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ANNUAL LAMU ISLAND CULTURAL FESTIVAL 2013 - PAGE EIGHT

Military Warning Off All Somalia Pirates

By Joy Nabukewa and Chris Mgidu MOMBASA (Xinhua) -- Kenya naval forces have stepped up surveillance along the Indian Ocean coastline following reports of a string of unsuccessful Somalia pirate attacks this month.

Kenya Defense Force (KDF) spokesperson Major Emmanuel Chirchir also warned that any attempted attack by pirates will be dealt with firmly.

"We have our Navy troops patrolling from Kenya territorial waters to Kismayu in Somalia and any attempt to attack the vessels will be met with the full force," Chirchir told Xinhua by telephone.

Kenya Seafarers Union (KSU) Secretary General Andrew Mwangura said that there have been five unsuccessful attacks in the Indian Ocean so far in November.

Mwangura said the recent attack occurred on Sunday after a Danish-owned oil product tanker Torm Kansas came under attack while underway from India to South Africa but managed to fend off a pirate attack.

Heavily armed pirates approached the tanker in a skiff and opened fire while she was en route from Sikka, India laden with 35,000 tonnes of oil products to Mossel Bay, South Africa.

CONCLUDED PAGE FIVE



Lamu County Governor Isa Timamy speaks at Mukunguni square near Mokowe during the weekend's 2013 annual Lamu Island Cultural festival. This was his first public appearance after being re-instated by Malindi appeal court.

PHOTOGRAPH - PWANI IMAGES

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Mombasa To Malaba Rail Links

NEW STANDARD GAUGE RAILWAY TO IMPROVE ECONOMY AND CUT COSTS

NAIROBI (Xinhua) -- Construction of Mombasa-Malaba high speed standard gauge railway line which will be officially launch on Thursday will improve the economy while cutting transportation costs, according to Kenyan officials.

Director General of the Acting Vision 2030 Delivery Secretariat Wainaina Gituro on Monday said the U. S. \$ 14 billion dollars Standard Gauge Railway (SGR) project is being implemented by Kenya Railways Corporation.

"Kenyans from all walks of life are set to enjoy considerable cost savings in the next three to five years, once the construction of a standard gauge railway, which is one of the most important vision 2030 projects,

CONCLUDED PAGE FIVE

is completed," Gituro said in a statement issued in Nairobi.

This is one of the flagship projects under the Vision 2030 national development strategy and will be part of the bigger 2,937 km railway line which will connect Kenya, Uganda and Rwanda.

The heads of state from the three East Africa countries of Kenya, Uganda and Rwanda signed an agreement in May to jointly build the railway line.

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Lions Bahari Visit Mji Wa Salama Home

On Saturday 23rd November 2013 Bahari members together with the District Governor of District 411 A, Lion Teja Kalsi, Region Chairperson Lion Mary Mwami and the Zone Chairperson Lion B.T. Shah visited Mji Wa Salama Children's Home in Makande area.

This Home accommodates 62 Street children.

These children attend the in house school from Kindergarten to Standard 7 classes.

Raw foodstuff like maize-meal, rice, beans, baby formulas and cooking oil was donated.

Pampers, washing powder, etc. was also donated to the home.

Each child received a gift of

soft toys, toy cars, coloring books and coloring pencils according to their age groups.

The District Governor in his address said that he was very impressed with the condition and cleanliness of the home and he was also very happy to see that all the children look happy and very well looked after by the staff.

The Club President Lion

Rashida Pirbhai thanked the District Governor and the guests for sparing time from their busy schedule and accompanying her and her members for this visit to the Home.

She also whole heartedly thanked the Convenor for "Service Activities and World Service Day" Lion Reezvana for a well-planned and wonderful activity.

A.P.D.K.

Rehabilitation Clinic, Port Reitz urgently appeals for foodstuffs for the growing number of in-patients in their care.

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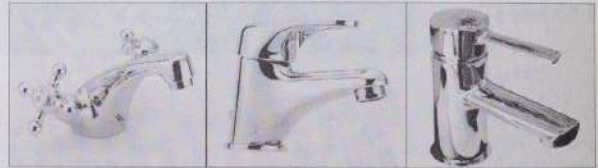
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Sinbad

Test A Different Taste



For the best Iranian cuisine in Mombasa at Sinbad Restaurant in City Mall Nyali food court.

Persian Cuisine At It's Best At Sinbad

If you are familiar with Iranian food, then you should definitely make the time to gather friends and family and head over to the City Mall Nyali food court for the best Iranian cuisine in Mombasa at Sinbad!

On the other hand, if you aren't familiar with Iranian food, then I urge you to give it a try sooner rather than later.

Located at the far end of the City Mall Nyali Food Court, this authentic little establishment has

fast made a name for itself among frequent shoppers at the mall and also with tourists looking to experience something exotic.

Sinbad caters to both Vegetarians and Non vegetarian diners with their menu offerings falling nothing short of fantastic.

With good quality cuts, tender to the taste and well marinated, for a non-vegetarian dish we insist that you try the "Shishlik" (Lamb Chops), served with grilled tomato, meat sauce, fresh mixed salad, special yogurt, tandoori bread and rice (or chips).

But if you're truly set on a hearty meal, it's only fair we share our favourite non-vegetarian dish, the Bakhtyari Kebab (mix of boneless chicken and tender beef pieces) grilled and lightly seasoned with delightfully fragrant spices and served with



tandoori bread, rice, mixed salad and a grilled tomato. This dish offers you a taste experience unrivalled by any other meat dish

on their menu. You need not worry about service at Sinbad as it is quick and orders placed are served within 10-15 minutes thereafter.

The staff are curt and attentive, the food being delicious just heightens the overall experience one has at Sinbad!

Sinbad is a place that does a whole lot of things right and is definitely a dining destination that you and your family must give a try.

Make the time to pass by the food court at City Mall Nyali and explore the exotic menu that Sinbad have.



Braeburn M.I.S. Christmas Fair

Braeburn M.I.S. is holding its First Christmas Fair at it's school in Bamburi on Sunday December 1st 2013 from 10 am -5pm.

The day will be filled with fantastic games for the kids, more than 37 stalls for parents to do all their Christmas shopping, Christmas carols, a Dance Battle, Tug-of-War for the brave at heart, a Netball match for mums and who knows- maybe Santa Claus might even rock up!

Part of the proceeds from this day will go towards the newly formed Interact Club of Braeburn Mombasa (ICBM) 's adopted school Utange Primary School.

In conjunction with the Rotary Club of Bahari Mombasa's vision to renovate and rehabilitate the government school in Utange, the Interact Club have begun in earnest to engage the students in the school which lies in their very own community.

They have organized a Book Drive, a Clothes Drive and are also helping with christmas gifts.

They have visited the Utange Primary school talking to the students about their dreams, their

needs and humbled by their happiness despite not having much. They organized a football match against the school.

As quoted by Braeburn Interactors Ziyaad Ibrahim and Sabira Dewji - "Although it was a hard fought out match, Braeburn came out victorious by one goal to nil.

"I believe we all enjoyed ourselves and got a chance to socialise with the kids.

"This was the first event done by the members of ICBM and hopefully it will one of many as part of making the world a better place.

"ICBM and Braeburn arranged for transport to pick up and drop off the kids, and we also made sure the kids were refreshed and were given snacks after the match.

"They all left with smiles on their faces as this event was mainly for the fun of it." If you wish to help this worthy cause please feel free to drop off some gently used clothes or books such as dictionaries and encyclopedias when you attend the Christmas Fair this Sunday!



Students of Utange Primay School being visited by Interact Club of Braeburn Mombasa.



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THREE GREAT new films - a gangster drama, a true story and an animated cartoon - open at the NYALI CINEMAX this week.

In 2009, when Somali piracy on the high seas was at its peak, the cargo vessel Maersk Alabama was on its way from the Gulf of Aden to Mombasa carrying relief goods for Somalia and Kenya.

Captained by Richard Phillips, who is only too aware of the risk they take on this route, and takes necessary precautions.

Despite all that they have a close shave when they are attacked by pirates but manage to get away.

The next day four pirates led by Abduwali Muse return in a faster skiff and manage to board the cargo ship despite all the gallant efforts by the captain and crew to repulse this marauding gang.

In 2010, Captain Phillips wrote a book, *A Captain's Duty: Somali Pirates, Navy SEALs, and Dangerous Days at Sea* that

Action, Drama, Animation Sets The Mood At Cinemax

has now been adapted by Sony Pictures for the big screen.

Captain Phillips opens at the NYALI CINEMAX this week and stars two-time Academy winner Tom Hanks in the lead as Richard Phillips, Somali-American actor Barkhad Abdi as Muse, with Catherine Keener, Faysal Ahmed, Michael Chernus, David Warshofsky, Corey Johnson, Chris Mulkey, Cory Vazquez, Max Martini, Omar Berdouni, Mohamed Ali, Barkhad Abdirahman, Mahat M. and Issak Farah in the lead.

