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COACH RAZAK SIWA IS ON A MISSION - BACK PAGE

ANOTHER BIG DRUGS 'BUST'

MOMBASA POLICE SEIZE 'HEROIN' WORTH U.S. \$12.7 MILLION DOLLARS

MOMBASA (Xinhua) -- Police have now seized heroin worth U.S. \$12.7 million dollars from a suspicious stateless ship intercepted off the Kenya coast in Lamu by Kenya navy officers.

The drugs were impounded during the ongoing inspection of the vessel that remained highly guarded at the port of Mombasa.

Head of Anti-Narcotics Unit Hamisi Massa said the drugs weighing 342 kilograms were discovered in a fuel reservoir inside the vessel that was intercepted while trafficking the narcotic drugs.

Massa said the samples of drugs were subjected to thorough analysis where they tested to contain high grade heroine at the government chemist. "We have managed to discover more drugs

from the vessel after our officers stumbled on the drugs that were hidden in a diesel tank in the vessel.

"We are still conducting more inspection," Massa told journalists in Mombasa.

The multi-agency had early intercepted sachets of heroine with an estimated value of U.S. \$34,300 dollars that prompted the officers to conduct more inspection on the vessel.

The nine crew members aboard the ship MV Alnoor have been charged with drug trafficking, in Mombasa court.

Police had applied to detain seven Pakistanis, two Iranians and an Indian arrested aboard MV Alnoor at Port police station pending investigation.

Prosecutor Paul Makonge said anti-narcotic officers found 974 grammes of heroin with a street value of U.S. \$34,300 dollars in the ship, which originated from the United Arab Emirates.

Massa said investigators also need to sift through more than

CONCLUDED PAGE FIVE

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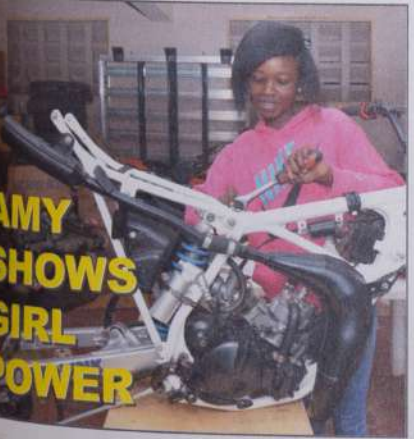
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Ahmed Aden Wins Quran Competition In Djibouti

DIJIBOUTI (Xinhua) — A Kenyan, Ahmed Aden, has won the 15th edition of the regional Koran memorization competition in Djibouti.

The young Kenyan reciter who was participating in the competition for the first time, won in the main category of reciting the Koran's 30 chapters.

The competition brought together competitors from Somalia, Ethiopia, Sudan, Uganda, Kenya, Tanzania, Rwanda, Mauritania, Yemen and Comoros. It was initiated in 1999 by Djibouti President Ismail Omar Guelleh.



AMY SHOWS GIRL POWER

Amy Wanday, 15, is rebuilding a 1990 Honda CR 80 to contest the competition motorcycle class at the CBA Africa Concours d'Elegance scheduled for September at Nairobi Racecourse. She will be up against her 17 year old brother Ted who was runner-up in the class last year. FULL STORY PAGE FOURTEEN

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Kenya Airways 'Mobile Check-In' Service

Kenya Airways, has activated a Mobile Check-In service that allows customers to check in for their flights using any internet-enabled mobile device.

The self-service mobile application now unveiled by the

national carrier is part of the airline's strategic efforts to enhance its customer experience.

The use of information technology solutions is also part of Kenya Airways efforts to rollout technology based cost management solutions that guarantee efficiency and lower delivery costs.

Speaking when he confirmed the Mobile Check in service activation, Kenya Airways' Group Managing Director and Chief Executive Officer Dr. Titus Naikuni said that the mobile check-in service is an effort to consistently provide a world-class experience by leveraging on technological innovations.

Among the services available on Mobile check-in are:

- customer selection, flight selection, seat selection from seat map, frequent flyer update, customer notifications and cancellation of check-in.

The service also allows for

data collection by regulators.

In addition, Kenya Airways passengers can also receive an electronic Boarding Pass from the Mobile Check-in service forwarded to their email addresses. This self-service, option, he explained will be available for any onward domestic flights in Kenya any time anywhere 30 hours up to 90 minutes prior to flight departure.

"The Mobile Check-In service is part of our technology integration process that is geared at raising efficiency and reducing costs of service delivery.

"It allows customers to conveniently check in for their flights even before they get to the airport. We are continuing to work to refine this service and expand its use on our other routes and make it available in multiple languages," Dr Naikuni added.

With the new mobile functionality, the check-in from the Kenya Airways mobile website will send the guest a boarding pass as an SMS allow for mobile boarding.

The mobile boarding pass will then be presented at the departure gate to board the

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Indian Cabinet Minister Meets With 'Diaspora' In Nairobi

First interaction of Indian diaspora in Nairobi when Minister Prakash Javadekar visited a UN assembly...

Council of Kenya (CKC), held a reception at the Shree Navrat Vanik Mahajan Hall for the visiting Indian minister by HCK chairperson Nitin Malde, and national secretary Kamal Gupta. Among the notable guest were: Kenya Member of Parliament for Embakasi South, Mr. Irshad Sumra, the Indian High Commissioner to Kenya, Mr. Yogeshwar Verma, the Convener of Overseas Friends of BJP, Mr. Vimal Chadha, and a former chairperson of HCK, Mr. Swaran Verma.

The HCK officials warmly welcome the minister while the Kenyan MP spoke about the cordial relations between the two countries.

Mr. Javadekar greeted the Kenya Indian community leaders and apprised them of the overwhelming BJP victory at the recent general elections.

He outlined the challenges before the nation and how the government had embarked to tackle them.

A couple of days later, the Indian cabinet minister visited the Deendayal Bhavan where he met members of the Hindu Swayamsevak Sangh (HSS) and avid supporters of the BJP.

He thanked the Convener of Overseas Friends of BJP Mr.

Vimal Chadha and all the BJP supporters in Kenya for their enthusiasm and elation at the victory of Prime Minister Narendra Modi who led the BJP to form the new government.

change and serious environmental issue that faced the world today.

He said India will remain committed to energy and

issues of mutual interest and concern.

These meetings were held, among others, with Mr. Jabez Potocnik, European Commissioner for Environment and Mr. Achim Steiner, Executive Director, UNEP in Nairobi. Mr. Javadekar met with BRICS Environment Ministers for an informal dialogue hosted by the Chinese Environment Minister, Mr. Zhou Shengxian.

Mr. Javadekar also had comprehensive discussions with Mr. Daniel A. Reifsnnyder, Assistant Secretary for Environment and leader of delegation of USA to UNEA.

He apprised the dignitaries regarding India's National Climate Action Plan with eight missions: solar energy, energy efficiency, sustainable habitat, water, Himalayan eco-system, Greening India, sustainable agriculture and strategic knowledge for climate change.

Mr. Javadekar specifically outlined the new initiatives related to integrated coastal development, forest conservation, combating desertification, island development and cleaning Ganga River.

In addition to meeting the UNEP delegates, Mr. Javadekar met the Kenyan President Uhuru

Kenyatta and a host of other dignitaries; all of whom extended their best wishes to Prime Minister Modi.

VISITORS GET 'E' VISA AND IMPROVED PILGRIMAGES

NEW DELHI — When overseas Indians land in India this winter, they can look forward to speedy immigration clearance with electronic visa system, reports Swami Anand Kul Bhushan.

This visa is essentially a paper-free visa that is not stamped or added into a passport.

It is identified electronically when checking-in by the airline and then checked by an Immigration Officer on arrival.

So it is much quicker than the traditional paper visa inserted into passports without the rubber stamps.



Minister Prakash Javadekar makes a strong point in his speech to leaders of the overseas Indian community in Kenya. PHOTO - LILADHAR BHARADIA

Mr. Javadekar mentioned that the task before the new government was daunting and it relied on the support of overseas Indians to project a dynamic image of India.

During the three-day UNEP Assembly, Mr. Javadekar joined 170 delegations from round the globe to deliberate on climate

resource efficient development. India strongly believed in the post-2015 Development Agenda, an agenda which could initiate sustained and inclusive economic growth in all countries, particularly the developing nations.

After the first day, Mr. Javadekar had a series of bilateral meetings to discuss

amadhan Kareem

Ramadhan Timetable

| Date | Mombasa | | Malindi | | Lamu | | Nairobi | |
|---------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------------|
| | Suhoor closing A.M | Iftar Opening P.M | Suhoor closing A.M | Iftar Opening P.M | Suhoor closing A.M | Iftar Opening P.M | Suhoor closing A.M | Iftar Opening P.M |
| 1st Jul | 5:00 | 6:29 | 4:57 | 6:29 | 4:52 | 6:28 | 5:07 | 6:46 |
| 2nd Jul | 5:01 | 6:29 | 4:58 | 6:29 | 4:53 | 6:29 | 5:08 | 6:46 |
| 3rd Jul | 5:01 | 6:30 | 4:58 | 6:29 | 4:53 | 6:28 | 5:08 | 6:46 |
| 4th Jul | 5:01 | 6:30 | 4:58 | 6:28 | 4:53 | 6:28 | 5:08 | 6:46 |
| 5th Jul | 5:01 | 6:30 | 4:58 | 6:28 | 4:53 | 6:29 | 5:08 | 6:46 |
| 6th Jul | 5:01 | 6:30 | 4:58 | 6:29 | 4:53 | 6:29 | 5:08 | 6:46 |
| 7th Jul | 5:01 | 6:30 | 4:58 | 6:29 | 4:53 | 6:29 | 5:08 | 6:46 |
| 8th Jul | 5:01 | 6:30 | 4:57 | 6:30 | 4:53 | 6:29 | 5:08 | 6:46 |

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HINDI REMAKE OF THE 2012 TAMIL FILM 'PIZZA' AT NYALI CINEMAX

'22 Jump Street' Is A Real Winner!

