

Coastweek

MEMBER N.P.A. EAST AFRICA G.P.O. REGISTERED NEWSPAPER

Issue No. 1638 September 24 - 30, 1993. PRICE - KENYA TEN SHILLINGS

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NOTICE TO OUR DEAR READERS



There will be no issue of COASTWEEK next Friday, October 1st.



COASTWEEK returns on Friday, October 8.

K.Sh. 50 Million Worth Of Cool!

AMBALAL HOUSE GETS IT AIR-CONDITIONING BACK IN SERVICE

WORK HAS STARTED to completely refurbish the air-conditioning system at Mombasa's Ambalal House at a cost of over Kshs 50 million. It will take about eight months to complete, but during this period the air-conditioning will get progressively better. Owned by Pan Africa Insurance Company this was good news for the 200-plus tenants in this prestigious shop-office complex on Mombasa's Nkrumah Road the first phase of which was built in 1974 at a cost of Kshs 20 million and Phase Two in 1982 at a cost of Kshs 53 million.

It comprises a shopping arcade, five storey parking tower and 16 floors of office space. Having been installed almost twenty years ago the air-conditioning system had become less efficient and uneconomical to maintain.

Last week, the large chiller broke down, leaving Ambalal House without central air-conditioning.

The Board of Directors and management of Pan Africa Insurance Company had earlier

to present the Air Conditioning and Ventilation Contracts to Gilfilian Technical Services and D.D. Patel and Associates, Consulting Engineers, thus commissioning this over Kshs 50 million (about

Managing Director, M.B. Lambert, and D.D. Patel and Associates by J.A. Akali.

The presentation took place

TURN TO PAGE FIVE



ONCE PRIDE OF MOMBASA the multi-storey Ambalal House is getting some much-needed improvement.



DON'T MISS the Special Report in COASTWEEK on October 8, 1993 featuring the "MOMBASA NYALI ROUND TABLE No. 25."

KARIBU SANA' MAMA ANNA SIGRIST!



TOURISM MINISTER Hon. Noah Katana Ngala is seen receiving a cheque of K. Shs. 20,000/- in aid of the Ganze School project from Mrs. Anna Sigris, a Swiss visitor who has regularly spent the last 21 years coming to Kenya on her holidays. Looking on (left) is Big Five Tours managing director Jackie Farmer whose firm has arranged her numerous safaris throughout the country.

Take A Look At COASTWEEK Classified

Thai Food Festival

PREPARATIONS are well in hand for the Thai Food Festival being staged in the Beachcomber's Brasserie, Safari Beach Hotel, Diani, from Sept. 28 - Oct. 10.

It is a grand opportunity to enjoy authentic traditional cuisine from Thailand.

Table reservations are already being received from some of those at last year's Festival - for they know the food is superlative, as well as the Thai traditional dancing!

The Festival is again being sponsored by Alliance Hotels in conjunction with Meier's Waiteisen; Go Thailand Tours; LTU and the Royal Thai Embassy, Nairobi.

Three specialist chefs from the Asia Hotels chain, Bangkok, will be preparing this delicious food.

DANCERS

They are accompanied by two traditional dancers from Thailand.

Admission to the Thai Food Festival (where you can eat as much as you like and enjoy being entertained by exotic Thai dancers) is Shs 1250/- per person for dinner, and Shs 500/- for lunch.

Reservations can be made by calling Guest Relations, Safari Beach Hotel, Diani 2726 or 3622.

US Dollars 630,000) project.

The Managing Director was accompanied by J.M. Naivasha, Financial Controller; M. Mwangi, Property Manager; Mrs. J.M. Karanja, PR Manager and A.K. Thuo, Branch Manager, Mombasa.

Gilfilian was represented by its

decided to invest in completely refurbishing the air-conditioning system to provide a better working environment for its tenants.

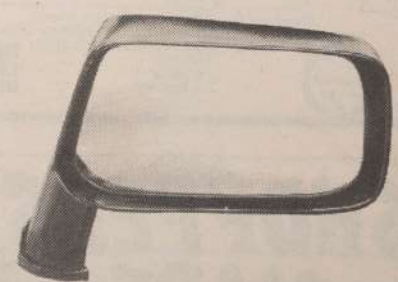
Last Friday, September 10, the company's Managing Director, William Olotch, flew to Mombasa

Have A Smile



"Wait a minute, she hasn't even started skating yet!"

WHEN YOU LOOK AT A MIRROR, NOT EVERYTHING YOU SEE IS PRETTY.



READ ON ...

AS LITTLE ones grow up, so does the school Tiny Tots.

Until now the name of Mombasa's most popular learning institution for small children has been Tiny Tots Playgroup, but from the beginning of 1994 this will be a full scale kindergarten, and on completion, children will be ready for Standard One, at the school of their choice.

From the age of two years a child may enter the Playgroup, and from there Kindergarten (KG One, KG Two and KG Three).

Mrs. Daxa Shah, whose brained the playgroup was, will continue as the Playgroup teacher. She is used to and likes these small children, and feels a certain responsibility for their initiation into mixing with others and learning together.

It will be she only who will be responsible for their basic 'Three R's', (writing, reading and arithmetic).

She has recruited teachers for the higher classes (details to follow later) and they too will follow much to the Montessori method, under Daxa's guidance.

As the academic year starts now, September, those who finished the playgroup in July at the age of three and above by year end will

Tiny Tots Play Group Is Mombasa's Most Popular Learning Institution!

automatically move upto KG One.

They will be housed until the end of the year in the old Playgroup area despite the fact that their curriculum is that of KG One.

Any child turning three or above by October 31, 1993, is eligible for enrolment in KG One.

Parents and passers-by might have noticed the construction work

by ELAINE

going on. The new block is absolutely purpose-built and consists of the three classes, an ablution block (low-level wash-basins and toilets for the shorter ones), an

administrative office and stationery store, and a staff room.

This new construction forms the top of a 'T', whose stem is the present building.

The entrance to the playgroup has so far been through a residential section and off Jomo Kenyatta Road, Nyali.

From the beginning of the year the main gate will be from Moyne Drive, and it has been designed for easy vehicle flow.

The driveway would almost go through the playground, so the swings, seesaws, climbing equipment and sandpit will be moved to a more appropriate part of the garden.

And, talking of garden, it is happily noticed that as few trees as possible have been cut down.

The 'Orangery' is to be pruned only and these citrus form a lot of shade.

Although in the KG series a child

is expected to start in September and end the following June-July, one is allowed to enter the Playgroup at the beginning of any term, that is when he or she reaches two years of age.

A three-year-old will be accepted on KG One automatically, without having to use the stepping stone of the Playgroup, and for those who are moving up from Playgroup into KG One Mrs. Daxa Shah has

agreed to rescind the entrance fee.

There is no uniform for the Playgroup children but one is to be the drawing boards for the new Kindergarten from January.

Whereas the Playgroup has been attending for three hours (8 a.m. - 11.30 a.m., Monday to Friday), the other classes will start from 8.00 a.m. to 12.00 noon.

Mrs. Daxa Shah will be happy to speak to any prospective parents who may come to her school during office hours, that is, 8.30 to 11.30 a.m. and from 3.00 to 4.30 p.m. Monday to Friday.

Admission Forms for enrolment are now available and pupils will be placed on a first come first serve basis.

PERSONAL SERVICE REWARD

THE PERSONALISED service offered by manager, Nyali Beach Hotel has been praised by one of its leading supporters, Mr. George Wilson, Manager, Stanbic Bank, Mombasa (formerly Grindlay's) when presenting Gold Star awards for April, May and June to employees at a staff meeting at which he was Guest of Honour.

The General Manager, John Mutua, in thanking them for their dedicated service wished them every happiness in their retirement and promised they would be guests of honour at future Staff Christmas Parties.

They were later given a farewell party where Mr. Mutua and his management team were praised for their humane attitude and treatment of employees. Retirees were Sharif Kalume; Thairu Kiura; Kathenge Katiku; Katana Kitsao; Joseph Onyango and Keah Kadzo.

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Fresh Oysters And Creamed Chicken

OLYMPIA OYSTERS
Serves about 10
1 1/2 pints/1 litre freshly opened oysters
4 sticks celery
2 tablespoons chilli sauce
1 1/2 tablespoons lemon juice
2 teaspoons Worcestershire sauce
1/4 teaspoon Tabasco sauce
Rinse the oysters well. Pick out any little bits of shell. Finely chop the celery and combine with the chilli sauce, lemon juice, Worcestershire sauce and Tabasco sauce. Stir in the oysters. Spoon the mixture into individual glasses and chill well before serving.

CREAMED CHICKEN
1 chicken, about 3 1/2 lb/1.5 kg
1 medium-sized onion
3 sticks celery with leaves
1/2 lemon
2 teaspoons salt
1/2 teaspoon peppercorns
1 large clove garlic
1 fresh or dried chilli

1 bay leaf
1/2 teaspoon dried thyme
2 egg yolks
3 tablespoons lemon juice
2 oz/50 g butter
1 oz/25 g plain flour

Place the chicken, breast down, in a large heavy saucepan. Add enough water to come about three-quarters of the way up the sides of chicken. Peel and slice the onion, coarsely chop the celery and slice the lemon. Add the onions, celery, lemon, salt, peppercorns, garlic, chilli, bay leaf and thyme to the

RECIPE OF THE WEEK

pan. Place the pan over high heat and bring the liquid to simmering point, lower the heat, partially cover and simmer for 1 1/2 hours, or until the chicken is very tender. Add additional salt to the broth to taste, seasoning it rather highly.

Whisk the egg yolks and lemon juice in a cup or small bowl. Set aside. Melt the butter in a heavy saucepan. Stir in the flour and cook, stirring, until the mixture bubbles. Remove from the heat. Remove the chicken from the broth and keep warm. Strain the broth through a sieve into a bowl and reserve 1 1/2 pints (9 dl). Discard the vegetables and spices. Any excess broth may be used in another recipe or for soup. Add the reserved broth to the butter mixture, return to the heat and stir constantly until the sauce to the egg yolk mixture and stir the egg yolk mixture into the hot sauce. Cook, stirring, for one minute, being careful not to allow the sauce to boil. Remove immediately from the heat.

Slice the chicken breast and thigh meat on to a heated serving plate and coat generously with the sauce. Serve with cooked rice.

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HEALTH TIPS

Depressions And Risks Of Suicide

A YOUNG lady recently jumped under a moving lorry at the Nyali Bridge, but miraculously the wheels did not touch her. So she raced across and leapt over into the creek. Her body was found several days later. Suicides may either be on the increase or we could be noticing them more.

Whatever the case the termination of one's life is a sad and common occurrence these days. Research indicates that men are more likely than women to kill themselves.

Also that older persons, especially if single, divorced or separated are more at risk than those younger.

Research also shows that suicide is more common in urban than rural areas.

What causes suicide is not fully agreed upon.

The intense hopelessness found in these cases probably arises from a combination of factors.

Durkheim in 1897 proposed that suicide was most likely when a person felt abandoned by society, or when society values changed and one could not depend on it in times of stress.

In the latter instance, an increase in suicide rates among the elderly in Japan has been blamed on the decreasing value society gives them.

Our society has also changed significantly and is less supportive.

This must cause a rise in the suicide rate.

Another observation is that 90 per cent of suicides victims have on retrospective analysis been found to have been suffering from mental problems, usually depression.

Others were alcoholic or

had personality problems. Drug addicts also have an increased risk of suicide. So do epileptics and elderly people with chronic and painful diseases.

It is notable that people who have attempted suicide before are 100 times more likely than ordinary people to repeat the act and sometimes succeed.

A misconception among many people is that people who threaten suicide are just seeking attention.

Two thirds of those who die by suicide tell someone their intentions.

All threats of suicide, even in the young, must be taken seriously.

People who kill themselves make their plans carefully, take precautions against discovery and use dangerous methods.

Their death often comes as a surprise to everyone.

I recall a man who killed himself with a drug overdose.

He was such a jolly chap that his death was a surprise to every one.

Only late was it discovered that he had serious marital problems.

Sometimes suicide occurs in a person known to suffer depression who had apparently improved.

This apparent improvement may have been used to conceal the plan, or is a consequence of having finally made up their mind to end their problems once and for all.

A colleague of mine told me how one such patient came to him quite happy and thanked him for all his assistance.

He thought it was just a social call until he heard later of the patient's death.

by Dr. ERIC MAINA

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SHIPPING Correspondent GORDON CUTHBERT, who is currently out of town, forwarded this gem in place of his regular column.

'Base Antics' A Cause For Some High Tension On The Ocean Wave

REPORT from a master of a vessel to his owners:

Dear Sir,
It is with regret and haste that I write this letter to you, regret that such a small misunderstanding could lead to the following circumstances, and haste in order that you will get this report before you form your own preconceived opinions from reports in the World Press, for I am sure that they will tend to overdramatize the affair.

