

**CONFERENCES
MEETINGS
SEMINARS**

CONTACT:
reservations@nyali-international.com
(+254) 041 4471 551 / 041 4471 460
0727 228 344 / 0733 700 533

★ ENTERTAINMENT ★ NEWS ★ SHIPPING ★ COMMENT ★ SPORTS ★

GOING STRONG SINCE 1978 G.P.O. REGISTERED NEWSPAPER

Coastweek

Issue No. 3643 October 25 - 31, 2013 **PRICE - KENYA FIFTY SHILLINGS**



autoXpress

• Msa Town Ctr: 041-231 1838 • Nyalit: 0705-704777
• Jomvu Truck Ctr: 020-20235 16 • Malindi: 020-3502360

Kwale Eye Centre 20th Birthday

It was just another day for eye surgeon, Dr Helen Roberts MBE FRCOphth, but her days are not quite like anyone else.

It takes her around 15 minutes to restore sight to a person blinded by cataracts, and she might treat up to 20 patients in a day.

On this particular day, however, Helen's routine was interrupted by the arrival of a large cake which her staff had secretly had baked for her in celebration of the fact that it has been 20 years since Helen decided to dedicate her life to Kenya.

And during that time Kwale District Eye Centre has seen 400,000 people and carried out 30,000 sight restoring eye operations.

That's quite an achievement, and Helen celebrated it by sharing the cake with her staff and all the patients in her clinic.

Helen's clinic, the Kwale District Eye Centre (KDEC) lies just inland from Mombasa's famous Diani Beach.

And, while dinner at one of Diani's glossy hotels will cost about the same as making a blind man see, most of the local people are so poor they can't even scrape together the money for the subsidised fees: so they pay with a chicken, a few mangoes; or a smile.

KDEC never turn a patient who needs care away.

Which is probably just as well when you consider the following: Kenya's rate of blindness is ten times that of the Western world; of the world's 45 million blind people 90 per cent live in the developing world and of the millions of Kenyans who go blind, 80 per cent need never have done so.

Blindness, tragically, is largely preventable.

CONCLUDED PAGE FIVE

Serena Rises High In World Travel Awards

PUSHING THE BOUNDARIES OF INDUSTRY EXCELLENCE

Serena Hotels Africa is this year's winner in six categories at the World Travel Awards.

The awards ceremony took place at the Safari Park Hotel, Nairobi.

The awards were: Serena Hotels as 'Africa's Leading Hotel Brand', Amboseli Serena Safari Lodge as 'Africa's Leading Eco Hotel', Nairobi Serena Hotel as 'Kenya's Leading Business Hotel' (A Member of The Leading Hotels of the World), Kigali Serena Hotel as 'Rwanda's Leading Hotel', Dar es Salaam Serena Hotel as 'Tanzania's Leading Hotel', Kampala Serena Hotel as 'Uganda's Leading Hotel' (A Member of The Leading Hotels of the World).

The Oscars of the Travel Industry:

Now in their 20th year of success, the World Travel Awards (WTA) was established to 'acknowledge, reward and celebrate excellence across all sectors of the global travel and tourism industry'.

Dubbed 'the Oscars of the Travel Industry', the much sought-after awards reflect the opinions and preferences of travel professionals across the globe.

Issued in 47 categories, which span the breadth of the industry from airlines to hotels, the WTAs are universally perceived as the ultimate global travel accolade.

Serena Hotels celebrate sixth year of success at the World Travel Awards:

Speaking of the Serena Groups' glittering array of awards, Mr. Mahmud Janmohamed, Managing Director, Serena Hotels Africa said, "the recognition for

excellence is indeed an honor in itself and we are very proud to receive these six awards, which mark the sixth continuous year of our having been recognized by the World Travel Awards.

"The awards confirm that our

strategy to invest on an ongoing basis, in both our hardware-the physical product; and our software-our human resources; continue to pay dividends.

CONCLUDED PAGE FOURTEEN

Special Offer

Satao Camp
Tsavo East
Satao Elerai
Amboseli
For Reservations & More:
sales@sataocamp.com
020 243 6000 / 1 / 2 / 3
Terms and conditions apply



World Travel Awards President Graham Cooke [left] hands over 2013 World Travel Award to Serena Hotels Managing Director Mahmud Janmohamed [right].

HOTPOINT

Enhancing your lifestyle

ONE YEAR WARRANTY

Microwave Ovens Tasty and Healthy Food!

KEY FEATURES

- Extra Large Cavity
- Easy to use functions
- Adjustable Power Levels
- Memory Function
- Combination Cooking
- Stylish Design
- Easy to Clean

*Features may vary by model!

HMS-20MS

HMS-20DW

HMG-20DS

Hotpoint APPLIANCES LTD

Available at all leading Dealers & Supermarkets Countrywide.

Nairobi Branch, Sani Centre, Westlands
Mombasa Branch, Next to Nakumatt Likoni

Email: customerservice@hotpoint.co.ke

www.sarovahotels.com

SAROVA SALT LICK - GAME LODGE
SAROVA MOUNTAINS

Experience beautiful Taita from only Kshs. 6,999 Per Person Sharing

*Terms and Conditions Apply

reservations@sarovahotels.com

041 2128000 / 0721 786 431 / 0721 786 433 / 0735 337 996 / 0719 022 000

MOMBASA, MALINDI, DIANI AND LAMU SHOPPING GUIDE

PLEASE NOTE - COASTWEEK TELEPHONE NO'S: MOMBASA 020 3549187 / 2230130 / 0731 099309

SONY *Feel the Beauty*
make.believe

X-Reality PRO
for the best colours and sharpest pictures

The latest **SONY BRAVIA LED TV** with the slimmest frame ever and stunning clarity now in stock!

Records your TV Programs to a USB Drive or HDD



EDSONS LTD.
FOR QUALITY GOODS AT A FAIR PRICE!
Tel: 2224450 / 2316388 Opp. Blue Room

Edge **LED**

WiFi CERTIFIED

facebook.com/brcafe

Free* Delivery 0721 786 868

Any DAY
Any CRUST
Any 2 PIZZAS **990/-**
Any 3 PIZZAS **1490/-**



Blue Room

Traditional Style Wood - Fired Oven Pizzas

Limited time offer - Conditions May Apply - *Free delivery most areas within town - 25 cm Diameter Pizza (Med) Subject to change without notice.

Exciting New Range of Kilimanjaro tiles just arrived



Prices ranging from 1250 - 1350 per sq.metre
Capture The African Landscape exclusive to

CTM

Mombasa Malindi Road, P.O. Box 95787 - 80106 Mkomani,
Tel : 020 2038528, 0727 177702/3, 0734 177702.
Opening hours - 8.30 to 5.30 Monday to Friday, 9 to 3 Saturdays.

FOR ALL YOUR FOREIGN EXCHANGE REQUIREMENTS

Bamburi Forex Bureau Ltd

P. O. Box 97803-80112, Mombasa. Email: bamburiforex@yahoo.com
Open: Monday to Friday 9.00am to 7.00pm; Saturdays 9.00am to 4.00pm

CITY MALL BRANCH: 1st floor shop no.10 Tel: 041-4477004 / 0722 412649 / 0793 469729 Fax: 041-4477005
NYALI CENTRE BRANCH: Tel: 0712 298211 / 0732 298211

Kenya Airways East African Safari Classic Rally On The Launch Pad!

With just over four weeks to go to the start of the Kenya Airways East African Safari Classic Rally the excitement is starting to build, reports SAMSON ATEKA.

The realisation that soon all sixty-plus rally cars and their associated spare parts, wheels and tyres will be arriving in Mombasa by sea and by road means that the crews who will drive them away from Mombasa on November 21st are beginning to feel the same keen anticipation that an astronaut feels when poised on top of a rocket at Cape Canaveral.

The frisson that the rally crews feel is generated by the fact that they are about to tackle a 4,100 kilometre (2,550 mile) route through some of the original sections used on this rally's illustrious predecessor, the East African Safari Rally.

For fifty years, the Safari was the gold standard for toughness on major international rallies.

First held in 1953 to celebrate the Coronation of Queen Elizabeth II, the last of these

events was held in 2002.

So popular was the concept that one year later it was re-born in 'historic' format as the Safari Classic and has run every other year since.

As in the five previous Safari Classics, the route will pass through the countryside regions of Kenya and Tanzania.

It will take the competing cars from sea level on the Indian Ocean at Mombasa to altitudes of some 2,600 metres (8,500 feet) high above the Great Rift Valley in Central Kenya.

It will pass under the legendary slopes of Tanzania's Mount Kilimanjaro and visit several of the region's famous game reserves and national parks.

During the nine-day rally, there is one day of rest and recuperation in the middle where it is permitted to service the cars for an extended six-hour period and this takes place at the Ol Tukai Lodge in the Amboseli national park.

Typical of the event, for both nights that the rally is there the park rangers have to provide 'security' in the service area to prevent inquisitive elephants from 'playing' with the rally cars.

Just over sixty crews from all over the world have entered the 2013 Kenya Airways Safari Classic and the cars that they are driving are equally diverse.

They all have to be of a model that was manufactured before 1979 and yet comply with all modern safety standards.

There is a preponderance of Porsche 911s in the entry this time, probably indicative of the fact that the last Safari Classic in 2011 was won by ex-World Rally Champion, Björn Waldegård, in a Porsche 911.

He came though various tribulations on an event that was very largely wet and muddy but he may find it even more difficult this year as he will find another ex-World Rally Champion and fellow Swede, Stig Blomqvist also in a Porsche 911.

With no fewer than thirty-one Porsche 911s entered and the start area at the Sarova Whitesands Hotel looking a little like the daily output from the Stuttgart factory's production line, one might be forgiven for wondering who might be able to take the fight to the Porsches.

There is no difficulty there since six-times Kenyan Rally Champion and Safari Classic winner in 2009, Ian Duncan, is returning with his Ford Capri V6 while another Kenyan ex-champion, Alistair Cavenagh, heads a list of drivers who are behind the wheel of Ford Escort RSs similar to those cars that won the original Safari Rally in 1972 and 1977.

A car that made its name winning the Safari Rally in 1971 and 1973 was the Datsun 240Z and there is a strong group of drivers from within Kenya and outside who are driving Datsun 260Zs - the same model that won the first two Safari Classics in 2003 and 2005 - on this year's event.

Principal amongst these are Steve Perez from the UK who finished third in 2009 behind Duncan and Waldegård while alongside him in the Kick Energy Team, he has Geoff Bell from South Africa who finished second in 2011 with his 260Z, finishing behind Waldegård after leading for much of the last leg of the rally.

Adding variety to the entry list, there are Mazda RX7s, Datsun 1800s, Ford Escort Mk1s, and then the true individualists who are driving cars like a Mercedes 220SE, a Chevrolet Corvette and a Ferrari 308 Dino GT4.

If there was one thing that has been learned in past years and on all the Safaris that preceded the Safari Classic, on a rally that takes in such large sections of un-metalled road in areas populated with wild animals and where climatic conditions are categorised as 'subject to change', any one of the sixty or so cars that leaves Mombasa has a chance of success.

A.P.D.K. REHABILITATION CLINIC, PORT REITZ

URGENTLY APPEALS FOR FOODSTUFFS FOR THE GROWING NUMBER OF IN PATIENTS IN THEIR CARE. PLEASE CONTACT: APDK REHABILITATION CLINIC BOX 96038 MOMBASA. TELEPHONES: 041 434293, 432229, 0733-811605, 0723-732010

Solar Equipment from THE Professionals



Davis & Shirliff is an acknowledged Solar industry leader offering a complete range of products for all solar PV and water heating requirements. With expert application advice and a commitment to service we really can provide 'Energy to Power your Life!'

D&S DAVIS & SHIRLIFF
know How through experience
www.dayliff.com

Call
Mombasa, (020) 2040432
Malindi, (042) 2120425
Diani, (040) 3202181
Lamu, (020) 2651052/56
Nyali, (020) 2443357
for details

EXOTIC RECIPES
check out some mouth watering recipes from 'Coast Cuisine' only at www.coastweek.com

Kenya Faces Mauritius In COSAFA Championship

The Kenya U20 national team has been drawn in Group A of the 2013 COSAFA U20 Championships scheduled to be played in Lesotho as from December 3, futaa.com reported.

Futaa.com further reported that the draw conducted on Sunday October 13, Kenya was lined up in the group alongside the hosts, Lesotho, Comoros Islands and Mauritius.

Fourteen teams have confirmed participation in the two week-long competition with Kenya scheduled to play Mauritius in their opening match on the opening day of the tournament.

