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Coastweek

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Kwale is one of the most interesting places to live in on the Kenyan map, reports Peter Fundi. There's lots it has to offer, from the beautiful beaches along the coast to the scenic forests and wildlife of Shimba National Reserve. The people also have a rich culture of traditions, songs and dances. It is said that there's a song composed for each and every occasion in their lives. So on October 23rd 2007, the local people were singing happy traditional songs for it heralded a new development in the area.

Austrians Fund Kwale Hospital

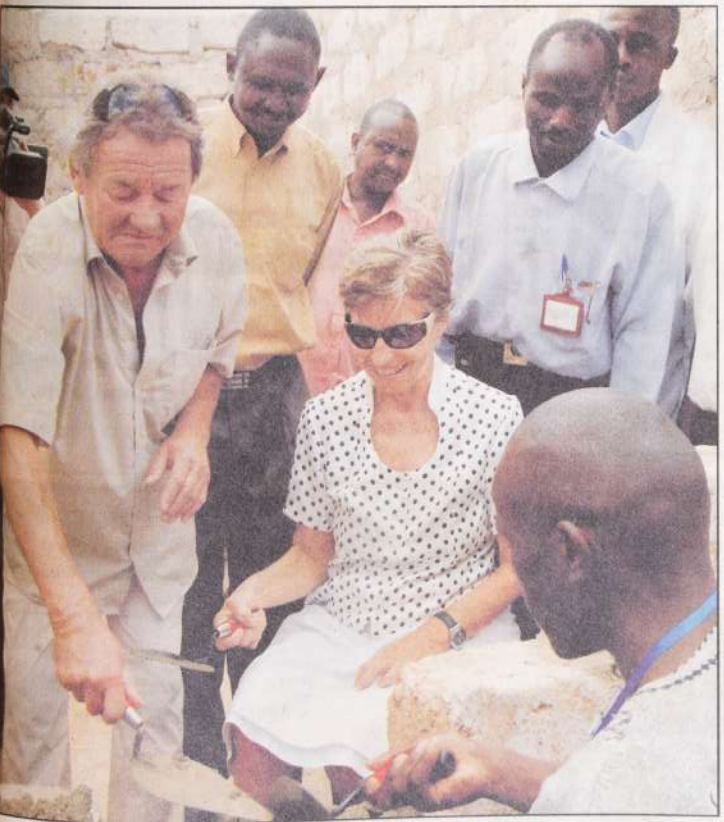
BUILDING 'OPERATING THEATRE' WITH AN INTENSIVE CARE UNIT

A new project was officially launched at the local hospital in Kwale Township. The event was the launch of the Kwale Sub-District Hospital upgrade development project to

bring the hospital in line with national standards. The local people were evidently full of joy for this development has been long

overdue. The hospital was first built in 1952 as a cottage hospital and no major developments have been added since then. CONCLUDED PAGE 07

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Kwale Austria Foundation chief fund raiser Wolfgang Ambros is seen [from left] with District Health Management Board Cllr. Yusuf B. Mwakauly, Benson Leparmojrijo, who was representing Kwale District Commissioner, Kwale Hospital Austria Foundation main sponsor and donor Dr. Therese Schwarzenberg, Mumaka Construction executive Jonathan M. Muli, Officer in Charge Kwale Hospital Dr. Denis Miyoge, Kwale District Educational Officer David Baya and [in front] Mumaka Construction stone mason Francis Irungi Karuki.

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**SMILE TIME**



"If you want any dinner then you are going to have to buy me a brand new cooker ..."



"Bad news I'm afraid Mr. Duffy - all 13 cats are contesting the will..."



"Sit down on the couch Mr. Jones and let us discuss this silly fixation you have with dieting."



Shree Swetamber Sthanakwasi Jain Sangh Hon. Joint Secretary Reishi Arun Parikh (left) is seen presenting a Token of appreciation to SSSJS Hon. Secretary Pramod Ramniklal Kothari during the 70 years celebrations of the Sangh.

**'Shree Swetamber Sthanakwasi Jain Sangh' Mombasa Honour Pramod Ramniklal Kothari**

Shree Swetamber Sthanakwasi Jain Sangh (SSSJS) has presented a Token of appreciation to the SSSJS Hon. Secretary Pramod Ramniklal Kothari during the 70 years celebrations of the Sangh.

Mr. Kothari was commended for serving the Sangh in the capacity of a Past Chairman and serving the Sangh selflessly.

The SSSJS is a Jain Religious Institution whose activities include helping the poor and distressed of our Society. The Sangh usually organises two to three trips to the less fortunate areas of our Coast Province to distribute Food and Relief to the affected people.

**Basco Donate Paint For New Community Centre**

Leading paint-maker Basco Products, manufacturers of Duracoat premium range of products, has entered into a CSR partnership with Beacon of Hope, a local NGO that will see the NGO's new centre refurbished by Basco Paints.

Speaking to the press after donating paint for the refurbishment of the Centre, Corporate Affairs Manager Shabbir Ansari said this was in line with Basco's community social responsibility strategy to support causes that care for the community at large.

"We believe it is important that the private sector recognizes the efforts of such organizations.

We have also supported the Bio Latrine Facility currently operating in Kibera and donated towards the Community Cooker also in Kibera," added Mr. Shabbir.

The new beacon of hope community centre supports women and children dealing with the pandemic of HIV/Aids.

The centre is meant to create a self-sustaining community in which women affected by HIV/Aids have an opportunity to earn a regular income.

As the organization depends almost entirely on donations and is now more than ever in need of support.

Judy Kirema from Beacon of Hope was grateful as she received the Duracoat paint, popularized by the Peter Marangi Advertising campaign currently in the media; she said the new centre being constructed on an eight acre plot will see more women get into income generating activities after going through vocational training at the centre.

Said she, "We provide food relief, income generating activities, sponsorship pro-grams amongst others.

This venture is aimed at creating opportunities for women and children in Kenya.

Recently, Basco Paints launched a campaign to train painters, in a move seeking to expand its foothold in Kenya's paint market and boost sales volumes by 35 per cent by the end of this year.

"We have been in the market for over 30 years and are intending to leverage on our

**Jayesh Menon, Viraaj Malde And Himanshu Kanabar Excel At GYLC**

During the months of July and August, three students of Oshwal Academy comprising of Jayesh Menon, Viraaj Malde and Himanshu Kanabar attended the Global Young Leaders Conference (GYLC) in Washington D.C. and New York.

During the two weeks of conference, they were actively involved in all discussions and debated on skills needed for Global Leadership issues and challenges confronting world leaders of the 21st century.

They also got a chance to build critical leadership skills such as communication, decision making, goal setting, and negotiations and were educated about their roles and responsibilities in a global setting.

GYLC invites scholars around the world to experience public



Himanshu Kanabar [from left] seen with Jayesh Menon and Viraaj Malde.

speaking, to practice cross-cultural communication and diversity, to examine ways conflicts are related to Universal Human Rights, to compare and contrast interconnections of national interests with global issues and to participate in coalition

building as participants are a living symbol of their country.

During the conference, Jayesh Menon was selected as one of the eight out of 360 scholars from around the world to organize an entire Global Summit at the United Nations headquarters at New York, while Viraaj Malde was chosen as a Vice-Chairperson in the Ecology Committee in this summit.

Himanshu Kanabar, Viraaj Malde and Jayesh Menon are now chosen to participate in the Global Young Leaders Summit (GYLS) which will be held in China in June. We would like to wish them the very best of luck!

**Leisure Lodge Sous Chef Trains At Luxury 'Eurotel Riviera' Hotel**



Leisure Lodge Resort's Sous Chef John Maina Chege was sent for a two months training and exposure to hone his skills at the Luxury Eurotel Riviera Hotel in Montreux, Switzerland, as part of the 10 staff they sent to Europe to enhance their standards and improve their skills and adopt latest trends in the Hospitality Industry.

Leisure Lodge Resort sous Chef John Maina Chege is seen [from left] Eurotel Riviera Hotel Food and Beverage Manager Mr. Beagel, Eurotel Riviera Hotel Executive Chef Mr. Stephane and Eurotel Riviera Hotel General manager of Mr. Bettles.

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**"I NOW PRONOUNCE YOU CHUCK AND LARRY" A HILARIOUS COMEDY STARRING SANDLER AND JAMES**

COMEDIES ARE now taking over as the main theme in cinema as every week more funny films are churned out than serious ones.

This week being no different, we have three new films at the NYALI CINEMAX which convert to two and a half comedies.

The half being a socio-drama comedy for kids.

The Adam Sandler, Kevin James, Jessica Biel, Steve Buscemi and Dan Aykroyd starrer **I Now Pronounce You Chuck And Larry** is a tongue-in-the-cheek comedy.

Two Brooklyn firefighters are the best of buddies and the bond is made even stronger when Larry saves Chuck's life on one mission.

Now Larry is in a bit of a pickle and Chuck won't let a few technicalities stop him from helping his buddy.

Larry is a single parent and wants to name his two kids as his life insurance beneficiaries.

Now according to New York law, this is not possible and the insured person must be married and have a proper family unit before children can be beneficiaries.

The two hit on a brilliant idea of being married to each other and fill out the necessary details as if they are a couple, sending in the forms.

Everything seems so simple, until the city fraud inspector who likes to read all documents down to the letter 'T' catches on that

# Two Straight Men Stumble Down The Aisle With 'The Best Of Intentions'!

something is not quite right here.

An investigation is launched and Chuck and Larry have to now pretend to be married and one big blunder leads to another.

Of course it does not help that the very pretty attorney who is helping their case is irresistible to Chuck

The second comedy is the Priyadarshan's **Dhol** with Sharman Joshi, Tusshar Kapoor, Kunal Khemu, Rajpal Yadav, Tanushree Dutta, Om Puri, Payal Rohatgi and Arbaaz Khan.

Four dudes who like to believe that life is at their feet, instead of the reality which is quite the opposite.

Always looking for the shortest possible way out of any situation, they only get themselves into more trouble.

They also want to be rich and powerful but without doing any work.

According to them, the best way of doing that is getting married to a rich girl.

Bas, that is the solution to all their problems, so they think.

They think their prayers have been answered when one such pretty young girl, and rich, comes to live in their neighbourhood.

All four go into overdrive to prove to Kanchan that he and only he is the answer to her dreams.

Things do not go exactly as per plan because once again short cuts are taken.

All that causes some pretty hilarious situations.

The third film at the CINEMAX will be Todd Holland's **Firehouse Dog**

Through his extreme athletic abilities and special skills, Rex has become Hollywood's most sought after canine.

With all this comes stardom and all the perks that go with it.

Special invites, only the best prime beef, a diamond collar and a special harem at his disposal.

Aah, life could not be better.

When filming a stunt, things go wrong and Rex is involved in an accident.

His handlers think he has died in the accident, but Rex survives but is lost.

Roaming the streets of the city, something he has never done before, Rex is tired, dirty and hungry but cannot find his way back.

Finding refuge in an abandoned loft, away from the city animal control, Rex's safe haven is engulfed in a fire.

Enter Connor and his team of firefighters form the Dogpatch unit.

They save Rex and take him back to their base.

Connor is also going through a rough patch in his life.

Having just lost his brother, who was also captain of the

unit, Connor is also dealing a rebellious teenage son and a motley of firefighters.

