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Coastweek

Issue No. 1650 December 24 - 30, 1993.

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SPECIAL
ISSUE

Christmas At The Coast

FESTIVE SEASON HOLIDAY ENTERTAINMENT GUIDE - PAGES 3, 4, 5, 6, 7, 8, 9, 10 & 11

Wishing Our
Readers A
Very MERRY
& PEACEFUL
CHRISTMAS

Huge Investment In Hotel Development

"RING-US-UP" DATE

THE RING US UP television auction of the Mombasa Round Tables could not go on air on December 17, 1993 as scheduled due to a breakdown at the Mazeras transmitter of the Kenya Broadcasting Corporation.

The Convenor said that all arrangements had been made to televise the show on Friday December 17, but KBC could not rectify the fault in time for the programme to go ahead.

A spokesman explained to COASTWEEK:

"Arrangements are now being made to set the date for the show to take place in January 1994.

"The Convenor would like to apologise to the sponsors, donors and the public for the postponement and to thank them for continuing to support the Mombasa Round Tables efforts."

NEWSFLASH
Mombasa's
Terrific New
"Valu-Plus"
Supermarket
SPECIAL OFFERS
FOR CHRISTMAS
- SEE PAGE FIVE

FURTHER Shs. 200 MILLION FOR NYALI BEACH COMPLEX

THERE WAS superlative food and entertainment galore, plus a carnation for all the ladies, at the Nyali Beach Hotel Christmas Cocktail Party enjoyed by some 400 guests from the tourism industry, local residents and business associates.

Tony Grove, Area Manager, conveyed greetings from Block Hotels throughout the country and revealed that next year 'we are spending over Kshs 200 million for further improvements to Nyali Beach Hotel'.

He also mentioned that they are thinking of converting the 'nineties block' into a Health Club with gymnasium, steam room, sauna, squash courts and small swimming pool which will be available to local residents as well as to hotel guests.

In response to popular demand the Bistro may revert to being the Long Bar as when the hotel first opened in 1946.

It was then a favourite watering hole for many local residents, and has been sadly missed.

Mr. Grove told guests that 43 rooms in the Garden Wing had been completely re-designed and re-furnished.

He described them as 'fabulous'. Fifty-nine more would be receiving similar treatment next year.

Rooms in the Superior Wing are going to be up-graded and said Mr. Grove, amid cheers 'we are putting in a casino and night spot. All Food and beverage outlets are being upgraded and we are looking at different styles of menus'.

Mr. Grove said that Joseph Mwangi, Group Training Manager, had spent nine months at the hotel on training, and Block Hotels are also considering sending some employees overseas to gain further experience and to bring back new ideas to Nyali.

Parrots Restaurant is being converted and may be moved further along the beach, while the hotel lobby has been refurbished. Said Mr. Grove 'the next area for improvement is the Fountain Bar'.

JOHN MUTUA

Declared John Mutua, General Manager 'my dreams are coming true to bring Nyali back to its former glory. Thanks to great support from Head Office, my management team and staff we shall achieve this goal'.

Entertaining at the party were Edmund Silveira and his Trio; Jean Koch's talented dancers, including



TONY GROVE, Area Manager, Block Hotels (right) at the Nyali Beach Hotel Christmas Party, together with his wife, Jill and John Mutua, the hotel's General Manager.

Special Report by NETA PEAL

the Nyali Tappers, also some 'mod and ethnic dancing by 'A Collection of Stars' who included a Brazilian number as a preview of the entertainment planned at the hotel's Copa-Cabana Carnival on New Year's Eve.

B.A.T. Party Boosts Mayor's Christmas Tree Appeal Fund



PHOTO - COURTESY GEORGE SUNGHU

CHAIRMAN OF THE KENYA PORTS AUTHORITY Hon. Rashid Sajaad, who is also a nominated MP, samples a blend of new cigarette "Gold Leaf" from a BAT Kenya Limited stewardess Miss Gloria Karani during a party to support Mombasa Mayor's Christmas Appeal. Mr. Sajaad, who was Chief Guest, helped raise over Shs. 200,000. He gave Shs. 120,000 from himself and friends.

Have A Smile

"I just found out that the Pub is not open on Christmas Day."

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Mohamed Mbondo Is 'Employee Of The Year' At Hotel Inter*Continental

'EMPLOYEE OF THE Year' at Mombasa Inter-Continental Resort is Mohamed Mbondo, electrician, who was delighted with his prize - a handsome sofa set, including two arm chairs.

It was presented amid cheers from around 600 employees and their spouses at the Staff Christmas Party which took place on the Banquet Terrace.

In a lucky draw forty received excellent prizes which included watches, a radio cassette and a goat.

There was food galore (served by the management team) and entertainment by 'Professor' Juma and his versatile troupe of dancers, acrobats and still dancer.

Stealing the limelight were chakacha dancers who on leaving the stage were im-

mediately captured by male partners - who appeared to know a thing or two about the chakacha.

Another big hit was the juggler who was fantastic doing the most amazing balancing tricks with glass bottles and not dropping one. Also entertaining was the hotel choir led

by Wilson Imbali, Assistant Executive Housekeeper, while given the honour of cutting the huge Christmas Cake was Mama Mary Akinyi - their popular staff cook.

Said Marwan Hamdun, Executive Assistant Manager 'the party is management's way of saying thank you to you all for your hard work during the year. Adding 'the hotel is eight years old and this is its eighth staff Christmas party'.

He read a message received from the chairman of the owning company (Equatorial Beach Properties) Duncan Ndegwa and Managing Director, Ibrahim Zakhem wishing employees a Happy Xmas and New Year and urging them to keep up the good work.

Mr. Hamdun went on to say that the hotel is expecting a lot of tourists between now and the end of March.



A SOFA AND TWO ARMCHAIRS went to the 'Employee of the Year' at Mombasa Inter-Continental Resort. It was won by Mohamed Mbondo, electrician, who is seen trying out the sofa - and declaring it to be extremely comfortable.



HONOUR OF CUTTING the Christmas Cake at the Staff Christmas Party at Mombasa Inter-Continental Resort went to Mama Mary Akinyi, their popular staff cook. Right is Ahmed Seif, Personnel Manager. Second right is Marwan Hamdun, Executive Assistant Manager.

The other good news was that Shanzu was attracting increasing business to the hotel.

"Then by the end of December ... I foresee that things will start to slacken off again ..."

VISIT-MOTHER CHRISTMAS



"Well I think that is taking equality too far!"



"Can't you ever forget that you are a factory Safety Officer?"



"He only goes out for a drink at Christmas time. Mind you, he never gets home until April!"



"He wants to know why you didn't give him anything?"



"What do you mean, a Merry Christmas! You're charging me for this drink, aren't you?"



MRS. TARLA SHAH receiving a golden chain from Mrs. Jaspal Kalsi while Mrs. R.K. Lall looks on. PHOTO: O.S. LALL.

Mombasa Ladies Wish Fond Farewell To Mrs Tarla Shah

MRS. TARLA SHAH, who for the last ten years has served as an Honorary Treasurer of Mombasa Women's Association Main Committee has been wished Bon Voyage on the eve of her departure to Canada by members of the association and their husbands who had got together at a sumptuous dinner party held in her honour at the Singh Restaurant.

In a speech given by Mrs. Ravinder K. Lall, the Hon. Secretary of the Mombasa Women's Association, she described Mrs. Tarla Shah as a most dedicated, sincere and committed member of the committee.

She added that Mrs. Shah was always meticulous in making her accounts and prepared her

Balance Sheets methodically and on time.

Her books were always up to date and she was at all times ready to accept any job happily and performed her duty.

Mrs. Jaspal K. Lall, the Chairperson of the Association wishing Mrs. Tarla Shah Bon Voyage presented her a golden chain and wished her and her husband a happy future and success in their new home.

Gala Party At Travellers' Beach



FOR TWO-HUNDRED guests, including tour operators, hoteliers and business associates, the Christmas Cocktail Party hosted by Travellers' Beach Hotel, Bamburi, was a grand opportunity to socialise as all lead very busy lives in the furtherance of tourism. Enhancing enjoyment was the attractive party venue by the swimming pool at the Bahari Grill - the focal point being its makuti-roofed circular bar as well as numerous buffet and drinks tables scattered around to avoid overcrowding. Nicky Dhanjel, a director, conveyed seasons greetings from his father Dalip Dhanjel, Managing Director, who was overseas. He thanked them for their co-operation and support throughout the year and said the hotel was "trying to give maximum facilities to our clients", describing this as "Five Star luxury for the price of a four-star hotel". Mr. A.R.S. Pardhan, Sales and Marketing Manager, Travellers Beach Hotel is seen with (right) with Vindi Oberoi, Kudip Touring Company; Freddie Schumacher, Swiss Consul and Managing Director, Private Safaris his wife, Lilo, and her mother Mrs. M. Burger.

LATE DUTY CHEMISTS

Saturday
2.30 p.m. to 5.30 p.m.
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December 25
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Sunday, 26th December 1993
BHANGRA DANCE COMPETITION
Total prize money KShs 20,000.-
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Monday, 27th December 1993
INTERNATIONAL DANCE SHOW
with Stargirls & Starboys
We wish all our esteemed customers a Merry Christmas & Happy New Year

LOTUS CINEMA WILL be showing *Killer Image* from today where Max Oliver, a twenty-five year old photographer finds himself caught in a nightmarish web of intrigue and murder. If he does not find out who is trying to implicate him, and why, he will be the next victim.

A suspenseful, frightening, and altogether too probable story torn from tomorrow's headlines, *Killer Image* is the tale of one man's struggle to clear his name against the deceitful plotting of a corrupt political dynasty that will stop at nothing to remain in power.

Max's brother Rick, also a professional photographer, has

been killed by Luther Kane, the psychopathic brother of senator Jonathan Kane, currently up for re-election.

Luther wanted Rick's compromising photos of the senator with Stacy, a prostitute who has since vanished.

When Max discovers the photographs, he immediately understands their implications, and it comes as no surprise to him when Luther breaks into his

apartment, determined to get not only the picture, but to kill him.

Max is saved by the appearance

**Abdul R. Sheriff
At The CINEMA**

of a nosy neighbour.

