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Coastweek

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Mombasa Muslims Helping Feed Kilifi

GENEROUS RAMADHAN RATION DISTRIBUTION

Muslim Association Mombasa representatives have visited needy villagers living in the rural areas of Kilifi District to donate foodstuff as part of their Ramadhan activities.

The Muslim Association Mombasa makes the biggest difference on these Holy days of Ramadhan and distributes food rations for Muslims in remote areas of the Coast where help is most needed.

During Ramadhan the objective of staying hungry and thirsty is to reflect on how hard life is for those who are in need of the basic food staples to just stay alive.

For years the Muslim Association Mombasa has been involved in the rural community by helping provide nutritious food to the hundreds who have none.

A spokesman for the Muslim Association Mombasa further appealed to all Muslims to donate generously for social welfare.

"Social service is an important

Special Report by Correspondent

component of a Muslim society and Muslim Association Mombasa places great emphasis upon it.

"However, in spite of the depth of their work, they are barely scratching the surface.

"So much more needs to be done, but the Association is becoming over-whelmed and the

CONCLUDED PAGE TEN



Muslim Association Mombasa Secretary Shaahid Sheikh, along with his two young children Uzma and Kamran, seen while distributing food to the deserving of Majajani in Kilifi District. Looking on [third left] is Mombasa Muslim volunteer Arif Riuz.

A sweet deal with Ranee Basmati.



Pick up a 2kg Ranee Basmati Rice pack today and enjoy a free juice sachet to wash down your meals. This delicious offer is available at all Tusksys, Quick budget and A1 Supermarkets in Mombasa.

Wishing you a blessed Ramadhan.

SPECIAL REPORT BY MARLEN ENZ

believe many people don't know much about us and our work.

We hope now that with the opportunity of regular events we will be able to do more and also get some more supporters/ members and fighters for the rights of the animals.

All ladies of East African Women's league along the coast have been really responsive in many ways to this particular event we have the Malindi E.A.W.L. helping us to organize it.

We wish to send all our gratitude to them all.

The Malindi Dog show will

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Scott And Salim Triumph In X-Country

It was a dream come true as Steve Scott and Salim Walimohammed registered their maiden victories during the second round of the Cross Country Rally Challenge, writes SAMSON ATEKA.

After two days of brilliant display in Mogotio and Lake Bogoria, Scott stunned Andrew Pleasance before claiming his first ever win in the bikes class.

The event also counted towards the 4th round of the Kenya National Enduro Championship.

Defending quad bike champion Shazar Anwar won the quads class while legendary Ian Duncan emerged victorious in the buggies class.

Scott was indeed the overall winner in 3:20.22hours while Shazar was second overall in 3:21.26 hours and Duncan third in 3:22.26hours.

But Scott had to contend with playing second to Pleasance-who consolidated his lead in the motorcycles category as well as the Enduro series.

Walimohammed, on the other hand, was elated with winning the cars class after years of trying.

Like Scott, Walimohammed moved up to the second position in the table as Nish Lakhani clung to the series lead.

After the victory, Walimohammed sung praises of what he termed an incredible effort and personal time Rift Valley Motor and Sports Club (RVMSC) has taken to run an extremely successful event.

"I do hope this is the way forward for all future events; minimal tape, technical, fast, great notes, two days and a huge entry," said Walimohammed.

A total of 31 entries were realized in the event.

Overall X-country Results: 1. Steve Scott (bike) 3h20m22s, 2. Shazar Anwar (quad) 3h21m26s, 3. Ian Duncan (buggy) 3h22m55s, 4. Charles Mugo (bike) 3h25m00s, 5. Andrew Pleasance (bike) 3h26m46m, 6. Harry Gulker (bike) 3h28m36s, 7. Joost Zuurbiel 3h32m42s, 8. Tim Shazar 3h34m41s, 9. Jorgen (bike) 3h35m34s, 10. Walimohammed (car) 3h36m41s

Enduro standings: 1. Andrew Pleasance 72, 2. Harry Mugo 58, 3. Joost Zuurbiel 45, 4. Steve Scott 39, 5. Steve Scott 39

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Securex Merge With Cybertrace

Securex, Kenya's leading high-security company, announced the merger by acquisition of vehicle tracking service Cybertrace, in a move that is set to bring benefits to consumers of a nationwide tracking service that delivers fuel and operating cost savings of some 30 per cent with value added benefits.

In its newest service launch, in partnership with four-year-old vehicle tracing and fleet management company Cybertrace and internationally recognized technology provider Starcom systems of Israel, Securex is claiming a more advanced system than has yet been seen in East Africa.

"We found a huge security gap in the market as far as fleet management is concerned and decided to seal that gap.

"This real time tracking system is one of its kind and we are very pleased to be the ones offering it," said Mr Tony Sahni, Securex Managing Director.

Cybertrace is now under the same majority share ownership as its sister company Securex, both owned by the Sahni family, and has moved into the same HQ in Nairobi, from where the two companies are running the new merged service.

For fleet managers, the system provides real-time reporting on vehicles via an Internet account or on client's own computers, with the merger of the two companies delivering pan-

real time," says Mr Sahni.

The online software gives real-time alerts on high fuel consumption, detects leaks, fuel thefts, and refueling events, as well as complete information on

and CDMA) and GPS (for location) concept, the tracking system sees an inbuilt device installed discreetly in vehicles that tracks the vehicle, equipment, people, containers, and merchandise, at extremely low cost.

It monitors the position of the vehicle using GPS satellites and transmits to the servers at the Securex control room, giving the fleet manager a complete picture of the position, direction, and speed of the vehicle.

It also records historical routes and stops.

Fleet managers can alert drivers to unsafe driving and problems ahead, such as traffic jams, road construction, and detours, saving time and money.

The tracking system also enables fleet managers to create a speed limit and geo-fenced areas - a virtual parameter, for example, of the Nairobi district beyond which your vehicles should not travel.

Any car that breaches its boundary or speed limit automatically triggers an alert to both manager and Securex.

The device can also come into play during a carjacking, with an in-car panic button that transmits to the main control room, while unauthorized entry triggers an alarm that then immobilizes the engine so the car cannot move.

The tracking system may also now be used to help financial institutions in recovering assets from loan defaulters, with Securex assisting banks in tracing the fleets of loan defaulters, and as an aide in insurance claims, with the system offering information that can determine fault in accidents.

"Starcom systems has been involved in provision of the technological products to over 56 countries in the world and along-time partner of Cyber Trace.

"We are delighted to now be partnering Kenya's most trusted security service, Securex, in provision of real time solutions that empowers the clients and promotes business efficiency," said Mr. Doron Kedem, Chief Operating Officer of Starcom systems.

For enquiries contact sales@cybertrace.co.ke.



Seen [from left] Securex Managing Director Tony Sahni, Starcom Systems CEO Doron Kedem and Cyber Trace Director Shreyas Patel.

regional coverage of the highest tech vehicle tracking service in the region.

"With this new tracking system we are talking about second by second update on the movement of your car or your fleet, you are like a virtual driver and incase you notice an anomaly you act in

how, and where, the vehicle is being driven.

"This big brother concept is the best thing that could ever happen to a fleet owner who is keen on monitoring his business and cutting cost," said Mr. Shreyas Patel, Director of Cyber Trace.

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Generous Donation By Jugend Club

Monday 17th of August, 2010 was no ordinary day for the children at APDK Rehabilitation Clinic in Port Reitz.

Hosted by the Administrator, Mrs. Leah Mwachari, the Clinic received a full bus load of their long term friends from Germany who came loaded with many exciting gifts for the children valued by a most generous donation of KShs. 5million (Euro. 500,000) to the rehabilitation clinic.

There was song, dance, celebration and great celebration activities most of whom were making their first visit to Kenya, arranged freely and friendly with the children, staff, management and committee members, offering friendly and appreciative talks, food and refreshments in a warmer reminiscent of good old times come together.

Committee members were led by the new Chairman for the Rehabilitation Clinic Dr. Jonathan Higgs (himself disabled), who was taken over from long serving Dicky Coppinger.

APDK Rehabilitation Clinic is a well known centre that facilitates

the rehabilitation of children with disabilities through surgical, therapeutic and educational interventions.