This very engaging film has been directed by Academy nominee (*The Bourne Ultimatum*, *The Bourne Supremacy* and *United 93*) Paul Greengrass.

Paul Travers of the Rolling Stone has voted this as "one of the best films of the year".

Opening worldwide and at the NYALI CINEMAX is director Tigmanshu Dhulia's **Bullett Raja** starring Saif Ali Khan, Sonakshi Sinha, Jimmy Shergill, Chunky Pandey, Gulshan Grover, Ravi Kishan and Viduyt Jamwal in the lead.

Dhulia is better known for his award winning films such as *Paan Singh Tomar* and *Saheb Biwi Aur Gangster* and his signature style is lots of plotting, intrigue, twists and turns and plenty of gunfights.

His stories are never straight and predictable and you will be waiting until the last minute to see what happens.

Raja Mishra is an aam naagrik who lives the daily world of the common man.

Events and situations make him the most notorious gangster who does not care for anything in the world - Bullett Raja.

It is his terms that dictate not just his life but of those around him as well.

Jai Ram Ji Ki was the original title of the film, but Saif thought Bullett Raja will give it that gangsterish feel to the film.

Dhulia's favourite Irfan Khan was to be part of the film but his busy schedule did not allow him

to allocate dates to the film.

His role was then taken over by model turned actor Viduyt Jamwal who has not only designed his stunts but performed them himself without a double.

Animation is the name of the game in the third new film at the NYALI CINEMAX this week.

Cloudy With A Chance of Meatballs 2 with the voices of Bill Hader and Anna Faris will entertain the kids all week.

In the first film, Flint Lockwood had invented a machine that could turn water into food and would effectively save the world from starvation.

Finally in recognition of his inventing prowess, he is invited by his idol Chester V to join The Live Corp Company, where the best and brightest inventors in the world create technologies for the betterment of mankind.

As he basks in the glory of rubbing shoulders with some of the world's best inventors, his world comes crashing down when he finds out that his machine, though still working, is now producing "foodimals" - food-animal hybrids.

And these foodimals are threatening to take over the world, so it is up to Flint and his friends to rid the world of hungry tadpoles, shrimpanzees, apple

pie-thons, double bacon cheespiders and other food creatures and save humankind.

This film can be seen in two and three dimension.

Karan Johar's **Gori Tere Pyaar Mein** with Imran Khan and Kareena Kapoor is on for its second week at the NYALI CINEMAX.

Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth and Woody Harrelson are not just battling it out for honours, but life as well in **The Hunger Games: Catching Fire**.

Friends and Family offer applies for the Tuesday show of **Thor 2** (in three dimension) starring Chris Hemsworth, Natalie Portman, Tom Hiddleston, Stellan Skarsgård, Idris Elba, Rene Russo and Anthony Hopkins.

Sanjay Leela Bhansali has outdone himself with **Ram Leela** as it wows audiences the world over.

This very colourful and energetic film stars Ranveer Singh, Deepika Padukone, Gulshan Devaiah, Richa Chadda, Abhimanyu Shekhar Singh, Shweta Salve, Supriya Pathak, Girish Sahdev in the lead with Priyanka Chopra in an item number "Ram chaaha Leela chaaha".

Check out the Star Card offer for this week at the NYALI CINEMAX.

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A Christmas Cracker - Great Start To The Festive Season

Last weeks CATS production "TAKE 11" was a laugh a minute, a fantastic performance by all the cast and a triumph for first time director Julia Marques

The performance began with a comedy featuring Jean and Michael Hughes which ended with Jean smashing a plate of trifle into poor Michael's face!

This was followed by two pieces from The Importance of Being Ernest which displayed the skilful wit of the brilliant Oscar Wilde.

The audience were then in stitches when Sam Robertson and John Latham took the stage in a very funny piece from Look no Hands

There were also very amusing pieces from Stags and Hens, Noises Off and Confusions, but for me the highlights were a very powerful piece called Permutations from A Coloured Museum beautifully acted by Kristy McGovern and Fatal Beating brilliantly performed by Hugh Walters and his talented son Matthew. There was not a dry eye in the house!

Take 10 and Take 11 have been greatly enjoyed by all and are an excellent way to relieve some of the plays performed by CATS since its birth 11 years ago.

The next CATS production is "A CHRISTMAS CRACKER" produced by Philippe Zimmerlin and featuring the Nyali Singers and Musicians.

Five and some new additions, as well as a couple of vocal solos. There will also be a couple of carols that the audience will be expected to join in.

The Concerts will take place at La Veranda on Thursday 5th and Friday 6th December at 7.30pm

A Christmas Cracker will most definitely put you in the Christmas spirit and will make a delightful start to the Christmas festivities.

Tickets are available from Forget Me Not and at the door on show nights. Do not miss this one. Book now!

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STARCAST GEMINI KILIFI

Sagittarius (Nov. 23 - Dec. 21)
You're so intent on delivering a project on time that you have forgotten about the human component of your job. Be sure to stop and enquire after a colleague's welfare. It's possible your fellow worker is dealing with some intense family problems.

Capricorn (Dec. 22 - Jan. 20)
Don't assume you have superior knowledge to a colleague. Although you may be a little older and have a better title, this newcomer has actually more expertise. Be open to their suggestions. If they ask for a letter of recommendation, write one.

Aquarius (Jan. 21 - Feb. 19)
It's hard for you to let go and enjoy a physical relationship. Maybe you're suffering from childhood taboos. Perhaps you're not happy with the way you look. It's even possible you're unsure of what your partner wants. No matter what the problem, it can be resolved.

Pisces (Feb. 20 - Mar. 20)
You have no patience to attend to small details. Ask your best friend, romantic partner or colleagues to deal with this task. If they refuse, accept their decision with good grace. They've relieved you of similar chores in the past. Maybe it's time to handle these problems on your own.

Aries (Mar. 21 - Apr. 20)
When you don't feel well, you tend to be very irritable. Try not to spread your misery to others. It's better to attend to your aches and pains in private. Get a medical consultation if you need one.

Taurus (Apr. 21 - May. 21)
Sometimes you don't see the point of being romantic with a partner you've known for years, but happy unions are fuelled by spontaneous gestures and passionate encounters. Force yourself out of a predictable routine for the sake of your amour.

Gemini (May. 22 - June. 21)
Don't get too caught up making your home picture perfect for a guest. It will be easier for people to relax when they aren't afraid to spill or break anything. Go ahead and clean surfaces and stow away clutter.

Cancer (June 22 - July 23)
Brooding over the past is pointless. You have an opportunity to make a fresh start. Stop worrying about making the same mistakes you made as a youth. You've gained a lot of experience since this time.

Leo (July 24 - Aug. 23)
Beware of being penny wise and pound foolish. There's no point scraping and saving for small purchases when you buy extravagant clothes, cars and jewellery.

Virgo (Aug. 24 - Sept. 23)
You feel restless and nervous. Try not to take out your anxiety on your best friend or lover. They may handle stress better than you. Patterning your behaviour after theirs is a smart strategy.

Libra (Sept. 24 - Oct. 23)
Repressed anxieties are taking a toll on you. It's time to come to terms with your fears. Discuss them with a sympathetic friend. Be open to their suggestions. You need to experiment with different methods of conquering your fear.

Scorpio (Oct. 24 - Nov. 22)
Crowds make you nervous, especially now. You won't have a chance to go off on your own. Try to be as friendly and courteous as possible. Going out of your way to accommodate a demanding authority figure will pay off.

Military Warn Pirates

FROM FRONT PAGE The Kenyan government expects more shipping lines to use the port of Mombasa and in return expand regional trade in Kenya, Uganda, Burundi and Congo, with the increased threat of piracy following the deployment of KDF soldiers in southern Somalia.

"We decided to sort-out the problem of piracy at the source and Kenya Defense Forces (KDF) moved into Somalia last year and teamed up with allied forces, and we are now on our way to stabilize Somalia," said a government official who did not want to be named.

The drop in piracy incidents is however a relief for shipping companies using the Indian Ocean that have been target of pirates often paying heavy ransom to secure release of their vehicles and the crew. Shipping companies had been forced to hire private security companies to enhance the security of their vehicles, a fact that however has increased the cost of doing business.

Before Kenya's cross border incursion into Somalia two years ago, consumers in eastern and central Africa region had also been affected by the piracy as the cost of insurance went up because of highlighted risks, forcing importers to transfer the high insurance cost to consumers.

"Nine suspected pirates were arrested on suspicion of trying to hijack a Danish refined oil and chemical carrier in the Indian Ocean on Nov. 11," Mwangura said.

