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# Coastweek

Issue No. 3344 October 29 - November 04, 2010 PRICE - KENYA THIRTY FIVE SHILLINGS

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## Kenya Airways Back In Malindi

VIVA ITALIA: 'PRIDE OF AFRICA' NOW ALSO FLIES TO ROME

Kenya Airways has announced its plans to widen its route network in Europe after it being granted the rights to fly to the Italian capital Rome.

With this development, the airline has also advised that it will be resuming its flights to Malindi in Kenya's northern coast to reconnect the majority of tourists headed to the coastal town.

Kenya Airways Chief Operating Officer Bram Steller said that the planned opening of the routes was timely as the country was progressively becoming a vital source of tourists into Kenya.

"We have seen Italy become the third highest ranked country whose citizens visit Kenya for holiday and it is only natural that we fly them to their most popular destination in Kenya, Malindi," he said.

Mr. Steller added: "We are glad that the Italian aviation authorities have granted us the rights to land in Rome Leonardo

da Vinci Fiumicino Airport from December 13, 2010."

He noted that in preparation for Rome route Kenya Airways would start operations to Malindi on December 6, 2010"

Rome will operate three times a week on Mondays, Thursdays and Saturdays while the Malindi will be operated six times a week.

Steller explained that Rome will also be key in the airline's provision of flights to destinations connecting to south Europe.

"We are planning to initiate the route with a Boeing 767-300ER aircraft to Rome while Malindi will be served by the Embraer 170 jet," said Steller.

The Italian capital will be the most southerly entry point for Kenya Airways into Europe and will tap once more into the lucrative Italian holiday market for Kenya while adding capacity for cargo business between the two countries without having to trans-ship via other European

entry points. Rome will be the 4th Kenya Airways European destination after Amsterdam, London and Paris. Kenya Air-

ways will operate the Rome route on a code share deal with the Italian SkyTeam's partner Alitalia Airlines.

### PUBLIC NOTICE

In order to serve you better, we are opening our doors a little earlier.

We would like to inform the Public of a change in our Hours of Operation (effective November 1<sup>st</sup>, 2010).

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Please note, our operations on Saturdays remain the same. Thank you.

### Sarova Stanley Voted World's Best 'Luxury Business Hotel'



Sarova Stanley General Manager David Gachuru receives a certificate from World Luxury Hotel Awards Executive Manager Ms. Marinique Truter, during a recent Gala Dinner held in Hua Hin, Thailand. Sarova Stanley was voted World's Best "Luxury Business Hotel."

### More Flights With FLY540

Following success of the switch of Nairobi to Mara flights from Jomo Kenyatta International Airport (JKIA) to Wilson Airport, fast expanding regional airline Fly540, has launched daily return services from Wilson Airport to Amboseli, Nanyuki and Samburu.

The Fly540 Cessna Caravan aircraft will depart from Wilson Airport each day at 08.00 a.m.

CONCLUDED PAGE THREE

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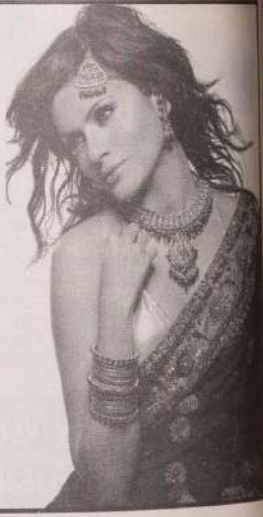

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Information On AFRICA  
Check out daily updates on Business and Politics all over AFRICA provided by Xinhua News Agency on www.coastweek.com



# Chaine Superb Evening At Vipingo Ridge

Members of Chaine des Rotisseurs and their friends enjoyed superb sundowner cocktails followed by dinner at the newly opened Vipingo Ridge golf course.

From the vantage point everyone was in awe of the magnificent views of the Indian Ocean on one side and the countryside on the other.

Five directors of Vipingo Ridge, Horace Horsey, David Horsey, Tushar Pujara, David Mitchell,



Ann Marques and Trish Boulton enjoying some champagne.



Chevalier Philippe Zimmerine guides his guest Albero Lazzeri, Managing Director of Veranda Restaurant through the extensive cocktail menu, which included Tuna and French Beans, Palm Heart and Asparagus Salad Rataouille with Prunes, Crisp Duck with Apple Strips Chef Salad, Avocado and Pawpaw, Piquant Salad, Puree of roasted eggplant, Herb Scampi Calamari, Baked Whole Fish, Fresh Oysters, Lobster medallions, Prawns, Beef Carpaccio with Rocket Lettuce, Smoked Salmon, Sushi, Antipasto!

and Salim Haji attended the the function. For many guests, it was their first visit to Vipingo Ridge and everyone was highly impressed

by the project and the temperature - Just like being in Nairobi! The catering was done by Serena Beach Hotel and Spa,

who as usual excelled in their menu selection and food presentation, which included various types of meat roasted on large spits. The Diamond Jazz Band

provided background music. The Bailli, Gurdeep Nayer thanked the General Manager Tuva Mwahunga and the newly appointed Executive Chef Ali Jamal for their splendid effort.

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## Jaffery Institute Holds KHA Graduation

KHA students at the Jaffery Institute of Professional Studies truly outdid themselves at the KHA Graduation ceremony held at the Mulla Asghar Memorial Hall on the 16<sup>th</sup> of October 2010, writes BUSHRA MALIK.

KHA that stands for Kindergarten Headmistresses Association is a provider of early childhood education and has been offered by JIPS since 2008.

Students gave very artistic individual presentations and on display were art exhibits on which students had worked extremely hard and their efforts did not go unnoticed.

The Chairperson of the KHA Teacher Training Programmes, Mrs. R. Wallia, awarded sixteen students with KHA certificates and these include Aisha Abdulgani, Amena Shabbir, Basma Abdulhakeem, Farida Huzefa, Laleen Chakaar, Nuru Mwinzagu, Safa Sohail, Safia Khamisa, Tasneem Alibhai, Farayal Hussein, Margaret Nanyuka, Ruhina Noorani, Sajida Janmohamed, Zahabiya

Burhanuddin, Salma Dungerwalla and Fatema Saigar. Mrs. Wallia highlighted reasons why ladies both young and old are highly encouraged to take up

extremely flexible way for both kindergarten teachers and head teachers to enhance their qualifications. In her speech Siti Gakurya of

appreciated the strides made by KHA ever since its inception in 1973 and that KHA was the only early childhood education provider that was recognised in the country.



Miss Fatema Saigar (left) receiving her Certificate from KHA Chairperson Mrs. Raj Wallia.

the course which apart from being a very practical approach to early childhood education is an

DICECE who was the Chief Guest of the ceremony said that the Kenyan Government

## FLY540 NOW INTRODUCE SERVICES TO AMBOSELI, NANYUKI AND SAMBURU FROM WILSON AIRPORT

FROM FRONT PAGE and arrive at Amboseli at 09.00 a.m. for a one way fare of 129 dollars. The return flight will leave the Amboseli at 09.05 a.m. and arrive at Wilson at 09.50a.m. The Nanyuki and Samburu services depart from Wilson Airport at 12.40p.m. and arrive at the Nanyuki Airstrip at 1.20p.m. The departure from Nanyuki is scheduled for 1.30p.m to arrive in Samburu at 1.50 p.m. The return flight departs from Samburu at 2.00 a.m. to arrive to Wilson Airport at 2.50p.m. The one way fare to Nanyuki is 126 dollars while Samburu will cost U.S. \$164 dollars. Nixon Ooko, the Fly540 Operations Director, said: "The move by Fly540 to operate the Mara, Amboseli, Samburu and Nanyuki flights from Wilson airport is aimed at reducing the time needed for passengers to drive to and from the airport and streamline the check-in and departure processes." "The airline's passengers to these destinations will be cared for in our new purpose built facility in Angata House at Wilson Airport which has ample

parking space. The check-in counters adjoin a comfortable lounge with a cafeteria and washrooms. "There is also a luggage holding area, offices and a radio control room. "Tickets for the airline's destinations are available from travel agents and the Fly540 offices at Laico Regency and ABC Place. "Full information on fares and services can be obtained from the website "fly540.com" and passengers can book flights online. "The airline operates its other local services from Unit 3 at JKIA where there are Fly540 check in counters and an office," concluded Nixon Ooko. Fly540 commenced operations in November 2006 with a daily flight between Nairobi and Mombasa for local and overseas business and holiday travellers. The airline's value for money flights won instant popularity and Fly540 now has 12 destinations in Kenya with regional services to Bujumbura, Entebbe, Dar es Salaam, Mwanza, Zanzibar and Kilimanjaro.

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WATCH THE SOCIAL NETWORK WHICH OPENS THIS WEEKEND AT THE CINEMAX

# A Drama Based On Facebook Founders

**AS HARVARD student Mark Zuckerberg sat at his computer, one evening in 2003, he knew he was creating something new.**

What he did not realize, at that time, was that his creation would be the gateway to a communications channel that would explode throughout the entire globe and make him a millionaire many times over.

Producers Kevin Spacey, Scott Rudin and Michael de Luca have taken this true story, adapted it for the big screen and released a film very aptly called, *The Social Network*, opening at the NYALI CINEMAX this week.

Starring Jesse Eisenberg, Justin Timberlake, Andrew Garfield, Joseph Mazzello and Armie Hammer, *The Social Network* traces the origins of Facebook and how, after it's success many claimed to be the brainchild of this phenomenon.

The film dwells on these claims and how that affects the main protagonists in this revolution. Despite all these claims, it is Zuckerberg who is credited with this discovery and who also earned the millions of dollars that followed, but not without a price.

Director David Fincher has received some very good review, mostly A's, in the USA for the handling of this very real and historic issue.

The second new film at the NYALI CINEMAX is the Mani Shanker direction *Knock Out*.

Known for his penchant with terrorists and technological

gizmos, as is evidenced in his previous film *December 16*, Mani Shanker has cast Sunjay Dutt, Irrfan Khan, Kangana Ranaut, Sushant Singh, Gulshan Grover and Apoorva Lakhia in the lead.

Sunjay Dutt is a mercenary who uses the latest weapons and gadgets and of course his lethal talent to achieve whatever target he has set for himself.

He works alone, trusts no one, the secret to his success.

Apoorva Lakhia plays the mirror image of Sunjay Dutt, a ruthless and precise killer.

Investment banker Irrfan Khan, who has helped some of the most notorious people in the city to fame and fortune, is his new target.

Kangana Ranaut is the television journalist who will stop at nothing to reveal the truth, even at the expense of endangering her own life.

Sushant Singh is the typical cop in Mumbai, his heart is in the right place and his pocket is always open to suggestions.

Above all these people, yet heavily involved in their lives is Gulshan Grover, the politician. This breed of people are a class of their own - powerful, wealthy, and above the law.

One man who can affect and change the lives of so many people at the same time.

