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# Coastweek

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# Wonderful Win For Waldegård

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## MOMBASA FINISH FOR 2007 KENYA AIRWAYS 'EAST AFRICAN SAFARI' CLASSIC RALLY

Sweden's Bjorn Waldegård and his co-driver, also his son, Mathias Waldegård were outright winners of the 2007 Kenya Airways East African Safari Classic Rally.

**FOR MORE RALLY NEWS AND PHOTOGRAPHS SEE PAGES SEVEN AND TEN**

winning Bjorn Waldegård becomes first foreign driver to take the crown out of Kenya after a dominance that saw Robby Salonen champion in 2003 and 2005.



**UNI PWANI** - Kenya Airways Marketing Manager Stella Gituku [from left] is welcoming winners Bjorn Waldegård and his co-driver Mathias Waldegård to the finish ramp of the 2007 Kenya Airways East African Safari Classic Rally at Whitesands Hotel. Looking on [right] is Kenya Airways Head of Marketing Corporate Communications Michael Okwiri. RALLY PHOTO: COASTWEEK - SHIRAZ D. ALIBHAI

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## Jaffery Academy Students Organise 'Medical Camp'

The Academy's Adro-iter's organised forces with the assistance of C.A.L.L. (Centre for Learning and Leadership) and organised a Medical Camp at the Jaffery Humanitarian Centre at Bombolulu on Friday 11<sup>th</sup> November 2007.

The students of Jaffery Academy assisted in registering the patients, recording their height, weight, blood pressure and other medical details before they were examined by Dr. Runa Mistry and two Clinical Officers.

The students also assisted in dispensing the medication prescribed by the Doctor.

The medical camp was a great success as they were able to treat over 200 children and about 150 adults.

The Club's patrons Mrs. Mistry and Miss Valli were happy with the way the students involved themselves in the work.

The students gained immense working experience in their fields of interest such as medicine, pharmacy and nursing among others.

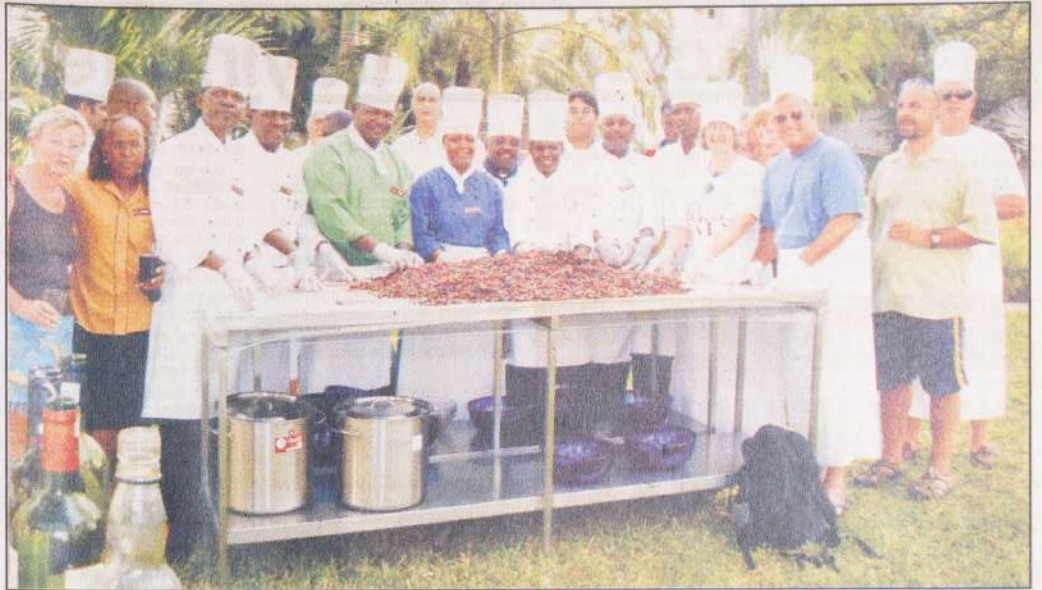
### OVERWHELMED

They were also overwhelmed seeing the plight of the villagers in their dire need for medical assistance.

They hope to be involved in many more such camps where the sick and needy can be assisted.

The Medical camp was financed by money raised during various fund raising activities organized by the students.

## Sarova Whitesands Marinates For Christmas



Chefs, guests and staff at Sarova Whitesands Beach Resort and Spa participate in marinating the fruits that will be used to make Christmas cakes and goodies during this festive season.

## Fidelity Bank Launches 'Water For Life' Project At Coast

Fidelity Commercial Bank recently launched its 2007/2008 'Water For Life' project to provide clean water to the rural community at the coast in Diani and Malindi.

The theme of the project is to give back to the society we live in as stipulated in its Corporate Social Responsibility Program.

Water for Life is an initiative not only to promote the bank's corporate image but also to enhance its relationship socially with the rural community at the coast by providing them with clean water.

Through the project, the bank intends to raise fourteen million Kenya shillings by selling fourteen thousand tickets.

Prizes to be won in the raffles includes Brand New Benz of C-200 series worth millions of shillings, a 42 inch plasma Sony T.V together with a home theatre system and a Return Air tickets to Dubai for two.

The proceeds realized will go towards the sinking of boreholes in small villages in Diani, Malindi and other rural areas at the coast.

In the past, the Bank has supported various corporate social responsibility activities in areas of Charity and Sports.

It sponsored a Chess competition through the Kenya Chess Association where it funded a school league for 12-14 public

schools by providing them with Chess sets, Inter-league training for three months and the best three winners were rewarded after the tournament was held.

Many public schools in most parts of the country have no resources for the Chess sport.

Reason for choosing Chess for support was due to its strategic nature of thinking and planning.

Planning and thinking are fundamental components for being successful in life.

Fidelity has also sponsored a 10 kilometers walk in the past where it raised Kenya shillings two million to support the needy in the country.

Funds raised was donated to various institutions of the needy in the country.

### STRESSING IMPORTANCE OF ACCESS TO CLEAN WATER

Through the project, Fidelity commercial bank is sending a strong message that 'every drop of water saves life and that for every shilling spent in the raffle, people in the rural areas at the coast will be able to get clean water.'

According to Nasheena Jiwa, the bank's General Manager in charge of planning and marketing, the bank is seriously concerned with the plight of the many people living in the rural areas and villages in Diani and Malindi where there is no water.

The financial institution intends to sink several boreholes strategically in the area to provide clean drinking water to the people.

"I would like to urge other banks and commercial organizations to initiate projects such as Water For Life for the betterment of our society and also for the sake of good and comfortable life for our people" she remarked.

"Banks are on the forefront these days doing well in business and therefore we should encourage others also to do things for the less fortunate"

she added. As a concern, the government has been reaching out for well wishers in the NGO sector and other donor agencies to initiate water related projects in the

Arid and Semi Arid areas in Ukambani, coast, North Eastern province and other parts of rift valley such as Kajiado, Turkana etc.

Several Non Governmental organizations both local and

international are involved with several projects in the country providing water in the affected areas, by sinking boreholes, constructing dams and even donating water tanks to conserve water.

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'DUS KAHANIYAAN' A MOST AMBITIOUS VENTURE BRING TOGETHER 6 DIRECTORS, 12 WRITERS AND 24 ACTORS

# Amazing Cast Of Twentyfour Actors Portraying Ten Stories

THE TERM "big, bigger, biggest" takes on a new meaning this week with the latest release at the NYALI CINEMAX (and worldwide) of *Dus Kahaniyaan* (Ten Stories).

Six directors - and not just any altu fattu directors - Sanjay Gupta, Meghna Gulzar, Apoorva Lakshia, Hansal Mehta, Jasmeet Dhodi and Rohit Roy weave ten stories on the screen arid cast no less than twenty four actors in these ten stories.

Again, all 24 actors are accredited to some award or the other and are luminaires in their own right.

With such a strong base, the

ten tales are powerful to say the least. The first story is called *Rice Plate* and stars Shahana Azmi and Naseerudin Shah.

When a Muslim man claims the plate of rice from which a Hindu woman is eating, who will yield first?

The two are total strangers

and the woman has her religious beliefs of which no Muslim is a part of.

The story has depth and sensitivity, crucial to every Indian's life, especially with all the religious intolerance that we are seeing on a daily basis in India.

Dino Morea and Tareena Patel are cast in the second story which is *Sex on the Beach*.

The title says it all but that is not all.

Dino is reading a book on the beach and the character that comes alive from it is one of the sexiest women he has ever seen.

One thing leads to another and then comes the bombshell that will split his life apart.

When you see a woman wearing only one earring you start to wonder what is wrong.

When Neha, in *Love Dale* meets such a woman, that fleeting moment changes her life.

Other stars in this story are Anupam Kher and Aftab Shivdasani.

Matrimony is not always a bed of roses, no matter how much the couple love each other.

There is always one that will love the other more or less.

Love can be heaven or hell, especially when one partner betrays the other.

*Matrimony* stars Mandira Bedi, Arbaaz Khan and Sudanshu Pandey.

A tiff with her husband makes Anita take off in a huff and board a bus.

She ends up sitting next to a very strange man holding 14 red balloons.

Who is this man and who is Gubbare?

*Gubbare* stars Anita Hasnandani, Nana Patekar and Rohit Roy.

The most misunderstood, yet most crucial bond in life is that of mother and daughter.

This is brought to life with a story of Kartar Singh Duggal and is entitled *Pooranmashi* with Amrita Singh, Minisha Lamba and Parmeet Sethi.

As her only daughter is about to be married, the mother will go to any lengths to make her child happy.

But what is the yardstick of happiness?

Another couple at the crossroad, Neha Dhupia and Mahesh Manjrekar in *Strangers in the Night*.

Every anniversary, one partner must tell the other a deep and dark secret.

This year it is the wife's turn and boy, what a secret she has to tell.

Jimmy Shergill and Masumeh are another couple in *High on the Highway*.

Their bond and togetherness revolves around the trust for each other, but when you live such a reckless life, there is always a dangerous side to it.

A writer (Manoj Bajpai) and his lover (Dia Mirza) have everything going for them.

Then he finds out something about her and that drives him to insanity - this is the story of *Zahir*.

And finally, *Rise and Fall* with Sanjay Dutt and Suniel Shetty.

Two gangsters, inseparable buddies who fall out with each other. Their consequent enemy is just as passionate as their

friendship and is bound to head for death and disaster.

The second new film at the CINEMAX is a comedy, *Good Luck Chuck* starring Jessica Alba, Dane Cook, Dan Fogler, Michelle Harrison and Ellia English.

Ten-year-old Charlie Logan refused to kiss a crazy Goth girl and she puts a curse on him.

Putting all that behind him as baloney, Charlie grows up to be a very successful dentist.

Relationships with the opposite sex seem to come and go much faster than normal, but even that is acceptable to Chuck.

When he attends an ex-girlfriend's wedding the truth explodes on him.

He really seems to be hexed, as every girl that she sleeps with immediately finds Mr. Right and gets married to him.

When this gets out, all hell breaks loose as every girl, from sexy strangers to his overweight receptionist want to sleep with him, so that they can find the right guy after him and get married.

Charlie is now seen as the stop-gap solution to all single girls' problem of finding the perfect match.

The only problem is that he does not want to be just a sex machine and wants love in return too.

Then he meets Cam, a beautiful accident-prone girl who actually likes him.

Charlie now knows that to keep Cam with him for good, he has to break that curse.

The third new film at the NYALI CINEMAX is a gripping film, based on a true story that took place in the border town of Juarez in Mexico.

*Bordertown* stars Mary Zapata, Jennifer Lopez, Antonio Banderas, Sonia Braga and Martin Sheen.

Almost 400 women have disappeared (read murdered) in the border town of Juarez where people work at factories to make cheap goods for the US.

The circumstances of the women's killings is a mystery and no one seems to know who or why.

The authorities could not be bothered so an investigative reporter who wants to make it big is sent by her editor to dig up the story.

Lauren Fredricks has enough guts to face anything, but the events of Juarez are more than what she can handle.

She meets up with a former colleague, Alfonso Diaz, who was also her lover and runs the local paper so that they can work together on the story.

Each victim has been brutally raped and then murdered and the police seem part of it as the crime is covered very well.

The one survivor that they meet refuses to talk, but when she does, neither Lauren nor Alfonso are prepared for what they learn.

Yash Chopra's *Aaja Nachle* with Madhuri Dixit, Kunal Kapoor, Konkona Sen Sharma and a host of other stars is still dancing on the screens for the second week.

*Stardust* with Charlie Cox, Claire Danes, Sienna Miller, Peter

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**Libra Sept. 22-Oct. 21**  
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**Scorpio Oct. 22-Nov. 21**  
You are a person of some imagination. You are a person of some imagination. You are a person of some imagination.

but for some reason he is not selected beyond local club level.

To Sunny, Southall and the Indian community and the laughing stock and he was himself as more British Indian, after all he has been brought up in the UK.

When the truth of his selection for the premier league dawned on him, Sunny is a player. Tony realises that the hot and cajoles Sunny into playing for Southall.

With Sunny on the team, follow and a motley crew made up.

Though they play together Sunny and Shaan are enemies, making it even more difficult for Tony to make the play as a team.

Apart from Sunny's super complex, it is his attraction Shaan's pretty cousin Purni that makes things worse.