The nine suspected Somalia nationals are being held by a Danish naval ship, which is part of NATO forces patrolling at sea, and are due to be handed over to relevant authority for trial.

"We have reported fresh incidents off the coast of Somalia near the Gulf of Aden, an indication that the piracy is resurfacing again hence posing a threat to shipping sector," said Mwangura.

He said Somali pirates are holding two vessels with 15 crew members for ransom, as well as 49 seafarers captive on land, including 37 held for over two years. Kenya's incursion in Somalia to deal with Al-Shabaab militants in 2011 has helped reduce ransom demands on captured ships by Somali pirates. The incident had affected the shipping sector through the rise of insurance cost as shippers took extra covers for war risk, kidnap and ransom in addition to conventional underwriting of cargo and hull.



Mombasa Governor Hassan Joho makes a speech during the 2013 East African Safari Classic rally cocktail held at Sarova Whitesands Beach Resort and Spa. Looking on are J.S. Vohra and Raju Kishinani the Directors of East African Safari Classic Rally 2013

Mombasa-Malaba Rail Link

FROM FRONT PAGE Kenya is racing to be a preferred business destination for locals and foreigners as part of its strategy to become a middle income country by 2030.

Gituro said the railway project which will be constructed by the China Road and Bridge Corporation will herald a major economic transformation based on an expected slashing of commodity prices.

New SGR line will typically present an opportunity for the railway operator to run freight trains with 54 double stack flat wagons carrying 216 TEUs per trip.

"We are glad that this project is now taking off as it provides the country with enormous economic development benefits once completed in the next five years," Gituro said.

Kenya already has a railway line, the Kenya-Uganda Railway running from Mombasa to the Ugandan city of Jinja.

But years of neglect and under investment have made the railway to be inefficient, according to Kenya Association of Manufacturers.

The railway line serves Kenya, Uganda, Rwanda, Burundi and the eastern region of the Democratic Republic of Congo ferrying their imports that come through the Port of Mombasa.

The railway is now managed under a 25-year concession by the Rift Valley Railways.

Gituro noted that basic commodity prices have remained high due to the high road transportation costs between Mombasa and Nairobi among other major towns.

Such prices, he said, are however, expected to drastically drop by 2017 when the new line is commissioned.

He said the government has already lined up funding for the project with a 256 million dollars allocation in the current national budget.

BANK OF CHINA

More budget resources will be raised through the railway development fund levy and a 3.3 billion dollars loan from the EXIM Bank of China covering more than 85 percent of the total project costs.

Gituro confirmed that Kenya Railways had completed the project feasibility studies and preliminary designs.

In addition, Kenya Railways has also signed two commercial contracts for the delivery of the civil works (2.6 billion dollars) and supply, installation and commissioning of facilities, locomotives and rolling stock (1.15 billion dollars).

SHIPPING IN KILINDINI PORT

CONTAINER VESSEL	ETA	AGENT
HARALD S	27/11/2013 06:00	MAE
MSC AYALA	27/11/2013 12:00	MSC
ADA S	28/11/2013 08:00	MAE
HAMMONIA GALLICUM	28/11/2013 15:00	RSS
MSC ANAFI	01/12/2013 06:00	MSC
MSC JEMIMA	01/12/2013 06:00	MSC
THEA S	01/12/2013 22:00	MAE
MSC CHIARA	02/12/2013 06:00	MSC
AMALIA C	02/12/2013 06:00	CMA
CAPE MOSS	02/12/2013 06:00	EVG
KATHARINA	02/12/2013 06:00	CMA
KERSTIN S	02/12/2013 12:00	MAE
TASSANE	03/12/2013 23:00	SMK
HERMES ARROW	05/12/2013 09:00	MAE
WESTERLAND	07/12/2013 06:00	CMA
MSC NILGUS	07/12/2013 06:00	MSC
JPOSAGITARIUS	08/12/2013 22:00	MAE
JEUMME TRADER	09/12/2013 12:00	MAE
CONVENTIONAL	ETA	AGENT
SEA MOON	26/11/2013 18:00	SSS
ELENIK	27/11/2013 02:00	EXP
REDFIN	27/11/2013 06:00	EXP
JOLLY BIANCO	28/11/2013 06:00	MES
PALMELA	28/11/2013 06:00	ISS
CITY OF SHANGHAI	29/11/2013 16:00	PIL
MORNING CAROLINE	30/11/2013 06:00	DSS
BIRCH3	30/11/2013 13:00	ISS
PRINCESS K	01/12/2013 06:00	SSS
SERENITY ACE	01/12/2013 06:00	ISS
ASIAN BEAUTY	01/12/2013 06:00	SRF
THORACHIEVER	01/12/2013 06:00	CFS
AFRICAN LION	02/12/2013 06:00	STA
ALMERIA	02/12/2013 10:00	GSS
THORINFINITY	03/12/2013 06:00	STA
WILLI	04/12/2013 16:00	PIL
CAPT COSTAS	04/12/2013 23:30	CFS
KOTA ANGERIK	07/12/2013 12:00	PIL
JANRITSCHER	11/12/2013 09:00	PIL
TANKERS	ETA	AGENT
THERESA SUCCESS	27/11/2013 06:00	CFS
MAERSK BERING	27/11/2013 06:00	ASA
SCFPIONEER	27/11/2013 06:00	STR
EAST WIND	27/11/2013 06:00	SEC
MOYRA	02/12/2013 06:00	STR
GULF COBALT	02/12/2013 06:00	STR
OTHERS	ETA	AGENT
MARIUM	27/11/2013 06:00	STM
PETRA 1	29/11/2013 15:00	SEC
TIANA	26/11/2013 12:00	EAC
VALENTINE 1	30/11/2013 12:00	SEC
ILS 3	30/11/2013 12:00	SEC
SHOKA 1	08/12/2013 08:00	SEC

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Whether you are looking to host a private dinner, a conference, a board meeting, a cocktail party or simply a surprise birthday party, The Private Dining Room at the Tamarind Mombasa is a unique setting for any occasion.

Situated within the Tamarind Restaurant, this room has an extension of a well manicured lawn which has a spectacular backdrop view overlooking Mombasa's old Harbour and old town, this venue is also available for private events with menus designed to your preferences. It can accommodate up to 60 people for a sit down dinner and up to 80 pax for cocktail parties. We are totally flexible and will customize your event or private dining experience to identify and fulfill your requirements.

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Using Malaba Rail Will Create Whole New Range Of Businesses

By the time you read this article, the groundbreaking ceremony for the so called "high speed rail" project will have taken place with the plan that

the section to Nairobi should be up and running within three years.

This is a relatively ambitious programme and one that we sincerely pray will be achieved.

Following the line landing in Nairobi, the extension to the border with Uganda is expected to be completed in a further two years.

This means by twenty eight, the whole rail line to the border will be done.

It is contingent on Uganda to also play its part and find funding to finance its section so that by the same time, the whole rail line from Mombasa to Kigali should be completed.

What does this mean for us drivers and for the road users and the economies of the countries involved in the project?

The first thing is to understand that the phrase high speed will primarily apply to passenger trains and not goods trains.

The plan is that passenger trains will be running at a peak speed of one hundred and sixty kilometres an hour.

This means that the journey from Mombasa to Nairobi should take just over three hours.

If one takes the total time that one has to spend on a flight, the train will compete favourably.

It takes an hour to get to the airport where one is expected to arrive an hour before the flight.

The flight takes about the same time and at the destination it is again likely to take another hour to get to where one wanted to go.

In all, the time lapsed is about the same between rail and air but I expect that there will be a significant cost advantage in terms of cost and convenience.

The stations are in the middle of town so those shooting into town for business will be able to access their destinations quickly without the hassle of wading through traffic as they travel

from airports to the CBD. The other advantage that this standard gauge rail will bring is to take a large amount of goods traffic off the roads.

This is really the significant value that the rail will bring.

However, it will not be a high speed transport.

remove large quantities of cargo from the road and take them up country at about the same speed.

Using rail will create a whole new range of businesses.

Road transport normally means that cargo can go from door to door minimising the double or triple handling.

Using this rail will mean that at the termini in along the railways trace it will be necessary establish facilities that allow one to aggregate cargoes for efficient stuffing of wagons at the start of the journey.

At destination it will also be necessary to have suitable facilities to segregate cargo so that they can be collected by vehicles and delivered to the customers.

So even with the standard gauge rail coming it does not mean that all our roads will be relieved of trucks and vans.

The reality is that the reduction in traffic will mainly be in the interconnecting roads.

Urban roads will probably see an increase in goods traffic for distribution.

So while we are celebrating the ground breaking for the standard gauge rail we should also be groundbreaking for the upgrade of urban roads to cope with the additional traffic that will be brought about by the standard gauge rail.