Group B consists of Angola, Mozambique and Madagascar while Group C termed the group of death has champions Zambia, South Africa, Namibia and Seychelles while Group D has Zimbabwe, Botswana and Swaziland. Reports indicate that the Kenyan team to take part to the tournament has already been named and is with the Football Kenya Federation (FKF).



Step into a Bold New World of Imperial Bank's Asset Finance
Get the funding you need to buy the right assets and equipment to drive your business forward.

Call 020 278 4000 or email info@imperialbank.co.ke www.imperialbankgroup.com

Imperial Bank Group @ImperialBankLtd



The winner receives a trophy and a certificate of participation.

Diving The Crab Wins The 14th 'Goat Derby'

Another successful goat derby last sunday raised Ksh1,880,000 for the charities supported by the E.A.W.L. South Coast.

The sun shone bright and all 42 goats took off for the race course. Commercial Bank of Africa were the main sponsors again this year and very generously donated Ksh.1,000,000 to make the day a high success.

There were 11 races and the punters kept the tote very busy. The champagne tent was well supported and the children had camel rides, bouncing castle and ice creams.

Diving The Crab won this year's Goat Derby. The KSPCA best goomed goat was won by Bandito sponsored by the Buckle family. The KSPCA rep presented the prize.

I would like to thank everybody who supported the event and hope to see you again next year on Sunday October 12th when the racing goats of Diani will pick up their hooves and gallop around the track again.



The goats are off at a promising start.

CITY MALL NYALI FOOD COURT

Neatly tucked away on the 2nd floor of Mombasa's Premier shopping mall, the City Mall Nyali Food Court offers shoppers a taste experience unrivalled by any other shopping centre in Mombasa.

With 5 cuisines to choose from, the City Mall Nyali Food Court is never a bore!

The restaurants and outlets at the City Mall Nyali Food Court offer a variety of delicacies from Persian, Indian, Chinese plus the usual tasty comfort foods for all seasons!

Regular shoppers at the City Mall Nyali Food Court have fast become familiar with the exiting offerings of the Haandi menu.

This is the first Mombasa branch of the hugely popular brand that has seen massive growth in Nairobi.

A trip to the City Mall Nyali Food Court is never complete without a bite at Haandi Udupi!

More recently the City Mall Nyali Food Court welcomed its newest tenant and Mombasa's answer to gourmet burgers, Flames Deli and Grill.

At Flames Deli and Grill, making the perfect burger is something they strive for every day.

A Flames burger begins with selecting the freshest possible ingredients.

From their meat which is from



100 per cent farm-raised beef that has been perfectly aged, to all their delicious toppings and sauces which are carefully prepared in house.

The City Mall Nyali Food court has 4 large flat screens that keep you entertained as you enjoy a meal with family and friends plus, every so often shoppers are treated to the sounds of a live band and more.

If that doesn't entice you enough to explore what the City Mall Nyali Food Court has for you, consider this as you make your next trip over to Mombasa's Premier Shopping Mall, the Food Court currently has amazing offers that will keep you and your



family coming back again and again from 10 per cent off at Haandi to unbelievably tasty combos at Flames Deli and Grill! All tenants, i.e. Haandi, Black Bean, Flames Deli and Grill,

Sinbad and Burgerworld are open from 9.30 am and close at 11pm daily. For further details on what the City Mall Nyali food court have to offer contact marketing@citymall.co.ke

10th

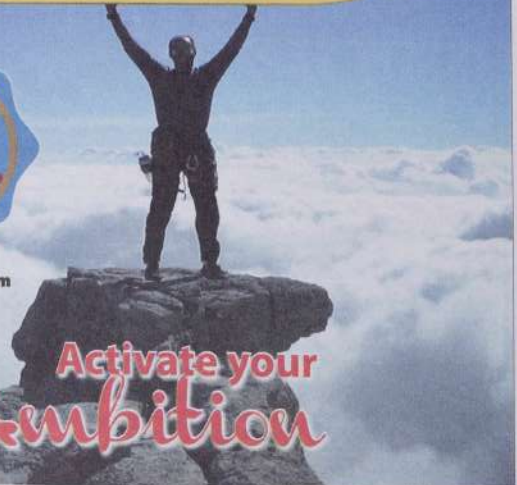
Mombasa Homes Expo

1st - 3rd Nov. 2013

SAROVA WHITESANDS



From 8:30am to 6:30pm



Activate your Ambition

"Desires dictate our priorities, priorities shape our choices, and choices determine our actions."
Dallin H. Oaks

FREE ENTRY Transport from Posta Digo Road Mombasa to Sarova Whitesands from 9:00am at intervals of 2 Hours

EVENT ORGANIZER	GOLD SPONSOR	SILVER SPONSOR	EVENT HOST	MEDIA PARTNER	SUPPORTED BY
-----------------	--------------	----------------	------------	---------------	--------------



HOTLINES: 0789 993 999 / 0734 555 556
www.mombasahomesexpo.com

Dine

Food Court
2nd Floor
& Enjoy great offers!

OPEN 9:30 AM - 11PM
INFO@CITYMALL.CO.KE
+254 711 411 415

City Mall Nyali CityMallNyali

WE HAVE HAD B Company, then C Company, now Ram Gopal Verma has created G Company in the big bad world of Mumbai.

Satya 2, which opens worldwide and at the NYALI CINEMAX this week may be a sequel to the first film (1998) but only in idea as the story line and plots are different with different characters.

Like many in India, a young man comes to Mumbai to find fortune and good life.

Satyendra connects with his childhood friend Naari, who is living in Mumbai struggling to accomplish his dream of being a film producer.

Naari shows Satya all the glitz and glamour that abounds in Mumbai, but the quiet young man from the village is more interested in what goes on under the shiny covers.

He finds employment with a local builder called Pavan Lahoti and is soon noticed by his boss as not only being hard working but willing to go the extra mile.

There are two main avenues to get to the underworld in Mumbai—the film and the building industry.

Both have their owners who can be as ruthless as they are beneficial.

HUGH JACKMAN PLAYS A DESPERATE PARENT IN HEARTWRENCHING THRILLER: 'PRISONERS'

Ram Gopal Varma's *Satya 2* Reinvents Indian Underworld

As he proves himself time and time again, Satyendra – now Satya – is rewarded by Lahoti and he is able to bring his wife Chitra and mother to Mumbai.

The two ladies are blissfully unaware of what Satya is really doing in Mumbai – anything from extortion to murder, and no one, not even the police suspect this mild-mannered, soft-spoken young man could be capable of the crimes he has been committing.

Chitra becomes very close with Sri, Naara's girlfriend and an aspiring actress with the screen name Special.

So when the truth does come out, there are a lot of hurt people around Satya and each handles his / her pain in their own way.

Even the police have to get a retired commissioner to help them track this criminal and bring him to book.

Ram Gopal Verma has launched not one but three new faces in this film that will be his

last on the Mumbai underworld as he now wants to concentrate on romantic films.

Puneet Singh Ratan, Anaika Soti and Aradhna Gupta are making their debut in the lead roles with Amitriyaan, Mahesh Thakur, Raj Premi, Amal Sehrawat, Kaushal Kapoor and Vikram Singh giving able support to them.

The second new film at the NYALI CINEMAX this week is the mystery suspense drama, *Prisoners*.

Directed by Oscar nominee Denis Villeneuve and with the two lead men also Oscar nominees – Hugh Jackman and Jake Gyllenhaal, this film promises to have you on the edge of your seat right till the very end.

How many parents would go overboard if their child is missing?

Almost all, I am sure.

Keller Dover, a deeply religious man who runs a struggling carpentry business, attends a

Thanksgiving dinner with his family at the house of their neighbors, the Birches.

After dinner the two girls – Anna Dover and Joy Birch, both six – go missing.

The Police are called in and find an RV that was in their neighbourhood when the girls went missing.

Alex, the person who was driving the RV is let go because of lack of evidence but a frustrated Keller decides to take things in his own hands.

He kidnaps Alex and holds him in an abandoned apartment where he beats the crap out of him to try and get him to talk.

Unfortunately, as the police had found out, Alex has the IQ of a ten-year-old and his evidence cannot be trusted as hundred per cent.

One lead takes them to another and yet another but the girls are not found and everyone, including the police keep going

round in circles.

Keller starts going berserk as time keeps creeping on and he knows in his heart that his daughter's life is in danger but the million dollar question is "When do you cross the line between seeking justice and becoming a vigilante?"

With Jackman and Gyllenhaal are Viola Davis, Maria Bello, Terrence Howard, Melissa Leo, Paul Dano.

Prisoners received positive reviews from critics and has an 81 per cent approval rating on review-aggregation website Rotten Tomatoes.

Soar out into outer space in three dimension with George Clooney and Sandra Bullock in *Gravity*.

One more week of the docu-film *One Direction: This is Us*, with group members Niall Horan, Zayn Malik, Liam Payne, Harry Styles, Louis Tomlinson.

You can watch this young musical group performing live at concerts with backstage scenes in two and three dimension.

CINEMAS with Anjum Asodia

Nyali CINEMAX the ultimate movie experience...

Satya 2
A WORLDWIDE RELEASE
-With English Subtitles-
Punit Singh Ratan, Anaika Soti, Mahesh Thakur, Raj Premi
Sat.- 9.30pm, Sun.- 5.30pm & 9pm, Mon.- 9pm, Thur.- 9pm

PRISONERS
Hugh Jackman, Jake Gyllenhaal, Melissa Leo, Paul Dano, Maria Bello, Viola Davis, and Terence Howard
Fri.- 9.15pm, Sat.- 9.15pm, Sun.- 6.15pm, Mon.- 6.15pm, Wed.- 6.15pm & 9.15pm, Thur.- 6.15pm

GRAVITY SHOWING IN 3D
George Clooney, Sandra Bullock
Fri.- 7pm, Sat.- 4.45pm & 7pm, Sun.- 2pm, Mon.- 6.45pm & 9.15pm, Wed.- 6.45pm, Thur.- 9pm

ONE DIRECTION THIS IS US SHOWING IN 3D
Friends and family offer applies on Tuesday show 4 Tickets for 1000/-
Fri.- 6.45pm, Sat.- 2pm, Sun.- 4pm, Tue.- 6.45pm
SHOWING IN 2D Sun.- 11am

BOSS Fri.- 9pm, Sat.- 6.15pm, Sun.- 2.15pm & 9.15pm, Wed.- 9pm

R.I.P.D. SHOWING IN 3D
REST IN PEACE DEPARTMENT U/16
Friends and family offer applies on Sat. & Tue. show 4 Tickets for 1000/-
Sat.- 4pm, Thur.- 6.45pm, Tue.- 9pm

BAGGAGE CLAIM Tue.- 6.45pm
Friends and family offer applies 4 Tickets for 1000/-

BESHARAM Sun.- 10.30am (300/-), Tue.- 9pm (500/- friends and family offer applies)

BATTLE OF THE YEAR SHOWING IN 3D Sat.- 2.30pm
Friends and family offer applies 4 Tickets for 1000/-

SHOWING NEXT WEEK

KRISH 3



Mombasa United Charity Academy team poses for a group photo prior to one of their warm-up matches. The team is training in preparation for East African competition to be held at the end of the year in Moshi or Arusha. The team is being coached by Athman Rila (right).

Super Eagles Beat Black Dragon

Richard Ndambuki scored a hat trick in the 48th, 56th and 83rd minutes and Philip Otieno scored a brace in the 14th and 26th minutes as Super Eagles beat Black Dragon in the third tier South Coast Premier League match played on Monday at Changamwe Estate ground.

Dragon earned their consolation goal in the 54th minute through Faraj Ali.

After playing 11 matches the Changamwe soccer aristocrats have leapfrogged SS Assad to occupy the second position on the 12-team league with 22 points on level with Mariakani Stars but with an inferior goal aggregate.

In other matches also played on Monday, Gombato drubbed Shikaadabu 3-0 at Ukunda Show ground while Floringi United sent Miritini Combined packing with a 2-1 hiding at Tononoka ground.

Meanwhile, Nyali Strikers continued their winning ways after they beat Kilindini Youth 3-0 in a Mombasa Premier League match play at Frere Town.

Abdala Dirvo provided the last straw six minutes to time.

The victory enabled Nyali Strikers to move three

places up to third position on the 15-team league having 20 points, one point below joint leaders Sparki Younsters and Miritini Stars.

In another development, Mulango held Boca Juniors to a one-all draw in a Mombasa District Division one match played at Changamwe Estate ground.

Mabrouq's chances of winning the Mombasa County league title was nipped in the bud after they lost 4-0 to Bamburi Beach in a tough match played at Shimo la Tewa Primary School ground.

After a barren half, Mabrouq ran out of breath as Bamburi Beach took the game to their opponents.

Bamburi drew the first blood two minutes after break through Hamisi Kibwana.

