

# Memories of reflected glory

SEVERAL new rules for athletes were recently approved by the IAAF and will be applicable in Kenya.

- Those of greatest interest to local athletes, teachers, officials etc. are:
  - The throwing sector for the shot, put, discus and hammer has been reduced from 45° to 40°
  - In field events, the time allowance for each trial, from the moment the official indicates that all is ready, to the time the athlete begins to perform, has been reduced from two minutes to one and a half minutes.

The exception being in the pole vault. Of marginal interest was the warning that the heptathlon (7 events) for women would be introduced in 1981.

The IAAF Technical Committee also discussed increasing the weights of throwing instruments, since there is a real danger of a good javelin thrower landing one in the crowd beyond the track.

A decision was deferred to a later date, which means they do not expect our Eunice Nekesa to break any world records these days!

Entering a new year is often a time to look back in history, and we may remember that 25 years ago was the emergence of Kenya as an athletic country.

Nyandika Maiyra was placed third in the English AAA Three Miles Race in a time of 13 minutes 54 seconds, whilst chasing Steve Green to a World Record.

That same year, 1954, on a cold, windy May evening, Roger Bannister broke the magic 4 minute mile barrier with a time of 3:59.4.

This was the year of great runners like John Landy, Emil Zatopek, Gordon Pirie, Chris Chataway, Vladimir Kutz and Jim Peters, the greatest marathon runner of all time.

In 1960, Australian Herb Elliot set a magnificent world record of 3:35.6 for 1500m, and it has taken nineteen years to reduce this by a mere three seconds.

The record being held by Filbert Bayi of neighbouring Tanzania, and nobody has looked remotely like beating it since that memorable day in Christchurch, New Zealand.

These are memories of reflected glory, lets train our athletes for a memorable future, every Tuesday and Thursday evenings at the Municipal Stadium.

- TONY LETT

# SOCCER GOES ON DESPITE PLAYER CHAOS

from TONY BARROS in Dar es Salaam

AS 'defections' and 'poaching' spread between the two main soccer clubs in Dar es Salaam continued, the clubs and the players were dismayed when the Football Association of Tanzania reminded them of the implications.

For little did the two clubs, Dar Simba - the national Club Dar Simba - and their arch-rivals Young Africans know that Dar Simba after the registration notice could not even sign up their own players in friendly.

The players - notably Adam Labu and Atumani Juma of Simba who moved to Young Africans last week are faced with a very grim alternative of either returning to their old club or not playing international football for any year.

Their decision will be further aggravated by the fact that their transfer forms were not endorsed by F.A.T. The better late than never reminder will be a blessing in disguise to Shabani Tawala and Asub Shabani of Simba who were contemplating a move to Simba.

Meanwhile the Minister for National Culture and Youth, Mr Chedie Mgonia has directed all National Sports Associations to continue with their preparation for international commitments despite a temporary halt on sports competitions as a result of our border war with Uganda.

He said that the suspensions of competition should not affect training because it could be held anytime.

But the Tanzania Boxing Association (T.A.B.A.) is uncertain of taking part in the East and Central African Boxing Championships in Nairobi in April as they could not prepare themselves owing to the suspension.

Meanwhile, Mr Mgonia admitted that the training programme for the 1980 Moscow Olympic is 'haphazard' and blamed the absence of preparations of the teams on the bureaucracy on the sports administration.

Mr Mgonia pointed out that the national associations concerned should have drawn their training programmes for presentation to the authorities.



• The organising committee for this year's International Invitation Tennis Tournament. (Left to right) Mr Nate Nathani, chairman of Mombasa Sports Club, with members of the International Invitation Tennis Tournament Committee, Mrs Alison Cunningham, Mrs Maria Zimmerman, Mr and Mrs Bill Sell and Mrs Margaret King.

# International Invitation Tournament on the way

PLANS are nearly complete to ensure that all the international players invited to the Mombasa tournament will be well looked after during their stay here.

The International Invitation Tennis Tournament, which will be played at the Mombasa Sports Club from February 5 to 11, is being sponsored by the Bamburi Cement Company to the extent of 10,000. I must apologise for reporting the amount 'wrongly' in COAST-WEEK last week.

The committee in charge of all arrangements, whose chairman is Mr Killi Sell, reports a 'most encouraging response' from all those so far contacted to assist.

## JENNY MAITLAND JONES reports

It has met twice in the last week, and assisted by advice from Sports Club chairman, Mr Nate Nathani, has ironed out most of the initial problems.

The printing of programmes and tickets is going ahead, advertisers have come forth in support - 'very satisfactorily', says Mrs Maria Zimmerman, insurance against rain has been taken out, spectators' stands erected and the floodlights checked.

