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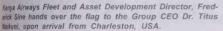


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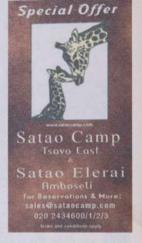
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Kenya Airways Group CEO Dr. Titus Naikuni and Ambassador Orie Rogo Manduli celebrate the delivery of the Third Dreamliner upon arrival at the Jomo Kenyatta International Airport. Looking on is Captain John Mathias Kimani who flew the aircraft.



Dreamliner For Kenya Airways

Kenya Airways has further strengthened its position as a leading African carrier with receipt of a third Boe-



Amoussador Orie Rogo Manduli, Kenya Airways CEO, Di-Tius Nalkuni, B787 Fleet manager Captain John Mathias Kimani and Fleet and Asset Development Director, Frederick Sine cut the ribbon to welcome the Airline's third Dreamliner. Passador Orie Rogo Manduli, Kenya Airways CEO, Dr.

ing 787 Dreamliner aircraft.

The aircraft landed yesterday at the airline's hub at the Jomo Kenyatta International Airport in Nairobi at 1440 hours

It was flown in by Captain John Mathias Kimani, who is also the B787 Fleet manager.

Kenya Aliways' Group Manag-ing Director and Chief Executive Officer, Dr Titus Naikuni said that delivery of the third B787 stamps its position in the African skies as the airline with the largest network in the continent, and the youngest and most and the youngest and most modern fleet.

The Dreamliner is our flagship aircraft. We are investing in this model as part of our fleet renewal programme, not only be-cause of its advanced features but also the boost it gives to our long haul capability." Dr Naikuni

CONCLUDED PAGE FIVE



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Invitation

To commemorate the 68th Independence Day of India, Flag hoisting ceremony will be held at 0930 Hrs on Friday, the 15th August, 2014 at Roof Garden, Bank of India Building, Nkrumah Road, Mombasa

All Indian Nationals, Persons of Indian Origin and friends of India are cordially invited.

(For security reasons, no handbags/ packets/parcels will be allowed)

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KENYAN JOURNALIST, SUNGUH, **ELECTED AS UCAP PRESIDENT**

A Kenyan journalist has been elected the new President of the Union of the Catholic African Press (UCAP) during the unions elections held in Bamako,

Mr. George Sunguh ; who

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Kenyan journalist George Sunguh.

before his election was the Union's first Vice President and the chairman of the Kenyan chapter of the Union now replaces Mr. Alexandre Rouamba of Burkina Faso who has held the position since the year 2005

year 2005.

Mr. Sunguh becomes the first UCAP President from Eastern and Southern Africa a position initially dominated by West Africans. He is a Mombasa based Media Consultant and the Editor of Our Ports magazine, a quarterly published by Port Management Association for Eastern and Southern Africa (PMAESA) a UN agency looking after seaports in the region. after seaports in the region

The meeting also elected Mr. Desire Baiere of DR Congo and Mrs Victoria Lugey of Ghana as the first and Second Vice Presidents respectively

The position of Secretary General initially held by Mrs Lugey, went to Mr. Rodrigue Dembele of Mall while the Treasurer's position was clinched by Mr. Eleophas Tyenou also of Mali

Sir. Benedict Assorow, the Director of Communications to the Symposium of Episcopal Conferences of Africa and Madagascar (SECAM), which brings together the Catholic Bishops of Africa congratulated the newly elected UCAP office and urged to uphold the values that informed the foundation of the organisation to preach the preach the truth and promotion of preace persons the continuous. of peace across the continent

The Archbishop of Bamako Most Rev Jean Zerbo, in his homily in a mass conducted for the journalists just before the efections, asked journalists across the world to emulate the teachings of Jesus Christ and foster peace especially in the war torn areas of the continen and world as a whole.

He thanked the conference organisers for choosing a theme based on the promotion of peace and choosing to hold the event in Mali, a country which he said is currently undergoing civil stries and various other challenges.

The meeting was also attended by Rev. Fr. Janvier Yameogo from the Pontifical Council for Social Communication in the

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cown Invest KSh40 Million To Equip Painters With S

Isled paint maker, Crown Pants Kenya Limited is mesting Sh40million, nich will be used to train rdequip painters with shanced modern santing skills.

S

ry st th th th

trouncing the investment, ser Paints Kenya Chief portive Officer (CEO) Rush Rao said. "We are Sh40million to train across East Africa. Secretment will be done in Injurcities nationwide. By on this we shall be able to at many customers, since want to work with zero

as Mr Rao said, Crown and Wr Rao said, Crown and will be able to train at ust 200 painters, by the end

We want to take paint to the rasses that why we are tanng painters. Our aim is to an 3000 painters in the next tree years," he added.

Since the opening of Crown Parts Showrooms in three rac towns, Mr Rao revealed

that the demand for designers paints and coating has enormously grown; hence the need to equip painters with relevant skills in the market.

"Demand has grown and we are unable to satisfy our customers' needs due to painter's shortage. The demand is being catapulted by choice, since most customers are well travelled.

Before, we were selling a lot of basic paints. Currently, designers coating contributes at least 10 percent of our paints sale

*Designers coating generates value, satisfaction and delight," Mr Rao explained. Some of the designer's coatings are armourcoat and flowcrete.

He further added, "We are laying a foundation and in the next three years, we will be looking at volumes on designers coatings. By doing this our Crown Paints brand will be growing stronger."

"We want to change people lifestyle through color. Color is not only changing walls, but using high end coating that

you like to make your dream house beautiful," Mr Rao said.

Earlier in the year, Crown opened three showrooms in Nairobi, Mombasa and Nakuru

The showrooms features the latest innovations in paints and interior finishes and offers consumers tips on how to enhance building aesthetics using quality products.

They are designed as a one stop colour expression

visualizer to simulate room

The color visualizer, a first in the Kenyan market, features a large touch screen that enables customers to explore different colour schemes in varying room settings.

Customers can experience a virtual tour of the room while 'splashing' different paints on

to make an informed choice.

Rao said the firm has put in place several initiatives geared to promoting use of quality products to ensure safety and long-life of

The showrooms also showcase designer fashion finishes, textured finishes amongst others.

Earlier in July, Crown Paints

celebration like no other.

Painters from TEAM KUBWA were invited to Nyayo stadium to watch one of the Quarter Finals matches on big screen.

Apart from the large amounts Nyama choma (200 amounts Nyama choma (200 goats), there was also a large variety of free food and drinks, as well live music from musicians such as Ken wa

Lauch Of Mobile Clinic In Taita



[LEFT] Rita Kavashe, Managing Director, General Motors East Africa [centre] chats with Hon. James Macharia Cabinet Secretary for Health [right] and Dr. Naomi Shaban, MP, Taita Taveta [left] during the handover of the first mobile clinic by the auto firm to the Beyond Zero campaign. The initiative, headlined by Kenya's First Lady Mrs. Margaret Kenyatta, is working with the firm, among other corporates, to mitigate maternal deaths in the country. [RIGHT] The First Lady Margaret Kenyatta receives the keys of the Isuzu Mobile Clinic from Governor Eng. John Mruttu in Taita Taveta. The clinic, donated by General Motors East Africa, is the first mobile clinic distributed by the Beyond Zero Campaign.



lator Agnes Zani as she recives a copy of Faraj inlla's magazine, Hikima Ya Qur'an, from the writer uring the Eid Baraza Festival in Mombasa.

enator Agnes Zani raise Faraj Dumila

gnes Zani has been remarkably appreciating of Dumila's writings and regarded the writer as he steemed friend who both shared a keen in promoting great usage of Kiswahili.

aked this white receiving a copy of a book. Hikima Ya Kenya - A Secular State.

for fifty copies to be distributed to the female guests in Eid Baraza Festivals.

Moke congratulated Dumila's remarkably committed couraging Coast Muslim girls to pursue education up to seel possible and his contribution to the social, cultural, economic and even political developments of their

and keen reader of the Dumila's writings bought 200 books which were mainly distributed to the attendants Darasa – lectures during the month of Ramadhan



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- N. . I.

A Show Of Herculean Strength By Johnson

Dwayne 'The Rock Johnson has come a long

way after giving up the scuffling on the floor of the WWF ring to make a name forhimselfin

Hollywood. all-time professional wrestlers in WWF, Johnson crossed over to an acting career in 2001 starting with pop videos and hosting reality shows.

A guest appearance in The Scorpion King

e st a b l i s h e d himself as an actor of callber with many other films following, mostly in a supporting role.

Solo roles eventually followed and in December 2013, Forbes named Johnson the top-grossing actor of 2013, with his films bringing in US Dollars 1.3 billion

where it opens just one week after it's American release.

Directed by Brett Ratner (Rush Hour 1, 2, 3: Tower Heist and X-Men: The Last Stand), the

Hercules is the demi-god son of Zeus and has super-natural strength that is comparable to

labours, he is now a recluse that uses his strength for material

gain.