TWO YEARS ago, Jonah Hill and Channing Tatum played the lead as Morton Schmidt and Greg Jenko in *21 Jump Street*, the film adaptation of a popular television series of the same name that ran from 1987 to 1991.

Young and upcoming actor Johnny Depp shot to national fame as one of the lead actors in the series and was paid 45,000 Dollars per series.

In *21 Jump Street*, the undercover cops are assigned to investigate a new drug that

threatens to take over high school students.

Because of their youthful looks they enter the high school as students and get a lesson that they will never forget.

Jump to 2014 and we now have the same cops in *22 Jump Street*, opening at the NYALI CINEMAX this week, with very similar issues now at college level.

The twist in the tale is that their assignment takes them to an online university so the duo have to look for key words and phrases during online lectures to lead them to the suspects.

Jenko make friends with a football player who he thinks will lead him to the drug dealers while Schmidt gets romantically involved with an art student causing a rift between the two

partners.

They experience fraternity parties, football games, sex and all the related things that happen during college.

Other stars in the film are Peter Stormare, Ice Cube, Amber Stevens, Wyatt Russell, Jillian Bell, Jimmy Tatro, Nick Offerman, Dave Franco, Rob Riggle and Marc Evan Jackson.

Pizza, a supernatural horror thriller, is the second new film at the NYALI CINEMAX this week.

This release is the Hindi remake of the 2012 Tamil film by the same name that starred Vijay Sethupathi and Remya Nambeesan in the lead.

Karthik Subbaraj wrote and directed the Tamil production, while Akshay Akkineni directs the Hindi version which he cowrote with Subbaraj.

Pizza delivery man Kunal has delivered pizzas to all sorts of houses and people.

But one delivery to a couple in their house changes his life forever.

Akshay Oberoi, Parvathy Omanakuttan and Dipannita Sharma take the lead roles in this 2014 production.

Varun Dhawan aka Humpty Sharma is still wooing Kavita (Alia Bhatt) in Humpty Sharma Ki Dulhania.

It is the great battle between man and monkey in *Dawn of the Planet of the Apes*, showing in two and three dimension, starring Andy Serkis, Jason Clarke, Gary Oldman, Keri Russell, Toby Kebbell, Judy Greer and Kodi Smit-McPhee.



Mike Makau (right) the CBA Head of Asset Finance discusses Auto Expo regulations with Stephen Tunoi (left) of DT Dobie during the draw and allocation of plots for Auto Expo. The event is an informal exposition of Kenya's motor industry which will be held in conjunction with the CBA Africa Concours d'Elegance at the Nairobi Racecourse in September.

BOOKINGS FOR AUTO EXPO

The forthcoming 2014 Auto Expo is already heavily booked with only a handful of vacant spaces. This informal motor trade event will be held in conjunction with the CBA Africa Concours d'Elegance at the Nairobi Racecourse on September 28th.

Auto Expo provides an ideal opportunity to show new vehicles and products to the motorists who flock to the Concours which is the classiest event on the Kenya motor sport calendar and has been held by the Alfa Romeo Owners Club for the past 44 years.

Regulations for Auto Expo, the Concours and the Classic Car and Motorcycle Sale are available from the event website (www.concourskenya.com), or from the Concours office in the Bob Dewar Publicity suite in Block G, Norfolk Towers, Kijabe Street.

The email address is info@bobpr.com and the telephone numbers are 2229793, or 3316160 during office hours.

Among the motor trade companies who have booked plots for the event are CICA Motors, DT Dobie, General Motors and Toyota.

Pipe Manufacturers Limited will be showing a wide range of exhaust systems and Car and General will be offering Garmin GPS devices, TVS motorcycles and Piaggio three wheelers.

Lucy Mungai, the Auto Expo Secretary reports: "Only four large and two standard plots remain vacant. Going by past experience these will be snapped up well before the deadline early in September."

CAR AND GENERAL TECHNICIANS REBUILD HUGE CUMMINS ENGINE

Car and General engineers are rebuilding a huge Cummins 30,000cc engine for a power generation company in Tanzania.

The QST 30 engine drives a generator set that produces 1,000kVA power and the rebuild is a major task. Randall Truter the Cummins High Horsepower Workshop Manager explained:

"This is the fourth giant engine we are repairing in the 12 months.

"Our workshop is the only one in the region certified to carry out a major rebuild for Cummins engines.

"Our customers are mainly organisations involved in mining and power generation in Kenya, Tanzania and Uganda."

"Modern diesel engines are very reliable and will run for a long time without needing a major overhaul.

"Our workshop is fully equipped to carry out these tasks when the need arises.

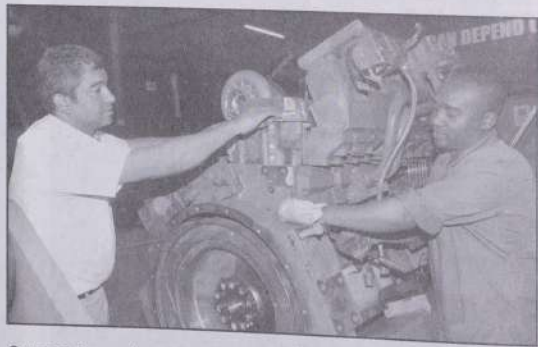
"We have a ten million shilling Piper dynamometer facility for testing Cummins engines which have been repaired to ensure they have the power outputs specified by the manufacturer."

"The Engine Rebuild Centre technicians are fully trained on electronic fault diagnosis for equipment with computerised management systems.

"This is crucial as maintaining today's diesel engines requires computer literacy and a knowledge of electronics and specialized software rather than a background in mechanical engineering."

Car and General began a business relationship with Cummins Power Generation in 2003 and realised that servicing their diesel engines and generators has to be met with very high technical standards.

An engine rebuild facility was constructed and equipped at a cost of 50 million shillings at the Car and General premises in Nairobi.



Car and General engineers have the major task of rebuilding a giant Cummins 30,000cc engine at the Company's High Horsepower Engine Rebuild Centre in Lusaka Road. Randall Truter (left), the Cummins High Horsepower Workshop Manager and Joseph Kibunja (right), the Assistant Divisional Field Service Engineer, repair the engine belonging to a power generation company in Tanzania.

This has enabled the Company's staff to rebuild the complete range of Cummins engines including high horsepower units driving generators with an output of up to 3,300 kVA and engines of up to 2,500 horsepower. The Workshop has been restructured recently with safety and quality control processes put in place to bring it to the level of any Cummins workshop in the world.

STARCAST GEMINI KILIFI

Cancer (June 22 - July 23) Your kindness and sympathy makes you a popular figure. Whenever someone has a problem, they come to you for advice. It gives you great pleasure to be held in such high esteem. A romantic relationship is especially rewarding. Your partner knows they can count on you for unconditional support. If they've been experiencing a lot of stress, this may be a good time to take a break together. Leave your troubles behind so you can focus on each other.

Leo (July 24 - Aug. 23) Don't expect a story at face value. Check the facts. You might discover someone has been greatly exaggerating a problem as a means to get out of work. It's getting to the root of the matter, you can correct the situation. This may mean demanding a lazy person stop replacing them with someone who is eager to please.

Virgo (Aug. 24 - Sept. 23) A desire to be the best prompts you to work harder than ever. Although you are a service oriented person, you're tired of others getting all the credit for your hard work. Standing in the spotlight will bring your ego a much needed boost. Fortunately, you have a friend or romantic partner in a position to help.

Libra (Sept. 24 - Oct. 23) Taking care of an ailing loved one will be satisfying. You love finding ways to show your appreciation for people who have supported you over the years.

Cooking special meals, running errands and doing chores will draw you closer together. Working from home could boost your productivity. It will be a relief to escape office politics.

Scorpio (Oct. 24 - Nov. 23) A need for change can prompt you to do something totally out of character. A training course in a highly technical subject runs contrary to your love of craftsmanship, but don't worry. You'll develop an appreciation for the subject. Not only that, but your lessons will put you in line for a very good job. A short trip could be a cards for you.

Sagittarius (Nov. 23 - Dec. 21) Formulating a plan of action will help you realise a goal in record time. You have a wonderful opportunity to attain financial security. Keep an eye open for job openings in your desired field. Don't be afraid to apply if you lack previous experience. Your wit, charm and dynamism will make a wonderful impression.

Capricorn (Dec. 22 - Jan. 20) When faced with a problem, you're ready to spring into action. You're not the type to let grass grow under your feet while people are suffering. Finding an ingenious solution to a stubborn problem will cause your reputation to soar. Don't be surprised if you're put in charge of a troubled project that has run out of steam.

Aquarius (Jan. 21 - Feb. 19) You're overactive when people ask you direct questions. You don't like revealing private information to casual acquaintances. Outsiders may think your attitude is cold, but you're not. People will see your sentimental side when you donate time and resources to a worthy cause.

Pisces (Feb. 20 - Mar. 20) Spending time with friends will be rewarding. Take this opportunity to catch up with people you haven't seen in some time. A loved one will have exciting news about a creative project. Although you're happy for their success, this reminds you of your own artistic dreams. Instead of dwelling on your disappointment, get started with a venture of your own.

Aries (Mar. 21 - Apr. 20) Being calm in an emergency makes you a respected and valued leader. You've not get sucked into a troublemaker's self created dramas. Standing firm the face of their hysteria will cause a important shift. Don't be surprised if this pastis given their walking partner and you are rewarded with a promotion.

Taurus (Apr. 21 - May 21) The direct approach works best, especially when dealing with a large group. There simply isn't time to massage people's egos. If you're dissatisfied with a project, explain why. Be as constructive as possible with criticism. It always helps to offer examples of what you would do instead. Your colleagues may be upset by your remarks. Give them a chance to digest your feedback.