As if that was not enough Sunny seems to be playing selfish game, only for himself and as far as he is concerned the ends justify the means.

If by playing for Southall gets a foothold to go further will do it, but on his own terms.

Tony has a tough task ahead of him to get this out-of-control team together, to play together and to win the Counties Counties Football League, or extinction.

The second film at KEN CINEMA is the thrilling *Bull Steakhouse* starring Matt Damon, Joan Allen, Julia Stiles.

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## CMC Offer Help For Holiday Motorists

As many motorists will be driving for long distances in December on their holiday journeys, CMC is offering help with a 30 per cent discount for lubrication and filter services. This bargain includes a free 20 point check on all Land Rover, VW, Ford, Mazda, Suzuki and Maruti vehicles at any branch of CMC Motors prior to December 23rd.

Anil Saini, the CMC Group Technical Manager, explained: "A service advisor carries out the checks in the presence of the vehicle owner and shows him or her all the points that require immediate action, or repairs in the near future.

"After inspecting the parked vehicle, the service advisor places it on a hoist to check the exhaust, suspension, brakes and steering and show the customer any faults.

"A motorist who decides to have faults rectified will receive a 30 per cent discount for the spare parts which are fitted and a ten per cent reduction for labour charges.

"The spares and service special offer has been well received by car owners who want trouble free motoring during the holiday season."

## Alliance Française de Mombasa Sponsors Exhibition Entitled 'Swahili Carved Doors'



Lamu museum curator Mbarak Abdulqadir [left] presents a gift of a miniature Swahili door to French Ambassador to Kenya Elisabeth Barbier [right] a Swahili door shortly after the envoy officially opened an exhibition titled 'Swahili Carved Doors' at Alliance Française de Mombasa with the theme 'Shared Influences in the Indian Ocean'. The exhibition will close in January 31 next year. These Swahili doors are a decorative and interesting features of the architecture of the coast of East Africa are tradition, which dates back to the Arabic coastal settlement of the early middle age. Looking on is the Alliance Française Mombasa Chairman Muhammed Ramazani.

## THE TAMARIND THIS WEEK



**Magical and Memorable**

Jackie and Sandy Duncan (above) celebrated their 40<sup>th</sup> wedding Anniversary in style aboard The Tamarind Dhow.

Together with a party of 11 friends, they were transported into a Tamarind's world the moment they descended the gangway.

They commented as having a wonderful experience and will surely love to come back for their 41<sup>st</sup> Anniversary!

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## Rupert Watson's Excellent And Beautifully Illustrated New Book 'The African Baobab'

Just in time for the festive season comes a really fascinating African 'coffee table' book: Rupert Watson's excellent and beautifully illustrated book 'The African Baobab'.

The baobab is surely the botanical symbol of Africa. Instantly recognizable from afar and a compelling icon of the African landscape. This age-old 'upside-down tree' invariably inspires wonder, awe and mystery, and has intrigued travellers for hundreds of years.

In an absorbing, inspired account, author Rupert Watson explores the life and times of this fascinating tree, from its early Madagascar beginnings to its present status on the continent and its thure in a changing Africa.

He effortlessly mixes natural science, history and personal experience, drawing on extracts from the journals of early explorers who, on encountering these extraordinary trees, measured and sketched them or a sceptical audience back home; and he presents intriguing and detailed accounts of the baobab's eccentric growth and reproductive habits, its present-day distribution, and its wide impact on everyday African life.

The author takes a close look at the myriad uses of baobabs over the ages: their hollow

centres have served as prisons, toilets, wells and bars, and some specimens have even been used as a refuge in battle or as burial sites.

Their fibre, seeds and fruit are credited with hundreds of applications, both practical and medicinal.

Many locals feel a spiritual connection to these trees - believing them to possess mystical powers - and use them in rituals to promote healing or luck.

Watson observations include: "Baobab trees are living monuments, the oldest natural things in Africa, outlasting every plant and animal around them.

"These trees have evolved formidable resilience in order to survive in some of the driest, rockiest areas of this continent.

"Yet, for all the hostility of much of their habitat, African baobabs live longer and grow larger than most other trees in the world.

"That is the great paradox of their existence.

"The baobab tree is some things to many people, and many things to some.

"It is food for humans and their animals, a pharmacy to treat tropical sickness, and a provider of raw materials for almost limitless uses."

In the April 1962 issue of *Notes*

Africanines from Senegal, J G Adam concludes that 'in reading of the variety of uses for the different parts of the baobab, a wise man would almost be tempted to take up the life of a hermit in its shade; he will lack for nothing in his life if he chooses his subject well'.

Other relationships between humans and the baobab are explored too, often illustrated by delightful anecdotes.

The rich and enthusiastic text is complemented by evocative, colourful images that show the curious baobab in all its many stages, moods and guises - and sometimes in the most unlikely places.

This book cannot fail to inspire. Author Rupert Watson was born in England, but has lived in Kenya for nearly 30 years, where he practises sometimes as a lawyer and mediator, and always as a naturalist.

Rupert has authored two previous books - one on brown trout (*The Trout - A Fisher man's Natural History*) and the other on the Salmonidae family (*Salmon, Trout and Charr of the World*).

He has also written natural history and travel articles for a wide range of publications.

'The African Baobab' is published by Struik Publishers (a division of New Holland Publishing Ltd.) and is now available in local book stores.

For further information visit: [www.struik.co.za](http://www.struik.co.za)

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**THE BULL STEAKHOUSE, Diani**  
**ANGUS Beef from the Experts**

To complete the update on road improvements in the country we now move West of Nairobi and look at what misery is in store for those who will be travelling upcountry.

The road from Maai Mahiu to Lanet is substantially complete with just a few sections left near Nakuru.

The main road through Naivasha is still getting attention and it is a real dusty ride if one were to drive through this Western looking town.

The one thing that is different on this road that one hopes will be replicated everywhere else where there is major road reconstruction, is the provision of new bridges over the railway lines.

These are probably the first new bridges to be constructed over the railway network outside of Nairobi since just after independence.

In fact the only one that comes to mind is the one over the far end of Jogoo road that was completed a few years back.

Other than that there is really nothing.

We hope that the fact they are being constructed on this road is a shape of things to come.

There are many places in Kenya where we have simple railway crossings that bring locomotives and vehicles head to head. Control of these crossings is none existent.

It is left to the prudence of both the locomotive driver and the driver of the vehicle to avoid accidents at these intersections.

Whilst design laws and prudence may say that it is not necessary to spend so much money where there are few vehicles and infrequent train movements, it makes sense to carry out such construction when funds are available.

Economic activities change rapidly in different parts of the country and where some years back there was light traffic there may now be heavy traffic that would justify immediate construction of such bridges but priorities will have moved on.

We certainly advocate that rail bridges should be constructed wherever there exist railway crossings on all the main highways in the country.

# What Misery Is In Store For Those Who Will Be Travelling Upcountry

This means that the whole road from Mombasa to Nairobi should be reworked.

The roads from Nairobi North to Nanyuki should also have railway bridges constructed when the next major works are done especially as one gets beyond Thika.

The road to Nakuru from Nairobi has been taken care of.

Work has started on the section of road from Nakuru to Timboroa via Makutano.

The road network that traverses the country side between Eldoret, Nandi, Kakamega, Busia, Kisumu and the South Nyanza areas does not qualify to have the name road given to it.

Most of the roads are pothole ridden and the pathetic repairs that are being done by the hapless crews do not do any justice to the word repair.

They might as well give up as they are throwing good money after bad.

The standard repair method used by the roads people across the country is not long lasting.

It is only cosmetic and will stick on so long as it stays dry.

Once a small amount of rain starts then all the patches detach.

Some money has been set aside for resealing the road between Mau Summit and Kisumu.

This road is currently in a terrible state and it is only hoped that the work that is about to be done will be done to a different standard that ensures the holes sealed will remain sealed for at least another couple of years.

It is known that the contract for the design of the alignment of the road to be reconstructed

along the same alignment is in progress so that means that at the normal speed of government projects we do not expect to see any work till some two years from now at least.

Not only is the procurement process cumbersome, there is also a limitation on the number of

contractors that are available to do the work.

The other notable work that is currently in progress is the Maai Mahiu to Nanyuki road reconstruction.

After many false starts, this project is now underway and

hopefully those who come to the land of bananas will be able to make short shift of the road from Nairobi to shaga. This crucial tourism link serves what is now one of the new wonders of the world in itself in danger of becoming one of the seven major doors to the world.

Thankfully such a designation is not yet being completed and the reputation of beautiful country stays intact.

As Kachumbiri says we should look to breathing a sigh of relief in the not too distant future.

## CoastDrive with Teti Kamugunda



This will inconvenience motorists for the foreseeable future and those travelling upcountry during the Christmas period should prepare themselves for the rutted roads and diversions as the reconstruction work takes place.

This is expected to continue till well towards the end of next year.

It might even mean that some sections may not be complete this time next year though it is planned that most of the construction will be done.



Cyclists being escorted by Traffic police along Voi section of Nairobi-Mombasa highway on their way to Mombasa to complete the 600km fund-raising tour. The cyclists started their journey from Nairobi to Mombasa to raise funds to buy bicycles for poor cyclists. The tour which attracted 3-0 cyclists was sponsored by Investment Linka Limited and Sonara Bhuda Jewellery. It was organised by Buffalo Fun and Fitness Club (BF&FC). PHOTO: ABDULRAHMAN SHEH

# JOSEPH - THE CHEF AT SHIMONI REEF - WAS GREAT AND I SWEAR I CAME BACK TWO SIZES LARGER ...

A couple of weeks ago Peter and I took advantage of our excellent K.S.P.C.A. raffle prize win, which was two nights full board at Shimoni Reef Lodge, and set off down to the South Coast.

En route we stopped for lunch at the fabulous Forty Thieves restaurant on Diani beach, a little bit of paradise perched on the edge of a pristine white sandy beach, where we were treated to an impromptu display from a bunch of skydivers landing right by our table...added a whole new dimension to the phrase

'dropping in for lunch!'

I was right at home being a fish-eating veggie and was treated to a special prawn 'dish-of-the-day' whilst Peter pushed the boat out and indulged in a scrumptious lobster dish.

Can't recommend this restaurant too highly and it's well worth a visit - glorious beach, interesting well presented dishes and helpful staff.

There is a good internet café, a pool table and later in the day there is often live music.

Visit [www.dianibeach.com/restaurants](http://www.dianibeach.com/restaurants) for more information.

Heading south we soon came to the turn off for the hotel and meandered down a good murrum road for about 15 kilometres until we entered the village of Shimoni.

Keeping left we managed to negotiate a massive crater which spread across the road and was filled with rain water...never too happy to plunge the car into these bottomless pits we gingerly crept around the side of it, two wheels off, two on the track and arrived at the hotel.

Not a brilliant entrance with creaky iron gates but once inside things improved.

This is not a five star hotel but the bandas, of which there are nine, are clean and the bathrooms have recently been renovated.

The location is superb overlooking the Wasini Channel with Wasini Island in the background and the peace unparalleled.

However what really made it for us was the staff and the food - Joseph the chef was great and I swear I came back two sizes larger having stuffed myself full of the most delicious sea food!

Everyone bent over backwards to be helpful and couldn't do enough for us.

The hotel has a pool, DSTV and a pool table and would be great for an inexpensive family break, or just for those wanting to get

away from it all.

For more information go onto [www.shimonireefodge.com](http://www.shimonireefodge.com)

Mohammed, our helpful waiter, who turned into our helpful guide in the blink of a change of clothes, took us through the village and into the slave caves.

Many years ago we visited the caves and it was a decidedly eerie and unhappy place but today the atmosphere has lightened and a voice shrine within the caves has worked its magic and lifted the pain and misery of the place.

An interesting, albeit slightly ghoulish, tour was conducted by one of the villagers who had his spiel of pat and relished showing us the rings and chains that had held the hapless souls in place.

They have been much extended over the years with tons of sand being shifted to lower the floor level - the next stage is to open up the mouth of caves down to the sea so a circular walk can be undertaken.

All monies raised go to the village and support a number of projects.

Under restoration in the village is the first District Commissioner's house; built originally for the Imperial British East Africa Company in 1887, it is now being renovated and hopes to be fully opened next year.

Next day we decided to go over to the Wasini Island and indulge!

A visit to Charlie Claw's, the original Wasini Island Restaurant on the Eastern end of the island, is a Must!

Crabs the size of dinner plates appeared on our plates which we attacked with relish smashing them open with a large wooden mallet!

The fab diet that followed was almost too much but we managed and rounded off the meal with a simple fresh fruit dish and coffee, all for approximately Ksh 1,500 per head.

This place really is great; a simple makuti roofed open restaurant with extremely friendly staff that has been extended over the years to include a beautiful swimming pool and a few beds.

[www.wasiniisland.co.ke](http://www.wasiniisland.co.ke)

The diving from here is simply stunning and with access to Kileleshwa National Marine Park and Munguli National Reserve, two of the best examples of what managed conservation can do - a pristine reef teeming with wildlife, is an experience to savour.

Whilst waiting for lunch we took a short walk into the village of Wasini and visited a Women's Co-operative that has built a Boardwalk across a coral garden - not particularly exciting it is, however, a very good example of a village project which benefits all.

