to anyone you care about Gregory Dean-Security, U.S.A.

CONGRATULATIONS on your

lenjoyed reading the Coastweek on the Internet, however, there is nothing like receiving the real thing.

Please reply by return 'e-mail and send us your personal 'e-mail' address as this will be a good way to communicate.

Rosemin and Amirali Haji, Calgary, CANADA.

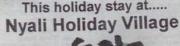
I USUALLY READ Coastweek in our Shipping office

we can read you on the Internet. I really enjoy Mr Shah's 'Bridge Column', which has proved to be very interesting, instructive and not flambouyant, if I may say so.

Robert Millais, Auckland, NEW ZEALAND.

AM A student at Loughborough University in England and at this time when we are approaching Christmas time I take this opportunity to wish you a Merry Christmas and a prosperous New Year 1997.

@¢@¢@¢@¢@¢@¢@¢@¢@¢@¢@





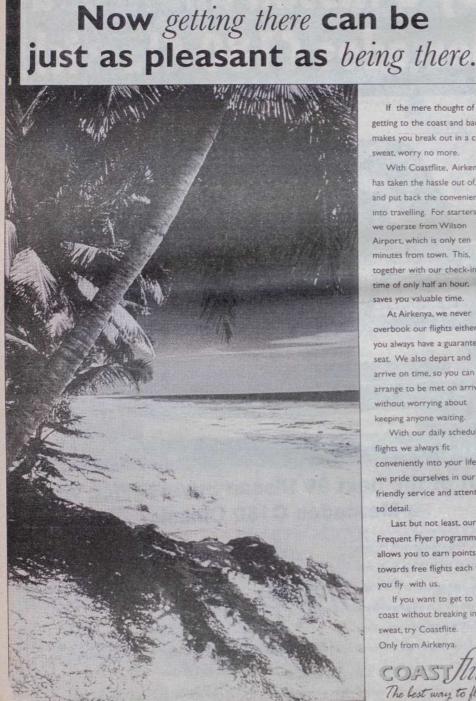
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Last but not least, our Frequent Flyer programme allows you to earn points towards free flights each time

If you want to get to the coast without breaking into a sweat, try Coastflite Only from Airkenya

COASIL The best way to fly

FORM-NETAFRICA are proud to announce the official launch of their facility in Mombasa.

This brings the first real time access to the world of Internet/ World wide Web at the cost of a local phone call in Mombasa!

The Form-Net Africa office in Mombasa has been established in a successful franchise agreement with the Computer Source Point based in Beira Street in Shimanzi.

Se virus had a se Internet on Internet on

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and forward ucare about urity, U.S.A.

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Coastweek ver, there is to real thing furn 'e-mail' onal' e-mail a good way

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estweek in

id, but now internet his Bridge oved to be office and say so, land,

00

The launch takes place in an extravaganza event at the Whitesands Hotel this Friday, December 6.

The guest of Honour is Mr. Phillip Okundi, the Managing Director of Kenya Broadcasting Corporation.

A number of other dignitaries and VIP's will be present.

A live presentation will be made of Form-Net Africa software.

This includes an 'E-Mail' facility, a link to the World Wide Web with

EGYPT GIFTS NOW AT RATNA

THERE IS no doubt that the land of Egypt is the Cradle of the Nile and the Mother of Civilization on earth.

The first civilization started on the two banks of River Nile, and takes us back to almost three thousand years B.C. when also the story of handicrafts started.

handicrafts started.

We are bringing to you part of this civilisation like the papyrus - the first paper of the world, leather, Mother of Pearl, copper, brass, cotton carpets and the famous 'nead' oil perfumes made from the natural flowers in various seems which Egypt is so famous for.

nistory and buy our products at the Exhibition at Ratna Square from Dec. 6 to 16, to remind you of ancient history.

Also on sale will be some very good aluminium utensils and plastic ware of high quality from Egypt.

'Form Net Africa' Launching 'World Wide Web' Facility From New Mombasa Office

Netscape, other added features and also anumber of local services. It is the development of local services that is becoming of increasing value for Form-Net Africa's users.

There will be a demonstration of the many local services and also showing of the impressive KeryaWeb.

From the official suunch date of

From the official launch date of Form-Net Africa last April the company has made strides in bring the tremendous opportunities of the Internet to Kenya.

Having now over 1500 subscribers, Form-Net Africa are moving forward in establishing themselves as far by the biggest I.S.P. in the region.

Though frustrations are bound to occur in local telephone connections, Form-Net Artica pride themselves in achieving not only the most economical service but also the most reliable.

Well over 100 telephone lines provide fast modern connections in the Nairobi Office with many users achieving 28.8 baud speed.

A true focus of the company has been in providing quality customer

Service.

With many of 100's of client's assistance is no doubt required for ongoing technical enquiries.

Form-Net Africa offer technical telephone support 8.00 a.m. -8.00 p.m. seven days a week from nothing short of an expert technical team.

team.

The big difference between Form-Net Africa compared to other service providers in Kenyatis the commitment to put local information online, not just giving access the wealth of information already on Internet.

To this end the effort has been two-fold, both in adding to local services within the Form-Net Africar menu and also through the birth and development of the extensive KerryaWeb.

The local services within Form Net Africa are being developed extensively and aiready include many useful features a KTN program guide, Infoline Database, Fox Theatre Cinema Guide, a number of on-line shops selling

products through Form-Net Africa including avery popular real estate section with information provided by Hassconsult.

The Capital FM Radio program

guide is soon to be hosted as well as STV along with full details of

full details of Kenya Airways including flight schedules. A number of local publication are coming online including the Golfer magazine, the Economic Review, East African Computer News, also Head-lines news from the Nation and the Standardare in the wings.

Form-NetAtrica Classifiedallow users to place ads for free and other value added services will be Online Dating for that electronic romance!

A transport section is under

development and the list goes on

and on.
Toplace ashop online with FormNet Africa it is FREE, most
definitely an opportunity not to be
missed and there is no shortage of
people realising
the potential of
Form-NetAfrica
as a local information source
and a marketing
tool.

Special Report By Correspondent

Form-Net
Africa has also achieved a
contract with Reuters providing a
Reuters Africa Service and also
Reuters Global; information on
only a four hour delay of breaking
news.

Weblink Services Ltd., A Form-Net Africa's subsidiary company, has now developed what can now be described as Kenya's definitive

Other providers locally may be attempting to develop Web Sites on Kenya but the big difference with Kenya Web is that it markets Kenya first and foremost and not the creator of the site or the Internet Service Provider.

Service Provider.

KenyaWeb, dubbed as Kenya's
Real home on the Internet, is
effectively a graphical electronic
information encyclopaedia of
information accessible to approx.
100 million Internet users
worldwide.

Kenya Web contains many pages of extensive and detailed information on Kenyan Land, people, education, history and government as well as very useful sections on business and tourism.

The site is characterised by links to multiple layers of information that are useful to virtually any internetuser, from business people interested in investing in Kenya,

potential visitors to our National parks, to school children and researchers worldwide.

The Mombasa event follows the very recent event in Nairobi and great success of the official launch of Kenya Web.

Form-Net Africa have plans well underway for further expansion throughout the region with franchise operations in negotiation with companies in Eldoret, Kisumu as well as more further afield in Tanzania.

Form-Net Africa have had a number of users in Mombasa for many months however there is no need for a costly telephone connection to Nairobi.

For the most reliable and economical 'E-mail' Internet' connection in Mombasa contact Form-Net Africa Mombasa Ltd. on Tel: (011) 229939, 'E-mail': mombasa@form-net.com

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Like all KK Alarm customers you will have free use of the AAR Ambulance Service

In addition to these two excellent services we will give you a Smoke Detector free of charge (while stocks last)

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Fun At Alliance Hotels

usual potpourri of exciting events covering the Christmas and the New Years Festivities - with something for everyone to enjoy.

Christians are also catered for with services at the inter-denominational St. Stephen's Chapel at Africana Sea Lodge on Christmas and New Years Eve.

Festive programme swing into action at Jadini and Safari Beach

around Dec. 20th continuing until

There are candlelit Christmas dinners; theme buffets, children's dinners; theme buffets, children's parties, carols, Father Corocran and the swinging Islanders, Windsurfing Regatta, 'Mini' Olympics, Swahilib reakfasts with traditional music by the famous Zein Band, also 'mingi' first class bands and entertainment, including a very informative snake show!

Some of the unique events at

The surprising news is that even though fat intake has dropped per person in the USA, they are actually heavier than ever before.

We have always been told

that the fat we eat is more easily concerted into body fat than either proteins or

carbohydrates but kit turns out

that as far as this theory goes, a calorie is a calorie is a

Safari Beach Hotel is a Medieval Buffet, with the Motheriand Band, on Christmas Day, while a tantastic Cabaret Show with the 'Collection of Stars' from Mombasa takes place in the Safari Sands Nightchub on the Boyrian Day on the Boxing Day.