We had just picked up the pilot and the apprentice had returned from changing the 'G' flag for the 'H', and being his first trip was having difficulty in rolling the 'G' flag up. I therefore proceeded to show him how.

Coming to the last part, I told him to "let go".

The lad, although willing, but not too bright, necessitated my having to repeat the order in a sharper tone.

At this moment, the chief officer appeared from the chart room, having been plotting the vessel's progress, and thinking that it was the anchors that were being referred to, repeated the "let go" to the third officer on the forecastle.

The port anchor having been cleared away, but not walked out, was promptly "let go" the effect of letting the anchor drop from the "pipe" while the vessel was proceeding at full harbour speed proved too much for the windlass brake, and the entire length of the port cable was pulled out by the "Roots".

I fear that the damage to the chainlocker may be extensive.

The braking effect of the port anchor naturally caused the vessel to steer in that direction, right towards the swing bridge that spans a tributary to the river up which we were proceeding.

The swing bridge operator showed great presence of mind by opening the bridge for my vessel.

Unfortunately, he did not think to stop the vehicular traffic.

The result being that the bridge partly opened and deposited a Volkswagen, two cyclists and a cattle truck on the foredeck.

My ship's company are at present rounding up the contents of the latter, which from the noise I would say were pigs.

In his efforts to stop the progress of the vessel, the third officer dropped the starboard anchor, too late to be of practical use, for it fell on the swing bridge operator's control cabin.

After the port anchor was "let go" and the vessel started to sheer, I gave a double ring "full astern" on the engine room telegraph, and personally rang the engine room to order maximum

astern revolutions.

Instead, I was informed that the sea temperature was 53 degrees, and was asked if there was a film tonight?

My reply would not add constructively to this report.

Upto now, I have confined my report to the activities at the forward end of my vessel: Down aft, they were having their own problems.

At the moment the port anchor was let go, the second officer was supervising the making fast of the after tug, and was lowering the ship's towing spring down onto the tug.

The sudden braking effect on the port anchor caused the tug to "run in under" the stern of my vessel, just at the moment when the propeller was answering my double ring 'full astern'.

The prompt action of the second officer in securing the inboard end of the towing spring delayed the sinking of the tug by some minutes, thereby allowing for the safe abandoning of that vessel.

It is strange, but at the very same moment of letting go the port anchor, there was a power 'blackout' ashore.

The fact that we were passing over a "cable area" at that time may suggest that we have touched something on the river bed.

It is perhaps lucky that high tension cables brought down by the foremast were not live, possibly being replaced by the under water cable, but owing to the shore "blackout" it is impossible to say where the pylon fell.

It never fails to amaze me, the actions and behaviour of foreigners during moments of minor crisis.

The pilot, for instance, is at the moment huddled in the corner of my day cabin crying, after having consumed a bottle of gin in a time which is worthy of inclusion in the Guinness Book of Records.

The tug captain, on the other hand, reacted violently and had to be forcibly restrained by the steward, who has him handcuffed in the ship's hospital, where he is telling me to do impossible things with my ship and my person.

I enclose the names and addresses of the drivers and insurance companies of the vehicles on the foredeck, which the third officer collected after his somewhat hurried evacuation of the forecastle.

These particulars will enable you to claim for the damage that they did to the railing in number one hold.

It is sad to think that had the apprentice realised that there is no need to fly pilot flags after dark none of this would have happened!

Your truly,
(Ex) Master.

Maharaja Of Jodhpur Enjoying Safari To Finch-Hattons Camp



HIGH HIGHNESS, the Maharaja of Jodhpur is seen signing the visitors book at Finch Hattons, the newly opened deluxe tented lodge at Tsavo West. The Maharaja was on a Polo Tour in Kenya and stayed with his entire entourage at Finch Hattons Safari Camp. The Managing Director, Mr. Peter Frank is looking on.

MORE EXCITING CABARET FOR NYALI BEACH HOTEL !

NYALI BEACH Hotel is fast becoming a top entertainment centre on the Kenya coast and hard on the heels of the International Paradise Ballet Troupe and The Tremeloes is sponsoring an internationally famous actor from the United Kingdom - Brian D. Barnes and his 'One Man Theatre' - who has received rave reports from all over the world. He is frequently referred to as the 'Jet Setting Minstrel'.

His trip to Kenya is being co-sponsored by the Lorrho Group. Mr. Barnes will be giving a performance at the Norfolk Hotel in aid of the Nairobi Hospital and one at Nyali Beach Hotel on Wednesday, September 29 for the Mombasa Hospital.

Mr. Barnes devotes his creative acting exclusively to sole performing and has given a wide variety of performances in over eighty countries of the world, often in association with the British Council.

Such is his versatility, ability as an actor and vivid story telling that he brings to life selections from Pepy's Diaries in the style and colour of the 17th century London life which are enhanced by colourful costumes of that era.

Among his extensive repertoire is also 'Murder in the Cathedral' - dramatising the return from exile of Archbishop Thomas Becket up to his murder in Canterbury Cathedral in 1170.

These are but two examples of his 'One Man Theatre' productions.

His programme for Mombasa has not yet been released.

In the UK he has played for many arts societies and festivals.

His extensive repertoire enables him to reach a wide variety of audiences - wherever there are people who love English texts brought to life from the original - university students, Anglophile clubs, theatre clubs, art associations or the greater general public of state or city theatres, or the armchair audiences of TV and radio, including the BBC World Service.

The Mombasa Hospital Charity

Night at Nyali Beach Hotel, which takes place in the Karibu Room, is being organised by the Rafikis (The Mombasa Hospital League of Friends) to raise funds to help equip the projected Children's Intensive Care Unit which, it is hoped, will open early next year.

An area at the back of the maternity wing is being converted for this purpose.

It will cost in the region of Shs two - three million and the Rafikis have so far raised around Shs one million.

It was the Rafikis who helped establish the Children's Ward in the new Mamujee Wing by contributing Shs ½ million towards it for the purchase of furniture, toys, curtains etc.

They also run a Blood Donor Scheme, as well as a mobile shop at the hospital.

A grand raffle during this Charity Night will help raise further funds for this project.

The main prize is an eight day cruise for two to the Indian Ocean Islands, including Comores, Mayot, Zanzibar and Chunga Bill on m.v. Royal Star, which has been donated by African Safari Club.

Among other expensive prizes are two from Block Hotels - a weekend for two at The Indian Ocean Beach Club or Shimba Lodge, while from UTC, Coast, comes a one day air safari for two people to Amboseli National Park.

MC for this Charity Night will be Beat Koch a well known hotelier

Admission to the Buffet Dinner and 'One Man Theatre' in the Karibu Room is Shs 850/- per person.

Advance table bookings are recommended and can be made through Guest Services Telephone 471551/471567 Extension 8861, or through Benta Nielsen Telephone: 471723.



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"Mmm ... What's the name of that lovely after-shave you are using?"



"I want a divorce, Aida - I need to be free ..."



"Normally I would say cut out the wine, women and song."



"Sorry, caddy!"



"My manager told me to get out there and show him who the boss is - well - he's that little fat bloke smoking a cigar in the corner."



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DIL HAI BETAAB

Friday (Today) at 6.00 and 9.00 pm
Saturday at 3.00, 6.00 and 9.00 pm

*ING: Ajay Devgan; Vivek Mushran;
Mohsin Behl, Kader Khan; Alok Nath.

A Drama of Love and Hatred!

STARTS SUNDAY! SUNDAY!



Sunday at 3.00, 6.00 and 9.00 p.m.
Monday - Thursday at 6.00 and 9.00 p.m.

Robert Ginty cleaned up as
"The Exterminator",
fought back as
"The Retaliator" and now
he's setting a new price
on vengeance!

ACTION PACKED

(Adults only)

Talented Musical Duo Will Perform Concerts At 'Inter-Continental'

GREAT NEWS for music lovers is that the duo **Schmaderer de Domenico** are returning to the Kenya coast to give two classical concerts at Mombasa Inter-Continental Resort on October 15 and 16.

Last year, at this hotel, these two very talented musicians from Germany - **Cornelius Schmaderer** and **Kathleen de Domenico** helped raise Shs 17,700/- for the Kwale School for the Mentally Handicapped, one of their performances being a Charity Concert.

Again sponsored by **Luffthansa German Airlines, Bamburi Portland**

THRILLS AT THE LOTUS

ROBERT GINTY cleaned up as "The Exterminator". He fought back as "The Retaliator". Now he's setting a new price on vengeance!

Those are only some of the advances messages for the showgoers expecting to watch a movie called *The Bounty Hunter*.

The Bounty Hunter opens on the big screen of the LOTUS Cinema from Sunday.

An action packed Adult only film is also starring **Bob Hopkins** and introducing **Loeta Waterdown**.

The movie is directed by **Robert Ginty**, who plays the leading role.

A top professional **Bounty Hunter**, comes into a small Oklahoma town in search of the killer of his former Army Buddy **Thomas Foot** who happens to be an American Indian.

The Sheriff and some members of the local community are responsible for the death and subsequent cover-up of the murder of the older brother in this family.

This brings the **Bounty Hunter** to town to prove them guilty and to bring them to justice.

Cement Company and **Mombasa Inter-Continental Resort** their first concert on October 15 will be in aid of **Kwale School for the Mentally Handicapped** which takes place in the Ballroom.

Admission to the concert is Shs 350/-.

Afterwards, a Buffet Dinner in the **Frangipani Cafe** can be enjoyed with a 20 per cent discount being offered to concert-goers.

On October 16, the concert venue is in the **Vasco da Gama Restaurant** where a gourmet dinner created by Swiss born **Jorg Marti** will include some delicious international cuisine.

Dinner and concert cost Shs 1,000 per person.

Tickets for October 15 and 16 are available from the hotel, Fort Supermarket, Nyerere Avenue; **COASTWEEK** and the **Al Shifa chemist, Rabna Square**.

Advance table reservations for October 16 can be made by ringing **Guest Relations at Mombasa 485811**.

Since their formation in 1982 the duo **Schmaderer de Domenico** have given many successful concerts in Germany as well as in other countries in Europe and Africa.

Over the years they have built up a wide repertoire ranging from early Baroque period up to modern classic.

Last year, all the sponsors were present at the Charity Concert at **Mombasa Inter-Continental Resort**.

They described the music as 'fantastic' which was echoed by an enthusiastic audience in their thunderous applause.

MIDDLE EAST

Together, they do special concert tours, mostly in Germany, some in the Middle East and North Africa.

In 1991 they were in Kenya for a **Mozart Festival** at the German School, returning last year to give four concerts in Kenya - two each at **Inter-Continental Hotels** in **Nairobi** and **Mombasa**.

STARS AJAY DEVGAN AND VIVEK MUSHRAM FEATURE IN LIVELY DIL HAI BETAAB

TODAY AND TOMORROW, Lotus Cinema will be showing another interesting Indian film, *Dil Hai Betaab*. There will be two shows today at 6.00 pm and 9.00 pm with three shows tomorrow starting at 3.00 pm, 6.00 pm and 9.00 pm.

Playing the leading roles in *Dil Hai Betaab* are **Ajay Devgan, Vivek Mushran, Pratibha, Mohsin Behl, Kader Khan, Anjana Mumtaz, Alok Nath** and **Reema Lagoo** among many others.

Dil Hai Betaab is a story of young heart in love ... thrown apart by a father's mercenary attitude who prefers money at the cost of his daughter's happiness.

A multi millionaire's spoiled son tries to grab the hand of the girl when **Ajay (Ajay Devgan)** explodes with volcanic fury and rising with a killer's instinct stakes his very life to restore the purity of love.

What follows in an emotional drama of love and hatred reaching unscathed heights on

Abdul R. Sheriff At The CINEMA

silver screen ...!
Mohamed Aziz whose voice resembles that of the best playback singer India has ever produced the late **Mohamed Rafi**, will lead three other singers in entertaining those to watch the movie.

The other three singers are **Udit Narayan, Kavita Krishnamurthy** and **Alka Yagnik**. **Laxmikant Pyarelal** is providing the music. The film is produced by **Avinash Chandra** while it is written and directed by **K.C. Bokadia**.

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Saturday at 2.45 and 5.45 pm only
Monday at 9.00 pm

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STARTING ON
Saturday at 9.00 pm
Sunday at 10.00, 2.30, 5.30 and 9.00 pm
Monday at 5.30 pm only

VEERTAA

*ING: Sunny; Prasenjit; Neena Gupta; Shakti Kapoor; Jaya Pradha; Prem Chopra

GEMINI STARCAST

TAURUS April 21 - May 21

One of your best weekends for a long time. You are lucky. Have a go and be bold and you should be a winner all the way. Weekend is nice for a drive upcountry.