Sadiki Kombe doubled the lead in the 50th minute. Charo Kazungu wrapped up the match with a brace two minutes and six minutes after an hours mark.

After playing 11 matches, Mabrouq have completed the league at the summit of the log with 22 points on level with Green Bombers but with an inferior goal difference.

Eisewhere at Mwijabu ground Green Bombers opened the first bottle of champagne after the registered a hard won 1-0 win over Soweto.

Prolific scorer Paul Otieno scored the all important goal in the 8th minute, his eighth goal in the season.

In the Mombasa District division one match played at Bomu ground, Gunners shot down Custos 2-1.

STARCAST GEMINI KILIFI

Scorpio (Oct. 24 - Nov. 22)
You're finally being released from an oppressive situation. Strangely, it feels scary to have your freedom again. Give yourself a push to venture into new territory. The prospect of taking a class or going abroad fills you with anxiety.

Sagittarius (Nov. 23 - Dec. 21)
Leaving a club or organization will be painful but liberating. You're tired of having your fate tied to a group of people who have lost their way. When you first joined, you felt a sense of purpose and excitement.

Capricorn (Dec. 22 - Jan. 20)
A job or political position will come to an end, leaving you free to move to another location. Although you don't welcome the prospect of making a new start, that's just because you're mourning your old way of life.

Aquarius (Jan. 21 - Feb. 19)
All the knowledge and experience you've acquired won't help. Some situations require you to make spur of the moment decisions. Trust your intuition to show you the way. An overly attentive friend or romantic partner is getting on your nerves.

Pisces (Feb. 20 - Mar. 20)
Financial support from an outside source will come to an end. This may require you to find a job. Although the prospect of entering the work force is scary, it is also exhilaration.

Aries (Mar. 21 - Apr. 20)
A close relationship is the cause of great distress. You're tired of feeling bad every time you're in a certain person's company. Fortunately, you have enough self esteem to walk away from this toxic bond. Although it pains you to part ways from somebody who was once special, you must.

Taurus (Apr. 21 - May. 21)
A medical report forces you to make changes to your sleeping eating and exercise routines. That's really a blessing in disguise. Although you love nice food and a sedentary lifestyle, you need to adopt a different way of life.

Gemini (May. 22 - June. 21)
News of an engagement, marriage or a birth means you have to change your plans. It's important to rein in your spending. Put as much money as you possibly can into savings, for you'll need a nest egg to attend a big celebration or buy a gift.

Cancer (June 22 - July 23)
Wrapping up a property deal will be disappointing. This has been a long, arduous journey. Now it is over, you're not sure what to do with yourself. You also have a sneaking suspicion that you've made a big deal.

Leo (July 24 - Aug. 23)
The terms of a contract will come to a close, forcing you to pay a big final bill. Although you're not happy about fulfilling this obligation, it can't be helped. Let this be a lesson to be more thoughtful before entering into a business agreement.

Virgo (Aug. 24 - Sept. 23)
A job will come to an abrupt end, leaving you at loose ends. Lately, work has been your only form of social stimulation. Instead of brooding about your lonely condition, reach out to old friends.

Libra (Sept. 24 - Oct. 23)
It's time to resolve a conflict with your best friend, lover or business partner. The two of you have very different needs. These diverging paths are taking a toll on your career prospects. If you need to relocate for the sake of the job, then do it.

KSA / Mombasa Hospital Anaesthesia Symposium

The Kenya Society of Anaesthesiologists, in conjunction with the Mombasa Hospital, has organized an Anaesthesia Symposium at the Mombasa Hospital on Saturday 26th October 2013 from 8.30am to 4.30pm.

It has, for a very long time, been an issue of awareness amongst the general public as to what is the role of the Anaesthesiologist in medical practice.

Therefore, the theme of this symposium is rightly coined as: 'The Role of the Anaesthesiologist in Modern Day Medical Practice'

We, the KSA as well as the Mombasa Hospital, felt that it was high time our citizens realized the role played by the Anaesthesiologist in their lives when they are admitted to hospital.

It is indeed sad to note that not many people realise that the Anaesthesiologist is a fully qualified Medical Doctor who, like his colleagues in other specialities like Surgery, Gynaecology, Internal Medicine and Paediatrics, has had specialized training in his field.

He is therefore trained both, to give Anaesthesia to all patients undergoing any type of operations and to manage the very sick patients in the ICUs. In fact, the role of the Anaesthesiologist in the ICU is often much larger than that of his other colleagues in other specialities.

The general public has always

felt that the Anaesthesiologist comes to the operating theatres, gives one injection and goes away.

Little do they realize that whilst they are asleep, undergoing their operation, it is the Anaesthesiologist who is besides them during the entire procedure ensuring that they remain safe and stable throughout the duration of the operation.

It is also the responsibility of the Anaesthesiologist to make sure that the patient wakes up well after the operation is over and to ensure that the patient is stable to go back to the wards.

Likewise, in the ICU, the Anaesthesiologist is the Intensivist and is therefore the first Doctor to be called in for the very ill patients.

It is his job to carry out all the invasive procedures on the patient, put him on Life Support if necessary and continue treating the patient till he is ready to be discharged from the ICU.

The idea of this Symposium is to educate people in all walks of life so that they understand the role of the Anaesthesiologist in their lives should they be admitted to hospital for any ailment.

Dr. Madhu Patel, Chairman of the Kenya Society Of Anaesthesiologists, and Ms. Selina Ambitho, Nursing Director of the Mombasa Hospital, both feel that Anaesthesiology has been a very poorly understood and underrated speciality in medical practice and it is high time our citizens do understand the role

of the Anaesthesiologist in their lives, should they ever be admitted to hospital.

This, being a clinical symposium, is also meant to educate the medical staff and other Medical Colleagues in the entire Coast region. It is a part of the Continuous Professional Development that the Medical Practitioners and Dentists Board has always advocated.

The Kenya Society of Anaesthesiologists and the Mombasa Hospital are very grateful to the various sponsors for their support in organizing this Symposium.

NEW YEAR'S AT THE TAMARIND MOMBASA 2013 CARNIVAL MASQUERADE



Seen above are Tamarind Management and Staff making preparations for the upcoming New Year's festivities.

Victor M. Shitakha (G.M), Prudence Kambe, Faiza Ayub, John Kamanda, Alex Nyange, Andrew Wachenje and Reginah Mbithe

Make sure you reserve your seats well in advance and usher the New Year in style!

For more information, please call us on 0722 205160 / 0725 050552 / 0733 623583

www.crownpaints.co.ke

Introducing the Designer Fashion Collection to dress up your walls



Crown introduces the Metallica Collection, the one-of-its-kind range of designer wall paint textures. Choose from a variety of patterns, complement these with hundreds of colour combinations; and you have a visual expression as unique as you. Turn any wall into a piece of art and get ready to be the centre of conversations.



Metallica

The High-Fashion Paint Collection



Experience these effects & more at the **Crown Showroom** Muthithi Place, Muthithi Road, Westlands

Call Center: 0703 333 777
0703 333 888



Kwale District Eye Centre 20th Birthday

FROM FRONT PAGE The magic of having one's sight restored in 15 minutes, which is all the time it takes to 'do' a cataract, affects people differently. Helen tells the story of one old man who had been blind for most of his life.

Persuaded by the community worker to come into the clinic, he had his operation, walked out into the carpark, threw away his white stick, summarily dismissed the small boy who had led him around, and danced off down the road.

Another man who had been blind for 15 years returned to his village and shrieked with laughter over how much his neighbours had aged.

Best of all is the tale of the community worker who came across a blind man up a tree, from which a noose dangled.

He was sobbing in despair; his life seemed to be worthless. The community worker lured him down from the tree, on to the back of his motorbike, and in to the clinic. The next time he saw the man, he was up a tree again; laughing, singing and cutting down coconuts.

All this comes at a cost; KDEC is entirely funded by charity, the rest by Helen's endless round of fundraising events, 'What better gift can you give than the gift of sight?' is her campaign slogan.

What indeed? Helen herself asks for very little. Merely the money to keep her clinic running. And, despite that fact that in 2001 she was awarded an MBE by Queen Elizabeth II, she remains inspired only by her gift.

'When you take the pads off and the patient can see for the first time' she says, 'they give a little smile. Then that smile grows and grows until it stretches from ear to ear. That's my reward'.

So, if you'd like to fuel such a smile, why not get in touch. Cheques should be made out to: Kwale District Eye Centre and mailed to POB 61, Mombasa 80100. For further information please contact: email: eyeskwale@africaonline.co.ke or visit website: www.eyesforeastafrica.org or www.eyeclinic-kenya.org

Thirty Three Years' Ago

Coastweek, Oct 26 - Nov 01, 1979

A big welcome awaited the first direct British Airways charter flight from the U.K. into Moi International Airport, Mombasa. The Boeing 707 with a capacity for 190 passengers would be the forerunner of once weekly flights to Mombasa throughout the year.

At the same time more charter flights were being spearheaded by Sir Freddie Laker and Peter Drew of Wings and Owners Services Limited between U.K. and Kenya.

Subject to approval by the authorities, this would bring in a 345-seater wide-bodied DC10 aircraft from Manchester/Gatwick to Mombasa and Ceylon on alternating weeks.

Election Campaign was hotting up with politicians going all out to woo the voters for the 1979 all-K.A.N.U. general elections.

Mombasa Businessman G. B. Siddiqui ventured into a small scale ship breaking industry in Mombasa. The only one of its kind on the East African coast, they had broken their first vessel at the yard being the Greek flagship m.v. Benaco, which had been purchased by two Mombasa businessmen M. Kassim and Virchand Maide at a cost of K.Shs. 180,000/-.

Pandya Building on Digo Road was knocked down to pave way for Kenya National Assurance's eight-storey Bima House which would cost K.Shs. 25 million.

Khalid G. Shapi was appointed Tours Manager, Coast by United Touring Company.

Kenyan Media personality Norbert Okare was pictured with co-star Nicol Williamson during a scene from the Graham Greene epic 'The Human Factor' which was being shot on location in Kenya under the direction of Hollywood producer Otto Preminger. The film story was based in South Africa, but because of it's highly critical look at 'apartheid', was shot in Kenya and England.

Copper and Nickel deposits were discovered in Kabanga, north-western Tanzania, as revealed by the Tanzanian Minister for Water, Energy and Minerals Alnoor Kassim.

'Language of Love' was back at the REGAL CINEMA, with NAAZ Cinema showing Rajshri Pictures' 'Paheli' followed by a classic 'Black Joy'. KENYA Cinema, carried on with 'The Wild Geese', ending the week with a billion bees in 'The Swarm'. The CHOX was screening 'Do Phool' ('Two Flowers' - or 'fools?') with Mehmood and the late Vinod Mehra.

Letter writers included Malindi's Burhan Taherall who was reflecting on the fall of the tyrants Idi Amin and Bokassa, Buxton's Surinder Rattan, Kibokoni's 'Food Fanatic', Chairman of the Mombasa Muslim Association Hassanally Mussa Jetha, P. J. L. Frankl and Francis Wekesa from Mombasa.

By Asking Wananchi To Boil Water We Will Be Carrying Out A Favourite Cliché

The last area we would like to propose that would improve our road safety is that of continuous improvement.

This is where we need now the National Transport Safety Authority, as the apex body, to work outside of the box.

They should take on a very strong role in finding out both reactively and proactively, what needs to be done to improve road safety.

It needs to be able to effectively analyse data that it can mine from a national transport information system and also carry out research to create innovative solutions that will improve road safety.

This is long medium to long term and is often forgotten by authorities which are looking for the visible gains that will almost guarantee the re-election of its members especially when they fall into the trap of working under the ineffective government's performance contracting process.

Focus should for example be on the highest population impacted by road transport accidents and not necessarily only those that cause deaths.

If one works out from current rudimentary data, it will be obvious that one has to work out on the area of pedestrian safety and behaviour and the same in the area of public transport.

Let us start with the latter. In an earlier article I presented the new Regulations that under development for public transport.

The Regulations are a good start but it is a purely on knee jerk

reaction to an epidemic.

This action will not control the epidemic but not work towards eliminating it. It is like asking wananchi to boil water because it is contaminated instead of working on providing clean and safe drinking water that does not require any further intervention.

By asking wananchi to boil water we will be carrying out the favourite cliché - creating public awareness.

This is a strategy that is



CoastDrive with Teti Kamugunda

misplaced in importance.

We will be asking a large number of people to do something that they cannot consistently do.

It may have an impact in making the few people who are honest and sticklers for rules to comply.

The majority of Kenyans will not do this.

What is needed is a holistic understanding of the causative factors of accidents in the public transport sector.

The causes will not be found in what other countries have looked at.

