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Coastweek

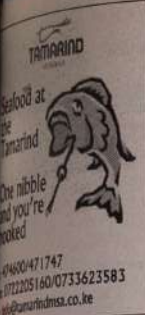
Issue No. 3337 September 10 - 16, 2010 PRICE - KENYA THIRTY FIVE SHILLINGS

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Mombasa Gets New Fibre Optic Network

AccessKenya Group have confirmed that it is breaking ground to dig and lay its own fibre optic infrastructure in Mombasa in its ongoing plans to build what will be the largest IP based fibre network throughout Kenya.

AccessKenya Group Managing Director Jonathan Somen said: "We are delighted to announce that we are starting work on our Mombasa metro fibre network which will cover a large number of the biggest buildings in Mombasa.

"The network which will be initially laid around parts of Mombasa island will use full ring topology for uptime which will allow us to deliver outstandingly high broadband speeds and 100 per cent redundancy to our corporate and residential customers.

"We will connect our offices at TSS building in Mombasa to Seacom and Teams fibre as well as other main buildings."

In ring topology, the network is build in form of a ring which ensures that if one part of the network gets a cut, traffic is rerouted to the opposite side of

CONCLUDED PAGE FIVE

the ring meaning no downtime for clients.

Once the broken part is repaired, traffic is rerouted back to the original side of the ring.

Ring topology ensures 100 per cent uptime for all clients on the network.

"The network will be carrier Ethernet like our excellent Nairobi fibre network which is the latest technology that enables us deliver reliable services to our clients as well as new value added services like video conferencing, VOIP and other triple play services."

AccessKenya have chosen



AccessKenya Group Managing Director Jonathan Somen is seen [centre] helping while contractors break ground to dig and lay the new metro fibre optic infrastructure in Mombasa.

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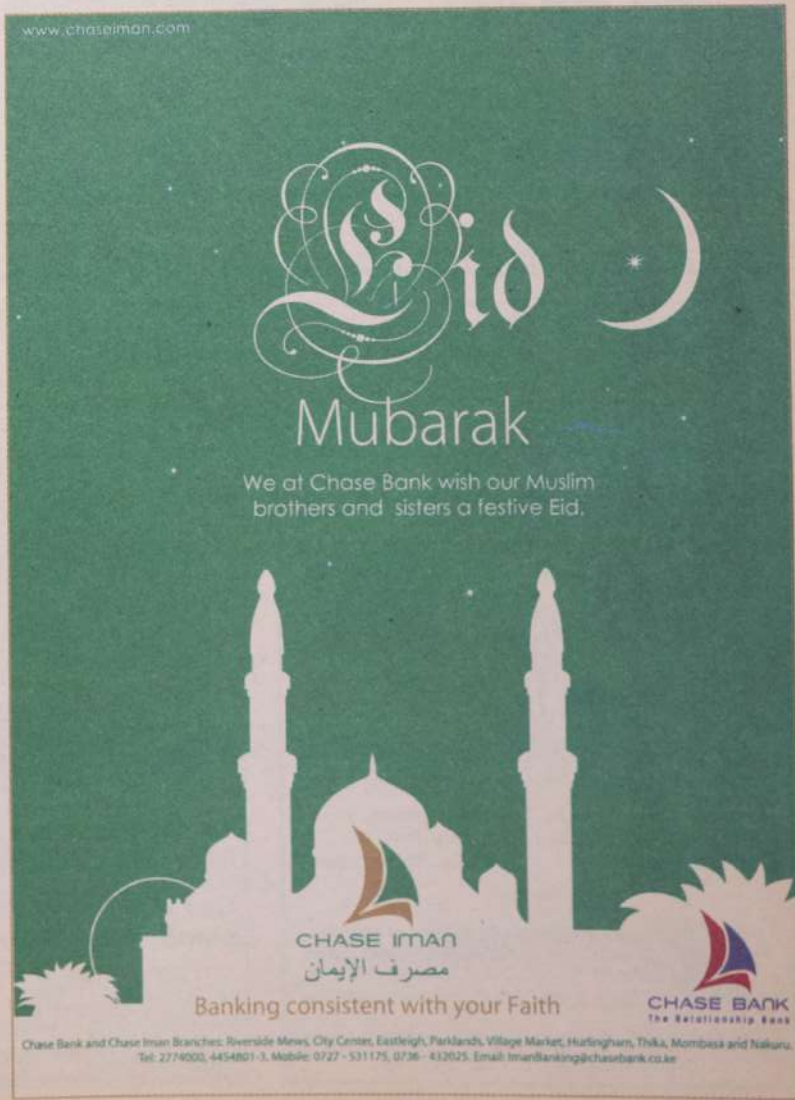
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For Muslims Now Is Time to Celebrate Eid Mubarak

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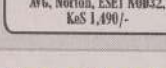
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Voice Of Hope To Children

Grace Ogolla, Sarova Whitesands Beach Resort & Spa Tulla Spa, Gym and Wellness Manager changes hands over the Water donation from the Reservoir Speak2MoreTivate founding president Ms. Oyuyo in support of the Orphan and Young Sponsorship Launch that was held on Saturday September 4, 2010. Looking on is Samson. The outreach programs create forums for sharing resources and necessities, motivation and give the children hope for a brighter future.

MOMBASA, MALINDI, DIANI AND LAMU SHOPPING GUIDE
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U.S. Ambassador Michael Ranneberger Hosts Iftar Dinner In Mombasa

continued effort and attention to improve the image and relationship between Americans and Muslims around the world, the US Ambassador, H.E. Michael Ranneberger, hosted an Iftar dinner for the Muslim community in Mombasa on 3rd September.

Representation of a recorded message from President Obama at the Muslim world during the month of the holy month of Ramadan, H.E. Ranneberger, Ambassador for the United States, welcomed the audience with a warm Islamic greeting (Assalamu alaykum May peace, mercy and forgiveness of Allah be with you). He then elaborated on President Obama's speech and pointed out that President Obama did not speak much of his own accomplishments over the past year, but rather a new beginning between the United States and Muslims around the world.

He has accomplished a great deal over the past year and is setting a new course for the United States government working with the Muslim world. The administration has developed new partnerships and strengthened existing ones in various areas.



US Ambassador, Michael Ranneberger with lady members of the Muslim community at Ramadhan hosted by the Ambassador.

Here in Kenya, as I have carried out a dialogue with the Kenyan

people, I have discussed how respecting diversity, strengthening democracy and bolstering development are inter-related.

In the United States, as in Kenya, it is extremely important for voices of reason and moderation to be heard, and for those of us who advocate peace and tolerance to continue to speak out against extremists, who condemn others based on race or religion or other differences.

We are making a good progress in the United States and I am pleased to note that one indicator of diversity is that Islam is the fastest growing religion in the United States.

I am looking forward to continued frank and open dialogue with all of you. I know that

this will be mutually beneficial. I want to hear your concerns and discuss them with you.

I can assure you that this dialogue will be based on tolerance, courtesy, and respect for democratic principles.

The partnership between the United States and Kenya is based on shared democratic values, including respect for the law and for diversity.

I will continue to be outspoken in emphasizing that the Muslim community must be fully integrated into the political and economic life of Kenya.

Achieving that is part of the broader effort to bring about fundamental changes in Kenya through the implementation of

the reform agenda. I salute the Kenyan people and government of for holding a peaceful, transparent and credible constitutional referendum.

The overwhelming approval of the proposed new constitution reflects greater stability, and increased prosperity.

We will work to help them implement the new constitution.

We will also continue to work together on specific programs to support President Obama's vision for a new beginning with the Muslim world.

There are several ongoing programs to strengthen ties with the Muslim community in Kenya.

As you know, I also make frequent visits to the Coast and always visit schools and do radio

interviews as a part of those visits. This year, I have also committed to quarterly visits to the Coast by an outreach team composed of Embassy personnel that will hold public meetings to provide information on issues including education opportunities in the United States, the visa application process and US policies in Kenya and beyond.

The Coast outreach initiative is being headed by one of our new officers at the Embassy, Mr. Keith Gilges.

America is a land of many faiths, and our society is enriched by our Muslim citizens, just as world civilization has benefited from so many cultural and scientific achievements of the Islamic Ummah.

May the holy month of Ramadan bring peace, happiness and remind us of the values that bind us together.

Ahsanteni Na Mungu Awabarike!



Ambassador Ranneberger welcomes Professor Haider.



Muslim Association Secretary Shaahid Sheikh [center], with US Ambassador, H.E. Michael Ranneberger [right], Ambassador Ranneberger's Representative to the Coast Keith Gilges [left].

Aga Khan Primary School Blossoming With Talent!

The Kenya National Music Festival is an annual event in Kenya that enables schools, colleges and other learning institutions to showcase their budding talents.

The festival attracts entries in various genres that include songs, singing, games, solo and choral verses.

The Aga Khan Primary School, Mombasa has been making its way to the fete on a yearly basis and this year was no exception.

The school hoisted the Coast Province's flag with a total of seven items; two solo verses and five choral verses, that were

against other competitive schools that were in attendance.

The event took place between the 9th to the 15th August 2010. Stiff competition notwithstanding, the Aga Khan Primary, Mombasa posted good results with solo and choral verses that echoed themes such as the girl- Child Education and Need to Conserve our Environment.

The solo verse Off my toes caught the audience's interest



Seen are the music teachers with the winner [from left] Emmanuel Nyundo, Aruba Rais Khan (Winner), Mrs Regina Sampuli Nyaga and Mrs Eva Mwalekwa Shari.

composed and fine-tuned by our competent music teachers who are; Sampuli (Mrs), Shari (Mrs), and Nyundo (Mr).

The fete, which was held at Masinde Muliro University in Kakamaga, pitted Aga Khan Primary School, Mombasa

and appealed to the adjudicators who awarded them second position in the country.

Musically speaking, the Aga Khan Primary School, Mombasa have put the Coast province and Mombasa in particular, on the musical map.

Information On AFRICA



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 Tue.- 9.15pm
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 Thur.- 6.45pm

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GROWN UPS PG
 Fri.- 7pm; Sun.- 4.15pm;
 Mon.- 9.15pm; Tue.- 7pm;
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 Thur.- 9pm

STEP UP 3D In 3D
 Fri.- 4.30pm; Sat.- 4.45pm; Mon.- 7pm

THE A-TEAM PG
 Wed.- 6.45pm;

THE DISNEY SORCERER'S APPRENTICE
 Thur. - 6.45pm GE

ANGELINA JOLIE IN SALT PG
 Thur. - 9.15pm

CATS & DOGS In 3D
 Fri.- 4.45pm
 Sun.- 4.30pm

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 Salman Khan, Sonakshi Sinha, Arbaaz Khan, Vinod Khanna, and Dimple Kapadia
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CATCH ALL THE FUN WITH TWO NEW MOVIES AT NYALI CINEMAX 'THE LAST AIRBENDER' AND 'THE SORCERER'S APPRENTICE'

An Out-Of-World Adventure

GET READY to take off on an out-of-world adventure in three dimension at the NYALI CINEMAX.

Director M. Night Shyamalan (known for his high-adrenalin films that border on the horror) goes to the future for **The Last Airbender**.

Starring Jackson Rathbone, Noah Ringer, Dev Patel (the hero in *Slumdog Millionaire*), Cliff

Curtis and Nicola Peltz, **The Last Airbender** takes us to a time when we are made up of just four nations - Air, Water, Earth and Fire.

All four are interlinked and each depends on the other's survival, but with human nature being what it is, Fire decides to be the 'main man' and war is waged on the other three.

A hundred years later, the war is still going on with no end in sight.

Airbender Aang realizes that he alone has the power to control all the four elements.

He gathers his friends from the other nations which include waterbender Katara and her very stubborn brother Sokka.

They will face the evil Fire lord Ozai and try and end this war.

Nairobi-born UK-bred Dev Patel plays the role of Fire Prince Zuko, while other characters in the film are the hot-tempered Fire commander Zhao, retired Fire general Uncle Iroh, and the Earthbending Father.

Salman Khan makes a worldwide release at the **NYALI CINEMAX** with Arbaaz Khan, Sonu Sood, Vinod Khanna, Dimple Kapadia, Mahesh Manjrekar, Om Puri and Anupam Kher in **Dabangg**.

Director Abhinav Kashyap has cast a new face, Sonakshi Sinha opposite Salmanbhai.

Police Officer Chulbul Pandey

knows no fear and will not resist any bribe, no matter how small or big.

Very unlike his name, he knows how to make or break a criminal. He was brought up in the small town of Laalgurj, where he lost his father at a tender age.

His mother Naini re-marries and has another son, Makhanchan who is the apple of his father's eye.

While Makhanchan can do no wrong, Chulbul, inevitably gets into trouble with his stepfather Prajapati Pandey.

When Naini also dies, the family breaks apart and Chulbul goes his way on his terms, while Prajapati and Makhanchan do their own thing.