It will take about the same time to do the urban upgrades primarily because of the land acquisition and contests that are likely to ensue once the government begins the projects.

These projects are probably best done on a partnership basis so that the time to market can be reduced.

We laud the government for taking the bold step of starting the project and wish that they will be able to deliver the project on a rapid basis.

They will have potential potholes on the way in the form of land acquisition, environmental challenges, social and health challenges as the rail design unfolds and communities begin to realise that they will be affected by the rail.

As Kachumbari says, project delivery is no mean feat.

'Movember Is For Mo Bros'

This week marks the end of "Movember", when the global 'Mo Army' closes the hairy month of November displaying their versions of manicured moustaches to support and promote awareness to 'men's health'.

November started in 2003 in Melbourne Australia with 30 Mo Bros to 1.1 million in 2012. Movember is ranked amongst the top 100 best charities in the world by Global Journal based on three key main criteria: Impact, Innovation and Sustainability.

To put that in context, there are an estimated five million NGO's (charities) around the world. The Movember Foundation has since raised more than U.S. \$174 million dollars.

The primary focus of the charity aims to encourage men to maintain good health awareness with annual check ups, which allows early detection of cancers, being aware of family health history, simply encouraging men to live healthier lifestyles and ultimately to increase the number of preventative deaths.

Since the movement's 'growth' has reached staggering numbers in its relative short life, the "Moscars" was introduced where some of the best "mos" are show cased and judged.

Introducing Mombasa's own Dominic Weeks with his spectacularly unique (grown and shaven) whisker art.

Along with his Kenyan Mo Bros, their fundraising draws to a close Saturday 30 November at the Mombasa Yacht Club at 3.00 p.m., with a 'moustache auction' when the teams will compete and raise money for the BOMU trust (men's health charity) and the conservation of Mount Kenya and the surrounding communities.

Tickets are 1000 ksh. each and will go towards the two charities.

Last year Mombasa's Mo Bros raised 700,000 ksh, they hope to beat that this year. We all have fathers, brothers, sons, uncles and friends ... this month, with the power of the moustache, support the Kenyan Moustache Brotherhood to brighten the vision and become part of the change in men's health.



Mo Bro Dominic Weeks



Most people think that we can achieve the same speeds for goods as you can for passengers.

The reality is that transportation of goods can not be done at more than eighty kilometres an hour.

This is because of the variability of the structure of the goods and the fact that at high speed some cargo can get quite unstable especially the liquids and powders.

So the advantage will be to

COASTWEEK, November 24-30, 1978:

Thirty Five Years Ago

CATHOLIC Prelate Bishop John Njenga met in the Vatican in Rome with new Pope John Paul II, who said he was 'following events in Kenya with keen interest.'

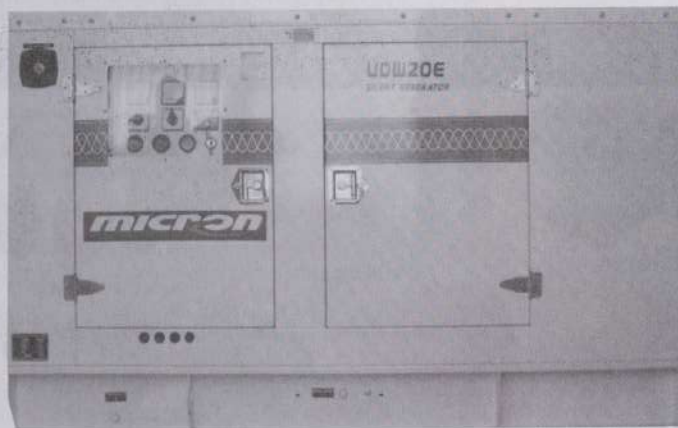
A 1952 model Silver Dawn Rolls Royce valued at K. Shs.100,000/= had been donated by the late philanthropist Owen Barton of Nyali Estate as the main auction item of Mombasa Round Tablers annual 'Ring Us Up' television auction, confirmed convenor Chris Fryer.

'Cordon Bleu' Councillor Peter Adams Ludaava organised an 'Installation Soiree' of the world-wide 'Cordon Bleu de Saint Esprit' at Mombasa's Tamarind Restaurant.

'Nobody is Serious About Our National Language Swahili' wrote Coast scholars M. Kamal Khan and Ahmed Sheikh Nabhany. Author Dr. John Jewel gave a presentation on 'Mombasa - The Friendly Town' to a gathering of the newly formed 'Friends of Fort Jesus.' Gray Phombah reported on 'Big Daddy Chuzza' of Congolese 'Les Noir' band entertaining at Bristol Night Club, Mombasa.

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Malindi District Fights Jigger Menace With Herbal Remedy

The population of Malindi District is plagued by jiggers which cause immense suffering to those infected.

The majority of these are children under the age of 15 years who struggle to concentrate on school work and to sleep at night, and many cannot walk properly due to the pain and itching caused by the jiggers in their feet, and the secondary bacterial and fungal infections which often accompany the jiggers.

The most dangerous aspect of jigger infection is the possibility of tetanus entering the damaged heel resulting in death.

Jiggers, known scientifically as *Tunga penetrans* and locally as *funza*, are a tiny flea.

They spend part of their life in the soil as larvae, pupae and adult males.

The female burrows into the skin of humans, usually beside the toe nails and between the toes, but can be anywhere on the body.

A recent study reports that the male mates with the female while she is embedded in the human foot with her abdomen sticking out!

The female then undergoes rapid growth under the skin as she becomes a sack full of eggs.

Eventually the eggs are released through the breathing hole in the skin, back to the soil to continue the cycle and infect the next victim and the female dies.

Domestic animals, such as chickens, ducks, goats, rats, pigs and cats can also be infested and constantly contaminate the home environment.

In 2012, a group of Community Health Workers, Tujengane Self Help Group in Dabaso sub-location of Gede location, Malindi, decided it was time to seek help to try to eradicate jiggers from their community.

They came across Lynne Eason, a local resident and Public Health professional who has provided voluntary technical and fund-raising support ever since.

It wasn't long before the group

discovered a Neem-based herbal oil, "The Ultimate Jigger Remedy", being used by the headmistress at Dabaso Primary School and produced by a herbal practitioner in Mombasa, Mrs Mwanaisha Ikahu.

This herbal remedy had been tested by Professor Karama and his team at KEMRI, and found to be totally effective and safe.

The group wasted no time, starting with a few families in Dabaso, monitoring them weekly and discovering the remedy is truly amazing.

After only one dose the jiggers are all dead and fall out of the feet through natural processes of skin rejuvenation.

Feet that are very damaged after years of jigger and fungal infections take more doses and longer to heal.

The remedy clears not only jiggers but also secondary infections.

It has also been found to be effective against other skin infections such as ringworm (mashilling'i) which is very common in the community.

As news of their success spread, surrounding communities have requested assistance and Community Health Workers from the neighbouring sub-locations of Jimba and Mida have joined the campaign, known as WAJIMIDA Jigger Campaign.

Since January 2013, the group has received funding from Turtle Bay Beach Club, Watamu; Carlisle Overseas Aid Trust, UK; Hemingway's Resort Watamu and several private donors, which have enabled them to treat more than 10,000 people with jiggers between January and November 2013.

Sadly, the environment is heavily contaminated with jiggers so many cases become quickly re-infected.

To address this, the group provide counselling on prevention strategies whenever they are in a homestead (see box).

The most important component of prevention is personal hygiene, washing daily with soap, preferably Neem soap and wearing closed shoes.

They also counsel people NOT to try to cut the jiggers out with

knives and thorns since these are usually dirty and result in severe bacterial infection.

Treating with other insecticides, such as cattle dip, is also dangerous since these are highly toxic, may kill the flesh of the feet and there is a chance the feet will then have to be amputated.

Since Neem is a major component of the herbal remedy, and a Neem solution is used globally as an organic pesticide on crops, the group are now spraying the

floors of houses and compounds with a Neem solution which is proving to be highly effective.

Now the group has learnt to make Neem soap to sell in the community and is training others to treat and prevent jiggers and to make the soap.

In partnership with the Ministry of Health, the Ministry of Education, Culture and Youth and various NGOs, it is their goal to eradicate jiggers from their own area and assist others in the rest of Coast Province.



Sammy Baya (left) Campaign Coordinator and Joseph Ziro treat children with jiggers.

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Aga Khan Academy 10th Anniversary

The Aga Khan Academy is gearing up for its 10th anniversary which will be celebrated with a series of events including a Gala Dinner with entertainment from Eric Wainaina.

For the general public, the not-to-be-missed event will be the Zawadi Bazaar which will be held at the Academy on 7th December between 10am and 4pm.

Now in its third year, the Bazaar will be even bigger, even brighter and even better than ever before and an especial celebration of the 10th anniversary.