Idris Elba, Matt Dillon, Tip 'T.I.' Harris, Chris Brown, Paul Walker and Hayden Christensen are still pulling off the perfect heist in *Takers*, running for the second week at the NYALI CINEMAX.

Always one step ahead of the law, they take on a job that makes them bite off more than they can chew.

Also for the second week is *Charlie St. Cloud*, a science fiction romantic drama, starring

Efron, Charlie Tahan, Amanda Crew, Augustus Prew and Donal Logue.

Sailor Charlies comes back home after the death of his beloved younger brother.

Unable to put it behind him, he takes up a job at the cemetery just to be close to his brother's grave.

For four years, he claims he can see and talk to his brother, then his childhood friend Tess comes back in his life.

He is torn between love for his brother and Tess and is faced with a very serious decision.

Never seen before footage of James Cameron's *Avatar* with Sam Worthington and Zoe Saldana can be seen in three dimension for another week.

Also for another week is Brad Pitt's *Eat, Pray, Love* with Julia Roberts, James Franco, Javier Bardem, Richard Jenkins, Viola Davis, Billy Crudup and *Despicable Me* with the voices of Steve Carell, Jason Segel, Russel Brand and Elsie Fisher.

The rest of the Hindi fare is made up of Mohit Suri's *Crook* starring Emraan Hashmi, Neha Sharma and Arjan Bajwa.

When racism reared it's ugly head in the usually very peaceful and friendly Australia, it left a huge blot in this country's character.

Suri takes us to Melbourne, where some of the worst attacks against Indian students took place and puts in a character from India, who is bad from the letter 'B'.

In the film, Suri will show us that racism and any bad habits can be controlled and curtailed by ourselves.

Priyadarshan's *Aakrosh* with Ajay Devgan, Akshaye Khanna, Bipasha Basu, Paresh Rawal is on for another week as is Ranbir Kapoor and Priyanka Chopra in *Anjaana Anjaani*.

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**TAKERS** U16 Fri.- 6.45pm; Sat.- 4.30pm & 6.45pm; Sun.- 9.30pm; Tue.- 6.45pm; Wed show includes a free bowling game Wed.- 6.45pm; Thur.- 6.45pm

**CHARLIE ST.CLOUD** Fri.- 6.45pm (500/-) PG Sat.- 2.30pm (180/-) Sun.- 4.30pm (500/-)  
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## Lions Club Of Mombasa Pwani Hosted Handicapped Children

Sunday 17<sup>th</sup> October 2010 was a day that nearly 1200 Disabled Children will remember for a long time. This was the day that Lions club of Mombasa Pwani hosted them at the Mombasa Municipal Stadium for them to display their Athletic prowess and mingle with children from 28 Schools in and around Mombasa.

Physically handicapped, mentally challenged, partially and fully blind, deaf children and those with Cerebral palsy syndrome were all present and participated in track and field events. Chief Guest and District Governor of Lions International district 411 A, Lion Dr B. D. Vasisht confessed that he had never witnessed an activity of this magnitude and remarked that there was particular pleasure in watching the abilities of so called disabled Children. Throughout the day refreshments, sweets, biscuits,

glucose, gum etc. All donated by Companies in Mombasa were distributed. Winners of the over 80 competitions were awarded Prizes and at the end a full lunch was provided. Teachers accompanying were recognized and each will receive a certificate of appreciation. All donors and well wishers were thanked for making this Activity possible.

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The President of Lions Club, Lion B. T. Shah, received a thunderous applause for providing Leadership and he profusely thanked the convenor, Lion Kirti R Shah, for his efforts in producing an event that has in the past brought accolades from the Lions Movement.

**STARCAST GEMINI KILFI**

**Scorpio** (Oct. 22 - Nov. 21) Someone who is supposed to be staying with you later in the month might turn up prematurely. Or they may be in touch to ask if they can come this week instead of another.

**Sagittarius** (Nov. 22 - Dec. 21) A pleasant surprise is due to come your way. You can confidently anticipate making some positive career moves with promotion, an award or bonus not too far off.

**Capricorn** (Dec. 22 - Jan. 21) It is impossible to offend a colleague or neighbor's thoughtless words or actions. You are annoyed by their behaviour. You might even withdraw your support or resign from a club or association as a sign of your displeasure.

**Aquarius** (Jan. 22 - Feb. 21) A number of issues crop up today when as soon as one person airs their grievances everyone else follows suit. There is sufficient discretion for each case to be judged depending on the problem and each person's individual circumstances.

**Pisces** (Feb. 22 - Mar. 21) After a tense discussion you will feel a strong need to escape routine and responsibility. If a relationship between you and someone you see every day is getting acrimonious, maybe it is time to start planning a holiday.

**Aries** (Mar. 22 - Apr. 21) Burdens are heavy because someone you had been relying on is far from trustworthy. A joint responsibility is turning into a solo one. You carry the load while a partner finds excuse after excuse as to why they can't help out.

**Taurus** (Apr. 22 - May 21) A naive friend or colleague needs to be warned of the problems which could manifest from their inexperience. You should find most people sharing your plans will agree wholeheartedly with your suggestions.

**Gemini** (May 22 - June 21) You can't afford to lag behind in a competitive endeavour. Once you get over some small stumbling blocks that emerge early in the day you will sail through the rest of your journey.

**Cancer** (June 22 - July 21) Repressed tensions come out into the open; this could cause problems if you already have a partner. What occurs today isn't entirely unexpected so don't just sit there and act as if it has taken you by surprise.

**Leo** (July 22 - Aug. 21) You aren't a passenger; you intend to be the driver today come what may. You anticipate problems with a person or association you are in contact with. You have had some dealings with them in the past and therefore have a fair idea of what to expect.

**Virgo** (Aug. 22 - Sept. 21) When it comes to keeping spending within sensible limits, you're an expert. Others are keen to go a little mad and splash out today without thinking about the consequences.

**Libra** (Sept. 22 - Oct. 21) Your recollection of a poignant incident does not tally with someone else's and you wonder whose memory is at fault. Before getting into an argument, why not approach others who were involved and ask for their opinion?

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# 'Scrambled Eggs' Victorious

**DIANI BEACH TEAM WIN INAUGURAL 'EYE GO GAME SPOTTING' COMPETITION HELD OVER WEEKEND ON THE 'LUMO' AND 'TAITA HILLS GAME' SANCTUARIES**

The inaugural 'Eye Go Game Spotting' Competition, held over the weekend on the Lumo and Taita Hills Game Sanctuaries, was won by 'Scrambled Eggs' from Diani Beach led by Alex Rostocil.

They narrowly beat the home team, Sarova of Taita Hills, into second place with Rob Harle's team 'The Wrath of G' coming third.

In this event each vehicle was given thirty hours to spot as many different varieties of game, birds, dung and plants from a list with a pre-determined points system. Each new 'spot' had to be photographed as proof.

These photographs were then handed in at the end where a panel of judges confirmed the sightings and the points were awarded.

Among the rare species spotted were aardwolf, pangolin, civet, wild cat, lion and porcupine.

Leopard was spotted but an accidental photo could not be produced.

Two magnificent cheetah were seen the day before, but went



**AMONG THE RARE SPECIES SPOTTED WERE AARDWOLF, PANGOLIN, CIVET, WILD CAT, LIONS AND SHY PORCUPINE**

Paul Udoto, Madam Christine Boit from KWS and the winning team of EGGS, who called themselves Scrambled Eggs for the event. Petra Rostocil, Jo Maiden, Alex Rostocil, Emma Geary, Darren Geary and Dave Maiden all from Diani Beach. They had a very different weekend from the usual beach weekend and won the event because they saw and photographed the most game, birds, tracks and signs. They went game running for 30 hours with little sleep to gain the most species caught on camera at this charitable event at Lumo Community Wildlife Sanctuary.

into hiding during the event.

The event was organized by the Iain Leckie of Lions Bluff Lodge to raise funds for the Lumo Community Wildlife Sanctuary and surrounding community, including a much needed new eye clinic, a satellite clinic of Kwale District Eye Centre.

The event was heavily supported by KWS, East African Breweries and Sarova Hotels.

Despite a disappointing turn out, the event was hailed as a success and the first of many to come. The proceeds enabled the construction of a delightful camp

site with hot and cold running water at The Lumo Wildlife Community Sanctuary.

This is intended for large groups, schools etc; all of whom can learn so much about this successful venture of how to work with wildlife for the community.

The event was run by Iain Leckie of Lions Bluff Lumo and Chania Paterson of Safari Company.

The organisers look forward to next years event which will take place again on the third weekend of October.



Early morning start: entrants in the 'Eye Go Game Spotting' expedition set out from Lumo Game Sanctuary main gate.

## Lions District Governor On Official Visit To Mombasa

Lions International district 411A's Governor Lions Balram Dev Vashist who hails from Thika has paid a most successful official visit to the Lions Club of Mombasa Central.

The Lions Club of Mombasa Central was Chartered in 1975 and has carried out service projects in and around Mombasa for the last 35 years.

Notable projects include

- supplying of equipment and starting the ICU unit at the Aga Khan Hospital,
- mortuary at the Pandya Memorial Hospital a joint project with the Lions Club of Mombasa Pwani,
- Upgrading Vishakani Primary School Gates of Joy, APDK Rehabilitation Centre and many more.

During his visit the Lions Club of Mombasa Central President Lion Bhogje Doshi and his board members took him to see various projects undertaken by the club.

The Governor was very impressed at the Gates of Joy School in Bombolulu where the club has been sponsoring lunch for all the children 365 days a year and helping in upgrading the school and its needs.

Lions Club of Mombasa Central are also thinking to expand the school if all goes well with their plans to get the necessary permission.

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## THIRTY ONE YEARS AGO

Coastweek, October 26 - November 01, 1979:

A big welcome awaited the first direct British Airways charter flight from the U.K. into Moi International Airport, Mombasa. The Boeing 707 with a capacity for 190 passengers would be the forerunner of once weekly flights to Mombasa throughout the year.

At the same time more charter flights were being spearheaded by Sir Freddie Laker and Peter Drew of Wings and Owners Services Limited between U.K. and Kenya.

Subject to approval by the authorities, this would bring in a 345-seater wide-bodied DC10 aircraft from Manchester/Gatwick to Mombasa and Ceylon on alternating weeks.

Election Campaign was hotting up with politicians going all out to woo the voters for the 1979 all-K.A.N.U. general elections.

Mombasa Businessman G. B. Siddiqui ventured into a small scale ship breaking industry in Mombasa. The only one of its kind on the East African coast, they had broken their first vessel at the yard being the Greek flagship *m. v. Benaco*, which had been purchased by two Mombasa businessmen M. Kassim and Virchand Malde at a cost of K.Shs. 180,000/=.

Pandya Building on Digo Road was knocked down to pave way for Kenya National Assurance's eight-storey Bima House which would cost K.Shs. 25 million.