With his five trusted companions, he travels to Greece selling his services and power but when he meets the ruler of Thrace and his daughter who seek his help in combating a warlord. Hercules realizes that he must seek the te bring lustice to the used to be to bring justice to the people of Thrace.

He must go back to being the hero that he was and not the mercenary that sells himself to the highest bidder.

Other stars in this film are lan McShane, John Hurt, Ingrid Berdal, Rufus Sewell, Reece Ritchie, Joseph Fiennes and Rebecca Ferguson.

The second new film at the NYALI CINEMAX this week is Saptapadli- A Businessman's Wife.

This Gujerati film was produced by Amitabh Bachchan's AB Corporation and was released in February 2013 in India to a record breaking 12 weeks

It has been nominated for seven international film awards in five countries and has been described as the turning point in Gujerati cinema.

Starring Manay Gohil (famous for his roles in Hindi television series like Kahani Ghar Ghar Ki Kasauti Zindagi Ki), Swaroop Sampat (an established actor herself and actor Paresh Rawal's wife). Heet Samani, Shailee Shah, Utkarsh Mazumdar, Homi Wadia and Vihaan Choudhary

Twenty years after getting married, successful businessman Sidharth and his wife Swati decide to celebrate by taking a holiday to the hill station resort of Saputara.

Here they meet a nine-year-old child who shows obvious signs of trauma which are recognized by Swati who specializes in treating

As she gets closer to the child, she drifts away from her husband who sees the child as a threat to his business and their

Nothing he can say or do will convince Swati to leave the child and the distance between the husband and wife grows even

Chris Pratt, Vin Diesel, Zoe Saldana, Dave Bautista, Bradley Cooper, Djimon Hounsou, Glenn Close and Benicio Del Toro can be seen in the futuristic action film Guardians of the Galaxy in two and three dimension

Seth Rogen, Zac Efron, Rose Byrne and Dave Franco take neighbourliness to a new level in Bad Neighbours.

Salman Khan, Jacqueline Fernandez and Randeep Hooda have also taken the box office to a new level with *Kick*.



Listed Company Car and General has been appointed by Toyota Industries Corporation (TICO) as the distributor of Toyota forklifts in East Africa. Keigo Morikawa [left], the TICO Regional Manager, Middle East and Africa explains the features of the forklifts to Kenneth Mbugua [right] the Production Manager of Ubbink East Africa during the launch.

Car and General Appointed Toyota Forklifts Distributor

Listed Company Car and General has been appointed by Toyota Industries Corporation (TICO) as the distributor of Toyota forklifts in East Africa.

The Toyota 8 Series forklifts were unveiled by Keigo Morikawa, the TICO Regional Manager, Middle East and Africa and Vijay Gidoomal the Car and General Managing Director.

Keigo Morikawa said, "With Kenya's growing economy, the industrial sector needs complete material handling solutions which are more responsive to the market demand.

Toyota Industries Corporation brings to the country a quality range of lifting equipment for outside and indoor use for warehouses, production lines and factories."

The forklift series ranges from one to seven tonnes with a choice of diesel and petrol models that can lift to a height of 14.8 metres. The forklifts are all equipped with SAS technology (System of Active Stability) that actively helps reduce the risk of forklifts accidents.

Speaking at the launch, Joseph Ng'ang'a, the Business Manager at Car and General explained, "SAS constantly monitors forking operations and automatically takes corrective action when it senses factors that could lead to forklift, or load instability. It has several advanced functions that work together to keep driver and loads safe. The swing lock cylinder allows the rear axie to lock automatically if the forklift becomes unstable during a turn. This prevents a side tipover by adjusting the forklifts centre of gravity.

"The forklifts also have a mast front and rear till angle control to monitor load height and mast position and adjust to protect driver and the load. The fork levelling control levels the forks at 90 degrees at the touch of a button making it easier and faster to move loads. While the active steering synchroniser ensures that the steering wheels and forklift wheels are always aligned correctly so drivers always know which direction the forklift will move."

I&M Bank Signs Ksh18 Million Scholarship Deal

I&M Bank has partnered with Strathmore University for a Sh18.3 million scholarship fund to provide financial support to deserving needy students.

The I&M Bank Scholarship fund will cater for the full tuition fees for exemplary high school graduates to pursue their university education at Strathmore Business School in areas of Finance, Law, ICT, and Commerce.

Releasing the funds, I&M Bank's Chief Executive Officer Arun Mathur said the main goal of I&M Bank Scholarship Fund is to nurture and create social transformational leaders who will act as change agents within their communities and play a part in pating heighting.

"I&M Bank, supports education as one of the key pillars of our corporate social responsibility and we believe that through this programme, we will be able to provide the beneficiaries with a holistic education and impart them with the right skills, values and mindset aimed at making them responsible and accountable citizens of this country.

The partnership between I&M Bank and Strathmore University began in 2010 to offer scholarships to bright and needy students. The first lot has just graduated this year.

"Our recently graduated class had an outstanding performance prompting us to further offer them employment opportunities within the bank," said Mr. Mathur. "We are now embarking on another journey of transforming the lives of 10 more bright and needy students by awarding them a full scholarship which will also cover their fees, accommodation and allowances."

Mr. Mathur said the selection process has taken into consideration gender balance and geographical balances, to ensure many regions are represented.

He said the graduates will be trained in not only on banking which will form their major pre-occupation, but also on other aspects like leadership, interpersonal skills, mentorship, communication and work ethics.

I&M Bank which perceives the community as a key stakeholder in its business initiatives and various activities; supports 4 key social pillars; Education, Healthcare, Environment and Community Support. "Our CSR projects encompass many diverse causes, ranging from education, health care, children welfare and health care, children welfare and environment," said Mr. Mathur.

STARCAST KILIFI

handsome

Leo (July 24 - Aug. 23) Dealing cautious person may be benefic have a tendency to look belorely. Working with someone who pre

torocharge your emotional teases. Virgo (Aug. 24 - Sept. 28) You'n pool at developing creative solitorate difficult proteines. I you'n end tage, with an expert's assessment of a problem, do your own research. You will come across valuable information and come across valuable information and allows you to solve an opoing different and a service of the come across that at allows you to solve an opoing different and a service of the come and the

shooling an explanatory vide.

Libra (Sept. 24 - Oct. 23) You're
resourceful about finding new sources
of income. Being able to turn anoto;
into a lucrative business will be
labour of love. People are willing tiply
good money for your creativework.
You'll be able to sell your handcrafts in
a local boutflows or on-line store.
Working with recyclied materials withs
financially rewarding.

Sagittarius (Nov. 23 - Dec. 21)
Working behind the scenes wilbs reveating and profitable. People are grateful for your ability totransine complex subjects informageable steps. Spiritual pursuits carpromote health and well being. Do whateverif takes to connect with your beher.

Capricarri (Dec. 22 - Jan. 20) You should surround younself with dynamic aggressive people. Their ambition will be lyour own. Lately, you've been lailed into a sense of complacency. This preventing you from fulfilling your bottential. If one of your free hat fellips of an extra for a sense of complacency of the control of an extra for a sense of the control of an extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the control of the extra for a sense of the extra for a sen



Treasury Slash

Domestic Loan

By 50 Per Cent

NAIROBI (Xinhua) - Kenya plans to slash domestic borrowing by nearly 50 percent this financial year

to boost the private sector

President Kenyatta said that

the Treasury would likely borrow around 1.4 billion U.S. dollars in the 2014/2015 financial year, from the 2.17 billion dollars range

*Our objective is to reduce our initial intended borrowing, which

the sale of Treasury bills and bonds to finance its activities.

and grow the economy.

the year before.

Marketing Tourism To The County Destination

marketing body
as a bas stepped up colas a bas stepped up colabutton with the county mments to promote country as the preferr-

torism destination.

Grant Tourism Board (KTB)

Intelligible State of the County

Intelligible State of the

We have embarked on saling synergies between synmarketing by the counties the national mandate said to KTB as the gov-ent agency driving market-of tourism locally, regionally marnationally, "Ndegwa

he said they have been actioning three main areas of internation such as alignment ng to correctly project country's image, product element and packaging as at marketing and promotion. County Tourism Coordinators cooled system of government effect an opportunity for the country to showcase other uram attractions beyond the sech and wildlife products that are already well-known.

Tourism ministry policies are boost domestic tourism.

LAUNCH OF TOURIST INBOUND INSURANCE COVER



Kenya Coast Tourist Association (KCTA) in conjuction with KATO, KAHC and PERAK and other tourist stakeholders have partnered with AIG Kenya Insurance Co. Ltd. AIG Kenya Insurance Co. Ltd will offer an inbound insurance cover to tourists

intending to visit Kenya on tourism related activities. The cover takes care of Medical Assistance and Monitoring, Emergency Dental, Prescription Drugs, Emergency Transport to nearest medical centre, Medical Repatriation, Coffin expenses, Personal accident, Loss and or Damage to personal Baggage, Curtailment, Banding, Premium (with Terrorism). AIG Kenya Insurance Co. Ltd C.E.O Japh Olende signing the Inbound Insurance Cover Policy at Uhuru Gardens. Looking on is KCTA Chairman Mohamed Hersi [seated]. Standing [from left] Abdul Timimi, AlG Kenya Insurance Co. Ltd, Mombasa Branch Manager, AIG Assistant General Manager, Accident and Health Walter Orato, Mombasa County Tourism Minister Job Tumbo, Noorudin Tejpar, MCTA Vice Chairman Monica Solanki and KAHC National Vice Chair Wasike Wasike.

