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G.P.O. REGISTERED NEWSPAPER

# Coastweek

Issue No. 1529 July 24-30, 1992.

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PHOTOCOPIERS  
FOR THE DYNAMIC OFFICE  
QUALITY SERVICE COUNTRYWIDE

## Airline Plans To Expand Malindi Services

KENYA AIRWAYS PLANS to expand its operations so as to meet transport demands caused by the growing number of tourists flying to Malindi, according to the Airlines new Kenya Region Manager Mr. A.B. Mbarani.

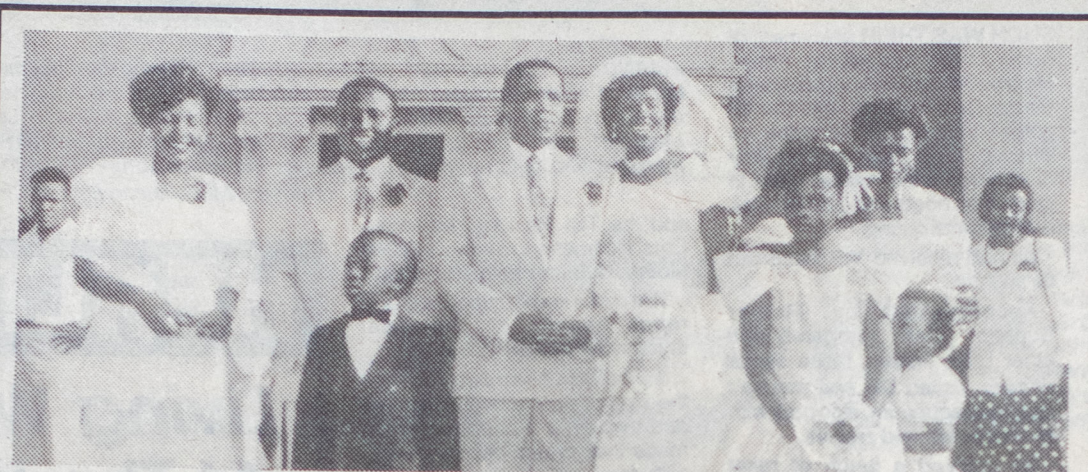
Visiting the Kenya North Coast, Mr. Mbarani said that Malindi was an important branch to the Kenya Airways, as it played a major role to the general income of the airline.

In future the number of seats to Malindi would be increased and new flights scheduled.

"The number of tourists flying to Malindi and to the local tourist hotels has increased in the recent past, and we want to satisfy this demands".

Mr. Mbarani was received at the hotel by the Coast Region Manager of the Kenya Airways Mr. Robert Lomosi and the Malindi Airlines Sales Manager Mr. Henry Yala.

Mr. Mbarani, who was in a tour to meet tour operators, travel agents, hoteliers and other clients, urged investors to continue supporting the Kenya Airways in its improvement campaigns.



INVITED GUESTS, FRIENDS, relatives and wellwishers attended the colourful wedding on Saturday July 4 of Mr. Joseph Raphael Karanja and the former Miss Mary Atieno Okello. The wedding ceremony, conducted by Father Karisa, took place at Holy Ghost Cathedral Mombasa District. Thereafter the multitude proceeded to Kenya Marineland for the reception, and Bridal Dinner Party at Maxim's Cellar - Mombasa Beach Hotel. The Bridegroom Mr. Karanja is a Resident Magistrate at Malindi Law Courts and the bride Mary is the Managing Director of First Secretary Services Limited - Mombasa.

## Coast Polio Plus Committee Aim For Kilifi District

THE COAST POLIO Plus Committee of all the six Rotary Clubs at the coast is to launch an ambitious programme to assist in the eradication of six vaccine preventable diseases in the Kilifi District.

To achieve this in collaboration with the KEPI management team and the Kilifi District Health officials the Rotarians have organized a seminar this Sunday July 26 at the African Dream Village in Malindi.

Some 100-120 vaccinators from

the 42 health facilities in Kilifi District who provide immunization services will attend this seminar along with other Rotarians and invited dignitaries.

The seminar will update the vaccinators on The Kenya Expanded Programmes of Immunization, The Vaccine Preventable Diseases, The Cold Chain System, Immunization schedules, policies and techniques and will also impart knowledge on the forthcoming immunization days scheduled for August 23 1992, September 20 1992, October 18 1992 and November 15 1992 when immunization will be carried out in all the 42 health facilities in the Kilifi District where Rotarian and other volunteers will go and assist the vaccinators in providing immunization to babies.

### International Immunization

At present the immunization coverage in Kilifi District is 52 percent and this exercise will probably raise it to over 70 percent and it is estimated that about 20-25,000 babies will benefit from this exercise.

This programme has been launched by the Rotary International as 'Polio Plus Programmes' and it aims at eradicating polio from the face of the earth as small pox eradicated.

# A Luxury Cruise For Rally Driver

## AFRICAN SAFARI CLUB SPONSOR ANNUAL "COAST 300" EVENT

A LUXURY CRUISE to either Zanzibar of the Comores Islands, worth Shs 40,000, is one of the lucrative prizes to be won during the Coast R 300 Rally being held on Saturday, August 1, 1992.

The prize has been offered by the African Safari Club, which will be supporting the Mombasa Motor Club following the withdrawal of Shell Oil Company from the sponsorship deal.

The prize, will be one of the highest offered to a driver in the Kenya National Rally Championship calendar.

The Coast Rally, will start from the Sunline Tennis Centre in Mombasa at 1 pm followed by two special stages at the Miritini Brick Works.

Spectators, Press, Service Crews and the entrants themselves will have ample time to watch cars in action at the "closed" sections.

After the special stage, the rally will then consist of seven to eight relatively short timed sections along the 320 kilometre route. Of the total distance, 240 kilometres will be competitive with just one service car required.

The rally will be the sixth round of the current Kenya National Rally Championship. Sarbi Rai, who leads the series, will be among the stars expected in Mombasa.

Other drivers will include Jonathan Toroitich, who recorded first-ever KNRC victory during the Sanyo Rally.

Further details on the Coast Rally, can be obtained from the Clerk of the Course, Dave Williamson on telephone 433311/2 Mombasa.

One of the organisers informed COASTWEEK:

"The Rally will commence with  
**TO BACK PAGE**

## NEW REGIONAL MANAGER FLIES HIGH ... WITH "KENYA AIRWAYS"



MR. A.B. MBARANI THE NEW Regional Manager Kenya Airways is seen addressing the guests at Eden Roc Hotel during the well attended Contact Cocktail Party in which he was meeting tour operators, travel agents, hoteliers and other clients.

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**Old Folks  
 Enjoy A  
 Fun Time  
 At Kenya  
 Marinas**

SUCH WAS THEIR enjoyment of being invited to lunch by Kenya Marinas at their new Aquamarine Restaurant, Mtwapa, that the 36 golden-agers from Nyumba ya Wazee, Tudor, sang all the way back home in the Pollman's bus to thank their hosts and God for such a wonderful outing.

All had received VIP treatment throughout.

Accompanied by Mother Superior (Sister Margaret) and other Little Sisters, these senior citizens visited the well stocked deep sea aquarium, also park with its crocodiles and snakes.

All enjoyed a lunch of roast chicken, as well as a performance of traditional dancing by the Maasai.

Bringing additional joy to the heart of Mother Superior were donations totalling Shs 27,000/- from Kenya Marinas, Touristic Union International and Condor.

They were presented by the chairman of Kenya Marinas, Joe Leicham, in the presence of the Condor and Lufthansa representative, Thomas Buchert



EMANUEL FROM NYUMBA YA WAZEE is seen thanking the Chairman of Kenya Marinas; Joe Leichum, on behalf of all golden-agers for such a wonderful lunch at the Aquamarine Restaurant which everyone had thoroughly enjoyed as well as the beautiful view of Mtwapa Creek. Looking on are Mother Superior (Sister Margaret); also Thomas Buchert, the Condor-Lufthansa representative and Ernst Hoffmann, TUI resident manager who together with Kenya Marinas had donated Shs 27,000/- to Nyumbaya Wazee. On right are chefs Harrison Mutinda and Lui Pei-Chang from Shanghai.

and the TUI Resident Manager, Ernst Hoffmann, to a very delighted Mother Superior before they left.

The home is self-supporting and relies heavily on the local community to keep going.

It is the Little Sisters who initiated the idea of such a beautiful home and through a tremendous effort made their dream become reality with the support of people from home and overseas who have a great admiration for the great work they are doing in providing a home and loving care to old and destitute people by making their twilight years as happy and comfortable as possible.

Transport for the outing was by a courtesy of Pollman's Tours and Safaris which are among their great supporters.

**FACELIFT FOR THE "TOONA"**

EXTENSIVE PLANS TO OVERHAUL, upgrade and refurbish the Tourist Paradise Investments up on museum hill, Nairobi, are currently underway said Mr. Sadeek Malik the Managing Director of Tourist Paradise Investments.

He said this while inspecting the Toona Tree Restaurant. He noted that over 2.5 million shillings have been spent on the Ramboo chairs and in refurbishing of the restaurant's main kitchen.

This kitchen also served the La Galleria restaurant and Galileo's all located within the same complex.

Mr. Malik commented that this investment is a step forward to improving the quality of services to guests as part of a long term development plan currently being put into practice.

He went on saying that the implementation of the plan is ample proof of the commitment of the group and their confidence in the future of this country.

This is only a part of the ongoing plans by management to upgrade and enhance the entire Tourists Paradise Investment (T.P.I.) project at the Casino and entertainment complex on Chiromo hill in Nairobi.

**HEALTH TIPS**  
**Living With STRESS At The Workplace**

THE LIVES OF most adults are built around their work, so much so that their emotional and physical wellbeing are alarmingly dependent on factors that happen there.

A branch of medicine called occupational health concerns itself with making the workplace physically healthier but what is relatively new is the emphasis of making work psychologically satisfying as well.

When we consider that more than half of the time awake, and at least two thirds of the average lifespan of most adults is spent at work, the reason for so much research into the workplace becomes obvious.

One area of particular interest is that concerning work stress, which in turn may affect the productivity of employees.

In general too much work stress tends to be overwhelming and too little makes work monotonous and boring.

It is important though to realize that we all need a certain amount of stress to make a job challenging and exciting.

The word stress has various meanings. Engineers use it to designate a force which if increased beyond a certain point, will deform the structure to which it is applied.

When we use the word psychologically, we may apply it either to a particular situation or the individuals reaction to it.

Thus travelling in the rush hour is a stress situation for many people, and the person who suffers from being subjected to the crowding and discomfort of that hour is referred to as 'being stressed' or showing a 'stress reaction'.

In its simplest usage stress refers to a state of affairs in which an individual is subjected to a stimulus (or stressor) from the environment which he does not like, or which is against his will.

If a man is subjected for long periods to enough of such painful stimuli he will show signs of being 'under stress'.

In this sense stress is the reaction of the person and

stressors are the painful stimuli.

A very common cause of stress is being compelled to work for a boss who is inconsiderate or unpleasant, but from whom it may be impossible to get away if no other job is available.

Whether a stimulus is stressful or not will depend not only on its intensity and duration of application but also on how sensitive and susceptible the individual is to such a stressor.

In other words how serious the person perceives the threat to be determines how much he suffers.

Hence what contribute to stress in some people may not be as stressful to others.

Coping mechanisms (mentioned in earlier article) play a large part in modifying the stress, which is beneficial, but sometimes

by Dr. Eric Maina

they hide the extent of the stress from the subject himself.

One might imagine that any individual suffering from stress would easily understand his own reaction and take remedial action. However, this is not the case.

Many people are quite unaware of how seriously stressed they are.

For example, if a man cannot leave a stressful job due to circumstances, he may actually manage to convince himself that things are not so bad after all.

He will fail to recognise the body and emotional symptoms that will therefore develop due to the stress.

The reaction we call work stress is actually a combination of emotional and body responses to stressors or threats. Anxiety, frustration and hostility may occur.

Body arousal similar to that described in the article on anxiety tends to be the norm as the body prepares to fight or flee from the perceived stressor.

Often however, the body can do neither and as the tension builds up over time it produces consequences which shall be discussed in the next few articles.

**Sunday Afternoon-Sun Downer**



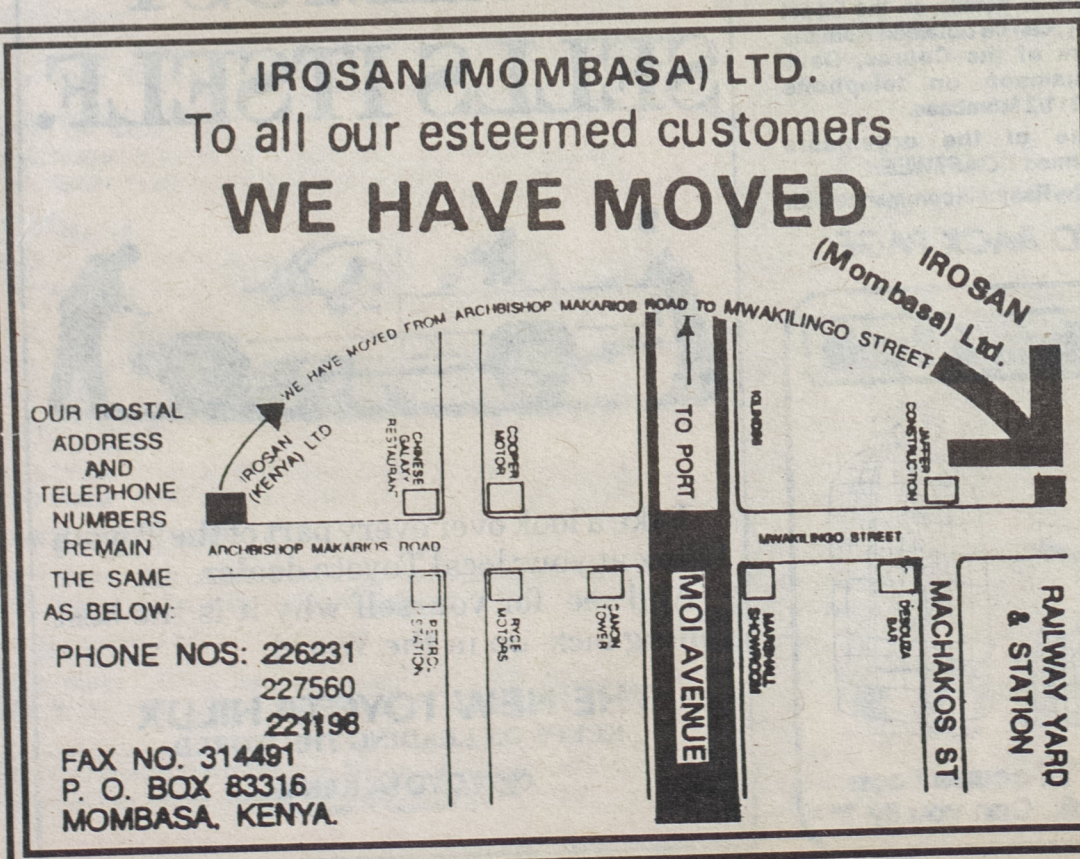
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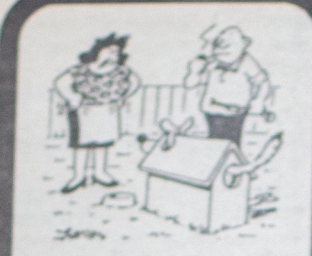
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"Why can't you just make a bigger kennel?"