GEMINI May 22 - June 21

Don't get anything on HP for the moment. In romance a half-hearted effort does more damage than good. Throw yourself into the party spirit even if you're worried.

CANCER June 22 - July 22

A practical weekend good for sorting out problems. Someone close to you is making a good start at your future and so is encouraging. You must follow what your head tells you and you will be in for luck.

LEO July 23 - August 23

Ask for patience and you'll receive a sympathetic hearing. More people know about a personal friendship than you realise. A happy evening with the family.

VIRGO August 24 - September 22

You are single-minded this weekend. Its hard to relax and enjoy life. Your sweetheart will feel neglected unless you go out of your way to please. Things are fun.

LIBRA September 23 - October 23

Your plans could be delayed and you might have to improve quickly. There could be an intriguing phone call. Yelling for your team makes you feel great. Lucky Number Four.

SCORPIO October 24 - November 22

Your optimism is justified. There are several quarrels in the air, so defuse them fast. For unemployed there will soon be better news. Make good use of the weekend.

SAGITTARIUS November 23 - December 21

A sparkling day in the right company. Sagittarians in love should get right away from everyday life and hold hands in the countryside. At a party you'll be the winner. This week you must look at money matters.

CAPRICORN December 22 - January 20

Take the load of someone's shoulders. There could be a funny incident on the roads. If you look after family keep close eye on young ones. Cancer mates are fun.

AQUARIUS January 21 - February 18

Plan a change at home but wait until everyone agrees. There could be trouble over a small sum of money. If you are gardening, you could find buried treasures.

PISCES February 19 - March 20

Fix a repair straight away if you can - an emergency service will take ages. Quite a romantic week, so make a fuss of your loved one. You must help a neighbour.

ARIES March 21 - April 20

Away from home you will have a grand time. At home you'll get that you're missing out. This week the return of a familiar face. You can make a dull person happy.

Pan African Insurance Will Re-Furbish Ambalal House

FROM PAGE ONE

during a luncheon party at the Capri Restaurant, Ambalal House.

Pan Africa Insurance Company is one of the oldest insurance companies in Kenya first opening at Mombasa in 1946.

With over forty insurance companies in Kenya today, Pan Africa ranks seventh in Life insurance and twelfth in Non-Life. Interviewed at the ceremony, Mr. Lambert gave details of the work in hand.

He said 'initially, we have to remove some of the defective plant and make room for the new plant'.

He went on 'we shall also try to repair the large centrifugal chiller which provides 50 per cent of the cooling to the building which broke down last week. This he explained is not part of our contract, but we

are going to try and help the client by getting it working again while we continue with the rest of the work'.

He continued 'we hope to get another three chillers - which are

they have to be specially manufactured.

Consequently, we are estimating to complete the whole contract, as agreed, in eight months.

However, this does not mean there will be no air-conditioning in the building for eight months'.

Declared Mr. Lambert 'it will get progressively better over that period as we add more components. At the moment there is none'.

Mr. Lambert went on 'as I said earlier, 50 per cent of the air conditioning was working. It was a very old machine which has been in use since 1972 and was on its last legs.

'Unfortunately, one of those legs collapsed last week. We don't know yet what is wrong with it, but we hope to get it running again'.

Gilfilian Technical Services evolved from Gilfilian which registered in Kenya in 1923. Although not the same company - it sprung from those roots.

It is now part of the Sameer group of companies which also embrace the First American Bank; Central Bank of Africa; Firestone; Eveready Batteries; Steel Fabrication; H. Young and Company and Prestige Safaris.

Said Mr. Lambert 'I think that Gilfilian Technical Services has about 50 per cent of the market share in central air-conditioning, that is large air-conditioning and not small individual units, and is the official distributor for Carrier Corporation - the largest air conditioning company in the world.

He mentioned that it was Dr. Carrier who had invented the concept of air-conditioning.

Gilfilian, with Head Office in Nairobi, has branches in Mombasa and Dar-es-Salaam, and also represents the interests of the Carrier Corporation in Uganda, Tanzania, Kenya and Seychelles.

Mr. Lambert knows Kenya well having first come to this country at the age of nine.

Declared the Managing Director of Pan Africa Insurance Company, Mr. Olotoh 'we are committed to providing a good service to tenants in our various properties all over the country, policy-holders, customers and all with whom we do business'.

Adding 'no doubt the improved air-conditioning facilities at Ambalal House will continue to maintain its reputation as a leading investment property in Mombasa and all over Kenya'.

He went on 'we are particularly proud that the company is able to undertake this project, which is a landmark in the history of this building now and in the years to come.

Special Report by NETA PEAL

presently being repaired - running in about two-and-a-half months time, this depending on the arrival of the Cooling Tower from overseas.

The main plant and additional components to increase the capacity to above what it was before will take about four-five months to arrive from the USA as



WITH THE PRESENTATION OF the signed Air Conditioning and Ventilation Contract in respect of Ambalal House, Mombasa, by the Managing Director, Pan Africa Insurance Company, William Olotoh to the Managing Director of Gilfilian Technical Services, M.B. Lambert, so the over Kshs 50 million project was commissioned. The presentation took place at the Capri Restaurant, Ambalal House. On left are A.M. Mwangi, Property Manager and J.M. Naivasha, Financial Controller, Pan Africa Insurance Company. Right is J.A. Akali of D.D. Patel and Associates, Consulting Engineers.

TELEVISION AT THE COAST

TODAY	10.05 WEEKEND MOVIE	4.30 VITIMBI
10.30 KUFUNGUA KITUO	11.30 MAOMBI	5.00 CLASSICAL MUSIC
11.33 CLOSE DOWN		5.30 WWEN
MONDAY		6.05 YOUTH IN ACTION
12.00 KUFUNGUA KITUO		6.30 HOME AND AWAY
12.05 HABARI KWA UFUPI		7.00 DESTINY
12.10 DISNEY LAND FEATURES		7.30 HABARI
1.45 CHILDRENS VARIETY		8.05 WRESTLING
2.15 HOME AND AWAY		9.00 PRESS CONFERENCE
3.15 CLASSICAL MUSIC CASE		9.30 NEWS
3.45 GEORGE MICHAEL SPORTS SPECIAL		10.05 STREET LEGAL
4.00 HABARI KWA UFUPI		11.00 MAOMBI
4.05 CBN NEWS		11.03 CLOSE DOWN
4.30 MAHABHARAT		WEDNESDAY
6.00 MKE NYUMBANI		4.00 KUFUNGUA KITUO
6.30 ARSENIO HALL		4.05 HABARI KWA UFUPI
7.30 HABARI		4.10 VARIETTE, VARIETTE
8.05 MUSIC TIME		5.10 DANGER MOUSE
9.00 GILLETTE WORLD SPORTS SPECIAL		5.30 DAY OF DISCOVERY
9.30 NEWS		6.05 MAMBO LEO
10.10 DERRICK		6.30 HOME AND AWAY
11.10 THE 700 CLUB		7.00 DHIKI
11.40 MAOMBI		7.30 HABARI
11.43 CLOSE DOWN		8.05 PROFESSIONAL VIEW
TUESDAY		9.00 WILD ROSE
4.00 KUFUNGUA KITUO		9.30 NEWS
4.05 HABARI KWA UFUPI		10.05 MID-WEEK MOVIE
4.10 DISCO RALLY		11.30 MAOMBI
4.30 OVID AND THE GANG		11.33 CLOSE DOWN
5.00 TELL ME WHY		THURSDAY
5.30 BY THE NUMBERS		4.00 KUFUNGUA KITUO
6.05 SING AND SHINE		4.05 HABARI KWA UFUPI
6.30 HOME AND AWAY		4.10 MUSIC TIME
7.00 SHUKO		5.00 KIINI MACHO
7.30 HABARI		5.15 SCIENCE WORLD
8.00 YALIYOTOKEA		5.30 DARKWING DUCK
9.00 VIOJA MAHAKAMANI		5.55 NEW LITERACY
9.30 NEWS		6.20 CROPS FOR THE FUTURE
10.00 CARSON'S LAW		6.35 SONS AND DAUGHTERS
11.00 MAOMBI		7.00 PROFILE
11.03 CLOSE DOWN		7.30 HABARI
WEDNESDAY		8.05 LEA MWANA
4.00 KUFUNGUA KITUO		8.30 NJIA PANDA
4.05 HABARI KWA UFUPI		9.00 WILD ROSE
4.10 DISCO RALLY		9.30 NEWS
4.30 OVID AND THE GANG		10.05 PRIME TIME
5.00 TELL ME WHY		11.00 MAOMBI
5.30 BY THE NUMBERS		11.03 CLOSE DOWN
6.05 SING AND SHINE		
6.30 HOME AND AWAY		
7.00 SHUKO		
7.30 HABARI		
8.00 YALIYOTOKEA		
9.00 VIOJA MAHAKAMANI		
9.30 NEWS		
10.00 CARSON'S LAW		
11.00 MAOMBI		
11.03 CLOSE DOWN		

EAST AND MID-EAST

- KRT**: Nairobi to Khartoum, Every Wednesday
- DXB**: Nairobi to Dubai, Monday & Wednesday
- KHI**: Nairobi to Karachi, Every Monday
- JED**: Nairobi to Jeddah, Every Friday
- CAI**: Nairobi to Cairo, Every Wednesday
- BOM**: Nairobi to Bombay, Tue, Thur & Sat

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Talented Musical Duo Will Perform Concerts At 'Inter-Continental'

GREAT NEWS for music lovers is that the duo **Schmaderer de Domenico** are returning to the Kenya coast to give two classical concerts at Mombasa Inter-Continental Resort on October 15 and 16.

Last year, at this hotel, these two very talented musicians from Germany - **Cornelius Schmaderer** and **Kathleen de Domenico** helped raise Shs 17,700/- for the Kwale School for the Mentally Handicapped, one of their performances being a Charity Concert.

Again sponsored by **Lufthansa German Airlines, Bamburi Portland**

Cement Company and Mombasa Inter-Continental Resort their first concert on October 15 will be in aid of Kwale School for the Mentally Handicapped which takes place in the Ballroom.

Admission to the concert is Shs 350/-.

Afterwards, a Buffet Dinner in the **Frangipani Cafe** can be enjoyed with a 20 per cent discount being offered to concert-goers.

On October 16, the concert venue is in the **Vasco da Gama Restaurant** where a gourmet dinner created by Swiss born Jorg Marti will include some delicious international cuisine.

Dinner and concert cost 1,000 per person.

Tickets for October are available from Supermarket COAST CHEMIST

THRILLS AT THE LOTUS

ROBERT GINTY cleaned up as 'The Exterminator'. He fought back as 'The Retaliator'. Now he's setting a new price on vengeance!

Those are only some of the advances messages that many showgoers experienced at an evening of Swahili fare were among those enjoying this Zanzibari feast.

If they say it is good - then it is excellent!

The restaurant is teetotal and the drinks served included tamarind juice, sherbet and black Arab coffee which came accompanied by the much loved sticky-sweetmeat Halwa.

The four star Shehna Restaurant was the first Tandoori Restaurant in Mombasa.

STARS AJAY DEV VIVEK MUSHRAJ IN LIVELY D

TODAY AND TOMORROW interesting Indian film, **D** at 6.00 pm and 9.00 pm, 6.00 pm and 9.00 pm.

Playing the leading roles in **Hal Betaab** are **Ajay Vivek Mushraaj Mohnish B Anjana My Reema Iwa 1993** - Free Medical others. As seen at the site - **Krap Dil H** from left: **Jc. Ashok Shah youne (project director), Jc. Beju apa' Shah (chairman), Jc. Ashvin a'chiel pharmacist, Jc. Amit Shah s'her Mutwoba (Colgate Palmolive**

Club Of Bahari The Zebra Stripes



MEMBERS FROM THE Rotaract Club Bahari after completing their community service project which was painting the Zebra Cross along Moi Avenue on August 22, 1993.

Delicious And Healthy Food At The Video Corner

GREAT NEWS for lovers of traditional Mediterranean food is that the now famous **VIDEO CORNER AND SNACK BAR** at Birgo Shopping Centre, Bamburi, is for the next few weeks preparing a new menu of mouth-watering specialities.

These include: **HUMOS** - a delicious 'biting' of chick peas, 'Tahina' (Sim-Sim paste), garlic and lemon juice, **MTABAL** - grilled aubergines flavoured with garlic, 'Tahina' and lemon juice,

TABULEH - fresh quartered tomatoes with new parsley, 'Kuos Kuos', olive oil and lemon, **CROCHETTE** - another spicy preparation with garlic, olive oil, parsley and lemon.

There will also be a wide selection of fresh **SALAD DU JOUR** and avocado - PLUS potatoes, peas, gherkins, black olives and home-made mayonnaise.

Guaranteed to awaken the most jaded palate this food is also VERY HEALTHY - being low in cholesterol and chock-full of nature's essential vitamins.