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BELGIUM VISITOR DIES IN ACCIDENT

NAIROBI (Xinhua) Kenyan police confirmed on Monday that investigations are underway into the death of a Belgian tourist killed on Saturday in a road accident in northwest Kenya.

Traffic commandant Charlton Mureithi said the 52-year-old was travelling with a group of nine tourists when he was killed Saturday night in a road accident along Kericho-Kisumui highway

He said preliminary investi-gations showed that the vehicle carrying the tourists lost control due to stones scattered on the road, adding that the eight injured had been treated and dis-

Last Monday, Cabinet Secretary for Transport and Infra-structure Engineer Michael Kamau said the number of road accident fatalities had been reduced after the government took new traffic regulations.

(ENYA AIRWAYS DREAMLINER

MFRONT PAGE added. The airline expects redelivery of three more Boeing 787 Dreamliner alls by the end of the year.

and by the end of the year.

In a first two Dreamliners—named 'Great Rift'
by and Zambez! River—have already been
byed to commercial service flying to Paris and
sannesburg respectively. The Boeing 787
amiliner is a state-of-the-art aircraft that
sumes less fuel. It features the very latest in
dynamics, design and advanced technologies,
highly efficient aircraft provide better fuel
cancy of up to 20 percent compared to other
chaul aircrafts.

The B787 also offers passengers unparalleled on-board comfort

with greatly reduced noise, higher ceilings, biggest windows in the sky, flat beds in the premier world cabin, smoother flight, lower cabin pressure, higher humidity levels and ambient mood lighting contributing to a more rested feeling upon arrival in addition to cutting-edge aesthetics that includes more spacious interior cabin design featuring larger overhead bins with custom-made seats in both Business and Economy class as well as Cleaner air continuously circulating through an advanced filtration system.

is about 2.17 billion dollars and reduce our exposure in the domestic market to about 1.14 billion dollars," Kenyatta said. The remarks came as Kenya's internal debt has hit 15 billion U.S. dollars in June following rise in government borrowing, according to Central Bank of Kenya (CBK). The debt has jumped by nearly a billion dollars since March as government aggressively reaches out to the public through the sale of Treasury bills and

Frequently asked questions on the Ebola virus disease

Ebola virus disease is a severe illness, with a death rate of up to 90 per cent.

The illness affects humans and nonhuman primates such as monkeys, gorillas, and

Ebola first appeared in 1976 in two simultaneous outbreaks, in the Democratic Republic of Congo and Sudan.

The origin of the virus is unknown but fruit bats are considered the likely host of the Ebola

How do people become infected with the virus?

Ebola is introduced into the human population through close contact with the blood, secretions, organs or other bodily fluids of infected animals.

Once a person comes into contact with an animal that has Ebola, it can spread within the community from human to human

Infection occurs from direct contact (through broken skin or mucous membranes) with the blood, or other bodily fluids or secretions (stool, urine, saliva, semen) of infected people.

Who is most at risk? During an outbreak, those at higher risk of infection are

health workers;

family members or others in close contact with infected people;

mourners who have direct contact with the bodies of the deceased as part of burial ceremonies;

hunters in the rain forest who come into contact with dead animals found lying in the forest, What are typical signs and symptoms of infection?

Sudden onset of fever, intense weakness, muscle pain, headache and sore throat are typical signs and symptoms.

This is followed by vomiting, diarrhea, rash, impaired kidney and liver function, and in some cases, both internal and external bleeding.

Laboratory findings include low white blood cell and platelet counts, and elevated liver

What is the treatment?

Severely ill patients require intensive supportive care

They are frequently dehydrated and need intravenous fluids or oral rehydration with solutions that contain electrolytes.

There is currently no specific treatment to cure the disease.

To help control further spread of the virus, people that are suspected or confirmed to have the disease should be isolated from other patients and treated by health workers using strict infection

What can I do? Can Ebola be prevented?

Currently there is no licensed vaccine for Ebola virus disease.

Raising awareness of the risk factors and measures people can take to protect themselves are no only ways to reduce illness and deaths.

What about rumors that some foods can prevent or treat the infection?

WHO strongly recommends that people seek credible health advice about Ebola virus disease from their public health authority. While there is no specific drug against Ebola, the best treatment is intensive supportive treatment provided in the hospital by health workers using strict infection control procedures. The infection can be controlled through recommended protective measures.

Is it safe to travel during an outbreak? What is WHO's travel advice?

During an outbreak, WHO reviews the public health situation regularly, and recommends any travel or trade restrictions if necessary.

The risk of infection for travelers is very low since person-to-person transmission results from direct contact with the body fluids or secretions of an infected patient.

Travelers should avoid all contact with infected patients

Health workers traveling to affected areas should strictly follow WHO-recommended infection control guidance

Anyone who has stayed in areas where cases were recently reported should be aware of the symptoms of infection and seek medical attention at the first sign of illness.

Tucked away behind Coast Provincial General Hospital along Abdelnasser Road, Mombasa, next to the Kenya Medical Training Centre, Mombasa is a small sanctuary created to help the terminally ill and their families to deal with the pain, stress, and grief, through provid-ing palliative care services.

The Administrator/ Re-source Mobiliser, Jane Mwanyumba, talks to Coastweek in an exclusive interview about this Hospice, and its future plans.

Founded in 2001 by Faustin Mgendi with a couple of friends Mgenal with a couple of menus who had become alarmed at the increasing numbers of people being diagnosed with terminal cancer in the Coast province with little aid to the specialised medical help and counselling needed for such health problems.

The main hospice in Kenya is in the capital Nairobi, out of reach for most coast dwellers, so it was deemed essential to open such an establishment to serve Mombasa residents

They approached Dr. Khadija Shikely, then working as an Administrator at the Coast General, now the County Health

She gave them a small amenity ward in the Coast General complex to start - and they were

Coast Hospice: Doing A Wonderful Job Under Difficult Circumstances

about the Hospice or who came about the Pospice of who called on referral as doctors and hos-pitals became aware of the services being offered, in-creased so rapidly, it was clear more space was needed, and an old disused mortuary was

They now have two examination rooms, one rest room, two small cubicles which serve as administrative offices, and a small infirmary for drugs—which are heavily subsidised.

To date they have treated over 14,000 cases, either in the hospice day service, or home based service for those now too ill to move.

"We manage pain and symptom control" says Jane

"We also provide psycho-logical counselling and spiritual care, as well as practical help where necessary.

"We deal with the patients and their families/ care-givers on a day clinic basis, and home visits for those too ill to travel.

"We also visit those in other hospitals for continuation of palliative care and follow up.

Day Care - Once a fortnight on a Thursday the Hospice holds and open day where both patients and care givers can share experiences, give each other advice, support and help. "It is good to know you are not alone, that others have been through what you are going through" says Jane.

"They give each other tips on how to manage the problems they face Terminal illnesses can wreak havoc in the family unit, and people desperately need this kind of help.

"They come to realise that others are on the same journey and learn to take it one day at a

"Also we have visitors and well wishers who just come for an hour or two to chat, many of these people are very lonely, and even feel outcasts before they

"A group of young beauticians came to cut hair, trim nails, massage feet and so on, which is an immense boost to their mental health.

"Our medical, nutritional and administrative staff also give their advice in terms of their particular expertise, and also give them up to date information.

"We had one case of a bedridden woman whose relatives, thinking they were helping, wanted to place her child in a boarding school.

"She was heartbroken, knowing she had little time left

and she wanted to be with her

"It is so important to involve the patient in all such decisions

"We give practical gifts if we have them to very deserving

"We appreciate any donations of used household equipment.

"We had one case of a man caring for his bedridden wife who was in great pain, so he left her in the bed and slept on a

Special Report by

"He had no money to buy anything more, all his earnings went on drugs and basics.

"Through donations from well wishers we were able to provide him with a mattress and some old sheets for the daily bed changing his wife needed.

"Problems we have to tackle are the inherent belief in witchcraft.

"Sometimes they stop taking orthodox treatment and rely on the witchdoctor who claims he can heal them – for money of course. This confuses people who are desperate and do not know where to turn

"Then we have to deal with social stigma, gender issues, religion, demeaning behaviour— all these are issues we face."

We asked Jane what are the major needs of the Hospice in

"Drugs" she says immediately

The cost of palliative care is huge, and we never charge the full amount, often it is a mere pittance, sometimes even nothing where the family is totally

"Basic medical items like Dettol, wound dressings and so on are needed as well as the more expensive drugs for pain management and symptom control."