"This is my first lesson too - I thought you were the instructor!"



"No I don't really need glasses - I can drink straight from the bottle."



"Most people have freckles - you just happen to have a rather large one!"

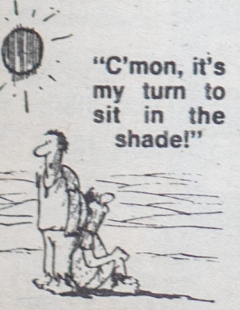
MISSING PERSONS



"When you have finished laughing can I have the photograph back?"



"We were doing all right talking about salary, holidays and pensions, and then you have to go on and spoil it all by talking about work."



"C'mon, it's my turn to sit in the shade!"



WAITING TO GREET the guests are (from left) Tom Kithinji, M.D., Amir Noormohamed, Manager Mombasa, Terry Welton, Finance Director, of Hogg Robinson Kenya Insurance Brokers Limited.

## Hogg Robinson Kenya Insurance Brokers Host Cocktail At "Le Pichet"

HOGG ROBINSON Kenya Insurance Brokers Limited recently held a Cocktail Party at Le Pichet to celebrate 41 years of operation in Kenya.

Attending the party were a number of their Mombasa clients and some of the key Managers from Nairobi office, hosted by the Mombasa Branch team, led by Mr. Amir Noormohamed.

The party was also designed to introduce Mr. Tom Kithinji, the Managing Director of Hogg Robinson Kenya, who took over from Mr. Peter Hodgkinson in September last year.

Tom Kithinji has been with Hogg Robinson for many years and much deserves this promotion.

In his speech, Mr. Kithinji

commented on the stability of Hogg Robinson and on the loyalty and long service of the many of the key staff members.

He then presented Mr. Amir Noormohamed, Manager of the Mombasa office with his 15 year service award.

This stability is due to the high standard of Customer Service achieved by Hogg Robinson, who ensure that the Brokerage team arrange the most appropriate insurance for their clients and provide full after-sales service especially in the event of a claim.

Customer satisfaction is proven by the long-standing clients, some of whom have been with the Company since it was formed.



M.D. AFRICAN MARINE (left) seen with James Ndegwa, Hogg Robinson Nairobi, Natu Nathwani, Executive Director Mackenzie Maritime Limited.

## TUDOR JUNIOR ACADEMY SUCCESS



TUDOR JUNIOR ACADEMY collected over 1,400/- for Help Age Kenya. The highest collectors were given a tee-shirt, certificates and badges. Mrs. Malava the Representative from Help Age is seen with the Headmaster Aftab Chakera and the pupils in front of the school.

## TOYOTA KENYA HONOURED



TOYOTA KENYA WAS one of the two distributors of Toyota vehicles on the African continent to receive awards for excellent performance in both parts and service functions, at the sixth annual Pan African Toyota Distributor Conference, held recently in Geneva, Switzerland. This was the third successive year that Toyota Kenya have received top awards for parts and service. Judged on yearly performances, the awards take into account not only efficiency of operation but also training facilities and the implementation of new and improved customer services. The awards were presented at Toyota Kenya's Uhuru Highway headquarters in Nairobi by Mr. Shigeru Ito, assistant general manager of the Toyota Group's Nairobi liaison office. Mr. Ito is seen presenting the parts award for excellence to Mrs Catherine Ngarachu, Toyota Kenya's part operations manager. They are flanked by the company's service manager, Mr. Timothy Odhiambo and managing director, Mr. Jan Thoenes.

## New SWISSAIR Area Manager



MR. BODO VON ALVENSLEBEN, the new Swissair area manager, is welcomed to Kenya by Mr. Wilson Okanga, the government and industry affairs manager of Kenya Airways, as Mr. Walter Kiener, the outgoing Swissair manager, looks on. The occasion was a cocktail party to introduce Mr. von Alvensleben to senior members of the local travel industry and to bid farewell to Mr. Kiener and his wife, Wendy, who will now take up a new post in Prague, Czechoslovakia. Mr. von Alvensleben comes to Kenya after considerable experience overseas with Swissair. Among the countries he has worked in are Zaire, Venezuela and, most recently, Italy, where he was based in Milan.

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# TALENTED FLORENCE OSANO ENJOYS LEARNING NEW LANGUAGES AND SIGHT-SEEING THE WORLD

LEARNING MODERN language is an extremely fascinating and exciting undertaking as such activity opens the doors to enter into

the world of other cultural values. It is indeed one of the most attractive means of getting to know and appreciate different

modes of the people's expressions of their innermost feelings. "To learn one's language is to love its people."

This is how the student of Germany and French at the school - Alliance Francaise, Florence Osano looks at her keen interest in the learning of Germany and French and whose ambition is to, at least, have an average command of ten living languages.

Hitherto she has acquired a command of communication in English, Kiswahili, Luhya, Dhaluo and Gusii. Florence assesses:

"To learn one's language is to love the people and to appreciate deeply their inherently distinct cultural norms and to seek to understand how they express their subtle feelings on humanitarian, intricate issues.

"Within our school - Alliance Francaise, I have already earned over hundred friends of different races, tribal groups and divergent cultural and religious backgrounds. I consider this as a precious



FLORENCE OSANO

gain and tremendously value this achievement."

Having acquired a sufficiently command of communication in Germany and French, Florence will strive hard to obtain a scholarship which would enable her to go to Germany and France for practical experiences in communicating in these two fascinating languages.

Having completed her studies at the Alliance Francaise she will be embarking on learning

Arabic, Hindi and Japanese - the oriental living languages - which would open for her a new dimension of understanding people's way of living and expressing their innermost feelings.

Florence Osano is a well

known TV Drama enthusiast. She takes part in that popular KBC Television play - "Kachumbari" in which she expresses herself well in standard Kiswahili. In the play is known as "Anita".

She is a good swimmer and takes keen interest in playing tennis. Her ardent interest in going to movies is due to her keen learning of both the language and the art of drama.

- FARAJ DUMILA

## KENYA CINEMA

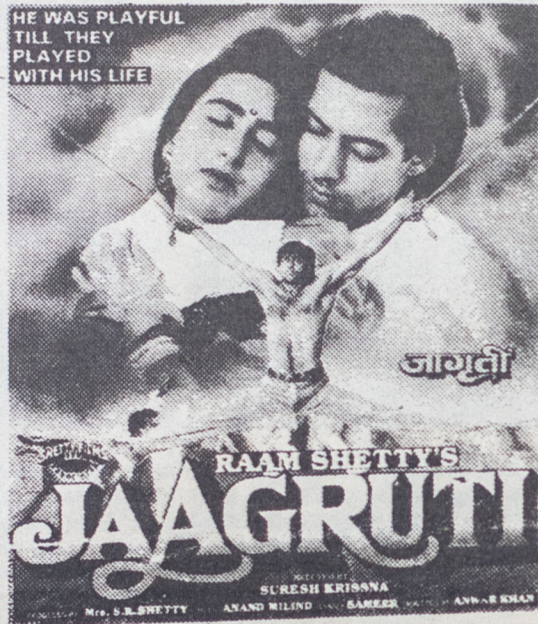
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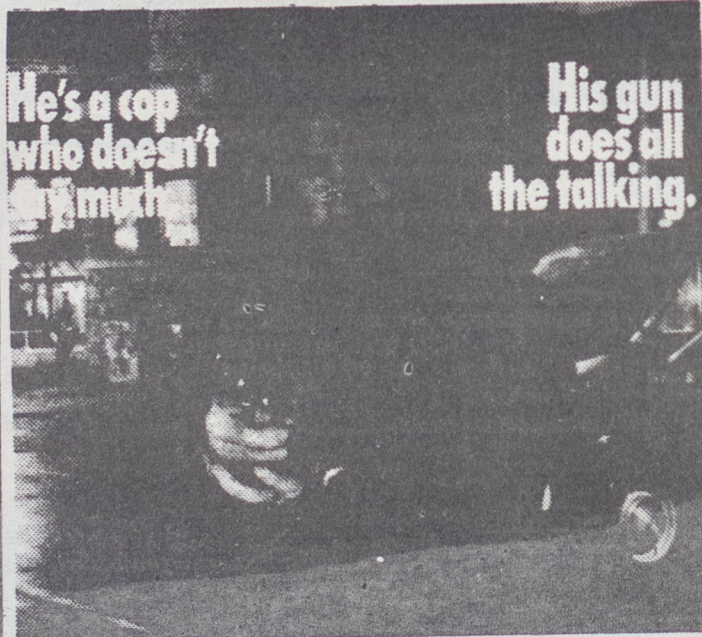
Salman Khan, Karishma Kapoor, Prem Chopra

(Unsuitable for under 10)

HE WAS playful till they played with his life

Commencing Monday 9.00 pm

## THE HUMAN



## CHUCK NORRIS

## TAMARIND AWARD:



PHOTO: NARENDRA PATEL

ALPHONSE MUNYOKI employed in the Linen Room Operator at Mombasa's Tamarind Restaurant has been presented with a cash award and "Certificate of Merit" for the month of June 1992, from Mr. Hugh Walters, General Manager of the restaurant. Mr. Munyoki (right) is seen being congratulated by Mr. Walters (left) for his hard work and dedication to duty. Looking on is Ms. Zubeda Msungu head of the Linen Department.

## GEMINI STARCAST

LEO July 23 - August 23

Today you are active, adventurous and full of energy. Tomorrow looks quieter. Don't keep putting something off. Get it over and done with. A little bad luck this morning and go for a fortune tonight.

VIRGO August 24 - September 22

You see someone in an unusual spot. Children are in a rebellious mood and need humouring. Tonight you do things without much feeling and even making love. This week is much more amorous.

LIBRA September 23 - October 23

A sexy weekend, especially if there has been little loving lately. At a party you will be attracted to a new face and your personalities will click. At home there is a friendly row over redecorating plans.

SCORPIO October 24 - November 22

Make contact with someone whom you have not seen for a while. You'll get a lovely reception. Friends will make you welcome. For once, children needn't come first. You deserve a sentimental evening.

SAGITTARIUS November 23 - December 21

An impulsive day. As a typical Sagittarian you will step on someone's toes, ignore their feelings and generally show off. You will be the life and soul of a party.

CAPRICORN December 22 - January 20

A construction weekend, especially if you are repairing your house. Spring gardening will take big steps forward. Speak your mind to an older member of the family.

AQUARIUS January 21 - February 18

You feel like being outrageous! You want to liven up your love life, acting out your feelings. You may do something naughty and have to keep it to yourself.

PISCES February 19 - March 20

Make an effort to enjoy a great weekend. You need not do anything grand to have a good time. Older Pisceans have a special word of wisdom for youngsters around them. Young Pisceans want to let rip!

ARIES March 21 - April 20

You feel on the verge of great things. There is a chance to shine in company. Love is all the sweeter if you have been kept apart. Be ready to travel far for love's sake!

TAURUS April 21 - May 21

A deal may fall through, especially if you were trying to pull a fast one. Your partner is full of the joys of spring and will try to cheer you up. Your evening's fun could be delayed while you wait for someone.

GEMINI May 22 - June 21

You heave a sigh of relief over today's events. A pure hunch will pay off. You will do well in a competition. Let a sweetheart go his or her own way and you will meet again later.

CANCER June 22 - July 22

Stay clear of a row between neighbours. Help a teenager to buy sensible clothes. Your taste is changing. What you loved once will seem boring now. An afternoon with your mates will be fun.

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Monday at 6.00 and 9.00 pm

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\*ing:  
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Kiran Kumar; Shafi Inamdar;  
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| 54<br>CANCER    | 55<br>LEO      | 56<br>VIRGO       |
| 57<br>LIBRA     | 58<br>SCORPIO  | 59<br>SAGITTARIUS |
| 60<br>CAPRICORN | 61<br>AQUARIUS | 69<br>PISCES      |

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## MASONS OPEN UP DOORS TO PUBLIC

FREEMASONS THROUGHOUT the world are this month celebrating their 275th Anniversary.

As a contribution to this festival, coastal Freemasons decided to hold an open-day on Sunday July 19 and admit non-Freemasons into their 'holy of holies', their temple situated on Nyerere Avenue Mombasa, where all Masonic ceremonies take place.

Representatives of all four of the Craft Lodges and the two chapters who regularly meet there were on hand to explain to the many members of the public, of all races, who visited them, what Freemasonry was all about.

Care was taken to explain the three basic principles on which the Masonic movement is founded - Brother Love, Relief (Charity), and the pursuit of Truth.

It was further explained that Freemasonry was not a secret society, but a society with certain secrets, and that these secrets merely involved the words and signs used to identify Freemasons with one another and the degree in Freemasonry that the particular Freemason had achieved.

Stress was made on the charitable nature of Freemasonry - that funds were donated and collected only from Freemasons themselves, and not from the general public, but their charitable bequests, which run to millions of pounds Sterling annually, are made to both Masonic and non-Masonic institutions throughout the world.