Gemini (May 22 - June 21) Jealousy could rear its ugly head if you're not careful. A casual flirtatious could be misinterpreted as a serious threat. Keep things friendly but casual with a newcomer. Are you single? Someone could develop a serious crush on you, but you won't share these feelings. Be honest. If your admirer refuses to step back, you may be necessary to tell them to back off.

Nyali CINEMAX...the ultimate movie experience...

Pizza Akshay Oberoi, Parvathy Omanakuttan, Dipannita Sharma. Fri.- 9pm; Sat.- 9.15pm; Sun.- 2pm, 5.30pm & 9pm; Mon.- 8.45pm; Thur.- 9pm.

22 JUMP STREET Channing Tatum & Jonah Hill. Fri.- 6.30pm & 9.15pm; Sat.- 9.15pm; Sun.- 6.45pm; Mon.- 6.30pm; Wed.- 9.15pm; Thur.- 6pm.

Humpty Sharma Ki Dulhania Sun.- 9.30pm; Mon.- 9pm.

DAWN OF THE PLANET OF THE APES Andy Serkis & Jason Clarke. Fri.- 6pm; Sat.- 6.30pm; Tue.- 6pm; Thur.- 6pm. Sat.- 4pm; Sun.- 2pm; Mon.- 6.15pm; Wed.- 8.30pm.

BOBBY JASOOS Sun.- 10.30am; Tue.- 9pm.

THINK LIKE A MAN TOO Sat.- 6.45pm; Tue.- 6.15pm.

EK VILLAIN Sun.- 10.45am.

TRANSFORMERS Sat.- 2.45pm; Wed.- 6pm. Tue.- 8.45pm; Thur.- 9pm.

HOW TO TRAIN YOUR DRAGON 2 Sat.- 2pm. Sat.- 4.30pm; Wed.- 6pm.

SHOWING NEXT WEEK Salman Khan **KICK** Jacqueline Fernandez.

KESHU 'KCSE' STUDENT FROM KILIFI RANKS AS NUMBER SEVEN IN THE WHOLE COUNTRY

Keshu sponsored student from the coast, Calvin Mwandime, has been ranked number seven out of 446,696 candidates in the country in his KCSE this year.

termly academic advice and encouragement; "a resource centre, safe and supervised to study in the

becoming the top ranking student in Coast County but also number seven in the whole country." This is an incredible achievement



Calvin Mwandime (right) is seen while celebrating with staff at Kesho Kilifi after he was ranked number seven out of 446,696 candidates in the country in his KCSE this year.

"This is an incredible and well deserved achievement."

Calvin went to Kikambala Primary School before being transferred to Nairobi School. He is from Mtopanga, and his supportive of Calvin's education but, as school workers, the fees were beyond their ability to pay - so Calvin went to nearby their year's

holidays among friends; access to an active enrichment and training programme which includes IT and Leadership skills plus careers advice and workshops on reproductive and sexual health.

"Calvin is an extremely bright, modest and quietly determined young man who has succeeded against the odds, not only

ment and he's looking forward to the opportunity of joining JKUAT next year to study Engineering.

He says with his big open smile: "I am totally overwhelmed and over joyed.

"I never expected to be among the top in the country.

"I'm so grateful to Kesho for paying my fees and giving me

the opportunity to study without setbacks"

Kesho is a CBO aiming to advance access to education and employment for vulnerable young people living in Kilifi and Ganze, on the coast of Kenya, through a long-term holistic approach which includes financial support for education, academic and literacy support, enrichment and training, child protection and family support.

"The children Kesho support from nursery to university come from very disadvantaged homes, in Kilifi and Ganze, yet when they join Kesho, they succeed against the odds and realise a dream and their growing potential.

"gaining skills, a step at a time through their young years,

"skills which we hope will ultimately lead each child, however vulnerable to rewarding employment, and in so doing, begin to break the cycle of poverty in their family and community.

"At Kesho, we listen, and are responsive, offering a quality, enriching, holistic service, tailored to the individual needs of the children we support.

"There are no shortcuts.

"We encourage children to be self-directed, making their own choices.?"

"What ever course their journey

takes? "Kesho's door is open for just as long as we're needed."

A total of 20 Kesho students sat their KCSE last year and the three top performing students were Calvin Mwandime (Nairobi School) 84 points, Amina Omar (Moi Girls) 79 points, Laureen Mbuhe Karima (Loreta High School) 78 points.

All are looking forward to taking up their places at University next year and giving back to Kesho as role models and as volunteer peer educators.

They've very bright futures ahead and Kesho is cheering them on all the way!

Big Heroin Shipment Seized In Mombasa

FROM FRONT PAGE 150 drums of water and diesel that was drawn from the ship.

The stateless ship was seized by the Kenya Navy last week off the Lamu coast following a tip-off from Interpol and tugged to Mombasa port under heavy guard. Massa said they still sieving through 300 bags, which had been declared as white cement allegedly imported from Yemen.

Police sources indicate that the ship could be among the vessels linked with international drugs trafficking and arms trafficking in the coastal region.

KTB Promoting International Conferences

MOMBASA (Xinhua) — Kenya Tourism Board (KTB) said it will leverage on key international events hosted in the country as a platform to drive both domestic and international tourists.

KTB MD Muriithi Ndegwa said the focusing on events is one of the strategies to boost tourists' numbers that have recorded a drop as a result of insecurity.

"A number of County Governments and private sector have hosted and continued to host key events that have the potential to attract international participation and as KTB, we shall continue to leverage on these avenues to grow the tourism sector," Ndegwa said during 6th edition of Diani Touch Rugby. This year's Diani Beach Touch Rugby attracted representation from Britain, France

and Tanzania along with local participation. Ndegwa said key annual events held across the country have the potential to grow tourism.

The East African nation's tourism ministry is championing measures to boost domestic tourism.

The country's marketing arm, the KTB is also planning to boost domestic tourism revenues by up to 50 per cent in three years.

Ndegwa said international events such as the Lake Turkana Cultural Festival in June, Maralal Camel Derby in August, and Lamu Cultural Festival in November have raised Kenya's profile attracting international and domestic participation.

He added KTB will closely work with the

County Governments in marketing and promoting key events to domestic and international recognition.

This year's Diani Touch Rugby happened against the backdrop of insecurity in the coastal region that has contributed to the drop of tourist numbers to the destination.

Kenya Rugby Union chairman Mwangi Muthoe said the beach rugby tournament is recognised internationally and noted that the sport will go a long way in marketing Kenya's coastal beaches.

He said the presence of the international participants in this year's edition was an indication and expression of confidence in the country's resilience in light of recent travel advisories as a result of insecurity incidents.

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Al-Baqarah 278-279

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Thirty Four Years' Ago

Coastweek, July 18 - 24, 1980

Mombasa Old Port hosted an historic visit by the 150-ton brigantine 'Eye of the Wind', as it approached the end of its two-year voyage following a route very familiar to that of Sir Francis Drake over four hundred years ago.

More than 58,000 young people from all over the world between the ages of 17 and 24 had applied for places on the ten three-month phases of the adventure.

Mombasa and Coast Tourist Association was arranging to have a petition drawn up for shopkeepers in Biashara Street who wanted the road closed for traffic at certain times.

A 'Task Force' of four Federal German navy warships had arrived in Kilindini port for a four-day goodwill visit to Kenya. The group consisted of the two destroyers 'Lueljens' and 'Hessen', the stores support ship 'Coburg' and the tanker 'Spessart' - all under the command of Captain Klaus Dieter Sievert.

Mombasa hospital clerk Harriette Kadozo was judged Miss Coast Province 1980 at a gala dance at Oceanic Hotel, organised by the Ministry of Culture and Social Services. Mombasa Lady Mayoress Mrs. Rajab Sumba gave away the many and generous prizes.

Career lady Mary Bryant not only ran a 300 acre dairy farm at Bamburi with over 100 head of cattle but also owned a car hire company, Mbingi Car Hire from Ocean View Beach Hotel.

Vivacious, Kenyan-born Tina Hearne was manageress at the Tamarind Restaurant from where she planned to open a luxury 'Oyster Bar' serving champagne, beer and wines.

Multi-talented athlete Sharon Abreu lifted the triple crown at the Coast Closed table tennis championships hosted at the Aga Khan Sports Club.

All Roads definitely led to NAAZ Cinema where Bo Derek displayed her near perfect figure to Dudley Moore in '10'.

'Airport '80, The Concorde' landed at the KENYA Cinema followed by the Indian comedy 'Mia Fuski 007'. 'St. Ives' was the scene at REGAL Cinema followed by the action thriller 'The Warriors Are Coming'.

Letter writers included:

Malindi's Abdirashid A. Aden who commented that "Uganda was in need of peace", while Nairobi's Mohamed Ali Harunany on the flip side wondered "what else could Obote do?".

F. U. Joe from Mombasa noted with concern that "there was too much dancing and that the fall of the Moghul empire was attributed to too much dancing and music".

'Concerned Worker' attested to the hard life 24/7 in Lamu.

Traffic Lights

We are very impressed with the mombasa county to restore the traffic light at the all main street in mombasa city and maintain the cleanness of removing the hawkers on the street that is recommended job that implemented and done by the Mombasa County.

All our gratitude goes to our Governor Hassan Joho we hope that the security will be taken care we appeal to Mombasa county to improve on security.

Habib Munawer, Mombasa. munawer.juma@gmail.com

Seraphino Antao Was Renowned Sporting Figure

I thank the Coastweek for highlighting the details of our renowned Seraphino Antao.

The Goan Community spokesman was none other than that the volatile Franklyn Pereira - Chairman of the Goan Institute and patron of the Coast Hockey Association.

He has written to the Hon. Sheikh Balala and also the Hon. Governor, Hassan Ali Joho.

We now beg the Hon. Governor to ensure that we get the road that we have requested.

The whole Coast sportsmen are awaiting your kind gesture and honor to our great sportsman.