As Rex finds a home at Dogpatch, his special abilities come to the forefront when the team goes out on rescue missions.

This earns the firefighters new respect and confidence.

## TEAM MASCOT

Rex is now the official mascot of the team and he seems to have formed a bond with Shane who has also learnt to respect his father, Connor.

As word gets around about this special dog, his Hollywood handlers realise that this is their long-lost Rex and will do anything to get him back.

**Firehouse Dog** stars Josh Hutcherson, Bree Turner, Bruce Greenwood, Dash Mihok and Steven Culp.

Shahid Kapur and Kareena Kapoor continue to enjoy their romantic liaison in **Jab We Met**.

Another plus from Priyadarshan is the Akshay Kumar, Shiney Ahuja, Vidya Balan, Amisha Patel, Paresh Rawal and Rajpal Yadav starrer **Bhool Bhulaiya**.

One show each on Saturday, Tuesday and Thursday for Matt Damon, Joan Allen, Julia Stiles and David Strathairn in **The Bourne Ultimatum**.

Make sure you catch the last shows of Yash Raj Films **Laaga Chunari Mein Daag** on Sunday and Tuesday.

You can also catch **Stomp The Yard** and **Rush Hour 3** for yet one more week.

## KENYA CINEMA



**KISKA BAJEGA**  
Tusshar Kapoor, Sharman Joshi, Kunal Khemu, Rajpal Yadav, Tanushree Dutta, Om Puri, Arbaaz Khan;

**Fri. - 6.15 & 9.15pm;  
Sat. - 2.45pm**

**NAQAAB**  
WITH ENGLISH SUBTITLES  
Bobby Deol, Akshay Khanna

**Sat. - 6.15 & 9.15pm**  
**DHAMAAL**  
WITH ENGLISH SUBTITLES  
Sanjay Dutt, Arshad Warsi, Javed Jaffery, Riteish Deshmukh, Affab Shivdasani

**Sun. - 2.45, 6.15 & 9.15pm**

KENYA CINEMA is screening **Dhol** starring Sharman Joshi, Tusshar Kapoor, Kunal Khemu, Rajpal Yadav, Tanushree Duita, Om Puri, Payal Rohatgi and Arbaaz Khan for yet one more week.

A laugh-a-minute film, it has all the big names of comedy in Bollywood.

You can watch the suspense thriller **Naqaab** starring Bobby Deol and Akshay Khanna on Saturday.

Still on comedies is **Dhamaal** on Sunday at the KENYA CINEMA.

It stars Sanjay Dutt, Arshad Warsi, Javed Jaffery, Riteish Deshmukh and Ashish Chaudhry.

**Nyali CINEMAX**...the ultimate movie experience...

**I NOW PRONOUNCE YOU CHUCK & LARRY** U/16  
Adam Sandler, Kevin James, Jessica Biel, Steve Buscemi  
Fri.-9.15pm; Sat.-7pm & 9.15pm;  
Sun.-7.15pm; Mon.-7pm & 9.15pm;  
Wed.-9pm; Thur.-6.45pm

A fun filled comedy from the director of superhits 'BHOOOL BHULAIYA', 'HERA PHERI' & 'MALAMAAL WEEKLY' Priyadarshan's

**DHOL**  
KISKA BAJEGA  
Tusshar Kapoor, Kunal Khemu, Sharman Joshi, Rajpal Yadav & Tanushree Dutta  
With English Subtitles  
Sat.-9pm; Sun.-2pm & 9.15pm; Mon.-9pm

**FIREHOUSE DOG**  
Josh Hutcherson, Bree Turner, Bruce Greenwood  
Fri.-6.45pm;  
Sat.-2pm; Sun.-5pm;  
Mon.-6.45pm;  
Wed.-6.45pm.  
(All Shows: 400/- Except Friday evening & Saturday Aft: 350/-)

**JAB WE MET** U/16  
Fri.-9pm; Sat.-6pm;  
Sun.-6pm; Wed.-6.15pm & 9.15pm; Thur.-9pm  
With English Subtitles  
(All Shows: 400/- Except Wed.evening:350/-)

**BHOOOL BHULAIYA** U/10 With English Subtitles  
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Tue.-6pm (Tkts:300/-); Thur.-9.15pm (Tkts:400/-)

**THE BOURNE ULTIMATUM**  
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**LAAGA CHUNARI MEIN DAAG** With English Subtitles  
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Tue.-7pm(Tkts:300/-)

## Congratulations To CATS For Staging Yet Another Entertaining Event For Mombasa

Last week's production of Snow White and the Eight Dwarfs was quite delightful and all the children deserve a huge round of applause for their efforts.

As expected the younger children stole the show! The nine baby white rabbits were just so adorable. They kept the audience entertained with their antics - especially the enthusiastic shaking of their pink pom-pom tails!

The rabbits were introduced by Ronja Floren and included Nishal Lakhani, Mehwish Punjai, Kara Leckie, Wangiru Kiburi, Liv Funke, Rebecca Cohen, Shaniya Jamal and lastly the youngest Sophie Newton.

### GRACE AND CONFIDENCE

The older girls danced with grace and confidence and have to be praised for their acting skills.

The scenery was impressive, the costumes colourful and the show a huge success.

Congratulations to CATS for staging another entertaining event for Mombasa.

The next production to look forward to is Bitter Sweet - a murder mystery dinner.

This will take place at the Tamarind of Friday November

9th and at the Mombasa Club on Saturday November 10th at 7.30pm.

A murder mystery entails the audience watching and listening careful to the action and then during dinner, taking time to question all the suspects. Then a decision must be

made to Who-Done-It and the person discovers the murderer is rewarded with a prize.

It promises to be a really fun evening and something that has not been seen in Mombasa for many years. Booking to be made directly to the Tamarind or the Club.



## The Aga Khan Hospital Mombasa Assisting Sarova Whitesands Mark Breast Cancer Week

Aga Khan Hospital Mombasa Resident Medical Officer Dr. Rukiya Abdulwahab (right) explains to staff of Sarova Whitesands beach Resort how to detect breast cancer by doing breast self examination once every month as the hotel marked breast cancer week. The hotel staff [seen from left] Guest Relation Officers : Bridget Muema, Promina Muema and Miriam Mutua, bar lady Carol Musembi and electrician Nelly Shivachi.

## STARCAST GEMINI KILIFI

**Libra** (Sept. 22 - Oct. 21) No matter how crazy things may get around you, it's easy for you to keep your cool. See if you can find new ways to get your co-workers or friends see things the same way to avoid freakouts.

**Scorpio** (Oct. 22 - Nov. 21) You can tell that your power is waxing now, so it's a great time to exert yourself and make your situation somewhat. Emotionally, you may be a bit of a funk - but that will clear soon enough.

**Sagittarius** (Nov. 22 - Dec. 21) You're feeling a bit more consistently minded than usual and that could mean that you're ready for a new volunteer project. It could also mean that you're more impressed with the importance of customer service.

**Capricorn** (Dec. 22 - Jan. 21) You need to deal with the most important business first today. Once all the essentials are out of the way, you ought to have plenty of time to take care of any other activities that you've been postponing.

**Aquarius** (Jan. 22 - Feb. 21) You're feeling more free to show off your eccentricities today and that could mean that you're going to shock a few people. That's fine - you need to be true to yourself and they need their boundaries to expand.

**Pisces** (Feb. 22 - Mar. 21) It's a new day and it's the perfect time to just take it easy and relax. You've got plenty to do, but much of it can be left off for a while. See if you can take a little extra time to just hang out with the family.

**Aries** (Mar. 22 - Apr. 21) You need to make it clear that you're not going to take no for an answer this time - but you also need to be as diplomatic as possible. That's ordinarily a tricky balance, but you should manage it well.

**Taurus** (Apr. 22 - May 21) It's the perfect day to splurge on yourself a little. You deserve luxury just as much as anyone else and the circumstances make it a little easier to come by now. Enjoy and share as much as you can!

**Gemini** (May 22 - June 21) You need to get some random clutter out of your system before things start to really take off and now's the perfect time to do just that. Don't worry about being serious - even making sense!

**Cancer** (June 22 - July 21) You are more in touch with your home than you have been in quite some time and you may want to try spending more time there if possible. If there are any chores you've put off, now is the time to tackle them!

**Leo** (July 22 - Aug. 21) You may have a brush with fame - or be mistaken for a celebrity yourself. Something about you is attracting the attention of the universe. In any case - and it can only make things better!

**Virgo** (Aug. 22 - Sept. 21) Your intellect is strong now and if it's a great time to figure out the bigger issues that are facing you. It may take a bit more analysis than usual, but that's nothing you can't handle with ease.



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## 'Healthy Heart Camp' Planned At MWA Hall

AGA KHAN HOSPITAL MOMBASA AND CARDIAC SUPPORT GROUP

The Aga Khan Hospital, Mombasa in conjunction with the Cardiac Support Group of the Hospital will be holding a 'Healthy Heart Camp' on the 23<sup>rd</sup> and 24<sup>th</sup> of November 2007 at the Mombasa Women's Association Hall.

Pre-registration is required for tests to be performed prior to the camp dates and will only be open for the first 250 people from November 5<sup>th</sup> to 22<sup>nd</sup> at the Aga Khan Hospital, 8.00 a.m. to 10.00 a.m. Monday to Saturday.

Blood sugar, Lipid profile and ECG will be done during pre-registration and patients are thus requested to fast from 10.00 p.m. the night prior to registration.

Creating awareness to the general public is one of the group's major objectives.

Chairperson of the Cardiac Support Group, Mrs. Munira Bhajji says:

"The camp will be held especially for those underprivileged who do not have the means, to get such cardio-checkups.

"Our mission as the Cardiac support group is to provide information to the general community about heart ailments.

"We are a new support group and this is our first time organizing such a camp, to facilitate the tests required for evaluating heart related ailments."

Having been through a personal trauma after having her husband taken in as an emergency patient in a country she was visiting, Munira has decided that there is the need for such a forum for people who are not aware of what to do in such situation, especially those from the lower income groups who would never be able to access such information.

Not only does the patient go through trauma and turmoil, heart ailments are just as trying for the family and near ones.

Some of the most common questions that carer asks are:

- Is it likely that my partner will have another heart attack (angina attack)?
- Why did this happen?
- What drugs have been prescribed and do they have any side effects?

- How much physical activity and what sort of activities should my partner be doing? How often and where?
- Can my partner return to work?
- What should I do if my partner has a persistent heart attack or angina attacks?

- When do we come back to the hospital?
- How often will my partner need follow up with the hospital and the GP?
- Will anyone visit us at home?

- What help is available from the hospital or community health team?

Caring for someone can be physically exhausting as well as emotionally draining.

Some carers will juggle their

jobs with home and family life as well as looking after their partners.

A confusing mix of emotions is quite normal.

You may feel love and concern, mixed with sadness, anger, hostility and guilt.

At times you also feel frustrated that life is not the same as it was before and may never be the same again. It may be particularly hard for some carers who are in

poor health themselves or who have their own medical problems.

The lead Doctor in this Heart Camp will be Dr. Vinesh Vaghela who has trained for two years in Non-Invasive as well inter-ventorial Cardiology (Angio-graphy, Stenting and Pace maker) in Johannesburg, Republic of South Africa.

The Group would like to appeal to the people of Mombasa, from all societies to assist with sponsorship, either in cash or kind for this worthy cause.