Chulbul becomes very hard-hearted and it shows in his work.

Then as a breath of fresh air, Rajo makes an entry into his life, and goes on to turn it upside down.

Melting him like a flame to wax, Rajo brings back the loving Chulbul and they try and reconcile with his estranged family.

However, Cheddi Singh has his own interest in keeping this family apart and does his very best to instigate the two brothers against each other.

Nimrod Antal's **Predators** goes into it's second week at the **NYALI CINEMAX**.

After being sent on an alien planet, a group of warriors realize

that instead of hunting them, they will be hunted down in a life and death.

Their leader Royce uses all his abilities to keep as many of the

Predators stars Chris Rock, David Goggins, Greg Kinnear, Danny Trejo.

Adam Sandler, Chris Rock, David Schneider and Greg Kinnear cannot say yet if they are

kids trapped in an alien world. Rick Malambri, Sevani, Shami, Stoner and Keith have one more year on their hearts out in three dimension.

Also for one more A Team (Burton, Bradley Cooper, Ramage Jackson, The Sorcerer's Apprentice (Nicholas Cage, Alfred Molina, Moore), Salt (Angelina Jolie, Schroeder, Chiwetel Ejiofor), Cats & Dogs: Indestructible

There are two movies at the **CINEMAX** are **Are Family** and **Parindey**.

Karan Johar's Stepmom has Arjun Kajol and Kareena as the protagonists in **we are Family** while Neil Nitin Mukesh's hard-nosed boxer with Padukone as a blind fighter in **Lafangey Parindey**.

STARCAST GEMINI KILIFI

Virgo (Aug. 22 - Sept. 21) You need to be trained to use machinery or equipment before you are left on your own. There is a possibility of a last minute meeting or training session arising today and from then on you will be left to your own devices.

Libra (Sept. 22 - Oct. 21) The search for answers to problems cropping up in the morning continues into the latter part of the day. It would be far better if other people stopped and listened when you approached them but some are in too much of a hurry.

Scorpio (Oct. 22 - Nov. 21) A costly mistake is made today. Whether you have something to do with it or you are merely witnessing it all from what you hoped was a safe distance, there is a strong chance others will approach you to help them out.

Sagittarius (Nov. 22 - Dec. 21) The last thing you want is to cause contention but if you aren't happy about something it's no use keeping quiet about it. Your time is not your own any more when the more you give the more others are taking from you.

Capricorn (Dec. 22 - Jan. 21) Sharing ideas and being open about what you're hoping for will sow the seeds for a better future. Keeping thoughts to yourself will simply delay your progress and keep you from getting what you really want.

Aquarius (Jan. 22 - Feb. 21) There is an explanation for some changes taking place today but you will question others. A colleague's sudden departure could be one reason why you're being expected to take on jobs you don't normally do.

Pisces (Feb. 22 - Mar. 21) If house hunting or if you are keen to change the domestic scene, you should achieve good results today. Because you're more organised about what you're doing you are bound to feel you're finally starting to get somewhere.

Aries (Mar. 22 - April 21) Encourage others to come together because by working as a team they will benefit from each other's talents. This applies more especially to your workplace where your leadership qualities come to the fore.

Taurus (April 22 - May 21) You wish other people would start to pull their weight instead of leaving everything to you. There is the possibility you've been too kind and helpful in the past and now someone is taking advantage.

Gemini (May 22 - June 21) If there is discord within the family, the best thing you can do is: keep out of it! Much of what is currently happening within your own four walls will sort itself out in the fullness of time.

Cancer (June 22 - July 21) Watch what you say today if you don't want the whole world and his brother to know your business. Something has affected you and is making you nervous, worried or upset.

Leo (July 22 - Aug. 21) You might want to check someone has taken your advice when it was intended to make life easier for them. As long as they make a real effort to reduce hazards and improve their environment, you sense their health will also benefit.

CINEMAS with Anjum Asodia

of fresh air, Rajo makes an entry into his life, and goes on to turn it upside down. Melting him like a flame to wax, Rajo brings back the loving Chulbul and they try and reconcile with his estranged family. However, Cheddi Singh has his own interest in keeping this family apart and does his very best to instigate the two brothers against each other. Nimrod Antal's **Predators** goes into it's second week at the **NYALI CINEMAX**. After being sent on an alien planet, a group of warriors realize

Decline In Coastline Debris

Sixty percent of all debris items found in 2009 were "disposable" according to 2010 Ocean Conservancy annual Marine Debris Index.

Kenya has recorded significant drop in the level of marine pollution according to the latest Marine Debris Index released by the Ocean Conservancy.

Dubbed Trash Travels from Our Hands to the Sea, around the globe and through time, the report shows a decline in debris dumped at the Kenyan coastline as compared to last year.

Kenya - one of the seven African countries covered in the report with over 3,600 items collected at its coastline, had improved significantly as compared to 2009, where there was a record 91,000 pieces of debris collected.

This represents a 2400% reduction. South Africa recorded highest number of debris, followed by Egypt. Other African countries investigated included Tanzania, Ghana, Togo, and Namibia.

Syringes, condoms, food wrappers, clothing, shoes, plastic and glass bottles are just some of the debris found in Kenya's coastal waters.

Compared to 2,000 condoms collected in the Kenyan waters of the India Ocean in 2008 (being fourth highest in the world), only 104 condoms were collected in 2009 showing a big improvement.

Leisure and entertainment contributed to debris such as plastic and paper bags, balloons, beverage bottles (plastic and glass) clothing, shoes, food wrappers and containers, straws and toys ending up in the Kenyan coastline. These pieces represented 75% of total debris collected at 2,719 in number.

"This report shows the commitment by Kenyan people to taking environmental issues seriously."

This is also encouraging as it shows we can stop dumping by changing our behaviors and being more responsible with our trash - re-using items, reducing the excess packaging we consume, recycling everything we can, and ultimately re-thinking our relationship with the ocean and our planet.

"Trash doesn't fall from the sky; it falls from human hands—those hands have the power to stop it," says Fred Sewe, the local coordinator of International Coastal Clean-up, a grouping of volunteers concerned with the marine eco-system.

"Our ocean is essential to the health of everything on the planet - including our own. Whether we live near a coast or hundreds of miles inland, we are all connected to the ocean - from the air we breathe to the food we eat," continues Sewe.

The report is the world's only country-by-country, state-by-state analysis of trash in our ocean, lakes, rivers, and streams. It was generated from the international coastal clean-up, held in September 2009.

According to the report, sixty percent of all debris items found in 2009 were "disposable" - cups,

forks, and knives. Coastal loop and choosing items which can be recycled greatly help put trash in the bin.

Globally, United States America recorded the highest number of debris at 4.2 million.

Around the world, debris collected and the data collected by the nearly 500,000 volunteers around the world at local beaches and during 2009, 24th International Coastal Clean-up, the volunteer effort of the International Coastal Clean-up.

Volunteers removed seven million pounds of trash from 108 countries, a common mission for the health of oceans.

"Momentum is building is a growing understanding of the significant impact of debris on wildlife, the environment, productivity and recreation of the ocean," said Viki V. President and CEO of Ocean Conservancy.

"The data generated by hundreds of thousands of dedicated volunteers around the world provide us with a snapshot of the trash in our oceans but cleanups alone cannot solve the problem - it's the marine debris that is the problem."

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EMIRATES SPARKS A380 ACTIVITY ACROSS THE GLOBE

Emirates' expansion of A380 fleet is generating interest from airports across the world as Manchester

became the latest city to be served by the superjumbo, on September 1st.

The international airline of the

United Arab Emirates is now the world's largest operator of the A380 with 12 in the fleet.

Emirates currently operates the A380 from Dubai daily to Paris, Jeddah, Toronto, Seoul, Bangkok, Sydney, Auckland, Beijing and double daily to Heathrow UK.

Starting 1st October, Emirates' A380 will operate daily from Dubai as EK384 via Bangkok with return flight operating as EK385.

Commenting on the launch of the Dubai- Hong Kong route, Emirates' Regional Manager for East Africa Essa Sulaiman Ahmad:

"We are very excited to announce Hong Kong as a new Emirates A380 destination in addition to Beijing we announced recently.

"This commercially vibrant metropolis became part of Emirates'

ever expanding network back in 1991 and Emirates has linked Nairobi and Hong Kong since we began our operations in Kenya in 1995 and today we operate a double-daily service to Hong Kong via our Dubai hub."

HONG KONG PASSENGERS

"Our passengers from Hong Kong, both business and leisure

travelers, now have the opportunity to enjoy the wonderful service and comforts available on this aircraft and our passengers from Thailand now have additional option of flying the A380 to Dubai where they'll also be able to connect to our equally state-of-the-art B777 enroute to Nairobi."



Emirates' crew members disembarking from an A380 in Dubai.

Mombasa Gets New Fibre Optic Network

FROM FRONT PAGE Enterprise Générale Malta Forrest (EGMF), a well established contractor and engineering company to manage the digging and laying of the physical infrastructure of the fibre network.

EGMF have been involved in numerous other fibre networks both in metropolitan areas as well as nationally around Kenya including Access-Kenya's Nairobi metro fibre network which is Kenya's first completely IP based fibre network.

"The massive explosion of IP based services including the fact that the internet runs on IP technology helped us to decide that deploying an IP fibre network will ensure we deploy the technology of choice for the future.

"Having an IP based network will allow us to offer more capacity at the most attractive prices, to keep

very tight control of the quality of service and reliability of the network, as well as having more flexibility in offering value added services and other features across the fibre.

"All in all, this latest network expansion will further cement our position as the leading provider of data services and IT services in Kenya," continued Somen.

AccessKenya already have 140km of metro fibre network covering over 250 buildings in Nairobi.

It has the largest Wi-Max network in Kenya, as well as a long established Motorola wireless network that has approximately 3,000 square kilometers of coverage.

The metro - fibre will give the Group the ability to offer significantly higher speeds to its 6500 customers across fibre from its 5000 megabits of international fibre.

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Quality through Integrity

THIRTY ONE YEARS AGO

Coastweek, September 10 - 16, 1979:

OVER 16,000 job-seekers were registered in Mombasa during the 'ten percent additional employee intake' drive. The Provincial Permits Officer, Mr. J.M. Odhiang, who also doubled up as the Provincial Employment Officer attached to the Kenyanization of the Personnel Bureau, said that 443 job vacancies remained. He attributed the high number of vacancies remaining to job-seekers' low skill level as well as their apathy toward farm work and non-white collar jobs.

Kenya's Civil Aviation Board (C.A.B.) rejected Enterprise Holidays' application for a charter service licence in a move that came as a great shock to many. A subsidiary of British Airways, Enterprise Holidays were pioneering long-haul destinations to a hitherto virtually untapped mass market in the U.K. at very competitive prices.

Coast writer Jim Allen wrote a vivid description of 'Vave', a rare Bajuni dance of exceptional beauty that he lamented was fast disappearing as a cultural treasure, probably never to be performed again.

Heart-throb Ajit Singh was to visit the Coast after an extended tour in Nairobi. The Indian film actor-singer-composer, and the son of an Indian career diplomat, Ajit was scheduled to perform two shows at the Oceanic Hotel on September 14th and 15th.

KENYA Cinema was beginning its run of "The Next Man" starring Sean Connery who plays Khalil Abdul Muhssen, an Arab Prince with a dream of peace who is sent by his King to address the United Nations to speak of compromise and hope. NAAZ Cinema meanwhile was moving on to "Lawman," an action-packed story set in the wild West starring Burt Lancaster. REGAL Cinema was still showing "The Ten Commandments" with Charlton Heston and Yul Bryner to packed audiences even though it was coming to the screen for the eighth time that year. CHOX Cinema played "Ajnabee" ("Stranger") with Rajesh Khanna and Zeenat Aman.

Letter writers included M.O. Mzamil the M.P. for Lamu East, who was inviting wananchi to a fundraising towards the cost of building a sea-wall on Ndau Island; Mbogholi wa M. Dominic, Ibnu el-Farouq el-Famawy and key-ring collector M. H. Mohamedali, who was looking to increase his collection from his current total of 600.

BLAST FROM THE PAST - Financial columnist Garry Bradley wrote that executive type houses were renting for Shs. 6,000/= a month, whereas four years ago they could be obtained for half this amount. Flats were leased at Shs. 2,000/= a month.

'Urban Planning And Design' Can Have A Huge Impact On Levels Of Future Traffic Congestion

What is the definition of violation? It is an "act or an instance of violating or the condition of being violated; An infraction or a failure to follow a rule."

That is how I feel on the road, modestly stuck in a jam: a victim of violation.

I get severely traumatized by this and have difficulty in functioning.

My concentration, sleeping patterns and eating habits have long been disrupted, just to name a few.

I feel jumpy or on edge. After being stuck in traffic: I have acquired ASD, Acute Stress Disorder.

