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Coastweek

Issue No. 2252 December 31, '99 - Jan. 06, 2000.

PRICE - KENYA FIFTEEN SHILLINGS



HAPPY NEW MILLENNIUM!

INSIDE THIS ISSUE - YOUR GUIDE TO NEW YEAR ENTERTAINMENT AT THE COAST

Alliance Success

KENYA AIRWAYS FLY IN 1,000th 'ALLIANCE HOTELS' GUEST

IT WAS a VIP welcome at both Nairobi and Mombasa International Airports for Mr. Daniel Crum - the 1000th Alliance/ Kenya Airways package fly-in guest in just the last six months.

Accompanied by his wife, Connie, and three children - Sarah (14), Josiah (12) and Rachel (8) he was overcame at being targeted by the press on hearing this astonishing news from Alliance Hotels when checking-in at Jomo Kenyatta International Airport en-route for a ten day vacation at Jadini Beach Hotel.

To celebrate the occasion in style there was champagne for Mr. and Mrs. Crum, the upgrading of their seats to first class, and toys for the children.

SOUTH COAST

There was a bouquet for Mrs. Crum as she alighted from the aircraft at Mombasa presented by a smiling Naomi Walthaka, Guest Relations Officer, Jadini/ Africana Sea Lodge, who was accompanied by Fatma Makori, Guest Relations Manager.

Also there to welcome them and to wish happy vacation were KA's Station Manager, Said Antar, and KA's Duty Controller, Caroline Mbotela.

Waiting outside Moi International Airport was an air-conditioned 'mini bus, together with cold drinks, to take them to Kenya's south coast.

At Jadini Beach Hotel they were warmly greeted by colourfully attired Maasai performing a traditional welcome dance.

FELLOWSHIP

This brought back fond memories of the Maasai Mara to Mr. and Mrs. Crum who had lived and worked there for several years.

They hail from America and are the Christian Missionary Fellowship based in Nairobi.

'Welcome Home' signs had



On arrival at Mombasa's Moi International Airport, Mrs. Crum is seen being presented with a bouquet by Naomi Walthaka, Guest Relations Officer, Jadini/Africana Sea Lodge. Her husband, Daniel (just behind) was the 1,000th Alliance/ Kenya Airways package fly-in guest. He and his family received a VIP welcome. Front are his three children - Sarah, Rachel and Josiah. Top of steps are Fatma Makori, Guest Relations Manager, Jadini Beach Hotel/ Africana Sea Lodge; Said Antar, Kenya Airways Station Manager and Caroline Mbotela, Duty Controller.

been posted up outside their room door at Jadini for this was the Crums fifth vacation with Alliance Hotels either at Jadini or Africana Sea Lodge, while in their room were not only fruit and flowers but also a 'Welcome Cake' which very much appealed to their children.

That evening a family dinner took place in Jadini's famous Makaa Grill hosted by Alliance Hotels.

Personally greeting them on their arrival at Jadini were Timothy Kagambi, Group Operations Manager, Alliance Hotels and Godfrey Ikanda, Senior Executive Manager, who presented them with a voucher giving the family a 'FREE' one week's holiday at Jadini next year.

The Alliance Hotel team was delighted that their lucky 1000th guest should have been a regular 'repeat' guest who well deserves it!

Mr. and Mrs. Crum, together with their children, were absolutely delighted by this unexpected VIP welcome and 'complimentary' holiday next year.

Said Connie 'since 1989 we have spent five vacations at either Africana Sea Lodge or Jadini Beach Hotel and all love it here.

The service is good and you are not confined to your hotel but can freely use the facilities in any of the three Alliance Hotels on the south coast which offer a

plethora of different restaurants and entertainment - with 'shuttle bus' service operating between them.

Everybody is very accommodating and you have just about everything you need for a wonderful holiday.

That is why we keep returning'

She thanked Alliance Hotels/ Kenya Airways

for this lovely surprise which we shall remember for the rest of our lives.

It has made a wonderful start to yet another wonderful vacation here.

KQ/Alliance Fly-in packages are available from its Central Reservations Office, College House, Nairobi, or from any travel agent.

Special Report by
NETA PEAL

Have A Smile

PRESCRIPTIONS



"Are you in a hurry for this?"

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AFRICAN EXPRESS AIRLINES RESUME MOMBASA FLIGHTS

AFRICAN EXPRESS airline are back in business flying between Nairobi and Mombasa.

An airline spokesman said: "Fly Express tri-jet service! Nairobi and Mombasa daily!

"During this festive season, enjoy our conveniently timed, twice daily flights between Nairobi and Mombasa.

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TAKE A LOOK AT COASTWEEK CLASSIFIED

In the Name of Allah, the Most Beneficent, the Most Merciful
 1. Verily, We sent it down in the night of Al-Qadr.

2. And what will make you know what the night of Al-Qadr is?
 3. The night of Al-Qadr is better than a thousand months.

4. Therein descend the angels and the Spirit by their Lord's permission with all Decrees.

5. Peace! Until the appearance of dawn.

Allah, Most High informs us that He sent down the Qur'an in the night of Al-Qadr, and it is the blessed night referred to in the Words of Him, Almighty, All-Powerful:

"Verily, We sent it down in the night of Al-Qadr"

The night of Al-Qadr occurs in the month of Ramadhan, as Allah says:

"The month of Ramadhan in which the Qur'an was sent down (Soorah Al-Baqarah 2:185)."

Ibn Abbaas, amongst others, explains that the complete Qur'an was sent down from Al-

"THE NIGHT OF 'AL-QADR' IS BETTER THAN A THOUSAND MONTHS"

Lauh Al-Mahfooz (the Preserved Tablet) in the night of Al-Qadr to *Bait Al-'Izzah* (the House of Glory) in the lowest heaven, from whence it was revealed piecemeal to the Prophet sallallahu 'alayhi wa sallam according to events which took place during his life over a period of twenty-three years.

Then, Allah says, in order to make clear the greatness of the matter of the night of Al-Qadr, which He has chosen for sending down of the Noble Qur'an:

"And what will make you know what the night of Al-Qadr is? The night of Al-Qadr is better than a thousand months."

It is narrated that the Messenger of Allah sallallahu 'alayhi wa salam mentioned a man from Bani Israa'eel who carried his

sword in the Way of Allah for a thousand months; the Muslims were amazed at this until Allah revealed:

"Verily, We sent it down in the night of Al-Qadr. And what will make you know what the night of Al-Qadr is? The night of Al-Qadr is better than a thousand months."

(that is the thousand months during which the man carried his sword in the Way of Allah).

It is also narrated, that there was a man from Bani Israa'eel who used to spend the night in prayer then in the morning he would fight the enemy in the Way of Allah during the day, until the evening and he did this for a thousand months and so Allah revealed the Soorah:

"Verily, We sent it down in the night of Al-Qadr >> until the verse << The night of Al-Qadr is better than a thousand months"

That is, standing in prayer on that night is better than the actions of that man.

It is also narrated that night of Al-Qadr being better than a thousand months means that the good deeds performed on it, fasting on it and standing in prayer on it are better than a thousand months' good deeds, prayers and fasting.

Likewise, it is narrated that whoever goes to Friday prayers neatly-dressed, with a pure intention, it will be written for him the reward of a year's good deeds, as if he had fasted on it and spent its nights in prayer and in other acts of worship.

It is reported from Abu Hurairah that he said:

"When the month of Ramadhan

came, the Messenger of Allah sallallahu 'alayhi wa sallam said: "The month of Ramadhan has come, a blessed month in which Allah has made it obligatory for you to fast; in it the gates of Paradise are opened and the gates of Hell are closed and the devils are chained."

"In it is a night better than a thousand months, whoever loses the benefit of it has lost something

Then the Messenger of Allah sallallahu 'alayhi wa sallam addressed the people saying:

"Whoever has made I'tikaaf with me, let him return, for I have seen the night of Al-Qadr and then was made to forget it; but verily, it is in the last ten days and on the odd days, and I saw myself as if I were prostrating in mud and water." (the roof of the Prophet's mosque was made from palm leaves) and we could not see anything on the sky, but clouds came and it rained on us and the Messenger of Allah sallallahu 'alayhi wa sallam led

night. A person who missed indeed missed a great and good.

If a believing person is to obey his Lord and increase good deeds in his record, he strive to encounter this night to pass it in worship and obedience.

If this is facilitated for him of his previous sins will be forgiven.

Praying Qiyaam
 It is recommended that long Qiyaam prayer during nights on which Laylatul-Qadr could fall.

This is indicated in hadeeths, such as the following:

"We fasted with the Messenger (sallallahu 'alayhi wa sallam) in Ramadhan. He led us (in qiyaam) at a time there were seven (nights of Ramadhan) left. Then he with us (that night - in qiyaam) until one third of the night passed."

"He did not pray with us sixth. On the fifth night, he with us until half of the night passed."

"So we said, 'Allah's Messenger! Wouldn't you pray with whole night?'"

He replied: "Whoever stands in prayer with the imaam (the imaam) concludes that it is recorded for him prayed the whole night."

Abu Dawud mentioned Ahmad being asked, "Ramadan! Do you like fast to pray with the people himself?"

He replied, "Pray with people! I also heard him would prefer for one (qiyaam) with the imaam pray with him as well. Prophet (sallallahu 'alayhi wa sallam) said: 'When a man with the imaam until he concludes it is recorded that he prays that night.'" The Messenger (sallallahu 'alayhi wa sallam) said: "Whoever stands (in qiyaam) Laylatul-Qadr [and it is fast for him] out of faith expectation (of Allah's) will have all of his previous sins forgiven."

Making Supplication
 It is also recommended extensive supplication of Allah during the night of Al-Qadr.

How to Seek Laylatul-Qadr
 Laylatul-Qadr is the most blessed

TURN TO PAGE F

RAMADHAN TIME TABLE						
	MOMBASA		MALINDI		LAMU	
Date	SUHR Closing a.m.	IFTAR Opening p.m.	SUHR Closing a.m.	IFTAR Opening p.m.	SUHR Closing a.m.	IFTAR Opening p.m.
99/00						
31/12	4.43	6.39	4.43	6.36	4.42	6.35
JAN 01	4.44	6.40	4.44	6.37	4.43	6.36
02/01	4.45	6.40	4.44	6.37	4.43	6.36
03/01	4.45	6.40	4.45	6.37	4.44	6.36
04/01	4.45	6.41	4.45	6.38	4.44	6.37
05/01	4.46	6.41	4.46	6.38	4.45	6.37
06/01	4.46	6.42	4.46	6.39	4.45	6.38
07/01	4.47	6.42	4.47	6.39	4.46	6.38

Anjali's and Coast Gymkhana Committee

Hereby takes pleasure in informing all Gymkhana Members the following:

Millennium 2000 ! at Coast Gymkhana !!

on 31st Dec. '99 from 8.00 pm until the Next Century !!!