On Dec. 28th, there is a Christmas carnival 96 at the pool-side with a sumptuous buffet and special entertainment by the famous Safari Sounds Band, plus the King Power show with one of

Kenya's strongest man! An Alliance boat race takes pla An Alliance boat race takes place from 1500 hours on Dec. 30 with some wonderful prizes to be won.

Featured on New Year's Eve is A Masquerade Ball with sumptuous buffet and entertainment by the Teusi 5 Band, Abantu Acrobats, s well as traditional dances by Kenya Rumbas.

At Jadini Beach there will a candlelit Christmas Dinner in the spacious Ocean Restaurant, while its Gourmet Makaa grillroom will be offering a set Xmas menu of culinary and traditional delights.

Atnightan African Food Festival akes place in the Jambo Village

BIG BEACH

Madagascar and Ethiopia

Entertaining will be the African Vibrations Band, the famous Masaai dancers and the Kenya Rumbas.

Sunday Dec. windsurfing regatta takes place, plus a beach BBQ.

New Year's Eve will feature an 'Out Of Africa' gala dinner served around the pool-side.

ENTERTAINMENT

Entertaining will be the Liberations Band, Flying Panthers Acrobats and the Sakato Dancers from Malindi.

At Africana Sea Lodge a Christmas Eve candlelit dinner takes place in the Palm Restaurant, while the Makaa Grill, the only Chaine de Rotisseurs restaurant on the south coast, is offering a delectable Christmas Eve menu.

On Dec. 30th a Russian Cabaret Show takes place at the pool-side with music by the Motherland Band.

PART



BACK AGAIN AT Restaurant Carneval every Friday night following a six week successful tour of Germany and Switzerland are the Safari Sounds Band who received a big ovation. Centre (in glasses) is band leader Wayaki Swaler (drums) seen with Juma Mzingo (bass); Mahmoud All (guitar); Umar Boss (keyboard). Backare are Susan Kamau (vocalist); John Izungu (sax/flute) and Otis Kalume (vocalist)

Best Bet Is To Stick With A Low-Fat Diet

BodyWise by

JUST WHEN you thought you had it all figured out, another study comes along to make you question what you had thought was the simplest of the truths!

After years of fad diets and speculation, we finally came to the conclusion that the best

way to loose weight is through a combination of regular exercise and low fat, high

Well, yes ... sort of !

A recent study by the National Health and Nutrition rd in the USA indicat that the amount of fat in our diets may not be correlated to change in our body weight.

Out of the 7000 men and women who took part in the tests over a 10 year period, it was found that it was just the men who gained weight due to

If we take in more calories than we use - then we get fat ! So - what do we do now ?

It seems that your best bet is to stick with a lower in fat diet because there is a clear evidence that diets high in fat results in chronic diseases such as diabetes and heart disease - well until the next study comes along anyway!

calorie.

THE FESTIVE season at Pirates THE FESTIVE season at Pirates starts with a musical extravaganza on Wednesday, December 11 featuring live from Holland, three internationally famous bands and the world famous singing sensation Rep. Cramer.

Ben Cramer Groove the Princess - a five female musicians band from

Amsterdam. They perform just as good as they look. Melody Stars - Let the party begin! Caribbean, Merengue, Reggae, Soul and Funk professional shows.

Rebels - the Bhangra beat specialists will play their own renowned Bhangra hits which is guaranteed to get you on the dance floor.

Nabil Sansool - Kenya's very

D. J. Garfield - East Africa's

Pirates has received its new dynamic sound system from USA just in time for the Biggest Beach Party ever.

The crisp and clear sound from Cerwin Vega USA is the most sophisticated sound system in the

As a preamble to the New Year here will be a fireworks display on the beach. Chandu will transform the whole The Beach Party starts at 8.30pm and will be an all night affair. Hot snacks will be available throughout

the night.

The Beach Party is in aid of Rotary Club Charities and Coast PolioPlus.

Tickets are Shs. 800 per person available from *Pirates*, *Golden Crust Bakery* and *Shankar Electronics*

JOIN THE CELEBRATION!

THE OFFICIAL LAUNCH OF FORM-NET AFRICA MOMBASA! Baraza Room, Whitesands Hotel, TODAY! 6th December, 1996. Open House: 12:30 - 5:30 Invited Guests: 6:30 pm









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ELEVENTH SIKH YOUTH CAMP at SIRI GURU SINGH SABHA MOMBASA

STRI GURU Nanak savs

The pitcherholds water but itself cannot be shaped without the use

So is the mind held together by knowledge; though knowledge in itself carnot be obtained without the help of the mind, illuminated by the Guru"

Philiphtenment of souls to spiritual awakening is perhaps the greatest and the most fulfilling service that can be rendered to markind especially to the younger generation who are the picneers of tomorrow, of the future.

Unfortunately they are being driven away by the illusions of the Western

Today's youth is more materialistic minded, and is obvious to the spiritual espect of the human life.

Their minds are always occupied in making plans for attaining and living an artificial, pompous and glamorous life, forgetting the culture, religion and the real purpose of life.

Mark you, if such is the case then the whole fabric of Sikhism is at stake.

nation or community, and without a healthy and aware backbone, there is no hope for a strong and powerful growth.

To make the youth understand their responsibilities and to make them aware and proud of their The Sikh Holy Teachings Of Guru Nanak

help the parents to impart the proper religious education to the votingsters by providing them with first class educational, cultural and religious

Due importance should be accorded to Punjabi Language which is the essence of Sikhism.

Many Sikh Gurudwaras and institutions are making considerable and appreciable efforts in this directions, such as Sikh Youth Camps, seminars, parchar tours and inviting professional jutnas from India.

Upto now 10 Sikh Youth Camps have been successfully held and have helped Sikh youth realise the real purpose of being a Sikh, they have made them realise that Sikhism needs their total participation and faith to keep it flourishing for acons to come.

It is very encouraging that Siri Guru Singh Sabha, Mombasa is hosting the 11th Sikh Youth Camp

It is here that the first Sikh Youth Camp was held.

The main objectives of hosting a Youth Camp are to:

O create awareness among the youth about their religion and responsibilities towards their community and country.

D teach them the Sikh values and

D their teachings for the upliftmen of the soul

⁽³⁾ make them aware of the importance of learning Punjabi

5) teach them on the importance of exiting the Banis of Nitnem and Nam

D instil in them the art of singing the ymes in their original ragas;

D interact with other Sikh youths from all over Kenya; and



In order to achieve the above set goals our existing Executive Committee which is under the leadership of S. Dalip Singh Dhunjal in conjunction with the Sikh Students Federation under S. Gurbachan Singh have left no stone unturned in giving the youth that quality nounshment by organising the 11th Sikh Youth Camp.

They have worked selflessly and tirelessly inspite of their tight schedules. We gray to God to bless all the members of the Executive Committee. Camp Committee, Sub Committees and all those selfless sevadars who are working towards making the camp as

May Waheguru give them health, wealth and the spirit of serving the sangar tirelessly and devotedly.

During the camp the children will be taught the Sikh way of life, Nitnem, Kirien, selfless service and also the awareness of people, love and unity.

Not only that but the community has

Not enly that but the community has mysted great professors and lecturers from within Kenya and also from india. During all the seven days the children will be well looked after by a team of officials, all their needs will be attended to, so as to ensure that they have a smooth and memorable stay.

Well the ball is in the court for our dear youngsters it suptothermandtheir parents to take the initiative to attend the camp basic in the richness of Sikh Culture and returnhomelmovingwhythey are Sikhs

MUSICAL EXTRAVAGANZA BY TOP DUTCH MUSICIANS

AT INDIANA BEACH HOTEL ON FRIDAY 13TH DECEMBER, '96 AT 7.30P.M

Spiritual Importance Of

Welcome





A five semale musicians band from Amesterdam will take you back to the Golden Disco Age IAZ BE

Enlightening Our Youth SPIRITUALLY ENLIGHTENED Youth is the best future prospect of any

Community.

However if the youngsters are not caught young, they will not be able to build up the necessary power base of knowledge to keep their community's flag thying high particularly in a multi-racial society.

With this in view Mombasa Sikhs arehostinga special Sikh Youth Camp at their temple in Mwembe Tayari Road from December 7-15.

The official opening of the Campwill be by the Chairman Mr. Dalip Singh Dhanjal during the morning congregation and the Camp will conclude on December 15th with the conclude on December 15th with the similar morning congregation when the participants and the organisers and other helpers will be given special awards including 'sarpao' (mark of High Respect in Sikhism).

The camp which is being held in Kenyaforthe l lthtime, is being jointly organised by the Siri Guru Singh Sabha, Mombasa and the Nairobi based Sikh Students Federation.

Special Report by

Mombasa Sikhs have pioneered the camp as they sponsored and hostedthe first ever camp in Kenya in 1982.

eventhasflourished

and grown from strength to strength thanks to the generosity shown by the Sikhs and the commitment demonstrated by the youth.

Speaking at the inauguration of the first camp in 1982, the charmen of the Mombasa Singh Sabha, Mr. Dalip Singh Dhanjalsaid "wefeel privileged to pioneer such a valuable project for the benefit of our young people.

