

Coastweek

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North Coast Party

THE MALINDI Museum Society has initiated planning for a week of events to mark the 500th Anniversary of the first arrival of the explorer Vasco da Gama and his ships - which disembarked in Malindi on April 15, 1498.

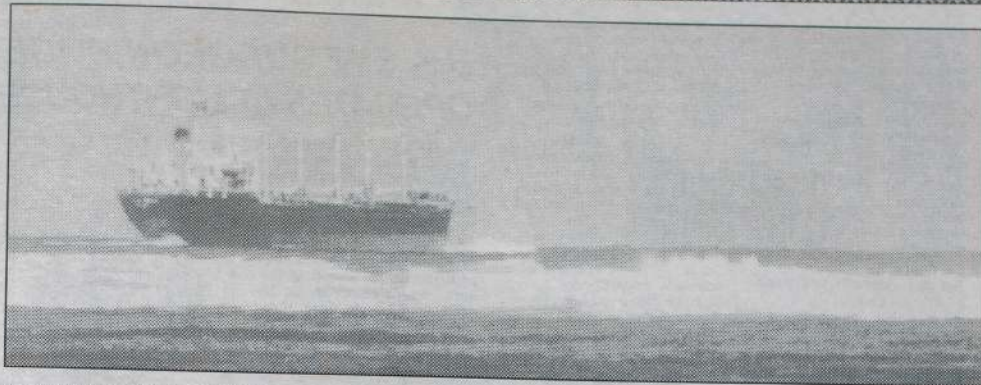
'Vasco da Gama Commemoration Week', will run from April 8-15, 1998 - during the Easter Weekend holiday.

It will include an extensive programme of community cultural activities, with the objective of promoting Malindi as a quality tourist destination.

Among the proposed guests list of invitees, subject to confirmation, will hopefully include the Portuguese Ambassador, the Kenyan Ministers for Tourism and Wildlife, Home Affairs and National Heritage and Foreign Affairs.

The organising group is drawn from MCTA, Kenya Association of Hotel Keepers, East African Women's League, National Museums of Kenya, Malindi Museum Society, Kenya Horticultural Society, Rotary Club of Malindi, Tourist Office, Municipal Council and the Malindi Green Town Movement.

Plans are also at an advanced stage with the Kenya Post and Telecommunications Corporations, to issue a set of four commemorative stamps in April next year.



MOMBASA'S 'REEF HOTEL' on the Kenya North Coast had an unusual guest early in the week when this large cargo ship apparently 'parked' itself firmly on the shallow side of the coral reef. No harm was done as she caught the next high tide and steamed safely out to sea. PHOTO COURTESY - VIPUL PATEL

Have A Smile

"Your father's quiet in the bathroom. Wonder if he's gone down with your ship?"

Positive Publicity Campaign Launch

IN A MASSIVE and on-going 'Positive Publicity Campaign' the **African Safari Club** has invited more than 200 top European tour agents and travel writers to visit the Kenya Coast.

by the Company.

"Nowadays, tourists consider the security of a holiday destination the priority item whilst making up their minds where to spend their vacations."

In an attempt to rectify matters, the **African Safari Club** - with its Head Office based at the Coral Beach Hotel on Mombasa's North Coast - in cooperation with its overseas tour operators in

Switzerland, has also initiated an extensive Marketing and Public Relations exercise right across Europe.

Unfortunately, what was to be a unique celebration to welcome the millionth tourist and traveller with ASC, scheduled for November this year has had to be postponed until next year.

"The idea to counteract the publicity by inviting 200 European travel agents and journalists, to Mombasa has resulted in an overwhelming and positive response," said the spokesman.

"Proprietors of travel offices, travel agents and journalists, from various countries in Europe, are coming in during the next few weeks to enjoy Kenya's wonderful hospitality and superb tourist attractions."

An extensive and detailed induction course of the **African Safari Club** product has already been conducted for 75 agents.

These guests were shown the hotels and taken on Safari.

Day trips and local excursions to Mombasa, Malindi and small local villages, were also well received.

"The typical Kenyan hospitality was much appreciated.

"These agents returned to Europe

with a promise to promote Kenya and **African Safari Club** as a top holiday destination."

MOUNTAIN GUIDE



NARU MORU RIVER LODGE mountain guide Richard Mugo seen atop 'Point Lenana' with Mount Kenya's 'Batian and Nelion' peaks behind him. - REPORT CENTRE PAGES

A senior ASC spokesman told *Coastweek*:

"The idea is that these important people will experience for themselves that Kenya remains one of the top holiday destinations in the world."

He confirmed "it was no secret that extremely negative and partly misinterpreted reports in the European press concerning Kenya have almost crippled the Kenyan Tourism Industry".

Synonymous with Kenya's tourism industry for 30 years, the **African Safari Club** organisation, owns and operates ten Coastal Hotels, a Lodge on the outskirts of Nairobi National Park and a Safari Camp in Maasai Mara.

TOP PRIORITY

The company currently employs over 3500 local staff and can accommodate 2500 tourists at any given time.

"Due to the spread of adverse publicity concerning the security of tourists in Kenya 2000 cancellations have been received

Special Report By
Correspondent

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08.30 Aqua.
09.45 Stretch.
**TUESDAY &
THURSDAY**
08.30: Step.
09.45 Stretch.

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Winning Flower Exhibition From Mrs Noor Kassam ...

THE MALINDI / Kilifi District of the Kenya Horticultural Society staged a most successful Flower Show at the Kilifi Institute of Agriculture on Sunday 7th of September, 1997.

The theme was 'Towards a Greener 2000!'

Mr. Kitivo the Principal of the Institute made everyone welcome and kindly presented the prizes.

There were very many beautiful exhibits, and one experienced lady made the comment that in her opinion the Show was up to International Standards.

A Gold Award was made to 'Homegrown' in the Open Class who showed a wonderful range of vegetables and flowers which are grown for export.

Never before has such excellent quality been seen at the Coast.

A Silver Award was made to Kenthurnum of Malindi for a stunning display of Anthuriums.

It was greatly appreciated that Mr. and Mrs. Wright were willing to stage this most beautiful exhibit although they had received heavy export

orders for flowers for the Princess of Wales' funeral.

Shanzu Nurseries from Mombasa won a well Bronze Medal for a display of very high quality plants.

There were very many excellent entries in the general classes for amateurs only.

The judges had difficulty in making their decisions on the winners.

'A verandah arrangement', beautifully staged by Mrs. **Needham Clarke** won the cup for 'The Best in Show', the cup for 'The Most Artistic Exhibit'.

Also a cup for that class as well as a Bronze Award.

Special Report By Correspondent

Mr. Tom Grumbly won a cup for 'The Best Staged Exhibit' the cup for 'The Best Collection of Succulent Plants' and also

coveted 'Judges Special Commendation', as well as a Bronze Award.

The floral arrangement section was very well supported with many unusual interpretations of the themes and there were many excellent arrangements.

The cup for 'The Best Floral Arrangement' was won by Mrs.

Noor Kassam.

The Horticultural Art Section was well supported and the 'Comic Creatures' staged by the children were most original.

The annual Flower Show is always a most enjoyable occasion.

Delicious teas were served and a large variety of interesting plants were on display.

Next year make it a Must to Attend.



'BEST Floral Arrangement' was won by Mrs. Noor Kassam.

U.S. EYE SURGEON ROGER DE HAVEN OPERATES AT LIGHTHOUSE FOR CHRIST

LIGHTHOUSE FOR Christ Eye Centre, located on Abdul Nasser Road in Mombasa, announces the arrival of Board Member C. Roger DeHaven .M .D. from Tyler, Texas, USA.

Dr. DeHaven, who has performed over 10,000 cataract procedures is donating his services to raise funds for the less fortunate and the extensive lighthouse coast province free eye camps.

He will be performing phaco emulsification techniques, similar to those currently in use in the USA, for patients who will otherwise travel out of the



Roger DeHaven .M .D.

country to receive the benefits of this procedure.

Phaco emulsification uses an ultrasonically driven needle to fragment the lens into tiny particles which can be aspirated through a smaller incision than that required for conventional surgery.

A smaller incision allows faster recovery time, added safety, and less chance of post operative astigmatism.

Dr. DeHaven will have time to perform about thirty procedures before he lives September 28.

If interested call 226179 or 220018 Mombasa.

"FUN DAY" ON DIANI BEACH TO AID RED CROSS

THE HOLY Ghost Cathedral, Mombasa, and the Catholic Church, Likoni, are most grateful for any help in their gigantic task of looking after families who fled their homes as a result of acts of violence against fellow Kenyans.

However, none visualised they would be staying so long in waiting for the situation to improve before they could return home.

The Cathedral is presently accommodating 810 'local' refugees and the Likoni Catholic Church 1200.

There has been a drop in the number at the latter, with some of the children having returned up-

country. When Linda Davies, Resident Manager of Inspirations (which is about fifth largest tour operators in the UK) passed the Likoni Catholic Church the other day she saw the Red Cross delivering lots of food she thought 'I wonder what we can do to help'.

Linda, together with her inspirations team, has organised a Day's Outing on Diani Beach with lots of fun and games, for both young and old, as well as a super lunch at Forty Thieves on **Sunday, September 28.**

It is all to raise money for the Kenya Red Cross to help in feeding

around 2,000 'local' refugees at these Catholic centres.

Said Linda 'the Red Cross relies very much on donations and we felt we would like to help this massive feeding exercise'.

Kenya's tourism industry at the coast is also suffering as a result of these sporadic acts of violence.

COMPASSION

There has been a big decline in the number of tourists coming here as well as business generally.

Despite this Linda feels there is a great feeling of compassion by those in the industry who would like to do something to help.

Such positive action she feels might also help counter negative reports about Kenya in the press.

The Kenya Red Cross Society, Mombasa Branch, has been desperately seeking support from well-wishers in the form of cash or kind to help care for these distressed people.

Only a trickle of help has been forthcoming so far from a recent appeal by its chairman, J. A. Mulu who after a call from Linda Davies of Inspirations feels more optimistic that others might be contemplating initiating help for the Red Cross.

Mr. Mulu was happy to report that they are now getting a lot of

support from the International Committee of the Red Cross, International Federation of the Red Cross and Red Crescent Societies

However, more local support was also needed.

Tickets for the 'Fun Day' on Diani Beach are Kshs. 800/- each inclusive of lunch.

For those who need it, UTC has offered 'Free' transport from Mombasa island on that day.

Those in the Tourist industry, including tourists, as well as others, are asked for their support.

For more information contact Linda - Telephone No. 228149.

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Big Birthday Bash On Board 'Tamarind Dhow'



AT THE Tamarind Dhow Anniversary Party, Dhow Product Manager Thierry Rebollo (left) gives the Tamarind Dhow Best Seller Prize to Thomson UTC Tours Leaders Supervisor Fiona Gibbs who represents North Coast Tour Leader Victor Mwabili.

CAPTAIN MOHAMMED Shalley, (right) Captain of the Tamarind Dhow for ten years, dances on the deck with Inspirations Operations Manager Jacqui Wakeman at the Tamarind Dhow Tenth Anniversary Party.

Kicking 'Polio' Out Of Africa

"KICK POLIO Out Of Africa" is the theme of a campaign to erase Polio from Africa.

Some 25 of the 48 Sub-Saharan African nations have embarked on national immunization days (NIDs).

World Health Organization (WHO) experts attest that concerted efforts by all of these nations to conduct NIDs from June 1996 through 2000 are essential to eradicate poliomyelitis - the wild polio virus - from the face of the continent.

Rotary's PolioPlus programme has contributed US Dollars 65 million to Polio eradication campaigns in Sub-Saharan Africa.

Nearly 50 million children under the age of five years, in the Sub-Saharan Africa are targeted to receive oral Polio vaccine.

In Kenya, the national polio eradication campaign was launched by Minister for Health, Hon. Jackson Mulinge.

To participate in the present campaign, Rotary District 9200 Governor Nelson Kawalya was in Mombasa.

He joined the Coast Rotarians on Saturday at the Pandya Memorial Hospital, KMA Auditorium and gave a key note address to the media, invited dignitaries and Rotarians.

This was followed by an open forum discussion and queries.