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Members: Kshs. 200/- per head

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Members are requested to please confirm their Bookings at Coast Gymkhana at their earliest enabling us to provide everyone with the best service. (Veg. Dishes also available)

Wishing everyone a very Happy
MILLENNIUM 2000 !!!

Our Heritage Of Faith

irreplaceable."

It is reported that Allah's Messenger sallallahu 'alayhi wa sallam said:

"Whoever stood in prayer on the night of Al-Qadr, in faith and hoping for a reward from Allah, he will have all of his previous sins forgiven."

"Therein descend the angels and the Spirit..."

That is, innumerable angels descend with uncounted blessings and mercy, as they descend with the Qur'an is recited and they surround those sitting in circles in remembrance of Allah and they lower their wings in the presence of the sincere seeker of knowledge in honour of him.

As for the Spirit, it has been said that what is meant by it is the angel Jibreel 'alayhi salaam and that he is mentioned thus to distinguish him from the other angels.

It was also said that it means a group of angels, and Allah knows best.

"With all decrees"
 It means the night is safe from the machinations of the devils, that they cannot commit evil or harm on it.

As in the words of Allah:
 "Peace! Until the appearance of dawn."

It means the angels send their salutations of peace upon those who are occupied in prayer in the mosques until the dawn.

It is narrated that Messenger of Allah sallallahu 'alayhi wa sallam said:

"It is the night of twenty-seventh or the twenty-ninth and verily, the angels on that night are innumerable."

It is also narrated, that the verse means that the whole night is goodness, therein is no evil - until the appearance of the dawn.

This is supported by a narration that the Messenger of Allah sallallahu 'alayhi wa sallam said:

"The night of Al-Qadr is to be found in the last ten (nights of Ramadhan), whoever stood in prayer during these nights, wishing for the reward of them will have his sins forgiven by Allah, both the earlier and the later; and it is the night of witr. (an eleven number), Nine, seven, five, three or the last night of it."

It is narrated that Allah's Messenger sallallahu 'alayhi wa sallam said:

"It is a night of magnanimity and joy, neither very hot, nor very cold; and the sun of the morning following it is weak and red-coloured."

It is reported that the Messenger of Allah sallallahu 'alayhi wa sallam said:

"Verily, I saw the night of Al-Qadr and then I was made to forget it, but it is (to be looked for) in the last ten nights, the night is clear and fine, neither hot nor cold as if there were a full moon and on this night, the devils do not go forth until the light of dawn."

us in prayer, until I could see the marks of rain and mud upon his forehead - a proof of what he had seen in his vision."

The Messenger of Allah sallallahu 'alayhi wa sallam when asked: "Should we search for it on such-and-such night?" would reply:

"Yes (in order to encourage them to pray on the all last ten nights), but the night of Al-Qadr is a fixed night and does not change."

However, according to Ahmad, Ath-Thawri, Ibn Khuzaimah and others, it can occur any time on the uneven nights during the last ten days of Ramadhan and this is closer to the truth, and Allah knows best.


The Messenger of Allah sallallahu 'alayhi wa sallam instructed 'Aa'ishah (may Allah be pleased with her) to supplicate Allah saying:

"Oh, Allah! You are Forgiving, You love forgiveness and so forgive me." (Allahumma innaka Afuwun, tuhibbul 'afwa, fa fu 'annee)

It is narrated that "Verily, whoever fasted the month of Ramadhan resolving not to disobey Allah when he breaks his fast, will enter Paradise without reckoning or questioning."

This is the end of the tafseer of Soorah Al-Qadr, all praise is due to Allah, and from Him proceeds all Grace.

How to Seek Laylatul-Qadr
 Laylatul-Qadr is the most blessed



MUMIAS SUGAR COMPANY LIMITED

We wish to convey our best wishes and kind thoughts to all our Muslim Brothers for the Holy Month of Ramadhan.

May Allah (s.w.) grant us all courage, strength, good health and endurance to achieve success and spiritual satisfaction.

Wishing all a very Happy Eid and a prosperous year ahead.

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European Union Sponsors Large Funding For APDK Products 'Marketing Expenses'

APDK COAST Branch has secured funding of Kshs. 4,600,000/- towards marketing expenses for their Bombolulu Handicraft centre and their Likoni Furniture Workshop.

The funds are provided through Micro Enterprise Support Programme which is fully funded by the European Union and aims at creating employment in the small scale sector by sponsoring product development and marketing expenses.

The Bombolulu Project is now importing tools and machines to diversify their jewellery production and will produce a new range of woodcarvings made from sustainable wood, such as prosopis, mango and coconut.

Also a new range of fashionable T-shirts will be introduced with attractive African artwork.

The five designers at Bombolulu are currently in the process of preparing a new export catalogue with a new exciting range of jewellery, textiles, woodcarving and leather products.



SEEN AT the signing of the agreement are (from left) Senior Marketing Manager Bombolulu Project Constance Kalela, Dr. Diego Masera of MESP, Executive Officer APDK Coast Branch Hubert Seifert, Chairperson Bombolulu Project Shama Anjarwalla, Head Designer Bombolulu Project Julius Musyoki, and Project Manager Bombolulu Victoria Muema.

These products will be presented in various trade fairs in Europe and United States next year and are expected to boost their export sales by 50 per cent.

Currently a market research is under way and the outcome will determine a new marketing strategy for the local tourist marketing which will incorporate revamping of the fashion shows and the cultural shows in the

hotels and the introduction of a unique millennium package at the Cultural Centre which will include exotic foods and unique entertainment.

Currently the Showroom is being refurbished completely and will have an attractive modern outlook once completed.

The Likoni Furniture Workshop will produce a new range of hotel furniture based on original

Swahili designs. A modern European range of hard wood furniture as well as school furniture to meet the demand from primary to secondary schools and colleges.

Coloured catalogues will be printed and a variety of P.R. material used to aggressively market these new range of products."

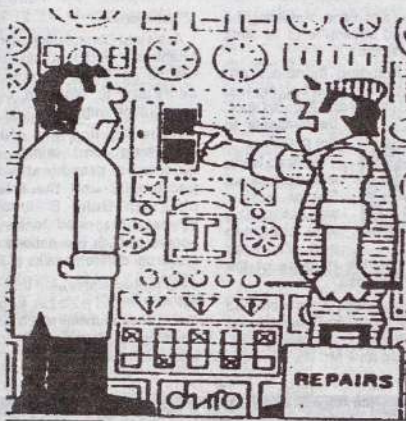


"You see it's guaranteed to stay up no matter what I do."



"My compliments to the chef."

"My husbands not at his best in the morning."



"There's your problem, the batteries are in upside down!"



"... And you get a company car."

"Mum, Dad's eyes are double glazed!"



"Looks like we've caught ourselves a cat burglar."

Ndisa Muli To Display Beautiful Batiks At Art Exhibition In Old Law Courts Gallery

THE COAST Art and Cultural Centre in association with the National Museums Of Kenya has once again

mounted an Art Exhibition at the Old Law Courts gallery next to Fort Jesus Museum.

The exhibition follows the

first one mounted by the Centre in July 1999.

Art lovers are in for a great treat since the exhibition depicts the works of artists that of highest standards and with different themes.

The exhibition is scheduled to run from December 23 to January 31st 2000.

In addition to beautiful works of art, there are also collections from several leading artists namely: John Waite Kinuthia, Robin Anderson, Mary Nicholas, Jonathan Scott, Pakara, Trevor Bowyer and Margaret Adams.

The main Exhibitors at the Millennium Exhibition are

names to be reckoned in the Art Circle namely, David Venters, Sudarshan Singh, Sohrab Tajadin, John Maru, Adriana Menezes, Adnan Said, Lela Adnan, Cristina Ostro, Desmaris, Brenda Menezes and Thairu Kongo.

Besides these artists, one design student from the University of Nairobi, Ndisa Muli, is also exhibiting beautiful batiks.

The art works include, water colours oils and mixed media.

All those who love and appreciate art are encouraged to visit the exhibition.

Some of the art pieces will be on sale. Come one - come all!

Nyali Beach Hotel Staff Children's Party

OVER 500 Sheraton Nyali Beach Hotel's staff children attended their annual party over the weekend, writes ANDREW KILONZI.

While majority of the children arrived in the provided UTC bus at around 11.00 a.m. some could be seen with coloured balloons decorating the venue at Parrots as early as 10.00 a.m. waiting for their party to kick off.

There were plenty of packed lunch bags for every child with sodas and juice.

At noon the popular Mombasa magician Raffiq blew the trumpet to mark his arrival as well as the start of his show which all the children enjoyed very much.

This was followed by an acrobatic show.

Siku, the Mombasa Krystal Puppeteers also took the stage giving children an opportunity to dance with the big Chauisiku whom all the children denied was eleven years of age as it was claimed.

The children then had "pass the parcel" and "musical chairs" games before proceeding to the beach for the beach race as the little ones went for the bouncing castle.

The exciting day was crowned by prize giving for winners in different categories and an address by the hotel's Personnel Manager, Mr. Martin Wahome.

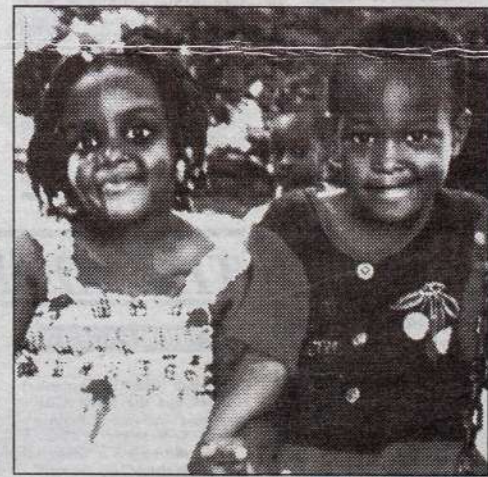


PHOTO: ANDREW KILONZI

LITTLE JULIET Muthoni (left) and Diamond Njambi are seen enjoying themselves at the annual Nyali Beach Hotel's staff children's party which was held at the hotel recently.

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A MUST-SEE MOVIE YOU'D BE MAD TO MISS!

"THE MOST CHALLENGING, DYNAMIC, TIMELY FILM OF THE YEAR. HOFFMAN IS ASTONISHING, DELIVERING ANOTHER POWERHOUSE, OSCAR-QUALITY PERFORMANCE, AND TRAVOLTA STANDS OUT IN WHAT MAY BE HIS BEST DRAMATIC WORK."

ing: John Travolta; Dustin Hoffman
Friday / Saturday / Sunday at 3.00 & 6.15 pm only

Most Challenging, Dynamic Timely Film Of The Year ...!

AN EXCELLENT choice of films for the new millennium are in store for cine-goers at the KENYA CINEMA this week.