We enjoyed a delightful visit to the Muslim pre-primary school that receives the proceeds from the co-operative and were entertained with a long singing rendition, which appeared to include every topic under the sun from 'Welcome to Hygiene' to 'Education' all perfectly executed by some enchanting little tot!

Trailing our fingers in the crystal clear water on our return journey we were lucky enough to be accompanied by a small school of dolphins...pure magic!

We arrived back sated and relaxed so there was only one thing to do...collapse in a cramped heap on a sunlounger by the pool.

Leaving about 10.00am the next morning we took a short detour to the Colobus Trail in Diani.

This is an interesting project which has been running for several years and has recently relocated to new premises.

They aim to educate the tourists and protect the primates in and around Diani by building walkways known as Colobrises which are sturdy high above the road and provide safe crossing points for the highly endangered Colobus monkeys who were frequently killed or maimed prior to their introduction.

They also cut away branches from around the uninsulated power lines the cause of many primates being fried.

There are two home troops at the centre but unless you go in the evening you are unlikely to see them; however they are rehabilitating several Verreaux and a Sykes ready for their return to the wild.

Run entirely by volunteers who come from the four corners of the earth your Ksh/500 entry fee goes towards the upkeep of the centre.

Visit [www.colobustrust.org](http://www.colobustrust.org) for more information on how you can adopt a Colobus or help sponsor a Colobridge.

A final visit to Forty Thieves for a last lunch and we were home after a really different and relaxing couple of days.

A smashing, South Coast safari which hadn't cost a fortune and was much enjoyed by us both - all thanks to the K.S.P.C.A.

• Don't forget to put the K.S.P.C.A. annual Christmas Craft Fair dates in your diary NOW 15<sup>th</sup> and 16<sup>th</sup> December at Whitesands Hotel.

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# Wonderful Win For Waldegård

Sweden's Bjorn Waldegård and his co-driver, also his brother, Mathias Waldegård were the outright winners of the 2007 Kenya Airways East African Safari Classic Rally.

By winning the 10-day Safari Classic rally, Bjorn Waldegård becomes the first European driver to take the crown out of Kenya after a dominance that saw Rob Hogg champion in 2003 and 2005.

Waldegård was the first European driver to break the stronghold of the local drivers when he won the 2002 Safari Rally.

Incidentally in a Ford Escort it comes as no surprise that one of the best known Safari rally drivers in his 20th year.

Kenya's event led the rally for most of the way first through Kenya and then Tanzania before finishing in Mombasa.

It was a sad end for Belgian's Gerard Marcy in a Porsche bowing out on the final day after a great fight back.

The Belgian, who briefly led the lead of the KQ-sponsored rally before it entered Tanzanian sector, was one of the of the toughest drivers in the event before his misfortunes.

The Porsche driver had an uphill struggle to over a 17-minute deficit to a winning margin when cars left Arusha for the final leg through Tanga

and Lunga Lunga boarder.

Frenchman Frederic Dor was placed second overall driving a Porsche 911 while debutant Geoff Fielding of Great Britain was the surprise pack scoring third place in his first-ever

event in the African Continent driving a Porsche also.

John Rose and Mike Borrisow finished as the top best-placed Kenyan crew in the eighth place though local navigators overshadowed

their colleagues by claiming higher positions by guiding South African drivers.

Former Motocross ace Peter Young and Rob Hellier former winner of the Equator rally as a driver, were placed sixth

and seventh respectively.

Young was with Roddy Sachs while Hellier helped Wayne Kieswetter similar respective Datsun 180Bs.

The all-African crew of Ben Muchemi and George Njoroge were yet to clear the first

stage of the final on day though they were among the 43 cars to leave Arusha for the final leg.

Rommy Bhamra and Harvey Jutley were the next top-placed Kenyan drivers in the 22 second place driving a Datsun 260Z.

Sadly Minesh Rathod and Sachin Sumaria rolled their Coll Lancer in the Tanzania Usambara Mountains, on the final run to Mombasa.

Both drivers were said to be fine though the car is in a bad shape.

#### Provisional Results:

1. Bjorn Waldegård/ Mathias Waldegård (Ford Escort Mk1, S/ S) 15hrs. 12mins 57secs;
2. Frederic Dor/ Didier Breton (Porsche 911, F/ F) 15:42:49;
3. Geoff Fielding/ Preston Ayres (Porsche 911, GB/ GB) 16:42:16;
4. Paul Eric-Jarry/ Craig Redelinghuys (Porsche 911, CZ/ ZA) 17:29:11;
5. Stig Blomqvist/ Ana Goni (Ford Escort Mk1, S/ YV) 17:39:42;
6. Roddy Sachs/ Peter Young (Datsun 180B, ZA/ EAK) 18:13:20;
7. Wayne Kieswetter/ Rob Hellier (Datsun 180B, ZA/ EAK) 16:35:32;
8. John Rose/ Michael Borrisow (Datsun 240Z, EAK/ EAK) 19:00:20;
9. Graham Alexander/ Ross Runnells (Datsun 260Z, AUS/ AUS) 19:06:25;
10. Stephen Troman/ Martin Rowe (Porsche-GB/ GB) 19:28:15.



**ALL ACTION SAFARI - [CLOCKWISE FROM TOP LEFT] Stig Blomqvist and co-driver Ana Goni in their Ford Escort, Bjorn Waldegard and co-driver Mathias Waldegard in their Ford Escort Mk1, Car No. 15 of Richard Martin-Hurst, and car No. 30 of Sira Singh.**

## SAFARI: FINAL TOP TEN POSITIONS

Pos.	Driver/ Co-driver	Vehicle	Total P. rally
1	Bjorn Waldegard/ Mathias Waldegard	Ford Escort Mk1 (S/ S)	15h34m08s
2	Frederic Dor/ Didier Breton	Porsche 911 (F/ F)	16h04m45s
3	Geoff Fielding/ Preston Ayres	Porsche (GB/ GB) 911	17h05m02s
4	Gerard Marcy/ Alain Lopes	Porsche (B/ B) 911	17h14m18s
5	Paul-Eric Jarry/ Craig Redelinghuys	Porsche (CZ/ ZA) 911	17h29m11s
6	Stig Blomqvist/ Ana Goni	Ford Escort (S/ YV) Mk1	17h39m47s
7	Roddy Sachs/ Peter Young	Datsun 180B	18h13m20s
8	Wayne Kieswetter/ Rob Hellier	Datsun 180B	18h36m22s
9	John Rose/ Michael Borrisow	Datsun 240Z (EAK/ EAK)	19h02m20s
10	Graham Alexander/ Ross Runnalls	Datsun 260Z (AUS/ AUS)	19h06m05s

## Gerard Marcy And Alain Lopes In A Porsche 911 Set Fastest Times

There were last minute dramas on the last day of the Kenya Airways East African Safari Classic Rally 2007 but not enough to change the identity of the winning crew.

This was Bjorn and Mathias Waldegård in a Ford Escort RS1600 who had led on Day One, momentarily relinquished their lead to Gerard Marcy and Alain Lopes in a Porsche 911 on Day Two, but then led all the way to the finish from the end of Day Three.

For the ex-World Champion, already a four-time winner of the original Safari Rally, this was quite an emotional occasion since it is just thirty years since he first won the legendary event.

The dramas centred on Marcy who struck problems in the second section, the infamous Usambara Mountains, when he hit a rocky bank and broke his front suspension.

He tried to drive out of the stage but failed.

Consequently, he had to wait for the other competitors to finish the section and for his service crew to drive twenty-two kilometres in to mend the Porsche.

Marcy set fastest times on both the first and third section today and received an enormous cheer when he drove over the finish ramp, on arriving after nearly all the other cars.

Marcy fell back from second to fourth overall to the benefit of two other Porsche drivers, Frederic Dor and Geoff Fielding

who occupied second and third places behind Waldegård.

Yet another Porsche 911, that of Paul-Eric Jarry, was fifth just ten minutes ahead of Waldegård's team mate and fellow ex-World Champion, Stig

Blomqvist who took sixth place after what had been for him a troubled event.

Behind Blomqvist were the two South African Datsun 180Bs of Roddy Sachs and Wayne Kieswetter.

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# TWENTY NINE YEARS' AGO

**Coastweek, December 08 - 14, 1978:**

'New Nyali Bridge Ready by 1980' was the front page report which detailed how the Japanese contractors, Sumitomo Company, were on schedule to complete the (then) K. Shs. 168 million foreign aid project by February, 1980.

Coast Television personalities Aisha Mohamed, Eleanor Kipoto, Maryan Ali, Zenani Ali, Klara Wakesho, Mary Wanjiru, Caroline Festnus and Dorcas Musya were featured in a long article by Faraj Dumila who suggested the time was ripe for 'Swahili Films Made In Kenya'.

Esmond Bradley and Chrysee Perry Martin announced publication of their (now classic) new book 'Cargoes of the East: The Ports, Trade and Culture of the Arabian Seas and Western Indian Ocean'.

Office Equipment Company was diversifying its operation into the computer market reported Mwangi Kamau, who noted that the first of its kind was an Olivetti Audit 6 machine recently installed at the African Marine and General (AMGECO) Mombasa.

Traditional Giriama beers were being offered by proprietor David Herd as an attraction to visitors at 'Robinson Island', North of Malindi, reported Neta Peal.

Ellerman Lines' 17-year-old freighter 'City of Dundee' changed hands in Mombasa as a nostalgic crew passed her onto new Greek owners, reported John Walters.

KENYA Cinema was showing a special holiday attraction of Shashi Kapoor in 'Mukti' (freedom), NAAZ a documentary 'Abba - The Movie', REGAL Hong Kong Kung-Fu epic 'The Dragon Missile' and at CHOIX it was Sunil Dutt in 'Pran Jaye Per Vachan Na Jaye' (better death than dishonour).

Letter writers included Salim Bakarai Hassan, Paul Mwadime, Salim Said El-Mashjery, Makupe wa Tokali, Mohamed Abdalla and Mombasa Road Safety Society secretary Abid Rajabali.

For it's 'Christmas Sale' Bintex was offering a new imported 'Chopper' bicycle for K. Shs 899/=-, while a 'Classified Section' special offer was for a new, seven-foot, adjustable, wooden swimming pool chair at K. Shs. 287/=-.

**THE BULL STEAKHOUSE, Diani**  
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# Hundreds Helped At Healthy Heart Camp

**EVENT ORGANISED BY CARDIAC SUPPORT GROUP OF THE AGA KHAN HOSPITAL, MOMBASA**

The Cardiac Support Group of The Aga Khan Hospital, Mombasa held their first Healthy Heart Camp on the 23rd and 24th of November 2007.

The camp was attended by 250 patients.

The camp was announced to the public two weeks prior to the actual days of the camp in order to enable members of the public to come and get the preliminary tests done prior to the clinical examination.

Each of the patients had their laboratory tests as well as ECG's done at the Aga Khan Hospital prior to the camp.

The patients were registered and given a card for the day they were supposed to come for the cardiac examination by the heart specialist on the days of the camp i.e. 23rd or 24th of November 2007.

The day of the camp dawned sunny and bright.

Thanks to our wonderful donors and supporters we had three beautiful tents put up in the back compound of the Aga Khan Hospital where the registration desks were set up.

There were also tables set up for patient refreshments as well as a small Hearts for Sale shop where the Cardiac Support Group was selling cute heart shaped key chains and penholders to members of the public at very nominal prices to boost their kitty.

The opening ceremonies were done with great fanfare.

The dignitaries included Dr Okanga who is the patron of the Cardiac Support Group as well

as Ms. Azmina Jamal, member of the Hospital Board of Directors and the CEO of the Aga Khan Hospital, Mr. Noorali Momin and Dr. Vinesh Vaghela the Consultant Cardiologist who is not only a vital member of the Cardiac Support Group but was also the lead cardiologist for the camp.

Dr Okanga gave a very educative talk on the importance of taking care of not only the heart but each and every part of the body.

The lecture was so educative and popular that Dr Okanga was requested to give the talk again the next day as well.

The Chairperson of the Cardiac Support Group, Mrs. Munira Bhajji talked about her experiences and the need to actually start a group of volunteers who were interested in spreading awareness about cardiac disease and its prevention.

The Chairperson then gave all the dignitaries and each member of the Cardiac Support Group Committee beautiful trophies as a memento of the camp.

At the end of the two days of the camp the Consultant Cardiologist Dr Vinesh Vaghela had screened about 50 patients and referred several of them for further follow up.

Two of the patients who were particularly needy were sponsored for further tests by the Cardiac Support Group.

The Chairperson of the Cardiac Support Group would like to thank her entire committee, the dignitaries who made the camp very special and all the won-

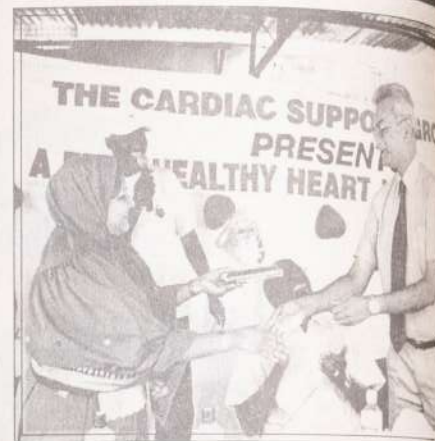
derful and generous donors as well as the Staff of the Aga Khan Hospital who gave so much of their support and service in so many ways financial as well as in kind.