The governor was assisted by his District PolioPlus Officer for Kenya and Coast PolioPlus Chairman Varinder Sur.

The National Immunization Days will be repeated each year during August and September in all the East African Countries which is essential as the virus knows no boundaries.

Rotary International will endeavour to achieve this goal and celebrate a Polio Free World at its Centenary in the Year 2005.



"Ah, Digby, I've just had the results of your aptitude test!"



"Just call them statistics, they're hardly vital anymore."



"I was in the middle of my drag act when the ship went down."



Have A Smile



"All I can hear is heavy breathing!"



"You've been eating your wife's cooking again, haven't you?"



"I wonder what became of our Careers Officer?"



"How was what?"



"Remember, last year we couldn't afford to go on a holiday - well, this year we can't afford to stay at home."

Indian Week At Serena



NAIROBI SERENA Chef Moses Wainaina puts the final touches to the special Buffet table in readiness for the popular Indian Week which was celebrated in style at the Nairobi Serena. Throughout the week, the hotel had special buffets and speciality dishes from India in their Mandhari Restaurant and Cafe Maghreb. Both restaurants are a popular destination for the Nairobi business executives.

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October 2 - "The Search of the Great Apes" - with Diana Fossey - (60 mins)

BIG BEACH COASTAL CLEAN-UP

THIS YEAR'S International Clean-Up on the Kenya Coast on September 20 will also include an underwater debris collection which is being co-ordinated by Kenya Wildlife Service and CARES.

Divers from Barraouda Diving School will dive up to about 50 m and will also be rescuing stranded Marine Wildlife.

This additional effort will make the International marine debris

data-base much more comprehensive.

The Coastal Clean-Up will be officially launched at Jomo Kenyatta Beach starting from 9.00 a.m. with trash being collected from Malindi to the South Coast.

In 1993, Kenya became the first African MARPOL (International Marine Pollution Treaty) signatory to join the International Coastal Clean-Up.

Since then this annual event has taken place in Kenya and in 1996, 1904 volunteers collected 10.8 metric tonnes of inorganic refuse from Watamu to Wasini Island.

That year the number of participating countries in the world rose from seventy to ninety - the clean up taking place in 4755 sites covering 14,523 kms.

More than 180 animals in this International Exercise were discovered entangled in debris compared to 159 in 1995.

Ten were lucky enough to be released. They included a shark, three seagulls, a pelican, two fish, a crab, a lobster and a loggerhead sea turtle.

CIGARETTES

The fishing line was again the number one entanglement culprit, with 74 entangled animals followed by fishing nets (24) and plastic bags (23).

Animals have no defence when they encounter debris in the wild.

They may mistake it for food or they may become entangled in it and unable to release themselves.

Analysis of the inorganic garbage collected in 1996 revealed that 61.24 per cent was made of plastic.

For seven consecutive years cigarette butts have been the most abundant debris.

Of 608,759 found 5,573 were underwater.

62.54 per cent of the debris collected was recycled material such as plastic bags, caps, lids, straws, bottles and cups along with glass pieces and meal cans.

The list highlights a critical issue, that of citizen responsibility and environmental stewardship.

People are the cause of this pollution problem.

They are also the solution.

Volunteers in last year's clean up on the Kenya Coast included Marine Park Rangers from Kenya Wildlife Service, Hotel Guests and Staff, Boat Operators, Kenya Scouts, WCK Members, Girls Guides and many private citizens.

Standardised data collecting cards developed by the Centre for Marine Conservation are used to record more than 80 specific debris items in eight categories - plastic, formed plastic, glass, rubber, metal, wood and cloth.

An appeal has been made by the Co-ordinating Committee for donations in cash or kind.

These should be sent to the Chairman, Beach Clean-up,

Baobab Trust, c/o Baobab Farm, Box 81995, Mombasa.

The International Coastal Clean up exercise first began on Texas beaches in 1986.

The Centre for Marine Conservation (CMC) sponsored

its first Coastal Clean-Up in 1986 when 2800 volunteers collected 124 metric tonnes of trash from 122 miles of the Texas shoreline. The clean-up went national in 1988 and one year later became an international event.

'New Releases' And Latest Block Buster

WITH THE rate at which we are seeing brand new releases in Mombasa, we should soon be on par with Mumbai, where a new film show there will be screened within a week or so in Mombasa.

KENYA CINEMA is set to screen from today, G.P. Sippy's latest blockbuster *Hameshaa*.

It stars youthful Saif Ali Khan and the nymph-like Kajol and is a love story filmed with beautiful cinematography.

Commencing on Tuesday at the KENYA CINEMA will be an action thriller *Sweeper*, starring C. Thomas Howell, Ed Lauter, Kristen Dalton and Janet Gunn.

At the LOTUS CINEMA from today through until the next week is Tommy Lee Jones and Will Smith in the fictional *MIB (Men In Black)*.

It is about a secret department of the U.S. government which specialises in tracking down alien activity on earth.

Aliens are already spread over

the earth, but most of them are normal, peace loving souls of us.

Certain aggressive aliens try to upset things among the human society and that is when the trouble begins (seems quite parallel to what goes on in our daily lives, isn't it?)

Enter the *Men In Black* because they are dressed entirely in black, right down to their black Ray Bans, whose job it is to regularise and neutralise these bad aliens.

The movie has good action scenes and a whacky sense of humour, and the title rap songs by Will Smith himself.

There is a Hindi version of the same film and will be titled *Vishwarakshak: Duniya Ki Rakhwale* and Columbia TriStar is also working out a deal with India's Sony Entertainment Television's *Boogie Woogie* dance show to create a *Men In Black* episode.



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BRACES MAY HELP ARTHRITIC KNEES

"UNLOADING" KNEE Braces may be just the thing to propel those suffering from degenerating knee conditions into an active lifestyle.

The pain that accompanies knees damaged by Arthritis or injury is typically focused on the inside portion of the knee joint, causing the individual to favour a 'bow-legged' position in order to reduce that stress.

Research presented this year earlier indicates that specially designed braces,

which have a large hinge and surround the knee and thigh to correct the bow-legged position, are effective in helping sufferers to return to their activities.

BodyWise by NOVA

The braces can be quite expensive but when subjects were questioned about their pain levels whilst exercising and wearing the brace, they responded that they felt they were able to be more active because they didn't experience the usual amount of discomfort and pain.

Kenya Yellow Pages 1998 - Vital New Business Tool

WITH THE upturn in the economy expected in the country early next year, Kenyan businesses and services will be empowered with a vital business tool - The Kenya Yellow Pages 1998.

East African businesses, processes and individuals will benefit greatly from The Kenya Yellow Pages as it offers a comprehensive nationwide listing while copies of the book are available for sale in Uganda and Tanzania.

Established ten years ago, the Kenya Yellow Pages was the pioneering business directory in the country which was immediately hailed as an indispensable listing, offering comprehensive business and service classifications. It is thus fitting at this juncture, Yellow Pages Publishing and Marketing Limited has joined forces with Newsprint International, publishers of the authoritative Kenya Factbook, now in its 15th edition.

Established over 25 years ago, Newsprint International pio-

neered the only business factbook in the country in 1973 which has, over the years, become a highly respected and essential reference work on the Kenyan business, economy and current affairs.

According to **Mansur Jiwani** CEO, Yellow Pages Publishing and Marketing Limited:

"The Kenya Yellow Pages is literally an all-out yellow pages business listings with a brief editorial introduction and essential background information on the country.

Moreover we are a nationwide directory listing businesses and services from all over Kenya".

Said **Kul Bhushan**, Executive Editor Kenya Factbook and CEO, Newsprint International:

"Kenya businesses and enterprise will benefit greatly from the result of our joint venture in making The Kenya Yellow Pages more reader-friendly, more comprehensive and above all, affordable outlet valid for more than a year".

The 1998 edition of the Kenya

Yellow Pages, due early next year, is currently under production.

On publication a majority of the 50,000 copies will be distributed gratis to the Kenyan corporate sector while individual copies will be available for sale at a subsidised price through retail outlets in Kenya and neighbouring countries".

"The unique advantages and positioning of the Kenya Yellow Pages makes it as essential as the telephone enhancing the user's powers to connect to a desired business or service".

Adds Mr. Jiwani: "this makes The Kenya Yellow Pages the greatest invention next to the telephone".



KENYA YELLOW PAGES Publishing and Marketing Limited C.E.O. Mansur Jiwani (centre) seen with Executive Editor Kenya Factbook and CEO, Newsprint International Kul Bhushan (second right) during announcement of the new 'Yellow Pages 1998' issue in Nairobi.

Special Report By Correspondent

British Council Coast Services From Mombasa

THE BRITISH Council in Kenya aims to strengthen the existing understanding between Britain and Kenya through educational, professional and cultural co-operation and as a partner in Kenya's Human Resource Development.

The Information Centre in Mombasa provides a range of information from the UK, and access to the latest developments in Information Technology.

HOW TO JOIN:
Please complete the application form and send with the fee and one passport photograph to the information centre director.

Please bring your national ID, Driving Licence or Passport when collecting your registration card.

There are three categories of membership: Private Institutions, Public Institutions and Individual.

Membership gives unlimited access to the centre and information services.

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SERVICES:

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English language teaching and reference materials. A centre for UK professional examinations. Air-conditioned Exhibition and Seminar Room for hire.

OTHER ACTIVITIES:

Business and Management training courses. Regular programme of exhibitions. Support to the Lamu National Museum's Library Outreach Services.

Participation in Kenya wide British Council development related activities and projects.

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There is a regular program of courses in the centre run by qualified British Trainers from the British Council Teaching Centre in Nairobi on the following subjects:

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We are pleased to arrange tailor-made courses for all types of institutions and companies.

For further information on rates and fees please contact the information centre director.

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C.S.P. Managing Director N. Jaffer seen with Bamburi Portland Cement IT manager Ken Kinyanjui looking over the Mombasa computer show.

Coast Computer Show Bonanza!

DURING August, 1997, Mombasa experienced its largest ever Computer Bonanza: - the exhibition being organised by the two largest companies in the Coast - Computer Source Point Limited and Microage Limited.

The exhibition took place at the Sapphire Hotel and more than 500 guests attended.

On display were a large number of items ranging from Compaq Deskpro, Gateway 2000, the hot selling Eko, Notebooks, Scanners, HP Printers, Epson Printers, APC and Merlin UPS, Entertainment CD's, Computerised Security Cards plus Accessories and Software.

Formnet Africa Mombasa was also present at the exhibition with a free trial accounts being given to those who signed up for access that day.

A Formnet Africa Mombasa spokesman noted:

"If you happened to miss the exhibition and still want to buy something or need some information, feel free to call us on: Computer Source Point Limited 225420/30; Microage Limited 491954.

*Remember ... Buy a machine and get one month free Internet Access!

*So hurry and call us now for a free quote!"

Playing Golf Under Gun Fire!

UNUSUAL circumstances will normally elicit unusual reactions.

If one were to walk to a house, open the door and come face to face with some snakes slithering on the floor, there are two possible reactions.

The most likely one is that the person will quickly close the door and take flight.

This is driven by our natural instinct for survival and the way we have been conditioned to think about snakes.

The unlikely reaction is where one would leave the door open and retreat to a safe distance and observe what the snakes do next with a view to eventually returning to evict them from the house and take possession.

If one had never seen a snake before and had never even been told about what they are capable of doing, they would most likely just stop and stare at the reptiles in fascination (or terror).

The snakes would probably lose interest and go away after some time.

Human beings are conditioned by their experiences right from the time they are born.

Their reaction to unusual circumstances is strongly influenced by the conditioning they have been through.

This is illustrated in an incident that Kachumbari told me about but which to this day I believe is highly unlikely to have happened but, here goes.

Kachumbari had travelled to a Far Eastern country to explore for business potential.

Whilst there, he took the opportunity to visit some friends of his.

During the weekend of his visit, the friends decided that they would

take him for a round of golf at their local club.

Local meant a drive of nearly fifty kilometres, so the whole thing turned out to be a day's outing.

On the way to the golf club they passed several groups of soldiers walking by the roadside fully armed.

The country was still under martial rule and the sight of soldiers among civilians was not unusual.



Coast Drive with PATRICK OBATH

When they got to the club, they kitted out and started their round of golf.