Khalid G. Shapi was appointed Tours Manager, Coast by United Touring Company.

Kenyan Media personality Norbert Okare was pictured with co-star Nicol Williamson during a scene from the Graham Greene epic *'The Human Factor'* which was being shot on location in Kenya under the direction of Hollywood producer Otto Preminger. The film story was based in South Africa, but because of its highly critical look at 'apartheid', was shot in Kenya and England.

Copper and Nickel deposits were discovered in Kabanga, north-western Tanzania, as revealed by the Tanzanian Minister for Water, Energy and Minerals Alnoor Kassum.

*'Language of Love'* was back at the REGAL CINEMA, with NAAZ Cinema showing Rajshri Pictures' *'Paheli'* followed by a classic *'Black Joy'*, KENYA Cinema, carried on with *'The Wild Geese'*, ending the week with a billion bees in *'The Swarm'*. The CHOX was screening *'Do Phool'* (*'Two Flowers'* - or fools?) with Mehmood and the late Vinod Mehra.

Letter writers included Malindi's Burhan Taherali who was reflecting on the fall of the tyrants Idi Amin and Bokassa, Buxton's Surinder Rattan, Kibokoni's *'Food Fanatic'*, Chairman of the Mombasa Muslim Association Hassanally Mussa Jetha, P. J. L. Frankl and Francis Wekesa from Mombasa.

# Pedestrians And Motorists

As Mombasa goes high tech as regards traffic monitoring cameras that have been placed strategically on highrise buildings, one wonders as to how much our priorities seem to have been dumped into the Indian Ocean regarding the very basics of the highway code which needs to be implemented, first, in this town of ours before we can think of the more sophisticated gadgetery.

*'Pedestrian Crossing'* (Oxford Dictionary) - designated place for pedestrians to cross the road marked by white stripes painted across the road and with flashing round yellow lights on either end of the crossing, and with an automatically operated stop signal for vehicles to stop and allow the pedestrians to cross safely, at regular intervals and facilitating smoother flow of both the vehicles and pedestrians.

*'Jaywalking'* - A leisurely stroll taken at a very easy pace, by anyone, normally in one's father's garden.

With these two explanations I would like to express my observations on a daily basis as I drive into and out of the CBD in pursuit of my daily bread, from across the Nyali Bridge.

Painted across the roads, starting from Buxton, one comes across a number of such crossings painted up courtesy of some paint company donating paint to the roads department of our council.

Fine, but is that enough? What about the lights that I have mentioned at either end of the crossing?

It looks like our Council isn't able to afford such huge financial commitment.

One can see from the state of street lights and traffic lights which are in a state of disrepair at any given time.

This is not the way you serve the public. Rather it is a disservice to them as well as the motorists.

People generally are not aware

as to what a pedestrian crossing implies.

It is up to the teachers at school and parents to educate children from the very early age and to civic authorities to organise foras to bring about this awareness and also teach to teach them the correct way in which to use these crossings, through newspaper and electronic media.

On the other hand one sees that certain other careless people cross roads at any point regardless of such a crossing being painted there or not.

A person could be just a couple of feet from a painted crossing but he or she will jump out in front of a vehicle at the point he or she is standing on the side of the road.

So what is the use of having one in the first instance.

So, please: let us have somebody at the Council's roads department to help us pedestrians as well as motorists to be accommodative to each other.

Dr. Liaquat M. Ganiwala  
Mombasa  
gani\_power@yahoo.com

## MUCH LESS WATER: TOO MUCH BUREAUCRACY

**WATER: I've written so much about this life giving fluid over the years yet it is a never ending issue in our country and the world at large.**

While our government, in the hope of bringing service to the

people, has given birth to countless water bodies, these simply eat up vital resources and do not improve anything.

Just a couple of days ago, I was invited to attend a public forum by the Water Action Group (WAG), in my hometown, Mombasa, but, not everybody

was represented since many did not even know of this meeting.

Then, all the various outfits, like the Water Company, Water Board, Water Resources Management Authority, Water Trust Fund, etc., got up to tell us whom we should see for whatever problem we might have.

Example whom we should see for a water meter problem or an accounting problem, etc.

Now, most of us are thoroughly fed up with all these outfits that we have to deal with because none of them are accountable to the people, yet, they are paid hefty salaries to do their supposed jobs.

There is too much bureaucracy involved in solving simple problems and wastage of precious time and money, something that these water outfits were created to save the average citizen, in the first place.

Raziya Mohamedali, Mombasa.

rmohamedali@gmail.com

## Light House Rubbish

**In a recent issue of Coastweek one young reader mentioned about the garbage thrown in every corner of Light House - definitely it is true the Mombasa Municipality should take action and keep some 'askaris' to prevent anybody throwing garbage.**

These offenders should be taken to the court and charged; also those selling 'madafu' and crips should maintain and keep their places clean at the site of the ocean.

For Light House, people come from every part of the world to get fresh air, so we have to Preserve it.

Munawwar Juma, Mombasa. munawwar.juma@gmail.com

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# Mombasa And Nairobi Host Famous Indian Comedian

## HE GOT HIS FIRST BREAK IN HINDI CINEMA IN 1984

We hosted the exceptionally talented Paresh Rawal here in Mombasa and Nairobi last week for a Hindi play, Shaadi@barbaadi.com

"Whatever I am today is all due the blessings of my teachers and the love and support of my father and mother, who encouraged me in whatever I undertook" he says humbly.



Special Report by ANJUM ASODIA

met up with him in Nairobi just before he returned to Mumbai and we had a gup-shup over a cup of tea.

Born in Mumbai on 30<sup>th</sup> May 1955, Paresh is a commerce graduate who always wanted to act.

With the support and encouragement of his school and college teachers, he went on stage much to the enjoyment of the audience.

Watching and learning from people, Paresh never went to any formal acting school and started performing professionally while still in college.

He got his first break in Hindi cinema in 1984 with Ketan Mehta's 'Holi', where he had a small role.

Rahul Rawail's 'Arjun' with

Sunny Deol gave him his first biggest exposure, and then there was no turning back for this naturally talented superstar.

Memorable among his villainous roles are that of Kabzaa, Dacait and more recently Aakrosh (with Ajay Devgan and Akshaye Khanna).

Why did he switch from villain to character and comedy "In this industry you are given a role and if you do it well you are bombarded with the same kind of role, but I was given different roles because the producers and directors knew that I could deliver"

The results were of this experiment were superb.

Character roles in Sardar, Tamanna, Sir and Raja were followed by comedy in Andaz Apna Apna (with Salman Khan, Aamir Khan, Raveena Tandon, Karishma Kapoor) and Priyadarshan's Hera Pheri .

The last film was a huge blockbuster and the biggest hit as far as a Paresh Rawal comedy goes.

When signing up for a film, he does not look at what the role is.

Rather the role must be well written, excite and motivate him, even to the extent of "scaring me whether I can do it or not".

"Things that are easy to do, do not excite me any more and my training is so vast at attempting different kinds of roles, that I need something solid and unique".

That uniqueness shines out in every single performance of his



Anjum Asodia with Bollywood actor Paresh Rawal famous for his comic roles in Indian cinema.



Mehboob Dhalla (Shahenshah) is seen with Bollywood comedy star Paresh Rawal who was in Mombasa last week and performed at Wild Waters.

approximately 235 Hindi (with a couple of Telugu and Gujarati) films.

Paresh would like to do more Gujarati films but is waiting for the right script, and because he is so choosy about the role, you will rarely ever see him in a role that makes him look silly.

His comic sense of timing is precise and line delivery with that ever-straight face is brilliant.

Married to a former Miss India, Swaroop Sampat, they have two boys, Anirudh (22) and Aditya (19).

An actress in her own rights, the very beautiful Swaroop is the holder of a PHD for learning

disabilities in children and is currently training teachers who look after such children.

She is also the producer of the play that we all enjoyed here in Kenya.

The boys have a very close relationship with their father who wants to give them the same love and support that his parents gave to him.

Anirudh has just completed a chef and management course and is now acting on stage, while Aditya is into football but has an inclination to acting.

For someone who makes everyone laugh so much, I asked about his own sense of humour.

"I am a fun-loving person, but I would never harm anybody. I believe in one religion - the religion of humanity" he says with a smile.

His next film is due for release on December 10 and is titled 'No Problem'.

Last words before I bid him goodbye "I hope that I never let my fans down, and I pray to God to give me strength to continue doing what I do well".

Watch this space in March / April 2011 when he is planning a comeback trip to Kenya, because of the demand by theatre-lovers and fans.

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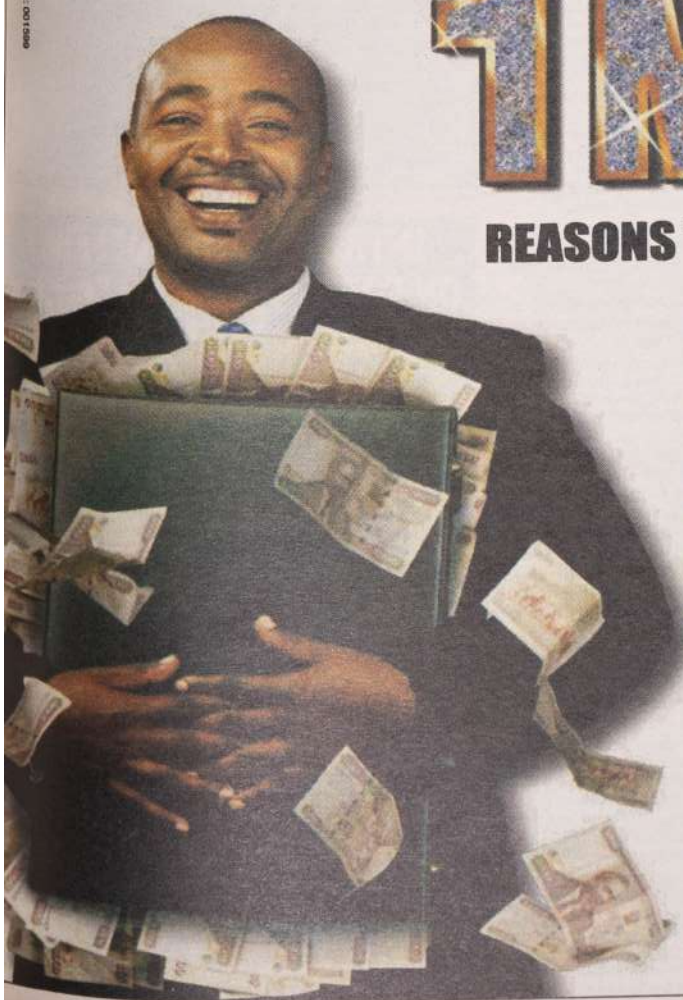


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# Eye Problems, Remedies And Treatments

ack of awareness about common eye diseases amongst people can lead to delayed diagnosis of the condition.