We start off with a movie 'you must be mad to miss', *Mad City* starring Dustin Hoffman and John Travolta.

Touted as the most challenging, dynamic, timely film of the year, with Hoffman delivering yet another powerhouse Oscar-quality performance and Travolta standing out in what may be his best dramatic work, the film

will be showing from today (Friday), through Saturday and Sunday at 3.00 and 6.15 p.m. only.

Opening on Monday at 3.00 and 6.15 p.m., carrying on on Tuesday to Thursday at 6.15 p.m. only is definitely a blockbuster of a film *Fed Corner*.

It stars Richard Gere in the lead as an innocent man who is wrongfully arrested for the murder of a woman in communist China.

Who can he turn to in this ruthless system where democracy stands no chance? His only chance is his lawyer, a woman, but is she prepared to risk her own life to save his?

In the meantime, the night shows will be a millennium bonanza this week starting today (Friday) at 9.30 p.m. only with Akshaya Khanna and Urmila Matondkar in *Janam Samja Karo*.

Shah Rukh Khan is *Baadshah* on Saturday at 9.30 p.m. with Twinkle as none other than his Rani of course.

Sooryavansham has Amitabh Bachchan in a double role, that of father and son and can be seen on Sunday at 9.30 p.m. only.

My personal choice of film of the year, *Hum Dil De Chuke Sanam* falls on Monday at 9.30 p.m.

It has Salman Khan, Aishwarya Rai and Ajay Devgan in the lead, this being Aishwarya's first hit film.

Film Preview by Anjum Asodia

GEMINI KILIFI

★ **CAPRICORN** Dec 22 - Jan 21
Creativity will be your keynote for the year ahead. Your ability to tap into important levels of mental power could propel you into the midst of important groups, organizations, and corporations.

★ **AQUARIUS** Jan 22 - Feb 21
With both Neptune and Uranus in the area of your chart that describes your personality and outlook on life, you could express your idealism and see things through rose-colored glasses all year.

★ **PISCES** Feb 22 - March 21
You may not realize how magnetic you can be when you are motivated by the welfare of all concerned. With Pluto at the top of your chart you could touch the lives of many.

★ **ARIES** March 22 - April 21
With Jupiter in your sign, and now direct, you can continue to set goals, go after challenges, and expect luck in all personal dealings until mid-February.

★ **TAURUS** April 22 - May 21
Jupiter enters your sign by mid-February, and hooks up with Saturn during the last days of May. Whereas Saturn has helped you focus on your true destiny, Jupiter will bring good fortune in getting the financing necessary to implement your plans.

★ **GEMINI** May 22 - June 21
Most of the activity in your year ahead will relate to cleaning up your karmic garbage pile and resolving deep-seated, even subconscious, issues.

★ **CANCER** June 22 - July 21
With Saturn in the area of your chart that relates to friends, groups, and organizations, you've been focused on responsibilities in the corporate structure.

★ **LEO** July 22 - August 21
This is the year to aim toward expensive plans and the celebration of your success. These activities will continue until late May, when you'll have some important choices to make about creative work.

★ **VIRGO** Aug 22 - Sept 21
Powerful contracts will be forthcoming during the next year, especially if they relate to important landed organizations that reach many people. This will be a power year for you.

★ **LIBRA** Sept 22 - Oct 21
You'll begin to see the results of past efforts, thanks to both Jupiter and Saturn transiting your eighth house of regeneration and transformation until late June and July.

★ **SCORPIO** Oct 22 - Nov 21
With Pluto, your ruler, now in the sign of financial activity, you could earn major sums of money in the coming year through the powerful and dynamic expression of the many facets of your personality.

★ **SAGITTARIUS** Nov 22 - Dec 21
You could exert more influence than you realize in the coming year. Tap into deep levels of your subconscious to extract universal information.

Special Report By SANJEEV PRASAD

THE MOMBASA chapter of the Kenya-India Friendship Association (KIFA), an organization of Kenyans and Indians interested in the promotion of better understanding and who believe in the desirability of fostering and developing social, cultural and economic relations between the two nations would be officially inaugurated by the High Commissioner of India to Kenya H.E. Mr. R.K. Bhatia in the early next millennium.

A preliminary meeting to give the final shape was held at Travellers Beach Resort Hotel, Mombasa on December 21, 1999.

Mr. Dalip Singh Danjal, prominent coast personality was selected interim chairman by the founding sub-committee.

The other participants included Mr. J. S. Garbiyal the Assistant Commissioner of India to Mombasa, Mr. Noorudin Tejar, Mr. Natu Nathwani, Mr. Ivan Fernandes Mr. S. C. Jain, Dr. Dinesh Soni and Mr. Anil Kamdar.

KIFA a non-political, non-profit making association would work as a branch of KIFA Nairobi registered under the Kenyan law.

The association would work in close cooperation with Kenyan and Indian institutions with a view to promote better understanding between Kenyans and Indians to the mutual advantage of both.

To achieve its aims and objectives it will strive to organize talks, film shows lectures, cultural performances, publish literatures and maintain contacts with various sections of the peoples of the two countries for the purpose of exchanging information on the social and cultural aspects of two countries.

The KIFA membership would be open to Kenyans and Indian

who feel a genuine interesting the work and subscribe to its aims and objectives.

The founding members are working on the membership fee, its constitution and it would soon be available to the people.

Mr. Natu Nathwani prominent Social worker was selected as vice chairman and Mr. Ivan Fernandes the treasure of the KIFA, Mombasa.

The two convoyers selected were Mr. Noorudin Tejar, (Social and Cultural), Dr. Dinesh J Soni, (Medical) and Mr. H. S. Pant

KENYA CINEMA MOMBASA

Daily at 9.30 pm.
A Millennium Bonanza
Janam Samja Karo
ing: Akshaya Khanna; Urmila
Friday at 9.30 pm only

BAADSHA
ing: Shah Rukh Khan; Twinkle Khanna.
Saturday at 9.30 pm only

Sooryavansham
ing: Amitabh Bachan
Sunday at 9.30 pm only

Hum Dil De Chuke Sanam
ing: Salman Khan; Aishwarya Rai and Ajay Devgan
Monday at 9.30 pm only

Kenya-India Friendship Association 'Inaugurated' In Mombasa Next Year

(Education). Assistant Commission of India, Mombasa would nominate an official as Chief co-ordinator/secretary to work in close cooperation with KIFA.

While briefing the official launching and aims and objectives prominent coast personality and the interim chairman Dalip S. Dhanjal stressed the need to involve people of both the nations and also from different walks of life.

He further elaborated that with KIFA, it would possibly to bring the two communities much closer on a single platform for their mutual interests and benefits.

'Shahenshah' Meets Sudesh



MEHBOOB DHALLA, of Mombasa (right), otherwise known as 'Shahenshah' is seen meeting visiting singer Sudesh Bhosle, from Mumbai, India at the Moi International Airport. Mr. Bhatia was in Mombasa for a live performance that he gave at the ASK Showground courtesy of Cable Television Network.

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DECEMBER 9-10-11th
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NON-MEMBERS - 450/-
STUDENTS - 250/-

THE NIGHT OF "AL-QADR"

FROM PAGE TWO

love forgiveness. So forgive me." Abandoning Worldly Pleasures for the Sake of Worship

It is further recommended to spend more time in worship during the nights on which Laylat ul-Qadr is likely to be.

This calls for abandoning many worldly pleasures in order to secure the time and thoughts solely for worshipping Allah. 'A' isah (radhiallahu 'anhu) reported:

"When the (last) ten started, the Prophet (sallallahu 'alayhi wa sallam) would stay away from his wives in order to have more time for worship, spend the whole night awake (in prayer), and wake up his family."

And she said:
"Allah's Messenger (sallallahu 'alayhi wa sallam) used to exert more (in worship) on the last ten than on other nights."

[Muslim]



DR. RAFIQUE PARKAR, Consultant Obstetrician and Gynaecologist (right) and Dr. Yusuf Palkhi, Consultant Surgeon (centre) performing Minimally Invasive Surgery with the latest equipment, at the Aga Khan Hospital in Mombasa using a Laproscope and the non-invasive Instruments.

Mastering New Techniques Of Operative Intervention Without External Exposure

AS WE draw closer to the new millennium the discipline of Surgery is changing at an alarming pace.

Newer and innovative techniques of Surgery are unfolding, the impetus being heightened by sophisticated awareness amongst health consumers, development of advance imaging techniques, improved optics and the emergence of a new generation of operating instruments.

Mastering new techniques of operative intervention without the need for external exposure presents an exciting challenge for the new generation of Surgeons.

More remarkable developments have changed the modalities of Surgery in the fields of Urology, Gastroenterology, General Surgery, Orthopaedics and Gynaecology.

Clearly as we advance it is the client who will benefit from these newer techniques as a new generation of instruments of developed and redeveloped, techniques of refined and Surgeons are competently trained and retrained, increasingly complex procedures are being undertaken.

The overall surgical risk is significantly reduced in Endoscopic Surgery.

The smaller incisions used, are less traumatic hence patient recovery faster.

This in turn reduces the need for longer hospital stays, and prolonged medication.

Time spent away from work is less, regardless of the complexity of the Surgical Procedures.

Also noted is a significant reduction in post operative adhesion formation.

Overall since operating times

are relatively shorter, use of expendable supplies, sutures, analgesics and antibiotics are less, post operative hospitalization reduced and the morbidity significantly less, the average cost of various Surgical procedures are comparatively reduced to 60-70 per cent of the currently available "Open" Surgical methods. A growing number of Procedures are being added onto an endless list of Surgery being performed Laproscopically: In General Surgery, Laproscopic Cholecystectomy, Appendicectomy, Hernia repairs are now confidently being undertaken.

In the field of Urology retrieval of bladder stones, resection of polyps and Prostatectomies are now the norm. Leaps and bounds have played a pivotal role in the field of Gynaecology.

The removal of ovarian cysts, Fibroids, Pelvic adhesions and Ectopic Pregnancies are the routine.

Laproscopic Hysterectomy and Pelvic node clearance are being reconsidered routinely.

Although the benefit of Laproscopic Surgery can be brought to many patients a thorough client evaluation is imperative as with any Surgery.

Previous Operative scars, Obesity, frank infections and Cardiovascular Disease are some timing factors for the minimally invasive approach.

A few disadvantages however do occur in the field Operative Laproscopy.

Majority of the Surgeons in Kenya would require additional training in the modalities of Laproscopic Surgery.

As time goes by and more and more Specialists are trained in the various methods, Laproscopic Surgery would gain a remarkable

reputation.

The acquisition of the basic hardware and operating end instruments into our Institutions is yet another limiting factor.

However, this will soon be overcome as the awareness increases, client demand persists and more Surgeons are stimulated into accepting the viability of Laproscopic Surgery.

