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TOP AWARD FOR VOYAGER BEACH RESORT MOMBASA - PAGE NINE

World Rating For '17 Safari Rally

WARIOBI (Xinhua) - Kenya will bid to have its flagship motoring event, the 'Safari Rally', re-instated in the 14-tier World Rally Championships (WRC) from 2017, Kenya Motor Sport Federation (KMSF) Chairman Jaideep Singh Vohra said midweek. Singh said that the 'Safari Rally' will be re-instated in the 14-tier World Rally Championships (WRC) from 2017.

Helping Hand For Residents Of Kilifi

Family Kinner Lakhani of London, United Kingdom, have donated a substantial consignment of blankets, family size lanterns and mosquito nets to residents of Kilifi County.

Another London donor, Mansukhlal Kataria has also generously donated school bags.

About 3,300 family members will benefit from the above project.

Each head of the family was given card system to bring along with them to collect the items.

The families came all the way from Kidutani, Matandale, Mtepeni, Mwanyundo, Ndongya, Misumarini, Mferejini kwa

CONCLUDED PAGE FIVE

Kadzenge, Mwendo wa Panya to Majengo Kanamai where each head of the family was given the items.

They came as far as eight to 10 kilometers to collect the items.

The local people entertained the donors with a tropical Giriama

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Mombasa Show Success

His Excellency President Uhuru Kenyatta is seen presenting an award to Mrs. Sabrina Natha (centre) and Mrs. Winnie Githa of Sapling Trust Foundation for overall winners in the A.S.K. Art and Music Competition in the Special Needs Category.

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Agreement For Provision Of The Inspection Ramp For Concours

An agreement for the provision of the Total Quartz car inspection ramp for the 2014 CBA Africa Concours d'Elegance was signed by Nicholas K. Mbaya, the Lubricants Sales Manager of Total Kenya Limited and Vitalis Muthoka, the Commercial Bank of Africa Account Relationship Manager Corporate Banking.

Each of the 70 cars contesting the Concours will be driven on the giant specially built ramp for the inspection of the underside which is the first step in the assessment by the officials of the event.

This will be run by the Alfa Romeo Owners Club on September 28th at the Nairobi Racecourse.



CONCOURS RAMP - Lubricants Sales Manager of Total Kenya Limited Nicholas K. Mbaya [right] and the Commercial Bank of Africa Account Relationship Manager Corporate Banking Vitalis Muthoka [left], signed an agreement for the provision of the

Total Quartz car inspection ramp for the 2014 CBA Africa Concours d'Elegance.

Nicholas Mbaya said, "We are happy that Total Quartz, our premium Petrol Engine Oil brand is the official lubrications partner for the CBA Africa Concours d'Elegance which is the classiest event on the Kenya motor sport calendar.

It is pleasing that we are helping the Concours officials to maintain the high standards of car judging required for an Africa continental status event."

After welcoming Total as a co-sponsor, Vitalis Muthoka explained the importance of the Company's contribution to the CBA Africa Concours d'Elegance.

VINTAGE CARS

He said, "Checking the underside of the classic and vintage cars contesting the event is a requirement of the regulations which is met by the use of the TOTAL QUARTZ ramp in front of the racecourse grand stands.

"This enables the officials to carry out a thorough examination for cleanliness, checking the exhaust system and looking for oil and water leaks."

Vitalis Muthoka said, "Knowing that the Concours is recognized and sanctioned by the FIM AFRICA who will have a steward monitoring the event, we are grateful to Total for helping the officials to meet the expectations of competitors and the governing bodies of motor sport.

"In addition the ramp gives spectators an excellent view of each of the cars contesting the 12 classes for all makes and types".

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DT Dobie Mercedes Truck Service Camp In Mombasa

Instead of waiting for Mercedes Benz truck owners to bring their vehicles to the DT Dobie workshop in Mombasa, the Company is holding a service camp to help customers gain the maximum return from their investments.

The camp provides free check-ups and full reports showing the work and spares needed to keep Mercedes trucks in top condition.

The Mombasa session was held on 4th and continue till 5th September from 8.00 a.m. to 5.00 p.m. and will be located at the giant Total Service Station at Jomvu on the main road to Nairobi.

This will assist transporters who carry loads from the port as far inland as Uganda, Rwanda and Burundi.

This initiative provides good material for business news with the opportunity to interview senior DT Dobie after sales service staff who are responsible for running the service camps.

For further information please phone Jane Njoroge, Lucy Mungai, Elizabeth Omondi, or Bob Dewar on 020-3316160, 020-2229793, or 0733 732 032.

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Memon College Students National Achievement In ACCA And CAT Exams !

Memon College continues the progressive and successive journey in yet another historic success journey of producing a remarkable achievement, in ACCA and CAT in the June 2014 exams.

Ms. Alisha Nathoo achieved first position Nationally and fourth position Globally in ACCA Paper F4 and Mr. Abdulmannan Khandwalla attained first position Nationally in Papers FA2 and MA2.



Alisha Nathoo.



Abdulmannan Khandwalla.

It is indeed with great pride and happiness to acknowledge such successes, and Memon College has not only produced top students in ACCA and CAT, but also in other professional courses offered such as ABE and ECDE in the past years.

The College's vision is to provide innovative educational environment to its students, so that they can prosper in life.

Heariest congratulations from the Board of Management and staff to the students and their families. Memon College is proud of you!



Inter-School Art Awards At Mombasa ASK Show

[ANTI-CLOCKWISE FROM TOP] His Excellency the President of the Republic of Kenya, Uhuru Kenyatta gives an award to Alyssa Jamal of Aga Khan Academy, at the official opening of the A.S.K. Show, Mombasa on 28th August 2014. She was ranked first in the inter-school art competition. Cabinet Secretary Phyllis Kandie, gives an



award to Aydan Jamal, of Mombasa Academy, at the A.S.K. Show on 29th August 2014 at the Mombasa Showground. Aydan was ranked second in the inter-school art competition. Mombasa County Governor All Hassan Joho presenting Shaine Bijal Dodhia with his Trophy and Certificate in the Mombasa A.S.K. Showground for the ASK Inter School "Drawing and Coloring" Competition.

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FOUR SPANKING new and exciting films at the NYALI CINEMAX this week.

Making a worldwide opening at the CINEMAX is the Sanjay Leela Bhansali production and Omung Kumar direction of **Mary Kom**, the true story of a gutsy and determined young lady in India.

Mangte Chungneijang (given the names of Mary Kom or Magnificent Mary) was born in 1983 in the small town of Kangathei in Manipur.

Having a keen interest in athletics from a very young age,

Cine Goers Spoilt For Choice With 4 Movies

she was inspired by Dingko Singh to be a boxer in 2000.

Training against all odds, in a society where women are supposed to stay at home, Mary became a serious boxer and

won her first medal, silver at the 2008 Asian Women's Boxing Championship in India.

After that she has won five consecutive gold medals in the Asian Women's Boxing Championship, making her the only Indian woman to achieve this.

All this despite having two very young children.

In 2012 she qualified for the Summer Olympics in London and reached the semi-finals of her category.

Because of her achievements she is the recipient of many national awards within India and has published her autobiography, *Unbreakable*, in 2013.

After hearing her story, Omung Kumar decided that he must make a film on this remarkable young woman and embarked on it mid-2013. Omung and Sanjay have cast Priyanka Chopra in the title role and she has not failed them with her performance.

She had to undertake a strenuous fitness programme and learn a bit of boxing to pull off this part with conviction.

Priyanka also spent a lot of time with Mary at her home in Manipur where she got to know the athlete up close and personal.

About this fabulous actress, Mary had this to say "When she came to Manipur, she knew about boxing so I gave her tips as a mother and a wife, how I went about managing my home and profession, how I live with my family — basically she got to know aspects about my family life."

Mary's biggest pillar of strength has been from her husband of

seven years, Onier who has not only encouraged her but been very supportive looking after the young children when Mary would go out for fights.

Kom also has started a female-only light club to teach girls to defend themselves against sexual violence in India.

In the film Darshan Kumar plays Onier, while Sunil Thapa is her coach M. Narjit Singh.

Other supporting actors are Minakshi Kalita, Zachary Coffin and Shishir Sharma.

They are bigger and back with more action - Sylvester Stallone, Jason Statham, Harrison Ford, Arnold Schwarzenegger, Mel Gibson, Wesley Snipes, Kelsey Grammer, Glen Powell, Antonio Banderas, Jet Li and many others in **Expendables 3**.

This third instalment of the blistering group of musclemen who get into the thick of things at the drop of a hat, takes us to Somalia to stop a shipment of bombs to a ruthless warlord.

When they realise that the arms trader is none other than Conrad Stonebanks, who co-founded the *Expendables*, there is a fierce fight between them and Stonebanks' men.

The *Expendables* fall back to Las Vegas where young new men are recruited as *Expendables* and then taken to Romania where the battle with Stonebanks and his men carries on.

Deliver Us From Evil is the third new film at the NYALI CINEMAX and stars Eric Bana, Edgar Ramirez, Sean Harris, Joel McHale and Olivia Munn in the lead.

Also based on the real life events of Ralph Sarchie, a New York policeman, this frightening

thriller horror is rated adults only.

When investigating a crime, Sarchie comes up against some weird evidence which a Castilian priest convinces him is because of a sinister and evil being — the devil.

Despite his religious beliefs which go against what the priest is telling him, Sarchie decides to work with the priest to try and solve the case.

Eventually they exorcise a man who is now the sole survivor of a small group of people who became possessed in a cave in Iraq.

Last but not least is the special pre-release screening of the all-Kenyan movie, *Veve*, on Friday at 6.45p.m.

Veve is another name for miraa or khat which grows abundantly in the highlands of Kenya and which has made many a farmer quite rich.

Maua, a small town in Kenya is the setting for this film.

It is here that Veve is grown for export to Somalia.

Ambitious politician Amos wants to win another term as Maua MP so that he can expand his business.

His opponent is Wadu, another businessman who is also looking to mint more money from the lucrative miraa business.