The organising committee have gone to extraordinary lengths to ensure a day to remember. There will be in excess of 30 stalls selling a great array of products from clothing, homewares, African curios, fabulous jewellery, body products and art works as well as a great variety of foodstuffs.

For the children there will be a bouncy castle, lots of games and even camel rides. The entrance price is only KShs 50 and includes lucky spot prizes.

To celebrate our diverse cultures there is a Best Cultural Dress competition for those who wish to enter, a monster raffle with amazing prizes and lots of musical entertainment.

The organisers assure all of a day full of fun and enjoyment - don't miss the Third Annual Zawadi Bazaar - 7 December, 10am-4pm, Aga Khan Academy. Make it a great day out!



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North Coast Celebrate Lamu Cultural Festival



Guests view donkey riders in a race along Lamu Island seafront during the official opening of the 2013 annual Lamu. PHOTOGRAPHS - PWANI IMAGES



Elders from Matondoni village in Lamu Island entertains guests with their traditional dance.



Lamu County Governor Isa Timamy, flanked by the County's Senator Mohamed Abu Chiaba (left) and the County Speaker Mohamed Hashim (right) addressing guests at Sunsail hotel in Lamu. PHOTOGRAPH - PWANI IMAGES



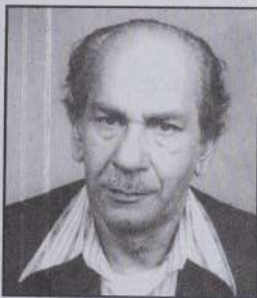
Children from Anidan Children home in Lamu Island entertain guests with Spanish drum beats. PHOTOGRAPH - PWANI IMAGES



Kenya Tourism Board managing Director Mureithi Ndegwa (right) presents trophies to winners at the Mukunguni Square.

In Loving Memory

21st Anniversary



Late Haji Mohamed Sadiq Mirza
(founder of Coast Bus)

Today marks the 21st anniversary of a great and loving man, our beloved grandfather and father, whose life touched many. Though you left us many years ago, you've always remained in our hearts and always will.

Although we can't have the old days back, deep in our hearts, our dearest loving father your memories live with us. Dad you left a gap that can never be filled. We miss your love, encouragement, kindness and reassuring smile. You've been the pillar of strength, wisdom and unity in our family and we fondly remember and cherish your achievements.

We thank Allah (swt) for giving us a father like you and for instilling the virtues in our hearts to carry on with life in your absence. We are proud to say your hard work and effort still lives on today.

We thank you very much for what you did for us and the love you gave so freely. We want you to know you are the best father and grandfather anyone could ever have and we will always remember you though you're no longer with us, we will always keep fond memories of the happy times we spent together close to our hearts. We will always love you.

May the Almighty Allah (SWT) grant him Jannatul Firdaus.

Emirates Unveils Host Of Offers To Travelers Ahead Of Festive Season

Emirates, one of the fastest growing airlines in the world, has announced business and economy price offers to various destinations, discounted excess baggage purchased online and additional hand luggage for its First Class and Business passengers, ahead of the December holidays and New Year celebrations.

The airline is offering travellers in Kenya the chance to visit some of the world's most popular destinations at reduced fares for a limited period only.

This offer is open to both Economy Class and Business Class travellers and runs until 25th November for travel up to 31st March, 2014.

"Travellers can take advantage of this special offer to select destinations on certain Emirates flights without breaking your pockets. Emirates is already known for providing superb value for money.

"These offers push the value bar a notch higher, making it even more attractive to embark on that trip of a lifetime, visit a relative or friend, or explore a new market for business."

Other destinations included in this limited-time offer for return tickets are:

Ahmedabad from \$408, Mumbai from \$408, New Delhi from \$796, Chennai from \$796, Hyderabad from \$736, Guangzhou from \$867, Beijing from \$1152, Shanghai from \$1152, Hong Kong from \$880, Kuala Lumpur from \$1276, Clark from \$1340, Seoul from \$1048, Bangkok from \$668, Phuket \$668, New York from \$856, Washington from \$856, Amsterdam from \$632, Geneva from \$520, and London from \$632.

Business class fares start from \$1,158 for return ticket to Mumbai. Other business class destinations included in this offer are New Delhi from \$1,140, Bangkok from \$1,772, Beijing from \$3,150, Kuala Lumpur from \$3,071, Tokyo from \$2,056, Casablanca from \$2,126, Chennai

from \$1,811, Ahmedabad from \$1,811, London from \$1,709, and Washington from \$3,386.

Generous baggage allowance

Customers travelling with Emirates will also benefit from a generous baggage allowance of 30 kg in Economy Class and 40 kg in Business Class.

First and Business Class passengers are now permitted two pieces of carry-on baggage with weight limit of 7 kgs per piece and total combined weight limit of 14kgs.

The airline has also extended a 30 per cent discount for excess baggage purchased online at <http://www.emirates.com> for luggage weighing up to 32kg.

The discount is available to all classes of travel and the purchase may be made between



72 hours and 90 minutes prior to flight departure.

"We are product and value driven.

These are the guiding principles of what we do and passengers who book early will be rewarded with the best discounts through these exciting promotions," said Kisaka.

Emirates operates double daily flights between Nairobi and Dubai and onward to more than 130 destinations.

EK 719 departs Dubai International Airport every day at 1045hrs and arrives at the Jomo Kenyatta International Airport (JKIA) at 1445hrs.

The return flight, EK720, leaves JKIA at 1640hrs and lands in Dubai at 1040hrs.

Second flight EK 721 departs Dubai International Airport every day at 1505hrs and arrives at JKIA at 1905hrs.

The return flight, EK722, leaves JKIA at 2250hrs and lands in Dubai at 0450hrs.



Seen [from left] Senator Mutahi Kagwe, Country Manager Kenya Airways for Thailand and Emmanuel Kambi, Hataiporn Suwanmethajarn, Cabinet Secretary for Information, Communication and Technology Dr Fred Okengo Mitiangi, Director Sales and Marketing Kamolnuch Bhiromsawad, Charge d Affaires Embassy of Kenya in the Kingdom of Thailand Diana Kiambuthi and Host Towers Eric Hallin, General Manager of the famous Rembrandt Hotel and Towers Eric Hallin.



Seen [from left] Leopard Beach Resort Chef Mugami Muthungu, General Manager Rembrandt Hotel and Towers Eric Hallin and Hon Dr. Fred Okengo Mitiangi- Cabinet Secretary for Information, Communication and Technology who welcomed guests to this Kenya Promotion evening jointly initiated by Leopard Beach Resort and Spa and Kenya Airways to promote destination Kenya in the land of the 1,000 smiles - Thailand.

Promoting 'Destination Kenya' In The Land Of The 1000 Smiles

The famous Rembrandt Hotel and Towers in Bangkok, hosted on

Friday November 22nd a Kenya Promotion evening in co-

operation with Kenya Airways who fly daily to the City of Angels and the Leopard Beach Resort and Staff who's expert Chefs provided for the culinary Kenyan delights.

promotional events by providing for raffle prize stays at the Rembrandt Hotel as well as Chris Modigell.

visitor to Thailand was the initiator of this Kenya Evening thanks to his very close working relations and support of Kenya Airways, who is

nick named 'Kenya's Flying Ambassador' as he is promoting Kenya for now over 35 years in all parts of this Globe.



Winner of the Lucky Draw as sponsored by Kenya Airways, Leopard Beach Resort and Spa and Southern Cross Safaris for a trip to Tsavo East with overnight stay at the Satao Camp was no other but Kenya's very own Sen Halima Abdile Mohamed who was on a visit to the City of Angels and enjoyed the Kenyan food prepared by the Leopard Beach Resort Chef's Emmanuel Kambi and Mukami Muthungu who are an attachment to the Rembrandt Hotel to learn the fine art of Thai Cuisine for the new "The Residences" LemonGrass Asian fusion restaurant at Leopard Beach.

Emmanuel Kambi and Mukami Muthungu are working at the Rembrandt Hotel since three months in readiness for the opening of the LemonGrass restaurant as part of "The Residences" up market villa development at the Leopard Beach and Spa set to open soon.

Chris Modigell, the brainchild behind this Asian Fusion restaurant and it's Grasshopper Bar overlooking a new pool and cascading waterfalls is closely cooperating with his fellow hotelier and good friend Eric Hallin, the GM of the Rembrandt Hotel to facilitate that the "Chui team" receives further training in F&B Management and Guest Service Customer care.

The Kenya Promotion evening was very well attended by Thai Travel Agents and Tour Operators selling Destination Kenya, members of the Diplomatic Corps and friends of Kenya who met with the Kenya Airways Bangkok team during this most enjoyable evening.