The children who are from the

Coast Province are identified through The Clinic's outreach programs, the Mobile Clinic (covering rural Coast) and the Community Based Rehabilitation

hope and opportunity for a more meaningful future through corrective surgery, post surgical care and education.

THANK YOU: The Chairman of



The Jugend Club group leader Gerhard Junginger handing over the KSh. 5 million donation cheque to the APDK Coast Branch CEO Francis Kithuka Kivullii accompanied by Chairman APDK Rehabilitation Clinic Dr. Jonathan Higgs, Management Committee members, H. Hafidh and S. Daakik and the Administrator at the Clinic Mrs. Leah Mwachari, while the visitors, the children and the staff of APDK Rehabilitation clinic look on with joy and appreciation. The Chairman of APDK Coast Branch Zul Harunani, sent his apology which was communicated by H. Hafidh, as he was held up in unavoidable circumstances.

(covering Urban Coast).

The Clinic depends solely on the generosity of both international and local donors for the running of its programs.

Jugend Club have been more than a supportive partner to the Clinic's needs for more than 20 years as a result of which the Club has made great and tremendous impact in improving lives of children with disability.

The group raises funds in their home-Country through organization of various activities such as:

- Organizing trade fairs in various towns
- Selling of food stuffs e.g. special jam made by women groups
- Fun games, drama, musical concerts etc.

They do all these activities in order to give a disabled child

APDK Coast Branch Mr. Zulfikar Harunani, on behalf of the Management Committee, The Rehabilitation Sub Committee, The Management, the staff and the clients of APDK Rehabilitation Clinic wishes to express our profound appreciation to the Jugend Club fraternity for this very generous donation and for keeping our Clinic very high in the Club's agenda.

He wishes to assure the Jugend Club that APDK shall be forever grateful to the Members of Jugend Club, their friends, families and Communities back home for their very assuring and profound commitment and support that has continued and will continue to touch the lives of disadvantaged children at the Kenyan Coast, thus helping to shape their future lives for the better.



KRA 13th Commissioner's Tree Planting Conference

KRA Commissioner- Customs "Lambul Namu [fourth left] poses for a photo with Lodge Staff during Tsavo Green Tree planting session marking the end of what they termed as the most unique annual conference they have had so far.

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27	4.53	6.28	4.50	6.27	4.48	6.25
28	4.53	6.28	4.50	6.27	4.47	6.25
29	4.53	6.28	4.50	6.27	4.47	6.25
30	4.53	6.28	4.50	6.26	4.47	6.25
31	4.52	6.28	4.49	6.26	4.47	6.25
01	4.51	6.27	4.48	6.25	4.45	6.24
02	4.51	6.27	4.47	6.25	4.45	6.24

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Cool Dance Moves With New Step Up 3

WATCH SOME of the most incredible dance moves in three dimension at the NYALI CINEMAX this week with Step Up 3.

This third film follows in the footsteps of the previous two where gang rivalry is decided on the dance floor. Luke and Natalie are king and queen on the streets of hip hop dance, but how will they fare when they are pitted against some of the very best in New York.

Their group is given an advantage when New York University student Moose joins them. Jon Chu's direction has Adam G. Sevani, Sharni Vinson, Alyson Stoner, Rick Malambri and Keith "Remedy" Stallworth.

With the super three dimension technology at the NYALI CINEMAX, this movie will have dancers literally popping out of the screen. Corey Burton, Liam Neeson, Bradley Cooper and Quinton "Rampage" Jackson are the

new and improved **A Team**. They replace George Peppard, Mr. T, Dirk Benedict and Dwight Schultz who starred in this very popular television serial of the eighties. Four men put in prison for a crime they did not commit. When they break out, their nature makes them keep on doing good deeds for those in need yet, always on the run from the police and army.

Magician Balthazar Blake must save modern-day Manhattan from the evil Maxim Horvath. Needing a younger and more energetic assistant, he settles for college student Dave Stutler. Not your average enthusiastic apprentice, Stutler has a lot to learn before he can face Horvath.

The Sorcerer's Apprentice stars Nicholas Cage with Jay Baruchel, Alfred Molina and Monica Bellucci and is directed by Jon Turteltaub whose previous experiences include **National Treasure 1 and 2**.

Angelina Jolie is sugar, spice and all things nice with a large helping of **Salt**. In and as CIA agent Evelyn Salt, Jolie is assisted on screen by Liv Schreiber and Chiwetel Ejiofor. Two shows each of **Cats & Dogs** (in three dimension), **Inception** and **The Karate Kid**.

CINEMAS with Anjum Asodia

There will be two Hindi films at the CINEMAX this week. Pradeep Sarkar's **Lafange Parindey** goes into its second week and it stars Deepika Padukone and Neil Nitin Mukesh. One Shot Nandu, the street fighter, living by his own hard rules. He is softened by the equally head-strong Pinky, who is blind yet wants to fly above the clouds. Who will change whom first is to be seen in this very well crafted film.

Anil Kapoor's production **Aisha**, starring his daughter Sonam Kapoor and Abhay Deol will be shown for one show on Friday morning. Catch up on the Monday Mania and free bowling vouchers.

For more details please check out the NYALI CINEMAX flyer.

Generous Donation For The Tom Mboya School For Cerebral Palsy

Brijesh Ashani and his brother Dhir Ashani donated paint for the re-painting of Tom Mboya School for Children with Cerebral Palsy and its dining hall and donated food worth Sh285,000.

ABDULREHMAN SHARIFF writes

The project was initiated by Mr Vinod Dattani who is also a member of the school Board of Governor said among the the food donated to the school include rice, wheat flour, maize flour, beans and oil.

Mr Dattani thanked the Ashani family for helping the unit and appealed to other wishers to come forward and help.

THERAPUTIC TRAINING
 The school head mistress, Ms Getrude Kisaka the unit's aims and objectives is to enable the child to be mobile through therapeutic training by physiotherapist and occupational therapist. Others are to assist the child to become self-reliant, acquire daily living skills and acquire speech and language development, just to mention but a few.



Seen [from left] Premji Ashani, Brijesh Ashani (donor), member of Board of Governor Vinod Dattani, Dhir Ashani (donor), Head Mistress Getrude Kisaka and Vishram Halai.

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Food Allergy Tests Available At Plasma Diagnostics

panels for food and inhalative environmental allergens for adults and children.

Introduction of these tests will greatly assist the doctors make a diagnosis faster for their patients since the tests are performed on fully automated systems so that the results are available in 24

hours. Allergy affects a significant population worldwide and is now the third most common chronic disease among children under 18 years old.

Allergy remains among the most common, yet often overlooked, chronic diseases according to the Asthma and

Allergy Foundation of America.

Allergies are often thought of as a seasonal inconvenience.

Parents may not recognise that sniffing, sneezing and itchy eyes may be associated with the further development of other allergic conditions.

Typically atopic dermatitis (eczema) occurs between birth and three months of age; gastrointestinal symptoms related to food allergens are most prevalent during the second year of life (but can occur earlier); allergic rhinitis and other respiratory conditions due to inhaled allergens can follow, as well as the recurrent ear infections followed by a progression to asthma.

Approximately 40 percent of infants who have atopic

dermatitis may develop asthma by the age of three to four years.

Allergic diseases diminish a patient's quality of life, restrict participation in outdoor sports, decrease on-the-job productivity and unfavourably influence school performance.

Time lost from school may negatively affect grades, academic achievement, self esteem and future life successes.

Diagnostic tests play a key role in the management of allergy when used in conjunction with patient history and a physical examination to determine the allergens causing a reaction.

Blood tests, measure the concentration of sIgE in the circulation that is specific for a particular allergen.

Blood allergy testing now available at Plasma Diagnostics is a convenient and accurate diagnostic tool and complements the traditional skin-based testing options.

Patient comfort and safety are important factors to be considered during in vitro testing for the diagnosis and treatment of allergy.

Plasma Diagnostics now offer for the first time, a comprehensive panel for food allergens.

Allergy to 20 different nuts, fruits, vegetables and seafood can now be detected simultaneously from a simple blood test. Results are normally available within 24 hours.

Nilesh Vaghadia, the Director of Plasma Diagnostics working on the allergy screening analyzer.

request to provide quality diagnostic laboratory services for faster diagnosis of the patient's conditions, Plasma Diagnostics have introduced specialized food allergies at their laboratory located at the Mombasa Likoni complex.