When Amos' wife Esther finds out that not only is her husband, who does not have much time for her, a crook and a philanderer, she decides to get revenge by sleeping with another man.

Then we have *Sammy, Amos' Man* Friday who also has his own personal conflicts that need to be addressed.

Directed by Simon Mukali, *Veve* has been written by Natasha Likimani and stars Lowry Oduhambi, model-turned-actor Emo Rugene and Lizz Njagah in the lead.

Emraan Hashmi, Humaima Malik, Paresh Rawal and Kay Kay Menon can be seen in *Raja Natwarlal*, a fast-paced action, thriller, comedy.

Scarlett Johansson and Morgan Freeman give new meaning to the name *Lucy*.

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Photographer Zarina Bhimji Exhibit

Pippy Houldsworth Gallery of London, U.K. is this month presenting a new commission for 'The Box' by photographer, filmmaker and former Turner Prize nominee Zarina Bhimji.

Capturing the poetic decay of abandoned spaces, Bhimji's haunting photographs question the legitimacy of historical documentation.

Relinquishing facts in favour of tone and texture, her photographs manifest an instinctive, formal response to a place and its history.

Bhimji explains: 'My work is not about the actual facts but about the echo they create, the marks, the gestures and the sound.

'This is what excites me.' For 'The Box', Bhimji has responded to Zanzibar's political history as part of an ongoing exploration of colonialism in India, Africa and Britain.

Focusing acutely on the scene's subtle material and formal qualities, the image evokes a 'sense' of being in the country.

Whilst uninhabited, the scene's architecture hints at the leftovers of human presence.

Characteristic of her work, the space is documented in a state of abandonment; a dilapidated, rusty truck balances its weight on a flat tyre, whilst a vintage car is parked in the background with its bumper trailing on the



For 'The Box', Bhimji has responded to Zanzibar's political history as part of an ongoing exploration of colonialism in India, Africa and Britain.

floor behind it.

Contrasting in colour, both vehicles embody a sense of euphoria or progress, perhaps alluding to the country's struggle for independence during the 1960s and the Zanzibar revolution of 1964.

However, Ti Demos explains that the artist relinquishes precise information and factual presentation in favour of highlighting the aesthetic qualities and poetic potential of each image.

'As much as for the traces of history it carries, each location is chosen for its distinct quality of light, the details of its architecture and the particular character of the landscape.

Devoid of context or historical specificity, Bhimji's photos

resonate on an emotional level. Bhimji's photographs frequently act as visual sketches for her films.

Typically, the artist will begin a project by completing extensive research before undertaking a reconnaissance trip to a specific country.

Whilst on the scene, the artist will have a series of questions in mind which will drive the production of her work, sieving out potential locations by taking photographs in order to 'stitch' the final film together.

Working meditatively, Bhimji explains that there is a 'sudden' moment in which her thoughts will manifest themselves in an image, embodying the sensation of being in that particular place.

Born in Mbarara, Uganda, Zarina Bhimji (b. 1963) is a British photographer and film maker.

STARCAST GEMINI KILIFI

Virgo (Aug. 24 - Sept. 23) A love relationship could reach a turning point. Resist the urge to emotionally withdraw from your loved one. Be assertive. Address the issues that have been pulling you apart. Instead of getting defensive, be open to the possibility. In the sake of your relationship, being open is more important than being right.

Libra (Sept. 24 - Oct. 23) You take care with work. Submitting a document will lead to bigger and better assignments. Acting like you don't care could result in a demotion. Dismissal. If you're bored with your current job, start looking for a new one. It's always easier to find a position when you already have one.

Scorpio (Oct. 24 - Nov. 22) You feel isolated or unloved. Instead of dwelling on these feelings, channel them into a creative project. You've been blessed with impressive artistic ability. Using this gift will boost your confidence. Having a healthy ego will help you assert your needs. Stop being a people pleaser and start making some demands of your own.

Sagittarius (Nov. 23 - Dec. 21) Don't let a relative's attitude stop you from pursuing your dreams. You've always been an optimist. This positive attitude has opened many doors for you. Other people write off your success as luck. But that's not true. Continue to move forward until you gain the momentum you desire.

Capricorn (Dec. 22 - Jan. 20) A job or appointment without your full embarrasement situation. Be ready to issue a sincere apology. This oversight is a sign you are working too hard. Cut back your schedule. You may mean making less money. You can't continue doing the work of five people. Fill your free time with intellectually stimulating activities.

Aquarius (Jan. 21 - Feb. 19) You must take a more disciplined approach to money. Replace a hobby today, give tomorrow's philosophy with a penny saved is a penny earned. You have some big expenses on the horizon. Having cash reserves will help you meet these obligations. Are you overdue for a raise? Ask for one. If you're self-employed, raise your rates.

Pisces (Feb. 20 - Mar. 20) Daydreaming can get you into trouble with a loved one. Check your calendar to see if you're forgetting a special occasion. Enquire after their hopes and dreams. Be more attentive. While it's true you have been struggling with your own issues, your friend has pressures of their own. The sooner you adjust your focus, the faster you will realise you have been neglectful.

Aries (Mar. 21 - Apr. 20) You will be in the mercy of a large bureaucracy in situations like these. It's impossible to get what you want. Following orders is more important than asserting your needs. It's better to suffer in silence than damage your long term job prospects.

Taurus (Apr. 21 - May. 21) Someone will tell you a sob story as a means to get financial or practical assistance. Giving valuable resources to those who don't deserve them will be a mistake. Be ready to turn down a tearful request for help. Don't let a soft heart undermine your own interests.

Gemini (May. 22 - June 21) An unrealistic attitude towards work will cause disappointment. If you want to get ahead, you might have to look elsewhere for a job. Your current employer may not have the opportunities you want to get ahead.

Cancer (June 22 - July 21) If you want to find meaning in your life, forge your own path. Finding out more about world religions could fascinate you. Expanding your horizons will give you a fresh perspective. Happiness can be found in simplicity.

Leo (July 24 - Aug. 23) Be honest in your assessment of a romantic relationship. With kindness, courtesy and respect, it's time for a change. Stop accepting excuses for missed appointments or selfish behaviour. When someone really loves you, they'll move heaven and earth on your behalf.

Kenya Seeks Help From Foreign Firms To Develop Nuclear Power

(Xinhua) -- China, South Korea will assist Kenya to develop nuclear electricity, a Kenyan government official said on Tuesday.

"They will help us to pick the right technology so that we will avoid problems associated with nuclear electricity generation," Ayacko said during a National Electrification workshop.

There are currently two, six and 15 Kenyans undergoing nuclear training in China, U.S. and South Korea respectively.

Kenya is currently conducting a sensitization campaign on the benefits of nuclear energy.

The chairman added that safety is the biggest concern for the country.

"We want to avoid human error that could have a negative environmental impact on the country," he said.

KNEB is currently conducting studies on the best location for the nuclear plants.

"The hydrological and rock formation surveys will be completed in three years," he said.

He noted that a legal framework needs to be put in place before Kenya can tap the renewable energy source. Kenya currently faces a deficit of electricity as demand surpasses supply.

"We choose to develop nuclear power because it is one of the most reliable sources of electricity whose supply is not affected by weather patterns," he said.

Kenya has an installed electricity generation capacity of 1,700 mw out of which 50 percent is from hydro electric power sources.

According to the KNEB, the earliest that Kenya can generate electricity from nuclear power is 2023.

"We plan to begin with a 1,000-Megawatt plant," Ayacko said.

CONSTRUCTION OF COAST 300 MW 'COAL PLANT' WILL BEGIN IN 2015

(Xinhua) -- construction of a 960-megawatt coal plant in coastal region will begin in February 2015, Energy Principal Secretary Njoroge Hhassaid.

BEGIN IN 2015

demand will be the iron and steel industry, the standard gauge railway as well as the industrial parks," he said.

Chirchir said that the production of energy from renewable sources will help reduce the cost of electricity.

"We are planning to reduce the cost to industrial and households consumers by 37 and 47 respectively in the next five years," the cabinet secretary said.

Ministry of Energy said that 50 customers in Kenya consume ten percent of all electricity generated in the country.

We are expecting the plant will be connected to the national electricity grid in the next 30 months," Njoroge told journalists.

The consortium was short-listed by the tender committee.

The cost of the electricity is expected to be between seven and eight U.S. cents per kilowatt hour.

This is cheaper compared to the average cost of 0.19 U.S. cents per kWh currently," he said.

The legal and environmental approval will take six months to be achieved.

Secretary Davis Chirchir said that the government is determined to make Kenya a low cost manufacturing center.

The key drivers of electricity

FROM FRONT PAGE Rally, which was inaugurated in 1953 as a coronation event for the British Queen Elizabeth, will put in a bid to the Federation International Automobile (FIA) to have it considered among its premier off road competition

under the WRC flagship in 2017.

"The motor sport governing body, FIA is willing to reconsider *Safari's* comeback to the global calendar as long as it maintains safety and is organized smoothly.

"The 2014 *Safari Rally* starts in Nairobi on Sept. 12," Vohra said.

Majority of the current crop of drivers were in their infancy stage in the discipline when the *Safari Rally* was last staged as part of the 14-tier World Rally Championship circuit in 2002.

"As part of our strategy to regain the World Rally Championships status, KMSF is deviating from open public road stages to the serene private farm closed roads where safety is guaranteed," said Vohra.

A battle looms large in the forthcoming 62nd edition of the *Safari Rally* which is the seventh round of the FIA Africa Rally Championships.

Safari Rally debutant Gary Chaynes of Ivory Coast and 2012

UROLOGICAL SURGEONS MOMBASA SYMPOSIUM

Kenya Association Of Urological Surgeons (KAUS) held its first ever monthly meeting and symposium on 30th August 2014 at the Sarova Whitesands Hotel.

KAUS is the umbrella body which brings together all the surgeons who have specialized in the field of urology.

The delegates came from all parts of the country. Kenya currently has only 32 trained urologists with 20 of them based in Nairobi.

A lot of interesting topics were discussed during the one day symposium.