So EAT WELL AND BE HEALTHY at the VIDEO CORNER AND SNACK BAR!

Mamba Village

Home of over 10,000 crocodiles

Marine Aquarium and Botanical gardens

Camel and horse riding

Quick snacks and fruit shakes or a meal at our unique Restaurant

Mamba Disco

Everything in Entertainment

THE EVENT OF THE YEAR

FANTASTIC PRIZE FOR THE MOST ORIGINAL COSTUME

FANTASTIC RAFFLE PRIZES

1989 1990 CAPTURE THE SUN

1991 PASSAGE TO INDONESIA

so! start preparing 1992 TRIBUTE TO AFRICA

1993 NEW YEAR'S EVE

THE NYALI CARNIVAL

its all happening at Nyali Beach Hotel

block hotels

Readers Write To COASTWEEK

WE COULD MAKE GOOD MOVIES ...

KENYA IS famed for its natural beauty, wildlife and touristic spots. Pakistani and Indian film-makers have lots of praises about Kenya's scenic beauty and touristic attractions.

Kenyan Asians and indigenous people are keen on watching Pakistani and Indian movies and spend substantial sums of money to see them. They are sure-fire entertainment.

Why not involve some of our own local talent into creating our own film industry that utilizes Pakistani and Indian assistance?

We have no shortage of talents. Actors, actresses, singers, comedians, etc. can be found in any Indian household.

I, for instance have participated in dramas, skits during my school days and if given time and opportunity, can become a super or megastar.

I can act as a comedian like the famous Asrani or Shakti Kapoor or Kader Khan. I can even challenge that I can do it even better than

these actors. Indian drama makes wonderful movies.

Kenya's own film industry can employ thousands of people and earn her big money. Why not those who are interested give it a try?

Karim A. Karimjee, MOMBASA.

Late Dr. JIMMY CHAKAGONDUA

DR. JIMMY CHAKAGONDUA joined Burhanliya Secondary School in 1989. He passed away on 29th August, Tuesday, after a short illness.

He was dedicated both in the academic field and in sports. He was also in charge of discipline in the school. His relations with the management and members of the staff were cordial.

He has left a big gap which will be hard to fill. May God rest his soul in eternal peace. Amen.

M. Murtaza, MOMBASA.

"No Sleep With This Dreadful Nightclub"

IT IS MIDNIGHT and I am not allowed to sleep with the thump of 'mod' music invading my apartment each night of the week and carrying on until 5.00 a.m. in the morning.

I live near the junction of Moi and Nyerere Avenues and Digo and Nikumah Roads which has many nearby nightclubs. One is obviously not soundproofed and is making it difficult for residents to sleep at night.

Surely this should not be allowed in residential areas. We all have to work during the day and need our sleep at night.

Obviously the nightclub owner does not care a hoot about 'noise pollution' and the suffering he is causing to others.

'Fed Up', MOMBASA.

"Cruelty In The Shopping Centre"

RECENTLY A friend who has been regular visitor to a well known Kenya Coastal resort returned to London and told me that he was very distressed by what he had witnessed at a certain Shopping Centre where there is a display of various snakes and other reptiles, but he had not known to whom he should report the matter.

The attendant in charge of the snakes constantly teases the snakes by tapping on the glass in order to make them strike, consequently many of the snakes have injured faces from striking against the glass.

He also saw a large puff adder kept in a sack for at least three days and one wonders how much longer the poor creature was kept like that.

On one occasion he witnessed a chameleon sold to a tourist being stuffed into a sock which was then placed in a plastic bag!

The 'keeper' also takes tourists into the forest on snake-catching expeditions; - one wonders what happens to the captured snakes and how many more reptiles are being illegally sold and exported from Kenya.

Is this 'dealer' licensed by Kenya Wild Life or any other Government department?

Many people do not like snakes, but this is no excuse to break the law or mis-treat them, and most tourists would far prefer to see reptiles well kept and peaceful as is the case at Bamburi Nature Trail for example.

Juanita Carberry, LONDON.

Toyota Kenya Sponsor International Polo Meet

POLO - the fastest of all team games and one of the most exciting spectator sports - will take centre stage on the local sporting scene next month (October), when the Toyota Kenya Inter-national Polo Tournament is held at the Nairobi Polo Club's Jamhuri Park ground.

Five top class international players, from four different countries, have accepted invitations from the Nairobi Polo Club to take part in the tournament, which is being sponsored by Toyota Kenya for the fifth successive year.

Three of the international players have impressive handi-caps of plus six.

They are Andrew Hine, one of England's leading polo players who took part in last year's Toyota Kenya International; Russel Watson from South Africa and Mike Todd from Australia - not to be confused with New Zealand's leading event rider, Mike Todd.

Also from South Africa will be five-goal player, Simon Armstrong.

Completing the international quintet will be the man who has captured the hearts of

Kenyan sportsmen, Simon Kuseyo, the country's only international class professional polo player.

Andrew Hine, Russel Watson, Mike Todd and Simon Armstrong will captain four teams of local players in a low

goal junior tournament, to be played over the weekend of October 8 - 10 and in a medium goal senior tournament over the weekend of October 14 - 16.

As usual, Toyota Kenya will sponsor one of the four teams taking part in what promises to be the best of any of the Toyota Kenya sponsored Internationals.

Lonrho Hotels, whose team will be flying the Mount Kenya Safari Club flag, and Austrian Airlines will be back again sponsoring teams - for the second year running.

Austrian Airlines are also coming up again with the return air fares for the overseas players.

A fourth exciting new team sponsor is expected to be confirmed shortly.

The climax of the annual festival of polo will be on Sunday, October 17, when there will be a high goal exhibition match between



STRONG DEFENSIVE action in the goal mouth from the Toyota team (in dark shirts) during last year's Toyota Kenya International Polo Tournament.

Toyota and Austrian Airlines.

The two 18-goal handicap teams, comprising the five internationals and three leading local players, will give spectators a chance to see top class polo that is seldom seen outside Europe and the Americas.

South African And Austrian Teams Will Participate

SPOT THE DIFFERENCE NOW AND FOREVER BE AT PEACE.



A mirror is a mirror is a mirror. Right?

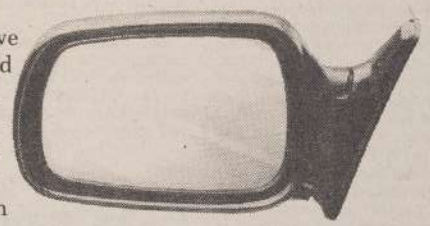
Wrong. You see, the mirror on the right is the one found on a Toyota Corolla 1.3 XL. A car built to meet the demands of the

Kenyan roads. That means a heavy duty suspension, improved dust-proofing and a strengthened bodywork. All backed by an efficient genuine parts and after-sales service, and a 12 month unlimited mileage warranty.

The one on the left, though, is the mirror found on Japanese domestic models. Cars built to travel on freeways and through relatively dust-free cities, an environment

very different to the one we all know in Africa. So should you break that mirror, you are in for something far worse than seven years bad luck. Toyota Kenya do not carry all the parts for foreign models. And although they can get you the parts from Japan, they're likely to cost you the earth.

The economy is forcing everyone to shop around for the best price. So if you are offered a Toyota at a good price, please look at the mirror. If you can spot the difference now, you'll forever be at peace with the real best buy.



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Jaycee Dawe 93" Medical Camp



DR. SAMMY MWANGIRI (E.N.T. Surgeon) is seen examining a child at the "Jaycee Dawe '93" - Free Medical Camp while Jaycee assistants Mrs. Dina Rajesh Patel and Mrs. Bhavini Vinit Shah look on.

KENSEC YOUNG FARMERS SUCCESS



ENTHUSIASM, DETERMINATION AND HARD WORK paid handsome dividends to Kensec juniors. The girls and boys from Form One and two dethroned the giants of Young Farmers activities at the Coast in their first year of judging. The Club produced the best judges in the livestock section, the farm and dairy produce section and the farm machinery section. Striving for academic excellence coupled with a strong drive in co-curricular activities, the Kensec environment has proved the right combination for success. The winning combination were:- front row (from left) Amar Mehta, Ndurubu Thuo, Mariam Khandwalla, Cynthia Okoth, Mr. J. Mascarenhas, Ajesh Raithatha, Veronica Karanja, Habiba Husain and Ashley Abranches. Back row: (from left) Mohit Patalia, Patrick Onyango, Keval Patel, Ashwin Mehri, Kishan Siyani, Lyndon Abreu, and Nishit Mandalia. (Missing in: Abdulkadir Moosajee and Sameer Khan).

Mombasa Mayor Mwidani Outlines Ambitious Programme Of Maintenance And Development For The Town

THIS YEAR'S Annual General Meeting is unique in that it is the first Annual Meeting during the era of multi-partyism.

In spite of the Council being composed of various political parties, I am glad to see that we have managed to serve the people of Mombasa as one team.

I have not noticed political differences emerging from the frame of multi-partyism. We have conformed to pursue the goals that have brought us here, which is that of serving the people of Mombasa.

The political parties have to stay as they have the support of the Electorate. The people need to be served by the Council regardless of what Parties we belong.

This understanding has enabled the Council to achieve a lot in the very short period it has been in office despite the fact that the Council is composed of K.A.N.U., D.P., Ford Kenya and Ford Asili councillors.

In the year 1992-93 my Council has continued to render improved services and has acquired the necessary tools, equipment and machinery to offer the most needed services to the people.

The Council has been able to recarpet most of the roads in the town at a cost of Kshs 75 million and kept the town clean and increased some services in other areas where we could not effectively reach.

Most of these services have succeeded because of the "Service Charge" money that is paid to the Council by the residents of Mombasa.

No single cent of the "Service Charge" money is used to pay salaries or any other bills, but the money is purposely used only to plough back services to the people.

We use the money to construct roads, buy refuse collection vehicles and other equipment

needed for rendering services to the people of Mombasa.

I feel it important to inform the people of Mombasa that the Council has no authority to use "Service Charge" money without specific approval by the Minister for Local Government.

I am pleased to inform you that the Minister has approved Shs 34 million in the 1992-93 budget from the "Service Charge" money to be used for the purchase of vehicles and equipment to be used in

"No single cent of the "Service Charge" money is used to pay salaries or any other bills, but the money is purposely used only to plough back services to the people"

various sections these include:-

Six supervision vehicles, two sideoaders, street lighting fittings for Mikindani, renovation of rental houses, recarpeting of roads, purchase of tipper, purchase of road hand roller, repair of heavy plant traffic signals and Mtongwe foot bridge, Cadastral survey - Mikindani, Chaani, and purchase of ambulance and hearse.

In another effort to keep the town clean, my Council is considering to have the major roads cleaned at night.

The medical officer of health will look into the possibility of having the programme possible and will bring the proposal before the Council.

This is because during day time cleaners find it difficult to clean the roads due to heavy traffic.

These roads are Nkrumah Road, Digo Road, Abdul Nasser Road, Moi Avenue, Halle Sellasie Avenue and the Nyere Avenue.

We are committed to keep the town clean and I once again appeal to the public to assist and support us in this effort.

I am also appealing to the business community to paint their business premises.

I also appeal to those paying "Service Charge" money to come voluntarily to town hall to pay from

duty. They should not wait to be followed at their premises.

I am putting the same appeal too to business men to renew their licences in good time.

I wish to commend the Treasurer's Department for improving in Revenue Collection including "Service Charge" but hope there is still a lot of uncollected revenue and I urge the Treasurer with his staff to double their effort in revenue collection as without money the Council can not meet its financial obligations.

In 1992-93 financial year, the Council collected Kshs 220 million in the General Rate Fund in the year.

This was a slight improvement in collection of the General Rate Fund compared to the previous financial year during which slightly over shs

200 million was collected.

Also in the "Service Charge" account the Council collected Shs 55 million. Here also there was a slight improvement compared to the previous financial year which collected Shs 51 million.

The General Rate Fund has been used mostly to meet recurrent expenditures whereas the "Service Charge" money has solely been utilised for capital expenditure.

During 1992-93 we spent shs 20 million on motor vehicles etc.

In the 1993-94 budget the Council will spend Shs 3.5 million for Cadastral Survey in The World Bank Project of Mikindani and Chaani with a view to finally issue title deeds to the plot owners.

We shall also spend Shs 700,000/- to renovate the Tononoka Historical Hall.

Plans are being made too to reconstruct the Miritini Road leading to the A.V.A., the Shanzu Road leading to the Inter-Continental Hotel and the Mwinyi Babu Road in Likoni.

It is the plan of my Council to have street lights be fixed in Mikindani.

To avoid water disconnection plans have been made to issue contracts to have individual separate water meters for tenants be installed in some of the estates that have been having communal meters.

To day about Shs 14 million in water bills have been paid to the National Water Conservation and Pipeline Corporation.

