

ENTERTAINMENT O NEWS O SHIPPING O COMMENT O SPORTS O

G.P.O. REGISTERED NEWSPAPER MEMBER N.P.A. EAST AFRICA PRICE - KENYA FIVE SHILLINGS

Pitney Bowes FAX MACHINES FOR THE DYNAMIC OFFICE

QUALITY SERVICE COUNTRYWIDE

ERITRIAN TOURISM

Issue No. 1526 July 3-9, 1992.

THE ERITREAN MINISTER for Tourism Miss Worku Tesfamicheal has completed a two day official tour in Malindi to study the tourist establishment completed at the Winister visited the Jambo Club Village Hotel in Malindi in the area. The Minister visited the Jambo Club Village Hotel in Malindi in the area. The will be requested to assist in drawing up plans said that Kenya experts would be requested to assist in drawing up plans for the initiation of the Eritrean hotel industry.

The Minister said that she had called on the Kenya Utalii College, Nairobi, and plans were in hand to train a number of Eritrean students in Narrous, and place of Entrean students in the College. Miss Testamicheal who was accompanied by an Assistant the College.MISS Testamoreal wind was accompanied by an Assistant Minister in the department of tourism in Eritrea Mr. Ghirmai Ghebremariary was welcomed at Jambo Club by the General Manager Mr. Barney Ngale. Present during the Malindi tour was the Malindi Tourist Officer Mr. J.Z. Machuka and Mr. W. Wesamba the Mombasa Tourist Officer.

Eco-Tourism

Benefit

such as plastic, glasss, metal, are

put aside leaving organic

substances which are bio-

degradable and can go straight

into conversation for compost.

TURN TO PAGE FIVE

SEVERIN SEA Lodge, Mombasa, is the first Kenyan hotel to take practical positive steps towards the conservation and protection of the environment".

Mr. J.M. Muthamia, the hotels environment officer, noted this while addressing a party of foreign tour operators on a familiarisation tour of Kenya's coast who paid a visit to the hotel to check on the implementation environmental standards.

They were particularly interested in the newly installed state of the art waste water and garbage treatment plant.

Since late last year when the hotel launched an environmental management unit, which follows their own in-house environment management plant, the plan, though not complete offers

Special Report by MTEMBEZI

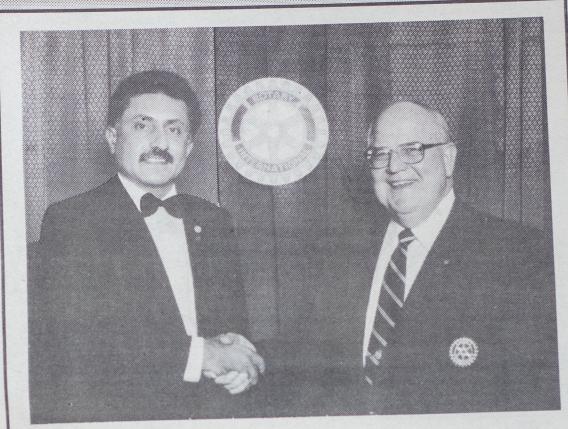
workable solutions to most of the conservation problems faced by

It touches on issues such as land and buildings, heating and cooling, ground water, sanitation, hygiene, air, waste separation and its recycling.

The hotel encourage and actively implements the use of recyclable packaging materials such as

Materials which can be separated

ABDUL SAMJI ELECTED ROTARY GOVERNOR OF "DISTRICT 920"



ROTARIAN ABDUL SAMJI FROM THE Rotary Club of Mombasa has been officially elected at the recently concluded Rotary International Convention held in Florida, United States, as the District Governor for the Year 1992-1993 for District 9200 which comprises of 72 clubs in eight countries namely, Djibouti, Ethiopia, Kenya, Mauritius, Reunion, Seychelles, Somalia and Uganda. Rotarian Abdul Samji is a past chairman of the Rotary Club of Mombasa and has been a Rotarian for 17 years holding numerous district posts. He is an active social and community worker. He is a Certified Public Accountant by profession and a partner in the firm of Samvir and Company. He took over the office as District Governor from July 1, 1992 for a period of one year. Rotarian Abdul Samji is seen being congratulated by the Rotary International President Cliff Dochterman from California,

Pandya Unit Is First Coast

PANDYA MEMORIAL HOSPITAL has officially inaugurated its new "Renal Dialysis Unit", the only one of its kind in Mombasa.

spokesman told COASTWEEK: hospital's main objective has been to provide modern medical facilities to all residents of Mombasa.

"The unit dialysis Unit will enable kidney patients in the Coast to be treated locally instead of travelling to Nairobi for treatment.

"The Jivraj Vardham family donated Shs. 500,000/- towards this unit in memory of their Late Father Mr. Jivraj Vardham Shah who died of a kidney ailment."

In his address Mr. Nandalal Jivraj Shah other requested communities and wellwishers to donate generously towards life saving equipment which would help the community of Mombasa.

PHOTO PAGE EIGHT

Anil Aggarwal Heads Lions Club Of Mombasa Pwani

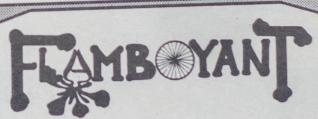


AFTER COMPLETION OF A successful year as Chairman of the Lions Club of Mombasa Pwani, Lion Kuldip Dang is seen handing over the Chain of Office to Lion Anil Aggarwal at an Installation Ceremony held at the Traveller's Beach Hotel.

SEE PAGE FOUR

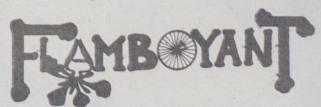


"What I said was: 'Can you play In The Mood?' - but not to worry."



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TAKE A LOOK AT Coastweek classified !

Another Look At Kanji Hirji Shah's Super New Shop In The Shiva Towers Complex

NOTHING COOKED IN the pressure cooker, so to solve this we visited Kanji Hirji Shah's new shop in Shiva Tower opposite Pistacchio.

Parking was easy, but to assist you we suggestyou either go down the road past the front entrance of Anglo-Swiss cake shop, or go beyond Kanji Hirji Shah where there is usually a stretch opposite them on your left by Kodak. (Telephone Numbers are 224720 and 314159).

For many besides ourselves, this is the time for renewals and the shop not only gave us, but fixed in, the safety valve and large rubber seal. Now, that's services with a smile. While being attended to we looked around and now want to share with you all the new stock.

So, first to oven cooking:

There are casseroles insets of three, complete with lids (clear Pyrex type or opaque if you prefer) which you can use for the freezer. fridge, oven or even greater heat the microwave, and from there straight to the table.

So strong is the material that change of temperature will in no way break these dishes (and think of saving in washing-up).

There's a complete corner of baking equipment for hotels and domestic use. These include roasters. Swiss roll tins, those for Yorkshire Pudding, Savarin tins and Pizza Pans.

Add to these the flute-edged Tart tins, bun tins (used in Mombasa largely for Queen cakes), and the

big Spring Form cake tin, where you literally loosen the cake out as opposed to pushing or hoping to

How does one cut a pizza? Ask Kanji Hirji Shah and they'll show you the special Pizza cutters. These live in the gadget department of the shop amongst ice-cream scoops, icing sets and birthday candles, disposable cups and paper plates.

Give a Chinese party in style. Here you'll find complete seven-, 12- or 20-piece Chinese sets. Every thing is there - the Wok, and a stand so it won't topple over, a cover, up to 12 pairs of chopsticks, china bowls with matching spoons and various tools and utensils. As if that is not enough they even supply a small recipe and suggestion book.

Meat tough? Now in stock at Kanji Hirji Shah are original

SHOPPING WITH ELAINE

wooden-handled steak knives (saws) and matching forks.

Do you remember one of the dailies this year on April 1 talking about the Australians coming to solve Kenya's water problem? Perhaps many of us were taken in because Australia has similar troubles. But in this case it's

Even if you have controversial borehole water you can be absolutely positive it is all right for drinking without boiling. How? Go and look at the Australian-made

Quite simple on the outside there is one lead to the tap and an outpouring spout the other. Inside there is more than our 22 feet of gut, and it is in this concealed stretch that the purifying takes

Simply super is a new-style coffee percolator-cum-tea maker, and you put it on your dining, tea or office table. Worth having a look

We asked Kanji Hirji Shah, who

call themselves 'Household Merchants and Catering' whether they accepted wedding lists. Of course they do.

The bride, groom or family only have to take their list and mention a few items and when the quest goes in they will be able to select what the couple really want.

The price could be round the K.Shs. 500/- mark for a silverplated Bell right up to the limit of dinner- and tea- services, but If we had our wedding again, our choice would definitely be that Wok and all the many items that go with it

HEALTH TIPS

You Can Sleep Your Way To Health And Happiness

DID YOU KNOW that if you usually sleep less than seven hours a day that you risk your life? According to experts. people that sleep seven to eight hours a day have a lower death rate than those who sleep for longer or shorter periodeof time.

Experts also say that people who take sleeping pills regularly have a death rate one and a half times more than those that do not. These findings give sleep problems an ominous tone and may be that nudge you need to be concerned about your sleep habits.

Mombasa was until recently considered a sleepy town but it now seems more common to find people who do not get enough sleep, like any other growing city.

According to researchers, people sleep less and less as they grow older. Women are also more likely to complain of sleep problems than men and about twice as many women use sleeping pills as compared to men.

People who complain about poor sleep are often in their Inaccurate judgements. For example, many who say that it takes a couple of hours to get to sleep are generally asleep within 15 minutes when objectively studied, and those who say they customarily only get about four hours sleep a night usually get six or seven

Some patients who claim they have not slept a wink at night after investigation are found to have slept six hours or more. In general anxious or nervous persons complain more about sleeplessness.

It is important to understand that the body has natural rhythms in its functioning. Sleeping and waking occur in a cycle every 24 hours. The time sleeping is needed to restore energy to the body and rest the mind. There are a small proportion of people who get only two or three hours of sleep a day and are completely happy about that. But most people need at least twice that.

Sleeplessness has many causes. Some physical causes include diseases that cause breathlessness or pain, the use of stimulating substances such as miraa, excess coffee, tea and smoking.

Alcohol causes sleep early in the night but when it effects wear off a few hours later may cause waking especially among heavy

Sleeping pills cause sleep which is unnatural. Their major disadvantages are that their sleep producing property wears off and this makes you need higher and higher doses to get to sleep.



by Dr. Eric Maina

After prolonged usage of the pills people become dependent on them. Any attempt to stop using them causes sleeplessness, nightmares and restlessness and this can be quite severe.

The commonest cause of sleeplessness Anxiety, psychologic. tension, worry and depression are particularly to blame.

The worry that one will not sleep, tends to make people not to sleep at all, a selffulfilling prophecy. Here are some things that could help you improve your sleeping pattern:

· Establish regular sleep and waking times to help the body rhythm.

· Avoid daytime naps or waking late if you want to sleep at night.

• Exercise is good for sleep. It promotes quicker falling asleep and longer duration of sleep. Exercise must be regular to be useful and done during the day rather than

evening. · Hot milky fluids may promote sleep.

Avoid stimulating substances especially in the evening. Cut down on your alcohol consumption.

· Reduce those sleeping pills and eventually do without them.

· Make your bedroom more suitable for sleeping. Noise, light even the temperature of the room can affect sleep. So can a snoring roommate. Alarm clocks sometimes cause more anxiety than

· When sleepless get out of bed and read a book, watch TV or do another activity until you feel sleepy again. This is better than staying in bed worrying about your sleep.

· Deal quickly with your anxieties and tensions. More on this last point next week.

"Women In Small Scale Business" Share Stories Of Success And Loss

A SECOND MEETING of the business workshop "Women in Small Scale Business* has taken place in Mombasa to review the outcome of the first meeting.

In a very lively discussion, members shared their experiences of successes as well as failures in their enterprises. Encouragement and advice was given to those who still had problems of starting off a more consistent business.