KAUS chairman, Dr. Saeed Samnakay led the participants through the business of the day, following which interesting case presentations were made and deliberated upon.

There was also a presentation on the "Urology Institute" which was given by Prof Peter Mungai.

The Urology Institute is a collaboration between the Government, University of Nairobi and Kenyatta National Hospital with stake-holding of KAUS, to start a centre for training urologists in Kenya.

Dr Sundeep Chavda (KAUS Mombasa Co-ordinator) welcomed all the participants to the beautiful City of Mombasa and hoped that this would be an annual event.

He also thanked all the participants and the sponsors for making this event a great success.



MEETING IN WHITESANDS -- Standing Front Row [from right] are Dr Misango, Dr Waweru, Dr Kambuni, Prof. Peter Mungai, Dr James Ikol, KAUS Mombasa Co-ordinator Dr Sundeep Chavda, Dr Waweru Mathu, Dr Francis Osawa, Dr Kassii. Back Row [from right] are KAUS Vice-chair Dr Patrick Mburugu, KAUS Chairman Dr Saeed Samnakay, Dr Mukhtar, Dr Said Naji.

World Championship Rating For 2117 'Safari Rally'

African Rally Champion Mohammed Essa of Zambia will battle for the top honours.

Chaynes is currently on the driving seat in the ARC standings with 101 points followed by Mohammed Essa (93) and Jaspreet Chhathe (58).

Other ARC registered drivers like Jas Mangat.

Manvir Baryran could spoil the points scoring party by taking points away from the top ARC contenders.

The rally which is organized by KMSF will deviate from the tradition in which Kenyatta International Conference Centre (KICC) has been the start and finish-off points for as long as early 70's.

The country's landmark building will only serve as the start point on September 12 with Nanyuki designated as the finish on September 14 thus giving drivers something different to sample in not only a picturesque setting but a tourist destination.

Vohra who recently met FIA

President Jean Todt in a Confederation of African Countries in Motorsports (CACMS) meeting in South Africa said FIA will be closely monitoring activities of the forthcoming Safari Rally and if satisfied with the organisational set-up then they will consider Kenya WRC candidature.

"This year is a stepping stone for the future and if we are able to prove that we can do the rally properly, then we will be considered for WRC candidature. If this rally goes well, they will give us a candidate event in

2015; so we could be back in 2017," said Vohra.

The launch also paid tribute to fallen Safari legend Bjorn Waldegard who lost the battle of cancer.

Meanwhile, a high pitched battle looms large in the forthcoming 62nd KCB Safari Rally which is the seventh round of the Africa Rally Championships (FIA) and the sixth round of Kenya National Rally Championship 2014.

A total of 62 drivers have entered the event.

Helping Hand For Residents Of Kilifi

FROM FRONT PAGE dance wearing costumes.

The Donor, Mr. Kinser Lakhani thanked Hon. Mwingo Boniface, a Member of Kilifi County Assembly, Deputy Budget Committee for Mipeni ward for organising the function at Majengo Kanama.

Mr. Lakhani and family recognised and thanked Mr. Vinod Dattam for organising, co-ordinating and oversee the grand and mega function at Majengo Kanamal project.

Lastly, villagers thanked Mr. Lakhani and family for coming all the way from London to give suitable and valuable donations whereby they can be useful for the villagers daily life.

'INTERPOL' TO SHARE INFORMATION ON DRUG TRAFFICKING AND CRIME WITH KENYA FOLLOWING MEETING IN MOMBASA

MOMBASA (Xinhua) -- Kenya has obtained crucial database from Interpol as it heightened its war against illicit drug trafficking and organized crime in the country, a senior official from the global police organization said midweek.

Head of Interpol Regional Bureau for East Africa Francis Rwego confirmed they have already shared the information contained in the Interpol Criminal Information System ICIS with Kenya.

Interpol has shared classified database to support the government in investigating individuals linked to international illicit drug trade," Rwego told Xinhua by telephone.

He said the classified information contains fingerprint, questionable transaction of individuals suspects to be linked with organized criminal activities including drug

trafficking that assist member countries to prosecute them.

Rwego said the information is part of the intelligence exchange program aimed at assisting in identification and arrest of the drug lords operating in the country, adding that the organization is working closely with the country's security agencies to facilitate quick intelligence sharing among members' states.

"We have rich data bank that contains personal data and their criminal history of people. This will assist the authority in building a prosecution against the barons," said Rwego.

The east African nation has faced a string of terror attacks in recent months which have culminated with the mass evacuation of tourists in the coastal city of Mombasa following twin attacks in July.

These attacks threaten the tourism business which the country so readily

relies on, so by extension the economy is threatened too.

Rwego said Interpol is also assisting Kenya authority in capacity building through training of undercover detectives on forensic expertise and the exchange of forensic data.

Meanwhile, Kenya has set an elaborate team of anti narcotic team to probe the illicit drug trade, which is led by the head of Anti-Narcotics Unit in Kenya Hamis Masa in collaboration with international agencies that include U.S. on Drug Enforcement Administration.

"With the collaboration among agencies we are determined to take war on illicit trade a notch high by apprehending the barons involves in the business," Masa told Xinhua in Mombasa.

The latest development comes just a few days after Kenya authority destroyed drug-laden ship off the coastal city of Mombasa in renewed efforts to combat drug trafficking.

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OYSTER FIESTA 2014

- FLAMED PINK OYSTERS**
Fresh oysters with pink pepper sauce
- CHAMPAGNE OYSTERS**
Fresh oysters topped with champagne, butter and fresh bread crumbs
- OYSTERS BRUSCHETTA**
Fresh oysters on a crispy French bread topped with cream cheese and red pepper salsa
- DRESSED OYSTERS**
Baked oysters with crab meat and casserole sauce
- GRILLED OYSTERS WITH SPICY HOLLANDAISE**
Grilled fresh oysters with garlic, ginger, fresh chili and hollandaise sauce
- TROPICAL OYSTERS**
Fresh oysters topped with fruit salsa and coriander

Fishes 1,600 per platter inclusive of a glass of sparkling wine

Every Sunday At The Clifftop Terrace

We continue with pedestrians and their lot in traffic.

Jaywalking has so many dangers.

Last week we covered a couple of instances where pedestrians came to grief when jaywalking - getting hit by motorcycles or even bicycles and also getting splashed with dirty water by moving cars.

We also suggested that the road architecture needs to be improved to be pedestrian friendly.

We conclude this week with probably the most common jaywalker risk and that is getting hit by cars.

A lot of us, whilst walking on or near roads, assume that drivers and passengers in vehicles are aware of our presence and hence will act with the knowledge of what we are up to.

This is not true as few instances will illustrate - the following courtesy of Kachumbari.

A pedestrian at a roundabout in Nairobi saw the light change

CAREFUL DRIVERS WHO DECIDE TO TURN LEFT WILL USUALLY BE LOOKING RIGHT

to red for cars and then green for pedestrians.

There were traffic cops at the roundabout but they were not active in directing traffic and ignoring lights.

In this case they were actually ensuring that drivers obeyed the lights and by and large the drivers were complying though it was rush hour.

The pedestrian saw the lights turn green in his favour and he started to cross the road.

As he stepped on he was nearly knocked over by a car that decided to move to turn left.

This is very common on roundabouts whether controlled by traffic policemen or by lights.

Drivers who intend to turn right have come to assume that they can always filter through irrespective of the traffic condition.

Even when cops are controlling traffic, they tend to indicate that at all times vehicles turning left are free to filter and turn.

Very many accidents happen as a result of this mismatch.

Drivers who decide to turn left will usually be looking right to ensure that there are no cars approaching and the poor pedestrian who thinks they have the right of way will be in a blind spot and will be at great risk of being knocked over if they cross.

In the second instance told by Kachumbari, a hawk was walking between vehicles that were stopped waiting for clearance to continue on their journey.

At such times, the hawkers are hawk eyed and they scan all cars and look for the slightest sign that there is a person in any car who might be beckoning.

The slightest eye contact or hand movement is taken to be an expression of interest.

Whenever this happens, the hawk will sprint to the nearest point in the car and try and make contact through shoving their wares into the line of sight of the potential buyer.

Sometimes it is the simple act of rolling down the window glass that draws the attention of the hawkers.

The case here was one where a passenger in the front seat of a car decided to open the window due to heat and several hawkers saw this and all started rushing to the side of the car where the window was being opened.

As this happened, one of the passengers in the back seat decided to take advantage of the stopped traffic to get out of the car as they had nearly reached where they were going and any further movement of the car would have taken them further away from their destination.

As the car door was opened, one of the hawkers was also

cars that were in the same lane, one of the cars suddenly lurched backwards and trapped the pedestrian between two cars.

The pedestrian was lucky in that they were half facing the car behind so the first point of impact propelled them on to the bonnet of the car face down and they were able to bring their hands into play to cushion the impact.

The pedestrian suffered bruises on the upper body and a fracture on one of the bones of the leg.

They had to be ferried to hospital to receive attention.

The driver of the car that lurched backwards had taken the foot off the brakes of an automatic car thinking that the gear was in neutral but it was actually in reverse.

He was trying to quickly get his phone that had dropped into the back of the car so that he could communicate before the traffic started moving again.

The truth is that a driver has so many things to work through as they drive that focussing on

pedestrians may not be a priority. These may be the actions as they drive that distract them from themselves either internally or externally to the car.

At the same time there is also going through mental processes and being distracted or even being involved in other activities such as conversation with a pedestrian or even talking on the phone.

When coming to an intersection that involves road users other than the driver or pedestrian it is important that we focus for that moment and then go back to autopilot the moment has passed.

This requires discipline as part of both the driver and pedestrian but too often discipline is ignored and bad habits take over.

This is what leads to so many traffic accidents at points where the locus of pedestrian and vehicles intersect.

As Kachumbari says, attention, attention, attention.



approaching the same point and they got hit in the face by the opening door.

Unfortunately they got caught by the top edge of the car door and were cut by one of the sharper corners at the top of the door.

At this point the traffic started moving and everyone had to get out of the way including the passenger who had opened the door.