It will require a uniquely Kenyan development as they will be driven both by common international factors as well as uniquely local factors that need to be taken into account when designing interventions intended to improve the safety performance in this sector.

We do not intend to prescribe

what the solutions would be as they are beyond the ambit of this space.

The same intervention is needed for pedestrians. It is woefully evident that they have not been a consideration in a lot of the actions that have been taken to improve road safety in the country, yet they are the most vulnerable road users.

Start from kids who are released to go to school by their parents as they also have to go to work at the same time and end at the elderly who still need to get around in their day to day life.

In between one will also have to cater for those who are physically and visually challenged as well as those who are hard of hearing.

There are some immediate actions that can and should be taken to create a step change in reducing accidents.

The low hanging fruits are many.

This should again be followed by research both into causative factors.

A lot of information is available from the work done in countries that have faced similar ballooning accident rates.

This area especially is one that almost any major city in the world has found solutions for and the safety authorities should be able to quickly find and adapt or adopt from those cities.

The implementation of these quick wins may not be as fast as that in the public transport sector because of the spread of the area and jurisdictions for

implementation. In this area, there has to be a good interaction between the Authority, the central government and the county governments.

The egos that exist here may prevent effective and uniform implementation of the solutions and the Authority will require many skills to help it get buy in by all stakeholders to the solutions it comes up with.

The long term solutions to both the public transport sector as well as pedestrian safety will need continuous analysis and research into the causes of accidents and this will require that the information gathering system be all inclusive.

It will have to capture standard data as is required to be reported now but will need to be extended to capturing a lot of other data such road conditions and the environment at the time of the accident to the types of injuries and damage and the treatment that was given and the effect of such treatment.

It will require that there is monitoring of the impact of all the interventions and a redesign should it be necessary to do so.

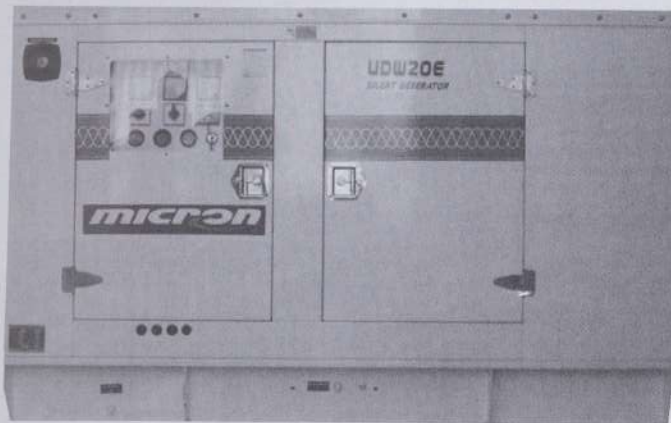
The long term research and intervention cannot be done by the Authority on its own and will mean that they need to build up collaborations and coalitions with research agencies and peers that will help them to fulfil this long term mandate.

The big question that arises from all this is whether the establishment of the Authority took into consideration the full extent of the mandate they need

CONCLUDED PAGE FIFTEEN

GENERATORS

5 KVA TO 125 KVA



- Super Silent canopy Diesel Engine
- Automatic / Manual start
- Single Phase / 3 Phase
- Parts / Service back-up
- Delivery & Installation



E. A. Motor Industries Ltd.
Mombasa • Nairobi

MOMBASA:

TEL: 2220274, 2225627, 2220292

MOBILE: 0721 400834

NAIROBI - LANET ROAD:

TEL: 020 2136663 / 020 2136664

MOBILE: 0720 755900 / 0733 651370

E-MAIL: micron@africaonline.co.ke

www.serenahotels.com



AFRICA'S LEADING HOTEL BRAND SERENA HOTELS

Africa's Leading Eco Hotel
AMBOSELI SERENA SAFARI LODGE

Kenya's Leading Business Hotel
NAIROBI SERENA HOTEL

Rwanda's Leading Hotel
KIGALI SERENA HOTEL

Uganda's Leading Hotel
KAMPALA SERENA HOTEL

Tanzania's Leading Hotel
DAR ES SALAAM SERENA HOTEL

THANK YOU!

To all those travel and tourism professionals across the world,
who voted for the Serena Group in the World Travel Awards 2013 – thank you.

To our esteemed guests, please accept our sincere gratitude.

And to our staff – our most valuable asset,
without your commitment and unwavering loyalty...
we would not have won these prestigious awards.

THANK YOU ALL FOR VALUING US...
AS HIGHLY AS WE VALUE YOU



SERENA HOTELS

SAFARI LODGES AND CAMPS
HOTELS • RESORTS

First Lady Margaret Flagged Off The 2013 Madoka Half Marathon

The First Lady Margaret Kenyatta called on county Governments to participate fully in nurturing young talent in sports.

She said provision of improved sporting facilities for both boys and girls will accord youth an opportunity to develop their talent in various sporting activities.

Margaret Kenyatta who spoke at Ngerenyi sports field in Taita Taveta County said organizing training camps and regular championships at the County level will tap and nurture local

talent in sports.

She urged Kenyans, particularly the talented youth, to take athletics and sports in general as a way of earning decent livelihoods.

"I understand that two local boys, Mwangombe and Mzame, are registering very good times in international events in France and South Africa. They should be encouraged," she said.

She told youth to shun drug and alcohol abuse which will only ruin their lives.

"The Taita hills setting are on the same altitude as Nandi areas

where many Kenyan top athletes have come from.

"It is therefore possible to produce international champions from this region too," she said.

The First Lady described athletics as one of the common denominator that defined and promoted national unity.

She later distributed shoes donated by Ahadi Kenya Trust to various students as part of the country's efforts to help fight the jiggers' menace.

She noted with appreciation that improved hygiene in the local community has however controlled the prevalence of jiggers in the area.

The First Lady thanked Ahadi Trust for their initiative of fighting jiggers throughout Kenya.

"Likewise, may I take this opportunity to thank the main sponsors of Madoka Half Marathon event over the last seven years.

"These are Safaricom, Brookside, General Motors, Kenya Revenue Authority, Kenya Chase bank, Amaco Insurance, Bamburi, and Taita Estate among others," she said.

The President, Athletics Kenya Hosea Kiplagat said the Madoka Half Marathon provided a conducive environment for athletes to showcase their talent and conquer the world.

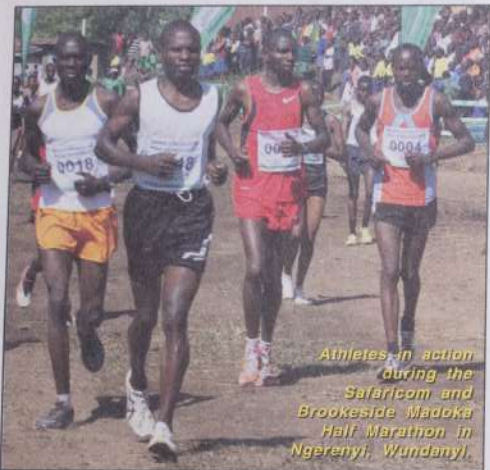
The road race founder Rtd Maj. Marsden Madoka said the spirit of athletics and sports has contributed to unity and harmonious co-existence among the various ethnic communities in the

country. The 8th edition of Madoka half marathon for men was won by Omani Onyambu while Soy Solomon and Macharia Samuel took second and third positions respectively.

For women, Chepkemol Vicoty emerged the winner followed by Paskalia Chepkorir and Eunice Mumbua Kioko in second and third positions.



First Lady Margaret Kenyatta flagged off the 2013 Madoka Half Marathon at Ngerenyi in Taita Taveta County last Saturday.



Athletes in action during the Safaricom and Brookside Madoka Half Marathon in Ngerenyi, Wundanyi.



Seen [from left] Headmistress Mrs. Getrude Kasaka, School's Board of Governors Member Vinod Dattani, Convenor Ladies Auxiliary - Lion Kamini Khanna, Lion Kalpana Aggarwal, Co-Convenor Ladies Auxiliary - Lion Meena Gohil, Lion Lady Kirti Shah, Lion Lady Chandrika Kanabar, Lion Lady Hemali Chavda, and Lion Lady Raksha Patel. Also seen in centre - 5 years old Eliza - recipient of the wheelchair.

Ladies Auxiliary Of Pwani Visit The 'Tom Mboya Cerebral Palsy'

Headmistress, Mrs. Getrude Kisaka, teachers and students of Tom Mboya Cerebral Palsy school, gave members of Ladies Auxiliary Committee a hearty welcome, as they walked into their school hall, on October 17th, accompanied by Mr. Vinod Dattani, and ...Bags full of Goodies!

The school, in keeping with its motto, "Disability Is Not Inability", aims to replace dis-function and rehabilitate the children so that they can lead normal lives.

They train the child to be mobile, to acquire speech and language development skills, to acquire daily living skills, to become self reliant and they also provide appropriate education through conductive education.

It was started in 1995 as a unit by parents with Cerebral Palsy children, with the assistance of the Ministry of Education. Currently they have 80 students.

The school is run by the Board of Governors, appointed by the Ministry of Education.

Co-Convenors, Lion Meena Gohil and Lion Kamini, while addressing all, expressed their deep satisfaction for being blessed with the opportunity to be of service to the mentally and physically challenged children of God, and appreciated and thanked the entire body of staff for their dedicated service to the children with utmost devotion, which certainly was not an easy task by all means.

Lion Kamini informed the staff and students that Lions club was a part of the world's largest service organization club, Lions club International, and briefly outlined the functions of Ladies Auxiliary committee.

The Co-Convenors blessed the children and staff, saying that they prayed to the Almighty that they would continue to get

donors on a regular basis, to fulfill their needs and requirements.

Eliza, the little 5 year old, who was presented with the wheelchair, couldn't stop smiling as she was placed in it.

Other than the wheelchair that was donated, were 80 school bags for the 80 students. In addition, rations, such as Bales of Unga, red beans, lentils, sugar, rice, cooking oil, salt, and tea leaves, all amounting to K Shs. 26,000/- Over and above that, part of the left over juices, exercise books, biscuits and sweets from the World Service Day, were also donated to the 80 students, although at the time, all were not present due to Idd festival / holiday.

Members of the Ladies Auxiliary, distributed the school bags and served juices, biscuits and sweets to the students who were present, deriving great satisfaction and peace of mind, as the children gleefully held on to their gifts and sipped their drinks!

The headmistress, on behalf of the entire body of students, staff, and management of the institution, thanked and blessed the Lions and lion ladies for having come to their assistance with so much love and compassion.

She said that they were truly blessed to receive so much, and the food provisions would last them for quite a while.

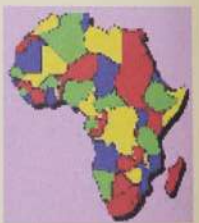
Mr. Vinod Dattani, an indispensable member of the board of Governors, thanked the Ladies Auxiliary committee on behalf of B. O. G. and blessed them for the noble service carried out.

He hoped and prayed that the the Almighty would continue to give mankind, the love, compassion and wisdom to keep the voluntary service going in the name of God.

Being of selfless service is the richest feeling in the world.

With a sense of achievement, the ladies said goodbye to all the children with a lump in their hearts...

Information On AFRICA



Check out daily updates on what is happening in Business and Politics all over

Africa provided by Xinhua News Agency on www.coastweek.com

Unionaire Air conditioning Types



Stay cool, refreshed and save...

Mbaraki Road / P.O Box 86873-80100/ Mombasa / Kenya

Tel: +254 41 2220267 / 20 2047861-6

Fax: +254 41 2229281 / 2220041

Mobile: +254 722 280032 / 734 220200

Email: info@lecolkenya.com / Website: www.lecolkenya.com

LECOL
LIFTING EQUIPMENT COMPANY LTD.

We service and repair air conditioners



Seen standing last row [from left] Vishula Patel, Mercy Muhambe, Dr Joshua Kibera, Shamim Pothiwalla, Joyce Marete, Dr Zahir Mooloo, Dr Ronald Ombaka, Dr Amiin Rashid. Standing first row - Dr Rose, Lydia Mwakio, Jane Irungu, Jedida Ndano, Dr Bhatul, Zehra Bhajjee, Naz Ramji, Erica Kulumba, Abigael Kinyua, Khurshid Anjarwalla, Antonetta Acharya, Dr Anderson Mutuiri. Seated - Jayshree Patel, Rukiya Pasta, Dr Omar Sherman, Dr Shaheen Sayed, Dr Sultana Sherman, Beckie Smith, Gulzar Somji and Nafisa Janoowalla.

Free Breast Cancer Screening Camp At Aga Khan Hospital

The Aga Khan Hospital Mombasa together with their Breast Cancer Awareness Support Group (BCASG) held a free breast cancer screening camp at the

hospital on Friday 18th and Saturday 19th 2013.