Thetorch lit by ustoday needs to be Instoren III by ustoday needs to be kept bunning by the Kenyan Sikhs for ever as the camp has a lot to offer to our youth, who can explore new horizons by developing their growing minds through their spiritual values of Sikhism.

And speaking after 14 years Mr. Dhanjal, who continued to head the Sabha to date with dignity and dynamism said, "The example set by us has not only kept going, but has grown in stature and status.

"We are delighted to host again and there is a tremendous sense of euphoria among the local Sikhs to make the camp a memorable event for our young

Mr. Dhanjal who has always

its concept noted "The camp has become a major source of inspiration for our young people to learn about

"Indeedithas become a viable vehicle to catch our future generation young and aid them to mould their minds with the spirit of Sikhism.

It is a road to knowledge and guidance, and a platform to build a sense of unity and purpose.

The staging of a seven day camp is a drowed purpose and the sense of unity and purpose.

show of unity and a wonderful collective effort by Kenyan Sikhs

Participants will come from all over the country, while some lecturers will travel all the way from India to conduct

The varied programme will include The varied programme will include prayers, learning and chanting of hymns (kirtan), lectures on Sikhism and lives of the Sikh Gruns, talks on Sikh heritage and culture, group discussion and competition.

On the lighter side there will be a salined accompanion with the side there will be a salined accompanion of the side there will be a salined accompanion of the side of the salined accompanion of the side of the salined accompanion of the side of the salined accompanion of th

cultural evening which will feature the

which will feature the internationally famed Sikh dances Bhangra and Gidda, sports events, including Sikh Martial arts like Garka and outings to places of interest in and around Mombissa, trip and fur on the

including a ferry trip and fun on the beach and a dip in the sea.

Sports is a way of life for the Sikhs and the sports events are sure to tap the hidden potential among the youth.

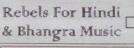
This writer who associated himself with the first two camps in the 80's before emigrating to the UK is pleased to be partly associated once again with the camp once again while holidaying in Mombasa.

I am sure it is going to be a huge success and Mombasa Sikhs deserve a big congratulation for hosting it again.

Similar camps are regularly held in the UK and have become an integral part in the Sikh temples all over the country.

Well run youth camps have become powerful learning institutions for the Sikh boys and girls the world over and Mombasa Sikhs can raise their heads high for pioneering such a wonderful project in Kenya.

See you all at our shrine whole of next week with our young boys and girls, developing and exploiting their potential about Sikhism and Sikh culture and heritage





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YOUTH CAMP at SIRI GURU SINGH SABHA MOM

THE SIKHS first came to Kenya as railway workers almost a century

After the railway project was completed many Sikhs workers returned to their mother land, Eastern Punjab but some opted to stay in Kenya.

Thosewhostayed setthemselves up as entrepreneurs in various fields connected with their traditional and inborn skills.

As they became established they encouraged other members of their families to come to Kenya as free immigrants, thus the Sikh Community rapidly grew.

he become that his name is still

He arrived in Kenya in 1896 at the age of sixteen to work at the railway.

He soon engaged himself in a

trading enterprise. He travelled far and wide and became very famous with the Kenyans, to date Africans still Proud History Of Sikhs In Kenya

Sikhs took an active part in the struggle for freedom from the British and the Colonial Rule in Kenya.

S. Makhan Singh is still remembered as the first Honorary Secretary of Labour Trade Union.

He was also one of the spearheads in attempt to relieve enya from the yoke of Colonialism.

S. Jaswant Singh is another name in the African history, whowas one of the sympathisers of the Mau Mau which was an anti-white section organisation.

Heused to manufacture arms, ammunition and other

was sentenced to be hanged but later on the sentence was reduced to life imprisonment.

S. Joginger Singh is still loved by the Africans as a flying rally

S. Harbans Singh who is a beacon of light and a tremendous example to the younger sportsmen.

He was the President of Sikh Union Kenya Cricket Association

In 1962 he was honoured for devotion to Cricket and Hockey.

S. Makhan Singh was another sports pioneer who trans-planted the seedling of India's National Game of Hockey on the virgin soil of Kenya.

He was chosen as the captain of the first non racial Kenya Hockey Team against South Africa and Rhodesia.

He was also the coach for the Kenya hockey Team for the

the Olympics in 1956.

Today many Sikhs are well established in various fields, their branches have spread wide and far.

These include law, medicine, architecture, construction and engineering consultancy, auto trade, aeronautics, teaching, hotels, tourism, photography, professional areas.

The Sikhs in Kenya are represented by Siri Guru Singh Sabha, Ramgharya and Namdhari Units.

They have a network of Khalsa Schools, Guru Nanak Hospitals and clinics country

The Sikhs whole heartedly believe in the President's motto of Peace, Love and Unity and the spirit of Harambee and will

ENTERPRISE One of these pioneers was S. Kala Singh and so famous did materials. synonymous with the Kenyans.

He was arrested in 1954 and

In the field of sports, Sikhs have also played a prominent



Sardar Dalip Singh Dhanjal - Chair man, Siri Guru Singh Sabha, Msa.

THE DOCTRINE OF SIKHISM

MESSAGE from Sardar Dalip Singh Dhanjal - Chairman, Siri Guru Singh Sabha, Mombasa:

THE SIKH Youth Camp has

Almost a decade ago, Siri Guru Singh Sabha, Mombasa in conjunction with Sikh Students Federation took a brave step by starting this annual event in

We knew as we know now, that holding and plarming a camp is a

thanks to Wahe Guru and all the Sewadars - this task has been a worth while exercise.

The youth form the back-bone of any Community, and it is upon us to guide them in proper direction. In this materialistic and frightening

environment, our culture a religion is under sage.

The Sikh youth is not getting proper religious language and social education.

This can be accomplished by

bringing youth together, including the doctrine of Sikhism and interacting with them.

I firmly believe that this camp will accomplish all these goals, and the campers will leave home an everlasting memorable experience.

I take this opportunity to thank all those who have sacrificed so much to make this camp a success.

1, on behalf of myself and my Executive Committee of Siri Guru Singh Sabha, Mombasa, wish the camp all the success

With Compliments for

Eleventh Sikh Youth Camp 7th Dec. 1996 to 15th Dec. 1996 at Siri Guru Singh Sabha Mombasa



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at Siri Guru Singh Sabha Mambasa

With Compliments for

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> SIRI GURU SINGH SABHA MOMBASA.

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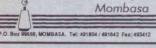
Eleventh Sikh Youth Camp

on

7thDec. 1996 to 15th Dec. 1996

at

Siri Guru Singh Sabha



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ELEVENTH SIKH YOUTH CAMP 7TH DEC. 1996 to 15TH DEC. 1996 at SIRI GURU SINGH SABHA

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With Compliments For Eleventh Sikh Youth Camp 7th Dec. 1996 to 15th Dec. 1996 at Siri Guru Singh Mombasa Siri Guru Singh Sabha MEGA*SPEED* LINERS



SIKH YOUTH CAMP at SIRI GURU SINGH SABHA MOMBASA

The Key to Salvation (Union with God)

through God.

The repetition of Nam by mouth, percolation of Nam into the mind and the longing for the vision and union with God.

The functions of Nam

① It removes Evil;

© It gives knowledge of Truth, leanty and Goodness; 1 It brings one in tune with the

One of Guru Nanak's Golden rule is

Waheguru is our Gurmanter

By repetition of the word Waheguru by mouth your speech is purified.

Byhearing Waheguru with your ears your hearing is purified and by co-niciding the two your mind is purified. Bani says "Wahe guru nam Jahaz

hai, Chare so utre paar meaning. Thename Wahegurus as ship andwho so ever will sail on it will be taken ashore safely to his or her true home-in the laps of the almighty.

In the Mool Manter Guru Nanak gives description of the attributes of God.

'Nam Simran' - The Key to Salvation

Ik on Kar - There is one God; Sat Nam-He is the Truth, Karta Purukh - He is the Creator; Nirbhau - He is without Jear, Nirvar - He has no enemity; Akal Moorat - He never dies, Ajuni Sainbhang - He is beyond birth and death; Cur Parshad-He is self-illuminated.

The above gives a description of One God whom we are to worship.

Further Nanak Says: Jaap - Repeat His name because: Aad Sach - He was true in the beginning; Jugad Sach - He has been true through the ages; Hat Bhi Sach - He is true now; Nanak Hosi bhi Sach-Nanaksays he will always be true.

Think for a minute - If the ultimate truth is union with God, then what is

Life is an illusion, a drama stage, this body is a costume which we are wearing which also leaves us when we have to go to our true home.

There is more beyond what we see and why not try to find that truth.

We are given the Human birth which is above all the 84,000,000 lives that we have left behind.

Human form is the last rung of this

can attain salvation from the circle of life and death and unite with the Only Truth and that is only through 'Nam will again fall into



the vicious circle of 84,000,000

Being atrue Sikh follow the teachings of our gurus:

of our gunus:

"Wake up before sunrise (ameat wete); "Bathe; "Rectiethe Japji Sahib (ar if you can rectie all 3 banis); "Rectie the good name of Waheguru with full concentration i.e. speaking with your mouth and hearing with your ears and overcoming the worldly desires or our mind which is running at all the times in all the directions.