The hawk ran to the side of the road and worked to stem the bleeding from his, the other hawkers scattered to the nearest point of relief from traffic.

The passenger from the car also ran to the side of the road and went on his way, having decided they would not get involved with the hawk.

The third instance was where a pedestrian was walking between stationary cars just after they had come to a standstill.

As he went in between two

COAST BRIDGE ASSOCIATION

Open Pairs Bridge tournament played on 1st September, 2014

Leaders after 9 rounds Average: 54.0

Place Pct Score Pair

1	62.96	68.00	A-10	Pulin Gandhi - J. D. (Dr.) Shah
2	57.87	62.50	A-1	Ajit D. Shah - Chuni D. Shah
3	56.48	61.00	A-7	Chuni P. Shah - Panachand Savia
4	55.09	59.50	A-8	Rohit Malde - Rohit Chandria
5	50.93	55.00	A-5	Narendra Shah - Taru Shah
6	50.00	54.00	A-2	Ramnik Shah - Vibha Shah
7	46.76	50.50	A-9	L. P. Gudka - Chandu M. Shah
8	43.98	47.50	A-4	Ashok Dodhia - Kaushika Dodhia
9	38.89	42.00	A-6	Harilit Malde - Nemchand Shah
10	37.04	40.00	A-3	Janak Babia - Nirmaben Babia

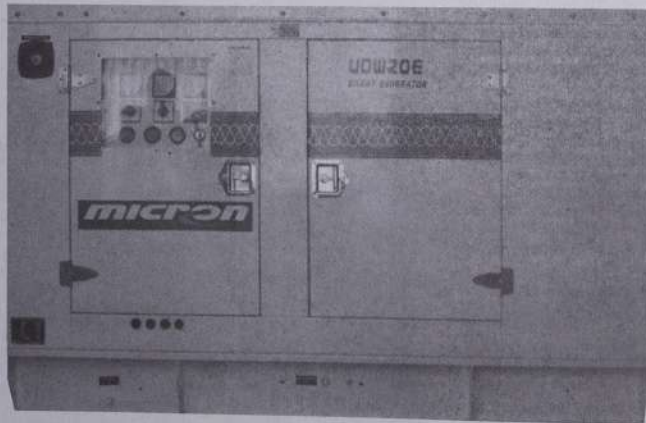
Twelve Years' Ago

Coastweek, September 04-10, 2002

MOMBASA's famous 'Mamba Village' International Night Club was venue for the Coast Countdown to Miss Kenya 2002 finals to be held in Nairobi, and eventually leading to the 'Miss World' competition. Beautifying the boardwalks were lovely Shadya Wambol, the reigning 'Miss Nairobi' Julie Njeru being interviewed by fashion choreographer Ben Kanyaru, and stunning Alexandria Christine of Nairobi.

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APDK Rehabilitation Clinic Receives Kshs. 4,300,000/-

This year again the atmosphere at the APDK Rehabilitation Clinic compound in Portreitz in the afternoon of 21st August, 2014, was one of excitement as the staff and finishing touches to their traditional - 'lesso' decorated compound ready to receive their

longtime friends - the Jugend Club Weingarten from Germany, who have been supporting and visiting the clinic for the last 27 years!

Led by the Executive Officer of APDK Coast Branch Mr. Francis Kithuka Kivulli and the Clinic Program Administrator, Mrs. Leah Mwachari, both again waving Germany and Kenyan

flags respectively, the Clinic welcomed the visitors driven in by the APDK Bombolulu Workshops Courtesy Bus. Reinforcing the Management team was Dr. Jonathan Higgs - Chairman of APDK Rehabilitation Clinic Subcommittee, former APDK National Director now Senior Adviser for CBMI on livelihood, Mr Hubert Seifert.

The Staff choir including the children burst into song and dance with the visitors who spontaneously joined the hilarious jubilation as they also took the traditional Coastal drink 'madaafu'

APDK Rehabilitation Clinic is a well known facility situated in Portreitz which admits and facilitates the rehabilitation of children with physical disabilities from poor backgrounds.

The children are identified through a well established Outreach program, the Mobile Clinic covering rural Coast, spread over more than 93 outstations and through our Community Based Rehabilitation (CBR) program which covers the urban Coast.

The Jugend Club group raises funds through amazing and simple ways that could encourage any other like-minded individuals or groups to emulate.

The youth hold their own fundraising activities, the ladies make soups, hold 'high teas' make cakes, ice cream, homemade jam etc for sale, while the men hold choirs singing their heart out for entertainment through musical concerts, street



Seen is the Jugend Club leader and President Gerhard Junginger handing over Kenya Shillings 4,200,000 cheque to the Clinic's Administrator Mrs. Leah Mwachari while looking on is the Executive Officer of APDK Coast Branch Francis Kithuka Kivulli, former APDK National Director now Senior Adviser for CBM on Livelihood Hubert Seifert, Chairman APDK Coast Branch Hussein S, Hafidh while children and Mbeyu Beja, Mary Wanda and Rehema Dzole look on with appreciation.

parties etc all proceeds which go towards children with disabilities at APDK Rehabilitation Clinic.

The group has devoted itself in carrying out all these different kinds of activities for the sole purpose of making a difference in the lives of children with different abilities through surgery, rehabilitation care, education, walking appliances and general running of the Clinic.

The group also supports two churches in Bombolulu and other smaller projects.

APDK management wishes to express our deep and profound thanks and appreciation to all those families, individuals, and friends of the Jugend Club, back home in Germany, and in a

special way to the President of the Jugendclub Weingarten Mr. Gerhard Junginger and his assistant Mr. Friedbert Hipp, for their continued efforts in mobilizing support for the Clinic.

Very special recognition and appreciation go to Mr. Hubert Seifert who has always met them while in Germany and kept the candle burning on behalf of the Clinic, Asanteni Sana.

Dr. Jonathan Higgs brought color and fun during speech time as he read his speech in the German language in appreciation to the group for the deserving partnership.

He recounted the many years of shared experiences and support by the Club and expressed APDK's heartfelt appreciation.

Mr. Hafidh lauded the Jugend Club for their many years of commitment to the Clinic and prayed for continuity of this unique and benevolent partnership.

He assured them that the money will be put to appropriate use.

The Administrator Mrs. Leah Mwachari appreciated the guests, the Management Committee for support and the staff of the Clinic for the hard work in preparing for the occasion while Mrs. Lucy Njenga the Rehabilitation Coordinator gave a final vote of thanks as song, dance, eating etc took centre stage.

There was also tree planting by the President of the Club Mr. Gerhard Junginger to mark their 25th Visit and support to the Clinic.

PRESIDENT KENYATTA AWARDS JEWEL KIAMA



His Excellency President Uhuru Kenyatta presents an award to Jewel Kiama assisted by Special Needs Teacher Mrs Pauline Njau of Sapling Trust Foundation, for winning in the A.S.K. Art Competition in the Special Needs Category.

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WEHR TRAVE	03/09/2014 22:00	MAE
KOTA GABUNG	04/09/2014 04:00	PIL
HS CHALLENGER	04/09/2014 15:00	CMA
WESTERLAND	06/09/2014 13:00	CMA
HERALD S	06/09/2014 22:00	MAE
MSC ANAHITA	07/09/2014 06:00	MSC
BRAVO	08/09/2014 06:00	CMA
BELLA	08/09/2014 14:00	CMA
EM-ASTORIA	09/09/2014 06:00	CMA
MSC POSITANO	09/09/2014 06:00	MSC
HANSA AMERICA	09/09/2014 07:00	MAE
KATHARINA	09/09/2014 12:00	CMA
CMA CGM KAILAS	09/09/2014 23:00	CMA
ERSTRALSUND	10/09/2014 09:00	MAE
KOTA GAYA	10/09/2014 18:00	PIL
AUGUSTE SCHULTE	10/09/2014 23:00	CMA
COMMODORE	11/09/2014 13:00	CMA
PACIFIC VOYAGER	12/09/2014 06:00	ESL
ERCAEN	13/09/2014 06:00	MAE
LILLY SCHULTE	16/09/2014 03:30	MAE

CONVENTIONAL	ETA	AGENT
CS JADEN	03/09/2014 06:00	STA
KOTA TEGUH	03/09/2014 15:00	PIL
KOTA NILAM	03/09/2014 17:00	PIL
KOTA HAPAS	03/09/2014 20:00	PIL
VICTORIOUS ACE	03/09/2014 23:00	DSS
SHAKER 2	04/09/2014 15:00	TSA
ANARITA	05/09/2014 06:00	GSS
LEYE	06/09/2014 15:00	ISS
TOMBARRA	06/09/2014 23:00	DSS
PINE 1	07/09/2014 06:00	CFS
INDUSTRIAL CHIEF	07/09/2014 06:00	EAC
KOTA HENING	08/09/2014 06:00	PIL
JS SANAGA	09/09/2014 06:00	EXP
OCEAN CHIE	10/09/2014 06:00	SSS
QUEEN SAPPHIRE	10/09/2014 06:00	DSS
BBC VERMONT	10/09/2014 06:00	CFS
KOTA ANGGERIK	11/09/2014 06:00	PIL
POLARIS LEADER	14/09/2014 06:00	EAC



TANKERS	ETA	AGENT
CHANG HANG CHENG GONG	01/09/2014 15:00	STR
GLORIOUS	02/09/2014 06:00	STR
PACIFIC ZIRCON	03/09/2014 06:00	STR
BOW HARMONY	05/09/2014 20:00	STR

OTHERS	ETA	AGENT
MARTIAL	02/09/2014 06:00	SMC
MARIUM	02/09/2014 08:00	BBS
ANDREA	03/09/2014 15:00	SEC
MOONRISE GSL	04/09/2014 06:00	CFS
SWISCO SYNERGY	04/09/2014 06:00	CFS
MARIA	05/09/2014 06:00	CFS
TANUX 1	06/09/2014 06:00	CFS
AMBER G	06/09/2014 06:00	CFS
POLAR MARQUIS	06/09/2014 06:00	CFS
SOUTHERN SEA	06/09/2014 15:00	GSS

Walters for Container Berths - MSC DENISSE; AUGUSTE SCHULTE; CALANDRA; SFL HUNTER; MSC IMMA; MARTHA SCHULTE; MSC CHIARA. Walters for Conventional Berths - JOLLY QUARZO; ELEOUSSA; NEPTUNE ACE. Walters for Ships Convenience - AL AZMAT; AL QADERY; V GANNET. Walters for KOT - EAST WIND; CANAL STREET. Walters for SOT - DL ZINNIA; FUEL BURGE; AL DABRA; FATIME.