John Vespa, P.O. Box 84065 - 80100, Mombasa

KENYAN SOCCER FANS SHOULD NOW PUT THEIR PETTY DIFFERENCE ASIDE

You gave a slot to stabbing of soccer - fans (Coastweek July 11, 2014). It is 'pertinent' to ask is it worth killing over simple encounters and game - that has so many 'enthusiasts'.

Should those concerned have put their 'petty' differences aside.

There is height of football mania/craze. What perpetuates and accentuates 'hooliganism' - mass hysteria.

Is it one has no control over 'emotions'.

Cheering players and teams is good. Committing suicide

etc over loss of team calls for 'psychological' explanation.

One may be 'swayed' by game - performance - but please do not unleash your 'rancor' on others.

World cup may be a spectacular event staged and hosted every four years but clearly it 'behoooves' discipline!

Coastweek's articles on the 'scourge' poaching are - revealing.

One asks in earnest why so much 'emphasis' on this topic and subject. The answer is overt and obvious: there is need and imperative to

'conserve' wildlife as it is a 'major' tourist attraction and source of foreign exchange for our country.

Consider the fact - endangered species 'becoming' extinct as a result of the poacher killing: elephants, ivory and rhino for home.

Though our national parks the outskirts of coastal region boast of a sizable population of Jumbos etc as aerial census reveal.

Added 'measures' must be put in place: that fauna are 'preserved'. Tourists 'solely' come to Kenya (our country) to 'view' the big

Sandy beaches comparable to South Africa, Rio - Brazil the venue for World cup - 2014 'lure' visitors to the coast. How tourists and foreigners take snap shots take back 'memories' of our country.

In sum Coastweek's move attempt to reveal, highlight expose an issue which the 'assumed' such dimension proportion as to 'adversely' effect our tourist 'potential' is laudable.

No doubt this has 'global' exposure and is an eye-opener. In conclusion let us hope our 'conservation' efforts bear fruits.

Also it must be 'noted' that government deems it 'necessary' to national parks (admission) fees to boost enhance tourism (sector)

Alnashir D. Walji, Nairobi. alnashirdwalji@yahoo.com

Famed Runner Seraphino Antao Deserving Tribute

Your tribute to Seraphino (Coastweek July 4, 2014) - this once famed Kenyan athlete - is an 'inspiration' to many budding sportsmen and women.

Clearly the Goan sprinter put us on the world - map as a sporting nation - during his lifetime.

At the outset one 'notes' Kenya 'churns' out athletes of repute namely, Kipcheo Kenio, his ilk set the trend and ball rolling - clinching medals in Olympics etc.

As if this is not enough: steeple chase is our sole 'preserve'. How Kenyan flag goes up - as athletes take their honour and accolades.

We have no need and imperative to be 'complacent'; rugby, women's basket, swimming are also spheres where we 'excel'.

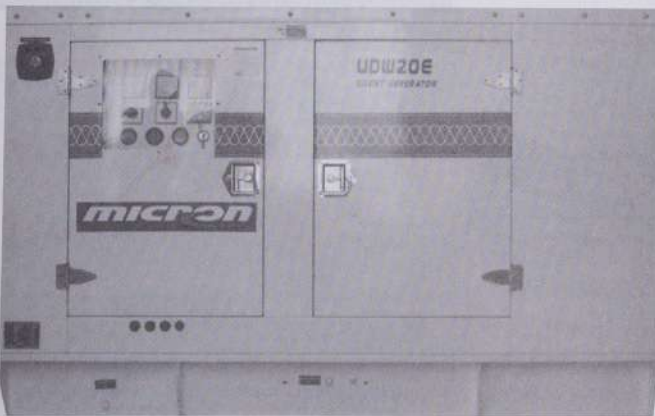
However: Cricket and soccer are both fields where our 'performance' is lackluster.

This makes our 'populous' virile and vigorous - and energetic. Indulgence in sports keeps that adrenaline running!

Alnashir D. Walji, Nairobi. alnashirdwalji@yahoo.com

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MALINDI FIRE HOTEL COMPENSATION

APA insurance Director Shashi Shah [left] hands over a k. shS.64 million cheque to Sai Eden Roc Hotel in Malindi general manager Ravi Rohra [second right], being a payment of insurance compensation after the hotel mysteriously caught fire and property worth millions of shillings was destroyed. The function was held at the APAs office along Moi avenue and was witnessed by the Firms Mombasa branch Manager Simon Ndika [second left] and claims Manager Ms. Florence Wambua [right].
PHOTO BY TITUS MUSAU



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Colorful pod of *Azelia quanzensis* common to Africa.

Planting Indigenous Trees In The Shimba Hills National Reserve

Notice honorary game warden Shazaad Kasmani posing with a plant namely 'Mbamba Kofi' better known to scientists and those using botanical nomenclature as *Azelia quanzensis*.

Distribution: *Azelia quanzensis* is widespread, it grows in low altitude woodland and dry forests, usually in deep sand. Its distribution stretches from Northern KwaZulu-Natal, through Limpopo, Zimbabwe and other neighbouring countries. It is also found in Somalia.

Derivation of name and historical aspects: The genus *Azelia* was named in honour of Adam Afzelius of Uppsala, who lived in Somalia.

The specific name *quanzensis* refers to the Cuanza River in Angola where the tree was first found.

Azelia quanzensis is a member of the subfamily *Caesalpinioideae* (the *Bauhinia* subfamily).

Members are characterized by alternate paripinnate leaves with usually opposite leaflets.

Stipules that are rarely spiny are always present, especially in young growth.

The flowers are relatively large and showier than those of other subfamilies.

Uses and cultural aspects: The light red-brown wood of the tree is hard and has a good grain.

It has been used for building, making plywood, furniture, paneling and for flooring.

Furniture made from this wood is traded under the name *chamfuti*.

Wood is termite and borer resistant and can therefore be used for corner poles for fencing.

The largest specimens of this species in South Africa have been felled and cut up for railway sleepers.

Seeds of this tree are in great demand for ornaments and charms.

They are often used as necklaces or made into trinkets and sold as curios.

A root infusion provides a remedy for bilharzia and for certain eye complaints.

An infusion made from roots and bark is believed to bring hunters luck if they wash with it.

This infusion needs to be steeped overnight to be effective.

Powered bark mixed with one's own body oil is believed to ward off attacks and bad luck.

Ecology: Eland and grey duiker browse the leaves of the pod mahogany.

Elephants eat bark and leaves.

The sweet-scented flowers attract a number of insects, which in turn attract insect-eating birds.

Seeds are popular with rodents.

Hornbills normally open freshly split pods to feed on the fresh seeds.

In the process, they discard seeds, which drop on the ground where they either germinate or are eaten by rodents.

Larvae of most charaxes butterflies feed on the leaves of this tree.

These include giant, large blue, blue-spotted and golden piper charaxes.

Retired Provincial Game Warden Mohamed Ismail and the late David Sheldrick were extremely conversant with the botany of Kenya's national parks and wrote many check lists of the flora which provided sustenance to various species of wildlife in Kenya as well as East Africa.

It was from Mohamed Ismail that I learned the origin of the name 'Mpeketoni', namely from the Swahili word, 'Mpeketi' or 'Mpekecho' which refers to the tree *Garcinia livingstonei*.

Mr. Kasmani would do well to get hold of Dale and Greenways book 'Kenya Trees and Shrubs' which has valuable information relevant to his work.

Cahil Marduff, Famagusta, Cyprus. cahilmduff90@yahoo.com

SHIPPING IN KILINDINI PORT

| CONTAINER VESSEL | ETA | AGENT |
|-------------------|------------------|-------|
| THEA S | 14/07/2014 14:00 | MAE |
| MSC CHIARA | 16/07/2014 06:00 | MSC |
| CALANDRA | 16/07/2014 08:00 | CMA |
| MSC NICOLE | 17/07/2014 06:00 | MSC |
| HAMMONIA GALLICUM | 17/07/2014 06:00 | RSS |
| HAMMONIA HUSUM | 17/07/2014 09:00 | MAE |
| OSASKA TRADER | 17/07/2014 15:00 | CMA |
| WESTERLAND | 18/07/2014 02:00 | CMA |
| HS CHALLENGER | 18/07/2014 06:00 | CMA |
| AUGUSTESCHULTE | 18/07/2014 20:00 | CMA |
| BELLA | 19/07/2014 06:00 | CMA |
| MSC IMMA | 21/07/2014 06:00 | MSC |
| MICHEALA S | 21/07/2014 22:00 | MAE |
| X-PRESS MAKALU | 22/07/2014 04:00 | MAE |
| COMMODORE | 22/07/2014 06:00 | CMA |
| BEHSAD | 23/07/2014 07:00 | SSA |
| MSC POSITANO | 24/07/2014 06:00 | MSC |
| ERSTRALSUND | 24/07/2014 09:00 | MAE |
| KOTA GANTENG | 24/07/2014 18:00 | PIL |
| BRAVO | 25/07/2014 06:00 | CMA |
| APULIA | 26/07/2014 06:00 | ESL |
| KRESTINS | 26/07/2014 14:00 | MAE |