"Keeping our vehicle in good running condition for home visits and fuel is a drain on our resources.

"Right now we urgently need some major vehicle repairs, and we do not have the money to pay for this.

"Then there are extended costs for some patients.

We have a young lady who has to go to Nairobi for radio-therapy treatment, we do not have that service in Mombasa.

Her family cannot manage the transport, overnight stay costs as well as the treatment.

This lady has a beautiful singing voice and sings gospel music

"We would appreciate support for her to record and sell her

"There are others too with

"It would be nice to record songs "Voices of the Hospice".

"As well, we would like to improve the facilities at the set up a resource centre, an inpatient and child unit.

It would be nice to have more

furniture, and freshen it up the facility with paint.

"The demands on our slender resources are endless.

resources are endless.

"We are hoping to eventually be included in the County Health budget projects but right now we need all the help we can get from all our local community, our political and religious leaders, men, women and youth groups, local businesses and corporate institutions.

Future Aims - "Our long term aim is to help set-up hospice units in every one of the six Coast counties."

"We are in Mombasa, but there is, Kilifi, Kwale, Lamu, Taila Taveta and Tana River.

"Progress is being made in Kilfi County.

*Malindi Sub-County Hospital has a palliative care unit which has been running since March

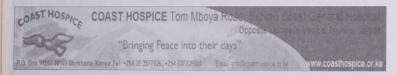
2014. Kwale County, Msam-bweni Hospital is now in the process of setting up a palliative care unit, at Taita Taveta County the County Health Secretary has provided space at Voi Hospita for the setup of, a hospice, but much remains for development and setting up facilities."

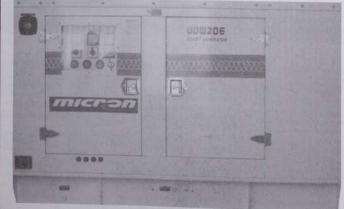
"Our inspiration and our role model" says Jane, "is Dame Cicely Saunders (1918-2005) a nurse, physician, writer and founder of the hospice.

A Famous quote of hers is:

"You matter because you are you, and you matter to the end of your life. "We will do all we can, not only

to help you die peacefully, bu also to live until you die."







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11 Dobie Wins Distribution World's Best Volume Car

1700ble Kenya Limited resounced the appoiof the Company as stributor of the high Volkswagen range

cas in Kenya. plantinger is renowned as reno other of 9,73 million toword the appointment of bobe as a Volkswagen but of to Kenya. Zarak the Managing Director.
This will enhance our sum's reputation for selling repoteins don cars, which

Youswagen is Europe's

largest car manufacturer

"We are very conscious of the need to give users of our products the best possible after sales service which is also a key requirement of the Volkswagen Group."

"Already senior sales staff have successfully completed overseas Volkswagen product

"Very soon engineers, techni-cians and parts managers will be on their way for their specialised courses."

"Before the commencement of deliveries of Volkswagen vehicles to customers from October, workshop equipment special tools and spares will be positioned at our Lusaka Road workshop and our branches will also have their quota.

"Training on the use of the equipment and tools will be carried out by our senior after sales service staff and we are confident that Volkswagen vehicles will be serviced and repaired to meet the international standards set by the manustandards set by the manu-

"The Volkswagen passenger car range for Kenya will consist of the Polo hatchback, the Jetta and the high end Passat and CC four door saloons

There will be a choice of Caddy goods carrying and pass-enger vans and the Transporter mini bus will be another option.



DT Dobie showroom on Lusaka Road. DT Doble Kenya Limited has announced the appointment of the Company as a distributor of the high quality Volkswagen range of cars in Kenya.

*Users of pick-ups will be offered the Amarok which has earned a reputation for its durability and comfortable well

equipped cabin."

Zarak Khan concluded, "The management and staff of DT Dobie are proud that we have

n chosen as a distributor for Volkswagen which has a reputation for good build quality, reliability and long life".

Owners Of Unwanted classics Invited To Sell Them At The Concours

The Commercial Bank of Africa (CBA) and Alfa Romeo Owners Club are inviting owners of unwanted cars and motorcycles made in 1989, or earlier to take space to sell them at the Classic Car and Motorcycle Sale run in conjunction with the Africa Concours
«Elegance which is scheduled for September 28th at the Nairobi Racecourse.

The availability of second-hand Japanese vehicles has immissed the value of old cars and motorcycles for use as daily assort. Consequently there is little scope for selling them seem to enhusiasts who are interested in "classics" (vehicles which are more 25 money of the seems of the second of th which are over 25 years old).

The Classic Sale at the Concours is an ideal opportunity to offer unwanted cars and motorcycles made in 1989, or earlier for sale to individuals who are fascinated by such machines.

Entries are limited to 30 on a first come first served basis

There is a growing classic car cult which attracts people who like to own a distinctive old car for weekend driving. Others make these classic vehicles to their past.

Penaps they have a family history, or owned one long ago.

one appreciate the line and style of an old vehicle. Classics

on drive and perform differently from modern cars.

Some individuals collect classic cars and motorcycles as an inestment. They know these machines will be of interest to the oppose who may use them as sources of spare parts, or the business such as renting for weddings.

The investor has a chance to sell a classic at a profit to uneane who is searching for a particular vehicle.

Many of these cars and motorcycles have been left to lie lamit in estates and backyards.

The owners of these machines can enter them for the Classic sea and drive, or tow to them Nairobi Racecourse for Sale at the CBA Africa Concours d'Elegance.

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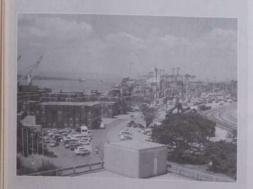
newly appointed General Manger of Sarova milesands Beach Resort and Spa, Raj Jadhav shakes and with the Sale and Marketing Manager of Mombas Continental Resort Ms. Rosemary Nyakarura on arrival at Serena Beach Hotel for a dinner hosted by Kenya Airways for Mombasa Hotels' senior Managers. See Center' is Serena Hotel Regional Sales and Marketing Director. Me. Possenary, Mugamphi. Marketing Director Ms. Rosemary Mugambi.

SHIPPING IN KILINDINI PORT

CONTAINER VESSEL	ETA	AGENT
AUGUSTESHULTE	05/08/2014 05:00	CMA
MARTHA SCHULTE	05/08/2014 15:00	MAE
MSC DIDEM	06/08/2014 20:00	MSC
HERMES ARROW	06/08/2014 20:00	MAE
HSCHALLENGER	07/08/2014 06:00	CMA
COMMODORE	07/08/2014 07:00	CMA
KATHARINA	08/08/2014 05:00	CMA
CAPE MAAS	08/08/2014 10:00	EVG
BELLA	09/08/2014 06:00	CMA
FMIRATES NILE	09/08/2014 06:00	ESL
CMA CGM KAILAS	09/08/2014 06:00	CMA
FRCAEN	09/08/2014 23:00	MAE
SHAMIM	10/08/2014 06:00	SSA
MSC JASMINE	12/08/2014 06:00	MSC
CAPE MARIN	12/08/2014 06:00	MSC
OSAKA TRADER	12/08/2014 06:00	CMA
	12/08/2014 06:00	RSS
CAPEMADRID	13/08/2014 06:00	CMA
CAPE MALE		MAE
BUXHANSA	13/08/2014 20:00	***************************************
CALANDRA	14/08/2014 06:00	CMA
MSC NICOLE	18/08/2014 06:00	MSC



CONVENTIONAL	ETA	AGENT
ATALANTA	05/08/2014 10:30	ISS
MASUREN	05/08/2014 21:00	STA
HAMMONIA		
HOLSATIA	07/08/2014 07:00	PIL
NORD SUMMIT	08/08/2014 06:00	CFS
MORNING CLAIRE	08/08/2014 06:00	DSS
JOLLY PERLA	08/08/2014 15:00	MES
CELESTE	09/08/2014 11:00	GSS
JOLLY QUARZO	09/08/2014 23:00	MES
AFRICAN HAWK	09/08/2014 15:00	ISS
JSDANUBE	10/08/2014 06:00	EXP
KOTA HAPAS	12/08/2014 04:00	PIL
GLOVIS SYMPHONY	13/08/2014 06:00	SRF
GRANORION	13/08/2014 06:00	ISS
JAKRTATOWER	14/08/2014 09:00	PIL
SUEZNORTHSEA	15/08/2014 06:00	EAC
CALISTO	15/08/2014 08:00	SSS
KOTAHENING	16/08/2014 06:00	PIL
TANKERS	ETA	AGENT
CELSIUS MUMBAI	04/08/2014 11:00	STR
JING YU ZUO	07/08/2014 20:00	STR
GSNUNITY	10/08/2014 06:00	STR
OTHERS	ETA	AGENT
MAIUM MARIUM	05/08/2014 06:00	BBS
FERRY KIGAMBONI	07/08/2014 06:00	SEC
SPARROWHAWK	07/08/2014 06:00	SEC
SOUTHERNSEA	07/08/2014 15:00	GSS



Waiters for Container Berths - MSC TASMANIA; CAPE MOSS. Waiters for Conventional Berths - NIL. Waiters for Ships Convenience - ARAFAT; AL AZMAT; HASSANAT; PETRA. Waiters for KOT - NIL. Waiters for SOT - WINA; FATIME; EAST WIND; ROY MAERSK; FUEL BURGE.