Visitors were also informed that the Freemason Lodges comprised all races and religions, that no political affiliation were permitted, and in fact both politics and religion were subjects forbidden to be discussed by Freemasons who take a solemn vow to uphold and support the Government and the laws of any country in which their Masonic Lodge is situated.

After a short talk which covered the generalities as above, a guided tour of the temple was conducted and the various furnishings of Lodges and their symbolic meanings were explained.

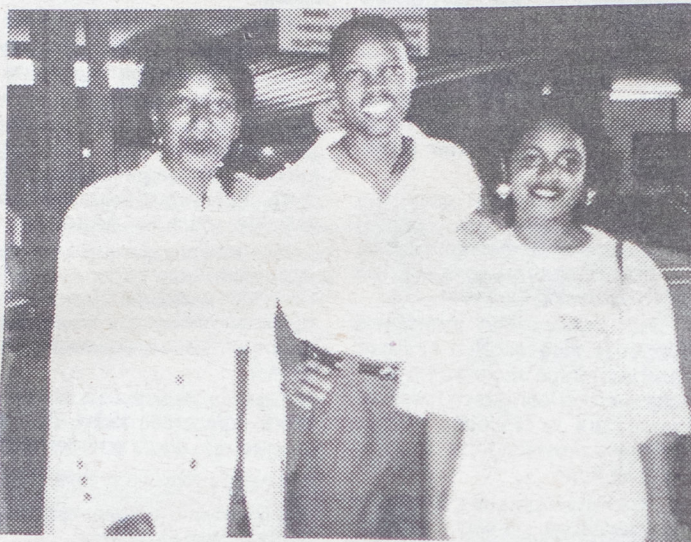
Lively discussions followed and many interesting questions raised by visitors were answered by a panel of senior ranking Freemasons who attended for that purpose.

It is hoped that this event will take place annually in order to dispel some fears still held by the public that Freemasonry is a Secret Society, and not a society which like any other institution, have their little but quite innocent secrets.

## TRADE BANK SIGN WITH MASTCARD



TRADE BANK LIMITED have signed an agreement with MasterCard International to become a Member of the MasterCard Association. Seen signing the agreement at Trade Bank Centre are Mr. Carl von Riesenfelder (second right), senior vice president of MasterCard International; Mr. Bernard Giboz (second left), MasterCard International, director marketing and member relations; Mr. Ian Rayner, Trade Bank managing director; and Mr. John Kariuki, Trade Bank MasterCard chief executive, who is also the managing director of Diners Club. Commented Mr. Rayner: "This relationship further demonstrates the confidence that international companies have in Kenya, and Trade Bank is pleased to be launching a local MasterCard card." The MasterCard executives who flew in from Paris were in Kenya for three days during which they had an opportunity to see for themselves the many banking innovations introduced by Trade Bank in recent years.



Elizabeth Safari is seen with Shem Ndirangu (centre) winner of the travel section of the same competition from Diners Travel as they were met at Mahe airport by Rosalinda Sophola of Seychelles Ministry of Tourism and Transport.

## ELIZABETH SAFARI IS BACK FROM MAHE!

SHE'S BACK, ELIZABETH Safari, very much at her desk at the African Tours and Hotels reservations office at Utalii House, Nairobi.

Elizabeth, a tours officer was overall winner in Tours and Safaris competition staged by Utalii College for National Tourism Competition, sponsored by the Ministry of Tourism and Transport, Seychelles, Kenya Airways and African Tours and Hotels.

The prize, a week's holiday in Seychelles with all expenses paid, enabled her to stay at

such plush hotels at Sheraton, Vistay Bay, Paradise and others including excursions by air and boats to the various islands forming the Seychelles Islands. She was wine and dined by the Seychelles' director of tourism Jacques Confait.

Asked about her observations Elizabeth said that all the British, Italian and South African tourists she met spoke of high costs as a tourist destination which explained the Seychellois motto, "once a life time".

She noted that there were no waiters but waitresses as Seychelles believes that such employment is better suited to females, otherwise like any other tourist destination, there were five-star hotels and the others, depending on one's pocket, choice or taste.

Seychelles boasts a population of 70,000 compared to 48,000 at independence with tourism taking the lead in economic activities followed by Fisheries.

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## Rotary Club Of Malindi Instal A New Chairman

THE ROTARY CLUB of Malindi has initiated major plans to reach various rural areas in the whole of Kilifi District and last year spent over sh 250,000 for various community based projects, the outgoing chairman Mr. Harry Wanderi said over the weekend.

He noted that through contacts made by the club, the ongoing Malindi Municipal Clinic had received equipment worth sh. 2.5 million from various Italian clubs.

Mr. Wanderi said this during a lavish dinner hosted by the club at Temple Point Village Hotel in Watamu to mark the induction night

of a new chairman Mr. Asgar Dossajee who takes over from Mr. Wanderi.

The ceremony was attended by over 1500 guests from Clubs all over the country. Mr. Dossajee on receiving the chain of office from Mr. Wanderi assured members that he would co-operate with them in assisting the less fortunate in the community.

The guests were received at the Hotel by the Hotel's General Manager Mr. Guido Bertoni also a member of the Rotary Club of Malindi.

## BUBBLES "DISCO SCENE"

BUBBLES, A WELL known and sophisticated Nairobi outlet based at International Casino, up no Chiromo Hill, is now open for private function and lunches. Groups of up to thirty people can dine there in comfort and in privacy.

The establishment is located amidst serene surroundings within a few minutes drive from the city centre, away from the noise and hustle of the city.

With a growing sophistication of life styles of the many people in Nairobi, it has been observed that there is always a need for new and better venues.

A variety of activities are on offer, including secure and ample parking space which present no problem where cars of visitors are under the careful watch of security men at the venue.

Due to the burgeoning demand for private functions potential diners are advised to make an early booking with the Food and Beverage Manager Mr. Mubeen Jamal.

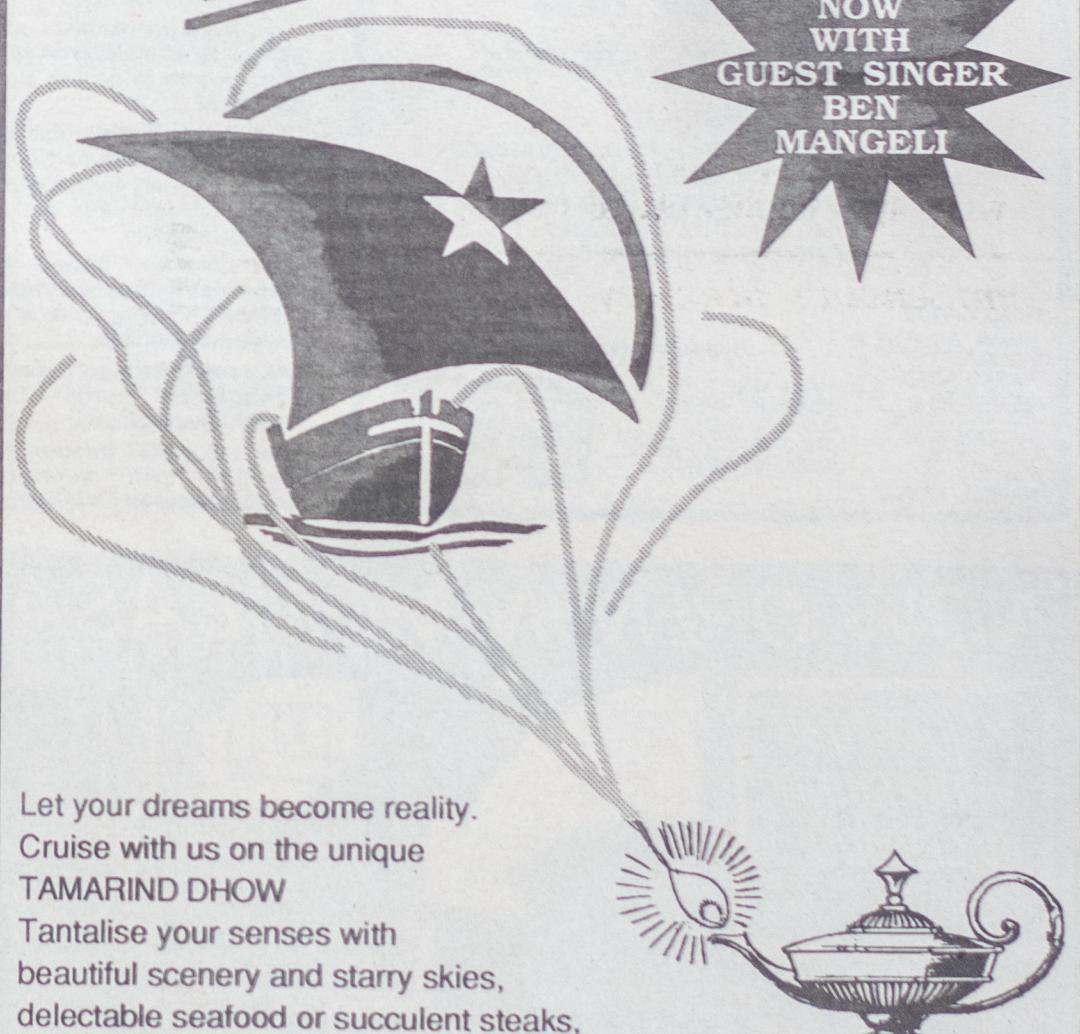
Other opportunities catered for under the extensive Bubbles capacity are dinner dance (up to 150 persons); children's birthday parties (up to 200 persons); private discos (up to 500 persons); fashion shows (up to 150 persons); cocktail parties (up to 300 people), among others.

The recent extensive overhaul of the facility is seen as proof of the TPI dedication to the future of this country.

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# "Despite The Set-Backs, Kenya Is More Democratic Today Than Six Months Ago" Says Top U.S. Official

WASHINGTON - "U.S. policy in Africa is designed to promote maximum African participation in the political and economic lives of their countries," it has been observed by Herman Cohen, assistant secretary of state for African Affairs.

Speaking before the House Africa subcommittee, Cohen said that the United States supports fair, equitable and open systems, and "like Africans, believe that these are the keys to sustainable democracy, development and progress."

Cohen noted that three-quarters of all sub-Saharan countries are now involved in a democratization process and nearly 30 have launched economic reform programs supported by the World Bank and the International Monetary Fund.

The assistant secretary addressed specific concerns about U.S. policy which he said was designed to promote maximum African participation in the political and economic lives of their countries.

"We support fair, equitable, and open systems as we, like Africans, believe that these are the keys to

sustainable democracy, development and progress.

"We are responding to African demands for better and fairer political and economic programs - multiple centers of power, open participation, transparency in government, structures which allow free and fair elections, freedom of the press and respect for civil and political rights.

"Today three quarters of sub-

"In spite of these problems, Africa has reached a turning point in its economic history.

"Almost thirty African governments have launched economic reform programs supported by the IMF and World Bank.

"The United States strongly supports this fundamental shift and believes it is fully compatible with and complementary to moves

then.

"In June, the government began registering new voters, traditionally the prelude to general elections.

"Moreover, the government has agreed that Commonwealth observers can monitor the elections, and in recent months it has released key opponents from jail.

"Simultaneously, however,

"The authorities have made no apparent effort to identify and arrest the perpetrators.

"The most disquieting development, however has been the recent ethnic violence in Western Kenya. It has claimed hundreds of lives, left thousands homeless and displaced over 100,000 persons.

"Many observers, including church leaders, believe the

democratic and open society, the key to this is free and fair elections.

"We are urging the government to hold such elections soon and to accept widespread monitoring by international and domestic election observers.

"This can best ensure the election outcome is fully democratic and credible.

"In November 1991, to underscore our concern about the need for political and economic reform in Kenya, we decided, with other donors, to withhold fast-disbursing assistance to Kenya.

"The United States withheld \$28 million of its planned FY 92 economic development to Kenya. Progress remains too modest, and the setbacks too profound, to warrant releasing these funds at this time.

"Significant additional progress is required, we are, however, prepared to provide, in concert with the other donors, election assistance to help Kenya hold genuinely free and fair elections.

"We are urging the government to create a climate conducive to truly free and fair elections.

"This includes announcing a firm election date, thus eliminating a key element of uncertainty; it also means creating a level playing field by stopping harassment of the opposition and ending the ethnic violence.

"The government should also move to ensure that the election commission has the confidence of a broad spectrum of Kenyan society.

"The recent appointment of new commission members who enjoy widespread respect is a step in the right direction, which should be continued.

"We are also urging the government and opposition alike to move beyond the rhetoric of confrontation to embrace dialogue, thus ensuring a successful substantive transition to democracy.

"In this regard, we believe the opposition call to boycott voter registration is ill-advised. There are irregularities in the registration, and the government should extend the registration period beyond one month, which is insufficient to get the job done.

"But it is still unclear whether the irregularities are a deliberate attempt at fraud or the result of

## Assistant Secretary Of State For African Affairs Herman Cohen Addresses U.S Congress Africa Sub-Committee

Saharan countries are in some phase of democratization.

"Eighteen African countries have scheduled democratic elections within the next 18 months.

"Throughout Africa there is interest in economic, as well as political, liberalization. Economic reform is urgently needed to alleviate the harsh poverty which afflicts the continent.

"Growth has been constrained by natural disaster and political instability.

toward political reform."

On Kenya Mr. Cohen noted: "On December 8, 1991, the government of Kenya authorized multiple parties. Some six months into this new era of multipartyism, Kenya's record on human rights and democracy remains mixed. There have been genuine advances, but also serious setbacks; I will review both in turn.

"The first key advance was the government decision, after lengthy opposition, to authorize multiple parties. Eight opposition parties have been registered, and the opposition has held numerous mass rallies.

"Equally positive is the government's stated commitment to hold free and fair elections within the constitutional time frame.

"The constitution requires the government to hold elections no later than February 1993, although it may call early elections before

negative developments have been undermining the progress achieved.

"Harassment of the opposition is an on-going problem, several opposition politicians have been charged by the government with rumor-mongering for their public comments.

"The government is preventing opposition parties from opening local offices and creating obstacles to the holding of public rallies. It is also harassing the press.

"Six editors and journalists currently face sedition charges, and last March, the police brutally clubbed and tear-gassed peaceful protesters in Nairobi, including mothers protesting the detention of their sons.