The necessary treatment may be done in time leading to reversible complications.

To make people aware of the common eye problems, the remedies and treatment modalities Dr. Vishwanath

Gokhale, Consultant Eye Surgeon at the Lions Eye and Blood Centre here in Mombasa will be writing in this column on the following ten topics:

1. Cataract, 2. Cataract surgery, 3. Glaucoma, 4. Diabetes and Eye, 5. Refractive

Errors, 6. Common Retinal Diseases, 7. Myths in Eye care, 8. Common Eye Injuries, 9. Eye Donation and Corneal Transplantation, 10. New concepts in Eye Care.

## REFRACTIVE ERRORS

Human eye is the best camera ever made. Nature has designed it with a lot of precision so that we are able to enjoy the beauty of this world.

Structure of the eye mostly resembles that of a camera.

Camera has a lens apparatus which can zoom on to an object at any given distance.

Human eye too has a clear crystalline lens which can voluntarily change its curvature, hence focus clearly on any object ranging from distance to near.

Rays of light coming from any object enter the eye through the transparent front surface called cornea.

The crystalline lens of the eye adjusts its refractive power in such a way that these light rays get precisely focussed on to the most sensitive part of the retina called as macula.

Retina in the eye is comparable to the photographic film in the camera.

The image of the object formed on the sensitive nerve layer of the retina is processed, sensed and transmitted to the brain through the optic nerve.

Brain is the central processing unit which analyses these signals, interprets them and

makes the body to act accordingly.

Any defective vision where in the rays of light do not get focussed properly at the level of retina is called as refractive error.

There are mainly four types of refractive errors:

- **MYOPIA** (short sighted): This is the most common of all refractive errors.

Due to increased curvature of the cornea or increased length of the eye ball, the light rays get focussed in front of the retina causing blurred vision.

Patient can not see the things at distance clearly. But near vision remains good.

Depending on the age, magnitude of the error and visual needs of the patient the following options are available to the patient- spectacles with minus power, contact lenses, Lasik refractive surgery, clear lens extraction with lens

implantation and implantable collamer lenses.

- **HYPERMETROPIA** (far sighted): This happens mostly due to the flat cornea or short length of the eyeball.

The rays of light coming from an object get focussed behind retina causing blurred vision.

Depending on the magnitude of the error either only near vision is affected or both near and distant vision can be affected.

Again depending on age, magnitude of the error and visual needs, the error can be corrected by plus power spectacles, contact lenses, Lasik surgery or clear lens extraction and lens implantation.

- **ASTIGMATISM**: When different meridians of the eye have different refractive powers, few of the rays get focussed in front of the retina, few on the retina and the remaining ones behind the plane of the retina. Image gets distorted and causes blurred vision.

This type of the error can be corrected with help of cylindrical glass spectacles, special toric contact lenses, Lasik surgery or implantable toric lenses.

- **PRESBYOPIA**: With advancing age the ability of the crystalline lens to focus on near object becomes weak.

Thus people find it difficult to read small prints at near, starting around the age of 40.

This is a normal ageing process and not a disease. Vision is made clear by using plus powered near vision spectacles.

Refractive errors are the commonest among the eye problems. They can manifest at any age.

Depending on type of the refractive error symptoms can be varied, like, blurred vision, eye pain, headache, watering, burning eyes, tiredness of the eyes and recurrent swelling and irritation of the eyes.

Many times, in the absence of any symptoms, parents may complain of poor performance by their child in the school, which obviously is due to poor vision.

Higher degree of refractive error in one eye with other eye being normal can cause lazy eye or squinting of the affected eye.

Screening of the children in schools can help to prevent many of these problems.

Early recognition of the symptoms, proper diagnosis and management by a qualified optometrist or an eye surgeon will help the patient to enjoy a clear vision and better quality of life. There are two very common

myths about refractive errors.

- By constant use of spectacles the refractive error gets corrected :- This is not true. Spectacles or contact lenses only help you to see clearly.

They have no impact on either increase or decrease of the power. They are the remedy, not the cure.

- By consuming carrots and

green leafy vegetables the power of the spectacles can be reduced :- Again the nutrients like vitamins have no impact on the refractive errors.

They of course help to improve the general health.

But feeding a child with food rich in vitamins will not help in reducing his spectacle power.

Article sponsored by Lions Eye and Blood Centre Mombasa



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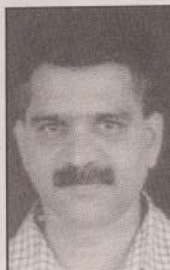
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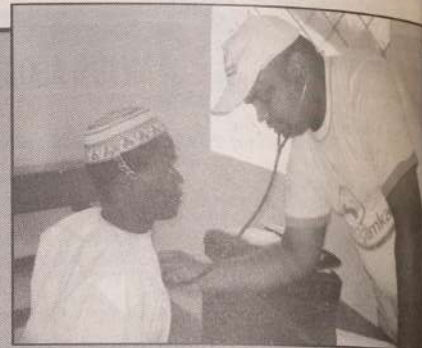
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www.swaminarayan.ac.ke



Dr. Vishwanath N Gokhale, Consultant Eye Surgeon



Dr. Badhaway checking one of the patients.

## Mambrui Welfare Group Medical - Dental Camp

On Wednesday the 20<sup>th</sup> of October, The Mambrui Welfare Group held a medical/ dental camp at Amkeni in Madrasatul Medina.

The aim was to treat the students of all the madrasahs in the area, both males and females and also the residents of that area. During the exercise, more than seven hundred people were screened, out of which approximately 650 were medical cases and about 50 were dental cases.

Extractions were also carried out. Each student was dewormed and other ailments were checked/treated.

Scabies was found to be very common, and the students and their teachers were counselled on the need for cleanliness and at the same time treated.

Some of the students with eye problems were sent to a local optician for further checkup, and if spectacles will be needed, these will be given out free of charge, costs of which will be catered for by the group.

The group would like to thank the management of Madrasatul Medina for hosting us very well.

The group would like to appeal for assistance from well wishers in cash or kind to carry on with this noble cause.

For further information, please do not hesitate to contact the Chairman of Mambrui Welfare Group Mr. Yusuf Jin on cell: 0722204683



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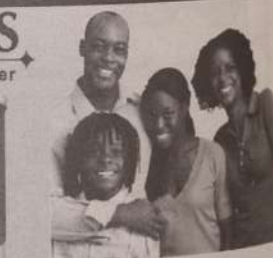
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# International Food Festival A Success

The children, Board of Trustees & P.T.A are pleased to take this opportunity to inform you of the success of the International Food Festival in aid of Cerebral Palsy Centre.

Tutor held on 3<sup>rd</sup> October 2010 at Thorn Tree Ranch in Kikambala.

The event was indeed an International Food Festival with the Cuisine ranging from Nyama Choma barbecue, delicious Indian vegetarian, non-vegetarian varieties, Italian pasta, Chinese platters and Swahili stall.

Children were also not forgotten and were served with their favourite fast foods.

The dessert stall of Cake tiramisus gulab jamuns and fresh jalebi, ice cream, flavoured yogurt and so many varieties was never without a queue.

The kids corner was an amazing success boasting games like face painting, cake decorating etc. not leaving out a wonderful magic show the bouncing castle was tilling full of children all the time.

The programme was livened by singers Tushar and Adnan



Seen [from left] Azmina Yusuf, Ankita Patel, Majda Noor and Noorbanu Jamalidin.

singers from India, live band and animation show from whitesands Hotel.

The highlight of the event was the Cerebral Palsy children who performed "Waka Waka" and a skit "Hey Sarah Sarah".

The raffle draw was a great success which had thirty prizes generously, donated by well wishers.

This occasion is unique for us as it is fully supported by the corporate and individuals of Mombasa and this time from Nairobi too. They have taken this Centre to their heart by regularly supporting us.

Success of the programme therefore depends not on the organisers only but also on kind well wishers and people who attend this programme.

We assure you that your support for this fantastic event will enable us to give better services to the growing number of children from economically disadvantaged families in education, educational occupational therapy and prevocational training.

We request you to come and visit us at the centre to see how you are helping our children with special needs to be part of the society. For arranging a visit please contact Shamsa AbdulRehman the headteacher. God bless you and Asante Sana from all of us at the Centre.

The 2009 - 2010 academic year has been a successful vibrant year in sports and co-curricular activities for Shree Swaminarayan Academy.

On the academic front, the academy is again pleased to announce remarkable achievement in the recently released London Examinations IGCSE results for June 2010.

Congratulations to all the candidates who achieved their best. Seen here are the top students in the May / June 2010 IGCSE examinations.

The best student Krishna Mepani appeared in 10 subjects and achieved the outstanding result of all 10 'A's consisting of 7A\*, 3A. She also receives the Edexcel High Achievers Award.

Other brilliant performers were Piyush Gajiparia (5A\* 1A 2B 1C),

# Remarkable Performance

BY SHREE SWAMINARAYAN ACADEMY STUDENTS

Harshad Varsani (5A\* 1A 2B 1C), Swatisha Hirani (1A\* 5A 3B), Urvashi Halai (5A 4B), Rahul Sabharwal (4A\* 3B 1C), Maheshwari Jogi (2A\* 3A 1B 3C), Krupa Shivji (4A 2B 2C), Salome Murunga (4A 2B), Sailesh Ladhani (1A\* 3A 2B 1C)

The academy registered 35 candidates. Of the results obtained in 259 subjects entries, an overall 80 per cent plus were qualifying grades for A level education including 88 A\* and A grades.

Members of the Shree Swaminarayan Academy Education and

Administration Board and the Principal congratulate the students for their achievements.

They also thank and commend the teachers and non-teaching staff for their hard work and enthusiasm; the parents for their cooperation and support during the entire academic year. Majority of these high achievers who are continuing their studies at AS level at the academy were recognized for their performance at a Prize Giving Day which was held on Saturday 2<sup>nd</sup> October 2010 at the academy grounds.



Krishna Mepani 7A\*, 3A



Piyush Gajiparia 5A\*, 1A, 2B, 1C



Harshad Varsani 5A\*, 1A, 2B, 1C



Swatisha Hirani 1A\*, 5A, 3B



Urvashi Halai 5A, 4B



Vinesh Patel 1A\*, 2A, 3B, 3C



Rahul Sabrawala 4A\*, 3B, 1C



Krupa Shivji 4A, 2B, 2C



Neha Pindoria 2A\*, 1A, 2B, 3C



Damin Bhuvra 3A, 3B, 2C



Maheshwari Chetan 2A\*, 3A, 1B, 3C



Sailesh Ladhani 1A\*, 3A, 2B, 1C



Nayna Ramji 1A, 4B, 3C



Sanna Malik 1A\*, 2A, 3B, 1C



Janki Patel 1A, 5B, 1C, 1D



Salome Murunga 4A, 2B, 1E



Hala Barakat 1A\*, 2A, 2B, 1C, 1D



Deborah Kibui 3A, 3B, 1E



Madeha Khan 2A, 4B, 1D

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PHOTO: TITUS MUSAU

Access Kenya Group operations manager (Coast) Mrs Jacky Mate - Mbandi presents a grand price of Smart access premium package for the office and premium access at home package all valid for six months to Yusuf Abdusamad of Kiyoga houlliyas company during the Access Kenya sponsored Skal club dinner held at Serena Beach, Looking on Skal Coast President Larry Mvoti [right] and the club Vice President Mehboob Harunani [left].