China Construction Firm Builds Three New Berths In Lamu Port

NAIROBI (Xinhua) --Kenyan President Uhuru Kenyatta has signed a U.S. \$480 million dollar agreement with a Chinese firm for the construction of the first three berths of Lamu Port in the coastal region.

The deal for the three berths under the Lamu Port—South Sudan—Ethiopia Transport Corridor Project (LAPSSET)
Corridor Program was signed
with China Communications
Construction Company Ltd.

Kenyatta said his government has already set aside for 50 million dollars to immediately commence the construction

"This includes funds for com-pensation of project affected

I am therefore directing the I am therefore directing the Ministry responsible for lands to complete the process of compen-sating those affected by this project as soon as possible, "Kenyatta said.

The three berths will serve general cargo, bulk cargo and container cargo.

The designs were completed in 2013 and a Chinese firm was awarded the tender. The LAPSSET Corridor will

create the Great Equatorial Land Bridge, connecting East and West coast of Africa.

It will also see to the develop ment of Kenya's 2nd Transport & Economic Corridor which will

Kenyatta said the commence-ment of Lamu port project reinforces government's resolve to make infrastructure a key facilitator of social and economic development.

The commencement of the first three berths will send a strong message to our neighbours of Kenya's commitment to regional trade facilitation and integration," he

of the first 3 berths will present a strong case and trigger for participation of the private sector in the construction of the remaining 29 berths and other components of the corridor.

The project components of the

LAPSSET Corridor Program have a budget estimated at 24 billion dollars in construction costs.

The Lamu Port with its 32 berths alone will cost about 3.1 million dollars, the railway 7.1 million dollars while the crude oil pipeline will cost a further 5 million dollars.

All these components are intended to be implemented as a package that will result in the development of an integrated transport and economic corridor," he added

Speaking on the sidelines of the event, the LAPSSET Corridor Development Authority Managing Director Silvestre Kasuku reiterated that the project will reterated that the project will not only improve Kenya's economy in general but also improve the lives of the people along the Corridor with edu-cation being one of the major keys for development, through youth scholarships.

The LAPPSET is one of the major Vision 2030 flagship projects that will ultimately culminate in the attainment of

transforming Kenyainto a middle income, globally competitive and industrializing country with a high quality of life in the next to

end port rator bled fare

bes

p05

The development of the LAPSET Corridor and indeed the first three berths of the Lamu Port is underpinned by a comprehensive feasibility study completed in 2011

This study indicated that the This study indicated that the Port of Lamu will handle appoin-mately 24 million tones of coop-per annum by 2030. This is supported by the fact that the geographical location of the provides a naturally deep and sheltered harbour that will require minimal freedings to recommended. minimal dredging to receive large post panamax vessele

Information On AFRICA



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TWENTY FOUR . SEVEN

Warship Navarra Keeps World Food Programme Vessel Safe

As part of her counter-piracy role within the EU Naval Force, Spanish frigate ESPS Navarra has completed an escort at sea of a World Food Programme (WFP) vessel along the coast of Somalia.

The merchant vessel's ports of call were Kismayo and Mogadishu,

which are both in Somalia Both cities are used as distribution bases to organise food aid deliveries to displaced persons in the region.

The captain of the WFP vessel expressed his gratitude and appreciation for the assistance given by EU Naval Force warships to help keep World

The EU Force Commander, Rear Admiral Jürgen zur Mühlen, spoke to ESPS Navarra's ship's company on completion of this latest EU Naval Force escort

"Thanks to your efforts, this World Food Programme vessel arrived safely to the coast of Mogadishu, thus adding to EU Naval Force's success story of protecting WFP vessels in the piracy high risk area."

"Altogether the World Food Programme has delivered approximately 900,000 tons of humanitarian goods to the suffering people in Somalia since 2008. Well done ESPS Navarra."

NEW 'CLEARANCE RULES' FOR CARGO IMPORTERS

NAIROBI (Xinhua) -- Kenyan authorities said on Monday they have issued a new clearance rules for cargo importers following successful piloting of the electronic permits that is expected to spur regional electronic trade.

As part of her counter-piracy role with EU Naval Force, Spanish frigate ESPS Navarra has completed an escort of Food Programme (WFP) vessel along the coast of Somalia

regional electronic trade.

The Kenya Trade Network Agency (KenTrade) which is implementing an online cargo clearance system said importers of cargo will now be required to apply for import Declaration Forms (IDFs) through the Kenya National Electronic Single Window System (Kenya TradeNet) as well as apply for Kenya Bureau of Standards (KEBS) consignment approval through the same System effective on Aug. 1.

"I am optimistic that effective implementing the same system."

"I am optimistic that effective implementation of the System will reduce the cost of doing business due to on-line clearance and simplified procedures," KenTrade CEO Alex Kabuga said in Nairobi.

He said the requirement is part of the ongoing rollout of the System aimed at

simplifying trade processes for Kenya's

"We are determined to build a strong cooperation with stakeholders in ensuring that the Kenya TradeNet System is effectively implemented to expedite clearance of goods."

He added that the System is currently able to process pre- clearance documents including import and export permits from KEBS, Kenya Import and export permits from KEBS, Kenya Plant Health Inspectorate Service, Department of Veterinary Services (DVS), Horticultural Crops Development Authority (HCDA) among other government agencies.

The system is also used to apply for a approve Kenya Revenue Authority's IDFs

The initialive is also expected to facilitate international and domestic trade at the port of Mombasa, and has been touted as the solution to the persistent delays at the port.

It is expected to reduce the time it takes to process goods through customs at the port by half, from seven days to three days

The project comes as Rwanda, Uganda, and

Kenya are mulling a uniform regulatory framework for citizens wishing to start business in individual member states

The project is the first of its kind in Kenya and is aimed at improving Kenya's global and regional competitiveness through integration of import cargo clearance and trade logistics processes.

KEBS MD Charles Ongwae said under the new rule, cargo importers with hard copies of clearance documents presented at the entry points for goods whose IDFs were processed through the Kenya TradeNet system must also include a copy of the KEBS consignment document from the Kenya TradeNet. TradeNet System.

Kenya Revenue Authority's Simba System.
Kenya Ports Authority's KWATOS System and Kenya Plant Heath Inspectorate Service's system, which play central roles in cargo clearance, have aiready been integrated with the Kenya TradeNet System to enable electronic lodgment, processing and sharing of IDFs and Manifests (Sea and Air) among stakeholders.

Matatu Operators And Commuters Revert To 'Cash' System

Mengo NAIROBI Towards the and June, public trans. or whice (matatu) opedos in Kenya scramno to acquire cashless un payment gadgets to seragovernment imssat deadline of July 1.

and the capital, a good with matatu operators in padgets at 69 U.S. implement the main's directive and

Special Report by Xinhua Correspondent **BEDAH MENGO**

the countries with a fare payment system

whose was to give matatu the gadgets wever, matatu operators ensuters who had bought

progets and were using th now abandoned the trowing into disarray
imas quest to have a
sessare payment system. system, which the government had blamed for fanning corruption on the road.

1 stopped using the system about a week after the July 1

deadine.

Since then I have never touched it, and this is because no commuter is asking about it, said matatu conductor Alfred Mwashi, who plies the Buru Buru route, on the east of the capital.

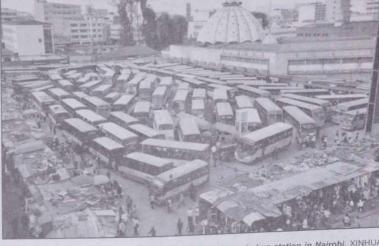
He said many commuters who have bought payment cards stopped using them as soon as the government postponed the implementation of the system.

"There was nothing to compel them to use the cards."

About a week after the relaxation of the rule, I found it difficult to use the every passenger I went to in the vehicle paid in cash," noted

'It is obvious that after exhausting the money they had in the cards, they never reloaded," Mwashi said there is no way he could force the passengers to use the system

Jamal Abdi is among the city residents who had embraced the cashless system before the July 1 deadline. However, the 33-year-old computer technician has now abandoned the system.



- Public service vehicles parked at the main bus station in Nairobi. XINHUA NAIROBI (Xinhua) -PHOTO-ALLAN MUTURI

one could lose change to the

it especially after the govern-ment relaxed its directive," he

Postponing the mandatory implementation of the system put commuters at risk of losing their money, according to Abdi.

obligated to use the system, which the majority had opposed. Loading money in the card thus put one at risk of losing it.