But Luther does not give up easily. He hires a prostitute to seduce Max and drug him.

When Max comes to, he finds his hands tied to a belt wrapped around the dead prostitute's throat.

Realizing he is in terrible trouble, he runs into the street and careens into a police car.

When he returns to the apartment with the officer, the prostitute's body

is gone

Not understanding what is happening, Max hops on his motorcycle and rides away in a frenzy.

Under a bridge, he is struck by Luther, who gets Max in the car and threatens to blackmail him with photos that suggest Max killed the prostitute.

Max has until the evening to bring him the negatives.

Their rendezvous will be at an amusement park.

If Max does not comply, Luther will give the police the picture of Max and the prostitute.

Max calls Shelly Rick's girlfriend, and tells her he is leaving a copy of the incriminating negatives in the apartment.

Scared, but knowing what he

must do, Max goes to the deserted amusement park.

At the roller coaster, he is stunned to see a car, with the dead prostitute strapped into one of the seats.

Taped to her shoulder is the photograph of Max strangling her.

He reaches over to grab the polaroid, when suddenly the roller coaster roars to life, and Rick is forced to go on a morbid ride with the dead girl next to him.

When the harrowing ride finally ends, Luther tells Max that these are not the pictures he wants.

He forces Max at gunpoint to bring the body of the prostitute back to his car.

At drunk driving checkpoint, Max ducks into a parking lot, where Luther chases him from floor to floor.

On the roof, thinking he has finally caught him, Luther is confronted by a bunch of punks, who pull their guns when he pulls his.

Having nowhere else to turn, Max goes to Shelly, who is understandably afraid of being with him, but is willing to help.

COOPER MOTORS MOMBASA AWARD



CMC MOTORS GROUP CHAIRMAN Mr. J. Benzimra handing over the Chairman's Trophy to Mr. Peter Vaz of Mombasa Light Vehicles Branch who were the winners of the award which was presented during a luncheon at a local hotel recently. Mombasa Light Vehicles Branch have won the trophy a total of eight times in the 14 years this competition has been in existence. Mombasa HCV were second.

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And a photographer who saw too much.

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...the focus is on terror.

MICHAEL IRONSIDE in
KILLER IMAGE

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Friday (Today) at 6.00 and 9.00 pm
Saturday, Sunday and Monday
at 3.00, 6.00 and 9.00 pm
(Please note extra 3pm show on Monday)
Tuesday - Thursday at 6.00 and 9.00 pm
(No Indian Film This Week)

A Wealthy Senator, His Psychotic Brother,
And a Photographer who saw too much
... the focus is on terror ...

We Wish All Our Patrons
A Merry X'Mas.

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Good Food At Reasonable
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When you reach Jubilee Building, turn your eyes left and admire the beautiful new multi-storey Harbour House.

Go passed the ultra-modern Miss Andrea's Boutique (which displays international clothing) enter the arcade and follow the music and blue appearance.

Here you will find Ingo's Snack Bar.

To greet you will be Mr. Maina who has left Dianl Reef after 12 years.

But when it comes to cooking it is the lady-Chef who is the great surprise.

Mary Nafula, trained in Italian Pastas and sauces by Mistral's Peter Rambelli, and having served many years at Nyal Inn, is the cuisine acquisition.

Though we had not tried anything at time of writing beyond coffee, we are sure Mary will prove her usual competent self.

Owner, Dieter is an expert in German sandwiches and hamburgers.

And each day there will be a different type of hamburger on offer.

At present the speciality is the double-portioned Hamburger

**ELAINE on
SHOPPING**

with Chips and Salad for only Kshs. 100/-.

This is mainly aimed at those who do not go home for lunch but who want to remain near their offices in Moi Avenue and environs.

Another day you might try the French version of Dieters special hamburgers or sandwiches.

The decor is cleverly done in bluing tones and mirrors, making the place look twice as large.

The locally-made chairs in blue and white have a chic imported look, and despite a smallish back-rest they are extremely comfortable and relaxing.

There is constant up-to-date video music and this itself has the background of the waterfall cascading down a wall-rockery.

With fans at full blast this blue tint, water and openness all add to a cool ambience.

In the drinks line there are milk shakes, juices, beverages, soft drinks and a very well-stocked wines and spirits bar.

Beers are both Export and Premium.

Basically a snack bar -with its daily and weekly special offer - you can also select from the main blue backed large, hard poster-type menu, be your choice chicken, steak or prawns

However, Dieter is a German Sandwich expert - the only one of his kind in Kenya.

Give Ingo's a try over Christmas.

They are open from 8.00 am till late at night.

A tiny titbit; Maina was Dianl Reef's Father Christmas for 12 years so he can put you in the mood.

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(PATRONS PLEASE NOTE EXTRA SHOW)
Daily at 5.45 and 9.00 pm

messing around

WARNING!
**YOU WILL NEVER LOOK AT GIRLS
THE SAME WAY AGAIN!**
Adults only

'Mugumu Farm' Makes History As First 'Zero-Grazing' Dairy Outlet Along Coast

JUST IN TIME for Christmas and the New Year is the successful launch of a new 'zero-grazing' dairy enterprise at Kikambala - the first of its kind along the Kenya Coast.

In fact the Directors of 'Mugumu Dairy Farm' held the official opening of the milk processing factory less than one year after the project was initiated.

The year has been very busy, starting from scratch to develop a dairy farm and processing unit of the highest standard here on the Coast.

The Friesian-Holstein and Jersey cows were imported, as was all the dairy equipment and the milk processing equipment right down to the specially-balanced feed mix and the animal husbandry technology.

The Directors, Daniel Kaner, Addi Viner, and John Owles are keen to establish top quality standards and to produce the best quality dairy products in the region.

The dairy farm is run on zero-grazing principals, special attention is paid to hygiene and health.

The problem in the past in the Coast area has been the tsetse fly, ticks and other disease-carrying insects.

'Mugumu' keep their cattle strictly separate from any other animals, they are given a daily health check and the farm is surrounded by fly traps to prevent any disease.

John Owles the dairy farm expert is qualified to treat the cattle in case of illness and keeps a stock of the necessary medicines available for immediate treatment.

The feed mix is not only ideally-

balanced for a healthy diet, but also can be used to give preventive medicine to the cattle.

These health and hygiene standards are immediately obvious

Special Report By AMANDA STOKES

when you watch the cows being milked.

Firstly the cows udders are thoroughly washed down before the sterile milking equipment is attached, then after milking is completed, the udders are bathed in disinfectant.

The milk yield is another health check, it is weighed and recorded and any drop in yield noted is an indicator of poor health and calls for the cow to be checked out.

The milk is passed through a filter and immediately rapid-cooled to four deg.C as it passes into the milk processing factory to be pasteurised.

This immediate cooling is important as it prevents the bacteria present in the raw milk from multiplying.

Equipment

Correct pasteurisation is a critical process as unpasteurised milk carries bacteria which can cause brucellosis, a possibly fatal disease.

'Mugumu' milk pasteurising is fully automated and very rapid, the milk passed from the chiller through the pasteuriser, it is rapidly heated to the correct temperature and rapidly cooled back down to four deg. C and stored in a chiller tank awaiting packing.

Packing is semi-automatic, with pre-set filling and heat sealing of the plastic bags.

At the pasteurisation stage, the milk is skimmed and the cream separated off.

'Mugumu Dairy' produce a range of quality milk products - Whole milk, skimmed milk for those watching the fat in their diet and cream are the products which have been available through supermarkets for some time.

'Mugumu' have been working closely together with Kantech, who are the agents for Pladot, the dairy equipment suppliers.

This the fourth milk processing factory that Kantech have installed

in Kenya and they supplied all technical support.

Pladot also sent representatives over for the opening, especially to train the Mugumu staff in making the dairy products.

Pladot showed them how to make a range of yoghurts, natural and with real fruit flavours, cream cheeses and salt cheeses, natural and with flavourings, cheesecake dessert, chocolate cream dessert, butter and herb butter and chocolate milk.

At the opening ceremony all this range of dairy products was available for tasting.

The spread and variety was most impressive and the flavours really

super.

All the visitors were so impressed with the quality and taste that they kept trying all the different products and had no space left for the curry lunch afterwards.

'Mugumu Dairy Farm' are very willing to help local farmers and offer advice and assistance with their farming.

Health Check

They are buying additional milk from these farmers, provided the milk passes the health check.

Visitors who would like to see the installation are welcome by arrangement, please telephone first on (0125) 32447-8.

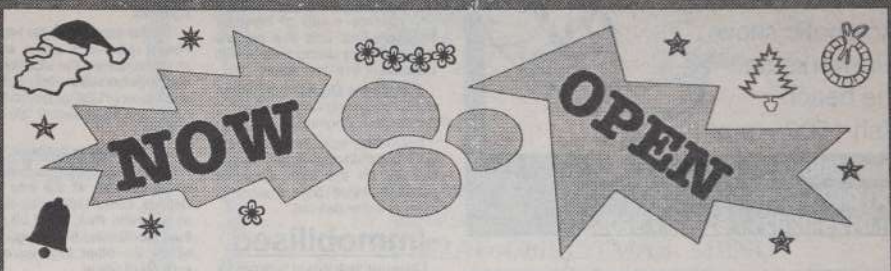
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BRIDGE RESULT

RESULTS of duplicate Bridge tournament sponsored by Dr. and Mrs. S.N. Shah, played at Little Theatre Club on Dec. 14,

J. Babla and M.P. Shah 233;
R. Maide and R. Chandaria 219;
Dr. H. Rawal and H. Dodiha 203;
Mr. and Mrs. M. Shah 201;
C.D. Shah and H.P. Modi 200;
Mr. and Mrs. M. Shah 193;
C.M. Shah and C.C. Shah 192;
Mrs. Reinsford & Mrs. Phillippe 190;
R. Ruparella and M. Sawjani 187;
Mr. and Mrs. K.R. Shah 175;
K. Maide and A. Thakur 166;
Dr. and Mrs. S.N. Shah 156;
T. Pujara and K.C. Shah 148;
Dr. J.D. Shah & Ms. B. Babla 134;
S.R. Shah and S.K. Shah 133.