550 Women and 4 Men were screened, 77 Breast Ultrasounds, 20 Fine Needle Aspirations and 10 Core Biopsies were done free.

Women were also taught how to undertake their self-breast examinations. The team that worked tirelessly to make the event a success included doctors from Aga Khan Hospital Mombasa, Aga Khan University Hospital Nairobi, members of BCASG and Breast Cancer Survivors of Coast (BRECASCO).

Special Report by Correspondent

The Muslim Association Celebrate 'Eid-UI-Adha' With Majengo Residents

Eid-ul-Adha (Sacrifice) is a time of rejoicing after Hajj for most of us, but for tens of thousands of people in Kenya, the day is spent without food, shelter or security in the Muslim populated areas of North, North East and Coast regions.

The Muslim Association Mombasa and the Young Muslim Association in keeping with its tradition reached out to the poorest and most down trodden segment of our society to share the happiness and blessing of Eid-ul-Adha with them.

Young Muslim Association has a strong team of volunteers who worked tirelessly to conduct "Qurbani" (sacrifice) in different parts of Kenya and distributed meat among the most deserving people.

Similarly, the Muslim Association Mombasa, like the past years, performed Qurbani in the Coast.

the difficulties of the poor in these times of escalating food prices, we at the Muslim Association become more generous with our time and resources and with open ways to serve emphasized Shaahid Sheikh.

A lot of people admire what the Muslim Association is doing and the gifts from donors outside the Association are common.

Our Ramadhan Food Ration Programme and the systematic distribution of the sacrificial animal have encouraged more contributions from people who are not members. We intend to establish more collaborative efforts and look outside the Association for support and contributions, remarked Chairman Shaahid Sheikh.

With the help, support and co-operation of his members, Chairman of the Muslim Association Mombasa, Shaahid Sheikh organized to sacrifice hundreds of goats and provided meat to thousands of people in their backyard.



Volunteer Abdulwahab [left] Chairman Shaahid Sheikh [center] and Volunteer Nazir Khan.

The current Chairman of the Muslim Association Mombasa, Shaahid Sheikh, emphasized the need to take care of our own community where we are situated.

This year our emphasis remained on our own location to build mutual trust and understanding of the people of Majengo area.

A total of 168 goats were sacrificed Majengo while as usual sacrifice was also done in the small village of Moyeni in Kwale.

"A belief in the power of service without prejudice of cast, color or creed has at the very heart of every member of the Association," states Shaahid Sheikh.

By providing service to the needy, we put the need of others above our own. We understand

A project that was started to provide help in the poor neighborhoods of small villages, has expanded into a community project for the Association.

When you realize you have a worker population and the most thickly populated area you realize people are hurting here, we see the result of such a exercise, as you see the glitter in the eyes of the people receiving meat that they cannot afford, you can understand what it means to serve the people in need.

Every contribution, every participant every donor and every volunteer make a difference through such programmes, the Muslim Association Mombasa is strengthening the understanding between people and helping the ground work for peace, unity and understanding, concluded Shaahid Sheikh.



Hello Tomorrow **Emirates**

Do more in Dubai with two direct daily flights

Choose from two convenient flights every day when you fly Emirates to Dubai and beyond to over 130 destinations worldwide.



FLIGHT SCHEDULE

Days	Flight No.	Depart Nairobi	Arrive Dubai
Daily	EK720	16:40	22:40
Daily	EK722	22:50	04:50+ (next day)

emirates.com/ke

Enjoy excess baggage allowance up to 150 kg*

*The excess baggage allowance is available at an additional cost. For more information, please visit emirates.com/ke, call Emirates on +254 20 329 0000 or contact your local travel agent.

SHIPPING IN KILINDINI PORT

CONTAINER VESSEL	ETA	AGENT
CSL RIDE	21/10/2013 12:00	MSC
WESTERLAND	22/10/2013 23:00	CMA
LEO MONO	23/10/2013 23:00	EVG
MSC TASMANIA	24/10/2013 06:00	MSC
E, R CAEN	24/10/2013 11:00	MAE
TASANEI	25/10/2013 06:00	SMK
KATHARINA	25/10/2013 23:00	CMA
BO SUN	27/10/2013 06:00	CMA
CORCOVADO	27/10/2013 06:00	EVG
THEA S	27/10/2013 22:00	MAE
BUXCONTACT	28/10/2013 12:00	MAE
MSC JEMIMA	28/10/2013 23:00	MSC
KUMASI	01/11/2013 06:00	CMA
JPO SAGITARUIS	03/11/2013 10:00	MAE
MSC NILGUN	04/11/2013 06:00	MSC
KERSTINS	04/11/2013 12:00	MAE



KATHARINA

CONVENTIONAL	ETA	AGENT
TONGALA	22/10/2013 09:00	DSS
HOEGHBRASILIA	22/10/2013 12:00	SOC
ZELLA OLDENDORFF	22/10/2013 21:00	EXP
MANDARIN FORTUNE	22/10/2013 23:00	SSS
JS BANDOL	23/10/2013 06:00	EXP
JS VOLGA	23/10/2013 12:00	SSS
ANGIE RICKMERS	24/10/2013 23:00	PIL
JIMILTA 11	25/10/2013 06:00	EXP
KOTA ANGGERIK	25/10/2013 06:00	PIL
ANASTASIA K.	25/10/2013 06:00	EXP
MORNING NINNI	28/10/2013 06:00	DSS
TAI HARVEST	28/10/2013 06:00	STA
KOTA BERJAYA	28/10/2013 06:00	PIL
EUPHONY ACE	29/10/2013 06:00	ISS
NKIKOS N	29/10/2013 06:00	EXP
GRAND ORION	30/10/2013 06:00	ISS
SOUTH	30/10/2013 06:00	EAC
PROCYON LEADER	31/10/2013 06:00	EAC
LADY OF LUCK	31/10/2013 23:00	PIL
IKAN SELIGI	01/11/2013 06:00	EAC



IKAN SELIGI

TANKERS	ETA	AGENT
UACC IBN AL HAITHAM	21/10/2013 12:00	STR
SPRUCE 2	24/10/2013 18:00	STR

OTHERS	ETA	AGENT
THERESA	21/10/2013 12:00	CFS
PETRA 1	22/10/2013 15:00	SEC
WESTERN PATRIOT	24/10/2013 06:00	CFS
MAINPORT KELLS	24/10/2013 06:00	CFS

Walters for Container Berths - **NORTHER DEPENDANT, HARMONIA PACIFICUM.** Walters for Conventional Berths - **NIL.** Walters for Ships Convenience - **JUBBA LINER, WINA, CHEMCHAM, MILTZOW, HASANAT, MARIUM, AL AZAR.** Walters for KOT - **EAST WIND.** Walters for SOT/ **MBK - NIL.**

Artificial Reef In Mombasa Marine Park And Reserve

The MPV Fish Eagle is a multi purpose vessel that was originally built in Germany by J.G. Hitzler Schiffswerft (Hitzler shipyard) in 1966, reports Project Coordinator SANDER D. DENHARING.

Her early days were spent as an oil field supply vessel in the North Sea.

In the early 80's a British company called Eagle Tugs Ltd bought her and changed her name from the original Fangturm to Fish Eagle.

The company positioned her in Mombasa to assist with the rising oil industry in Madagascar.

MPV Fish Eagle was purchased by Kenya Marine Contractors Ltd in 1997 and has been based in Mombasa ever since.

Throughout her time in Mombasa Fish Eagle has been used as an offshore supply vessel, a tug, an accommodation vessel and a diving support vessel, in the following countries: Kenya, Somalia, Djibouti, Tanzania, Mozambique, Madagascar, Mauritius, South Africa, Eritrea, UAE, Turkey, Pakistan, India, Thailand, Malaysia, Singapore and Indonesia.

MPV Fish Eagle has performed her multi-faceted jobs with distinction, however, the time has come to retire her.

When a vessel reaches the age and/or state of retirement there is generally one of two possible options: decommission the vessel for scrap metal (the most commonly used method and the most profitable for the owner), or use the vessel to create an artificial reef.

The latter option has gained global momentum in the past two decades, especially for decommissioned navy vessels.

Transforming vessels into artificial reefs is also not something new along the Kenyan coastline, the MV Alpha Fungua and the MV Dania were sunk as artificial reefs in 2002 in the Diani and Mombasa areas respectively.

The MPV Fish Eagle will soon follow suit as Kenya Marine Contractors Ltd has chosen a similar fate for the decommissioned vessel in a bid to return something to the Mombasa area.

This conservation initiative aims to create a new (artificial) reef in the Mombasa Marine Park and Reserve.

It will achieve this by creating shelter and habitat for fish, and by providing substrate for coral (and other invertebrates) to attach onto.

The location for this new artificial reef will be on a flat sandy area about 300m off of the main fringing reef within the park.

This barren sandy area currently offers no shelter or substrate and therefore attracts little wildlife.

Once the ship is sunk, it will not only attract huge schools of fish and other diverse marine life (as have the MV Dania and MV Alpha Fungua), but also recreational scuba divers.

The local diving industry is given a great boost having a dive site such as this to offer and the wreck's popularity has already been guaranteed by local support and interest.



Kenya Marine Contractors Ltd has generously donated not only the vessel, but also the cleaning and preparing of the vessel.

Before a vessel can be sunk as an artificial reef, it must be cleaned of all materials toxic to the environment.

This includes all lubricants, hydrocarbons (oil and diesel), and refrigeration coolants.

Furthermore, all machinery

(including the engines), electrical materials (appliances and wiring), wall paneling and insulation material will also be removed from the vessel.

Once the vessel is cleaned, it will be prepared for diver safety: doorways will be widened, windows will be removed, access holes will be cut throughout the vessel and any areas deemed unsafe for diver

visitation will be permanently sealed.

The cleaning and preparation of the vessel is expected to be completed by December 2013 and the vessel shall be sunk shortly thereafter.

To raise awareness of this endeavor various events are planned to introduce residents and visiting tourists to this new dive site.

The local dive centers operating within the Mombasa Marine Park and Reserve have all embraced this initiative and have already generated enthusiasm with their current and future diving clients.

The Kenya Wildlife Service (the management authority of the marine park) is also actively supporting this project and will work with the dive centers to raise the profile of the upcoming dive site.

A museum experience documenting the life and intricacies of the MPV Fish Eagle is also planned.

This experience will appeal to schools, residents, citizens and tourists, whether they are divers or not. Come and join the fun!



The MPV Fish Eagle: Retiring to the Deep.

You know your business needs to be on social media, but do you have the time to manage it?



twitter

LinkedIn



YouTube

Pinterest

facebook

NEXT STEP CONSULTING

www.nextstepconsulting.kbo.co.ke

It's a 'mind field' out there to make a successful entry. If you want to use your time more productively, let us manage your social media marketing

Call 0737935247 0726829626

email | social@nextstepconsulting.co.ke

REDHOUSE



clearing made easy

CHASE BANDARI CURRENT ACCOUNT Open more possibilities at the seaport

Reveal a new way of doing business. The Bandari Current Account is designed to ease your import and export business needs as it offers you:

- invoice discounting
- overdraft facilities
- competitive forex rates
- no cash handling fee for transactions above Kes 1.5 million

Open the Bandari Current Account today. We make it easy.

Contacts:

Tel: 020 2774000 / 020 2774277
 Mobile: 0703074277 / 0732174277
 Email: atyourservice@chasebank.co.ke
 Facebook: ChaseBankKenya
 Twitter: @ChaseBankKenya



THIS WEEK IN PHOTOGRAPHS



Professor Dr. Erwin Nievergelt from University of St. Gallen in Switzerland chats with the General Manager of Papweza Beach Resort on arrival at the hotel. Professor Nievergelt is touring the country for four weeks. PHOTO BY TITUS MUSAU



NISSAN QASHQAI - Dammarys Ameyna [left], a Sales Executive at DT Dobie and Juan Xu [right] go through the manual of a Nissan Qashqai seven seater which was displayed at the Junction Shopping Mall. This two litre petrol engined vehicle is also available in a five seater version.



University lecturers follow the proceedings of a three days training on trainers workshop on human rights held at Flamingo Beach Resort and Spa. Over 50 participants attended the workshop. PHOTO BY TITUS MUSAU



Mvita Member of the National Assembly, Abdullswamad Nassir has personally issued "Success Wishes" cards to Form Four students in Coast Girls High School and Standard Eight Candidates in Mombasa Primary School. Mr Nassir said this is the fourth year continuously he has been distributing the cards for the KCPE and KCSE candidates. "All Secondary and Primary School candidates within Mombasa County shall be receiving their cards in a bid to motivate our candidates," said the legislator.