"It has happened before where passengers have lost money after a bus company that using the system aban-

Abdi ensured he exhausted money he had in the card and he has not bothered to load

I just walk with it in my wallet. "If the government says using the card is mandatory, I will start using it again

"If the current state remains, I will forget about it.

However according to matatu operators, they risk losing customers if they insist on using

"You cannot force someone to pay fare with the card.

They will simply board another vehicle and you will end up losing

customers. "Cash is simple, it is what commuters are used to.

Kenya's National Transport Safety Authority went easy on the use of the payment cards to the use of the payment cards to give matatu operators and commuters time to embrace the system, noting it would be implemented gradually.

Bernard Mwaso, an infor-mation technology expert with Edai IT Solutions in Nairobi, said it is not unusual that matatu operators and commuters who had embraced the system have abandoned it.

"It happens all the time with new technologies.

People would always go back to what they are used to, but if they see the benefits, they embrace the new technology."

He explained that what the government should have strived government should have strived to do is to make Kenyans see the benefits of the system and let them adopt it at their own pace, as it happened with mobile

"The system would curb frequent fare hikes, especially during peak hours.

"This was something good, but it was not allowed to come out as the government imposed a

Land Grabbing, Asset Stripping, And Looting The Government Coffers Through Shady Deals'

We will continue to look at the area of our country's political culture this week laving considered a historical perspective last

A independence, the political culture of the country was dearly derived from several

The first was the system that was use in the United Kingdom. This was a clear democratic

The others were those that are from the exposure of some BUSA and Union of the Soviet palist Republics - the USSR

hese were clear federalist

Overthe years, the political series in Kenya have brothed into different forms. The first forty years of dependence, the country standard by one in dominated by one library party that gave us my two presidents.

Political freedoms were anously curtailed as they were seen to be a threat to the numbert government.

Sylophancy became the order of the day and political careers repidly became economic learn as those in the top or made croses began rent seeking as a result of the positions they sculied.

This period saw the development of two cultural politics.

The first was the diehard hirsts whose core role was harass and torment the branment in power at the time.

These people were harassed, cased up on the filmsiest of rouse, tortured, hounded and one-times forced into exile.

They came from either minority per that felt they were being chief a piece of the national axe or people who felt that their

political ideology would be the one that would best serve the

The mainstream party in the forty years was seen as a very capitalist driven party so the activists tended to be socialists

However, the capitalists were not there to create a capitalis society. They were there to dominate the capitalist space.

They would be the ones who would sequester property and businesses and make it their own through their connections with those in power.

Land grabbing, asset stripping, looting the government coffers through shady deals or directly were the main ways in which

This was done with impunity and the population of the country

watched and made it their business to follow in the footsteps of these looters who

became their role models and

Thus mainstream politics came to be seen as the best way to make quick money.

The activists were screaming at the top of their voices about the looting that was taking place and how they would be the ones who would rescue the nation and ensure that everyone got a share of the national cake.

Their further promise was that they would ensure that those who looted and plundered would be brought to book. There was also the promise of radical political reform.

The opposition parties merged

and broke up as individuals sought to be at the top of the party they thought would bring the best change to the country.

They also spent a lot of their

CoastDrive

with Teti Kamugunda own money or money provided by external agitators and sponsors to fund the activities of their parties.

Some of the activists had made their money through the largesse of the colonial powers or through behind the scenes engagement with the post colonial government and their proceeded to fall foul of the leaders of the political machinery that was in power

One of the key characteristics of the political parties was that they each had a power base in some ethnic province

They were either based in Central Province, Western and Nyanza as a block, the Rift valley - which had a split between looking to Central and to the West, Coast Province and then Eastern Province - which also had the same tension as Rift Valley, they would look to join with

In short, our political parties were very much centred on tribal political chiefs.

Over time as alliances were formed out of necessity, the complexion of the political parties would change depending on whom the king pin was and where they sought their

This shifting kaleidoscope of political shades played out very rapidly from the time multiparty s came into its own.

For the last ten years or so, the olitical culture in this country has been driven by the character of the leader rather than by any deep political ideology or any stated leadership wish or

We are still in the mainstream opposition dispensation that has characterised politics in the country since independence

The party in government is seen to be there to loot the nation for the benefit of its members

All of us are still preoccupied with sharing of positions in the ministries, parastatal manage-ments and boards, diplomatic

to reward people who are loyal to the party rather than those who will deliver to the nation.

Those who are there are seen by us the population of Kenya or Wanjiku, to be people who will make plenty of money and share it with us - their persona

Then there is the rest or Then there is the rest or opposition who still believe that the best way to "fight" the government is to engage in trench warfare by agitating the population to rally behind them as they march forth to slay the monster that is the party running the covernment. the government.

This is done in the tried and tested manner of yester year

First make demands that you say wananchi wish to see. Nobody listens or instead pooh poohs the demands

The next step is to threaten mass action. Same treatment -nobody listens but when the shout is too loud, they block the opportunities and finally the mass action is allowed to take place but then doesn't have the

Finally there is the political and constitutional route to get the attention that one wants

This is usually lengthy, risky and tedious but if done well will achieve the desired result of creating change.

Change however, has its own risks. Many times as we have seen in the past, when change happens, the people who benefit from the change are never those who have really sacrificed and suffered to execute the change. suffered to execute the change. Other people tend to come from left side and stide into the leadership position and the change agutators are left out again to continue fighting for change against the next lot of people who get into the leadership of the nation.

As Kachumbari says, change is a constant but does not always reward its creators and agitators.

Thirty Five Years Ago

Coastweek, August 03-09, 1979

LAND PRICES soared on the Kenya North Coast with the imminent opening of the New Nyali Bridge. Property consultant K.A. Butt told reporter Neta Peal that there was a 'rush' by local and overseas investors to purchase plots at Kisauni, Mtwapa and Kikambala. South Coast sales were also 'booming' particularly popular were seafront estates at Likoni, Shelly Beach, Diani and Galu Kinondu.

Sudanese Ambassador to Kenya H.E. Sir El Khatim El Sanousi toured Kilindini Harbour as a guest of Kenya Ports Authority managing director John Gituma.

Lovely Indian 'Dance Queen' Helen gave a charity performance before a 'SRO' audience at Mombasa's Lohana

Italian investor Camilo Duranti confirmed that his K Shs 18 million 60-bed 'Sull Sull Sporting Club' would open for business in Malindi late October. Mombasa-born Adam Moussa as appointed manager of African Tours and Hotels' luxurious 'Mnarani Club', Kilifi,

Midzi Kenda Football Club beat Malindi's Eleven Stars FC 3-1 to win the finals of the hotly contested North Coast 'Nafisa

Preparations were underway for the 'Coast 800' Rally sponsored by Coast Car Hire Limited and organised by Jackie Paul and Norman Bowker

Entries included M.S. Chagger, Prem and Paura Choda Rob Collinge, Basil Criticos, Nasir Deen, Mike Doughty, Chris Fryer, John Hope, David Horsey, Aki Khan, George Kimaru, Mike Kirkland, Anton Levitan, R. K. Limbani, John Lockhart-Mure, Hussein Mawji, Percy Mellon, K. Muigai, Musa Mucheni, Robin Nixon, Noor and Din, Martin Sellick, Ivan Smith, and Surinder Thethi Sellick, Ivan Smith and Surinder Thethi.

Golf correspondent 'Centi Kumi' noted that 'Caddie Fees were currently K. Shs. six (for nine holes) and K. Shs. 12/= (for 18 holes) and recalled Mombasa Golf Club Minutes for 1933. A member suggested that 30 cents was too much for nine holes but the Committee insisted on its new fees of 40 cents per

nine holes and 80 cents for the full 18 holes (with a further 05 cents per extra hole played).

KENYA cinema was showing Roger Moore and Richard Jaws' Kiel in the James Bond thriller 'MoonRaker', NAAZ cinema still screened Ida Lupino in the H.G. Wells' sci-fi drama 'The Food Of The Gods', REGAL offered Bruce Lee in 'the very latest Hong Kong' karate action epic 'The Dynamo', while at CHOX it was Sanjay, Rekha, Ranjeet and Bindu in 'Duniya Ka Mela' (Fun Fair of the World).

Letter writers included Salim Said Islam El-Mashjery of Malindi (commenting on 'Lamu Boat Tragedy' in which Malindi (commenting on Lamu Boat Tragedy in which 30 women passengers drowned), Ahmed R. Karim, Rev. John Gatu and Shelina Vellani all of Mombasa, Peter Wafula Muhindi and Buff Mshamba Allens of Nairobi.

· Mombasa International Airport 'Simba Restaurant' manager Vitalis Awour launched a new 'five star' menu for local residents - including rich soups at K. Shs. 10/= (a bit pricy!), and a large 'chateaubriand' steak for two at K. Shs. 60/= (definitely a bargain!)

THIS WEEK IN PHOTOGRAPHS



Sarova Group Marketing Manager, Shanna Mahihu [far right] discussing the World War I artifacts with Kenya Tourism board Managing Director Murithi Ndegwa and Miss Tourism Kenya 2014 Ms. Anne Wuganga at Sarova Taita Hills Game Lodge Artifacts centre.