Our markets, have continued to offer good services to the people.

The new Kongowea Wholesale Market which is the biggest in East and Central Africa has continued to serve many a people.

ABN-AMRO BANK HOST PARTY TO MARK 25 YEARS' SERVICE ...

INVITED BY his wife to dinner at Nyali Beach Hotel, Mr. Leo van de Lande, Manager ABN AMRO Bank, Mombasa, had the surprise of his life to find employees had hosted a cocktail party in his honour to celebrate 25 years of service with the bank.

It took place around the hotel's Lagoon Pool and another surprise was the arrival of Mr. W.A.E.J. Lemstra, General Manager ABN AMRO Bank, Kenya, and his wife, Marianne.

Mr. Lemstra revealed with a laugh 'it is the first time for me to come to Mombasa without informing the boss here!'

On behalf of management and staff of ABN AMRO Bank, Kenya branches, he presented Leo with a beautiful hand coloured copper engraved map of Mombasa dated 1707 saying 'throughout your 25 years of service you have shown loyalty to the bank and its staff which has become unique in this day and age. Perhaps with this small token you will be reminded of this very special day for a long time to come'.

Mr. Lemstra mentioned that of the 25 years, fourteen had been spent by Mr. van de Lande in the bank's domestic service and the rest abroad during which he had served as manager in Buenos Aires, Ascunzion, Casablanca, Paramaribo, Abu Dhabi and Mombasa.

He went on 'in the short time Mr. van de Lande has been with us he has been able to put his personal mark on the branch more than any of his predecessors could do'.

Said Mr. Lemstra 'swiftly new procedures were introduced which made the organisation more efficient.

'I believe that also his personal

approach towards the problems facing the banking industry in Kenya in general and in Mombasa in particular, have assisted us greatly in trying to solve them, whereas his sense of fair play and relationship with staff and clients have enhanced ABN AMRO'S reputation in the market.

He also paid tribute to Mr. van de Lande's wife, Rieta 'for not only being such an important part of

work, rather than quantity. We take this opportunity to congratulate and wish him continued success with ABN AMRO Bank'.

On behalf of management and staff he presented Mr. van de Lande with an antique Arab money chest which contained some old East African coins. There was a bouquet for his wife, Rieta.

A moist-eyed Leo van de Lande,



LEO van der Lande and wife his Rieta (left) are seen with ABN AMRO Kenya general manager W.A.E.J. Lemstra and his wife Marianne at the Nyali Beach Hotel Party.

Leo's life, but also being such an important part of our bank family which nowadays many people tend to forget'.

The Master of Ceremonies at the party was Costa Malai, Operations Manager who said we are here to do honour and to drink to the good health of Mr. van de Lande who is 'big and tough, but also kind and understanding. He listens and assists, has introduced changes to motivate staff and increase efficiency. His motto is 'quality of

still recovering from the shock of such adulation said 'this party is the best kept secret I have ever known.

In only arrived in Mombasa in March and what you have done tonight is absolutely impressive. I have been 25 years with ABN and this party is one of the most finest things I have ever experienced within this bank'.

That night there was also a delightful surprise in store for Costa Malai - his promotion to Deputy Manager.

The Mackinnon Market, the Mwembe Tayari Market, the Kisauni Retail Market and other markets of the Council play a major role, and I appeal to the public to make full use of them.

Hawking outside these markets has caused a big problem where licensed stall owners in our markets have once threatened to boycott paying "Service Charge" and Licence Fees.

I appeal to the hawkers to understand the laws governing

The completion of the Shika Adabu Clinic at the cost of Kshs 1.8 million will be of great use to the people. Ganjoni Clinic is also being renovated.

I wish to commend the Public Health Department for its concern in garbage collection - and we have seen some improvement.

We have vowed to keep the town clean and I am sure with the new acquired equipment in the cleansing section the town's cleanliness is assured.

The section has three (3) new refuse collection vehicles and refuse collection services have been extended to Mtongwa, Kiembani, Bombolulu Estates in Mainland North, Industrial Estate and Residential Areas in Mainland West.

On education I wish to inform this meeting that the Council has continued with its efforts to improve the standard of education in our schools.

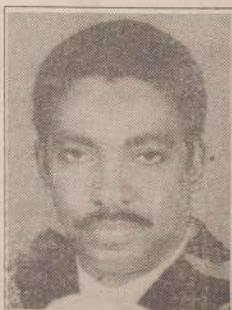
We are starting two new primary schools - The Mwijabu Primary School in Changamwe and the other in Mtongwe, Likoni Division.

I thank the District Commissioner and the Police in assisting us whenever the Inspectorate Section wants to carry out some operations.

Pavements are not meant for business or hawking and I am asking the Inspectorate Section to clear all hawkers in the pavements immediately.

I know, these hawkers have a tendency of coming back soon after they have been cleared away, but we must do our best to have them out of these areas completely.

As we enter the 1993-94 financial year, I appeal to the Councilors to be united in our effort to serve



MAYOR MWIDANI

their business and avoid clashing with the Council on such an issue.

It is also the wish of the Council to offer improved health services to the people.

Through the cost-sharing programme which was started on last April, 1993 I am glad to announce that upto June this year we had collected a revenue of Kshs 1,065,534/-.

This revenue will assist out clinics to serve the patients better for we shall be able to purchase drugs.

He Was Taken To Court And Fined For Dangerous Driving ... A Wheel Chair !

MOST COUNTRIES have laws governing driving while under the influence of alcohol.

They tend to assume that only vehicles propelled by any means other than human (or animal) can cause accidents if there is a drunk human being in charge.

Yet in countries like ours, where waste management is not yet very good, there are occasions when animals are exposed to potentially intoxicating material.

Those who have seen Atterborough's treatise on the Okavango valley will appreciate that animals can also get intoxicated through their natural eating habits.

For those who haven't, the story is very simple.

The Okavango valley is dry for most of the year.

There is very sparse vegetation which can hardly support any wildlife.

Most of the animals move elsewhere to find sustenance.

Come the rainy season the whole Valley becomes a forest for only a few weeks.

In this period the animals return and gorge themselves with whatever their favourite fruit and vegetable is.

Since the time that the food stays in the alimentary canal of most animals tend to be longer than man (and especially the herbivores or ruminants) the fruit ferments and is absorbed into the body as an alcoholic drink.

The animals exhibit behaviour akin to what some specimens of homo do when under the influence, including waking up groggy eyed "the morning after the night before".

There are locations in Kenya where animals behave in this manner.

Kachumbari tells me that elephants that go to the seaside near Lamu for holidays tend to get into a similar state.

In their case, the medium that causes them to get slashed is the simple coconut Mnazi has its effect not only on humans but also on some animals.

The elephants do not shinny up trees and tap it from the growing part.

Instead, they shake the trunk of a coconut vigorously till the

ripe nuts detach themselves from the tree and fall to the ground.

The pachyderm then proceed to gorge themselves with the fruit.

A few days later one will hear wild trumpeting as the coconut ferments and begins to affect the normally docile animal.

Anyway, I have digressed too far I was addressing the issue of driving while under influence.

There was this case reported from down south where a seventy five year old man was caused havoc in his wheelchair.

The fellow had had both his legs amputated and had been

PATRICK O'BATH
On COASTDRIVE

confined to the wheel chair for a substantial part of his life.

He added parts and gadgets to it such that he was freed from depending on other people for a lot of things.

One day however, he landed himself in trouble.

He drove his wheel chair at high speed when going home from his local and was arrested by the cop.

He admitted to having cleared two bottles of wine and could not see what the fuss was about.

He was taken to court and charged with dangerous driving.

However, in the absence of any direct reference to wheelchairs in the statute books, the judge placed an order restricting the fellow from using his wheelchair unless accompanied by a sober assistant.

This makes one wonder whether there is any control over the use, while intoxicated, of vehicles that propelled by human or animal power in Kenya, it is not a direct office to ride a bicycle while under the

influence although one could easily be convicted of dangerous driving.

In other countries where bicycles see a serious mode of transport for commuters, the law is equally lazy.

We have in addition, the mkokotenis which though

required by the Town Hall to have licenses to operate, are not governed by any other specific laws.

(They are not even required to have any form of insurance, so steer clear!)

They are allowed to operate on the road and the people

pulling them along could be totally inebriated and a danger to road users but they cannot be taken in for having been drunk in the process.

In areas like Limuru, the mkokotenis are pulled by animals.

They still have to be guided by

people and these people could easily be drunk as well.

Although highly unlikely, there is also the remote chance that someone in Lamu could be drunk and in charge of a donkey.

Although there are precious few vehicles on that island there is still a potential for an accident.

I hate to imagine what would happen if the District Commissioner's car was damaged by a donkey that was out of control as a result of the rider being intoxicated.

As Kachumbari says, whoever or whatever you are, avoid the road when under the influence.

Happy Honey-Moon At Diani Reef Grand



SPENDING HER honeymoon at Diani Reef Grand Hotel was Sharon, step-daughter of Mrs. Wendy James, a Director of the hotel who has been involved with its development since it opened ten years ago and is well known in Kenya.

Sharon and her husband, John Maynard, from the UK were given a colourful traditional welcome by Segenya dancers from the Kwale District.

There was also a big welcome from the hotel's General Manager, Sigi Jogechat, his management team and staff, as well as champagne and an iced cake to celebrate the start of their Kenya honeymoon.

Arrangements made by Hayes and Jarvis, one of the leading tour operators in the UK, also included a safari to Kenya's famous game parks and lodges.

NEWLY WEDS, JOHN AND SHARON MAYNARD from the UK are seen cutting a special iced cake to welcome them to Diani Reef Grand Hotel. There was also some champagne to seal the welcome. Sharon is the step-daughter of Mrs. Wendy James, a director of this hotel.

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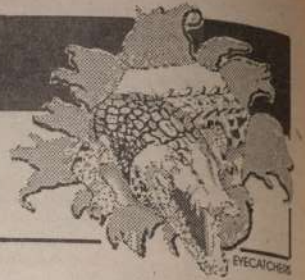
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Gents - 120/=
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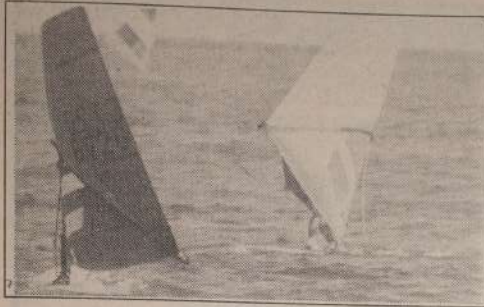
DIE POOL Snack Bar im Inter-Continental Resort in Mombasa ist besonders am Wochenende ein beliebter Treffpunkt. Eine zusätzliche Attraktion ist nun das Spezialangebot, wenn Bier mit 50 Prozent Rabatt und alle Spirituosen mit 25 Prozent Rabatt ausgeschenkt werden.

Die Pool Snack Bar ist vorne offen und bietet eine herrliche Aussicht auf den Indischen Ozean (mit Wassersport und anderen Aktivitäten am Strand). Sie können draußen sitzen, nahe beim Swimmingpool und außer einem erfrischenden Drink auch leckere Snacks genießen, unter anderem "Hot Dog", "Höhnerfinger", Hamburger, Fish and Chips oder Salate.

Manche mögen auch nur einen Teller Pommes Frites oder ein Samosa.

Der Rabatt auf alkoholische Getränke wird freitags, samstags und sonntags in der Pool Snack Bar gewährt, die von 11 Uhr bis 18 Uhr geöffnet ist.

Familien und Freunde treffen sich gerne an diesem Ort, wo sie die Getränke zu günstigen Preisen erhalten.



WINDSURFEN auf dem Ozean vor dem Inter-Continental Resort.

Eine weitere Attraktion in diesem Hotel ist das indische Curry Buffet sonntags im Frangipani Cafe mit großer Terrasse, wo ab 12.30 bis 16.00 Uhr die Hausband Unterhaltungsmusik spielt.

Verantwortlich für Curry und die vegetarische Küche ist Dharendra Sheth, der jede Woche die Speisekarte wechselt. Er ist in Mombasa geboren, und in seiner Familie wurden vegetarische Gerichte schon zu Zeiten seines

Urgroßvaters nach traditionellen Rezepten zubereitet.

Kürzlich wurde ein indischer Tonofen auf der Frangipani Terrasse aufgestellt, damit die Gäste zusehen können, wie ihr "Tandoor Chicken" (mariniert in einer Joghurt-Gewürz-Sauce) und Nean (Fladenbrot) zubereitet werden. Frisch vom Ofen schmeckt es hervorragend!

Auf Wunsch entsteht vor Ihren Augen auch ein köstliches

"Prawns Masala". Die Garnelen werden in Knoblauchbutter gekocht und mit Masalasaucen garniert.

