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MEMBER N.P.A. EAST AFRICA G.P.O. REGISTERED NEWSPAPER

Coastweek

Issue No. 1644 November 12 - 18, 1993.

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RONALD E. STADER PROMOTED

Former U.S. Consul Given Top 'Honour Award' For Service

THAT Donald E. Stader, former Consul at Mombasa for three years, has been one of the highest awards Foreign Service - the 'Superior Honour Award' has been received with Mombasa.

Stader was promoted to Mombasa on June 23 during the closing of the Consulate Office here and is now Chief of Visas in the Consular Section of the American Embassy, Guatemala.

In recognition from the Department of State, United States of America, reads 'For outstanding service in support of Operation Provide Relief and Operation Restore Hope, 1992 through May 1993.'

when he disclosed to some fifty guests 'we are nominating Don for the 'Superior Honour Award'.

Adding 'this nomination is going to Washington this week'. Continuing he said 'I think the finest moments of this Consulate have been over the last year when Don so ably assisted first the US Joint Task Force Provide Relief followed by Operation Restore Hope when at one point we had over 1,000 American servicemen and women here assisting in flying famine relief supplies to Somalia and Northern Kenya from Moi International Airport'.



SEEN AT THE TRAVEL FAIR which formed part of Kenya Tourism Day in London co-sponsored by Travel Trade Gazette and Kenya Tourist Office are:- Patrick Orr, a Director of Raitt Orr and Associates (co-ordinators of the event); Mrs. A. Sondhi, Financial Director, Reef Hotels group, who is also an MCTA executive member; Zul Harunani, Chairman, Mombasa and Coast Tourist Association; Hon. Noah Katana Ngala, Minister for Tourism and Wildlife; Clement Mwatsama, Director, Kenya National Tourist Office, London. Centre (back) is Brian Davis, Managing Director, Kenya Airways.

WISHING A HAPPY DIWALI TO OUR ESTEEMED READERS SEE PAGE SIX

EMBASSY

was particularly in drawing a harmonious relationship between the United States military and the people of Kenya and was signed by Assistant Secretary, Bureau of African Affairs, George

'Drawing in of the Flag' ceremony at Palli house on Nyerere Avenue to mark the official closing of the Consular Office, Michael Mack, Charge d'affaires, American Embassy, Nairobi, received thunderous applause

Kenya Gets Big London Boost!

U.K. TRAVEL TRADE ENCOURAGED WITH 'POSITIVE PUBLICITY'

Have A Smile

"You not only get a pension here - but they age you quicker, too!"

Rotarians Assist Makazani School



DISTRICT GOVERNOR of Rotary International District 9200 Mr. Francois de Grivel CBE with the members of Rotary Club of Mombasa Mr. Peter Huber seen during the foundation stone laying ceremony for Makazani Village Primary School in Kilifi District. The DG's wife Ann Hedwige and other Rotarians look on as the school project costing nearly two million shillings comprises of three buildings for eight classrooms, and administration facilities and has been sponsored to a great extent by the Rotary Club of Mombasa with donations from individuals and industries.

THE MOMBASA and Coast Tourist Association was represented at Kenya Tourism Day in London by its Chairman, Zul Harunani, who returned most impressed by the impact that 'A Fresh Look at Kenya' had made on the British travel trade which he feels will do much to give the country a more positive image.

Kenya Tourism Day was co-sponsored by Travel Trade Gazette and the Kenya National Tourist Office.

It attracted 31 participants from the tourist trade.

Speakers at the morning seminar which took place at the Telford

Special Report by NETA PEAL

The panel included the Minister for Tourism and Wildlife, Noah Katana Ngala; Director of Kenya Wildlife Service, Dr. Richard Leakey; Managing Director, African Tours and Hotels, Steven Kositany and Managing Director, Kenya Airways, Brian Davies.

The panel discussion which followed enabled participants to raise issues needing clarification.

After lunch in the Great Hall of One Great George Street, Westminster, there was a tour of the Kenya Travel Fair.

Declared Zul 'it was excellent, TURN TO PAGE EIGHT

WATAMU BEACH HOTEL
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Nickson Ngumbao Wanje: Storekeeping Stages 1 and 11.



Sofia Hemed: Typing Elementary.



Chrispinus I. Macharia: Stages 1 & 11 First Class Book-keeping.



Beatrice Zighe: Word Processing (Elementary).



Sarah M. Mueni: Majene: Stages 1 and 11 First Class Book-keeping.



Juma Athumani: Salesmanship Stages 1 and 11 (both Credits).



Chlid Mbachi: Storekeeping Stage 1 with credit.



Mariam of Reel: Boutique Stages 111 of Bookkeeping and Accounts.



Taurambwa H. Yusuf: Accounting 11 First Class.



Patrick Mottombo: Stage 1 Distinction Salesmanship.



Charlotte Orchardson: Typing Intermediate.



Patrick Mghendi: Salesmanship Stage 111.



Samson Itieno: Salesmanship Stages 1 and 11.



Irenem Gathalga: Data Base 111+.



Lateifa Idha: Book-keeping Stage 1 First Class.

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- SPAGHETTI - MACCHERONI

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Rifkin's Results

RIFKIN'S BUSINESS College has done it once again.

Out of 152 examination candidates there have been several first-class and credit results.

Rifkins recently introduced computers and examination taken have been Word Processing, DBase II and Lotus 1-2-3.

Of the typewriting, roughly one third of all entrants, there were 12 first-class passes.

Other subjects in which

ELAINE on EDUCATION

candidates excelled where Book-keeping and Accounts (seven first class), Shorthand (two first class), Office Procedure (one first class), Salesmanship (six first class) and Store-keeping (four credits and one first class).

Store-keeping, that background subject, is most important, and we often hear of organisations looking for good storekeepers.

Well, it is Rifkins whom they should approach.

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An 'Al Fresco' Meal At La Cremeria In Mombasa's New Jubilee Arcade

PERHAPS IT is the answer to a prayer!

Somewhere where you can sit, taking your choice of 'al fresco' in the greenery-clad arcade (under umbrellas, of course), or within an air-conditioned and pretty room.

Somewhere where there is running water in a clean toilet

Somewhere where you don't have to start looking for shillings for a parking meter.

A place where you are secure

Or a place where you don't have to pay through the nose for a snack, tea, coffee, or fruit juice.

Such a venue is **La Cremeria** in the Jubilee Arcade.

Basically, it is at the back of the building as we know it.

The name of the street is Machakos Road, and is upward continuation of the one that runs

from Corner Garage by the railway line.

Easier to find it would be to go to from Moi Avenue with Agip on your left and Koblenz Hall (Red Cross place) on your right.

Take the first left - again into Machakos Street - and you will see all the parking on your left.

ELAINE on SHOPPING

Now, an added bonus is that you may be served by trained waiters in that parking right to your car at night.

People from Jubilee and surrounding buildings are taking advantage of **La Cremeria's** hours.

They have coffee (Expresso or Cappuccino) from 7.30 - before the office opens, nip down at coffee-break time, go there for lunch - a pasta or pizza snack, perhaps samosa (meat, cheese or fruit), meet their contemporaries at tea-

time (over home-made cakes) or go on a date in the evening.

That is the versatility of **La Cremeria**.

It is also a Gelateria, that is Italian Ice-Cream place, and for much less than the normal one-and-a-half litre packs (say 75 per cent of the cost) you can pick anything from chocolate to nut to fruit-based varieties, all made upstairs the secret way that only Italians know how, on the mezzanine floor.

Giampiero (owner) obviously loves his new role, happily serving the customers, and his wife, Monica, added in impeccable English "... only place in Mombasa with real Cappuccino and Expresso, and you know the Cappuccino is right because the sugar when added does not go down but remains on the front ..."

We will tell you more about **La Cremeria** another week, but the main thing of the moment is that you should know where they are and from there you can find out the delights yourself.

The telephone number, by the way, is 226018.

SWEET COAST MUSIC

COAST Province has contributed a major role towards entertainment by producing artists of international repute who have been good ambassadors in promoting the country's tourism industry abroad, writes **Freddy Kampaka**.

Kenya Ports Authority (KPA) Financial Manager Mr. Simeon Mikala noted this while conducting a harambee in aid of the Coast Music Conservation and Promotion Group (CMCPG) at the Fort Jesus Museum on Saturday.

Addressing the same gathering Professor Juma Lugogo who is the patron of the CMCPG and the Managing Director of the Coast Development Authority said that efforts to safeguard traditional and cultural music should not be left to the Government alone.

The Chairman of the group Mr. Lennox Telle said the aim of the group was to conserve Coast Music and Culture and to promote all local artists.

During the harambee Mr. Mikala helped to raise Kshs. 67,447.20, he donated Kshs. 35,000/-. Mr. Ramadhan Kajembe gave Kshs. 4,000/-. Professor Lugogo donated Kshs. 2,000/-. while the CMCPG brought in Kshs. 6,000/-.

The Challenge Of Blindness!

THIS BEING the year for Lions campaign 'Sight First' and having accepted 'The Challenge of Conquering Blindness', Lions Club of Mombasa Central will be holding their second free eye and dental camp at Rabai Health Centre in Kilifi District on November 20 - 21, 1993.

Screening of eye patients will be carried out on Saturday November 20 while operations will be carried out on needy patients on Sunday November 21. Dental camp will be on November 21 also.

This free medical camp has been kindly sponsored by son of Late Mrs. Lilaben Raichand Gudka in her memory.

New Arrivals



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10% ON ALL ITEMS
20% ON SELECTED ITEMS

FAIR DEAL

Makutano Hall


for

Banquets


Christmas and New Year are drawing ever nearer. This time of the year is the most preferred period for inviting your Clients, Friends or Employees to a party and thank them for their support. With our facilities, our Experienced Staff and our superb cuisine, we can turn this occasion into an unforgettable and prestigious event.

For any enquiries, please call Mr. Michael Esh, Food and Beverage Manager ext. 610 or 625.

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Tel: 485001/105, Telex: 21228 Severin, Fax 485212



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- Party hats • Party poppers
- Musical cards • Streamers
- Trees (3' - 81/2')



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POEN DE WIJS and **Marion Van Nieuwpoort**, counting amongst the best known painters of the Netherlands, are back in Kenya, their favourite holiday destination and as repeat-guests of *Jadini Beach Hotel*, one of the three Alliance Hotels on the South Coast of Mombasa, are enjoying every minute of their holidays tremendously.

Kenya being such a wonderful country where natural beauty, wildlife, the friendliness of its people as well as its climate are concerned, Poen and Marion here find a great wealth of inspiration for numerous new paintings as well as a lot of energy while resting in *Jadini's* beautiful garden and enjoying their hotel's excellent cuisine.