Anxiety or increased alertness (thanks to matatu's)

What is traffic jam? Colloquially, it is when vehicles are fully stopped for periods of time.

It's negative effects include:
• Wasting time of motorists and passengers ('opportunity cost').

As a non-productive activity for

most people, congestion reduces regional economic health.

- Delays, which may result in late arrival for employment, meetings, and education, resulting in lost business, disciplinary action or other personal losses.

- Inability to forecast travel time accurately, leading to drivers allocating more time to travel 'just in case', and less time on productive activities.

- Wasted fuel increasing air pollution and carbon dioxide emissions owing to increased idling, acceleration and braking.

- Increased fuel use may also in theory cause a rise in fuel costs.

- Wear and tear on vehicles as

a result of idling in traffic and frequent acceleration and braking, leading to more frequent repairs and replacements.

- Stressed and frustrated motorists, encouraging road rage and reduced health of motorists.

- Emergencies: blocked traffic may interfere with the passage of emergency vehicles traveling to their destinations where they are urgently needed.

- Spillover effect from congested main arteries to secondary roads and side streets as alternative routes are attempted ('rat running'), which may affect neighborhood amenity and real estate prices.

Idling wastes fuel and money.

For the average vehicle, a 3-litre engine, every 10 seconds of idling costs 300 milli-litres (1 cup) in wasted fuel - half of a litre (over 2000 idling a vehicle has a 5-litre engine). Multiply that by 1.2 of idling to get the real impact.

Why waste this resource?

Countermeasures:
• Use of traffic lights (if absolute necessity)

- Traffic management (intelligent traffic officers to guide traffic)

- Removal of roundabouts (we all see it's happening though at a slow pace)

- Improve road infrastructure (can have a huge impact on levels of future traffic congestion, though there is limited relevance for short-term change)

Supply and demand (reduced by either increasing capacity (supply), or by reducing demand).

Capacity can be increased by a number of ways, but must take account of latent demand otherwise it may be used more strongly than anticipated.

I compare it to fighting demand by letting out your best demand that did not exist.

So, if stuck in a jam, traffic is violated.

Move (whenever that happens) freely. And safely.

Shashank Rawal, N.A. rawal20ke@gmail.com

BIG FISHING POTENTIAL

Welcome to the Young Fisheries Development Ministries, Hon Emerson Kingi.

The news by President Kibaki and Hon. Raila Odinga to offer you this new ministry was received with happiness by many fishermen including myself a former Kenya Navy Officer turned fisherman.

The constituency that you represent has a lengthy part of the defunct Coast province in its dare need to improve the fisheries sector. Task ahead of you is enormous; however, your academic qualifications, experience and more so being a son of peasant fisherman, we all believe that you are well prepared and success is developing this sector is on your side.

Hon Minister, our neighbors Tanzania are featuring well in the world fishing countries. Kenya has huge fisheries potentials that need to be exploited under your leadership.

On behalf of all the Coastal Beach Management Units, All fishermen we pray for your success in delivering your services. Bon voyage.

Major (Rtd.) Self Sheyumbe, Patron Beach Management Units Coast, Mombasa. selfdive@yahoo.co.uk

SUPER SPORT

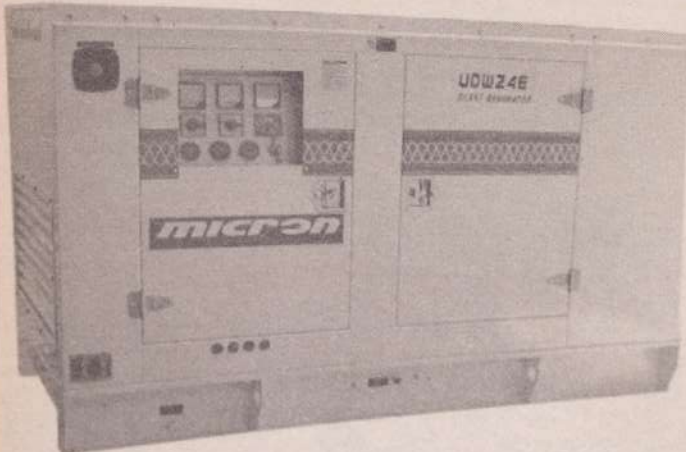
Subject: Coastweek sports reporting: It really feels nice and pleasant reading through your sports page. Keep up the spirit.

Coach Benn Tole, Kefoca National Assistant Treasurer, Mombasa.

jymotole@yahoo.com

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UNIQUE ESSENCE OF THE HOLY MONTH OF RAMADHAN

Ramadhan; The month revered by muslims the world over as a month steeped with divine affiliations and auspicious connotations.

It is the month that the final and complete book of guidance to mankind, the Holy Qur'an was revealed to Prophet Muhammad (peace be upon him).

The integral pillar of Islam entails all muslims to abstain from food, drink and permissible pleasures in pursuit of spiritual contentment.

A carbon test of tolerance, abstinence and acquiescence of a believer to glorify his Creator.

The onset of Ramadhan invigorates the faithful to humbly embrace the noblest traditions of prayer and meditation towards blissful living.

Subsequently, an aura of exhilaration and Islamic mantra manifests ubiquitously throughout the thirty day fasting period.

Hearts fill with forbearance, humility and compassion towards the famished and less fortunate members of the society.

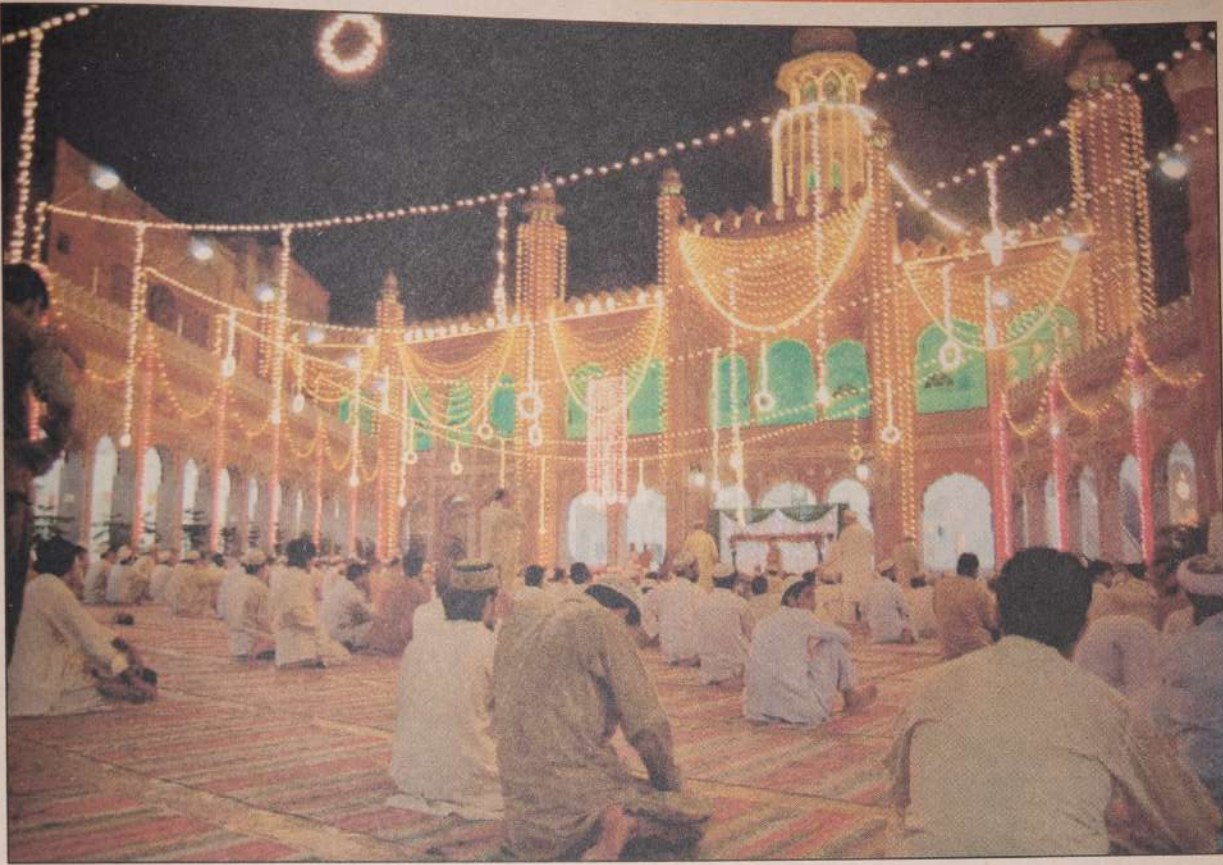
We share and distillate their anguish of fasting all day on empty stomachs.

Charity becomes the norm during the day and nocturnal prayers (taraweh) initiated dutifully.

Alas! Such is the devotion and moral of fasting that induces our contemplation of the despondency of the poor.

Iftar is the meal taken on breaking of the fast at sundown. Families gather to express gratitude to Allah for enabling them to fulfill the tenets of Ramadhan.

Indeed, this is an eventful month that is unique and quintessential to a muslim's sanctified transformation of mind, body and soul.



PAKISTAN-PESHAWAR-LAYLAT AI-QADR -- PESHAWAR (Xinhua) -- Pakistani people pray during the night of Laylat al-Qadr at a mosque in northwest Pakistan's Peshawar. Laylat al-Qadr, or Night of Decree, is the night Muslims believe the Koran was revealed to Prophet Mohammad by the angel Gabriel. Muslims spend Laylat al-Qadr on worship and devotion, praying for the souls of the dead. XINHUA PHOTO - SAEED AHMAD

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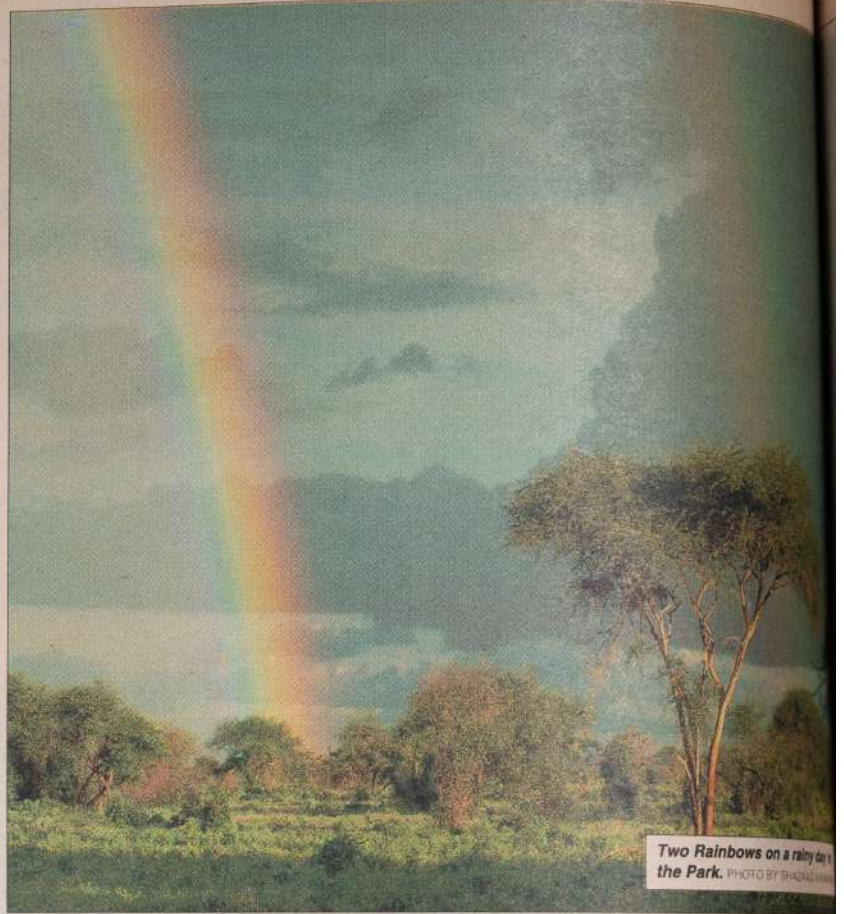
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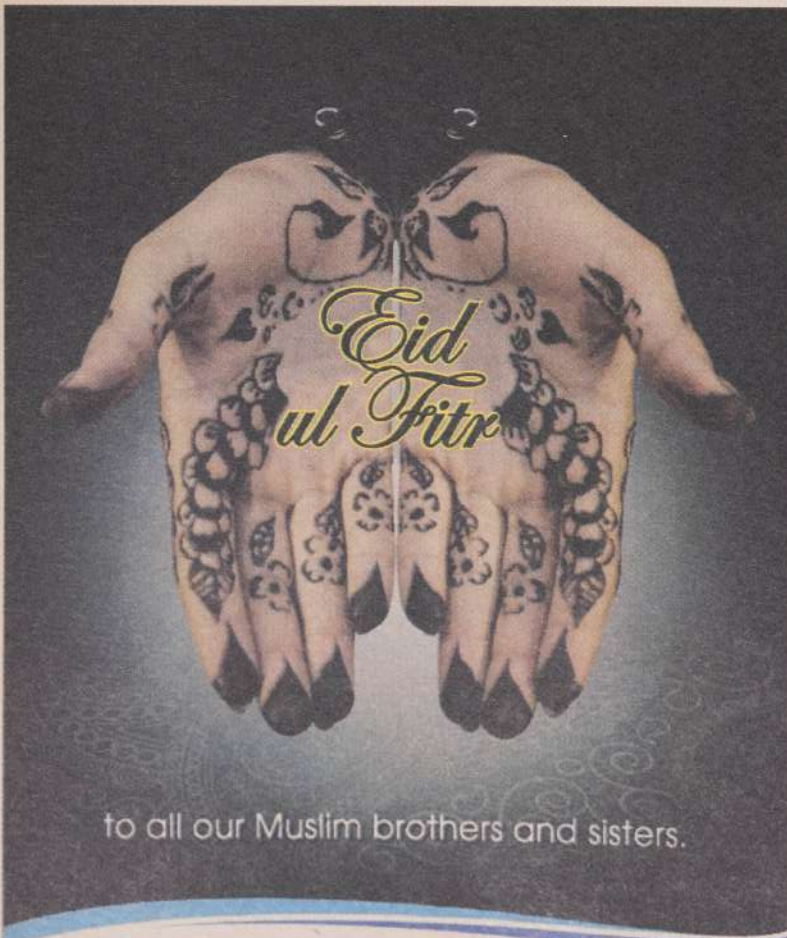
TOP: Young elephants at play near Voi.
RIGHT: Unsuspecting Jackal at rest after hunting.