But a spokesman for the ITT committee commented 'we still need offers of accommodation for players. The trouble is, with all the turnover among the older

residents of Mombasa, newer arrivals haven't yet stepped forward to take their places'.

All those who offer to put players up for the week receive entry tickets to watch the tournament, and an allowance

of 30 per player per day towards their keep.

All those willing to act as hosts should contact Mrs Alison Cunningham, who can be reached either at the Sports Club or on telephone 471722.

# M.S.C. CONTINUES WITH ITS WINNING WAYS

## JOHN DURSTON reports

MOMBASA Sports Club continued its fine start to 1979 with this victory over Simbi.

The heat slowed down the pace of the first half play but M.S.C. were generally in command and took a 2-0 lead when firstly Durston beat the defence and glanced a header home and then Rosteau latched onto a poor clearance following McAdams' cross and hammered in a right foot shot.

M.S.C. continued in good style for most of the first half and D'Silva was prominent in developing skilful attacks and thwarting Simbi efforts when in defence.

The second half got under way with Mallon, playing his penultimate game for the club, coming on in midfield. This enthusiastic approach and the cooler condition spurred M.S.C. to greater things and Simbi reeled under the pressure exerted on them.

Numerous M.S.C. chances went begging whereas Woodhams in goal for M.S.C. was hardly troubled.

Unexpectedly Simbi scored just when it seemed they would be annihilated and they suddenly took heart and had a

long period of intelligent skilful attack.

It was Mallon's dedication and skill in defending and encouraging that pulled M.S.C. out of a difficult situation and it was only fair that he should be instrumental in setting up the attack which gave M.S.C. their 3-1 win.

His pass from defence was knocked on by Rosteau and D'Silva pounced on the loose ball and drove a glancing right foot shot low into the far corner.

So M.S.C. came out victorious yet again. But time will only tell what effect Mallon's departure will have on the team.

It is likely that his commanding presence, in his usual defensive position, will be sorely missed.

# DULL FISHING FRONT

from JAMES ADCOCK

A STRONG S.E. wind has been blowing for most of the week and consequently the fishing has been 'off' - apart from the regular daily sailfish catch, ranging between 22-30 kilos.

Bahari Club chairman Clive van Rensburg came home with a 31 kilos sailfish over the weekend, fishing off Mombasa in his boat Jumbo Tatu.

The wind has not only affected Mombasa, but has also hit the South Coast where Shimoni reports a disappointing time.

Fortunately the situation is

improving and since Thursday the monsoon appears to be blowing again from the right direction and better fishing has been noticeable, particularly with tourist catches.

This weekend sees probably 30 boats in Mombasa for the two-day Pan Africa Fishing Competition being hosted at the Bahari Club.

# FIXTURES

- 19.1.79 - Luzern (Switzerland) v. Nyundo at the stadium.
- 20.1.79 - Kenya Breweries v. Mwingi (friendly) at the stadium.
- 20.1.79 - Black Dragons v. Nyundo (div. III) at the stadium.
- 21.1.79 - Luzern v. Fossil (friendly) at the stadium.
- 21.1.79 - Kamba v. Burnley (div. III) at the stadium.
- 21.1.79 - Digo United v. Nyota (K.F.L. division II) at the stadium.
- 21.1.79 - Champion v. Chelsea (K.F.L. division II) at the police ground.
- 21.1.79 - M.O.W. v. Black Panther (div. II) at the Tononoka ground.
- 21.1.79 - Basohi v. Matengo Heroes (K.F.L. division II) at the stadium.
- 25.1.79 - Tudor United v. Taita-Taveta (division II) at the police ground.
- 25.1.79 - Kileleshwa v. Simba Nyaima (div. II) at the Tononoka ground.

# BOMANI JUNIOR LEAGUE:

The NEW Bomani Junior League - aimed at Mombasa youngsters between 12 and 18 years of age - has got off to a good start, reports League chairman Maalim Rai.

Matches are played at the Chandaria Hall grounds, Bomani, with a kick-off at 3.00 p.m.

- Forthcoming fixtures include:
- 20.1.79 - Young Brazilian Football Club v. F.C. Nyuki Star
  - 21.1.79 - Young Eagles Football Club v. Eleven Brothers F.C.
  - 27.1.79 - Fetawa Football Club v. Barcelona F.C.
  - 28.1.79 - Black Power F.C. v. Young Brazilian F.C.
  - 3.2.79 - Chamusca F.C. v. F.C. Nyuki Star
  - 4.2.79 - Argentina F.C. v. Young Eagles F.C.
  - 10.2.79 - Manchester F.C. v. Eleven Brothers F.C.
  - 11.2.79 - Barcelona F.C. v. Young Brazilian F.C.

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