The Cardiac Support group plans to make this camp an annual event and hopes to

juma@msa.akhkenya.org  
Mr. Niles Vaghela mobile: 0733693012, email: nvaghela@msa.akhkenya.org  
Sr Waasula mobile: 0722988609/0734501414 email: waasula@msa.akhkenya.org

Special Report by  
**ANJUM ASODIA**

## 'THANK YOU' G.E.O. NOORALI MOMIN



Mrs. Munira Bhajji, Chairperson of the CSG, presenting memento to the Aga Khan Hospital, Mombasa CEO Noorali Momin.

conduct many other awareness campaigns on heart diseases in the community.

Your support is crucial. For more information please contact any of the following:

Mr. Juma: mobile: 0722787635; email:

Mrs. Munira Bhajji mobile: 0733839889; email:

metra@odc.ke

The Cardiac Support Group of The Aga Khan Hospital Mombasa - Thank you to all donors, supporters and well wishers!

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## Now Nakumatt Nyanza joins 24 Hours League

Supermarket chain Nakumatt Holdings has as part of its shopping 24 hour shopping concept rollout unveiled the fifth branch in the heart of Kisumu city.

Commencing 1<sup>st</sup> December, Nakumatt Nyanza located on Oginga road joins the 24 hour shopping league as part of the firm's commitment to enhance retail convenience.

The transformation of the branch into a 24 hour outlet is expected to further enhance the firm's growing reputation as a regional fast developing city.

Speaking during the commissioning of the outlet, Nakumatt Operations Director Mr. Thiruparan Ramamurthy disclosed that the facility is expected to attract shoppers from the city and scores of overnight travelers to Uganda and Tanzania and Sudan through Kisumu.

"Besides growing sales from our two Kisumu branches, our business analysis of Kisumu operations confirm that we have untapped business potential particularly for regional travelers through Kisumu," Ramamurthy pointed out.

And added: "we are therefore moving to meet customer demands by Kisumu town residents, expatriates working in Nyanza and regional travelers."

Alongside Nakumatt, a number of entertainment joints including Muz-Ami sports bar will also remain open till late.

Last month, Nakumatt Holdings also expanded its 24 hour service to Nakumatt Downtown in Nairobi's city centre.

The 24 hour shopping concept introduced in August at the Nakumatt Ukay outlet on a pilot basis has turned to be a popular and convenient shopping option and one of Nakumatt's revenue growth contributors.

The new extended shopping hours concept has spawned a dynamic economy beyond the conventional eight hours shopping window which is impacting positively on the local retail economic sector.

### FESTIVE SEASON SHOPPING HOURS

Besides the 24 hour service, Nakumatt Holdings has also extended its opening hours at seven of its branches which will now remain open till 10.00pm through the festive season.

The seven branches are Nakumatt Westgate, Mega, Junction, Karen and Thika road branches in Nairobi. In Mombasa, Nakumatt Nyali and Likoni will also remain open till late.

By opening outside regular hours, Nakumatt, Ramamurthy said, is optimistic that the branches will come in handy in enhancing customers' lifestyles by providing a convenient shopping platform.

## WATER FOR RAMISI PRIMARY SCHOOL



Neelamben Doshi is seen [from left] with Lalit Doshi, Roshni Ketan Doshi, invited guest of Mr. and Mrs. Doshi from India, Hetal Dave, Vinod Dattani, Mrs. Musangumi, the Head teacher of Ramisi Primary School and the locals all officiating the commission of the borehole under the name of Shamma Ketan Doshi.

## Doshi Charitable Trust Commission Second Bore Hole

In line with Diwali and Hindu New Year celebrations, the charitable trust namely Mr. Lalit Doshi and Mrs. Neelamben L. Doshi Charitable Trust commissioned the second bore hole in Ramisi Primary School - Msambweni - Kwale District.

This project with plaque name of their grand daughter, Shamma Ketan Doshi will benefit some more than 3,000 villagers. Water is life and it is the Charitable Foundations desire that all should meet water requirements.

This being the second borehole commissioned among the numerous ones as desired by the foundation is to eradicate water problems at the Coast Province added Mrs. Roshni Ketan Doshi in her small speech while handing over future borehole maintenance affairs to the administration of Ramisi Primary School at a private family function.

## DYER AND BLAIR INVESTMENT BANK SPREADS ITS WINGS TO UGANDA

Leading investment bank, Dyer and Blair has moved to consolidate its footprint in the region by launching a fully fledged subsidiary in Kampala, Uganda.

Dyer and Blair investment bank Chairman, Mr. Jimnah Mbaru also

announced that more offices will be opened in Mbarara and Jinja towns, both in the eastern part of Uganda.

Mbaru said the launch of the subsidiary was a stamp of approval of the transformation that the Ugandan capital markets

have undergone and signifies the growing importance of the country in the global arena.

"We as Dyer and Blair are aware of the immense opportunities that the Ugandan capital markets offer now more than ever before and with our

presence we will be giving investors a chance to participate in the growth of the companies that we serve across the region", observed Mr. Mbaru.

Dyer and Blair has played a lead role in several top mergers and acquisitions in the region

and also sponsored numerous initial public offerings, or IPOs, for companies going public.

In recent years, the investment bank was appointed to advise and consult companies like Uganda Reinsurance Corporation, KQ and TPS Serena.



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## WITH KENYA AIRWAYS FROM START AT MOI AVENUE MOMBASA ...



KQ Marketing Manager East Africa Stella Gituku is seen [from left] together with KQ Duty Controller (Moi Airport) Mariam Magembe, KQ Manager Mombasa Station Caroline Mbotela, KQ Duty Controller Malindi Zubaidah Ramadhan and KQ Coastal Region Sales Manager Maureen Onyango.



Kenya Petroleum Refinery General Manager John Mruttu, is seen [from left] with Tamarind Restaurant Mombasa General Manager Hugh Walters, Kenya Airways Managing Director Titus Naikuni and Coast Provincial Commissioner Ernest Munyi.



KQ Marketing Manager East Africa Stella Gituku is seen [from left] together with legendary Safari Rally Driver "Simba Ya Kenya" Joginder Singh and KQ Coastal Region Sales Manager Maureen Onyango.



KQ Duty Controller, Moi Airport Mariam Magembe is seen [from left] handing over the Champagne to Paul Eric-Jarry, while KQ Sales Executive Lorraine Abreu hands over the Champagne bottle to Graig Redelinghuys.

## ... TO THE FINISH AT THE SAROVA WHITESANDS HOTEL BAMBURI



Kenya Airways Managing Director Titus Naikuni and the KQ team.



The inside of one of the Safari Rally cars at the finish.



KQ Sales Manager Coastal Region Maureen Onyango is seen [from left] together with KQ Head of Marketing Michael Okwirim while cheering the runners up Federick Dor and Didier Breton after handing them the Champagne bottles.

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# BOMU MEDICAL CENTRE

## A Project of Mkomani Clinic Society

### ISO 9001 2000 CERTIFICATION



Mrs. Hayati Anjarwalla  
Executive Director

stakeholders, that the institution is constantly striving towards an efficient, timely and cost-effective health service delivery, even in this era of poor public health infrastructure and inadequate resources - especially for the HIV infected. The year 2007 has also seen the commencement of its 'Expansion Project' of its 'Comprehensive Care Clinic' facility. This new state of the art facility will bring a new dawn to improved HIV care in the Coast province. I take this opportunity to thank our supporters and staff that have tirelessly worked to ensure BMC achieves the ISO Certification. Bomu Medical Centre will continue to maintain this international accreditation of Quality certification for the benefit of those whom it serves.

From humble beginning as a small outpatient clinic in 70s, Bomu Medical Centre today has established an enviable role as a largest non-profit healthcare Organization. In 1980, the "Mkomani Clinic Society" was formed with its first outpatient clinic, in Mkomani area. It became a major Community-Based Distributor (CBD) for Family Planning Services. In 1986, Society acquired land in Changamwe, and started an outpatient clinic and Community Based health care programs. This early success in CBD working in an urban setting, opened new doors for donor funding and program assistance and in no time, BMC, through its partnership with Pathfinder International, the Family Planning Private Sector (FPS) and the Association of Voluntary Surgical Contraception (AVSC), all USAID funding, had taken FP/RH to the grassroots. In 2001, BOMU build substantial infrastructure with the assistance of the European Union and

DFID. International Centre for Reproductive Health (ICRH), Family Planning and Reproductive Health (FP/RH), provided technical and other support. In 2004, FHI enrolled BMC as one of its partners for the roll out of Anti Retroviral Therapy (ART) program in Coast Province and this has been running successfully to date in APHIA II Coast program. In 2005, BOMU partnered with Centre for Disease Control and Research (CDC) through New York University and Center for AIDS research (CFAR) to enhance care and treatment for people living with HIV/AIDS (PLWHA) and to serve as a research centre. Bomu was then introduced to Project Sunshine, a US based NGO. The orphans and sick children at Bomu have benefited tremendously through this joint venture. Today Bomu serves people from far and wide including shanty areas of Bomu, Chaani, Bokole, Wayani, Mikindani, Magonge, Bangladesh and Changamwe.

**MESSAGE FROM MANAGEMENT REPRESENTATIVE (MR) ISO 9001 2000** is Certification of Quality Management Systems that requires an organization to assess and redesign the processes to ensure they are of high quality standards, they meet our clients needs satisfactorily, there is internal and external validation of our operational and technical procedures, we continuously improve, we seek our clients and stake holders' feedback, analyze it and act on any deficiencies. ISO meant having sound Human Resource policies, with staff appraisals, effective organizational structure, Job descriptions for all employees, staff motivation strategy and roles and responsibilities understood. Today we are proud to be ISO certified. This was possible through the Guidance and Leadership of Executive Director and the enormous efforts of entire ISO Team - Zubeida Dadani, Director of Operations



Dr. Gordon Yossa  
Chairman, Mkomani Clinic Society

#### Quality Policy

Bomu Medical Centre is committed to serving the health needs of the under privileged by providing appropriate high quality, low cost, sustainable primary and secondary health care services.

**Bomu Medical Centre is first NGO based Medical Centre to be ISO certified**

On behalf of the entire Board and members of Mkomani Clinic Society, I convey heartfelt Congratulations to Management and Staff on achievement of ISO 9001 2000 certification. It is evident that Bomu Medical Centre is poised to be the International level Health Care Organization with high Quality standards of care, professional, ethical and academic elements as key components within the system of care delivery.

#### ISO CERTIFICATION A MILESTONE

With great pride I announce, that Bomu Medical Centre has been ISO 9001 2000 certified by Bureau Veritas (BVQI). This is a major landmark in Bomu's history. ISO certification is in alignment with our philosophy and mission, integral to our organization's strategic plan. It validates to our local and international donors, partners, clients and



Ms. Zubeida Dadani  
Director of Operations



Dr. Zahir Alavi  
Medical Director



Our Patient Department offers consultations and treatment for wide variety of minor and major ailments including chronic illnesses at highly subsidized rates.



Our laboratory is fully equipped with state of the art equipment offering a full range of hematology, bio-chemistry, CD4 quantification, viral load testing, DNA PCR and microbiology tests, etc. Bomu's is registered with an international Quality assurance program called UKNEQAS.



Dr. Fanuel Omasete  
FHI Program Manager



Dr. Aabid Ahmed  
NYU Program Manager



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Mr. Abdul Bagha  
Biomedical Engineer



Mr. Mehboob Abbas  
Purchasing Manager



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#### Comprehensive Care Centre

A focused Adult and Paediatric HIV/AIDS Program with components such as Voluntary Counselling and Testing (VCT), Post-test clubs, Youth Education and Counselling, Community Education and Outreach programs to increase HIV/AIDS awareness and diagnose of more and more people through voluntary testing who could otherwise be missed.

Radiology is equipped with modern X-Ray and Ultra Sound Unit

Once tested positive, the client is enrolled in our free comprehensive care program (CCC) which holistically takes care of patient, covering full range of ARV treatment, treatment for opportunistic infections, counselling support, nutritional support where required, education, and laboratory tests to monitor the effects of drugs and its all free.



Dr. Ruwaida Saif  
Pharmacist



Sr. Fatma Marshad  
Senior Nurse



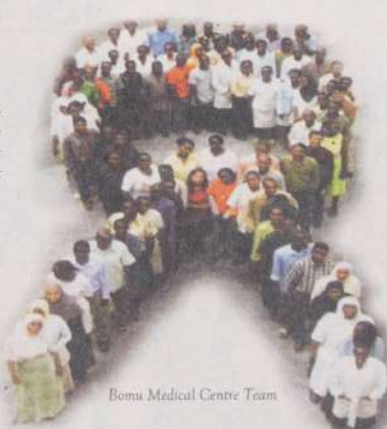
Alicia Keys, the international singer and music celebrity, visited Bomu Medical Centre on 7th April 2006 to promote and create awareness of the 'Keep a Child Alive' organization's collaborative activities with Bomu for better care and treatment for HIV positive children.



Miss USA, Rachael Smith at Bomu Medical Centre on June 13th 2007 during her visit with Project Sunshine Officials



Executive Director Mrs. Hayati Anjarwalla receiving ISO 9001 2000 certificate from Mr. Ravi Mysore of Bureau Veritas.