For any further details please contact:

Munira 0733-839889, Sister Waasula 0722-988809, Naima 0723-425616, Nilesh 0733-693012.

## Alliance Française Mombasa Host Annual French Education Fair And A Gala Graduation Ceremony

Alliance Française was abuzz with activity last week with the annual French Education Fair and a graduation ceremony.

Friday 26 October was a special day for 76 French students were awarded certificates for the July 2007 examination session.

The event was presided over by the institute's new director Mr. Franck Chabasseur and graced by committee chairman Muhammed Ramazani.

In his speech, Mr. Chabasseur congratulated the students for their good performance and commendable effort to master French language.

He observed that French is a principal international language that gives an edge to individuals and organisations to meet the challenge of economic globalisation, through access to foreign markets, international competitiveness, a sure way to embracing corporate Africa's economic opportunities that transcend

physical and cultural barriers.

Mr. Chabasseur welcomed French teachers and students from schools in the region to benefit from the services and cultural activities available at

lovers and an exhibition on Swahili doors in November.

In his remarks, committee chairman Mr. Muhammed Ramazani welcomed Mr. Chabasseur to Kenya

Française the centre of cultural activity and diversity at the coast. On the French Education Fair front, over 330 students and teachers of French as well as members of Franco phone community attended the two-day French Education Fair from 26<sup>th</sup> to 27 October.

The fair had stands offering free information on studies in France, Higher Education in France, student exchange programmes and Au Pair, RFI radio, Training and certification at Alliance Française, and an interactive computers stand exposing students to useful French learning websites and CR-ROMS.

Students had a chance to test their French with online quizzes and games.

Several schools groups visited including Coast Girls, Coast Academy, Aga Khan Academy, Barani Secondary, Marben High School, Brainsworth Academy, Kisauni High School, Tarasaa High School.

The annual event returns in October 2008 but the information that was provided can be obtained on demand at Alliance Française de Mombasa.



James Marekia [right] receives a certificate from Alliance Française de Mombasa director Franck Chabasseur and Chairman Muhammed Ramazani during the graduation ceremony. In total 76 students were awarded French certificates.

the institute.

He said that a rich and varied cultural programme of activities is in the pipeline for 2008 besides the upcoming launch of a Cineclub for film

Mombasa and congratulated him upon his new appointment.

He equally outlined the board's commitment of his board towards making Alliance

## Ashnil Hotels Invest Two Million U.S. Dollars In Their New Look 'Aruba Lodge' - Located In Tsavo East National Park

Responding to an appeal to the Private Sector to build more facilities and so help increase the number of tourists visiting Kenya, up from the two million expected this year, is Kenya's newest hotel group **Ashnil Hotels** which also have several other properties in the pipeline.

It will also create many badly needed job opportunities.

Launching the group's first project at **Travellers Beach Hotel**, Bamburi, on 1st November, 2007, were its General Manager, **James G. Willson**, and Sales & Marketing Manager, **Paul Kurgat**.

**Aruba Lodge** located in Tsavo East National Park is scheduled to open before the end of 2007, and represents an investment of some two million US Dollars.

The next property to come on line will be the **Ashnil Buffalo Springs Camp** where a further hundred and fifty million US Dollars are being invested.

It is scheduled to open in 2008 and lies to the south of the Uaso Nyero River and the Samburu Game Reserve.

This is spectacular country set against a backdrop of the mighty mountain, Ol Doinyo, desert and mountains of the Northern Frontier District.

It is also home to some of the

most unique wildlife in Kenya such as the Reticulated Giraffe, Beisa Oryx and Grey's Zebra, the long necked Antelope known as the Gerenuk, as well as lions, leopards and Cheetahs.

The bird life is 'massive'.

Spread out along the banks of the Uaso Nyero River and shaded by Doom Palms and Acacia Trees is the **Ashnil Buffalo Springs Camp** comprising 25 really deluxe tents.

Meanwhile, **Aruba Lodge** is situated only 160 kilometres from Mombasa and 326 kilometres from Nairobi by road.

It is also easily accessible by air.

**Aruba Lodge** is set amongst landscaped gardens, offers a swimming pool and children's pool, a fine restaurant and bar, cultural centre, souvenir shop.

There is also a fuel station and puncture repair facility.

Each of the 40 deluxe rooms have a terrace and there is a variety to choose from.

The new **Aruba Lodge** lies on the northern bank overlooking the **Arabu Dam** that was originally constructed across the **Voi River** in 1952.

This and other nearby watering holes are favourites for large mammals especially herds of elephants that are often dra-

matically coloured red from the soil and are quite a spectacle as they majestically traverse back and forth across the plains.

Also to be seen are the Burchells Zebra, the Maasai Giraffe, Grants Gazelle, Lesser Kudu, the reserved and somewhat bad-tempered Cape Buffalo.

There are many others. This particular eco-region is noted for the pancake tortoise

(*Malacochersus Tornieri*) among other reptiles and lizards.

Tsavo East is also a haven for Ornithologists with over 500 bird species recorded from the area.

With the new lodge nearing completion, the Kenya Wildlife Service with **Ashnil Hotels Limited**, the managing company for **Arabu Lodge**, will be initiating a reclamation project early 2008 to desilt the dam, rebuild the spillway and build a series of

sedimentation lagoons to catch the silt laden water further upstream before it reaches the dam.

By what they are doing and planning **Ashnil Hotels** are undoubtedly showing their confidence in Kenya's tourism industry in a very positive way.

For further information contact **Ashnil's Coast Office**, tel: 041 5486364/020 3592242/0722 414487.

Special Report by  
**NETA PEAL**

## THE TAMARIND THIS WEEK

### Magical And Memorable Occasion

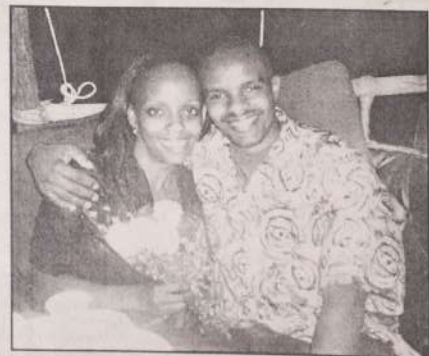
Rose and Gedion Waiganjo (right) sailed away into the sunset on their honeymoon aboard The Tamarind dhow.

After a superb four course sumptuous dinner, they relaxed and enjoyed the beats of the music from the dhow's Resident Band as they sipped their freshly brewed Kenyan coffee served with Malindi Halwa.

The bright jetty lights brought the magical moment to an end but the magical experience will be always be remembered!

The Tamarind Management and staff wishes a happy life to Mr and Mrs. Waiganjo.

(- Faiza Ayub)  
For reservations, please call 474 600/ 1/ 2





# Health At The Table With New Wonder Waterless Cookware !

The idea of Waterless cooking started in the United States about 75 years ago.

The need for nutrition out of cooking was called for because of inadequate diet related conditions in the population.

The idea caught up also in Europe where the cult of eating is almost like a religion.

The utensils were updated with new technology and today we have state of the art utensils that are perfection for many uses.

What is a cooking utensil ?

It may seem a silly question to ask but to many people it is just a vessel to cook food in.

The outcome of food it's not taken into consideration because so long as we have some food in to us the consequences are left for later.

No wonder we have many medical conditions to deal with these days.

So, what is and what should we expect from a cooking utensil ? First of all it should give us nutrition from the food we cook.

That's WHY we eat.

It should be hygienic - meaning not reacting with food

It should save energy as we cook - whatever heat source we use.

## DR. DAVID DOKA AT 'LIGHTHOUSE'

Lighthouse For Christ Eye Center wishes to announce the arrival of Dr. David Doka, M.D from USA on 5<sup>th</sup> November 2007 for two weeks.

Dr. Doka is an Ophthalmologist with special interests in the phacoemulsification cataract extraction method and many more anterior segment conditions.

He will be donating his services to the Lighthouse and all the fees raised from consultation and surgery will go towards assisting the needy blind in the Coast Region.

You can book an appointment by calling Tel. 2226179, 2220018, 2224160 or email us on [lighthouse@wananchi.com](mailto:lighthouse@wananchi.com) or by visiting the Lighthouse personally.

It should be easy to clean - no scrubbing - no steel wool

It should last a long time - saves buying it again and again

It should give us value for money - as above

It should be practical - easy and enjoyable to use

It should have multiple use - can cook more than one thing

minimal use of energy and effort.

It can cook in the normal conventional way or better still it can be used for cooking without water, extra oil or salt.

Because it uses very little heat ALL fresh foods can be cooked together in the same pan at the same time, even if they have different cooking times or

also best value for money as it carries an Unlimited Guarantee.

Kenya Waterless Cookware has been in Kenya since 1997 and many hundreds of family today are enjoying its use with better food and savings.

Waterless Cookware is not in the normal retail shops but it is promoted by free home demonstration by trained Consultants and distributed exclusively by appointed agents who care for customers needs by discussing its qualities related to health and nutrition.

Kenya Waterless Cookware is not only involved in selling utensils like any other Company but in firstly giving the information and the choice is left to people.

When people purchase, a discount is given in exchange for some old aluminium pots which are recycled.

The money recovered (after making sure they are destroyed) is used to donate food to some handicapped and needy children and their families.

Much more can be said about Waterless Cookware but space is little so the best suggestion is to enquire and have a demonstration which is carried in people's homes, with a Free Gift, and lots of interesting information.

Enquire today for a free demonstration and you will learn many things (for free) that you may not know.

Tel. 3876552/72 0722 660462 Email: [amco@clubinternet.com](mailto:amco@clubinternet.com)



**Waterless Cookware is the best asset in any kitchen whether it's for health or savings and also best value for money as it carries an Unlimited Guarantee.**

It should be of elegant design - although, not so important, we live with it every day so why not ?

Waterless Cookware is the answer to all those requirements and more.

Being specially made of St. Steel CR/Ni 18-10 (called surgical steel) it is the best steel for cooking utensils.

It has a special thick Bottom made of an alloy of pure 95.5 per cent aluminium plus zinc and copper for strength, heat retention and distribution, to make every dish perfect with

composition or smells.

Imagine putting only one pan for all you vegetables every day ?

The savings are already there.

It can also roast on top of the cooker without addition of oil/fat.

Imagine the savings by not using the wasteful oven ?

It can also cook without adding salt because the Natural flavours are retained.

Waterless Cookware is the best asset in any kitchen whether it's for health or savings and

## Friendly Service, Excellent Food And Luxurious Rooms At Satao Elerai Conservancy

**A Monthly Newsletter from 'Satao Elerai'**  
Satao Elerai is located 10 kms outside Amboseli National Park on the lower slopes of Mount Kilimanjaro.

It has amazing 360 degree views incorporating the Amboseli plains, Mt Kilimanjaro and the Chyulu Hills.

Game walks and sundowners are a speciality and take place on the 5,000 acre Elerai conservancy which has a wide variety of animals and a great selection of birdlife.

The conservancy consists primarily of wide open flays, rocky hills and tall acacia trees, making it a completely different and varied environment to the park.

Leopard, cheetah, elephants, zebra, giraffe, eland, impala, Hyena, porcupine, aardvark and wild cat are just some of the animals already seen in the conservancy to date.