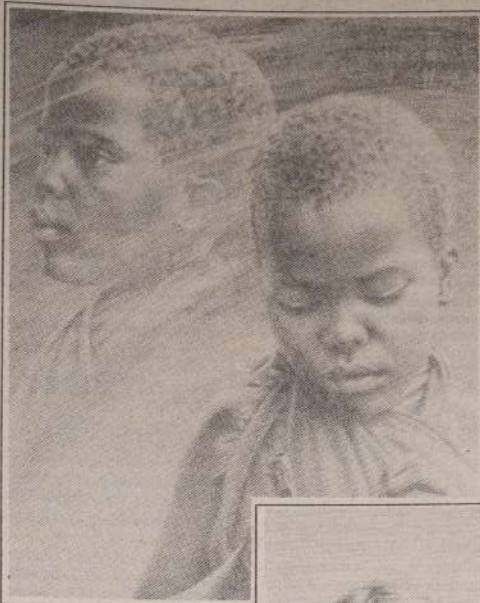
Both artists studied at the *Royal Academy of Art in The Hague, Holland*.

Poen is a master in watercolours and has become the aquarel-specialist of Holland.

He excels in an unbelievably realistic reproduction of his subjects yet succeeds in creating a somewhat mysterious atmosphere with images flowing into each other and by combining subjects one would not expect to see together.

Marion's style is completely different and hard to classify as her artistic explosions remain in between the fields of reality and fantasy, resulting into colourful, spontaneous compositions where the eye has a lot to see and the

Two Talented Dutch Artistes Return To Paint Scenes From Kenya Coast



mind a lot to guess.

She developed a very personal technique in which she combines different kinds of paints and pastels.

For the past year Poen and Marion have been extremely busy painting all kinds of Kenyan subjects in their own fascinating styles, varying from monkeys and flowers seen at the coast, drummers, dancers and musical instruments observed in Ukunda, to cheelchs, zebras and ostriches encountered during their safari to the *Taita Hills Sanctuary*.

At the moment part of their work is being exhibited with great success at an art gallery in *The Hague*.

This time *Private Safaris* will organise for them a three days light safari to *Masai Mara* and already now Poen and Marion are looking forward to having their minds racing on their new "Kenyan" paintings!



POEN DE WIJS and Marion Van Nieuwpoort seen at the Kenya South Coast, and (top) one of their stunning portraits from Africa.

WATER FOR MWARAKAYA VILLAGERS

MWARAKAYA and its neighbouring villages in *Kilifi District* have already benefited from the community work of the *Rotary Club of Kilindini*, who brought piped water to the district, supplying 35,000 residents in the area.

When opening the kiosk at *Mwarakaya*, the Club saw that the *Primary School* was in great need of assistance to build a permanent structure to house the 487 pupils.

A donation from *UK Rotarian Rajuvir Patel*, who was visiting the Club at the time, of *Kshs 100,000/-* started the ball rolling and on *September 30*, *Francois de Grivel*, the *District Governor*, was invited to lay the foundation stone for the school.

A group of members of the *Rotary Club of Kilindini*, led by *Chairman, Kenneth Marende*, took the *District Governor* and his wife to *Mwarakaya* for the ceremony.

The *District Governor* was much impressed by the work that the *Rotary Club* and praised them for their projects.

The villagers of *Mwarakaya* showed their appreciation of the work of the *Rotary Club* by making the *District Governor* and the *Chairman of Rotary Club of Kilindini* honorary elders of the village.

The *Chief of Mwarakaya* location, *Arretas Mwachiro*, and the *Headmaster of Mwarakaya Primary School* both expressed their appreciation for the service the Club was rendering for the community.

The School will have nine classrooms, built simply with five feet high walls open to the corrugated iron roof and concrete floors, this will make a big difference to the comfort of learning for the pupils.

The projects estimated to cost *Kshs 550,000/-* and the *Rotary Club of Kilindini* is working hard to raise those funds.

SOLICITOR GENERAL BENJAMIN KUBU AT KISAUNI HARAMBEE

SOLICITOR GENERAL Mr. Benjamin Kubu has urged Kenyans to donate generously towards all worth harambee projects for development of this nation, writes *Freddy Kampaka*.

Saying early missionaries deserved respect for being mindful in uplifting human respect, Mr. Kubu said *Kisauni* had a name in history as the place where freed slaves were rehabilitated and educated.

He made the remarks when he presided over a fund-drive for the new *Church Province of Kenya (CPK) Saint Emmanuel Binns Primary school* at *Kisauni*, where he lauded the *Late Mr. H.K. Binns* a pioneer church leader who helped the freed slaves settle down in *Kisauni*.

Mr. Kubu who was representing the *Attorney General Mr. Amos Wako* said: "Though economic times are bad we are not going to neglect the education of our children", he said.

During the harambee Mr. Kubu helped to raise *Kshs. 445,461*, he gave *Kshs 130,000/-* from Mr. *Wako* which included *Kshs 50,000/-* from *President Moi*.

The school's *Education Committee* donated *Kshs. 100,000/-*, developers *Kshs. 10,000/-*, while Mr. *Albert Mumba* the *KPA Managing Director* sent *Kshs. 3,000/-*.

CPK Mombasa diocese Bishop C. Nzano sent *Kshs. 5,000/-* while a building constructor *Muji Devraj* donated material worth *Kshs. 28,000/-*.

Mr. Kubu also conducted the draw of the school's organised raffle and the first winner of television set was ticket number 3387, second who will have a weekend for two at the *Shimba Lodge* is owner of ticket number 2859 while the third who wins a radio cassette is number 2919.

The draw was supervised by Mr. *Douglas Kadenge* of the *Betting Control and Licensing Board*.

"They can't tax smoke, but I'm worried about the potatoes!"



"Nigel was a Test Tube baby!"



"That was the Mother-of-All sneezes!"



"He's stinking rich, but it's small I can put up with..."



"Don't push it down any further - you've just split your zip!"



"Okay, so now you know it isn't an empty boat - so shove off!"

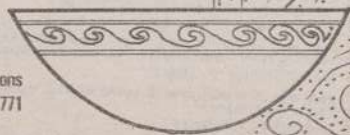
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on Sunday 14th Nov. 1993

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with Friends

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Friday, 12th November 1993

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- SUPER RAFFLE with fantastic prizes
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- SPECIAL BAR PRICES
- FREE BITES

Saturday, 13th November 1993

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INTERNATIONAL PARADISE
DANCE TROUPE

present their spectacular

NEW EXOTIC NEW
DREAM SHOW

Come and see this unique performance!



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THE LEADING NAME IN ENTERTAINMENT
FULLY AIRCONDITIONED

**Starts Today! Today!
For Two Days Only!**

Friday (Today) at 6.00 and 9.00 pm
Saturday at 3.00, 6.00 and 9.00 pm



Salman Khan; Madhuri Dixit;
Kader Khan; Anupam Kher.

An Enchanting and Haunting
Musical Entertainment with Love Drama

(General Exhibition)

STARTS SUNDAY! SUNDAY!

Sunday at 3.00, 6.00 and 9.00 pm
Mon - Thursday at 6.00 and 9.00 pm



Haunted by His Wife ...
Haunted by The Law ...
Wanted by His Enemies
Everybody is Against Him ...
Omega ... His Only Weapon
For Justice and Vengeance!

ACTION PACKED

(Adults only)

"Dil Tera Aashiq"

SHOWING TODAY and tomorrow at the Lotus Cinema is *Dil Tera Aashiq*, starring Salman Khan, Madhuri Dixit, Kader Khan and Anupam Kher.

Thakur Ranvir Singh Chaudhary is a rich and influential man of his town.

He doted on his only sister Radha, but after her marriage to a man who was much below their status he could never forgive her.

After the death of Radha, the responsibility of looking after the children, Vijay, Bittu and Gudiya fell on his shoulders.

He hired the services of an old governess, Savitri Devi to take care of the younger two.

Young and dashing Vijay falls in love with Sonia in the dancing school where both are dance instructors.

Thakur who is a confirmed bachelor is also drawn towards

enemy of Chaudhary, tries all the evil ways to get his work done.

Does Pratap Singh succeed in his mission?

Is Chaudhary able to win the love of Savitri Devi? Does the dream of Vijay and Sonia come true?

To get answers to all these questions, watch on the silver screen *Dil Tera Aashiq*.

**Abdul R. Sherif
At The CINEMA**

Savitri Devi, Naseeb Kumar, who is a good friend of Chaudhary, helps him to win the love of Savitri.

Pratap Singh who is a deadly

"Jack And The Bean Stalk" Ballet At The Theatre Club

THE WELL-KNOWN fairy-tale *Jack and the Beanstalk* is soon to be presented at the Little Theatre Club by 83 of Jean Koch's ballet students.

Dancing the lead roles of *Jack* and *Jill* are Penny Smyth and Pamela Driessen both students of the Mombasa Academy.

Jack's mother is danced by Sonia Shah also a Mombasa Academy student. The youngest students, aged four-five years, are to be Magic Dancing Beans and they are all very excited about taking part in their very first Theatre Club production.

As there are such young children taking part in the show, Jean would like to impress on audiences that the show will commence promptly each evening at 7.00 pm.

The dates of the show are Wednesday, November 24 and Saturday November 27, 1993. The Booking Office is now open and the public is advised to pay for their seats well in advance.

Fahari presents
SONG OF
ME-Katili

An Original New Music Drama

Prices From
70/- Adults; 30/- Students.

Tickets From
British Council - Tel. 223076
Little Theatre Club - Tel. 312101
Womens Network Centre - Tel. 225835

Little Theatre Club
Nov. 11th, 12th, 13th - 7.00 pm

GEMINI STARGAST

SCORPIO October 23 - November 21
Don't go panic-buying on Wednesday. All will be well if you think about it. Tolerant attitude works wonders and you wind up getting your own way.

SAGITTARIUS November 22 - December 20
Take life as it comes and don't fret about things that might not happen. Outstanding bills are settled and your mind is eased.

CAPRICORN December 21 - January 19
Circumstances are not likely to change, so make the best of things as they are. Follow a hunch and ignore jealous remarks.

AQUARIUS January 20 - February 18
Thoughts turn to romance although partner may seem indifferent. Don't play the waiting game any longer, but launch out on your own.

PISCES February 19 - March 20
See friends and forget your own troubles. Someone does you a good turn. Money seems to come more easily after the positive decision in midweek.

ARIES March 21 - April 20
Family tends to lean heavily on you, but don't suffer in silence. Particularly industrious week won't come a-miss and stands you well in another's system.

TAURUS April 21 - May 20
Visitor provides light relief from household chores and even offers to help. Take work as it comes and don't look far ahead.

GEMINI May 21 - June 20
Break away from routine opportunity. Diversal provides necessary boost. Chance to mould circumstances to your way. Some money goes missing.