Kachumbari had a tough time getting round the rather tricky course because of the unusual hazards presented by the course.

It was a very hairy course with plenty of ponds and streams as well.

When teeing off at one of the holes that was at the extreme end of the course from the club house, Kachumbari's ball flew out of the course into an adjacent housing estate.

As he stood there shaking his head at losing another ball he heard what sounded like gunshots coming from the estate.

His hosts quickly took him into the shelter that was next to the tea box.

The club had provided these during the early days of martial rule when the soldiers were slightly too trigger happy and tended to fire at people for fun.

The sheds offered some relief to golfers when things got hairy.

The sound of gunshots only lasted for a few seconds but it was enough to rattle Kachumbari who had not been exposed to living under the law of the gun.

His hosts ignored the incident

and were about to tee off when they heard a large number of gunshots approaching where they were.

They quickly got back into the shelter and waited as the gunshots first approached and then faded off into the distance.

They resumed their game but by this time Kachumbari had lost interest in the game and was only keen to complete the round and get back to the safety of his plane and homeward bound.

They completed the round without much more incident.

Later in the evening, during the club night, more members came in and amongst them was the local army chief.

He soon had a crowd round him.

The people gathered there hoping to hear what had necessitated all the gunfire in the afternoon.

The army boss declined to tell but after a few glasses of the local rice wine, he seemed to mellow down and he then opened up.

He told the gathering around him that the afternoon's show of fire power was totally unrelated to any threat to the peace in the area but was as a result of an unusual incident in the army camp adjacent to the golf club.

GUARD DUTY WITHOUT THE SERGEANT ...

At some point in the afternoon, one of the soldiers who was on guard duty decided to take a nap away from the watchful eyes of the sergeant in charge.

As the fellow slept, he all of a sudden heard what appeared to be loud gunshots quite close by.

He quickly woke up and got his machine gun and decided to fire into the air to frighten off what he thought was an attack on the army camp.

This gunfire galvanized the soldiers at the main camp into action and they also armed

themselves and set off in the direction where the earlier gunfire seemed to be coming from and from time to time to try and catch the would be attackers to fire as well so that they could be located.

The soldier who had been sleeping realised that he would be found out so he stopped firing and sneaked round the camp back to the main gate.

From there he ran after his mates with his gun at the ready.

The soldiers found nothing that they could attribute the gunfire to.

It later transpired that the fellow who started the whole event had been spotted by one of the other soldiers who reported to the incident room what had happened.

They took the napping soldier back to the truck in which he had been sleeping so that he could explain in detail what really happened.

When they got there, they found a golf ball lying in the floor of the drivers cabin.

The ball had flown into the cabin from the adjacent course and then ricocheted off the walls of the cabin.

Army trucks tend to have no trimming in drivers cabin hence the ball was hitting bare metal.

This sound was what the soldier had mistaken for gunfire leading him to start an unnecessary chase by the soldiers at the camp.

The embarrassed army chief then asked who might have hit the ball in that direction.

The golfers all looked at each other but no-one was ready to admit that their ball was the one that had started the afternoon's unusual activity.

The soldier is conditioned to return fire when he hears gunfire.

He did exactly what he had been conditioned to do when he was faced by what seemed to be an immediate crisis ... no time for rationalisation or analysis of the source of the noise.

As Kachumbari says, human beings will resort to instinct whenever faced with what they perceive as dangerous situations and where time is at a premium.

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NAIROBI STOCK MARKET REPORT - September 12, 1997

TRADING DAY	TURNOVER (KSHS)	NSE INDEX	NO. DEALT	MOST ACTIVE	
MONDAY	10,081,845	3412.35	263	Diamond Trust	
TUESDAY	16,022,043	3449.19	309	Kenya Airways	
WEDNESDAY	18,115,820	3461.21	358	National Industrial Credit	
THURSDAY	45,089,397	3469.82	337	Sasini Tea & Coffee	
FRIDAY	17,499,285	3495.85	321	Kenya Commercial Bank	
WEEK TOTAL TURNOVER	106,808,390			WEEK TOTAL SHARES TRADED	2,190,358
CHANGE OVER LAST WEEK	-32.94%			CHANGE OVER LAST WEEK	-60.72%
AVERAGE DAILY TURNOVER	21,361,678			AVERAGE DAILY SHARES TRADED	438,072
WEEK AVERAGE NSE INDEX	3457.68			NUMBER OF STOCK ADVANCES	16
CHANGE OVER LAST WEEK	57.8 Points			NUMBER OF STOCK DECLINES	16
TOP 5 WINNERS THIS WEEK	% CHANGE OVER LAST WEEK			TOP 5 LOSERS THIS WEEK	% CHANGE OVER LAST WEEK
Standard Newspapers	+30.4%			Lonrho Motors	-8.6%
George Williamson	+22.0%			ICDC Investments	-6.1%
Kakuzi	+18.3%			E.A Portland Cement	-5.3%
Ol Pejeta Ranching	+11.4%			A. Baumann	-4.5%
TPS Serena	+11.1%			Standard Chartered	-4.2%

The average NSE 20 share index for the week ending 12th September, gained 57.8 point to stand at 3457.68.

Turnover for the week decreased by 32.9% from Kes.159 million to Kes.106.8 million.

Number of shares dealt decreased by 60.7% to stand at 2,190,358 while the total deals for the week declined from 1,619 to 1,588 in a week that saw 16 counters advance against 16 declines.

The highest percentage gains recorded for the week were by Standard Newspapers which went up by Kes. 14/- to Kes. 60/-, George Williamson gained Kes. 19/50 to stand at Kes. 108/-, while Kakuzi closed at Kes. 155/- up from Kes. 131/- last week.

Ol Pejeta Ranching jumped to Kes.103/- up from

Kes.92/50 while TPS Serena closed Kes. 1/70 higher at Kes. 17/00.

On the losing end, Lonrho Motors declined to Kes. 48/- from Kes. 52/50, ICDC Investments lost 4/- to close at Kes. 62/- while E.A Portland Cement declined by Kes. 2/25 to Kes. 40/-, A. Baumann lost 90 cents to close at Kes. 19/- and Standard Chartered shed Kes. 2/- to close at Kes. 45/25.

The most active counter for the week was Diamond Trust with a total of 524,000 shares followed by Kenya Airways and National Industrial Credit with 407,000 and 166,000 shares respectively.

In the bond market the CBK floating rate bond issue No.4 dealt Kes. 107 million worth of bonds to close at 98.2893%. Issue No.3 dealt Kes. 101 million worth of bonds to close at 102.8356%.

There were no deals dealt on the EADB Bond.

N.S.E. weekly Analysis is provided as a service by Shah, Munge & Partners Ltd. Members Of The Nairobi Stock Exchange. Tel: 313906/226408 Fax: 313903 P.O. Box 42670 Mombasa

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Climbing Kenya's Magic Mountain!

CLIMBING MOUNT KENYA is a physical, emotional and religious experience.

It is also an exhausting, exhilarating and often humbling adventure across one of Kenya's most fascinating landscapes.

Before getting down to the 'actualities' of the climb, here are a few details which may be of interest to those who have not yet come into close quarters with its strange and haunting beauty.

AN EXTINCT volcano which last erupted 3.5 million years ago Mount Kenya was gazetted a National Park in 1949.

This unique environment is now considered so special that UNESCO has declared the entire area an 'International Biosphere Reserve'.

Within the 715 square kilometre park are 81 plant species endemic to the mountain, as well as a wide variety of African wildlife.

The elevation range is approximately 3,200 metres to 5,200 metres and includes several distinctive vegetation zones.

Gallery forest, bamboo, giant heath and 'hagenia', moorland, tussock grasses, Giant 'Senecia' and 'Lobelia' - and, at the very uppermost elevations, rock and ice.

Temperatures range from 30° C (90° F) down to minus 15° C (0° F)

Every year more than 15,000 people visit the Park - to hike, visit the snow line and, some, to climb the mountain.

MOUNT KENYA, or 'Kirinyaga' to the native Kikuyu tribes people, was in aeons past considered the holiest of places, magnificent and terrifying, the ultimate sanction of God and Nature.

Peter Beard in his book 'The End of the Game' records:

"The Kikuyu said its whiteness had been put there by God, *Ngai*, to keep it holy, and that he had wrapped it up in biting cold to sanctify its holiness.

"No one had ever dared to go there.

"European discovery and eventual conquest of this home, this whiteness, marked the beginning of an era of encroachment."

The German evangelist Johann Ludwig Krapf was the first White man to see the mountain in 1849.

Missionaries (Rebmann and Hannington) and explorers (Thompson, von Hohnel, Teleki, Gregory and Kolb) later reported before incredulous European audiences of this 'Mountain of Snow on The Equator.'

After an epic six month expedition from London and Marseilles British geographer and politician Sir Halford John Mackinder successfully reached the summit at noon, on September 13, 1899.

As conqueror Mackinder got to name the three highest peaks: 'Batian' at 5,199 metres, then 'Nelion' 5,188 metres and, lower down, the 'Point Lenana' 4,985.

BATIAN and NELION were two famous Maasai 'labons' (tribal chieftains).

Legend has it that 'Mbatian', who died in 1890, was the son of Sipeet, son of Sitonik, son of Kipet, son of Parinyombe, son of Kidongoi, son of E-Signalishi, son

of OI-le-Mweia, the first Maasai:

Who came down from heaven and sat on the top of the Ngong Hills, beside the marsh of Nyarobi (Nairobi) 'place of cold water'.

Nelion, or 'Nelieng' was the brother of 'Mbatian'.

Lenana or 'Olanana', son of 'Mbatian' or 'Mbatiany', was 'labon' of the Maasai at the time of Mackinder's triumph.

The Maasai name for the mountain was 'OI Donyo Eibor' ('The White Place'), but it was the Kikuyu/Embu name of 'Kirinia' (and, possibly, the Wakamba name of 'Kya Nyaa') which

If you are coming up from the Coast a sensible schedule would include first night in Nairobi, second night in Nanyuki or Nyeri, third night at Naro Moru, fourth night Meteorological Station (3,050 metres), and two nights at Teleki Lodge or Mackinder's Camp (4,300 metres) before climbing 'Point Lenana' and returning to base.

Proving that there is always an exception to the rule: well-known mountain climber Iain Allan of Nairobi is reported to have run up to the mountain from the Park Entrance at Naro Moru, climbed 'Point Lenana' and returned to the main gate in just 12 hours ...

terrain is both fascinating and fulsome.

Another warm and wonderful character is one Sammy Gaita, manager of the 'Mountain Store' - who for the past 25 years has been equipping individual climbers and complete expeditions.

FOR our particular safari general manager James Mbugua had arranged for several enthusiastic and experienced staffers to accompany us up the mountain, including 'guide' Richard Mugo, of Kamagura, Nanyuki, and 'porters' David Gichunju and Erastus Kinyua, both from Naro Moru.

THE ACTUAL safari or climb begins with a comfortable car journey through Naro Moru and its outlying farmlands before reaching the forest area and the Park Entrance.

Familiar names like Matiba, Mathenge and Kibaki own the larger and well managed estates before the settlement schemes and their 'zero-grazing' farmers.

Rural scenes ... of women in rubber boots, with head scarves, escorting animals to market, assorted children underfoot, wild flowers in profusion.

On delivery at the Park Entrance (2,400 metres) the car continues with porters and gear to the Meteorological Station (3,000 metres), while your party and a guide commence an eight kilometre hike through the cedars and bamboo forest.

Here are indications of buffalo, elephant and leopard, game trails and a few shy birds - Hartlaub's Turaco, silvery cheeked hornbills, white faced hoopoes, red fronted parrots, green ibis, sunbirds, bee-eaters and francolin.

After a good lunch and rest at the Meteorological Station Lodge run by Alliance there is a further 400 metres 'acclimatisation' walk towards the Radio Relay Station.

The 'Mountain Map and Guide' correctly suggests:

"You will now discover muscles you didn't even know you had, and at times you will consider yourself a prime candidate for a lunatic asylum.