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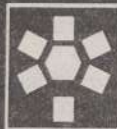
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and a
HAPPY New Year.

Offer Valid Only in Mombasa
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ARIES DATA SYSTEMS

Luxury Yachts In Mombasa And A Curious Salvage 'Call' From Mogadishu To Djibouti

IT CERTAINLY APPEARS to be the "luxury yacht season" at Kilindini, for more or less no sooner had the lovely *Sea Sedan* left at noon last Friday, did the equally fantastic luxury motor yacht *Jonikal* arrive to anchor for a while before moving off into port.

An hour or so after her arrival came the smaller luxury yacht *Poseidons Quest*, which anchored off the Mombasa Yacht Club.

Wooden hulled, she is nevertheless a sweet little thing.

I understand that the previously intended dive vessel that was going to operate for the 'One Earth Safaris', unfortunately foundered in the Red Sea.

The *Poseidons Quest* was in the vicinity, picked up the May Day, and came to the rescue, taking off the other crew, and trying valiantly, in keeping the other yacht afloat, regrettably however without success.

The *Poseidons Quest* I believe, will operate south of here for between four and five months offering luxury diving safaris, with duration of five days each.

Poseidons Quest forms part of the luxury Diving Charters fleet, of Lancashire, England.

Interesting topic for discussion is the question of salvage or rescue towage on the high seas, or perhaps rather, how urgency is interpreted or defined.

Immobilised

Case in question is of bulk carrier which had suffered main engine damage roughly sixty miles east of Mogadishu.

The casualty's crankshaft was damaged and so the vessel was immobilized and drifting.

Fair enough, one might say, sixty miles is a fair distance off shore so as not to arouse undue alarm.

Nevertheless, the point is this:

Gordon Cuthbert On SHIPPING

There are, I am told, three or more tugs operating at Mogadishu port, with the necessary gear and power to proceed to this particular casualty and render necessary salvage services, which it surely must be.

There's a vessel, immobilized, with no immediate hope of remedying the situation, other than to drift around the ocean, until such time that she eventually runs aground.

OK fair enough, all the hapless vessel requires is a tow, but as aforementioned, the situation that she finds herself is really salvage and a case of 'LOF' or Lloyds Open Form, with the criteria of 'No Cure, No Pay'.

I will get back to the point.

What is fascinating, is that a tug was mobilized all the way from Djibouti, some 1260 miles distant as the crow flies, a fair bit more than the 60 miles from Mogadishu where the other tugs were, I'm sure you'll agree.

Obviously the casualty's underwriters, owners etc. evaluate the situation prior to granting one or other salvor the 'greenlight'.

But let us suppose, which should I believe be the case, that all the would be salvors offer the identical terms, that is Lloyds Open Form, then there's really little to decide as to who gets the job.

I personally would think that the closest would or should stand the better chance, especially when the other/s are all of 1200 miles further away.

Still that's the way the cookie crumbles in certain circles.

The freight *Pecine* arrived on Saturday morning, and dropped the hook at B anchorage.

She's laden with 5,400 tonnes of rice. Trim looking vessel, appears at first glance to be a reefer, for she's all dressed up in white.

Once again, back at the establishment, *New Outrigger Hotel*, I met a couple of guys off the *USNS Potomac*, which arrived

from Mogadishu the other day, and apart from provisioning is having a crew change.

The two chaps must have weighed all of 140 kilos each, I mean large.

Not surprisingly their berths were on either side of the vessel, otherwise she'd have had quite a list!

Two 'clean' tankers are scheduled to arrive towards the end of the year, both with bulk tallow.

Vessels in question being the *Botany Troubadour* and the *Freja Nordic*.

The two's needs while here will be taken care of by Inchcape Shipping, who amongst other vessels will be taking charge of the *DSR African Sun* which I see is listed as coming in to discharge a number of containers as well as explosives and ammo (getting ready for the new years pyrotechnic show!)

Cotton Seed

Incidentally Inchcape will also have the good ship *Al Rabbu* in their hands over the festive season.

She comes in to load 2200 tonnes of cotton seed cake, which I understand can be quite a combustible cargo.

"Have a nice Yuletide y'al".

Aga Khan Hospital Workshop

AGA KHAN Hospital, Mombasa has held a one day workshop on 'Total Quality Management'.

The objective of the workshop was to create an awareness on the importance of pursuing continuous improvement in every process through the integrated efforts of all members of the hospital services.

The workshop was attended by members of the Hospital Board, Chairman of the Aga Khan Health Service, Kenya Dr. Nizar Verjee, the Chairman of the Hospital Board of Governors, Mr. Lutfi Maherali and other members of the Board of Governors, management staff, heads of all the various hospital departments, and private visiting doctors.

The workshop was conducted by Dr. Roy Kirby, a consultant specialising in 'Total Quality Management'.

HEALTH TIPS

Delusional Love ?

DELUSIONAL JEALOUSY last week, now delusional love.

A little while ago a local man ran an article about a woman who harassed Sylvester Stallone the actor out of his wits.

Apparently what happened is that she followed him everywhere, called and wrote him with such intensity that he called the police for protection.

Rambo? His fans hold him in such esteem it must be inconceivable anyone could bother him to such an extent. But the woman did.

Such a situation sounds odd and most people would pass it off as the ordinary woes in the life of media stars.

To therapists, however, Stallone had most likely encountered a case of delusional love.

A delusion is a firmly held belief that is untrue and which makes sense only to the one who holds it.

When delusional love occurs, the subject usually a single woman, believes that an exalted person is in love with her.

Funny isn't it?

One would expect it would be the woman who should be passionately in love with the star, but that would be true and not delusional love.

Secondly, the person is usually a prominent personality such as a lawyer, doctor or popstar who is out of reach of the woman in one way or the other.

In that case Stallone was married and also out of reach of the ordinary fan.

Another observation is that the woman believes that it is the other person who first

fell in love with her, is more in love or even the only one who is in love.

This belief helps the woman feel quite important. She may believe that the man of high standing made the first advances, not her.

That he chose her and not vice versa.

She becomes convinced that he cannot be happy or a complete person without her. Its amazing how intricate the system of beliefs become.

The woman may claim that the man is being stopped by circumstances from calling her directly, such as being too famous to come to her neighbourhood or, a hostile wife.

So he has to resort to extraordinary means to reach her.

For instance seeing him waving on TV may convince her that the wave was a secret signal to her.

To help him out of his predicament she telephones, writes and way lays the subject until she becomes a nuisance.

Any attempt by him to stop the woman only makes her more determined, convinced that he has to pretend to reject her to allay suspicion of his love for her. Poor Stallone.

But some of these women turn around when they are rebuffed and try to spoil the reputation of the person. Love turns to hatred.

Though most cases are women, men occasionally have this problem.

You can breath a sigh of relief however, the condition is uncommon.

by Dr.
ERIC MAINA

FESTIVE FASHION SHOW AT REEF HOTEL

FOLLOWING A very successful Fashion Show at the Windsor Golf and Country Club, Nairobi, Nanni Kenisberg will next be showing her exciting fashion-wear by the poolside at Mombasa's Reef Hotel on December 28 at 9.00 p.m.

Nanni, an Israeli born in Russia, started her career in fashion designing in Israel some 20 years ago.

Her first public fashion show was such a success that her

Nanni Kenisberg's Super Paris Boutique Designs

business expanded all over Europe.

Rachel Brauer's Boutique in Paris remains to this day one of her best clients.

She designs clothes for women of all ages who like a versatile wardrobe and

something vitally different.

Nanni came to Kenya with her husband two years ago and has been living at the coast for about three months.

She finds it very stimulating here with beautiful colours everywhere which has given her

great motivation in creating a new range of fashion designs.

She is very interested in mixing materials - silk, chiffon and velvet combined with beautiful patchwork ensembles, while simple colours like black, grey and white become exciting cocktail and evening wear.

The fashion show follows an Oriental Dinner with lots of flavoursome vegetarian and non-vegetarian cuisine at which this hotel excels.



SUNDAY LUNCH WITH "TAKE FIVE BAND"

* BEACH BANDAS
* THE BEACH BAR

TEL: DIANI 2155

The sun sets in the western sky, The crowd waits in silent anticipation and suddenly, a deep voice booms through the evening air.

"It's the
" *Nyali*

Copa - Cabana Carnival "

Don on your most bizarre costume and abandon yourself in the merry making to welcome the New Year on 31st December '93

Fabulous group and individual prizes for best costume to be won.

1st Prize: Return air ticket to Johannesburg!

A series of entertainment is organised and Ed Silveira is sure to keep you on the dance floor.

The evening starts with a welcome cocktail and thereafter a delicious buffet. Goulash soup is served after midnight and "Casasha" a Brazilian Punch will keep your spirits high.

Come celebrate the New Year in true Carnival Fashion!

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SPECIAL CHRISTMAS MENU

From 24th to 27th December, 1993.

Traditional Christmas Turkey Menu: Five course dinner
1800/=

A la Carte also available

**** NEW YEAR'S EVE EXTRAVAGANZA ****

From 7 pm

8 pm: Gala Dinner

Spicy Lemon Prawn Soup

Avocado Crab

Smoked Seafood Platter (a composition of) (Prawns, Tunafish and Sailfish)
Served with Two Sauces

Roast Duck a "1" Orange Served with Cashewnut Potatoes & Baugitere of Vegetables

OR
Lobster "Pasqualino" Served with Saffron Rice

Creamed Fruit Salad

Aquamarine Coffee

Chocolates

A Basket of Fruits

10.30pm into the New Year: Dance Party * Live Band
3,000/=

Come and Party at Aquamarine!
See the New Year in under the stars at Mtwapa Creek
Reserve your table now on 486582

FESTIVE

MOMBASA
INTER-CONTINENTAL
RESORT

SEASON

EVENTS FOR 1993 CHRISTMAS & NEW YEAR

Friday 24th December, 1993
Christmas Eve

Christmas Carols by Hotel
Employees Choir
Christmas Eve Buffet
Dinner - Pool Garden
From 7.30 pm
Kshs. 1350/- P.P

Mombasa Roots Band and
Fantastic Acrobats

Vasco Da Gama Restaurant open
for a la carte
Eddie Farrah on the Keyboard

Saturday 25th December, 1993

Father Christmas arrives at
11.00 a.m

Traditional Christmas Lunch
at Frangipani Cafe
From 12.30 p.m

BBQ Dinner at Ballroom Terrace
with Mombasa Roots Band
Vasco Da Gama and Dhow Terrace

Restaurants open for
a la carte

Tuesday 28th December
1993

Chinese Dinner with Wok
cooking at the
Ballroom Terrace.
Oriental Extravaganza
by the famous Bora Bora
dancers.