CANCER June 21 - July 21
Some surprise in store, personal and family ones. You cope with any extra work and prove a point.

LEO July 22 - August 21
Others accept your advice and are grateful. Take a bow! You may have to spell out your limitations to your group to get attention.

VIRGO August 22 - September 22
Surprises within family circles. Keep light reign on your emotions. Work remains interesting and you are inspired to do better things.

LIBRA September 22 - October 22
Not everyone will agree with your decision and you must be prepared for some stick. Someone is losing interest, so watch out for danger signals, and act fast.

KENYA CINEMA

wish
A HAPPY DIWALI AND
NEW YEAR TO ALL OUR PATRO

LAST TWO DAYS

Today at 5.45 and 9.00 pm
Saturday at 2.45 and 5.45 pm only

IRON HEART

*ING: Britton K. Lee; Richard Norton

A man should have an Iron Heart
he can carry out his mission without
considering consequences of his Dea

(Adults only)

STARTING ON SATURDAY 9.00 PM

Sunday at 10.00, 2.30, 5.30 and 9.00 pm
Monday at 5.30 pm only

HUM HAI KANAL K

*ING: Kader Khan; Anupam Kher; Aruna Irandi
Raza Murad; Sedashir Amrapurkar;
Sujay Mukerjee and Sheeba

COMMENCING MONDAY 9.00 PM

CYBORG

Jean Claude Van Damme
Heroic leader of the Slings

VAN DAMME

He's the first hero of the 21st century... and he's our only hope

CYBORG

He's the First Hero of the 21st Century

CYBORG

*ING: Van Damme

He's the first hero of 21st Century
And he's our only hope

(Adults only)

BARN Dance + BBQ
Saturday November
20th - 7.30 pm at The
Bahari Club. Come
along for an evening
of country music and
fun. Tickets Kshs.
500 (including
supper). Phone
471843, 471723,
471390. All proceeds
to Mombasa Hospice
League of Friends

**Alibhai Panju
Jaffery Nursery
School Show**

THE HEADMISTRESS of the Alibhai Panju Jaffery Nursery School, Mrs. K. Hatim, has urged parents to make it a point to visit the school regularly so as to be well-informed about the progress of their children.

Speaking during the school's bi-annual Variety Programme, she said, "Success in Education is shared - the teachers, the child and the parent, each of whose role is complementary to the other."

She advised parents to call occasionally to see her or the class teacher in case of any problems.

Out of 300 children on the school's list, 295 children took part in the various items comprising nursery dramas, plays, sketches and songs of devotion.

The Guest of Honour was Mrs. Fatima Riaz Fazal.

**Rotaract Club Of Bahari
Mombasa Paint Zebras**



DOING THEIR BEST promote road safety on the Island are members of Mombasa Bahari Rotaract Club after they had spent their Saturday morning painting the 'Zebra Stripes' pedestrian crossing on a busy junction along Moi Avenue.



CHILDREN OF PRE-PRIMARY class acting (from left) Nabil Khan (left) seen with Ali Asger Kalyan, Muntazir Ummahseh, Joseph Odongo, and Hamza Zakaria.

**Old Boys Get Together At
Dr. Ribeiro's Goan School**

DR. RIBEIRO Goan School was one of the outstanding educational institutions in Kenya during colonial days.

Started by Dr. A.C.L. de Sousa with a very generous donation from Kenya's first medical practitioner, Dr. Rosendo A. Ribeiro, and four others the school was opened by the Governor, Sir John Bynne on July 22, 1931.

Former students are now entrenched all over the world as doctors, lawyers, university professors, teachers, tour operators, businessmen, civil servants, priests and nuns.

On Thursday, a thanksgiving Holy Mass was celebrated at Don Bosco Chapel, Upper Hill Road, Nairobi.

There a former student Father Tony Fernandes resides as the Provincial Administrator.

Singing during the Mass was by children of ex-students.

On Saturday, over 300 former students, their families and well wishers gathered for a nostalgic reunion at the Goan (now Nairobi) Institute in Pangani for a gala dinner dance.

There was a splay, delicious and appetising gourmet buffet and a youthful band played rapturous music.

Chairman of the organising committee was Tom Fernandes, Managing Director of Safarworld Africa, a major international tour company.

He welcomed the formally dressed guests and wished them an enjoyable evening.

Hoped they would take back happy memories of several hours spent in the warmth,

charm and friendly company of the former students.

To assist him was an energetic committee. Tony D'Costa, Secretary; John Antao, Treasurer; Saitro Diniz, Auditor, and several members; Johnny and Maura Lobo, Michelle Lobo, Lewis D'Costa, Effu Pinto, Minguel Fernandes, Romeo Pinto, Betsy Newnes and dedicated volunteers.

A 60-page souvenir was produced by Michelle Lobo with potted biographies of some outstanding students, a note on the history of Dr. Ribeiro School, chronological historical landmarks of 14 Goan Clubs in Kenya from 1901 to 1981,

noteworthy photographs and revenue-yielding advertisements.

Among the well known former students are Dr. Manuel J. D'Cruz, FRCS; Mirabeau da Gama Rose, Barrister; Mohamed Zahir ud din Ahmad Malik, Barrister; A.R. Robelo, Barrister; Ali Mendonca, International Olympics Hockey Star; Mercy Sr. Irene Pinto; Edeivale Sr Trifa de Souza; Fr. Tony Fernandes, SDB, Vicar General Fr. Thomas Peilin D'Souza, DCL, and Nairobi-born Jesuit, Fr. Joseph Minciel, S.J., Executive Assistant to the Bombay Provincial, Fr. Julian Saldanha, S.J.

**Inter*Continental Hotel's
Employee-Of-The-Month**



REWARDED FOR HIS HONESTY by being made Employee of the Month was Tobias Aduca, Laundry Valet, at Mombasa Inter-Continental Resort. He found Shs 3,000/- in a guest's trouser pocket which had come in for cleaning. It was handed to management and then to a delighted guest. Tobias is seen being congratulated and presented with a certificate and cash award by Marwan Hamdun, the hotel's Executive Assistant Manager.

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French Navy Visiting Mombasa

THE THREE FRENCH NAVAL vessels arrived as scheduled at the beginning of the week, and are presently tied up alongside Mbaraki. So we have those little red pompoms in town once again.

The Belgian Naval vessel *Zinnia* will be in port later this week and will no doubt keep the U.S.S. *White Plains* company, as too will be the Military Sealift Command Rapid Deployment vessel *Denebola* which will be arriving on Wednesday morning.

However, *Denebola* will have to anchor 'outside' for I understand that being 916 feet long, is considered too large to bring in, especially in negotiating the channel entrance from she does offer a large area of windage.

Denebola has been on duty at Mogadishu where she's been delivering the customary armaments and supplies.

The *Hard Rock Cafe*, as well as the other 'harder' establishments should be relatively happy at receiving the custom the various navy personnel, as too no doubt will be many other potential clients.

The Tanzanian registered passenger vessel *Butterfly* I see has moved from overside Amgaco to alongside berth near the Port Dock Yard.

I'm not sure if she's going to return to the dry dock to put on some very necessary make-up. We shall, but have to wait and see!

A number of cruise liners are due in within the next ten days or so.

Starting with the 'usual', African Safari Club's *Royal Star* the other royal *Viking Star* both due in on Friday, today.

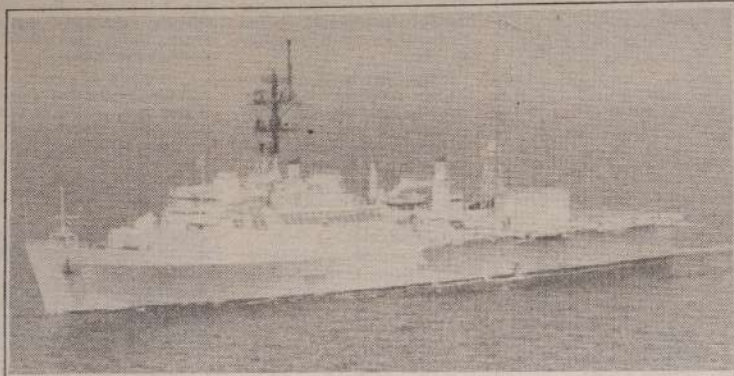
time to allow the usual passenger changes.

I read an interesting book the other day by a Mr. Tristram Jones who was the first person to sail an ocean going craft in the lowest and

other associated works.

Writing of *salvage*: Some years ago a vessel called the *Phillipps* grounded on Latham Island, nothing especially fantastic about that in itself, unusual perhaps, but

JULES VERNE DOCKS IN KILINDINI



JULES VERNE visiting Kenya under Capt. de Vaisseau de Masson d'Autume.

They will be followed by the *Marco Polo* and *Island Princess* later next week, and will all be staying for a day or so, just enough

highest expenses of water in the world, firstly with the *Barbara* in the Dead Sea, at 1,250 feet below sea level and then on Lake Titicaca with the *Sea Dart* 12,850 feet above sea level.

One of the interesting observations was while they stopped over at the Mombasa Yacht Club in the earlier part of the

consider the thoughts of a Royal Navy Captain of a century or so ago, when he narrowly escaped being wrecked on Latham Island.

He opined that it was the most dangerous part of the coast, having been at the time incompletely surveyed, where currents are strong and uncertain, where numerous unknown shoals exist, and are only now and then discovered by the practicable mode of running on them!

He goes on to mention that rumours, not altogether without foundation, that "vessels heavily insured have been sent out there with no very honest intentions of their returning" again. Prophetic.

A little useless information but nevertheless interesting, I wonder how many folk realize that the Island Mahe of the Seychelles is actually named after the ex-Governor of Mauritius?

The port is still pretty quiet with majority of the general cargo berths awaiting customers, although the container terminal is full of time of writing with the *Banglar Mookh Michela* and *Nedloyd Merve*.

(Did you know that sailors and women do not arrive at a place, they 'fetch' it to them? that is *Washed Mombasa* etc.)

A happy Diwali and prosperous New Year to all our esteemed Customers



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Gordon Cuthbert On SHIPPING

odyssey when it was mentioned that:

"Our reception by the port police and customs in Mombasa was the best and most civil that we received in the whole of Africa!" Encouraging comments.

The locally based salvage tugs *Bison 1* and *Barbara* are still up at Mogadishu where they've been for the best part of a year now, busy docking, undocking vessels, and

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EYECATCHERS

HEALTH TIPS

HOW TO GET RID OF EXCESS WEIGHT

A GREAT deal has been said about how to lose weight and it helps to set the facts straight.

Despite the uncertainty of what exactly causes obesity, most treatment methods use either a program to reduce energy intake, increase energy output or both.