Narottam Khataw, HSC was invited by the District Commissioner's office to conduct prayers on behalf of The Hindu Council of Kenya, Mombasa for the Mashujaa Day Celebrations held at the Mombasa Municipal Stadium on 20<sup>th</sup> October, 2010. Mr. Khataw conducting one of the prayer sessions. He has been conducting such prayers for the past 10 years.

# LAMDA STUDENTS



Proud LAMDA girl students from Jaffery Academy. Seen [from left] Mahekfatima Molu, Aasia Nathu and Zahra Gulamhusein.



Japenese Steel Maker Nippon Steel CEO, Higuchi San flanked by Mabati Rolling Mills Deputy COO waters a tree planted to commemorate his visit to Mabatai Rolling Mills plant.



Zap: Zain Kenya Managing Director Rene Mwa [left] and his Paynet counterpart finalise a Zap cash withdrawal transaction on a PesaPoint ATM during the launch of the new partnership.



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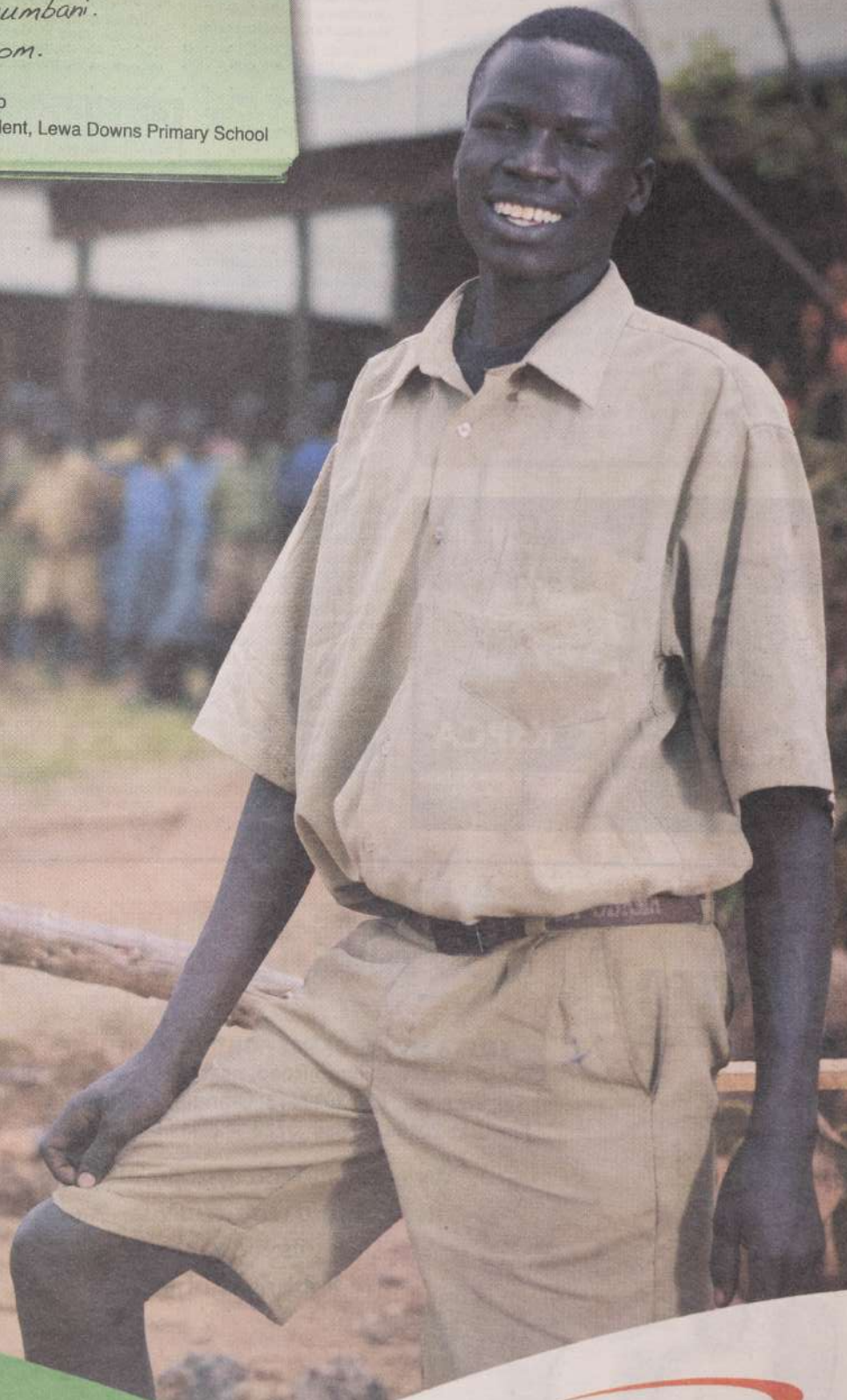
# East FM

IN MOMBASA ON  
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Benson Ekopolo  
Standard 8 student, Lewa Downs Primary School



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# Mombasa Seems Dangerously Close To Being Like Nairobi ...

The last week has seen a high and a low for motorists: First, the high.

The Transport Ministry did what it has not done in a long time and held a full blooded stakeholder consultation in Nairobi that would inform it of what direction it should take in the short and medium term.

This was a welcome move and congratulations are due to the Minister.

First statement that he made was that the so called Michuki rules are alive and kicking.

However, the reality on the ground is that they are not kicking as hard as they did when they started.

They suffered from fatigue as all initiatives that are not thought through fully tend to suffer from.

And whilst Waziri was adamant that they are still in force and application is improving, we would like to believe that the lessons learned from their implementation will be used to improve the implementation of the outcome of this round of ideas - and make them stick and become part of the way we do our business on the roads.

The stakeholder consultation was wide and deep.

It covered all aspects of road safety but more importantly it also covered issues of the roads themselves.

This last area is one that tends to be forgotten as a key factor in influencing road safety.

Other key areas that were covered included the Traffic Act, the Highway Code and aspects that are covered by local authorities.

The consultation also addressed behaviours, public transport as well as issues arising from the new Constitution.

Resolutions coming out of the consultation were expansive.

The President announced that fourteen-seater matatus would be banned from the central

business district (CBD) in Nairobi from early next year.

This gives time for the planning of the withdrawal of these vehicles and for people to invest in the right type of vehicle.

However, whilst this is a noble idea, the reality is that Nairobi needs a mass transit system and this was not covered in detail.

In order to get an impact from this ban, it is necessary that some different short term arrangements are put in place.

Whilst we increase the size of bus operating in the CBD in Nairobi, we should also look at organising the transport so that

ensure that there is compliance in the use of the lanes.

The two actions combined will ensure rapid movement of the buses and make them a preferred form of transport especially for those who have cars that are borderline in reliability but are only used to avoid the mayhem and crowding caused by the current way our public transport system operates.

Other resolutions that were arrived at included the putting into place of policies around driving schools, revision of the various statutes as well as development of new standards.

It was also resolved that the moribund organs that already exist to oversee and enforce driving standards and road quality would also be re-jigged and made more effective.

The Minister left the consultation with a whole load of expectations and we will be reviewing progress on implementation from time to time as issues crop up.

Bravo Kimunya for starting on the right wheel.

The low of the week but which in many senses could also be a high is the hiking of the parking fees in Nairobi.

This will deter even more people from parking on the streets of the city, especially those who park on yellow lines and in some instances in places where there is no parking and the kerbs are not painted yellow.

In putting this hike in place, the City Fathers are looking to raise revenue and quite right that they should.

However, the stark truth is that there isn't sufficient parking in the CBD.

For the population of cars and the spread of the city, the number of parking spaces compared to what should be there represents only about half the complement required.

The city Fathers should actually acquire land banks within the city centre where they can create multi storey parking which would increase their revenue base substantially.

This kind of activity is eminently suitable for execution through a public private partnership.

Bwana Kisia managed to transform the Kenyatta conference Centre and he needs to push some bold steps through if we are to see some positive change in the city and this is an important one.

If the government were to properly implement the restriction of matatus in the CBD and the City Fathers were to sort out the parking issue, this combination would serve to decongest the centre of town and make the pedestrian activity more pleasurable.

It would probably breathe new life into the city centre.

Whilst the focus has been on Nairobi, the same should apply for all the municipalities and cities in the country.

Mombasa is dangerously close to being like Nairobi and could take a dose of the same medicine.

The likes of Kisumu, Eldoret and Nakuru have similar issues and should also replicate what is happening in Nairobi.

Follow through will be a challenge and we hope the Kisia and Kimunya - the two Ks will be able to follow through on their new initiatives and make them stick in the long term.

As Kachumbari says, we have a great opportunity to make a difference in road safety.

## CoastDrive with Teti Kamugunda



the buses have a strict timetable and they do not retain the matatu culture of hogging the bus stages.

They have to be given a maximum time of say one minute at the stage and they then have to move on.

They should also not be allowed to have a terminus in town.

All public transport should loop from a terminus outside town and return there for their rest.

For Nairobi it means that Kencom stand, the GPO stop and also around Railway Station should all be simply pass through.

It will remove the congestion that we have in those areas and contribute to better traffic flow.

Another consideration even at this infant stage of the process is to put into place bus lanes that will only become restricted at peak hours.

These peak hours can change from location to location as well as days of the week.

Only buses will be allowed to use them at those restricted hours.

For this to be effective, the city traffic wardens or maybe the boys in blue will have to be deployed in the initial stages to

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"But I am cutting down on cakes, dear. This one was half price."



"Yes, of course, I would love to come out with you again. When do you get paid?"



"What do you mean by Yours Sincerely? I am still on Dear Sir?"



"Honestly ... haven't I been punished enough? Did you have to bring your mother along?"

# Muslim Association Qurbani (Udhuhia) Helps Needy Muslims On 'Eid Ul Adha'

Qurbani or Udhuhia is a sacrifice that is offered at the time of Eid-ul-Adha to show gratitude towards Allah and to provide for the poor and needy.

It is one of the essential rituals of Islam performed on the occasion of Eid-ul-Adha, and is prescribed not only for the pilgrims performing Hajj but for all able Muslims.

The day to commemorate the Sunnah of Prophet Ibrahim (PBUH) when he laid his beloved son at the altar to sacrifice is once again fast approaching.

And the best deed on Eid-ul-Adha is to offer sacrifice for the sake of Allah (SWT).