Abdullswamad Nassir Assists Disabled Muslims

Breaking News With The Shafi Area Youths

The Shariff Nassir Foundation chairman, Abdullswamad Nassir flanked by Shafi area youths who invited him breaking the fast last Monday.



Shariff Nassir Foundation chairman, Abdullswamad Nassir donates foodstuffs to Ramla Said, the founder and leader of Mombasa based Al Muqatdar Shoe and Leather for the physically challenged people and her members at MEWA Hospital offices. The foodstuffs which includes rice, wheat, rice, dates and cooking oil will assist the disabled Muslims during the holy fasting month of Ramadhan. Mr. Nassir called on other leaders and institutions to come forward and assist the less fortunate members especially during Ramadhan.



Arya Samaj Welfare Helps The Needy



On 18th of August Arya Samaj's Welfare committee with members of Arya Samaj went to Mombasa Rescue Center in Utange, With Food, Linen, Stationary and other items. The Home is run by Pastor Joseph and His wife Dorothy. It has 16 Children and was started by Pastor and his wife in 2005. Seen children of the Mombasa rescue center with the pastor and his wife. Joseph, and Dorothy, Susan, Miss Sungeeta Prasher, Dr. Lata Magon, Mrs. Anjna Sabharwal, Mrs. Anu Bhalla, Mrs Sheela Soni, Mrs Kiran Sabharwal, Mrs. Kamini Khanna, Mrs. Sunita Sharma, Simon Patel and Riva Patel.

THE TAMARIND THIS WEEK



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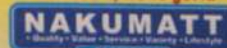
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THIRTY ONE YEARS AGO

Coastweek, August 24 - 30, 1979:

OPERATION Census: Kenyans were gearing up Friday night for the 1979 population census which was estimated to cost KSh 45 million. Mombasa was projected to have about 413,000 residents. According to the 1979 Kenya Population Census Guide, the 1969 census showed that Kenya's population was just under eleven million and growing at a rate of 3.3 per cent each year, the highest rate in the world. This meant that if the population continued to grow at that rate, Kenya's population would double in another 21 years.

Muslims were celebrating Idd ul Fitr marking the end of the holy month of Ramadhan with a special Idd message from Kenya's Chief Kadhi Sheikh Abdullah Saleh Farsi.

A four-man team from the Indian Institute of Petroleum Exploration were making preliminary analyses with help from the University of Dar es Salaam on traces of oil found at Songo Songu in Kilwa District, Tanzania. The Tanzanian government meanwhile imposed restrictions on the sale of petrol to further conserve the fuel.

NAAZ cinema was ending its run of 'Scandal in the Family' and moving on to 'Heroes' starring Henry Winkler and Sally Field. REGAL cinema was showing 'Edge of Fury' a Kung-Fu flick starring Yasuki Kurata and Bruce Lee look-alike Ho Chung Tao. Meanwhile, KENYA cinema was winding down its run of 'Moonraker' and despite extra shows added to their schedule, queues continued to build at the booking office. At the CHOX it was Randhir Kapoor and Jaya Badhuri in 'Jawani Diwani' (Crazy Youth).

Letter writers included Abdala wa Khalidi of Takaunga who urged readers "In the name of women's rights" and "In the name of unadulterated Christianity" to "not abolish the right to polygamy" following "recent debate and rejection of the Marriage Bill by Parliament which focussed attention on the African and Islamic institution of polygamy."

Others were Mbogholi wa Maghanga, G. L. Antoni, Mishi Mwachatam of Kwale and Nabila Ali and Shelina Vellani of Mombasa

TOP Ten on the music charts compiled by 'Disco Bug' saw "Bad Girls" by Donna Summer rising from sixth place to the number one slot, pushing "Good Times" by Chic down to number two. Three new entries, "Bright Eyes" by Art Garfunkel, "Bridge Over Troubled Waters" by Linda Clifford and "Ring My Bell" by Anita Ward filled in slots seven, eight and nine respectively, while "Boogie Wonderland" by Earth, Wind and Fire looked set to leave the Top Ten, sliding to number ten from number three the previous week.

A Former Deputy Mayor Suggests Some Important Improvements For Mombasa

At the very outset let me commend Municipal Council of Mombasa Town Clerk Tubman Otieno, His Worship The Mayor Councillor Modhar and all the councillors and staff for the efforts being put in to improve the city, in particular I notice that roads and streets are being cleaned to get rid of heaps of rubbish.

There are some areas that are still really filthy and have loads of garbage particularly where the council has huge receptacles. These places are ideal for breeding of flies, mosquitoes and rats. The staff from the Health and Cleansing Department should visit Duruma Road, Mwenbe Tayari Road and A. Makarios Roads to name a few to view heaps of rubbish.

The beautification of the city is progressing well.

It is being appreciated by the citizens so please continue your efforts.

It is disturbing to note the behavior of some vandals who have broken flower pots and uprooted some plants.

Traffic is becoming chaotic both on the island and mainland.

In Nyali at Kingeleni Junction the situation is getting hopeless.

"No Parking" should be imposed and "No Stopping" signs should be put up.

Police should be very strict and not allow any vehicles to stop till after the exit from the whole - sale market.

No hawkers should be per-

mitted on the road reserves.

The major culprits responsible for the traffic hold up are the Matatus and the Tuk-Tuks.

The road markings on some roads are proving very helpful.

On the Nyali Bridge if the lanes and the kerbs are painted it would make driving safer and more comfortable especially at night as most of people drive with full lights.

The main contributing factors for chaotic state of traffic is the lack of parking bays for the Matatus and violation of basic traffic rules and road courtesy.

It is worth considering the idea

crossroad junctions in the city, serious consideration should be given to installation of traffic lights.

(Provided the lights function as in cities like Mumbai and London).

Commuting in the city is fast deteriorating and the Council and Provincial administration should study long term solutions.

If I remember correctly reading in the local newspaper you had stated that there would be "No Reserved Parking" in the city except for certain essential institutions.

I still notice that there are lots

present net work of streets cannot cope with

The Council has not or built any roads in years and has not any dual carriageways

I would appreciate if you give serious consideration suggestions which I have go a long way to improve flow of traffic on the

A small stretch of Moi Avenue to the Station should be a dual carriageway. This is on temporary construction to dealers who deal in hand cars.

'Taking into consideration the deterioration in the traffic and lack of transport facilities for the citizens, serious thought should be given to a reliable public transport system like a decent Bus Service'

of providing bays for the Matatus on some roads.

Taking into consideration the deterioration in the traffic and lack of transport facilities for the citizens, serious thought should be given to a reliable public transport system like a decent Bus Service.

All over the world major cities provide efficient, dependable and affordable Buses.

The scheme to build a Bus terminal for Country Buses at Kibarani is most laudable and should be implemented at the earliest.

There are lots of business tycoons and politicians wanting to grab land in this town and this area is ideally suited for grabbing.

To ease congestion at major

of signs for reserved parking in the city roads like Gusi Road and Station Road, to name a few.

No Reserved Parking should be allowed in the Central Business District.

I would venture to suggest adoption of a byelaw that all new developments in the city must provide parking in their proposed building plans.

The citizens will only get relief if the traffic police get more aggressive and vigilant.

I recall your decision to stop reserved parking slots and loading and dropping off points was adopted to manage smooth flow of traffic.

The vehicular traffic is increasing at a fast rate and the

This valuable land should be repossessed in the name of the development of the

The road from Moi Avenue to the Cooper Motor Corp. Sports Club and then continuing to the main road the Star of the Sea station on in front of Pandya Hospital and Arabs Girls School should also be developed as Dual Carriageway.

Some of the structures on roads are of short duration the cost of the construction be reasonable, others could be a larger budget and they could be undertaken in

These developments will go a long way to ease the traffic in this area and be a real

CONCLUDED PAGE 11

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Genuine New Spares Are The Best Choice For Motorists Insists Expert Jared Aluoch

www.co-opbank.co.ke

Motorists have a choice of buying genuine new spare parts from accredited vehicle dealers and a bewildering selection of replacement and used parts which are stocked by hundreds of outlets in cities and towns in Kenya.

According to Jared Aluoch, the Parts Manager of the Ford and Mazda Division of the CMC Motors Group, buying genuine spares from appointed vehicle dealers is the best choice.