BAPS Temple presented a borehole to Mashamba Village community, 120 kilometers off Mombasa-Malindi Road, interior 2km. Over 6,500 people from the area will benefit from this project. Seen are Nailesh Goshwani, Nirav Parker, Vinod Dattani, Anand Bhavshar, John Kariuki and Bhavesh Kanabar.

"Bird Tours"

Nguuni Nature Sanctuary

.....just 4 km away from the Bamburi Cement factory, this stunning sanctuary offers excellent BIRD WATCHING TOURS!

See also our game animals:

- Eland, oryx & waterbucks
- Giraffes & ostriches

Enjoy your BBQ / drinks at our Sundowner Venue

Open 7 days a week: 7.30am - 6.00 pm

For more information or to book your bird tour, please contact us at:

Baobab Trust
Cell: +254 721 357 876
e: nguuninaturesanctuary@thebaobabtrust.com
Mombasa, KENYA



DT Dobie Awards 3 University Students

UNIVERSITY SCHOLARSHIPS. Zarak Khan [centre], the Managing Director of DT Dobie, presents the CFAO higher education scholarships to Edwin Nderi Ndiang'ui [left] and Mercy Mukami Karani [right]. Edwin scored A- and Mercy achieved B+ in the 2012 KCSE and are among three students who received the 2013 CFAO scholarships. This was started in 2011 by CFAO to award bright and hardworking children of DT Dobie employees.

BEARINGS

Agents and Distributors for:

TIMKEN - U.S.A.
SNR - FRANCE
INA - GERMANY
RHP - U.K.

Suppliers of all types of:
Industrial and Automotive Bearings.
Ask for any type of Ball Bearings, Roller Bearings, Inch Size Bearings, Needle Bearings & Plummer Blocks.

We also stock the largest range of 'O' Rings, Oil Seals and Hydraulic Seals.

For all enquiries contact us:

Oil Seals & Bearings Centre Ltd.,
P.O. Box 59000, Dar es Salaam Road,
Industrial Area, 00200, Nairobi.

Tel: (020) 6536655/6/7/8, 651622/3/4/5.
Fax: (020) 6535330/559067.
E-mail: osbcl@wananchi.com



A STAR ALLIANCE MEMBER

7 FLIGHTS

to Istanbul

A WEEK

Flight	Route	Days	Departure	Arrival
TK 571	Mombasa-IST	4.6	05:00	10:45
TK 673	Mombasa-IST	2.5.7	05:00	10:45
TK 675	Mombasa-IST	1.3	05:00	10:45

WE FLY TO MORE COUNTRIES
THAN ANY OTHER AIRLINE.

Starting from 31st October 2013

*Voted Europe's Best Airline 2013 at the Skytrax Passenger Choice Awards.

turkishairlines.com | +254 717 411 521

Globally Yours



WORLD TRAVEL AWARDS 2013

The Chui's Have Done It - Again!

The highlight of the Leopard Beach Resort's quest for the best Award celebrations took place on Mashujaa Day by hosting a Beach BBQ Party for all Hotel guests and the Management team.

A Happy Hour on the Mawungu Sky Terrace with tropical

cocktails and full moon ushered in an evening on Coco Beach with singing and dancing waiters presenting the two World Travel Award Trophy's to the owner of Leopard Beach.

This was followed by a lucky draw by Joan Ndungu - Manager of the Year - with many great prizes presented by Ann Safari - Operations Manager and Francis Marube the Resort's long serving Resident Manager.

The 'icing on the cake' was Maggie Gitu joining the celebrations all the way from Nairobi with her star performance which helped all to dance the night away under the stars of Diani Beach with their stars of the evening - Kenya's leading Resort Chui Team.

Meanwhile the Uzuri Spa has the fully booked sign up with many wanting to experience the Leading UZURI Spa in Africa.



'AVIS' AWARDED AFRICA'S BEST CAR HIRE COMPANY

AVIS was voted Africa's Best Car Hire Company and Kenya's Best Car Rental Company. Collecting the award from Right Matata Munyeki, AVIS Director, Graham Cooke, President of World Travel Awards, Kirit Thakker Country Manager AVIS, Dinesh Kotecha, AVIS Executive Director and a Model.



Seen [from left] Administration Manager Monica Kavene flanked by K.S. 'Sony' Ubhi, Janine Shlipa who over many years of hard work and dedication manages the Uzuri Spa to what it is today, Operations Manger Ann Safari, Resident Manager Francis Marube and Chris Modigell are surrounded by a joyful Chui Team welcoming the trophies home at the Leading Resort in Kenya (2nd year running) and now also Leading Spa Resort in Africa. Chris who signs responsible for the many years of changes and challenges at the Leopard Beach Resort and Spa as Project Manager is delighted with yet another yardstick achieved by the Chui Team under his continued guidance of Management consultant.

Sarova Stanley Voted Kenya's Leading Hotel

The Sarova Stanley, once again was voted as Kenya's leading hotel at the first ever Africa Gala dinner in Kenya, of the 20th World Travel Awards 2013.

The ceremony was held at Safari Park Hotel and Casino on Wednesday night.

The World Travel Awards was expressly launched 17 years ago with the aim of encouraging the international travel and tourism industry to embrace the pursuit of excellence.

Today, the World Travel Award brand is recognised globally as the ultimate hallmark of quality, with winners setting the benchmark to which all others aspire.

TRAVEL AND TOURISM

The annual programme is renowned as the most prestigious and comprehensive in the travel and tourism industry.

In 2013, World Travel Award is celebrating its historic 20th anniversary year.

Nominated companies for the World Travel Awards are

voted online by travel agents globally and then vetted and inspected by a group of industry experts.

Issues such as customer relations, creativity, quality of service, standards, guest satisfaction, product innovation and business acumen are considered.

All votes are internally audited to ensure the validity of each individual vote.

The General Manager, Sarova Stanley, Mr. David Gachuru was extremely delighted to receive the award together with his team.

Serena Rises High In World Travel Awards

FROM FRONT PAGE "To all those travel professionals who voted for us we would like to say, thank you for valuing us as highly as we value you; your faith in us will continue to be rewarded.

"To our staff, we would also like to offer a big 'thank you', because we know that it is entirely thanks to your unwavering dedication and loyalty that we have been fortunate enough to have attained the accolade of being Africa's Leading Hotel Brand."

The Serena 2013 Awards Array

Serena has also been recently recognized in 2013 as follows:

Serena Hotels' Maisha Spas: Finalists in the 'Best Luxury Hotel Category- World Luxury Spa Awards' 2013.

Lake Elmenteita Serena Camp: Bronze Award from the Total Eco Challenge, 2013 by the Total Group. This was in recognition of its commitment to protecting and conserving the natural environment whilst promoting responsible tourism practices.

Serena Hotels: Awarded 'Best Corporate Hotel in Tanzania' by the Tanzania Society of Travel Agents (TASOTA) 2013.

Serena Hotels: Awarded 'Best Africa Hotel Chain' by the Africa Travel Awards, 2013 (African Travel Market of West Africa).

Serena Hotels: Awarded 'Most Desired Foreign Hotel 2013' by the Gold List for China Tourism, initiated by National Geographic China.

Rhoda Wambui of Serena Hotels: Winner of the Kenya National Barista Championships of the Kenya Coffee Traders Association under the auspices of the African Fine Coffees Association and sanctioned by the World Barista Championships.

About the Serena Group: The Serena Group portfolio of 24 Safari Camps, Lodges, Hotels and Resorts are located in Kenya, mainland Tanzania, Zanzibar, Uganda, Rwanda and Mozambique, in some of the most evocative, exotic and enchanting destinations of the world.

The Group also offers eleven properties in Afghanistan, Pakistan and Tajikistan.

Serena takes pride in the level of personal care and warmth of welcome that they extend to their guests.

Each Serena property is designed to complement its environment, while nurturing the landscape, culture and community that surrounds it.

The Serena Group leads the field in East African eco-awareness and eco-policy implementation insisting upon eco-complementary architecture; the use of local materials, skills and labour; waste recycling; pollution-reduction and non-CFC use; solar and wind generation, low energy-use devices and heat recovery systems.

The group also hosts a number of revolutionary tree planting and indigenous plant re-stocking projects; butterfly breeding; and turtle-protection projects.



Seen holding the trophy is the General Manager Sarova Stanley David Gachuru and his team and looking on is Graham Cooke, President and Founder, World Travel Awards.

HAVE A SMILE!



"He must have got his brains from you dear - I have still got mine."



"It's a classic example of Bingo Throat!"



"Butch Higgins here - I want to give myself up!"



"Does this mean I have won?"

Rozina's RESTAURANTS
 Welcome for our SPECIALITIES in all our branches
 Chicken Wings, Garlic Fish, Akbar Steak, Chicken Poussin, BBQ, Variety of Vegetarian, Swahili Dishes & Much More

Rozina Old Town near child club
 041 2312642 / 0731 377035

Rozina Rafia Square Nyali
 041 4470219 / 0724 984373
 0722 411484

FREE Delivery within Nyali and the Island

Shehnaiz Restaurant
 For the best Indian Cuisine with Mughlai Delicacies
 Contact us for all your outside catering, parties or birthday functions

Ask for TENTATIVIZING CHEF SPECIALITIES for VEG and NON-VEG

Open from 12.00 Noon to 2.30 p.m. & 7.00 p.m. to 10.30 p.m. (CLOSED ON MONDAYS)
 Fatemi House, Maunpango Street
 Tel: 2222847 / 2224801 / 2223686
 Mobile: 0722 411711 / 0722 871111
 Fax: 2492435
 Email: shehnaiz.restaurant@gmail.com
 https://www.facebook.com/ShehnaizRestaurant

www.coastweek.com
 for a different perspective on the news!

Wild Waters CORPORATE KIDS DAY OUT!

A Perfect Fun Filled Day for all KIDS account holders!

Water Slides
 Fun Games
 Rain Dance
 Children Pool
 Acrobats
 Face painting
 etc...

With our unique range of Kids activities we guarantee a day to remember!

We offer Full Day / Half programmes customized to suite your preferences

Contact us now
Mobile: 0726 337000
info@wildwaterskenya.com
www.facebook.com/wildwaterskenya

Sher e Punjab
 finest Indian cuisine..

Travellers Beach Hotel & Club

SPECIAL WEEKEND OFFER
 From: Kshs 5,200 on BB P.P.S
 Complementary lunch at Sher-e-Punjab on Sunday
 *Terms and conditions apply

Sunday Curry Lunch & Swim
 One child under 12 FREE
 Discount for card holders
 Open on public holidays
 Closed on Mondays
 North Coast, Mombasa
 Tel: 041 5485121/6

Carrying Out A Favourite Cliché

FROM PAGE SIX to fulfil and whether they can be funded to both implement the quick wins as well as put into place and implement the long term actions that they need to take.

A look at the instrument establishing the Authority makes the traditional reference to it

being able to levy fees for the services it renders, registrations and collect levies from insurance premiums.

The funding mechanisms proposed in the legislation is woefully inadequate for the mandate that the authority has been given and it is my con-

sidered opinion that the current levy on fuel be increased by say ten cents per litre.

'REAL' FUNDS
 This will give the authority a degree of independence from the exchequer and allow it to get "real" funds for the wider mandate that it has.

It is only by taking this bold step that the government will show that it has taken seriously the need to tackle road safety issues from the roots rather than from the crown.

As Kachumbari says, innovation needs blue sky thinking and blue sky funding.

ENTERTAINMENT

* WINE * DINE * DANCE * YOUR GUIDE TO A GOOD TIME *

89.5 FM
 MOMBASA

106.3 FM
 NAIROBI

East FM
 Kenya's Premier Asian Mix

Sales Inquiries 0711 - 046 200
 Studio line 0711 - 046106
 SMS - 22494

CORPORATE GO KARTING ENDURANCE CHALLENGE

SPECTATOR ENTRANCE: KSHS 100/-
 ticket plays one raffle

SAT 9TH NOV 2013 3PM

A MOMBASA ROUND TABLE No. 3 ANNUAL CHARITY EVENT

3 RACES | 30 TEAMS | 150 DRIVERS | 2,250 LAPS
 AMAZING PARTICIPANT PRIZES | GREAT RAFFLE PRIZES
 FREE FACE & CAMEL PAINTING | BOWLING | BULLDOZING
 RANTBALLING | FOOD & DRINKS ON SALE | TIGHT SECURITY
 ALL PROCEEDS GO TOWARDS RTM3 COMMUNITY SERVICES

MINIMUM SPONSORSHIP: BANNER ONLY - 10K PER TEAM - 25K price includes a banner T-SHIRT SPONSOR - 55K

041 231 2642 | 0731 377 035 | 0722 411 484

Classified ... Classified ... Classified ... Classified ... Classified

OPTICAL SERVICES

COMPLETE pair of spectacles Kshs 1,500/-, colour Contact lenses from Kshs. 1,500/-, Latest arrival of new frames and sunglasses at Eastern Optical - Haile Selassie Avenue near Blue Room. Tel: 2230479, Mombasa Optical Centre - Rex House, Moi Avenue. Tel: 2230685. Reserved parking available.