"Also worrisome are attacks by unidentified thugs against opposition leaders. Several leaders have been assaulted and injured.

government is behind these attacks.

"While this cannot be confirmed, it does appear that, at first, security forces did little to stop the violence.

"In the past few weeks there appears to be a change in the government's attitude - security forces have begun responding more effectively to the communal violence, which has decreased.

"The attorney general and the opposition have begun to meet, hopefully a broader government opposition dialogue on the election process and procedures will ensue.

"Despite the setbacks, Kenya is more democratic today than six months ago under one-party rule. But more progress is needed for democracy and respect for human rights to take root firmly.

"U.S. policy toward Kenya is to urge it to follow the path to a fully

## "Drought Is Blamed For Shortages That Could Have Been Avoided ..."

"DROUGHTS ARE often blamed for problems that would have occurred anyway, or could have been avoided with proper environmental management and precautionary measures.

One serious problem with respect to climate change in Africa seems to be our short memories.

Significant shortfalls of annual rainfall occur once or twice a decade. The only surprise in the current drought should have been its intensity.

But since we "forgot" that drought is a regular occurrence, there were no adequate reserves or insured supplies.

As a result we resort to crisis management rather than drought management.

We will suffer through this drought with enormous consequences for development,

and unless we change, we will be equally surprised by the next drought.

Mike Laing, Deputy Director of the Climate Information Service

### COMMENT

at the South African Weather Bureau, writes:

"What I believe to be at stake is the possible misdirection of the true cause of the very serious situation.

The drought is severe but, from a climatological point of view is no worse than that of 1982-83, and on a par with three previous droughts in the past 80 years. Roughly speaking it is a one in 16 year event and therefore cannot be considered unusual.

However, judging by the reaction by many interested parties, too much blame is being attributed to the meteorological drought and insufficient blame on the lack of necessary framework to meet the "one in 16 year event".

Growing population and greater economic expectations are attempting to extract more from our natural climate and rainfall variations than is available.

It is these social pressures that need more attention in order to cope with severe droughts which are characteristic of our summer rainfall regime."

Across Southern and Eastern Africa, the drought is being blamed for shortages that could have been avoided with appropriate planning and management.

In Zimbabwe and Kenya, maize

stores that were reserved for such emergencies were sold off before the drought struck.

Power and water shortages would have been less severe with proper environmental planning of dams, better maintenance of distribution systems, more efficient use of water and energy resources, implementation of appropriate alternatives, better management and pricing policies and less corruption."

From IMPACT, Newsletter of the Climate Network Africa, Nairobi.

TO PAGE SEVEN

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## MURRI INTERNATIONAL SALVAGE TUG SAILS OFF ... TO THE RESCUE

ONCE AGAIN THE LOCALLY based Murri International Salvage tug *Blison 1* sailed out under the command of Captain Jose Latour, however on this occasion it was on Monday morning, and not on Saturday, allowing her crew to have a brief period of shore leave.

For the *Blison 1* only returned last Thursday after having safely delivered the Danish registered freighter *Svea Atlantic* at Majunga, Madagascar.

The *Svea Atlantic* had reported main engine breakdown roughly 930 miles South of Mombasa.

*Blison 1* sailed on this occasion to render eventual assistance to the 15379 DWT, Holbud managed *Al Raziq* which was expected at Kilindini this Tuesday, but will obviously now be delayed somewhat.

One of the other Holbud managed vessels, the *Al Johfa* is presently at berth number 11 discharging a cargo of some 12,000 m. tonnes bagged fertilizer.

Limassol registered general cargo vessel, the *Marina C 10043* DWT, arrived in ballast last Friday morning and dropped the hook at B anchorage.

### MARITIMOS LIMITADA

A nice looking vessel, however she does have an odd selection of cargo gear, with two cranes of 5t. SWL forward, 1x50t SWL Stulken derrick amid ships together with 4x5t SWL derricks rounding off with a third crane aft of the accommodation and serving hatch number five.

She originally traded under the name *Lloyd Culaba* until 1989 when she was taken over by Companhia de Transportes Maritimos Limitada.

The present company's logo C.T.M. is encircled on her funnel.

The coaster *Dania* has shifted from Mtongwe anchorage to a berth alongside the Comarco jetty at Liwatoni where I believe various works are being carried out.

Still more Spanish fishing vessels are arriving in port to disgorge their catches into their reefer 'mothers'.

Tuesday morning saw the arrival of the *Txuri Zuri* which

### Shipping News With GORDON CUTHBERT

managed to squeeze in alongside the southern end of the ex KFJ Jetty at Liwatoni.

Built in 1980, she forms part of the Spanish fleet that I mentioned in last week's column, whose other vessels *Eguzkia*, *Txori Ordin* and *Txori Aundi* are in port at time of writing.

Almost forgot: There's the *Azar Arcia* too. The latter should have sailed by now though.

Nice array of communication equipment on the *Txori Zuri* with not one but two Satcom domes.

Presently discharging bagged rice at Number Three is the Pakistan National Shipping Lines 13330 DWT general cargo vessel, the *Tarbela*, an oldish lady having been built in 1968.

Aster of her at Number Four is the *Lady Dona* which arrived earlier on this week to discharge and load generals, and should by now have sailed after having completed business at Number Sixteen.

Berth Number Five is occupied by the *Kapetan Leonidas* discharging coils, Number Seven hosts the *Fruzanesti* discharging bagged rice, the little local lady *Bonsella* is at Number Eight, Marjorie Lykes is at Number Nine.

There is a vacancy at Number Ten, which bagged fertilizer is being discharged from the *Al Johfa* at Number Eleven.

*Miltow* another 'local' is

Take A Look At  
**COASTWEEK**  
Classified Ads.

## "U.S. Aid For Refugees And Drought Projects"

FROM PAGE SIX

poor organization.

"Unless there is widespread registration, many abuses will go undocumented, making it difficult to determine whether there is truly a systematic attempt at fraud.

"And Kenyans who fail to register will lose any say in the choice of Kenya's leaders in the event of free and fair elections.

"The government, for its part, should move promptly to address effectively the complaints about the fairness of the registration process and the composition of the election commission.

"Besides these political issues, I must mention two other matters that demand attention.

"One is the drought that is afflicting Kenya. The U.N. estimates that almost one million Kenyans will require food assistance due to drought.

"In the worst hit areas of the northeast, malnutrition rates among children under five are as high as 72 percent - with 28 percent of those categorized as acutely malnourished.

"These shocking statistics parallel conditions in some parts of war-torn Somalia.

The international community is now mobilizing assistance. The U.S. government has committed \$700,000 in disaster assistance funds to move food by air and road.

"We are working on providing 6,000 MT of blended foods, worth over \$3.4 million, as soon as possible.

"We will continue to work with other donors and seek additional resources for food and non-food relief for those suffering from the drought.

"Before ending my comments on Kenya, I must underscore our concern about the influx of refugees from Somalia, Ethiopia, and Sudan.

"In less than a year, the number of refugees in Kenya has soared from under 50,000 to over 300,000.

"To its credit, Kenya, previously a reluctant host of refugees, has generously accepted the recent inflows and is cooperating well with international relief organizations.

"But it cannot cope by itself with the burden. In response to the crisis, we have given \$8.5 million to the UNHCR's Emergency Appeal for Kenya.

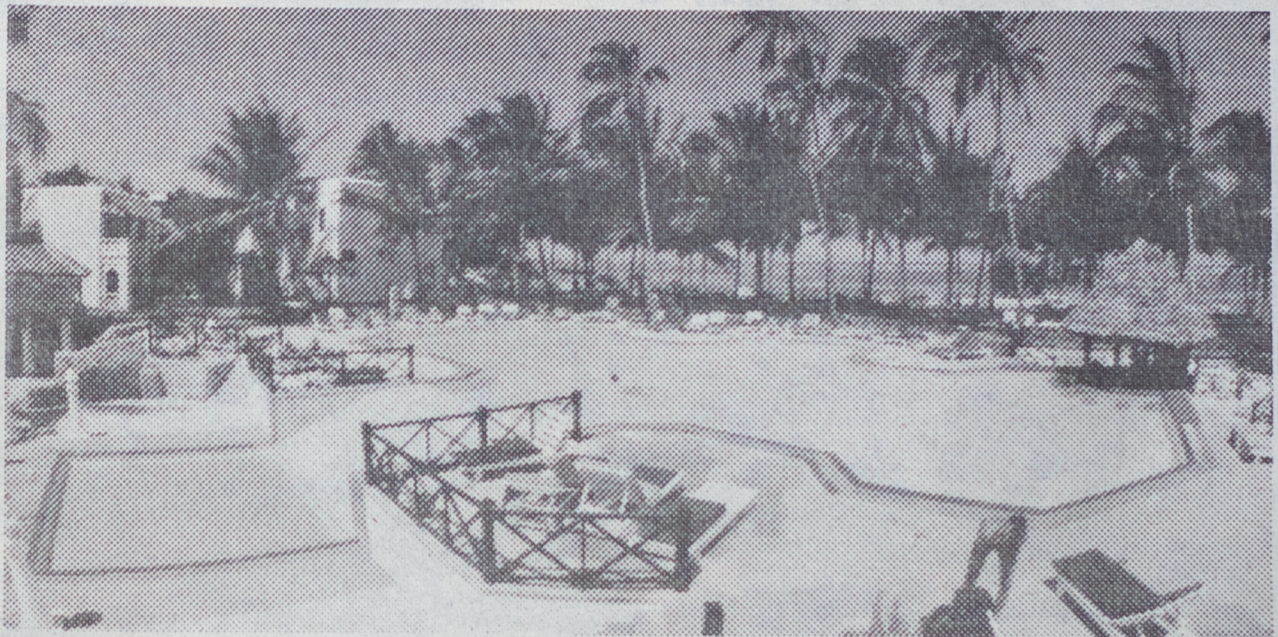
"We have also provided funds to NGOs such as CARE and the International Rescue Committee to work with the UNHCR in assisting refugees in Kenya."

## United Touring Company Staff Learn Up On Thomson Tactics



STAFF FROM UNITED Touring Company and Nyali Beach Hotel are seen with Maggie Berrie, Overseas Training Adviser with Thomson Tour Operations, UK (fifth left front) who had conducted a training seminar in the hotel's Karibu Room on Customer Care and to give them a perspective on the British Holidaymaker. Right is Salim Rahemtullah, UTC's Senior Representative. Fourth right is Janet Brewer, Thomson Holidays Resort Manager, Kenya. It is UTC which handle the ground arrangements for Thomson holidaymakers here.

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July and August have traditionally been a very expensive time to take your family on holiday to the coast.

The luxurious Serena Beach Hotel, situated on the beautiful Shanzu beach, 18 kilometres north of Mombasa, is offering special resident prices for the months of July and August.

Cost per person, sharing a twin room is Kshs 1,775, half board.

Extra bed for child under 12 in the same room is Kshs 400, half board. Children under 2 are free.

2 children under 12 sharing a separate room is Kshs 775 per child, half board.

All rates are inclusive of VAT, levy and service charges.

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TRAVEL AGENTS FROM GERMANY and Austria who were invited on a 'Familiarisation Tour' of Kenya by Jahn Reisen and African Tours and Hotels are seen during a Sundowner in the Presidential Suite at Diani Reef Grand Hotel which was followed by an excellent dinner in Le Gourmet Restaurant which specialises in French cuisine. Centre front is their host, Sigi Jogschat, the hotel's general manager.

## Austrian And German Travel Agents Enjoy Kenya Holiday

TO HELP BEEF up tourism to Kenya, Jahn Reisen of Germany and African Tours and Hotels hosted a week's 'familiarisation tour' of Kenya for 18 travel agents from the southern part of Germany also Austria so that they could personally experience the product that they sell.

Jahn Reisen is part of the LTU group which boasts of having the largest charter airline in Europe with a fleet of 25 aircraft.

Jahn Reisen's Resident Manager in Kenya, Jurgen Deckmann, reports that 'bookings to Kenya are suddenly picking up and we are hoping for the same number (around 3,500) of tourists as in

summer last year.

The past 'winter season' he said 'had been below expectation due mainly to adverse publicity about Kenya in the European press which had resulted in many tourists deciding to go elsewhere'.

The 18 travel agents had a very busy time visiting the 13 beach hotels at which Jahn Reisen holidaymakers stay.

A dinner party in Le Gourmet restaurant was hosted in their honour by Diani Reef Grand Hotel preceded by a sundowner in the hotel's spacious and elegant Presidential suite directly overlooking an illuminated white sand beach and Indian Ocean.

They heard from their host Sigi Jogschat, General Manager, that this hotel has seven restaurants enabling guests to dine in a different one each night of the week.

Leading the group was Jo Luether from Head Office in Munich.

They stayed three nights at Mombasa Beach Hotel and one night at Ngulia Lodge - both managed by A T and H - seeing lots of Kenya's magnificent wildlife in the Tsavo National Parks.

They also stayed two nights at LTI's Kaskazi Hotel at Diani, which opened last December, and one night at Safari Beach Hotel.

## HANNAH WANJALA HONOURED



HANNAH WANJALA HAS been named Hertz-Kenya's 'Best Employee of the Year for the Coast', but was unable to travel to Nairobi to receive her awards which included an engraved silver cup. At a ceremony at the Nairobi Hilton, these were presented to Hertz coast manager Manasseh Thands (right) on Hannah's behalf by Neville Cheetham (left) Hertz visiting director of franchise operations for Europe, Africa and CIS. At the same ceremony, trophies and awards were presented to Hertz-Kenya's 'Employee of the Year', Nairobi supervisor Francisca Ranya; to Lucy Ndaru 'Best Employee of the Year for Nairobi and up-country' and an engraved plaque to Hertz general manager Zul Dhanji in recognition of his 25 years association with Hertz. Next year, Hertz worldwide celebrate their 75th Anniversary.

## Our Heritage Of Faith

"I AM NOT getting old, I am getting better", were the words I saw on a t-shirt of a middle-aged man near Likoni Ferry last week.

A number of people it would appear want to live a long time, but none of them want to get old.

This is not possible to do because it goes against the plan of God.

Even though our physical bodies age, this is only one part of man. Man has a spiritual part of his life that does not decay.