PRESIDENT KENYATTA VOWS TO DESTROY ILLICIT DRUGS COUNTRY ENTERING THROUGH SOFT MARITIME BORDERS

by Chris Mgidu and Joy Nabukewa MOMBASA (Xinhua) -- President Uhuru Kenyatta has vowed to destroy illicit drugs in future to serve as a warning to those bent on ruining lives of young citizens.

Kenyatta, who personally led an operation to blow up a ship and destroy heroin worth over 11.4 million U.S. dollars, warned the Port of Mombasa would no longer be a passage for the importation of illicit drugs.

"We will not allow drug barons to destroy the future of our young people. We will track and deal with them decisively," Kenyatta warned in Mombasa.

Kenya recently signed a bilateral agreement with some Western nations that among others allows the countries to cooperate on sharing intelligence on drug tracking crime.

The drug use is blamed for

affecting the ability of thousands of youth in the coastal town from going to school or performing economically productive roles.

Kenyatta said the destruction of the heroin sent a clear signal to drug traffickers that they will not be allowed to continue the illegal trade at the expense of the dreams of the Kenyan youth.

The president, aboard a Kenya Air Force chopper and the Kenya Navy in their modern warship KNS Jasiri—led journalists, security personnel and anti-narcotic officials as the ship and the drugs were blown off in a well-coordinated exercise in the high seas.

The destruction of drugs impounded by the Kenya Navy last month was also witnessed by delegates who have been in the coastal city of Mombasa attending the 16th East Africa Police Chiefs Cooperation Organization (EAPCCO) annual general meeting.

Kenya's National Authority for the Campaign against Alcohol and Drug Abuse (NACADA) Chairman John Mututho said destruction of the drugs and the ship should serve as the final warning to drug barons.

He said owners of the destroyed drugs will be tracked down and prosecuted. "We are investigating 50 suspected drug

barons and we are sure we will recommend action by the end of the year," Mututho said.

The NACADA chairman asked Parliament to review and strengthen the anti-narcotics law of 1994 to hasten the conclusion of drug-related cases in courts.

Mombasa County Commissioner Nelson Marwa said the government will not relent and has enhanced patrol in the sea to keep children off drugs.

Traffickers have increasingly become smatter because of improved surveillance at the airports and have now resorted to using roads to reach their intended destinations.

Navy Destroys Heroin Haul Worth U.S. \$11.4 Million Dollars

by Joy Nabukewa and Chris Mgidu MOMBASA (Xinhua) -- Kenya Navy has destroyed and sunk a drug-laden ship at the port of Mombasa in an operation that showed the government's commitment to deal decisively with illicit drug trade.

The destruction, which was witnessed by President Uhuru Kenyatta aboard a Puma military helicopter that was flanked by two Mi 17 Russian made helicopters 18 nautical miles off the port of Mombasa, saw the 377kms of heroin worth U.S. \$11.4 million dollars go up in flames.

The country's senior military and police chiefs circled the location at deep sea that was heavily guarded.

The consignment of drugs was transferred from the police custody under heavy guard to the Port of Mombasa where they were weighed and loaded into the ship.

A team of Bomb Disposal Unit from the military was used to assemble the explosives as the drugs were packed into the ship before it was towed into the deep seas at the Explosives Disposal Zone used for military exercises where such explosives can safely be conducted without interfering with marine life.

A plume of white smoke rose about 200 feet high from the sinking ship after the 4:15 p.m. detonation of the explosives.

Navy personnel in three warships, two patrol boats and two tugboats detonated explosives in the ship, which sank it 353 meters deep in a well-coordinated operation witnessed by regional police chiefs.

Director of Criminal Investigations (CID) Ndegwa Muhoro said this was a statement to drug dealers that Kenya will not tolerate the vice at any cost.

"This is a statement to drug dealers that Kenya will not be their play ground.

The ship was destroyed according to the law that stipulates that such ships can be seized and the government can do what it wishes to do with it," Ndegwa said.

The ship was intercepted off the Kenya's coast in Lamu by Kenya navy patrol ship sailing towards the port of Mombasa last month.



MOMBASA (Xinhua) -- Police officers display 341.7 kilogrammes of heroin seized from inside the Vessel Mv Bushehr Amin Darya alias Al Noor. XINHUA PHOTO - MBUYU CAZEIYA

The drugs were extracted from diesel reservoir inside the ship after it was subjected to verification by multi-agency operation comprising military and anti narcotic officers dispatched from Nairobi.

The drugs were extracted from the 1,800 litres of the ship's diesel reservoir on July 15 where they were concealed after being intercepted off the Kenya Coast in Lamu by Kenya navy officers.

On April 25, Australian Navy sailors patrolling the coast of Africa seized another haul weighing more than one tonne on a suspicious sailing boat.

The estimated street value of that heroin haul was put at U.S. \$290 million dollars.

Crew from HMAS Darwin boarded the wooden boat east of Kenya and discovered 46 sacks of heroin hidden among bags of cement.

The Navy said the drugs from the dhow were taken aboard HMAS Darwin.

The UN Office on Drugs and Crime (UNODC) has on several occasions cited Kenya as a transit point for re-packaging and transshipment of drugs to Europe and America.

International investigators have established that proceeds from narcotics trade are used to finance global terrorist networks.

Information On AFRICA

Check out daily updates on what is happening in Business and Politics all over Africa provided by Xinhua News Agency on www.coastweek.com



MOMBASA (Xinhua) -- Smoke billows from the Vessel 'Mv Bushehr Amin Darya' alias 'Al Noor' during its destruction at Delta-16 off Mombasa. Kenya Navy destroyed and sunk a drug-laden ship off the port of Mombasa in an operation that showed the government's commitment to deal decisively with illicit drug trade. XINHUA PHOTO - SIMBI KUSIMBA

All-Ladies Crew Deliver Kenya Airways' Luxurious Fourth Boeing 787 Dreamliner



Captain Koki Mutungi at the controls of the Boeing 787 Dreamliner.

An all-ladies crew, led by Africa's first black female Boeing 787 Dreamliner certified Captain, Ms. Irene Koki Mutungi, jetted into the Jomo Kenyatta International Airport (JKIA) to deliver Kenya Airways' fourth Dreamliner.

In a feat that will go down in history as a first in Africa's aviation industry, the Kenya

Airways all-ladies crew assigned to fly in the new aircraft featured a Flight Purser, Cabin Crew ladies and a Load Master with the exception of a male first officer.

The wide-bodied plane's delivery from the manufacturer's Boeing Corporation Assembly Site in Charleston, South Carolina, in the United States to Kenya Airways' Nairobi hub, now pushes KQ's fleet

count to 37 planes in active operation. As part of its fleet renewal programme, KQ, has retired some of its older aircrafts in readiness of the new generation deliveries.

As part of its fleet renewal strategy, Kenya Airways is in the process of taking delivery of five more Dreamliner airplanes from Boeing Corporation, to complete an order for 9 such aircraft.

Globally, Captain Mutungi is

highly regarded as the first black female pilot certified to captain the state-of-the-art super-efficient airplane that is fast becoming the darling of leading global commercial air operators.

On Thursday afternoon, at exactly 12:45pm, the fourth Dreamliner landed to a well-deserved round of public applause and ceremonial water canon shower by the Kenya Airports Authority (KAA) Fire Brigade team.

On hand to receive Captain Mutungi and her crew was Kenya Airways Finance Director Alex Mbugua who acknowledged the historical milestone in the delivery of the aircraft.

"This is a historical moment for Kenya Airways as we have proved to the world and our aviation peers of our deliberate commitment to human resource development by providing an equal opportunity to our sisters," Mr. Mbugua said.

"I look forward to a day in the near future when this aircraft will be managed by a 100 per cent Ladies crew," he added.

By receiving the fourth Dreamliner and with two more to go by October this year, Kenya Airways is maintaining its corporate focus on a strategic effort to renew its aircraft fleet to guarantee cost efficient service delivery.

Within this fleet renewal and turnaround programme, Mr. Mbugua confirmed, Kenya Airways has already received four Dreamliner aircrafts which have already commenced operations on the Nairobi-Paris, Nairobi-Bangkok-Hong Kong, Nairobi-Johannesburg among other routes.

TOP AWARD FOR 'VOYAGER BEACH RESORT' MOMBASA

Voyager Beach Resort Mombasa a Heritage Kenya property has received a TripAdvisor® Certificate of Excellence award for 2014.

The accolade, which honors hospitality excellence, is given only to establishments that consistently achieve outstanding traveler reviews on TripAdvisor, and is awarded to qualifying businesses worldwide.

Only the top-performing 10 percent of businesses listed on TripAdvisor receive this prestigious award.

To qualify for a Certificate of Excellence, businesses must maintain an overall rating of four or higher, out of a possible five, as reviewed by travelers on TripAdvisor, and must have been listed on TripAdvisor for at least 12 months. Additional criteria include the volume of reviews received within the last 12



The cabinet secretary for Commerce, EAC and Tourism Hon. Phyllis Kandie is seen handing over the certificate to the Voyager team led by CEO Heritage Hotels Mohammed Hersi. Looking on [from right] is Muriithi Ndegwa Managing Director Kenya Tourism Board, Group Executive Chef Livingstone Asikoye, Operations Manager Yusuf Olela, Groups Operations Manager Wasike Wasike.