Die Desserts sind verführerisch, darunter "Cashew Barfi" und "Gulab Jaman".

Die Inter-Continental Hotelgruppe ist weltweit führend in der Tourismusindustrie und in der Gastlichkeit.

Vom 5. September bis zum 20. Dezember gibt es ein Spezialarrangement für "Kenya Residents": Sie bezahlen nur Shs 1700 für Einzelzimmer mit Frühstück; Shs 2000 mit Halbpension; Shs 3000 für Doppelzimmer mit Frühstück; Shs 4000 mit Halbpension pro Tag und Person.

Das Inter-Continental Resort in Shanzu liegt in einer gepflegten tropischen Gartenanlage (mit vielen bequemen Liegen), die bis zum Meer reicht. Der herrliche weiße Sandstrand wird täglich saubergehalten.

Im Garten gibt es einen Swimmingpool und überdies ein Kinderschwimmbekken.

Für die sportlichen Gäste stehen zwei Tennisplätze, eine klimatisierte Squashhalle und ein Spiel Center mit Billard, Darts, Boccia sowie Tisch- und Kartenspiele zur Verfügung.

Im gut ausgerüsteten Wassersport Center kann man segeln, windsurfen und tauchen. Hochseefischen wird auf Wunsch arrangiert.

Im Fitness Club gibt es Sauna, Dampfbad, Whirlpool, eine Gymnastikhalle, Massage und Reflexologie.

Unter der Woche werden Spezialitätenabende, samstags Barbecue und mittwochs "Afrikanische Nacht" organisiert.

Die Hausband "The Mombasa Roots" gehört zu den besten an der kenianischen Küste.

Das VASCO DA GAMA RESTAURANT ist ein Paradies für Feinschmecker und die LE CLUB DISKOTHEK ist täglich (außer montags) von 21 Uhr bis um 3 Uhr früh geöffnet.

Im klimatisierten Casino kann man ebenfalls von 21 Uhr bis 3 Uhr früh Ponton, Roulette, Black Jack, Glücksrad spielen. Die Spielautomaten stehen ab 17 Uhr zur Verfügung. Bar Service und kleine Gerichte sind erhältlich.

Die Zimmer sind elegant und geschmackvoll eingerichtet. Sie befinden sich auf der Meeresseite und haben einen Balkon, Mini-Kühlschrank, Farbfernsehen (Nachrichten und Hausfilme) auch Telefon mit Direktwahl (international), Reuters Nachrichten und Finanzberichte auf Englisch werden regelmäßig durchgegeben.

Im Hotel gibt es bestens ausgestattete, moderne Konferenzräume, Einkaufsarkade, Wäscherei, Friseursalon, Zeitungskiosk, Reisebüroschalter und auf Verlangen Babysitter.

Vom Hotel aus kann man viele interessante Stätten besuchen wie den Bamburi Naturpark, die Krokodillfarm "Mamba Village", Bombolulu - die Werkstätten, wo behinderte Modeschmuck und Kleidungsstücke herstellen - die historische Altstadt von Mombasa und das Fort Jesus, das im April einen Monat lang sein 400jähriges Bestehen feierte.

Und direkt über dem Mtwapa Creek befindet sich das Kenya Marineand, das Dhausafaris durchführt.

In unseren Gedanken liegen unermessliche Kräfte. Lassen Sie "Hoffnung durch die Kraft des positiven Denkens". Buch oder kostenlose Information: Universelles Leben, 11/17, Hungerberg 7, 97070 Würzburg, Germany.

Neues Bürogebäude der United Touring Company - eine Investition von KShs 20 Millionen

DER MINISTER für Tourismus und Wildlife, Mr. Noah Katana Ngala, gratulierte der United Touring Gruppe zu ihrem mutigen Schritt, trotz der weltweiten Rezession weitere Shs 20 Millionen in Kenia zu investieren. Der Tourismusminister hat den ausdrucksvollen neuen Gebäudekomplex an der geschäftigen Moi Avenue in Mombasa Ende August offiziell eröffnet.

Die United Touring Company (U.T.C.) ist seit 46 Jahren als Reiseveranstalter an der kenianischen Küste etabliert.

"Diese Investition ist ein Beweis für das Vertrauen, das U.T.C. in die Qualität und den Erfolg Kenias als führendes Urlaubsland setzt," erklärte Managing Director Jonathan Oake.

"Dies ist nur ein Teil eines Multimillionen Erweiterungprogrammes, das die Verbesserung und Verschönerung von Hotels und Lodges, zusätzliche Fahrzeuge, neue Technologien, Satellitenkommunikation sowie eine allgemeine Verbesserung der Infrastruktur dieses Betriebes vorzieht," fügte Mr. M.A. Sharpes, Verwaltungsratspräsident der U.T.C. Gruppe in Kenia, hinzu.

Im Rahmen dieses Programmes wurde kürzlich der Indian Ocean Beach Club in Diani eröffnet.

"Die Konkurrenz wird ständig größer und stärker, und unsere Kunden verlangen immer mehr für ihr Geld, eine größere Auswahl an Produkten und Dienstleistungen," sagte Mr. Sharpes.

"Die U.T.C. Gruppe hat sich zum Ziel gesetzt, diesem Wunsch zu entsprechen. Dies ist besonders notwendig, da der Tourismus 1992 und 1993 zum Teil durch negative Presseberichte und die allgemeine Rezession stark zurückgegangen ist. Der gute Ruf Kenias als Urlaubsland, und besonders Mombasa als

idealer Badeort, muß neu aufgebaut werden."

Es war ein besonderer Tag für Mr. Khalid Shapi, U.T.C.'s Area General Manager für die Küste, der den Aufbau des neuen Hauptbüros überwachte und gleichzeitig zwanzig Dienstjahre bei der Firma feiern konnte. Er dankte vor allem seinen Mitarbeitern, die durch ihre harte Arbeit mithalfen, dieses Projekt zu verwirklichen.

die Atmosphäre dieser Hafenstadt, dem Tor zu Ostafrika.

Im Erdgeschoß sind ein Travel Shop, Buchungsbüro und Safariabteilung, Hertz-Schalter und Direktionsbüros untergebracht. Im 1. Stock gibt es Unterkunft in Suiten für U.T.C.'s Agenten aus Übersee.

Die Architekten haben in ihren Plänen bereits eine



DER MINISTER FÜR Tourismus und Wildlife, Mr. Noah Katana Ngala, zerschneidet das über die Tür gespannte Seidenband und erklärt das neue Hauptbüro von U.T.C. an der Küste als offiziell eröffnet. Links Khalid Shapi, U.T.C.'s Area General Manager, Küste, der am gleichen Tag zwanzig Dienstjahre bei der Firma feiern konnte.

Verantwortlich für den Bau waren die Architekten Dr. E. May and Partners, die Baufirma Mistry Jadva Parbat and Company sowie die Vermessungsfirma Barton and Barton.

Zur offiziellen Eröffnung des neuen Hauptbüros wurden rund 200 Gäste eingeladen - darunter Hoteliers, Reiseveranstalter, Bankiers, Geschäftsleute, Ärzte und Rechtsanwälte.

Der Baustil des Gebäudes ist beeinflusst von der wunderschönen Suaheliarchitektur. Der neue Hauptsitz von U.T.C. an der Küste mit messingbeschlagener, geschnitzter Tür unterstreicht

Aufstockung vorgesehen für den Fall, daß sich die Geschäfte weiter entwickeln und ausbreiten sollten.

Ein voll computerisiertes System wurde für die Buchhaltung und für Management-Berichte installiert. Der große Parkplatz wurde neu gepflastert und war zur Eröffnung mit Triumphbogen aus Bananenblättern und leuchtenden Bougainvilleas dekoriert.

Das Nyali Beach Hotel war verantwortlich für das reichhaltige Buffet, bestehend aus leckeren kalten und warmen Köstlichkeiten und einer gut bestückten Bar.

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AA Wednesday 1200 - 1300 Mombasa Hospital, Nurses' Mess.

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ENTERTAINMENT

KERALA Association Mombasa dinner (South Indian delicacies) variety entertainments and a musical concert at 7.30 pm on 25.9.1993 at Lohana Hall. For details contact 'Blue Room', 'Slush', Nathwani Bros, and Samuraj Tyres (Tel: 494798).

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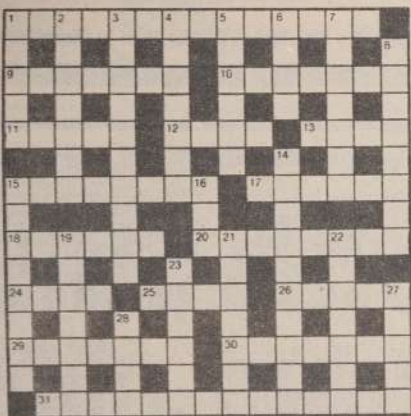
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CROSSWORD NO. 424

NAME.....
ADDRESS.....

- | | |
|---|--|
| <p>ACROSS</p> <ol style="list-style-type: none"> 1 Messages sent round in comic amounts (14) 9 Afrikaner boy in a tank (7) 10 Science circle with desire to inflict punishment (7) 11 Rose and I are involved in basket-making (5) 12 One-eyed immortal making an all-round row (4) 13 Quite good at describing hair (4) 15 Something quite different may be seen in it (8) 17 Get involved in recruitment (6) 18 Personal revelation in just-released song, it's said (6) 20 The power of the buyer (8) 24 Get along on bread? (4) 25 Ornament of a top job (4) 26 State where the plane has crashed (5) 29 How the French do make remarks! (7) 30 He thinks the girl's marvellous (7) 31 Mother sad her essay-minded friend figure things this way (14) | <p>DOWN</p> <ol style="list-style-type: none"> 1 He devotes very little time to companies (5) 2 A lot of money for many people (7) 3 Accept the risk of not being literary enough? (10) 4 Putting a different guise on to describe rock (7) 5 Capital fellow in Texas! (6) 6 It's hard to get wrinkles out (4) 7 A fine state to be in! (7) 8 Get back like a dog? (8) 14 There's no profit in coco menu concoction (10) 15 Get down to business? (8) 16 Make a hit by providing drink? (3) 19 The difficulty of the horns (7) 21 Superior at first, being pushy (7) 22 Dress Father up with Pearl's new creation (7) 23 Two cats taking a beating (3-3) 27 It enables one to deliver the goods (5) 28 Woman in trouble ahead of us (4) |
|---|--|

ANSWERS TO CROSSWORD NO. 423

Across: 1 Celebration 7 Ted 9 Starter 10 Outings 11 Elsie 12 Chop 13 Hero 15 Jampot 17 Tension 19 Chances 21 Inured 23 Alex 24 Ruse 25 Ashen 28 Beeline 29 Epicure 30 Eat 31 Emergencies

Down: 1 Coster 2 Loans 3 Butter Pack 4 Apricot 5 Iron Out 6 Note 7 Tangerine 8 Discount 14 Insulation 16 Abatement 18 Scramble 20 Squeeze 21 Iceberg 22 Enters 26 Hour 27 Wine

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Applications giving full details of qualifications and experience together with photocopies of certificates and testimonials, the names of two referees, details of present emoluments and the approximate date of availability, should be posted by the 21st September 1993 and addressed under "Confidential" cover to:
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on the history of the East African Coast and Fort Jesus.
This is followed by a Portuguese, Swahili and Arab style Bar-be-que on the St. Mateus Bastion in Fort Jesus
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(b) All major games.
Competitive Fees Structures to give Mombasa Parents a Breakthrough in Qualitative and Quantitative Education for their Children.
Admission purely on merit against the school's entrance aptitude tests to be conducted in October, 1993.
WATCH OUT FOR THE PARENTS OPEN DAY ANNOUNCEMENT
For further details and admission application forms:
1. Contact the headmaster at the school from 20th to 31st September, 1993, between 8.30 a.m. and 11.30 a.m. Telephone Number 472332.
OR
2. Write to the headmaster, Shree Swaminarayan Academy, P.O. Box 81117, Mombasa.
With Compliment:-
M/S EVERFRESH For: Fresh Fruits & Vegetables opp. Micron - Msa. Tel: 227358; P.O. Box 238 Kikambala Specialist in Sugar Cane Juice.
ONE-STOP SUPERMARKET Stockist of: Wines, Spirits, Grocery, Cosmetics, Snacks, etc. Ratna Square, Nyali. P.O. Box 95802; 471841 Msa.

MOMBASA JUDO Club was established in 1962 with lone objective of teaching Martial Arts particularly Shotokan Karate and Kodokan Judo, writes Tony Were.

None of its founder members is around today but Mr. Peter Kamau who is the club's secretary as well as the Coast Karate Association secretary was among the first karate students.

Karate means empty hand hence fighting without any weapon.

It originated from Okinawa in Japan and has now spread all over the world.