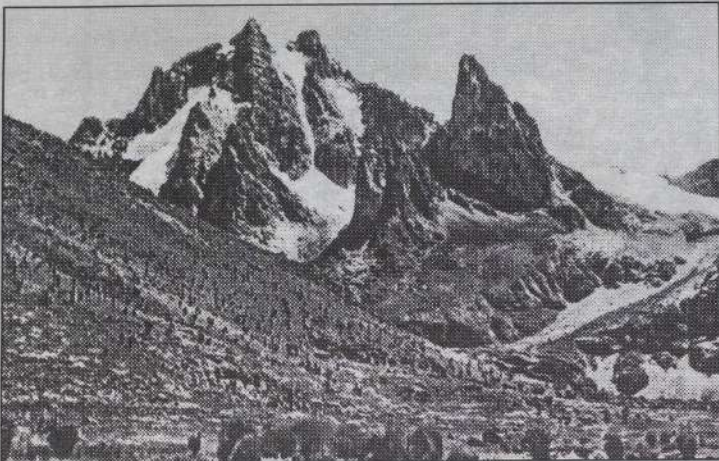
"But don't worry, this is quite normal on such a mountain.

"Console yourself with the thought that most of the others with you are feeling the same way, and often worse ... and that it can't go on forever".

But it does ...

AFTER A GOOD night's rest and hot breakfast it is time to watch the nearby campers chasing off avaricious vervet and curious colobus monkeys who have 'volunteered to assist' in disposing of any unwanted food.

Then on up the mountain and along the actual path, a wide swath



IN ALL ITS GLORY - Mount Kenya seen from 'Teleki Lodge', 4,300 metres.

eventually became 'KENYA' - names for both the mountain and the country.

Apart from enjoying its numerous and entertaining facilities guests at Naro Moru River Lodges should make a point of meeting General Manager James Mbugua.

Ebullient, charming and well-informed, he is a mine of invaluable information about climbing the mountain.

He has been up many times on all the different routes and his local knowledge of the weather and

Richard Mugo has lived on and off the mountain for 17 years - on average climbing up to 'Point Lenana' three times a month.

He was to prove "an ever present help in times of trouble ..." and a source of constant inspiration.

At each night stop there was also a capable cook - who prepared warm and nutritious meals: going strong on soups and hot carbohydrates.



of deep, soggy, tramped mud, well marked with painted stakes to the dreaded 'vertical bog'.

Usually unpleasantly wet and messed up with buffalo tracks this can take up to three hours of very hard pushing and uphill stumbling.

At last onto the moorland and the first few glimpses of snow-covered Mount Kenya - performing an elegant sort of 'strip-tease' in the clouds, never fully revealing anything of interest, but always promising a little more.

The increasingly spare vegetation is now characterised by shrubs with small leaves, exotic heather, numerous alpine flowers, tussock grass, sedge, aromatic herb plants and sugar bush.

A couple more hours of heavy trudging and we are into the Teleki Valley, lined with Giant Groundsel, Giant Lobelia and carduus (giant thistle).

There are still a few birds, including a mountain owl; also the first of eventually numerous and very furry rock hyrax.

'NARO MORU RIVER LODGE' - ALLIANCE

OWNED and operated by the famous Alliance Hotels group on the Kenya South Coast, NARO MORU RIVER LODGE is the three-star rated base for climbing Mount Kenya.

Services and facilities include trout fishing, heated swimming pool, lawn tennis, squash, table tennis, horse back riding, sauna and mountain bikes.

However, what the lodge really specialises in are 'all-inclusive safaris' both up and around the mountain.

A Lodge spokesman explains:

"We cater to the needs of a range of visitors, from the nature admirer who simply wants to have leisurely day around the Lodge or a day hike to explore the unique forest of the lower slopes of the mountain - hoping to have that glimpse of the summits:

"To the more ambitious technical climber who wishes to have a go at the twin summits of Batian and Nelion."

Current offers from Naro Moru include:

- Mount Kenya Day Trip - (a relaxing walk upto 13,500 feet)
- Aberdare Mountain Day Trek (a walk and then picnic on 'OI Donyo El Satuma' - at 13,120 feet the highest point on the nearby Aberdare range)

● Three-Day Foot Safari up Mount Kenya (minimum expedition for those wanting to climb Point Lenana)

● Four-day Foot Safari up Mount Kenya (for those seeking a more leisurely climb to Point Lenana)

● Five-Day Circumnavigation of Mount Kenya (scaling 'Point Lenana and taking in the mountain scenery from all sides)

● Five-day Sirimon Trek (crossing over from one side to the other and taking in Point Lenana)

● Seven-day Timau Trek (a leisurely crossing, including Point Lenana, and much moorland walking).

Naro Moru River Lodge has its own 'Mountain Store' which can provide all necessary gear - from climbing boots to sleeping bags.

GENERAL INFORMATION:

Accommodation at Naro Moru River Lodge ranges from fullboard chalets to mountain climbers' 'bunkhouse' and camping ground.

"Full board guests enjoy our attractive modern chalets, built with local materials and located near our private trout stream."

Self-service log cabins are available for parties from town to seven: ideal for families and those wishing to prepare their own meals.

Cooking and dining facilities as well as bathroom and WC.

Self-service clients can still eat at restaurant, have use of the bar/ outdoor grill.

Climbers' bunk houses are wooden bunks and foam mattress cooking area, showers and WC.

The campsite, located adjacent house, shares the same facilities.

The lodge restaurant features cuisine with friendly service atmosphere.

The open air grill at lunch time evenings are a big attraction.

HOW TO GET THERE

The Naro Moru River Lodge hours drive (170 kms.) from Nairobi. From the main Nairobi/ Naro Moru Town.

There are regular bus and minibus services for clients to be transported to the lodge.

HEALTH AND FITNESS:

Anyone contemplating a climb should exercise and take a pre-

Special Report by
Addian Grimwood

THERE IS considerably less oxygen at these altitudes and no matter how fit you are it always seems as if you are operating on less than one lung - very, very tiring until you get used to it.

Acute 'mountain sickness' is the most frequent high altitude disease - symptoms include headache, nausea, vomiting, fatigue and insomnia.

In researcher Peter Hackett's words there are three treatments: "... Descent, descent, descent".

Obviously if you have arrived from sea-level it makes sense to take things slow - to w-l-y.

You can do the mountain in three days, but it is much easier (and possibly less dangerous) in five or six relaxed days.

POINT KENYA FROM POINT LENANA



Highest Peaks
BATIAN 5,199 metres
NELION 5,188 metres
LENANA 4,985 metres

CLIMBING in the dark is a good thing - because if you could actually see where your 'guide' is leading up across the ice and volcanic rubble there is a strong possibility that common sense would immediately prevail and you would abandon the whole project!

(In fact at this point one of our party, exhausted, frozen and tired, did actually turn back and head home for the security of a still warm sleeping bag way down at 4,300 metres).

Your pulse rate compares favourably with an outboard engine, your breathing comes out in staggered gasps, and thankfully, just before dawn you reach 'Top Hut' at 4,700 metres.

Again the question is asked: 'Why and what on earth are we doing up at this hour and at this height?'

But after some warming tea Richard Mugo has his team up for the final assault on 'Point Lenana' just a few hundreds metres further up above the nearby Lewis Glacier.

Due to unusual climatic conditions the snow had frozen solid into a slab of ice along the climbing edge of the Lewis Glacier and instead of a slow walk up the side our party had to use an ice-axe and cut steps up for almost 100 metres.

It also meant some very 'hairy' moments of real-life rock climbing - one is encouraged to firmly grasp the mountain side at this point, as there is sheer drop of almost 1,000 metres on the 'off' side.

This was hard and difficult and delayed our actual arrival on 'Point Lenana' by almost an hour.

Here at 4,985 metres it was still very cold but most of us managed to remove some of our disparate head-gear to enable the mandatory photographs.

Extraordinary views over and across the mountain, right on to the Aberdarees, Nairobi, the Ngong Hills, Ukambani and then a huge sweep of yellow and brown over towards Isiolo and Northern Kenya.

EVERYTHING GETS much easier when you are scrambling down hill, in fact we made 'Teleki Lodge' in just an hour and were back down the mountain in time for a late lunch at the Meteorological Station and supper (and a warm bath) at Naro Moru River Lodge.

Worn out muscles, tired features, stiff legs: you promise yourself 'Never Again!'

Later that evening you meet up with mountain veteran James Mbugua who consoles you:

"Women often tell me that Climbing Mount Kenya is just like experiencing child birth ..."

"God knows why we do it ...
 "But we keep doing it ... again ... and again."



CLIMBING UP THE LEWIS GLACIER below 'Point Lenana'.

(At this stage I was absolutely, completely and thoroughly exhausted - I couldn't have cared less whether there were blue whales mating in the mountain streams ...)

Seven hours heavy and difficult walking concludes with our arrival at 'Teleki Lodge' - similar to the Meteorological Station but now at 4,300 metres (and gaining ...)

THIS IS where the value of a good guide comes in: at the insistence of Richard Mugo we are virtually frog-marched out of the welcoming hospitality of the of the Lodge to undergo a further 90 minutes walk to 'acclimatise' for the next day.

Richard has promised rare and unusual sights!

After a nourishing hot meal and while still at rest it is very, very difficult to show any energy or enthusiasm for the out doors - whatever the attraction.

However, half an hour later, with the sun setting in the West, we make one final short safari a further

600 meters along the Teleki Valley ... and as you round the corner ... there it is!

The full, snow-covered Mount Kenya, awash in brilliant orange and pink sunlight, towering up above you, just hundreds and hundreds of metres of black rock and blue ice.

It is, quite frankly, a religious moment: similar to walking into a huge Gothic cathedral and staring up into the stained glass windows.

So quiet, so much bewildering 'gravitas', such beauty, such mystery, such calm.

You really can feel that special presence of 'Nga!' high up on his mountain holding up the evening sky.

AN EARLY MORNING approach on 'Point Lenana' means being dressed and ready to leave the warmth and comfort of the Teleki Lodge* at 3.00 a.m.

Swaddled in a heavy vest, two full sets of long-legged and long-sleeved thermal under-wear, three

pairs of thick woollen stockings, two woollen pull-overs, a padded down under-jacket, a water-proof windjacket, woollen cap, a woollen 'balaclava' head cover, heavy mountain boots and two sets of gloves (woollen inners), climbers take on a distinctly balloon-like appearance - very large and clumsy!

Tramping mainly 'up' and then along the frozen scree it becomes very, very ... seriously COLD!

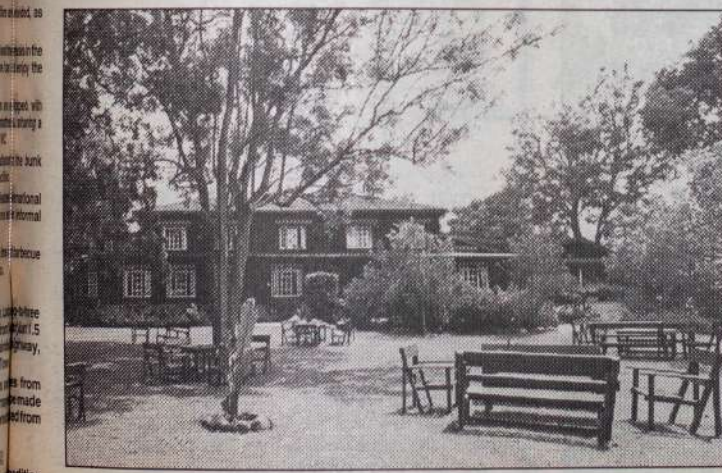
(At times, even down to minus 15° C (0° F)!)!

There is one saving grace: a simply star-spangled sky.

A sparkling Jupiter lights up the bottom end of the Teleki Valley, while overhead a string of beautifully brilliant constellations -

Andromeda with *Cassiopeia*, *Perseus*, the *Pleiades* star necklace, then *Taurus* and finally *Orion*, with its two brightest companions, *Sinus* and (just before dawn) *Canopus* lighting up the Southern heavens and softly reflected in the white snow.

HOTELS COMFORTABLE BASE FOR MOUNTAIN CLIMBING



NARO MORU RIVER LODGE - A trout stream runs through it.

"Our safaris are demanding and if you are not physically fit, you will not enjoy them.

"Start a fitness training programme at least one month before your safari.

"Running, swimming, cycling and stair climbing are all good ways of toning up muscles"

SEASONS FOR CLIMBING:

Best climbing sessions are from Mid-December to mid-March and from Mid-June through to the end of September.