The Chairman of the Kenyan-German Society Mr. Steven Ajuang, who had come from Nairobi, stressed the importance of further education in form of

Sunday Afternoon-Sun Downer

seminars in order to learn from experts as well as from the experience of each other

Mr. Joseph Kosure, the District Trade Officer, offered his support and assistance to women entrepreneurs and encouraged them to form a strong network of cooperation.

Mrs. Mary Stevens, a lecturer of business studies at the Mombasa Polytechnic who conducted the course, urged the women to think independently and with selfconfidence, and develop an attitude which differentiates between business and private matters.

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Traditional African

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Programmes include

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and other shows

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to midnight

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The group finally came up with the following resolutions:

· A permanent group under the auspices of the Kenyan-German Society will be established for the exchange of business ideas also on an international level;

· We shall continue to create more awareness to our women entrepreneurs to carry on their business in partnership and

 The issue of goodwill or illegal key-money should not be seen as a threat to business formation and development;

 We should address our financial needs to our own savings or friends' lending/integrity/patience and not necessarily to bank loans and other finances, where interest charges may be beyond our capacities, and

• The group agreed to hold a Women Trade Fair for the Coast before the end of the year.

Any women who wants to become a member of this group or wants to participate in the Trade Fair should contact either Mr. Kosure, Mrs. Stevens or Ms. Ulrike Neubert, Director at the German Institute, telephone 316251, Mombasa.



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DR. ERICJAMES MAINA, MB. CH.B (NRB), M. Med. (NRB), is a General Practitioner, Consultant Psychiatrist and Counsellor now based athe Pwani Medical Centre, Mombasa.

"I know I said I'd be home by ten, but I've only had nine."



"Any other qualifications - apart from not being as stupid as you look."



"I know my husband will come to an untimely end, but will I get away with it ?"



"I'm afraid my wife is out.



"He was just going through our joint bank statement."



"When you said you would bring your Rover, I thought you meant your car."

BLOCK HOTELS HOST "TRIBUTE TO AFRICA"

A 'TRIBUTE TO AFRICA' was the theme of a cocktail and dinner party hosted by Block Hotels to 'thank' leading tour operators at the Coast for their continued support and to brief them about the latest developments in the group.

It is they who handle most of the overseas tourists coming to the

Most turned up in 'Afro' gear including their hosts among them being Roger Sylvester, Sales and Marketing Director; Tony Grove, Area Manager; John Mutua, Resident Manager, Nyali Beach Hotel; Aris Luhumyo, Manager, Shimba Lodge and Mark Holden, General Manager of Indian Ocean Beach Club, Diani, which opens later this year

Such is Block Hotels fame for its

THE RESIDENT MANAGER OF NYALI Beach Hotel, John Mutua, is seen with some of his guests during 'A Tribute to Africa' hosted by Block

THE HOSTS OF 'A Tribute to Africa' for leading tour operators at the Coast are seen during the dinner party at Nyali Beach Hotel. (From left)

they are: John Mutua, the hotel's Resident Manager; Fatma Muses,

Sales Manager; Tony Grove, Area Manager and Roger Sylvester, Sales

and Marketing Director from Block Hotels Management, Nairobi.

Birgid Kalkofen, Assistant Manager, Marketing, Pollman's.

great promotional parties - that most of those invited turned up.

Cocktails were served at the Pool Bar where ample opportunity was offered for social chatter, laced with the latest tourism trends.

It was the Rwandese dancers, with long white flowing hair, who

Special Report **DV NETA PEAL**

managed to entice them to the Pool Restaurant for dinner

Buffet tables with attractive African decor offered a tasty variety of ethnic fare from Egypt, Sudan, Ethiopian and Kenya, while from the carvery came a whole spit roast goat, and lamb.

There was also a very tempting 'Caravan of Sweets' including small iced African doughnuts which were absolutely delicious.

It was all great fun.

Said John Mutua, Resident Manager, Nyali Beach Hotel Block Hotels is back with lots of developments and improvements taking place.

This kind of party is becoming more frequent

There were rousing cheers when a tour operator suggested they might take place even more often.

team for such excellent arrangements. Adding 'Mr. Mutua has a great team here and is doing

their support. Declared Mr. Grove, Block Hotels are the future for tourism in this country'.

Briefing tour operators on the

The African Dream Band entertained with many African numbers including the Chakacha, which a few were brave enough to dance, as well as the Lambada.

Amid applause, Tony Grove, congratulated John Mutua and his a wonderful job'.

He thanked tour operators for

five year development plan for Nyali 'for which we have been given a generous budget Mr. Grove said

Mombasa Pwani Lions Club Congratule Lion Ijaz Sheikh



LION IJAZ SHEIKH IS seen receiving a Personal Appreciation Award from the outgoing chairman Lion Kuldip Dang during the Installation Ceremony at Travellers Beach Hotel.

that during this period every room in the hotel will be refurbished while general improvements will be carried out.

In addition, more emphasis is to be laid on training both internally and externally including some exchange programmes.

He declared 'our investment in the future is with our staff

Said Roger Sylvester 'as far as the future of tourism in this country is concerned, Block Hotels is making a great contribution towards the development of more up-market tourism'.

HOTEL INTER*CONTINENTAL STAFF COURSE



EMPLOYEES OF MOMBAŞA'S Hotel Inter-Continental who recently completed a training course in Guest Courtesy are seen with their trainer Ahmed Seif (left front) who is also the hotel's Personnel Manager. They had just been presented with 'certificates of attendance' by the Resident Manager, Antoine Sayegh (third left

LATE DUTY CHEMISTS:

Saturday 2.30 p.m. to 5.30 p.m. Sunday 9.00 a.m. to 12.00 noon July 4-5

Bamburi Pharmacy Ltd. Nkrumah Road, Mombasa.

FOND FAREWELL FROM CLEFORD



"VIRTUES SUCH AS GOOD MANAGEMENT and loyalty are priceless and as such cannot be measured in terms of money" said Mr. G.J. Batavia, Executive Director of Cleford Limited at a farewell function recently held at Shehnai Restaurant. The Company's Manager Mr. Z.M. Rajbhai who left the job to join his family business is seen receiving a token of appreciation from Mr. Batavia. Mr. Zainu M. Rajbhai expressed his gratitude to the Company for excellent working conditions "where I learnt my lessons of management and successfully ascended from an Accounts Clerk to the Office of Manager in total ten years' service". Mr. Omar Ali the Company's Jt. Manager also paid tribute to the retiring manager. Mrs. Kamani (left) is seen with Mr. Shiraz Shamsudin, Mr. G.J. Batavia, Mrs. Joyce Bwire, Mr. Mehboob Hasham, Mr. Z.M. Rajbhai, Mrs. Farida Rajbhai, Mrs. Batavia, Mr. Bruno D'Souza, Mrs. D'Souza, Mrs. Tazmin Mehboob, Mr. Kilonzo and Mr. Omar Ali.

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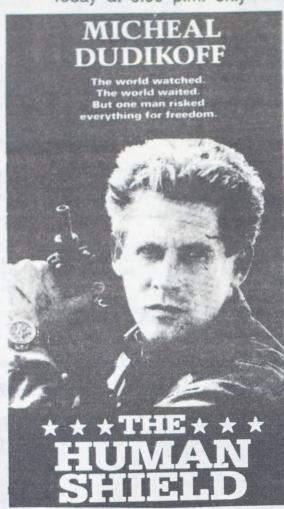
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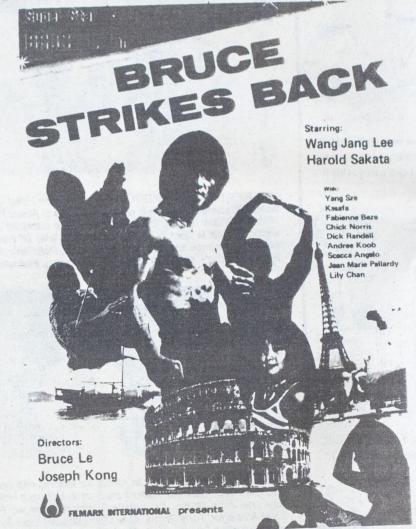


BEATRICE IS OFF TO STUDY IN NASHVILLE, TENNESSEE



MS BEATRICE OBARA, AN EMPLOYEE with Kenya Times, was selected to join a Group Study Exchange team that is currently visiting Nashville, Tennessee for a period of one month. Ms. Obara is seen receiving her ticket from Rtn Ebrahim Jagani, Chairman of the Rotary Club of Mombasa while PDG Jayanti Rajani (left) District Chairman of the Group Study Exchange programme and Rtn Harish Shah (right), Chairman of the International Service Committee look on.

STARTS SATURDAY SATURDAY



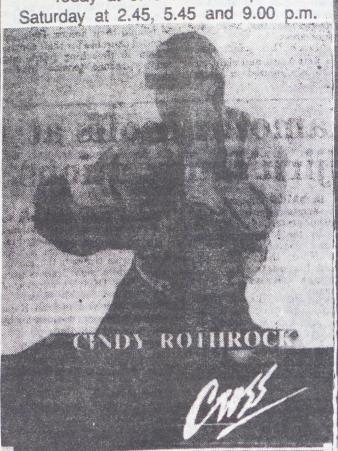
Saturday at 3.00 and 6.00 p.m. only Sunday at 3.00, 6.00 and 9.00 p.m. Monday and Tuesday at 6.00 and 9.00 p.m. Thursday at 6.00 and 9.00 p.m.

*ING: SUPER STAR BRUCE LE

Two Old Friends,
At last They Meet At Colosseum.
There Is Love And Hatred,
However They Have No Other Choice
But To Fight, A Fight To The Death

WATCH THE BLAZING FINALE IN A DEADLY FIGHT

KENYA CINEMA LAST TWO DAYS Today at 5.45 and 9.00 p.m.

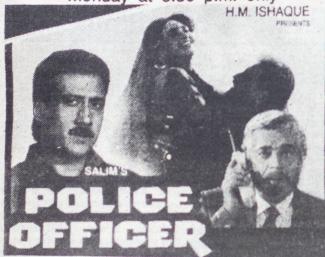


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Jackie Shroff; Krisma Kapoor; Gulshan Grover; and Villain AJIT staging comeback

9.00 P.M.

EAGLE SHADOW FIST

Jackie Chan

ACTJON PACKED!



THE 'FLYING SPRINGBOK' GROUP, including Fashion Editor, Alex da Silva (second left) and journalist, Marion Scher (fourth left) are outside Mombasa's 399 year old Fort Jesus Museum. Flying Springbok is the official magazine of South African Airways. It was UTC/Block Hotels which hosted their visit to Kenya. Left is Salim Rahemtullah, UTC's Senior Representative who was showing them Mombasa. Third left is Alloys Batsinduka, UTC's Customer Services Representative from Nairobi who accompanied them throughout.

Photo-Opportunities For Kenya In "Flying Springbok" Magazine

A HUGE NEW travel market is opening up for South Africans and helping promote Kenya is Flying Springbok - the official magazine of South African Airways which will be featuring a Jambo Kenya section in its September and October editions.

SAA presently has one flight a week to Nairobi - on a Sunday.

The magazine is not only read by South Africans but by these travelling SAA to over fifty destinations of the world, its readership being around 700,000.

Recently in Kenya, as guests of United Touring Company and Block Hotels, were the magazine's Fashion Editor, Alex da Silva; journalist, Marion Scher, photographer, Costa Economides; two models Jonathan Sherwin and Anthea Bosch, also a make-up artist, Ann Dempsey.

They travelled round the country taking fashion pictures.

Said Marion 'it is wonderful country for fashion photography and we literally had drag Costa away from each 'shoot' as such was his enthusiasm he could have stayed the whole day - every day.'

They visited Outspan, Lake Naivasha, Keekorok in the Massal Mara seeing a much greater profusion of game and birds than in South Africa.

KEEKOROK

There was also game viewing from the air in a balloon at Keekorok which they found tremendously exciting.

All were thrilled to see thousands of flamingos round Lake Nalvasha.

Marion said 'we have had the most marvellous reception and treatment throughout. In fact, we would like to send some of our South African hotellers here to learn about service for it is absolutely outstanding'.

She explained that South Africans had suffered from a lack of international tourism, while the domestic tourist tended to take what is offered without complaining.