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THIS WEEK IN PHOTOGRAPHS



RBA Seminar At Nyali Beach

A clinical psychologist Dr. Susan Muriungi [seated centre] consults with Boniface Mwangangi [left], of Retirement Benefit Authority (RBA) a counseling psychologist Ms. Grace Mwangi [right] Financial Consultant Ben Mandi [standing right] and Dunson Njihia a retiree during a Retirement Planning Seminar held at Nyali International Beach Hotel. The over hundred participants were drawn from different retirement schemes in the country. PHOTO BY TITUS MUSAU



Crown Paints Kenya Limited show support to the Church of Jesus Christ of Latter - day Saints in a community service project at the Divisional Police Headquarters Eldoret West culminating on the 18th August 2014. The activity included a cleanup exercise and painting of the external walls of the police station. Seen [from left] Crown Paints Kenya Ltd Head of Sales and Marketing Gaurav Bhalla, Crown Paints Kisumu Sales Manager Rajeev Kalita, Crown Paints Kenya Sales Executive Aggrey Jumbaa, Eagle Hardware Director Narendra Patel, staff OCPD Eldoret and volunteers from The Church of Jesus Christ of Latter.



Destination Kwale Investment Forum

Deputy President William Ruto welcomed by the Director of Leisure Lodge Resort, John Kioko Mutua on arrival at the hotel for the official opening of Destination Kwale Investment Forum held at the hotel. The function was also attended by Kwale Governor Salim Mphurya. PHOTO BY TITUS MUSAU



Governor All Hassan Joho presents an award to Gabriel Muchiri of Sapling Trust Foundation for winning in the A.S.K. Art Competition in the Special Needs Category.



EAPCCO Meeting At Sarova Whitesands

President Uhuru Kenyatta is being introduced to the General Manager of Sarova Whitesands Beach Resort and Spa Jadhav [right] by Inspector General David Kimaiyo on arrival at the hotel for the official opening of the East Africa Police Chiefs Cooperation (EAPCCO) meeting. PHOTO BY TITUS MUSAU



APA INSURANCE LTD Medical Marketing Executives, Ms. Zakia Juma [from left] and Ms. Grace Ndolo presents Ksh. One Million cheque to Mr. and Mrs. U. B. Shah for his critical illness cover and further treatment. The function held at APA's office along Moi Avenue was witnessed by Manish Solanki of AUM Insurance Brokers. PHOTO BY TITUS MUSAU



FAIRDEAL FURNITURE DONATION TO A KIKAMBALA DISPENSARY

Fairdeal Furniture donated two office tables to Kikambala Catholic Dispensary on 8th August 2014. Standing [from left] Project Manager Dancun Miranga, FFM Floor Manager Stephen Nganga, Kikambala Catholic Father Joseph Kenga, Catholic staff Theudeus Sheghu, AUM Production Manager Asgher Azad and UPVC Logistics Manager Sadik Mohammed

HAVE A SMILE!



"I need a new dipstick this one doesn't reach the oil."



"I like a nice fresh egg for breakfast every day."



"It's not bad ... considering he made it the same day he bought the bottle."



"You must pull yourself together - you're losing you will to spend."



"For Pete's sake! It was a five-minute coffee break!"



"Thank you - we'll let you know!"

KILIFI COUNTY DONATIONS



The Donor Kinner Lakhani [second right], Hon. Bonifacae Mwingo [right] and Vinod Dattani [fourth right] with some of village elders after distributing items including blankets, mosquito nets, lanterns and school bags to heads of families of various villages in Kilifi County.

'Women Can At Times Be As Delicate As Magnolias But At Other Times Be As Tough As Steel' - C.A.T.S.

'As the title suggests, 'women can at times be as delicate as magnolias but at other times be as tough as steel'.

This is CATS' latest play 'Steel Magnolias' in a nutshell. Due to unprecedented demand the re-run of this wonderful play by Robert Harling will take place at La Veranda Restaurant on Thursday 11th and Friday 12th September in 'The Alberto Hall'.

Robert Harling wrote the play as a tribute to his own sister Susan who died from diabetic complications, so the result is a poignant but at times light hearted production which follows the lives of a group of southern women in North Louisiana.

The action begins on the day of Shelby Eatenton's wedding (played by CATS' rising star Aika Patel) and the setting is Truvy's (Michelle Jackson-Read) beauty parlour, the hub of society for this intimate group of ladies.

It then covers events over the next three years as discussed by the clientèle as their coiffures and manicures are worked on. Shelby had type one diabetes; this condition proves to be the strength behind the relationship of this group of friends.

Julia Marques plays the new girl in town who has problems of her own. Victoria Jones plays the well-healed widow who owns a football team then buys a radio station, Jean Hughes is Shelby's long suffering mother who has a husband that enjoys shooting crows from the trees, and Ann Marques plays the neighbour who endures the idiosyncrasies of the family next door with a distinct lack of tolerance.

Tickets for this production are available at Forget-Me-Not florists; members K.sh400, non-members K.sh700 and students K.sh300.

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SAROVA WHITESANDS BEACH RESORT & SPA MOMBASA

LUNCH FOR TWO at Minazi Restaurant, Sarova Whitesands Beach Resort & Spa, Mombasa will be awarded to the winner. The next draw for the winning entry will be **10th September 2014 by 10.00 a.m.** Completed Arrowword should be sent to 'Prize Arrowword' COASTWEEK, P. O. Box 87270 - 80100 Mombasa, Kenya or dropped off at Coastweek offices. Please write your full name.

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Draw Every 2 Weeks

ARROWWORD NO. P.074

Wicket croscopier	Mixture of lens or more metals	Washing- line support (7-6)	Continuously (2,3)	Ladies' bedrooms
▶			Army rank (mils)	
Scheme	Jordan, TV dancer		Land of sheep	Kiely, fashion designer
▶				
Extravagan publicity	Spa resort		Online fashion retailer	
▶				
Hit with the palm	Bloodsucking worms	Underwater detection device	Central Asian body of water	On cloud intensely happy
▶			Jacques ... French comedy actor	
Monument	Shout, rave			Los Angeles, US city
▶				
Coconut fairground stall	Christmas stage show			
▶		Hawaiian guitards		

NAME.....

ADDRESS.....

SOLUTION TO 'PRIZE SUDOKU' NO 286

4	8	2	3	5	9	6	1	7
5	9	6	8	7	1	2	4	3
7	3	1	4	2	6	5	9	8
1	2	4	7	6	5	8	3	9
8	5	7	1	9	3	4	2	6
9	6	3	2	8	4	7	5	1
2	7	5	9	3	8	1	6	4
3	4	8	6	1	2	9	7	5
6	1	9	5	4	7	3	8	2

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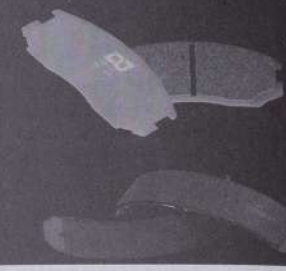
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Barsheba's Winners Streak Dented By Congo Boys FC

Barsheba's winning streak in the South Coast provincial league was nipped in the bud after a shock 2-3 defeat by Congo Boys FC.

Barsheba were under pressure from the start of the game and shot themselves on the foot in the 13th minute after they conceded an own goal.

Barsheba's nightmare continued after Ali Shekue of Congo Boys netted the second goal in the 24th minute.

Barsheba pulled back through John Mwandowe in the 33rd minute while Said Ahmed levelled the score four minutes later for a 2-2 scoreline at half time.

Congo Boys had the last laugh at an hours mark through a strike by Salim Farouk.

With the results, Congo Boys have edged Birikani Hot Stars from the sixth position on the 11 team zone D log with 19 points, ten points below leaders Nyola.

In other provincial matches played, Mulango Super Eagles dismissed Miritini Combined 3-0 at Changamwe Estate ground, Mabrouq spanked Mwatate United 1-0 at Bomu, Western Ambassadors shared the spoils with 2-2 draw against Super Rangers at Junda as Green Bombers settled to a barren draw against Nacet from Ukunda at Chaani ground.

Burnley Amateur came from

behind to thrashed Ziga 3-1 in a Hassan Joho Foundation County league clash played at Totonoka ground.

The match started at a cracking pace and Ziga shocked the hosts in the 20th minute through Aruyne Omondi.

Burnley pulled spanner in the works and equalised through Hajj Matano in the 25th minute.

Five minutes later, Salim Ahmed stretched the lead for Burnley and Jamil Abdul wrapped the match one minute to breathe.

With the win Burnley Amateur moved two places up to fifth position on the 21-team league having 18 points, six behind pace setters Bandar Youth.

In another matches played, league leaders Bandar Youth FC downed Nyali Strikers 2-1 at KPA Mbaraki Sports Club as Kisauini Youth dimmed Island Stars 4-1 at Bamburi Parmashap. Vroni Strikers destroyed Bokole Strikers 4-0 in the same league match played at Kwa Shee ground.

Moses Mwadziwe opened the floodgates in the 12th minute as Mohammed Wesa doubled the lead four minutes into the second stanza.

Wilson Mwadziwe made it 3-0 three minutes to an hours mark and Adam Tsuma completed the goal burst in the 69th minute.

With the result Vroni Strikers has edged Rising Stars to occupy the second spot on the 21-team log with 25 points, three points below pace setters Mombasa Hamlets.

Gunners Youth humbled Ambassadors of Hope 2-1 as Bungoni were awarded three points after Doal Old Guards failed to show up at Totonoka ground. Elsewhere at Ziwan Lasco ground, Boca Juniors smacked Barsenal Youth 1-0.

ELEVEN COAST CRICKET TEAMS REGISTERED FOR '30 OVER TOURNAMENT'

After a successful 6-A-side tournament, 11 teams have registered for the 30 over tournament.

The teams are separated into two divisions, where Division 1 is compiling of all the "A" teams from Mombasa especially clubs registering two teams.

Division 2 is compiling the "B" teams from Mombasa Sports Club, Simba Sports Club and Cutchi Leva.

All Division B teams consist of young developing players with 2 or 3 senior players to guide the young generation cricketers to the next level of the Noble Game of cricket.

Division 1 Teams will play a Knockout format while Division 2 will play a round robin format.