Launch of our Alumni - Former Students and staff were welcomed back to the College last Saturda evening by the College Directors for a Buffet Supper to mark the Launch of the Alumi evening by the College Directors for a Buffet Supper to mark the Launch of the Alumi Association. Amongst the founding Students is Miss Mariam El Maawy, Principal Secretary, Ministry of Land, Housing and Urban Development. After a warm welcome from Muhammed Jafferali on behalf of the Board, the College Director Steve Foster outlined exciting academic and building developments over the next two years. The Guest Speaker was one of the founding Students in 2001, 2002, Mrs. Aria Dhamil who is highly cavisiting Mambasa from Odanda in Florida. Students in 2001- 2002, Mrs. Arifa Dhanji who is briefly revisiting Mombasa from Orlanda in Florida

KENYA TEACHERS ANNUAL MEETING



Sarova Whitesands Beach Resort and Spa General Manager Raj Varad, welcomes Deputy President William Ruto for a luncheon held at the resort. The Deputy President was in Mombasa to officially open the Kenya Primary School Head Teachers Association annual meeting



Fruit Carving

Sarova Whitesands Beach Resort and Spa Chef Mary Vale. takes guest through the art of fruit carving. This skill is usually taught in culinary schools to enable chefs' make decorations out of edible fruits to decorate their dishes and fruit stands to make them more appealing to the guest

Joint Retreat Co-Hosted The National Assembly



Seen are participants to the first ever joint retreat cohosted by the Implementation Committee of the National Assembly and and the Legislative and Inter-Governmental Liaison Office, following the proceedings at Flamingo Beach Resort. PHOTO BY TITUS MUSAL



Doctors follow the proceedings during a three day Cardiac Conference held at Leisure Lodge Resort in South Coast. Most of the doctors noted that coast remained safe and secure holiday and conferencing destination despite poor publicity. РНОТО ВУ ТІТИЅ MUSAU



As part of its 21 Days of Y'ello Care with this year's theme being "Investing in Education for All", MTN Business team led by Osman Varwani and Patricia Mwangi in Mombasa concludes its Book Drive with a collection of about 2000 books towards a library and resource centre in Maralal Primary School in Samburu County. With special thanks to Chandi Parivar Charitable Trust and Aramex Kenya Limited.

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SAROVA WHITESANDS BEACH RESORT & SPA

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Draw Every 2 Weeks

ARROWORD NO. P.072

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SOLUTION TO 'PRIZE SUDOKU' NO.284

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WINNER OF 'PRIZE SUDOKU' NO.284 was MRS. SHENAZ CHARANIA MOMBASA.

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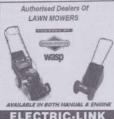
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The Taifa Ngano Super Cup Kicks Off At M.S.C.

This year's Mombasa Maize Millers sponsored Taifa Ngano Super Cup competition kicks-off today with Action Boys playing Bodo Glimt in a Group A opener at Mombasa Sports Club from 4.30 p.m.

The other Group A match takes place at the same venue and at the same time tomorrow between Ostiqama Academy and Kisauni

On Sunday, Ganjoni Rebels clash with Gulshan Youth and Nyota against Catalans on Monday in group B matches.

COAST BRIDGE ASSOCIATION

Open Pairs Bridge tourn-ament played on 4th August, 2014.

- 1. Pulin Gandhi & Dr. J. D. Shah : 60
- 2. Janak Babla & Nimaben Babla: 51
- 3. Taru Shah & Jyostana Savla: 51
- 4. L.P.Gudka & Nemchand Shah: 49
- 5. Vibha Shah & Ketan R. Shah: 48
- 6. Ramnik Shah & Amu Shah:

when they clash against Mombasa Aviation.

The quarter final matches will be played between September 17 and 21, semi-finals on September 23 and 24.

Meanwhile, COPA Coca-Cola defending champions, JMJ Academy have been drawn in a tough group that will see them face Western region new Coast provincial champions Tana Boys.

JMJ who won last year's finals with a 3-1 defeat of Kisumu Lakers landed in Group B which will also involve Angaza Boys from Central Region.

JMJ qualified for the nationals after beating off the challenge of Makadara Juniors in the Nairobi provincial

Last year's beaten finalists Kisumu Lakers were drawn in Group A alongside Rift Valley's Kitale Youth with the two teams favorites to emerge out of the group which also has Young Muslims from North Eastern and Eastern's Tharaka

In the girls' draw, Nairobi duo Beijing Raiders and Kibra Queens were paired together in Group 'A'

New Western provincial

landed in the same group with Rift's Cherangani Starlets the fourth member. Beijing and Kibra will be favorites to top the group but Shinyalu Girls are the dark horses.

Nyamira Ladies who dethroned Kisumu Queens in Nyanza will make their national finals debut with games against Central's Maragwa

Eastern outfit Kirindara Girls



Perfect Conditions For The Coast Open

the long, hot, dry spell has passed, the much awaited long rains have come and revived the parched, earth, the temperature has cooled considerably, the rain still comes intermittently but it is soft and gentle, not the hard lashing monsoon rain, the wind blows but not feroclously as in the monsoon months of May, June and July and now it is time to enjoy the Coast at its best.

The fairways are green and inviting and it is just the perfect setting and ideal conditions for golf at the Coast, time for the Coast Open.

It is that time which brings two of the most important events in the golfing calendar of the country to the Coast.

First, it was the Barry Cup which every able bodied male golfer in the country wants to and can play if he satisfies the handicap limit, followed by the Ladies Open Meeting

limit being set high at 35 which permits all golfing ladies, except the very beginners, to participate in this prestigious event.

There are other differences as well between the men's open and the way the ladies do their open meeting, the main ladies do their open meeting, the main difference being again the inclusive manner in which ladies open is shared out among four Coast Clubs, Mombasa Golf Club, the original home of ladies open having joined hands with Nyali Golf and Country Club quite a long while ago, both of them extended an invitation to Leisure Golf Club a few years ago and most recently, the new comer Vipingo Golf Club also getting a share of the action.

gentlemen who play their serious, intensive competition over a weekend, ladies combine the highly competitive serious medal rounds spread over a period of three days with some fun events, the ladies foursomes sandwiched between two medal rounds and the closing day of the week providing greensomes, when gentlemen who have been passive spectators over the week are invited to become participants, an invitation much appreciated by them.

So it is this year, the Ladies Coast Open Meeting began on Tuesday 5th August at Leisure Golf Club for an 18 hole medal round for the Leisure Trophy, the Ladies Foursons on Wednesday for Inter Club Championship at Mombasa Golf Club, followed by an 18 hole medal round at the same venue for Mombasa Cup, a margathon 36 hole medal. Mombasa Cup, a marathon 36 hole round a Nominosa Cup, a maration 36 hole round at Nyali Golf and Country Club to be held Friday for the Championship Nyali Bowl and finally the fun and games of Mixed Greensomes at Vipingo on Saturday.

The three medal rounds are played for the respective coveted trophies and carry with them much valued Golfer Of The Year points

This sets the stage for some scintillating olf which will be underway by the time this report is out in the print.

So watch this space for further news

COAST BRIDGE with C.P. SHAH

In the following hand Declarer failed to anticipate a defence that was telegraphed by the opening lead. DEALER: SOUTH NEITHER SIDE VULNERABLE BIDDING

SOUTH	WEST	NORTH	EAST	
FIVE CLUBS	PASS	PASS	PASS	

Declarer won West's lead of the Two of Diamonds with Dummy's Ace and led the Ten of Clubs and ran it.

West won the Ace and switched to a low Spades.

East won Dummy's Queen with the Ace and led a second Diamond.

West ruffing to beat the

Because the lead of a two s only consistent from a

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9

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holding including an honour or a singleton.

Declarer must take steps to prevent the impending prevent the Diamond ruff.

He should lead the King of Hearts at trick Two and when East plays low, discard his singleton Spade.

West wins the Ace, but

lines of communication between defenders have been broken - a scissors coup' and East cannot gain the lead to lead a second

Declarer knocks out West's Ace of Trumps and soon claims his

If East had covered the King of Hearts, with the Ace, Declarer would Trump and rely on West to have two remaining Aces.





AON Kenya Golf Day In Nyali

[LEFT] Eric Ngeera, [right], Men's winner with 38 points during AON Kenya Golf Day at Nyali Golf and Country Club receives a prize from AON General Manager life and pension William Maara. [RIGHT] Joyce Lanxe, overall the contract of th winner of AON Kenya Golf at Nyali Golf and Country Club with 43 points, receives a prize from AON Keny Associate General Manager Mombasa Antony Polo.