| CONVENTIONAL | ETA | AGENT |
|-----------------|------------------|-------|
| SERENITY ACE | 14/07/2014 12:00 | ISS |
| WILLI | 15/07/2014 06:00 | PIL |
| SOLDOY | 15/07/2014 06:00 | EXP |
| TRANS LEADER | 15/06/2014 09:00 | EAC |
| SIOUX MAIDEN | 16/07/2014 06:00 | CFS |
| KOTA HAPAS | 17/07/2014 03:00 | PIL |
| SUNLIGHT ACE | 17/07/2014 06:00 | ISS |
| EXPLORER | 17/07/2014 06:00 | GSS |
| JOLLY PEARLA | 17/07/2014 20:00 | MES |
| THOR FORTUNE | 18/07/2014 10:00 | SSS |
| FENG HUANG SONG | 18/07/2014 23:00 | ISS |
| KOTA BERJAYA | 18/07/2014 23:00 | PIL |
| JAN RITSCHER | 19/07/2014 10:00 | PIL |
| WO LONG SONG | 20/07/2014 06:00 | ISS |
| THORCO AURORA | 20/07/2014 06:00 | CFS |
| TRIUMPH | 20/07/2014 06:00 | SFR |
| TONGALA | 21/07/2014 06:00 | DSS |
| HOEGH TRIDENT | 21/07/2014 06:00 | SOC |
| ARIETA | 21/07/2014 06:00 | EXP |
| MINOAN GRACE | 21/07/2014 06:00 | SSS |
| CLIPPER CENTURY | 22/07/2014 06:00 | CFS |
| CHANG TAI HONG | 22/07/2014 15:00 | DSS |
| FILIA JOY | 24/07/2014 06:00 | ISS |
| KOTA TEGUH | 24/07/2014 06:00 | PIL |
| JALMA TOPIC | 27/07/2014 06:00 | EAC |

| TANKERS | ETA | AGENT |
|------------------|------------------|-------|
| LIMERICK SPIRIT | 15/07/2014 04:00 | STR |
| OMEGA | 17/07/2014 06:00 | STR |
| THERESA ANTARTIC | 17/07/2014 06:00 | CFS |
| SHAN YING ZUO | 23/07/2014 06:00 | STR |
| CAPE ENDEAVOUR | 24/07/2014 12:00 | STR |

| OTHERS | ETA | AGENT |
|-------------|------------------|-------|
| MARIUM | 15/07/2014 06:00 | BBS |
| HASSANAT | 16/07/2014 06:00 | BFL |
| ARAFAT | 16/07/2014 15:00 | BFL |
| IDIL | 17/07/2014 10:00 | MMS |
| AL QADERY 4 | 17/07/2014 06:00 | BBS |
| TREIZERAJAB | 18/07/2014 06:00 | BBS |
| JUBBA LINER | 18/07/2014 14:00 | ZAM |

Walters for Container Berths - EMIRATES ZAMBEZI; MSC DIDEM; LILLY SCHULTE Walters for Conventional Berths - BRITTA MAERSK. Walters for Ships Convenience - COMARCO; EASTWIND; ANDREA Walters for KOT - NIL. Walters for SOT - FUEL BARGE 1.



Tazara Railway Locomotives seen at the New Kapiri Mposhi Railway Station [left] in Zambia and the Mbeya station [right] in southern Tanzania. The governments of Zambia and Tanzania have agreed to pump about U.S. \$80 million dollars into operations of this railway firm they jointly own. WIKIPEDIA PHOTOS - JOSSE JONATHAN and DAVID BR...

Tanzania And Zambia Are Injecting U.S. \$80 million In Tazara Railway

LUSAKA (Xinhua) — The governments of Zambia and Tanzania have agreed to pump about U.S. \$80 million dollars into operations of a railway firm they jointly own, it has been reported by state media.

The two governments have agreed to pump the money into the troubled Tanzania-Zambia Railway (TAZARA), in the next 12 months, with 9.20 million dollars to be immediately disbursed to cater for two months outstanding employees' salary arrears, according to the Times of Zambia.

The decision was arrived at following a Council of Ministers meeting held in Lusaka, the Zambian capital

last Friday to find lasting solutions to the troubled firm. Tanzania's Minister of

Transport Harrison Mwakymbe said the two governments would not allow

the railway firm to collapse and would do everything possible to resuscitate operations.

"In line with the commitment shown by Zambia, I take opportunity to reiterate commitments as Tanzania affirm that we are ready to find resources in order to ensure that TAZARA's operations boosted to a level which shall all be comfortable was quoted as saying

Meanwhile, Zambian Minister of Transport, Supply and Communities Yamfwamukanga urged two governments to their commitments to around the company, that there was need two countries to find solutions to challenge the rail firm has been

Tanzania Plan Construction Of New Seven Billion Dollar Central Railway

DAR ES SALAAM (Xinhua) — Tanzanian Prime Minister Mizengo Pinda said on Thursday the project of seven billion US dollars to construct a new railway line from the commercial capital Dar es Salaam to Burundi will begin in December.

Pinda, who is on an official tour of the United Kingdom, told Tanzanians living in Reading that the project will be implemented in four years, said a statement issued by the Prime Minister Office in Dar es Salaam.

He said the new railway line will be constructed in standard gauge from Dar es Salaam to Burundi through central regions of Mwanza and Inyanga, adding that the current ailing central railway line will continue operation.

The Prime Minister said the funds for the new line will be sourced from his government and development partners.

GERMAN COMBAT SUPPORT SHIP BERLIN JOINS E.U. COUNTER PIRACY NAVAL FORCE

EU Naval Force welcomed a new ship to its counter-piracy Task Force – the German Navy replenishment ship *FGS Berlin*.

After a two-week transit from Northern Germany the ship, under command of Commander Marcel Rosenbohm, arrived in the operating area off the coast of Somalia.

FGS Berlin has taken over the duties from auxiliary replenishment tanker *FGS Rhön* which has been deployed with the EU Naval Force for the last three months.

Together with the German flagship *FGS Brandenburg*, Dutch frigate *HNLMS De Zeven Provinciën* and Spanish frigate *ESPS Relámpago* the support ship will contribute to the European Union's fight against piracy in the Indian Ocean and Gulf of Aden.

Commanding Officer Commander Marcel Rosenbohm: "The ship's company is looking forward to the challenge. They will be busy months, but we are in best spirits and well prepared for the tasks that await us."

In addition to the task of deterring, preventing and repressing acts of piracy and armed robbery in the piracy high risk areas, *FGS Berlin* has the specialised role of supplying warships with fuel, spare parts and food.

This will allow warships to remain at sea for longer periods without the need for port visits.

Also embarked on board *FGS Berlin* are two Sea King helicopters and the ship is equipped with enhanced medical facilities.

This is the second time *FGS Berlin* joined the European Union Naval Forces. She will remain part of Operation Atalanta for three months before returning to her home port of Wilhelmshaven, Germany in October 2014.



FGS Berlin has taken over the duties from auxiliary replenishment tanker FGS Rhön which has been deployed with the EU Naval Force for the last three months.

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 Italian Gelati After eight ice cream 1ltr

HOM assorted budget pack 1KG


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Daawat Basmati Rice 2kg

388/=

Fruitfull Tera Juice 1ltr (Assorted)

155/=

QPM Capon 1.3kg

515/=
 QPM Capon 1.4kg
535/=

Zesta Custard Powder 500g

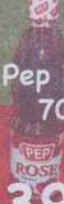
118/=

Excell quencher Cordials 3ltr

290/=

Excell quencher Cordials 2ltr

210/=

Pep Rose Sherbet 700ml

139/=

Top Food Pilau Masala 100g

148/=

Nido Milk Powder 900g

1650/=

Jeyes So Soft fabric Softener 2.5ltr

490/=

Harpic Toilet cleaner 1ltr (Original, citrus)

407/=

Pride Scouring Powder 1kg

100/=

Omo 1kg

235/=

Nice & Lovely lotions 600ml

155/=

Savlon Liquid 125ml

145/=

Colgate Toothpaste 100ml

170/=
 herbal/dental cream/
 herbal fresh

Sokoni Steelwool 500g

139/=

Imperial Leather Classic, Extra care

107/=

White Star Barsoap 1kg

127/=

Nivea Roll ons 50ML

250/=

THIS WEEK IN PHOTOGRAPHS



German Honorary Coast Consul Salim Ghalia is seen [from left] together with a guest, Honorary Coast Consul of Spain Sergio Lieman, French ambassador to Kenya H.E. Remi Marechaux and French Honorary Coast Consul Muhammed Ramazani during a cocktail party hosted to celebrate the French Bastille day at the Thalassa restaurant and lounge in Mombasa. PHOTO - KENNEDY ODHIAMBO



Part of the agenda of the 2014 African LP Gas Summit 2014 took more than 40 delegates from all over the world to the Total Kenya LPG plant in the Industrial Area to view the plant's operations and safety systems. Weldon Byegon (right), the Total Plant Manager, discusses the procedures with Devis Canella (centre), a delegate from Italy and Riz Sajan (left) from Tanzania.

DOMINION COMPUTER COLLEGE GRADUATION



Dominion Computer College students first graduation ceremony held at Nyalali Golf and Country Club. Students are seen holding certificates seen with their directors and tutors. PHOTO - GILBERT ONCHOKE



MERCEDES ACTROS. Jane Karinge (right), the Sales Administrator at DT Dobie, explains the features of a Mercedes Actros truck to Gerhard Gitonga (left), a Judicial Officer, during the DT Dobie Open Day held at the KICC. This event was organized in conjunction with CICA Motors to display a big range of saloons, pick-ups, SUVs, 4 x 4s and light and heavy trucks.



WARM WELCOME TO BLISS RESORT

The newly appointed GM of the Bliss resort Ms. Sheena Patel [left] speaks with the Citizen TV News Anchor Swalehee Mdoe [center] and the hotels sales and marketing Manager Ms. Cathryn Habute Miyesa [right] during the official opening of the 'Spirit of the Seas', a refreshing continental restaurant by the poolside. PHOTO BY TITUS MUSAU

CHINESE HELP HOPE ACADEMY



NAIROBI (Xinhua) -- Personnel from China Road and Bridge Corporation pose for pictures with teachers and students of Hope Academy inside Kibera slum, Nairobi. The company donated food and school supplies to Hope Academy, in order to help the students there. Hope Academy is located at Kibera, the largest slum in Kenya. With more than 400 students, the school is always lacking in supplies. XINHUA PHOTO - ZHOU XIAOXIONG

Kenchic Upgrades Its Laboratory By Installing New Elisa Machine

Kenchic Limited, the largest integrated poultry organisation in East and Central Africa, has upgraded its laboratory by installing the latest state of the art Elisa machine.