GAME 1 - Mombasa Sports Club started their title defense of the 30 over tournament in style by a convincing win over Simba Union on Sunday 31st August, on Coast Gymkhana.

A perfect day for cricket saw MSC lose the toss and put in to bat.

Disciplined bowling attack by the opening bowlers Jasmeet Bhuller 0/30 and Hamza 3/41 reaped reward as MSC struggled in the opening spells losing wickets at regular intervals.

Also contributing was newcomer Gurjeet 1/30 and Harmeet Singh 1/27.

However, vital contributions by Mohit Dhuria 30, Capt Zahirabbas Khaku 29 and Sagar Karia 26 saw MSC to a defendable total of 187/8.

Simba Union innings never got a chance to take off as MSC bowling attack tore through the batting line up mercilessly.

Only Hamza 18 and Harshil



The Kenya Umpires and Scorers Association - Coast Branch Chairman Vipul Patel is seen handing over the trophy for the man of the match to Shafiq Makrani of Simba Sports Club during the recent Tape Ball Cricket Tourney hosted by the new Simba Union Sports Ground in Nyali.

Parekh 17 managed to cross double figures as Simba were eventually bundled all out for 77 in the 21st over, losing the match by 110 runs.

It was labeled a Captains day as Zahirabbas Khaku added to his batting performance with bowling figures, which included the season's first hat-trick, 4/16 and two sharp catches in slips.

He was well supported by his opening partner Thabith Mohamed 2/2 in 4 overs.

GAME 2 - Elsewhere, Memon Sports Club was given a harsh welcome back into Coast cricket by Burhani Sports Club at Burhani SC ground.

After winning the toss BSC captain elected to bat first.

What looked like a promising start from the opening pair; Ammar T. 12 and Idris Feroz 38

fell short as Ammar departed early.

A near Century from Talha Khan saw him blast a punishing 99 as he was supported by Yusuf Hussein who bagged his half century 52 not out.

Burhani finished with a massive total of 260/3 in 30 overs.

Memon SC were not up to the task of chasing a mammoth score of 260 runs, they lost wickets early and at regular intervals.

Yusuf Hussein 6/18 and Mustafa Chandhai 3/15 showed no mercy to the newcomers who eventually were all out for a score of 43 runs in 15 overs.

COAST BRIDGE with C.P. SHAH

Following is a very interesting hand where West should have defeated the contract if he had read the Declarers cards correctly.

DEALER: SOUTH NORTH-SOUTH VULNERABLE BIDDING

SOUTH	WEST	NORTH	EAST
ONE SPADE	PASS	TWO SPADES	PASS
FOUR SPADES	PASS	PASS	PASS

West led the Knave of Diamonds to Dummy's Queen and East's Ace, Declarer following.

At trick two, East switches to the Two of Clubs and Declarer plays the seven West wins the Knave.

Too late because Declarer might have paused if he held the King, deciding whether to play it and because the West is unlikely to beat the contract

NORTH

♠	J	9	3		
♥	J				
♦	K	Q	9	6	2
♣	10	6	4	3	

WEST

♠	10	4			
♥	Q	10	6	5	
♦	J	10	8	4	3
♣	A	J			

EAST

♠	8	7	2		
♥	9	8	3	2	
♦	A	5			
♣	K	8	5	2	

SOUTH

♠	A	K	Q	6	5
♥	A	K	7	4	
♦	7				
♣	Q	9	7		

unless East had the King of Clubs, West must win the trick with the Ace of Clubs and return the Knave and East wins the King and returns a third Club for West to ruff.

If West wins the Knave and cash the Ace, he has no way of reaching East's King and Declarer's third Clubs is discarded on Dummy's King of Diamonds.



The Kenya Umpires and Scorers Association (CCA) Coast Branch Chairman Vipul Patel handing over the trophy for the highest wicket taker to Paresb Bhudia of Shree Curchi Lewa Sports club during the recent successful Six-A-Side curtain raiser matches. Looking on (from left) are CCA Vice Chairman Vipul Patel, CCA Treasurer Satpal Singh, CCA Fixtures Secretary Heman Desai and Umpire Vishram Hala.

Warm Up With 2 Clubs

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EXCLUSIVE - GREG NORMANS' GOLF LESSONS

Great Golfing Scores At Heritage Mug and Medal

With the many demanding duties that a club captain and his counter part, the lady members have to shoulder is looking for sponsors for the mugs and medals around the year.

These regular monthly competitions are the backbone of a golf club, providing the real test of golfing skills but being club competitions they do not attract sponsorship of the kind that a corporate competition receives from the corporate world concerned.

For this reason, mugs and medals are also not as well subscribed as the bigger competitions, the members preferring to take their leave of absence from these bread and butter competitions.

Therefore, palpable was the sense of relief and pleasure with which Sammy Kamau, the Nyali Golf Club Country Club Captain announced on Saturday August that Heritage Insurance Company Ltd, the sponsors of the Mug and Medal which took place that day, had agreed to sponsor mugs and medals for the next six months.

More worries for Sammy and the Lady Captain Alice Wahome to look for sponsorship for mugs and medals for the remainder of their terms of office. The Mug and Medal played on Saturday, the first of the six in the line under the auspices of Heritage Insurance Company.

Produced some great scores, none more noteworthy than the brilliant two over par 73 scored by Mathew Githinji who went round level on the first nine and dropped only two shots on the back nine to return the nett score of 68 which not only placed him at the top in A Division but also earned him the Best Gross prize.

Mathew made a flying start with a birdie on the 1st, dropping one stroke however on the next hole to level off and pars all the way to the 9th to finish with 36 strokes in the first nine.

His form seemed to falter a bit on the back nine with bogeys on the 11th, 12th and 14th but a two club birdie on the 15th made up the deficit for the five handicapper finishing with 37, one and a half stroke less than his handicap allowance.

While Mathew had the best gross and a great nett 68, his was not the best nett of the day.

That honour was claimed by Shehriyar Akram who carded nett 67.

Shehriyar also started with a birdie on the 1st, followed with four pars, on the 2nd, 3rd, 5th and 7th, bogeys on the 4th, 8th and 9th and an unfortunate double bogey on the 6th, understandable however, given that the 6th had one of the trickiest pin positions of the day.

The three over total of 40 on that nine translated to nett 31 for the eighteen handicapper.

But Shehriyar also found the 2nd nine less easy on score, taking three over par on the very first of the back nine, but pars on the 14th and 18th helped to level the score to his handicap allowance and with bogeys on the 11th, 12th, 13th, 15th and 17th, missed only slightly by a double bogey on the 16th, Shehriyar ended with a total of 45 strokes, one over his handicap to nett 36.

The sum total of 67 nett for the 18 holes however remained the best nett of the day and gave Shehriyar the top place in B Division.

The next best score of the day also came from B Division, nett 69 scored by George Githinji.

The fourteen handicapper George played the 1st nine to his handicap, nett 36 off 43 and then improved the back nine by three shots, despite a "double par" six on the 10th, by a birdie on the 17th and pars on the 13th, 14th, 16th and 18th and well deservedly took the second place in B Division.

There were two more under handicap scores in the entire field, a nett 70 scored by Ijaz Sheikh in C Division and Teresia Odoo on the ladies side in Silver Division, both taking the top place in their respective divisions.

Ijaz had to work hard to overcome a triple bogey on the 4th and double bogeys on the 2nd and the 5th but he managed it well with pars on the 1st, 6th, 7th, 11th and 15th to register his one under handicap 70 nett. On her part, Terry too had a run of double bogeys, on the 2nd, 3rd and 4th in the front nine and 11th and 16th on the back nine but pars on the 1st, 7th, 13th, 17th and 18th tipped the balance back to the winning score of nett 70.

None of them however had to counter what Perviz Barnsley had to in her round, in order to earn her top place in Bronze Division with a score of nett 71.

Faced with a particularly nasty start with quadruple bogey on the 1st, Perviz did tremendously well to complete the round exactly to her handicap, incidentally the only person in the field to do so, her two club birdie on the 6th with a particularly difficult pin position and par on the 4th going a long way to making amends.

Falling just one behind his better half Perviz, was the hubby Clive Barnsley on nett 72 to take the second place in C Division and one behind Clive, on nett 73 were three gentlemen, two of whom, Simon Maina and William Kaguta both playing off handicap 5, vying for the second place in A Division.

Simon got the better of Willie with his count back of 33.5 off 36 shots against William's 34.5 off 37.

A birdie on the 11th and on the 18th a two club birdie obviously helped Simon's cause while William's bogey on the 11th held him back and in the third place.

The third nett 73 was carded by Raphael Thyaka playing in B Division and which placed him in the third place while in C Division the third position was taken by Mohamed Essa with nett 74.

On the ladies side, following Terry in Silver Division was Fatma Mohamed with 72 nett and Wambol Warui was the third with nett 74.

In the Bronze Division, the Vice Captain Raphi De Silva broke the protocol and stepped ahead of her Captain with nett 73 in the second place, leaving Alice in the third place with nett 74.

Farida Saeed was the Best Putter with 29 putts, a good number considering the demanding pin positions on a number of greens.

While seven gentlemen and one lady claimed two clubs, there was one gentleman who outdid them all, playing to the gallery with a hole in one on the 18th. The gallery was well packed with spectators as it was almost the end of the day and the person who did it was Tony Wanyama.

Tony gladly picked up the tab for the customary "drinks all round" which added to the high spirits pervading in the Club House at the end of a very enjoyable round of golf.

Many thanks to Heritage Insurance Company for this and many more great golfing days to come.

Golf Report by THE DRIVER



Bandari Youth FC Under-19 soccer team players and coach pose for a group photo after a training session at their Mbaraki Sports Club. Bandari Youth are leading the Mombasa County Hassan Joho Foundation League.

Modern Coast Rangers and Nakumatt FC Battle Ends With Barren Draw

Modern Coast Rangers shared the spoils with visiting Nakumatt FC from Nairobi when they battled to a barren draw in National Super League match played at the Refinery ground in Changamwe.

The match whose kick off delayed due to late arrival of security personnel saw both teams missing several chances.