PHOTOS BY SHAZAAD KASMANI



Two Rainbows on a rainy day in the Park. PHOTO BY SHAZAAD KASMANI

Have Camera: Will Travel - Intrepid Mombasa Wild Life Photographer Shazaad Kasmani Has Returned From His Latest Safari Through Tsavo East National Park



to all our Muslim brothers and sisters.

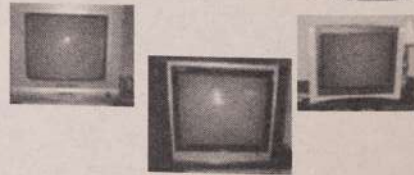
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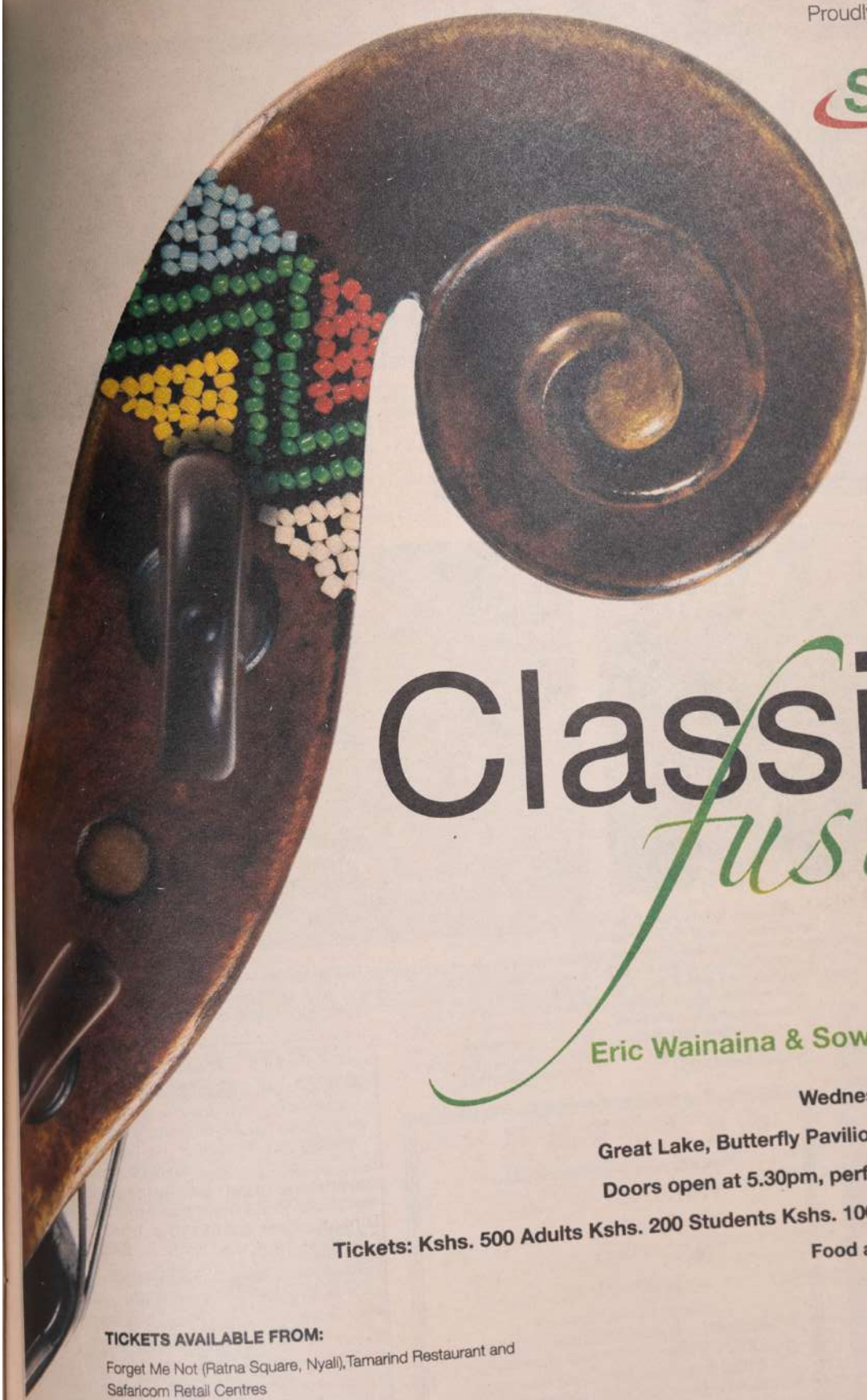
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EXCLOSIVE

THIS WEEK IN PHOTOGRAPHS



For the fifth successive year, the Nurse of the Year Award will be sponsored by Johnson and Johnson, a leading manufacturer of consumer, health care and pharmaceutical products. The sponsorship agreement was signed by Rene Kiamba [left], the Manager for Sub-Saharan Africa of Johnson & Johnson Family of Companies Contributions Fund and Chris Rakuom [right], the Chief Nursing Officer in the Ministry of Health. Present at the function was Stephen Mburu [centre], the Johnson v Johnson Market Development Manager for Eastern Africa.



WINES FOR COSTUMES. Domaine Kenya Limited has donated fine wines as prizes for the five most outstanding costumes worn by competitors at the AccessKenya Africa Concours d'Elegance on Sunday September 26th at the Nairobi Racecourse. Jane Chemngorem [right], a Director of the Company, shows a variety of the wines to Micky Bassi [left], a member of the Alfa Romeo Owners Club.



CHARITY GOLF. Nixon Ooko [centre], the Fly540 Deputy Director, presents two air tickets to Zanzibar and Mombasa to Susan Nabwire [left] and Jerita Mwangi [right] students at Starehe Girls' Centre. These were won during a Charity Golf Tournament held at Winton Hotel and Country Club to raise funds for the School.



MOMBASA WOMEN'S ASSOCIATION donated Kshs.600,000/- (Six hundred thousand) to Kenya Girl Guide Association, Coast Region towards the cost of two rooms in their development project for disabled students. Officials from both organisations seen [from right] M.W.A. - Mrs. Sadhna Doshi, Mrs. Harminder Kandhari, Mrs. Ravinder Lall, National Trustee of K.G.G.A. Mrs. D.P. Shah, M.W.A. Chairperson Mrs. Suman Kanji presenting two cheques - 1st Kshs.300,00/- (Three hundred Thousand) from M.W.A. and 2nd Kshs.300,000/- (three hundred thousand) from M.W.A. Charitable Trust, Mrs. Damu Shah (Guest), Mrs. Kaushlya Meghanni, Mrs. Damyanti Ved (M.W.A.).



Medical insurance provider Resolution Health East Africa is the latest corporate organisation to name a wild animal at the Nairobi Animal Orphanage. Resolution Health East Africa chief executive officer Peter Nduati and staff named the seven-year-old cheetah 'Misty Harmony' in honour of the company's new product to be launched. Resolution Health CEO Peter Nduati presents KWS Director with the dummy cheque for the newly adopted cheetah.

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Food Shortage Loom Due To Erratic Rains

(Xinhua) — Kenya's weather forecast department warned that a long dry spell in the coming months could result into food shortages which could affect agricultural production.

Kenya Meteorological Department (MET) Director Mukabana said the October-December short rains are poorly distributed with long dry spells even in the agricultural areas across the country with negative impact on crop production.

Mukabana said that this would be a challenge for farmers with agricultural production in most parts of the country and advised farmers to make best use of the rains by planting appropriate crops.

The short rains season is expected to begin towards the end of October apart from Nyanza and Western provinces where it is expected to begin on the first week of October.

"While we may have enough food and water reserves from the recent El Nino rains to sustain the country up to the end of this year, the La Nina condition could extend to the March-May long rains," Mukabana said.

"In most parts of the country, the rains are expected to cease in the last week of December," Mukabana said.

He singled out the Arid and Semi-arid areas as the ones to be worst affected. He warned of a disease outbreak due to the expected poor rains and urged ministries charged with health to be on high alert.

"Diseases associated with water scarcity and poor sanitation such as typhoid and cholera are likely to emerge in various parts of the country due to depressed rainfall.

"The Public Health and Medical Services ministries should, therefore, be on the lookout for such cases by ensuring that health facilities are equipped with the necessary drugs."

Due to the expected depressed rainfall, dusty conditions are likely to prevail in most roads in various parts of the country.

"This may result into poor visibility and motorists should drive carefully to avoid accidents.

However, in some parts of Central and Western provinces, flash floods may still occur resulting in transport problems

million bags.

As a result of the intermittent rains this year, this production level is set to fall below that of last year.

Estimates by analysts place the long rains production at 18 million bags.

This represents 65 per cent of the Ministry of Agriculture's target of 28 million bags.

Mukabana said the expected depressed seasonal rains are associated with the presence of an evolving La Nina.

"This La Nina is currently classified as weak to moderate at almost -1.5°C but by December we expect that it may grow to about -2°C or even more and that will be the peak period," he said.

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"This may result into poor visibility and motorists should drive carefully to avoid accidents.

However, in some parts of Central and Western provinces, flash floods may still occur resulting in transport problems

after making the roads slippery posing danger

In 2008/09 Kenya imported more than 1.5 million metric tonnes of both white and yellow maize.

Most of the white maize originated from South Africa and accounted for 70 per cent of total maize imports.

This year, however, seems tricky for Kenyans as maize production estimates in South Africa for 2009/10 is expected to be below normal as a result of an expected El Nino condition.



MOMBASA (Xinhua) -- Seven suspected Somali pirates sit in the dock at the Mombasa Law Courts Monday September 06, 2010, as the Mombasa Chief Magistrate Rosemelle Motoka reads her judgement. The seven were each jailed for five years after they were found guilty of piracy but were given a chance to appeal. The men were arrested by a German Naval Frigate supply ship MV Spessart as they attempted to hijack the ship on May last year. XINHUA PHOTO

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2. Tickets will only be valid for the Event for which they have been purchased and will not be exchanged for any other Event nor money refunded.
3. Personal belongings, self and baggage are subject to search.
4. All minors (persons under 18 years) attending the Event shall be required to obtain their legal guardians permission prior to attending the Event and Safaricom shall be entitled to assume that for any minor attending the Event such permission was sought and granted. Consumption of alcohol by minors (persons under 18 years) is strictly prohibited and minors found in possession of alcohol will be ejected from the Event.
5. Ticket holders assume any and all liability and waive any and all claims for harm, loss or damage, including but not limited to bodily harm and property damage or loss, that may result from attending the Event.
6. No unauthorised recording or photography will be permitted.
7. Ticket holders consent to photography, filming and sound recording as members of the Event audience, and consent to use of any such film or recordings at the discretion of Safaricom or its designers.
8. No illegal substances may be brought into or consumed at the Event. Illegal substances include but are not limited to food stuffs and drinks purchased outside the venue of the event, weapons and substances classified as narcotics under applicable statutes and regulations.
9. Unauthorised commercial activity is not permitted and may result in removal from the Event of any persons involved in such activity.
10. The Organizers reserve the right to substitute artists, change Event dates, venues or venue capacity arrangements or cancel an Event and such cancellation, variation or interruption shall not entitle the ticket holder to any claim whatsoever except for a replacement ticket if the Event is rescheduled or a refund of ticket price if the Event is cancelled and not subsequently rescheduled.
11. The ticket holder represents and warrants that the ticket is purchased for personal use only, and that it is not purchased as part of any form of business or commercial activity (save as expressly authorised by the Organizers), and in particular, that the ticket may not be resold or offered for resale by anyone whether at a premium or otherwise and may not be used for advertising, promotion (including contests and sweepstakes) or for any other trade purposes. Should this ticket be sold or transferred for profit or commercial gain it will become voidable and the ticket holder may be refused entry to, or removed from the Venue.