He explained: "This maintains the safety and reliability of your car giving you peace of mind."

In the case of parts purchased from the Ford and Mazda Workshop in Lusaka Road, Nairobi and the seven CMC branches in Kenya, Ford and Mazda mechanical spares carry one year warranty.

"Electrical parts are fitted by our qualified technicians, these carry a one year warranty."

Explaining why many motorists opt for replacements and used parts, Aluoch said:

"These are priced lower than the genuine items.

"Such parts are often sold in packets carrying manufacturers' names and logos.

"They are offered at much less than genuine parts they are likely to be fakes and are certainly not supported by a warranty."



Jared Aluoch (left), the Parts Manager of the Ford and Mazda Division of the CMC Motors Group, checks one of the 12,000 spares stocked in the parts department with Josephat Andelwa (right) the Warehouse Manager.

"Used parts are sourced from accident write-offs and vehicles which have been sold for scrap.

"In some cases these have been carefully cleaned and polished before being offered for sale."

Asked about the role of the Kenya Bureau of Standards (KEBS), Aluoch replied:

"The surveillance by KEBS covering imports has become

increasingly effective in finding fake parts.

"This is helping to raise the safety of vehicles on the Kenya roads, but there are no effective checks on used parts."

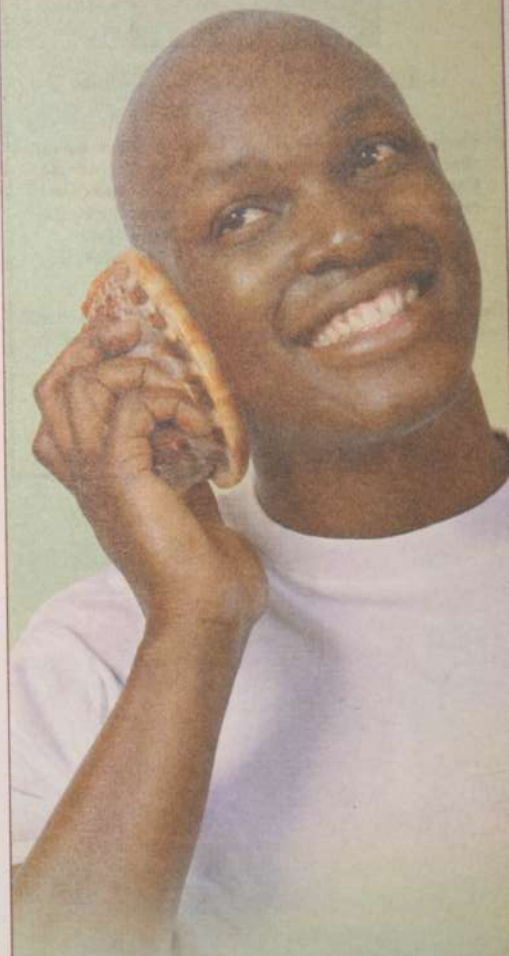
"This is cause for concern because used parts especially those sourced from an accident write-off are likely to have a limited life.

"In addition they are a threat to the safety of the vehicle owner

and other road users."

Aluoch concluded: "My many years of experience in dealing with spares has convinced me that motorists should buy only new genuine spares from recognised dealers and avoid the temptation of paying lower prices for replacement and used spares.

"These are potential causes of trouble and are likely to lead to additional expenses."



ANNUAL MARA MIGRATION UNDERWAY

The seventh greatest natural wonder of the world is upon us once again, writes Mombasa based wildlife photographer Shazaad Kasmani.

It is an event which for years has continually privileged two neighboring countries to offer free passage between their borders for over three Million travellers; it is the Annual wildebeest migration in Kenya and Tanzania, the most spectacular natural event in Africa.

Their journey begins sometime in May where instinctively, large herds of wildebeest begin to leave the savanna plains to seek greener pastures in the Mara.

Tens of thousands of acres

of grassland are suddenly covered by masses of migrating gnu and every step they take invites more and more followers to the pilgrimage.

Come July, the herds are at the final leg of their destination and are ready to cross the river.

But there is something else which makes this event spectacular beyond the sheer mass of migrating mammals.

FEAR AND PANIC

The month long, tranquil marching pace has suddenly come to a dead stop and the entire atmosphere has been abruptly transformed into a state of absolute confusion, fear and panic.

Survival instincts have taken over.

A light splash is heard from across the river; Nile crocodiles inhibit these waters.

Uncertain of their next move, the grunting and moaning wildebeest wander parallel along the river bank trying to look for a shallow and trouble-free crossing that displays no hint of observable danger.

But by now, thousands of gnu have gathered at the crossing path and the front line of animals are now being forcefully pushed and shoved up to the waters edge.

The giant Nile crocodiles which average four meters in length will patiently lay in wait.

They know that food will eventually come to them since the wildebeest have no other choice, either you cross the river or starve to death in the

now dry Serengeti. The crocodiles are quadrupeds; they have their eyes, ears and nostrils positioned on top of their head so that the rest of the body can remain partly submerged underwater.

In this concealed state, they can easily be mistaken for tree logs, quietly directing their approach to the river shore with stealth.

If need be, they can burst into action and swim at speeds of up to 30kmph.

It is estimated there are less than 400,000 of these living dinosaurs left in the wild.

Anxiety on the river bank has now reached a heightened peak and a gnu finally finds the nerve to plunge into the raging currents, where now, as if by magic, the rest of the herd pour themselves into the wake of the first, their convulsive wading now forming one long synchronized line as they attempt to cross the river.

A five meter crocodile approaches the left flank of the now fear stricken wading herd, swimming past the first few wildebeest that are only a foot away from him.

A struggling target has been sighted!! With jaws agape the crocodile lunges into the face of the victim where it holds on exceedingly tightly as it drags the now drowning gnu into the murky abyss.

It is assumed that over 200 thousand wildebeest die from drowning and predator attacks during this migration.

The greener grasses however on the other side, replenishes the losses with over 400 thousand births a year.

This great natural spectacle based purely on animal instinct reflecting the survival of the fittest is what we humans come to witness annually from all over the world.

Umesikia? Likoni tupo!

Tawi letu jipya la Co-op Bank sasa liko karibu nawe hapa hapa Likoni! Tutembelee katika barabara ya Shelly Beach ujionee mazuri.

Kwa maelezo zaidi tembelea tawi letu au piga simu nambari 0717 696022, 0738 427030 au 041 2451011.



Into the Jaws of the Mara: A Nile crocodile waiting to snatch a young wildebeest in the Mara River Game Park. Many thousands of wildebeest die from drowning and predator attacks during this huge annual migration. COURTESY: SHAZAAD KASMANI

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APPRECIATION



Late Sheikh Dilawer G. Alibhai of Dilawers Barbecue Mombasa

The family of Late Sheikh Dilawer G. Alibhai wish to express their sincere gratitude to Community Members & the Burial Committee, friends and well wishers for their assistance and messages of condolences sent personally, by telephone calls, text messages and email, on the sad demise of our Beloved Sheikh Dilawer who passed away peacefully on Sunday 22nd August, 2010.

Our special thanks to Dr. M. T. Adamjee, Dr. Y. S. Karim and staff of Mombasa Hospital for their co-operation and untiring efforts. May the Almighty bless all in His special way.

Sadly missed and dearly remembered by family members and friends.

May Allah rest his soul in eternal peace. Ameen

Back To Roots For New Jaguar Xj Luxury Car

When Jaguar introduced the first XJ over 40 years ago, its sleek lines and high performance earned pace-setting status in the luxury car market: The XJ soon became an icon.

Jaguar design and engineering teams re-imagined the icon to create the new XJ in line with the company's mission to create beautiful, fast cars.

Kenyan motorists will be able to view this elegant four door saloon with sporting coupe looks when the car is launched in this country by the CMC Motors Group in October.

This premium luxury saloon was shown by Jaguar Sub-Sahara Africa to dealers, journalists and a select group of motoring enthusiasts at an event held in South Africa.

The guests enjoyed the privilege of test driving the Jaguar on a mix of highways and mountain roads with sharp bends on steep climbs and descents.

Opening the driver's door highlighted the high standards of fit and finish before entering a cockpit with soft leather covered seats.