Kshs. 950/- P.P

Wednesday 29th December,
1993

A Safari through Africa
Mombasa Roots Band and
Ushikamano Dancers

Thursday 30th December,
1993

Seafood Specialities at the
Dhow Terrace Restaurant

Friday 31st December, 1993
New Year's Eve

A taste of Six Continents
Buffet dinner at the pool garden
Mombasa Roots Band
and G 10's Disco.
Dancing in the
Le-Club Discotheque till dawn.
Spectacular fireworks display at
midnight to bring in the New Year
Kshs. 2400/- P.P

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**This Sunday
 Tina Turner Live!
 INXS**

Showing on laser disc over lunch at the **Hard Rock Cafe**

On New Year's Eve...
 Hard Rock ain't nuthin' but a party!

Rock out the Old-Roll in the New. On 31st Dec. 1993 from 8 pm. Come dance the night away the Hard Rock way.

Just put on your dancin' shoes and bring your friends along, for the sake of 'Auld Lang Syne'... and for the fun of it!

It's all happening at



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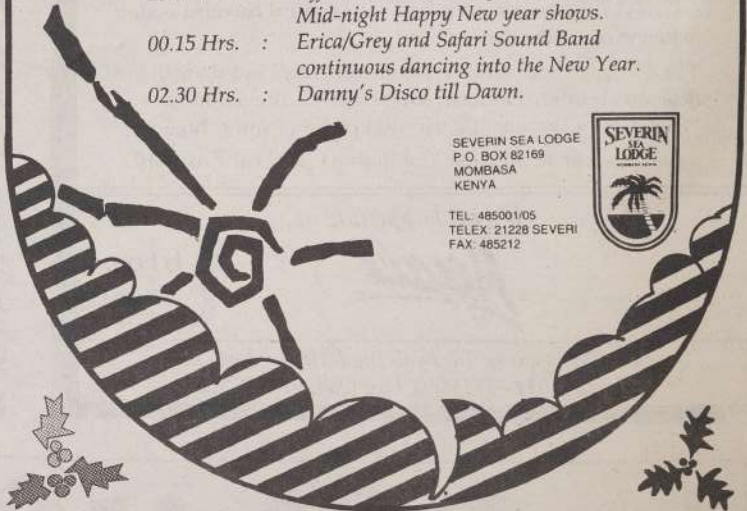
Shanzu Beach, Mombasa.
 Tel: 485811.

City Hall Way
 Tel: 335550

NEW YEAR 94

Friday 31st December, 1993

- 0.9.00 Hrs. : Bush Tour with our Animator.
- 12.00 Hrs. : Guitarist playing at Rahaleo Lounge.
- 16.00 Hrs. : Tea Party with Acrobatic Artists in Rahaleo Lounge.
- 19.00 Hrs. : Management Cocktail Party at the Reception Lobby and Car Park area with Jomar Duo.
- 20.00 Hrs. : Gala Dinner in Restaurants.
- 20.30 Hrs. : Safari Sound Band at Safari Pool.
- 23.00 Hrs. : New years' music spectacular with Erica and Grey at Safari pool.
- 23.55 Hrs. : Official count-down by the G.M. and Mid-night Happy New year shows.
- 00.15 Hrs. : Erica/Grey and Safari Sound Band continuous dancing into the New Year.
- 02.30 Hrs. : Danny's Disco till Dawn.



SEVERIN SEA LODGE
 P.O. BOX 82169
 MOMBASA
 KENYA

TEL: 485001/05
 TELEX: 21228 SEVERIN
 FAX: 485212



<p>REEF HOTEL</p> <p>FESTIVE SEASON PROGRAMME 1993 / 94</p>	<p>24/12/93</p> <p>at 8.00 p.m. Candle Light Christmas Dinner with carol singers 1,350/- p.p.</p>	<p>25/12/93</p> <p>at 7.30 p.m. Christmas Day Dinner & Carols Super Show! Vikings & Stars J. Sessanga, Jackie O., Charlie from Jamaica 1,600/- p.p.</p> <p>4.00 p.m. Childrens' X-Mas Party 250/- per child</p>	<p>26/12/93</p> <p>at 8.00 p.m. African Village Festival (Nyama Choma Nite) Bush Warriors Flying Brothers Traditional Show Akamba Dancers Bombolulu Market 1,250/- p.p.</p>	<p>27/12/93</p> <p>at 7.30 p.m. Caribbean Nite with Limbo Show Limbo King & Queen Competition with surprise prizes Stage Show by Charlie Anderson & the Vikings. 1,100/- p.p.</p>	<p>28/12/93</p> <p>at 7.30 p.m. at 19.30 Oriental Food Festival Fashion Show & Music 1,000/- p.p.</p>
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**Fri
24 Dec**

Restaurant
8 pm: Candlelight Christmas dinner menu.
10 pm: Carol singing by the Emmanuel CPK Youth Choir
Mamba Disco
12 pm: Show time with the Collection stars.
"The Rythm Nation Show"
Disco open till 6 am.
Host: Graham Katana

**Sat
25 Dec**

Restaurant
Dinner: Grand Arabian buffet, catered by Marwan.
Mamba Disco
10.30 pm: The great Arabian night show featuring
AZIZA - Egyptian Queen of Belly Dance.
MALIKA MOHAMED - Singer of the year with her own taraab band. Arabian musical group and Egyptian folk dancers with traditional Arabian snacks by Marwan.

**Sun
26 Dec**

Restaurant
Lunch: African lunch buffet from 12 noon.
Mamba Disco
10 pm onwards. The best African show in town.
Dancing till 6.00 am.
Host: Katana Graham



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EYECATCHERS

FESTIVE FARE

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Christmas Day Lunch**

A la carte menu with turkey, Christmas pudding, Kir Royale, crackers and mince pies, shs400 cover charge

New Year's Eve

Special gourmet menu with many delicious courses.
Resident band and disco until dawn.
Lots of fun, games and prizes.
shs4,000*

*Inclusive of taxes and service charge



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NEW YEAR'S EVE PARTY!

NEW YEAR'S MENU

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PASTAS

Homemade Ravioli
Mushroom Tortellini

MAIN COURSES

Seafood Platter
Prawns Cooked in 3 styles
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& PROSPEROUS NEW YEAR TO
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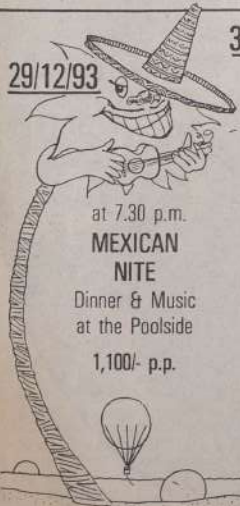
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Indian
Cuisine with
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Delicacies*



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Mombasa

Please Note that the
Restaurant shall remain
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on Sat. 25th Dec. '93
for lunch and dinner

29/12/93



**MEXICAN
NITE**

at 7.30 p.m.
Dinner & Music
at the Poolside
1,100/- p.p.

30/12/93



**Seafood
Dinner**

at 7.30 p.m.
Pressmen Band
with Juliet Sessanga
& Bingo.
1,200/- p.p.

31/12/93



**New Year's Eve
GRAND GALA
BUFFET**

at 8.00 p.m.
Show Time with
The Vikings Band,
and guest stars,
Juliet Sessanga, Jackie O. & Charlie
Hez Maranda, Midnight Fireworks
Late Snacks
Dance till you drop!

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featuring
International Stars
JULIET SESSANGA
from Uganda
and
JACKIE O.
with the
Vikings

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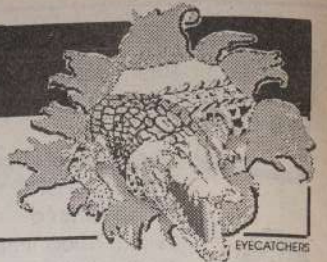
Mamba Disco ...the 'in' place

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Live Rock Band
6-9p.m FREE Entrance
9p.m onwards 50/=

FRI - LADIES NITE
Gents - 120/=
8p.m - 5a.m

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(Special Events)
Gents - 100/=
Ladies - 50/=

G - 10's SOUND



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together with **AL SULTAN RESTAURANT**
presents an **INDIAN MUSICAL NIGHT** at Indiana Beach Apartments - Bamburi on 27th Dec. 1993 at 8.00 pm
Music by SUKHDEV & EKTA
FASHION SHOW by Teezat Boutique
Barboque Dinner Veg + Non Veg by Al Sultan Restaurant
Cost Kshs. 850/- p. person.
Tickets available at Kuldip's Tours office
Tel: 228751 or Al Sultan Restaurant tel: 222718.

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◆ BUFFET LUNCH OFFERED

ON SAT. 25TH, SUNDAY 26TH AND MONDAY 27TH DECEMBER 1993

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Early Bookings Recommended

CHEF GIULIANO OFFERS
Special Turkey Menu for Christmas with a Free Glass of Wine

Set amid fragrant Frangipani trees, with a shoreline view of the ocean, this informal open air restaurant will be open for lunch and dinner over the festive season - 25.12.93 to 2.1.94.

For table reservations and transport arrangements,
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Fax. 229028.
Courtesy minibus serving North Coast hotels. (Minimum no. - 4 people).

The Italian Restaurant
LIVE MUSIC in the evenings
LA TERRAZZA
At the International Casino, Mombasa.