A welcome speech by Dr Fred Okengo Mitiangi - Cabinet Secretary for Information, Communication and Technology - on what Kenya has to offer was another step in the right directions to promote Kenya also in new markets with a growing keen interest among Thai's to come and see this great country which has so much to offer.

A special thank you went to Eric, a true friend of Kenya who has supported Kenya Airways before during

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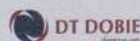
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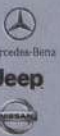
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As Christmas and New Year 2014 approaches, we kindly ask that you remember Coast Hospice in your holiday plans. While preparing for joyous holiday celebrations with your family and friends, it is important to stop and reflect on the joy and blessings in your own life while also being aware that not everyone is so fortunate. While shopping for gifts and gatherings with loved ones, please consider setting aside part of your budget to support the work of Coast Hospice.

THIS WEEK IN PHOTOGRAPHS



The Coast Academy recently held an interschool art competition. Alyssa Jamal of the Aga Khan Academy, Mombasa, stood first in her age category and is seen receiving an award from the Governor of Mombasa County, His Excellency, Hassan Ali Joho. The theme for her age category of 7 -9 years, was "fast foods".



MP for Mvita, Abdulsamad Nassir gives drops of vaccination to children at Mvita last Sunday during the ongoing 2013 National Immunisation exercise by the Ministry of Health for children under the age of five years nationwide. He said his team will target 26,000 children from Mvita in a door to door campaign in order for all children to be reached. PHOTO BY PWANI IMAGES



Students from Leisure Rondwe Jalaram Girls Secondary entertain guest from Kenya Airway accompanied by Kwale Deputy Governor Ms. Fatuma Mohammed Achani, when they toured the school to give donation. The Kenya Airway team was attending Afraa 45th Annual General Assembly Held at Leisure Lodge Resort. PHOTO BY TITUS MUSAU



The Operations Manager of Travellers Beach Hotel and Club David Apeli [left], chats with Mr. and Mrs. Dieter Mueller from Germany and Ms Kreuzer Hildergard popularly known as Mama Travellers [right] during a cocktail party the hotel hosted for its return clients in appreciation of their support. The guest of honor was the General Manager Fred Kiuru.



During the 10th Mombasa Homes Expo opening at Sarova Whitesands Beach Resort and Spa, Coast Artist Zuber Bakhrani presented a coastal canvas painting to the Deputy Governor County of Mombasa Hazel Katana with Ms. Batilda Buria and CEO of Myspace Properties Mwenda Thurani.

THE COAST ARTS & THEATRE SOCIETY'S
"Christmas Cracker"

A Christmas Concert by the Nyalis Singers & Players

THE ALBERTO HALL, La Veranda Restaurant, MOMBASA

7.30pm, Thurs 5th & Fri 6th December, 2013

Tickets from 'Forget me Not' and at the gate

CATS Members 400/-
 Non Members 700/-
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- Sarova Lion Hill Game Lodge
- Sarova Salt Lick Game Lodge
- Sarova Taita Hills Game Lodge

Draw Every 2 Weeks

ARROWWORD NO. P.056

Cause injury to, hurt	Rusan's Peter, eg	Padded and stitched	Stewed meat
Female body-kneader	Laurel-like shrub	School compositions	Elizabethan stringed instrument
Wet-windother canopy	Castigated	Counterfoil	
Stephen OI quizmaster	Trainee soldier	Hardened	Drink often in small quantities
Dismissal at orchard (initia)	Take over control of	Disentangle	Applications
Fruit peel	Live, inside	Small taste of a drink	Anger, annoy
Couple, pair		Wahopie	

NAME.....

ADDRESS.....

SOLUTION TO 'PRIZE ARROWWORD' NO.P.056

DOWN: NAILPOLISH; WON; CACAO; USING; URN; PLEA; INVERSE; COBB; GALL; STAG.

ACROSS: ANORAKS; FLU; PAIN; PROLONG; RON; CAGES; LINO; ART; Balsa; HUB; LEG

1st Mystery - Word: **SILVER**

WINNER OF 'PRIZE ARROWWORD' NO.P.055

**MRS. NAILA AHMED
P.O. BOX 99292, MOMBASA.**

LOST CHILD



Kelvin Franco Mutoko
DOB: 8/10/2002 (11Yrs)
SCHOOL ATTENDED: Bridge Academy, Ukunda. Class 4

TRIBE: Abaluhya • COMPLEXION: Black • LANGUAGE SPOKEN: Kiswahili & English • LAST DATE SEEN: 30/9/2013 at 8:30am, wearing red t-shirt with blue stripes, black trouser and pink sandals.

Contact: Edith Shamaia - 0724 379258
Pamela Kefta - 0723 456893

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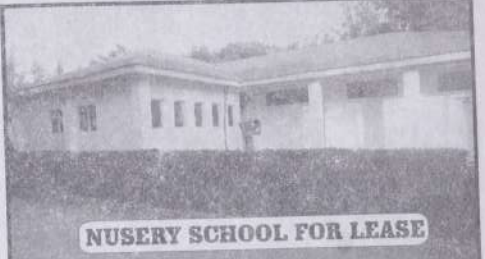
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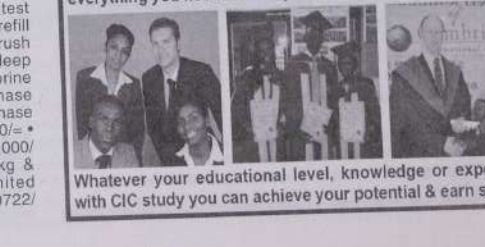
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COASTWEEK

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Fareen Samji shined in the first final with a 295 yard drive out hitting current world champion Heather LeMaster at Mazatlan, Mexico during the 2013 ILDC International long drive championships at the Marina Mazatlan golf course.

Long Driveer, Fareen Samji part of the contingent of Team Canada hitters swings for a shot.



NOVEMBER MUG AT NGCC

Patrick Munyao [right], A-Division - 72 Points winner during November Mug at Nyali Golf and Country Club, receives a Mug from NGCC Professional Kopan Timbe.

COAST BRIDGE with C.P. SHAH

The theme of the following hand is to 'play or defend'.
DEALER: SOUTH BOTH VULNERABLE BIDDING:

SOUTH	WEST	NORTH	EAST
four hearts	PASS	PASS	PASS

Declarer starts with Nine tricks - Seven Trump tricks, One Club

ruff in Dummy and the Ace of Spades.

West must lead his singleton Trump or switch after cashing a top Diamond to prevent Declarer from ruffing Two Clubs.

Declarer wins Dummy's Queen and leads the Eight of

NORTH					
♠	A	J	10	8	2
♥	Q	8	7		
♦	Q	7	6	4	
♣	8				

WEST					
♠	6	5	4		
♥	10				
♦	A	K	9	5	3
♣	K	7	5		

EAST					
♠	K	Q	9	3	
♥	6	5			
♦	J	8			
♣	A	J	9	6	4

Clubs.

East must take this trick with the Ace, for his partner has no second Trump to lead.

Declarer wins his Trump return in hand, ruffs a Club.

Cashes the Ace of Spades, ruffs a Spade.

Then must guess to lead the Ten of Clubs to West's King. His Club Queen is established and he makes Ten tricks.

SOUTH					
♠	7				
♥	A	K	J	9	4
♦	10				
♣	Q	10	3	2	

Mombasa Born Fareen Beats World Champ

You know the feeling when you hit a great drive, that smooth effortless "ping" sound of the ball hitting the centre of the club face and it felt so easy.

Well there is nothing effortless in the world of long drive.

These hitters put everything they have into each drive and live for the thrill of the long ball, searching for that rush of hitting a 400 yard drive.

Some call the world of long drive the extreme of golf and with music blaring as hitters blast drives the conventional notion of "quiet please on the tee" is counter productive to the adrenaline wave the hitters are riding.

A contingent of 40 long drivers from all over the world including USA and South Africa descended upon Mazatlan, Mexico for the 2013 ILDC International long drive championships at the Marina Mazatlan golf course.

Former Mombasa resident, turned Long Driveer, Fareen Samji was part of the contingent of Team Canada hitters.

Samji, 39 and a Pedorthist at Burlington Orthotic Centre is the current ILDC Canadian women's champion, and won her title with a bomb at 313 yards.

Not many driving ranges can accommodate the length of these hitters so the hitting "grid" was the 18th hole, a relatively flat 420 yard long by 49 yard wide fairway marked up like a football field.

The hitters competed in the individual events (men's, women's and seniors) as well as a team event.

In the women's division current World Champion Heather LeMaster of the US defeated Fareen Samji by 4 yards.

"I had lost to Heather at the World Championships in October and I was excited to

have another chance at her. I hit the ball so well all week, just didn't get the roll I needed in the end."