PROPERTIES

TRISTAR PROPERTIES LTD. - Website: www.tristarkenya.com Email: info@tristarkenya.com

Our Location: Moi Avenue-Rex House, 2nd Floor, Suite #7. Office: 041 2318302, Mobile: 0722 411267, 0722 746355, 0733 746355

TRISTAR: FOR SALE - Millview apartments - luxurious apartments of 3 bedroom all master ensuite in Shanzu. Profilled!

TRISTAR: FOR SALE - Kizingo, apartments on 9th & 10th floor @ Likoni Towers. Nice sea view.

TRISTAR: FOR SALE - Makupa - Newly built 8 apartments of 2 bedrooms each for Kshs. 4.5 million, opposite Khoja flats.

TRISTAR: FOR SALE - Bamburi - Vescon - 1 bedroom & 2 bedroom apartments available.

TRISTAR: FOR SALE - Mtwapa - Bungalows of 3 bedroom each at Kshs. 5 million.

TRISTAR: FOR SALE - Bakarani area newly built 8 units of bedsitters @ Kshs. 4.5 million.

TRISTAR: FOR SALE - Fatiyha Apartments Ltd. 3 bedroom apartment each of 2 bedroom ensuite and one bedroom common in Ganjoni. Profilled!

TRISTAR: FOR SALE - 13.6 acres Agricultural farm in Malindi. Profilled!

TRISTAR: FOR SALE - 2 acres in Golini Kwale. Profilled!

TRISTAR: FOR SALE - Nyali Salama Estate 3 bedroom apartment for sale. For viewing and more details please contact us.

TRISTAR: TO LET - Carsile creek apartments. 3 bedroom luxurious apartments in Tudor. 80% sold. Profilled!

TRISTAR: TO LET - Mtwapa - 2 bedroom flat @ Kshs. 19,000 per month.

TRISTAR: TO LET - At Watamu 3 flats of 2 bedrooms each @ 15,000 per month & 2 shops @ 10,000 per month.

TRISTAR: TO LET - Bedsitters with security & borehole water at Bilima in Bakarani area @ 4,000 per month.

TRISTAR: TO LET - Mshomoroni newly built bedsitters from Kshs. 4,000 to 6,500 per month & 1 bedroom from 7,500 to 11,000 per month with ample and secure parking spaces, borehole water facility and 24hrs security.

TRISTAR: TO LET - Nyali Links road - 4 bedroom apartment furnished with ample parking, security and on own compound @ Kshs. 90,000 per month.

TRISTAR: TO LET - Nyali Beach road a house of 4 bedroom, spacious own compound and borehole water at Kshs. 45,000/ = per month.

TRISTAR: TO LET - Mtwapa, 2 bedroom fully furnished house

PROPERTIES

in an estate of 8 houses with it's own beautiful garden, a car park and full security at Kshs. 50,000/= per month.

TRISTAR: TO LET - 2 bedroom villas in Mtwapa furnished for short lets and holiday homes near moorings in Mombasa.

TRISTAR: TO LET - 2 bedroomed house furnished on the mountains of Golini in South Coast. A home away from home.

TRISTAR: TO LET - Salama Estate, 3 bedroom apartment with spacious rooms with 1 master ensuite bedroom.

AT TRISTAR we provide excellent and transparent services on Property Management. You won't regret!

FOR SALE: 1 acre plot on "Mtwapa Creek" 1st row. Contact Tel: 0734 848702.

FOR SALE: Kizingo, 3 B/r house with guest wing on 5700 Sq.ft Land, vacant. Call: 0721 260240.

FOR SALE: Nyali - Three & Four bedroomed apartments, H.C.Mehta & Sons 2312568 / 0770 030875.

FOR SALE: Kizingo - Three bedroomed apartment. H.C.Mehta & Sons 2311703 / 0770 030875.

TO LET: Nyali - Three bedroomed apartment. H.C.Mehta & Sons 2312568 / 2311703.

TO LET: Bamburi Zawadi apartments of three bedroom. Rent 26,500/= p.m. H.C.Mehta & Sons 2312568 / 0770 030875.

TO LET
Bamburi Beach
Private
2 Bungalows
on Long Lease
Tel: 0722 452191

PUBLIC AUCTION

NO AUCTION Sale this Weekend.

JAGANI AUCTIONEERS, Nehru Road, Piggot place, P.O Box: 84200-80100, Tel: 0721 260240, 0705 311315 or 0738 666002. Office:- 0733 623165 Mombasa.

PROFESSIONAL SERVICES

SAPPHIRE CONSULTANTS. Services Offered: Financial management & accounting services, implementation of software & systems, system audits & internal audits, vat audits & refunds, year end audits, taxation and tax audit facilitations, feasibility, budgets & cash flows, business management together with simplified and practical business solutions to small, medium & large organisations, all secretarial services. The firm is run by dedicated consultants, backed by equally experienced staff who offer quality service to the clients. Contact us on P.O Box 1009 - 00606. Phone: 0774 140872. Email: suleman.dharshi@sapphire-consultants.com

Amani Spa



Pinewood Beach RESORT & SPA

Ksh 5995/-

Deluxe Rooms pp.pd.HB sharing
15 Oct to 20 Dec 2103

T: 0734 699723, 0723 957080
E: reservations@pinewood-beach.com

SECURITY

KK Security - Free (push-button) Alarm Installation, Automatic Alarms, CCTV, Video entry Systems, Automatic Gates, Electric Fences. 30 years on the Coast and committed to Quality Service. Call us on 020 - 2057712/3, 2354766/7, 0733 639542, 0722 202400. Fax: 020 2107743 Mombasa. kkmombasa@kksecurity.com, www.kksecurity.com

SWIMMING POOLS

Hydrotherapy wellness from USA 2day! •Body aches? Arthritis? Insomnia? •HotSpring Spas are the natural remedy •Six available exstock now •Msa: 0722/733/735-519153. Welcome!

Swimming Pool equipment Emaux best of China-pumps, filters, ladders, lights. •Pool pumps 0.75hp 19k, 1hp 20k, 1.2hp 21k, 1.5hp 30k, 2hp 40k, 3hp 42k v.good. •Pool filters 450mm 22k, 600mm 25k, 800mm 40k, 900mm 70k, 1200mm 120k. •Ladders 3st 20k, 4st 23k, 5 steps 35k. •Salt chlor 80000L @80k, 110000L @99k. •Spa air blowers 12k, spa jets 5k & Access. •Pool fountain lights many from 8k. •Msa: 0722/733/735-519153. Welcome!

Waterways Africa New Products! •Spanish mosaic tiles first quality. •Turkey Ostas wooden floor sanders. •Underwater repairs glue for pool tile. •Pre-filter for pools with leaf debris. •High head 8 storey UK Stuart pumps. •LED small pool fountains spa lights. •Designer overflow channel gratings. •Oase Pumpen fountain UV filtration. •Basement to surface sewage pumps.

www.waterwaysafrica.com wellness. •Swimming pool services & equipment. •Sauna steam fountains Jacuzzi. •Premium Astral pool equipment Spain. •Budget Emaux pool equipment China. •Budget Showermate shower pumps UK. •Premium Brass Moonson shower pumps. •Top quality UK booster pump Stuart. •German Oase Pumpen fountain equip. •Finland Helo sauna steam generators. •USA Hot Spring Spas for Hydrotherapy. •USA Prozone purifier or salt chlor. •Spain First quality pool mosaic tile. •Eco friendly pool blue colour Leds. •Danish hydro Air Jacuzzi fittings. •Swiss Fafoco pool solar panels. •AquaTherm RSA pool heat pumps.

VACANCY
RECEPTIONIST / TELEPHONIST
Required for a well established office in the centre of town.
Apply with full CV and passport size photo to:-
Voucher No.2175
P. O. Box 87270, MOMBASA

CLASSIFIED
'Small Advertisement' Rates per Line:
CONTRACT - Kshs. 100/00 CASUAL - Kshs. 110/00
'P.S.C.C.'
CONTRACT - Kshs. 550/00 CASUAL - Kshs. 600/00
(Copy Deadline 48 Hours Ahead of Publication)
Coastweek Mombasa
2nd Floor, Oriental Bldg., Nkrumah Rd. (corner) Mwenye Aboud
P. O. Box 87270-80100, MOMBASA
Tel: 2230130 Wireless: 020 3549187 Mobile: 0731 099309
E-mail: info@coastweek.com Web: http://www.coastweek.com
NAIROBI REPRESENTATIVE
Telephone: 020-3744459, 020-2664996 Mobile: 0733 775446
Email: anjum@asodia.co.ke; info@coastweek.com

 **Cambridge International College**
TRAIN FOR A GREAT CAREER!
You can gain career success and advancement, a new job, promotion, good pay, career security and respect, with expert study & training for professional qualifications from this experienced British College.
* Business, Management, Administration, Project Management
* Computers & IT, Marketing, Sales, Advertising & PR, Insurance
* Accounting, Finance, Banking, Economics, International Business
* Hotel, Tourism, Hospitality, Stores, Purchasing, Logistics, Supply
* Leadership, Strategy, Development, Organisation, Health & Safety
* HR/Personnel, English, Secretarial/PA, Communication, Office
Diploma Fees just £200 or US\$400 - get ahead of others!
Fees include all Study Materials, Guidance, Exams, Award, everything you need for study and career success is provided!
Mark Kosgei Chesergon, Nairobi: "With my CIC BCom I was promoted to Head of Accounts in my company, awarded a salary increase and given part time consultancy work in 2 related companies, which also resulted in more pay."
Osuga Joseph Metting, Nakuru: "I presented my Honours Diploma to my Directors and have been promoted from sales clerk to senior credit assistant with a salary triple what I have been earning. I feel thirsty for more CIC qualifications."
Alice Gacheri Magiri, Meru: "My employer recognized my performance with CIC and rewarded me with double my salary and a bonus on top. I am glad to have studied with CIC and will enrol for another course with the College soon."
Whatever your education or experience achieve your potential with CIC
For a FREE Prospectus visit the CIC website or contact:
Cambridge International College
PO Box 1378, Southampton, SO17 3WX, Britain
email: info@cambridgetraining.com
website: www.cambridgecollege.co.uk

Vicoty And Declerk Win 'Madoka Half Marathon'

Vicoty Chepkemol and Declerk Omar are the winners of this year Safaricom and Brookside Madoka Half Marathon held at Ngerenyi in Wundanyi, Taita Taveta County.

33-year-old Declark Omar, won the men category in 21km marathon in a time of 1:08:06 followed by Soy Solomon who finished in 1:08:09 while Macharia Samuel who finished in third position in 1:08:27.

Vicoty Chepkemol, aged 25yrs, clocked 1:19:59 to win the women category with Paskalia Chepkorir and Eunice Mumbukaa came in second and third in 1:20; 23 & 1:20:48 respectively.

The race was flagged off by the First Lady Mrs Margaret Kenya and was also graced by Athletics Kenya (AK) President Isaiiah Kiplangat and the race founder Maj Rtd Marsden Madoka who was former Cabinet Minister.

Total of 12 races with total of over 3000 runners took part in the different categories of the races, from Coast region and other parts of the country with a Tanzanian lady also featuring.

Speaking after winning the race, women winner Vicoty Chepkemol said: "The race was challenging due to the rough and hilly terrain coupled with the hot weather in the area."

The winners of the half marathon, both male and female received Kshs. 100,000 each, while the second and third male

and female winner received Kshs. 60,000 and Kshs. 40,000 respectively.

Position 4 to 10 were also awarded with cash prizes.

Speaking during the event Safaricom's sponsorship Coordinator Angeline Sonje said: "By sponsoring events such as Safaricom Madoka Half Marathon, we not only engage the youth and communities but also play a role in helping spread the optimism associated with athletics in this country."

The Half Marathon is one of the races in the Jackpot where winners will get Ksh 300,000 for both male and female categories.

The Safaricom Athletics Series is the umbrella banner under which the Telco manages all its athletics properties.

Under the series, there are mixed portfolios of athletics events which include 8 AK sponsored competitive races and 6 community based events.

Brookeside Dairy Regional Sales Manager, Duncan Ndegwa said his company is a major stakeholder in Taita Taveta and is proud to have been associated with the marathon.