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Adding 'we have game parks and a coastline in South Africa, but Kenya is absolutely wonderful and we have had a fantastic trip'.

Special Report by NETA PEAL

The group spent two nights at Nyali Beach Hotel describing it as 'gorgeous' and with a tremendously wide range of facilities, it was also ideal for families.

Said Marion 'UTC have been absolutely wonderful and their driver and guides excellent.

it was Alloys Batsinduka, a
Customer Services
representative from UTC,
Nairobi, who accompanied them
throughout.

It was a 'whistle stop' tour at the coast-for they had only one full day to go sightseeing and take fashion pictures.

Accompanied by Salim Rahemtuliah, UTC's Senior Representative at the coast, who knows Mombasa like the back of his hand, they visited Fort Jesus Museum and the Old Town, Mackinnon Market, taking fashion pictures in Blashara Street and in the centre of the town - the rest of their 'shoot' taking place at Nyali Beach

Be Kind To Our Nature!

FROM PAGE ONE

The plan deals with issues such as the use of ozne-friendly sprays, use of phosphate-free biological detergents, non-use of undergradable synthetic packaging for example the hotel encourages the use of recyclable packing material such as paper, the guests laundry bags are made from both material.

Mr. Muthamia added that since the beginning of this year, Severin Sea Lodge operates the most modern waste water treatment plant, a biological one using no chemicals

This project contributes to the conservation of the environment and enables tourists to enjoy their travel and holidays without destroying the very things they have come to see.

Such ecotourism also generates economic benefits for local people while protecting the environment around them.

In the words of Mr. Muthamia "the above concepts, contributes to the conservation of the environment. We at Severin Sea Lodge, have realised, that it would be meaningless, hypocritical and of no economic value for us, as hotel to condemn tourism.

"All those concerned, such as conservation is ts, environmentalists, hotelkeepers, tour operators, various ministries, etc must come together and find a workable programme of action, which can offer solutions, so as to allow tourists to visit without destroying the very things they have come to see and enjoy.





The natural approach to Mt Kenya.

Surrounded by Nature's splendour, Naro Moru River Lodge is only a few kilometres from Mt Kenya. Here, you can do whatever comes naturally. Try fly-fishing for trout, exploring the fertile slopes of the mountain or, if you're of a more adventurous nature, take a seven-day technical climb to the majestically rugged peaks of Mt Kenya.

Superb accommodation, experienced porters and guides, complete equipment rentals and all the best nature has to offer.

Naturally, your first approach to the mountain is a call to Naro Moru River Lodge.



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P O Box 18, Naro Moru. Kenya Tel: 0176 - 62622, 62212 Telex: 30091 NAROGE Fax: 0176-62211

Top Coast Hotel Staff Learning Up On "Hospitality Management For The 90s"

HOLIDAY RESORTS Limited have been congratulated by the Chairman of the Kenya Association of Hotelkeepers' and Caterers', Joshua Mwendwa, for making available professional managerial training not only for their own senior managerial staff, but from other hotels along the Kenya coast.

Twenty benefitted from two seminars labelled 'Hospitality Management for the 90s' conducted by a Human Resource Consultant Tony Robb-Whataker, Managing Director of Navillus Executive Development Services, Cyprus, with branches in New York and London.

Holiday Resorts embrace Neptune Beach Hotel, Mombasa, also Neptune Village and Neptune Paradise at Galu Kinondo on the south coast.

Other participating hotels were Hotel Inter-Continental, Lagoon Reef and Kaskazi hotels, also Leisure Lodge.

The closing ceremony of the first two seminars took place at Neptune Paradise (which hotel opened just six months ago) and among the guests were the Provincial Tourist Officer, Coast, Sam Okungu, managers from participating hotels also Andre Janssens, Resident Manager, Neckermann, a leading tour operator in Germany which sends many clients to Neptune Hotels.

Guest of Honour was the KAHC chairman, Joshua Mwendwa, who presented certificates to seminar participants. He also took the opportunity of congratulating Amin Merali, Chairman of Holiday Resorts Limited for 'putting up such a marvellous hotel', (Neptune Paradise).

Addressing the gathering he said that it was not only important to train junior staff, but also management in the latest world trends in the hospitality industry.

He hoped that participants would benefit from this trading and put into practice what they had learned.

PARTICIPANTS

Referring to the fact that the industry is going through difficult times, Mr. Mwendwa said 'we are all looking forward to seeing tourism soar again'.

Said the Provincial Tourist Officer, Sam Okungu 'Holiday Resorts have done quite a bit of work in promoting this country's tourist industry, both internationally and nationally.

They participate in all our

activities, for which I thank them very much'. Adding 'Mr. Chairman, I hope your group will continue doing so'.

Continuing he said we have been receiving a lot of co-operation from the private sector, for which we are most grateful'.

In a word to seminar participants, Mr. Okungu stressed how necessary it is to keep up with international competition.

Today's tourist, he said 'is very sophisticated, concerned about the environment and likes to receive value for his money, including good told seminar participants 'I cannot think of a nicer place than Neptune Paradise for such a training course'.

He appealed to all in the hotel industry to maintain and improve standards and thanked the Human Resource Consultant for making such advanced training available and by coming here to give us new ideas.

He also appealed to participants to share what they have learned with their colleagues.

In welcoming guests, the Chairman of Holiday Resorts

Speaking on behalf of participants, Patrick Mutua, Manager of Neptune Paradise, thanked the Chairman of Holiday Resorts for hosting this training seminar.

DECORATIONS

There was also a 'thank you' to other hotels for enabling senior managers to participate, and to government for maintaining a peaceful atmosphere making it possible for such seminars to be held, also the seminar facilitator Tony Robb-Whitaker' for coming

success of their hotels, investors will often employ management companies but sometimes they too need to have their skills updated.

Adding we find we are advising not only hoteliers but management companies as well, for the aim of Navillus Executive Development Services is to ensure that management of the hospitality industry is keeping pace with the rate of change in this modern world.

The biggest problem is not the art of management, but actually the art of keeping up to date.

The pace and rate of change is now so fast that managers are suffering with the problem of not being able to keep up to date. This is now leading to a new disease 'M.E.' mental exhaustion.

RELAXATION

Said Mr. Robb-Whitaker 'part of my job is to talk to managers about stress and stress factors which is a totally new field.

The hospitality industry has the most unsociable working hours - long tours of duty and constant pressures in a fast moving hotel - as in the resort industry with a constant turnover of guests.

One of the things we do is to introduce hoteliers to a twenty minute relaxation programme which we advise they should do when they come off duty.

It involves relaxing the whole of the muscles of the body, and on this management programme we ran through this with them to show how they can completely relax.

We also looked at the behavioral side of the management scene because a lot is pinned on to human behaviour and the understanding of it.

You can't do much about the pressures, but we try to alleviate some of the problems by advising on organisation as well as on things like delegation and the better use

the performance and productivity of people who work for him.

Such practical training of senior management is also a money saver for the hospitality industry.

He revealed that there will be a

of time'

'follow up' on the seminar, and explained that the senior management programme had included motivation, delegation, communication skills and the art of managing people in the hospitality industry.

Said Mr. Robb-Whitaker we avoid the oriental discussions and instead devote time to practical

things - like trying to make the life of a manager easier by improving

It had been more discussive and participative than lecturing.

The whole emphasis had been on participatives and management skills in order for them to improve their present managerial performance and ultimately to increase the performance of others.

Said Mr. Robb-Whitaker 'the response was excellent'.

Holiday Resorts Limited have three hotels offering between them a total of 760 beds, the latest being Neptune Paradise which opened last December. It is expected to be classified a 'Four Star' hotel.

Tall makuti roofs to each of the one-storeyed rondavels gives it an attractive African ambience.

Each rondavel has its own solar water heating system while all rooms are air-conditioned and have 'mini' bars.

They are elegantly furnished with Rambo furniture (made in Kenya) and attractive Mamo floors.

The hotel has four bars, an open-sided restaurant, also grill room called the 'Lobster Pot' overlooking the swimming pool.

There are facilities for water sports and recreation, while the gardens are kept in an immaculate condition.

Declared the chairman of Hotel Resorts, Mr. Amin Merali'we place great emphasis on cleanliness in all our hotels'.

He mentioned that while we have had in-house training going on all the time, this was the first occasion to bring in a professional Human Resourse consultant for training purposes'.



PARTICIPANTS IN THE TWO seminars 'Hospitality Management for the 90's' are seen at the closing ceremony at Neptune Paradise Hotel, Galu Kinondo, the guest of honour being Joshua Mwendwa, chairman, Kenya Association of Hotelkeepers and Caterers (second left seated). Others seated (from left) are Tony Robb-Whitaker, a Human Resource Consultant and Managing Director of Navillus Executive Development Services, Cyprus; Amin Merali, Chairman of Holiday Resorts Limited; Andre Janssens, Resident Manager, Neckermann and Sam Okungu, Provincial Tourist Officer, Coast. Right standing is Heinz B. Reichstein, Director of Operations, Holiday Resorts.

service. He is someone you cannot take for a ride.

It is important, therefore, to equip ourselves with new ideas and techniques so as to attract an increasing number of holidaymakers'.

He went on 'if the tourism growth of 10 per cent per annum we have witnessed in the world in the last few years continues, then by the turn of the century I am sure there will be something like two billion tourists going around the world.

It is up to us in Kenya to work very hard to attract a good percentage of that figure'.

He noted that presently only about two per cent are coming to Africa. As far as Kenya is concerned, he said 'considering the great variety of attractions this country has to offer I do not think we are getting the share of the market we should be attracting'.

He spoke of the need for the maintenance of high standards and

opportunity of also thanking other hotels for their participation.

Adding I am proud that Neptune Hotels have taken the lead in organising this management seminar conducted by a very competent instructor'.

Adding 'I believe that it is the human resource which is the greatest asset any institution can have

With this in mind Holiday Resorts will continue to ensure that we keep training our people'.

CONSULTANTS

Referringto a press report on what the Minsiter for Tourism and Wildlife, Mr. Noah Katana Ngala, had said when presenting awards to Tamarind staff at Mombasa to the effect that 'in order to survive our management resources and standard of service should be second to none. That is the only way we can keep Kenya on the map'.

Said Mr. Merali with this in mind my directors and senior management will always make sure that when recruiting people we train them to the maximum with one thing in mind - to give top service to our guests so that they want to keep returning.

Adding 'this is not only good for us, but for Kenya and everybody concerned'.

He congratulated seminar participants for successfully completing the course and urged them to put into practice what they had learned and also to share their newly acquired knowledge with their colleagues.

He also thanked the Human Resource Consultant, Tony Robb-Whitaker, and said 'I hope you will keep coming back to us because we will keep calling you back'.

He concluded 'I hope that with finance and circumstances permitting we shall be able to carry on with these king of seminars in the future'.

Master of Ceremonies was Heinz B. Reichstein, Director of Operations, Holiday Resorts Limited.

He said 'I think all participants are pleased with the seminar and with the new knowledge gained'.

to Kenya to share his knowledge with us'. He went on 'we now return to our

hotels and it is up to us to disseminate what we have learned among our fellow workers so that services to guests can be much better than before.

I am sure that in time hotels

which have sent their managers to participate will be harvesting the fruits of their foresight in investing in such enlightened training.

There was a welcome drink for arriving guests of a thirst-quenching cocktail presented in

floral decorated madafus and after

the ceremony there were drinks

and tasty 'bitings' enabling everyone to socialise. There was also entertainment by the Neptune Paradise Choir.

In an interview, Mr. Tony Robb-Whitaker mentioned that following the seminar there will be two threeday courses for Assistant Departmental Heads and

supervisors with special emphasis

covering 'on the job' training and

communication with junior staff.