Rather technical that. In everyday language, to reduce energy intake means to eat just enough of energy giving foods to meet daily needs.

Any excess of these is stored as fat.

Most people advice a structured diet that keeps a close watch on the calories consumed each day.

Visiting a dietician to work it out is advisable.

The other way to get rid of excess weight, is to burn it off (that is increase energy output).

Consider this, an hour's walk at three miles per hour uses up 300 kilocalories or an equivalent of 30 grams of fat.

A daily walk such as this would lead to a loss of nine kilograms of fat in a year.

Activities such as walking, swimming and gardening are useful especially if done regularly.

An occasional bash at the club, for instance, is not as helpful as daily work-outs.

It is also advisable to start with activity one can manage and build up with time.

All methods to lose weight need a great deal of motivation and most of the failures are related to this.

Several ways to increase motivation are used.

For a start, obese people benefit more if they gather as much information about

their condition as they can.

They also need to realize that ultimately, the success or failure of any program to lose weight depends on them and not on other people.

Joining a group with a similar problem such as 'weight watchers' abroad or 'keep fit' groups locally can be motivating.

Most professional weight loss groups use a behaviour change programme that encourages their adherents to monitor their eating habits closely, to avoid situations that lead to overeating, to change eating habits and to reward themselves regularly if they achieve a desired weight.

A number of other methods have been used to treat obesity but their effectiveness is doubtful.

Drugs, such as amphetamines and other stimulants, that reduce appetite are not only addictive but weight gain resumes after they are stopped.

Others have used high fibre diets and balloons to fill up stomach and induce a sense of fullness again with delectable success.

None of these methods work for the severely obese and rather radical methods are some-time used.

Wiring of the jaw to ensure that only a liquid diet is taken

works. But once the wires are removed the weight returns.

Surgeons may also cut off about a third of the stomach or have food bypass part of the small intestine so that it is not absorbed.

It works in severe obesity, though the latter methods has its complications.

by Dr. ERIC MAINA

MAMBA VILLAGE ORGANISE 'BANGRA COMPETITION' AT DIWALI FESTIVAL

MAMBA VILLAGE have confirmed that for the first time in their Mamba Disco they are going to host a *Bangra Dancing Competition* on Friday, November 20.

Spokesman told *Coastweek*: "This will come a week after the Diwali Celebrations to be marked by the Hindu Community on November 13, 1993.

"The *Bangra Dancing Competition* is open to every dancer, who can move his body to the *Bangra*.

The dancing will be in pairs and those dancers who wish to be trained can do so under Jiten Malde (G-10), at Mamba Village".

All inquiries to be made to Graham Katana, Mamba Disco Recreational Representative or Chuchu Naleoro on telephone 472709.

"At stake fabulous prizes to be won. Happy Diwali to everyone. Start registrations now.

"Dress in your best Indian outfit, you might win the Best Indian Outfit prize".

Diwali Greetings AND DON'T FORGET BHANGRA COMPETITION

20th Nov

Mamba Disco



THE MINISTER FOR TOURISM AND WILDLIFE, Mr. Noah Katana (centre), at the launch of Triangle Travel in Nairobi last week. The Triangle Travel is a new tourism publication targeted at British holidaymakers. With the Minister are Mr. Kul Bhushan, the publication's Editor-in-Chief (left), and Mr. B. Nzomo, the Marketing Manager for Kenya.

Kul Bhushan Promotes New Awareness To U.K. Travellers On 'Triangle'

WILD before Christmas!
 This is how the British travellers will be advised to soak in the sunshine and enjoy a Kenya safari. A new tourism publication Triangle Travel aims to increase the numbers of 100,000 British travellers who visited Kenya last year.
 It also attempts the 250,000 who visit India every year on a Kenyan safari to make a triangle trip.
 Both Kenya and India are popular with the British holidaymakers, sports teams and business travellers due to the common history of British rule later followed by close economic and business relations.
 These two different destinations offer many different attractions.
 Triangle Travel promotes these two popular destinations for the British traveller.
 Edited by Kenyan editor Kul Bhushan, the 2,000 copies of its inaugural issue for October - December 1993 have been distributed to a carefully selected list of British travel market and British Asian organisations.
 It highlights one of the best kept secrets of the travel trade: the Triangle Ticket which combines a Kenyan safari with a trip to India at a special discount.
 The special fare connects London-Nairobi-Bombay-London and costs half the price of the regular air tickets.
 It saves the trouble and the cost of two extra journeys.
 The 14-day excursion London-Nairobi-London Economy class excursion fare costs £1,389.
 The London-Bombay-London Economy class excursion fare costs £200, totalling £2,089.
OBIGATIONS
 can reach both cities for £1995 with the Triangle Fare.
 the VFR (Visiting Friends and Relatives) Market, this fare was introduced in the mid-seventies by British Airways and Kenya Airways for the Kenyan Asians who migrated to Britain.
 affluent British Asians still maintain close family ties and obligations, they make trips to Kenya and India every 12 - 18 months.
 living in the dull and dreary atmosphere of Britain over the years, they seek the sunshine and safaris

in Kenya, the national parks and the Tree Hotels they never visited and lazing at the Kenyan coast they hardly enjoyed.
 Then it's back to Britain - unless they are aware of the Triangle Ticket which can save them up to 50 percent for another trip to India.
 If they do, then Bombay is their next stopover before going home.
 This fare is also well used by the 50,000-odd Kenya Asians but not so well known in Britain, especially by the majority of the Anglo-Saxon travelling public or even the frequent travellers.
 "During my regular travels to Britain and India over the last 15 years, I am constantly astonished by the lack of information - indeed its existence! - among those it is designed to serve," says Kenyan editor Kul Bhushan who has initiated this publishing project.
 This quarterly, Triangle Travel is imaginatively designed to fill in the information gap as a high-quality publication.
 In Britain, you do not have to be an Asian to buy the Triangle Fare, it's available to all who ask for it or are advised by their travel agents.

SENIOR KENYA SHIPPING AGENCY OFFICIALS TOUR KISUMU AND ELDORET INLAND CONTAINER DEPOT

TOP EXECUTIVE of the Kenya Shipper's Association have made intensive tours of the Kenya Ports Authority's two proposed Inland Container Depots at Kisumu and Eldoret.
 The executives, led by the Association's Chairman, Mr. Edwin Yinda, inspected all facilities including the Customs Bonded Warehouse, shed area, parking for lorries, stacking area, maintenance workshop, police station and canteen.
 According to Mr. Yinda, the Kisumu ICD has a greater potential and called for shippers to make use of it.
 He said Kisumu's location on the lake coupled with good road links make it advantageous as a cargo centre.
 The association's members were conducted round by the KPA's Managing Director and Public Relations Manager, Mr. Alex Kabuga and the Chief Operations Officer, Mr. Rashid Marwan.

He called on the agents to be in the frontline in publicizing the use of the ICDs to shipping lines and shippers since they were professionals in shipping and its related trade.
 The Association members agreed on doing a joint trial run of the container train service with the KPA and the Kenya Railways a few weeks before the official commission of the Kisumu ICD.
 Those accompanying Mr. Yinda, who is also Managing Director Spanfreight Limited were, Mr. Brown Ondego, Managing Director of Mackenzie Maritime Limited, Mr. John Meafari, Deputy Managing Director of Oceanfreight Limited, Mr. Tom Omondi, General Manager of Kenya Shipping Agency and Mr. Dennis Tangal, General Manager of the Shipping Division of Wigglesworth Limited.



WANGUI KANYONYO (ME KATILILI) and her daughter Joan Ndila (Katilili) share a moment together after Me Katilili's escape from prison and return to Giriama land.

"SONG OF ME KATILILI" DRAWS RECORD MOMBASA AUDIENCE

"OVER FOUR hundred theatre lovers were thrilled by *Song of Me Katilili* on Saturday night at Fort Jesus", reports Andrew Croy, the Faharis Player's Marketing Assistant.
 The show's producer, almost overwhelmed by the 250 plus who had attended the Friday performance spent much of Saturday afternoon arranging for extra seating for Saturday evening's production.
 "It's just as well they did - the 150 extra seats allowed the biggest audience yet of the sell-out show's super run to see the play.
 "Some even willing to pay to stand up when the seating became exhausted", he continued.
 "And what a treat it was! The now well known dramatic qualities

of the play were magnified a hundredfold by the superb atmospheric of the 400 old Fort.
 "Initial fears over acoustics were swiftly put to rest as the characters' voices carried easily through the still night air.
 "The individual talents of actors were also well to the fore. Outstanding must be local star John Nestor as Wanjewa Mwadari.
TREATMENT
 "A lead role is never easy, but John managed to step into the role with just one day's notice after the original actor was unable to attend.
 "Others who were highlighted were Wangui Kanyonyo (*Me Katilili*), Joan Ndila (*Katilili*), Mwangiombes Mwakaba (Kazungu), Kimani Mbugwa

(Katana) and Latifa Ally (Miss Lewa).
 "But the real star of the evening was Mzee Rashid Said Magastara who actually remembers *Me Katilili* as he was imprisoned with her by the British at Fort Jesus during the same struggle for freedom.
 "Mzee addressed the audience in Swahili and later commented that *Me Katilili* was a strong woman who took no nonsense from anyone - a good slap being her treatment for fools!
 "*Me Katilili* will show at the Little Theatre Club on Friday and Saturday, November 12 and 13, at 7.00 pm sharp.
 Tickets must be purchased in advance to avoid disappointment as there is no extra space at these final shows.

For those of you who don't believe in love at first sight.



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 Great care has been taken in creating this elegant and beautiful scooter. It has been designed using high quality, Italian state of the art technology giving her a fashionable and stylish appeal, with colour combinations that form the Sfera's own unique personality.
 Of course, looks aren't everything.
 The Sfera will take you through rush hour traffic quickly, economically and safely with her highly efficient brake system, and her well

developed suspension will minimise noise and vibration.
 Her headlights and rear lamps are developed to enhance visibility and there is a windscreen to protect you in poor weather conditions. Also a spacious compartment to store all your personal belongings.
 Best of all, the Sfera Scooters are now available from the evergrowing Kenya Motors, Nairobi and from Bruce Trucks, Mombasa. Come in today, and see the new Sferas for yourselves.

KENYA MOTORS

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ROTARACT CLUB OF MOMBASA

ROTARACT CLUB OF Mombasa Community Service Director Dhimal Shah has organised a most successful dental clinic at the Jomvu Kuu Dispensary.

More than 200 patients were checked, 34 extractions were made and other cases of tooth filling and scaling were referred to Makadara or Coast General Hospital.

Doctors from Coast General Hospital provided free voluntary services.

The Club received donation of toothpaste from East Africa Industries and some medicines from Faiz Pharmacy.