These traditional climbing periods are the most predictable, however the chances of encountering good weather on the mountain are equal throughout the year - so the timing of a safari is not critical.

GUIDES AND PORTERS:

Professional local staff provide quality service on all safaris.

FOOD ON THE MOUNTAIN:

Because of the difficulties in obtaining dehydrated of special 'mountain' foods in Kenya, all meals are either fresh or tinned produce.

"For our longer safaris our groups are re-rationed with fresh food by porters.

"Each of our mountain guides serves an apprenticeship in the lodge kitchen."

ESSENTIAL ADVICE:

Mountain climbing may be hazardous to your health, but not necessarily so ... just remember one thing: do not underestimate Mount Kenya.

It is a very serious and potentially dangerous mountain. People have died on Mount Kenya either from technical climbing accidents, getting lost and suffering from 'exposure', and finally from a high altitude ailment known as 'Pulmonary Oedema'.

Best to follow the simple rules:

"Pole Pole" (Swahili for 'go slowly'), take time to acclimatise, eat well, drink lots of fluids - tea is considered 'Dawaya Miima' (Swahili for 'medicine of the mountain'.)

HOW TO BOOK A SAFARI:

Telephone Nanyuki 0176 62212/62023/62201 or write to:

The Manager: Naro Moru River Lodge, P.O. Box 18, Naro Moru, KENYA.





Alternatively, through: Alliance Hotels Central Booking Office, First Floor, College House, University Way, P.O. Box 49839, Nairobi.

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'MVITA - THE ISLAND OF WAR'

'MVITA - THE Island of war', and the turbulent history of the Kenya Coast during the days it was occupied by the Portuguese enthralled members and guests of the 23 year old **Skal Club of Mombasa** at the Son-et-Lumiere show inside the over 400 years old Fort Jesus.

It is a very professional and brilliant production masterminded by **Andy and Claudia Stuart** of **Jahazi Marine**.

It is a very dramatic half-hour covering intrigue, suffering and ending in victory for the Arabs and local people.

Script writer was **James Falkland**, a famous actor in Kenya.

An al-Fresco dinner followed in the courtyard of the Fort with candelabra lit-tables and goblets as drinking vessels.

All waiters were dressed either late Portuguese or Arab style.

Before doing full justice to the most tempting menu all stood to observe a minute's silence in memory of the late **Diana, Princess of Wales** and **Mother Teresa of Calcutta**.

The menu included smoked prawns, grilled baby lobster, Chateaubriand ending with chocolate cake and Arabic Coffee.

The chairman, **Sean Gavaghan**, who is also national chairman of Skal Clubs of Kenya, thanked the club's Venue Co-ordinator, **Colleen Hogg** (Operations Manager, Somak Travel) for finding such a unique location for a Skal dinner, as well as **Emma Metcalfe** (also of Somak) for her assistance in making the evening such a success.

Amid rousing applause the chairman also thanked Andy and Claudia for making it such an



ANDY and Claudia Stuart of **Jahazi Marine** seen with **Skal Club of Mombasa** chairman, **Sean Gavaghan**, who is also national chairman of **Skal Clubs of Kenya** during the **Jahazi Marine's** famous **Son-et-Lumiere** show inside the over 400 years old **Fort Jesus**.

enjoyable occasion.

The Son-et-Lumiere Show was first introduced four years ago and has been a great success.

There are three performances a

week in English, French and German, with translations into Spanish or Italian available for special groups.

It forms part of **Jahazi Marine's**

'Mombasa by Night' programme which starts with guests sailing on a traditional dhow to the old port.

They then walk through the streets of the Old Town to the Fort.

After Son-et-Lumiere show and dinner, the tour continues to a casino ending at **Bora Bora Night club**.

Jahazi Marine is also famous for establishing the only **Floating Market** at the Coast.

It is on **Tudor Creek** and a visit there is included in its full day dhow safari which in the afternoon also encompasses a very interesting talk on **Swahili Culture**.

Skal is an international association bringing together professionals in the tourism industry.

Towards the latter part of October **Skalleagues** from the three clubs in Kenya and one in **Kampala**, will be spending a 'fun' weekend together at **Travellers' Twi Beach Hotel** for **Sean Gavaghan's** Project Development and Marketing Manager for the **Travellers' Group**.

Indian Ocean Beach Club Introduce Delicious Menu

THE INDIAN Ocean Beach Club has introduced a new menu - **The Mwikio Special** - which exhibits the wealth of culinary delights and is fast gaining popularity with the hotel's guests and non-residents alike.

Diner at the **Spices Restaurant** is no longer complete without a few artistic amusements that have since become the trade

mark of the menu as waiters move from table to table holding a big cooking stick on which the 'Mwikio Special' is pasted.

Faces around the exquisite restaurant light up with instant amusement as they scan through the menu offering a wide range of mouth watering dishes.

"The dishes that are offered in

the menu are classic and have done quite well for the last three weeks when they were first introduced", said **Abdulwahid Ali**, IOBC's Executive Chef.

"The big Mwikio is basically meant to amuse the guests and indeed they have been clamouring for it", said **Chef Ali** with a chuckle.

In the words of **Chef Ali** "The menu offers a world of exciting options" with over 30 varieties of dishes that cater to every taste.

It is meant to break the monotony in the restaurant and includes popular local dishes such as the traditional beef stew served with ugali and sukuma wiki.

A variety of crustacean dishes, for those kin on fresh succulent seafood dishes are also on offer.

Eccentric service aside, IOBC's 'Mwikio Special' menu is worth a trial by those who cherish quality food and excellent culinary arts.

WHITESANDS HOST FABULOUS SMIRNOFF AIR SPECTACULAR!

ALL ROADS and Airways lead to Whitesands tomorrow Saturday, September 20th, 1997 for an activity packed family fun day including a fantastic aerobatics Smirnoff air Show starting at 11.30 am.

Don't be late!

From 10.00 am, complimentary tea, coffee and pastries will be provided to wake you up for the fabulous aerobatics show at the hotel's expensive beach front.

Whilst enjoying a fantastic aerobatics we entertained by live band on the well trimmed beach front lounge.

White Sands has also arranged some supper activities for both adults and children

including preliminary judging of the "Night of the champions" body building family show, a sightseeing boat ride, and magic show, children's disco, pool games, swimming at the best and only waterslides.

One may participate in any either of this activities at only Kshs. 100/-.

A children's menu will be available serving hot-dogs, chips, burgers, ice-creams and other kids favourite meals at only Kshs. 100/- per plate.

Those who take their lunch at **Minazi Restaurant** or **Lido Grill** will be entitled to free swimming coupon.

Start your evening in a new

themed **Tamanisha Bar**.

Your first cocktail will be Kshs. 100/-, followed by happy hour prizes for all drinks from 5.00 pm to 6.00 pm

To crown the evening two people may dine for the prize of one at the **Pavilion Restaurant** followed by the exclusive **Night of the Champions** finals.

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Kenianische Reisebüros sehen großes Potential für sonnenhungrige russische Touristen

VIELE RUSSISCHE Touristen, die bereits die bekanntesten Destinationen in Europa, Amerika und neuerdings auch in Asien besucht haben, sind stets auf der Suche nach neuen Urlaubs-ländern.

Highways Tours and Safaris hat dieses Potential erkannt und hat als erstes kenianisches Reisebüro eine Agentur in Moskau eröffnet. Eine Chartermaschine von Moskau nach Mombasa soll erstmals eingesetzt werden, um Gruppenreisen nach Kenia zu fördern.

FILMEMACHER

Zwei Gruppen wurden kürzlich begleitet von **Valentine Golavachev**, einem Filmmacher, und **Nick Sturdee**, einem britischen Journalisten in Rußland, der ihm bei den Filmaufnahmen

behilflich war. Sie filmten die Reisefachleute während ihres Aufenthaltes in Kenia und ihre Erlebnisse sollen im russischen Fernsehen gezeigt werden.

Sie blieben zehn Tage hier und wurden von Highways auf Safari geführt.

Sie beschrieben Kenia als ein traumhaftes Land. Eine Teilnehmerin war von den Masai und ihrem Lebensstil so begeistert, daß sie in Masai Mara acht Filmrollen verbrauchte!

Sie fand die Masai "schöne, stolze Menschen, vornehm im Benehmen und im Aussehen".

Die Gruppe übernachtete in **Serena Hotels** und **Lodges** in Mombasa, Amboseli, Masai Mara, fern in der Ark und im **Lord Delamere Camp** in den Aberdares.

Von den vielen wilden Tieren, denen sie in ihrem natürlichen Lebensraum begegneten, waren die Reisefachleute sehr beeindruckt.

Sie hatten viele Filme in Rußland gesehen aber nicht geglaubt, daß sie die Tiere auch aus nächster Nähe beobachten könnten.

Sie waren überdies des Lobes

voll über die Fahrer/Reiseführer von Highways.

Nach einem Rundgang durch die **Alliance Hotels** an der Südküste, begleitet von **Yahya Mohamed**, Highways Tours Manager, wurden sie im **Jadini Beach Hotel** zum Mittagessen eingeladen im **Ocean View Restaurant** mit herrlichem Ausblick auf den weißen Sandstrand.

Das Essen schmeckte ihnen hervorragend und sie gratulierten **Max Goetz**, dem erfahrenen Executive Chef, der für die Küche

im **Jadini Beach Hotel** und in der **Africana Sea Lodge** verantwortlich ist.

Einer der Besucher bemerkte, er fühle sich in den öffentlichen Räumen der **Alliance Hotels** wie in einem Nationalpark, weil überall so viele Tiere zu sehen sind (geschnitzte - manche in Lebensgröße).

In einem Interview beim Mittagessen im **Jadini Beach Hotel** sagten sie, daß sie im nächsten Jahr mit 30 Prozent mehr Touristen rechnen, die Kenia besuchen werden.

Executive Manager des

Highways Büros in Moskau ist **Felly Mbabazi**, die sieben Sprachen spricht, einschließlich Russisch. Sie hat ein Diplom für die Übersetzung von Verwaltungsdokumenten in Englisch, Russisch und Französisch.

In der Freizeit schreibt sie gegenwärtig eine Doktorarbeit über "Regionale Konflikte innerhalb von Ost- und Zentralafrika". Es ist für sie vorteilhaft, daß sich in Moskau das Institut für soziale und politische Forschung der Wissenschaften befindet, das sich mit Weltkonflikten befaßt.

Valentine Golavachev war zum zweiten Mal in Kenia und sagte, daß er immer wieder in dieser Land zurückkehren wird, um Safaris und die wunderschönen Strände zu genießen.

TAMARIND DHOW

Alle Teilnehmer der Gruppe sind viel gereist und haben in besten Hotels auf der ganzen Welt gewohnt.

Sie fanden die Hotels und Lodges in Kenia von hohem Standard.

Die letzte Nacht in Mombasa verbrachten sie bei einem Abendessen auf der **Tamarind Dhow** während einer Kreuzfahrt auf dem wunderschönen **Tudor Creek**.

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Warum der Frosch im Wasser lebt

EIN HASE, ein Frosch und eine Ratte lebten einmal als Nachbarn friedlich zusammen; alle waren ungefähr im gleichen Alter.

Eines Tages verspürte der Hase den Wunsch zu heiraten und erzählte seinen Freunden davon, um ihren Rat einzuholen.

Der Hase hatte seine Braut schon vor einer Weile kennengelernt und fand es klug, nach den Sitten des Tierreichs zu heiraten.

Der Frosch und die Ratte erklärten sich gerne bereit, ihm zu helfen, den Brautpreis zu bezahlen.

Als der Hochzeitstag kam, bat der Hase seine Nachbarn, in ihren schönsten Kleidern zu erscheinen, da sie seine Trauzeugen sein sollten.

Beide sahen stotzlich aus, als sie zum Haus des Hasen kamen. Plötzlich sagte der Frosch, er fühle sich nicht wohl und könne nicht mit auf den Hügel kommen, wo die Trauung stattfinden sollte.

Es wurde für ihn ein weiches Bett bereitgemacht, wo er sich erholen und ausruhen konnte.

In der Zwischenzeit hatten die Köche begonnen, ein köstliches Essen vorzubereiten.