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at **OCEANIC HOTEL**

Specialised in Indian Tawa Cuisine

Special Sunday Lunch Buffet with FREE swimming for kids
299/- Adults 200/- Children

Run by former Sher-E-Punjab's Chef Ram Narayan

Come try our Taka Tak Tawa Veg Dishes, Meat Dishes, Tandoori Dishes, - are our house specialities

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AIRCONDITIONED

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* CURRIES
* FRESH SEAFOODS
* SALAD BAR

Introducing Curry Lunch Buffet with Salads
Monday to Friday
TEL: 313572/225848

DECEMBER 25th

Saturday 25th December, 1993

- 09.00 Hrs. : A visit to a country church outside Mombasa for a church service with our Animator.
- 13.00 Hrs. : Christmas Carol singers at the Snack restaurants, between 1.00 - 2.00 o'clock.
- 16.00 Hrs. : Tea Party with X-Mas play by choir around Safari pool.
- 18.30 Hrs. : Jomar Duo at Reception Lounge.
X-Mas Happy hour Cocktail at Reception Lounge.
- 19.30 Hrs. : Ancient Arabic Buffet at Safari pool.
- 21.00 Hrs. : Safari Sound Band at Safari pool.
- 22.00 Hrs. : Super Acrobatic show at Safari pool.

Xmas

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FREE ENTRANCE TO ALL LADIES ON SATURDAYS
NO WHERE ELSE IN MOMBASA
Special Bar Prices from 9.30pm onwards

SHOWBOAT
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The night spot with a difference. The interior designed as the Captains Deck. The lights and sound with a synchronizing effect. The D.J. is "FINE". The Shows most spectacular at 23.00 hrs. The Bar well stocked. The ideal meeting place for friends. Open on Wednesday, Thursday, Friday and Saturday 21.30 onwards.

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Mamba Tonight

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Open from 6 pm, Daily

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Mombasa

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Free transport from North Coast Hotels

WIR MÖCHTEN Ihnen hier *"Mr. Patel"* vorstellen:
Er heißt Joshua Onyango und ist der Currykoch im Nyali Beach Hotel, ist aber besser bekannt als *"Mr. Patel"*, da er hervorragende Currys zubereitet, von denen viele Gäste und auch lokale Besucher schwärmen.
Joshua ist seit 1991 in der Hotel- und Verpflegungsindustrie tätig. Er war eine Zeitlang in einem Strandhotel angestellt, das für sein Currybuffet am Sonntag berühmt war.
Seit fünf Jahren kann nun das Nyali Beach Hotel von seinem

von Neta Peal

kulinarischen Können profitieren.
Er ist überdies sehr erfindungsgreich, nicht nur, wenn er Fleischgerichte kreiert, sondern er verfügt auch über rund 100 exklusive Rezepte für Vegetarier, wobei das Gemüse nur leicht gekocht wird, um den Eigengeschmack und die Vitamine beizubehalten.
Vegetarische Gerichte sind die ganze Woche hindurch in diesem Hotel erhältlich.
Das traditionelle Currybuffet am Sonntag im Nyali Beach

Vertreter von ITS JET REISEN vom Southern Palms Beach Hotel beeindruckt

NUR DIE BESTEN Eindrücke erhielten die 12 Vertreter von ITS Jet-Reisen von den Touristenattraktionen, die Kenia zu bieten hat, sowie von den guten Dienstleistungen und Einrichtungen im neuen Southern Palms Beach Hotel, Diani, wo die Reisefachleute sechs Tage wohnten.
ITS Jet-Reisen ist der drittgrößte Reiseveranstalter in Deutschland, der auch keine Anstrengungen scheut, um für Keniareisen zu werben und die Buchungen wieder anzukurbeln.
Nachdem die Besucherzahlen jedes Jahr ständig zugenommen hatten, sind in der vergangenen Saison weniger deutsche Touristen nach Kenia gekommen, was hauptsächlich auf die vielen übertrieben negativen Presseberichte über dieses Land zurückgeführt wird.
Die Reisefachleute konnten sich nun selbst in Kenia umsehen und von der Lage überzeugen, so daß sie in Zukunft ihren Kunden aus eigener Erfahrung berichten und ihnen das Land wärmstens empfehlen können.
Southern Cross Safaris (Mombasa) Limited, für die Landarrangements von ITS Jet-Reisen verantwortlich, führte die Gruppe auf Safari durch die Tsavo-Nationalparks mit einer Übernachtung in der Salt Lick Lodge von Hilton International.

Die restliche Zeit verbrachten sie im 160-Betten 4-Sterne Southern Palms Beach Hotel, 35 km südlich von der Insel Mombasa entfernt am wunderschönen Dianstrand.
Die Condor Chartermaschine war in Deutschland bei Temperaturen unter Null weggefliegen und landete auf dem internationalen Moi Flughafen von Mombasa in der strahlenden warmen Tropenzone.
Das kristallklare Wasser im

JONACO Construction Company. Bauunternehmung mit deutscher Beteiligung. Fachmännische Beratung und Ausführung sämtlicher Bauvorhaben. Das erfahrene Unternehmen für deutschsprachige Investoren. Bitte schriftlich an: Jonaco Construction Company, P.O. Box 623, Ukunda.

Der Curryspezialist im Nyali Beach Hotel

Hotel lockt nicht nur die Hotelgäste, sondern auch Anwohner an, darunter viele Indier, die sich auf solche Gerichte bestens verstehen.

Pizzas, mit 50 vegetarischen Sorten, wovon die *Bombay Pizza* am beliebtesten ist, während *Fleischliebhaber* die *Pizza Africana* mit Huhn sehr

Wir wünschen unseren Lesern fröhliche Weihnachten!



Joshua kreiert ferner seine eigenen Chutneys und hat Rezepte für 25 verschiedene Arten.
Er ist in seinem Element, wenn das Hotel eine *"Indische Nacht"* arrangiert und er seine ganzen Kochkünste zeigen kann.
Er ist aber auch Spezialist für

DAS SPIEL UM DEN WIDDER!

ES WAR EINMAL ein Mann, der hatte einen schönen Widder. Als der Bauer älter wurde, beschloß er, den Widder zu verkaufen.

fand er den Schuh. Er hob ihn auf, probierte ihn und sah, daß er paßte. Da es aber nur ein Schuh war, warf er ihn wieder weg und ging weiter.

Eines Morgens ging er mit dem Tier auf den Markt. Dort band er den Widder an einen Pflock und setzte sich unter einen Baum.

Als der Bauer außer Sichtweite war, nahm der Mann seinen Schuh wieder zurück. Dann wiederholte er das ganze Spiel und warf den anderen Schuh nach einigen Hundert Metern auf die Straße.



Ein afrikanisches Märchen, ins Deutsche übersetzt von Wycliffe K. Akombo.

Da kam ein Mann vorbei, der den Widder kaufen wollte. Sie handelten lange um den Preis, aber sie konnten sich nicht einigen. Der interessierte Käufer ging enttäuscht davon. Er war aber so sehr an dem Tier interessiert, daß er überall herumerrückte, der Widder habe ein krankes Bein und sei praktisch wertlos. Deshalb wollte niemand den Widder kaufen.

Am späten Nachmittag machte sich der Bauer mit dem Widder auf den Heimweg. Der Mann, der den Widder kaufen wollte, folgte dem Bauern, als er den Markt verließ. Als sie bei einem kleinen Waldchen anlangten, überholte der Mann den Bauern, ohne daß er es bemerkte.
Der Mann ging einige Hundert Meter voraus, zog einen seiner Schuhe aus und warf ihn auf die Straße. Als der Bauer kam,

den anderen Schuh zu holen. Da kam der Mann aus dem Gebüsch, nahm den Widder wie auch seinen Schuh, den der alte Mann liegengelassen hatte, und ging fröhlich nach Hause.

Aber in der Nacht, als der Mann schon eingeschlafen war, kamen alle Männer aus dem Dorf, die dem Bauern halfen, den gestohlenen Widder zu suchen. Als sie ihn bei dem Mann fanden, brachten sie diesen am folgenden Tag vor Gericht, wo er zu einer hohen Geldstrafe verurteilt wurde. Das Spiel hatte sich für ihn nicht gelohnt.

"SUPREMES" IN MOMBASA



Am Weihnachts-Wohltätigkeitskonzert, das der African Safari Club arrangiert, traten internationale Unterhaltungskünstler auf wie die *"Supremes"*, das weltbekannte Gesangstrio aus den USA. Diese Gaia Beach Party, die von mehr als 1800 Gästen besucht wurde, erbrachte rund Kshs 3,500,000 zugunsten wohltätiger Organisationen.

schützen.
Pizzas werden im Bistro Michana und im Parrot Restaurant am Strand serviert.
Zu Beginn seiner beruflichen Karriere besuchte Joshua auf eigene Initiative eine Kochschule in Kisumu, die auf indische Küche spezialisiert ist. Später schrieb er sich bei einem anderen College in Nairobi ein, um auch seine Kenntnisse in der Internationalen Küche zu erweitern.
Zu den beliebtesten Gerichten auf dem Currybuffet am Sonntag gehört *Chicken Mughal* - nach seinem exklusiven Rezept - während Vegetarier *Mung Dal*, grüne Linsen, Indisches Gemüse mit Rahm bevorzugen.
Zum Currybuffet am Sonntag gibt es Unterhaltung von Danny's Einmann-Band. Er ist ein vielseitiger, talentierter Musiker mit einem großen Repertoire, einschließlich Jazz.

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CROSSWORD NO. 430

NAME.....
ADDRESS.....