It has been decided to have dental clinic annually at the Jomvu Kuu dispensary as the local wananchi really appreciated free services provided by the Club.

LONDON BOOST!

FROM PAGE ONE

and Kenyan participants felt that it did much to repair Kenya's damaged image and so give a new impetus to the promotion of tourism.

It is hoped that similar Travel Fairs might be held in other countries where tourism to Kenya has been adversely affected.

It was also felt that more advertising in the press and on TV might be good follow up to this excellent Kenya Tourism Day so that the good it had done would not be lost.



ROTARACT CLUB OF MOMBASA COMMUNITY Service Director Dhimal Shah is seen receiving a donation of toothpaste from Jackson W. Mwaura East African Industries Area Sales Manager - Coast Area. Standing from left are Vocational Service Director Rtr. Zaheer Salyani, Shilpa Pandya, Chairperson Shilpa V. Shah and Secretary N.V. Shah.



MR. DAVID WAINAINA Branch Manager Provincial Insurance presenting sponsorship cheque to M. Zavery K S A representative Coast for the Coast Seniors Open Squash tournament at Mombasa Sports Club from Nov. 12 - 19.

Francois De Grivel At Shanzu Girl Guide Site

FRANCOIS DE GRIVEL, District Governor for Rotary District 9200, has officially inaugurated the piped borehole water at Shanzu Girl Guides Camp during his visit to Kenya.

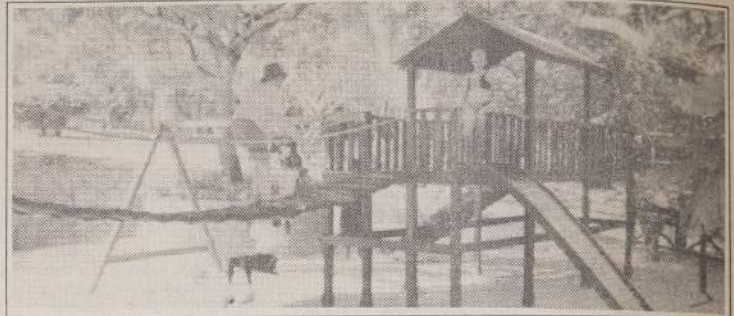
Accompanied by the Chairman of Rotary Club of Kilindini, Kenneth Marende, and various members of the Club, M. de Grivel visited the site to view all the work the Club had carried out for the Camp over the last year, officially hand over the dining room furniture and to plant some more trees.

The Community Services Committee of Rotary Club of Kilindini has "adopted" the Girl Guides Camp and has been raising funds over the last couple of years to help develop the camp.

This latest project of installing a submersible pump, water tank and piping to the dining room, kitchen and dormitories has made a big difference as the girls no longer have to carry buckets of water from the hand pump.

The project cost Kshs 150,000/-, but the contractor, Coast Drilling, donated Kshs 20,000/-, when they saw the need of the Girl Guides and learnt that they depend on donors for all their funding.

Gitalco's Multi-Play At Watamu



"KIDS WEEK" HAS BEEN the theme at Turtle Bay Beach Hotel. Among the attractions enjoyed by the children was a beautiful playing area highlighted by the Multiplay, built by Gitalco. The Multiplay comprises a main structure to which are attached a slide, climbing bars, swings and a rope bridge leading to a tree house. This is only one out of many combinations of different play ground motives that Gitalco offers to Hotels, Clubs, Schools and Kindergartens.

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For a fun-filled meal or simply sit and sip a tall cocktail as the sun goes down, be sure to visit Parrots.

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Parrots

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YOUNG ARTISTS PRAISED ON SKILLS BY COAST ART CIRCLE

THE EXHIBITION Committee of Coast Art Circle has congratulated the children of Mombasa who responded with such enthusiasm to the Art Competition featuring Fort Jesus, 400 Years'.

A Coast Art Circle spokes lady told COASTWEEK:

"We were, in fact, overwhelmed by their response, also in their interest in the pictures and their questions about the Grouping and the Judging."

While Doshi, 14, of the Coast Academy (Upper) emerged the best painter. The below six years category was headed by Salim Mwangi, 4, from the Aga Khan Junior Academy, while Asiko de Brower from the Coast Academy (Middle) headed the six to nine years category. Mercy Bibase, 12, from Abubakar Panju Primary School won the 10 - 13 year category.

"We should like to thank the Curator of Fort Jesus and The Old Law Courts, Mr. George Obungu for allowing us to use the lovely and as it turned out, very suitable Supreme Courtroom for the Exhibition and giving us a freehand."

"The Friends of Fort Jesus for their generous sponsorship. Messrs. Crown Paints for the paint to do up the Courtroom."

"We should like to thank those Mombasa firms who donated the Prize money: Messrs. Afro-Meat, Marali Printers, Kamber Agencies, M. Shifa Pharmacy, One-stop Supermarket, Foster's Bakery, Kenta Stationers, Hot Crust Break Shop, Morning Dew, Greengrocers and Coca Cola for supplying sodas."

"The timing of this exhibition proved to be inconvenient for some schools because of end-of-term examinations thus almost eliminating the 14-to-18 age group

and resulting in a flood of entries from the six-to-nine year and 10-to-13 year olds.

"A large number of the latter coming in a last minute rush from individual children fired with imagination swarming in with their masterpieces as we were actually hanging."

"The Judges were chosen to ensure impartiality, all of them qualified and practising artists. It was decided that each picture should be judged individually on Creativity, Ability, Colour and Technique."

"We should like to point out that it was obvious to the Judges that a number of schools had provided their pupils with postcards and travel brochures with pictures and photos of Fort Jesus for reference, resulting in several identical looking entries, and though nicely drawn or painted were not what we were looking for, - the inspired creation and the individual interpretation."

"So, a number of awards were given to entries that seemingly were less gifted than the photocopy types."

MATERIALS

"We should also say that a large number of entries were really excellent but spoiled because the parents or teachers had provided the children with totally unsuitable art materials to work with."

"We were very impressed by those children whose schools did not participate and the mother's who ensured that their efforts were encouraged."

"We admire the young man who hired a taxi 'off his own bat' and rushed his masterpiece to us literally as we were judging, paying

the taximan with his entry fee.

"The Taximan refused it and saw the seven year old back home safely free of charge ... this was very much the spirit throughout; we never imagined that we would receive 358 pictures."

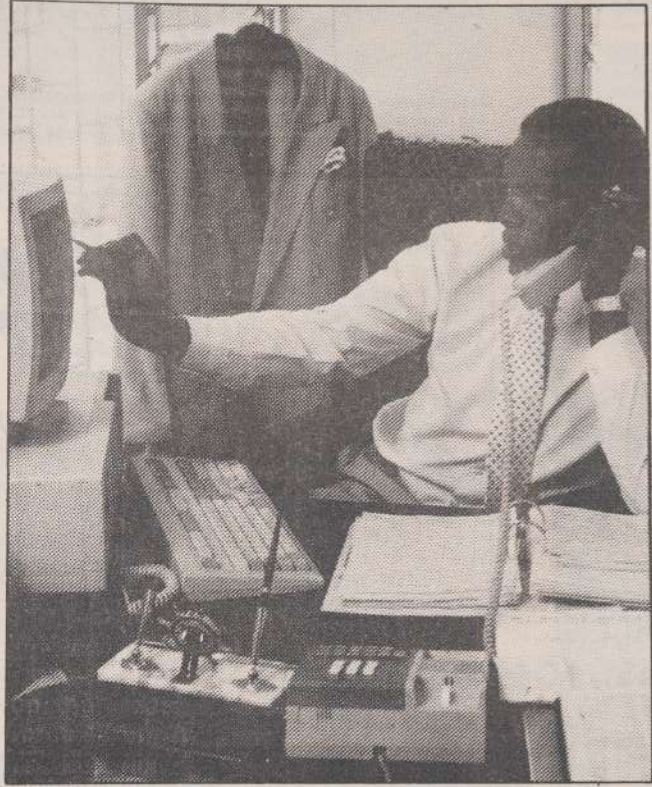
"We decided to hang the lot to avoid disappointments, and were rewarded by the children who were thrilled to see their pictures on the screens."

"To the many children who then decided to join Coast Art Circle we would like to tell them that now we prepare for the Adult Competition that starts on December 11 through to December 19 and where we will be hanging all the winning entries of the Children's Competition - so come and see how they compare!



MOMBASA WOMEN'S ASSOCIATION LADIES have visited Kwa Jomvu Primary School. This Institution began in 1985, with very few children who used to learn under a temporary banda. Gradually the development took place and at present it is a double-stream school with more than seven hundred pupils. Mrs. Jaspal Kalsi - the Chairlady of Mombasa Women's Association is seen handing over dual desks for two classrooms to Mr. Mutuku - the Headmaster of the school. Standing (from left) are Mrs. Kaushliya Manghnani, Mrs. Harminder Kandhari, Mrs. Rashida Anjarwalla, Mrs. Ravinder Lal - Hon. Secretary and Mrs. Kajembe representing Mr. Kajembe - the Chairman for KANU, Changamwe Division. Mombasa Women's Association Ladies also served the children with foodstuff and soft drinks.

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FUN AT FORT JESUS ... WITH SOUND AND LIGHT



Jahazi Marine Limited "Sound and Light" team performing at Fort Jesus every Mondays and Thursday. Top (from left) Harry, Peter, Mr. Andy Stuart (Director of Jahazi Marine), Martin and James Charo. Lower (from left) James Amayo, Safari, Nicholas, Terence Lucas (Workshop Manager) and Paul.

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Kurse in Lebensmittelhygiene, um Magen-Darmerkrankungen vorzubeugen

DER GENERALSEKRETÄR der königlichen Gesundheitsorganisation "Royal Society of Health", Mr. David Goad, befand sich kürzlich auf einem 16-tägigen Besuch in Kenia, um die ersten Zertifikate zu verteilen an Kandidaten, die erfolgreich die von dieser international anerkannten Gesellschaft durchgeführten Prüfungen bestanden haben.

Rund 400 Kandidaten haben einen Kurs von MESH (Meetings for the Environment, Safety and Health) nach den Richtlinien der "Royal Society of Health" erfolgreich abgeschlossen.

Es war die erste Reaktion aus Kenia auf einen Bericht der Weltgesundheitsorganisation (WHO), aus dem hervorgeht, daß trotz aller Fortschritte in moderner Technologie und der Bemühungen, saubere Nahrungsmittel zur Verfügung zu stellen, durch Lebensmittel übertragene Erkrankungen in Industrie- und Entwicklungsländern immer noch ein großes Gesundheitsproblem darstellen.