This will be used to detect different poultry diseases by screening for antibodies in blood samples of the Company's, customers and contracted farmers' chicks.

During installation Malcolm Phipps from Poultry Health Services (PHS UK) spent a week training members of staff and attendees from Tanzania and Zambia poultry business.

The organization is a licensed export slaughter house for poultry.

Kenchic's production facilities are located at Tiloni (meat processing plant), Athi River (commercial broiler farm and hatchery facility) and six breeder farms on the plains of Kajjado and Naivasha.

Dr. Watson Messo, the Kenchic Vet, explained:

"Every poultry farmer's greatest fear is a pandemic that could wipe out an entire chicken population in a farm and destroy

a business venture altogether.

"To reduce this risk and help keep chickens at optimum health, Kenchic has been continuously investing and keeping up to date with the latest poultry laboratory technology."

"We are the first poultry company in East Africa to acquire this type of equipment.

"Kenchic will now be able to carry out many tests and get results quickly and efficiently.

"Previously we were sending some of the samples to the UK and this would take a while to receive the results."

"Among the diseases which we will be able to detect using the Elisa machine are Fowl pox and typhoid.

"At our laboratory we are also able to check for level of immunity against Gumboro, Newcastle, Infectious Bronchitis, Mareks and Fowl cholera."

"Prior to the installation of the Elisa Machine, our laboratory technicians took part in a four day training course which was facilitated by Malcolm Phipps, a

trainer at Poultry Health Services in UK. This was also attended by

participants from Tanzania and Zambia."



Malcolm Phipps (second left), a trainer at Poultry Health Services in UK, conducted a training course on the new state of the art Elisa Machine installed by Kenchic Limited, the largest integrated poultry organisation in East and Central Africa. Among the participants were Lawi Mwabobia (second right) of Kenchic, Feby Shinyange (left) from Zambia and Dr. Lazams Kapella (right) of Interchick in Tanzania. The equipment will be used to detect different poultry diseases by screening antibodies in blood samples of the chicks.

"The topics covered included installation of the Elisa machine and preparation of serum samples and interpretation from the equipment reader, salmonella isolation procedures and identification.

Others were quantitative microbiology, water sampling, efficacy testing of disinfectants and sensitivity tests together with a practical lesson on micro-organisms incubation and isolation."

Explaining the help given to farmers, Dr. Watson, said:

"The Kenchic lab diagnoses ailing birds and carries out post mortems on dead ones which are sometimes brought to us by concerned keepers.

"In addition to giving them a report, we recommend the necessary medication for their poultry and alert the farmers on emerging threats."

"Ideally, everyone who keeps chicken should have their birds vaccinated against certain diseases such as Gumboro, Newcastle, Infectious Bronchitis and 'Fowl Typhoid.

"We inform walk-in farmers on non-prescriptive medicines such as vitamins which are given to the chicken during stress periods especially in the cold season, or when they are being weighed."

"To keep existing farmers abreast with the latest developments on poultry farming and guide new ones on the trade, Kenchic offers training every Monday morning at Exsan House.

"We also educate them on how to bio secure their flock to avoid introduction of pathogens to their stock," concluded Dr. Messo.

AGA KHAN UNIVERSITY HOSPITAL NAIROBI INTRODUCES SIMPLE 'NON-INVASIVE METHOD' TO TEST LIVER DISEASE

Aga Khan University Hospital has introduced a simple non-invasive ultrasound based technique for the diagnosis and monitoring of liver disease (i.e. scarring).

The technique known as Liver Elastography is a simple, safe and efficient way to estimate liver scarring.

Dr. Sudhir Vinayak, Chair, Department of Radiology at Aga Khan University Hospital and Chair, Kenya Society for Ultrasound in Medicine and Biology (KESUMB) said that this assessment of liver scarring provides prognostic information and assists in establishing treatment priorities for patients. He elaborates below.

What is liver elastography?

Liver elastography is an ultrasound based non-invasive technique of assessing the hardness (or stiffness) of the liver.

Liver hardness is evaluated by measuring the velocity of a vibration wave generated on the skin and estimating the time it takes to travel through a particular depth of the liver.

Because fibrous tissue is harder than normal liver, the degree of liver fibrosis can be inferred from the liver hardness.

How is the test performed?

With the patient lying supine, an ultrasound probe is placed on the skin over the liver area and 10 measurements of the liver stiffness acquired.

The test takes around 10

minutes to perform and causes no patient discomfort.

No specific preparation is required for this examination.

Who can benefit from liver elastography?

Persons who have had any form of liver infection would benefit from this exam.

Hepatitis B and C are the two main causes of chronic liver

disease that may result in increased liver stiffness.

Patients with chronic alcohol abuse and fatty liver would also benefit from this examination.

Why is it important?

The more fibrosis and scarring occur, the higher the liver stiffness reading will be.

This reading may be used to Estimate the existing degree of

liver damage; monitor disease progression or regression via serial measurements; and inform prognosis and further management, including treatment.

Dr. Sudhir Vinayak is the Chair, Department of Radiology at Aga Khan University Hospital and the Chair, Kenya Society for Ultrasound in Medicine and Biology

ENTERTAINMENT

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"Whose idea was it to bring along the woodworms?"

"I think the milk is done, Gladys."

Classified ... Classified ... Classified ... Classified ... Classified

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ONE NIGHT FOR TWO on full board at Sarova Taita Hills Game Lodge, will be awarded to the winner. The next draw for the winning entry will be **30th July, 2014 by 10.00 a.m.** Completed Sudoku should be sent to 'Prize Sudoku' COASTWEEK, P. O. Box 87270 - 80100 Mombasa, Kenya or dropped off at Coastweek offices. Please write your full name.

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Draw Every 2 Weeks

| | | | | | |
|---|---|---|---|---|---|
| | | 3 | 8 | | |
| | | 4 | | | 5 |
| | 5 | 7 | 3 | | |
| | 7 | | 6 | | |
| 4 | | 3 | 1 | | |
| 5 | 1 | 4 | | | 2 |
| 6 | | 4 | | | 8 |
| | 9 | 6 | | 7 | 3 |
| 7 | | 5 | 2 | 4 | |

SUDOKU NO. 284

NAME.....
 ADDRESS.....
 TELEPHONE.....

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE ARROWD' NO.P070

DOWN: PLUGS; ASH; ARGUED; PURRING; YAPPY; BLAME; UTURN; TOAST; APSE; NAPE; SKI.
 ACROSS: FLYSPRAY; HUG; EGG; RUMP; CREEP; IDLY; COLIN; GUST; DAMN; FEA; USA; PERKS; HERE; NIT.

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Dearly missed by Noor, Karim, Hawa, Pal Shabbir, Qaisaar, Alymohamed & A

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TWO TEENAGE MOTORCYCLE ENTHUSIASTS TO CONTEST CBA AFRICA CONCOURS D'ELEGANCE

Two teenagers, 15 year old Amy Wanday and her 17 year old brother Ted will be contesting the competition motorcycle class of the CBA Africa Concours d'Elegance on September 28th at the Nairobi Racecourse.

They bring a teenage element into the growing list of competitors in the classiest event on the Kenya Motor Sport calendar.

The Concours has been organized annually by the Alfa Romeo Owners Club to showcase the best kept cars and motorcycles in Kenya together with entries from other countries.

The event gives the Concours competitors the opportunity to discuss their magnificent machines with the motoring enthusiasts who will through the Nairobi Racecourse on Concours day.

In addition the entrants will have their classic and vintage cars and motorcycles assessed by highly experienced judges.

There will be 12 classes for all makes and types of cars, station wagons, pick-ups, SUVs and 4 X 4s and eight for

Young Ted Wanday Is Rebuilding His 1993 Yamaha YZ



YOUNG COMPETITOR -- 17 year old Ted Wanday is rebuilding his 1993 Yamaha YZ 125 for the CBA Africa Concours d'Elegance scheduled for September 28th at the Nairobi Racecourse. Ted was the runner-up in the class last year and is keen to capture first place and finish ahead of his 15 year old sister Amy who has entered a 1990 Honda CR 80.

motorcycles.

On Concours day there will also be a Classic Car and Motorcycle Sale which is open

to machines made in 1989, or earlier regardless of their condition.

The regulations for both the Concours and the Classic Sale are available on the event website:

www.concourskenya.com or from the Concours office in the Bob Dewar Publicity suite in Block G, Norfolk Towers, Kijabe Street.

The email address is info@bobpr.com and the telephone numbers are 2229793, or 3316160 during office hours.

Amy Wanday is preparing the 1990 Honda CR 80 which won the completion motorcycle class last year in

the hands of Andre Antoine.

Ted Wanday will be appearing in the motorcycle judging ring for the second time with his 1993 Yamaha YZ 125 which was the runner-up in the class.

Ted is working hard to improve the standards he achieved last year and is keen to take home the first prize.

The eight motorcycle classes are bristling with new competitors who are preparing bikes which will be appearing at the Nairobi Racecourse for the first time.

They are members of the Cruzin Kings Club who enjoy leisure riding on big bikes.

Shane Arvin will ride a

900cc Harley Davidson made in 1999 around the judging ring and Tumaini Muthiga has a 1650 cc Yamaha Roadstar.

The largest two wheeler on the list at present is the 1950 cc Big Dog of Simon Richey.

Luxurious cars like the 1951 Rolls Royce of Rajesh Lakhani will pull the spectators to the Total Quartz inspection ramp and the judging line in front of the Racecourse grandstands during the assessment of the class for touring cars over 4000cc.

This will also feature the 1949 Bentley of Roger Tanner and Harry Thuku's 1979 Range Rover.

Spectators interested in owning a classic car, or motorcycle will be able to view a selection of machines made in 1989, or earlier which will be on display in the Classic Sale.