"Our milk collection activity in this area remains the single most important smallholder agricultural economic undertaking in the Taita Taveta County," said Ndegwa.

Ngerenyi was a beehive of activities as thousands of the locals turned up to either participate or cheer their favourites.

The major upset of the event

was in the 21km women race where Kepkemol upstaged the former Olympian Barsosio condemning her to the seventh position.

Barsosio settled for the seventh position and vowed not to retire soon until she wins a major international marathon.

"I have been down with injuries but all is not lost. I would not relent until I win a major marathon," said the 36-year-old former Olympian.

Those present were Athletics Kenya (AK) President and his deputy Isaiiah Kiplangat and David Okeyo, Taita Taveta Governor John Mruttu, Taveta MP Naomi Shaban and Madoka Marathon founder and patron, Marsden Madoka among others.



Women athletes in action during the Safaricom and Brookside Madoka Half Marathon which took place in Ngerenyi, Wundanyi last weekend. PHOTO BY PWANI IMAGES

National Swim Records Broken

FROM BACK PAGE CASA has also introduced a record book for the CASA swimmers.

The purpose of this record book is to encourage and motivate our upcoming talented swimmers to aim higher. Ambaar Michaelo (14yrs) of Dolphins Swim Club broke a CASA record in the 50m Breaststroke in a new

time of 40:44 in the 14/15 yrs category which was being held by Nelsham Hasham with an old time of 41:07.

Nabil Shikely (13yrs) of Mombasa Aquatic Club who just missed a National record in the 100m Freestyle by 0:28 is now the CASA record holder in the same event.

Among other CASA record holders who swam in this championships are Shivraj Vaghela, Ramadhan Vyombo, Matteo Rosafio, Danillo Rasafio, Karan Khagram, Shaan Vora, Justin Nelson, Nobby Abuaya, Nabil Shikely and Luke Wanjala.

We at CASA believe that this was a tremendous performance

by our swimmers in preparation for the upcoming National event that is to be held at Oshwal Academy School on the 25th - 27th October 2013.

Aga Khan Academy emerged as the overall winners in the boys, girls and combined after collecting a total of 787 points, ahead of Mombasa Aquatic Club who got 449 points.

Third place went to Oshwal Academy with a total of 336 points. Mombasa Academy took fourth place with 247 points, Nyali Primary were fifth with 206 points.

Braeburn International Mombasa settled at sixth with 200 points, Blue Ocean seventh with 121 points, Dolphins Swim Club eighth with 120 points, Bandari ninth with 81 points, and Aqua Hogs tenth with 11 points.

Special mention and thanks goes to Mrs. Binti Vora and her committee members for hosting their first gala at the Aga Khan Academy, Mombasa. Mrs. Vora is a mother of two upcoming swimmers, Tiana Vora and Shaan Vora.

She was unanimously elected in the Annual General Meeting of the Coast Amateur Swimming Association (CASA) held on the 28th September 2013.

Mrs. Vora should be recognized as the first lady to Chair the CASA Executive Committee.

We take this opportunity to congratulate her and her newly elected committee members and thank all the team managers, coaches, officials and volunteers for making our swimming galas a great success.



Oshwal Academy does it again - Oshwal Academy emerged first Runners up in the recently concluded CASA 10 years and over age group. Seen front row (from left) Atema Odubah, Mahima Patel and Diya Shah. Back row: Coach Ms. Scholastica, Naima Ali, Fatma Hamza, Mayombe Odubah, Ambaar Michaelo, Kyati Shah and Coach Ms. Margaret.

COAST BRIDGE with C.P. SHAH

The unfortunate duplication of values in Hearts on the following hand meant that Declark needed precise timing to succeed. Looking at all four hands it is not easy to make Six Diamonds on the Knave of Spades lead.

DEALER: SOUTH NORTH-SOUTH VULNERABLE BIDDING:

SOUTH	WEST	NORTH	EAST
ONE DIAMOND	THREE HEARTS	THREE SPADES	FOUR HEARTS
FIVE DIAMONDS	PASS	SIX DIAMONDS	PASS
PASS	PASS		

The winning line is to cover Spade Jack lead with Dummy's King

of Spades and at trick Two play a Diamond to the Ten.

The Ten wins so follow by playing a spade to Dummy's Ace (West discarding as he has singleton in both Spades and Trumps).

He ruffs a Third Spade, crosses to the King of

NORTH	
♠	A K 9 7 5 4
♥	A
♦	K 8
♣	J 7 5 3

WEST	
♠	J
♥	Q 10 7 6 5 4 2
♦	3
♣	K 8 4 2

EAST	
♠	Q 10 3 2
♥	J 9 8 3
♦	Q 9 6
♣	Q 10

SOUTH	
♠	8 6
♥	K
♦	A J 10 7 5 4 2
♣	A 9 6

Diamonds and ruff a Fourth Spade.

He cashes the Ace of Trumps drawing East's Queen.

Then crosses to Dummy's Ace of Hearts and discards Club losers on the established Spades.

This line of play actually makes all 13 tricks, but there is no other line that makes even 12.

SWEEP THE BALLS



Brought to you by

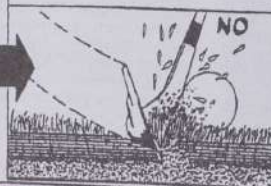
Freight Forwarders Kenya Limited

MOMBASA AND NAIROBI



YOU'LL GET THE BEST RESULTS BY SWEEPING THE BALL TO ACCOMPLISH THIS PARTICULARLY ON IRON SHOTS TAKE ONE MORE CLUB SWING LAZIER AND MORE THROUGH THE BALL...

MOST GOLFERS WHO LACK EXPERIENCE NAIVELY THINK THEY'LL HIT MORE SOLID SHOTS OFF WET TURF IF THEY GO DOWN AFTER THE BALL - THAT IS UNTIL THEY HIT THE SHOT FAT.



... PRETENDING YOU WERE HITTING OFF A THICK CARPET.

Bathroom accessories
from HOLLAND
10yr guarantee!
Finish in GOLD
CHROME & WHITE
JUBILEE HARDWARES
Tel: 2221992 Fax: 2313259, Mombasa

Coastweek SPORTS

Issue No. 3643 October 25 - 31, 2013

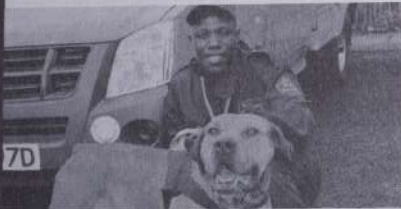
PRICE - KENYA FIFTY SHILLINGS

Conference Facilities
Tel: 2223379/2312389/2312317
info@royalcourtombasa.co.ke

ROYAL COURT
Hotel
EYECATCHER

Service with Integrity
KKSECURITY
THE KK GROUP OF COMPANIES

PROTECTING BOUNDARIES



Providing industry leading manned canine units, bred and trained to world standards

- Biggest dog kennel in Eastern Africa with over 600 dogs
- German Shepherds and Boerboels bred to defend and protect
- Trained in specific areas as Guard dogs, sniffer dogs and patrol dogs
- Bespoke K-9 security solutions matched to client needs

Contact us for a tailored security solution.
kkombasa@kksecurity.com
+254 735 639 542/722 202 400

www.kksecurity.com

National Swim Records Broken AT COAST OPEN AND AGE GROUP CHAMPIONSHIP

The first CASA swimming championship of this academic year was held at Aga Khan Academy, Mombasa from the 11th to 13th October 2013.

It was a long awaited gala and with enormous success.

There were fifty four events covered by approximately three hundred participants from various schools and clubs within the Mombasa county.

The participants included our international swimmers namely Emily Muteti, Ramadhan Vyombo, Tori Pragassa, Saahil Harunani, Naim Bayusuf, Shaan Vora, Karan Khagram and Urvi Dayal who recently represented Kenya in Zambia.

Mohamed Zubeir, Sabrina Kassam and Catherine Mason also CASA swimmers, represented Tanzania in Zambia.

From the results, it is clear the performance was exceptional.

Our top and renowned swimmer Emily Muteti (15yrs) of Mombasa Aquatic Club, once again amazed the spectators by breaking nineteen National records which includes the 14-15 age group, Junior, Open and All-Comers categories.

The famed swimmer claimed her first National record in the 1,500m Freestyle which was held by herself in the Junior, Open and All comers categories at 19:55.53 returning the new record of 18:39.47.

She also broke Sylvia Brunlehner's time of 20:10.81 in the same event which was set



On the podium representing their school and club is Sabrina Kassam of Aga Khan Academy (1st), Diya Shah of Oshwal Academy (2nd) and Emily Muteti of Mombasa Aquatic Club (3rd).

in 2009. Her second gold came in the 800m Freestyle posting a time of 9:32.59, again breaking all National records in all categories which was being held by herself in 2012.

She is also the new record holder of the 400m Freestyle returning a time of 4:37.88 which was being held by Jayni Haria

for six years in all categories in the old time of 4:45.90.

The gold rush did not stop here. Emily moved on to break yet another tough record of 200m Freestyle that was set by Anita Field in Istanbul, Turkey in 2012 in a time of 2:16.03. Emily's new National record now stands at 2:14.69 in this event.

The talented swimmer continues to beat her own personal best time in 200m and 50m Butterfly posting a new record of 2:31.62 and 29:97 respectively.

Saahil Harunani (15yrs) of Mombasa Aquatic Club who is the National record holder of 200m Butterfly in long course, also broke two National records of the 200m Butterfly short course which are the 14/15 years and Juniors categories. Saahil sets the new record of 2:20.67 breaking the old record held by Kimani Maina who broke it in Toronto, Canada in 2013.

Tori Pragassa (16yrs) of Mombasa Academy continues to improve his personal best time by breaking the National record in the All comers category, setting a new record of 2:32.04, beating his old time of 2:35.78.

CONCLUDED PAGE EIGHTEEN

NYALI
INTERNATIONAL
Beach Hotel & Spa

reservations@nyali-international.com
www.nyali-international.com



KENYA TIDE TABLES

MOMBASA, October 25 - 31, 2013

FRIDAY High Water - 2.9 m. at 07.12 hrs. (7.12 a.m.) and 2.4 m. at 19.43 hrs. (7.43 p.m.). Low Water - 1.0 m. at 00.53 hrs. (12.53 a.m.) and 0.9 m. at 13.33 hrs. (1.33 p.m.).

SATURDAY High Water - 2.6 m. at 07.53 hrs. (7.53 a.m.) and 2.3 m. at 20.37 hrs. (8.37 p.m.). Low Water - 1.2 m. at 01.32 hrs. (1.32 a.m.) and 1.2 m. at 14.18 hrs. (2.18 p.m.).

SUNDAY High Water - 2.4 m. at 08.55 hrs. (8.55 a.m.) and 2.2 m. at 22.12 hrs. (10.12 p.m.). Low Water - 1.5 m. at 02.30 hrs. (2.30 a.m.) and 1.3 m. at 14.29 hrs. (2.29 p.m.).

MONDAY High Water - 2.3 m. at 10.40 hrs. (10.40 a.m.). Low Water - 1.6 m. at 04.19 hrs. (4.19 a.m.) and 0.2 m. at 17.31 hrs. (5.31 p.m.).

TUESDAY High Water - 2.3 m. at 00.09 hrs. (12.09 a.m.) and 2.4 m. at 12.21 hrs. (12.21 p.m.). Low Water - 1.5 m. at 06.19 hrs. (6.19 a.m.) and 1.2 m. at 18.46 hrs. (6.46 p.m.).

WEDNESDAY High Water - 2.6 m. at 01.15 hrs. (1.15 a.m.) and 2.6 m. at 13.28 hrs. (1.28 p.m.). Low Water - 1.2 m. at 07.22 hrs. (7.22 a.m.) and 1.0 m. at 19.35 hrs. (7.35 p.m.).

THURSDAY High Water - 2.9 m. at 01.59 hrs. (1.59 a.m.) and 2.8 m. at 14.16 hrs. (2.16 p.m.). Low Water - 0.9 m. at 08.06 hrs. (8.06 a.m.) and 0.8 m. at 20.13 hrs. (8.13 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

LADIES OCTOBER MEDAL



The Nyali Golf and Country Club Ladies Committee presenting a token of appreciation to Alice Wahome for sponsoring the Ladies October Medal. Seen (from left) are Perviz Barnsley, Jean Elms, Nyali Chairlady Christine Ockotch, Alice Wahome, Lady Captain Nila Devani, Pauline Gachihi, Farida Saeed and Sumali Jayasinghe.



COASTWEEK TEL: 020 3549187 / 2230130 MOMBASA
E-MAIL ADDRESS: info@coastweek.com • IN NAIROBI CALL ANJUM ON (020) 3744459