Fine wood veneer and classy chrome surrounds for the extensive range of well positioned instruments are a treat for drivers and passengers

who enjoy a sense of light and airiness in the XJ's cabin.

Driving the superbly appointed large saloon is an amazing experience. The XJ handles like a sports car with the manners of a limousine. The advanced adaptive dynamics suspension makes both fast and sedate driving a pleasure.

The direct and light steering gives the driver complete control even when leaving a turn and pouring on the power of the five litre V8 engine.

There is a choice of using the automatic mode, or manual gear changes with steering mounted "paddle" controls.

The potent Jaguar engine gives

the driver confidence to overtake slower vehicles safely and to tackle steep climbs without reducing speed.

Accelerating hard on an open stretch of road is like a jet aircraft zooming down a runway.

The contemporary luxury of the XJ interior is captivating with a choice of sumptuous leather in attractive colours.

The wood veneer stretches from below the windscreen to the rear of the passenger compartment.

Discerning motorists interested in car construction are amazed by the use of aluminium and magnesium to make the body structure of the XJ.



The Jaguar XJ premium luxury saloon will be launched in Kenya by the CMC Motors Group in October.

Researchers Are Making Cheaper And More Powerful Car Batteries

Last week we considered what disruptive technology could do and began to examine what would be necessary for this phenomenon to hit the motor vehicle industry.

The main item that would create the disruption necessary to move vehicles to electric energy is the powerful and easily rechargeable battery.

A lot of researchers are working on making car batteries cheaper and faster to charge, of course.

In the meantime, though, there are three approaches to the trade-off, each of which has its champions.

The first trade off accepts the range limit and promotes the design of small, thrifty vehicles specialised for city use.

This has the virtue of simplicity and the vice of inflexibility.

It means that the vehicles will be simple personnel carriers with a limit of maybe two to three people in cramped conditions.

The range will be probably some hundred to a hundred and fifty kilometres and will have batteries that are rechargeable in the typical time that meetings take - that is probably three to four hours if one includes the pre meeting banter and the refreshments or entertainment after.

Recharging points can then be available in the basements or parking of most buildings in the city of the programme is supported by the city fathers.

The second trade off option is to add a petrol-driven generator known as a range extender.

This will complicate the mechanics of the vehicle, but will provide the driver with a security blanket, for he knows he will never be stranded if he

can find a petrol station.

The third answer is to keep the car all-battery, but to introduce a network of battery-exchange stations similar to the existing network of petrol stations, so that someone who is running out of juice can pull in, swap over the battery pack and pull out.

The only challenge here is that the battery packs should generally be the same for all cars.

One can imagine having different types of battery that have characteristics that suit the vehicle design style.

CoastDrive with Teti Kamugunda



There will be those that require high pulling power but not high speeds - read diesel engines.

There will also be the other extreme that require rapid acceleration and then be able to maintain high speeds read petrol engines.

Then there will be the variants in between.

It will be like having different grades of fuel so that the vehicle manufacturers can design their engines and mechanics to reflect the driving style they desire to achieve to match the battery characteristics.

In the first category of the so called city cars, it is expected that the first series of vehicles that will be commercially and widely available will come out next year.

Typically they may cost around fifty thousand dollars but it is expected that the price will drop rapidly as they catch on in the major cities in the developed world.

They will have between five

and ten per cent of the number of batteries that the super cars covered last week need.

This means that their range will probably be between one hundred and one hundred and fifty kilometres before they need charging.

Charging will still remain a challenge for these vehicles.

They will rely on the fact that the range is suitable for a day's operation and they can be left charging overnight.

These city cars are all very well as runabouts, but if electric vehicles are to become widely adopted and displace hydrocarbon fuelled vehicles, they will have to make a serious impact in saloon-car market.

To do this with an all-battery powered car will not be easy especially given the current price tag.

Whilst an all electric car is very desirable, the reality is that hybrid will form the intermediate solution as the "disruptive" technology is perfected.

The Lithium ion battery, which is the current staple for cars, will need to have a rapid charge capability for all electric cars to make an impact.

Alternatively a new kind of battery that can be programmed to replicate whatever the car manufacturer needs in terms of vehicle response will be the defining moment for battery powered vehicles.

This will require materials that can respond to digital inputs in order to programme their response.

This Holy Grail is still far in the future but not unimaginable.

In the meantime hybrid vehicles will rule the roost and we will continue on that next week.

As Kachumbari says, serious challenges still lie ahead in creating all electric vehicles.

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LIFE IS JUST LAUGH

"Why did you have to spoil it by telling me you're my wife?"

"How should I know where the safety camera is on a Smith and Wesson?"

"Funny how girls change their figures when they get older?"

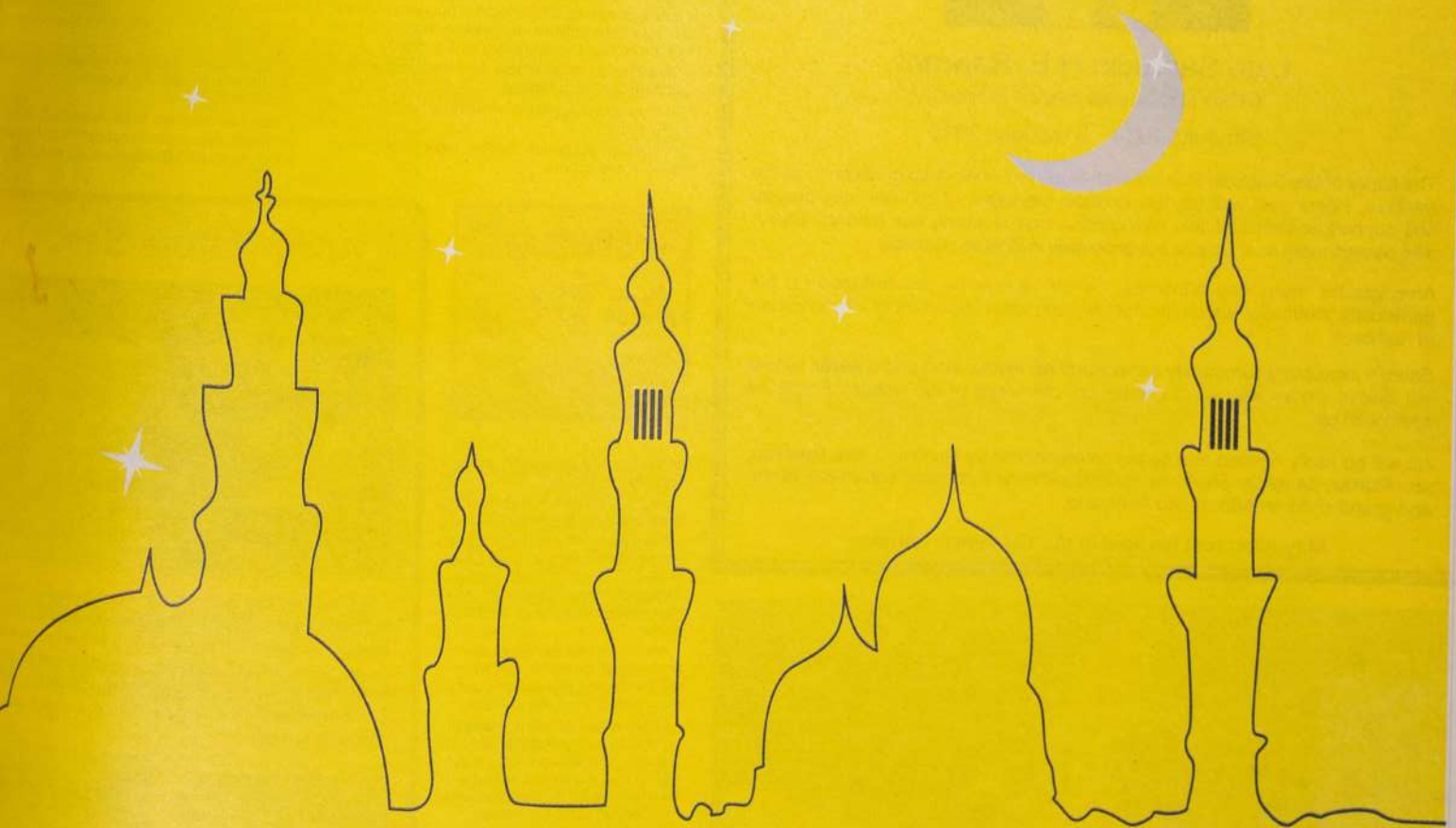
"You invent a light bulb?"