Weather conditions were hot and humid and the ocean wind was a huge hinderance to ball distances.

LeMaster's longest drive was 293 yards and Samji topped out at 289yards. "I am used to this weather, I grew up in it," says Samji, who was born in Mombasa, Kenya.

When the women went up

against each other it was Fareen Samji who shined in the first final with a 295 yard drive out hitting current world champion Heather LeMaster. Samji had earlier finished second in the women's final after losing to LeMaster by 4 yards.

"I wanted another chance to hit against her and I got it. You don't get to hit against a world champion many times and I was stoked.

"I was pumped up and full of adrenaline and totally focused.

It felt really good" says Samji. For 39 year old Samji, the journey is just beginning.

"Long Drive is new to me. It is something I love to do. Who doesn't enjoy smashing a huge ball off the tee!

"I feel like my disadvantage is that I am 15 years older and physically smaller compared to my competitors.

"I just have to work harder and get stronger," says Samji. Not that size is the tall ail, but in the world of power golf, it sure helps!



Sitting [from left] Shubh Biswas, Karan Shah, Amanpal Vaja, Shukan Mehta. Standing 1st row: coach Isaak Kana, Viral Shah, Vice Captain Rahul Kamdar, Jai Pujara, Akshay Maru, Jai Doshi, Coach/ Manager Vivek Mehta. Standing rear Nikit Parmar, Captain Dev Hirani, Akshar Patel, Vishal Patel, Vice Captain Apan Shah. Not in picture Ishaan Shah, Rohin Patel, officials Hiren Shah and Harish Shah.

MSC Cricketers Set For India

From the club where cricket was first introduced in Kenya comes yet another Historic event.

The Mombasa Sports Club

junior team is ready to fly to India for a coaching cum match tour.

It is the first time in Kenyan cricket history that a private club has organized an international cricket tour for a junior squad!

The boys have gone through a

serious three months training programme under the watchful eyes of Vivek Mehta and Isaak Kana.

The coaches have focused on their fitness and basics.

These efforts have seen each of 16 boys raise their levels a few notches... the focus on the tour has been an additional incentive also in raising the level of batting, bowling and some exceptional fielding too.

When in India they will be under the tutelage of Aunshuman Gaekwad Cricket Schools in Baroda Gujarat.

The preparation has been serious and intensive and the morale in the team of Juniors is high. The squad will be Captained by Dev Hirani.

A unique concept of 2 Vice Captains has been adapted by the Coaches. ... Rahul Kamdar and Apan Shah will take those roles.

The squad also includes Karan Shah (led Oshwal Acad-emy u 11s to victory in the recent interschools tournaments) and left handed Shukan Mehta (led the Oshwal Academy u 13s to victory in the interschools tournament).

Eye Go Fishing Raises Record Amount

FROM BACK PAGE A reasonable amount of fish were caught, amongst them three sailfish were tagged and released and a record Ksh570,910 hooked for charity.

This will be used, as in previous years, to restore sight by operating on blinding cataract at Kwale District Eye Centre.

Removing the cloudy, cataractous lens means that the person can see again almost immediately, often having been blind for many years before reaching help.

Thank you to all those who put to sea and supported the fisherfolk and the Charity.



Joyce Konde from Liaison, and Jameel Khan show off the trophy for the heaviest fish, the first sail of the day. The magnificent fish was tagged and released for next year's competition.

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IF YOU FIND YOURSELF CONSISTENTLY HITTING APPROACH SHOTS OFF-TARGET HERE'S A DOWNSWING TIP THAT WILL PUT YOU BACK ON TRACK:

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NOW, YOU'LL DELIVER THE CLUB INTO THE BALL CORRECTLY FROM INSIDE THE TARGET LINE AND PLUG UP THE POWER LEAK THAT WAS CAUSING YOU TO WRECK YOUR SWING BY HAVING OVERANXIOUS HANDS.

Vimbwanga, Prisons For Final Showdown

A goal by Adnan Badi Balozi scored in extra time enabled Vimbwanga to sail through the finals of the South Coast provincial league after spanking Annex-07 3-2 in a dramatic semi-final match played at Ronald Ngala Primary School ground.

Annex drew the first blood in the 18th minute through Patrick Warje.

But goal-merchant Omar Said scored his thirteenth goal in the league this season when he pulled back for Vimbwanga.

Annex came back into contention seven minutes after the hours mark through Steven Zuma.

Asatu Alfani Juma leveled the

score for Vimbwanga nine minutes to time to take the game into extra time.

Adnan Balozi scored the winning goal two minutes to the end of the extra time.

Shimmo Prison prosecuted Nacet from Ukunda, recording a 1-0 win in the second semi-final clash played at the same venue.

Shimmo Prison were awarded a penalty by centre referee Ashraf Ali in the 6th minute after Nacet defender Mohammed Chilikwa handled the ball inside the box.

Omar Kassim stepped up to convert the spot kick for the only goal of the match.

With the win, Shimmo Prison clash with Vimbwanga in a potentially explosive grudge final on tomorrow at Mombasa County Stadium kick off at 3 p.m. Meanwhile, SS Assad

smacked Shikaadabu 2-0 in the South Coast provincial zone C match played at Ukunda showground.

Said Dele sent Assad up in the 26th minute and Ali Zingi sealed Shikaadabu's fate in the 71st minute.

After playing 19 matches, Assad are jointly placed with Mariakani Stars at the summit of the 12 team table with 38 points but with an inferior goal aggregate.

In other zone C matches played, Buzeki shared the spoils with visiting Miritini Combined after they battled to a one all draw.

Mariakani Stars earned three points without kicking a ball after Floringi United failed to show up at Mariakani ground and Rabai Sports similarly earned walk-over after Gombato failed to travel to Dr. Kraph ground.



Mwatate Youth Under-14 soccer team is preparing for next season's Taita Taveta County U-14 Soccer League. The team is led by its chairman, Henri Mwazala and Collins Kombo who is the technical director.

Gami's Balling Cause Of Scare For MSC Batsmen

The last two weeks have seen three matches played with Shree Cutchi Leva Patel having mixed results in two games.

Playing MSC on the Coast Gymkhana Ground on the 10th, SCLPS lost the toss and were made to bat on a sticky wicket that gave bounce and skid to the MSC opening duo of Thabith Mohamed (3/7) and ZahirAbbas Nkhu (3/18).

This saw SCLPS totter at 35 for 6 before Bipin Bhudia's 15 runs helped break the bowling

momentum and took SCLPS to 80 all out in 33 overs.

Rajesh Valani (18), 17 extras and Kushal Varshani's 11 runs the main contributors.

In reply, it was not all rosy as Sports Club found themselves in a rut with 35/4 on the board before captain ZahirAbbas (20) and Nilay Thakkar (29*) took the team through for the loss of 5 wickets in 20.3 overs.

Paresh Gami's brilliant 4/26 was the cause for scare for the Sports Club batsmen.

However, with this win in hand,

Sports Club are clear on the table to take one more league for the Year as SCLPS fight with Mombasa Jaffery for the 2nd slot.

Last week saw SCLPS vent their anger on Mombasa Simba who took to the wicket with clear intent, humbling Paresh Gami the previous week's SCLP star and posting 47 runs for the first wicket before Khushal Varshani (2/30) Bipin Bhudia (4/8) and Khailesh Hirani (3/5) struck vital blows to bring Simba halting at 89 all out in 19.4 overs. Satinder Singh (25), Dhruv Shukla (13) and Randeep Birdi (12) scoring the runs for Simba.

In reply, Manish Vekaria (19*) together with Harshit Hirani (17) and Kushal Varshani (14) took SCLPS to victory in 21.4 overs with Satinder Singh again being the main tormentor (3/17) and Pyara Singh with his lovely spell of 2/27 accounting for 5 of the 6 wickets to fall.

In the second game of the day, Mombasa Heats who have lost their flame it seems took on Burhani Sports Club who, having done away with their Kenya team prospects seem to be in a much better rhythm.

Heats choosing to Bat first scored a defendable 155 in 34 overs with Steve Turnidge (29), Dr. RajGopal (30), Padma Kumara (29) and Yohann Castanha (18) contributing handsomely to the score. Shafik Alibhai (3/39) and ever reliable Mohammed Dadabhai (2/28) taking wickets in the middle order to stem the flow of runs.

Burhani decided to take the bull by the horns as Idris Yusufali posted a brisk 34 and Yusuf Hussein (50*) together with Taha Firzo (35*) took the scores home within 25 overs.

Tim Jenz (1/39) and Jeremy Fernandes (1/39) the only ones to pick wickets. The Kenyan cricketing fraternity lost one of their own in the name of Hussein Story who passed away this weekend. Story played cricket for a number of years at the coast and also some in Nairobi.