Jedes Jahr erhält WHO Berichte über Hunderttausende von Krankheitsfällen, die durch unsaubere Lebensmittel verur-

sacht wurden. Die Statistik zeigt, daß diese Krankheitsfälle in den letzten Jahren drastisch zugenommen haben. WHO schätzt, daß von rund 2600 Millionen Lauten, die jedes Jahr auf Geschäfts- oder Vergnügungsreisen unterwegs sind, zwischen 20 und 50 Prozent an Durchfall erkranken, was in den

meisten Fällen auf mikrobiologisch verseuchte Lebensmittel oder Trinkwasser zurückzuführen ist.

Mr. Goad besuchte in Kenia viele Hotels, Restaurants und Lebensmittelproduzenten. Viele ihrer Angestellten haben bereits teilgenommen an einem der Lebensmittelhygienekurse von MESH - die einzige von der "Royal Society of Health" zur Durchführung dieser Kurse in Ostafrika lizenzierte Firma.

BARKELLNER
Der Indian Ocean Beach Club in Diani war das erste Hotel in Kenia, das von dem Hygienekurs Gebrauch machte. Mr. Goad überreichte den 30 Kandidaten nicht nur ein Zertifikat, sondern auch ein Handbuch auf Englisch und Swahili, in dem sie jederzeit die wichtigsten Regeln nachlesen können.

Unter den Kursteilnehmern waren außer Köchen und Küchenhilfen auch Restaurant- und Barkellner sowie Personal von der Hauswirtschaftsabteilung, das für die Minibars in den Zimmern zuständig ist.

An 13 Angestellten von der Shimba Lodge (zu Block Hotels gehörend wie auch der Indian Ocean Beach Club) wurden auch Zertifikate und Handbücher überreicht.

Wenn der Standard in den Lebensmittelhygiene eingehoben wird, kann sich das nur günstig auf den Tourismus auswirken.

Wie Mr. Goad bemerkte, ist das kenianische Gesundheitsministerium an weiteren Besprechungen interessiert, um die hygienischen Probleme im öffentlichen Sektor - Krankenhäuser, Schulen, Gefängnisse - zu diskutieren.

Die meisten Reiseveranstalter haben eine Kopie des "Carterwright Report" erhalten, aus dem hervorgeht, daß zwischen 40-50 Prozent der Touristen, die Urlaub in Kenia verbringen, an irgendeiner Reisekrankheit wie Durchfall oder Magenverstimmung leiden, was als eine Art von Lebensmittelvergiftung bezeichnet werden kann.

HÄNDEWASCHEN
"Ob das vom Wasser oder von Lebensmitteln herrührt, ist nicht klar, aber wir betrachten jedenfalls Wasser auch als Nahrung," erklärte Mr. Goad.

Erschreckend hoch ist die Zahl der gemeldeten Erkrankungen an Lebensmittelvergiftung; darüber hinaus gibt es noch die vielen Fälle, die gar nicht bekannt werden.

Die meisten könnten vermieden werden, wenn die Leute die persönliche Hygiene mehr beachten würden wie Händewaschen, bevor sie Lebensmittel anfassen.

Man sollte auch nicht die gleichen Messer benutzen zum Schneiden von gekochtem Fleisch und rohem Fleisch.



DER GENERALSEKRETÄR der "Royal Society of Health", David Goad, überreichte Mark Holden, dem General Manager des Indian Ocean Beach Clubs (IOBC), ein Wappenschild der "Royal Society of Health", nachdem er 30 Angestellten des IOBC und 13 Angestellten der Shimba Lodge (beide unter dem Management von Block Hotels) Zertifikate über ihre erfolgreiche Teilnahme an einem Lebensmittelhygienekurs verteilt hatte. Rechts Roger G. Lane, Managing Director von MESH Kenya Ltd., welche Firma die Kurse in Ostafrika durchführt.

SPEZIALITÄTEN AUS SANSIBAR IM SHEHNAI RESTAURANT

DREI JAHRE hintereinander hat das Shehnaï Restaurant in Mombasa eine Spezialitäten-woche durchgeführt mit köstlichen Gerichten aus Sansibar in den gemütlichen

Deutsche Hilfe für Lamu

DER DEUTSCHE Botschafter in Kenia, Herr Bernd Mützelburg, und der Direktor der Nationalmuseen von Kenia, Dr. Mohamed Ishakia, haben ein Abkommen unterzeichnet, wonach Deutschland rund DM 61.000 (K.Shs 2,75 Millionen) zur Verfügung stellen wird für die Restaurierung des "Swahili House" - auch Denhardt Haus genannt - das sich im historischen Zentrum von Lamu befindet.

Anfangs des 19. Jahrhunderts erbaut, diente das Gebäude vom 22. November 1888 bis zum 31. März 1891 als deutsches Postamt, um die Verbindung zwischen Deutschland und der kleinen deutschen Siedergemeinde im Tana River Delta und in Lamu zu verbessern.

Das Haus wurde 1995 von der UNESCO als historisches Denkmal erklärt. Nach einer vom Stadtplanungsamt von Lamu durchgeführten Studie befanden die Nationalmuseen von Kenia, daß das Swahili House sich in einem befalligen Zustand befindet und dringend der Renovierung bedarf.

Die finanziellen Mittel zu seiner Restaurierung sind ein Geschenk des deutschen Außenministeriums im Rahmen des Budgets für "Erhaltungen zur Erhaltung des kulturellen Erbes".

Räumen im 1. Stock, die zu diesem Anlaß entsprechend dekoriert waren.

Die Gäste wurden mit einem Geschenk empfangen, den Herren wurde eine gestickte Kopfbedeckung (Kofia) überreicht und den Damen ein Sträußchen aus süßduftendem Jasminblüten, das sie sich ins Haar stecken konnten.

Die Treppe war dekoriert mit "Triumphbogen" aus Bananenblättern und Bougainvilleas in verschiedenen leuchtenden Farben.

Ethnisch gekleidet in weiße Khanzus und Kofias waren auch Restaurant Manager Mehboob Harunani und Oberkellner Juma Hamisi. Letzterer wurde für solche Sansibar-Festivals speziell ausgebildet.

Das Sansibar-Festival erfolgte anläßlich der Welt-Tourismuswoche und wurde nicht nur von Touristen aus Übersee, sondern auch von vielen einheimischen Stammgästen besucht, die gerne diese Gelegenheit benutzten, in stimmungsvoller, komfortabler Umgebung die würzige Küche von Sansibar zu genießen.

Das Shehnaï Restaurant hat einen hervorragenden Ruf für diese regionale Küche und war verantwortlich für die Verpflegung am Sansibar-Abend, der für 500 Personen im Rahmen der 400-Jahrfeier des Fort Jesus im April dieses Jahres in der historischen

portugiesischen Festung organisiert wurde.

Das Restaurant hat auch einen Party Service und offeriert unter anderem Spezialitäten aus Sansibar und Mogulen-Gerichte.

Für die touristische Hochsaison werden Sansibar-Abende geplant.

Während der Welt-Tourismuswoche wurde den Gästen zuerst

Spezialbericht von NETA PEAL

ein Aperitif - eine gekühlte Madeira (grüne Kokosnuss) - als Willkommensdrink offeriert. Das Diner begann und endete mit etwas Süßem, mit knusprigen Kaimati (Sirupkugeln) und Haiwa zum schwarzen arabischen Kaffee.

Viele der Speisen werden in Kokosmilch gekocht und raffiniert gewürzt, vor allem Muhogo und Süßkartoffeln, die bestens passen zu Mchuzi ya Kuku (Huhn) und Samaki wa Kupaka (gebratener Kokos-Fisch). Es gab auch köstliches Biryani ya Mbuzi (Ziegencurry mit Reis).

Das 4-Sterne Shehnaï Restaurant war das erste Tandoori-Restaurant in Mombasa, wo in einem traditionellen Tandoori-Tonofen gekocht wird.



KÖSTLICHE Spezialitäten aus Sansibar gab es im Shehnaï Restaurant in Mombasa anläßlich der Welt-Tourismuswoche, die nicht nur von Touristen aus Übersee, sondern auch von lokalen Stammgästen besucht wurde. Den Herren wurde eine gestickte Kopfbedeckung (Kofia) überreicht und den Damen ein Büünsträußchen aus süßduftendem Jasmin, das sie sich ins Haar stecken konnten. Rechts Mehboob Harunani, Manager.

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H.P. Blavatsky

ANNOUNCEMENTS

MOMBASA Motor Club Sunday 14th November, 1993: Hill Climb/ Time Trial at Swynford Boat Yard Killif - start 9 am. Lunch and drinks will be available. Saturday 20th November, 1993: The Driftwood Training Rally - start mid day. Entries to the Secretary M.M.C. Tel: 474123.

BARN Dance + BBQ - Saturday November 20th - 7.30 pm at The Bahari Club. Come along for an evening of country music and fun. Tickets KShs. 500 (including supper). Phone 471843, 471723, 471390. All proceeds to Mombasa Hospital League of Friends.

CEREBRAL Palsy Foundation will present a talk by Mr. Noordin Tiwiwalla at Tudor Junir Academy on Saturday 20th November at 10.00 am about 'Child's social development'. All are invited.

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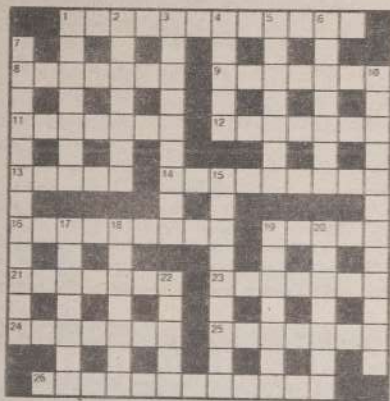
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ADDRESS.....

- | | |
|--|--|
| ACROSS | DOWN |
| 1 Her foundations are at Oxford and Cambridge (4, 8) | 1 Had a lazy time in the hotel (7) |
| 8 He keeps the wheels of industry going (7) | 2 Apparently useless boat (7) |
| 9 He's all behind! (7) | 3 It frequently ends up on toast (9) |
| 11 Could be great at a race meeting (7) | 4 Boy, deep in natural philosophy (5) |
| 12 Conduct that often gets a medal (7) | 5 Maddened the Mad Grandee (7) |
| 13 Arrangement of borders without borders (5) | 6 Noise rising around Vice-Admiral making escape (7) |
| 14 These things will happen! (9) | 7 We'd like to have this control over the weather (12) |
| 15 Don't sample so many - it's undiscerning! (9) | 10 Thoroughly at home, at home (12) |
| 19 All right giving a piece of pie to an animal (5) | 15 Punish? The players I confuse to college (9) |
| 21 Heads with sharp features (7) | 17 Leek as a chopped vegetable (3-4) |
| 23 Child accompanied by a princess (7) | 18 This unpleasant sight could be a guy (7) |
| 24 I'll intrigue, making a confused noise (7) | 19 Between bull and opponent's gray (7) |
| 25 Make it lively! (7) | 20 Books and flowers? (7) |
| 26 All the same, it's always the greater (12) | 22 Fish proverbially thrown to catch another (5) |

ANSWERS TO CROSSWORD NO. 426
ACROSS: 1 Asat Stripper 8 Bulletin 9 Ensign 10 Sunda 11 Commuter 14 Test 16 Expendable 18 Pleasantry 19 Eppy 21 Concocted 24 Wilson 26 Inform 28 Larkspur 29 Establishment
DOWN: 1 Adulate 2 Solid 3 Total Recall 4 Tonic 5 Elk 6 Fontaine 7 Rogue 12 Money's worth 13 Ready 14 Topic 15 Transport 17 Pie 20 Product 22 Ounce 23 Delhi 25 Lark 27 Mob

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PUBLIC NOTICE

In response to many queries put forward by the general public and our contributors, the National Social Security Fund has decided to run a special column in the Kenya Times every Friday starting on the 12th November 1993.