Guests of Satao Elerai have made the following comments:  
"Awesome, the best place we have ever stayed." *Jenkins Family from UK*

"Thank you for a wonderful relaxing and friendly experience" *Rebecca and Andrew Ping from Australia*

"Excellent, I will recommend it to all my friends."

"The service, cleanliness and attention to detail impressed me" *J. Ramirez from Mexico*.

"Great place very good staff and very well run."

"You will see it in our guide book" *Linda from 'Eyewitness' Guide Book*.

"What a beautiful location, the cottages and view were stunning."

"The people working here were so friendly and courteous. "We look forward to coming back". *C. Perinet from France*

The policy of Satao Elerai is to give clients the best experience possible on safari and to offer informative and rewarding game walks with qualified guides that show them not just the animals but all the different aspects of wildlife not normally seen from a minibus.

Friendly service, excellent food and luxurious rooms ensure that clients experience exceed their expectations in every way.

## Mombasa's Freemasons 'Lodge of the Coast' No. 7518.E.C. Launch Feed The Children Program On Their Golden Jubilee

Lodge of the Coast No. 7518.E.C. as part of their 50<sup>th</sup> Anniversary celebrations embarked on an effective joy of presenting Freemasonry and its activities to the public.

As a commencement of Celebrating their 50 years of existence, Lodge of the Coast organized a charitable function to "Feed the Needy Children" at Mtwapa where about 1000 children from Mtwapa

neighborhood were fed with a hearty meal at the Mombasa Coir Farm.

The entire Brethren of the Fraternity joined together with their families and participated, in an extremely successful operation organized by Bro. Jitu Shah and Bro. Paresh Shah.

Every member who participated in this programme was filled with pride in his Fraternity.

Freemasonry was exposed to be a great force for good of humanity.

The "Feed the Needy Children" ended in a very positive note, showing the modern Free masonry as a charitable institution, a worldwide brother hood of men of goodwill who enjoy each other's fellowship and who work together to help those less fortunate members of the society.

Freemasons are contributors to a wider world which benefits from our charity, compassion and self knowledge.

Freemasonry is making a headway, but if Freemasonry's



**Celebrations Secretary Shaahid Sheikh is seen [from left] together with Paresh Shah, Jitu Shah, Celebrations Chairman Mukesh Sanghavi and Master of the Lodge Prakash Parmar at the conclusion of a very successful Feed the Children Programme in Mtwapa.**

public image is to continue to develop, it is impossible to overstate the importance of Masons acting Masonically beyond the Lodge room.

The impression the public gets of the Fraternity, whether positive or negative will be in

large measure judged by how each of us conducts ourselves in our daily lives and how good our public relations is.

According to Shaahid Sheikh, Secretary of the Celebrations Committee:

"The many ways that we as

Masons extend service and charity to the community, are having an increasingly positive impact on how Freemasonry is viewed by the public.

"Freemasonry cannot thrive in isolation, public relations and activities of this nature and other charitable activities must be made public to improve the perception of Freemasonry."

"W. M. Bro. Prakash Parmar hopes to contribute similar and other charitable projects in the coming years."

He further added: "Most people who are not Masons do not realize the good that is done for the general public although we contribute so much to charity worldwide."

"Traditionally, we don't publicize like Round Tables, Lions Clubs, and Rotary Clubs who are associated with charity because of their public relations."

"In my opinion, we have got to get that information to the general public if we want to get recognition for our charity endeavors."

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## Importance Of 'Firewalls' In Computer Networks

We hear about firewalls a lot in computer networks which is basically a set up system used to control traffic or resources flow between two networks.

Firewalls protect us from the unauthorized use of our resources by external entities.

Setting up firewalls is not an easy task as you will need a professional at hand.

Firewalls are most commonly specially configured Unix systems but many systems have now been introduced to run firewalls only.

Firewall is your security wall in the network your computer is based.

**INTERNET MATTERS**  
with  
**RIMAL PATEL**

It helps and protects your computer from what is happening outside your network and can also help problems in your network from spreading else where e.g.

viruses. Firewalls allow access to zones on trust levels.

Zones such as the internet has the lowest trust levels due to explicit or harmful material available on the net.

Firewalls are found a lot on private networks to prevent access from intruders.

Intruders in the computer world mean Hackers.

Hackers are unauthorized users from other public or private networks that cause damage such as spreading

viruses and locate classified information for their own benefits on your network.

They will use every method to break into your network and use any resource in need to them. This is why firewalls are very important and without any protection, your network is completely useless.

Spams, viruses, remote login, email bombs and system bugs are kind of stuff that firewalls protect your network from. Under a firewall, you are protected otherwise you are leading your computer as free easy prey to intruders.



# Austrians Fund Kwale Hospital

## BUILDING 'OPERATING THEATRE' WITH AN INTENSIVE CARE UNIT

### FROM FRONT PAGE

The growing population of Kwale town and its environs has been relying on the now out dated hospital facilities ever since 1952.

Patient cases which could not be treated had to be referred to hospitals outside the District or to Msambweni hospital, which is over 60km away.

This new Kwale hospital development will avail the community access to quality health care services, within easy reach and eliminate the need to travel long distances to access health services.

The project was first initiated in 2005 between the Kwale Hospital Austria Foundation (KHAF) and the Kwale District Health Stakeholders' Forum (KDHSF), previously called the Kwale Health Forum, through its patron, Eileen Willson.

At the time there were no plans to upgrade the hospital due to lack of funds.

Through the links created, the idea developed and in August a proposal was written by the Forum's team.

In it, KDHSF, which is a consortium of like-minded Government and non-Government service providers networking to strengthen the provision of health services in Kwale District, analyzed health problems in the Kwale area and came up with strategies to chart a way forward, in line with the Ministry of Health, Kwale, annual work plan objectives.

This proposal was presented to the Austria Foundation, who kindly agreed to provide funds for the construction of the hospital facilities required.

Dr. Thesesa Schwarzenberg, chairperson of the Austria Foundation, accompanied by internationally renowned musician Wolfgang Ambrose, were the chief guests at the foundation stone laying

Waudo, representing the Provincial Medical Officer of Health, addressed the gathering. The Austrian Foundation will undertake the project in two phases, the first one, building of the operating theatre,

online medical updates and skills building, Kwale District Health Stakeholders Forum are under taking the construction of a Health Resource Centre, within the MoH compound, Kwale, which is expected to open by end of 2008.

These developments will be of great benefit to the Kwale community, especially mothers and children, the aged who are the most affected as far as health matters are concerned in the area.

### HOSPITAL WARD

This group suffers because they don't have the financial capability to afford better health care.

Also, the current hospital ward has a bed-capacity of only 45 for general patients and 10 for the maternity and no surgical wards.

This limits the number of patients who can access health services at any one time.

Child mortality rates in Kwale are among the highest in the country.

With this improved hospital infrastructure and the community health strengthening development activities by Stakeholders as outlined in the Ministry of Health District Health Plan 2007/2008, there is hope of a significant drop in these figures.

Happy healthy children equal a happy community.

Therefore everyone stands to benefit.

The people of Kwale are singing happy songs, for they know a good future is being built.

A future they can look forward to. *Asante* to the project donors.



**Wolfgang Ambros - Austrian musician of international fame - in concert. He is the principal fund raiser for Kwale Hospital development project.**

ceremony, much to the delight of the Kwale community who, led by the Zigi Digi dance group, gave the guest a traditional welcome in song and dance.

Also present was Mr. Benson Leparmorijo, DO 1 Kwale, other Government and NGO dignitaries and well-wishers.

Dr. Denis Miyoge, Medical Officer In Charge, Kwale Hospital explained the layout of the new theatre, while the District Medical Officer of Health, Dr. Zaheer Bagha, accompanied by Dr. Francis

with an Intensive Care Unit (ICU), having started in September and is expected to be finished by early in the New Year.

The second phase will see the construction and equipping of a modern X-ray block, a 30-bed in-patient ward, installation of additional water storage tanks, a modern kitchen, a laundry, a hospital mortuary, and renovation of the existing medical laboratory.

Concurrently and as a strengthening for data records collection and staff access to

## TWENTY EIGHT YEARS' AGO

### Coastweek, November 02 - 08, 1979

Coast Provincial Commissioner Eliud Mahihu issued a stern warning to parliamentary candidates "not to disturb the peace during the wind-up to their political campaigns and that trouble-makers would be dealt with severely" with six days remaining to the election "blast-off".

Hon. Khalif S. Mwavumo, Hon. Robert S. Matano, Hon. Shariff Nassir, Hon. Eliud Mwamunga and Hon. Juma Boy were considered the heavyweights in their respective constituencies as Malindi South veteran Hon. Francis B. Tuva was elected unopposed.

A grand welcome was accorded the first *British Airtours* charter from the U.K. direct to Mombasa, with Giriama dancers and welcoming mdufu drinks. On the flight was Manager Tour Operations *Sovereign* and *Enterprise Holidays* who foresaw a great potential of new holiday traffic for Kenya.

Minet I.C.D.C. the largest insurance brokers in Kenya, opened a new branch in Malindi.

The floating university ship, m.v. *Universe*, was expected to dock into Mombasa port with 500 tourists, mainly students.

Miss Shehnaz Suleman was elected as the first lady chairman of the Aga Khan Sports Club, Mombasa. Visiting Chinese national badminton team was to play a series of exhibition matches at the Aga Khan Sports Club, Mombasa.

NAAZ Cinema was showing Tatum O' Neal, Christopher Plummer and Anthony Hopkins in a classic film about the world of horse racing *'International Velvet'*.

KENYA Cinema, carried on buzzing with *'The Swarm'*, ending the week with a horror film *'The Devil's Rain'* starring Ernest Borgnine in the lead.

REGAL Cinema was definitely burning with *'Blazing Magnum'*, at the start of the week and *'Blazing Temples'* at the end. CHOX had the latest news that week with *'Aaj Ki Taaza Khabar'*.

Letter writers included Lamu's Ali Abeid Baghash who was mourning the demise of Peter Muigai Kenyatta, Abdalla Mohamed from Kilifi, Chairperson of Saturday Club Ladies Section Rasika Mehta, Nabila Ali, Malindi's Omar Swaleh Khamis and Pied Piper from Kisumu.

TOP TEN on the Charts compiled by *'Disco Bug'* were *'Don't Stop Till You Get Enough'* by Michael Jackson, *'Root, Toot, Undisputable Rockin' Roller'* by Tina Turner, New entry *'Strut Your Funky Stuff'* by Frantique, *'Rock'* by Candi Staton, *'No, No, No, No'* by S. B. Devotion, *'Cassanova'* by Luv, *'Higher'* by Ajit Singh (new entry), *'Pico's Eagles Dancing Corporation'* by Men Vision, another new entry *'Better Do It Salsa'* by Gibson Brothers and *'Gotta Go Home'* by Boney M.

Imperial Bank Watamu Branch is now open.

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We look forward to welcoming you at our new Branch.



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# AGA KHAN SPORTS CENTRE GOLDEN JUBILEE SPORTSFEST



NAIROBI 'A' Football team being given their tactics by their coach James Otieno (fourth left) with head coach Yusuf Chipso and team manager Riaz Dhanji (standing in white shirts) looking on.

THE AGA KHAN Sports Centre, Nairobi in conjunction with the Aga Khan Council for Kenya held a Sportsfest over the weekend of 20 - 21 October 2007, as part of the on-going celebrations of the Ismaili community to mark the Golden Jubilee of His Highness the Aga Khan as Imam.