- ACROSS
- Shut up in close, I would strike fear into ... (10)
 - ... three or four characters (4)
 - Arrive to clean up, like Shakespeare's lady and girls? (4, 2, 4)
 - Old portion of garage door (4)
 - Came in tangled net, a broken reed (7)
 - Fret about waste (6)
 - Briefly, not in real property owner's income (6)
 - Playing Titania and Hippolyta. Heather has the town in doubt (8, 3, 4)
 - Adjective for certain scoops and straws (6)
 - "With... bubbles winking at the brow" (Keats) (6)
 - How the ball was hit by poor Dickens (7)
 - Look that is enough to make one stagger back (4)
 - A kind of cheque; one comes in my direction (3, 5)
 - This Major is very highly placed (4)
 - Graduate with royal vessels procures aid for cook (6, 4)
- DOWN
- Fastidious town (4)
 - Girl in the embrace of Sir Marmaduke (4)
 - Disorderly Nine about to recite in singing voice (6)
 - Article described shivering chap as a funny character (6, 9)
 - Listener takes in broken set for the festival (6)
 - Ceremonial service in Buckingham Palace (4, 6)
 - Conservative divisions give out a direction (10)
 - Girl under the tree has desirable quality of a fashion model (10)
 - Misuse of LSD, seen to be going on and on and on (7)
 - Permit is indeed obliterated (7) (Barham) (6)
 - Heads of bereaved establishment whimper and weep (6)
 - 'Turn of the Tide' - prepare for publication (4)
 - This weighty article should smooth things out (4)

ANSWERS TO CROSSWORD NO. 429
ACROSS: 5 Dredge 8 Swanking 9 Swallow 10 Enrol 11 Repeating 13 Nonegays 14 Recipe 17 Thy 19 Gym 20 In Case 23 Amenable 26 Aggregate 28 Total 29 Stand To 30 Allowing 31 Haphaz
DOWN: 1 Astera 2 Fairish 3 Skylights 4 Injury 5 Dewberry 6 Ectar 7 Grown-ups 12 Exs 15 Emanation 16 Knightly 18 Heighten 21 Hat 22 Abstain 24 Medals 25 Ecology 27 Ranch

WINNER OF CROSSWORD NO.429

Mikael Keating,
P.O. Box 40580, Nairobi.

IN LOVING MEMORY



Late Mr. Sadik Haroon Juneja left us all on 16.1.91 to a better world - Mummy, Mumtaz, Zulekha, Fatima, Haws, Salma, Shabina, Akbar and Shaua send you our love.
"Kulu Naisil Zaikatal Mau" Ameen.

"EVERYBODY eventually gets forgotten" - Alidina Visram 1863 - 1916.

THE treasure that is precious is the quality of evenmindedness in all situations - Sri Sathya Sai Baba.

BEAR all and do nothing; hear all and say nothing; give all and take nothing; serve all and be nothing - Sri Sathya Sai Baba.

WHY fear when I am here? Put all your faith in me. I shall guide and guard you - Sri Sathya Sai Baba.

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Jacob Okello Triumphs At Nyali Open

THERE WAS A very large field of 81 golfers for the twenty-fourth Nyali Open Championships which was played at Nyali Golf and Country Club on December 18 and 19, writes Followthru.

This event which marks the end of the golfing year at the Coast, is the penultimate fixture in the Kenya Golf Union calendar, with only the Sigona Bowl remaining in January.

The competition this year had a new and most enthusiastic sponsor in ABN - AMRO Bank who have supported many sporting activities throughout Kenya in 1993.

They were most generous, not only providing excellent prizes but competitors also enjoyed unlimited refreshments on the course during play as well as tea on Saturday and breakfast and lunch on Sunday.

In addition Nyali Golf Club has also benefited by the donation of new flagsticks and cups and caddies' jackets as well as sponsorship of eight of the tees, all emblazoned with the distinctive ABN - AMRO logo.

Conditions for the competition were good with the temperature being slightly less hot than recently especially on Sunday morning when there was a stiff wind blowing.

The course continues to recover from the long dry spell but the lies on the fairways were extremely tight.

There was some discontent over the positioning of the tee boxes on areas of the teeing grounds which are seldom if ever used, resulting in soft and sandy surfaces and long wispy grass.

There was, however, universal praise for the greens which were in first rate condition.

Scores did not match those of 1992 and were generally poor, there being only six returns equalling or bettering handicap out of a total of 182 rounds played.

Especially disappointing was the performance of local players with only the name of Kishor Lakhani appearing on the winners' board.

Congratulations to him and also to Jim Horne who finished in the "top" ten gross scores.

In 1991 there was mention of lowering the handicap limit for the Nyali Open from 12 to 10 due to the increasing number of low handicap golfers.

There does also seem to be an argument in favour of this on the grounds of maintaining the quality of the event rather than the quantity in terms of players competing.

Leading the field after Saturday's opening round, which was seeded according to handicap, was experienced Kumar Dhall from

Sigona on 73, closely followed by young Jacob Okello on 74.

One shot behind was Nyali player Jim Horne greatly regretting a five taken at the 18th hole.

Also on 75 were defending champion John Mucheru who has won the event five times and Peter Karuki who, playing off 10 handicap, also had a clear lead in the nett scores with 65.

Not out of contention were Charan Thethy and David Wandua on 76.

Other players scoring well in the nett competition were Tochi Channa from Sigona on 70, Lawrence Ngamau of Thika on 71 and local players Jim Horne on 72, Satish

Tahwar on 73 and Kishor Lakhani on 74.

Sunday's draw was seeded according to Saturday's gross scores and resulted in a very closely fought "matchplay" situation in the last group out between John Mucheru and Jacob Okello who is still regarded by many at Nyali as a "home club player" having departed for Windsor under two years ago.

After 27 holes, both players had dropped three shots and Jacob remained one stroke ahead.

John Mucheru had a good birdie at the 29th hole to level the score but dropped shots at the 31st and 32nd holes for Jacob to go two ahead.

Both players had pars at the 34th and 35th holes and Jacob stood on the 36th tee looking all set for victory.

He pulled his tee shot to the left of the green while John's was on the putting surface though well short of the pin.

John's putt was excellent and for one moment looked as though it would drop, but it lipped the hole and stayed out so with a comfortable two putts Jacob was the winner of the 1993 Nyali Open on a total of 149 (74/75).

John Mucheru seeking a fourth consecutive win was the runner up by the narrow margin of one stroke - 150 (75/75).

There was keen competition for third place and four golfers tied on 152.

Foyal Nairobi's Hardeep Thethy (78/74) won the countback having played a fine second round of 74.

The unlucky losers were Windsor's David Farrar (77/75), past winner from Sigona David Wandua (76/76) and Kumar Dhall (73/79).

Muthaiga's Peter Karuki having had a headstart with an impressive 65 on Saturday struggled a little on Sunday but finished with a level par total of 142 nett to emerge as the clear winner of the handicap

prize.

The runner up, five shots behind with two more evenly balanced rounds was Mombasa player Kishor Lakhani on 147 (74/73).

Tochi Channa was in third place on the same score (70/77).

The best 18 holes gross on Saturday was won by Kumar Dhall on 73 and John Kiondo from Limuru had 74 to take Sunday's prize.

The Best Nett score on Saturday was awarded to Lawrence Ngamau with a good 71 and John Wanjau from Kiambu playing off 12 had a very good nett 69 to win on Sunday.

The Inter Club Challenge Trophy (the two best nett aggregate scores) was won by Sigona Golf



Club represented by Kumar Dhall and Tochi Channa on a total of 299.

Runners up were Muthaiga Golf Club (Peter Karuki and Abby Misavvu) on 302.

Mustapha Yusufali the Nyali Golf Captain welcomed Mr. Phillip Kiluri representing the Kenya Golf Union Chairman Mr. Nick Nganga, and Mr. Leo van der Lande the Mombasa Branch Manager of ABN - AMRO Bank.

Mustapha thanked ABN - AMRO for their most generous sponsorship and he also thanked all those golfers who had travelled from up country, Tanzania and overseas to Nyali for the competition.

Mr. Kiluri congratulated the Captain and his Committee for a very well organised event and he spoke of the aims of the KGU with special reference to the growing number of young players in the country.

Mr. Van der Lande speaking on behalf of ABN - AMRO said his bank was delighted to be associated with the Championship and he promised to be back at Nyali in 1994.

Mr. Van der Lande gave away token presents to the many helpers who had contributed to the success of the weekend and he presented the lovely prizes to the winners.

Jacob Okello speaking on behalf of all the competitors thanked ABN - AMRO for being such good sponsors.

He promised that the young golfers would be challenging at every KGU event but he admitted to a heart-stopping moment when "Uncle John" nearly sank his putt for a birdie on the 18th green. Congratulations Jacob.

On Thursday December 16 a "curtain raiser" event, also

sponsored by ABN - AMRO bank was held at Nyali with many of the Nyali Open participants taking part joined by the Nyali members.

There were some very good scores and the winner was David Smyth, taking time off from the tennis court, with nett 68.

Also on 68 were Abdul Wahid Aboo who was runner up and Gary Smiddy who was third.

The Best First Nine went to Father Paul Wangal playing off a new handicap of 13, he had nett 31.5 and new golfer Nick Muryil had a remarkable nett 30 to win the second nine.

On Saturday Mombasa Golf Club staged a special "high-handicappers" event - the Bronze C division Trophy with a subsidiary for those from 13 to 18 handicap, in other words those not eligible for the Nyali Open.

Only one category of golfers was excluded - the ladies who play off 12 handicap and below!

The competition was very kindly sponsored by the Pasta family and Rafiq Sahyan and there was a good field of 65 players.

The runaway winner was Dipak Maru with an excellent nett 65 and the runner up was Rafiq Pasta on nett 72.

In third place was D.J. "Diesel" Soni also on 72 and Hamza Anjarwalla was fourth on nett 73, counting out Bharat Thaker.

The Best Lady was Zebi Anjarwalla on nett 79.

In the subsidiary event Hemu Mandilaya had a good nett 70 to win and the runner up was Atul Patel on nett 71.

Happy Christmas and Good Golfing in 1994.

RESULTS

Full Results: Nyali Open Championships: Winner: J. Okello 149, Runner up: J. Mucheru 150, Third: H. Thethy 152, Nett Winner: P. Karuki 142, Nett Runner up: K. Lakhani 147, Nett Third: T. Channa 147, Best Gross Sat: K. Dhall 73, Best Gross Sun: J. Kiondo 74, Best Nett Sat: L. Ngamau 71, and Best Nett Sun: J. Wanjau 69.

Inter Club Challenge Cup: Winners: Sigona Golf Club 299 and Runners up: Muthaiga Golf Club 302.

Curtain Raiser: Winner: D. Smyth 68 nett, Runner up: A.W. Aboo 68, Third: G. Smiddy 69, Best First Nine: Fr. Wangal 31.5, and Best Second Nine: N. Muryil 30.