Overall as we reach out to the new millennium it would be worthwhile and befitting to see our colleagues taking up these remarkable challenges in our Region in time to come, and keeping up with trends Worldwide.

Aga Khan Hospital Opens Changamwe Satellite Lab.



THE CHIEF Executive Officer of The Aga Khan Hospital, Mombasa, Mr. Ian Crippwell (left), and Mr. Mohamed H. Mirza sign a five year lease agreement to open the Changamwe Satellite Laboratory. The hospital's branches in Nairobi, Kisumu and Mombasa have established Satellite Laboratories to serve as collection points for rural and peri-urban areas. Looking on is Ms. Carol Mwangi, the hospital's Service Development Manager.

Kinder Pride Prep - A Watershed For Qualitative, Quantitative Education

KINDER PRIDE Preparatory emerges as a watershed for qualitative and quantitative education for children entering pre-primary or standard one class in January 2000.

The preparatory is situated along the Kipchoge Road leading to the stadium.

It is accessible from town via Jomo Kenyatta Avenue by turning left at the Makupa Telecom House and going towards the stadium.

From Nyali, it is accessible by turning left to go to the stadium and then turning right at the stadium to go to the Makupa Telecom House connecting the Jomo Kenyatta Avenue.

Signposts are erected near the preparatory leading to the Cul De Sac.

The Cul De Sac provides an isolated location to the preparatory away from the traffic and other noise.

It is fenced by a security wall for the protection of the children.

The classrooms are purpose built, spacious, well-ventilated and lit and mosquito proofed for conducive atmosphere.

They are generously fitted

with colourful soft boards and displayed with an array of visual aids for integrated teaching and learning.

The furniture is specifically selected as "Children friendly" to provide comfort to the young learners.

The play materials are solid built for durability and safety.

Library corners along with the audio, video and television are installed to enhance selected learning through electronic equipment.

An integrated approach to teaching and learning will be applied so that each subject is linked to the other subjects.

This will provide children opportunities to enjoy education as a whole rather than as isolated subjects and nurture them towards consolidated and independent thinking.

The essential and disciplined learning tasks will be ingrained through a variety of methods in teaching.

The selection of integrated method of learning and teaching in the formative years of the preparatory are important as the preparatory is geared for expansion systematically and will be able to offer the best curriculum in the later years as there are signs of "Changing Patterns of Education" in the next millennium.

This will help the pupils to

take up the challenges of the changes smoothly and without stress and will also put the parents' minds at rest that their children will eventually follow the best curriculum on the market.

International

The preparatory has slated qualified, experienced and committed teachers to handle the welfare of the children.

The independent preparatory will be managed by Mr. Burhan Hassanali who is a well-known educationist with over 30 years of cross curricular National and International experience 'in the Kenya, G.C.E., I.G.C.S.E. and International Baccalaureate curricula.

The strength of the management will be through close cooperation between the parents, teachers and pupils.

"A RIGHT TO SUCCEED" at individual level shall play a key role in the children's educational welfare.

As the preparatory will admit a very limited number of pupils in the pre-primary and the standard one class from 10th January 2000, interested parents are advised to contact Miss Bilkis on telephone 492699 or see her personally for application forms and admissions.

Consultation

For information related to education, parents should contact Mr. Burhan Hassanali on telephone 487160 or 492699 to book an appointment for consultation.

Special Report By Correspondent

Urology, Gastroenterology, General Surgery, Orthopaedics and Gynaecology.

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Also noted is a significant reduction in post operative adhesion formation.

Overall since operating times

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MOMBASA

New Year's Reflections

It is said that when Buddha was first Enlightened he was asked:

"Are you a God?"

"No," he replied.

"Are you a saint?"

"No."

"Then what are you?"

And he answered: "I am awake."

May you have a very happy and prosperous 2000.

Faiza and Firdos Kanji

<fafercon@africaonline.co.ke>

Jambo From 'Jibagast' . . .

This is a word of 'Jambo' to all the COASTWEEK online readers and all the staff.

Keep up the good work. Jibagast.

<jibagast@hotmail.com>

Very Special Wish For The Millennium

MAY YOUR hair, your teeth, your face-lift, your abs and your stocks not fall; and May your blood pressure, your cholesterol, your white blood count and your mortgage interest not rise.

May you get a clean bill of health from your dentist, your cardiologist, your gastro-entocrinologist, your urologist, your proctologist, your podiatrist, your psychiatrist, your plumber and the IRS.

May you find a way to travel from anywhere to anywhere in the rush hour in less than an hour, and when you get there, may you find a parking space.

May Friday evening, December 31, find you seated around the dinner table, together with your beloved family and cherished friends, ushering in the New Year ahead.

You will find the food better, the environment quieter, the cost much cheaper, and the pleasure much more fulfilling than anything else you might ordinarily do that night.

May you wake up on January

1st, finding that the world has not come to an end, the lights work, the water faucets flow, and the sky has not fallen.

May you go to the bank on Monday morning, January 4th and find your account is in order, your money is still there and any mistakes are in your favor.

May you ponder on January 4th; How did this ultramodern civilization of ours manage to get itself traumatized by a possible slip of a blip on a chip made out of sand.

May you have the strength to go through a year of presidential campaigning and constitutional review, and May some of the promises made be kept.

May you believe at least half of what the candidates propose, and May those elected fulfill at least half of what they promise.

May what you see in the mirror delight you, and what others see in you delight them.

May the telemarketers wait to make their sales calls until you finish dinner, and May your check book and your budget

balance, and May they include generous amounts for charity.

May you remember to say "I love you" at least once a day to your spouse, your child, your parent, but not to your secretary, your nurse, your masseuse, your hairdresser or your tennis instructor.

May we live as intended, in a

world at peace and the awareness of the beauty in every sunset, every flower's unfolding petals, every baby's smile and every wonderful, astonishing, miraculous beat of our heart.

Merry Christmas and a Happy New Year

<comtech@africaonline.co.ke>

THE NET with FARHEEN A. BACHANI

FINDING E-MAIL ADDRESSES ON THE NET

Searching for Usenet Addresses

If you think your correspondent has ever posted to Usenet News, you might be able to find their exact address if you know a little about their name and address.

Send e-mail to mail-server@rtfm.mit.edu with the message:

send usenet-address/name

where name is one or more words separated by spaces.

For example, if you were interested in finding out whether award-winning star Tom Cruise has ever posted to a Usenet newsgroup, you would send this message:

send tcruise@tom.cruise

You would discover that Cruise has, indeed, posted many times to newsgroups.

This server is better when you give it more material to work with, so you should list all the words you think might appear in the address.

Neither the order of the words nor their case is important to the server.

You can send multiple requests in one e-mail message.

Each request should appear on a separate line.

The server may return more than one match but it will never return more than 40 matches.

For more information, send a message containing:

send usenet-addresses/help

Please do not hesitate to send your comments or questions to P.O. Box 98912, Mombasa or e-mail to:

Farheen A Bachani. <farheen@outlook-2000.net>

Learn From Centuries Old Kitchen Mistakes To Make Our Lives Better

As we prepare to open our doors to welcome the next millennium, we should initially unlash windows of hope to ventilate our global home with the sustainable breeze of peace, progress and prosperity.

Why not endeavour to bring down the walls of social misdemeanour, economic hard-

ship, political injustice and human indifference?

While we genuinely strive to abandon our backyard ambiguous policies, we should invite the spirit of reconciliation in our sitting rooms and make more room to embrace love, commitment and understanding.

Surely we must learn from

the Century long kitchen mistakes!

Our homes will then be complete once we nurture a wealth of education for our children, a gift they will cherish for many millenniums to come.

MR. FAHMI BASALIM

<classmsa@AfricaOnline.Co.Ke>

YOUR LETTERS TO Coastweek

P.O. Box 87270 Mombasa KENYA

TWENTY YEARS' AGO ...

COASTWEEK, December 21-27, 1979:

PRESIDENT DANIEL Arap Moi received a tumultuous welcome from huge crowds of people as he arrived in Mombasa to celebrate the new year at the Coast.

NEW MEAT prices shock hit Coast residents as consumers had to dig deeper into their pockets, following sharp increases in prices of the commodity, despite no shortages being experienced. The move came after a similar price hike in Nairobi and was gazetted in the Kenya Gazette. Beef with bones was selling at Shs. 13/= a kilo, mutton and goat meat for Shs. 15/= while special cuts of meat like Sirloin were retailing at a whopping Shs. 23/50 a kilo.

ITEMS worth over two hundred thousand shillings were to be auctioned on the Voice of Kenya television in the annual Mombasa Round Table Ring Us Up Programme.

MOMBASA Round Tables annual 'Ring Us Up' Programme gets underway with donations from Nairobi's B. S. Mohindra among others.

UNTIL the end of December, transport aircraft of the United States Air Force Military Aircraft Command passed through Kenya en route from Britain to Southern Rhodesia (Zimbabwe). Together with Lockheed C-130 Hercules of the R.A.F., the huge C-5A Galaxies and C-141 Starliners carried men and equipment needed for the Commonwealth ceasefire monitoring mission. The planes landed at Mombasa for refuelling.

AT THE International Air Conference held in Arusha, it was disclosed that Tanzania would build a new airport at its new capital, Dodoma.

George Segal played '*Russian Roulette*', at NAAZ Cinema, followed by the adults only '*Sex With A Smile*'. William Katt and Susan Dey discover the difference between making love and being in love in '*First Love*' at KENYA Cinema. The one and only Bruce Lee wowed fans at the REGAL Cinema in '*Young Bruce Lee*'. Rajendra Kumar, Hema Malini and Mala Sinha try to find the elusive '*Sunehra Samsar*' (Golden Life) at the CHOX.

LETTER writers included a supporter of Regi Mihara's column who could not stop raving about it, Eric Oduambo who sent his salaams all the way from Moscow, Russia, R. Tara of Mombasa who aired his views on choosing a proper leader, Malindi's Melale Humphrey who complained that the Sabaki River and its brown alluvial silt was polluting the famous five mile Malindi beach again, while J. F. Mugo from Nairobi lamented that there were 'too many M. Ten Per Cents in the public sector.

BLAST FROM THE PAST - New one way excursion fare between Nairobi and Mombasa from Kenya Airways - only K.Shs. 240/=.

THE YEAR 1999 will soon be no more, thus I believe one appropriate response to God who gave us the passing year should be "THANKS!"

Someone has rightly said that the two most important words in our language are "thank you", this is certainly time for God-fearing individuals who appreciate the mercies of God.

I often think gratitude should be a spontaneous attitude in a believer's life as he/she constantly focuses on the unchanging God.

Those who focus on people, things, and circumstances may not see the reason for thanks.

"In fact by this time of the year they could be angry, bitter, and moody.

Shakespeare once said:

"How sharper than a serpent's tooth it is to have a thankless child"

How much more for our Heavenly Father to have ungrateful children!