Karate is the training of one's body and mind towards development of one's spirit of humility devoting utterly to the course of justice and is guided by five cardinal principles: to be courteous, to strengthen both body and mind, to think before taking action, to live in harmony with all men and last but not least to be fair minded.

Mombasa Judo Club is centrally situated in Jubilee Insurance Building, ground floor, room number 11, along Moi Avenue, Mombasa.

Since its inception, Mombasa Judo Club has grown as one of the recognised karate and judo club in Kenya due to sheer hard work, dedication and strict discipline of its members.

It's a member of Karate-Do Association of Kenya (K.A.K.) which is affiliated to World Union of Karate (WUKO).

The club has several qualified Karate and Judo instructors like

MOMBASA JUDO CLUB AIMS AT PROMOTING THE MARTIAL ARTS

George Kisato - Second Dan, Mustafa Ahmed - Second Dan, Ali Rajab Kisoforo - Second Dan, Alex Oundo - First Dan, Peter Kamau - First Dan (Karate and Judo) Simon Mwangi - Second Dan just to mention a few who teach karate and judo to international standard.

Due to its standard, Mombasa Judo Club has attracted various international karatekas and world champions like Sensei Hirokazu Kanazawa - Eighth Dan, Sensei Okamoto - Seventh Dan, Sensei M. Arakawa - Eighth Dan, Sensei Sasaki - Seventh Dan, Steve Cattle - Sixth Dan, Masahiko Tanaka - Seventh Dan and Mikko Yahaya - Sixth Dan among others who have conducted grading sessions.

The club has won a number of national and provincial events which have eluded so many clubs.

It's the current holder of 10 great years of Nyayo era, 25 years of independence trophies (Kumite and Kata) as well as the 1992 Kenya National Club Championship Trophy (Kata).

1992 Coast Province Club Championship trophies both kumite and kata also are held by the club.

Apart from teamwork, the club also boast of being the only club with the highest number of black belt holders like George Kisato, Ali Rajab Kisoforo, Simon Mwangi, Mustafa Ahmed, Alex Oundo, Peter Kamau, Cecilia Gathoni, Gordon Chitema (now a soldier with the Kenya Navy) Lucy Wanjiku, Leonard Obara, Jacob Mwangi (Ninja), Calvin Otoro, Musamali "Kanazawa" Lunga, Rufus Mjomba, Aggrey Aderoh, Richard Wagicu and Mohamed Ali among others.

Mombasa Judo Club is also one of the clubs responsible for feeding the Karate National team with players:- Mustafa Ahmed, Ali Rajab, Kisoforo and Gordon Chitema (before his admission in the Kenya Navy).

Backed by good coaching and high degree of discipline its not a wonder that the club always produced National and Provincial individual champions.

Cecilia Gathoni- ladies kata and kumite champion between 1980

to 1985, Mustafa Ahmed 1990 National Kata champion.

Tony Were 1993 National novice kata champion, Daniel Dedyo 1993 Coast Province novice kata champion and Suleiman Salim Coast Province novice kumite champion.

Aisha Abdulrahman Mohamed 1993 Coast Ladies champion. Runners-up are more than a dozen.

Its name is therefore an household in the fraternity of karate in Kenya.

Mombasa Judo Club also offers keep-fit class both for men and

gentlemen what they deserve.

One of the students in the keep-fit class Dolly Ojema Schmidt had this to say:

"I feel very healthy and flamboyant and I believe most of the ladies are feeling the same. Some of us have even gone back to the clothes we had dropped due to increased weight.

"This training is fantastic as the instructions are committed and disciplined. On top of keep-fit, ladies interested are allowed to take extra lessons in karate from 1.15 pm to 1.45 pm."

irrespective of race, religion, colour, tribe, status or political affiliation.

Entrants start from white belts and progress upwards to black belts as their training advances.

All gradings are sanctioned by the National Body (Karate-Do Association of Kenya) which adheres to the international grading syllabus.

This makes gradings conducted here or elsewhere in the country recognisable worldwide.

Its imperative however at this juncture to point out that karate is

once said by the founder of shotokan karate master Gichin Funakoshi is "Not the victory or defeat of its participants but the perfection of the character of its participants".

Due to its wide range of distinctions and credits, Mombasa Judo Club has all the reasons to celebrate its annual club festival which will be held at Laco Club Hall on October 2 1993 beginning from 2.00 pm.

This festival normally attracts big crowds and is one way of raising fund, for the club has no sponsors.

The festival is worth attending given the fact that the members normally take it with the seriousness it deserves displaying exclusive shows.

Watching the action, one would think its a national event given also that Mr. Patrick Rafula, who is the club's chairman, Coast Province Karate-Do Association (CPKA) as well as the Karate-Do Association of Kenya Chairman normally attend the event including other Karate officials and distinguished guests.

Mr. Rafula is also the Second Vice President of Commonwealth Karate Federation.

The festival will feature different teams from the same club, individual contest, children's show and classic self defence demonstration.

Being the backbone of shotokan and Kodokan Judo in Coast Province MJC will give the audience a great treat for their eyes and minds presenting some of the internationals like Mustafa Ahmed, Ali Rajab Kisoforo, Gordon Chitema and National and Provincial heroes like Tony Were, Daniel Dedyo, Suleiman Salim and Aggrey Aderoh among others.

Mombasa Judo Club houses/ accommodates the Headquarters of Coast Province Karate-Do Association and is therefore responsible for encouraging upcoming karate clubs in the Province like Kisauni Karate Club Malindi Force in Action, Malindi Karate Club, Mombasa West Karate Club, Kenya Ports Authority Karate Club, Likoni Karate and Kenya Navy among others.

In Coast Province therefore, one cannot mention Judo Club also.

It is for this reason that all the Coast Karate Clubs have confirmed their intention to attend the would be colourful festival.

It is a festival that no karate lover should miss.

There will be several trophies to be contested and awards to be given in various disciplines.

National 'Karate' Team Hopefuls:



SOME OF THE PLAYERS SELECTED in the National Team. Back row from left, Wallace Gachanja (Coach) Christopher Macharia, Gordon Chitema, John Makau. Middle row from left, George Oluoch, Daniel Kyalo, Mustafa Ahmed. Front row: Vincent Wanyama.

ladies which run between 12.30 pm to 1.15 pm.

This class is wonderful and the results speak practically in those who attend the class-perfect shape and good health.

The class is managed in turns by Ben Kimari, Daniel Dedyo and Rufus Mjomba (Sgnt).

These three gentlemen are assets to the club as they are dedicated and give the ladies and

a physical exercise and its success depends on one's dedication and regular training.

Young bodies supple and pliable muscles are very receptive to physical exercise.

It is due to this reason that they usually fair well if they start early enough from five years but its also important to point that even grown-ups can successfully learn karate through dedication and hard work.

The ultimate aim of karate as

physical exercise and its success depends on one's dedication and regular training.

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It is due to this reason that they usually fair well if they start early enough from five years but its also important to point that even grown-ups can successfully learn karate through dedication and hard work.

The ultimate aim of karate as

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MR. BAPU IS SEEN presenting the prizes to winner Vimal Shah, on behalf of Mr. Himat Morjaria, the proprietor of New Battery Charging Stations.

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*Offer valid until 15th December only.

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A "Vivid And Convincing" Portrayal

"HISTORIA YA MTUME MUHAMMAD (S.A.W.)"

By Maalim Mohammad Riday (200 pages - Kshs 45/-).

THIS IS the latest attempt to present the august life history of Prophet Muhammad (S.A.W.) - the benefactor of mankind - in Kiswahili.

A few books have appeared earlier but, it is believed, no excuse is needed for this fresh attempt, as this present work after being read will be found to be a quintessence of the great works of eminent scholars in the original language - Arabic.

The contents of the book number 131 and the author discusses in it the winsome qualities necessary for any founder of a religion if the way of life taught by him is to attract and inspire the people.

Furthermore, such a teacher of humanity should not be a mythical figure, his teachings and conduct should be comprehensive, perfect and practicable if he is to be emulated by the people, as God Himself says in the Holy Qur'an:

"Ye have indeed in the Apostle of God an excellent example (of conduct to emulate). For anyone

whose hope is in God and the Final Day, and who engages him in the praise of God". (33:21).

The author goes on further to show how, of all the founders of religions, the accounts of the life and character of Muhammad (S.A.W.) alone are verifiable by methodical records of history; how his teachings are comprehensive enough to brighten the path of all men in varied situations and existences of human life; how they provide guidance to all, the ruler and the ruled, the rich and the poor, the

Then, again, Muhammad (S.A.W.) illustrated his teachings by his personal example and never taught anything which he himself did not translate into action.

The portrayal of the events in the course of the life history of the Prophet (S.A.W.) and his character by the author is not only vivid and convincing but also graceful and intensely living!

The author is inspired and inspires others.

He has produced a sketch which must be the delight even

conduct of living was the portrayal albeit the projection of Islam itself!

The book answers many questions in simple Kiswahili and takes you from one historical event to another explaining each epoch in simple language.

After reading it you will certainly feel that you have not yet up to now done justice to your leader and benefactor - Prophet Muhammad (S.A.W.).

You will also be filled with sympathy and love for him and his companions - that first generation of Islam - who have struggled to bring and preserve for you the pristine purity of Islam.

Above all, you will also find yourself proud and thankful to the Lord Allah that you are his follower!

This book, belongs to the class of books which should not only be gone through by every educated Muslim but should also be made available to all those non-Muslims who are interested in knowing about Islam and the Prophet.

It is available in all bookshops and shall be sold on Fridays in every mosque.

Focus On Islam

military genitús and the administrator and the businessman and the cultivator.

The author's account also establishes, beyond any doubt, that Muhammad (S.A.W.) alone was the symbol of perfection, a paradigm of virtuous and wholesome behaviour whose examples and teachings have lightened the path of humanity for all time to come.

of those who have an access to the vast stores of information on the subject.

The author - Maalim Muhammad Riday has tried in this book to convey in Kiswahili the warmth and vigour of the original works in Arabic.

After reading this book you will ascertain that the character of Prophet Muhammad (S.A.W.) was the Qur'an itself and his

As "ALWAYS" Coke & "Commander VB" do it yet again

OF ALL the American contributions to the modern world, two stand out like the twin towers of the world trade centre in New York.

One is merely a short word but the other is a much more tangible, cool and refreshing, thing; the Real thing!

Always there when you need it.

Throughout the whole world it is America's gift to modern "civilisation" - the Real Thing; a refreshment of timeless quality, unvarying quality, dependable quality, sought-after quality.

Although this quality is head and shoulders above its nearest rival, it is still a quality the Americans are striving to improve further! It's got quality, its got style.

It is President Clinton's drink, Brooke Shields' drink, Margaret Thatcher's drink, *Provisional Ball's* drink, your drink, "my" drink - indeed - everyone's drink.

The Capitalists want it, the Communists want it, the Israelis want it, the Arabs want it, the Palestinians want it.

Perhaps even the Eskimos want it!

You've guessed it - its Coca Cola or Coke for short. The great equaliser.

And in the middle of Coke is the other American gift to the world, the Word, which is hardly a word.

And yet it is a supreme word conveying meaning way beyond its size.

The word is short and, like Coke, sweet.

The *Provisional Ball* is of the opinion that small (or short?) is indeed beautiful. Its OK, I mean really okay.

Although some linguistic purists claim that English has never been spoken in the US of A, the Americans have contributed this one word that has enriched the language no end.

And like Coke, it is ubiquitous - understood in any language!

So, over the weekend, Coke was OK with us.

Indeed, more than OK because Coca Cola, consistent with its corporate image, came out in

grand style and took both the Clubs on a great High.

They proved to the golfers that in the refreshment business they have no equals.

On Saturday, the combat was in Nyali.

The action was in Four Ball format, perhaps the most popular one with golfers the world over.

About 60 pairs (drawn from a hat) battled it out in blazing sun but they toiled away in anticipation of the real cooling thing at the end of each nine.

Coke and allied drinks were awaiting them to soothe their overheated bodies and souls - all free of charge as a part of Coca Cola's quality sponsorship.

GOLF WITH PROVISIONAL BALL

The four ball format produced some excellent scores as expected.

While Coke was striving for quality all the way, the golfers were trying for quantity, the higher the better.

Almost a dozen pairs were in the 40s but the top contenders were Jimmy Kimanthi, the veteran, and Jaiman Patel, a veteran on the come-back trail, with 45 points to their credit.

And a golden performance was also turned in by the not-so-seasoned golfers Dinesh Soni and Florence Kimani, who, if the *Provisional Ball's* memory is not muddled up, has had a hole-in-one in the past.

They were the best on Saturday with 45 points.

Alas, the pressure was too much for them on Sunday and they fell apart on the links at the front.

The Sunday draw was a seeded one.