He revealed that his company undertakes assignments throughout the world much of which is in the Gulf area and North Africa. This was their first assignment in

Continuing he said to ensure the

Having A Wonderful Time



THERE WERE CONGRATULATIONS for the Resident Manager (right) of Mombasa's Hotel Inter-Continental, Antoine Sayegh, from a fellow hotelier in Naples, Italy, who had enjoyed his stay at this hotel so much that he had extended it by a further five weeks. Mr. Robert Liotti owns a business-cum-leisure hotel in Naples. It was on the personal recommendation of a friend (who was so impressed by the hotel that he returns each year), that Mr. Liotti decided to try it. He had originally intended to stay two weeks but decided to stay longer because of the good standards and of being looked after so well. He told Mr. Sayegh that he is planning to return next year, together with his wife.

The best rates under the sun.

DATE: 30TH JUNE, 1992.

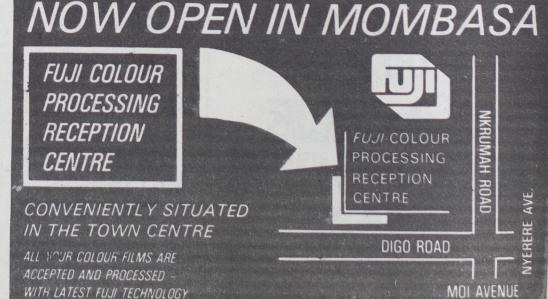
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AZIZ KASSIM-LAKHA IS INDUCTED AS MOMBASA ROTARY CLUB CHAIRMAN

THE INDUCTION OF AZIZ Kassim-Lakha as chairman of the 48 year old Rotary Club of Mombasa (the oldest at the coast) was a very memorable and merry occasion for around 230 Rotarians, their 'Anns' and guests who enjoyed some excellent culsine and entertainment at the Oceanic Hotel as well as praise from Rtn. Abdul Samji who took over as Governor of Rotary International District 9200 on July 1 1992.

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He is a member of this club. Mr. Kassim-Lakha is the Managing Director of Oceanic Hotels group which also embraces Ocean View Hotel, Bora Bora International Nightclub and 'Gambatto' which supplies fresh farm produce to these hotels.

His family also have interests In Uganda (to which they have now returned) these including Mountain of the Moon and Grand Hotels, as well as coffee and cotton estates.

Guests were from the Inner Wheel, Lions and Saturday Clubs, Jaycees, Round Table as well as Rotarians from other clubs at the coast with a large contingent, as usual, from Malindi.

There was a floral welcome for all - a rose for the ladies, and a carnation for the men, while all enjoyed a refreshing floral decorated cocktail on their arrival.

The function opened in the festively adorned restaurant with everyone singing 'Vive le Rotary' while following the speechmaking was some first class entertainment by a sensation Giriama songstress -Jane Joan-Grange

Nabil Sansool, musician, composer, producer is presently producing her shows at he coast.

Said Nabil 'she is fantastic and could become the Number One singer in Europe'.

Jane sings to playback music in her shows but when requested for a Swahili song, and finding there was no music to accompany her, she did without. She was "sensational".

There was also some exotic entertainment by Maggie and Mwalimo from the Florida Nightclub, while music for dancing was provided by the talented Simba Six band.

Rtn Samil thanked members of the Rotary Club of Mombasa for helping make me DG for the year 1992-93' describing it as an honour for all of you'.

He announced that the Rotary District Conference would take place in Mombasa next year and that its organisation will be a mammoth task.

The District covers 72 clubs in eight countries that is, Ethiopia, Somalia, Djibouti, Uganda, Reunion, Mauritius, Seychelles and Kenya.

Rtn Samji said that on August 9 he will start visiting all of them and presenting each with a scroll.

The very first one he presented as my personal banner to the immediate past chairman of the Rotary Club of Mombasa, Ebrahim Jagani, for his 'great contribution to Rotary and the sterling job he has done during his year in office'.

HAPPINESS

He then displayed the new Rotary Badge with its current theme 'Real Happiness in Helping Others' presenting the first to the new chairman of this club, Aziz Kassim-Lakha and his wife, Khatun.

Rotarians heard that Rotary is now represented in 184 countries of the world of which 12, including Albania and Ukraine, had joined during the past year.

Referring to the Rotary International Convention at Orlando, USA, Rtn Samil said '20,000 delegates from all over the world gave a five minute

The total assets of the Trust, he said 'now exceed KShs. 10

Under its Medical Trust Fund the club sponsored for hear! surgery five children - two going to New York, two to India and one to South Africa.

The outgoing chairman also revealed that work on the Mtopanga Clinic is now almost

the Rotary Club of Mombasa is the best in the district.

I am proud to be a Rotarian, but even more proud to be a Rotarian of the Rotary Club of Mombasa. I am certainly fortunate to have had the opportunity to lead this great

He presented awards to 35 Rotarians who had achieved a 100 per cent attendance at meetings throughout the year as well as 'tokens of appreciation' to his team and others who had excelled in their service to others.

In introducing the new chairman he said 'Aziz Kassim-Lakha comes from distinguished family and is the son of Rhemtulla Kassim-Lakha, a member of Kenya's former Legislative Council.



Aziz was educated in Klaumu obtaining his B.Comm Degree at London University where he qualified as a Barrister-at-Law.

He has been an active worker in his community and was appointed by the Kenya Government as a Member of the Wages Council and Hotel and Restaurants Authority.

He is a former chairman of the Kenya Association Hotelkeepers' and Caterers,

He has been a member of the Rotary Club of Mombasa for 28

Said the outgoing chairman 'I have little doubt that hte club

1992-93. He assured her of the club's complete support.

He also took the opportunity of thanking members for unanimously electing him chairman of the Rotary Club of Mombasa, adding 'I am fully aware of the obligation placed on me to lead this great club and to maintain the required high standards that have been set in the past.

He introduced his Board Members and Committee Chairman for the year.



ROTARIAN ABDUL SAMJI WHO, on July 1 1992, took over office as Governor of Rotary International District 9200 presents the very first scroll which he will later be giving to all 72 clubs in the district to the outgoing Chairman of the Rotary Club of Mombasa, Ebrhaim Jagani 'as my personal banner for his great contribution to Rotary and the sterling job he has done during his year in office'.

standing ovation to welcome all the former Eastern communist block countries back into the Rotary fold'.

He said 'of these ten have had no Rotary for the past forty years since the advent of communism.

Rotary had now been resurrected there while Albania and the Ukraine are two countries which Rotary had not previously set foot in'.

Said Rtn Samji 'it was a most befitting and Joyous ceremony

in welcoming them to Rotary'. In his annual report the outgoing chairman, Ebrahim

Special Report by NETA PEAL

Jagani sald that the club had continued providing water to the people of Kilifl and during the year 1991-92 three water projects in Makanzani, Nyaliani and Ameni had been completed, entailing the laying of four-anda-half kms of pipeline, at a cost of Shs 600,000.

Sald Rtn Jagani 'I shall never forget the tears of joy in the eyes of villagers when they saw water gushing out of the taps ending their problem of having to walk over six kms for the nearest supply'.

He sald 'Rtn Gaffur is revered by the villagers who call him 'Bwana Maji

The club has also set up its first Rotary Village Corps at Makanzani, while its Education Trust Fund is presently assisting 608 students by paying their tuition fees - Shs 822,000/having been spent on this during the year.

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complete.

He said 'we hope to have the formal opening and the handing over of the clinic to Crescent Medical Aid in the course of the

When fully operational the clinic will serve over 80,000 residents in that area.

He told Rotarians 'the project could not have gone ahead had It not been of the generosity of Rtn Shariff Shatry and his family who not only donated the land but also helped raise Shs half million for It.

(During the evening Rtn Shariff Shatry became a Paul Harris Fellow having donated dollars 1,000 to the Rotary Foundation towards the work it does in helping those in need).

During the year, and to mark Rotary International's 75th anniversary, the club gained 13 Paul Harris Fellows and six Paul Harris Sustaining Members who between them contributed US Dollars 14,100 to the Rotary Foundation.

"BEST NURSE"

During the year the club also gave an award to the 'Best Nurse' as a means of uplifting the standards of nursing, organised one at the Kenyatta High School, Mwatate, attended by 300 students, while its annual Careerama attracted around 3000 students.

The Vocational Services Committee also organised a Business Seminar for senior and middle level management.

There were Friendship Exchange visits to the Rotary Clubs of Arusha and Moshl, and the club also hosted a team of South African Rotarians.

Under the club's sponsorship there are seven interact and two Rotaract Clubs - the highest number in District 9200. A two-day Interact Seminar

organised at district level attracted over 450 Interactors. Such is the interest in Rotary that the club averaged a 90 per cent attendance throughout the

Declared the outgoing chairman 'I have no doubt that



will continue to thrive under

The new chairman, Aziz

Kassim-Lakha, commenced his

maiden speech by asking

everyone to be upstanding to

applaud the immediate past-

chairman, Ebrahim Jagani 'for

leading our club to greater

heights' then presenting him

with a badge in recognition of

He also congratulated Afshan

Jagani on becoming Inner-

Wheel chairperson for the year

his outstanding services.

Aziz's leadership'.



RENAL DIALYSIS UNIT AT PANDYA HOSPITAL



HOSPITAL EXECUTIVES AND staff are seen at Pandya Memorial Hospital when the new Renal Dialysis Unit was launched on Tuesday June 23 1992. It is the only Unit of its kind in Mombasa.

Hovering Helicopters, Spoil Barges And Somali Cargoes

THE MOMBASA BASED salvage tug's Bisson I and Barbara returned to base last Saturday after having successfully docked and undocked docked the sheep carrier Mukairish Alsades at Kisimayo last week

Anagel Champion sailed out in ballast on Tuesday afternoon minus her inbound consignment of bagged fertilizer. She forms part of the Anagel Shipping Enterprises fleet of some 47 vessels.

Certainly one of the larger Akti Miaouli based shipping companies. The vessels incidentally have a combined dead weight capacity of just over 1.3 million tonnes, averaging roughly 27.700 DWT per vessel.

The port appears to be fairly busy, however there are still a number of berths waiting for

SHIPPING with Gordon Cuthbert

Harbour tug Tewa continues to tow out the split barge laden with spoil excavated from Kilindini lighter wharf and dumping the spoil 'outside'. The hopper barge virtually splits herself in two, allowing the spoil to fall out of the opening created by the split.

Interesting to note was the effort made by two Westland Sea King helicopters based on HMS Invincible while she was here

The two helicopters reportedly air lifted tons of building materials as well as a 40 foot radio mast to the top of a hill in the Tsavo East National Park

The mast will form part of a radio network to assist game wardens in protecting the various endangered species of wild life from poachers.

The operation was, and I quote considered a major test of Invincible's world wide operational capability in difficult territory'.

One of the Chinese-Tanzanian Joint Shipping Company vessels Ruaha sailed out on the 30th. She

had been here for roughly two weeks discharging general cargo at Number Ten.

Sad news concerning the vessel Amaffh One. She was here at the beginning of June and sailed for Aden I believe, under the command of Captain Oriaso, seconded from the KPA

Captain Oriaso disappeared from the vessel under mysterious circumstances.

Let's hope that the investigative team that flew to Aden to conduct an enquiry come back with satisfactory results as tot he whereabouts or what actually happened, and not be 'stone walled"

For it is especially sad when nationals disappear overseas and those endeavouring to seek the truth are continually thwarted in their efforts.

I see that the landing craft Citadel is now back at the Liwatoni buoys. She had been beached here for some time undergoing general repairs and maintenance. Does her moving mean that there might be an impending voyage coming

I.C.R.C. chartered coaster Dimatrios arrived back at the beginning of the week, she is the one with the two Red Cross emblems on her sides. (The name continues to remind me of some scalp infection!)



HOPPER BARGE employed by KPA for dumping spoil.

KENYA RAILWAYS ORGANISE ST. JOHNS AMBULANCE DAY

KENYA RAILWAYS ST. John Ambulance organisation last Saturday held Voi area First Aid competitions at Railway Club Voi, eleven teams drawn from Railways stations at Mackinon Road, Kyulu Tavateta, Maktau, Mtito-Andei, Masongaleni, Kibwezi, and Voi, took part in the competitions. Many Voi residents and the Voi Railway Police Deputy Officer commanding Station Inspector Larry Kiplaga, was also the guest of the honour, witnessing the proceeding Eleven teams including one

The competition which is an annual event is to make first aiders keep up with first aid skills and procedures when dealing with accident situation.In an impromptu speech delivered by Dr. Pritak - Kotak practitioners at Voi Town commended the competitors for being very attentive when dealing with the accident victim.