And Normal Peal adds:

"The secret of a better and more successful life is to cast out those old dead, unhealthy thoughts, substitute for them new vital, dynamic *fresh* thoughts, you can depend upon it-an inflow of new thought will remake you and your life."

It has been said that right thanks results from right thoughts no wonder we read in Philippines 4:8

"Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - If anything is excellent or praiseworthy - Think about such things".

Commenting on the story of the ten men in Luke 17 whom Jesus healed of leprosy, and how that only one (a Samaritan) remembered to give God thanks!

Rev. David Feddes says:

"100 per cent healing, 10 per cent thanksgiving, 100 per cent blessing."

cent thanksgiving 100 percent yelling for help, 10 percent loudly praising God after receiving help 100 per cent loving the gift of help; 10 percent loving the Giver Himself."

He rightly adds: "The goal of the gift of any kind, is not simply that you will enjoy it but that the gift will draw you to the Giver."

Let me say that, those in our midst not interested in true thanksgiving, may be the ones who seem attached to the gifts

"Perhaps the reason they didn't return to Jesus was that they now had what they wanted - their health; and they had no more need of Jesus."

"They were completely satisfied they felt no more body or soul need."

"The one who did return not only looked at what he received - a healthy body, but he also became interested in the person of Jesus Christ, who restored his health."

The Psalmist must have had this thought when he said in (Psalm 116:12, 17) "What shall I render to the Lord for all His benefits towards me?"

"I will offer to Him the sacrifice of thanksgiving and will call upon the Name of the Lord."

In the Daily Banquet, by Kentoh Enterprises of August 1999, I read of how once a Pastor asked his congregation "what service does God require from man?"

Some retorted: "Praying always", others said: "Giving tithes and offering regularly", others, said "minding the needy"

There were many different answers.

The Pastor replied "all your answers are good but they do not satisfy me."

"The correct answer is thanksgiving."

"All services to God must be a form of thanksgiving."

Dr. Walter L. Wilson adds: "It is those who know God who are most grateful to HIM" and how this is true for God is not glorified by our meaningless silence, fears, doubts or our frustrations, but by our gratitude.

Lastly Edwin Raymonds reminder. "We should not be members of the oldest society in the world The Ancient and Dishonourable Society of the thankless Nine".

Rev. Nicodemus Wako Omumbwa, K.A.G. Githurai, "44" P.O. Box 40434, Nairobi.

Our Heritage Of Faith

and not to the Giver.

It is said of Hellen Keller who was a blind and deaf woman who said "I thank God for my handicaps, through them I have found myself, my work, and my God."

What a reminder of the saying: "It is not what is in your pocket that makes you thankful, but what is in your heart"

No wonder Charles Kingsley left us the following:

"Thank God every morning when you get up that you have something to do which must be done, whether you like it or not."

Being forced to work, and forced to do your best, will breed in you temperance and self-control, diligence and strength of will, cheerfulness and content, and a hundred virtues which the idle never know.

I truly believe this is the time of the year in which we need to take inventory of our lives: See how thankful we are, not just for gifts but for the Giver.

If you find your mind filled with the desire to count the blessings of this ending year instead of first focusing on the Lord of the year.

Rev. Gerald F. Mundfrom puts it well, concerning the nine unthankful lepers:

"Perhaps the reason they didn't return to Jesus was that they now had what they wanted - their health; and they had no more need of Jesus."

"They were completely satisfied they felt no more body or soul need."

"The one who did return not only looked at what he received - a healthy body, but he also became interested in the person of Jesus Christ, who restored his health."

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HAPPY NEW MILLENNIUM!

YOUR SPECIAL HOLIDAY GUIDE TO NEW YEAR ENTERTAINMENT AT THE COAST

A 'Tremendous Reception' For African Heritage Millennium Tour

DOING MUCH to promote a more positive image of Kenya is African Heritage's millennium tour of the coast which is being seen, and applauded, by thousands enchanted tourists from home and overseas spending a vacation in Kenya's beautiful coast with hotels generally enjoying much higher occupancies than of late.

The two shows at Nairobi's Serena Hotel were generally found to be "above expectation" and generated so much interest that other countries, including America and Dubai, would also like the opportunity of seeing this very professionally packaged extravaganza featuring authentic traditional costumes from sixteen of Africa's richest cultures, including Kenya.

Alan Donovan, Producer and Director of this fabulous African renaissance show was approached with 'invitations'.

Alan is the founder of African Heritage, Nairobi, and the show encapsulates his 35 years of cultural research in twenty countries of this continent.

In this he stands unique in Africa.

It was African Heritage's first big show in Kenya for three years.

In the meantime, it has been doing Road Shows abroad the next being planned for France.

The 'Gala Night of the Century' at Mombasa's Reef Hotel on Christmas Day received a big ovation being generally described as 'absolutely wonderful' by enthusiastic guests among them being Dore Holland and Bodil Olsvik from Spitzbergen, an island in North Norway just 1½ hours away from the North Pole.

They described the show as 'fantastic' greatly enjoying this very colourful cultural tour of Africa on their first visit to Kenya.

They also mentioned that they were pleasantly surprised and amazed to find that the hotel could host a show of such magnitude.

Mr. Holland is Regional Manager, Civil Aviation Authority, Spitzbergen, while Bodil is a Primary School Teacher.

Describing the well presented African Heritage show as a 'spectacular combination of African music and traditional attire' repeat guests Gusti and Gerda Habluedzel from Switzerland back on their 24th vacation at the Reef.

They also were surprised that the hotel could put on a show as big as this.

Gusti has just retired while Gerda is manager of a human resource outlet for 110 people. Many guests went to personally thank Kuldip Sondhi, the hotel's Managing Director, and his wife, Aase, for bringing this show to the Reef.

Instead of enjoying some of the 'limelight', Alan Donovan remained a 'backroom boy'

throughout, leaving his 40-strong African team to perform which they did brilliantly.

It opened with powerful African drumbeats filling the air, closing dramatically with a most impressive assemblage of Maasai warriors in towering ostrich feathered headdresses (once worn in lion hunts) and the

500 in Kenya are dying daily. That is why the World Bank, through Kenya's Ministry of Health STI unit, is among the major sponsors of this millennium tour.

It was the World Bank, which provided the bus and lorry to bring the 40-strong African Heritage team of models, musicians, dancers, acrobats, stilt walkers, contortionists, drummers and hairdressers to the coast who were accommodated at Mombasa's Hotel Sapphire and later at Jadini Beach Hotel, Diani, during their seven shows at the coast.

It was also the World Bank which, provided the giant screen on which to flash some of the magnificent pictures from 'African Ceremonies' as well as important messages about AIDS.

What better way of reaching thousands of people than this and, perhaps, the Kenya Tourist Board might consider doing likewise in using Africa's rich cultural image, as depicted by



ONE of the most spectacular traditional costumes in the African Heritage Show was for a Cameroon dancer called Rodido.

eight gorgeous models in suede garments based on Turkana designs exotically adorned with chunky jewellery as well as on their arms.

Joining them were a stilt dancer dressed in bark cloth from Uganda and the African Heritage ebullient dancers.

Also featured was a crescendo of beadwork by Maasai, Wakamba and Kikuyu women of Kenya.

African Heritage's Taffi musicians played with verve bubbling with the rhythm of fast traditional numbers.

The Reef, which was festively decorated, had trees adorned with necklaces of coloured lights and the hotel attractively illuminated.

For its 'Gala Night of the Century' it had provided a most magnificent catwalk lined with small twinkling lights, while above was a large screen showing some of the magnificent pictures appearing in the new two-volume book 'African Ceremonies' by Carol Beckwith and Angela Fisher launched during African Heritage's millennium tour.

It had just won the United Nations Award for 'Excellence, under the auspices of the UN Writers' Guild and is also receiving 'mega' publicity in time magazine, America.

TURN TO PAGE TEN

Sher e Punjab

* The Exclusive Indian Restaurant specialising in Curries, Tandoori (Barbecue) and Vegetarian Preparations by Master Chefs

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GRAND REGENCY HOTEL

THE MILLENNIUM JUNGLE BASH!

New Year's Eve at the Crystal Ball Room is going to be a night to remember. An exciting and unique jungle setting will not only get you in the mood, but will also leave you spell bound.

Dancers will bring the roof down with the thrilling heart stopping dances, while the famous Pioneer Band and DJ will be playing and spinning hot tunes until late, late hours. Food and Drink stations will be kept open to keep your energy levels up so that you can welcome the Millennium in grand style.

To provide you with the side-splitting entertainment all night will be none other than the Hilarious **Shabbir, Kachumbari and Ridiculus**.

And remember this is a one in a life time opportunity so urge you to book early, and get entertained, eat your heart out and drink to your entire satisfaction.

All this is only for **Kshs. 6,000/-** per person. See you there!

REGENCY ROTISSERIE

More sedate and for the lovers among you, romantic dining at the Regency Rotisserie features a sumptuous Seven Course Menu and entertainment by the Sensation Duo.

Kshs. 3,200/- p.p. (Inclusive of Taxes)

ATRIUM BRASSERIE

More informal, there is a New Year's Eve Dinner Dance at the Atrium with Band, Back-Up DJ,

Balloons at midnight and yummy Food Stations, **Kshs. 3,000/-** p.p. Book early for New Year's Eve through Ext. 2224/1.

NEW YEAR'S DAY

Join us for breakfast at the Viennese Terrace as from 3.00 a.m.

Kshs. 1,100/- Sparkling Wine Inclusive.

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Philanthropist Ernst-Gunther Strecker Brings 'Christmas Cheer And Goodwill' To Mombasa

MOST people faced with the distress caused by social evils want to help, especially when the victims are children.

'Most People' however, wait for others to take the lead and their help varies from a little to quite a lot.

Some, as we know, do nothing at all despite promises.

How fortunate for the under privileged children at the Coast that Ernst-Gunther Strecker does not fall into the category of 'most people'.

For the last several years Mr. Strecker, a German national who is a clerk in the office of the Mayor of Mainz, has been raising funds through his own selfless efforts.

His contacts have grown through the years.

Among the most generous of his supporters are his own superiors the past and present Mayors of Mainz, Karl Delorme and Jens Beutel respectively, as well as his work mates.

The Ministerpräsident, Kurt Beck and the minister for Internal Affairs, Walter Zuber are also willing to help as are ordinary German Citizens, some of whom belong to the Lions' and Rotary Clubs of Germany.