The fun-filled event which attracted 500 participants from the ages of 8 to 75, comprised Football, Volleyball, Swimming, Rounders and Fun Games for Seniors, while the very young (and young at heart) had their own range of activities.

Teams from Mombasa, Kisumu and Dar es Salaam participated in the Festival.

The fitting finale for the games were two thrilling finals in football and volleyball.

The volleyball final was a hard-hitting game between Simba and Ndovu, with the latter taking winners' spot.

Dar es Salaam 'B' clashed with Nairobi 'A' in a nail-biting football final that saw a 0-0 draw, penalties deciding the winner and Dar es Salaam taking the floating trophy away.

All the matches were officiated by professional referees while a select panel of judges nominated the best players.



PARTICIPANTS of the Golden Jubilee Sportsfest take up their places with their respective teams at the opening ceremony.



TEAM ELEPHANT won the final of the Senior Rounders. It was made up of Sameer, Shazia, Alia, Hussein, Arish, Sadaf, Zafira, Jahanara, Shazad and Farhan.



FOOTBALL SELECTORS (from left) Fidahussein Ebrahim, Ignatius Khaduli and George Sunguti had a tough time choosing special awards with the high level of talent that was on display on the football field. Ref Benson Nyakunda (foreground) looks on.



DAR ES SALAAM 'A' captain Rahim Alidina (right) receives the football winner's trophy from Chairman, Aga Khan Council for Kenya, Zul Abdul as Football Convernor Salim Ramji looks on.



FARHAAZ JUMA (second right) of Dar es Salaam 'A' takes on Danish Gilani of Nairobi 'A' as Karim Dostmohamed (right) of Nairobi and Sameer Pira of Dar es Salaam (left) look on.



SHEMINA Adatia guides one of the oldest participants, 75-year-old Sherbanuben Lakhani through the paces in the obstacle race.



NURBEGUM KANANI makes a run for her team in the Senior Rounders competition.



MAKING A splash for the seniors are (from left) Alshad Jamal, Ike Alibhai and Mahmud Rahemtulla. Mombasa's Alshad won the race.



FARHAAZ JUMA of Dar es Salaam 'B' celebrates after scoring a penalty shot against Pervez Noorani of Nairobi 'A' in the football final.



# AGA KHAN ACADEMY TAKE THE LEAD

Thanks of the Aga Khan Academy propelled their way to emerge the overall winners in the just concluded National Age group swimming championships held in Mombasa during the weekend.

Rachita Shah who is the school's captain managed to break several national record one of which stood for over 25 years.

The records broken were 100m backstroke with a time of 1:15.40 which was set by Engelman on 12.06.1982 to a new time of 1:14.70; the second record was 50m backstroke which was set by B.Reynolds in the year 1997 with a time of 1:15.15 to a new time of 33.56.

She went on to break the 4 x 100m IM which was set on 3:13.2004 by Kate Fisher with a time of 1:17.77 smashing it to a new time of 1:15.72.

She finished her quest of breaking the records during the weekend by giving a spectacular performance in the 50m butterfly where she broke both the All Kenyan and open records which were held by Eva Donde with a time of 31.65 while the age group record held by Kate Fisher with a time of 33.32 breaking them to a new time of 31.29.

Jason Rose who gave a strong boost to the boy's team to emerge the Kenya champions in the boys category while the girls category were second overall.

Allan Nondi said the competition was challenging which made him perform his best taking home several medals.

Anham Salyani who was the



**Aga Khan Academy swimmers displaying their Gold medals shortly after winning the 4 x 50 meters Medley Relay. Joshua Williams is seen [from left] with Sebastian Janickle, Alex Chia and Akshay Shah.**

top swimmer in the girls 14/15 was very happy with her performance as well as the whole team.

"I have entered many galas and each gala taught me something.

"The days and hours I spent training is finally paying off.

"Coach Fauz has spent so much time on my styles and now is when I am beginning to understand why", said Ashay Shah well known as propeller.

He swam in the age group 12/13 and was extremely pleased with his performance earning himself 10 Gold medals in the individual events.

Every one who was selected to take part in this event did their

level best and most of the swimmers won Gold, Silver or Bronze in several events in their respectful age groups.

Even those who did not make it to the podium were pleased to break their personal best times.

"All in all it was team work and the determination to tower above the rest that made our day" said the assistant coach Mohammed Abdulaziz.

The Academy clinched a total of 56 medals of 37 were Gold, 9 Silver, 10 Bronze.

The individual trophies were as follows:

Jason Rose 1<sup>st</sup> overall 16+, Rachita Shah 1<sup>st</sup> overall 16+, Allan Nondi 2<sup>nd</sup> overall 14/15, Anham Salyani 1<sup>st</sup> overall 14/15, Akshay Shah 1<sup>st</sup> overall 12/13.

"Swimming is a fun sport, if parents want to involve their children with competitive swimming they should make sure they have fun and that's how it should begin.

"Then as the child progress through the stages then the focus starts to change.

## STRICT TRAINING

"The ages between six to nine years should mainly focus on the styles rather than following a strict training program, as the swimmer grows then more mileage and more concentration given.

"Let's not rush on getting quick results. Then swimmers will enjoy there results as they grow", said Coach Fauz.

Other swimmers who took part are: Neeraj Chandi, Laurance Williams, Arjun Kotecha, Jignesh Hirani, Alex Chia, Joshua Williams, Sebastian Janickle, Shivraj Vaghela, Jesal Chandi, Mohammed Tarmal, Raj Hirani, Samuel Williams, Soraya Walli, Devina Morjana, Esther Okello, Mildred Okello, Reena Hirani, Ziina Shavdia, Salima Visram and Samantha Dominique.

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# Weltbank würde die geplante Umfahrun- straße an die Südküste finanzieren

DA DER Plan, Präsident Kibaki während seines kürzlichen Besuches an der Küste aufzusuchen und um Hilfe zu bitten, damit die schlechten Straßen schneller repariert werden, leider nicht ausgeführt werden konnte, traf eine Untersuchungskommission von der **Kenya Association of Tour Operators (KATO)**, Küste, Ingenieur Muoria vom **Ministry of Public Works** Mitte September, um den tatsächlichen Stand der Dinge abzuklären.

Vorgelegt wurden ihm die Beschwerden von Autofahrern und anderen Verkehrsteilnehmern über den katastrophalen Zustand der Straßen; sie wollten wissen, wann die dringend nötigen Reparaturen durchgeführt werden.

Es gab zum Beispiel einen Vorfall, der rasch bereinigt werden konnte zu aller Zufriedenheit.

Das Gebiet bei der römisch-katholischen Kirche und Klinik in Likoni war überflutet und das Problem wurde innert kürzester Zeit gelöst.

In der KATO Kommission, angeführt von Chairperson **Tasneem Adamji**, befanden sich die Ausschussmitglieder **Wilberforce Tirop**, General Manager **SOMAK Travel**; **Shamshen Mawji**, Managing Director **Ketty Tours**; **David Njiri**, Managing Director **David Tours**; und

**Mike Muirithi**, KATOs Executive Officer, Küste.

Das Straßenministerium wurde aufgefordert, die Public Relations zu verbessern und regelmäßig Berichte herauszugeben, um die Öffentlichkeit darüber aufzuklären, was unternommen wird und welche Fortschritte gemacht wurden.

KATO Küste hat von der **Kenya Tourist Federation** verlangt, die nötigen Schritte betreffend die **Kilifi-Malindi-Straße** und die **Ukunda-Diani Beach-Straße** mit dem Chefindgenieur, dem Chairman und Ing. **Nyanganga** vom **Kenya Roads Boards** zu besprechen.

Über das Meeting mit Ing. Muoria meldet **Tasneem Adamji**:

### Mombasa-Malindi-Straße

Straßenreparaturen werden zur Zeit provisorisch durchgeführt, während die Pläne für eine Schnellstraße mit Mittelstreifen und Fahrbahnen in beiden Richtungen mit den Beratern besprochen werden; nämlich zwischen dem **Moi International Airport** **Mombasa** und **Mtwapa** sowie eine Schnellstraße nach **Malindi**.

Die **African Development Bank** wird dieses Projekt

finanzieren wie auch die **Voi-Taveta-Straße** und schließlich die **Straße von Likoni** nach **Lunga-Lunga** an der Grenze nach **Tansania** als Teil ihrer Agenda, den regionalen Handel weiter zu entwickeln.

Wenn alles gut geht (es gibt für den Ausbau vorgesehene Straßenstücke in **Bombolulu** und **Changanwe**, die illegal überbaut wurden und zurückgefordert werden müssen) sollten die Arbeiten im letzten Quartal 2008 beginnen.

### von NETA PEAL

**Tasneem Adamji** kommentierte: "Es wurde allerdings zugegeben, dass die Arbeit sehr langsam vorangeht."

Die Strecke **Mombasa-Kilifi** wird von **Dhanjal Contractors** gebaut; die Arbeiten sind im Gang und haben bereits **Kikambala** erreicht.

Rund **Kshs 570 Millionen** wurden allein für diese Strecke reserviert.

### Kilifi-Malindi-Straße

Arbeiten sind im Gange, aber sehr langsam.

Es gibt viele Hindernisse; **Wasser, Strom, Telefon** haben ihre Untergrundleitungen und **Kabel** in diesem Gebiet. Es dauert länger als erwartet, um die Entwässerung anzulegen.

Die **Ukunda-Diani Beach-Straße** ist in

irreparabel Zustand in das Aufgabengebiet Gemeinderats von **Kilifi**, welcher der Aufgabe nicht gewachsen ist.

Das Straßenministerium an das Hauptquartier geschrieben und vorgeschlagen, zukünftige Reparaturen zu übernehmen.

Die Straßenarbeiten an 35 km Strecke von **Mombasa** nach **Maji ya Chumvi**, ausgeführt von der **China Roads** Gesellschaft, sind nun abgeschlossen.

Die Baufirma befindet sich jedoch noch vor Ort, um die Schnellstraße mit Fahrspuren in beiden Richtungen zwischen **Miritini** und **Maji ya Chumvi** sowie eine Brückenwache zu errichten.

Eine 57 km lange Straße von **Kilifi** mit **Mariakani** verbunden und den Verkehr von **Mombasa** nach **Nairobi** erleichtert, da diese Umleitung, ohne **Trassee** durch **Mombasa**.

Was die **Dongo Kundu Umfahrungsstraße** von **Mombasa** an die Südküste betrifft, melden die Ingenieure, dass das Projekt vorgesehen ist, um den Verkehr zu erleichtern und Verspätungen bei der **Likoni** Fahrt zu vermeiden.

Es ist jedoch kaum wahrscheinlich, dass irgend etwas unternommen wird in 5-6 Jahren, da es sich um riesiges Projekt handelt.

Die Umfahrungsstraße wird von der Weltbank finanziert.



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## Belgische Kriegsmarine besucht Mombasa

ENDE SEPTEMBER war die 2800 Tonnen Fregatte "F930 Leopold I." der Königlichen Belgischen Marine auf Besuch im Kilindini Hafen von Mombasa.

Unter dem Kommando von Fregattenkapitän **Wim Robberecht** hat die Fregatte der **Karel Doorman Klasse** 15 Offiziere, 70 Unteroffiziere und 60 Matrosen an Bord.