CANCER June 21 - July 21

Responsibility falls entirely upon you and you feel rather put out. Don't be LEO July 22 - August 21

Somebody helps you unwittingly and you find thanks embarrassing. Another's mistake causes you anxiety. Don't allow your feelings to sway your actions. VIRGO August 22 - September 21

Don't expect too much from previously made plans. Unexpected problems crop up. Good opportunity to get to bottom of a mystery. Somebody is withholding some news.

LIBRA September 22 - October 22

Improved relationships with distant family members needs caution. Another's good fortune may benefit you. Keep a tight hold on cash. SCORPIO October 23 - November 21

Regard a setback as temporary and carry on with domestic plans. Personal discipline stands you in good stand when making an important decision. SAGITTARIUS November 22 - December 20

If unattached, you can really suit yourself. Something is to be gained from research or investigation. Midweek' journey sees results.

CAPRICORN December 21 - January 19

Family affairs take precedence and cancellations are made. Excitement midweek leaves you feeling flat at the weekend. AQUARIUS January 20 - February 18 Go along with another's ideas and plans. Nothing is to be gained from being obstructive. Newcomer adds zest to weekend arrangements.

PISCES February 19 - March 20

You could be left carrying the can without proper preparation. Gossip unsettles you, but don't let it deter you from objective. ARIES March 21 - April 20

Domestic changes are likely to prove more trouble than they're worth. Favour travel early in week. You try to do too much. TAURUS April 21 - May 20

Expect a small reward for being patient. Something happens for the best. Gel request in early or you may be overlooked. GEMINI May 21 - June 20 Battle of wits with young member of family. Don't be too dogmatic. Somebody turns tables on you and you may be left at a loose end.

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Rank Xerox Salesmen

KENYA WAS THE venue chosen out of the whole of Africa for an Incentive holiday by Rank Zerox's top salesmen in Denmark who accompanied by their partners visited the world famous Maasal Mara and Lake Nakuru followed by a relaxing time soaking up the sun on the beautiful white-sand beach at the environmental conscious Diani Reef Grand Hotel on the

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They were delighted to find that the hotel has seven speciality restaurants each offering something different, and thoroughly enjoyed the daily



RANK ZEROX'S TOP SALESMEN from Denmark, together with their partners are seen at Diani Reef Grand Hotel at the end of very enjoyable safari and beach holiday in Kenya. Left front is Brigitte Morch, Managing Director, Creation, a travel agency for incentive and conference groups. Right standing is Henriks Lewis Guttermann, Managing Director, Adventure Travel. Both had arranged this super Kenya holiday



MR. MAINA KIMATO (centre), of Dafina Consultants, receives a prize of a holiday for two from Diners Finance managing director, Mr. John Kariuki. Looking on are Diners Finance marketing and deposits manager, Ms. Terry Njoroge. Mr. Kimato who recently opened a savings account with Diners Finance won the holiday in a bi-weekly draw for new account holders, who have a chance to win fabulous holidays at Diani Reef Hotel or Hotel Intercontinental Mombasa.

entertainment, water sports and recreational facilities as well as finding their rooms extremely

This red carpet holiday was their reward for being the company's top salesmen.

Having enjoyed themselves so much many said they would be returning for another vacation here, as well as to see more of the country.

Their Kenya holiday was arranged by Adventure Travel also "Creation" - a travel agency specialising in incentive and conference groups - the Managing Directors of each accompanying the group to see that their holiday was problem

Group leaders were Rank Zerox's Sales Directors who ensured all thoroughly enjoyed

It was the company's way of thanking them for helping

Our heritage of Faith

'TIME IS MONEY! Don't spend it on bargaining!" Were the words ! read on the wall of a store where I had gone to buy an item last week.

After a "take it or leave it" look I saw on the seller's face I left wondering whether sayings such as these are now used to exploit people?

How many times have you heard somebody say: "Just a minute, please!" Only to appear after seven minutes without a sense of apology.

Last Saturday I attended a function which was to have started at 10 a.m. but instead it began thirteen minutes to 11 a.m.

On enquiring why we could not begin at the time indicated on our invitation cards, one of the organiser told me courageously: 'Oh you see, we meant 'African

Time is a critical element of steward shop, indeed a valuable quantity not to be treated lightly, thus the question which comforts all of those alive is not how much time we have left but how are we using the time allotted to us.

Diana Queenan said of chronic time-wasters that they should honestly answer the following questions:

"When you arrive at work, do you usually get down to business about a half-hour behind the expected time? Do you allow your coffee or tea breaks to extend beyond the allotted time?

"Is a one-hour lunch insufficient for you? Do you receive many personal calls at work that you manage to extend beyond what might be considered an acceptable time limit in which to handle private matters?

While we should face each day with the realization that this could be the last day of our lives, we should also be challenged by the knowledge that this is also the "first day of the rest of our lives".

Although there is the possibility of the routine process of living being cancelled at any moment, there is also the possibility of achievements yet to come. We need to be wide awake and alert to the possibilities before us.

The Owner and Master of time said: "I must work the works of Him that sent me, while it is day: the night cometh, when no man can work" (John 9:4).

"Redeeming the time, because the days are evil" (Ephesians 5:16).

There was a man who thought he had plenty of time just like you may also be thinking so he spoke with himself:

"I will say to my soul, soul thou hast much goods laid up for many years take thine ease, eat, drink, and be merry. But God said unto him.

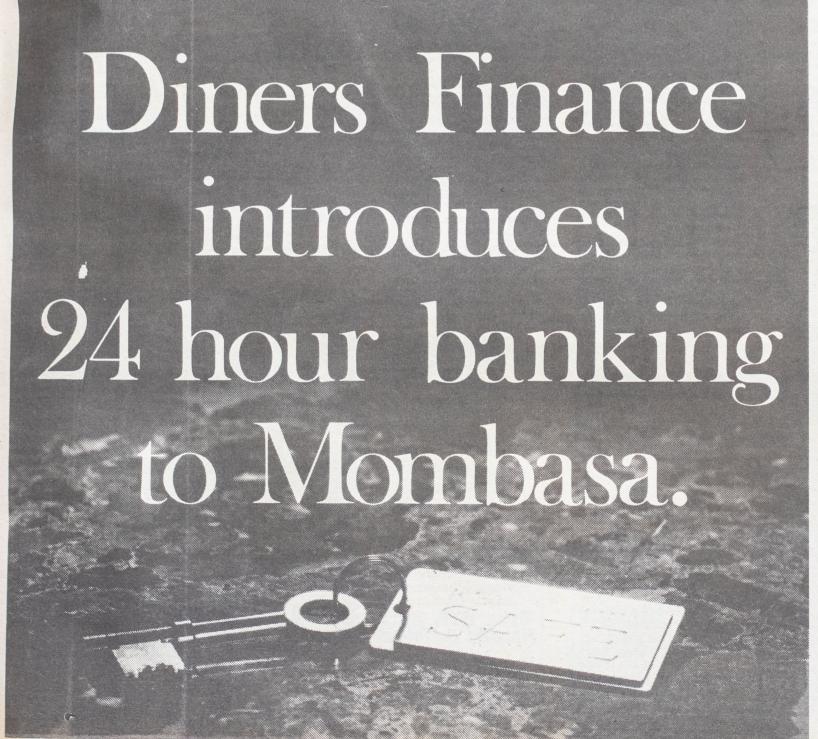
"Thou fool, this night thy soul shall be required of thee: then whose shall those things be which thou hast provided?" (Luke 12: 19-20).

Did you know the time you have is called "today" use it wisely! Stop wasting God's time, yours, and other peoples!

"Behold, now is the accepted time; behold, now is the day of salvation." 2 Corinthians 6:2 last part.

This salvation is found in Jesus Christ not in rituals or culture, not in religion but relationship. No timeouts

Nicodemus Waka Omumbwa, K.A.G. Changamwe,



Mombasa residents can now go to the bank any time they like. At the new Diners Finance branch on Moi Avenue, opposite Castle Hotel.

Open 24 hours every day of the week, Diners Finance also brings to Mombasa the unique benefits of on-line banking which means you now have access to your money while in Nairobi.

Hours and benefits like these make having a Diners Finance Savings account as good as having a key to the safe.

To open an account, just come to our office with your I.D. Or give us a call on Mombasa 311850, 221365/6/7 and we'll come to you.

Any time, any day. DINERS FINANCE

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INTERNATIONAL **MUSIC SHOW**

with Mombasa's latest Singing Star

JANE JOANE GRANGE

SATURDAY 4th JULY, 1992.

The Best Dances of all our Shows!

SUNDAY 5TH JULY, 1992.

3.30 P.M. Children's DISCO with Drinks, Snacks, & LOTS OF ENTERTAINMENT for our Youngsters.

ITS FUN, ITS ENTERTAINMENT, STARION. ITS

Visit us for special Swahili Dishes, Chicken Tika. Mishkaki and Shish Kebab plus many other dishes



MR. SEVERIN SCHULTE, THE chairman of Severin Sea Lodge Mombasa, congratulate three top employees of the hotel as a thank you for a job well done. Mr. Josephat Kahindi (right) Mrs. Eunice Mwinyi (centre) and Mr. Julius Kazungu (left) received gifts, silver medals and envelopes containing a cash award

Severin Sea Lodge Host Gala Party For Hard-Working Staff

THESEVERINSEA Lodge, North Coast, has hosted its annual staff party at Mamba Village, Mombasa.

Addressing the members of the staff, the hotels chairman Schulte Severin congratulated them for their dedication and commitments shown during the previous year

He noted that the Severin hotel has provided twenty (20) years of service here in Kenyawhile in Germany the parent organisation has been operating for over 100 years.

Speaking during the occasion, the hotels general manager Mr. Beat Koch urged the employees to continue the loyalty shown during the previous year, in to the current year, and even beyond.

He thanked them for a job well done. He added that a Severin history booklet will soon be launched whereby occurrences of note will be recorded and requested contributions from the employees.

The party was led through an interesting review of the previous year performances, with deliberations on various future management policies and strategies by Mr. Allain List, the hotels operation manager.

The executive said that the support and loyalty of employee enabled the hotel to continue its ongoing successes. He also commended the staff for their top quality performance.

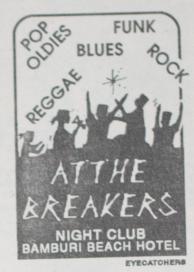
Mr. Van Ploegen, the hotels Food and Beverage Manager urged the employees to keep up with the hotels motto of "We Love Quality". High standards of quality must be set and maintained if the hotel has to survive in this competitive tourism market, he added.

During the occasion outstanding employees were presented with awards and certificates ranging from cash, radios, bicycles and other gifts.

SILVER MEDALS PRESENTATION

Of note were the top three employees of the year who were presented with Silver medals, namely Mr. Josephat Kahindi, an un-graded tailor in the laundry, Mr. Julius Kazungu, a waiter in the Food and Beverage Department and Mrs. Eunice Mwinyi areceptionist at the front office department.

An enthusiastic Mr. Severin Schulte presented the awards.