This weekend, Jaffery S.C take on Burhani S.C at Burhani Ground as MSC coaster through against Coast Gymkhana at the Gymkhana grounds.

CRUSHING DEFEAT FOR 'QUEENS' BY 'OLYMPIC'

Sixteen-year-old top scorer Mwanahalima Adam netted six goals as Mombasa Olympic ran riot over Massive Queens, crushing them 9-0 during the South Coast Provincial women league match played at Ziwani Lasco ground.

St John's Girl Kaloleni Form One student Mwanahalima is tipped to win the 'Golden Boot' this season scored a goal after the other in the 4th, 12th, 13th, 35th, 42nd and 54th minutes.

Her team is at the top of standing with maximum 33 points from 11 matches.

Rehema Mwacharo, Gerader Akinyi and Lilian Veronica scored a goal each in a match dominated by the winners.

Mombasa Olympic has scored total of 127; an average of 11.5 goals per match.

Massive Queens who were in third position, dropped to fourth when they went down to Olympic and still have 20 points.

Likoni Starlets kept their second place after

recording 1-0 victory against Chaani Ladies 1-0 in a match played at Changamwe ground.

They now have 24 points from 10 outings.

Makioni Sports moved to third place after edging Tumaini 3-1 in a game played at Kanamai ground.

They now have 22 points while Bangladesh Ladies who defeated Tusimame 2-0 in a match that took place at their home ground moved a step up from ninth to eighth place.

Changamwe Ladies managed to move from 11th place to ninth position when they beat Jomvu Ladies in a match played at Jomvu primary school ground. Mikindani Ladies were beaten 3-1 to Allidina Ladies.

Allidina moved one step up to 11th position with seven points as Mikindani dropped from ninth place to 10th spot with nine points. Having started the league on a fine note, FC Shells failed to maintain their good form as they now occupy 12th position in the 14-team league.



Mwanahalima Adam.

Coast Cricket Association						
40 Over League 2013 - Team Standing						
Pos	Team	P	W	L	T	NRR
1	Mombasa Sports Club	9	9	0	0	18 2.468
2	Shree Cutchi Leva Patel Samaj	9	6	3	0	12 0.217
3	Jaffery Sports Club	8	5	3	0	10 1.522
4	Coast Gymkhana	8	2	5	1	5 -0.926
5	Mombasa Heat	8	2	6	0	4 -2.257
6	Mombasa Simba Sports Club	7	1	5	1	3 -2.163
7	Burhani Sports Club	7	2	5	0	-1 0.311

40 Over League 2013						
Most Runs						
Pos	Name - Club	Inn	No	Runs	Ave	50s
1	Moh'd fazal - JSC	7	2	517	103.4	2
2	Moh'd Kalyan - JSC	7	0	210	30.0	2
3	Devarahi Brahmhbhatt - CG	7	1	204	34.0	1
4	Mohammed Al-Harazi (VC) - M	8	0	173	21.6	1
5	Sagar Karia - MSC	7	2	172	34.4	0
6	Juma abbas - JSC	5	0	167	33.4	2
7	Tim Jenz - MH	8	0	158	19.8	1
8	Jeremy Fernandes (C) - MH	7	0	157	22.4	0
9	Mohdreza tejani - JSC	5	3	148	74.0	0
10	Paresh L. Gami - SCLPS	8	1	129	18.4	1

Most Wickets						
Pos	Name - Club	Inn	W	Eco	Ave	Sw
1	Dev S Hirani - MSC	8	17	3.4	9.9	0
2	Juma abbas - JSC	7	15	3.5	11.4	1
3	Paresh L. Gami - SCLPS	9	15	4.4	13.7	0
4	Umesh Vekaria - MH	8	15	5	15.6	0
5	Bhavesh K. Panchani - SCLPS	8	14	2.9	11.4	0
6	Taaha Sulemanji - MSC	6	13	2.9	7.5	0
7	Yusuf Hussein - BSC	6	13	3	9.8	0
8	Luv M. Manek - CG	7	13	4	12.2	0
9	Thabith Mohamed - MSC	6	12	1.9	6.2	0
10	Imran Jagani - JSC	7	11	6.4	20.7	0

Hatim Karimjee Sports Club 1974. KCA Senior Knockout Runners Up



Hatim Karimjee sports club are the only team from Mombasa to have reached the KCA senior knockout final in 1974. No other team from Mombasa has ever achieved this feat. In 1969 they were the first team from Mombasa to win the Kenya Junior knockout. Hatim Karimjee sports club KCA Senior knockout runners up 1974. Standing back row [from left] Asger Adamali (Junior), Safdar Saeed, Abdul Rasul Sheikh, Hakim Essajee, Allaudin Mawji, Alihusein Tayabali (Badi), Seife Maloo, Keizer Esmail, and Huzeifa Maloo. Sitting Middle row: Zoeb Mulla, Masood Rana, Fakhru Babla (Capt.), Nurdin F.T. Chairman, Akber Esmail Team Manager, Turabali Jlwaji, Raju Chanayarra. Floor: Moiz Karimjee and Shabbir Kaka. Not in Picture: Husein Alibhai, Alihusein Namajee, Mustafa Yusufali. DOWN MEMORY LANE PHOTO COURTESY OF ALIHUSEIN NAMAJEE

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M.S.C. Ladies Win National Mashujaa Basketball Trophy



Mombasa Sports Club (MSC) chairperson, Binita Shah [right] receives the Mashujaa trophy from MSC Captain, Elsa Anyango as the club vice-chairman Ahmed Seif [left] and club membership convener, Hatim Bana look on. The MSC Ladies team won the trophy during a National Mashujaa Basketball tournament in Kisumu.

A Record Amount Raised

FOR CHARITY BY FISHERFOLK AT EYE GO FISHING

Another very successful weekend was enjoyed at this year's EYE GO FISHING, held at La Marina Mtwapa.

Lead sponsor was Captain Andys who gave Ksh150,000 and many superb prizes for the winners backed by Liaison who again gave Ksh100,000 this year.

22 boats entered the competition and the auction and sweep on Saturday night were well attended.



A good evening was had by all before setting out early the following morning to save eye sight in Kenya.

FULL REPORT PAGE FOURTEEN

Danson Kaba and Joyce Konde from Liaison Risk and Pension Consultants hand over their sponsorship cheque of Ksh 100,000 to Dr. Helen Liaison.



Malinda, Justin Walters, Joyce Konde from Liaison Insurance and Sean McGovern. The boys fished from Optic fishing two sailfish and catching a mixed bag of fish to win them the highest points in the competition.



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KENYA TIDE TABLES

MOMBASA, November 29 - December 05, 2013

FRIDAY High Water - 2.8 m. at 01.04 hrs. (1.04 a.m.) and 2.5 m. at 13.31 hrs. (1.31 p.m.). Low Water - 1.0 m. at 07.27 hrs. (7.27 a.m.) and 0.9 m. at 19.26 hrs. (7.26 p.m.).

SATURDAY High Water - 3.0 m. at 01.54 hrs. (1.54 a.m.) and 2.7 m. at 14.24 hrs. (2.24 p.m.). Low Water - 0.7 m. at 08.16 hrs. (8.16 a.m.) and 0.7 m. at 20.12 hrs. (8.12 p.m.).

SUNDAY High Water - 3.3 m. at 02.38 hrs. (2.38 a.m.) and 2.8 m. at 15.09 hrs. (3.09 p.m.). Low Water - 0.5 m. at 09.00 hrs. (9.00 a.m.) and 0.5 m. at 20.54 hrs. (8.54 p.m.).

MONDAY High Water - 3.5 m. at 03.19 hrs. (3.19 a.m.) and 3.0 m. at 15.50 hrs. (3.50 p.m.). Low Water - 0.2 m. at 09.41 hrs. (9.41 a.m.) and 0.4 m. at 21.35 hrs. (9.35 p.m.).

TUESDAY High Water - 3.7 m. at 03.59 hrs. (3.59 a.m.) and 3.1 m. at 16.30 hrs. (4.30 p.m.). Low Water - 0.1 m. at 10.20 hrs. (10.20 a.m.) and 0.3 m. at 22.15 hrs. (10.15 p.m.). **NEW MOON.**

WEDNESDAY High Water - 3.8 m. at 04.39 hrs. (4.39 a.m.) and 3.2 m. at 17.11 hrs. (5.11 p.m.). Low Water - 0.0 m. at 11.00 hrs. (11.00 a.m.) and 0.2 m. at 22.56 hrs. (10.56 p.m.).

THURSDAY High Water - 3.7 m. at 05.21 hrs. (5.21 a.m.) and 3.1 m. at 17.53 hrs. (5.53 p.m.). Low Water - 0.0 m. at 11.40 hrs. (11.40 a.m.) and 0.3 m. at 23.29 hrs. (11.29 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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