Oliver Cromwell, the British Statesman, had a face disfigured with warts.

On one occasion an artist was commissioned to paint his portrait, thinking to please the great man, the artist painted the picture without the offensive warts.

When Cromwell saw the flawless painting he returned it saying, "Take it away and paint me warts and all". He knew his defects and, to his credit, would not have them hidden.

Getting old is our constant companion, and for anyone to try to act as if it is not true is terribly mistaken.

I have a question for you today: Did you ever consider that your soul does not age?

Our bodies deteriorate with age, most people are very age-conscious to the point that they do not want others to even know how old they are.

Who said maintaining good health and keeping a strong physical body however important this is will keep one from getting old?

A noted psychologist has written:

"A man of 53 may have the body of a 30-year-old, the emotions and knowledge of a 60-year-old, and the ability to learn of a 16-year-old yet that does not make him star, deceiving others that he is not 53!"

S.P. Pittman has said: "Life is not a pyramid dwindling toward its apex. Rather, it is like an inverted pyramid with its apex in the soil and its wide base flaring out toward Heaven."

"For which cause we faint not, but though our outward man perish, yet the inward man is renewed day by day." (2 Corinthians 4:16).

This truth is only applicable to those who are new in Christ. "Therefore if any man be in Christ, he is a new creature; old things are passed away: behold, all things are become new." (2 Corinthians 5:17).

Charles Albertson put it well: "What we are and what we are growing into is more important than how old we are, thus we need to be anchored to the rock that is unchanging and eternal."

I would like to add here that it is better to know the rock of age (Jesus Christ) than the age of rocks! Remember your soul lives forever and it does not age.

"But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ, to Him be Glory both now and forever. Amen." (2 Peter 3:18).

The golden years belong to those who are truthful to their Creator, themselves and others, getting old yes but growing in God and destined for Heaven!

Rev. Nicodemus Waka Omumbwa, K.A.G., Changamwe.

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# SERVING THE BOATS THAT RIDE ON THE CREST OF THE WAVE

## The Swing Towards Tourism

ALTHOUGH KENYA'S FISH production had risen to close on 195,700 metric tons by 1988, the volume of fish caught along the coast has remained static at around 10,000 metric tons for the past decade.

Commercial fishing still provides a reasonable livelihood for a substantial number of families living along Kenya's Indian Ocean shores but many boat owners today have switched to catering for the more lucrative tourist trade, or combine their traditional occupation with taking tourists on boat trips.

Boats are now big business at the coast. An increasing number of tour operators and hotels are acquiring their own craft for taking visitors on sight-seeing trips, deep sea fishing, snorkelling, scuba diving and for water skiing. They all need outboard engines to power their boats.

The majority of these boat owners and even the smaller boat owners, who have switched from fishing



MATATU BOATMEN AT WASINI Island preparing their Yamaha outboard. Like many of their fellow fishermen further up the coast, they combine fishing at night with ferrying visitors from Shimoni to Wasini and the Marine National Park during the day.

to the tourist market, choose Yamaha marine outboard engines, firstly because they have a worldwide reputation for reliability, durability and ease of maintenance and

secondly, because Yamaha Motors now has its own branch in Mombasa, which is able to supply spare parts and service and repair facilities for Yamaha outboards.

## The Call Of The Deep



MANY DEDICATED DEEP-SEA fishermen keep their own boats at Mombasa, Mtwapa, Kilifi or Watamu, the main centres for this highly competitive sport along Kenya's Indian Ocean coastline. Boats for deep-sea fishing can also be hired from places like Lusitania Limited's Mtwapa Deep Sea Fishing Centre. Maurice Omolo, right, Yamaha Motors Mombasa manager, makes frequent calls on Yamaha outboard owners up and down the coast to make sure all is well with their engines.

### A COMPREHENSIVE SERVICE FOR COAST YAMAHA OUTBOARD OWNERS

#### YAMAHA Motors at MOMBASA

OPENED IN MAY 1992, Yamaha Motors branch is specially geared to meet the needs of a maritime community, which looks increasingly to Yamaha for its boat-power.

Situated on Kuanda Avenue, off Nkrumah Road, the branch has its own showroom, stocked with a full range of Yamaha BlueLine and Enduro outboard engines, motor cycles and power products.

It also has a well-stocked spare parts department and a service and repairs workshop, staffed by fully trained Yamaha technicians and operates its own field squad, which specialises in providing on-the-spot after sales and repairs services for outboard owners.

The Mombasa branch is headed by manager, Maurice Omolo, who held various senior managerial posts with the previous Yamaha franchise holders for 16 years, before joining Yamaha Motors in January last year.



SALES SUPERVISOR, ALI TWANGA, right, showing a Yamaha 40 HP outboard engine to a customer in Yamaha Motors well-stocked showroom on Kuanda Avenue.



MAURICE OMOLO, SECOND FROM LEFT, Yamaha Motors Mombasa branch manager, and Philip Mason taking a look at Yamaha outboard being serviced by Yamaha trained mechanics at Swynford Boat yard.

ONE OF THE TWO official Yamaha Motors dealers and service and repairs centres at the coast, Swynford Boatyard at Kilifi, serves ocean going yachts from far away places as well as the local fishing fraternity from Mombasa, Mtwapa and Malindi, many of whose boats are powered by Yamaha outboards.

Swynford Boatyard is owned and operated by Phillip Mason, who inherited the popular rendezvous for local deep-

water fisherman from his father, the late Dick Mason.

Phillip employs two full-time mechanics, both of whom have attended Yamaha Motors training courses in Mombasa.

Most of his dinghies, the workboats used for ferrying people and supplies to the larger craft anchored offshore, are fitted with the smaller Yamaha outboards, four and eight HP BlueLines and 15 HP Enduros.

#### At KILIFI

BASED AT PEPONI HOTEL, overlooking the entrance to Lamu harbour at the fishing village of Shella, Lamu Marine and General Engineering is Yamaha Motors second officially appointed dealer and service and repairs centre at the coast.

Peponi is within easy reach of the North Kenya Banks, at the confluence of the equatorial currents, where schools of Kingfish, Barracuda, Falusi, Yellow Fin Tuna and other fish abound, which provide fresh bait for the Marlin and Pacific Sailfish - the prize game in these waters.

#### At LAMU

Qualified marine engineer, Bruce Babington of Lamu Marine and General Engineering is under contract to Peponi Hotel to maintain its electrical installations and outboard engines, the majority of which are Yamahas.

Bruce also provide maintenance and repair services for other Yamaha outboard owners in the area.



MAKING SURE THAT ALL goes well with their dealers, Yamaha Motors Mombasa branch manager, Maurice Omolo, centre, and Marketing Manager, Andrew Mwonga confer with Bruce Babington at Lamu Marine and General Engineering.



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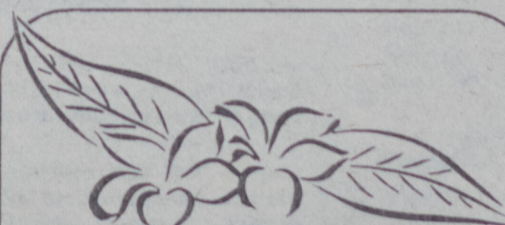
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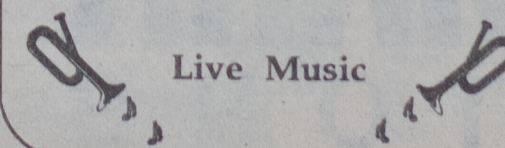
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**ZU VERMIETEN**  
 an der kenianischen Nordküste in Mtwapa, 15km nördlich von Mombasa zwei 2-Zimmer Cottages und ein Wohn-Schlafzimmer mit Swimmingpoolbenützung (Dauermieter bevorzugt) Interessenten kontaktieren Telefon 485173 Mombasa

BETRÄCHTLICHE Renovierungsarbeiten sind für das Nyali Beach Hotel vorgesehen, einschließlich Verbesserung von Zimmern, der öffentlichen Räume sowie der Küche.

Wie Mr. Tony Grove, Area Manager von Block Hotels (Nyali Beach Hotel, Shimba Lodge, Indian Ocean Beach Club, Jacaranda Hotel, Outspan und Treetops) bekanntgab, sollen die Umbauarbeiten, die eine große Investition erfordern, im August in Angriff genommen werden.

In einem Interview während seines kürzlichen Besuches an der Küste erklärte Mr. Grove, daß der 5-Sterne Indian Ocean Beach Club in Diani noch vor Ende dieses Jahres eröffnet werden soll. Zur Shimba Lodge erwähnte er: "Sie wird weiterhin klein, aber fein bleiben." Ein neuer Freizeitraum und Parkplätze werden jedoch hinzugefügt.

Block Hotels interessiert sich für neue Projekte in ganz Afrika und für Management-Verträge in Kenia.

Um das Nyali Beach Hotel attraktiver zu gestalten, werden dieses Jahr 42 Zimmer renoviert. Vier Zimmer wurden total ausgeräumt, und vier verschiedene Innenarchitekten sind zur Zeit damit beschäftigt, diese neu einzurichten. Das schönste Zimmer wird dann als Modell für alle 42 Zimmer dienen.

Weitere 50-60 Zimmer kommen im nächsten Jahr an die Reihe, bis das ganze Hotel renoviert worden ist.

Auch die Küche wird umgebaut und erhält acht neue Kühlräume, je eine neue Ecke für die Bäckerei und die Metzgerei, neue Einrichtungen und einen neuen Bodenbelag.

Das Bistro erfährt ebenfalls Veränderungen. Seine Küche wird abgeschirmt, und vorne werden neue Platten verlegt. Hinten wird das Dach verlängert, um mehr Sitzplätze um den Baum zu schaffen.

Die Fontänen-Bar, bis zum Swimmingpool erweitert, wird dann doppelt so groß sein. Wenn das Hotel voll besetzt war, wurde der Platz stets etwas knapp.

Im Mwita Grill gibt es eine neue Kücheneinrichtung, während der Laden in der Einkaufsarkade in einen Konferenzsaal umgewandelt wird. Die ehemalige Blues Diskothek wird zur Piano Bar.

Während seines Aufenthaltes an der Küste überreichte Mr. Grove

**Spezialbericht  
 von NETA PEAL**

20 Angestellten in der Shimba Lodge Goldsterne und Geldpreise. Er lobte besonders die "Angestellten des Monats" (April) John Mwasigwa, Kellner, und John Kimani, Küchenchef, die durch ihr rasches Handeln einen Brand verhinderten, als in der Lodge ein Feuer ausbrach.

Im Rahmen dieses fortlaufenden Incentive-Programmes werden Angestellte für ihre besonderen Leistungen ausgezeichnet.

Der Manager der Shimba Lodge, Mr. Aris Luhumyo, erwähnte unter anderem, daß die Lodge stets sehr beliebt ist und von den Gästen viele positive Kommentare erhält. "Es ist ein Zeichen dafür, daß bei uns das Wohl der Gäste an erster Stelle steht, und ich danke Euch allen für Eure Mithilfe," sagte Mr. Luhumyo.

Die Dschungel Bar hoch oben in den Bäumen der Shimba Lodge dient oft als Schauplatz für romantische Hochzeiten. Viele



DER KÜCHENCHEF der Shimba Lodge, Lazarus Malusi, zerschneidet den großen Kuchen für die Kinder der Schule für geistig Behinderte in Kwale. Mr. Tony Grove (Mitte), Area Manager von Block Hotels, hatte ihnen überdies Handtücher, Bettwäsche und T-Shirts überbracht sowie Sandwiches und Limonade für eine kleine Party. Es war sein erster Besuch dieser Schule und er versprach, so bald wie möglich Farbe zu schicken, damit das Blechdach über dem Schlafsaal gestrichen und gegen Rost geschützt werden kann.

Brautpaare aus Großbritannien kommen mit Thomson Holidays und Somak Travel nach Kenia und lassen sich hier trauen. Es gibt zwei gemütliche "Honeymoon Suiten" in der Shimba Lodge.

Mr. Luhumyo gab bekannt, daß die Belegungsquote im Juni 70 Prozent betrug und mit einer kontinuierlichen Steigerung bis im

November gerechnet wird.

Kürzlich verbrachte ein Ehepaar aus England sieben Tage in der Lodge und genoß die vielen Ausflugsmöglichkeiten, Fußwanderungen, Pirschfahrten und Besuch des Regenwaldes mit uralten Zykas (Palmfarnen), zum Marere Stausee und zum Sheldrick Wasserfall. Sie erlebten auch

einen "Sundowner" im Shimba Hills Nationalreservat mit einem romantischen afrikanischen Sonnenuntergang.

Mr. Grove besuchte nach der Preisverteilung an die Angestellten die Schule für geistig Behinderte in Kwale und überreichte den Kindern einen riesigen mit Zuckerguß überzogenen Kuchen, Limonade und Sandwiches sowie eine Menge gebrauchter Handtücher, Bettwäsche und T-Shirts.

Wie ihm bestätigt wurde, ist diese Schule zur Führung weitgehend auf Unterstützungen in Geld und Naturalien angewiesen. Mr. Grove war sehr beeindruckt und versprach, sobald wie möglich Farbe zu spenden, damit das Blechdach über dem Schlafsaal gestrichen und gegen Rost geschützt werden kann.

Die Schulleiterin Mrs. Teresia W.T. Maina bedankte sich bei Mr. Grove und der Shimba Lodge. Oft kommen Leute von der Lodge und bringen Geschenke; darunter war sogar ein 60 Liter Wassertank.

In der Schule wohnen 47 Kinder zwischen 6 und 22 Jahren aus ganz Kenia; es ist die einzige dieser Art im Kwale Distrikt. Es werden immer mehr Plätze verlangt, und 300 Namen stehen auf der Warteliste.

Von den acht Lehrkräften sind drei speziell ausgebildet, um geistig Behinderte zu betreuen. Die Schule nimmt auch Tagesschüler auf aus dem Kwale Distrikt, die Shs 5.- pro Tag bezahlen.

## SCHLAFEN SIE SICH GESUND!

HABEN SIE GEWUßT, daß Sie Ihr Leben riskieren, wenn Sie gewohnheitsmäßig weniger als sieben Stunden am Tag schlafen? Nach Ansicht der Experten haben Leute, die sieben bis acht Stunden am Tag respektive in der Nacht schlafen eine bedeutend niedrigere Sterbeziffer als solche, die weniger oder länger schlafen.