"I am over Charles?"

"Do you ever sleep on the floor for a change?"



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APPRECIATION



Late Sadrudin H.E. Rajwani
(Also known as Sadru Bapoo)
5th July, 1934 - 31st July, 2010

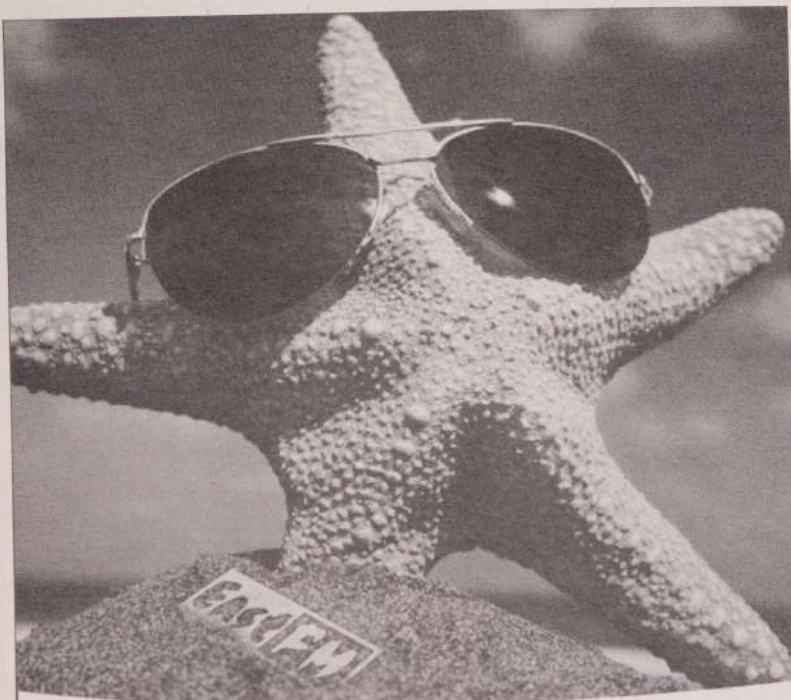
The family of late Sadrudin Rajwani wish to express their deep gratitude to all the relatives, friends and well wishers for their messages of condolences, prayers and support accorded at this very painful time of losing our Beloved Sadru, who passed away so suddenly, but peacefully in Calgary, Canada.

Amongst his many fine attributes, he will always be remembered for his generosity, kindness, unconditional love and most important of all, his sense of humor.

Sadru's exemplary community service and his loving, kind and cheerful nature will always remain with us to cherish our memories of the wonderful time he spent with us.

He will be sadly missed and dearly remembered by his loving wife Rashida, son Munaz, daughter Shemina, daughter-in-law Tameeza, son-in-law Amin and grand children Adnan and Ashiyana.

May Allah rest his soul in eternal peace - Ameen



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Generous Mombasa Muslims Helping Feed Kilifi Village

FROM FRONT PAGE pressure of lack of funding is quite a strain.

"Some Muslims have not yet learned to give generously for social causes outside their own clans.

"The community needs should be supported.

"We need your positive support so that we can help more in desperate need of help.

"It is high time that the community at large recognizes the reality of mounting social problems and act swiftly to support efforts of organization like the Muslim Association Mombasa.

"After all, the well being of our community depends on all of us, and we cannot afford to sit idle as they decay states Shaahid Sheikh, Secretary of Muslim Association Mombasa.

"Save yourself from Hell-Fire even by Giving half a date fruit in charity" - Prophet Muhammad (SAW)

"Charity is Essential in Ramadhan: Ramadhan is a time when we feel the effects of hunger and thirst, like countless millions of Muslims throughout the world who feel this pain, day in day out.

"It is time to grant mercy and love to the poor, destitute and unfortunate.

"It is our duty to give generously to the needy and deserving.

"This is an obligation that we have to our fellow brothers and sisters.

Charity is essential in Ramadhan. It is gateway to increased reward (SWT).

Donate generously to Muslim Association Mombasa.

Your donation will elevate you in the eyes of Allah (SWT) and help feed somebody who is in need.

May Allah (SWT) accept all our good deeds solely for Allah (SWT).

Invitation to Participate: You can also help in our projects which will provide support to your soul.

There is plenty of scope for those individuals interested in getting involved in the community and once again we are willing to serve the community without any rewards to come forward and grab the chance to serve the community.

As a non profit, faith based organization Muslim Association Mombasa welcomes individuals to be included in the Muslim Association database.

You will be contacted when the Muslim Association Mombasa hosts an event and needs assistance.

People interested to serve and provide help earnestly requested to contact Shaahid Sheikh email spsheikh@shankarelectronics.com

'Finest' At Dog Show!

FROM FRONT PAGE be hold on the 29th of August 2010 at the Golf club in Malindi.

Registration from 9.30 a.m. and show starts at 10.30 a.m.

The classes to enter are: Best puppy, Best pedigree dog, Best veteran, Best KSPCA dog, Shaggiest dog/ waggiest tail, Fancy dress class/ dog most like owner.

And of course the show won't end without the champion, which will be the dog that accumulates most points in all the classes.

There would fabulous prizes to be won by every dog that wins in a class. The kids are also most well come and we are sure it will be a fun day for the both two and four legged family members.

Don't miss it.

Our well known Mombasa Shaggy dog show, will take place on the 19th September at the Forest trail.

We are looking for sponsors and raffle prizes in order to raise some extra funds.

If anyone is interested to help us in one or the other way please contact us through mail:

kpscamsa@wananchi.com or marlen@wananchi.com

Our work is still always on the increase and as such more funds are needed to meet our daily running costs.

The admission of animals such as dogs and cats are on a level we can hardly carry anymore at the moment.

Last month alone we admitted 45 cats and 29 dogs.

Hotels are empty or closed because of the low season so we don't get much left over foods and have to supplement nearly all to feed the animals in our care.

These fundraising events we organize are more and more important for us and help us to survive even though they are covering only a small fraction of our, but as more people support us on these events either in sponsoring or in participating the less is our shortage of funds.

We welcome everybody to attend these events.

Don't miss it - help us - help the

Nguuni Nature Sanctuary



Nguuni Nature Sanctuary is a completely natural and natural environment, approximately 5km from Bamburi Cement factory. It's a home to a number of animals, birds and trees. Animals can be seen at a close distance. Enjoy a nature walk along the fed ponds and to a huge wetland and see a wide range of birds.



Also offered: The Sundowner and Picnic are a spectacular place for get together friends and family around the campfire surrounded by antelopes while watching magnificent sunset. Or enjoy a picnic after guided nature/bird walk.

Baobab Trust - Bookings: 5 486155 / 0721
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nature trails

W Suggestions On Improving Mombasa

CONTINUED FROM PAGE SIX

In the interest of Pedestrians, Bicyclists and Pedestrian, roads should be kept free of clutter such as temporary structures, awnings and obstructions that are dumped building and rubbish.

Such clutter should be dealt with by the Council or Council askaris.

Walkways should be paved and laid as it is being done at the Mombasa Sports Club. The provision of amenity is ideal for pedestrians and should be provided for all parts of the city.

It was suggested in the August issue of Coastweek that the petrol dealers be removed from the petrol station at the beach.

An excellent idea and should be planned as a priority under the current administration.

It is time to consider the Mombasa situation.

The "Coastweek Column Drive" it was also suggested that the Council should plant trees at all feeder roads leading to Shanzu. It was suggested that there is a need for a "Master Plan Network" and indeed structure in Mombasa.

Some Councilors and the public have a serious thought to the needs of the growing city. During the last 20 years the population has increased and so

is the case in Kenya.

The cities are attracting larger populations looking for better incomes and amenities for improved living standards.

Cities attract economic growth and development but also lead to Mushrooming of Slums and many other related challenges.

The provincial heads and city fathers have to put their heads together to draw a modern, progressive Master Plan for the next 20 years for the city of Mombasa.

The two entry points to the island of Mombasa should be upgraded and improved by planting flowering shrubs and flower beds. It would add a lot to the beautification programme.