Mombasa Law Society Visits Children's Home

Mombasa Law Society visits Mombasa Children's Home in and donates foodstuffs to the needy children. The group was led by Samson Okong'o, past Chairman, Mombasa Law Society, Secretary Ms. Mercy Ngugi, members Miss Obura, Mrs. Azmins Amarshi and Karim Chakera.

Kengen Build Third Geo-Thermal Unit At Olkaria



NAIROBI (Xinhua) — The Olkaria geothermal power plant is seen in Rift Valley Province of Kenya, on August 29, 2010. Seventy percent of the drilling work to create new geothermal steam wells in Olkaria geothermal power plant has been done. The new wells are expected to produce 280 megawatts of electricity within the next two years. About 33 steam wells have been drilled in Kenya since the exploitation of geothermal energy began in 1981. Kenya has the potential geothermal of 7,000 megawatts. XINHUA PHOTO - ZHAO YING



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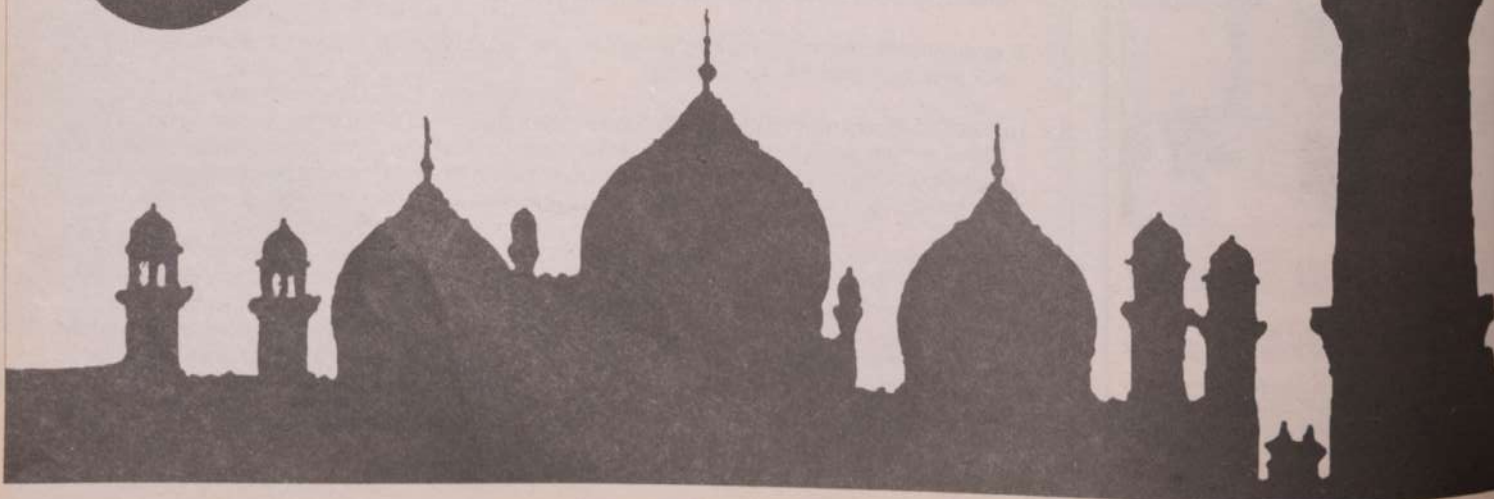


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CaseWare Presentation For Mombasa Accountants



Ross Hampton [right] with Reishi Arun Parikh after the successful CQS CaseWare Presentation.

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CaseWare Working Paper has an excellent track record with firms of all sizes.

CQS CaseWare South Africa and Yaris Data Systems Mombasa organised a CaseWare Presentation for Accountants and Auditors practicing in Mombasa.

CQS CaseWare Director Mr. Ross Hampton and Mr. Reishi Arun Parikh of Yaris Data Systems hosted 32 Auditors from Mombasa on 19th July 2010 at the hotel and held the 2 hour presentation.

This is the first time such a presentation for CaseWare has been given in Mombasa.

Once embraced, CaseWare will streamline and ease Audit reporting procedures for Companies using it for the preparation of the Final Accounts.

CaseWare is used by more than 10,000 users in South Africa including entities such as PKF, Ernst and Young, BDO Spencer Stuart, AMG Global, Murray and Roberts Limited to name a few.

Here are some of the benefits

DIANI BEACH MUSIC FESTIVAL

For the second time running, the Diani Beach Music Festival is back with a vengeance and has the best line up ever with the greatest of East African music, Rock and Blues, from 23rd and 24th October 2010 at Forty Thieves in Diani beach, Kenya.

Muthoni - the Drummer Queen, Misa Von Lekow - Electro dub Nu Jazz, Eric Wainaina - Afro fusion, The Hoot'nanny - Rock and Golden Oldies, Yunasi - Afro fusion Sesube, Jam Sandwich - London rock toasted, Kachumbari Seven - Afro Indo European meltdown, Men of Steel - Rock, Fandango Duo - Alternative Nu Jazz Afro Fusion, Mojo - Blues Rock, and so much more...

Given the success of the first Diani Beach Musical Festival held two years ago, we have decided to host the event again.

This time bigger and better than ever before.

You can look forward to 2 full days of non-stop music and madness.

A magical mix of Afro Fusion, Nu Jazz, Electro dub, Funk, Rock and Blues that will have you dancing the night away.

Together, we will celebrate the best of the vibrant beats and cultures the East African music scene has to offer.

And what better place to showcase this talent than on one of the most beautiful beaches in East Africa?

With its white sands fringed by

palm trees and its breathtaking turquoise waters, Diani Beach is the perfect little paradise to play host to this year's event; the stage overlooks the sea, and the sand is your dance floor.

To add even a little more magic to the picture, the event coincides with the full moon which will be lighting up the beach as we dance the night away.

You can then spend the day browsing through our Craft Fair which will be filled with unique and unusual African arts and crafts.

The "Forty Thieves Beach Bar and Bistro" will be open all night for your entertainment and pleasure.

Bring your sunglasses, hats, bikinis and join us for 2 days of

music and a night of music, madness and mayhem! We look forward to seeing you all there!

Welcome to the DIANI BEACH MUSIC FESTIVAL 2010.

Tickets on sale at: Bunson Travel - Mombasa, Forty Thieves Beach Bar - Diani Beach, Rusty Nail - Karen Nairobi, and Kikoi.com - Nakumatt Junction and Village Market Nairobi.

Early Bird tickets: KES 600 per day.

At the gate: Saturday KES 1500; Sunday KES 1000.

Craft Fair entrance FREE of charge.

The Muslim Association

Eid ul Fitr Dinner

Guest of Honor

H.E. Michael Ranneberger
Ambassador for U.S.A.

Sunday 19th September, 2010
at 8.00p.m.

At Travellers Beach Hotel

Adults	Child
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Swamini Vimalananda Inspires Mombasa

Swamini Vimalananda is presently in charge of the Chinmaya Mission - Coimbatore in South India and is one of the directors of Chinmaya International Residential School.

She is also the director of the "Chinmaya Vision Programme" - a holistic and value based approach to education.

She was educated in Mumbai and graduated with honors from the J.J. College of Architecture with Bachelors in Architecture degree.

She became a brilliant disciple of Pujya Gurudev, Swami Chinmayananda, and soon after joined the Chinmaya Mission.

She has traveled widely and has given talks and discourses in over 2000 schools, colleges and various institutions on spiritual, cultural and socially relevant topics in English, Hindi and Gujarati.

She has also given talks on management topics to corporate bodies and in management seminars.

Her simple style of talking has captivated the intellectual and faithful alike.

She has authored many books including the very popular book - "In Indian Culture - why do we?" and "Not too loose, not too tight, just right" have become instant best sellers.

Some of her well received and attended discourses have been on Harmony in Relationships, The Art of Living, Tips for Happy Living, Values and Internationalism and several others.

The *Chinmaya Mission* is an international spiritual organization which has over 250 centers in India and 75 centers abroad. Param Pujya Swami Chinmayanandaji is the founder of this organization.

The Mission is engaged in various spiritual, educational, cultural and social activities thereby serving its cause of 'Giving maximum happiness to the maximum number for the maximum period of time'.

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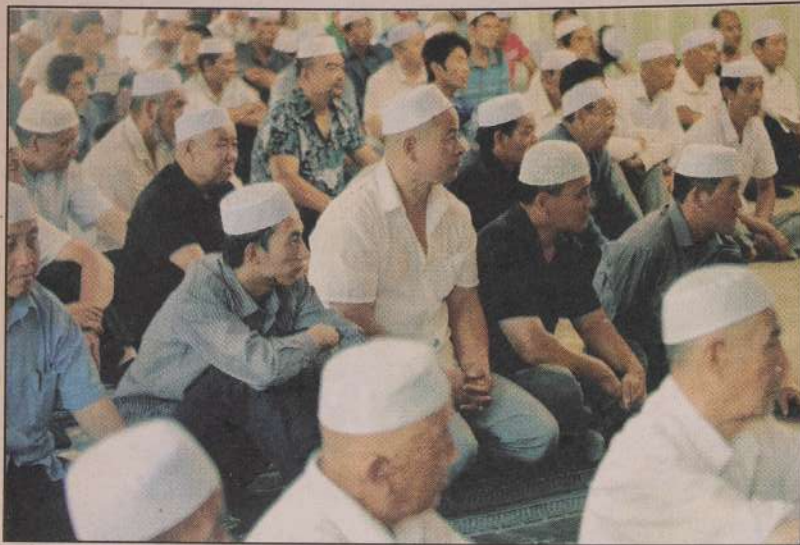
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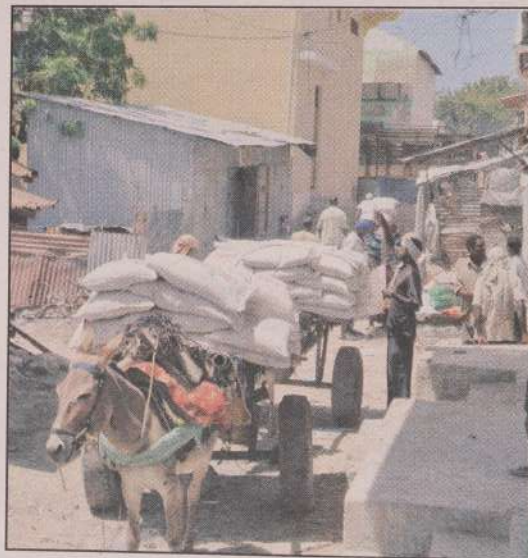
YINCHUAN, (Xinhua) -- Muslims attend the first Friday prayer in Ramadan in Yinchuan, capital of northwest China's Ningxia Hui Autonomous Region. XINHUA PHOTO - PENG ZHAOZHI



KHARTOUM (Xinhua) -- Sudanese President Omar al-Bashir [right] attends a fast-breaking ceremony held by Sudan Copt church in Khartoum, capital of the Sudan. XINHUA PHOTO - MOHAMMED ALI



TRIPOLI (Xinhua) -- A young girl sells food at a market during the holy fasting month of Ramadan in Tripoli, Libya. XINHUA PHOTO - HAMZA TURKIA



MOGADISHU (Xinhua) -- Porters carry flour bags, the main staple foodstuff in preparation for the holy month of Ramadan in Mogadishu, capital of Somalia. XINHUA PHOTO - ISMAIL WARSAMEH



TEHRAN (Xinhua) -- Members of Iran's air force pray during Islamic holy month of Ramadan in Tehran, capital of Iran. XINHUA PHOTO - AHMAD HALABISAZ

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'Charging' Your One And A Half Million Shillings Vehicle Battery

We continue this week to develop what the future of electric vehicles could look like in terms of the infrastructure, technology and cost.

Current knowledge is that a car powered by a traditional internal combustion engine can travel around two kilometres on a kilowatt-hour of energy.

If we then move to a parallel or series hybrid which has a combined electric and diesel engine the distance travelled on the same energy would go up to just over three kilometres.

For a fully battery-powered car can the average distance it can travel on the same amount of energy is around six and a half kilometres.

So electric energy is more efficient.