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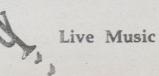


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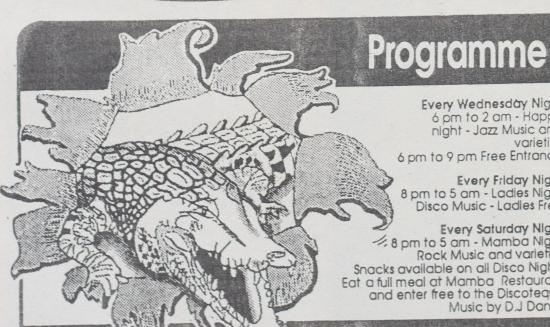
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Mombasas "High Society" bei der Eröffnung der Mamba Village Diskothek

ACHTHUNDERT Gäste aus der 'High Society' Mombasas. darunter Vertreter von Reiseveranstaltern, Hoteliers und Geschäftsleute, wurden zu der Eröffnungsparty der neuen Mamba Diskothek eingeladen. Obwohl wegen der Unruhen am späten Nachmittag in Mombasa viele Läden vorzeitig schlossen und die Straßen in der Stadt abends leer waren, erschienen die meisten geladenen Gäste an der Party, Sie fühlten sich offenbar sicher zwanzig Meter unter der Erde in einem ehemaligen Steinbruch, der früher mit Busch und Abfällen gefüllt war und nach gründlicher Reinigung in eine riesige Diskothek umgewandelt wurde, Stehplätze für 2000 Personen für Großveranstaltungen vorhanden

Die neue Diskothek gehört der Kenya Crocodile Farm (Mamba Village), die 1985 eröffnet wurde mit 200 Krokodilen und heute auf ihrem Gelände 12.000 Panzerechsen zählt.

Die Wände der Diskothek, die nur gereinigt und sonst im Naturzustand belassen wurden, sind dezent beleuchtet. Am hellsten ist es in der Long Bar mit Ausblick auf die Tanzfläche, die groß genug ist, daß jederzeit 200 Personen tanzen können. Von der Bar aus überblickt man auch die Bühne mit ihrem natürlichen Hintergrund, den diskretbeleuchteten Felswänden.

Riesige Makutidächer ziehen sich über den größten Teil der Diskothek. Nur eine kleine Fläche ist offen geblieben, damit die romantischeren Gäste direkt in den Himmel sehen können

Im Steinbruch istes sehr kühl, so daß sich eine Klimaanlage oder Ventilatoren erübrigen.

Die Akustik isthervorragend. Aus dem Felsen wurde ein Stück herausgehauen, um Platz für Disc-Jockey 'Danny' und seine Apparate zu schaffen. Er war seit 1978 D.J. in Strandhotels und ist seit 1985 mit seiner neuen Ausrüstung im Mamba Village.

Erweißgenau, welche Musik die Gäste hören wollen und kann sie ihnen auch bieten, wodurch die Beliebtheit der Mamba Disco wie ein Pfeil in die Höhe schoß. Vor einigen Monaten kamen eines Abends mehr als 1200 Gäste. Um dem ständig wachsenden Zustrom Rechnung zu tragen, wurde ein größerer Raum benötigt.

'Als wir uns nach einem geeigneten Platz umsahen, entdeckten wir den Steinbruch gleich nebenan, der seit 1950 stillgelegt ist und als Müllkippe benützt wurde, * sagte Ariel Zilber, Managing Director der Kenya Crocodile Farm.

Den Gästen wurde an der

Eröffnungsparty zu ihrer Überraschung ein volles Dinner offeriert (die Mamba Disco hat eine eigene Küche) - ein afrikanisches Buffet, einschließlich Hähnchen,

Mittwoch ist "Happy Night" mit Jazzmusik und Shows. Zwischen 18 und 21 Uhr ist der Eintritt frei. Wenn Sie direkt von der Arbeit kommen, können Sie hier die

erlebt, und wir möchten ihm auch danken für die gute Arbeit, die er in der Mamba Disco geleistet hat, vor allem was die gesamte Beleuchtungsanlage betrifft,"



ZU DER ERÖFFNUNGSPARTY der Mamba Diskothek brachte Yul Wenger, Managing Director von Aquadrom Limited und Yul's Beach Restaurant in Bamburi (3.v.l.), einen Schokoladenkuchen in der Form eines Krokodils, den er Herrn Zilber, Managing Director der Kenya Crocodile Farm Limited (2.v.l.) mit den besten Wünschen überreichte. Rechts ist Yuval Regev, Farm Manager, Mamba Village

Rind- und Krokodilfleisch vom Holzkohlengrill.

Nach dem Essen folgte die "Steve Hannington Show" mit den sexy Sängerinnen Carol und Emily und der African Sunset Band. Später lud Herr Zilber die Gäste ein, bis zum Morgen zu tanzen. Einige machten von dem Angebot gerne Gebrauch

Unter den Gästen war Yul Wenger, Managing Director von Aquadrom Limited und Yul's Beach Restaurant in Bamburi. Er brachte einen großen Schokoladekuchen in der Form eines Krokodils

VON NETA PEA

mit der Aufschrift "Good Luck", den er Herrn Zilber überreichte.

Ein weiterer Gast war Nabil Sansool, Musiker, Komponist, Produzent und Toningenieur, der kürzlich ein Diplom am Audio Institut in San Francisco, USA, erwarb. Er erwähnte unter anderem, daß er in Europa demnächst zwei LPs herausgeben wird, eine davon mit einem Sänger

Herr Zilber gab den Gästen das für die Disco vorgesehene Programm bekannt. Vorerst wird die Disco an drei Abenden in der Woche geöffnet sein - Mittwoch, Freitag und Samstag sowie Sonntag nachmittag von 12 Uhr mittags bis um Mitternacht.

Getränke billiger haben als in jeder anderen Disco in der Stadt. (Tusker Export Shs 18/-). Nach 21 Uhr kostet der Eintritt Shs 50/-

und Show ist freitags von 20 Uhr bis 5 Uhr früh. Damen bezahlen keinen Eintritt Samstags ist "Rock Night" mit

"Ladies Night" mit Discomusik

Discomusik von Disc-Jockey Danny von 20 Uhr bis 5 Uhr früh. Ebenfalls mit Showeinlagen.

Gäste, die im Mamba Restaurant nebenan gegessen haben, erhalten freien Eintritt in die Disco.

Später sollen auch Bands und große Shows von auswärts engagiert werden. Snacks sind an allen Disco-Abenden erhältlich.

Der Sonntag gehört der Familie Die Eltern können zusammen mit den Kindern das afrikanische Buffet genießen. Dazu gibt es Musik von D.J. Danny und Shows für die Kinder mit Clown und Zauberer. Geöffnet von 12 Uhr mittags bis um Mitternacht. Ein Kinderspielplatz ist geplant.

Herr Zilber gab den Gästen bekannt, daß er nach 5 1/2 Jahren Tätigkeit im Mamba Village aus Familiengründen Kenia verlassen wird. Er stellte den neuen Managing Director vor, der seinen Posten am 1. Juli übernimmt. Yuval Regev, Farm Manager, begann seine Arbeit für das Mamba Village am Tanafluß, wo er Krokodile fing und Krokodileier sammelte.

'Er hat dort viele Abenteuer

sagte Herr Zilber. Die Gäste zeigten ihre Anerkennung durch tosenden Beifall.

Das Mambá Village ist die größte Krokodilfarm in Afrika. In erhöhter Lage bietet das Restaurant einen herrlichen Ausblick über die Krokodilteiche (nachts beleuchtet) und offeriert Wild- und Krokodilfleisch, Meeresfrüchte und Grillspezialitäten.

Eine weitere Attraktion im Mamba Village ist der botanische Garten und das Aquarium mit 20 Schaukästen, wo viele tropische Fische und Korallen ausgestellt sind. Auch sie sind einen Besuch

In der Reitschule kann man am besten morgens oder am Nachmittag reiten. Es gibt auch Lektionen für Anfänger. Ein Ritt am Strandentlang ist eine beliebte Freizeitbeschäftigung Touristen. Die zwei Kamele werden oft und gerne fotografiert in der simulierten Wüstenlandschaft im Mamba Village.

"MAMBA DISCO"

Sehr zufrieden mit der neuen Mamba Diskothek sind die Leute, die in der Nachbarschaft wohnen. Sie beklagten sich oft über den Lärm aus der früheren Disco. Im Steinbruch in der neuen Disco kann man die Musik auch bei voller Lautstärke draußen nicht hören. Es sind auch keine weiteren Reklamationen mehr einge-

DER RUBIN - DER KÖNIG ALLER EDELSTEINE

EDELSTEINE, diese faszinierenden. außergewöhnlichen Produkte der Natur, werden wegen Ihrer Schönheit und Wertbeständigkeit seit Jahrtausenden auf der

ganzen Welt sehr geschätzt. Gemetones Lapidary Limited hat une den nachfolgenden Artikel über den Rubin, den Glücksstein für den Monat Juli, für unsere Leser zur Verfügung gestellt.

Die Sanskrit-Bezeichnung "Ratnaradsch" für Rubin bedeutet "König aller Edelsteine". Zu den Korundkristalien gehörend, ist der Rubin nach dem Diamanten das härteste bekannte Mineral mit einem Härtegrad von 9 auf der Moh-Skala (Diamant 10). Der Rubin ist deshalb bestens als Schmuckstein geeignet.

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anderstarbigen Korundkristalle gelten als Saphire.

Die bedeutendsten Vorkommen der edelsten Rubine befinden sich in der Gegend von Mogok In Oberbirma. Auf dem afrikanischen Kontinent entdeckte der Geologe John Saul sehr gute Rubine im Tsavo-Nationalpark in Kenla sowie im Umbatal in Tansania, deren Qualität sich mit den hellroten Rubinen aus Birma vergleichen läßt. In Tansanla werden Cabochon Rubine von bester Qualität hergestellt, die bel Morogoro und Longido abgebaut werden.

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ANNOUNCEMENTS

SUNDAY Matches at Nyali:-Hanif Walli-Shiraz play Hanif Somji-Saida. Jeff-Another play Akram-Abdul. Mustafa-Amin play Vishnu-Another. Tee-off 1.45 pm.

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31 Murphy in his younger days might suggest something to eat (6, 5)

DOWN

1 They might be offered to the men

with the coffee (6)
2 Given the egg-glass treatment? (5)
3 Pulped fruit? What nonsense! (5,

4 It looks decorative at the dinner

centre (7)
All-round cookers of fruit (7)

6 What happens to one later (4)
7 Lovely girl for the picking? (5, 4)
8 Ridicule isn't good for old people

(8) 14 Ladies' man breaking jail so drink

can be obtained (10)

16 There have to be some breaks before they're made (9)

18 Making progress with the cooking?

(8)
20 It couldn't be simpler! (7)
21 Politicians making some sort of pudding (7)
22 Made irritating use of the nutmeg?

(6)
26 There might be a catch in it (5)
27 Break for a biscuit (4)

ACROSS

making bread? (7, 4) Not a serious deception if returned

Sporting dish? (4, 3)
Cause surprise by turning sand out

1 Hanging about in the country

before breakfast starts (3)

11 Top line stiffener (5)
12 Challenge to produce some fruit

(4)
13 Sounds as if you've had it educationally! (4)
15 Seek food for a long time (6)
17 Worrying over what kind of steak it might be? (7)

19 Sweet, of course, but somewhat thick (7)
21 Captured anything more than a

hundred? (6)
23 Copy the vote at the top (4)
24 The flavour of some other bread

25 Round mark of good film-making

28 Nine set out in concentrated form

(7)
Most likely to get a hearing in a small home (7)
30 It could give the saucepan a licking

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GALA INSTALLATION DINNER OF MOMBASA INNER WHEEL CLUB



AT A COLOURFUL CEREMONY at the Travellers Beach Hotel on Friday, June 19, 1992, Mrs. Afshan E. Jagani was installed as Chairman of the Inner Wheel Club of Mombasa for the year 1992-93. Seen handing over the Chain of Office to Afshan is the outgoing Chairman, Mrs. Hilda



OUTGOING CHAIRMAN OF THE Inner Wheel Club of Mombasa, Mrs. Hilda Onyango, seen presenting Rtn Ebrahim Jagani, Chairman of the Rotary Club of Mombasa with a cheque for Shs. 10,000/towards the Education Trust Fund.



PROMINENT BUSINESSMAN, MR. SAJJAD RASHID and his wife, flanked on either side by Mr. and Mrs. Masumali Meghji were amongst those who witnessed the Induction of Mrs. Afshan Jagani as Chairman of the Inner Wheel Club of Mombasa for the year 1992-93.