If the Council would plant trees (especially flowering trees) along the roads like the Links Road in Nyali and the Mombasa/Bamburi/Shanzu Road it would improve the greenery and the environment.

In India large business concern and Industrialists adopt major roads and roundabouts to plant shrubs, flowering plants and trees and are responsible for their healthy up-keep.

Dr. S. S. Dhillon, Ex Deputy Mayor, Alderman and Councillor, Mombasa.



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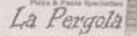


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	3	2					
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8			1	7		6	2
1					3		
	2			6			7
		9					5
5	7		6	3			8
3		6		4	2		
					8	5	

SUDOKU NO. 191

NAME.....

ADDRESS.....

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE SUDOKU' NO. 190

2	6	8	7	4	5	3	1	9
4	7	9	3	6	1	8	5	2
1	5	3	2	8	9	6	4	7
5	3	2	1	9	4	7	8	6
9	1	4	8	7	6	5	2	3
6	8	7	5	3	2	4	9	1
7	2	1	6	5	8	9	3	4
3	4	5	9	1	7	2	6	8
8	9	6	4	2	3	1	7	5

WINNER OF 'PRIZE SUDOKU' NO 190

MR. DIPAN SHAH
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End Of An Era In Beach Volleyball

Chinatsu Hashiba McCreed who, together with Patricia Hughes Scott, started Beach Volleyball in Kenya in the 1990s, is leaving Kenya to go to Australia this month.

Patricia and Chinatsu from that start, without any financial backing, have brought beach volleyball in Kenya to the point where national tournaments, regional tournaments, youth tournaments, clinics for players and for referees have been

regularly held to the point where now Kenya is poised to enter the world stage.

Special Report by Patricia Hughes Scott

KBVC, which is mandated under the Kenya Volleyball Federation, has been invited by CAVB (Federation of Volleyball) to host the first ever Open Beach

Africane de Volleyball) to host the first ever Open Beach

Volleyball Tournament to be held on this continent.

The planned date is November of this year when teams from all over Africa should converge on Mombasa, not only boosting the game, but also boosting coast tourism.

"Although I am so sad to be leaving Kenya after 17 years" says Chinatsu, "my family and I have decided to return to my husband's land.

"But I feel that working with Patricia and my Kenyan colleagues and players, we have together reached the point where I can say 'Mission Complete' - that is, taking beach volleyball beyond the grass roots level onto the world stage."

"Chinatsu will be sorely missed" reports the KBVC chairman, Patricia, "but she has promised to be our overseas representative and assist and promote us from afar."



Chinatsu and Patricia with their completed scribbles on beach volley events to date, at the Safaricom tournament held at Indian Ocean Beach Resort, Diani.



Kenya Beach Volley Tournament was held at Indian Ocean Beach Resort, Diani from the 14th to 15th August 2010, sponsored by Safaricom. Seen finalists in the women's category Jacaranda team of Ann Okelo and Marion Makapila, playing on the wide expanse of sand fronting IOBR, a perfect venue for beach volleyball - the fastest growing game in the world. Kenya is poised to host a continental tournament later this year when teams from all over Africa will converge on Mombasa, under the auspices of C.A.V.B, the African ruling body to fight for the winning places.

COAST BRIDGE with C.P. SHAH

West found an accurate switch at trick Two on the following deal.

DEALER: SOUTH BOTH VULNERABLE **BIDDING:**

SOUTH	WEST	NORTH	EAST
ONE SPADE	PASS	THREE SPADES	PASS
FOUR SPADES	PASS	PASS	PASS

West found the lethal switch at trick two (after one top Club) with Six of Hearts.

Can you see what is about to happen?

East wins the Ace - King of hearts, whereupon the lead of a third Heart sees West able to Trump with the Knave - Down One.

NORTH

♠	10	9	8	7	4
♥	Q	5			
♦	A	8	3	2	
♣	Q	J			

WEST

♠	J	5			
♥	6	4			
♦	10	6	5	4	
♣	A	K	8	5	2

EAST

♠	K				
♥	A	K	10	8	
♦	Q	J	7		
♣	10	9	7	6	3

Declarer saved the day. On the first Heart (won by East's King) he dropped the Nine of Hearts; he then followed with the Knave under East's Ace.

Not believing that it was West who held the doubleton Heart, in the light of Declarer's falsecards, East reverted to Clubs.

Declarer had prevented the Trump promotion.

He ruffed the Club, crossed to the Ace of Diamonds, led a Trump to the King and Ace and claimed the contract.

SOUTH

♠	A	Q	6	3	2
♥	J	9	7	3	2
♦	K	9			
♣	4				

MSC Junior Open Tennis Tournament

Mombasa Sports Club Junior Open Tennis Tournament held on 12th-15th August 2010
The Mombasa Sports Club sponsored tournament entered the Final Day on Sunday with upsets being the order of the day.

Girls Under 10 - Saumya Gupta beat Diti Dhulia 5/4 4/0 and Pretty Shikotra 4/0 4/0 on the second day of the tournament to easily capture the 10s title. The event had only 3 entrants.

Girls Under 12 - Abigail Tate-Harte [Nairobi] spoiled the party for Raveena Mehta beating her in a close match 5/3, 5/4 to capture the U12s girls' title

Girls Under 14 - Diana Wamwene of Mombasa Sports Club won the event with a final match win versus Abigail Tate-Harte from Nairobi.

Raveena Mehta [Mombasa Sports Club] was placed third.

Girls Under 18 - Shufaa Changawaa won Lynn De Souza

4/1 4/0, to capture the under 18s title for the 2nd time.

Lynn De Souza beat Diana Wamwene 4/0 2/4 4/0 to get the runner-up medal.

Boys Under 10 - Preet Chudasama [Mombasa Sports Club] recovered from his loss to Ian Cliff Otieno to win the Under 10s. Vishaal Patel Patel [Mombasa Sports Club] was the runner up

Boys Under 12 - Riaan Lakhani

won all his 7 matches to capture the U 12s title.

He beat Neel Dhulia in the Final Match 4/0 4/2 to bag his 3rd under 12 title this year.

Boys Under 14 - Raj chudasama beat Riaan Lakhani in the final match in 3 sets 4/2, 2/4, 4/2 to clinch the u14s title.

Riaan had beaten Neel Dhulia [Mombasa Sports Club] in the semis 4/0 4/1, while Raj had beaten Vivek Majithia [Nyalji Golf

4/0,4/1

Boys Under 16 - Ismael gawa [Mombasa sports Club] disposed of his training partner Kipkoech in a tough final 3/5 4/2 4/2 to clinch the 16s title. Eric had beaten Ibrahim [Mombasa sports Club] in the semis 5/3 4/2 whilst Ismael had beaten Joel Mburu [Mombasa Sports Club] in the semis 4/2 4/1.

Boys Under 18 - Eric turned the tables on Ismael in Changawaa to winning 2/0 a match that had the rooting for Eric all the way.

In the semis Eric had beaten Ibrahim Kibet 5/4 4/0 Ismael had easily beaten Kiprono [MSC] 4/0 4/0.

Ismael, Eric, Riaan and Lynn in the day flew to Suva for the later Rwanda to complete 15th and 16th legs ITFCA 14s East Africa Circuit tournaments which start on 18th.

This is an U 14s Africa tour that ends with 2 masters tournaments for the 8 girls and Boys in Africa.

There are now 22 tennis tournaments. This will be the 7th leg for Ismael.

The 4th for Eric and Riaan Chudasama and Riaan Lakhani.

Ismael is now ranked 1st in Africa and needs to win 2 of the finals in these 2 tournaments to increase his chances of making the top 8 boys and get into the masters event.

They linked up with 2 players who were in Burundi participating in an ITF training camp in 12s which was to end on 18th.

BRIDGE RESULTS

Results of Duplicate Bridge played on Monday 16th August 2010 at United Sports Club.

- Dr. L. D. Shah : Pushpa Shah 126, 2. Janak Babla : Neemaben Babla 124, 3. Dhiru Shah K Kanchan Shah 114, 4. Chandu Shah : L. P. Shah 112, 5. Koki Shah : Vibha Shah 110, 6. Narendra Shah : Taru Shah 108, 7. Rohit MAIde : Rohit Chandaria 105, 8. Panu Savla : Jyotsna Savla 97, 8. Ashok Dodhia : Kaushika Dodhia 97, 10. Hanlal MAIde : Rasik Shah 87.