In addition to the efficiency in conversation, electric energy in a large number of countries is cheaper than hydrocarbon based fuels.

Owners with a garage or drive way parking can have a set up that allows them to top up at night using their domestic supply.

The current longish recharge time would then not be an issue and the electricity is almost certain to be cheap as a lot of jurisdictions have most of the evening hours as off-peak power tariffs.

Even if more expensive day time power is needed the cost of such motion lotion is still favour-

able compared with traditional hydrocarbon based fuels.

In fact, in anticipation of the future demand, some office and supermarket car parks in the leading developed countries are already being fitted with re-charging points.

For those who do not have access to garages or some of the office based facilities, charging in the near to medium future may be a challenge as there are no public facilities.

CoastDrive with Teti Kamugunda



Possible developments include street side charging facilities that will operate like parking metres where the driver will plug in and then pay for the amount of charge they wish to consume.

We could also have charging parks where someone would operate a franchise and charge per use as well as the power consumed.

The above charging scenarios assume current battery technology.

However, battery technology is expected to improve rapidly.

No one is talking of Moore's Law which was applied to computing chips where they were able to double capacity every 18 months or so.

It is estimated that an improvement of about eight per cent a year into the foreseeable future is possible.

Current industry estimations are that for electric cars to become universally popular, a threefold increase in energy density and a fall of two-thirds in the price of batteries will be needed.

One leading manufacturer of car batteries has estimated that a car fitted with a forty kilowatt motor capable of speeds of up to one hundred and twenty kilometres an hour would need a Lithium ion battery with a capacity of thirty five kilowatt hours.

Today such a battery might cost around one and a half million shillings.

With the technology and economies of scale expected to be available in the next five years, it is estimated that the cost could drop to a million shillings.

If the automotive industry were to move towards a common standard for battery packs, this would help boost production volumes and so bring prices down even more.

Battery manufacturers are already coming up with innovations that add up to the eight per cent per annum gains that have been predicted.

These involve changes to the lithium chemistry of batteries, their mechanical properties and the electronics that control them.

Typical technology frontiers in the battle to develop more efficient batteries and to seize market share includes the use of nanoscale materials to boost the performance of batteries.

In general, making an electrode out of nanoparticles will increase its surface area, which in turn decreases the battery's internal resistance and improves its ability to store and deliver energy.

Some of the batteries made from this technology frontier are already used in power tools, and it is only a matter of time before car-sized versions are available.

Another company has developed fast-charging Lithium ion batteries for consumer products, targeting especially laptops.

The company is upgrading their offering for automotive use. Typical statistics being quoted for this are that it can be charged to eighty per cent capacity in half an hour with high-powered quick chargers which it is hoped can be installed in petrol stations and other public places.

The key fight is to get utility at a good cosy both in the purchase and operation of an all electric car.

One manufacturer is already testing technology that will improve the charging time but also drastically lower the capital cost of batteries.

The plan is then to offer cheap cars that will rapidly fill the market and thus create a possibility for further reduce life cycle costs by reducing the unit cost of infrastructure.

This will be an interesting experiment.

There is a lot more to an electric car than its battery, of course.

Established car firms that think their know-how in other parts of car making will save them may find themselves in the same position as those 19th-century carriage-makers who thought a "horseless carriage" would, literally, be that.

If say, the engine block and the gearbox are gone, the game of car design changes.

A number of carmakers and component companies are, for example, looking at getting rid of drive trains, and fitting electric motors directly into cars' wheels.

Such systems would be operated electronically, so they would also provide traction control.

They are also being designed as active suspension systems that improve drive and ride and could also be power generation options to charge the batteries!

These cars will initially not be cheap.

With wheel-mounted motors that mix motive power, braking and active suspension, more of the things conventionally fitted to a car become unnecessary.

COMBUSTION

Because a gearbox, clutch, transmission and differential unit are no longer needed, and springs and other suspension items will probably go, too, vehicles could assume all sorts of shapes and sizes.

Without the cost and complexity of many of the parts hitherto required to make a car, the shape of the automotive industry could be transformed as much as cars are.

As for the oil companies, if the visionaries are correct, they risk finding themselves in the wrong business.

Some researchers already have battery materials they reckon could be recharged in the time it takes to freshen up and have a snack at a service station.

If they are right, the need for even a range-extender vanishes.

That is still a biggish if. The efficiency of internal-combustion engines is improving, too.

But propelling modern transport by means of serial explosions in an array of tin-cans does seem an incredibly primitive way of doing things.

The time is ripe for a change.

As Kachumbari says, let us keep our fingers crossed that technology will rule.

Eid Mubarak



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Kenya's Cricket Team To Play Afghanistan In ICC

Nairobi (Nirruwa) — With only three weeks before Kenya plays Afghanistan in the Intercontinental Cup Championships, Cricket Kenya has moved in to restructure its national team selection process as it seeks to ascend back to its former glory.

Kenya will meet Afghanistan from October 2-5 in the Intercontinental Cup Championships in Nairobi to be followed by three One Day International Cricket matches from October 7-11.

The team is also preparing for the World Cup where they have to beat Pakistan, New Zealand, Canada, Zimbabwe and Bangladesh.

The World Cup is to be co-hosted by India, Sri Lanka and Bangladesh from February 20 to April 2, 2011.

At one time, Kenya star in cricket was shining so bright and many wanted it included among the test playing countries.

The country's best moments in cricket came in 2003 when it hosted Sri Lanka in Nairobi and picked free points when New Zealand declined to travel to Nairobi citing security concerns for the World Cup.

This helped Kenya reach the semi final of the global cricket tournament. But ever since, the country has had dismal performance tournament after another.

Now Cricket Kenya has moved in to stop the deteriorating trend by disbanded the National

Selectors Committee, which has been responsible for the Kenya's team selection.

Chief executive Tom Sears said CK will install a new National Selectors panel.

The outgoing team had Nasoor Verjee (chairman), McDonald Oduor and David Tikolo.

CK's move comes in the wake of endless grumbles in the national team that resulted to a strike last June as players accused a member at National Selectors Committee of high-handedness.

Morale has been at its lowest mark in the team which has been replicated in the lacklustre

performance the national side has had of late. The latest worst display was in Amsterdam where Kenya lost all their matches at the World Cricket League Division One held last July.

Their fortunes dipped further last month when the team fared badly against touring provincial

sides from India, Gujarat and Baroda. Kenya A side also went down to Uganda last month in Kampala.

At the centre of controversy is the players' contracts and salaries, which CK has since resolved when players signed one-year contracts two weeks ago.

A HOLE IN ONE



Alniz Popat is seen receiving his Sanyo 32 inch LCD TV for achieving a hole in one at the 18th Hole at Nyali Golf and Country Club from Director of Shankar Electronics Ltd Ijaz Sheikh (right), the Sanyo agents in Mombasa. The Nyali Golf Club Captain (left) Gurbax Singh congratulating Alniz who got his ace during the KCB Golf Day recently using a 5 Hybrid Iron.



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A BLESSED AND HAPPY EID MUBARAK

NAIROBI (Xinhua) — Kenya's contingent to the Commonwealth Games will leave in two batches to allow marathon athletes and rugby get maximum training at home before heading to Delhi.

National Olympic Committee of Kenya (Nock) Secretary general Francis K Paul confirmed on Tuesday that track and field, which Kenya has reigned supreme at the games, have requested to have the marathon athletes leave last, especially marathon athletes Luke Kibet, Amos Matui and John Kilai Ekiru.

Rugby Sevens team is also put in a request to delay their departure to avoid the clash of training venue in Delhi since their competition is starting late.

Both teams are due to fly out

Commonwealth Games Contingent Will Leave In Two Batches

on Oct. 6. The Commonwealth Games will be held in Delhi from October 3 for two weeks being the second time that Asian country hosts the Club Games.

Malaysia was the first with Kuala Lumpur hosting the former English colony games in 1998.

"We would like to arrive in Delhi a week before the games' conclusion.

"That will be long enough for acclimatisation," said Kenya's rugby deputy coach Felix Ochieng.

Paul confirmed they have no objection to giving concession to teams as long as they have important reason

to stay behind. "It is good because the whole idea of us competing in this competition is

behind and train more, it is good. "All they have to do is get us the names of the team

they must top in a tricky pool C where they will meet International Rugby Board (IRB) Sevens World Series champions Samoa, Cranes of Uganda and Puk Puks from Papua New Guinea.

"We won't be true to their goals if they were to project anything less than the medal bracket.

"We are not only aiming at the medal bracket but that crucial gold medal.

"It will be sad to fall outside the medal bracket since that will be like downgrading ourselves," head coach Benjamin Ayimba told journalists.

Kenya won bowl at the 2006 Melbourne Games in Australia, stunning Tonga 26-12 in the final.

Defending Commonwealth

Games champions New Zealand are top seeded Pool A, where they will meet Scotland, Canada and

South Africa, bronze medalist eight years ago. They have been paired against the World Cup Sevens champions Wales, Tonga and

New Zealand has won three Rugby Sevens gold medals from 1998 in Kuala Lumpur, Malaysia, Manila (2002) and Melbourne.

Rugby Sevens was introduced to the Commonwealth Games in Kuala Lumpur 1998.

New Zealand have won a medal in all the three subsequent events.

Even though Kenya team have had the same Samoa in the IRB Sevens first ever victory against rugby giants was during 2002 Manchester Commonwealth Games they stunned them 28-12

Rugby Sevens is eying to break the jinx and finish off the tourney within the medal bracket

to bond and improve on our standards in sports.

"So if they view it fit to remain

players and we will inform India accordingly," said Paul.

Kenya will delay naming its rugby team until after a local tournament, Kabeberi Seven that will be played over the weekend.

With athletics and boxing being the main pool from which Kenya has drawn its medals, rugby sevens is eying to break the jinx and finish off the tournament within the medal bracket.

However, that means that

announced the postponement by a week to allow the other federations which are yet to name their squads time to do so.

"The other federations have until Friday (September 10). After that we will move to camp with those that will be ready," he said.

With strong performance in recent international competition including the Olympics in Beijing and the world athletics championships, Kenya is fielding a strong squad especially in track and field.

There will be two former champions, Ezekiel Kemboi and Janeth. Although a new squad is being line up, Paul remained optimistic, they are capable of ruffling the feathers in Delhi when the games start on October 3.

"We also considered the athletes who are competing in Europe. They will have time to return home, relax before starting training again. Two weeks is enough for them," said Paul.

Reduced Numbers In Team

NAIROBI (Xinhua) — Kenya will send 120 to this year's Commonwealth Games in Delhi, India, seeking to improve on its previous performance where it struck six gold, five silver and seven bronze.

National Olympic Committee of Kenya Secretary General Francis K Paul said, the earlier estimate of 250 athletes is not attainable.

"We had planned to enter about 250 athletes, but that figure has since been revised down. We will meet as the steering committee on Monday to determine the exact budget required," he said.

Kenya had allocated a budget worth 2.2 million U.S. dollars (Sh170 million) for the Games, but Paul said they will have to cut down to half now that the quota of athletes has been slashed.

The Kenyan team was due to start its final preparation in Nairobi on Monday but Paul

World 800m Record Holder To Miss The Event In Delhi

NAIROBI (Xinhua) — Kenya's legion of elite athletes will have a week's rest before returning to training camp to start the final preparations for the Commonwealth Games set for Delhi, India.

Out of the 14 Kenyan athletes that competed at the IAAF Continental Cup in Split City, only one, David Rudisha, the world 800m record holder, will not be going to Delhi.

However, it will be a major test of might for 2007 World women's 800m champion Jaheth Jepkosgei, and Ezekiel Kemboi, winner of the men's 3,000m steeplechase, both of whom will be eying to successfully defend their crowns, four years since they

clinched them in Melbourne, Australia.

Jepkosgei, will come up against South Africa's Caster Semenya, the current world champion, Britain's Jennifer Meadows, third in Berlin and Jamaican Kenia Sinclair.

Kemboi, will be coming up against double Africa champion Richard Mateelong, who is in an

Kenya's Jepkosgei to compete against S. African Semenya, Britain's Jennifer Meadows and Jamaican Kenia Sinclair

impressive form having beaten him at the Africa championship and went on to claim the gold at the Continental Cup last Sunday.

Having broken the world 800m record twice in a span of one week, first in Berlin on August 22 (1:41.09) and in Rieti, Italy on

August 29 (1:41.01) in 13 year reign of Dorcas Kipketer of 1:41.11. He who will take a two day holiday, said it was too for his body and might be left out of Commonwealth Games.


"I think am tired in profession, you don't the body you."

"You use your 11 star season" February now I'm he said.

Athlet officials charms

Kiplagat, secretary David Okayo and Joseph Kinyua, is from Split City together with the Kenyan team the of the Africa cup Continental Cup.