Cars on offer will be parked along the edge of the Racecourse inside the car competitors' enclosure and bikes will be located at the motorcycle judging ring. The sale is open to 30 entries which usually range from near showroom condition to cars which are in need of restoration.

Burundi Draw 0-0 Kenya With Ten Man Team

NAIROBI (Xinhua) — Kenya Harambee Stars drew 0-0 with Burundi in Nairobi on Tuesday in a friendly when captain Victor Wanyama picked up a straight red card which might rule him out of the crucial 2015 Africa Nations Cup qualifier match against Lesotho on Sunday in Maseru.

Already Kenya's number one goalkeeper Arnold Orji of Norwegian top tier side Lillestrom SK pulled out of the game after his club declined to release him. Kenya will be travelling to Maseru for the clash on Sunday.

However, coach Adel Amrouche, who was also on the terrace serving his second match ban after he was given his matching orders in Comoros last month, will be relieved that his 10-man side held their nerve to secure a draw.

Kenya's cruise was perturbed when Captain Victor Wanyama was given his marching orders in the second half for protesting against referee Ssal Mado's decision to award the visitors a free-kick.

COAST BRIDGE with C.P. SHAH

In the following hand, West survived Declarers first gambit, but fell at the second hurdle.

DEALER: SOUTH NEITHERSIDE VULNERABLE BIDDING:

| SOUTH | WEST | NORTH | EAST |
|--------------|--------|---------------|------|
| ONE SPADE | DOUBLE | ONE 'NO TRUMP | PASS |
| THREE SPADES | PASS | PASS | PASS |

West led the Ace of Diamonds and South dropped the Queen. West worked out this could not be singleton. East would not have played the Nine from Nine, Seven - Five of Diamonds.

Therefore he continued with the King of Diamonds.

East discarding, and then led the Ten of Diamonds - a suitable preference signal for Hearts - Dummy covered with the

| NORTH | | | |
|-------|---|---|-----|
| ♠ | 5 | 4 | |
| ♥ | K | 6 | 5 |
| ♦ | J | 8 | 4 3 |
| ♣ | Q | J | 7 6 |

| WEST | | | |
|------|---|---|--------|
| ♠ | Q | 8 | |
| ♥ | A | Q | 8 7 |
| ♦ | A | K | 10 6 2 |
| ♣ | 4 | 3 | |

| EAST | | | |
|------|----|----|-------|
| ♠ | J | 10 | 9 |
| ♥ | J | 10 | 9 4 3 |
| ♦ | 9 | | |
| ♣ | 10 | 9 | 8 5 |

Knave, East ruffed and returned the Knave of Hearts.

West played the Ace and at this point Declarer created a smoke screen.

He dropped Dummy's King.

West was taken in and attempted to cash the Queen of Hearts.

Declarer was able to ruff, draw the Four remaining Trumps and cash his Clubs.

Of course Declarer would hardly play Dummy's King of Hearts if he held a second Heart.

West should have played a fourth Diamond - East would ruff with the Ten and South would be forced to over-ruff with the King and concede a Trump trick to West's promoted Queen.

| SOUTH | | | |
|-------|---|---|---------|
| ♠ | A | K | 7 6 3 2 |
| ♥ | 2 | | |
| ♦ | Q | 7 | 3 |
| ♣ | A | K | 2 |

COAST BRIDGE ASSOCIATION

Open Pairs Monthly Bridge tournament played on July 14, 2014

Leaders after 11 rounds: Average: 55.0

| Place | Pct | Score | Pair |
|-------|-------|-------|--------------------------------------|
| 1 | 62.27 | 68.50 | A-3 Rohit Malde - Rohit Chandria |
| 2 | 58.18 | 64.00 | A-11 Dipti K. Shah - Kirti R. Shah |
| 3 | 57.27 | 63.00 | A-12 Pulin Gandhi - J. D. (Dr.) Shah |
| 4 | 56.36 | 62.00 | A-9 Amu Shah - Ramnik Shah |
| 5 | 54.09 | 59.50 | A-10 Janak Babla - Nirmaben Babla |
| 6 | 53.18 | 58.50 | A-5 Ajit D. Shah - Chuni D. Shah |
| 7 | 52.27 | 57.50 | A-2 Gita K. Shah - Kishore Shah |
| 8 | 50.00 | 55.00 | A-1 Bharti Pujara - Tushar Pujara |
| 9 | 41.82 | 46.00 | A-4 Vibha Shah - Kelan R. Shah |
| 10 | 40.91 | 45.00 | A-6 L. P. Gudka - Chandu M. Shah |
| 11 | 37.73 | 41.50 | A-7 Ashok Dodhia - Kaushika Dodhia |
| 12 | 35.91 | 39.50 | A-8 Narendra Shah - Taru Shah |

FATIMA MOHAMED IS WINNER OF '2014 HANDICAP' TROPHY



Fatima Mohamed winner of 2014 handicap trophy is receiving her prize from the lady captain Alice Wahne

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OPA Coca-Cola National Champions M.J. Academy To Defend Their Title

ing COPA Coca-Cola national champions, M.J. Academy, will have a chance to defend their title after they successfully retained the Nairobi provincial crown at Nairobi Technical last weekend.

JMJ won all but one of their matches to pip Makadara Juniors to the provincial title and ensure they qualify for the nationals for the second year in a row.

The mountain-view based side beat Victoria Sports 2-0 in their first match before claiming a tough 1-0 win over Nairobi East's Kariobangi Sports to set up a tense finale against Makadara Juniors.

Little could separate the two teams in both halves with the match ending in a 1-1 stalemate, a result that favored MJM.

Last year's losing finalists, Beijing Girls, grabbed the ladies title after winning all their three matches.

Beijing won 2-0 against Kibra Queens and were even more generous in their next two matches dishing out a 6-0 and 4-0 thrashing to Golden Angels and Tia Hope Girls respectively.

Kibra took the other slot reserved for Nairobi after mauling Golden Angels 5-0 and ending Tia Hope's campaign with a 4-1 dismissal.

Meanwhile a sublime hat-trick from Elvis Stambasi helped Murhanda Boys to a 3-1 victory over Webuye as they successfully defended the Western region title but more importantly, qualified for the

national finals set for Nairobi mid next month.

Murhanda who just about squeezed through to the finals

off and only scored a consolation goal in stoppage time through a Collins Lusaka penalty. Shinyalu Girls took the ladies'

national showpiece.

Young Muslim edged out Berlin FC 5-3 in post match penalties to lift the North Eastern title.



Bulimbo Academy which is taking part in the Copa Coca-Cola Soccer Championship, pose for group photo prior to one of their matches.

after surviving late onslaught from Teso in their win 1-0 win in the semis were head and shoulders above Webuye.

The new entrants struggled to get a grip of the game from the

honors after expertly dismissing a hapless Ebusiloli Girls 4-0 in the final.

Mildred Alusa and Sylvia Muryasia both netted a brace to earn Shinyalu their ticket to the

The five qualifiers from this weekend will meet 11 other teams in the national finals slated for August.

Rift Valley and Coast regions will host their provincial finals over the next two weeks.

Kenyan Boxers Fight For Glory!

by **Kimathi Kamau NAIROBI (Xinhua) -- Having failed to punch their way to Commonwealth glory at the last edition in Delhi, Kenyan boxers are**

targeting Glasgow sunshine when they step into the ring under a new scoring system.

Flyweight Benson Gicharu came closest to being garlanded with the top medal when he lost out to India's Suranjay Mayengbam in the final bout of their division, with the home fighter given rancorous support in Delhi four years ago.

"Everybody is ready and eager to compete, it's only that I was affected with minor shoulder and thigh injuries but I'm okay now."

"We expect to come home with more medals since we have new blood who are all good including

the ladies and I'm sure what I have achieved they will too, every athlete's aim is to win gold and that's what I will be going for, I came close in India and I believe I can do it even better this time round," the Kenya Police boxer said ahead of their Tuesday departure for Scotland.

The Kenyan boxing team of 11, affectionately known as the "Hit Squad", is aiming at returning home with more than the silver and bronze they won in Delhi.

Featuring the women's competition at the Club Games for the first time, middleweight female boxer, Elizabeth Andiego, who emerged with credit at the London Olympics, tipped to box her way to further prominence.

Delhi 2010 bronze medallist Nick Okoth is also in the line-up that their head coach, Albert Matito, is hoping will thrive under the new "10 point-Must" scoring system.

"We have trained the players with real spurring, using our local referees to evaluate them so the team is in good shape and I'm sure we will not miss gold," Matito, who is targeting a return of at least five gold medals, stated.

Kenya Police fighter, Ely Ajowi and Sri Lanka King Lion International Boxing welterweight champion Rayton Okwiri return for their second Club Games on the bounce.

Ministry Is 'Late' In Paying Bonus For Commonwealth Games Team

NAIROBI (Xinhua) -- The Kenyan government averted an imminent strike from its elite athletes when it wired 1.2 million U.S. dollars to its Commonwealth Games team to cater for training allowances.

Sports Minister Hassan Wario gave the orders after boxers and athletes, including Olympic 800m Champion David Rudisha and 800m World Champion Eunice Sum, had voiced their concern that they were being ferried out to Glasgow, Scotland without their allowances.

The first batch of Kenyan sportsmen to the Club Games left Nairobi on Sunday.

"There is no cause for alarm."

"We have paid the allowances and the team is training well."

"Those that have left for Glasgow will have their share taken to them."

"But those in camp and some leaving on Tuesday have been given their money," said

Commissioner of Sports Gordon Oluoch.

The Commonwealth Games starts on July 23 to Aug. 3. Kenya is entering a squad of 195, their biggest ever, in 15 disciplines.

During the last games in Delhi, India in 2010, Kenya finished sixth behind Australia, England, India, New Zealand and South Africa with 22 medals, including 11 gold, 10 silver and nine bronze.

Swimming and boxing got gold and bronze respectively.