Bomu Medical Centre Team



His Excellency Mr. Michael Ranneberger, the US Ambassador to Kenya visited Bomu Medical Centre on 10th September 2007 to review progress on current expansion project supported by Funding through US agencies.



Dr. Arif Baradla  
TB Coordinator



Dr. Tabassum Dawre  
Medical Officer OPD



Rukiya Ali Yusuf  
Chief Accountant



Mr. Farhad Abdulaziz  
Incharge Data



Mr. Jacob Nel



Mr. Zack Githongo  
Incharge Maternity



Pamela Opudo  
Incharge MCH/FP



Catherine Mathenge  
Housekeeper



Zingiri  
Incharge Support Services



Mr. Wilson Mathenge  
Incharge Theatre



Ms. Asha Zani  
Lab. Technologist



Dr. Hussein Ganjee  
Pharmacist

# THIS WEEK'S NEWS IN PHOTOGRAPHS



## JAFFERY ACADEMY'S STUDENTS AND C.A.L.L. OFFICIALS ORGANISED A 'MEDICAL CAMP'

Seen [above] Jaffery Academy's Adroiters Club members, Patrons, Doctor, Medical Officers and C.A.L.L. Official at the Medical Camp at the Gates of Joy Humanitarian Centre in Bombolulu. The Medical camp was financed by money raised during various fund raising activities organized by the students.



Vice President Moody Awori Launches the East African Superbrand Website at the Intercontinental Hotel. The website, the first of its kind in the region will showcase the 67 brands in the region and will serve to market Kenya as an attractive investment destination. Superbrand is an endorsement organization operating in over 70 countries.

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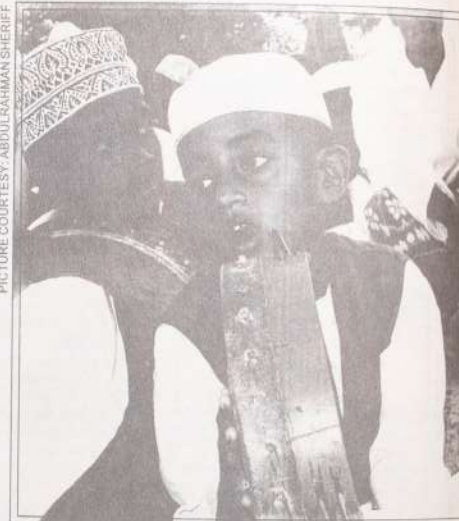
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## 'Diwali Celebrations' At The House Of Commons

Chandni Tushar Pujara garlands Prime Minister Gordon Brown during a Diwali celebrations held at the House of Commons in Parliament Square, London, on November 14<sup>th</sup>, 2007. Chandni is presently doing her third year in Neuro-Science at Kings College London and hopes to proceed to medicine thereafter.

PICTURE COURTESY: ABDUL RAHMAN SHERIFF



## PRAYERS HELD IN MEMORY OF 'MUSLIM SCHOLAR' IN LAMU

Madrasa pupils recite 'Qasida' during special prayers in memory of former prominent Muslim scholar, Say Mohamed Adnan at Mkomani Muslim Cemetery in Lamu island. The scholar died over 40 years ago.

## Graduation Ceremony At Raahani Junior School



Traditional dancers from Raahani Junior School in Kongowea, Mombasa entertain guests with a dance during the institutions second graduation ceremony held at the school over the weekend.

## SAVING SIGHT FOR THE CHARITABLE 'KWALE DISTRICT EYE CENTRE'



The Eye Go Fishing, held last weekend at Aquamarine, Mtwapa, and in aid of the Kwale District Eye Centre was very generously sponsored by Liaison Insurance Brokers. Dr. Helen Roberts is seen receiving a sponsorship cheque for Ksh. 100,000/= from Liaison Insurance Brokers Mombasa Branch manager Andrew Kachila.

# Not A Final Resting Place ... But A Launching Pad!

CROSSROADS FELLOWSHIP CONSECRATE NEW CHURCH IN NYALI

In June 2002 Crossroads Fellowship was formed by two American Missionaries, Pastor Home and Pastor Gary, who have each spent over 30 years in Kenya and East Africa.

just a church was St. Peter's, built in the 1960's.

Unsure yet where the funds were going to come from they decided to take a leap of faith and purchase two acres of land

the absolute best it could be. A prayer meeting was held on the site every single week since ground was first broken to pray over the project and for protection of the workers there.

Perhaps many people thought Crossroads would never get there but this new amazing building is proof modern day miracles do still happen as phase one is now complete and Crossroads Fellowship move into the new building for a Grand Opening Ceremony on Sunday 9th December.

Still not content with this amazing achievement Pastor Jim Horne states:

"This is not our final resting place but a launching pad to reach more and more people in this community."

Crossroads Fellowship invites you to join in the celebration at the grand opening ceremony of our new worship centre on the 9th December at 10.30 a.m.

Also you are invited to the annual Christmas Carol Service on Thursday 20th December at 6.30 p.m.

Crossroads Fellowship is located in between Mamba Village and Wild Waters, Links Road, Nyali for further information call 0733 291 903.



Views of the new Crossroads Fellowship Church in Nyali.



on the Links Road, between Mamba Village and Wild Waters.

Construction of the U.S. \$ 350,000 complex then began in February 2007 a facility to accommodate approximately 1000 people.

The funds began to come in through special building fund offerings and donations from supporting American Churches such as Southside Baptist Church in Georgia and Park Chapel in Indiana.

Crossroads' Ladies held Jumble sales, raffles, dinners and snack sales continuously raising funds, those current members of the church who were in a position to give gave and gave in abundance.

Crossroads Fellowship would like to thank all the interested parties who have helped them reach this point including the donors, the construction crews that have built this awesome new worship centre, and the church members who have put in countless hours in work and discussions to make the church

Both Pastors had their individual ministries here in Mombasa including Faith Baptist Bible College and Academy in the Crossroads Fellowship church and academy in Vipingo and Lighthouse for Christ.

The two shared the same vision of starting a church in the Nyali area.

Neither at that time was in a position to buy land although Jim had previously had his eye on a very prominent piece of land which we all will know very well as Naumatt Nyali, but it was not to be.

So with a small congregation of 37 people in a rented shop near BP petrol station on Links Road, Nyali, Crossroads Fellowship was born.

The numbers increased on a weekly basis and very soon they had outgrown their original home and relocated to Reef Hotel.

It is always a good sign when a church outgrows its location which in eight months is what happened for the second time.

The next move took Crossroads Fellowship to a house on Singalow Road near Nyali Beach Hotel.

A tent structure was erected in the garden and the Sunday Service was held there with attendances growing to an average of 420 people including a Sunday school of 90-plus children.

Crossroads Fellowship continued to grow on a monthly basis, baptizing new Christians each and every month, a total of 50 to date this year alone.

The Pastors and Deacons of the church sat down together to discuss the opportunity of buying land and building Crossroads' very own church.

The last building in Nyali built for the express purpose of being

Special Report by Correspondent

# Generous Kalahari And Sahara Team Members Of 'Africa Online' Mombasa



Kalahari and Sahara Team members of Africa Online Mombasa donating food supplies and clothing to The Little Sisters of the Poor, Nyumba ya Wazee Tudor on 30th November 2007. Seen [from left] Tabitha Kimoli, Sister Marcel, Alex Gitibah, Everlyne Kiti, Komoro Michael, Ellakim Mwadeghu, Melyn Obach and Sister Francisca.

# KENYA DATA NETWORKS ROLL OUT AMBITIOUS PLANS FOR INTERNET CONNECTION TO ALL SCHOOLS IN THE COUNTRY

Kenya Data Networks is rolling out a major internet project which will ensure that every school in Kenya - from distant mountain villages to those in the swelling urban slum areas are hooked up to the internet at an estimated cost of Ksh 100 million.

The roll out of the project by the telecommunications infrastructure provider is to enable e-learning in schools and to further look at ways of making it a self-sustaining business for the institutions.

Kenya Data Network Managing Director, Mr. Kai Wulff announced that the company has already connected various

schools in slums areas, among them Altaawon in Korogocho slums, Mukuru school in the Mukuru kwa Njenga slums and Orphans Sans Frontiers-OSF in Kangemi and several others across the country.

"We want to assist schools leap frog the digital divide through provision of affordable and reliable internet connections.

"In the next few years, we want every school in Kenya from distant mountain villages to swelling urban areas be hooked up to the internet and not just through a crummy dial-up service but at high speed broadband carried by fibre optic

cables", observed Mr. Wulff.

Mr. Wulff said KDN wants to contribute to the development of a successful digital knowledge transfer system using an educated pool of talent that would see the benefits trickle down to the neighboring communities.

He added that schools were fertile grounds to foster the development of a new generation of innovative citizens who have the skills to play their rightful role in the knowledge based society.

Mr. Wulff added; "We want to also replicate the successes registered in the schools that

we have so far connected elsewhere in the country.

"The idea is that by connecting these institutions we have a business case where they shall act as e-learning resource centres to the surrounding communities and if well run then the project will be sustainable".

He observed that KDN continues to invest heavily on infrastructure as part of its vision to connect people with high quality and affordable services.

KDN dominates the field of data carriers that lay infrastructure network to allow connection between end users and service providers.

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# Historic Wray Memorial Museum Is Well Worth A Visit And Is Within Easy Reach Of Mombasa

After 17 kms on a fairly precipitous road, on the hill to the right is the old St Mark's ACK

church, started in 1883, opened for worship in 1900, now a protected building under the auspices of the National Museums of Kenya and turned into a community museum while Anglicans worship next door in the new St Mark's church.

The museum is named after the first missionary to the area, Rev. Wray.

Rev Wray arrived in Mombasa in 1882 leaving for Sagalla in 1883 from Rabai, through Kasigau, Maungu and Kajiri, mostly on foot.

One can only imagine the horrors of this journey.

Mostly through thick bush, very little water, wild animals, mosquitoes, tsetse flies, a journey for the committed.

Once in Sagalla he was regarded with a great deal of suspicion and in fact had to be hidden and protected by a man called Mwakichuku.

During this period of enforced seclusion we are told that Rev Wray used his time to learn the Sagalla language.

By 1884 Rev Wray had made some headway and had set up a church and opened a school, somewhat unappreciated in that the local people wanted to be paid for allowing their children to attend.

To add to Rev Wray's troubles there was at the same time a terrible drought for which the locals claimed Wray was the cause!

One should not get the impression that Rev Wray had only Sagalla as his "parish".

He traveled round all the surrounding villages, in fact covering a population of 63,000 people, his being the only church in the whole area.

By this time Rev Wray was feeling he needed some company so he returned to Scotland to look for a wife returning with her in 1896, but as she was now pregnant, leaving her in the relative safety of Rabai while he traveled on to Sagalla alone.

Mrs Wray and the baby son soon joined him, the baby being baptised Arthur Mwakichuku Wray to honour Rev Wray's protector.

It is hard to imagine what it must have been like traveling on that grueling journey with a small baby.

From this time things seem to have progressed much more happily and there is a good photographic record of the Wrays' time in Sagalla, Mrs Wray being the photographer.

Miss Drake accompanied the Wrays as nurse to Arthur who soon became a member of his large Taita family.

By 1900 the new church was opened, mbatu having been assembled in Britain, shipped to Mombasa, taken to Sagalla and assembled.

The same mbatu is still in place. One thousand people were in the church for the official opening, probably not all of the Christian persuasion.

The museum walls are lined with the photographs and there are many pieces of wonderful old furniture, mostly made in Britain. Local artifacts are also on display.

Original benches are there, some being used in the new church.

Amazing to think that Anglicans have been sitting on those seats during Sunday services for over a hundred years.

The large church plot still bears witness to all that Rev Wray achieved during his few years in Sagalla, a bore hole, mature trees originally planted to mark the plot, a school named after his son.

We are told that in 1896 when he returned he built a road up to Sagalla with fascinating bridges.

Whether it is the one in use today we do not know.

The only jarring note is the deeds of sale for the plot and the payments made to the local owners.

Mostly just cloth and beads.

## Rev. Wray And His Family Left Sagalla In The Year 1901 - Never To Return

Rev Wray and his family left Sagalla in 1901, never to return, leaving the church in the care of a local priest.

When the museum was opened by Rt. Rev. Dr Samson Mwaluda in Dec 2006 Rev Wray's grandson attended the ceremony bringing a copy of Rev Wray's diary which can be seen in the museum, as well as all the wonderful photographs taken by his grandmother.

The diary makes fascinating reading, taking the reader through times of extreme despondency and difficulty to times of joy and victory.

We wonder if we have such intrepid people today, willing to suffer such hardship and deprivation to preach the word

of God? As a community museum the idea is that the local people will benefit from entrance fees etc.

The ladies group can produce tasty Taita food by prior arrangement and Taita welcoming songs add to the ambience. Views over the hills are spectacular.

Plans are afoot for a traditional homestead and a trip can be arranged to see the caves used for centuries by the Taita

communities.

The Wray Memorial Museum is well worth a visit and is within easy reach of Mombasa.

The museum is open every day from 8.00 a.m. to 5.00 p.m. except Sundays.

There are self-service cottages in the area and the nearby Sagalla Lodge provides a wonderful place to stay.

Curator is Liverson Mwanumba who can be reached on 0728 504 163

Not far from Voi, soon after the main turn-off to Voi town, there is a turning to the left with a signboard that says Mwakichuku Secondary School.