Controlling the mind is the greatest

te Jag Jeet", meaning "If you win your own mind then you win the world".

A look at some of our Gurus' lives Guru Nanak: As a child while playing ghyuns with his playn

he saig hymns with his playmates.

At the Modi Khanna he counted upto 13 (teran) and he remembered teru (yours) - "Oh God, nothing is mine, everything is yours" "Mera muj meh kich nahi, jo kich hai so teen".

Guru Arjun Dev. The first Sikh martyr, even while sitting on the red hot griddle and burning sand being poured over him didnot groen because his mind was attached with God, he was repeating the Holy Nam through the period of torture.

Result: A man who realizes God and obtains unity with him loves the will of God, he does not question God that why this is happening to him because "he takes it as the will of God".

"Tera kia mita lageh har naa adarth Nanak mageh".

For him joy and sorrow, gold and dust, nector or poison are alike. He is absorbed in the name of God that he forgets his worries and worldly entanglements and attains everlasting happiness.

ACKNOWLEDGEMENTS

honoured to acknowledge with sincere appreciation all those who have made it possible to hold this Camp

The following are just a few: The following are just a text
① Almighty Akal Purakhwho gave us the inspiration,
guidance and wisdom to hold the
Camp.
② The Executive Council of
Siri Guru Singh Sabha,
Mombasa who graciously and
most willingly accepted to host
this year's Camp.

this year's Camp.

All the parents who allowed their children to be under our trust and of course, sincere thanks to the participants who found it worth attending the

 All the members of various sub-committees, their convenors who sacrificed their valuable



Mohinder Singh Sohal

D Various donors who have

© Sikh Students Federation, whop resolutely co-operated with us before and during the Camp.

© Lastly, all those in the background who played a very crucial role in making this difficult task a simple experience

Mohinder Singh Sohal Honorary Secretary



Eleventh Sikh Youth Camp

Siri Guru Singh Sabha Mombasa

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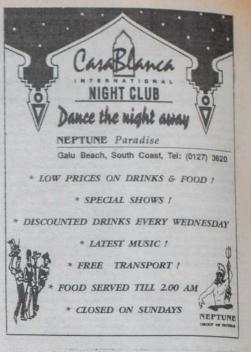
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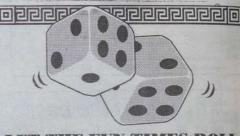
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DIE FIRMA MOTOR CITY England, brachte kürzlich eine Gruppe von 60 Personen nach Kenia zu einer Konferenz im 5-Sterne Mombasa Inter-Continental Resort.

Continental Resort.

Am Ende ihres einwöchigen.
Besuches hatten sie nur eine
einzige Beschwerde: daß sie
den wichtigen Fußballmatch
zwischen Aston Villa und
Luton United in Großbritannien
verpaßt hatten, der in Afrika
leider nicht übertragen wurde!
Motor City, eine Großhandelsfirma für Autoersatzteile und
Zubehör für alle Marken, hatte
die bestenkfunden und
diejenigen mit den originelisten
Ideen zur Verkaufsförderung zu
einer Konferenz in der Sonne
am Indischen Ozean eingelalden.
Die Gnuppe wurde gemeinsam

Die Gruppe wurde gemeinsam angeführt von den beiden Managing Directors John Edwards und Graham Barlow,

Eine solche Konferenz ist für uns ganz neu und sie war sehr erfolgreich.

Wir hoffen, eines Tages zurückzukehren.

In Nairobi besuchten sie die Kirinyaga Road, um zu sehen, wie in anderen Ländern mit Autoersatzteilen gehandelt wird.

In dieser Straße gibt es eine ganze Ansammlung von Geschäften, die Autoersatzteile



DIE GRUPPE von Motor City im Mombasa Inter-Continental Resort: v.l.n.r. Patt Rogers, Account Manager; Jason Ashcroft, Assistant Manager, Mombasa Inter-Continental Resort; Mrs. Marie Bariow; Mr. Graham Barlow und Mr. John Edwards, Managing Directors von Motor City; Mrs. Sylvia Edwards; Julie Twiggs, Operations Co-ordinator.

verkaufen, direkt neben Läden, die Autozubehör anbieten und sich gegenseitig Konkurrenz machen.

In Großbritannien kommt so twas nicht vor; diese beiden Branchen werden weit auseinander gehalten.

Kuoni, seit vierzehn Jahren in Großbritannien der führende Veranstalter für Fernreisen, hatte ihre Tour organisiert.

Graham Barlow kam im Ma Der Ort, wo die Konfernez

nach Kenia, und von sieben Hotels fand er das Mombasa Inter-Continental Besort des beste

'Professional Hotel Training Centre' im Kaskazi Beach Hotel

Die alten Frauen vergießen ihre Tränen umsonst

HÄUPTLING JAGONGO ein Fest veranstalten und hatte das ganze Dorf eingeladen

Aber über Nacht hatte es stark geregnet und der Fluß war über die Ufer

Vier afte Frauen, die auf der anderen Seite des Flusses lebten, waren auch eingeladen und der einzige Weg führte über eine schmale, schwankende Hängebrudeke, die von den Wellen gefährlich Wellen gefährlich überspült wurde.

Die Frauen zögerten zuerst, aber als sie von Ferne die fröhliche selischaft sahen und hörten, die sich vor dem Haus des Häuptlings versammelte, beschlossen sie n Fluß vorsichtig zu

erqueren. lachdem sie ein Gebet gesprochen hatten und

darum baten, sicher ans andere Ufer zu gelangen, betraten sie eine nach der anderen die Brücke.

Allee ging gut, und ale sie drüben angelangt waren, zählten sie vorsichtshalber nach, daß teine von ihnen

forengegangen war. ber wie es bei alten iten manchmal ist, eie ten Schwierigkelten m Zilhien.

drei, denn sie hatte vergessen, sich mitzuzählen.

Die zweite Frau kam zum gleichen Ergebnis, auch die dritte und die vierte sahen nur drei Frauen.

Sie waren sehr beunruhigt und dachten, daß eine von ihnen in den Fluß gefallen sel.

Sie konnten aber nichts entdecken, obwohl sie über eine Stunde an allen möglichen Orten nach der vermißten Frau suchten.

Als die vier Frauen nicht an der Party eintrafen, war der Häuptling beunruhigt.

Er ging selbst zum Fluß hinunter und fand dort vier traurige Frauen, deren Augen vom Welnen gerötet waren.

"Warum weint ihr denn an diesem fröhlichen Tag ?" fragte er, und sie eridärten ihm, daß sie zu viert

weggegangen, aber nur drei von ihnen sicher über den Fluß gekommen

habt euch ja nur verzählt, denn ich sehe vier Frauer

vor mir".

Erieichtert gingen sie eiligst zu dem Fest, denn die anderen Gliste warteten nur derauf, mit der Feler zu beginnen.

SEIT VIER Jahren ist im Kaskazi Beach Hotel von LTI das Professional Hotel Training

Centrein Diani an der Südküste in Von achtzig Teilnehmern -Köche, Kellner und Verwaltungs-angssteilte - haben sechsund-dreißig den Dreijahreslehrgang erfolgreich abgeschlossen und ein entsprechendes Zertifikat erhal-

Es ist eine einzigartige Einrich-tung in diesem Lande und entspricht dem hohen Standard einer Berufslehre, wie sie von der deutschen Regierung vorge-schrieben ist.

der Eröfnung des Kaskazi Beach Hotels als Pilotprojekt für die eigenen Hotelangestellten einge-führt von 1992-97 mit drei sich

Nach Beending und je r

Erfolg des Pro-grammes wirdeine Weiterführung in Betracht Angestellten

anderer Hote solide Möglichk an den Theoriekursen im Kaskazi Beach Hotel teilzunehmen.

In der Hotel- und Catering in der Flotei- und Catering-industrie besteht eine enorme Nachfrage für solche professio-nelle Berufskurse, die das Kenya Utalii College, die Hotelfach-schule in Nairobi, gegenwärtig nicht bewäßgen kann.

Das Ausbildungsprogramm steht unter der Leitung des erfahrenen Hotelfachmannes Martin Inler, Trainings/Operation Manager im Kaskazi Beach Hotel

HOTEL BRISTOL

Nachdem er seine Berufslehre imHotel Bristol in Basel (Schweiz) abgeschlossen hatte, arbeitete er während zwölf Jahren für die Hiltongruppe in London, Amster dam und in der Türkel.

Fünf Jahre verbrachte er in Saudiarablen, als er dort für eine Schweizer Managementgesell-schaft in verschiedenen Hotels

Herr Isler karn 1993 nach Kenis um seinen Posten im Professiona Hotel Training Centreim Kaskazi

Dieses Ausbildungsprogramm wurde im Mal 1992 eingeführt auf Anregung von L'11 Düsseldorf mit, der Unterstützung der Gesell-schaft für Technische Zusam-menarbeit (GTZ) im Rahmen der deutschen Entwicklungshilfe.