Bronze - C division trophy - Mombasa: Winner: D. Maru 65 nett, Runner up: R. Pasta 72, Third: D.J. Soni 72, Fourth: H. Anjarwalla 73, Best Lady: Mrs. Z. Anjarwalla 79.

Subsidiary: Winner: H. Mandilaya 70 and Runner up: A. Patel.

Zanzibar's Forodha To Play Alaskan FC

ALASKAN FOOTBALL CLUB of Malindi who have already booked their place in the National Premier League next season, take on Forodha FC from Zanzibar in a friendly international match to be played at Malindi Municipal Stadium tomorrow.

Black Panther will be travelling to Malindi on Sunday for another international fixture against the visiting Forodha, an Island Premier League second division club. The game will be played at the same venue on Sunday.

Both Alaskan and Panther have given Coast soccer fans a lot of treat this year.

Though Panther finished the league in fifth position, they gave good account of themselves during their last few matches.

Had they been serious from the kick-off, they would have been among top contenders.

Forodha will then travel to Ukunda in Kwale district to play against Simba on Wednesday.

It is a match that could produce skilful soccer as Simba will be trying to prove before their fans that they are the best Kwale team.

The visitors wind up their tour with a date against Burnley

Soccer Scene With Abdul Sheriff

Amateur on Thursday at Mombasa Municipal Stadium.

Burnley have been performing extremely well in cup matches and will no doubt play better in this international assignment.

OFFICIALS

The Kif Coast branch fixture secretary Stephen Ngala appealed to Coast fans to turn up in great numbers to watch Forodha in action saying the Zanzibaris are playing the soccer pattern familiar to Coastal people.

Ngala wished all Coast soccer club officials, players and supporters Merry Christmas and Prosperous New Year.

THE SUPERLEAGUE DIVISION TWO LEAGUE STANDING AS AT DECEMBER 20, 1993.

	P	W	D	L	F	A	PTS
ALASKAN	14	11	3	0	31	10	25
BAOBAB	14	8	5	1	22	11	21
CONGO BOYS	14	9	3	2	21	13	21
MOMBASA POSTA	13	7	4	2	32	12	18
KENYA NAVY	13	7	3	3	22	9	17
BLACK PANTHER	13	6	5	2	18	12	17
BURNLEY	14	7	1	6	18	20	15
FEISAL FC	14	6	1	7	21	16	13
ADM. POLICE	14	4	4	6	11	20	12
NACET	14	3	5	6	10	16	11
SIMBA	12	3	3	6	9	15	9
KENYA POLICE	14	2	5	7	19	32	9
COSMOS	14	2	4	8	14	23	6
MOMBASA STARS	13	1	2	10	9	29	4
MOMBASA BREWERIES	14	1	2	11	6	27	4

GEMINI STARCAST

CAPRICORN December 21 - January 19
Slight showdown with a family member. This will have effect in long term. Explore unfamiliar surroundings, but hang on to your money.

AQUARIUS January 20 - February 18
Your popularity increases after Wednesday and your suggestions are accepted most favourably. Unfortunate turn of events leaves you at a loose end.

PISCES February 19 - March 20
There will be no stopping your enthusiasm when given the go-ahead. Don't be over-anxious to take sides.

ARIES March 21 - April 20
Some disagreement within the family is likely to lead to sulks and tantrums. Visit an old work-mate and give some reassurance.

TAURUS April 21 - May 20
Petty argument leaves you determined to do something on your own. You can offer help in a most unusual way. Small cash refund.

GEMINI May 21 - June 20
You are brought in touch with old friends, quite unexpectedly. Reorganise your work schedule to accommodate another.

CANCER June 21 - July 21
Don't be fooled by somebody's flattery, but make sure of their motives. Your patience is stretched and you could be feeling short-tempered.

LEO July 22 - August 21
Regard a favour as payment for past consideration. Your ego gets a boost. You may find it necessary to take a firm stand with a colleague.

VIRGO August 22 - September 22
Well for loved-ones' approval before taking steps to improve your home. Travel takes up most of your time, so have some pleasant occupations handy.

LIBRA September 22 - October 22
Romance moves ahead rapidly and you feel more confident. Get up to date with commitments before taking time off.

SCORPIO October 23 - November 21
Unexpected guests at weekend finish off a pleasant week. Time to take a stock of home conditions and to suggest some improvements.

SAGITTARIUS November 22 - December 20
You are prevented from fulfilling your aims, but find another outlet. Strenuous Friday with friends could have unforeseen repercussions.

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WHENEVER I WANT TO HIT A DRIVE FURTHER THAN NORMAL, I FOCUS ON MAKING A SLOWER FULLER SHOULDER TURN. YOU CAN'T HIT THE BALL A LONG WAY IF YOU ARE TENSE AND TIGHT. SO LOOSEN UP AND TURN BEHIND THE BALL AND WATCH THOSE DRIVES GO.

EXCLUSIVE: THE MASTER WITH HIS EXPERT ADVICE

From Pwani To Nyalgush At Yuletide

AT THIS time last year, the main debate going on amongst the holiday travellers was whether or not it was safe to drive all the way from Pwani to Nyalgush for the Yuletide period.

As I had been out from the place, I decided to consult Kachumbari on what the best thing to do was.

He told me that were mainly two schools of thought.

The first said press on regardless and the second urged caution in view of the simmering tension at some point along the route.

Eventually it boiled down to one's own judgement and people took it as it came.

I decided to stay in Mombasa and enjoy the relative peace and tranquillity of the North Coast ... and did not regret the decision.

It is now another year down the line and the decisions on whether to travel or not have been made.

Judging by the heavy booking in the bus companies, the lack of seats on aircraft and the squeeze on space by rail, it would seem that matters are now back to normal and the urge to temporarily migrate to one's ancestral home for the Yuletide is still strong.

The roads will, as always, be full of traffic of all sorts as people head for their nyalungas.

Kachumbari was in Nyalgush for Christmas last year and he had some interesting encounters.

The first happened when he went to visit his in-laws.

In his wisdom, he had invested in a trial bike that could take him through the vichocho around the neighbourhood.

That meant that he did not need to go on the main road but that he could follow any of the paths that criss-crossed the area.

On returning from visiting his in-laws it was getting close to midnight and Kachumbari had downed a few jars.

They were enough to make him merry but not tipsy.

As he rode along the pathway he was belting out "We wish you a merry Christmas" at the top of his voice.

After a while he heard another voice singing out the same tune.

The voice was distant but getting closer.

He slowed down his piki-piki and cocked his head so he could get a better idea of where the singing was coming from.

As he went round a bend in the path, his way was slightly obscured by a bush.

As he came round the busy, he

saw his apparition dressed in an assortment of rags and a straw hat.

It looked more like a scare crow than a live *Homo Sapiens*.

Kachumbari could not react quickly enough and he managed to knock his apparition down.

He stopped a few metres later so he could go back and check on the health of the man.

On his approach, the prostrate figure started to belt out the same tune again. Kachumbari stopped to see what would happen next.

The fellow got up, took a long swig at a bottle of clear liquid that had miraculously not lost a single drop during the fall.

He swotted his rags clean, and looked up and down the path.

He then continued on his way and Kachumbari could hear him cursing as to why the trees tend to move into people's path especially at such a late hour of the night.

Kachumbari was to later find out that fellow never realised what had knocked him down.

middle of the left hand lane.

There was some signs of bleeding but the fellow seemed to be breathing normally.

None of the drivers dared stop and get out of their car as it was common knowledge that some robbers use this kind of trick to get someone to stop and they would then jump out of the adjoining undergrowth and steal the fellows car and whatever valuables were carried.

What most people did was to report the incident to the '999' number or to the nearest police station that happened to be on their way home.

Kachumbari, considering himself a good Samaritan also called the cops when he got to his hotel.

Out of curiosity he got into his own car an hour or so later and went back to the scene.

He found that the police had indeed just arrived followed by an ambulance and a fire truck from the fire brigade.

The fellow was swaddled in blankets and had handcuffs on as well (this illustrates the conflict that could occur when medics and cops have divergent interests).

TRANSPORT

On questioning, it turned out that the fellow had been to a party not too far away from the spot where he was found.

The transporhome was the back of someone's pick-up.

Soon after they set off, the guy, who was well oiled, decided to have a pee.

He stood up near the tailgate of the pick-up and did his thing.

Just as he finished zipping up his fly, the pick-up hit a lump on the road.

The fellow was catapulted out of the vehicle and onto the deck.

That is where he was found by the cops.

He was sent to the station for the night and on release decided to have a hair of the dog before he got home.

When he got to the local bar, he found that his friends had set up an emergency co-ordination centre at the bar and were ringing up whoever they could think of in trying

to trace his whereabouts.

They were flabbergasted by his sudden disappearance when they stopped at his house to find him missing from the back of the pick-up.

As we come into this festive season, we should remember that it is not only drivers who should be careful in what they think.

All of us have the responsibility to keep our wits about us at all times.

Pedestrians are just as likely to be pissed out of their minds and cause a hazard to drivers.

Drunken passengers in cars are as bad as having a drunken driver when they get unruly or try to do impossible stunts in a vehicle.

As Kachumbari says, have a Merry Christmas and a Happy New Year but remember to take it easy on Hobson's Choice or the other stuff commonly known as the "juice of the barley"

PATRICK OBATH On COASTDRIVE

His conclusion at the time was that he had been involved in a head on collision with a tree ... which had jumped into his path while he was walking.

What annoyed him most was the likelihood that some fellow riding a motorcycle may have seen him hit a tree in his stupor and recount the incident to other people in the village!

THE NEXT occasion was when Kachumbari was in Nairobi on his way back to the Coast.