Track and field contributed the rest of the medals.

"The decision by the government to pay the athletes is a relief to us."

"The pressure is off our shoulders."

"We can now concentrate well and maintain our focus on a good show in Glasgow."

"All will be well with the athletes, who were worried," said Pius Ochieng, the overall Team Kenya General Manager.

Modern Coast Rangers Sad Over Loss Of Late Sponsor Shahid P. Butt

Modern Coast Rangers are in state of mourning following the death of their main club sponsor Shahid P. Butt who was shot dead by unknown gunmen last Friday.

Club secretary Ferdinand Ogot described Butt's demise as a blow to the club especially at the time the club is preparing for the crucial second and final leg of the national superleague.

"On behalf of the Modern Coast Rangers football family, I wish to send our deep condolences to the family of the late Shahid P. Butt."

"We join the bereaved family in this difficult moment and pray that the Almighty Lord will give them strength and forbearance to last them through this period of grief" said Ogot.

Meanwhile, Lamu based Brighter Stars Football club also sent their condolences to the family members and friends of late Shahid P. Butt.

Brighter Stars club secretary Ali Athman Khatib paid tribute to Butt for his immense contribution towards promotion of football in Coast Region.

"As one of the beneficiaries of the deceased philanthropy, we wish to join the bereaved family in mourning the untimely demise of the late Butt" lamented Khatib.

The deceased was laid to rest on Sunday at the Cutchi Sunni Muslim Jamaat Corporation cemetery off Haile Selassie Avenue in Mombasa in an emotional burial that was attended by family and friends as well as Mombasa politicians and businessmen.

On Tuesday, Ministry of Sports officials disbursed the monies to Sports Stadia Management Board (SSMB) to be released to the 195 athletes heading to the Club Games.

"The athletes that are leaving today were reluctant to depart."

"But we have gone the extra mile to pay them," said Oluoch.

Boxing and some elite track and field athletes had threatened to refuse to board the plane to Amsterdam on transit to Glasgow if they were not paid their money.

The elite athletes complained that the normal Government bonus of winning medals in Moscow, Russia back in 2013 had not been settled to date.

"We won medals in Moscow, during the 2013 World Championships in Athletics. But to date, we have not been paid by the government."

"How certain were we that we will be paid this time round our bonus and training allowances," said an athlete.

KEEPER
ARNOLD
OUTTED

gbi (Xinhua) -- choice Kenya r, Arnold Origi, is expressed ppointment at ruled out of his s first leg d round 2015 Cup of Nations er away to io on Sunday.

will not be part of ntry's quest to gain arriage in Maseru s Norwegian club, om, declined to him, saying the fell outside the onal FIFA calendar y were not obliged ur his call up.

y disappointed to ing this weekends alifier, "the custode on his official bk account.

ent all the invita- nd necessary re-nts to our foreign ayers, including o will not be avail- his club declined e him since their s still on," he said.

rom him, all the ased players are d to link up with d today," a source in the FKf told a site.

BOSS SCOTCHES VETLAB HORSE WITH 46 POINTS - AS MANJI IS THE TOP RECRUIT IN SPECIAL MEMBERS GOLF DAY

National Livestock Research Institute Executive, Jimmy Smith, played an incredible 46 bird points to win the Vetlab Sports Club's Members Golf Day on Sunday.

off handicap 23, Smith scored 21 points in the outward re returning a fantastic 25 points in the longer inward eat handicap 14, Emmanuel Ndonga, 42 points, to lace.

proge (handicap 20) took third place with 40 points ardeep Sura was placed fourth with 38 points ahead r Group's Martin Makundi (37 points) who edged out mar (37 points) on count back.

ies category, Jane mwangi, playing off handicap 32, e Oba (also handicap 32) to second place scoring 34 ainst Oba's 32 points.

nnement was held in honour of new members who club in a recent membership drive.

0 new members were drafted into the roll of members ty refurbished club and were officially inducted into n Saturday night.

ew members category, Sajjad Manji took the honours oints ahead of D. Karuga on 33 points.

enge was the lady winner in this category with 27

ateur Nelson Simwa playing off plus-one handicap took prize with a score of 71 gross while handicap 10 Jane the ladies gross winner with a score of 86 gross.

st effort's prize went to N.S. Ghataura, handicap 28, managed 8 stable ford points.

the first time a golf club has sponsored a tournament ne new members and recognise the support of existing

ment was sponsored by the club's board of directors nated in official induction of new members to the club.

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KENYA TIDE TABLES

MOMBASA, July 18 - 24, 2014

FRIDAY High Water - 3.2 m. at 08.27 hrs. (8.27 a.m.) and 2.95 m. at 20.40 hrs. (8.40 p.m.). Low Water - 0.4 m. at 02.00 hrs. (2.00 a.m.) and 0.8 m. at 14.30 hrs. (2.30 p.m.).

SATURDAY High Water - 3.0 m. at 09.23 hrs. (9.23 a.m.) and 2.6 m. at 21.38 hrs. (9.38 p.m.). Low Water - 0.7 m. at 02.46 hrs. (2.46 a.m.) and 1.0 m. at 15.34 hrs. (3.34 p.m.).

SUNDAY High Water - 2.8 m. at 10.31 hrs. (10.31 a.m.) and 2.3 m. at 22.53 hrs. (10.53 p.m.). Low Water - 0.9 m. at 03.45 hrs. (3.45 a.m.) and 1.1 m. at 16.57 hrs. (4.57 p.m.).

MONDAY High Water - 2.8 m. at 11.51 hrs. (11.51 a.m.). Low Water - 1.1 m. at 05.00 hrs. (5.00 a.m.) and 1.1 m. at 18.27 hrs. (6.27 p.m.).

TUESDAY High Water - 2.3 m. at 00.29 hrs. (12.29 a.m.) and 2.8 m. at 13.10 hrs. (1.10 p.m.). Low Water - 1.1 m. at 06.25 hrs. (6.25 a.m.) and 1.0 m. at 19.42 hrs. (7.42 p.m.).

WEDNESDAY High Water - 2.3 m. at 01.52 hrs. (1.52 a.m.) and 2.9 m. at 14.13 hrs. (2.13 p.m.). Low Water - 1.1 m. at 07.38 hrs. (7.38 a.m.) and 0.9 m. at 20.39 hrs. (8.39 p.m.).

THURSDAY High Water - 2.5 m. at 02.50 hrs. (2.50 a.m.) and 3.1 m. at 15.02 hrs. (3.02 p.m.). Low Water - 0.9 m. at 08.34 hrs. (8.34 a.m.) and 0.7 m. at 21.22 hrs. (9.22 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

Coach Razak Siwa Is Man With A Mission!

Former national soccer team Harambee Stars' goalkeepers coach Razak Siwa has a mission to achieve.

Siwa who coached many clubs including Bandari FC, Dar es Salaam Young Africans (Tanzania) for four years where he won Tanzania premier league trophies and Harambee Stars team Under-23 and senior teams for seven years.

In an exclusive interview with Coastweek, Siwa says he came back to his home and founded Msabweni FC so as to uplift the standard of play of youngsters.

"I formed the team to make sure youngsters play football instead of leaving them stay idle where they can be attracted to the usage of miraa, bhang and cocaine.

It's very rare for a footballer who reached at the top to remember where he came from.

But Siwa remembers where he came from and decides to form a club at his Msabweni village.



Former national soccer team Harambee Stars' goalkeepers coach Razak Siwa [left] training goalkeepers [above] upto to international standards.

Siwa said as the team is young, he was in need of sponsors to come forward and help it with material and financial support.

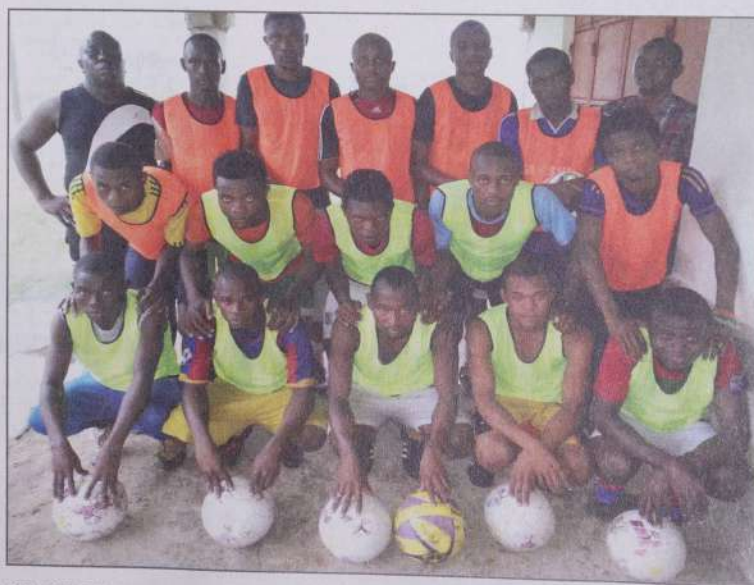
"We need playing boots for our 30 players, jerseys, bags and cones, balls and cash for transportation of players for away league matches," he said. He said most of the players are jobless and cannot afford to pay for transport.

"If we get sponsors, I promise to make Msabweni FC, one of the top clubs not in Kwale County alone but at the Coast and the country at large," he said.

He added that there are many talented players in Msabweni who if trained properly, they can turn professionals and earn their living and that of their families through soccer.

"I feel by reaching far in soccer and achieve my dream, I've a responsibility to help youth from my village to improve their standard of play and reach greater heights of prosperity," he said.

However, he has thrown an urgent appeal to politicians, business community, private companies and well-wishers to help him achieve his intended goal of making the team become one of the best in Coast Region. He said they have been accepted by the Football Kenya Federation (FKF) to participate in the South Coast Regional Premier League and will start playing immediately after the fasting month of Ramadhan.



ON THE BALL AND READY TO GO: Msabweni FC team formed by Coach Razak Siwa.



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