Faithful Muslims all over the world submit to the will of Allah and sacrifice a part of their wealth for the benefit of the less fortunate.

They give charity to the poor and impoverished by making contributions and distributing meat.

These acts certainly spread happiness and good cheer amongst so many individuals and their families, especially during

the festival of Eid-ul-Adha where Muslims are in the spirit of celebrations.

Last year jointly with Young Muslim Association we sacrificed a total of 2895 goats/sheep, 45 cows and 6 camels and the meat was distributed to the poor and needy families throughout Kenya, hundreds of families benefited and enjoyed the blessings of Eid.

On this day of Eid, we can slaughter one or more goat/sheep on your behalf and distribute them as charity to poor Muslims.

By performing a Qurbani you will be giving a chance to the less fortunate to join in with the celebration of Eid.

Please join us to bring a smile on the face of those suffering this Eid.

The Eid-ul-Adha which commemorates that great moment will fall on or about 15<sup>th</sup> November 2010.

The Muslim Association Mombasa in partnership with the Young Muslim Association, Nairobi once again plans to organize the Udhuhia (sacrifice)

programme during this season, which will be carried out InshaAllah in the various parts of Kenya to benefit thousands of men, women and children from the pangs of hunger, states Shaahid Sheikh, Secretary Muslim Association Mombasa.

The cost of Qurbani / Udhuhia for 2010 is Shs 4,000/- for goat/sheep, Shs. 20,000/- for cow and Shs 25,000/- for camel.

## Special Report by Shaahid Sheikh

This includes the cost of transport, slaughtering, packaging and distribution of the meat.

Members, friends and well-wishers willing to participate in this worthy project are requested to contact Shaahid Sheikh on email:

spsheikh@shankarelectronics.com or telephone (041) 2228200.

## "Do Not Miss This Chance Of Great Reward!"

In conclusion, it is my profound pleasure to inform you that the annual Eid-ul-Fitr dinner held at Travellers Beach Hotel on 17<sup>th</sup> September 2010 was a huge success and we exceeded our ceiling of 250 participants.

The dinner was attended by members and non-members from all walks of life.

## Economy Is On Recovery Road

NAIROBI (Xinhua) -- Finance Minister Uhuru Kenyatta has said that Kenya's economy is projected to grow by five per cent in 2010, 5.7 in 2011 and return to seven per cent the country realized before the post election crisis.

Kenyatta said the economy has been recovering from the set backs experienced during the post-election violence, global financial crisis and severe drought.

"With more than five per cent Gross Domestic Product expansion projected for this year, Kenya is now joining the league of fastest growing economies in the region.

"We expect a further impressive performance next year at 5.7 per cent and a return to the growth trajectory of about seven per cent we had before the crisis over the medium term and to Vision 2030 target of 10 per cent in the outer years," he said.

# Coast Connection

## MANY MORE DAILY MOMBASA FLIGHTS BY 'KENYA AIRWAYS'

NAIROBI (Xinhua) -- National carrier Kenya Airways has moved to consolidate its dominance in domestic flights by revamping its route to the coastal city of Mombasa.

The airline said on Friday it will from November 05 operate 10 daily flights to Mombasa with two dedicated larger Boeing 737-300 aircraft.

As a result Kenya Airways has slashed its fares to begin from U.S. \$100 dollars inclusive of all taxes on the route.

Kenya Airways CEO Titus Naikuni confirmed the new focus and noted that there had been a sharp rise in passenger traffic on the Mombasa route and that the airline was keen on offering capacity to the increased traffic.

He added that KQ was progressing keenly with its fleet expansion plan, demonstrated recently by adding two additional Boeing 737-300 wide body aircraft.

He explained that it was a measure taken in line with the airline strategy to increase the level of efficiency on the domestic and regional services by offering passengers more choice of flying times through increased frequencies.

"The low fares we have introduced coupled with the over 50 flights a week to Mombasa is evidence of our commitment to maintaining our market share on the busy and lucrative Mombasa route," Naikuni said.

This development comes in the wake of Kenya Airways ordering for two Embraer 190 aircraft which are expected to be delivered early next year.

Kenya Airways has embarked on an aggressive network expansion program to cater for the growing passenger traffic and customer needs.

"Our main goal is to interconnect Africa and link the entire continent to the rest of the world," said Naikuni adding that the airline currently covers over 70 per cent of the continent.

The airline has plans to operate to Malindi early December. Kenya Airways serves over three million passengers a year and flies to 50 destinations worldwide, 41 of them in Africa.

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**INVITATION TO PUBLIC PROCUREMENT TRAINING IN MOMBASA CASTLE ROYAL HOTEL 16<sup>th</sup> -19<sup>th</sup> NOVEMBER 2010**

Transparency International -Kenya (TI-Kenya) in conjunction with Kenya Private Sector Alliance (KEPSA) with support from USAID, Pact Kenya and Pact Inc. have organised training on public procurement and disposal framework in Mombasa Kenya from 16<sup>th</sup> to 19<sup>th</sup> November 2010 at Castle Royal Hotel. The training aims at **strengthening the capacity of business people, public contractors and CSOs to access public procurements and facilitate them to monitor public procurement**. TI-Kenya has therefore invites representatives of micro and small scale enterprises (MSEs) from the following sectors to participate in the public procurement training:

- Transport companies
- Supplies companies
- Construction and engineering companies
- Consulting companies
- Trading companies
- Manufacturing companies
- Clearing and forwarding agencies
- Public entities (CDF committees, school boards, parents associations etc)

Civil society organisations (CSOs) are also invited. The training is organised in two sessions for different groups as follows:

**Session 1: 16<sup>th</sup> -17<sup>th</sup> November 2010:** Focuses on those who want to access public procurements especially business people.

**Session 2: 18<sup>th</sup> -19<sup>th</sup> November 2010:** Focuses on training participants for regular monitoring on how public entities conduct public procurement in their areas of jurisdiction. This session targets CSOs and other stakeholders involved interested in monitoring public procurement.

**Registration and meals are FREE, however participants will meet transport costs to and from the venue. To register call TI-Kenya offices on Tel (Office): 254-20-2727763/5; 2730324/5 Mobile 0722296589/0733834659, or send an email to [lokwaro@tikenya.org](mailto:lokwaro@tikenya.org) or [transparency@tikenya.org](mailto:transparency@tikenya.org) Registration closes on 9<sup>th</sup> November 2010. Only registered participants will be allowed into the training venue.**

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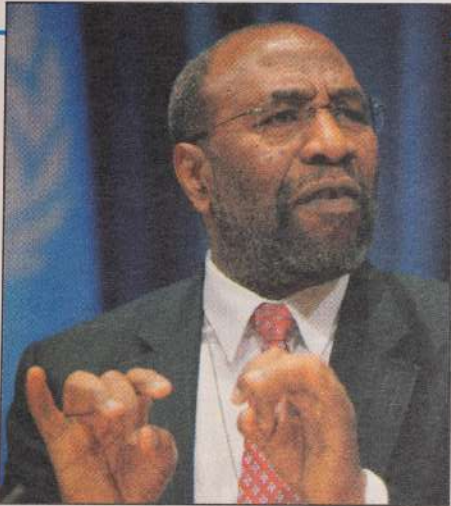


XINHUA PHOTO - WU WEI

BRUSSELS (Xinhua) -- President of the European Council Herman Van Rompuy [left] European Commission's President Jose Manuel Barroso [right] welcome South Africa's President Jacob Zuma ahead of the EU-South Africa Summit at the EU headquarters in Brussels, capital of Belgium.



TRIPOLI (Xinhua) -- Venezuelan President Hugo Chavez [right] receives an honorary degree from the Academy of Graduate Studies during his visit to Libya. XINHUA PHOTO - HAMZA TURKUA



NEW YORK (Xinhua) -- Ugandan United Nations Ambassador Ruhakana Rugunda, who holds the rotating Security Council presidency for October, speaks at the UN headquarters in New York. XINHUA PHOTO - SHEN HONG



JOHANNESBURG (Xinhua) -- Fire fighters try to extinguish a fire at a major shopping center known as China Mall in Crown Mines, west of Johannesburg, South Africa. Johannesburg emergency services rushed seven fire engines to the scene after the fire was reported to emergency services at about 8.00 a.m. on Saturday. The fire fighters extinguished the fire in the afternoon. Fortunately no one was injured in the blaze as people from the neighbouring buildings had been evacuated. XINHUA PHOTO - LIANG QUAN



KHARTOUM (Xinhua) -- Sudanese President Omar al-Bashir [front second right] and Ibrahim Taher [front fourth right] parliament speaker, review the guard of honour prior to the Second Plenary Session of the Sudanese Parliament in Khartoum. XINHUA PHOTO - MOHAMMED BABIKER

## PHARAOS CROSS COUNTRY RALLY



XINHUA PHOTO - CAI YANG

CAIRO (Xinhua) -- Italy's Colombo Nicola from Legend Rally team sets out during the starting ceremony of the 13th edition of Pharaohs International Cross Country Rally in Cairo, Egypt.

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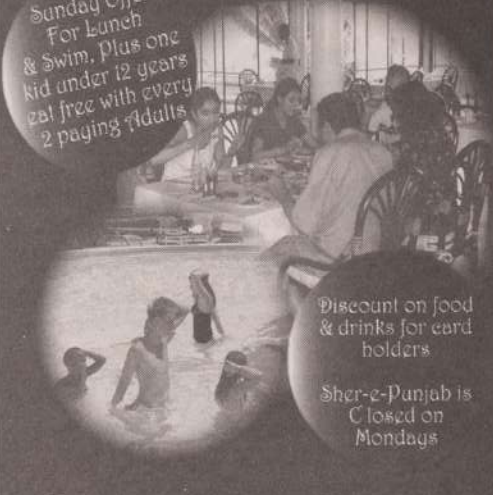
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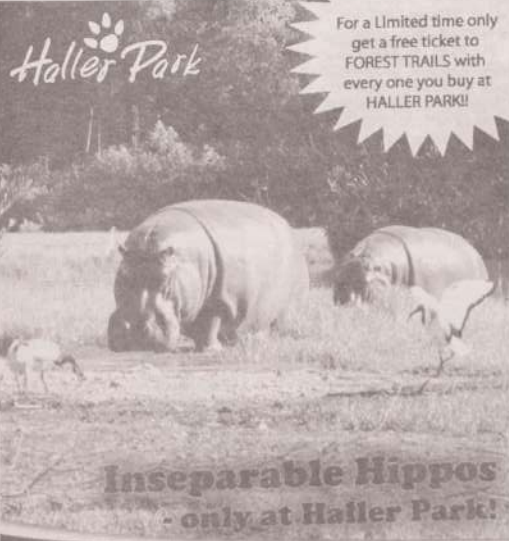
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3	9							
	2	3						9
	1		4	2	8	3		
	6	5						
5	8	7						3
		2	4					
4	1	5	2			7		
6		8				5		
						3	2	

SUDOKU NO. 196

NAME.....