Herr later erklärte, daß dieses Programm nicht mit einer Hotelfachschule konkurriert, dass auf dem System einer deutschen Berufslehre für Köche, Keilnerund Verwaltungsangestellte basiert

Es isteine Berufsausbildung mit doppelter Funktion, da die Lehrlinge im Hotel unter dem zuständigen Abteilungsleiter praktisch arbeiten und während des ganzen Dreishreisehrganges zweimal in der Woche an Theoriekursen teilneh

Großer Wert wird in den drei Jahren darauf gelegt, daß die Lehrlinge sich mit allen Aspekten ihres Berufes bekanntmachen

Am Ende des Kurses gibt es eine Abschluß-prüfung und die erfolgreichen Kandidaten erhalten ein ent-sprechendes Zer-

Spezialbericht von

Das Hotel garantiertauf Wunsch ine Anstellung für ein Jahr im Hotel als gelernter Koch, Kellne oder in der Verwaltung.

Wie Herrisier sagte, unterstützt der Rektor des Kenya Utalii College das Ausbildungs-programm, indem er seine Fachlehrer regelmäßig an die Küste schickt, um Leksonen zu erfellen

Der Studiendirektor Mr. T. Dudah ist währendden Prüfungen als Beobachter anwesend,

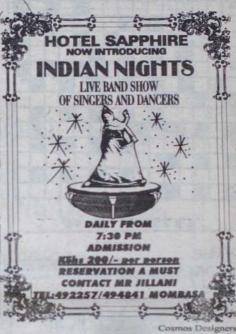
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Die Firma wurde 1989 als Hotel-Investitions - und Management-gesellschaft gegründet.

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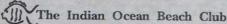


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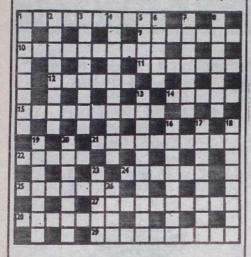
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The next draw for the winning entry will be
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should be sent - 'Prize Crossword'
COASTWEEK, P.O. Box 87270, Mombasa, Kenya.



CROSSWORD NO. 497

NAME..... ADDRESS.....

ACROSS

- Anxiety for one over a hundred in Ionliness [10]
 Cornered like Cassius by all accounts [7]
- 10. Openly too proud to take lodgers? [5-5]
- 12, 14. Sporting duck, I swear itl [7, 3, 3, 5]
- 15. No mercy can disguise this dubious art [10] 21. Come right to the point in say a picket's household
- 22. Inflammable as rve if mixed [5]
- Study opens, though clearly no admittance [6]
- Modest consonant to purify [7]
 Working figure, subject to a few strings being pulled
- The price of assurance [7]
- 29. Compose males and they'll fit to a T in this colony [10] DOWN:
- Top performing fish gets the bird [8]
- KOOL [4, 4] The Haydn masterpiece or one of Hartnell's? [8]
- The potato's changed into this! (Possibly why it is a tuber) [5-5]
- Mild expletive for menders of socks [4]
- 6. It comes in leaving the boat at Southend, owing to the weather [5]
- 7. A rush to disclose creative types [7]
 8. Mae catches a biter in a big pot [7]
- 13. Roll of officers ready to serve [6, 4]
- 16. Contempt of opposition [8]
- Little roller? (Take a chance on it) [8]
- 18. Supplied complete with alarm clock for campers? [4-4] 19. Dries up like part of a horse [7]

- 20. Smoker I find tedious [7] 23. Victim of fratricide by the founder of Rome [5]
- 26. Romulus, say, or 23 [4]

ANSWERS TO CROSSWORD NO. 496

ANSWERS TO CHOSSWORD NO. 496
ACROSS: 1, HEARSM, 49, PRISONS WITHOUT BARS, 11. NOON, 12.
FUEL 13. BEMUISED, 15. BAKERY, 16. RAHERE, 17. PARAPHERNALIA, 19.
ASSETS, 21. SECRET, 23. HEBREWS, 24. EXIT, 26. OTTO, 27.
PRELIMINARY, 28. TORPEDO, 29. USELESS.
DOWN: 1. HOBNOB, 2. PRIN, 3. ASK-KEY, 5, ROBBER, 6. SURF, 7.
SCALPEL, 8. CUCLIMBER FRAME, 9. WORKMANSHIP, 10. SUPERIORITY, 13.
BREADTH, 14. DAMAGES, 18. BALE OUT, 20. SEALED, 21. SWINGS, 22.
THOOPS, 25. TRAP, 26. ORAL.

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the religion of Love. There is only one

Language, the language of Heart. There is only one God,

He is Omnipresent. Start the day with love.

Fill the day with Love. End the Day with Love. That is the way to God.

- SAI BABA

FRIENDS of Fort Jesus present a video film 'Sea Trek' on Tuesday 10th December at 7,15 pm. at the Fort.

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self-seeking, pure as the Lotus which is unconscious of itself." N. Sri Ram.

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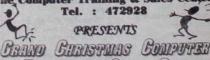
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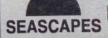
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(Where air parcel service is available)

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NAIROBI	MOMBASA	OTHER	NAIROBI	MOMBASA	OTHER
		OFFICES			OFFICES
10 Dec	9 Dec	6 Dec	10 Dec	9 Dec	6 Dec
7 Dec	6 Dec	5 Dec	7 Dec	6 Dec	5 Dec
16 Dec	13 Dec	14 Dec	19 Dec	18 Dec	17 Dec
6 Dec	5 Dec	4 Dec	17 Dec	16 Dec	13 Dec
13 Dec	12 Dec	11 Dec	19 Dec	18 Dec	17 Dec
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PITYTHE POOR MATATU DRIVERS - SOMETIN

THE OTHER DAY Kachumbari witnessed the kind of treatment meted out to 'matatu' drivers and touts when the boys in blue are carrying out their regular raids on non-compliance to traffic regulations.

11/1/2

Offer from 21st Dec

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BAYA BATES B

ARS TO

traffic regulations.
Some are quite firm and
efficient in going about their
duties but others treat the
matatu men as though they
have a hidden agenda.

Kachumbari spoke to some of the matatu drivers during one such swoop recently when the objective of the cops was to ensure that the 'matatus' had no music systems that were capable of producing loud music. loud music

It would appear that the degree of force used is directly proportional to the area where the cop's regular beat is.

During such swoops, a lot of cops are moved from their regular beat to reinforce the strength in the area of operation.

The contingent has to move from one area to another to try and catch as many vehicles as they can since the matatu drivers will take alternative routes once they know where the cops are stationed.

The cop whose area the swoop is in will make the best use of the

They will be the loudest and most aggressive when it comes matatus that they know from a

day to day basis.

By so doing, they will increase their leverage once things come back to normal.

They will come back and start taking in protection money so that during the next swoop they can be noisy and aggressive again but not really do much harm. All the noise and bravado during the swoop only ends up with the known matatus getting a cursory glance and no further inspection.



They do not even need to take out the music systems.

They are simply covered up and when the swoop has flown by, it is back to business as usual.

The amazing thing is that there has been so much ado about the amount of music the matatus make yet very little has been done about the state of the vehicles themselves.

Music will make the passengers deaf in thelong term but they have an option on choosing to travel on "quiet" matatus.

However, the state of the vehicles that Kachumbari saw being inspected for music and let off left a lot to be desired.

Most had bald tyres.

The indicators and other warning lamps were either not there or tied to the body of the matatu with a bit of wire.

Windows were wither missing or cracked as to be a danger to the passengers in the vehicles concerned.

The wheels on a lot of the vehicles seemed to be straining to get away from each other as they all pointed away from the

It left one wondering the measure of control the driver had on the vehicle.

The current crop of matatus have even gone a stage further and put all sorts of extra lights on frames that extend off the vehicle body.

Some of these lights can easily be confused with those of emergency service vehicles.

The sounds that come from the horns of these new generation matatus are such that drivers have to think twice before they react.

The sound of a chicken or the moo of a cow is unlikely to cause a driver to slam on his brakes or swerve to avoid an accident

since one would have expected to have seen the animal before reaching the spot.

A loud blast from a normal horn does elicit the right reaction from the driver.

If the boys in blue want to look for things that matatus should not have then they should start preparing a list of things that other road users would

appreciate.

Kachumbari's list would include musical horns, extraneous lighting, tinted glasses, all round 'roo' bars, wheels that extend beyond the vehicle frame, excess passengers, uncouth drivers, rude 'manambas' and so forth.

The matatuis a much maligned though essential part of the

county's infrastructure.

It is better to control it rather than ban it.

In a neighbouring country, the problem of overcrowding in public transport has been sorted very simply.

Both the driver, owner and excess passengers are liable fro fines should there be a case where a public service vehicle has more passengers than it is licensed to carry.