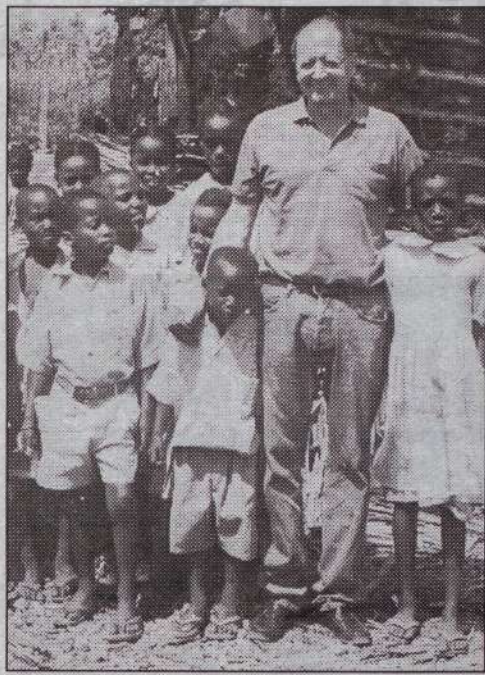
Mr. Strecker first visited Kenya 12 years ago and each year he leaves a Kenyan Charity the richer for his efforts.

This year, three Charities benefited - The Salvation Army Children's Home, 'Assist a Child to School' and 'Wema'.

The Salvation Army Children's Home, the oldest of the three projects, was initiated in 1985.

The founders started with eight children found on the streets, thrown away as if they were rubbish.

This number has risen sharply



ERNST-GUNTER Strecker, visiting German philanthropist, (centre) with some pupils from schools supported by ACTS.

through the years and there are now 67 children who have been rescued from a life of misery.

The children are taken from the squalor of the streets and given shelter which includes not only material comfort, but also education.

This education begins at nursery level and continues upwards to University or, for

those not academically inclined, training most suitable for a livelihood.

The Salvation Army appreciate donations not only of cash but also of cloths and books.

The second oldest project 'Wema' has similar aims but the founder, Lucy Yinda her family and friends, concentrated on helping young girls who are

especially vulnerable given the sexual abuse to which they are subjected.

Some of the life stories these children tell make the novels of Charles Dickens sound like a Mary Poppins' bedtime story.

Again, donations of any kind are gratefully accepted.

The third project, 'Assist a Child to School', known as A.C.T.S has a different focus.

Most of the children they help still live within the family unit, but the family itself lives in abject poverty.

We all know that without education there is no future for the individual and the State with an illiterate population also suffers.

The aim of A.C.T.S therefore is to assist children either individually or schools in need to ensure that no child is deprived of education because his or her family cannot afford it.

This year A.C.T.S hopes to help to virtually rebuild a school in the poorest area of Kisumu which is threatened with closure unless its structure reaches basic safety standards.

Thereafter A.C.T.S hopes to help parents, especially mothers to earn a living.

All these young people will be helped by the generosity of Mr. Strecker who has donated DSh 7,000 to each project, which is about K shs 260,000/-.

This is a Christmas present few can equal and so let's end this appreciation of the generosity of a remarkable man and his friends by echoing the words of Tiny Tim in Dickens' 'Christmas Carol':

God bless you everyone - and especially Herr Ernst-Gunther Strecker!

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31st December 1999

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It was music and fun galore at Travellers Tiwi Beach Hotel when Santa Claus arrived by sea in a traditional ngalawa nick-named 'Hi Jack'.

He then took a camel ride to the hotel followed by The Pata Potea Bag Pipers and children with parents as several ethnic dancing troupes entertained guests who had lined up on the beach.

Seen (left) with Santa Claus on the beach at Tiwi is Olivier of Framissima Toulouse, France.

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African Heritage 'Millenium Tour'

FROM PAGE SEVEN

African Heritage, in its road shows abroad to attract greater and more positive interest in Kenya as a tourist destination of great beauty, culture and magnificent wildlife.

Business sponsors of this millennium tour include Kenya Airways, KLM, Alitalia, Barclays Bank, Price Waterhouse Coopers; Smithkline Beecham International, Capital FM, Nairobi Hilton, ACE Communications, Alliance Hotels and D.T. Dobie among others.

Part of the proceeds from the tour will go towards the fight against HIV/AIDS in Kenya.

PROMOTION

Organisations benefiting from this were listed in the programme together with an appeal for contributions and addresses to which cheques should be sent. Commented Kuldeep Sondhi,

who is also a Deputy Chairman of the Mombasa and Coast Tourist Association and the most impact-making spokesman for stakeholders and the tourist industry 'shows of this quality make for a genuine promotion of the continent's culture and indigenous music as well as becoming a splendid marketing tool for Kenya's tourism.

They deserve to be better known and exploited as such'.

The grand finale of African Heritage's millennium tour will be at the Milele Afrika Nights at Jadini Beach Hotel on Dec. 31 and Safari Beach Hotel on Jan. 1, 2000.

Meanwhile Mombasa took on a very festive air for Christmas and the New Year with lights strung along the middle of Digo Road, Jomo Kenyatta Avenue and part of Nyerere Avenue, which, it is understood, will remain until 100-110.

Congratulations to the Mombasa Municipal Council!

ENTERTAINMENT

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DREIßIG ELEFANTEN NACH TSAVO

NACH EINEM Monat nervenaufreibender Arbeit im **Mwaluganje Elephant Sanctuary** an der Küste, wo sie dreißig Elefanten eingefangen und in die riesige nördliche Region des Tsavo-Ost-Nationalparks umgesiedelt hatten, sind die Angestellten des **Kenya Wildlife Service (KWS)** nach erfolgreichem Abschluß dieser gewagten Operation höchst zufrieden zurückgekehrt.

Das Mwaluganje Elephant Sanctuary und der Shimba Hills Nationalpark gehören zu den kleinsten Tierschutzgebieten in diesem Lande und die Elefanten können sich in diesem eingezäunten bewaldeten Ökosystem innerhalb der Grenzen nur beschränkt bewegen.

Dieses einzigartige Waldgebiet wurde von Elefanten erheblich beschädigt, denn dort hatten sich 500-600 Elefanten auf, das heißt durchschnittlich sechs Tiere pro Quadratkilometer.

Etwas hundert junge Bullen im Mwaluganje Reservat reißen

UMGESIEDELT

ganze Bäume aus, ein typisches Verhalten heranwachsender Elefanten, die dadurch ihre Stärke demonstrieren wollen.

Die ausgerissenen Bäume werden jedoch nicht einmal gefressen!

Bereits vor zwei Jahren dachte man daran, die Elefanten in diesem Gebiet umzusiedeln.

MWALUGANJE

Die Umsiedlung von Tieren gehört zur Managementstrategie des KWS, wenn zu viele in einem begrenzten Gebiet vorkommen; dadurch soll auch der Konflikt zwischen Menschen und Wildtieren gelöst werden.

Mwaluganje war die dritte Operation dieser Art; frühere Umsiedlungen erfolgten von Mwea nach Tsavo Ost und von Lewa Down zum Kora Nationalpark.

Mr Will Travers, Direktor der **"Born Free Foundation"**, besuchte die Gebiete 1997 während einer Elefantenzählung und stimmte nach Verhandlungen mit Wissenschaftlern zu, für die Umsiedlung Geld zu sammeln.

Originaler Art war die Zusammenarbeit mit **Britannia Airways**, die auf internationalen Flügen das Wechselgeld sammelte und auf diese Weise rund eine halbe Million Dollar aufbrachte.

Davon wurden 100.000 Dollar verwendet für die Umsiedlung, der Rest aufgeteilt für Gemeindeprojekte und für KWS Wildtierschutz im Tsavo-Ökosystem in den nächsten zwei Jahren.

Mr Ted Goss vom **"Eden Trust"** half mit Helikopterflügen.

Die Operation begann am 5. Oktober und am 25. waren dreißig Elefanten eingefangen.

Mit der Beratung von Mr Clem Coetsee, ein Experte für Elefantenum-siedlung in Simbabwe, gingen der Ober-tierarzt des KWS, Dr John Wambua, und das Tierfängerteam unter der Leitung von Sam Ngethe und John Kanyingi sowie einige Anwohner an die Arbeit.

Nachdem die Elefanten vom Helikopter aus mit Pfeilen betäubt worden waren, rollte das Fängerteam die Tiere auf ein Fließband, das die **Mumias Sugar Company** freundlicherweise zur Verfügung gestellt hatte, und die Elefanten wurden mit einer Winde auf einen Anhänger gezogen.

Dann kam das Tier in eine speziell angefertigte Kiste und wurde wiederbelebt, bevor es auf einem Tieflader zum Tsavo-Ost gefahren wurde.

Trotz des traumatischen Erlebnisses für die Elefanten verließen alle Tiere, bis auf zwei, am Bestimmungsort die Kiste und wanderten festen Schrittes in ihr neues Reich.

Zwei starben leider während der Operation, einer an Sträb, der andere an inneren Blutungen, als er nach der Betäubung einen Abhang hinuntergefallen war.

Nach dieser erfolgreichen Umsiedlung haben viele Elefantenfreunde aufgeteufelt, besonders nach dem tragischen Versuch in Uganda, wo drei Elefanten und ein Tierarzt starben während einer ähnlichen Operation, in welcher nur fünf Tiere umgesiedelt wurden.

Die Umsiedlungsoperation wurde geplant und koordiniert von der wissenschaftlichen Beraterin des KWS, Ms Paula Kahumba, und Mr Patrick Omondi, Leiter des Elefantenprogrammes.

KWS Direktor Nehemiah Rotich war bei der Operation ebenfalls anwesend.

Bericht und Foto von Patrick Omondi, Leiter des KWS Elefanten Programmes.



NUR MIT DER RUHE! - Einer der betäubten Elefanten wird sorgfältig auf einen Tieflader verladen, bevor er auf einem Lastwagen in sein neues Reich im Tsavo-Ost-Park gefahren wird.

"Unser Urlaub in Kenia hat alle unsere Erwartungen weit übertroffen!"

"UNSERE ERSTE Keniareise war viel besser als erwartet," sagten die elf Reisebürofachleute, die mit **Orbis Travel** zusammenarbeiten - das älteste nationale Reisebüro in Polen, welches seit 1922 besteht und gegenwärtig Urlaub in zwanzig Desti-nationen in aller Welt anbietet.

Sie waren auch hell begeistert von der Safari und den exotischen Tieren, denen sie auf freier Wildbahn begegneten.

Orbis Travel hat in den letzten drei Jahren ganz besonders für den Tourismus in Kenia geworben und beabsichtigt, von Januar bis Mai 2000 laufend weitere Gruppen von Reise-fachleuten für dreizehn Tage mit **Kenya Airways** und **KLM** nach Kenia zu bringen.

Die Gruppe wurde angeführt von **Jolanta Jedlinska**, Präsidentin von **Orbis Travel**, und begleitet von **Alicja Kapuscinska**, Product Manager.

In dieser Gruppe war ferner **Marcin Kaczorowski**, Sales Executive von **KLM Royal Dutch Airlines**, Warschau, der bekanntgab, daß der Markt für Kenia ständig wächst, seit die 4-5 bedeutendsten Reisebüros in Polen, darunter **Orbis Travel**, diese Destination anbieten.