Die Fregatte ist benannt nach **König Leopold I. von Belgien** und ihr Heimathafen ist **Zeebrugge**.

Sie erreicht eine Höchstgeschwindigkeit von 30 Knoten.

Vor dem 29. März 2007 war das Schiff bekannt als **HNLMS Karel Doorman (F827)**.

Es ist eine der beiden Fregatten dieser Klasse, die am 22. Dezember 2005 von der Königlichen Niederländischen Marine gekauft wurden.

Die **HNLMS Karel Doorman** war das erste Schiff der **Karel Doorman Klasse** Vielzweck-Fregatten (auch bekannt als "M-Fregatten" Klasse).

Es war das dritte Schiff in der Königlichen Niederländischen Marine, das nach **Admiral Karel Doorman** benannt wurde, der in der Schlacht in der **Javasee** getötet wurde.

Es wurde am 26. Februar



ZU BESUCH IN KENIA: Die Fregatte "F930 Leopold I." der Königlichen Belgischen Marine. Kleine Fotos: Fregattenkapitän **Wim Robberecht** und das Wappen des Schiffs.

1985 auf Stapel gelegt, am 20. April 1988 vom Stapel gelassen und am 31. Mai 1991 in Dienst gestellt.

Die Fregatte nahm Teil bei der Drogenbekämpfung in der Karibik, zusammen mit der **US Navy**, beteiligte sich bei UN Operationen im **Adriatischen Meer** während der Konflikte in der früheren Republik von **Jugoslawien** und war auch bei verschiedenen **NATO** Übungen dabei.

Am 20. Juli 2005 beschloss die belgische Regierung, zwei der übrigen sechs holländischen M-Klasse

Fregatten zu kaufen, um zwei der verbleibenden Fregatten der **Wielingen Klasse (Wielingen und Westdiep)** zu ersetzen, die bei der Belgischen Marineflotte im Dienst waren.

### LOUISE-MARIE

Am 22. Dezember 2005 wurden **Karel Doorman** und **Willem van der Zaan** an Belgien verkauft und in der Belgischen Marineflotte umbenannt in **Leopold I. (F930)** und **Louise-Marie (F931)**.

Die **HNLMS Karel Doorman**

wurde 2006 aus dem Dienst genommen und am 29. März 2007 der Belgischen Marineflotte übergeben.

Sie wurde in der Marinebasis von **Zeebrugge** zu Ehren des ersten Königs von Belgien **Leopold I. (F930)** von **Königin Fabiola** getauft.

Die Patenschaft von **F930 Leopold I.** wurde von der **Stadt Nivelles** angenommen.

Die **Willem van der Zaan** im März 2008 in die Belgische Marineflotte aufgenommen unter dem Namen **Louise-Marie**.

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# Mombasa And Coast Tourist Association Is In Search Of 'Starlicide' To Control Population Of Indian House Crow

of Nairobi on January 26, 2006, vide your receipt NO. A142832.

This application was supported and funded by donations from hotels, tourist organisations, businesses and individuals at the Coast.

The Skål Club co-ordinated the programme and supported Mr. Archer's application for a permit to import more Starlicide and we are led to believe that approval has not been given because Efficacy Trials have yet to be conducted and an Environmental Impact Assessment (EIA) study has yet to be approved.

Mr. Archer is an Environmentalist who has for many years been asked to control the predatory activities of the House Crow by the hoteliers, other stakeholders in tourism, aviation authorities, businesses, residents and the local farming community at the Coast.

It is important to note that the House Crow is not indigenous to Kenya and has no natural predator so is continually increasing in numbers to the point where it destroys the local bird population and becomes a public nuisance.

This is why it is necessary to control it.

After many years of experimenting with different methods of control Mr. Archer has established that trapping and nest egg removal is not a solution to the problem and that the use of Starlicide is the only really effective means of controlling the House Crow population in the long term.

Starlicide is a humane product which was privately developed and later licensed by the U.S. Department of Agriculture for the control of Starlings who were destroying the wheat fields in the mid-west of the USA.

The House Crows in Kenya come from the same family as these Starlings and the most significant advantage of

Starlicide is that it completely metabolises within the bird before it dies.

It is, therefore, not hazardous to other non target organisms, or the environment.

MCTA considers this project to be very important to the tourism industry and to coast residents as a whole as these crows carry many diseases, kill poultry, damage farm produce and are generally a menace in public places such as airports and hotels.

We have been asked to act as the umbrella body for all the interested parties at the Coast who wish to control the House Crow population and we intend to submit a fresh application to the Pesticide Control Board using

the name of MCTA.

We will rely extensively on the technical information provided by Mr. Archer in order to avoid unnecessary duplication and we would greatly appreciate your assistance and co-operation in helping us satisfy all the statutory requirements required to issue a permit to import and use Starlicide in Kenya.

The previous documentation being used to support this application is attached in Annex 1.

We understand it is a legal requirement that 'efficacy trials' be conducted before an application to import a controlled substance be considered by the relevant government Licensing Authority which, in this case, is

yourself. (The Pest Control Products Board).

We also understand that before trials can commence appropriate criteria for the trials must be formulated with all the stakeholders and we are appointing Mr. Ted Kombo, a NEMA registered Consultant to carry this out on our behalf.

If this approach is not correct we would be grateful if you would let us know immediately so that we do not waste time and money as the whole project is supported by voluntary contributions and run by local volunteers.

This letter was copied to 17 interested agencies and stakeholders as well as to Kenya and Local Government offices.

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### Special Report by NETA PEAL

Several years ago the 'Angamiza' project to eliminate a hazard at the coast in the House Crow was supported by the Skål Club-Kenya an international organisation for professionals in the tourism and travel trade.

The financial support raised for hotels, restaurants and other businesses much work was done.

The project has been taken over by the Mombasa and Coast Tourist Association which has a much wider representative membership including the business and industrial sectors.

On 8th October, 2007, the Chairman of MCTA, Cllr. Kuldip Archib, wrote the following letter to the Pest Control Products Board (KARI - National Animal Laboratory, Nairobi).

The Mombasa and Coast Tourist Association wishes to act as the umbrella agency for the processing of a new application to import a controlled product named Starlicide DRC-2002 which has been the primary product used in controlling the population of the House Crow (scientific name - corvus splendens) at the Kenya Coast especially within the Mombasa Municipality, Mtwapa, Kilifi, Wajuu, Malindi and Diani in the Coast.

The Coast Crow Control Programme has been run by volunteers under the direction of Mr. A. Archer (using Starlicide) for many years, with the approval of government agencies.

However, the U.S. Government recently imposed a restriction on the sale of Starlicide and a permit from the Kenya Government is now required.

In view of these new regulations on the manufacture of Starlicide, an application to import more Starlicide into Kenya was made to yourselves by Mr. A. Archer of Animal Pest Control

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		5			1	6
	7				4	
1	4	8	7			
2	5			3		4
3						2
4	9			3		5
			9	1	5	4
	9				2	
1	6			8		

SUDOKU NO. 069

NAME.....

ADDRESS.....

#### What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9x9 grid.

#### What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3x3 group of cells contains the numbers 1 to 9 only once.

#### SOLUTION TO 'PRIZE SUDOKU' NO. 067

2	9	8	1	4	3	6	5	7
6	5	1	8	2	7	9	3	4
4	3	7	9	5	6	2	8	1
9	2	5	6	1	8	4	7	3
1	7	6	3	9	4	5	2	8
8	4	3	2	7	5	1	9	6
7	6	9	5	3	1	8	4	2
3	8	2	4	6	9	7	1	5
5	1	4	7	8	2	3	6	9

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# Driving In 'Mad Traffic' Of Our Major Towns Is An Almost Daily Life Enriching Experience

I recently recounted an accident where some ladies got away due to the actions of some car jacking members of the public who seized a small period of confusion to take a driver hostage and remove the aggrieved party from the incident scene.

Since then I have got some interesting accident encounters from various people and I will share some of them over the next few weeks.

Driving in the mad traffic of our major towns and especially Nairobi is an almost daily life enriching experience.

It is not necessarily what happens to us that makes life interesting but the little dramas that are at play all the time in traffic.

I write on issues around road safety, driving behaviour, road usage and infrastructure development among others.

This means that I am always on the look out for new and interesting things that may be happening in these realms.

Having trodden this turf for quite some time, I am also aware that my senses are keenly honed to notice any small thing that happens in traffic and on the roads.

Because of this, I quite often

tell my passengers about what a driver some five or six cars ahead would be likely to do given the state of the traffic and eight times out of ten I get it right.

It is because over the years, the keen interest I take in what happens in traffic has helped me develop a way of understanding driver behaviour.

Whilst we may think that every driver is a unique individual and behaves in a very personal way when in traffic, the reality is different.

Though we are all different, the behaviour patterns in traffic generally tend to be the same.

Our propensity to hoot, cut across lanes, dive into spaces that do not exist in traffic, use swear actions and sometimes words remains the same.

The advent and almost take over of the road space by matatus has helped streamline driver behaviour in the country as they are so good at setting examples that in time even the most stubborn driving purists get tainted by some of the matatu madness.

It is one of the aspects of matatu madness that Kachumbari experienced the other week.

She had gone to Nairobi on business and had driven up from Mombasa in her well endowed Land Cruiser.

Since her programme was

tight and required her to move to several places she chose to drive up to Nairobi.

It also gave her the opportunity to go to shags on the weekend and catch up with her folks.

The drive up to Nairobi was uneventful except for the diversions that one has to take on the new construction that is taking place in the last one hundred kilometres at the Nairobi end of the highway.

The drive from Mombasa up to Sultan Hamud is now like being in heaven.

## CoastDrive with Teti Kamuunda



On the Friday, of her visit, she was trying to get between one customer and the next and was caught up in the thick of the normal Nairobi Friday traffic.

Every form of road user was inebriated with the Friday madness.

Matatus were cutting across traffic as they best know how, vehicle hooters were blaring in a non synchronised cacophony, pedestrians were weaving their way through the traffic and daring vehicle drivers to run them over... yes, it was just another mad Nairobi Friday afternoon.

Kachumbari was stopped in traffic sandwiched between a matatu and a ramshackle lorry.

She was listening to music from one of the local FM stations as the traffic seemed to be waiting for an initiating move from quite a distance away.

There was nothing to really occupy one as the only attraction outside of the vehicle was dust, garbage and filthy old buildings.

She was listening to a conversation on the radio when all of a sudden, the left front side of the car appeared to rise and then fall down with a thud.

From her high vantage point in the Land Cruiser she could just barely see the top of this elderly Nissan saloon.

As she stretched over to try and understand what was

happening, she noticed that the driver of the car was an elderly fellow with a crop of brilliant white hair.

The fellow's hands were hard on the steering wheel with the knuckles almost breaking the skin.

The driver of the Nissan looked up to see Kachumbari staring at him. He frantically waved her on.

She could not understand why he would do this as it appeared at first that their two vehicles had been involved in an accident.

She found that she could not get out of the car easily and decided to move the car a bit.

In trying to do so, she felt resistance when reversing so she decided to move the car forward.

It was restrained a bit and then started moving freely.

She inched a few metres forward and stopped.

As she got out of the car, she noticed that the lane in which the Nissan was had started moving.

As she came round the front of the car the Nissan shot off into traffic and disappeared.