EMPOWERED

The fine is meted out instantly since the cop on the street is empowered to enforce the issue.

Repeat offenders face even stiffer punishment including the loss of the licence to operate.

We should take a leaf from other countries that have successfully controlled such public areas.

As a country we are perhaps different in our culture and behaviour but we can't be that different from our neighbours where certain legislation has been brought in and seems to work.

Or, is it that the legislators are themselves so involved in the business that they would hesitate to mess up their own and their most supportive constituents way of earning a dishonest living?

As Kachumbari said a bad

As Kachumbari said, a bad apple, if not removed in time, will quickly cause the rest of the basket to rot!

Massive Score By Jaffery Wins Kenya Postel Final

Special Report by

Vipul Patel

A SUNNY Sunday morning was the setting for the Kenya Postel Directories Knockout finals at Jaffery S.C. between Burhani S.C. and the hosts, Jaffer, writes Vipul Patel.

The spectators were trickling in from early morning and built up to a big crowd by mid-day.

The toss favoured the Jaffery aptain, who elected to bat

The opening pair started off quite safely for the first nine over,

collecting singles.

Hasham Muraj was the first victim being caught by Mustansir A. at seven runs off Hatim A.'s bowling.

Mohamed Reza Karim faced only three balls as the new batsman before being bowled and caught by Shiraz 'Pau' quite comfortably.

Reyaz Fazel who still can'thang up his bat with such a brilliant record gave some spectacular shots with Mohamed Fazal,

keeping the crowds entertained.

Mohamed Fazal returned to the pavilion at 28 runs after being caught by Yusuf Chuff.

In came the Hero of the Day Azim Karim keeping the crowd entertained with his devastating shots and style. shotsandstyle

He sent the ball in all directions sending the Burhani over the ground.

Hescoredhis century and one facing only 98 balls.

Truly a magnificent play by him. Reyaz Fazel in the meantime also showed some great shots hitting five boundaries effortlessly.

Both the batsmen were caught by Juzer Bata' Hussein's bowling after contributing a total of 137

Hussein Allidina (23 runs) and Abbas Nazerali (26 runs not out) came in to put the icing on the cake to finish off at a total of 253 runs for eight wickets.

Kutub Basanga' took one for 23 runs, Hatim A. and Shiraz Pau' took one each with Juzer Bata'

taking two wickets for 40 runs.

Muffadal 'Goof also took two wickets for 51 runs.

S1 runs.

Burhani S.C. into batting lost an early wicket at 19 runs after Hatim A. hit three boundaries and succumbed to Abbas Nazerali's bowling, caught by Fazle Bhanji who was folding at his best putting the younger players to sharme.

Shiraz S. went out for a duck after being caught off Fazle Bhanji's accurate bowling.

The Hussein brothers, Juzer and Yusuf managed to keep their heads down and contributed a total of 54 runs to the already fading

Muffadal Goof managed to keep the Jaffery bowlers at bay with his good play, scoring 33 runs.

good play, scoring 33 runs.

But it was a brilliant catch by Azim Karim at square leg off Juzer Bata that started off the Burhani collapse with the rest of the batsmen giving a lotal of 26 runs falling victim to the evergreen bowler Mohamed Reza Karim whose appetite for wickels never diminishes (4/29).

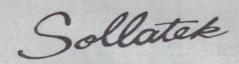
The March the Molath west that

The Man of the Match went to Azim Karim.

Presenting the award was Mr. Zakayo Njeru, the Sales and Marketing Manager of Kenya Postel Directories, whose sponsorship this year has been highly appreciated by the cricketing fraternity of Mombasa.

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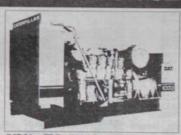
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For service improvement reasons, Kenya Posts & Telecommunications Corporation is pleased to announce the change of some numbers on levels 50xxxx and 60xxxx to levels 53xxxx and 54xxxx from November 22nd, 1996 at 7.00 a.m.

The changed number list for the affected customers is shown below.

Customers are requested to refrain from making calls to and from the affected levels between 6.50 a.m. and 7.10 a.m. on the change-over date.

NAIROBI SOUTH CHANGED NUMBER LIST

or Journ Chi	ANGED NUMBE	K LIST					
OLD NO.	NEW NO.	OLD NO.	NEW NO.	OLD NO.	NEW NO	OLD NO	NEW NO.
503099	532350	606244	532096	505225	NEW NO. 533671	OLD NO. 606637	534872
500386	532382	500942					
500387	532383	501352	532108 532147	504275 505186	530798	604645	534174
500384	532447	503122	532234		534719	603564	534177
502408				505388	530799	608657	532318
	532450	503101	532235	505466	530936	606556	534873
500350	532452	503072	531651	505441	533942	606906	534228
500352	532558	503093	532236	505422	533682	606912	534817
500353	532674	503904	532237	506180	533686	606799	534624
500354	532722	500763	532310	606715	530937	606925	534628
500355	532747	505764	532311	606037	530938	606909	534818
500356	532931	504488	532312	606603	530939	606915	534634
500357	532934	504521	532315	606444	530940	606793	534819
500360	534293	504525	532317	606830	530941		
500361	530569	504586	532318	505221	530942	606796	534635
500362	533027	504588	532323	505228		606903	534874
500363	533037	504598	532324		530943	606921	534767
500359				505223	533793	606924	534411
	533073	504628	532327	505224	534801	607362	534413
504235	533075	504682	534830	505648	534802	607373	534414
607636	532775	603771	532344	505641	534804	607369	534415
500385	533123	609632	532347	607635	534806	607366	534416
500380	533140	506734	532348	607637	533799	607367	534417
500381	533165	506794	531105	504885	533922	607363	534418
500382	533168	506704	533259	502881	534020	607370	
500383	532382	505133	533334	505216			534419
500366	533212	505190	533338	505216	534438	607371	534420
500734	533221	505196	533336		534244	607365	534422
505757	543733			604730	534807	607374	534423
		506749	533400	604729	534809	607376	534522
505850	543691	505136	533456	605283	534810	607400	534942
505825	530792	504981	533457	605284	530031 534847	607401	534943
500351	534862	506759	533458	504843		607402	534945
609637	530802	506767	533499	505958	530602	607403	534946
501070	544248	504959	534815	505935	530679	607364	534947
503682	534297	502158	530383	502620	530772	607404	534948
500852	532141	502159	533512	502659	534848	607405	534866
607267	534360	502160	532156	606854	532346	607360	530794
500964	534361	502161	534831	506872	534811	604801	534529
503697	534399	502157	533578	506875	531001	602644	534920
602689	534461	506840	533289	505092	534849	607354	534875
603788	534467	506858	533298	505084	531135	607356	534921
500920	530865	504320	532323	606639	531534	607357	534922
	534507	504438	533727	606627	531597	607358	534923
503521			533730	506662	531686	607359	534963
501947	534552	504798		506675	530865	607355	534600
503132	545903	501832	534841		531937	607244	534877
603781	543680	605817	531990	506459		606565	534800
607269	534565	501905	531992	506653	534846		534840
500057	534584	501844	531993	607675	531987	606677	
607529	534607	504835	530589	505650	532097	606566	534850
607528	534618	504826	532207	505673	534812	607233	534950
500055	534072	500620	530777	505686	532238	606560	534488
502095	534077	504725	530793	502715	532239	607077	534940
	534892	606265	531434	608564	532290	606699	534860
502096	334072	605822	531439	503797	532316	606860	534870
502097	531045			503573	532322	607070	534899
607555	531449	605930	531443		532619	606960	534911
607721	534087	606041	533308	603588		606888	534930
607840	533975	606334	533310	603977	532694	607080	534944
607945	533977	605942	533314	603455	533425		534949
608057	533978	505941	530795	603800	534813	607088	
607055	533979	605691	534844	604148	533444	607361	530778
607163	533980	607335	532649	603790	533559	606884	534878
607274	533981	506490	530796	604512	533660	606886	530674
607385	533738	506494	530864	604355	534851	606955	530800
		506495	533566	603126	533716	607060	534933
607497	531475		533328	603904	534853	607368	534855
605593	531488	500050			534861	606856	530859
605705	534101	500015	533645	602089		606864	530863
605481	531496	500051	533646	603427	534814		530839
605370	533802	501864	531991	607375	530849	606885	
500090	531799	606329	533377	602002	533894	606855	531628
500801	534260	501167	533402	604594	534665	606853	530926
500832	530508	506543	533403	601097	533791	607633	530922
502848	531926	603243	533404	605124	534025	502674	545879
		603022	533406	603543	534862	506875	541148
500056	534879			604481	534026	606863	534820
606728	532032	603131	533407		534041	603640	534821
603905	532041	502303	533438	603428			534822
606729	532044	603472	530797	502939	531943	606688	
501616	532095	607062	534829	605285	534410	607603	534412

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MENS' MUG AND MEDAL Silver Division: Winner: Miss F. Karimi 77 nett, Bronze Division: Winner: Miss A. Khan 71, Runner Up: Mrs. P. Barnsley 73, Best Gross: Miss A. Khan 92.