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	9			7	
	2			3	
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4	3	8	2	1	9

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What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE SUDOKU' NO. 191

6	9	3	2	5	4	8	1	7
2	1	7	9	8	6	4	5	3
8	5	4	3	1	7	9	6	2
1	6	8	7	9	5	3	2	4
4	2	5	8	6	3	1	7	9
7	3	9	4	2	1	6	8	5
5	7	1	6	3	9	2	4	8
3	8	6	5	4	2	7	9	1
9	4	2	1	7	8	5	3	6

WINNER OF 'PRIZE SUDOKU' NO 191
MR. ALTAF GULAMHUSEIN
P. O. BOX 98419, MOMBASA

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ALCOHOLICS Anonymous meets Mon. Wed & Fri. - 12.30pm to 1.30pm at Mombasa Hospital Sisters Mess. Also Sunday 4.30pm at St. Peters Church, Nyali.

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SALYANI Properties, Maisonette Bustan close to rent 70k.

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PROPERTIES FOR SALE ON MOMBASA ISLAND

On the instructions of the Vendors, we offer for sale the undermentioned properties -

(1&2) MOMBASA / BLOCK XI / 568 & 569

Two double storied blocks of flats situated in the Tudor Residential Area behind the MITC and near the Ismaili Flats on the Corner of Nelson Mandela Road and Wakauma Avenue. Each block has four flats (2 on each floor) each comprising of a lounge / cum dining, 2 bedrooms, kitchen, store, shower and toilet.

The plots are freehold and each measures approximately 0.2088 of an acre. Both properties have potentials of sideways and upper extensions to provide more accommodation to each flat and as well as a further floors upwards.

The property on Plot 569 are let as flats to a Bank at monthly rent of Shs.90,000/- on a lease up to November 2011. The property on Plot 568 is let as a school at a rent of Shs. 84,000/- and its lease expires at the end of 2011.

Price Guide for each of these properties is KShs. 30,000,000/- (Thirty million) each.

(3) MOMBASA / BLOCK XXI / 302

Situated in the Ganjoni residential area off Moi Avenue on a freehold plot measuring some 5000 square feet and accessed from the Sauti Ya Kenya Avenue or Chief Ali Bin Namaan Road on a murram road. Improvements comprise of a three block of six flats (2 on each floor) each comprising of two bedrooms, living/ dining room, kitchen, store, toilet and shower.

Let to various Tenants at KShs.17,500/- each. One flat is vacant. Four flats leased up to end February 2011, one leased up to end December 2011. Price Guide 30,000,000/- (Thirty Million)

(4) MOMBASA / BLOCK XXXV / 33

A single storied dated residence in Mombasa's old town and approached from Nehru Road and in between Kitui and Mwea Tabere Road and onto an unnamed pedestrian murram road. The plot is freehold and measures 0.033 of an acre.

Present rent is Shs. 11,000/- per month. Leased up to December 2011. Price Guide Kenya Shillings 10,000,000/- (Ten Million)

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IVORY Homes, For Sale: 1/4 acre Mtwapa.
IVORY Homes, For Sale: 100 acres Takaungu.
IVORY Homes, For Sale: 5 acres Malindi (Msa-Mld Road)

Kenya U19 Reach Global Stage

The Kenyan Under 19 squad are one step away from reaching the ICC Under 19 World Cup after securing a top two place in the African qualifying event.

confirmation of the venue for the Global Qualifying event due to be held in 2011.

Coached by Martin Suji, the team had started the event well with wins over Zambia, Sierra Leone and Tanzania but back to back defeats against Uganda and tournament winners Namibia meant nothing less than two wins

outstanding 5-19 by Raj Savala, restricted Botswana to 138 and the young Kenya side showed no nerves in chasing down the runs required with Irfan Karim 47 not out and Duncan Allen 33 not out securing the victory.

Chief Executive Tom Sears said: 'This is a tremendous achievement by the squad to

quite make the squad for this tournament who will be looking to provide real competition for places in the future.

'We hope this achievement will inspire all young cricketers in Kenya and open their eyes to where hard work and commitment can take them.'

For more information contact



The victorious Kenya Under 19 cricket team are seen on arrival from Namibia at the Jomo Kenyatta International Airport. With them are their manager / coach Martin Suji and Joseph Angara.

The team finished runners up behind hosts Namibia in the eight team event after having to win their last two games against Nigeria and closest rivals Botswana.

The squad will now await

from the last two games would be enough.

After overcoming Nigeria the team convincingly defeated Botswana by 8 wicket to secure a qualifying places.

Tight bowling, including an

come through a tough qualifying tournament and after facing intense pressure in the last two games.

'We place tremendous importance on our Under 19 squad as these are the next generation of Kenyan international players at senior level.

Given the way some of the squad have performed there is no reason why, if they maintain their progress, one or two players cannot force themselves into contention for a place in the senior squad sooner rather than later and even into the 15 man squad for the Cricket World Cup 2011.

'There is a great deal of talent in Kenya at this level, there were some unlucky players who didn't

Tom Sears, Chief Executive on +254 770 302473

Indian Navy and MSC Football Club pose for photo

MSC Soccer Match With Indian Navy Ship Ganga

Mombasa Sports Club Football team played against India Naval Ship Ganga on 24th August 2010.

The friendly game was very first and ended in a 1-1 draw in favour of Mombasa Sports Club, though the Indian team put up a spirited fight.

The occasion was graced by the Club Chairman Mr. Prakash Radia accompanied by the Honorary Secretary Ahmed Seif, the Honorary Treasurer Mrs. Binitta Shah Management Committee members Mr. Hatimul Sani and Mr. Dalvinder Sohal and Mr. Julius Mwasingo the Club Manager.

The MSC Football team was lead by Mr. Ali Juma and Mr. Abdulhamid Garwan.

Also in attendance was the Assistant High Commissioner of India to Mombasa Mr. A. K. Gosh the Captain of the Ship Ganga Capt. J. A. Maolankar and prominent businessman Mr. Anil Dodhia. At the end of the game, courtesies, regalia and shields were exchanged.

COAST BRIDGE with C.P. SHAH

In the following deal East made a fatal error and the doubled contract made.

DEALER: SOUTH EAST-WEST VULNERABLE BIDDING:

SOUTH	WEST	NORTH	EAST
ONE HEART	TWO CLUBS	PASS	TWO SPADES
THREE HEARTS	PASS	PASS	DOUBLE
PASS	PASS	PASS	

West led out Ace-King - then Queen of Clubs, East overruffing Dummy's Nine of Trumps with the Ten.

With both Spades and Diamonds covered, a passive Trump switch seems indicated.

East, however fell for the temptation to try two to Spades.

Declarer ruffed the Second Spade, and began playing out all his Trumps.

NORTH				
♠	9	8	7	6 3
♥	9	3		
♦	K	10	9	7
♣	6	2		

WEST				
♠	J	4		
♥	5	4		
♦	J	8		
♣	A	K	Q	10 9 5 3

EAST				
♠	A	K	Q	10 2
♥	10	8	7	
♦	Q	4	3	2
♣	7			

SOUTH				
♠	5			
♥	A	K	Q	J 6 2
♦	A	6	5	
♣	J	8	4	

On the final Trump Dummy discarded down to the Nine of Spades and King - Ten of Diamonds.

East had to make a discard from a high Spade and Queen - Four - Three of Diamonds.

Throwing the Spade was clearly fatal, prompting Dummy's Nine, so away went a Diamond.

Declarer crossed to the King of Diamonds, returned to his Ace (telling the Queen and Knave) then tabled the Six.

East's Spade play had set up a squeeze position in which only he could guard the suit. The doubled past - score made.

BRIDGE RESULTS

COAST BRIDGE ASSOCIATION: Results of Open Duplicate Bridge Monthly tournament played on Monday, 30th August, 2010 at United Sports Club, Mombasa.

1. Ashok & Kaushika Dodhia 95, 2. Rasik Shah & Manju Shah 92, 3. Chandu Shah & L. P. Gudka 91, 4. Dr. J. D. Shah & Ketan Shah 90, 5. Panu Savla & Jyostana Savla 87, 6. Rohit Malde & Rihir Chandaria 82, 7. Ramnik Shah & Amu Shah 70, 8. Koki Shah & Shashikala 65.



Mombasa Sports Club Rugby team with their captain before the match planning their strategy.

They played against the Kenya Polytechnic, Moi University 'flames'.

Stanford Abeka was ably supported by Darwin Mukidza

on the opponents making the MSC team to be crowned the 2010 Shield Champions of the Prinsloo 7's tournament. MSC is now ranked 17 out of 24 teams.

coming up on the 25th and 26th September 2010 at United Sports Club grounds.

This will be the final leg of the national rugby seven's tournament.

SOLID TEE-SHOTS



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MANY AVERAGE GOLFERS HIT WEAK DRIVES BECAUSE THEY USE AN OVERLY HANDSY TECHNIQUE. PLAYERS WHO SWING THIS WAY PICK THE CLUB UP ON A STEEP PLANE AND CHOP DOWN ON THE BALL. THEREFORE THE CLUB FAILS TO HIT THE BALL SQUARELY AND SOLIDLY.



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DON'T WORRY YOUR HANDS WILL FOLLOW YOUR LOWER BODY.

EXCLUSIVE - GREG NORMAN'S - GOLF LESSONS

Over 60 Car Entries For Africa Concours

The AccessKenya Africa Concours d'Elegance entry list shows over 60 cars and the maximum quota of 40 motorcycles.

The regulations for this Alfa Romeo Owners Club event specify a full field of 70 cars which the organisers expect to arrive before September 10th which is the closing date for entries.

The main objective of the annual Concours is to reward the owners of well kept cars and motorcycles who present them for display at the Nairobi Racecourse and to give spectators the opportunity of viewing the best prepared machines in East Africa.

Among the latest entries is a 1938 Packard which will be shown at the Nairobi Racecourse by Adnan Khalid.

This large and luxurious American limousine will be a star attraction in the class for pre-1940 vehicles.



1938 PACKARD. Adnan Khalid has entered this 1938 Packard for the 2010 AccessKenya Africa Concours d'Elegance. This American limousine will be a star attraction in the class for pre-1940 cars.

This category is rated as the most important in the Concours by motoring enthusiasts.

James W. Packard founded this famous American car manufacturer early in the 20th century.

The company was renowned for making luxury cars which competed with Cadillac and Lincoln. Khalid's car is the only Packard to have contested the Concours.

The focus of attention is switching to the Classic car and Motorcycle Sale which will be held at the Nairobi Racecourse in conjunction with the AccessKenya Africa Concours d'Elegance.

The Sale provides the ideal opportunity for the owners of unwanted machines made in 1985, or earlier to sell them to enthusiasts.

The potential buyers at the Concours are looking for restoration projects, spares and a hobby car for weekend use.

This year's Concours will be the 40th in the annual series run by the Alfa Romeo Owners Club and will celebrate the centenary of Alfa Romeo, a legendary Italian car manufacturer.

The organisers are adding festive touches to the occasion and have invited competitors to wear appropriate costumes to try to win generous prizes.

Car and motorcycle Victor Ludorum awards have been introduced and the winners will be chosen by combining the points earned by their cars and motorcycles and their costume ratings.

Reports indicate that while competitors are working endless hours to prepare their machines, costumes are being created by their families and friends. They are considering making fancy dress outfits to suit the competing cars and motorcycles, or illustrate horse-racing and internet themes, others are working to capture an elegant, or festive occasion.

Ladies Soccer League Resumes

National Ladies Soccer Initiative (NLSI) has released the fixtures for the Kenya Premier Ladies Soccer League, which resumes tomorrow, September 11.

The league was stopped for over a month because of the holy fasting month of Ramadan. Releasing the

Soccer Scene with Abdurehman Sharif



fixtures for 20 matches to be played in two weeks, the NLSI Chairfady, Asha Pili Ramadhani appealed to all participating teams to adhere to the rules and regulations governing the league.

Asha also urged teams to maintain high standard of discipline so that the league ends successfully.

"If the league ends without any problems, we are sure to get sponsors next season," the NLSI chairperson said.

The league resumes with five matches on card.

Two Coast representatives in the league, Solwodi and Spedag will be hosting upcountry clubs, each playing two matches.

Solwodi will be hosting the visiting Galactico from Kisumu at Ziwardi ground tomorrow, September 11 as Spedag who are undoubtedly the best ladies side at the Coast clash against Western Commandos at Bomu Primary School ground the same day.

Kisii United will be at their Gusii Stadium to face the visiting Moyas of Nairobi as Sotik Kass entertain Macolundus at Sotik ground.

Furaha, the only Coast team to remain at home, meet league leaders Mathare United Ladies at Vipingo ground.

On Sunday, September 12, Spedag play Galactico at Bomu primary School ground, Solwodi

entertain Western Commando at Ziwardi ground, Kisii United face Macolundus at Gusii Stadium and Sotik Kass meet Moyas at Sotik ground.