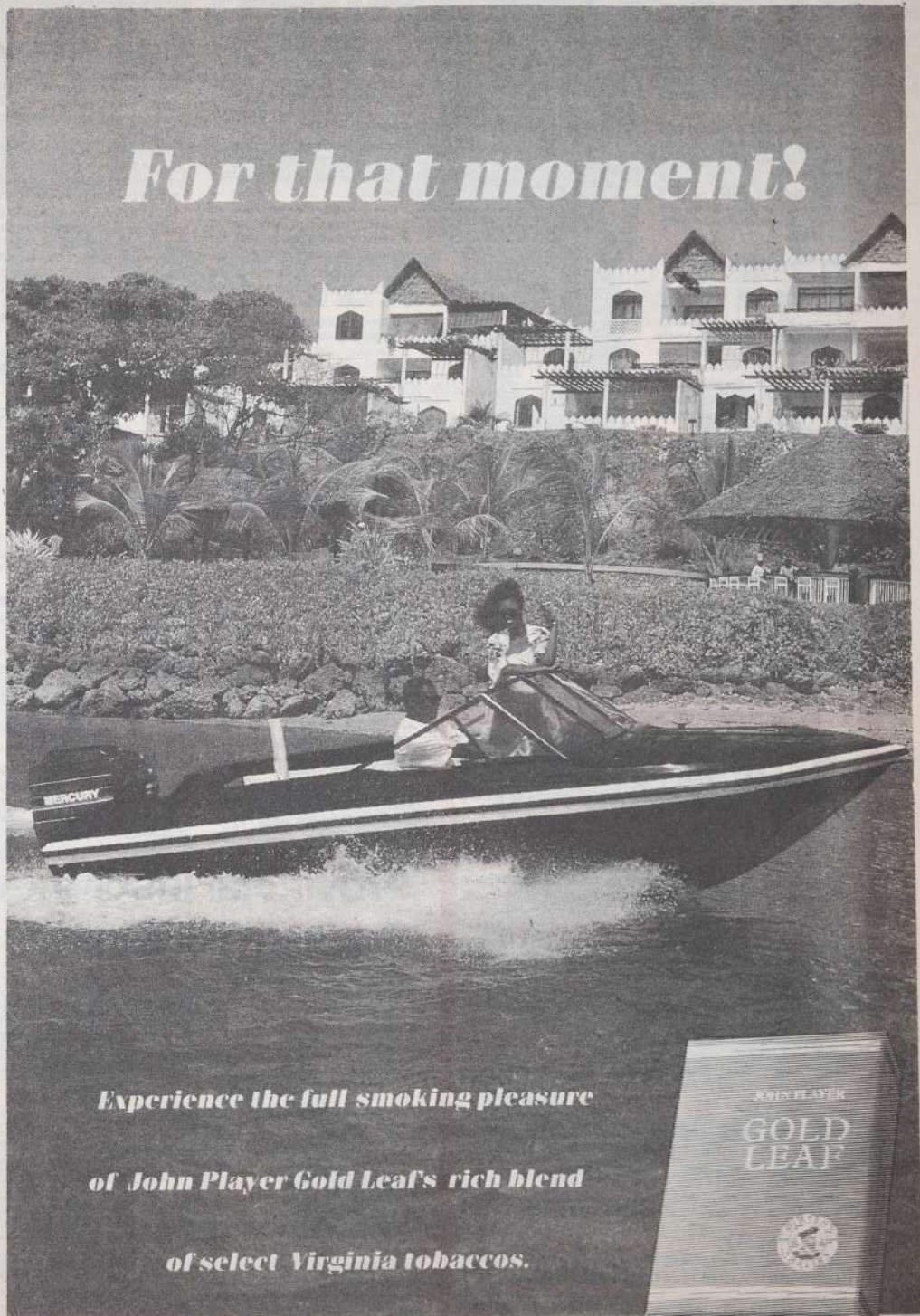
He decided to spend an evening with some friends at the JKA resort club in Nairobi. At about three a.m. in the morning, they decided to call it a day and return to wherever they were staying.

On the way back to the city, just after the point where the dual carriageway starts, they saw a slow queue of cars all on the left side of the road.

They could not immediately see what was amiss. However they soon came across the cause of the traffic slowdown.

There was a body lying in the

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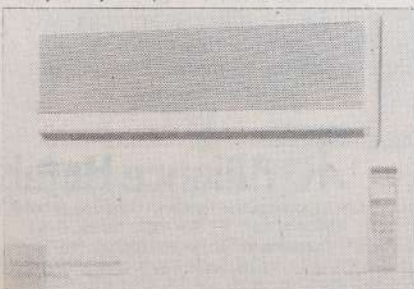
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Peter Shirao Sweeps 'Body-Building' Title

PETER SHIRAO of Tononoka Gym made history by becoming the first-ever participant from the Coast to clinch a national body-building title when he emerged the winner of the bantamweight crown during the Mr. Kenya Body-Building Competition held at Mamba Village.

Shirao, aged 21, said he would be trying to win more national titles in future body-building tournaments.

He finished fifth overall position in a contest where Nairobi's Shem Chweyawa won the overall title

"Carnivore"

The 23-year-old Chweya is currently holding two other crowns - Mr. Carnivore and Mr. Mamba belts - and deservedly convinced the judges that he is the 1993 Mr. Kenya Champion.

Other results - Lightweight - Winner: Abdul Idris of Nairobi. Runner up: George Baiko (Eldoret).

Middleweight - Winner: Chweya (Nairobi). Runner up: Yusuf Ngaira (Mombasa).

Light heavyweight - Winner: Salim Abdallah (Nairobi). Runner up: Francis Mapenyi (Nairobi).

Heavyweight - Winner: Chris Tabu (Nairobi). Runner up: Omar Bashir (Mombasa).

Participants from Nairobi, Eldoret, Nakuru, Voi, Malindi and Mombasa took part in the championship.



PETER SHIRAO

Big Surprise For Football Fans From "Butech Youths" Giant Killers!

GIANT KILLERS Butech Youths won 1-0 in the finals of the Butech Limited soccer tournament against Motor Mart Group who were the finalists for the second time this year, writes *Altaf Teja*.

The Butech forward pair of Solomon and Carlo made constant attacks right from the beginning.

In the 17th minute Carlo scored with a curling shot of great precision which took Motor Mart goalie by surprise.

In an effort to equalise the Motor Mart forward line was backed up by Captain Frederick Wendo from defence.

The Butech defence line of Zalman, Karim and Iqbal had to exhaust themselves to hold fort against this sudden onslaught.

On numerous occasions goalie Rizwan Kanji had to come way out of his area to clear the ball.

Sensing danger Butech Coach Shabir Mawji made a wise decision in sending Carlo to move into defence while defender Iqbal Natha was given the duty of making

overlapping moves to help Solomon upfront.

The decision paid off as Frederick Wendo had thus to make frantic efforts to cover the whole field as an "attacking defender".

John Kamau

In the second half Solomon of Butech was the outstanding player as he made numerous solo attempts to score but luck was not on his side.

In the dying minutes John Kamau of Motor Mart brought the crowd to its feet with a cracking shot that hit the side past and back into play.

In his thanksgiving speech to the spectators the delighted Managing Director of Butech Limited Mr. Najmudeen Ramji congratulated his boys for their excellent performance and asked the organisers of this annual event to invite more youth teams from next year.

This was in accordance with the wish of his company to encourage participation of our youth in



KARIM JETHA (RIGHT) CAPTAIN of the "Butech Youths" receives the Butech Trophy from Mrs. Noorbegum Ramji (left). Looking on is Mr. Najmudeen Ramji, Managing Director Butech Limited.

competitive soccer and uplift the standard of football at the Coast.

As Butech Limited specialises in Water Related Technology Mr. Ramji made a further pledge of sponsoring an annual swimming gala in addition to the soccer tournament.

Amongst the glittering trophies for the winners and runners up there were special prizes for outstanding achievements to:

Best Player - Sameer Hussein (Agakhan), Best Goalkeeper - Rizwan Kanji (Butech), and Best Team - Miitaa Copiers.

Sammy Chipanga To Stay With Chelsea!

SAMMY CHIPANGA, a Chelsea FC defender had been approached by many Mombasa clubs to sign for them saying, "I belong to Chelsea and will never depart it till I hang up my boots".

Asked to comment as why he has been refusing to move to other top teams and feature in top flight leagues, Chipanga said he was satisfied with his team currently participating in the Coast Premier League.

"My loyalty to Chelsea will remain forever", said Chipanga who asked those approaching him to sign for their respective clubs to stop from doing so.



SAMMY CHIPANGA

The player has been playing a leading role in his team's average performance during this year's CPL where the Club is occupying middle of the table position.

Besides playing in defence position, Chipanga had regularly been overlapping and scoring goals which gave Chelsea vital league points.



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Provincial Insurance Squash '93 Winners



PROVINCIAL INSURANCE Squash tournament winners: back row (from left): Rackee Soni 18 under, Salani Mawji 14 under, Rickie Coppinger Organiser, Ronnie Bhasin 18 under main event. Front row (from left): Michael Coppinger 10 under Plate, Stephen Coppinger 10 under main event, Leonard Adendori 14 under main event and 18 under Plate event, Imtiaz Ismael (absent) 14 under Plate event.

TIDE TABLES

MOMBASA, December 24 - 30, 1993.

FRIDAY:
High Water - 2.5m at 00.36 hours and 2.1m at 13.10 hours.
Low Water - 1.2m at 07.26 hours and 1.2m at 19.00 hours.

SATURDAY:
High Water - 2.7m at 01.39 hours and 2.2m at 14.14 hours.
Low Water - 1.0m at 08.22 hours and 1.1m at 19.58 hours.

SUNDAY:
High Water - 2.9m at 02.27 hours and 2.4m at 15.00 hours.
Low Water - 0.8m at 09.03 hours and 0.9m at 20.44 hours.

MONDAY:
High Water - 3.1m at 03.08 hours and 2.6m at 15.40 hours.
Low Water - 0.6m at 09.38 hours and 0.7m at 21.23 hours.

TUESDAY:
High Water - 3.3m at 03.45 hours and 2.8m at 16.15 hours.
Low Water - 0.4m at 10.11 hours and 0.6m at 22.00 hours.

WEDNESDAY:
High Water - 3.4m at 04.20 hours and 2.9m at 16.49 hours.
Low Water - 0.3m at 10.43 hours and 0.5m at 22.35 hours.

THURSDAY:
High Water - 3.5m at 04.56 hours and 3.0m at 17.24 hours.
Low Water - 0.2m at 11.15 hours and 0.4m at 23.11 hours.

NOTE: Standard Port is Kilindini: ADD 40 minutes for Lamu and ADD five minutes for Malindi. Kilifi and Diani 'No Change'.