Along this same road is the recently opened Wray Memorial Museum.

## Aniz Popat Is Safaricom Winner Of Classiest Golfing Tournament



Aniz Popat (left) Man Winner during the Safaricom Classiest Golfing Event at Nyali Golf and Country Club receives a prize from Safaricom Ltd Chief Financial Officer Les Baillie.

## Special Report by Marlene Reid

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# Österreicher finanzieren Kwale Hospital mit Operationssaal und Intensivstation

KWALE IST einer der interessantesten Orte in Kenia, um zu leben, schreibt **Peter Fundi**.

Es hat so viel zu bieten, von den wunderschönen Stränden entlang der Küste bis zu den tropischen Wäldern und wilden Tieren im Shimba Hills Nationalreservat.

Die Leute haben eine reiche Kultur und Traditionen mit Gesang und Tänzen.

Man sagt, es wird ein Lied komponiert für jede besondere Gelegenheit in ihrem Leben.

Am 23. Oktober 2007 sangen die lokalen Leute mit frohem Herzen ihre traditionellen Lieder, denn eine neue Entwicklung hatte in der Region begonnen.

Ein neues Projekt wurde offiziell eingeleitet im lokalen Hospital im Stadtbezirk von Kwale.

Das Projekt lancierte die Verbesserung des Kwale Sub-District-Hospital, damit das Krankenhaus den nationalen Standards entspricht.

Die Bewohner waren hoch erfreut über diese Entwicklung, die schon lange überfällig war.

Das Hospital wurde ursprünglich 1952 gebaut als Cottage Hospital für leichtere Fälle und wurde seither nie verbessert oder erweitert.

Die ständig zunehmende Bevölkerungszahl des Stadtbezirks von Kwale und Umgebung musste sich mit diesem veralteten Krankenhaus begnügen.

Patienten, die dort nicht behandelt werden konnten, wurden an andere Krankenhäuser außerhalb des Distrikts verwiesen oder ins Msambweni Hospital, das mehr als 60 km entfernt ist.

Das neue Kwale Hospital will der Gemeinde ärztliche

Versorgung von Qualität bieten, so dass die Leute nicht mehr so weit reisen müssen, um behandelt zu werden.

Das Projekt wurde 2005 durch die Schirmherrin und Gönnerin Eileen Willson initiiert zwischen der **Kwale Hospital Austria Foundation (KHAF)** und dem **Kwale District Health Stakeholders Forum (KDHSF)**, früher genannt **Kwale Health Forum**.

Zuerst gab es keine konkreten Pläne, um das Hospital zu verbessern, da das nötige Geld fehlte.

Durch die richtigen Verbindungen entwickelte sich die Idee und im August wurde ein Vorschlag vom Forum Team ausgearbeitet.

Darin hatte **KDHSF** - ein Konsortium gleichgesinnter staatlicher und regierungsunabhängiger Serviceanbieter, die gemeinsam die Gesundheitsdienste im Kwale District zu verbessern suchen - die Gesundheitsprobleme in der Kwale Region analysiert und einen Weg zu deren Lösung gefunden im Rahmen des jährlichen Arbeitsplanes des Gesundheitsministeriums.

Dieser Vorschlag wurde der österreichischen Stiftung unterbreitet, die bereit war, das Geld für die Errichtung des Hospitals zur Verfügung zu stellen.

**Dr. Therese Schwarzenberg**, Präsidentin der österreichischen Stiftung, begleitet von dem international bekannten Musiker **Wolfgang Ambros**, waren die Ehrengäste bei der Grundsteinlegung zur großen Freude der Kwale Gemeinde die, angeführt von der **Zigi Digi** Tanzgruppe, Gesänge und Tänze für die Gäste vorführte.

Ebenfalls anwesend waren

**Dr. Benson Leparmorijo**, DO1 Kwale, andere Mitglieder von der Regierung und von NGOs sowie Freunde.

**Dr. Denis Miyoge**, Medical Officer in charge, Kwale Hospital, erklärte den Plan für den neuen Operationssaal, während District Medical Officer of Health **Dr. Zaheer Bagha**, begleitet von **Dr. Francis Waudo** in Vertretung



**WOLFGANG AMBROS** - ein international bekannter österreichischer Sänger tritt auf. Er ist der wichtigste Geldbeschaffer für das Kwale Hospital Entwicklungsprojekt.

des Provincial Officer of Health eine Rede hielt.

Die österreichische Stiftung will das Projekt in zwei Phasen durchführen, die erste mit dem Bau des Operationssaales mit Intensivstation, die im September begonnen wurde und anfangs nächstes Jahr fertiggestellt wird.

Die zweite Phase sieht den Bau und die Ausrüstung einer modernen Röntgenstation vor, ferner eine 30-Betten Station, Installation weiterer Wassertanks, eine moderne

Küche, Wäscherei, Leichenhalle und Renovierung des bestehenden Laboratoriums.

Zur erleichterten Datenerfassung und um den Angestellten online Zugang zu ärztlichen Informationen zu bieten, hat das Kwale District Health Stakeholders Forum den Bau eines Health Resource Centre auf dem Areal des Gesundheitsministeriums in Kwale geplant, das Ende 2008 eröffnet werden soll.

Alle diese Entwicklungen sind von großem Nutzen für die Gemeinde von Kwale, vor allem für Mütter und Kinder und ältere Menschen, die am meisten von Gesundheitsproblemen betroffen sind.

Diese Gruppe leidet besonders, weil sie finanziell nicht in der Lage ist, sich bessere ärztliche Dienste zu leisten.

Das bestehende Hospital hat nur 45 Betten in der allgemeinen Abteilung, 10 Betten in der Entbindungs-station und keine besonderen Zimmer für Operierte.

Die Kindersterblichkeit in Kwale ist unter den höchsten im ganzen Lande.

Mit einer verbesserten Krankenhaus-Infrastruktur und den im District Health Plan für 2007/2008 erwähnten Aktivitäten besteht Hoffnung, dass die Sterblichkeitsziffer beträchtlich reduziert werden kann.

Gesunde, frohe Kinder bedeuten eine glückliche Gemeinde, wovon alle profitieren.

Die Leute von Kwale singen fröhliche Lieder, denn sie wissen, es wird eine gute Zukunft gebaut, eine Zukunft, der sie zuversichtlich entgegensehen können. Assanir - Dank den Gönnern dieses Projekts!

# Lions Club Mombasa Pwani New Century unterstützt Kikambala Children's Home

**DEN FEIERTAG** vom 10. November - ursprünglich Moi Day, später umgewandelt in Tag der Helden - beging der **Lions Club Mombasa Pwani New Century** mit einem Besuch im **Kikambala Children's Home**.

Angeführt von Club Präsident **Lion Rogers Mecha** feierten die Clubmitglieder und Freunde den **Lions World Service Day** mit der Lancierung des Clubprojekts "Damenbinden für Mädchen in ländlichen Gebieten".

Sie spendeten den Bedarf an Damenbinden für ein Jahr für die Mädchen in dem Kinderheim als Auftakt für die sechs Monate dauernde Sammlung von Damenbinden für 500 Mädchen im Kilifi Distrikt.

Club Präsident **Lion Mecha** beschrieb das Ziel, 500 Mädchen mit dem Bindenprojekt zu unterstützen.

**Dr. Jadon Bomu** von Scope, ein in Kilifi stationierter CBO und ein Partner des Projekts, sowie Zone 12 Chairman **Lion Theophan Marube** waren anwesend bei diesem Event, das mit Tanz und Gesang gefeiert wurde.

Nachdem im Jahr 2002 in Kenia

der freie Schulbesuch für Primarschüler eingeführt worden war, nahm ihre Zahl um mehr als eine Million zu.

Leider fehlen viele Mädchen,

hauptsächlich auf dem Land, jeden Monat während ihrer Tage, weil sie sich keine Damenbinden leisten können; manche gehen aus diesem Grund überhaupt

nicht mehr in die Schule.

Das Damenbindenprojekt für Mädchen in ländlichen Gebieten ist eines der Schlüsselprogramme, eingeführt von District Governor **Dilshad Muhammad** im Lions Jahr 2007/2008.

Es ist ein Projekt für das ganze Land in Partnerschaft mit Rotary. **Mr. and Mrs. Keith Farrington**, die Betreuer des **Kikambala Children's Home**, wo 22 Waisenkindern leben, nahmen die Spende dankbar entgegen.

Sie baten um weitere Unterstützung und ersuchten die zuständigen Behörden, die Zoliabfertigung einer Sendung mit gespendeten Kleidern, Spielsachen und anderen Gaben im Hafen von Mombasa möglichst bald abzuwickeln.

**Lions Club of Mombasa Pwani New Century** hat Kinder von Schulen in Mombasa aufgerufen, je eine Damenbinde für ihre Kolleginnen auf dem Lande zu spenden.

Wenn Sie ein Paket Binden spenden oder dem Kinderheim in Kikambala auf andere Art helfen möchten, kontaktieren Sie **Lion Rogers** Tel. 0722 366477.



**KEITH FARRINGTON (3.v.l.) und Patience**, ein Mädchen im **Kikambala Children's Home**, nehmen die Spende vom **Lions Club Mombasa Pwani New Century** Präsident **Rogers Mecha** dankend entgegen, im Beisein von **Mrs. Farrington (links)** und anderen Clubmitgliedern.

# Don't Miss KSPCA Craft Fair At The Whitesands

It is the Season to be merry as the saying goes and as it is that season, it is time once again for the KSPCA Craft fair.

For those who already know about or have attended one of our Craft Fairs, there is probably no need to tell you how fantastic it is.

But I will anyway. Again it is being hosted at the Sarova Whitesands Hotel.

The Sarova group are incredibly supportive of our cause and go to great lengths to ensure that everything is in place and all runs smoothly.

The event takes place on Saturday 15th and Sunday 16th December.

There will be the multitude of fantastic stalls offering an incredible variety of wonderful crafts, gifts, paintings, clothes and much, much more from all over Africa and beyond.

There will of course be a raffle and each exhibitor has donated a prize and many more prizes are to be won from other supporters of KSPCA.

There are plenty of activities to keep the youngsters amused whilst Mum and Dad shop, Bouncy castle, Camel rides, Face painting, Henna, Music & Magic with Marc, Ice Cream stall and food and drink, tea, coffee and snacks.

This event is one of the major fundraising event for the KSPCA who are the only domestic animal welfare charity in Kenya.

The work of the society is never ending with many animals requiring rescue or help of some kind.

The Inspectors and Field officers are on call 24/7.

There are always many dogs and cats in the kennels for re-homing so the kennel staff are always hard at work making sure the animals have clean kennels or catteries and that they are well fed and comfortable.

All of this requires a great deal of money and fundraising is the only option as KSPCA receives no government funding of any kind.

So please come along, have a great day out and support a very, very worth while cause.

Saturday 10.00 a.m. to 6.00 p.m. Sunday 9.00 a.m. to 5.00 p.m.

Raffle on Sunday at 2.00 p.m.

Admission: Adults Ksh 100/- Children Ksh 100/- (this includes pass for activities).

# Kenya's Pothole-Of-The-Month



KENYA'S POT-HOLE-OF-THE-MONTH PHOTO - COURTESY PARESH MORJARIA MOMBASA

## Importance Of Mombasa To Kenya Cannot Be Underestimated By Any Standards, Because Simply Put, It Is A Fat Cash-Cow !

A lot of dissent is being aired recently about the civic problems in Mombasa and as usual, nobody in authority is listening, it seems.

The importance of Mombasa to Kenya cannot be underestimated by any standards, because simply put, it is a cash-cow.

Not only is KPA one of the highest revenue-generating Parastatal in the country but also one with biggest potential. Besides KPA, the tourism industry benefits more from Mombasa, simply because tourists spend maximum three to five days at the wildlife resorts upcountry while they normally

end up for two to threeweeks in Mombasa thereby generating greater revenues for the country.

At the current rate Mombasa is set to become the most important conduit for East and Central Africa in a very few years time.

Given the above, it is highly surprising that the Central and Local authorities have a head-in-the-sand attitude towards the City.

The pot-holed roads, uncollected garbage, lack of street lighting, and other ills continue to plague us.

The pot-holed roads make driving a small saloon a gut-wrenching experience.

Primary examples are Sauti-Kenya Road or the old Port-Reitz Road among many others.

Take a tuk-tuk along these roads and a re-arrangement of your internal organs is guaranteed !

All the above problems however, dwarf in the face of the water problem.

How can a city of over three million people survive without fresh water for days on end ?

Last week I believe we broke the world record of six consecutive days without a drop of water from the supply.

I personally, have spent over five thousand shillings over and above my normal water bill to fulfill my needs last month.

Here are two questions:  
*If the pipes keep bursting every few days, why are they not being replaced ?*

Surely with the revenue being generated by Mombasa, both at local and national level, a couple of hundred millions would not be too much to ask to make the life of wanainchi more tolerable.

Secondly the big question:  
Scientists say that the snow on Mount Kilimanjaro is melting at an alarming rate and in fifteen years time there will be none remaining.

This implies that the fresh water supply from Mt. Kilimanjaro to Mzima-springs will run dry which in turn means one less source of fresh water to Mombasa.