THERE WAS an excellent field of 72 players for the November Men's Mug at Nyali Golf and Country Club last Saturday.

The competition was very generously sponsored by Willie Findlay (DSQ.) and this being St. Andrew's Day, Willie certainly celebrated his sponsorship in style.

As well as the usual Mugs to be won, Willie supplied various provisions from Scotland, bottles of whisky, rich fruit cakes and fine shortbread and was resplendent at the prize-giving in a kilt and full regalla!

With the course in such good Golf News by

With the cours condition, there were excellent scores for the second week running, with few problems to be found on or off the fairways.

Vishnu Dhutia played the round of his life to win the A division with a fantastic nett 65 and he also had the Best Gross of the day, 73.

Follow

Vishnurecently benefited from some coaching from none other than David Leadbetter and it certainly seems to have paid dividends, having taken only three months to 'rebuild his evine!'

The runner up was veteran golfer Jimmy Kimanthi with a very good round of net 69 playing off 11 handicap.

He counted into third place Jay Sondhi who returned a 74 gross which was also nett 69.

The sponsor Willie Findlay celebrated his national day by winning the B division with a good nett 70 in spite of having been cutone stroke in handicap during the week.

Just one shot behind was the runner up Norman Wilson who returned a good nett 71 to be one ahead of third placed Guiam Taki on nett 72 who counted out Pohit Deuts! Rohit Devani.

In the C division the winner Was Feisal Sherman who had a Very good nett 69, closely flashain Karim, who practises very regularly, who scored nett 70.

BRIDGE RESULT

RESULT OF the Mini Bridge Tournament played on Wednesday, November 27th at Mombasa Sports Club.

Shah & U. Shah 236 Shah & Mahendra 235. Dodhia & Dr. Rawal 234. Shah & C. Shah 233. Modi & J. Babla 231. Dodhia & Dr Gandhi & P. Savia Shah & P. Savia Vora & L. Gudka Malde & R. Shah & Mrs. V. Patel & Shah Gandhi & Pujara 226 214; 213; 211; 199 Shan & S. Shan 199; J. Shah & B. Babla 198; Shah & C. Shah 194; Malde & R. Chandaria 191; Savla & M. Savla 178; Patel & D. Trivedi 176; & Mrs. D. Shah 156.

RESULT OF the Monthly Tournament sponsored by M.P. Shah on 2/12/96 at the LTC.

D. Trivedi & R. Patel 291; Ruparelia & H. Shah 286; Babla & M. Shah 274; Gandhi & T. Pujara 274; Gandni & I. Pujara 274
. & Mrs. M. Shah 262
. J. Shah & B. Babla 252
. Shah & S. Shah 249
. & Mrs. V. Patel 249
. Rawal & H. Dodhia 245
. Dhanani & D. Shah 232 Rawal & H. Dodhia 245 Dhanani & D. Shah 232 Chandaria & R. Maide 227 Chandaria & H. Maide
V. & Varadarajan
Shah & K. Shah
Haji & J. Close
Shah & S. Shah
Malde & M. Boiness
Boiness & P. Savla
Maide & A. Shah
A. Mrs. Hanograaf 182 200; 199; 190; 186; H. Malde & A. Shar Mr. & Mrs Hanegraaf 183.

The third prize went to another veteran Pip Barnes refreshed after a trip overseas who had

It was wonderful to see such a lively and fun prize-giving and speaking on behalf of all the players, Vishnu Dhutia thanked Willie for his very special Mug sponsorship.

D.S. TRIVEDI SPONSORS

KLGU MEDAL AT MOMBASA
ON THE SAME afternoon the ladies of Mombasa Golf Club ON THE SAME atternoon the ladies of Mombasa Golf Club played their November KLGU Medal which was very kindly sponsored by D.S. Trivedi, courtesy of Subash Devani.

It was a plea-sant afternoon for golf but the course con-tinues to give many problems especially with lies on the

Winning the Silver division vas Florence Karimi on nett 77.

The Bronze division winner was Akki Khan who had a very good score of nett 71.

She was just two shots clear of the runner up Perviz Barnsley who scored a nett 73.

Akki also had the Best Gross

ZUBEIDI BROTHERS AND MWANGI COFFEE GOLF DAY AT MOMBASA

The popular annual Mwang Coffee/ Zubeidi Brothers gol Coffee/ Zubeldi Brotners goir competition took place for the tenth year on Sunday sponsored by Mr. Abdulla Zubeldi who is a loyal supporter of golf at Mombasa Golf Club.

There was a good field of 63 golfers, playing on a fairly hot day with some breeze bringing a little relief.

The condition of the course is only fair, with the fairway lies being poor and the greens are very hard making it difficult to stop the ball.

Thescores were generally very bad indeed which made that of the winner all the more remarkable.

Bharat Thaker had one of thos dayswhen everything went well and he returned an excellent score of 40 points to be the easy

The nearest challenger was five points behind.

Playing well for a second day, the runner up was H. Karim on a good score of 35 points.

Third place went to Ramji Asodia who is playing steady golf these days, his score was 34 points.

Three players tied on 33 points and winning the countback to take fourth prize was the Nyali Captain Davis Muli.

The Best Lady prize was the next to be awarded and this went to Akki Khan who had 25 points.

In sixth place was a new member C.K. Yu also with 33 points and he counted out Hassan Ramadhan who was the 1995 winner.

Mr. Zubedi was once again a most generous sponsor and as always he remembered the caddies giving them gifts in cash and kind.

The members were not forgotten either, all those who stayed for the prizegiving receiving packets of coffee.

FULL RESULTS

DIVENSE WHITER: V. BAUtia 65 nett, Runner up: J. Kimanthi 69 Third: J. Sondhi 69, Best Gross: V. Dhutia 73, B Division: Winner: W. Findlay 70, Runner up: N.J.M. Wilson 71, Third: G. Taki 72. C Division: Winner: F. Sherman 69, Runner up: H. Karim 70, Third: W. Barnes 71.

KLGU MEDAL - MOMBASA

Mr. Z. Nderu the sponsor from Lotus Hotel was present for the last match and Mr. George Ogolla, the Provincial Sport Officer came to present the prizes.

In his short speech Mr. Nderu



MR. PIP BARNES¹ (left), chairman of the Nyali Golf and Country Club with Mr. Victor Shitakha - Executive Asst. Manager and Mrs. Zabin Jamal - Sales Manager of Nyali Beach Hotel overseeing preparations for the hotel sponsored 50th Anniversary Nyali Golf Cup to be held on Dec. 7th.

THE FALDO FORMULA

expressed his delight that the tournament had gone so well and that the aim of promoting tennis in non-affluent areas was being

He thanked Mombasa Sports Club for the use of their courts and the Coast Lawn Tennis Association for all their hardwork.

He pledged his continued support for next year and agreed that the tournament may be moved to Jan. or Feb. so that more children can be accommodated when they don't have end of year school exams.

GRASS ROOTS

Mr. Ogolla gave his assurance that he was very supportive of promotion of all sports among the youth and that he was delighted that many children at grass roots level were now playing tennis.

He noted the success of Faiz. Bakari and Abdul Siwa, ballboys at Mombasa Sports Club who now play tennis and who were semi finalists in under 12 doubles.

Philip Koteng in his first

Bhudia Brothers held their ranking under 18 but are now being closely closed by Nickson Wakesa, Muaz Notier, James Induli and Anuj Jari.

Harshil Dhutia, Poojan Kanabar and Amir Rajabali are fast approaching the top.

Girls' tennis is still in the doldrums with Meera Chandaria being way out in front, but coming up is Nyawira Githae and Rose Mutua. Results:

Results:
Boys: U12singles winner-Philip
Koteng, R/Up Moiz Karachiwalla;
U14 singles winner-Anul Jari, r/up
- Harshil D.; U16 singles winnerAmit Bhudia, r/up- Anul J.; U18
singles winner- K. Bhudia, r/up-M. Notiar; U12 Doubles winner-P. Koteng/J. Pandit, r/up- F. Bakari/ A. Siwa: U14 Doubles winner- H. Dhutia/A. Rajabali, r/up - P. Kanabar/ A. Chudasama: U16 Doubles winner-A, Jari/A, Bhudia, r/up-J, Induli/H, Chudasama; U18 Doubles winner - Kartik & Amilt

Girls: Due to small entry this event played as Round Robin: Winner Meera Chandaria runner up Nyawira Githae

The Lotus Shields for the 1996 a best two players were awarded to Kartik Bhudia and Meera

18 of the players travelled to Nairobi to participate in the Kenya

News so far is that several of them reached semi-finals and finals so we shall be having some of the Trophies in Mombasa.

Beach Anniversary Golf

ONE HUNDRED and Fifty Golfers have registered

ONE HUNDRED and Hitty Golders have registered their participation in Nyali Beach Hotel Soft Anniversary Golf Cup Tournament to be held at Nyali Golf and Country Club on Saturday December 7th.