Der Hase hatte reichlich Nahrungsmittel für das Fest beschafft.

Als die Gäste weggegangen waren und die Köche am Fluß Wasser holen, sah der Frosch in

die Kochtöpfe. Das zarte Schlangenfleisch hatte es ihm besonders angetan und bald hatte er den einen Topf leer gefressen.

Aber in seiner Gier hatte er nicht bemerkt, daß das Fleisch kochend heiß war und ihm die Kehle verbrannte; ein großes Stück davon blieb ihm in Hals stecken.

Er trank Wasser, hustete und versuchte alles mögliche, aber das Fleisch steckte in seinem Halse fest.

Als die Köche vom Fluß zurückkamen, sahen sie den Frosch in der Küche und daß der Kochtopf leer war.

Als sie ihn fragten, ob er das Fleisch genommen habe, konnte er gar nicht antworten.

Da wurden die Köche sehr böse, schlugen den Frosch mit den Kellen, auch auf den Rücken, so daß er endlich das Stück Fleisch herausspucken konnte.

Bevor die Hochzeitsgäste zurückkamen, hüpfte der Frosch in großen Sprüngen davon und die Köche hinterher. Sie jagten ihn in den Fluß, wo er tief untertauchte, um ihnen zu entfliehen.

Seither kann der Frosch der früher eine angenehme Stimme hatte, nur noch quaken, weil er mit dem gestohlenen heißen Fleisch die Stimmbänder verbrannte; und wenn jemand kommt, versteckt er sich im Wasser, wo er seine Kehle kühlen kann.



Ein afrikanisches Märchen, ins Deutsche übersetzt von Wycliffe K. Akombo

Neuer Küchenchef im Pirates Restaurant

DAS PIRATE'S Restaurant, direkt am Bamburstrand, hat sich zu einem Paradies für Feinschmecker entwickelt, seit **Pierro Lunghi** als neuer Küchenchef dort das Regiment führt.

Pierro ist ein Meister der feinen Küche, was vielen Leuten in Mombasa bereits bekannt ist, da er während dreieinhalb Jahren als Executive Chef für die **International Casino Gruppe** in Nairobi und in Mombasa, unter anderem im **Terrazza Restaurant**, tätig war.

Nach abgeschlossener Berufslehre erwarb er seine 22jährige Erfahrung in der Hotellerie und Gastronomie in einigen 5-Sterne Betrieben in Mailand, USA, in der Karibik und in Kenia.

Im **Pirate's** wurde kürzlich eine italienische Abteilung errichtet, wo 35 Spezialitäten aus dem Mittelmeerraum, darunter leckere libanesische Gerichte, offeriert werden.

Alle Nudeln - Ravioli, Tagliatelle, Cannelloni - sind hausgemacht und schmecken kostlich.

Ravioli mit Ricottakäse

Sehr beliebt ist Pierro's "Crab Tagliatelle" wie auch ein vegetarisches Gericht: Ravioli mit Tomaten, Knoblauch und Thymian.



PIERRO LUNGHI

Ein Kindermenü wurde speziell kreiert mit lustigen Namen als Appetitanreger.

Das Restaurant wurde neu eingerichtet.

Die Kellner erhielten neue Uniformen und wurden im Betrieb weiter ausgebildet. **Pirate's** ist auch ein beliebtes Wassersportzentrum, während die Disconächte freitags und samstags das Stadtgespräch sind.

Ein weiterer Anziehungspunkt für die Gäste ist die große Auswahl an Gerichten, die bis am frühen Morgen serviert werden.

Die Disco beginnt nach Mitternacht; vorher wird leichte Musik gespielt.

Sonntag ist Familientag, wo Vater, Mutter und die ganze Kinderschar bei Pizza und Barbecue schwelgen können.

Die heitere Atmosphäre wird unterstrichen durch **Nabil Sansool**, der zu den talentiertesten Musikern in Kenia gezählt wird.

Das Restaurant ist täglich abends von 19 Uhr bis 23 Uhr geöffnet, außer dienstags.

Pirate's ist nur am Samstag und Sonntag von 11 Uhr bis Mittag geöffnet.

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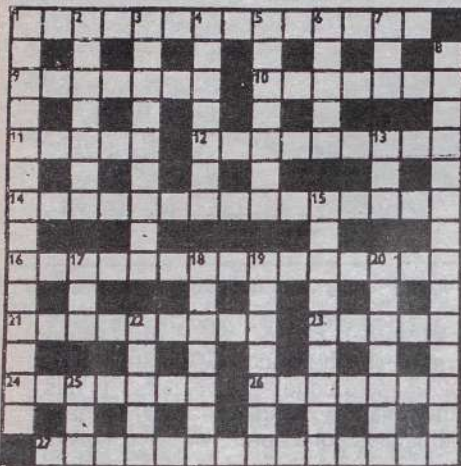
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CROSSWORD NO. 510

NAME.....
ADDRESS.....

ACROSS:

1. Work of distinction and very fine too [9, 5]
9. It presents a feline type going around with nothing on [7]
10. As foolish as crying for the moon [7]
11. Her family probably wouldn't know her sister [5]
12. The life of an umbrella [2, 3, 4]
14. Anguish that would seem to affect the circulation [9, 6]
16. Played as cricket? Untrue. (Try Tchaikovsky's arrangement) [10, 5]
21. Such a grumble might mean suffering [9]
23. Not a short sound evidently [5]
24. Inharmonious singers [7]
26. Avenger about to cut in [7]
27. Obviously the state of one making a 21 [14]

DOWN:

1. They're run in, but allowed out on licence [6-4, 4]
2. Put a pound on old Spain to find another country [7]
3. Responsible for trapping man between two hills (A real tease) [9]
4. Make an unwelcome entrance [7]
5. Chafe a worker for being a ladies' man [7]
6. Like a cereal sheltered by a beard [5]
7. Uphill. (Silly!) [3]
8. Sign of recognition [14]
13. It would be grim following a copper [3]
15. Laughton's in disguise for the attack [9]
17. Minute announcer and deminutive Dickensian [3]
18. Red as a beetroot [7]
19. Such a description is the outside edge [7]
20. Keep apart [7]
22. A reasonable branch of science [5]
25. Singular form of slipper [3]

ANSWERS TO CROSSWORD NO. 509

ACROSS: 1. SLAPDASH, 5. SPIDER, 9. HARD CASH, 10. SCENIC, 12. BRAHMA, 13. ARTISTIC, 15. ELEVENTH HOUR, 18. TAILOR'S DUMMY, 23. NEGATIVE, 24. SNEEZE, 26. ADDONIS, 27. BLACK CAP, 28. DAGGER, 29. CAST-IRON.
DOWN: 1. SAHIBS, 2. AERIAL, 3. DECIMAL, 4. SASH, 6. PECKISH, 7. DONATION, 8. RACE CARD, 11. CRANIUM, 14. EVASIVE, 16. STANDARD, 17. SING-SONG, 19. OUTSIDE, 20. MANX CAT, 21. FENCER, 22. NEW PIN, 25. FLEA.

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IN LOVING MEMORY



Charmaine C. Rooke
Born: 01/8/1971 Died: 06/09/1997

Thank you for all the memories, in which you've played a part. For they are always nearest, And dearest to my heart.

Thank you for all the memories, for they recall so many, Special moments I have known...

Thank you for all the moments, that time can never dim, I never could repay you, for the joy I've found in them.

May the Almighty rest your soul in Peace, Amen

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MUSLIM Womens Association is having a cooking demonstration on 30/9/97 at 4.30 pm at the Digo Rd Hall opp Bank of Baroda. All interested members and non-members are welcome (ladies).

IF money is lost, nothing is lost,
IF health is lost, something is lost.

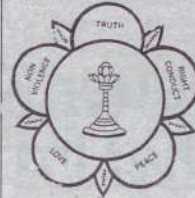
IF character is lost, everything is lost.

- Sri Sathya Sai Baba.

"LIVE beautifully, with infinite graciousness, abandoning all self-seeking, pure as the Lotus which is unconscious of itself." N. Sri Ram.

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My Life Is My Message

There is only one Caste, the caste of Humanity.
There is only one Religion, the religion of Love.
There is only one Language, the language of Heart.
There is only one God, He is Omnipresent.
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Fill the day with Love.
End the Day with Love.
That is the way to God.*
- SAI BABA

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HARHEEL DODHIA

Four Classes Take First Four Places In Mug

THERE WAS a fair breeze for the second September Monthly Mug race held on September 10 which saw 13 boats involving 17 people enjoying the late evening sun.

Barry Mitchell and Tony Armistage in the Osprey *Alalanta* took first place over Dave Farr and Brenda Bumstead in the Bosun *Armilla*.

The fleet was well mixed with Alistair Barnes in the Topper *WEC Rotterdam* taking third place followed by a Laser, *Naughty Polab* sailed by Sha Khan in fourth place.

It is good to see a mix of four different classes of boat in the first four places.

Saturday 13 saw nine Topper take to the water with new recruits Harry and Oliver Kirkham giving a sailing try.

However, they chose to try their hand on an exceedingly windy day so were unable to tackle the steering end, but assisted with crewing, in this case keeping the boat upright.

It is hoped they will persist and find a less windy day next time.

This Saturday, September 20

there will be no sail training due to an exceptional low tide coinciding with International Clean Up Week, so it is hoped that all cadets will turn up as usual to assist in collecting rubbish from the beaches adjacent to the Yacht Club.

September 27 will see sailing resume and hopefully more new cadets will come along.

Grayson Ochling in *Mean Mercury Machine* deserves a special mention for excellent sailing in these exceeding testing conditions, while Stephen in *Lady Barnes* who has missed a great deal of sailing due to Saturday morning school managed to keep up right most of the time.

Aziz Gulamhusein in *Stanray I* managed well with Harry Kirkham as crew but missed the extra weight when Boniface Ojumbo took Harry over for instruction in *Free Willy*.

The Second Vice Commodore's Cup race was sailed on Sunday, September 14 over a course out to the channel markers that can be seen from Mama Ngina Drive.

Here the fleet of 12 boats met with beautiful colours in the sea caused by a huge swell and spindrift flying off the rollers on the reef of Likoni side.

One Topper and two Bosuns set off on the first start and all credit has to go to Brenda Bumstead helming a Bosun *Armilla*, for the first time, sailing with Lars, a young man on a visit to Mombasa although it has to be said they did take the boat for a fifteen minute test drive before setting out on this arduous course.

However after a two hour race she got herself disqualified by failing to cross the fishing line on the return - what a pity after such a stirring effort.

Alistair Barnes in the Topper *WEC Rotterdam* and Nigel Davie in the Bosun *Centurion*, crewed by Dave Farr played a game of tag all the way round with Alistair finally pipping Nigel at the finishing post and taking joint fourth place with Andy Burnard in *Nyekundu* after Alistair lost a place for not signing on while Nigel and Dave took seventh place.

Chris Barnes like Alistair lost a place for, failing to sign on, taking joint second with Sha Khan, both in Lasers while a new boat to the Yacht Club, an un-named 420 sailed by Samantha Barnes and crewed by Marylyn Barnes took fifth place, hotly pursued and beaten over the line by Phil Jones and Ella Pollard in *Black Magic*.

The race was interfered with by a slow moving container ship confusing the fleet, creating a certain amount of delay for all participants, but causing greatest havoc to Abizer Taibai's race as he was sailed along the east front along the cliff while he really wanted to cross over the channel to South Reef.

The other Lasers had crossed ahead of the ship to South Reef, but were kept waiting at Ras Sarsari, while the slow handicap boats had reached the Green inner and were forced to wait there.

There is not a lot that can be done with shipping movements other than make a calculated decision on the ship's expected course and wait patiently when all else fails.

It has to be said that all sailors acted responsibly on this occasion, albeit a frustrating one.

Next week's racing - the Third Monthly Mug Race on Wednesday and Third Vice Commodore's Cup on Sunday.

No sail training but beach clean up on Saturday 20. All welcome!

Sunday 21 also sees an important event on the Yacht Club's calendar - a treasure hunt, set by new blood Ella Pollard and Nigel Davie - all welcome, please make an effort to turn up after all the time and energy spent setting the course and clues - 9.30 start.