*Are the city fathers thinking of any measures to counter the on-coming calamity ?*

I have a very strong feeling that the answer is a big fat no!

There a lot of answers to the above problems and they have been enumerated by all of us time and again but to no avail.

In my opinion the only answer to all our problems is privatization.

Take for example the water supply, if privatized, there would be a hoard of businesses which would line up to bring in De-Salinization plants and make it not only profitable but viable solution to a long standing problem.

Similarly electricity, roads and other basic civic duties should be privatized to make this town a glorious place to live.

Its time this step-sister attitude towards Mombasa ceased.  
Paresh Morjaria, Mombasa.  
pmail@mitsuminet.com

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8			6	7				
							2	5
7	4		9					
6					1			4
2		7		9				6
9			6					5
				1		9	8	
2	1							
			9	3				6

SUDOKU NO. 074

NAME.....

ADDRESS.....

#### What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

#### What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

#### SOLUTION TO 'PRIZE SUDOKU' NO. 072

6	7	4	5	2	3	9	1	8
8	2	1	6	9	7	3	4	5
5	9	3	1	4	8	2	7	6
1	4	2	8	7	5	6	9	3
9	3	5	2	6	4	7	8	1
7	8	6	3	1	9	4	5	2
3	1	7	9	5	2	8	6	4
4	6	8	7	3	1	5	2	9
2	5	9	4	8	6	1	3	7

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### COAST GYMKHANA P.O. BOX 84895, Mombasa

#### NOTICE TO ALL MEMBERS

The Special General Meeting of the Club will be held on Friday 14th December, 2007 at the Club premises at 7:30 p.m.

**AGENDA:** Development Project For Coast Gymkhana

Rajesh Shukla, Hon. Secretary  
Coast Gymkhana

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### DEATH AND FUNERAL ANNOUNCEMENT



**Late Andrew Kiuru Wanyoike**  
First Officer Kenya Airways  
11th May 1984 - 5th May 2007

It is with humble acceptance of God's will that we announce the death of Andrew Kiuru Wanyoike formerly of Kenya Airways through a tragic plane crash in Douala, Cameroon. Son of Freddie Wanyoike Kiuru of Travellers Beach Hotel, Mombasa and Mrs. Millicent Njeri Kiuru of Makuyu Boys Secondary School. Brother to Jackee Wangu Kiuru of Equity Bank

He was the grandson of the late Mr. & Mrs. Kiuru Kirori of Makuyu and Moses Mwangi Wanjau of Gitugi and the late Jemima Nyambura. A nephew and cousin to many.

He hailed from Mugira village, Makuyu division, Muranga South district.

Friends and relatives are meeting daily at Rosette Restaurant, Harambee Plaza from Monday 3rd December at 5.30pm and at his parent's home in Makuyu from Wednesday 5th December.

The cortege leaves Lee Funeral home on Saturday 8th December at 8.00am for a funeral service and burial from 11.00am at his parents farm in Mugira, Makuyu.

Andy, we loved you but God loved you more. Rest in Peace!

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## PROPERTIES

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**Bamburi** - near Pirates - 2 units 3 b/r beach cottages @ 9M  
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**Diani** - 27 ac beach plot - approx 168 meter frontage @ USD 5M  
**Diani** - 1 ac freehold plot on 2nd row on main road @ 9.5M  
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**Gaten Kinanda** - 3 b/r beach house on 1.75 ac, freehold on sea front with approx 21 meter frontage @ 26M  
**Miritini** - behind Brollo - 5 ac plot @ 22M

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### Golf Tourney Sponsored By Nyali Beach Hotel

Sponsored By Nyali Beach Hotel On Saturday 1st December, 2007  
Results: Overall Winner: Charles Odoo (28) 40 (19,21)

Men: Winner: Michael Rotich (15) 38 c/b (18,20), R/up: Peter Mulongo (28) 38 (20,18), Third: Peter Werles (25) 37 c/b (17,20), Fourth: Eric Nyongesa (10) 37 (17,20), Fifth: Jon Stokes (12) 35 c/b (19,16)

Ladies: Winner: C.J. Yu (30) 38 (18,20), R/up: Florence Karimi (14) 36 c/b (19,17)

Best Junior: Said Hamada 30, Best Senior: G.M. Taki 31, Best Hotel Guest: F. Morelli 36, Best Staff: Charles Gichohi 10

Longest drive no. 17 man: G. Nesbitt, Lady: Rachel Chebukati Nearest to pin 18th: Peter Werles 6 fts. Piga Mingi Marylin Barnes

### BRIDGE RESULTS

Result of the duplicate Bridge played at Mombasa Sports Club on Wednesday, 28th November, 2007.

Mrs. Vibha and Mrs. Hema Metha 43 (Points); Dr. J. D. Shah and Amu Shah 41; Dr. Rawal and Janakbhai 37; Mr. and Mrs. Mahendra 35; S. K. Shah and L. P. Gudka 34; K. P. Shah and C. P. Shah 32; Mr. and Mrs. Narendra 30.

## COAST BRIDGE with C.P. SHAH

Who had the upper hand on the following hand, declarer or defence?

Dealer: SOUTH NORTH-SOUTH VULNERABLE **BIDDING:**

SOUTH	WEST	NORTH	EAST
ONE SPADE	TWO CLUBS	THREE CLUBS ( 1 )	PASS
THREE HEARTS	PASS	FOUR CLUBS ( 2 )	PASS
FOUR SPADES	PASS	PASS	PASS

1. Good Spade Raise, 2. Ace-showing Cue bid, looking for slam in Spades. West led the singleton Heart, Declarer won in hand led

a Trump to the King, East won with the Ace and resisted the temptation to give his partner an immediate heart ruff.

Needing two Diamond tricks, which could only come from his side, he first led the Ten of Diamonds.

If Declarer ducked, East could revert to Hearts.

**NORTH**

♠	K	8	7	3
♥	A	8	3	
♦	8	3		
♣	A	K	7	2

**WEST**

♠	9	5				
♥	2					
♦	A	Q	J	5		
♣	Q	J	10	9	6	5

**EAST**

♠	A	2		
♥	J	10	7	4
♦	10	9	7	6
♣	8	4	3	

**SOUTH**

♠	Q	J	10	6	4
♥	K	Q	9	6	5
♦	K	4	2		

allowing his partner to ruff and cash the Ace of Diamonds, if the Declarer covered the Ten of Diamonds with the King, West could win and, crucially, underlead his Diamonds to put his partner back on the lead with the Nine for the Heart ruff. Down one. Declarer should always rise with the Ace of Hearts in Dummy at trick one, enabling him to cash Two Top Clubs, discarding Two Diamonds. At most One Spade, One Diamond and a Heart ruff can now be lost. Ten tricks and game made.

# SUDDEN DEMISE OF BRITISH RALLY PROFESSIONAL DRIVER

The Kenya Airways Safari Classic fraternity was reeling in shock and disbelief following the sudden demise of veteran British rally professional driver and volunteer.

Richard "Tony" Fall, a veteran of the old type Safari and service supervisor for this event, passed away peacefully in his sleep at his hotel room near Arusha on Saturday night

just after he had meticulously executed his duties and was bracing for a day that never was.

"A somber mood amongst rally officials, media and team members epitomized the solidarity of the Classic Safari when the news broke out at Ngurdoto Mountain Lodge.

"A bulletin from the Safari Classic secretariat said: "It's

with great regret that we have to announce the sudden and unexpected death of Richard "Tony" Fall."

"The cause of the death wasn't immediately established, but event Director Surinder Thatthi said the East African Classic Safari Rally Limited was making efforts to have the body airlifted to London via Nairobi today.

### Special Report by Correspondent

"Fall's contemporary drivers and officials consoled his family.

"The KQ Safari Classic Press Officer John Davenport recalled the days he worked with the deceased as a team member and works team opposition during the formative years of the Safari Rally and the World rally Championship.

"He was such a jolly fellow and real character of the rally scene.

"I navigated him once and we soon became competitors

in the mid 70s when I managed the British Leyland works team and he was at General Motors," said Davenport who navigated him once on the Monte Carlo Rally in the 60s way before the WRC came to the fore.

"We saw each other many times and he would banter over which team would carry the day," he added.

## ALPINE RALLY OF FRANCE

Fall died aged 67. He made his rally debut in 1964 and did small rallies in Britain; a year before he won the Alpine Rally of France -the equivalent of the Safari Rally in Europe.

Until his death, Fall was CEO of British Role cage manufacturer, Safety Devices.

He has for the past 15 years supplied various work teams and North African Raid Rally cars.

# Kerneur Gave A Refreshing Challenge To The Seasoned Sailors

The last two Sundays have had the finest weather conditions with fairly steady but low winds for sailing.

The One design Trophy was won by Olivier Kerneur who is proving to be a refreshing challenge to the seasoned sailors of the Yacht Club sailing the Laser CHANZO.

Close on heels of this win was the November monthly mug which was won by Chris Soper who is fully into the wind and wave with his Laser SIHIRI.

The much looked forward to trophy is the Edward Wilshaw Cup with six races spread over three Sundays.

The first and second were sailed on 2<sup>nd</sup> December with seven boats.

The Bosun CENTURION sailed by Koki Doshi with Quentin was the first to set out on the first race towards the channel mouth and the "mulango" buoys on a receding tide.

This was a great help as the winds were too moderate especially in the channel swinging from north to east and then finally settling for the most part in the east.

The fleet of Lasers -CLARE with Dave Mackay, QUICK-SILVER with Michael Smewing, CHANZO with Olivier Kerneur and KIJIVU with Andy Burnard followed CENTURION till the Green Serani buoy at the English Point and overtook her.

Soon the Osprey TALLY HO! with Barry Mitchell and George, and the Catamaran CATMAN with Chris Soper and Bob Tanner also sailed alongside on the way to the farther Green Inner buoy out at sea.

The drama on the high sea at the Red Serani buoy was the neck to neck fight between QUICK-SILVER and CHANZO when the leading CLARE had to make way for CATMAN who had the right of way and fall back.

All boats had to round this buoy to Starboard which should have been a Port rounding.

But when the course is set, it



Some of Mombasa Academy girls after receiving their award during the CASA Coast Juniors Swimming Competition held at Oshwal Community Pool. Seen [from left] Juliet Mc Reed, Krishna Shah, Maria Brunlehner, Chloe Dhanji, Reemi Shah and Janki Bhatia.

## Mombasa Academy Junior Girls

FROM BACK PAGE runners overall trophy.

Mombasa Academy full team comprised of Tamara Werle, Sote Chemngore, Juliet McReed, Maria Okabhai, Melody Chiu, Aryen Gor, Danilo Rosafio, Baraka Wandario, George Harvet, Armaan -Jamal, Max Bryson, Maria Brunlehner, Carla Careno, Darshak Patel, Swaleh

Talib, Njau Njuguna, Reemi Shah, Janki Bhatia, Chloe Dhanji, Kevin Ram, Matteo Rosafio, Jack McReed, Krishna Shah, Aina Jamal, Iness Careno, Gammar Talib, Malik Ramadhan, Keith Kibwana, Sara Tung, Omar Talib, Matthew Wahome, Tariq Hatayan, Naim Bayusuf, Pujan Gor, Kiran Patel, Henal Patel, Kajal Chandi, Asha Tung, Dhruv Patel and Deepthi Shah.

### Sailing Notes with SEA BREEZE



Drama on the high sea when there was a neck to neck fight between Quicksilver and Chanzo.

**Simplify sand play**

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THE AVERAGE GOLFER HAS A TENDENCY TO PANIC WHEN HE FINDS HIS BALL IN A SAND BUNKER - EVEN IF IT IS SITTING UP

BECAUSE HE FEARS THE BUNKER SHOTS, HE EITHER TRIES TO DIG THE BALL OUT OR PICK IT OUT. BOTH OF THOSE STRATEGIES ARE WRONG!

No

No

TO RECOVER WELL CONSISTENTLY FROM A GOOD LIE IN A BUNKER YOU MUST SHAVE SOME SAND FROM UNDER THE BALL. SO SET UP OPEN, SWING THE CLUB UP OUTSIDE THE LINE, THEN CUT ACROSS THE BALL AND HIT TWO INCHES BEHIND IT COMING THROUGH.

EXCLUSIVE - GREG NORMANS' GOLF LESSONS

# 'Mombasa F.C.' Put Up A Sterling Performance At The Showground

Twenty one Reliable Group of Companies' sponsored Mombasa Wild Waters Premier League matches are to be played in various playing fields between tomorrow (Saturday) and next Thursday, December 13.

Releasing the 21 match fixtures, Kenya Football Federation (KFF) Mombasa sub-branch chairman, Gabriel Mghendi

said four matches are to take place tomorrow, on Sunday, Wednesday and Thursday with five matches set for Tuesday.

Tomorrow, a revitalised Mombasa FC clash against Kikulacho FC at the ASK Showground, Tononoka Rangers play Ziwanu Sportiff at Tononoka Ground, Likoni Stars meet Jericho at Bomani Ground with Chal FC tackling Mombasa Beach at Shimanzi Ground.

On Sunday, Bayern FC play Bamburi Beach at Khadija Primary School Ground, Mombasa United entertain Wananyuki

FC at Prisons Annex, Chaani United meet Floringi FC at Shimanzi Ground and M+R Spedag takes on Coast Boys at Tononoka ground.