She noticed and heard as it went off that the front bumper had been dislodged and was scraping along the tarmac.

The driver of the Nissan waved back at her gratefully and proceeded on his way.

Her car did not have a scratch and it appeared that the front end of the Nissan had impacted on the tyre rather than on the car.

Her vehicle was without any evidence of the altercation that had just taken place and the owner of the vehicle just seemed to have been happy to get away from the scene as quickly as they could thinking that the damage inflicted on the Land Cruiser would be big and they could not afford it.

She got back into her car and drove off none the worse for wear but only marginally late for her meeting.

As Kachumbari says, wonders never cease.



Naushad Kara in his Subaru Forester drives to finish the third round of the Coast Rally Championship at the Tiomin Kenya Ltd mining fields in South Coast.

## Naushad Kara Coast Rally Champion Third Time Running

NAUSHAD KARA of Lota Rally Team proved his superiority when he emerged the winner of the third round of the Coast Rally Championship held at Tiomin Kenya Limited mining fields in Msambweni, reports **Abdulahman Sheriff**.

Kara also won the last two rounds of the championship which were held at Vipingo Ridge Resort in North Coast.

Navigated by Peter Stone, Kara lost 43 minutes 26 seconds.

Kara's elder brother, Mehboob Lota of Lota Motors Limited, taking part in the rally for the first time, did very well until in the second leg when he got stuck for 22 minutes 58 seconds in a deep trench dug in the centre of the road by a previous car.

First time Mehboob navigated by Moses Matovu also scored one of the top timings in the third and final leg despite

having bent his shock absorber and forced him to change tyre touching on the road.

He was fifth overall.

John Mburu came fourth overall.

Total of nine cars part in the rally to the last before National Rally Championship's Round 8 scheduled to be held in Mombasa on November 10 and 11, this year.

## COAST BRIDGE with C.P. SHAH

### 'DECLARER' HOODWINKING THE DEFENCE!

In the following hand Declarer hoodwink the defence, falsely representing a suit in their hand

Dealer: SOUTH NORTH-SOUTH VULNERABLE **BIDDING:**

SOUTH	WEST	NORTH	EAST
ONE CLUB	THREE SPADES	PASS	PASS
THREE 'NO' TRUMPS	PASS	PASS	PASS

West tried an unexpected attack - South was ready for a Spade - and led the three of Hearts.

Declarer saw that his only danger lay in East holding all three Clubs.

In that case, it would be imperative to avoid a Diamond switch when East won his Club.

With this in mind, Declarer played low from Dummy and bear East's Ten of Hearts, not with the Queen, but with the Ace. At trick two Declarer cashed the Ace of Clubs, West discarding, and then ducked a

NORTH			
♠	Q 4		
♥	J 4 2		
♦	5 4		
♣	K J 9 8 7 6		

WEST						
♠	J 10 8 7 6 5 3					
♥	K 9 3					
♦	A J 7					
♣						

EAST			
♠	2		
♥	10 7 6 5		
♦	K 10 9 3 2		
♣	Q 10 5		

Club to East.

Believing that West held good Hearts, East returned the Five of Hearts.

West won the King and certain his partner held the Queen of the suit returned a Third Heart.

Declarer won his Queen and cashed his black-suit winners.

Game made plus one.

An intelligent play and deceived the defence.

SOUTH			
♠	A K 9		
♥	A Q 8		
♦	Q 8 6		
♣	A 4 3 2		

## The Wind Has Crept Round To The East Making Sailing In The Harbour A Different Kettle Of Fish

As the monsoon shows signs of changing, although the rain has never stopped this year, the wind has crept round to the east making sailing in the harbour a different kettle of fish.

It makes Peleleza Buoy close to the south shore useable again and the course on Wednesday 24th October for the third monthly mug a series of zig zags across the harbour.

There were five entries although only three finished - Alfred Okoth in AirKool and Seema Shah visiting us from the UK sailing Bamburi Cement both

retired as the wind was light and they feared they would not complete the course before the light went from the sky.

Marylyn Barnes in Kulia, so pleased to be back from leave and happy to be on the water sailed a convincing race taking line honours and First place on corrected time, Second was Barry Mitchell and George in Atalanta and Third was Brian Emmott in Sifaufu.

Sunday was a series of three short races - the Weddebowl presented by Mr and Mrs Weddepol in 1971.

Five boats on the water led to some close racing although David Mackay in Clare showed his dominance over the event from the outset.

He broke free at the first start and with a very strong flood tide he sailed the ultimate course for the conditions.

Kulia went wider at the mark to ensure clearing it, but lost out to Clare while Olivier Kernaur in Chanzo lost out when he went well into Mbaraki creek in an attempt to diminish the effect of the tide.

Sifaufu and Quicksilver, Michael Smewing seemed to lose boat speed against the heavy tide.

Kulia and Chanzo toyed with Clare, with Kulia establishing a small lead over Clare at one stage but lost out again on the final leg.

The second race was heavily affected by a large ship being pulled off Mbaraki berth forcing the boats out into the tide before they would have chosen to go.

However Sifaufu capitalized on the circumstances and was in Third place before passing Likoni buoy, trailing Clare in first place and Chanzo in Second.

However Kulia and Quicksilver both caught Sifaufu and overtook him as he was badly affected by the flood tide on Likoni. Chanzo chased Clare round the whole course but never managed to take the lead from him.

Going into the third race Clare was in an enviable position with two first places.

Only if he finished in last place would he lose the Cup - and stranger things have happened. Kulia chased Chanzo round

the course, never closing half a minute gap. Chanzo up at the beginning of the race when Kulia found a pawpaw tree leaf around her centre board like a sea anchor.

It didn't take long for something was wrong that time the other boat gone.

Sifaufu had an incident line and was seen doing turns and sadly through rear throughout the race.

Goodness knows what happened to Clare's boat drifted around in Fourth allowing Quicksilver to take the lead he had on the race she only had to close to win the Trophy.

The overall results were David Mackay in Clare in points, Second Oliver in Chanzo with 575 points, Marylyn Barnes with 475, Fourth Michael Smewing in Quicksilver, 12 points, Brian Emmott, Sifaufu with a new tiller, 16 points.

Attention all long distance sailors - the Mtwapa race is on 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, 10th, 11th, 12th, 13th, 14th, 15th, 16th, 17th, 18th, 19th, 20th, 21st, 22nd, 23rd, 24th, 25th, 26th, 27th, 28th, 29th, 30th, 31st, 32nd, 33rd, 34th, 35th, 36th, 37th, 38th, 39th, 40th, 41st, 42nd, 43rd, 44th, 45th, 46th, 47th, 48th, 49th, 50th, 51st, 52nd, 53rd, 54th, 55th, 56th, 57th, 58th, 59th, 60th, 61st, 62nd, 63rd, 64th, 65th, 66th, 67th, 68th, 69th, 70th, 71st, 72nd, 73rd, 74th, 75th, 76th, 77th, 78th, 79th, 80th, 81st, 82nd, 83rd, 84th, 85th, 86th, 87th, 88th, 89th, 90th, 91st, 92nd, 93rd, 94th, 95th, 96th, 97th, 98th, 99th, 100th.

CHECK OUT MOUTH WATER RECIPES OF THE MONTH IN COAST WEEK AT OUR WEBSITE WWW.COASTWEEK.COM



# Nine Matches Ready To Battle For The 'Big Apple' Super Cup

NINE REMAINING MATCHES of the Big Apple Super Cup are to be played tomorrow (Saturday) and on Sunday in various grounds in Coast Province.

Five matches are on card tomorrow in Mombasa, Kilifi, Mariakani and Kaloleni.

Coolchester play Annex Prisons at Mombasa Municipal Stadium while Maweni Heroes tackle Kanamai at Khadija Ground.

Kilifi Youth will have a fixture against Kemri FC at Kilifi Town Ground, Imara play Shamu Wanderers at Mariakani ground while Jamhuri play Kaloleni United at Kaloleni ground.

On Sunday, Tudor United meet Migadini Youth at Shimanzi

ground, Zambarani play Airmen at Gede ground, Shamu Wanderers tackle Jollets at Mwanjama ground and Rea Vipingo will be at home ground in Vipingo for a date with Annex Prisons.

Last weekend, Simba crushed Zaire 6-2 during a match played at Viva Stadium in Ukunda, Kemri defeated Airmen 3-1 at

Kijiwetanga, Myfa beat Kikulacho 3-1 at Mombasa Municipal Stadium while at the same venue, Lake Warriors got a walk-over when Rea Vipingo failed to turn up.

Meanwhile, two Twaha Cup Under-15 Competition, matches are to be played at Mariakani ground tomorrow and on Sunday.

Alaskan play Tabora tomorrow with Deserter taking on Buffalo on Sunday.

Last weekend, Deserter hammered Blue Divers 5-2 at Mariakani Secondary School ground.

Benjamin Mosha scored a hat-trick for the winners.

Other two Deserter goals were

scored by Moi Ali and Mbarak Hussein. Ali Kitsao scored a double for Blue Divers.

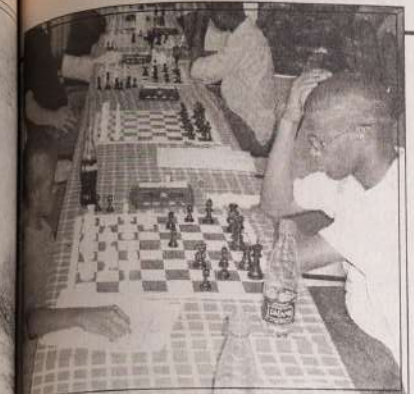
Alaskan and Buffalo FC settled to a two-all draw at the same venue.

Dennis Wambua and Shida Kazungu netted for Alaskan with Abdulhakim Majid replying for Buffalo.

In another development, 16 soccer clubs will battle out for Tenge Cup competition scheduled to start anytime next week.

The 16 clubs are Mvita Youth, Hotspurs, Myfa, Dragon, West Ham, River Plate, Once Ago, Admiral, Bolton, Bayern, Ziwayi Youth, Omax Alfa Zulu, Coast Boys, Makande Youth, Sparki Youth and Lake Warriors.

## Soccer Scene with Abdulrehman Sharif



## Collins Apiri Youngest Winner Of Mombasa Chess' Championship

Collins Apiri (left), the youngest participant in the Mombasa Open Chess Championship play against Enock Mwangi of JKUAT during their match in Mombasa. Apiri emerged the winner of junior category.

## GOLFEPLUS JUNIOR COMPETITION

VENUE: Nyali Golf and Country Club  
DATE: 4th Nov 2007  
TIME: 12 noon onwards, prize giving at 4.30 p.m.  
Open To All Junior Golfers With Or Without A Handicap.

## JUSTIN BAYA SEMI-FINAL MATCH ABANDONED TWICE

THE SEMI-FINAL match of Justin Baya Super 8 Cup between Black Stars and Yanga which was abandoned twice will be replayed on November 4 at Majivuni primary school ground.

Kenya Football Federation (KFF) Malindi sub-branch reversed its early decision to suspend the two clubs after a marathon meeting between the sub-branch and the two club officials with the sponsor, a Malindi businessman Justin Baya.

KFF Malindi sub-branch secretary, John Ngoa told the Nation yesterday that they lifted the suspension order but imposed fines to the two clubs which they have to pay before the replay day, November 4.