With the results, Modern Coast Rangers maintained their ninth position on the 12-team table standing with 14 points from 13 matches, ten points below third placed Nakumatt.

A National Division One league match between Takaye Stars and Magarini played at Takaye primary ground was abandoned in the second half when the visitors boycotted to play citing absence security officers.

By the time of the abandonment, Takaye Stars were leading 1-0 courtesy of a 20th minute strike by Tumaini Mtawali.

The second half was about to kick off when Magarini refused to take the pitch till security is provided as per the rules and regulations governing the

league. Match officials waited for security in vain until they had to call off the match.

Elsewhere, the cash trapped Coast National Division One league teams failed to show up on the second consecutive day against their opponent during their up-county tour.

Sparki Youth failed to turn up at Matuu for their match against Yatta Combined, Coast Stima never showed up at Jericho for their game against Jericho All Stars and Wets Ham were not to be seen at Garrissa ground for a date against Red Eagles.

Mwatate United FC from Taita Taveta County upset the form book when they humbled highly fancied SS Assad FC in South Coast Premier League match played at Mzimuni ground in Ukunda.

After a barren first half Ramadhan Kiboko silence the home crowd with a grass cutter ten minutes to time.

In other matches played, Taveta Sisal rolled over Mackinon with 2-0 victory at Taveta ground, Civicon knocked down Rhino 2-1 at Makini Sports Club

and Ribe United prosecuted Mahakama with 2-1 win at Lugwe.

Other results: FC Shells spanked Kaloleni United 2-1 at St John's Kaloleni, Sparki Youngsters pipped Black Dragon 1-0 at RG Ngala, Nyota shot down Ziwani Youth 1-0 at Ziwani Lasco as Super Matuga were held to a one-all draw by Annex-07 at Kombani.

TABLES TURNED

Vimbwanga turned the tables on arch rivals Shimmo Prison in the FKf division one match played at Peleleza ground.

The match was destined for a deadlock until Omar Nuur Matano broke the stalemate during injury time.

The victory was a sweet revenge for Vimbwanga who lost 2-4 to their opponents during the first leg match played at Shimo la tewa school at the beginning of the season.

With the win Vimbwanga have moved one place up to fifth position on the 15 team log with 25 points, eight points ahead of ninth placed Shimmo Prison.

KIPLANGAT EYES ON FARAH AT CONTINENTAL CUP IN MOROCCO

NAIROBI (Xinhua) — Kenya's Commonwealth Games 5,000m bronze medallist Isiah Kiplangat is not losing his sleep over the imminent clash with double Olympic Champion Mo Farah at the IAAF Continental Cup in Marrakech next week.

Kiplangat, one of the ten Kenyans who have made the cut in the 88-member Africa team, said he is ready to take the battle to Farah's door-step as he starts his campaign to dominate the 12-lap race.

"Running against Mo Farah is not something that has my heart racing. He is your ordinary

athlete and will be gasping for breath in the final laps just like any other competitor. But he has that extra energy to beat any opponent," Kiplangat said on Tuesday.

"That is what I will be watching out for. A fast pace will do me good. Mo Farah has competed in one Diamond League in Birmingham and he capitalised on the final 1,000 metres. I will use the experiences I have had to compete and leave no chances. I will give it my best," he added.

Kenya team of 10 athletes leaves on Wednesday for the Morocco city of Marrakech and Confederation of African Athletics (CAA) Vice President

David Okeyo remained hopeful, the continent, hosting the event for the second time, will emerge victorious.

"We have a strong team as Africa, some of the best athletes in the discipline are from Africa and Kenya and Ethiopia are the leading examples," Okeyo said.

"We are confident someone like Isiah Kiplangat, Ethiopia's Mohammed Aman, Nijel Amos (Botswana) can do well. But competition, like every other championship, will be high."

The African team's best chances are expected to come in the track events, and their line-up boasts seven athletes who currently top the world list in their respective events.

Jairus Birech, the fastest steeplechaser in the world this year, will be one of their top hopes, along with world indoor champion Genzebe Dibaba, 3000m world leader Hellen Obiri, African 800m champion Nijel Amos, world indoor 3000m champion Caleb Ndiku, African javelin record-holder Ihab Abdelrahman and Ethiopian steeplechaser Hiwot Ayalew.

The European team is yet to be finalised, but it will feature Polish hammer thrower Anita Wlodarczyk, who yesterday set a world record of 79.58m in Berlin.

Alongside Africa, the other teams are champions Americas, Europe and Asia-Pacific.



IAAF WORLD CHALLENGE ZAGREB (Xinhua) — Fergusson Cheruiyot Rotich [right] of Kenya competes during the men's 800m final at the IAAF World Challenge Zagreb 2014 in Zagreb, capital of Croatia, on September 2, 2014. Fergusson Cheruiyot Rotich declared the champion with 1 minute and 45.76 seconds.

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BROOKSIDE EAST AFRICA SECONDARY SCHOOLS GAMES

National Swimmers Bag 29 Gold Medals

Kenya team emerged the winners of the swimming crown in the Brookside East Africa Secondary Schools Games when they bagged in a total of 29 gold medals at Dar es Salaam University swimming pool.

The Kenyan team was the best with the seasoned swimmers among them Emily Muteti, Ambaar Michaelo and Saahil Harunani also won 23 silver and four Bronze medals to their cabinet.

medals in total gave Kenya overall swimming crown with 362 points followed by their closest rivals Uganda who got 154 points, Tanzania in third place with 87 points while Burundi finishing fourth with 62 points.

Kenya's Saahil Harunani and Emily Muteti won four gold medals each in the senior boys and girls category while Ambaar Michaelo won four and Nabil Shikely three gold medals each in the junior category.

Meanwhile, swimmers from The Blue Ocean Swimming club

Mombasa splashed their way to victory in this year's Mombasa County Open Water Swimming Gala which was held at the Historic Fort Jesus Channel on August 22, 2014.

This was an open event for all and participants from all walks of life thronged the venue to take part in the battle of the giants.

Spectators came in droves and the venue was packed to the brim.

It was an overwhelming experience as crowds kept on cheering for their participating children.



Seen [from left] Urvi Dayal, Coach Vishula Pratik Patel, Paul Oruya, International Coach Mohamed Abdulaziz, Mohamed Suleiman, Abdulswamad and Violet Okoth. Missing in photo Muhammad Khandwalla and Ahmed Abdulkadir.

when she opened the medal floodgate by clinching a gold medal in the 18 years and over female category.

Daisy Awino Odhiambo swam her way to gold in the 9 to 12 year old category. Violet Akoth Okoyo managed a silver in the 16 to 17 years female category while Urvi Dayal managed a bronze in the 12 to 15 years age category.

The boys' team comprising of Ahmed Abdulkadir, Abdulswamad, Mohamed Suleiman (son of late Legendary Coach Suleiman), Mohamed Bilal Khandwalla, Mohamed Farid and Paul Samora Oruya did not disappoint as well.

Paul managed to beat a field of more than 50 swimmers to emerge victorious in the 9 to 12 age category while Mohamad Suleiman managed a bronze medal after a tough neck to neck swim in the 13 to 15 year category.

Hot behind his heels was sensational swimmer Muhamad Bilal Khandwalla who managed fourth place despite swimming against older participants.

The rest were placed in the top six brackets.

All in all, it was a very well-

organised gala and the race director Abdulaziz Abdallah and his technical team were really helpful.

"We thank the organizers for inviting us and we are looking forward for the next gala," said the team coach Vishula.



Winners of the girls swimming category pose with their respective medals.

Nevertheless as usual, participants from Blue Ocean did not disappoint as each and everyone swam their hearts out to keep the club's flag high.

To begin with, the club Coach Vishula Pratik Patel proved she is still a force to reckon with



Some of Kenyan swimmers who won medals in the East Africa Secondary School Games in Dar es Salaam, Tanzania.



KENYA TIDE TABLES

MOMBASA, September 05 - 11, 2014

FRIDAY High Water - 2.2 m. at 00.35 hrs. (12.35 a.m.) and 2.8 m. at 13.13 hrs. (1.13 p.m.). Low Water - 1.2 m. at 06.34 hrs. (6.34 a.m.) and 0.9 m. at 19.45 hrs. (7.45 p.m.).

SATURDAY High Water - 2.6 m. at 01.55 hrs. (1.55 a.m.) and 3.1 m. at 14.17 hrs. (2.17 p.m.). Low Water - 0.9 m. at 07.49 hrs. (7.49 a.m.) and 0.6 m. at 20.36 hrs. (8.36 p.m.).

SUNDAY High Water - 2.9 m. at 02.47 hrs. (2.47 a.m.) and 3.4 m. at 15.07 hrs. (3.07 p.m.). Low Water - 0.5 m. at 08.43 hrs. (8.43 a.m.) and 0.3 m. at 21.17 hrs. (9.17 p.m.).

MONDAY High Water - 3.3 m. at 03.30 hrs. (3.30 a.m.) and 3.6 m. at 15.50 hrs. (3.50 p.m.). Low Water - 0.3 m. at 09.28 hrs. (9.28 a.m.) and 0.1 m. at 21.55 hrs. (9.55 p.m.).

TUESDAY High Water - 3.6 m. at 04.09 hrs. (4.09 a.m.) and 3.7 m. at 16.30 hrs. (4.30 p.m.). Low Water - 0.0 m. at 10.10 hrs. (10.10 a.m.) and 0.0 m. at 22.30 hrs. (10.30 p.m.) FULL MOON.

WEDNESDAY High Water - 3.7 m. at 04.48 hrs. (4.48 a.m.) and 3.7 m. at 17.08 hrs. (5.08 p.m.). Low Water - -0.1 m. at 10.50 hrs. (10.50 a.m.) and 0.0 m. at 23.06 hrs. (11.06 p.m.).

THURSDAY High Water - 3.8 m. at 05.26 hrs. (5.26 a.m.) and 3.6 m. at 17.45 hrs. (5.45 p.m.). Low Water - 0.0 m. at 11.29 hrs. (11.29 a.m.) and 0.0 m. at 23.41 hrs. (11.41 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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