KILINDINI ROTARACT CLUB



THE ROTARACT CLUB OF KILINDINI has successfully completed their first year which was a tremendous success. The induction Ceremony took place at Reef Hotel. The Outgoing Chairman Harsha Gohil is seen presented the Chain of Office to the incoming chairman for the year 1992-93 Rtr Asger Molu. Harsha Gohil thanked all the members for their loyal support during her year in office. Incoming chairman Asger Molu announced his new board as Vice Chairman-Mohammed Hussein, Secretary-Rehana Yusuf, Treasurer-Munik Aimas, Director for Community Service-Hanif Salyani, Director for Vocational Service-Alka Gohli, and Director for International Service-Mufazzel Yusufali.





EXPANSION AND DIGITALIZATION OF TELECOMMUNICATIONS SERVICES IN CHOGORIA AREA AND NANYUKI TOWN

Kenya Posts and Telecommunications Corporation is pleased to announce the expansion and digitalization of telecommunications services in Chogoria area of Meru District on 2nd July 1992 at 7.00 a.m. and Nanyuki Town on 3rd July 1992 at 7.00 a.m.

All existing Chogoria telephone subscribers will have their numbers changed to five (5) digits in the series 2XXXX. Upon conversion Chogoria subscribers will be able to dial their own local, long distance (STD) and International (ISD) calls. The STD Code for Chogoria will be 0166.

The new Nanyuki 2000 line exchange will be ready for connection of new subscribers in the new series 3XXXX (5 digits) immediately after opening. Hitherto, Nanyuki Town has been served by a 1500 line automatic exchange with numbers in series 2XXXX (5 digits) which will continue to provide service alongside the new one.

The new Nanyuki exchange is of modern type and will provide supplementary services in addition to the basic telephone services.

In order to further improve the quality of telephone service in Nanyuki Town, some subscribers currently on level **2XXXX** will be transferred to the new exchange on the above date and their numbers will change to the new series level **3XXX**.

In order to allow for smooth change-over, subscribers are requested to refrain from making calls to and from the telephone numbers listed below between **6.50 and 7.10 a.m.** on the above dates.

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Old N	o. New No.	Old No	New No.	Old No	New No.	Old No	New No	Old No	New No	Old No.	New No.	Old No.	New No.	Old No	New No.
1	22001	24	22024	47	22047	68	22068	92	22092	118	22318	142	22342	164	22364
2	22002	25	22025	48	22048	69	22069	93	22093	119	22319	143	22343	166	22366
3	22003	26	22026	49	22049	70	22070	94	22094	120	22320	144	22344	167	22367
4	22004	28	22028	50	22050	72	22072	95	22095	122	22322	146	22346	168	22368
5	22005	29	22029	51	22051	73	22073	96	22096	123	22323	147	22347	169	22369
6	22006	30	22030	53	22053	74	22074	97	22097	125	22325	148	22348	170	22370
7	22007	31	22031	54	22054	75	22075	98	22098	126	22326	150	22350	171	22371
8	22008	32	22032	55	22055	76	22076	99	22099	129	22329	151	22351	172	22372
10	22010	33	22033	56	22056	78	22078	100	22300	130	22330	152	22352	173	22373
11	22011	35	22035	57	22057	79	22079	101	22301	131	22331	153	22353	174	22374
12	22012	36	22036	58	22058	80	22080	102	22302	132	22332	154	22354	176	22376
14	22014	37	22037	59	22059	81	22081	103	22303	133	22333	155	22355	178	22378
15	22015	38	22038	60	22060	82	22082	104	22304	134	22334	156	22356	179	22379
16	22016	40	22040	61	22061	83	22083	105	22305	135	22335	157	22357	180	22380
17	22017	41	22041	62	22062	86	22086	106	22306	136	22336	158	22358	181	22381
18	22018	42	22042	63	22063	87	22087	107	22307	137	22337	159	22359	182	22382
19	22019	43	22043	64	22064	88	22088	110	22310	138	22338	160	22360	183	22383
20	22020	44	22044	65	22065	89	22089	113	22313	139	22339	161	22361	184	22384
22	22022	45	22045	66	22066	90	22090	115	22315	140	22340	162	22362	185	22385
23	22023	46	22046	67	22067	91	22091	117	22317	141	22341	163	22363		

NANYUKI CHANGED NUMBER LIST

Old No.	New No Old No.	Nau No Old No	NewNe	OLA NI-	NI NI	lou N	N. C.				P-P-SCHOOL SPRING
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22019	32051 22155	32010 22824	32094	22364	32115	22522	32077 23	3273	32050	22694	32087
22025	32001 22163	32011 22879	32095	22368	32019	22527	32024 23	3275	32121	22699	32036
22030	32002 22171	32057 22891	32123	22369	32068	22529	32163 22	2596	32082	22714	32120
22054	32004 22175	32136 22896	32151	22394	32069	22532	32078 22		32145	22717	32037
22071	32006 22177	32170 22906		22396	32116	22541	32079 22		32084	22730	32088
22076	32133 22180	32012 22913		22398	32070	22551		2610	32027	22732	32089
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22091	32053 22191	32137 23002		22409	32020	22581				22732	32087
22093	32134 22196						32026 22		32028	22739	32090
				22415	32021	22590	32117 22	2636	32029	22743	32038
22095	32054 22202	32112 22267	32064	22442	32143	23107	32152 22	638	32118	22749	32091
22108	32007 22209	32060 22272	32015	22449	32072	23120	32099 22	642	32086	22752	32040
22119	32056 22221	32138 22279	32016	22475	32073	23123		645	32146	22781	32041
22120	32109 22231	32061 22282	32139	22485	32022	23125		656	32030	22785	32148
22122	32008 22238	32013 22285	32065	22492	32074	23233		662	32032	22786	32092
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KENYA POSTS & TELECOMMUNICATIONS CORPORATION

"Keeping you in touch worldwide"



THE FIRST EVER Smirnoff Day Golf at Nyall Golf and Country Club last Saturday was a great success and will, no doubt, become a very popular annual event writes Followthru.

Mr. Tom Guga the Marketing Manager of International Distillers Kenya Limited promised at the start of his speech to be back next year and this was greeted with a loud cheer especially from those near the Smirnoff bar.

104 players including several guests enjoyed a pleasant afternoon's golf. Conditions were good aithough there was a fairly strong wind and the greens, the majority of which are under treatment, are extremely unpredictable.

Scoring was much improved In general. Prizes were divided into three sections for this even! and the ladies all struggled and were no match for the men's

Leading with 32 points were Carole Barnsley and Vinod Talwar, with Carole being the winner by the slim margin of one point on the countback. In third place was Rekha Patel with 31 points. Brenda Falk had the Best First Nine with 17 points and Suhas Gudka took the Best Second Nine with 18 points.

Amongst the men. competition was much closer. Dinesh Asodia and Gulam Khaku both had very good scores of 36 with Dinesh's two steady nines of 18/18 beating Gulam's 19/17 on countback.

Coming next were six players

Smirnoff Day - A Great Success

all with 34 points - Ibrahim Pasta, Jimmy Kimanthi, Jayman Patel, Ben Okello (18/16), George Ndegwa (18/16) and Shiraz Allbhai (19/15).

Ibrahim made sure of third place with a good second nine of nineteen points. Jimmy played a steady round with two

GOLF NEWS by FOLLOWTHRU

nines of 17 points to take fourth place and fifth was Jayman having the best countback on

Jyoti Doshi had an excellent first nine to win with 20 points and Bob Nicholas scored 19 to take the second nine prize.

The "Piga Mingi" was also hotly contested with Kamar Kasmani delighted to beat his friend Hamza Anjarwalla on countback.

Amongst the guests, Tom Guga, the Marketing Director of IDK had a very good score of 32 points to win and Musa Odada was runner up on 27 points beating G.O. Nandi and Vitalis Ojode on countback.

The Nyali Golf Captain Akram Sheikh thanked International Distillers Kenya Limited for

sponsoring the competition and he welcomed Mr. Tom Guga, who in turn, introduced several members of IDK who were present including the Operations Director Mr. Vitalis Ojode and the Sales Representatives for Nairobi and the Coast Miss Beth Maweu and Mrs. Margaret Kadzo.

All players received a handout at the start of playwhich included a mixture of Smirnoff vodka and the clubhouse was almost awash with bottles of Smirnoff, all the prizes and token gifts to the helpers being bottles of vodka. IDK also provided a courtesy bar and bitings which were enjoyed by many. The prizes were presented by Mrs. Lllian Guga.

The June Men's Mug at Nyali was played on Sunday afternoon and was kindly sponsored by Micron Exhausts, courtesy of Vishnu Dhutia. There was a relatively small field of 45 players plus four markers.

Gulam Khaku, who was enjoying greatly the extra stroke given to him by the Handicapping Committee at the three monthly revision, completed a very successful weekend by winning A division with a very good nett 70. Runner up on the same score was Vice Captain Mustapha Yusufali who

lost on countback over the final six holes.

Wachira Mahihu had an excellent round of 72 which included five birdies to take the Best Gross prize.

Hanif Somji started in fine form with five pars which resulted in a nett 68 for a good win in B division. Runner up was Pratik Patel who also played well returning nett 69.

Greenkeeper Fritz Sutter obviously knows the course well and had a steady nett 71 to win C division. Runner up was Shabbir Mohamedali on nett 72.

On the same afternoon a small field of ten ladies played the June KLGU Medal at Mombasa Golf Club. This was kindly sponsored by the very well known butchery in Nyali - Mkomani Butchery, courtesy of Mohsin Said.

The winner of the Silver division with an excellent score of nett 69 was Perviz Barnsley and Cathy Kimanthi was runner up on nett 71. Kiran Patel had the Best Gross of 81.

In the Bronze division, Nila Devani had her first win on nett 77 and Rukhsana Mohamedali was the runner up on nett 79, she also had the Best Gross of

Best putter overall was Saida Samji with 28 putts.

Full results: Smirnoff Day -Nyali - Men: Winner: D. Asodia 36 points, Runner up: G. Khaku 36, Third: I. Pasta 34, Fourth: J. Kimanthi 34, Fifth: J.C. Patel 34, Best First Nine: J. Doshi 20 and Best Second Nine: R. Nicholas.

Ladies: Winner: Miss C. Barnsley 32, Runner up: Mrs. V. Talwar 32, Third: Mrs. R. Patel 31, Best First Nine: Mrs. B. Falk 17 and Best Second Nine: Mrs. S. Gudika 18.

Guests: Winner: T. Guga 32, Runner up: M. Odada 27 and Piga Mingi: K. Kasmani.

Men's Mug - Nyali: A division: Winner: G. Khaku 70 nett, Runner up: M. Yusufall 70 and Best Gross: W. Mahihu 72.

B division: Winner: H. Somji 68 and Runner up: Pratik Patel

C division: Winner: F. Sutter 71 and Runner up: S. Mohamedali 72.

KLGU Medal and Mombasa: Silver Division: Winner: Mrs. P. Barnsley 69 nett, Runner up: Mrs. C. Kimanthi 71 and Best Gross: Mrs. Kiran Patel 81.

Bronze Division: Winner: Mrs. N. Devani 77, Runner up: Mrs. R. Mohamedall 79, Best Gross: Mrs. R. Mohamedali 101 and Best Putter: Mrs. S. Samji 28.

Monsoon Bowl Victory For Ben Okello

THE FINAL OF THE Monsoon Bowl generously sponsored once again by Coastal Bottlers, courtesy of Vanraj Patel was played at Nyali Golf and Country Club last Sunday afternoon writes Followthru.

The match between Ben Okello, a winner in 1989, and Anjay Talwar who was

receiving three stokes turned out to be a marathon with Ben finally winning at the 24th

The first nine had gone mostly Ben's way and he was three up at the turn but fortunes then changed and Anjay had an extremely good run playing the next six holes one under

par to find himself two up. A poor drive for Anjay at the sixteenth gave the hole to Ben

and the seventeenth was halved in par. Ben's tee shot to the eighteenth was excellent, four feet from the

birdie to win the hole and square the match.

At the first extra hole Anjay was very close to out of bounds on his drive but he survived to halve in par.

The next four holes were also halved in pars, Anjay receiving strokes at the second and fourth for nett

Victory came at last for Ben when he holed a good putt for a par at the 171 yard sixth

Congratulations Ben on a good win and well played

Statistically Significant - But Most Health Practitioners Would Call It Balderdash!