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XCLUSIVE - GREG NORMANS' =GOLF LESSONS

Mombasa Starlets Are **COPA Coast Champs**'

Tana Boys are the new COPA Coca-Cola Coast regional champions and will represent the region inthis year's national finals set to begin next

Table emerged the winners

semis. Ignos Assa opened the scoring for Tana just five inutes into the game with Hillary Kessy's second hall brace assuring them of a slot

Changamwe's tiki taka defending champions Malindi champions at the semifinals

The results ensured Changamwe and Tana, the two most enterprising and entertaining sides clashed in the final.

The game lived up to its billing with both teams showing intent of seizing the provincial title.

It was Changamwe however who took the lead with 10 minutes on the clock only for Tana to equalize almost immediately through an Omar Bakar freekick

The same script was repeated after the breather, Tana taking the lead through Ignos Assa but Changamwe made it 2-2 just before full time

The duo traded penalties with all the 22 players on the pitch stepping up for a spot kick but it was Tana keeper Delvan Laban who emerged the hero scoring his spot kick before saving Tana's final one to help his team win 9-8 and qualify for the national finals.

The ladies' title went to Mombasa Starlets who also needed post match penalties dismiss Bright Starlets 3-2 Millicent Mahenjo saving two penalties for Mombasa.

Meanwhile at Moi Stadium



Mombasa Starlets team won the COPA Coca-Cola girls title.

after beating Changamwe Youth 9-8 in post-match penalties in matches played at Mombasa Municipal Stadium.

Delvan Laban's industrious side qualified for the finals after dispatching South Coast outfit Mvita Youth 3-0 in the United who were anything but gracious in a 2-1 semifinal defeat.

Said Nassir grabbed a brace for Changamwe whose brand of football made them crowd favorites as they overpowered the defending



Tana Boys team which won the boys Coast Regional COPA Coca-Cola trophy

Embu where the Eastern provincial finals were held. Tharaka Stars edged out Machakos Talent 5-4 on postmatch penalties to qualify for

The two teams could not find

the back of the net in normal time with the game ending on a barren stalemate.

Kirindara Girls took the girls honours after outclassing Fun Starlets 2-0 in the final.

The four teams joined 12

other provincial winners who will gather in Nairobi from the 9th of August for the nationals

There will be over 1.7 million shillings in contention during the August nationals

Williamson, New Coach For Stars

NAIROBI (Xinhua) -Kenya on Tuesday appointed former Uganda Cranes boss Bobby Williamson as the country's national football team Harambee Stars head coach.

Football Kenya Federation (FKF) boss Sam Nyamweya announced that Gor Mahia, the Scotsman who is in charge of domestic champions, will take over from Belgian Adel Amrouche who was sacked last Sunday after the team was eliminated from the 2015 Afcon by Lesotho on

Retired defender and captain Musa Otieno comes in as the assistant head coach with another retired veteran Stars midfielder Titus Mulama appointed Team Manager to take the places of sacked James

"I promised Kenyans that we would act quickly

and Bobby is the man to do the job of taking u forward," Nyamweya who also disbanded th team on Sunday added.

Speaking to local radio station earlier Tuesday Williamson said it "would be an honour and privileg to manage Stars, but FKF must speak to Gor Mah first. What Kenya needs is to start from the yout ranks to restore her former glory."

The 52-year-old is preparing to take Gor Mahia t the regional Cecafa Club Championships in Rwand with the team due to depart Nairobi Wednesday fo

"My concern at the moment is with Gor an seeing them do well at Cecala," the man who le them to their first domestic honours in 18 years land season stated.

He was fired by Uganda after a five year stint is charge of the Cranes last year after failing the qualify for the 2013 Afcon in South Africa.

GEOFFREY MUTAI TO RACE IN NAIROBI DIAMOND 10KM

by John Kwoba NAIROBI - Kenya's New York Marathon champion Geoffrey Mutai is the latest elite runner to confirm participation in the inaugural Nairobi Diamond 10km Run, which will be held on August 17.

Mutai, 32, will be defending his New York title in November and wants a fast short race to gauge his speed.

Mutai has had a poor season in 2014 over the 42km distance, finishing sixth in London.

However, he has had good run in shorter distances in Boston and New York.

The focus is to win in Ne York. But the organisers have not confirmed the names, but want to run there

"I have started my preparation and Nairobi Diamond 10km ru looks a good bet for me to test m speed," Mutai said on Sunda

"I also want to help boost the profile of the race. Many time we go abroad to run ar sometime we are not able to wi

"But here, even if I don't win want the race to continue being there and top athletes coming

"I will bring alone sever athletes we train together wi them in Kaptagat and am su other elite runners will be comir here too.

"I am not running because target the prize money, far fro it. We just want support it, mail it more lucrative," he added.

Mutai's best time over the 10k event is 27:19 and he wants run as close to it as possible

But he will not be alone Leonard Komon, the world 10k record holder and Kenne Kembol, former Africa champion in the distance a among the athletes who ha confirmed participation.

Barnaba Korir, Nairobi Cour Athletics Kenya chairman w is also race director, said ov 2000 people have confirm participation in a race which h a prize pack worth 120,000 U



NAIROBI (Xinhua) — Compelitors [above] prepare to depart during the MX50 CC race of the East and Central Africa Moto X Championship in Nairobi on August 3, 2014. Walter Kuria [right] of Kenya com petes during the MX125 CC race. More than 90 players from Kenya and Ugangda took part in the moto event here on Sunday. XINHUA



South Coast Premier League Has Resumed

The second leg of South Coast Premier League fixtures have been released.

The league which was suspended due to the holy month of Ramadhan resumes this weekend with a total of 14 matches, six of them tomorrow (Saturday) and others 8 on Sunday.

On Saturday bottom placed Mackinon entertain zone A pace setters Pipeline at Makinon, second placed zone A leaders Sargol host Road Tainers at Mwenge ground, fifth placed FC Shells clash with third placed Alaskan in zone C match at Likoni approved ground

Other matches lined up for the day are Super Rangers vs Super Matuga; Mahakama vs Miritini Stars; Kishada Mtongwe vs Frere Town; Sunday: Rhino vs Buzeki; Sparki Youngsters vs Mulango Super Eagles; Black Dragon vs Western Ambassadors; Rabai Sports vs SS Assad; Hidden Talent vs Dumna; Birikani Hot Stars vs Congo Boys; Nyota vs Green Bombers; Shanzu vs Ziwani Youth.

The second league runs up to November 2nd

The league consists of 42 teams; nine teams in Zone A while zone B, C and D consist of 11teams each. The best two teams in each of the four zones will qualify for the mini-league at the end of the season whereby the champion and runners-up will earn promotion to nationwide division one league.

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MOMBASA, August 08 - 14, 2014

FRIDAY High Water - 2.5 m, at 02.07 hrs. (2.07 a.m.) and 3.2 m, at 14.29 hrs. (2.29 p.m.). Low Water -0.8 m, at 07.58 hrs. (7.58 a.m.) and 0.6 m, at 20.54 hrs. (8.54 p.m.).

SATURDAY High Water - 2.8 m. at 03.01 hrs. (3.01 a.m.) and 3.5 m. at 15.20 hrs. (3.20 p.m.). Low Water - 0.6 m. at 08.52 hrs. (8.52 a.m.) and 0.3 m. at 21.37 hrs. (9.37 p.m.).

SUNDAY High Water - 3.1 m. at 03.47 hrs. (3.47 a.m.) and 3.7 m. at 16.04 hrs. (4.04 p.m.). Low Water - 0.3 m. at 09.40 hrs. (9.40 a.m.) and 0.1 m. at 22.17 hrs. (10.17 p.m.) FULL MOON.

MONDAY High Water - 3.3 m. at 04.28 hrs. (4.28 a.m.) and 3.8 m. at 16.46 hrs. (4.46 p.m.). Low Water - 0.1 m. at 10.23 hrs. (10.23 a.m.) and 0.0 m. at 22.55 hrs. (10.55 p.m.)

TUESDAY High Water - 3.5 m, at 05.09 hrs. (5.09 a.m.) and 3.8 m, at 17.27 hrs. (5.27 p.m.). Low Water - 0.0 m, at 11.06 hrs. (11.06 a.m.) and 0.0 m, at 23.32 hrs. (11.32 p.m.). WEDNESDAY High Water - 3.6 m, at 05.50 hrs. (5.50 a.m.) and 3.6 m, at 18.06 hrs. (6.06 p.m.). Low Water - 0.0 m, at 11.47 hrs. (11.47 a.m.).

THURSDAY High Water - 3.6 m. at 06.30 hrs. (6.30 a.m.) and 3.4 m. at 18.45 hrs. (6.45 p.m.). Low Water - 0.0 m. at 00.10 hrs. (12.10 a.m.) and 0.2 m. at 12.30 hrs. (12.30 p.m.)

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. No Change for Kilifi. and Diani.

D FOR KENYA





GLASGOW (Xinhua) --Eunice Jepkoech Sum of Kenya celebrates with the national flag after the women's 800M final of Athletics at the 2014 Glasgow Commonwealth Games in Hampden Park in Glasgow, Scotland. Eunice Jepkoech Sum won the gold medal with a time of two minutes and 0.31 seconds.





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