Gemäß den Experten haben Leute, die regelmäßig Schlaftabletten nehmen eine 1½ mal höhere Sterbeziffer als solche, die darauf verzichten. Diese Tatsachen beweisen, daß Ihre Gesundheit stark von Ihren Schlafgewohnheiten beeinflusst wird.

Mombasa wurde bis vor kurzem als eine ruhige, "schlafende" Stadt angesehen, aber es hat sich herausgestellt, daß auch hier viele Leute nicht genügend Schlaf haben wie in jeder anderen sich entwickelnden Stadt.

Die Wissenschaftler haben herausgefunden, daß die Leute immer weniger Schlaf benötigen, je älter sie werden. Frauen leiden häufiger unter Schlafproblemen als Männer; doppelt so viele Frauen nehmen Schlaftabletten.

Wer sich über Schlafmangel beschwert, ist oft sehr ungenau in der Beurteilung. Viele sagen zum Beispiel, daß sie Stunden benötigen, um einzuschlafen, während es sich nur um etwa 15 Minuten handelt. Manche erzählen, sie hätten nur vier Stunden geschlafen, obwohl es sechs oder sieben Stunden waren. Manche Patienten klagen, daß sie die ganze Nacht überhaupt nicht schlafen konnten. In Wirklichkeit hatten sie jedoch

sechs oder sieben Stunden geschlafen. Nervöse und ängstliche Leute leiden öfter an Schlafstörungen.

Der Körper befolgt einen natürlichen Rhythmus. Schlafen und Wachsein wechselt in einem 24 Stunden Zyklus. Schlaf ist notwendig, damit sich Körper und Geist erholen können. Es gibt nur



Einige Ratschläge von Dr. Eric James Maina, MC, CH.B. (NRB), Psychiater und Berater im Pwani Medical Centre, Mombasa.

wenige Leute, die über längere Zeit mit 2-3 Stunden Schlaf auskommen, die meisten benötigen mindestens das Doppelte.

Schlaflosigkeit hat viele Ursachen: Zum Beispiel Krankheiten, die Atemnot hervorrufen, Schmerzen, Reizmittel wie Kaffee, Tee oder Tabak.

Alkohol macht anfangs schläfrig und macht nach ein paar Stunden munter. Schlaftabletten geben einen unnatürlichen Schlaf. Ihre Wirkung läßt bald nach, und es wird eine immer stärkere Dosis benötigt. Die Patienten

werden abhängig. Jeder Versuch, damit aufzuhören, verursacht Schlaflosigkeit, Alpträume und Unrast.

Die häufigsten Ursachen für Schlaflosigkeit sind psychologische Art - Sorgen, Stress und Depressionen.

Die Angst, daß man nicht einschlafen kann, macht die Sache nur noch schlimmer.

Nachstehend ein paar nützliche Ratschläge:

- Halten Sie möglichst regelmäßige Wach- und Schlafenszeiten ein, um Ihren Körperrhythmus nicht zu stören.
- Vermeiden Sie ein Nickerchen am Tag und schlafen Sie am Morgen nicht zu lange.
- Bewegung ist gut, denn wenn Sie müde sind, können Sie leichter einschlafen. Turnübungen sollten regelmäßig durchgeführt werden, besser tagsüber als abends.
- Warme Milch wirkt beruhigend.
- Vermeiden Sie stimulierende Getränke und trinken Sie weniger Alkohol am Abend.
- Nehmen Sie immer weniger Schlaftabletten und verzichten Sie schließlich ganz darauf.
- Richten Sie Ihr Schlafzimmer bequem ein. Lärm, Licht und Temperatur können sich störend auswirken, ebenso ein schnarchender Partner.
- Ein Wecker wirkt oft eher beunruhigend, da man befürchtet, man könnte ihn überhören.
- Falls Sie wirklich nicht einschlafen können, ist es besser, wenn Sie aufstehen und lesen oder fernsehen, bis Sie richtig müde sind.

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play Hanif Walli & Ramesh, Faren & Hanif play Nasoor & Amin, Akram & Vishnu play Saida & Jeff. Last week's results: Shiraz & Amin bt. Hanif & Vanraj. Vishnu & Saida bt. Hanif & Akram. No Two Club.

WEDDING-Mr. Randall Thompson and Miss Patsy Davidson. The marriage took place on June 20th in Boulder Colorado between Randall Thompson son of Mr and Mrs. Glenn Thompson of Ashville N. Carolina and Patricia Mary Davidson daughter of Dr and Mrs. Bob Davidson of Mombasa and Hove Sussax.

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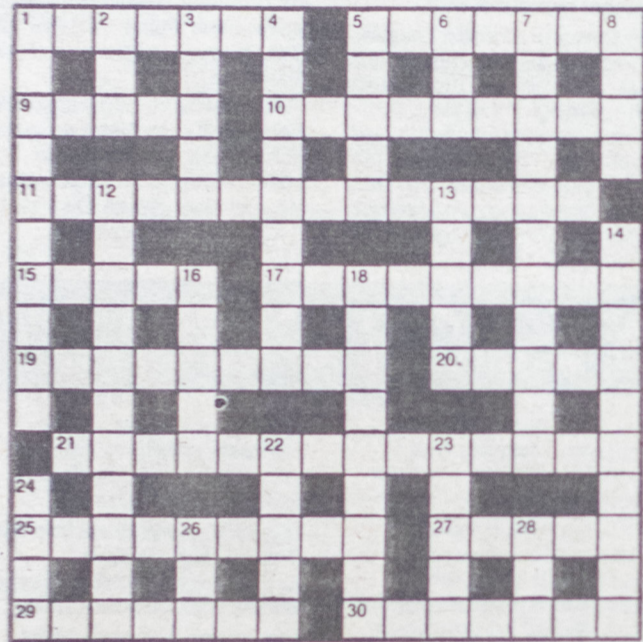
**ANNOUNCEMENTS**

SATURDAY Matches at Nyali. Tee-off 1.45 pm. Shiraz & Raja

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EVERY TWO WEEKS 'Accommodation and Meals for Two for One Night at Shimba Lodge' near the Shimba Hills Game Reserve, will be awarded by BLOCK HOTELS to the winner. The next draw for the winning entry will be 29th July, 1992. Completed Crosswords should be sent - 'Prize Crossword' COASTWEEK, P.O. Box 87270, Mombasa, Kenya.



CROSSWORD NO.396

NAME.....  
ADDRESS.....

ACROSS

- 1 Showing the way to be a dog? (7)
- 5 Notices the difference in one part (7)
- 9 Liquidation on a massive scale (5)
- 10 Managed to make an arrangement for Ned and Victor (9)
- 11 Enid's turn with the code is so clever you can't read it! (14)
- 15 No difficulty getting fifty for support (5)
- 17 Eager for action despite my apparent willingness to wait (9)
- 19 Making a sound decision to give an increase (9)
- 20 Island to study in the mass (5)
- 21 Assume one is getting an allowance? (4, 3, 7)
- 25 It's a matter of judgment (9)
- 27 Invitation to go ahead without experience (5)
- 29 Shipping a horse in a mood (7)
- 30 Well known to be mean about furniture (7)

DOWN

- 1 Point favouring digs that would be nice if I hadn't gone (10)
- 2 Just dropped in for a cool drink (3)
- 3 Medicinal note? (5)
- 4 Party in the front hall? (9)
- 5 Feel it's something reasonable (5)
- 6 Transport a girl without men (3)
- 7 Invent love with a thousand complications (11)
- 8 Nothing on in the art world (4)
- 12 Change speed and take part in the fury (11)
- 13 Some sort of salt not in the cellar (5)
- 14 Being there to take certain steps when it's time (10)
- 16 Possessed by the filthy rich? (5)
- 18 His is a bread and cheese lunch (9)
- 22 Nothing animated for her! (5)
- 23 Anything to end a violent attack! (5)
- 24 Does he get off free? (4)
- 26 Princess of Savoy (3)
- 28 Go out after a rise (3)

ANSWERS TO CROSSWORD NO.395

ACROSS: 1 Cottage Loaf 7 Fib 9 Game Pie 10 Astound 11 Ridge 12 Gage 13 Eton 15 Forage 17 Stewing 19 Treacle 21 Caught 23 Apex 24 Herb 25 Oscar 28 Intense 29 Nearest 30 Gas 31 Potato Salad  
DOWN: 1 Cigars 2 Timed 3 Apple Sauce 4 Epergne 5 Oranges 6 Fate 7 Fruit Dish 8 Badinage 14 Beaujolais 16 Omelettes 18 Steaming 20 Element 21 Cabinet 22 Grated 26 Creel 27 Snap

WINNER OF CROSSWORD NO.395

Miss Poonam A. Singh, P.O. Box 39535, Nairobi.



MR. MAKSOOD DEEN (BATO) BORN: 1951 DIED: 11 JULY 1992

The family of Late Mr. Maksood Deen (Bato) wish to thank all relatives and friends who expressed their kind sentiments and offered condolences either in person, by telephone or telegrams on the sudden death of our beloved Maksood Deen on Saturday 11 July 1992. Most sadly missed by his wife, children, family and friends-"choma". May the Almighty rest his soul in eternal peace. Ameen.

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# Many More Overseas Tour Operators Joining M.A.C.T.A.

THE MOMBASA AND Coast Tourist Association is growing in strength with many overseas tour operators now joining. This was observed after twenty four tour operators had met informally to hear more about the association and how it helps maintain and uplift standards in the tourist industry at the coast.

The 24 operators handle 400,000 tourists a year and it was noted that over 60 per cent of the tourists visiting Kenya stay at the coast.

Inviting them for this get-together was Ernst Hoffmann who represents overseas tour operators on the MCTA committee.

He is the Resident Manager of Touristic Union International one of the foremost tour operators in Europe who received enthusiastic assistance in organising it from Andre Janssens, Resident Manager, Neckermann - one of the largest tour operators in Germany.

At a recent MCTA committee meeting at the Oceanic Hotel, Mr. Hoffmann reported that as a result of this meeting with tour operators many had joined MCTA and it was proposed that a sub-committee of the association be formed under his chairmanship.

Said Mr. Hoffmann 'I have represented overseas tour operators on this committee for many years and felt I could do this more successfully if I had their mandate. Our common problems can then be cancelled through MCTA'.

He said that those attending were tour operators from the UK, Germany, Switzerland, Belgium, France, Italy and Holland.

After briefing them fully about MCTA, Mr. Hoffmann said they had discussed a number of matters including security and adverse

publicity about Kenya in the overseas press.

In many cases this is being blown up out of all proportion while steps the government are taking to improve security were omitted.

Such publicity had resulted in many tourists deciding to go elsewhere for a holiday.

He told the MCTA committee 'it was considered there is a definite need for more security in the town and along the coast, and a need for a more efficient service from the police.'

He said 'It is not only protection the police are supposed to provide but also the administrative side in attending to tourists when they call at police stations'.

He said 'they are received nicely in some, while others are not very friendly'.

It was also necessary to have police stations better equipped to deal with any incidents that may arise.

Often he said, when incidents occur the police have no means of transport to visit the scene. Either they have no vehicle, or it is not available, or there is no petrol.

Said Mr. Hoffmann that is what we mean when we say 'not well equipped'.

With the world much more environmental conscious tour

## Special Report by NETA PEAL

operators felt there was need for more positive action on environmental problems at the coast, such as keeping the beaches clean and not putting sewage into the sea.

While appreciating that such things take time, it was felt that hoteliers should start making plans to protect the environment.

He went on 'hoteliers in the private

sector have tackled problems over water and power by having their own boreholes and generators. It had been a costly exercise.

But he pointed out 'the future of tourism is not healthy when you hear that only about 50 per cent of the demand for water can be met at the coast.'

'Work on bringing more water to the area should be speeded up and new sources sought to meet the ever increasing demand with an increasing number of hotels and houses being built'.

Tour operators also discussed charges being made by doctors visiting tourists in their hotels.

It was felt that some were overcharging, but so far had been unable to ascertain if any standard fees are laid down.

The declining standard of service by Kenya Railways in its restaurant cars was also discussed which included cleanliness of waiters' uniforms.

It was hoped that KR would give this speedy attention so that tourists will have no further complaints.

It was proposed that a sub-committee of overseas tour operators comprising representatives from all companies bringing tourists here be formed and that meetings be held every second or third month.

Asked about tourism trends by the Acting Chairman Rahab Mwendwa (MCTA's First Deputy Chairman) Mr. Hoffmann said that as far as the summer season is concerned bookings from Germany and Switzerland do not look very promising.

Adding 'we are all struggling to keep our charters operating'.

He said 'I do not know the exact figures but if I said that bookings are down by say 25 per cent I would not be exaggerating'.

As far as the winter season is concerned it is too early to predict'.

Said Mr. Hoffmann 'we hope that the situation will improve and that potential tourists will have the confidence to come to Kenya'.

He said that the downfall in tourists had been put down to recession in Europe.

However, said Mr. Hoffmann 'I cannot underline that because as far as Germany is concerned other destinations are doing well'.

He revealed that Germany is expecting a recession next year.

Adding 'one thing is certain and that is generally speaking tourism out of Central Europe, or even Britain, is not bad'.

'But as far as Kenya is concerned and I can only speak for the German market, we are not happy at all'.

Said Shafket Pervaiz, KATO's representative on the MCTA committee 'the British market has picked up slightly and aircraft are arriving full, but many are coming on cheap holiday packages.'

# Your Car Jack Is An Essential Piece Of Equipment - As Any Driver Who Has Been Caught Without One Knows

KACHUMBARI RECENTLY SPENT some time on the road interviewing drivers in Mombasa, Nairobi, Nakuru and Kisumu.

He also spent a few days in some smaller towns.

His mission was to find out how much people really know about their cars and whether they are capable of repairing simple defects.

In the process he also found out some interesting statistics about car owners. Let us look at

the glaring ones first.

The first thing he asked each driver he interviewed was for him to produce the car jack.

This is an essential piece of equipment as any driver who has been caught without one knows.

It transpired from the population sampled that about 20 per cent of the drivers do not carry jacks in their cars.