The fund will endeavour to answer all questions raised by the general public regarding its operations. The questions should be addressed to:

The Public Relations Officer, National Social Security Fund P.O. Box 30599 Nairobi

Members of the Public are also invited to raise their questions through Telephone Number 729800 where they should ask the operator to connect them to the Public Relations Officer at Extension Number 41097.

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Sarova Sponsor Men's Mug

THE EXTREME heat and lack of rain has taken its toll of both Nyalil and Mombasa golf courses and conditions are not at all easy.

The lies on the fairways and the aprons are poor and the greens are difficult to read.

The temperatures were high for all last weekend's events with little or no breeze to cool things down, writes *Followthru*.

The Men's Mug played on Saturday at Mombasa Golf Club was kindly sponsored by Whitesands Hotel which is part of the Sarova group.

There was an excellent entry of 55 members, eight guests and two markers all encouraged by the generous prizes given by the sponsors for the subsidiary Stableford event run in conjunction with the Mug.

In A division the winner was over steady Keshor Lakhani with nett 72, closely followed by runner up Wachira Mahihu one shot behind on nett 73.

Wachira also had the Best Gross of 76.

The best scores of the day were found in B division and Ibrahim Pasta was the clear winner with an impressive nett 66.

The runner up was Suresh Popat on a good score of nett

69. Kamar Kasmani also had a good score of nett 67 to win the C division and relatively new golfer Ganeshyam Patel was runner up on nett 68.

The Sarova Stableford was won by Ibrahim Pasta scoring 39 points and Ganeshyam Patel was runner up on 38 points with Kamar Kasmani third on 37.

The best first nine went to

FOLLOWTHRU On GOLF NEWS

Samar Makwana with 19 points and Suresh Popat took the best second nine on 20.

Bob Nicholas from Nyalil was the guest winner with 33 points and Abdul Wahid Aboo was runner up on 31 points.

David Thompson, Managing Director of Whitesands Hotel and Mrs. Ashok Manghani presented the prizes.

The prizegiving was followed by a cocktail party with delicious bitings courtesy of Whitesands Hotel.

On the same afternoon 29 ladies braved the heat for the November KLGU Medal kindly sponsored by Vera Erat with the Tamarind Restaurant providing the Gross prizes.

Most players struggled in the difficult conditions and the greens, which are at various stages of being top-dressed, caused lots of problems.

The Silver division was won by Ann McConnell with a good score of nett 71 and the runner up on nett 73 was Saida Samji, still playing well in spite of a four stroke cut in handicap in the past few weeks.

Cathy Kmanthi had the same score but she was beaten on countback.

Cathy did however win the Best Gross with 84 counting out Ann McConnell.

Shabnam Nayer also had a good score of nett 71 to win the Bronze division and one shot behind in runner up spot was Zebi Anjarwalla on nett 72.

The Best Gross went to Jeanne Colloins on 93.

DIWALI CELEBRATIONS MOMBASA GOLF CLUB

On Sunday the Hindu members of Mombasa Golf Club organised a Four-ball Better-ball competition to celebrate the forthcoming festival of Diwali.

Rohit Devani, the convenor, and his committee did a wonderful job in running the event.

The Club was beautifully

decorated and the prize-giving was followed by a traditional Diwali dinner attended by over 300 members and their guests.

The musical entertainments were much enjoyed into the early hours of Monday morning.

Golf being the frustrating game it is, maybe a four-ball event should be arranged more often just to cheer everyone up - scoring is So easy! There was not one score under 30 points last weekend.

There were 40 pairs competing, the competition being open to members of Mombasa and Nyalil Clubs.

Playing on another scorching day, the winners with a fantastic score of 48 points were Vinod Patel and Dinker Thaker who had two steady nines of 23 points.

Runners up were regular partners Ben Okello and Joe Mamujee who had an excellent second nine of 24 points for a total of 45.

In third place were Atul Patel and Shabbir Nazerali who turned out to be a perfect partnership - Atul playing two over par on the first nine for 23 points and Shabbir taking over on the

second nine to score 21 points for a total of 44.

Fourth place went to Arun Radia and Rekha Patel, the only lady to feature among the winners.

They scored 42 points and fifth prize was won by Jayendra Amin and Kamar Kasmani with 41 points.

Full Results: Men's Mug - Mombasa: A division: Winner: K. Lakhani 72 nett, Runner up: W. Mahihu 73, and Best Gross: W. Mahihu 76.

B division: Winner: I. Pasta 66 and Runner up: S. Popat 69.

C division: Winner: K. Kasmani 67 and Runner up: G. Patel 68.

Sarova Stableford: Winner: I. Pasta 39 points, Runner up: G. Patel 38, Third: K. Kasmani 37, Best First Nine: S. Makwana 19, Best Second Nine: S. Popat 20, Best Guest: R. Nicholas 33, and Runner up Guest: A.W. Aboo 31.

KLGU Medal - Nyalil: Silver Division: Winner: Mrs. A. McConnell 71 nett, Runner up: Mrs. S. Samji 73, and Best Gross: Mrs. C. Kmanthi 84.

Bronze Division: Winner: Mrs. S. Nayer 71, Runner up: Mrs. Z. Anjarwalla 72 and Best Gross: Mrs. J. Collins 93.

Diwali Competition - Mombasa: Winners: V.J. Patel and D. Thaker 46 points, Runners up: B. Okello and M.K. Mamujee 45, Third: A. Patel and S. Nazerali 44, Fourth: A. Radia and Mrs. R. Patel 42, and Fifth: J. Amin and K. Kasmani 41.

Good Start For Black Panthers' Old Guard

BLACK PANTHER Old Guards FC made a flying start in their campaign to return to top flight soccer when they crushed Memons 4-1 during their first of many friendly matches they intend to play.

Panther who played without several of their regular players, got their four goals through Hassan Mohamed Kibeshi.

Today, BP Old Guards team play a friendly match against Mombasa Sports Club at Mombasa Sports Club ground from 5.00 pm BP coach Adam Hassan Major appealed to fans to turn up in great numbers to watch how ex-greats perform.

Major said the team will be without striker Abdulrahman Sheriff who got injured during their clash with Memons.

Sheriff received three stitches on his chin and is expected to resume playing next week.

However, Major announced that six players - Ali Mbarak, Ahmed Changuva, Yahya Salim Kai, Salim 'Perreira' Abdallah, Mohamed Hussein and skipper Omar Bahsan - will definitely be fielded today.

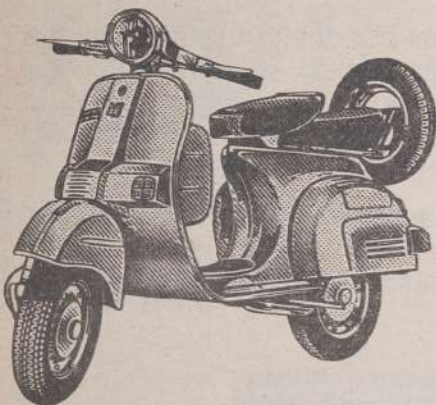
BP Old Guards team is training in preparation for their trip to Nairobi, Kisumu and Nakuru (Kenya) and Tanga (Tanzania).

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OUR REPUTATION IS YOUR GUARANTEE

BHARTI BABLA BRIDGE

RESULT of duplicate Bridge tournament played at Little Theatre Club on November 8, 1993, sponsored by Miss Bharti Babla.

M.P. Shah and J. Babla 341; H.P. Modi and D. Trivedi 316; Mr. and Mrs. K.R. Shah 309; P. Gandhi and T. Pujara 307; A.D. Shah and C.D. Shah 301; Dr. Rawal and H. Dodhia 292; R. Ruparelia and M. Sawjani 279; U.B. Shah and K.C. Shah 276; Dr. J.D. Shah and Ms. Babla 264; S.R. Shah and S.K. Shah 262; Mr. and Mrs. M. Shah 261; R. Malde and R. Chandaria 255; Mrs. Reinsford & Mrs. Phillips 255; Mr. and Mrs. D. Shah 252; A. Shah and K. Malde 241; R.R. Patel and P. Savla 235; H. Malde and A. Shah 234; Mrs. J. Patel and M. Boiness 220; K. Shah and D. Maru 216; A. Thakur and Mrs. B. Maru 209; Dr. and Mrs. S.N. Shah 203; Mr. and Mrs. T.A. Hanegraaf 202.

OSHWAL YUVAK SANGH DARTS



OSHWAL YUVAK SANGH 501 Darts Doubles Tournament "Late Motichand Devraj Dodhia Trophy" Jintu Dodhia (Sponsors) (left) seen with Winner Khim Patel, Ramesh Patel, Captain Ketan Shah, Runners up Jitu Patel, N.A. Ravi, Anil Dodhia (Sponsors) Vice Captain Suchit Shah and Highest Break Pratul Gohil and Highest Close N.A. Ravi. The tournament was played as Round Robin. Finals were held at Visa Ostwal Sports Complex, Mombasa.

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YOU WILL BE ABLE TO 'RE-CYCLE' YOUR CAR OF THE FUTURE

KACHUMBARI and myself have spent the last weeks trying to find out what the future holds for motorists.

We found a lot of interesting developments taking place in the motor industry some of which are still only at the embryonic stage.

They could however, become quite common round the world in a relatively short time.

Over the next few weeks we will explore some of these concepts.

This week we start with how a vehicle manufacturer is preparing for the "greening" of its operations.

Before that, let us put the problem in perspective.

I will use the United Kingdom since figures were easy to obtain.

Approximately 500,000 cars are written off and sent to be scrapped every year.

They come mainly from insurance companies disposing of accident write offs.

Most of the rest come from dealers passing on part exchange vehicles that are not roadworthy.

The balance come from private owners who have decided that their cars cannot be sold and are no longer worth repairing to keep on the road.