Die Reisebürofachleute waren,

sechs Tage in Kenia und besuchten Nairobi, die Aberdare, Masai Mara und die Küste.

Sie wohnten meistens in **Sarova Hotels** und verbrachten die letzten zwei Tage im **Safari Beach Hotel**, wo sie von **Raymond Matiba**, Vice-Chairman, **Alliance Hotels**, und **Chris Modigell**, Gruppen General Manager, zu einem Diner im Stil der Chaines des Rôtisseurs in der **"Lobsteria"** eingeladen wurden.

Als Höhepunkt bei dem 5-Gänge Galadiner überreichte **Chris Modigell** jedem Gast einen Videofilm über Kenia, der speziell hergestellt und in der polnischen Sprache aufgenommen worden war.

Diese dynamische Hotelgruppe führt auf dem polnischen Markt eine ständige Werbekampagne für Kenia durch.

Chris Modigell ist schon viermal nach Polen gereist.

Bei einem Besuch, zusammen mit **Mike Kirkland**, Chairman von **Southern Cross Safaris**, wurden sie eine Stunde lang "live" interviewt für Polens beliebteste Rundfunk- und Fernsehanstalt

und beschrieben alle die vielen interessanten Attraktionen, die Kenia den Touristen bietet.

Sie erwähnten auch, daß die kenianische Regierung eine besondere Einheit der Polizei zum Schutz der Touristen eingerichtet hat, die für ihre Sicherheit sorgt.

Alliance Hotels wirbt massiv für Kenia in bereits bestehenden und in neuen Märkten und erwartet demnächst eine weitere Gruppe von Reise-fachleuten aus Gdansk.

Nach einem Besuch von **Chris Modigell** in Polen, und in Zusammenarbeit mit **KLM, Kenya Airways** und **Southern Cross Safaris** hatte **Alliance Hotels** überdies 12 Spitzen-Journalisten und Moderatoren von polnischen Fernseh- und Rundfunkanstalten für eine zehntägige Keniareise mit Badeferien und Safari eingeladen.

Diese Informationsreisen ergaben sich nach der **Warschauer Reise-messe**, wo diese beiden Firmen als Mitglieder der **Kenya Tourism Federation** gemeinsam einen Stand führten unter dem Motto **"Das Beste von Kenia"**, um für das Land zu werben.

In den zwei Tagen im **Safari Beach Hotel** genossen die polnischen Reise-fachleute ein vorzügliches Mittagessen auf der **"Ocean Terrace"**, im **Jadini**

Beach Hotel mit herrlicher Aussicht auf den Indischen Ozean und den wunderschönen, schneeweißen Sandstrand.

Um ihren Besuch an der Küste auf umweltfreundliche Art zu feiern, pflanzten sie Bäume im Garten des **Jadini Beach Hotels**.

Sie segelten auch entlang dem **Tudor Creek** auf der berühmten **"Tamarind Dhow"**, wohnen ein Hummer und Wein Dinar bei Kerzenlicht geboten wurde mit Unterhaltung und anschließend Tarr an Deck.

Anfangs des vergangenen Jahres besuchte der polnische Botschafter in Kenia, **Andrzej Olszowka**, die Küste und das Büro der **Mombasa and Coast Tourist Association** und erklärte, daß sich die Wirtschaft in Polen erholt und die Leute mehr Geld zur Verfügung haben, so daß sie sich nun Fernreisen nach Kenia leisten können.

Er wies darauf hin, daß jährlich mehr als 2000 Polen Kenia und vor allem die Küstenprovinz besuchen.

Deshalb beschloß die Regierung von Polen, in Mombasa einen polnischen Honorarkonsul zu ernennen, um die Beziehungen zwischen Polen und Kenia, besonders den Tourismus- und Handel, zu fördern.

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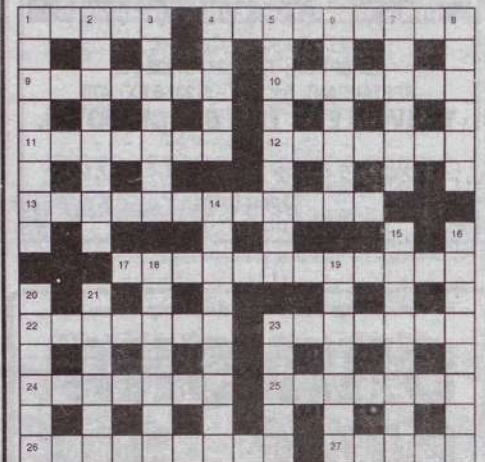
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CROSSWORD NO. 549

NAME.....
ADDRESS.....

ACROSS:

1. Hell, this is it [5]
4. Poet Omar's dinner drink? [5, 4]
9. A substitute kept in readiness [7]
10. Moving at an easy pace [7]
11. Appease [7]
12. Pavement edging [7]
- 13 & 17. Hoodwinks as one might the sheepish fellow? [5, 3, 4, 4, 4, 4]
22. Raiment [7]
23. Drink that makes Hal cool [7]
24. Slave-freeing president [7]
25. An idiot, not a semi-intellectual [4-3]
26. Dominated by devils? [9]
27. Wood-nymph [5]

DOWN:

1. Sailors' dance [8]
2. In a dreary manner [8]
3. Rivulets [7]
4. In that place [5]
5. Cygnet-style rarity [5, 4]
6. Temporary shipping prohibition [7]
7. Inflammation of the eye [5]
8. Hire into one's service [5]
14. Bad luck [4, 5]
15. Incidentally [2, 3, 3]
16. Placed in a detached situation [8]
18. Observe (anag.) - it's unnecessarily wordy [7]
19. Fed like an unweaned child [7]
20. Go like a high-speed hooter [6]
21. Sourly smacks [6]
23. Gave pain [5]

ANSWERS TO CROSSWORD NO. 548

ACROSS: 1. PRACTICAL, 6. EISEN, 9. CADGE, 10. MIDSTREAM, 11. SEPTUAGENARIAN, 13. ENSLING, 15. FISTFUL, 16. IMPRESS, 18. ARTISAN, 20. STOCKTON-ON-TREES, 24. OLD STAGER, 25. SATAN, 26. EIDER, 27. TEDDY BEAR.
DOWN: 1. PUCK, 2. ADDRESS, 3. THEFT, 4. CAMPAIGNS, 5. LODGE, 6. IN TRANSIT, 7. SHERIFF, 8. NO-MAN'S-LAND, 12. FELIXSTOWE, 14. ICE-SKATER, 15. FLAVOURED, 17. PRODDED, 19. SHEATHE, 21. OUGHT, 22. TASTY, 23. ONER.

WINNER OF CROSSWORD NO. 548
Jaishree Shah
P. O. Box 98295, Mombasa.

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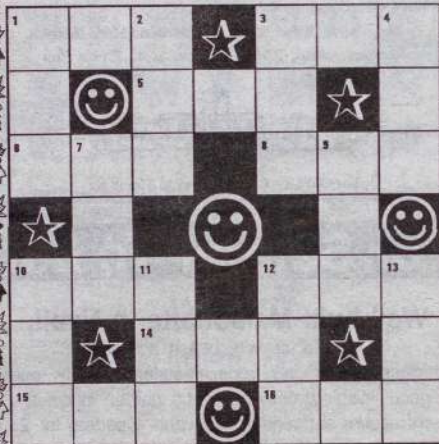
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**** IMPORTANT ** RULES AND REGULATIONS!**
Rule No. 1 - There are no Rules! (R. U. Krazy?)
Rule No. 2 - See Rule No. 1. (Yes - U. R. Krazy!)

WINNERS



WINNERS OF Krazy Crossword Number 104 are
Azra Kassam and Hinal B. Khima



ACROSS: →

1. You row a boat with this? (3)
3. To say something that is not true? (3)
5. Fairy tales usually begin with 'A long time...' (3)
6. When you are healthy you are...? (3)
8. Between liquid and solid? (3)
10. What you sleep in? (3)
12. A donkey? (3)
14. To help or assist? (3)
15. Slang American word for 'Man'? (3)
16. Faithful pet? (3)

DOWN: ↓

1. A fool, idiot? (3)
2. A large rodent? (3)
3. A big piece of wood? (3)
4. Water snake? (3)
7. Word for anger in old fashioned English? (3)
9. Excellent Security Services (abbrev.)? (3)
10. Blood sucking insect usually found in beds? (3)
11. Not night? (3)
12. The most common math symbol? (3)
13. To hang down loosely especially from the centre? (3)

LAST WEEK'S KRAZY CROSSWORD KLUES.

Across - 1. SIP, 3. IPI, 5. URN, 6. TAR, 8. HOD, 10. VOL, 12. BED, 14. MAY, 15. TOP, 16. END.
Down - 1. SIT, 2. PUR, 3. INN, 4. IDO, 7. AGO, 9. ONE, 10. VET, 11. IMP, 12. BYE, 13. DAD.

KRAZY CROSSWORD WINNERS No. 108:

☆ ARWA SHOKAT TAYABALI ☆ HUSSEIN MUSTAFA ☆ KASSIM SEIFUDDIN HATIM

NAME.....

ADDRESS.....

TELEPHONE No.

EAST AFRICAN WOMEN'S LEAGUE MILLENNIUM PROJECT

Heartening Progress At Kilulu Retirement Home

NESTLING NEAR the Jumba Ruins at Mtwa, once a thriving Islamic town on Kenya's north coast, will soon be a lovely retirement home for frail and elderly folk, regardless of ethnic background, with medical care - if needed.

Named 'Kilulu' (meaning 'Pearl' in Swahili) and of a rich Swahili style of architecture it will comprise unfurnished semi-detached cottages in either bed-sitter, one or two bedroomed units with dining room and lounge, kitchen, offices etc. on a three acre plot.

This is presently being fenced, trees and shrubs planted, a sweet water well excavated and staff quarters built.

Those interested can buy a unit, while a monthly charge (set at a non-profit making level) will be made to cover meals, care, security, water, electricity, general maintenance and the necessary staff.

A 'Show Home' is presently being built for viewing.

The idea of providing a badly needed retirement home at the coast was the brainchild of the East African Women's League and the 'dream' of Rola Kieseling. She named it 'Kilulu' but, unfortunately, died before it could materialise.

It was Rola's family that donated Kshs. 2 million to EAWL towards making her 'dream' come true.

Rola had named it after the dream home she once had, and lost, at Watamu.

Then, some caring members of Mombasa's business community joined together with EAWL members to form 'Kilulu Ltd' whilst me a n w h i l e seeking 'charity' status.

It was three years ago that fund-raising started in earnest, the very first donation having come from Rola's family followed by Kshs. 1 million from Pat and Maia Hemphill thus enabling land to be bought.

The building of a 'Show Home' was made possible by two Trusts providing most of the funds.