The percentage was higher in towns than it was in the country side.

Those who did not have jacks were asked what they would do if they had a puncture and the

## PATRICK OBATH ON COASTDRIVE

immediate answer was they would flag down the next car and ask to borrow their jack.

This suggests that Kenyan drivers are such gregarious characters that one fifth of the population of drivers go around without jacks on the premise that someone will have enough time to stop, lend them a jack and wait while they change a tyre!

A lot of people have experienced differently. It is not often that one pulls up when stopped by a seemingly stranded motorist at the roadside.

There have been too many well publicised muggings for people to risk stopping for a total stranger...yet there are obviously some who would still do so.

The second question after the jack was whether the driver had any tools in the car.

Over 80 per cent of the drivers questioned had no other tools apart from the jack and the wheel spanner.

Some of the owners were not even aware that the cars they were driving were provided with a basic set of tools when they were first registered.

When asked what they would do in case their car stopped for no immediately apparent reason, the most common answer was that the driver would go to the nearest village or town and look for a jua kalli mechanic to come and sort his car out.

This answer was also quite common among non matatu drivers.

Most of us are aware that looking after matatus is the mainstay of the out of town jua kalli guys.

Obviously the average Kenyan motorist has great faith in the jua kalli mechanic.

The faith is probably well placed. Engine types in most models of car sold in Kenya have not really changed for quite a long time.

Serving through an apprenticeship with the old master ensures that most jua kalli mechanics are reasonably

competent to carry out roadside repairs.

The worrying thing is that the newer models of car are fitted with increasingly complex engines.

The number of valves per cylinder is increasing, electronic fuel injection is becoming a norm and engine management systems are cascading down the range.

Will the jua kalli mechanic be able to cope with this?

One hopes so especially since during the survey another interesting statistic transpired.

Over 40 per cent of the car owners interviewed had no handbooks in their cars.

This seems to suggest that they are not really interested in what goes on in the car so long as it gets them from one place to another.

The other questions asked were based on the owners knowledge of his car and the scores were abysmally low.

It was not unexpected. Where does this leave the motoring public? I would say at the mercy of the mechanic.

The more enlightened motorist joins the AA of Kenya and hopes

that with their certification scheme and network of garages, help is never too far.

If one is near the major towns no problem, but in the less travelled areas one would have a problem.

Kachumbari has a proposal for the AA.

The jua kalli mechanic is here to stay. The development of the informal sector is part of national policy and should be supported.

Perhaps it is time that a responsible motoring organisation set up an accreditation scheme for the jua kalli mechanic whereby they would formally be tested on their understanding of the car and what to do with it should it develop a problem.

(Their scruples should also be included in the accreditation process!!)

This would mean a spread in facilities available to the motorist in this large country without necessarily investing in a large privately owned national network that would be horrendously expensive to maintain.

As Kachumbari says, motoring organisations need to spread their wings!!

## RAIN STOPS THE GAME FOR M.S.C. CRICKET XI

WEATHER GODS LAST Saturday gave MSC cricketers as well as its grass wicket a well-deserved rest.

The cricketers were disappointed but understanding. After all, natural rain augers well for the cricket green.

For the wanainchi, more important still, it means a good harvest.

So, who are we, as cricketers or humans, justified in complaining about rain, when all that we are deprived of, is indulging in a recreational sporting pastime over the week-end?

The Wednesday cricket nets have not been affected and are well attended as usual. MSC are particularly pleased to welcome cricketers from other clubs participating.

This is in line with MSC's cricket policy to generate and promote cricket as an enjoyable and satisfying sport at the Coast.

The opposition for this Saturday as well as Sunday has not been nominated. More MSC cricket news next week.

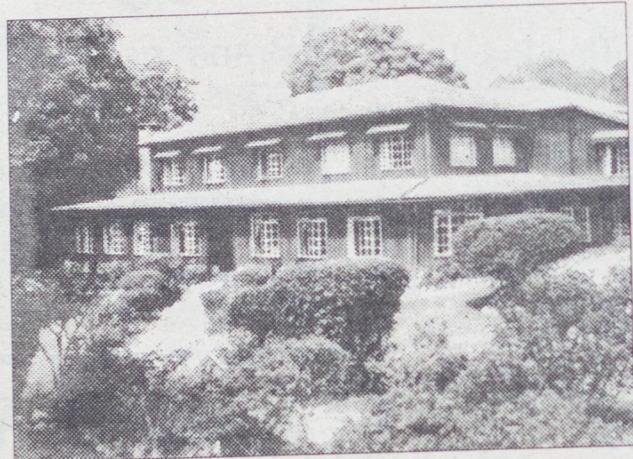
## Bridge Result

RESULT OF THE Duplicate Bridge played at Mombasa Sports Club on Tuesday July 14.

R.R. Patel and U.B. Shah 77 points; K.P. Shah and Ajit D. Shah 73; C.C. Shah and C.M. Shah 68; S.K. Shah and S.R. Shah 63; S. Gudka and H. Dodhia 58; K. Shah and A. Dossa 58; H.P. Modi and J. Babla 55; Amu Shah and L.P. Gudka 52.

## MOHINDER SINGH IS SOHAL ELECTED

MOHINDER SINGH SOHAL has been elected Chairman of the Coast Hockey Association during its Annual General Meeting. Other officials elected to office include Mr. Mohamed Ijaaz, Vice Chairman, Mr. Walter Cordoso, Hon. Treasurer, and Miss Julie Stonestreet, Hon. Secretary. Committee Members include, Mr. Mohamedali Essa, Mr. Mutiso, Mr. Agnelo D'Souza, Mr. M.S. Kelley, Mr. Fakhru Babla and Miss Alka Gohil.



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# SUPPORT TO RABAI SOCCER

KENYA'S NATIONAL Assembly Football team "Bunge F.C." custodian Mr. Mathias B. Keah has commended parents and individuals in Rabai, who in the spirit of harambee sponsor Rabai Sports Club, writes *Kampaka Mwangi*.

The Assistant Minister in the Office of the Vice-President and Ministry of Finance passed the sentiments, when conducting a mini-harambee in aid of Rabai where he helped raise KShs. 30,300/- cash and materials worth KShs. 12,000/-.

He said their efforts have been rewarded as the dominance of Coast Province soccer by Mombasa district clubs has ended as Kilifi teams are in command.

Mr. Keah urged Ministry of Culture and Social Services officials in Kilifi, take the challenge and come out with plans and proposals to the government for the construction of a modern stadium in the area, as the standard of soccer has greatly improved.

He said Rabai Sports will soon get an official sponsor and a guest of honour for the club's major harambee in December.

The club's chairman Mr. Freddy

Garero said the aim of the club is to make history by becoming the first soccer club from outside Mombasa play in the super league and the vice-chairperson.

Mrs. Nelly Mangi Sundor of the Pandya Memorial Hospital challenged other women to join soccer clubs as they need motherly advice for success.

During the harambee Mr. Keah brought KShs. 10,000/- and a set of uniforms, the club's former patron Mr. Japheth Kiti who is the KANU National Executive Officer sent Shs. 5,000/-, KFF Coast Secretary Ali Mbarak a set of jerseys, Coca Cola Bottling Company 18 t-shirts, KFF Secretariat and Ford member Mr. Leslie Mwachiro KShs. 200/-, Rabai businessmen Messrs. Shabbir and Hemed gave Shs. 1200/- each, Mr. Benjamin W. Kavuu the district's fisheries officer Shs. 500/- KFF boss Mr. Yusuf Aynen Shs. 300/-, the team manager's wife Mama Suzan Masha, his assistant Mzee Salim Abdalla, assistant coach Erick Maita gave 200/- each while KFF Kilifi vice-chairman Mr. Adnani presented two balls to the club.

Mr. Keah gave Gaya Chandago the scorer at the first goal against Black Panther Shs. 1000/- to purchase boots.

Meanwhile the club's treasurer Mr. Hamadi Mwidadi has asked all those with receipt books to continue collecting funds as the major harambee will be held in December.

# BEN OKELLO RETAINS COAST CLOSED TITLE

**BEN OKELLO RETAINED** the Coast Closed Championship after a closely fought contest last Sunday, writes *Followthru*.

The 36 hole gross competition which was once again sponsored by Kaydee Construction Company is open to all Coast players with handicaps of 15 or under and is played at Mombasa Golf Club.

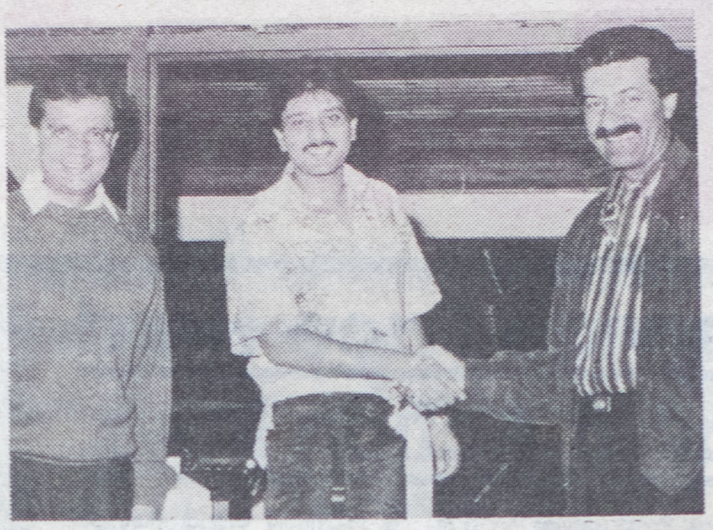
Few golfers in Mombasa seem to relish the idea of 36 holes in one day, even at this time of year when the temperature is relatively low. There was a field of only 26 which included three ladies.

Once again, for the most part, weather conditions were good, although there was one short but very fierce storm during the second round which caused some shots to be dropped.

At the end of the first round, Wachira Mahihu, winner in 1988 and 1990, and Musa Odada led the field with good rounds of 74 and Ben Okello, the 1991 winner, was just one shot behind on 75.

Wachira continued playing well after lunch and after the first nine had widened the gap between himself and Ben.

On the 35th hole however he unfortunately went out of bounds and this proved to be



WINNER OF THE COPY CAT sponsored golf tournament at Sigona Golf Club, Kumar Dhall (centre) is congratulated on his win by Copy Cat director, Nazir Noordin as club captain Wazir Meralli looks on. Dhall beat a field of 153 players, scoring 40 points on a countback.

very costly. He finished with a 76 and a total of 150.

Ben, on the other hand, played a good final nine holes and with another round of 75, he had the same total of 150 and was the winner for the second year running by virtue of the countback.

Well played to you both.

These two golfers have now won the event twice each since the competition was revived in 1988.

Not far behind in the gross scores were Musa Odada and John Onyango, and, both playing off seven handicap, they were the winner and runner up in the Nett competition with excellent totals of 141 and 142.

Musa, who won the same prize last year, had a very good nett 67 in the morning and John returned nett 69 in the afternoon.

Kishor Lakhani had the Best Gross in the morning with 77 and Stanley Chege from Malindi took the afternoon prize with 79.

The Best Nett score of the morning went to Samar Makwana on 70, and Ngari Mahihu had the best afternoon nett of 69.

The Mombasa Golf Captain Ramesh Dharna thanked Kaydee Construction for their continued support and presented the prizes to the winners.

The July Men's Mug at Nyali Golf and Country Club was sponsored by Mita Copiers and there was a good field of 63 players and five markers.

There is still plenty of rain falling and the course is playing fairly long with plenty of problems on the slow greens.

Dave McConnell had a good nett 72 to win the A division by three clear shots from Jimmy Kimanthi who was runner up on nett 75, beating George Ndegwa on countback.

Ben Okello had the Best Gross of 77.

Regular winner Hanif Walli also had a good countback to take B division with nett 70 beating into second place Rashid Sheikh on the same

score.

The best nett score of the day came from Norman Wilson with an excellent 69.

He won the C division being three ahead of Malkit Grewal who was runner up on nett 72.

The draw for the Club Championship and the two subsidiary competitions, the Strugglers Cup and the Bunny Mug took place on Saturday evening.

Last year's finalist and previous winner Wachira Mahihu is seeded to meet Ben Okello also a former winner in the final of the Greenwood Trophy which will take place at the end of August.

The Strugglers Cup has also been well supported this year and Hanif Walli will be defending the title.

There was also a KLGU Medal at Mombasa Golf Club last weekend.

Fareen Samji played extremely well to win the Silver division with a very good nett 72, she also had the Best Gross of 82. Vice Captain Jean Elms was runner up on nett 76.

Lady Captain Akki Khan was the winner of the Bronze division on nett 77 and she too had the Best Gross of 96.

Eileen Sinclair was runner up one shot behind on nett 78.

Full results: Coast Closed Championship - Mombasa - Winner: B. Okello 150, Runner up: Wachira Mahihu 150, Nett winner: M. Odada 141, Nett runner up: J. Onyango 142, Best Gross A.M.: K. Lakhani 77, Best Gross P.M.: S. Chege 79, Best Nett A.M.: S. Makwana 70 and Best Nett P.M.: N. Mahihu 69.

Men's Mug - Nyali - A division: Winner: D. McConnell 72 nett, Runner up: J. Kimanthi 75 and Best Gross: B. Okello 77.

B division: Winner: H. Walli 70 and Runner up: R. Sheikh 70.

C division: Winner: N. Wilson 69 and Runner up: M. Grewal 72.

KLGU Medal - Mombasa - Silver division: Winner: Miss F. Samji 72, Runner up: Mrs. J. Elms 76 and Best Gross: Miss F. Samji 82.

Bronze division: Winner: Miss A. Khan 77, Runner up: Mrs. E. Sinclair 78 and Best Gross: Miss A. Khan 96.

This weekend is the annual fixture at Mombasa Golf Club with a Joint Mug with Royal Nairobi Golf Club on Saturday and a match on Sunday.

On Sunday afternoon at Nyali the Tea Brokers Association will once again be sponsoring the Charity Classic in aid of the Little Sisters of the Poor and it is hoped that as many golfers as possible will take part for this worthy cause.

# Cricket Clubs Should Chart Out Their Friendly Fixtures For The Season Under Aegis Of CCA

MOMBASA SPORTS CLUB has always been fortunate in having very able and level-headed cricket administration.