This leads to large mountains of rusting scrap material where the enterprising DIY mechanic can go and search for parts.

This is, however, a very inefficient way of recycling vehicle parts since most of the material from the scrap dealers' yards end up in landfills anyhow... a complete waste of potential raw material.

Kachumbari paid a visit to a small company that specialises in vehicle recycling.

At this place, more than 80 per cent of the raw material in a written off vehicle can be salvaged or scrapped.

This is on cars that are not built to be recycled.

In the future, when cars are intentionally built with recycling in mind the figure could rise to close to 95 per cent.

The whole process is like watching a video of how a car is manufactured but in reverse.

First, the car goes into a salvage bay where the battery is removed and the antifreeze in

the engine is drained into a separate compartment.

This is recycled.

Where the car is air conditioned, the refrigerant gas is extracted and sold to car maintenance centres where it can be reused to top up systems needing gas.

Oil from the gearbox and engine is currently drained and mixed with the fuel needed to fire the company's boilers.

All mechanical parts that can be overhauled for potential use by *Jua Kali* types are removed.

These are later serviced fully and sold as used parts.

The interior of the car is stripped as well and whatever can be reused (such as seats and seat belts) are removed, cleaned and offered for sale.

Those that cannot be salvaged are stripped down to metal and shredded non-metallics.

The shredded non-metallic material is sold to a car manufacturer who uses it to make sound deadening material for their cars.

The large items like the sub frame and engines are removed and sent for processing at a

the brake fluids and lubricating oils and reprocess them for the market.

(Bill Clinton has given this aspect a positive boost by leading from the front in the States. He has got some of the federal agencies to only purchase recycled oil for their inventory.)

This plant will encourage car designers to design their vehicles with recycling in mind.

An example is modern dashboards which are currently

made of plastic, metal, foam and sometimes wood.

These are normally bonded together and cannot be separated for recycling.

It would be better to produce a dashboard made from a single composite that can be easily recycled.

One vehicle manufacturer has even suggested that vehicles should be given a "death certificate" which will prove that they have been disposed of in an environmentally friendly manner at an approved recycling point.

Owners who get rid of vehicles without obtaining the proper certificate would then face fines equivalent to say three times the amount of money they would have got if they had taken it to an approved plant for disposal.

As Kachumbari says, there is more than one way to skin a cat.

Mombasa Judo Club Is Karate Champion

MOMBASA JUDO Club has won the inaugural Rapid Kate Services Limited Karate Championship held at Lasco Club Hall over the weekend.

Mombasa Judo Club scored 24.5 points in Kata (Form) followed by Malindi Force in Action with 24.1 points while Malindi Shotokan finished third.

In Kumita, the prematch favourite Mombasa Judo Club lost in semi finals to the little known Kisauni Karate Club.

Malindi Force in Action won the Kumita after beating Kisauni to the second position. Mombasa Judo Club came third while Rabai Karate Club in their maiden attempt finished fourth.

The Coast Province Karate-Do Association Chairman, Mr. P. Rajula reminded the Coast teams of the National team championship to be held in Nairobi on November 27.

The tournament was very well attended and teams which participated included Mombasa Judo Club, Kenya Port Authority, Malindi Force in Action, Malindi Shotokan, Kisauni, Mombasa Central, Rabai, Kilifi Prison, and National Youth Services.

PATRICK OBATH ON COASTDRIVE

mental shredding plant to be eventually reused in making castings for new sub frames or engine blocks.

This organisation is currently developing contacts with other companies who could use the material extracted.

One example is glass manufacturers who could take all the screen glass and melt it down for reformulating.

Another is aluminium smelters who could also use some of the material from this recycling plant.

Oil companies could also take

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Coastweek

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CHARITY FISHING AT DIANI

COME FISHING at Diani on November 19 - 20 in support of the provision of affordable local eye care.

A fun fishing weekend has been organised at Nomad Beach Bar, Diani.

The event begins on Friday night at 7.00 pm. Allstar Bum will auction the boats, so that you can take part without taking to sea.

The 80 plus fishermen and women will do that for you at 7.00 am the following day, returning with their catches at 3.00 pm.

The weigh in debriefs who receives the superb prizes and how much you have won from your chosen boat.

Celebrations take on a real momentum that evening with a live band and delicious Barbeque to which all are welcome.

Sunday tradition is foremost with beach cricket and a curry lunch with accompanying Jazz band.

Come for a fun family weekend and enjoy yourselves for a good cause.

Kenya Teitex Mills Face Off Combined

ALL ROADS WILL lead to the Mombasa Municipal Stadium tomorrow where the visiting Kenya Teitex Mills (KTM) clash against the Mombasa Combined team in a friendly match organised by the Kenya Football Federation (KFF) Coast branch fixtures secretary Stephen Ngala.

According to Ngala, KTM will also play Alaskan at Malindi Municipal Stadium on Sunday in another friendly outing arranged by the branch.

Ngala also released fixtures for the National Division Two Coast Zone League and the Coast Premier League to be played between today and next Thursday.

Shooting Stars clash against Bayern Munich at Mbaraki Police ground today in a CPL fixture.

Wananyuki tackle Sunrise in the first round game of the Mayor's cup competition today at Mombasa Municipal Stadium.

Faisal who have been doing well in the national division two league, face an acid test when they play Mombasa Posta at Baobab ground tomorrow in a match the Malmen are slightly favoured to win.

Alaskan of Malindi will again try to increase their points tally when they entertain the visiting Simba at Malindi Municipal Stadium tomorrow.

It is unlikely if Kwale Simba could shock mighty Alaskan.

Another interesting match takes place at Mombasa Municipal Stadium on Sunday where Baobab meet Mombasa Posta. It is a match that could go either way though a draw will be a fair result comparing the pattern of play of the two teams.

On Monday, Faisal will be in action again, this time facing Mombasa Breweries at Mombasa

Soccer Scene With Abdul Sheriff

Municipal Stadium.

Faisal with a number of talented and experienced players, are all set to beat the Brewers who have been out of action for almost a month.

Turning to Coast Premier League (CPL), Lake Warriors who occupy second position in the table tackle Dundee United at Tudor ground tomorrow while Chelsea travel to Ngombeni for a date against Ngombeni Stars. Warriors and Chelsea are slightly favoured to win their games.

On Sunday, Ngombeni Stars will be at their home ground hosting Black Santos. Ngombeni could emerge a slight margin winners.

Rovers who are leading the table face Zaire at Tudor ground well aware the Kwale team shocked Santos with 3-1 whipping last weekend. However, Rovers should collect two points.

Congo Boys, a superleague division two club meet Young Rovers of CPL in the first round match of the Mayor's tournament at Mombasa Municipal Stadium on Tuesday. It will no doubt be a good match to watch.

Other CPL fixtures - Black Dragon clash with National Youth Service (NYS) at Mbaraki Police ground on Monday while Kongowea play Chelsea on Tuesday and NYS meeting Nyundo at the same group on Thursday.

RAJA TROPHY DARTS



JAYANTI SHAH LIFTED THE MEMORIAL "Raja Trophy" after locating Jitu Pattani in the finals of the Raja Patel Darts Tournament held at United Sports Club. The tournament was sponsored by Mr. Jitubhai Patel of Aqua Agencies Limited in memory of his late father, Mr. Raja Patel. Mr. Vikram Patel of Aqua Agencies Limited (left) is seen congratulating the winner Jayanti after he was presented the "Raja" Darts Trophy. Looking on are Mr. Parimal Patel (Committee Member) and Mr. Kishan Sanghavi. PHOTO: NATIONAL STUDIO, MOMBASA

BRIDGE

RESULT of the duplicate Bridge played at Mombasa Sports Club on Wednesday, November 4.

- P. Savla and D. Trivedi 227;
- A.D. Shah and C.D. Shah 210;
- Mr. and Mrs. K.R. Shah 206;
- H. Modi and J. Babla 207;
- Dr. Rawal and H. Maide 202;
- P. Gandhi and T. Pujara 202;
- K.P. Shah and P.J. Shah 198;
- B. Moshe and Mrs. J. Patel 178;
- K. Shah and U. Shah 176;
- C.C. Shah and C.M. Shah 175;
- Dr. K. Vora and L.P. Gudka 164;
- Mr. and Mrs. D.D. Shah 163;
- Dr. J.D. Shah & Ms. B. Babla 148;
- H. Maide and P. Shah, 137;
- S.K. Shah and S.R. Shah 135.

TIDE TABLES

MOMBASA, November 12 - 18, 1993.

FRIDAY:

High Water - 3.5m at 02.31 hours and 3.0m at 14.59 hours.
Low Water - 0.3m at 08.56 hours and 0.4m at 20.55 hours.

SATURDAY:

High Water - 3.7m at 03.14 hours and 3.1m at 15.43 hours.
Low Water - 0.1m at 09.39 hours and 0.3m at 21.35 hours.

SUNDAY:

High Water - 3.8m at 03.55 hours and 3.2m at 16.25 hours.
Low Water - 0.0m at 10.20 hours and 0.3m at 22.15 hours.

MONDAY

High Water - 3.9m at 04.36 hours and 3.2m at 17.05 hours.
Low Water - 0.0m at 11.00 hours and 0.3m at 22.54 hours.

TUESDAY:

High Water - 3.8m at 05.15 hours and 3.1m at 17.46 hours.
Low Water - 0.1m at 11.39 hours and 0.4m at 23.33 hours.

WEDNESDAY:

High Water - 3.6m at 05.55 hours and 3.0m at 18.27 hours.
Low Water - 0.3m at 12.19 hours.

THURSDAY:

High Water - 3.3m at 06.34 hours and 2.8m at 19.09 hours.
Low Water - 0.6m at 00.14 hours and 0.5m at 13.00 hours.

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. Kilifi and Diani 'No Change'.

SUPERLEAGUE DIVISION TWO LEAGUE STANDINGS AS AT 9TH NOVEMBER, 1993.

	P	W	D	L	F	A	PTS
ALASKAN	12	11	1	0	27	7	23
BAOBAB	12	7	4	1	20	7	18
CONGO	12	8	2	2	17	11	18
NACET	16	6	5	5	16	15	16
PANTHER	12	6	4	2	21	13	16
A POLICE	14	7	2	5	14	15	16
POSTA	11	6	3	2	22	15	15
NAVY	9	5	1	3	18	9	11
COSMOS	9	3	1	5	15	15	7
BURNLEY	8	3	1	4	11	12	7
SIMBA	9	1	3	5	5	13	5
FEISAL	4	2	0	2	4	3	4
K POLICE	9	0	4	5	12	23	4
BREWERS	5	1	1	3	5	10	3
M STARS	9	0	2	7	6	18	2
KILIMO	4	0	0	4	2	12	0



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