However, with a depressed economy, plus the slump in tourism at the coast, fund-raising, which has never been easy, became virtually impossible.

It is understood that similar homes up-country were luckily bequeathed legacies, thus making their establishment much easier.

At the coast they are having to start from scratch and even putting in the infrastructure, including water and electricity, is a very costly exercise.

It was Jill Simpson from Gilgil who had been on Charity Walks before (in camel country for Gertrude's Garden) who came up with the idea of a similar walk for 'Kilulu' with cars instead of camels as 'support'.



ELEVEN intrepid senior citizens arrive at Satao Camp, tired but jubilant, to receive a "Heroes Welcome" and lunch hosted in their honour. Derrick North-Lewis, 85, from Eldoret, is seen while being congratulated by Kilulu Limited chairperson Beverly Herd.

at the receiving end of 'mingi' congratulations and bear-like hugs at Satao Camp.

Others were Fiona Alexander (Shimba); Audrey and Johnny Antoni (Msa.); Ursula Brenneisen (Msa.); Grete Davey (Athi River); Pam Eccles (Rongai); Marguerita North-Lewis (Kaptagat); Uschi Roettcher (Nairobi); Jill Simpson (Gilgil) and Ann Taylor (Kilifi).

Keeping an eye on them all was a 'support' team - Bob Brenneisen (Msa.) and Terence Hopking (Kilifi / Taita Ranch) in Landrovers; Keith Mousley and David Taylor

There were one or two scares in the animal kingdom of Tsavo East.

An elephant disputed a 'Dongo' crossing and the KWS Rangers had to sort it out through tactful persuasion, while one morning it was discovered that lions had walked just a few feet away from their tents.

(Obviously, not of the same breed as those who used to raid workers' camps at Voi when the railway was being built to select dinner for themselves!)

These senior citizens, covered about 15 Kms a day, setting off early in the morning and resting in the afternoon, with much to observe in the way of flora, fauna and bird life which included twenty pelicans circling above them in the Aruba area and large herds of elephant coming to the dam, also buffalo, zebra, giraffe and lion.

Accompanying the 'Walkers' were three armed Kenya Wildlife Service Rangers.

Apart from the hard slog it turned out to be a well organised and a very enjoyable experience one of the benefits of age being nothing is left to chance.

A First Aid Kit, donated by AAR, was to hand, and there was first rate communication, courtesy of Southern Cross Safaris.

Taita Ranch brought along their radios so 'Walkers' could keep in contact with the 'Support' team.

Through this radio contact they heard, on the very first day, that Jill's friend, Mimi Mertens in the UK, had managed to raise £1,700 for 'Kilulu' at a coffee-morning-cum plant sale, while other good news was that Pam Eccles of Rongai Workshops now had a tenth grandchild.

with chilled towels and a fruit juice/bubbly welcome drink.

Lunch was enjoyed with great gusto.

The 'Kilulu' project was born when various concerned individuals realised there are many elderly folk across the ethnic divide in the Coast Province who need support.

For some of them age has taken an unkind toll of their health.

Others have lost their life partners and are exceedingly lonely.

Perhaps their children have offered homes, but the accommodation may be crowded.

If they no longer live at the coast or have left the country it means a major upheaval which they would prefer not to do if there was a retirement home for them at the coast.

At the moment there is none catering for middle-class elderly folk.

It is a growing problem which can no longer be ignored and there is also the question of security for those living alone in remote areas.

It was this which prompted the idea of establishing such a home.

Chairman of the Board of Directors of Kilulu Ltd. is Beverly Herd, Deputy Chairman, Geoff Turner and members - John Antoni (alt. Audrey Antoni); Ursula Brenneisen; Peter Doornhof; Maia Hemphill; Mike Kirkland (alt. Elizabeth Tsakiris and Geoff Weeks).

Donations are most welcomed and cheques should be made out to Kilulu Ltd. and sent to the Hon. Treasurer, Box 95811, Mkomani PO, Mombasa, who should be contacted for more information.

Special Report by NETA PEAL

DELIGHTED

It attracted eleven intrepid senior citizens in an 'Oldies for Oldies' walk who were delighted to find afterwards that their effort had raised over Kshs. 1.4 million, thus swelling the 'Kilulu' kitty to around Kshs. 3½ million.

The 132 Km Walk over eight days and sleeping under canvas at night, was organised by Ursula Brenneisen of Mombasa who is also Chairman of the Kilulu Fund Raising Committee.

The age range of participants was between, 60 - 85, the average age being 65!

The 85 year old was Derrick North-Lewis of Eldoret who was



IT WAS A HARD, hot, 'slog' but well worth it for the 132 kms. walk over eight days raised over K. Shs. 1.4 million for the envisaged retirement home for elderly folk at Mtwa, on Kenya's North Coast.

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Coastweek

MOMBASA, December 31, 1999 - Jan. 06, 2000.

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'KENYATTA HOUSE' AT COAST ACADEMY ARE SWIM CHAMPS



THE COAST Academy Swimming Gala which was held before the end of the school term was a great success, with much enjoyment and many fast times. The winning house was Kenyatta, some of whose successful swimmers are seen

above with their winning trophy. They are (from left) Silvia Orsi, Elaine Dainty, Aziz Gulamhussein, Nausheen Mohamedali and Maria Gulamhussein.

YOU can WIN a Weekend in the SHIMBA LODGE SEE PAGE 16

Kheri In Charge Of K.F.F. Youth Centre

FORMER National Coach, Mohammed Kheri was appointed by the Coast KFF Branch Office to take charge of their Branch Youth Centre.

coast province. The sub branches are Kwale, Kilifi, Taita Taveta, Malindi,

from Kwale; 13 delegates Mombasa.



Soccer Scene with SERAJ MOHAMED

The appointment was officially announced by the Branch secretary during Saturday's launching of the Branch Youth Centre.

Coach Kheri coached the National Football team, Harambee Stars for a number of years will be in charge of selecting the best youth players from the sub branches and coaching them in readiness for National and international encounters.

Kheri is a coach of vast experience having attended courses and seminars in Brazil and Germany.

The Branch Youth Centre will be working with its sub sections situated in all sub branches of the

Mombasa, Lamu, Tana River and Kaloleni.

The KFF Coast Branch elections will be held on Saturday, 22nd January, 2000 at the Kokni Hall Mombasa, starting 10.00 a.m.

The curricular copied to all KFF Sub Branches of the coast province has requested the Provincial Director of Sports to be the returning Officer on that day.

Elections

A total of 98 delegates are expected to vote at the Kokni Branch elections.

The composition of the delegates with the voting rights shall be ten out-going office bearers of the branch; ten from Taita-Taveta; ten from Tana River; ten from Lamu; eleven from Malindi; eleven from Kaloleni; eleven from Kilifi; 12

The out-going Branch Chairman, Awadh Osh, his able Secretary Ali have confirmed their posts together with other members in committee.

Another group, The Football Promotion Group by Babadi Hatim Mohamed Omar are also looking for support from sub-branches.

Bonanza

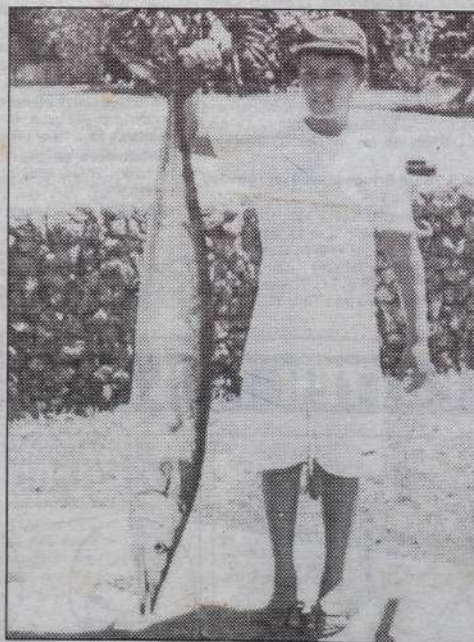
FIFA Referee, K Baghazal in conjunction will organise this year's Wa Sports House Cup Football Bonanza.

The tournament expected to kick off immediately after the fasting of the Holy Ramadan feature combined teams from Changamwe, Kisauni, Majengo, Ganjoni, M Tairi, Jomvu, Kong Mtongwale, Old Town, B Tononoka, Maogongo, B Tudor, Shikaadabu and S

Each team is expected to Kshs. 500/= participation

All players' Registrations will have photocopies of Cards or Birth Certificate but the tournament is strictly for 20 years players.

PAL'S CHRISTMAS DELIGHT



TEN-YEAR-OLD Pal Nayer of Mombasa Academy was delighted to land a 17Kg. Wahoo, after quite a struggle when he fished from the Deep Water Sports Fishing Boat Inca over Christmas.

TIDE TABLES

MOMBASA, Dec. 31 - Jan. 06, 2000.

FRIDAY High Water - 2.3 m. at 11.25 hrs. (11.25 a.m.) Low Water - 1.3 m. at 05.21 hrs. (05.21 a.m.) and 1.1 m. at 17.26 hrs. (5.26 p.m.).

SATURDAY High Water - 2.7 m. at 00.16 hrs (12.16 a.m.) and 2.3 m. at 12.53 hrs. (12.53 p.m.) Low Water - 1.2 m. at 06.54 hrs (6.54 a.m.) and 1.1 m. at 18.47 hrs. (6.47 p.m.).

SUNDAY High Water - 2.8 m. at 01.25 hrs (1.25 a.m.) and 2.4 m. at 14.04 hrs (2.04 p.m.) Low Water - 1.0 m. at 07.59 hrs (7.59 a.m.) and 1.0 m. at 19.49 hrs (7.49 p.m.).

MONDAY High Water - 3.0 m. at 02.17 hrs (2.17 a.m.) and 2.5 m. at 14.55 hrs (2.55 p.m.) Low Water - 0.8 m. at 08.47 hrs (8.47 a.m.) and 0.9 m. at 20.37 (8.37 p.m.).

TUESDAY High Water - 3.1 m. at 02.59 hrs. (2.59 a.m.) and 2.6 m. at 15.33 hrs (3.33 p.m.) Low Water - 0.6 m. at 09.23 hrs (9.23 a.m.) and 0.8 m. at 21.15 hrs (9.15 p.m.).

WEDNESDAY High Water - 3.2 m. at 03.33 hrs. (3.33 a.m.) and 2.7 m. at 16.05 hrs (4.05 p.m.) Low Water - 0.4 m. at 09.57 hrs (9.57 a.m.) and 0.7 m. at 21.50 hrs (9.50 p.m.).

THURSDAY High Water - 3.3 m. at 04.05 hrs (4.05 a.m.) and 2.8 m. at 16.35 hrs. (4.35 p.m.) Low Water - 0.4 m. at 10.26 hrs (10.26 a.m.) and 0.6 m. at 22.21 hrs. (10.21 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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