DISCUSSION OF HEALTH issues often evokes emotive reaction from people especially when it is directed at their personal circumstances.

The more sensitive health categories are those that would, in theory, point at the personal lifestyle of the individual under

One finds that subjects like warts, birthmarks, blood pressure, Aids or STDs are nearly always discussed in the context of a third

It is only very very rarely that such subjects are discussed on a personal basis on the Kenyan

Kachumbari and I got talking one day about the fact that with better methods of measurement and analysis becoming available as technology develops, one can be sure that more and more illnesses related to societal behaviour will be "uncovered" though they probably already exists.

As researches increase, the kind of areas they will look at will become more specific that if we are not careful we might end up coming to situation where very act of being a live in itself becomes a statistically serious danger.

That is still a long way to go but #1 some startling revelations made by current research efforts

Most of us will have been caught or seen others caught in speed

When the contraptions first came out, they consisted of big boxes that had to hard wired into the cop cars and spent so much energy that one needed to start the engine every so often to keep the battery charged and the equipment ticking

Over the years they have developed into hand carried units that can run on rechargeable

The ones commonly found in Kenya are small but still need some form of support from the vehicle

It is not surprising therefore that some researcher decided to find out about the effect of the rader gun on the health of the cops that

He took a population of cops that consisted of officers involved in the whole wide range of normal police activity but resident and working in one area and used them as his research base.

He checked through the health records of the officers from the time the records had become available and took a whole load of

PATRICK OBATH on COASTDRIVE

data on all the illnesses that the cops had suffered in their career up to the time the study commenced

He punched all the information into a computer and then began to look for the unusual...and found it.

He came across a small population of traffic cops that suffered from cancer of the testes.

On checking what they had in common, he found that they spent more time manning speed traps using the radar guns than traffic cops involved in other duties like road patrol and rescue.

His conclusion was that there was a possibility of a link between the two activities but that it needed further research over a wider range of cops and other users of similar technology to ascertain whether the connection he had made was tangible enough to warrant questioning the use of the radar

So let us not run to our doctors and ask them to check us up if we are unfortunate to have to regularly pass where the cops have decided to set up a permanent radar trap.

REPTILIAN WARNING

The study only found seven people out of two hundred and forty four as suffering from this ailment - what researchers call statistically significant but most health practitioners would call

A person having been away from home on a business trip was set to resume work at the office immediately after arrival.

He caught a taxi to his house and after spreading round the duty frees, he changed and got into the car to drive to the office.

The minute he sat down in the driving seat, he heard a loud hiss and fearing it might be a reptilian warning, jumped out of the car and waited to see whether a snake might slither out of the car.

Nothing happened so he took a wad of rubber and burnt some of it near the car.

The theory was that the smell of burning rubber tends to drive snakes out.

Nothing happened.

Satisfied, the man got back into his car and as soon as he sat down, the hissing started again so out he went.

He started wondering whether it had anything to do with him and so he went into his house and sat in a

He then decided to call the provincial game warden to send him a snake catcher.

This fellow duly came and asked the man to repeat what had

The man refused so the snake catcher had to do it himself.

Sure enough, the minute he sat in the drivers seat a loudhiss came The snake catcher then decided

to carefully search the car as only he would know and after a few minutes let out a triumphant yell and stood up holding a nearly empty can of mosquito repellent.

What had happened was that this fellows' kids had inadvertently jammed the can under the drivers seat and fearing for the worst had not told anyone.

Whenever the fellow sat down, the dispenser was depressed and let out a burst of mossy repellent.

Since the fragrance was new to him he did not link the two events at all and could only imagine the worst including that he might have had a stomach upset caused by his travel and unknowingly released gas every time he sat

As Kachumbari says, technology will have to develop better to keep ahead of the serious and not so serious pranksters.

pin, and he holed the putt for a

WINDSOR HOTELS ARE up to top efficiency with the acquisition of a complete range of office equipment from Copy Cat the office equipment specialists. Copy Cat director, Mr. Nazir Noordin (right) is seen with Windsor chief executive, Mr. David Stogdale and general manager, Mr. Timothy Kagambi after signing the agreement for Copy Cat to supply them with the equipment. Copy Cat have supplied Windsor with Nashua copiers, fax machines, typewriters, word processors, computers and a franking machine. Commenting on the agreement Mr. Stogdale said: "We needed high quality equipment that we can count on."

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MOMBASA, July 3-9, 1992.

FREIGHT FORWARDERS OPEN PAIRS



THE OVER ALL WINNERS of the Freight Forwarders Open Pairs Tournament (from left) Mr. Leif the winner, Mr. M. Shah, Chairman, Mr. Noel, Winner, Mr. Z. Datoo, Director of Freight Forwarders and Dr. S.N. Shah, Tournament Director. The winning pair was from Norway.

Barclays Bank Win Driftwood Rugby Festival

LAST SATURDAY JUNE 27 was indeed a momentous day for Coast rugby with the very successful hosting of the TNT Driftwood 92 Sevens festival, writes Kimani Mbugua.

Over 700 enthusiastic rugby spectators were treated to an exciting day of rugby action by the complete galaxy of rugby

To grace the occasion were none other than the Kenya Rugby Football Union (KRFU) Chairman Mr. Dennis Awori, the TNT General Manager Mr. Henry Kubo, and the MSC chairman

Mr. Parminder Singh among other prominent personalities.

A total of 14 teams took part. Barclays Bank RFC retained the trophy after beating KCB 24-16 in the finals.

Local MSC, despite gallant efforts, found the going too tough for comfort and were bundled out at the semi-finals

by KCB. The bankers were a better organised and drilled side and deserved the win at 24-0.

Kisumu (Kondele) RFC were commended for being the team that travelled the farthest

Branco Ngiya of KCB won the best player trophy.

Refereeing was very ably handled by Kevin Obane and Tom Oketch from Nairobi and Jeff Radier and Mike Aminai from Mombasa.

The KSC was all festivities afterwards and all the teams from upcountry expressed their satisfaction with organisation of the tournament and look forward to "Driftwood 93".

This weekend MSC resume league against JKUCAT at the Kenyatta University pitch in Nairobi then next weekend on Saturday July 11 Mean Machine will come to Mombasa for their revenge match having lost to KSC in the first round.

BRIDGE RESULT

COAST BRIDGE Association's Open Pairs Bridge Tournament sponsored by Freight Forwarden Limited played at Whitesands Hotel on June 27 – 28, 1992. Noel and Leif 777; M.P. Shah and R. Malde 751; Blackie and Page 717; R.K.D. Shah and Bhanji 687; P. Savla and D. Trivedi 674 Sharma and Pujara 656 A.D. Shah and C.D. Shah 652 A.D. Shah and C.D. Shan 632 H. Modi and J. Babla 645 Ruparelia and M. Shah 638 K.P. Shah and C.P. Shah 609 Rohit 605 Dr. Rawal and Harilal 602 Kishor and Uttam 598 Kishor and Ottam 59% Kirit and Nitin 583 Dr. S.N.Shah and Mrs. T.Shah 583 Dr. L.D. Shah and P.J. Shah 577 Chandu and Chandrakant 546 S.R. Shah and S.K. Shah 496 Avinash and Narshiman 457. **Overall Winners:**

First: Mr. Noel and Leif 777, Overall winners: First: Mr. Noel and Leif 777, Second: Mr. R. Malde and Mr. M. Shah 751 and Third: Blackie and Page 717. Round Prizes: First: Mr. Sharma and Mr. Pujara 237, Second Mr. H. Modi and Mr. J. Babla 237 and Third: Mr. P. Savla and M. Trivedi 236.

RESULT OF the Duplicate Bridge played at Mombasa Sports (h) on Wednesday, June 24.

K.P. Shah and C.P. Shah 125, K. Shah and U. Shah 120, H.P. Modi and J. Babla 113, T. Pujara and Amu Shah 112, D. Trivedi and P. Savla 110, Sharma and P. Gandhi 108; S.K. Shah and S.R. Shah 104 Shah and Avinash 99 L.P. Gudka and Dr. K. Vora 94 C. Shah and Mrs. Reid 91 points



COAST BRIDGE ASSOCIATION held their Freight Forwarders Open Pair Tournament over the weekend. The financial director of Freight Forwarders Limited Zakir Datoo (left) is seen handing over the sponsorship cheque to the chairman of Coast Bridge Association Mr. M. Shah.

TIDE TABLES

High Water -3.2m at 06.09 hours and 3.6m at 18.22 hours.

High Water -3.3m at 06.52 hours and 3.4m at 19.05 hours.

High Water -3.3m at 07.37 hours and 3.2m at 19.51 hours. Low Water -0.3m at 01.18 hours and 0.6m at 13.37 hours.

High Water -3.2m at 08.25 hours and 2.9m at 20.40 hours. Low Water -0.5m at 02.01 hours and 0.8m at 14.31 hours.

High Water -3.1m at 09.19 hours and 2.6m at 21.37 hours. Low Water -0.7m at 02.47 hours and 1.0m at 15.33 hours.

High Water -2.9m at 10.23 hours and 2.4m at 22.49 hours. Low Water -0.9m at 03.40 hours and 1.1m at 16.49 hours.

Low Water -1.1m at 04.46 hours, and 1.2m at 18.20 hours.

NOTE: Standard Port is Kilindini: ADD 40 minutes for Lamu and

ADD five minutes for Malindi. Kilifi and Diani 'No Change'

ater -0 2m at 00.36 hours and 0.5m at 12.48 hours.

MOMBASA, July 3-9, 1992.

Low Water -0.4m at 12.01 hours.

SATURDAY:

SUNDAY:

MONDAY:

WEDNESDAY:

THURSDAY:

High Water -2.9m at 11.38 hours.

M.S.C. Cricket Team **Get Home With Five** Wickets To Spare ...

ON SATURDAY MOMBASA Sports Club played against Coast Gymkhana who won the toss and scored 145 runs. The main scorers were Sandeep (47), Jayesh (21), Mohamed (16). At one time it looked like CG would get about

Sandeep and Harish were aggressive especially with their middle order after Shakeel and Jeff had both bowled very good spells. MSC in reply lost three quick wickets but the Captain Huzefa (50) and newcomer Al-Karim (42) saw MSC home with five wickets to spare.

On Sunday the weather was different so was the result when MSC met Hatim Karimjee Sports Club. This was the first fifty over game at the Coast seen this season and it was played in a very good atmosphere and was very

HKSC put MSC into bat when the wicket fell at 40 runs when opener Jeff was bowled.

Shakeel (2) was bowled off his elbow. Hamza Jiwaji (25) Jayesh (27) Upendra (28) Aziz (19) Huzeifa (11) Mehboob (16) Jasmer (16) all got into double figures but never settled down to play a big innings. MSC were all out for 184 in 46

Kutub (19/3) Mustan (45/2) Ali Dar (12/2) bowled well but Shiraz (33/1) was the most economical and dangerous. HKSC chasing 184 runs in fifty overs were never struggling although Shakeel and Jeff were always tidy and aggressive.

Shiraz scored the first century (eight sixes and fours) of the season and HKSC never looked like losing the game.

There was not a single "run-outer" an LBW. Tomorrow MSC meets Mombasa Law Society. On Saturday July 11 MSC shall play Steel Africa Eleven, and on Sunday

Mombasa Sports Club could do with some support from spectators who shall be entertained by some friendly but competitive cricket, weather permitting.

Law Society

July 12, Coast Gymkhana.

MOMBASA BOWLING CLUB SINGLES CHAMPIONSHIPS



Championship during the weekend June 13-14 and the winner in Men's was Dr. Charlie Patel, runner-up was Bakir Ganiwalla. In ladies winner was Rozy Ganiwalla runner Nafisa Khanbhai. Bakir Ganiwalla (left) is



MOMBASA SPORTS CLUB Bowling Section played Club Singles seen with Dr. Charlie Patel, Rozy Ganiwalla.

No stamp duty or ledger fees on a current account? Impossible, isn't it?

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