ADDRESS.....

**What is Sudoku?**  
Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.  
**What are the rules?**  
Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

**SOLUTION TO 'PRIZE SUDOKU' NO. 195**

3	4	8	1	5	7	9	2	6
1	7	6	8	2	9	3	5	4
9	5	2	4	6	3	8	7	1
5	8	4	6	7	1	2	9	3
7	9	1	5	3	2	6	4	8
6	2	3	9	8	4	5	1	7
4	6	9	3	1	5	7	8	2
8	1	7	2	9	6	4	3	5
2	3	5	7	4	8	1	6	9

WINNER OF 'PRIZE SUDOKU' NO 195  
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# Junior Stars League Enters Critical Stage

The ongoing Junior Stars Peace League enters its climatic stage tomorrow with the semi-finals at 2 p.m. and the final at 4 p.m. at the Aga Khan School grounds in Mombasa.

Nyali Primary plays Aga Khan Primary in the first semi final clash while Junior Stars Football Academy hosts Mombasa Sports Club later.

This will be preceded by a curtain raiser match between

Loreto Convent and At-Twaibah Academy. Last weekend, Mombasa Sports Club beat Loreto and Nyali Primary 1 - 0 and 3 - 2 respectively while At-Twaibah upset Aga Khan Primary

**ABDULREHMAN SHARIFF writes**

2-1. A rejuvenated Junior Stars Academy side hit At-Twaibah Academy 2 - 0 in their group decider with skipper Imran Mpaata netting a double.

The peace initiative has been organized by Junior Stars Youth Development Programme in partnership with Siginon Flight Limited providing the winning trophies, Milly Fruits Ltd and Davis and Shirtliff have donated drinking water for the whole league.

### PEACE AWARENESS

As part of the peace awareness, all participants are being encouraged to give or



Youngsters take water during half time of one of the Junior Stars Peace League matches played at Aga Khan Ground last weekend. The semi-final and final match will be played tomorrow at the same venue.

share whatever they can with some of the players from less privileged homes. These players do constitute of

a majority of junior stars players. The young players have been encouraged to donate books, clothes, boots, sports shoes that

will bring happiness to their fellow players. This is the beginning of the peace initiative.

## Misitu Golf Challenge

Misitu Golf Challenge: Coast Qualifier played at Nyali Golf and Country Club on Saturday 23rd October, 2010.

Results: Winner U. Khanna (21) 42 (22,20), R/up Johnson Wamunyua (16) 39 (18,21), Third Q. Somji (10) 38 c/b (19,19), Fourth Shir Mohammed (18) 38 (19,19), Fifth Paul Wangai (6) 37 c/b (6,21), Guest Winner Maina Kageni 25.



U. Khanna [centre] winner of Misitu Golf Challenge at NGCC, receives a prize from Col. (Rtd) J.N. Kimani of Kenya Forest Service [right]. Looking on [left] is Steve Mwaniki MD Exotic Golf Safaris.

PHOTO COURTESY OF GILBERT ONCHOKE

## Clubs Fight To Topple Common Rival

Bandari and Congo United are expected to continue fighting to displace Kenya Revenue Authority (KRA) from the top of the Nationwide Division One League when they play host to Opera at Mombasa Municipal Stadium this weekend.

Congo who are currently in second position with 55 points and just a point behind KRA takes

on Opera tomorrow in a match they are hotly favoured to register an easy win against Opera at Mombasa Stadium.

On Sunday, Bandari who have two matches on hand and have 51 points will fight it out to collect all the three points when they tackle Opera.

The dockers will rely on David Kalume to score important goals

for them. Last weekend, Congo United defeated the visiting Strathmore 3-2 during a thrilling match at Mombasa Municipal Stadium with Bandari edging Strathmore 2-0.

Meanwhile, six former soccer stars George "Fundi" Onyango, Ben "Breakdance" Oloo (Gor Mahia), Salim Mabrouk (Shabana, Kisii),

Albert "Wazimu" Oyoo (Lake Warriors), Mahmud "Odongo" Suleiman (Bata Bullets) and Athuman Mandila are reviving Wazee wa Kazi FC.

At a press conference in Mombasa early this week, the players said they will liaise with the former Coast Combined and Harambee Stars players from the region to revive Wazee wa Kazi team aiming to help the upcoming youngsters improve their skills for the region to regain its lost past glory.

"We are planning to play against the youth teams for us to show them how we used to play and entertain fans and also win trophies for Coast," said Oloo.

They claimed that some of top leaders in FKL and the Stars technical bench are from the Coast but the province never benefitted from them being there.

"Coast has been known to produce natural talented goalkeepers and midfielders but we are surprised that the national team selectors never bothered to look at our province," said Oloo.

He also lashed out at those from the province leading the FKL for not making sure a team from the Coast remain in the top country's league this season.

They said they will try to talk to Congo United and Bandari officials and players to fight it out so that both of them secure promotion to the premier league next season.

**ABDULREHMAN SHARIFF writes**

## COAST BRIDGE with C.P. SHAH

In the following deal, it was a defensive test for West.

DEALER: WEST BOTH VULNERABLE BIDDING:

WEST	NORTH	EAST	SOUTH
ONE CLUB	DOUBLE	PASS	TWO 'NO' TRUMPS
PASS	THREE 'NO' TRUMPS	END	

East led a low Diamond which ran to Declarer's Eight.

Declarer crossed to the Ace diamonds, returned to the King of Clubs (Club finesse surely doomed on the King), then led the Queen diamonds.

East won his King and East won an encouraging Eight pades.

Can you spot the one

NORTH				
♠	Q	9	5	3
♥	A	8	7	6
♦	A	2		
♣	A	9	6	

WEST			
♠	K	J	4
♥	Q	4	
♦	K	10	6
♣	Q	10	8

EAST				
♠	A	10	8	7
♥	10	9	3	2
♦	7	4		
♣	4	3		

SOUTH				
♠		6		
♥	K	J	5	
♦	Q	J	9	8
♣	K	J	7	5

trump card for West at this stage?

West's helpful signal had West switch to Spades. Only the lead of the Knave of Spades the defence scoop up their tricks.

Dummy plays low, the King wins, whereupon King of Spades sees East win the Ace-Ten.

Dummy covers with the Queen, then East wins the Ace, returns to West's King and scores his Ten-Seven over Dummy's Five. Down one.

## MASHUJAA DAY AT MOMBASA GOLF CLUB



Joseph Waigwa [2nd left] winner during Mashujaa Day Golf at MGC, receives a trophy from MGC Captain Peter Maina [2nd right] and Vice Captain Gamber Somji [left]. Looking on is immediate past Chairman Johnson Wamunyua [right].

PHOTO COURTESY OF GILBERT ONCHOKE

## Make A Total Turn



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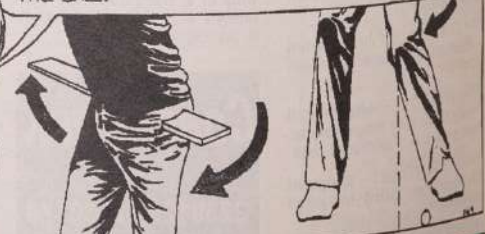
MOMBASA AND NAIROBI



A COMMON SWING AILMENT AMONG GOLFERS IS A WEAK BODY TURN. MANY HIGH HANDICAP PLAYERS ARE UNDER THE FALSE IMPRESSION THAT TURNING MEANS TURNING THE SHOULDERS. WELL, GRANTED, YOU MUST TURN THE SHOULDERS AND UPPER BODY. BUT, DON'T FORGET THE MID-SECTION AND LOWER BODY-NORMALLY THE HIPS AND KNEES.



TO PROMOTE A TOTAL COILING ACTION, TURN YOUR HIPS IN A CLOCKWISE DIRECTION AT THE START OF THE SWING, WHILE ALSO ROTATING YOUR LEFT KNEE INWARDS, SO THAT ITS CAP FINISHES UP BEHIND THE BALL.



## EXCLUSIVE - GREG NORMANS' GOLF LESSONS

# Subaru Legacy Voted Best Car At The Africa Concours

Spectators at the 2010 Africa Concours d'Elegance participated in an SMS vote organised by the Access-Kenya Group to choose the best new car in the Auto Expo motor trade section.

The majority selected the Subaru Legacy as the top car in the prestigious event on the Kenya driving calendar.

Kris Senanu, the Managing Director of the Internet Division of the AccessKenya Group, led the Subaru Kenya team to present a magnificent trophy to Dudley Stannah, the Subaru Kenya Marketing Director.

While receiving the prestigious trophy, Stannah said, "My staff are delighted that our high profile of the Subaru Legacy is rewarded by the motoring enthusiasts who flocked to the Racecourse to attend the Concours and Auto Expo."

The staff are grateful to the AccessKenya Group for organising SMS voting for the new car in the motor trade section.

The success has motivated more motorists to divide their time in following the judging of classic cars and motorcycles using the Concours and the Auto Expo stands," Dudley Stannah.

Including the presentation ceremony, Kris Senanu led the working of the SMS system by saying, "All the motorists at the Auto Expo (the trade stands) during the Kenya Africa Concours d'Elegance were allocated computers which were configured to a computerised system."

Motorists voted for their favourite cars by sending a SMS indicating the number of the car.

The system was automatically carried out of the votes. Kenya emerged the winner.

The Concours d'Elegance featured the AccessKenya's capability as data with over ten years experience. A digital media centre reporters to file their reports in real time and we had a constant flow of information to both the Concours website and AccessKenya.com and AccessKenya website.

www.accesskenya.com."

"Spectators flocked to our high-tech IT world exhibition to view our recently introduced on line traffic camera service.

"This update service consists of Internet Protocol (IP) cameras that will capture traffic movement

and transmit visuals via the AccessKenya portal www.home.co.ke live and in real time.

"We have put up 27 such cameras within Nairobi's Central Business District and its environs and two in Mombasa."



**TOP CAR.** Spectators at the 2010 Africa Concours d'Elegance chose the Subaru Legacy as the best new car at the Auto Expo in an SMS vote organised by the AccessKenya Group. The prestigious trophy was presented by Kris Senanu (right), the Managing Director of Internet Division of the AccessKenya Group, to Dudley Stannah the Subaru Kenya Marketing Director.

# League Leaders Mathare To Face Sotik Kass Ladies

All three Coast representatives in the National Ladies Premier Soccer League, Spedag, Solwodi of Mombasa and Kilifi's Furaha will be playing at their home grounds this weekend.

Solwodi will be hosting the visiting Moyas Ladies from Nairobi at at Vipingo ground tomorrow at 2 p.m. The visitors will be at the same venue on Sunday to face Furaha from 10 p.m.