BRIDGE RESULT

RESULT OF the Duplicate Bridge played at Mombasa Sports Club on Wednesday, September 10, 1997.

H. Modi and J. Babla 76; Mahendra and Jiten 73; Moshhe and H. Shah 72; M. Shah and P. Savla 67; Dr. K. Vora and L. Gudka 63; P. Gandhi and T. Pujara 62; Dr. J. Shah and B. Babla 51; R. Patel and C. Shah 40.

RESULTS OF Duplicate Bridge played on Monday 15/9/97 at the L.T.C.

Dr. J. Shah and B. Babla 198; R. Ruparella and M. Sawjani 197; R. Patel and T. Pujara 190; Rainsford and Phillips 189; M. Shah and J. Babla 163; Mr. and Mrs. M. Shah 168; Rasik and Jitendra 153; Pravinand Harilal 147; Mr. and Mrs. N. Shah 139; S. Sule and Jain 133; Kiran and Mukesh 132; Hamida and Rashida 127; Ketan and Kaushika 120; J. Dhanani and R. Shah 115.

Irfan Elias Wins Sadolin Trophy

THE DIMINUTIVE figure of Irfan Elias was the most popular winner of the Sadolin Paints Trophy last Saturday at Mombasa Golf Club.

The 13 year old commenced with a birdie on the first hole and despite a blank on the seventh, returned a respectable 18 points on the first nine.

The second nine of 22 points was remarkable and unlike most other participants of the large field, Irfan was obviously untruffed by the strong wind, hard greens and with the onset of sultry weather conditions, parched lies.

The 26 handicapper's total of 40 points was very good considering the difficult conditions.

This was the 26th year running that Sadolin Paints have sponsored their competition at Mombasa Golf Club, and as every year the popular sponsorship was most generous and meticulously organised.

Kanti Chudasama was the runner up on 39 points with a very good back nine of 21 points.

Moses Njoroje was third on the same score and Mahadev Thapa fourth, with his tally of 38 points.

Another upcoming youngster and a name to watch out for, Amish Patel, was fifth on 37 points and he counted out Dinesh Soni, to sixth position on the same score.

Dinesh Soni had three blanks on his card and is definitely not handicap 27 material.

The Captain, Ganshyam Patel, back from his recent sojourn overseas and seemingly benefiting from it, was eighth on 36 points.

He counted out Suresh Popat and Malkiat Singh Grewal.

The best guest was Maina Gichungu with 28 points.

The September Monthly Mug, sponsored by Kishore Gudka,

was played the next day and produced some excellent scores.

The wind had dropped a little although the heat was exacerbating.

Kishore Chohan played a superb round of 77 gross, 66 nett to be the clear winner in Division A.

The Club's Greenkeeper, Ramesh Patel was runner up, three strokes adrift and Raju Shah shrugged off Mahadev

Thapa and Edwin Kagotho after countback on 71 nett to take the third position.

There were outstanding scores in B Division which saw both the Captain, Ganshyam Patel and Moses Njoroje continue their good form from the previous day.

Mukesh Sanghavi and Moses Njoroje tied on an excellent score of 66 nett.

Both had a fine back nine of two and three over respectively, but Mukesh took the top spot and rendered Moses Njoroje to the runner up position after

allowing for handicap.

Ganshyam Patel was third on a good score of 69 nett.

Two senior citizens sandwiched a youngster well over half their age in Division C.

Malkiat Singh Grewal, who was counted out of the winners board the previous day made sure of his position at the top after a fine round of 67 nett.

Young Irfan, still fully charged after his overnight win, fired 68 nett to claim the runner up position. Leonard Da Costa was third on 69 nett.

Golf News by POST ENTRY



POPULAR PLAYER

THE WINNER OF Sadolin Paints Golf Competition, Irfan Elias (second left) seen with, (from left) Captain, Mombasa Golf Club Ganshyam Patel, Managing Director Sadolin Paints (East Africa) Limited, Mr. Iqbal Karmali, and, Mombasa Depot Manager, Sadolin Paints Mr. Dinker Shah.

PHOTO: KIRAN PATEL, COLORAMA

Willy Bland Almost Beats Kenya Shark Record

LAST WEEK I stated that there was not much fishing going on, this due to the very low bookings in coast hotels.

This week I have managed to get just a few snippets to pass on.

Willy Bland, fishing on his boat Kusi from the Nyali Beach Hotel came very close to beating the

Kenya record for Hammerhead Shark with one weighing in at 41lb, caught on 10kg line.

He also boated a 51lb Karambisi caught on the same line class.

Mtwapa man, Ken Rodwell skippering *Centaur*, came in with three flags flying the other day, for

a Sailfish, a Shark and a Karambisi and the British "Tree Doctor" took a final trip out with James Adcock in *Vuma*, before returning to the UK and got a 25lb Dorado.

And that is it. Don't forget!

The P.C.F.C. "Tuna Hunt", October 4 and 5, and the "Eye Go Fishing" charity event the following Sunday at "The Moorings", Mtwapa.

I will not be able to make the "Tuna Hunt" as that weekend is also "World Birdwatch" weekend and I am organising a trip down to Funzi and Wasini Islands.

This is intended to combine bird watching with a fun couple of days and if any one is interested they can contact me.

For any one who can't make it for the two days there are a few places available for just the Saturday at Funzi, which will include a trip up the Ramisi River and a picnic lunch on the golden sand bank off Funzi.

for this event as "Smirnoff" have kindly paid for some of the building cost as a sponsorship.

We have now got to the stage of covering the wings with material and it reminds me of my youth,

when I took a five year training in woodwork.

In those days things were done "properly" and I will remember my sadness after building a roof for a house.

Every joint fitted perfectly and the whole structure was better than the boats they build these days.

No sooner was our work finished than the tillers would come along and cover it with tar cloth and rough battens and our creation would be hidden for ever.

So it is with the wings.

The moment they are covered the fine wooden frames will be hidden for ever and for those who appreciate quality this will be your only chance to see it.

And of course, being a "Smirnoff" event, the "Bloody Maries" should be excellent.

See you there!

Fishing Notes By David Farr

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MY LEFT THUMB HAS ALWAYS BEEN "SHORT" ON THE CLUB. EXTENDING IT DOWN THE SHAFT AS SOME LIKE TO DO, MAKES IT HARD FOR ME TO PUT MY RIGHT HAND ON THE CLUB PROPERLY SO STICK WITH A SHORT LEFT THUMB. IT KEEPS YOUR GRIP "TOGETHER".

EXCLUSIVE: THE MASTER WITH HIS EXPERT ADVICE

THIS SATURDAY (tomorrow) is the *Smirnoff Coast Air Show* and as I mentioned last week we will be taking the Mission flying machine along to show to people. Building this plane is taking quite a long time as I can only work on it for a couple of hours some evenings and some weekends.

It was intended to have it flying

Rinks Bowling

THE MONTHLY Mug was played over the weekend at the Ever Green Bowling Lawn of the Mombasa Sports Club, writes WHAT-A-BOWLER.

Some 21 players turned up for the Saturday afternoon monthly mug competition.

Interesting and competitive bowling was set to the stage for the eventual winners, who were Charlie Patel, Jayshree Patel and Muni. Well done!

Meanwhile in Nairobi the quarter final for the national pairs was taking place.

The Mombasa team of Rasik Patel and Rasla Shah were to play the Kenyan Team representatives, Oliver Fowler and Willy Watson.

The Mombasa team initially lost to the Nairobi team, having played their heart out.

Mombasa will definitely have to try harder next year.

This weekend, the MSC bowling section is hosting the Club Rinks Tournament.

This will be played on the September 20 and 21.

Entry has been received of some 24 players and it seems this weekend is going to be bowling, bowling and more bowling.

Social bowling continues as usual on Tuesdays and Thursdays.

All bowlers should use these

days for serious practices as there are plenty of tournaments coming up.

In fact, we practically have a tournament or a competition taking place every weekend.

Lets see all the bowlers out practising on Tuesdays and Thursdays.

See you on the weekend.
Happy Bowling ...

Grand Victory For Gymkhana In C.C.A. Tourney

A GRAND VICTORY by Coast Gymkhana Club over Burhani SC puts them through to the finals next Saturday in the on-going Steel Africa Saturday knockout Tourney.

Coast Gymkhana team had lost nearly two years of their cricket due to the preparation of their ground and the turf wicket played exceptionally well.

Gymkhana captain Hemant Desai lost the toss and was put to bat.

A very slow start with openers Sanjay Patel and Kamal Gohil losing the first wicket of Kamal clean bowled by Kutub at 11 runs.

Suresh Halai seemed to lay a strong foundation with two quick boundaries in the second over and Gymkhana looked all set to go for a big score.

Sanjay Patel was bowled out for 39 runs on the board but this did

not stop Suresh from marauding the Burhani bowlers with his vicious drives and flicks to the boundary and he went on to score a half a century and three.

It was Ali Dar who finally stopped the scoring machine with a deceptive delivery that landed in Yusuf H.'s hands sending Suresh back.

Ali Dar went on to collect two more wickets all for a duck while Kirit Trivedi managed to keep Gymkhana's head above water with a quick 18 runs in the last overs to end at 135 runs for 8 wickets.

Ali Dar was the most economical bowler with three wickets for 15 runs and a maiden.

Burhani SC started off quite well with singles coming in very fast when a good throw from Rajesh sent Hafim A. back at 23 runs on the board.

The new batsman Juzer H. belted out two boundaries to set the ball rolling but he did not last long with Kirit Trivedi's deceptive run-up and style with a straight ball to the stumps sending him back for 19 runs.

That was the turning point for Gymkhana as Kirit went on to collect two more cheap wickets which broke the back of the Burhani batting line-up.

Two more run-out's undid all at 98 runs on the board and things began to hot up as the stage was set for excitement and tension on both sides with the fielders all out and hungry for catches and the batsmen for the boundaries.

Ten Wicket Victory For Sports Club

ALTHOUGH THE results of last Saturday's Cricket friendly at MSC indicated a one sided game, this was far from the case, writes DJ.W.

Sports Clubs' ten wickets win over the KC Invitation Eleven ended an afternoon of good competitive cricket.

Bating first, the KC team started well, putting on 43 runs for the first wicket in eight overs, led by Abbas and Ian Brabbin, who each scored twenty.

After home captain Vivek Mehta removed them both, the visitors stumped to 64 for 5 against accurate bowling by Nikhil (2 for 11).

Meanwhile an out of practice Charith was recovering his timing and added 52 runs, with five four's and two six's, to build a good total.

Further contributions by Dick Coppinger and Adrian Cavenagh raised the score to 146, all out on the last ball of 30 overs.

In reply, Sports Clubs Young openers Sunil Chudasama and Kartik Bhudja both played soundly, scoring 65 not-out and 45 not-out respectively reaching the target in 23 overs.

None of the eight bowlers tried could dislodge them in spite of some good fielding, but the visitors are determined to reverse the result in a future game.

Burhani lost Kutub 'Basanga' at 117 runs with only four overs remaining and 19 runs needed to win.

The late afternoon air was strung with tension as spectators speculated on the outcome of the game and shouting themselves hoarse.

It was the 'Golden Boy's' golden



VIPUL PATEL on Cricket

day indeed as he collected the last two wickets with five runs still remaining.

Kirit Trivedi took three wickets for 22 runs and Suresh two for six runs while Pradip Patel was the most economical keeping the Burhani batsmen in rein with two wickets for 14 runs and two

maidens.

The match was attended by Mr. H. Modi, the General Manager of Steel Africa who said that for the first time this year his company's tournament has drawn the maximum number of entries hence its popularity.

He asked all cricket loving fans to attend the finals next Saturday at Coast Gymkhana and to come in large numbers.

He was pleased with the ground preparations and facilities which showed the popularity of Coast Gymkhana.

The Man of the Match went obviously to Suresh Halai.

In a friendly match at Coast Gymkhana on Sunday Pakistan Youth Cricket a newly formed team of Pakistani youths working and doing business in Mombasa lost to their hosts Coast Gymkhana by a massive margin of 128 runs.

The youths however made a good show of bowling and fielding.

Put to bat Coast Gymkhana belted out a good 215 runs in the face of some of very consistent

line and length.