Two Coast teams travel upcountry with each to play two games next weekend.

On September 18, Kisii United will play against Spedag at Gusii Stadium while Solwodi will be playing guests to Sotik at Sotik

ground and Makolandurs takes on Western Commandos at Jericho ground.

On the same day, Moyas meet Galactico at Langata Main Prisons ground, Mathare United will have a date against Old is Gold at mathare ground and Furaha Ladies hosting Kamaliza Eaglets at Vipingo ground.

On September 19, Kisii United play host to Coast's Solwodi at Gusii Stadium with Sotik Kass entertaining Spedag at Sotik ground.

COMMANDOS

Macolundus play Galactico at Jericho ground and Moyas entertain Western Commandos at Langata Main Prison ground.

The Ladies Premier League has become popular to Coast

soccer fans who attend to matches, some of them being played during morning times.



Asha Pili ramadhani, Chairlady of National Ladies Soccer Initiative.

KENYA SET FOR AFRICA SWIM CHAMPIONSHIPS

NAIROBI (Xinhua) — Kenya will send 13 swimmers to compete in next week's Africa Swimming Championships in Casablanca, Morocco.

The Kenya Swimming Federation chairman, Ben Ekumbo, however expressed his disappointment by the government's failure to help them in the preparation.

The swimming federation gave out a Sh3 million budget to cover the event, but the government is yet to respond, a week before the event.

The team of 13 swimmers and four officials is expected to jet out on Thursday. Ekumbo said the requested money will be used to settle the team's air tickets, accommodation and allowances.

"We are making this appeal because since we presented our budget in 2008 and reminders of this year to the Department of Sports, we have been informed that the matter will be looked into," said Ekumbo. "Time has run out and we are likely not to travel this week."

"We feel that the ministry's support is vital given that swimming has performed well in past championships bringing glory to our country," Ekumbo explained.

Kenya hauled ten medals, five gold, three silver and two bronze to finish third overall during the 2008 gala in South Africa.

Tunisia won the overall title with 13 gold, seven silver and 11 bronze while South Africa wound second with 11 gold, 19 silver and eight bronze.

Kenya team has Jason Dunford, a one-time Olympic record holder in Beijing in 50m butterfly. Dunford won three gold and two silver medals at the Johannesburg event two year ago.

Dunford plunged to victories in 50m backstroke, 50m butterfly and 100m butterfly respectively before settling for silvers in 100m and 200 freestyle respectively.

Also in the team is Sylvia Brunlehner, who pocketed silver in 4x100m in Johannesburg.

Mombasa Boys Shine In World Cup Qualifier

Four Mombasa players namely Raj Shikotra (Vice-Captain), Bhavya Thaker, Vinit Shikotra and Siddahant Taneja played for Kenya U19 Team, which qualified for the next round (ICC U19 CWC Global Qualifier).

Another player Rajiv Sutarua was selected as a reserve players.

Kenya's under-19 cricket team lead by Kennedy Ochieng (Captain) and assisted by Raj Shikotra (Vice Captain) qualified for the global World Cup qualifiers after they beat Botswana by

eight wickets in their last game of the African qualifiers in Windhoek, Namibia, on Sunday.

The win put Kenya in second place in the pool table with 10 points behind hosts Namibia who were unbeaten in all their outings.

In last game, batting first Botswana were routed for 138 runs with 10 overs in hand.

Varun Vijayakumar top scored for Botswana with 44 runs while Raj Savaia was their main destroyer with five wickets for 19 runs.

He was ably supported by Harrison Angila (2/19), Bhavya Thaker (1/25), Vinit Shikotra (1/28) and Duncan Allan (1/34).

All four Mombasa boys shown their talent and dedication in all the games they played.

Out of four boys Vinit Shikotra was fantastic in both bowling and batting department and become a local hero after getting second highest wicket for Kenya by taking 14 wickets in 58.1 overs at average of 11.64 runs per wicket and standing at No 7 in

batting by scoring 76 runs at average of 15.20 per game.

However, they still have one more hurdle to clear, the global World Cup qualifiers where 10 teams, two each from Africa, Americas, Europe, Asia and East Asia Pacific, will fight it out for the six slots reserved for non-Test playing countries in the 2012 age group World Cup of which venue will be announce later.

Best of luck for the future tournament.

Soccer Team Return After Painful Defeat

NAIROBI (Xinhua) — Kenya's Harambee Stars returned home early on Wednesday, four days after their match against Guinea Bissau, expecting a harsh reception owing to their loss away in the campaign for the Africa Nations Cup 2012 qualification.

Problems in securing a private jet to lift them from Bissau to Dakar was to blame for the delay in which Football Kenya officials accused deteriorating weather condition in the West Africa country.

"It has been raining here in Bissau making it hard for the planes to land and when we got it finally on Monday, we arrived in Dakar to get the flight to Nairobi gone.

"We have since been forced to wait and hopefully we will be home on Wednesday morning," said Football Kenya secretary Patrick Naggi.

Harambee Stars, ranked 114, lost to the 188 ranked Guinea Bissau, which has provoked heated debate amongst football fans in the country with many calling for the overhaul of the team's technical bench.

There have also been strong suggestions for the

entire Football Kenya top management to be overhauled.

A splinter group Kenya Football Federation led by businessman Sam Nyamweya called on the government to compel Football Kenya executive to resign for a new start in Kenyan football.

"This is not the time for us to pull in different directions. When we are going to war we need to put aside all our difference," said Naggi.

There is even a quiet discomfort among the elite players over the team selection and management.

At one time, when they played in Dar es Salaam in a friendly match last month, the players had to persevere without allowances and out of pocket money.

But it was an issue newly appointed Captain Dennis Oliech, the AJ Auxerre striker, didn't take lightly.

The dropping of former captain Robert Mumbo was also cited by the players together with the choice of players by head coach Twahir Muhiddin.

These are questions Muhiddin will be expected to answer when the team jetted back in Nairobi on

Ladies Inter Club Competition



The ladies inter club competition was held on Sunday 5th September 2010 at Leisure Lodge Golf club. The competition which was sponsored by George Gathuri and Peter Gathuri was won by Mombasa Golf Club ladies. This is the 5th Year running that Mombasa Golf Ladies have clinched the trophy. Seen [from left] Alice Wahome, Florence Karimi, George Gathuri, Jayne Cithara, Sylvia Kenya, Peter Gathuri, Peter Gathuri.

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Martial Arts Marvel

It goes without saying that the Aga Khan Primary School, Mombasa added another feather to its cap in taekwondo.

With reference to the Chinese proverb that states- "A journey of a thousand miles starts with one step," the Aga Khan Primary School, Mombasa's Taekwondo Club, under the 'martial' watch of Muniyitha (patron) and Mwaura (coach) represented Aga Khan Primary School, Mombasa in the inter- provincial championship.

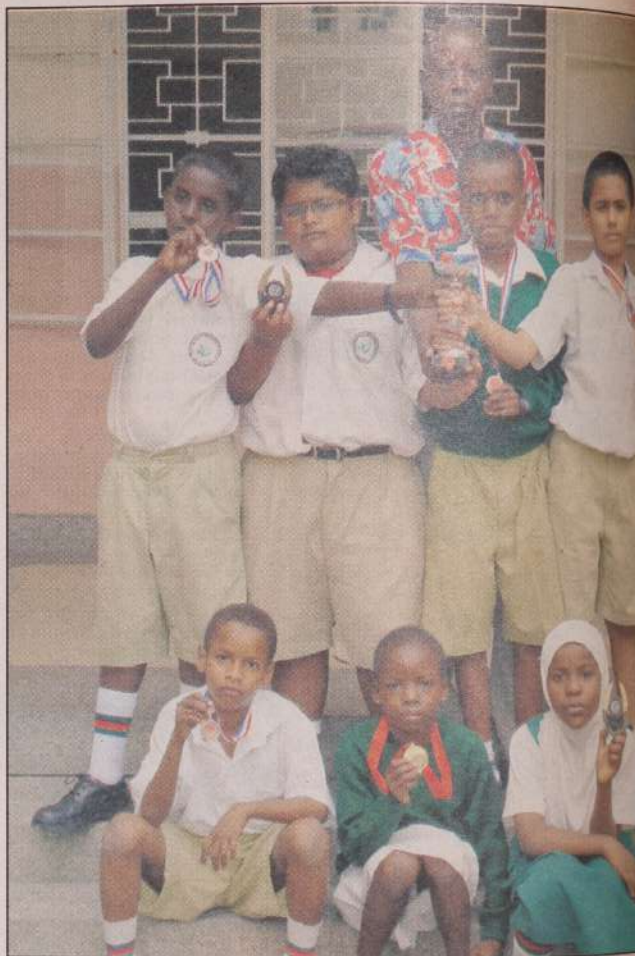
The above event took place on 21st August, 2010 at Alwahada Hall in Nairobi.

The budding martial arts kids scooped various medals that included gold, silver and bronze.

In addition, they amassed enough points to emerge as the top team and was awarded a trophy for taking the 1st position.

Medal winners: Ashley Munyasia - Gold, Swabrina Ali Silver - 2 medals, Abdulrahim Ibrahim - Silver - 2 medals, Mohammed Ibrahim - Silver - 2 medals, Ali Hajj - Silver - 2 medals, Habib Jiwan - Silver, Aziz Kembo - Silver, Mustafa Ibrahim - Bronze, Habib Jiwan - Silver, Aziz Kembo - Silver and Mustafa Ibrahim - Bronze.

Aga Khan Primary Taekwondo team seen [from left] standing: Abdulrahim Ibrahim, Habib Jiwan, Geoffrey Muniyitha (patron), Ali Hajj, Mustafa Ibrahim. Sitting: Aziz Kembo, Ashley Munyasia, Swabrina Ali and Mohammed Ibrahim (not in the picture).



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KENYA TIDE TABLES

MOMBASA, September 10 - 16, 2010

FRIDAY High Water - 3.9 m. at 05.09 hrs. (5.09 a.m.) and 3.6 m. at 17.30 hrs. (5.30 p.m.). Low Water - 0.1m. at 11.14 hrs. (11.14 a.m.) and 0.0 m. at 23.24 hrs. (11.24 p.m.).

SATURDAY High Water - 3.8 m. at 05.46 hrs. (5.46 a.m.) and 3.4 m. at 18.06 hrs. (6.06 p.m.). Low Water - 0.0 m. at 11.53 hrs. (11.53 a.m.) and 0.1 m. at 23.59 hrs. (11.59 p.m.).

SUNDAY High Water - 3.7 m. at 06.23 hrs. (6.23 a.m.) and 3.1 m. at 18.42 hrs. (6.42 p.m.). Low Water - 0.2 m. at 12.32 hrs. (12.32 a.m.).

MONDAY High Water - 3.5 m. at 07.00 hrs. (7.00 a.m.) and 2.8 m. at 19.19 hrs. (7.19 p.m.). Low Water - 0.3 m. at 00.34 hrs. (12.34 a.m.) and 0.5 m. at 13.14 hrs. (1.14 p.m.).

TUESDAY High Water - 3.2 m. at 07.40 hrs. (7.40 a.m.) and 2.5 m. at 20.00 hrs. (8.00 p.m.). Low Water - 0.6 m. at 01.10 hrs. (1.10 a.m.) and 0.8 m. at 13.59 hrs. (1.59 p.m.).

WEDNESDAY High Water - 2.8 m. at 08.26 hrs. (8.26 a.m.) and 2.2 m. at 20.57 hrs. (8.57 p.m.). Low Water - 1.0 m. at 01.50 hrs. (1.50 a.m.) and 1.2 m. at 14.58 hrs. (2.58 p.m.).

THURSDAY High Water - 2.5 m. at 09.23 hrs. (9.23 a.m.) and 2.0 m. at 23.05 hrs. (11.05 p.m.). Low Water - 1.3 m. at 02.43 hrs. (2.43 a.m.) and 1.4 m. at 16.48 hrs. (4.48 p.m.).

NOTE: Standard Port is Killindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

Rotary Club Of Bahari Charity



PHOTO BY GILBERT ONCHOKE

Rotary Club of Bahari, Mombasa Golf fundraising in aid of Nyali Poli Station ablution block played on 5th and 6th September, 2010 at Nyali Golf and Country Club.

Full Results: Winner Ben Mureithi (15) 41 (22,19) Rust (22) 39 (20,19), Third Jane Githere (24) 38 (18,19), Sixth Jane Mburu (15) 37 c/b (20,17), Seventh Emmanuel Lumatete 37, Eighth Aameen Dhanji 36, Ninth Dinesh Sasan 36 c/b, Tenth Jatin Malde 36 c/b.

[LEFT] Ben Mureithi [left] winner during Bahari Charity Golf Fundraising in aid of Station Ablution Block, receives a prize from Tymeri, Security Group (Msa) Ltd., Sales Rep.

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