On Tuesday, December 11, Mufadhah FC play host to Shanzu United at Tononoka Ground, AC Scud entertain Spartak Moons at Shika Adabu Ground and Jericho play Chal FC at Changamwe Ground.

On the same day, Mombasa FC who will be at their ASK Showground to entertain an experienced Wananyuki FC team as Mombasa Beach clash with Bam-

huri Beach at Mombasa Municipal Stadium.

On Wednesday, December 12, Mombasa United clash against Kongwea FC at Khadija Primary School Ground, Likoni Stars faces Bombolulu Rangers at Bomani round, Kikulacho play AC Milan at Tononoka Ground and topanga Cranes tackle Tononoka Rangers at Shimanzi Ground.

On Thursday, December 13, Shanzu United play M+R Spedag at Khadija Primary School Ground, Chal FC meet Bayern FC at Shimanzi Ground, AC Scud entertain Mufadhah at Shika Adabu Ground and Coast Boys takes on Bamburi Beach at Mombasa Municipal Stadium.

Mombasa United conceded their two outings in a week's time when they bowed down 0-2 to M+R Spedag during a match played at Tudor Ground before crushing 0-5 to on-form AC Scud at Shika Adabu Ground.

After starting the league on a

slow note, Mombasa FC put up a sterling performance to hammer Rising Stars 4-2 during an exciting, thrilling and well attended match at their Mombasa Showground.

Mombasa scored through John Zambara in the 12th and 24th minutes, Ali mwinyi (34th minute) and Ali Mohamed (75th minute) with Rising Stars replying via Hussein Ali (20th minute) and Joseph Omondi (55th minute).

Tobias Baraza of Ziwanu Sportiff was the only player to score a hat-trick last week to steer his team to a deserved 5-3 victory over M+R Spedag during a match played at Tononoka Ground.

Baraza scored in the 15th, 22nd and 53rd minutes with his colleague Julius Peter netting a double in the 43rd and 74th minutes.

Spedag goals were scored by Edwin Otieno (18th minute), Ali Sofyo (38th minute) and Ismail Wandera (82nd minute).

PHOTO: GILBERT ONCHOKE



Atul Patel [right] overall winner of the Safaricom Classiest Golfing Day 2007 at Nyali Golf and Country Club, receives a prize from Les Baillie, Safaricom Ltd Chief Financial Officer.

PHOTO: GILBERT ONCHOKE



Diana Munyao, Lady winner during the Safaricom Classiest Golfing Day 2007 at Nyali Golf and Country Club, receives a prize from Safaricom Ltd Chief Financial Officer Les Baillie.

## AGA KHAN ACADEMY STAMPS ITS AUTHORITY

The Aga Khan Academy swimming team has once again

proved to the swimming fraternity that they are a force to

reckon with. Just after winning the national age group SC which

was held in Mombasa in October, they again took part in the national age LC in Nairobi in November and emerged overall winners in boys and girls category.

During the weekend they took part in the Coast Junior swimming gala and guess what?

The boy's team emerged first overall with the girl's team coming in as first runners up!

Several of the swimmers were awarded individual overall medals. The swimmers were:

Shivraj Vaghela (Boys captain Junior) 10years Gold Medal, Aika Patel (Girls captain Junior) 10years Bronze Medal, Pauline Adhiambo 9years Bronze Medal, Tracy Pohler 8years Silver Medal, Urvi Dayal 7years Bronze Medal, Vivian Mun'garo 7years Silver Medal, Shaan Vora 7years Silver Medal, Tracy Pohler 8years Silver Medal.

The boys relay teams emerged first in all categories in both the freestyle and medley relays.

The swimmers put in a lot of effort during training and it finally paid off, as the saying goes "Success is measured not so much by what you get, but what you have to give up in order get it" commented coach Mohamed.

PHOTO: GILBERT ONCHOKE



NYALI BEACH TROPHY Charles Odoo, overall winner during Nyali Beach Trophy [left] receives a trophy from Charles Gichoi, Nyali Beach Hotel General Manager.



First row [from left]: (Kneeling down) Aika Patel, Raj Chudasama And Shivraj Vaghela.

Second row [from left]: Shaan Vora, Luke Webber, Neel Patel, Sofia Webber, Urvi Dayal, Amaar Jivanji, Vishal Patel, Samir Shah, Jai Raj Pujara, Mansur Khan, Osman Van Dan Berg, Head Coach Fauz Ahmed. Third row [from left]: Pauline Adhiambo, Muadh Timimi, Bilal Gullied, Preet Chudasama, Ty Mc.lean, Simran Khatawa, Vivian Mun'garo, Nicole Mwango, Nihal Shavdia, Kyle Mc.lean, Rahul Kamdar, Malik Van Dan Berg, Erica Nondi, and Coach Mohamed Abdulaziz. Fourth row [from left]: Rohn Kanji, Martin Matiba, Alex Murabu, Swaleh Hamada, Kaashif Mawji, Robin Murphy, Sasha Olwande, Tracy Pohler, Raveena Mehta, Dzizze Muruu and Qaisara Kassam.

Fifth row [from left]: Payal Sadrani, Tait Mc.lean, Samara Visram, Parthivi Bhatia, Samuel Williams, Amal Radia, Mohammed Tarmal, Yousouf Salim, Mohammed Bayusuf, Leslie Mwandawiro, Raj Hirani, Saloni Shavdia and Shivali Shah.

Swimmers missing in the photo: Muthaira Abid, Shahil Shah, Yavan Bhatia, Priya Sandhu, Martha Reillar, Aman Patel and Khalil Walli.

## Africa Cricket Association East Africa Under 15 Boys And Women's Tournament

After hosting a successful stakeholders' meeting over December 1st and 2nd where many pressing issues were deliberated, Cricket Kenya will now be holding the Africa Cricket Association East Africa Under 15 Boys and Women's Tournament in Nairobi between December 8 and 12.

The fixtures are as follows:

### Under 15 Boys tournament

December 9th: Kenya vs. Rwanda at Sir Ali Muslim Club and Tanzania vs. Uganda at Parklands Sports Club. December 10th: Uganda vs. Rwanda at Peponi School and Tanzania vs. Kenya at Sir Ali Muslim Club. December 11th: Kenya vs. Uganda at Parklands Sports Club and Tanzania vs. Rwanda at Peponi School.

### Women's Fixtures

December 9th Kenya vs. Tanzania at Peponi School, December 10th Uganda vs.

Tanzania at Parklands Sports Club December 11th Kenya vs. Uganda at Sir Ali Muslim Club.

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## FAREWELL PARTY @ HOLLYWOOD BOWL

Another week of sporting at the Hollywood Bowl where striking is good fun!

Last Friday, the Hollywood had a pleasure to host a farewell party for Natasha Cohen and Becky Hassall.

They are both students at Mombasa academy. They celebrated together with their family and classmates. The group consisted of 24 kids.

Natasha and Becky were sh...ered with gifts from their classmates.

They enjoyed a game of bowling and had a wonderful and colorful evening.

Their results are as follows:

Jane-128, Natasha-99, Becky-67, Ruth-121, Matthew-80, Jessica-87, Jack-82, Juliet-88, Carla-91, Danilo-98, Keziah-79, Mattheu-94, Melody-106, Adam-105, Chinatsu-100, Chirag-92, Max-87, Miriam-102, Maria-74, Naomi-75, Swaleh-94,

Tamira-70, Ziana-97, Ires-103 points.

To bowling scene, Mr. Pares Morjaria made a good performance on his scores compared to last month.

He is now holding the top position in men's category.

The new entrants that graced to the scoreboard were: In Men's- Pares and Habib.

In Ladies-Mrs. Daksha and the Under Fifteen was Ms. Devina.

Scores of the week on the scoreboard: Men: Pares Morjaria-248 points and Habib Maks -230 points

Ladies: Mrs. Daksha Morjaria -126 points.

Under Fifteen: Ms Devina Morjaria-122 points.

Bowlers of the Month, November: Habib Maks - 231 points and Ms. Devina Morjaria - 117 points. Congrats to our bowlers!!! Pins Up!

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MEMBER N.P.A. EAST AFRICA

G.P.O. REGISTERED NEWSPAPER

# Coastweek

Issue No. 3049

December 7 - 13, 2007

PRICE - KENYA THIRTY SHILLINGS

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## Transporter From Coast Investing In Mercedes Benz Trucks

D.T. Dobie driver trainer Joe Mungai [left] with, Mombasa Sales Executive John Vespa, the General Sales Manager-Hcv Mercedes Benz division Mike Duder, General Branch Manager-Coast Chris Angell as the twenty new mercedes benz actros prime movers are handed over to a prominent transporter in the transport industry here at the coast.



## Classiest Safaricom Golf Event

The Classiest Golfing Event - Powered by Safaricom on Friday 30th November, 2007.  
Results: Overall Winner: Atul Patel (7) 40 (18,25)  
Men: Winner: Aniz Popal (11) 37 (19,18), Runner Up: Michael Rotich (15) 35 c/b (17,18), Third: Simon Wambugu (14) 35 (17,18), Best 1st Nine: Vincent Nyauche 19 c/b, Best 2nd Nine: T. Ole Kina 18, Longest Drive: T. Ole Kina  
Ladies: Winner: Diana Munyao (9) 49 (16,24), Runner Up: Kang K. Young (25) 35 (16,19), Third: Y. Nozaka 34 (17,17), Best 1st Nine: L. Wartnaby 18, Best 2nd Nine: S. Funk 18  
Longest Drive: W. Warui, Best Juno: J. Chebukali 35, Nearest to pin: C.K. Yu 4'10"  
Piga Mingi Les Baillie 7.

## Mombasa Academy Junior Girls Declared 'Best Swimming Team'

Mombasa Academy junior girls ended their first Academic term in style after they were declared as the best swimming team in Girls category during the one day CASA Junior Swimming Competition held on Saturday 1st December 2007, at the Oshwal Community Pool.

Mombasa Academy won the best girls team trophy by collecting 291 and were followed by Aga Khan Academy in second place with 266 points.

In third place was Otters Swim Club with 161 points.

### TEN MEDALS

Age group categories which were competed during the one day event was the 6 years and under, 7 years, 8 years, 9 years, 10 years and 11 years category.

Mombasa Academy swimmers managed to collect a total of ten medals from different age group category.

These medals are awarded to swimmers who score the highest number of points from the events they compete in.

Among the Mombasa Academy medal winners was Juliet Mc Reed in the 6 years and under girls category, Danilo Rosafo in

the 6 years and under boys category, Maria Brunlehner in 7 years girls category and Swaleh Talib in 7 year boys category.

In the 8 year girls category Chloe Dhanji was awarded a medal as well as Jack McReed in

boy's category, Malik Ramadhan was also awarded a medal in the 9 years boys' category and Omar Talib in 10 years boys' category.

In the 11 years Kaajal Chandi won a medal in the girl's category

while Deeyn, Shah winning a medal in boy's category in the same age group. Not forgetting the Mombasa Academy boys who also performed exceptionally well winning the first

TURN TO PAGE EIGHTEEN



## DT DOBIE

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Email: Chrisangell@msa.dtdobie.co.ke

## KENYA TIDE TABLES

MOMBASA, December 07 - 13, 2007

**FRIDAY** High Water - 3.1 m. at 02.41 hrs. (2.41 a.m.) and 2.5 m. at 15.09 hrs. (3.09 p.m.). Low Water - 0.7 m. at 09.06 hrs. (9.06 a.m.) and 0.9 m. at 20.48 hrs. (8.48 p.m.).

**SATURDAY** High Water - 3.2 m. at 03.13 hrs. (3.13 a.m.) and 2.6 m. at 15.43 hrs. (3.43 p.m.). Low Water - 0.6 m. at 09.39 hrs. (9.39 a.m.) and 0.8 m. at 21.21 hrs. (9.21 p.m.).

**SUNDAY** High Water - 3.3 m. at 03.44 hrs. (3.44 a.m.) and 2.7 m. at 16.16 hrs. (4.16 p.m.). Low Water - 0.5 m. at 10.10 hrs. (10.10 a.m.) and 0.7 m. at 21.52 hrs. (9.52 p.m.) **NEWMOON.**

**MONDAY** High Water - 3.3 m. at 04.14 hrs. (4.14 a.m.) and 2.7 m. at 16.48 hrs. (4.48 p.m.). Low Water - 0.4 m. at 10.41 hrs. (10.41 a.m.) and 0.7 m. at 22.24 hrs. (10.24 p.m.).

**TUESDAY** High Water - 3.3 m. at 04.46 hrs. (4.46 a.m.) and 2.7 m. at 17.19 hrs. (5.19 p.m.). Low Water - 0.4 m. at 11.12 hrs. (11.12 a.m.) and 0.7 m. at 22.57 hrs. (10.57 p.m.).

**WEDNESDAY** High Water - 3.3 m. at 05.19 hrs. (5.19 a.m.) and 2.7 m. at 17.51 hrs. (5.51 p.m.). Low Water - 0.4 m. at 11.45 hrs. (11.45 a.m.) and 0.7 m. at 23.32 hrs. (11.32 p.m.).

**THURSDAY** High Water - 3.3 m. at 05.53 hrs. (5.53 a.m.) and 2.7 m. at 18.25 hrs. (6.25 p.m.). Low Water - 0.5 m. at 12.19 hrs. (12.19 a.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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