Rajesh Shukla made a good 56 runs till the 33rd over with Sanjay Patel at 32 runs.

A good catch by Farouq bowled by Inan saw Rajesh exit while Abid sent two more back: with very tight bowling.

Wahid, a young lad showing a lot of promise, collected two more wickets all by himself with bowl and catch.

He went on to clean bowl Vivek and walked away very pleased with his first game in Mombasa.

Alas, the Pakistani youths were no show for their batting prowess against the superior Ghykhana bowling with only Asif (21 runs) and Shaheed (15 runs) managed to put up a decent score ending at 89 runs all out.

Pradip Patel was the hero of the day with four wickets for 27 runs.

Meanwhile the Moi Cup Sunday Senior Knockout draw is out and Shree Cutchi Lewa play Mombasa SC at Mombasa Sports ground and Coast Gymkhana play Patel SC at Coast Gymkhana and Burhani SC will play Burhaniya Secondary School at Burhani Sports Ground this Sunday.

COAST BRIDGE with C.P. SHAH

EXPERTS ADVISE that if the opponents bid "Four Hearts", bid "Four Spades".

Obviously it is not quite as simple as that, but the point is well made. The following hand proves it.

Dealer: West. East / West 'Vulnerable'.

BIDDING:

WEST	NORTH	EAST	SOUTH
FOUR HEARTS	PASS	PASS	FOUR SPADES
PASS(*)	PASS	PASS	

(*) 7-5 distributions were not meant to defend.

West should bid "Five Diamonds".

West led the Ace of Diamonds and followed with the King and Knave, East discarding an encouraging Ten of Hearts. West switched to the Queen of Hearts, but South was not tempted to waste Dummy's King.

He played low and 'trumped' in hand.

He led a low Trump to Dummy's Ace, exposing West's void and stumped a Trump to East's Eight and his Nine.

Crossing to Dummy's King of Clubs, he played a Spade in the

NORTH

♠	A	7	6
♥	K	5	3
♦	6	5	3
♣	A	K	7

WEST

♠	-	-	-	-	-
♥	Q	J	9	8	6
♦	A	K	J	7	2
♣	10				

EAST

♠	Q	10	8	4
♥	A	10	7	
♦	Q	4		
♣	J	9	8	3

SOUTH

♠	K	J	9	5	3	2
♥	-	-	-	-	-	-
♦	10	9	8			
♣	Q	6	4	2		

Ten and Knave and drew East's Queen with his King.

Still not out of the wood, he turned the screw on East by leading his last Trump, discarding a Club from Dummy and retaining the King of Hearts.

East was forced to throw a Club from Dummy in order to keep the Ace of Hearts, and

now Declarer was able to play a Club to Dummy's Ace, a Club back to his Queen and cash the Six of Clubs which had become a 'master' and the 10th trick.

To make matters worse, you will observe that East/West can make "Six Hearts" by 'finessing' North for the King of Hearts.

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Coastweek

MOMBASA, Sep. 19, 1997 - Sep. 25, 1997.

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Ogolla, Solomon And Bana For Provincial Sport Elections

THE COAST Provincial Sports Council Elections will be held tomorrow in the PC's Boardroom - Uhuru ni Kazi building starting at 10.00 am.

The Provincial Director of Sports Mr. George Owino Ogolla stated that the posts of Chairman and Secretary are reserved for the Coast Provincial Commissioner and the Provincial Director of Sports respectively.

The posts to be vied for are those of Vice Chairman, Honorary Treasurer and six Committee Members.

Local football fans are seriously praying for Mr. Ricky Solomon and Mr. Hatim Bana who have confirmed their intentions to participate as aspirants.

Both of them are very effective officials at the Coast KFF offices and the Mombasa Sports Club Football Tournaments.

COSMOS BEAT BLACK SANTOS

On Monday Cosmos FC beat Black Santos FC 2-0 in the on-going Coast Super League at the Mombasa Municipal Stadium.

Omar Hassan and William Oduor netted in Cosmos two goals in the 25th and 28th minute respectively.

Referee Dan Ongidi who officiated the match was very

successful and very impressed by the two teams' discipline during



Soccer Scene with SERAJ MOHAMED

the game. In another Friday's Coast Super

League Match at the same venue Gorilla FC from Mtongwe hit Libati Heroes 2-1.

The Man-of-the-Match was Naheed Hyder who is also one of the financiers of Gorilla FC.

FIXTURES

Today 19/9/97 - Hotspurs versus Chelsea - Mombasa Stadium.

Saturday 20/9/97 - Dundee versus Alliance - Mombasa Stadium; Burnley versus

Whitesands - Baobab; Golden Stars versus Simba - Police; Lucky Boys versus Western Stars - Kilifi Town.

Sunday 21/9/97 - Sunrise versus Libati - Mombasa Stadium; Gorilla versus Nacet - Police; Brazil versus Cosmos - Alaskan ground, Malindi; Nyali Beach versus Mackenzie - Baobab.

Monday 22/9/97 - Bayem versus Black Santos - Mombasa Stadium.

Wednesday 24/9/97 - W. Stars versus Kitee - Mombasa Stadium.

Thursday 25/9/97 - Whitesands

versus Kenya Police - Police.

Meanwhile, out of the 18 recruits who attended the Taiba Taveta referees course in Wundanyi 17 of them passed the exams.

On releasing the list of those who passed the exams Mr. Michael Miyonga the Coast KFF Executive Officer stated that the course was very successful.

Mr. Miyonga conducted the course in Wundanyi which was officially closed by the Coast KFF Branch Chairman, Mr. Awadh Oshan.

The referees Class III examinations results are as follows:

1. Patrick Mukhaya; 2. James Walongo; 3. Peter Mwasi; 4. Romana Chari; 5. Thomas Mulonzi; 6. Sebastian Kajungu;
7. Robert Luswet; 8. Joseph Abeid; 9. Peuter Muleli; 10. Clinton Mwachofi; 11. Joseph Oltiro; 12. Athanasio Mwakisha;
13. Clement Okoth; 14. Mrs. Phyllis Kiimo; 15. Francis Ndung'u; 16. Iddi Wana Chika; 17. Sooli Mwashigadi; 18. Tom M. Maganga.

TENSE SEMI BETWEEN BURHANI AND GYMKHANA

BURHANI SPORTS Club lost against Coast Gymkhana by four runs in a tension packed match played at the Coast Gymkhana ground in the on-going Steel Africa sponsored tournament Semi-Finals played on Saturday before a capacity crowd.

Having won the toss, Burhani correctly opted to field as they were playing for the first time on Coast Gymkhana turf.

The decision paid dividends as Burhani managed to tame Coast Gymkhana to 135 runs.

The first wickets for Gymkhana of Kamal and Sanjay were fast and Gymkhana were 39 for 2.

However it was Suresh H. who

knocked a very good 53 runs although his catch was missed by Ali Dar when he was on three runs.

Sandeep 19 runs and Kiril T. 18 runs were the only batsmen with double figures.

Kutub G. took one wicket, Ali Dar three wickets, and Juzer H. two wickets.

Burhani started casually and with Shiraz S. 23 runs and Hatim A. 16 runs, the target run rate on course, it seemed they would win with ease.

However, with their exit the run rate slowed down and wickets began to fall at regular intervals.

Juzer H. 19 runs, Shiraz E. ten runs and Muffaddal Y. 13 runs were not enough to change the course of the game.

The excitement was in the last three overs of the game.

When five wickets fell, Kutub G. 12 runs tried his best to save the situation but Coast Gymkhana's bowlers were not allowing any room for play.

In the last over Burhani needed six runs to win, but Moiz Y. could only manage to get two runs as he

was bowled out by Suresh with three balls still remaining, but no wickets in hand.

Coast Gymkhana bowlers who performed exceptionally well were

Pradeep two wickets, Kiril three wickets, Suresh two wickets while three of the Burhani batsmen were run-out.

In the other Semi-Final, Jaffery Sports club sailed into the Finals when they won against Shree Cutchi Leva Patel Sports Club by five wickets played at the Jaffery Sports Club.

Manoj 25 runs and Chiman 11 runs were playing quite well but the other batsmen could not manage to withstand Jaffery's bowling.

It was only Vishram who scored 23 runs and with contribution from Rajesh five runs, Ravji eight runs and Mukesh seven runs saw Cutchi Leva reach a target of 110 runs for the loss of all wickets.

For Jaffery the target was very easy and Mohamed Fazal 54 runs and Abbas N. 18 runs seemed capable of completing without much problems.

With Abbas N., out Riyaz Fazal took over confidently knocking a good 28 runs.

Jaffery Sports Club were 103 for loss of three wickets of Azim Karim 01 Abbas M. duck and Qayam M duck but had a lot of overs remaining and therefore completed the game in 19.3 overs for loss of six wickets.

The Jaffery Sports Club bowlers who took wickets were Abbas N. two wickets, Qayam Mone wicket, Husein A one, Mohd Raza Karim three wickets and Asger Molu two wickets.

The Cutchi Leva bowlers who took wickets were Ravji and Vishram one each, and Chiman 3 wickets.

This Saturday September 20, 1997 Jaffery Sports Club will play Coast Gymkhana in the finals at a venue yet to be decided as it will depend on the toss of a coin.

In the Mol Cup Senior Sunday Knockout, Jaffery beat Union

Cricketers by four wickets.

The highest scores were Qayam 54 runs and Asger Molu 55 runs for Jaffery while for Union Cricketers Imran M. scored 70 runs.

This Sunday Burhani Sports Club are at home against Burhaniya Secondary School, Mombasa Sports Club against Shree Cutchi Leva Sports Club at the Mombasa Sports ground while Patel Sports Club will sort out with Coast Gymkhana at the latter's ground.

There is nothing wrong to have rivalry amongst clubs.

In fact rivalry actually motivates

the club in particular and the game in general.

We have seen cases where clubs have died because of lack of rivalry.

However rivalry should only be at the time of the game and spectators should dissent from physical and abusive assault.

The players enjoy the game by playing on the field while the spectators should get their enjoyment by applauding and cheering their team.

Spectators should not get into the playing field when the play is on as it can lead to unpleasant scenes.

TIDE TABLES

MOMBASA, September 19 - 25, 1997.

FRIDAY High Water - 3.8 m. at 05.38 hrs. (5.38 a.m.) and 3.5 m. at 17.57 hrs. (5.57 p.m.). Low Water - 0.0 m. at 11.42 hrs. (11.42 a.m.) and 0.1 m. at 23.53 hrs. (11.53 p.m.).

SATURDAY High Water - 3.7 m. at 06.17 hrs. (6.17 a.m.) and 3.3 m. at 18.35 hrs. (6.35 p.m.). Low Water - 0.1 m. at 12.22 hrs. (12.22 p.m.).

SUNDAY High Water - 3.5 m. at 06.55 hrs. (6.55 a.m.) and 3.0 m. at 19.14 hrs. (7.14 p.m.). Low Water - 0.3 m. at 00.30 hrs. (12.30 a.m.) and 0.4 m. at 13.04 hrs. (1.04 p.m.).

MONDAY High Water - 3.2 m. at 07.37 hrs. (7.37 a.m.) and 2.7 m. at 19.58 hrs. (7.58 p.m.). Low Water - 0.6 m. at 01.10 hrs. (1.10 a.m.) and 0.7 m. at 13.50 hrs. (1.50 p.m.).

TUESDAY High Water - 2.9 m. at 08.24 hrs. (8.24 a.m.) and 2.4 m. at 20.52 hrs. (8.52 p.m.). Low Water - 0.9 m. at 01.52 hrs. (1.52 a.m.) and 1.0 m. at 14.45 hrs. (2.45 p.m.).

WEDNESDAY High Water - 2.6 m. at 09.30 hrs. (9.30 a.m.) and 2.2 m. at 22.26 hrs. (10.29 p.m.). Low Water - 1.2 m. at 02.46 hrs. (2.46 a.m.) and 1.3 m. at 16.10 hrs. (4.10 p.m.).

THURSDAY High Water - 2.4 m. at 11.18 hrs. (11.18 a.m.). Low Water - 1.4 m. at 04.29 hrs. (4.29 p.m.) and 1.3 m. at 18.10 hrs. (6.10 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. No Change for Kilifi and Diani.

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