It is the first club at the Coast to have gone on an Overseas trip, to have had a grass wicket, to have participated in the National KCA league, and to have hosted KCA games at the Coast.

It also prides itself in having provided the Coast Cricket Association with competent cricket administrators.

Since the time MSC stopped participating in all competitive CCA cricket Manhar Shah and David Fawcett have kept cricket alive at MSC.

Albeit it is not tournament cricket but it is still competitive. Call it friendly and gentlemanly. It has rules and umpires but ethics are not ignored.

All the cricketers at the Coast are amateurs. Cricket is a week-end pastime and come Monday, all go back to work eagerly awaiting the next week-end's games.

Since it is a recreation, and since amateurs only are involved, nobody wants to encounter any controversies or bad sportsmanship. Cricket administrators should be above all that.

Cricketers deserve a week-end free from all negative characteristics under the abominable guise of politics. There is no room for politics motivated by personal egos or club status.

There are bound to be differences but what is called for is Fairness from all concerned parties, be they cricketers or administrators.

When somebody is not fair, the phrase "it is not cricket" is part of cricket folklore. The person who coined this phrase had the soul of the game at heart, an ethereal thought.

CCA over the last few years has

and the status of Union Cricketers needs to be addressed.

I am still optimistic, that the problems of CCA are curable but if nothing is done now, it shall be too late.

From my discussions with a cross-section of the cricketers at the Coast, I can feel their pain and frustration. It cannot be disputed that there is something fatally wrong with CCA cricket.

This is not a diatribe or the case of a person suffering with a holier than thou attitude. I am writing this article because as an ex-CCA Chairman, I care.

I shall also be culpable if I do not provoke CCA to be circumspect at this critical time.

Opinions and thoughts should always be backed by suggestions.

I suggests that CCA should immediately call an unofficial meeting of the Chairman, Secretary and Captain of MSC,

JSC, HKSC and CG, with a view to suspend all tournament cricket this season.

Let the clubs chart out their friendly fixtures for the season under the aegis of CCA. The issue of umpires can be left to the individual clubs.

This should give time to all the old wounds to heal and generate sportsmanship and friendly rivalry on the field and fellowship off the field.

I am bound to have some detractors inclined to question my bona fides.

Let me assure them that I am happy with the friendly cricket played at MSC both as a player and administrator. MSC last year played 45 Saturday games.

This year MSC has incorporated Sunday games every fortnight in its calendar. But being a member of the premier club at the Coast I care and I am seriously concerned about the future of cricket at the Coast under the management of CCA.

Please note that the views and opinions expressed in this article are personal and should not be attributed to MSC and its management.

Hamzaal Jiwaji, MOMBASA.

## SPORTSVIEW

LETTERS TO COASTWEEK P.O. BOX 87270 MOMBASA

fallen foul of this and cricket has suffered. The cricketers are not at fault.

The Club administrators are, for neglecting and/or comprising these basic pre-requisites which are essential and conducive to playing the game of cricket as it should be played.

The basics are so simple to implement, yet they are ignored. Hence cricket has suffered.

We are in the month of July, but CCA is still asleep. CCA to cast blame for this state of affairs does not have to look far.

CCA should put its own house in order and review its preceding activities critically.

The problem of "Fair" umpires

## THE FALDO FORMULA



EXCLUSIVE: THE MASTER WITH HIS EXPERT ADVICE

# WAYS TO IMPROVING THE MADARAKA CYCLE RACE

I HAVE THE following comments to make for this year's Mombasa Madaraka International Cycle Race:

There were no feeding stations seen all the way to the Kilifi Bridge, and there were no First Aid stations or personnel deployed along the route.

I don't know if any were in the escort cars.

The participants paid 100/- each but T-Shirts and caps were not provided as is the usual procedure. Lack of time and finances should not be quoted as reason. This event takes place at a set date and

the organisers should have made the arrangements earlier.

The race has now gained International status but there was a decline in the numbers of entrants this year compared to 186 who entered the previous year.

Feeding was done from moving vehicles. This is dangerous for both the cyclist and the driver.

The status of the race has been elevated but the race started at 8.40 am. Instead of the advertised 7.30 am.

B.A. Mohamed, P.O. Box 81043, MOMBASA.

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MEMBER N.P.A. EAST AFRICA

G.P.O. REGISTERED NEWSPAPER

# Coastweek

MOMBASA, July 24-30, 1992.

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## National Service Face Hard Match Against Action Boys

ACTION BOYS FOOTBALL Club of Malindi, one of the top contenders for this year's Coast Premier League (CPL) title clash against

National Youth Service (NYS) of Mombasa in a Zone 'B' encounter at the Malindi Municipal Stadium today. The match kick-off at 4.30 pm.

at the home Malindi Municipal Stadium against an unpredictable Lucky Boys of Kilifi. Lucky had not been lucky since the start of this season but there could be a change of wind tomorrow.

Kenya Police of Mombasa travel to Tana River and Lamu districts

## AFRICAN SAFARI

FROM FRONT PAGE

two timed sections run through Carlo Virtulli's quarry. Lunch and drinks will be available at reasonable prices to start off the rally on a competitive yet social note.

"Mombasa Motor Club would like to thank all those companies who have come to the aid of the Club to stage this event.

The Club has already received 15 entries including Patrick Njiru, Asad Anwar, and Mike Hughes.

On their current form, Action are slightly favoured to snatch both points but NYS will not surrender easily and will go flat out to record a shock results. Whatever the outcome, fans are assured of a thrilling match.

National Youth Service (NYS) of Bura in Tana River travel to Kilifi for a fixture with Finika at Utafiti Ground tomorrow. Finika have been doing well and nothing will deprive them from registering a win against the Servicemen.

Mombasa's Administration Police host the visiting Kilimo from Tana River at the Kilifi town ground tomorrow. It is a match that could go either way and no doubt a draw will be a fair result.

Seamen, a team to watch this season face a tricky test tomorrow

### Special Report By ABDUL SHARIFF

for three CPL matches. They take on Garissa Posta at Hola Stadium tomorrow, play Tana Maroon at the same venue on Sunday before tackling Diplomat at Lamu sportsground next Wednesday.

Other Zone 'B' games set for Sunday involve NYS (Mombasa) against Kilimo at Kilifi and Action Boys vs NYS (Bura) at Malindi Stadium on Thursday, Seamen entertain NYS (Mombasa) at Malindi Municipal Stadium.

In Zone 'A', Chelsea face Mombasa Stars at Tudor school ground tomorrow. Other zone 'A' fixtures: Tomorrow - Taveta Simba vs Lake Warriors (Taveta), Nacet vs Black Santos (Ukunda), Kisite vs Simba of Kwale (Msambweni).

Sunday: Nyundo vs Black Dragon (Tudor), Taveta Estate vs Lake Warriors (Taveta), Kwale Simba vs Burnley Amateur (Ukunda). Wednesday: Hotspurs vs Black Panther (Mombasa Stadium).

On Sunday: Cosmos host Alaskan in a National Division Two Coast Zone League match at the Mombasa Municipal Stadium. Alaskan who are currently lying second in the standings are favoured to emerge victors but Cosmos could register an upset as they raise to occasions against big guns.

Tudor United meet Sparki Heroes in a Mombasa District Division One League game at Shimanzi ground today. Another division one match set for today involve Shooting Stars with Chipukizi at Mombasa Stadium.

### FIXTURES

Other fixtures for Division One - Tomorrow: Nyota vs Eleven Brothers (Tononoka), Nyoka vs Kongowea United (Mbaraki Police). Sunday: Kitete vs Ngome (Police), Kisauni United vs Kenya Bus Service (Tononoka), Soweto vs Kenya Pipeline (Shimanzi). Monday: Kiziwi Leopards vs Wananyuki (Mombasa Stadium). Tuesday: Commandos vs Chipukizi (Police). Wednesday: Kisauni United vs Nyoka (Police). Thursday: Kenya Pipeline vs Sega Warriors (Tononoka).

### BRIDGE RESULT

COAST BRIDGE Association result of Duplicate Bridge played at Little Theatre Club on July 20. R. Chandaria and R. Malde 130; S.R. Shah and S.K. Shah 120; P. Gandhi and Dr. Davidson 111; Mr. and Mrs. K.R. Shah 109; N. Malde and J. Babla 106; M. Sawjani and R. Ruparella 103; T. Pujara and Amu Shah 103; B. Moshe and J. Fay 95; Mr. and Mrs. Mahendra Shah 95.



MSC CLOSED SQUASH Winner Vimal Shah received the prize and the floating shield from Club Chairman Parminder Singh.

## VIMAL SHAH IS SQUASH CHAMP

THE MOMBASA SPORTS Club Closed squash tournament concluded over the weekend with Vimal Shah emerging the Victor by beating Rummy in the Finals. In the plate event Mustapha Haji did not sweat much beating GrandMaster ShyIn 3-1. Nazira Esmail won the Ladies round robin event which had five entries.

Vimal (Seed 1) who was involved in a tragic accident last year and the defending champion thrashed (Seed 4) Shammi Wadhwa 3-0 in a one sided semi final. In the second semi's (Seed 3) Rumi caused an upset by knocking out (Seed 2) Bharat Shah in a five game thriller.

At one stage Bharat was leading 2-1, but Rummy came back to take the next two games in an exciting finish.

In the finals, Vimal played a calculated game winning the first 9-5. The second and third games took the breath out of Rummy losing 9-1 and 9-3 respectively.

At the prize giving ceremony, the club chairman Mr. Parminder Singh observed the popularity of the game with the proposal of building a glass back squash court which would be first of its kind at the coast.

The tournament recorded a good entry of 38, with six ladies entrants, one playing in the Men's. Not to forget, a very big appreciation for B. Brahmhatt and friends for sponsoring the event.

## "Blak Blad" R.F.C. Prove Big Disappointment For Much-Travelled MSC XV

MOMBASA SPORTS CLUB rugby team had a most disappointing outing last weekend when they travelled to Nairobi for a return match against Kenyatta University's Blak Blad RFC only to find that there was no opposition, writes Kimani Mbugua.

Blak Blad could not raise a side on their home ground!

Even efforts by MSC to lend them some players or to even play with equal numbers to as many as they could raise on their side did not bear any fruits.

Though MSC were awarded the walkover it was still a big let down by the varsity lads.

MSC travelled 1,000 kilometres to honour Nairobi fixtures and for an 18 man squad at KShs. 500/- per person on the train the fare is KShs. 9,000/- just one way.

The total amount spent on one trip is 20,000/- which is quite a lot for a self supporting team to just throw down the drain.

MSC have vowed to protest to KRFU for disciplinary action including a refund of expenses.

A bitter MSC spokesman complained that MSC was already assured of a semi-final berth and could have easily stayed in Mombasa but had travelled in the interests of furthering the sport.

This Saturday July 25 MSC host Barclays Bank RFC at Mombasa Sports Club at 4.30 pm.

Barclays will be going flat out to avenge the 16-10 defeat given to them by MSC in the first leg encounter on April 18 this year.

MSC will of course be out to assert their unequalled supremacy this year and they also have a huge following who would not like to see them lose on home turf.

Meanwhile MSC is confident of reaching the finals in 1992 for the first time in 20 years.

Pundits predict that the final showdowns will probably be MSC against Nondies or Moi University which will be played in Nairobi on August 22.

No stamp duty or ledger fees on a current account? Impossible, isn't it?

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• MOI INTERNATIONAL AIRPORT

## THE NATIONAL DIVISION TWO COAST ZONE LEAGUE STANDING AS AT TODAY:

|               | P  | W | D | L | F  | A  | PTS |
|---------------|----|---|---|---|----|----|-----|
| FEISAL        | 8  | 7 | 1 | 0 | 16 | 4  | 14  |
| ALASKAN       | 8  | 5 | 3 | 0 | 14 | 2  | 13  |
| CONGO BOYS    | 9  | 5 | 3 | 1 | 9  | 3  | 13  |
| COSMOS        | 9  | 5 | 1 | 3 | 11 | 7  | 11  |
| SIDA WATER    | 9  | 4 | 3 | 2 | 7  | 5  | 11  |
| KENYA NAVY    | 10 | 3 | 2 | 5 | 9  | 13 | 8   |
| MWENGE        | 9  | 3 | 1 | 5 | 8  | 8  | 7   |
| STAR FISH     | 9  | 2 | 3 | 4 | 7  | 13 | 7   |
| COAST STIMA   | 10 | 2 | 2 | 6 | 4  | 10 | 6   |
| BREWERIES     | 10 | 2 | 2 | 6 | 9  | 15 | 6   |
| MOMBASA POSTA | 9  | 1 | 1 | 7 | 3  | 13 | 3   |
| WANDERERS     | 2  | 0 | 2 | 0 | 2  | 2  | 2   |

## TIDE TABLES

MOMBASA, July 24-30, 1992.

### FRIDAY:

High Water -2.7m at 10.24 hours and 2.1m at 22.43 hours.  
Low Water -1.0m at 03.33 hours and 1.3m at 16.58 hours.

### SATURDAY:

High Water -2.7m at 11.51 hours.  
Low Water -1.2m at 04.46 hours and 1.2m at 18.43 hours.

### SUNDAY:

High Water -2.1m at 00.32 hours and 2.9m at 13.19 hours.  
Low Water -1.2m at 06.20 hours and 1.0m at 20.03 hours.

### MONDAY:

High Water -2.3m at 02.02 hours and 3.1m at 14.25 hours.  
Low Water -1.0m at 07.43 hours and 0.7m at 20.59 hours.

### TUESDAY:

High Water -2.5m at 03.02 hours and 3.4m at 15.18 hours.  
Low Water -0.8m at 08.46 hours and 0.4m at 21.43 hours.

### WEDNESDAY:

High Water -2.8m at 03.49 hours and 3.6m at 16.04 hours.  
Low Water -0.5m at 09.37 hours and 0.2m at 22.23 hours.

### THURSDAY:

High Water -3.1m at 04.32 hours and 3.7m at 16.47 hours.  
Low Water -0.3m at 10.24 hours and 0.1m at 23.01 hours.

NOTE: Standard Port is Kilindini; ADD 40 minutes for Lamu and ADD five minutes for Malindi, Kilifi and Diani 'No Change'.