Spedag will be at their Refineries ground tomorrow to entertain the visiting Nairobi's Old Is Gold from 2 p.m. in a

match the home team needs to win to revive their hopes of finishing the league in a respectable position.

League leaders Mathare United travel to Sotik to face Sotik Kass Ladies in a match the Nairobi side is hotly favoured to win by a bigger margin.

The match starts at 2 p.m. The other match will be played at Moi Stadium from 2 p.m. between Galactico and Kamaliza Eaglets.

Mathare United Ladies will play their second game in Western Kenya against Kisii United at Gusu Stadium on Sunday from 2 p.m.

**ABDULREHMAN SHARIFF writes**

# MI and Telekom Orange Win The MNA Memorial Hockey Tournery

MI and Telekom Orange are the winners of the Agneo De Souza Memorial Hockey Tournament held at Mombasa Sports Club.

MI won the men's title when they recorded a 6-5 victory against the visiting Nairobi, Wazalendo.

MI and Telekom Orange took the ladies crown when they recorded a 7-0 and 1-0 wins over University and Mombasa United (MSC) respectively during the tournament on a round robin basis.

MI had beaten Daystar 4-0. Telekom Orange won the final match at MSC on Sunday between Wazalendo ended in a 1-1 draw even after

MI converted all their penalty flicks, MI converted all their penalties with Wazalendo scoring four and Telekom Orange one.

Wazalendo took the lead in the fifth minute through Wycliffe Mbenda with MI replying in the dying minute via Dominic Imbwaga.

In penalties, Imbwaga, Jimmy Carter (captain), Peter Obalo, Geoffrey Odhiambo and Friday Mathew scored for MI while Wazalendo marksmen were Peter Karanja, Wycliffe Mbenda, Festus Karanja and Bernard Kubaso with Job Ondiro hitting the crossbar.

In the first semi final at MI ground, the home team utilized their home ground well to beat Mvita XI 2-1 in an all Coast thrilling match.

Wazalendo booked their final place after recording 4-2 victory on penalty strokes when the match ended in a goalless draw at MSC ground.

Police 'B' who started the competition beating Mvita XI 1-0 and crushed Goan Old Boyz 6-0 were unlucky to have not gone to the final as many fans were impressed with their hockey display.

**ABDULREHMAN SHARIFF writes**

# Mashujaa Cup Champ

## BAMBURI BEACH AND MOMBASA OLYMPICS LADIES WERE DECLARED EVENT WINNERS

Bamburi Beach emerged the winners of the Mashujaa Cup Soccer Competition organised by KFF Mombasa Sub-branch after defeating Bamburi United 3-1 in the final match played at Khadija Primary School Ground.

In the ladies category, Mombasa Olympics became the tournament's queens when they edged Annex 3-1 in the final match played earlier at the same venue.

Bamburi Beach got their goals through Gabriel Chesoni in the first minute, Daniel Chiromo in the 25th minute and Dan Odhiambo in the 89th minute with Simon Charo scoring a consolation goal for Bamburi United in the 57th minute.

Turning to ladies category, Mombasa Olympics scored their goals via Catherins Ouma in the 16th and 43rd minutes and Caro Achieng in the 61st minute with Ann Charo netting Annex's lone goal in the 11th minute.

Among those who watched the match was the Kisauni District Commissioner, Tom Anjere, Joseph Onyango who represented PPO and the KFF Coast Branch chairman, Salim Sumra.

Mombasa United FC, one of

**Soccer Scene with Abdulrehman Shariff**



the top contenders for the Shariff Nassir memorial Division One League, is expected to have a difficult task when they clash against Red Shark in a match to be played at Parma Sharp tomorrow.

### BRIDGE RESULTS

**Coast Bridge Association: Results of Duplicate Bridge played on Monday 25th October 2010 at United Sports Club.**

1. C. D. Shah : Ketan Shantilal
2. C. P. Shah : K.P. Shah
228. 3. Rohit Malde : Rohit Chandaria
222. 4. Janak Babla : Neemaben Babla
205. 5. C. M. Shah : L. P. Gudka
197. 6. P. Gandhi : Dr. J. D. Shah
196. 7. Kishore Shah : Gita Shah
192. 8. Dhru Shah : Kanchan Shah
189. 9. Dr. L. D. Shah : Mrs. L. D. Shah
187. 10. Ramnik Shah : Narendra Shah
179. 11. Vibha Shah : Koki Shah
177. 12. Ashok Dodhia : Kaushika Dodhia
155. 13. Panu Savla : Jyotsna Savla
153. 14. Shashi Shah : Varsha Shah
150. 15. Kirti Shah : Dipti Shah
147. 16. Jaya Malde : Kanta Malde
- 78.

According to Kenya Football Federation (KFF) Mombasa Sub-branch fixture secretary, Mohamed Kai, that will be the only match for the league this weekend.

There will be three matches for the Maitha Karisa Memorial Under-13 League this weekend.

Tomorrow, Kisauni Youth takes on Taifa Youth at Khadija Primary School Ground.

On Sunday, Taifa Stars play Young Stallion at Khadija Ground while Annex Youth to play Bamburi Youth at Utange Ground.

Meanwhile, Tudor Youth put up a sterling show to crush Kilindini Youth 4-1 during a Shariff Nassir memorial League match played at Tudor Primary School Ground in Mombasa last weekend.

George Hillary scored a double for Tudor in the 13th and 37th minute with Steven Olunga also netting a double in the 49th and 56th minutes and Stephen Mwangi in the 58th minute.

### BAOBAB KIDS

In another match of the same league held at Parma Sharp Ground, BAOBAB Kids defeated Young Stallion 2-0; the goals scored by Milton Mboga in the 27th minute and Rashid Mwinji in the 48th minute.

In a Maitha Karisa Memorial Under-13 League at Bomani Ground, Bomani Youth took advantage of their home ground to register a narrow 2-1 win against Cameroon. Bomani scored through Hamisi Ali (27) and Bakari Rashid (36) with Gidion Charo replying for Cameroon (80).

# BHARIJ AND CHAGGAR




**Raaji Bharij and Raju Chaggar seen preparing for the KCB Kenya National Rally Championship in Kilifi, which took place last to last week. They were sponsored by Travellers Beach hotel and Club.**



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# Sailfish Season



PHOTO COURTESY OF SADAT J. KHAN

Fishing Season started with a good note for 16 year old Mukhtaar Khan, a student at Jaffery Academy School Mombasa. Seen [from left] Mzungu (crew), Ken Rodwell (skipper) and Mukhtaar Khan with his two sailfish weighing 23kgs and 24 kgs, caught off Mtwapa over the weekend on Saturday, the 23rd of October, 2010 on Boat 'Delta'

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## Sunday Specials

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## KENYA TIDE TABLES

MOMBASA, October 29 - November 04, 2010

**FRIDAY** High Water - 3.0 m. at 07.25 hrs. (7.25 a.m.) and 2.4 m. at 20.05 hrs. (8.05 p.m.). Low Water - 1.0 m. at 00.54 hrs. (12.54 a.m.) and 0.9 m. at 13.54 hrs. (1.54 p.m.).

**SATURDAY** High Water - 2.7 m. at 08.27 hrs. (8.27 a.m.) and 2.3 m. at 21.28 hrs. (9.28 p.m.). Low Water - 1.2 m. at 01.50 hrs. (1.50 a.m.) and 1.1 m. at 15.02 hrs. (3.02 p.m.).

**SUNDAY** High Water - 2.5 m. at 10.01 hrs. (10.01 a.m.) and 2.4 m. at 23.14 hrs. (11.14 p.m.). Low Water - 1.4 m. at 03.23 hrs. (03.23 a.m.) and 1.2 m. at 16.43 hrs. (4.43 p.m.).

**MONDAY** High Water - 2.5 m. at 11.49 hrs. (11.49 a.m.). Low Water - 1.3 m. at 05.35 hrs. (5.35 a.m.) and 1.1 m. at 18.15 hrs. (6.15 p.m.).

**TUESDAY** High Water - 2.7 m. at 00.39 hrs. (12.39 a.m.) and 2.7 m. at 13.09 hrs. (1.09 p.m.). Low Water - 1.0 m. at 06.57 hrs. (6.57 a.m.) and 0.9 m. at 19.16 hrs. (7.16 p.m.).

**WEDNESDAY** High Water - 3.1 m. at 01.37 hrs. (1.37 a.m.) and 2.9 m. at 14.07 hrs. (2.07 p.m.). Low Water - 0.7 m. at 07.54 hrs. (7.54 a.m.) and 0.7 m. at 20.03 hrs. (8.03 p.m.).

**THURSDAY** High Water - 3.4 m. at 02.24 hrs. (2.24 a.m.) and 3.1 m. at 14.54 hrs. (2.54 p.m.). Low Water - 0.4 m. at 08.42 hrs. (8.42 a.m.) and 0.5 m. at 20.44 hrs. (8.44 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

# OLD RECORDS SMASHED

## At CASA Coast Age Group Swim Championships

What a way to start the new CASA Calendar Year! It was a sight to see at the just concluded CASA Coast Age Group Swimming Championships, writes **BINTI VORA**.

It all began on Friday, 15<sup>th</sup> October 2010, at the Aga Khan Academy, Mombasa. To start our year off, we had the girl's 1500m freestyle event. With just one entry for this event, Emily Muteti (Loreto) was ready to start.

Little did she know what was in store for her. Not only did she set a new CASA record at 21:21.62 but she broke the national record of Nasra Shehan (25:17). This was just the beginning!

Records were being smashed in nearly all of Friday's events. Abdulmajid Kadernani (Mombasa Aquatic Club) followed suit in the Boys Age 14 - 15 1500m Freestyle. He broke the CASA record set by Hamdan Bayusuf in 2010 (19:33.91) and finished in 19:09.09.

In the 400 Meter Individual Medley (IM), it was a similar story.

In the Boys 10 - 11, Shaan Vora (Aga Khan Academy, Mombasa) broke the CASA record which had been set by Sashil Harun (2009 (6:50.86) and finished in 6:25.66.

Boys 16 years and over in the 400 IM had the same outcome. Hamdan Bayusuf (Mombasa Academy) broke Abubakar Ali's (2009) CASA record (5:30.78) and finished in 5:19.66.

Saturday and Sunday was no different. CASA records were broken in the Best Girl's Team Trophy and Mombasa Aquatic Club (formerly Mombasa Swimming Club) took the Best Boy's Team Trophy.

The Best Disciplined Trophy went to Mombasa Aquatic Club. This has been a fantastic start for our swimmers. With the KSF National Open and Age Group Championship coming up in a fortnight, coast swimmers are all set to show the nation what they are made of.

Keep up the excellent work and best of luck to all our swimmers!

**COASTWEEK TEL: 2230125 / 2230130 MOMBASA**  
E-MAIL ADDRESS: coastwk@africaonline.co.ke • IN NAIROBI CALL ANJUM ON (020) 374444