Jane Mburu, overall winner during CBA Golf Day at NGCC, receives a prize from Commercial Bank of Africa Executive Director Mike Briston.



PHOTO BY GILBERT ONCHOKO

THE SOFT PITCH

BELIEVE IT OR NOT, WHEN I FIRST STARTED PLAYING GOLF I FEARED HAVING TO HIT A SOFT FLYING PITCH OVER A BUNKER, TO A PIN CUT CLOSE INTO THE EDGE OF THE GREEN. BECAUSE OF THIS NEGATIVE MENTAL ATTITUDE AND THE POOR TECHNIQUE, I EITHER HIT A FAT SHOT AND LANDED THE BALL IN THE BUNKER OR HIT THE BALL OVER THE GREEN.

I CURED MY PROBLEM BY IMAGINING THE TRAP AS GRASS. I HIT THE SHOT BY KEYING ON MY RIGHT WRIST ON THE BACKSWING, I COCK MY RIGHT WRIST EARLY.

THEN I ALSO UNCOCK IT EARLY ON THE DOWNSWING THIS UNCOCKING WILL ALLOW YOU TO EASILY SLIDE THE CLUBFACE UNDER THE BALL.

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Coastweek

Issue No. 3335 August 27 - September 02, 2010 **PRICE - KENYA THIRTY FIVE SHILLINGS**



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Cricket Icon Returns

One of the finest cricketers produced by the Coast returns to Mombasa this coming weekend - this time to generously volunteer his coaching services to juniors in and around Mombasa.

Mehdi Karachiwalla, who predominantly played his cricket for Aga Khan Club, Mombasa and the Kenyan national team in the 60's and 70's, is regarded by many cricketing die-hards as possibly the best all-rounder in the Coast in his era.

His best performance for Kenya was in 1973 when he scored 50 runs and took 3 wickets against India.

In 1973, he was also named "Coast Cricketer of the Year" - an award which, doubtless, was inspired by his performance against Mombasa Sports Club in that year when he took a record 9 wickets for 49 runs in an innings.

Mehdi left Kenya to settle in England in 1974 where he

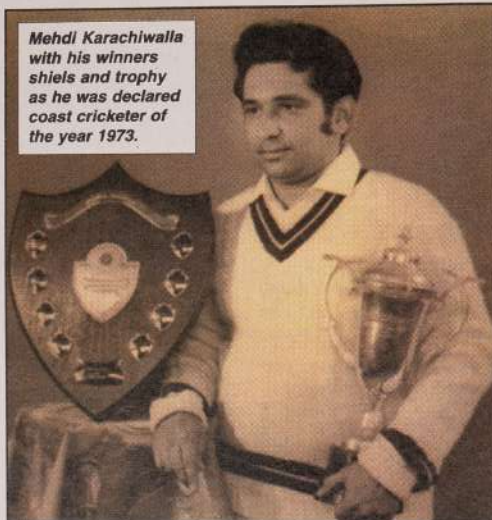
continued his distinguished playing career before turning his attention to coaching full-time.

He has devoted the last twenty years to coaching youngsters in England and is currently an integral part of the England Cricket Board's "Chance to Shine" project, a much lauded programme which is targeted at spreading the essentials of the game of cricket to young boys and girls in England.

For some time, Mehdi had expressed a keen interest in coming to Kenya during the off-season English winter months to promote the development of the game in the Coast - particularly amongst local schools where cricket is not part of the sporting curriculum.

Special Report by Correspondent

Mehdi Karachiwalla with his winners shields and trophy as he was declared coast cricketer of the year 1973.



He is also particularly eager to participate in junior club cricket to identify talent amongst various age-groups for the Cricket Kenya Elite Programme.

Cricket Kenya Chairman, Samir Inamdar, said that Mehdi's visit to Kenya to coach youngsters between September this year to March 2011 was only made possible by an extremely generous sponsorship from an cricketing well-wisher who wishes to remain anonymous.

Mehdi will be working with the newly set up Cricket Development Programme by the Coast Cricket Association in conjunction with Cricket Kenya.

This programme is headed by Pradeep Patel, the former Coast fast bowler in conjunction with Sibtain Kassamali, another prolific former Coast batsman.

The Coast Cricket Development Programme is currently running coaching sessions free of charge for youngsters every Saturday morning at Coast



Mehdi Karachiwalla Kenyan national in the 60's and 70's

Gymkhana from 9 am. More information on these sessions or programme can be had from Pradeep Patel (699374) or Sibtain (0722 103856).

Oshwal Clinches National Title

The pair who represented Oshwal Academy Mombasa and Coast Province in the games, made the Province proud when they won the title that the school and the province lost to Rift Valley two years ago.

Nirali Shah went on a head to clinch the girl's singles title beating Muthoni from Central Province 3 - 2 in a tough contested final.

The girl's title defender Sonam Sanghavi who has won it for a record of five times in a row, did not travel this year due to personal commitment.

On their way to the National games, the girls representing greater Mombasa District had initially won the Coast Province title beating Mwakitawa Secondary School from Taita Taveta 3 - 1 to lift the trophy.

Bhavin Ruparelia also from OA, Mombasa emerged second in the boy's singles event losing to Kevin Mwangi from Central Province 3 - 1. Bhavin is the current Coast Province boy's singles title holder.

Oshwal Academy representing the greater Mombasa district lifted the following trophies during the provincial games held in Voi Secondary School: Table Tennis Boys and Girls 1st Position, Badminton Girls 2nd Position, Lawn Tennis 2nd in doubles and 4th in Singles.



Nirali Atul Shah and Nikita Sailesh Shah receiving Table Tennis girls overall trophy they won in the concluded Kenya Secondary Schools National Ball and Racquet games held in Kisumu.

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KENYA TIDE TABLES

MOMBASA, August 27 - september 02, 2010

FRIDAY High Water - 3.3 m. at 05.34 hrs. (5.34 a.m.) and 3.3 m. at 17.44 hrs. (5.44 p.m.). Low Water - 0.4 m. at 11.31 hrs. (11.31 a.m.) and 0.4 m. at 23.44 hrs. (11.44 p.m.).

SATURDAY High Water - 3.3 m. at 05.59 hrs. (5.59 a.m.) and 3.2 m. at 18.09 hrs. (6.09 p.m.). Low Water - 0.4 m. at 12.00 hrs. (12.00 a.m.).

SUNDAY High Water - 3.3 m. at 06.25 hrs. (6.25 a.m.) and 3.0 m. at 18.35 hrs. (6.35 p.m.). Low Water - 0.4 m. at 00.09 hrs. (12.09 a.m.) and 0.5 m. at 12.31 hrs. (12.31 p.m.).

MONDAY High Water - 3.2 m. at 06.54 hrs. (6.54 a.m.) and 2.8 m. at 19.04 hrs. (7.04 p.m.). Low Water - 0.5 m. at 00.35 hrs. (12.35 a.m.) and 0.7 m. at 13.03 hrs. (1.03 p.m.).

TUESDAY High Water - 3.0 m. at 07.27 hrs. (7.27 a.m.) and 2.5 m. at 19.38 hrs. (7.38 p.m.). Low Water - 0.7 m. at 01.03 hrs. (1.03 a.m.) and 0.9 m. at 13.40 hrs. (1.40 p.m.).

WEDNESDAY High Water - 2.8 m. at 08.09 hrs. (8.09 a.m.) and 2.3 m. at 20.24 hrs. (8.24 p.m.). Low Water - 0.9 m. at 01.35 hrs. (1.35 a.m.) and 1.1 m. at 14.28 hrs. (2.28 p.m.).

THURSDAY High Water - 2.6 m. at 09.12 hrs. (9.12 a.m.) and 2.0 m. at 21.45 hrs. (9.45 p.m.). Low Water - 1.1 m. at 02.18 hrs. (2.18 a.m.) and 1.3 m. at 15.48 hrs. (3.48 p.m.).

NOTE: Standard Port is **Kilindiini**. ADD 40 minutes for **Lamu** and ADD five minutes for **Mallindi**. 'No Change' for **Kilifi** and **Diani**.

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