"We warn the two teams to maintain high standard of discipline in their replay match or we will have no alternative but to take drastic actions against them," warned Ngoa.

Each club was fined Sh1,000, Sh450 for referees and Sh300 for ground markings.

The sponsor, Justin Baya agreed to pay Sh5,000 as KFF fines.

Baya also pledged to provide security during the match.

The match between the two sides was abandoned twice when players and supporters turned the field into a battle ground.

The winner of the replayed match will meet Zambarani in the final in a date to be announced later.

Over 30 clubs from all sub-locations in Malindi district took part in the tournament.

## SMASHING KENYA SWIM RECORDS



Naim Bayusuf, Omar Talib, Sylvia Brunlehner, Deeyn Shah, Mahmoud Soud

## Mombasa Academy Swimmers Shine At National Swimming Championship

Mombasa Academy swimmers produced some excellent results in the just concluded annual National Age Group Swimming Championships which was held on Saturday 27th and Sunday 28th October 2007 at the Oshwal Secondary Swimming Pool in Nyali.

Various Schools and clubs from around Kenya participated in the event all trying to prove their worth.

The event was specifically designed for top class swimmers as all those who wished to take part must first meet the qualifying times before competing.

Mombasa Academy was represented by five swimmers.

Most of their top swimmers who were supposed to compete could not take part due to illness and arrived a few days before the event.

Among those affected was Super Dolphin Ishani Pandya, Junior Captain Hamdan Yusuf, the speed boat Faluka and Ali Chandi among others.

The sprinting Queen Sylvia Brunlehner set the ball rolling for Mombasa Academy by smashing two meet records plus Kenya Swimming records.

time of 28.94. Sylvia went on to break two Kenya records; she erased the 50m Backstroke of 35.27 set by Camille Dennings in 2006 to register a new time of 33.69.

Twenty minutes after breaking the back stroke she again stepped on the starting blocks to smash the 100m Individual Medley record of 1:16.11 set by Kanyali Iloko in 2004 to register a new time of 1:15.72.

Sylvia collected a total of nine medals from individual events plus a trophy for being the best swimmer Kenya in her age group category.

Other impressive results also came from the 11 years Deeyn Shah 'Bazuka' who collected five individual medals plus a trophy for being best Kenya runners up swimmer in the 10-11yrs category.

The Mombasa Academy and Bandari Swim Club assistant Coach Mahmoud Soud also competed and managed to collect eight medals in the individual events and a trophy for being best runners up in the 16 years and over category.

Also not forgetting 'the six pack' Omar Talib and the cheeky champion Naim Bayusuf who performed exceptionally well.

Andrea Basta and Salim Said Abui also competed in a relay event where they finished in first place position.

"I am overwhelmed with my

swimmers performance and the four records broken by Sylvia is a special dedication to my Coach Mr. Mohamed Farid who has taught me swimming and coaching for over 15 years", commented Coach Fahry Mansour.

Thank you very much coach and may God bless you.

He added "The Mombasa Academy swim team is looking forward to taking part in the coming National Age Group Long Course Championship schedule to take place in two weeks in Nairobi. We are hoping to break more Kenya records."

## ORPHANAGE CENTRE @ HOLLYWOOD BOWL

Last week on Thursday evening, the Hollywood Bowl had a chance to host children from Restoration Orphanage Centre (Bamburi).

The group consisted of 26 children. They were accompanied by their guardians.

Though first timers in the game of bowling, showed great interest and enthusiasm in the game.

They were divided into six groups.

Results of their scores:

Group A: Baraka-100, Mwanahamisi-114, Judi-82, Chilo-83, Robert-85.

Group B: Erick A-99, Simon-69, Baraka-100, David-95.

Group C: Binty-84, Claudia-87, Mary-93, Mariam-93, Rehema-93.

Group D: Edward-95, Dhula-89, Juma-80, Daniel-95.

Group E: Ali-90, Erick-76, Rasha-91, Emanuel-71.

Group F: Serina-85, Lynette-104, Joyce-77, Mercy-67.

And to the bowling scene, a new entrant who sent some shock waves was from Noor Al-Malik who comfortably landed in the second position with 227 points.

No new entrants or improvements of scores in the ladies and under fifteen category.

Scores of the week on the scoreboard:

Men: Habib-246 points, Noor-227 points, Shiv Morjaria-225 points, Pares Morjaria-213 points, Sandeep-198 points, Arnold-185 points and Saqib-174 points.

Ladies: Mrs. Daksha Morjaria-134 points and Mrs. Mary Muturi-119 points.

Under Fifteen: Ms Devina Morjaria-142 points, Jay-113 points and Ayub-113 points.

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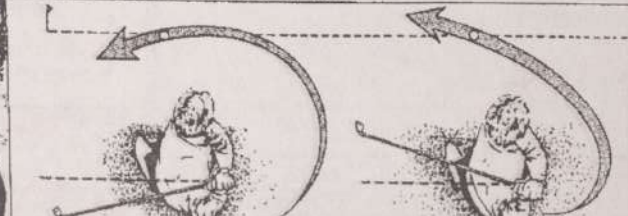
MOMBASA AND NAIROBI

## FROM THE TOP

THE POSITION THE CLUB ARRIVES IN AT THE TOP OF THE SWING HAS A LOT TO DO WITH THE TYPE OF SHOT YOU HIT. IDEALLY AT THE TOP, THE CLUBSHAFT SHOULD BE PARALLEL TO THE TARGET LINE. THEREFORE, EITHER LOOK AT A MIRROR TO CHECK YOUR POSITION OR HAVE A FRIEND STAND BEHIND YOU AND ANALYZE YOUR AT THE TOP POSITION.



IF THE SHAFT POINTS TO THE LEFT OF YOUR TARGET YOU WILL SWING INTO IMPACT FROM THE OUTSIDE AND THUS START THE BALL FLYING LEFT OF YOUR TARGET. IF THE SHAFT POINTS RIGHT OF YOUR TARGET AT THE TOP YOU WILL SWING INTO IMPACT FROM TOO FAR INSIDE AND START THE BALL FLYING TO THE RIGHT OF TARGET.




## EXCLUSIVE - GREG NORMANS' GOLF LESSONS



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# Coastweek

Issue No. 3044 November 02 - 08, 2007

PRICE - KENYA THIRTY SHILLINGS



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## AIG Golf Day At 'Nyali Golf And Country Club'

The overall winner of the AIG Golf Day Tournament sponsored by AIG Kenya Insurance Ltd at Nyali Golf and Country Club Atul Patel [right] receives his prize from the General Manager of the company Patrick N Tumbo [left] as the company's Mombasa branch manager Kennedy Machuka looks on.

Atul Patel won the tournament with 40 points as Aaron Kikuyu and Simon Maina took the second and third position with 35 points on count back and 35 points respectively.

One hundred thirty two golfers participated in the tournament. Mr. Tumbo made a request to the club to be given an opportunity to sponsor two tournaments annually.



## Atul Patel Wins AIG Golf Day At Nyali

Results: Men: Winner: Atul Patel (8) 40 (20.25). Runner up: Aaron Kikuyu (6) 35 c/b (17.18). Third: Simon Maina (6) 35 (18.17). Fourth: Reaz Alibhai (10) 34 c/b (15.19). Ladies: Winner: Christine Ockoth (16) 38 c/b (19.19). Runner up: Mary Muga (36) 35 (21.17). First Nine: Patricia Munyao 19, Second Nine: C.J. Yu 20 c/b. Best Junior: Jonathan Chebukati 35. Best Senior: G.M. Taki 31. Best Guest: S. Mwangi 37. Longest Drive men in 17: Musa Odada, Lany Wambui Warui. Nearest pin on no. 18: C.M. Wambugu 45'

## Kenyan Boxers To Visit Denmark

FORMER TRANSFIX BOXER EVANS ASHIRA OURE NOW IN COPENHAGEN

EIGHT Transfix ABC boxers are expected to visit Denmark early next year as guests of the club sponsor, Brian Mathiansen, writes **ABDULRAHMAN SHERIFF**

Transfix coach Samson Mtoni made the closure yesterday morning after arriving from Denmark accompanied by two boxers - Allan Mwadua (Feather) and Dennis Odhiambo (Light-welter).

Mtoni said Mathiansen pledged to help eight boxers to travel to Denmark for training after being impressed by the two Mombasa boxers who stayed there for nine days.

"Our sponsor was very impressed with our boxers and that is why he told us he would invite eight fighters early next year," he said.

### INVITATION

Besides the invitation, the Transfix coach said Mathiansen pledged to make sure every club boxer gets training kits including

gloves, protecting headgear, ring boot, shorts and track suit, but these items will be the property of the club.

Mtoni told Coastweek that while in Denmark, they visited several places belonging to Fitnessdk company which sponsored their trip at a tune of Sh500,000.

They stayed at Aarhus.

The two boxers and their coach also traveled to Copenhagen where they met former Transfix ABC boxer Evans Ashira Oure who had turned professional.

Mtoni thanked Mathiansen and Fitnessdk for sponsoring the trip and appealed to other boxers to train hard for they might get chances to train abroad in future.



**DT DOBIE**  
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## KENYA TIDE TABLES

MOMBASA, November 02 - 08, 2007

**FRIDAY** High Water - 2.5 m. at 09.13 hrs. (9.13 a.m.) and 2.2 m. at 22.48 hrs. (10.48 p.m.). Low Water - 1.4 m. at 02.32 hrs. (2.32 a.m.) and 1.2 m. at 16.04 hrs. (4.04 p.m.).

**SATURDAY** High Water - 2.3 m. at 11.13 hrs. (11.13 a.m.). Low Water - 1.5 m. at 04.56 hrs. (4.56 a.m.) and 1.2 m. at 17.54 hrs. (5.54 p.m.).

**SUNDAY** High Water - 2.4 m. at 00.34 hrs. (12.34 a.m.) and 2.4 m. at 12.51 hrs. (12.51 p.m.). Low Water - 1.3 m. at 06.38 hrs. (6.38 a.m.) and 1.1 m. at 19.02 hrs. (7.02 p.m.).

**MONDAY** High Water - 2.7 m. at 01.32 hrs. (1.32 a.m.) and 2.6 m. at 13.50 hrs. (1.50 p.m.). Low Water - 1.1 m. at 07.39 hrs. (7.39 a.m.) and 1.0 m. at 19.47 hrs. (7.47 p.m.).


**TUESDAY** High Water - 3.0 m. at 02.12 hrs. (2.12 a.m.) and 2.7 m. at 14.31 hrs. (2.31 p.m.). Low Water - 0.9 m. at 08.22 hrs. (2.22 a.m.) and 0.8 m. at 20.21 hrs. (8.21 p.m.).

**WEDNESDAY** High Water - 3.2 m. at 02.44 hrs. (2.44 a.m.) and 2.8 m. at 15.05 hrs. (3.05 p.m.). Low Water - 0.7 m. at 08.57 hrs. (8.57 a.m.) and 0.7 m. at 20.51 hrs. (8.51 p.m.).

**THURSDAY** High Water - 3.3 m. at 03.13 hrs. (3.13 a.m.) and 2.9 m. at 15.34 hrs. (3.34 p.m.). Low Water - 0.5 m. at 09.28 hrs. (9.28 a.m.) and 0.6 m. at 21.19 hrs. (9.19 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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Full Reports  
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