The ones with the highest score could rise late on the weekend holiday for they teed off late; late in the afternoon.

Provisional Ball learnt through the whispering palms that Jimmy Kimanthi used the opportunity to attend the Sunday mass and then cleansed his soul through a long session of confessions.

Thus prepared he returned to the task in hand.

But Jaiman Patel, is no sinner and didn't have to go to the temple.

His Devi (Goddess), confessed Jaiman, was at home and she devoted herself in preparing him for the battle.

With such fortification the pair of Kimanthi and JC took control of the course on Sunday at the Mombasa Club as well and won the two-day tournament hands down with a score of 87.

Two strokes behind the leaders were the Runners-up pair of T. Kudrati and A. Radia who had scored only 38 the previous day.

But on the Sunday, they brought in a whopping 47 to score a total of 85 combined.

Provisional Ball can visualise the sword of Democles, the handicap weapon, poised high in the air with these two heads lying low on the blocks.

In the third place were K. Chohan and Saïda Samji with 85 again (40 + 45).

A draw from the hat has its own charms!

To prove that once again was the most unlikely combination of L. Wilholm and H. Ramadhan with a best Sunday prize at 45.

But the tragedy of the day was the disqualification of Y. Patel and S. Makwanal

The pair brought in the best score for Sunday with 48 points but the card was messed up by wrong assignment of scores to A and B.

They were last seen hammering away at each others heads and then drowning their sorrows in something much stronger than Coke. Coke, unfortunately, wasn't OK for them.

All in all the top players of Saturday did not perform badly on Sunday but could not match the winners.

It was quality golf, all said and done, in a quality tournament sponsored by a quality corporation manufacturing a

quality drink of highest repute world-wide.

"Commander" Patel (VB to his friends) must be congratulated for putting together an excellent sponsorship.

At the end of both days, lavish entertainment followed with free soft drinks and super barbecues.

A truly generous sponsorship by Coca-Cola - the Real Thing, always.

Finally, *Provisional Ball*, understands that the compulsory holiday imposed on the residents of Mombasa was spent by the golfers in a scramble at Nyali.

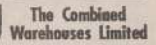
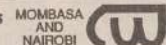
Many names for the ad hoc tournament were suggested but were eventually discarded in the interest of political harmony.

It was, indeed, a most enjoyable golfing weekend thanks to the Real Thing. For sponsorship - always Coca Cola.



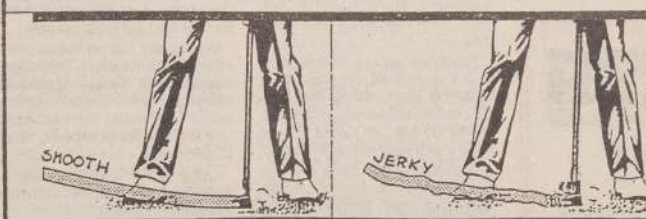
COCA COLA WINNERS ... Jimmy Kimanthi (left) and J.C. Patel (right) receiving the winners prize from Mrs. Bhavna Desai (wife of Mr. P. Desai, Plant Manager of Coastal Bottlers Limited.)

BROUGHT TO YOU BY:



THE FALDO FORMULA

I HEAR THIS ALL THE TIME IN PRO-AMS, IF ONLY I COULD MAKE A SLOW BACKSWING, THAT'S BAD THINKING, IF YOU START TOO SLOW YOU INEVITABLY HAVE TO SPEED UP TOO QUICKLY LATER IN YOUR SWING WHAT YOU WANT IS SMOOTH ACCELERATION, NOT JERKINESS. SO THINK "SMOOTH" NOT "SLOW"



I PUT MY BEST WHEN THE TRIANGLE FORMED BY MY ARMS AND SHOULDERS AT ADDRESS REMAINS CONSTANT ALL THE WAY TO THE END OF MY FOLLOW THROUGH. WHEN I DO THAT I CAN BE SURE THAT THERE HAS BEEN NO WRISTNESS IN MY STROKE.



EXCLUSIVE: THE MASTER WITH HIS EXPERT ADVICE



"SPINKS" MISSED

MICHAEL "SPINKS" Mutua, a Kenya International and Kenya Posts and Telecommunications Corporation (KP and TC) Mombasa Boxing Club pugilist died in Mombasa after a long illness.

Breaking the sad news of the death of the Coast boxer, the KP and TC team manager Gidion Mwaisaka said Mutua passed away on September 9 at the Coast Province General Hospital after suffering from Tuberculosis for almost one year.

Mutua popularly known as "Spinks" had represented Kenya in the Olympic Games, King's Cup tournament and the Commonwealth Games.

He won Silver medal in the Olympics and Gold medals in the Kings and Commonwealth Games.

Spinks joined Mombasa KP and TC in 1984 after having featured for Railway BC better known as "Dallas".

He had also trained for Kongwea BC.

On behalf of his colleagues, KP and TC captain, Hillary Munyasa Matekwa sent condolence message to the bereaved family.

He said: "Mutua was a disciplined and cheerful boxer who gave a lot of encouragement to the up-coming fellow pugilists".

Mwaisaka and his team will miss the services of "Spinks" as a boxer as well as an adviser to his fellow boxers.

The 30 year old Mutua who boxed in several weights from feather to bantam, leaves a widow and two children.

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Coastweek

MOMBASA, September 24 - 30, 1993.

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"MACKENZIE MARITIME" FOOTBALL

THE MOMBASA District Division One, Two, and Three leagues will from now on be known as the Mackenzie Maritime leagues, writes *Abdulrahman Sheriff*.

This was disclosed by the Kff Mombasa sub-branch chairman Ali Aboud Marambe during the finalisation ceremony of the league sponsorship by the Mackenzie Maritime Limited.

The firm Managing Director Brown Ondego handed over a cheque of Shs 50,000 being sponsorship of the last quarter of the three division leagues due to end late next month (October), in a brief function held at the firm's office in Mombasa.

Marambe thanked the firm for having agreed to partly sponsor this year's league and fully sponsor next season's league.

He said such sponsorship will assist clubs to prosper.

Ondego said Mackenzie Maritime was proud to be associated with the improvement of soccer in Mombasa and Coast in general and appealed to the sport leaders to work tirelessly to bring back soccer glory to the province.

He caused laughter when he pointed out that for the last 10 years, he had never attended any match because of the deteriorating standard of soccer

at the Coast.

Ondego said as the current Mombasa and Coast branch officials, "I am sure the standard of the game will raise".

He said he still remembers the way Coast produced the best

Soccer Scene With Abdul Sheriff

players for the national team 30 years ago and asked the Kff officials to make sure Coast regain its status as a force to be reckoned.

Ondego commended the current leaders for having worked hard to enable the Coast youth under-18 team win the Coca-Cola tournament and urged them to maintain the same spirit of assisting the youth to improve their talents and skills.

Responding to a request by the sub-branch vice-chairman Ricky Solomon on the possibility of erecting permanent signboards in several sites in Mombasa town which would indicate matches to be played daily, Ondego asked the sub-branch to furnish him with how much would be required for such a project.

SPORT SUPER STARS ...



NETBALL, TENNIS or squash are the three most popular court games played in Kenya today. But maybe this fact will change, now that two superstar players from America's famous National Basketball Association (NBA) have taken time out to conduct coaching clinics for our local Basketball Federation. The party of NBA coaches and officials, were led by superstars Bob McAdoo and Alex English, both long time NBA league players. Apart from holding several basketball clinics, the entourage are also in Kenya to promote the work of CARE International, a relief organisation. All ground arrangements for the famous basketball personalities were expertly arranged by Pollman's Tours and Safaris, which took note of the fact that their cliental boasted an average height of six foot and over.

Ganjoni Youngsters Top Contenders For Premier League ...

GANJONI YOUNGSTERS, one of top contenders for the Coast Premier League (CPL) crown this season tackle Bayern Munich in a Zone 'A' match to be played at Mombasa Municipal Stadium today. The match kick-off at 4.30 p.m.

Youngsters who succumbed to a 0-1 defeat at the hands of Shooting Stars during their last CPL outing, will have to utilise their shooting power accurately if they need to win against Bayern today.

Youngsters will have another tough fixture on Sunday where they have been programmed to tackle Ngombeni Stars at Tudor School ground. I pitted the Mombasa team to win even by a slight margin.

Black Santos meet Brotherhood at Tudor ground tomorrow in a game that could go either way.

Santos is an unpredictable team and if they take the game lightly they will no doubt fall to the Changamwe side.

Western Stars takes on Nyundo at Mombasa Municipal Stadium on Monday in a match which could produce fireworks.

Nyundo have now improved and Stars are warned not to underrate them.

On Wednesday, Hotspurs play Bayern Munich at the same venue. In Zone 'B', Lucky Boys entertain Yanga from Malindi at their Kilifi ground tomorrow.

On Sunday, Kilifi Plantation clash with Tamarind at Plantation ground.

In the Mackenzie Maritime division two, Buxton Strikers clash against Kongwea 'B' at Mbaraki Police ground today.

On Sunday, Taifa Stars face Corner Stone at Tononoka ground.

In division one, Kiteta takes on Ngome at Mbaraki Police ground, while Kenya Bus Services meet Jomvu Amani at Shimanzi ground for matches set for tomorrow.

On Sunday, United Sparki meet Hippo Contractors at Tononoka, Sunrise play Kisauni United at Mbaraki Police, Sega Warriors tackle Dynocel at Shimanzi and Nyota entertain Brooke Bond at Changamwe.

Other Division One fixtures - Monday: Nyoka vs Canyon Rangers (Mbaraki).

Thursday: Billma vs Kisauni United, Admiral vs Chipukizi (Tononoka).

In an Icha cup only match set for Sunday, Simba of Kwale clash with Mombasa Posta at Ukunda ground.

Simba had easy passage to the pre-quarter final after their opponents Mombasa Hotspurs failed to turn up.

BRIDGE RESULT

RESULT of the duplicate Bridge played at Mombasa Sports Club on Wednesday, September 15.

A.D. Shah and C.D. Shah 145; T. Pujara and P. Gandhi 122; K.C. Shah and U.B. Shah 117; K.P. Shah and J. Babla 114; Mrs. J. Patel and A. Thakur 114; L.P. Gudka and H. Malde 112; P. Savia and D. Trivedi 111; Mrs. M. Reid & A. Nathwani 100; Dr. J.D. Shah and Ms. Babla 96; Mr. and Mrs. D.D. Shah 91; S.K. Shah and S.R. Shah 88.

CUTCHI LEVA WIN!

AN ENJOYABLE game of cricket between Mombasa Sports Club and the combined Cutchi Leva - Patel team last Saturday ended with a 17 run win for the visitors, writes D.J.W.

However, at one time the game seemed poised for a close finish, before three run-outs spoiled Sports Club's chase for eight runs an over at the end.

The visitors scored steadily against good spells of bowling by Jeff Harvey (two for 23) and Nalin Patel (one for 17), with Upendra Patel holding the innings together with 42 runs.

Useful knocks by Visram (21) and Keshra (34) helped to push their score up to 158 for nine wickets in thirty overs.

In reply, Sandeep Shah gave Sports Club a fine start, hitting nine boundaries in an innings of 66, before being fourth man out with the score of 98.

Nalin Patel kept up the tempo to keep his side in the chase with a quick 28 runs, but three wickets for Rohit and three men run out restricted the hosts to 141 for nine wickets.

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TIDE TABLES

MOMBASA, September 24 - 30, 1993.

FRIDAY:

High Water - 2.5m at 10.38 hours.
Low Water - 1.4m at 03.58 hours and 1.3m at 17.47 hours.

SATURDAY:

High Water - 2.2m at 00.17 hours and 2.5m at 12.48 hours.
Low Water - 1.4m at 06.14 hours and 1.1m at 19.15 hours.

SUNDAY:

High Water - 2.5m at 01.37 hours and 2.7m at 13.56 hours.
Low Water - 1.2m at 07.35 hours and 0.9m at 20.07 hours.

MONDAY

High Water - 2.7m at 02.25 hours and 2.8m at 14.41 hours.
Low Water - 0.9m at 08.24 hours and 0.8m at 20.43 hours.

TUESDAY:

High Water - 3.0m at 03.00 hours and 3.0m at 15.14 hours.
Low Water - 0.7m at 09.02 hours and 0.6m at 21.14 hours.

WEDNESDAY:

High Water - 3.2m at 03.30 hours and 3.1m at 15.43 hours.
Low Water - 0.5m at 09.34 hours and 0.5m at 21.42 hours.

THURSDAY:

High Water - 3.3m at 03.57 hours and 3.2m at 16.10 hours.
Low Water - 0.4m at 10.02 hours and 0.4m at 22.08 hours.

NOTE: Standard Port is Kilindini; ADD 40 minutes for Lamu and ADD five minutes for Malindi, Kilifi and Diani 'No Change'.