Among the top golfers who will be playing for Nyali Beach Hotel Golf trophy will be Mombase Champion Wachira Mahihu, who has just returned from the Kanya Seed Golf Trophy in Kitale which he won.

Others who have confirmed their participation include Beach Okelib Night Duty Manager at Nyali Beach Hotel, J.

Ben Okello Night Duty Manager at Nyali Beach Hotel, J Sondhi, A. Ruliya among other top Mombasa Golfers.

Fabulous prizes will be available to be won by the winners of the tournament at the 18-hole course, Davis Muli, captain Nyall Golf and Country Club

He said the tournament sponsored by Nyali Beach Hotel will be held over one day starting at 8.00am.

Nyali Beach Hotel, said Muli, has been a traditiona sponsor of Golf tournaments at the Nyall Golf and Country Club for the past many years and has sponsored the Saturday Trophy as part of the celebration to mark its 50 years in the hotel industry.

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performing at the Diani Beach Shopping Centre, Friday 6th December prom 7:30 pm

Tickets: 500/- ppn, Cash Bar and Food Stalls by Leading Local Restaurants

All proceeds from the event will go to Diani Children's Village and Rotary Coast Polio Plus Programme

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MOMBASA, December 6 - 12, 1996

MSC Move **Up Junior** Knock Out

MOMBASA Sports Club moved to the second round of the KCA Junior Knock-out Cup on Sunday, with a convincing 111 run win over Kambis of Nairobi, writes DJW

Batting first after winning the Batting first arter winning the toss, Sports Club lost two early wickets, but a good stand by Zahir Jiwan (34) and Jayanty Mistri (43) took the score to 84 in the twentieth over.

The score continued to progress steadily, but wickets fell regularly and, with the score at 153 for nine, a moderate total looked likely.

However, a fine last wicket partnership between Jayanti (25) and Aleem Hirani took the score to 190, all out in the

In reply, Kambi's opener Harish attacked from the start, 35 runs coming in six overs before he was bowled for 28, including four boundaries and a huge six.

The introduction of Zaheer Abbas Khaku to the attack put Sports Club on the winning trail.

Bowling big inswingers, he took five wickets for fifteen runs in his ten overs and with two wickets from Aleem Hirani, Kambis were dismissed for only 89 runs, in the thirty fourth over.

'Said Hemed' Generously Distributes Shilling Soccer Bonanza

SAID HEMED has sponsored enya's most expensive so purnament at the Likoni Bomani ground in Mombasa

Over one million shillings will be dished out in form of ms and cash money

The tournament which kicked off on the 9th of last month, is being competed for by 34 teams some of which come from as far as Wanga at the Kenya-Tanzania border

According to the Likoni Bomani Football League Chairman Mr. Salim Zula who was flanked by his secretary Mr. Hassan A. Zanny the winner of the bonanza will walk away with a cash prize of Kshs. 40,000/- and a full set of uniforms comprising of a football jersey stockings and football boots.

The runners-up will pocket Kshs 20,000/- and a set of football uniforms without the boots

The second runners-up will be awarded Kshs. 10,000/- and a set of football jersey minus the boots

Among the teams competing for the big treasure are Ghazab FC, Colombia FC, Blackpool FC, Survival FC, Kismokabase FC, Volcano United FC, Wanga United FC. Lohana FC, Jupiter FC, Strikers FC, Time Democracy FC, Vimburgas FC Vimbwanga FC, Yanga FC, PanamaFC, Zamalek FC, Paranja

FC, Western Dose FC, Vyemani United FC



PROVINCIAL MINILEAGUE

This year's Provincial Mini League is showing surprises day

after day and all the teams taking part are more serious than expected.

Three teams are expected to qualify from the mini league to play in next year's Coast Super League.

The final matches of the mini league will be played on the 14th and 15th of this month at the Mombasa Municipal Stadium.

The results of the already played matches are as

Simba 0 vs Western Stars 2 (match abandoned 65th minute) Sunrise 2 vs Gorilla 1; Kilimo 0 vs ance 3; Brighter 3 vs Brazilia 1; Gorilla 1 vs Western Stars 1; Kilimo

vs Mackenzie (Kilimo arrived late match awarded to Mackenzie); Simba 1 vs Ganjoni 6; Sunrise 1 vs Ganjoni 0; Gorilla 3 vs Simba 0 (walk over Simba never showed up); Western Stars 1 vs Sunrise 0 Mackenzie 3 vs Brighter 1.

GRANTIZA CUP AT MWITA GROUND

On Saturday the great Grantiza Cup Tournament kicked off when Amsterdam FC and Scorpion FC drew 1-1 in a hotly contested match at the Majengo Mwita School Ground Ground.

The annual soccer bonanza organised by Khalid Mohammed of box 89684 Mombasa has this

year attracted 15t four groups.

Last year champions were Scorpion FC.

Group A - Zigolia FC, Bantu FC Buxton Strikers, Tamil Tigers,

Group B - Scorpion FC, Eleve Brothers, Amsterdar Banyamulenge. Amsterdam

Group C - Scarlet, Black Dragon, Zamaria, The Barbars.

Group D-Grantiza, Brazil, Zuba

The matches are being played throughout the days of the week starting from 30th Nov. 1966 to 31st Dec. 1996 when the finals will be played at 9.00 am. on weekend while at majority of the matches kick off at 4.00 pm.

AGA KHANTHRASH MAKUPA RANGERS

AGA KHAN Club made a good start in the opening match on Saturday 30/11/96 when they whipped their arch rivals Makupa Rangers 4-2 in a fast and entertaining game.

Rahim Amershi (Mukri) of Aga Khan was in top form and scored a double.

Yahya and Sameer scored a goal each.

Rangers scored both their goals in the second half.

On Sunday Badala Stars won 3-1 against Jaffery Sports

On Monday the stars fielded a very youthful side which plated excellent soccer and entertained the crowd with their superb ball control and accurate passes.

Spurs FC won 4-2 against Sun 'n' Sand on Tuesday.

Abubaker Rashid scored in the second minute for spurs

but Sun 'n' Sand were quick to equalise in the 5th minute through Frank Bahatisha.

Sameer Muravej, Tawfiq Karama and Farahad Fareed scored the other 3 goals for Spurs FC whilst Simon Masila

Special Report By

Correspondent

scored the second for Sun'n'Sand

The youthful Badala Stars progressed towards the semi-finals by

registering a 2 draw against Burhani Sports Club on Tuesday 03/12/96.

REMAINING **FIXTURES**

Wed. 4/12/96 - Kokni vs Jaffery

Thur. 5/12/96 - Aga Khan vs

Fri. 6/12/96 - Burhani vs

Sat. 7/12/96 - M. Rangers vs

Sun. 8/12/96 - Jaffery vs

Mon. 9/12/96 - Sun'n'Sand vs M. Rangers

Tue. 10/12/96 - Kokni vs

Wed. 11/12/96 - Aga Khan vs

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MOMBASA, December 6 - 12, 1996

FRIDAY High Water - 2.6 m. at 00.42 hrs. (12.42 a.m.) and 2.3 m. at 13.05 hrs. (1.05 p.m.) Low Water - 1.2 m. at 07.05 hrs. (7.05 a.m.) and 1.0 m. at 19.05 hrs. (7.05 p.m.).

SATURDAY High Water - 2.8 m. at 01,37 hrs. (1.37 a.m.) and 2.5 m. at 14.03 hrs. (2.03 p.m.). Low Water - 0.9 m. at 19.54 hrs. (7.54 p.m.) and 0.9 m at 07.57 hrs (7.57 a.m.).

SUNDAY High Water - 3.1 m. at 02.21 hrs. (2.21 a.m.) and 2.7 m, at 14,49 hrs. (2.49 p.m.). Low Water - 0.7 m, at 20.36 hrs. (8.36 p.m.) and 0.6 m at 08.41 hrs (8.41 a.m.).

MONDAY High Water - 3.3 m. at 03.00 hrs. (3.00 a.m.) and 2.9 m. at 15.30 hrs. (3.30 p.m.). Low Water - 0.5 m. at 21.15 hrs. (9.15 p.m.) and 0.4 m at 09.20 hrs. (9.20 a.m.). TUESDAY High Water - 3.5 m. at 03.38 hrs. (3.38 a.m.) and

3.0 m. at 16.08 hrs. (4.08 p.m.). Low Water - 0.4 m. at 21.53 hrs. (9.53 p.m.) and 0.2 m. at 09.59 hrs. (9.59 a.m.). WEDNESDAY High Water - 3.7 m. at 04.16 hrs. (4.16 a.m.)

and 3.1 m. at 16.47 hrs. (4.47 p.m.). Low Water - 0.3 m. at 22.32 hrs. (10.32 p.m.) and 0.1 at 10.37 hrs. (10.37 a.m.). THURSDAY High Water - 3.7 m, at 04.55 hrs. (4.55 a.m.) and 3.1 m. at 17.26 hrs. (5.26 p.m.). Low Water - 0.3 m. at 23.12 hrs. (11.12 p.m.) and 0.0 m. at 11.15 hrs. (11.15 a.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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