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ENTERTAINMENT ● NEWS ● SHIPPING ● COMMENT ● SPORTS

Coastweek

VOL. 1 NO. 4 Friday, December 1-7, 1978 KENYA 1/50 TANZANIA 1/50 SEYCHELLES Rs. 5

BECHTCHAU
LUNCH DATE
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Fish
every
Friday
Inter Continental Nairobi

Chosen for Kenya Squad COAST MAN FOR WORLD CUP CRICKET

IQBAL 'PATAUDI' WALJI, 18-year-old Mombasa Jaffery Sports Club prodigy, has been selected into the 20-player squad out of which the Kenya team for the World Cricket Cup will be chosen.

Iqbal has been chosen for his excellent performance this season for both Jaffery at the Coast and Ngara Sports Club in the capital.

He is an accomplished right-hand stroke maker and medium-fast bowler.

Iqbal Walji captained the Alibhai Panju Primary School in 1973, represented the Aga Khan High School from 1974 to 1977, and was Captain of the School Eleven in his final year.

He turned out for the Kenya Schools Eleven in 1976, and in the same year made his debut in the Jaffery First XI.

from ANVER VERSI

He played for the Coast Cricket XI in 1977 and 1978, scoring 75 and 25 against a Kenya Cricket Association XI later in the same year.

This season Iqbal has had a very good run with the bat, clocking up 431



• CORDON BLEU PRESIDENT Karl Heinz Steger is pictured 'Knighting' Ministry of Tourism and Wildlife Deputy Permanent Secretary Mr. K. Ilako during a colourful ceremony in Mombasa.

runs in the C.K.A. League at an average of 62.00. This includes one century.

He also hit up a sturdy 75 against the mighty Nairobi Gymkhana in the K.C.A. League, while playing for Ngara.

'Knighthood' for Kenyans

FIVE KENYANS have been made 'Knights' of the famous Cordon Bleu du Saint Esprit Order, during a colourful ceremony hosted in Mombasa over the weekend.

The Cordon Bleu du Saint Esprit is a world-wide Order that traces its history back 400 more than 400 years', and takes keen interest in food, and related matters connected with tourism and sponsoring goodwill and greater understanding between differing nations and cultures.

On hand to conduct the ceremonies in Mombasa was the Order President, Mr. Karl Heinz Steger of West Germany, who arrived accompanied by an appropriate 'escort' of 'Knights'.

HEAD-GEAR

Dashingly dressed and sporting a black cape and red plumes splashing out of an impressive head-gear the Order President was officially welcomed to the Coast by Kenyan 'Grand Councillor' Mr. Peter Adams Ludaava - Manager of the South Coast's Leisure Lodge Hotel.

Highlight of the 'installation soiree' hosted at Mombasa's Tamarind Restaurant was the official 'Knighting' of Five Kenyans - with the Order President producing a splendid gilt sword to gently 'tap' the shoulders of each new 'Knight' of the Order.

'Knighthood' by Mr. Steger were

report by
AKRAM SHEIKH
Ministry of Tourism and Wildlife Deputy Permanent Secretary Mr. K. Ilako, Mombasa businessman Mr. Cyril Ondato, New Stanley Hotel Operations' Manager Mr. F. Iumba, Mr. Hans Weynk of the Reef Hotel, and Mr. L. Von Mynhardt of the Eden Roc Hotel, Malindi.

• PHOTOS page 12



JULIE FELIX VISIT

JULIE FELIX - one of the most popular and talented cabaret performers in the world today is returning to Kenya for the Christmas season, at the invitation of African Tours and Hotels. Her extensive tour of Kenya includes the Coast, where she will perform at TRADE WINDS hotel, Diani, on December 15-17, and at the MOMBASA BEACH hotel on December 18-19.

PHOTO: BRIAN PHELPS

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Moscow calling

A Mombasa resident recalls a recent visit to the Kremlin

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PUFF ADDER PROBLEMS

MALINDI's snake man Mark Easterbrook has a population explosion problem in his private collection of snakes - where a 20 year-old Puff Adder has just given birth to 88 slippery youngsters, reports Neta Peal.



• MOHAMED ALI

FORMER Mombasa Tourist officer Mohamed Ali is on the move again. He has left his Central European posting for Kenya's Tourist Office in New York. Mohamed is credited with considerable success in boosting Kenya's tourist image during various postings in London, Stockholm and Zurich.

With their birth has come a feeding problem - how to get hold of enough baby food - such as mice and rats!

There is also a 'housing' problem. Mark's current collection, which is open to the public daily, already numbers around 700 snakes, comprising 25 different species, so there just isn't room for another 88.

Hence, at a propitious moment Mark will release them back into their natural environment.

One of the most popular items on the Malindi entertainment programme is the 'Easterbrook Snake Show' - conducted in Swahili, English and German.

During December his show will be staged regularly at the North Coast's Lawford's, Blue Marlin, Sindbad and Watamu Beach hotels.

CONFIDENTIAL



Dancers from the REDHA TROUPE are seen [left] in the 'Egyptian Extravaganza' that will come to Mombasa's Lohana Hall on the evening of December 11. The gala programme has been arranged through EGYPTAIR.

PETER BRENT 'LIVE'

MOMBASA GOLF CLUB are in the middle of organising a grand Harambee fund-raising evening, scheduled for the Nyali Beach Hotel, next Tuesday December 5, reports Paddy Rainsford.

The money is needed for urgent development at the Club: and in order to get hold of the necessary they will charge a nominal 250 shillings per head for Tuesday's entertainment, which apart from the Nyali food, will include PETER BRENT 'live' in the Bacchus Club in Nairobi.

In order to avoid disappointment intending revellers are advised to get onto the hotel reservation office and book their tables now.

The evening is 'tax deductible' - so why not invite your better customers out for the evening?



AFRICAN TOURS and Hotels are hosting their annual 'Pre-Season Party' for tour leaders, travel agents and other sectors of the tourist industry, at the Mombasa Beach Hotel, next Friday evening.

Senior Tourism and Wildlife Ministry officials will be present, as will be A.T. & H. Managing Director Henry Daley.



HAPPY WINNERS. [from left] Mrs Saroj Shah, Western-style winner, Secretary Mrs Ila Budheo, Guest of Honour Mrs Kanti Shah, Chairperson Mrs Kusum Modi, and Mrs Neera Shah, winner of the Japanese style, all seen at the weekend's triumphant Flower Show arranged by the Mombasa Women's Association. A record sixty entries made judging particularly difficult and delightful

WEDNESDAY MORNING Coffee Club, the charitable ladies who meet mid-week mornings during term time, this week gave 5,500/= to the Port Reitz Polio Rehabilitation Centre. Apart from their charitable work the ladies regularly arrange cookery, flower arranging, topical demonstrations, slide shows, talks and bring-and-buy sales. If you are interested in further details call Margaret Gledhill on Mombasa Telephone 471786.

WORLD TRAVELLER Dick Soames is back from the Seychelles, the Himalayas and Turkey, and can be found at Kilifi's Mnarani Hotel, where he teaches scuba diving and escorts more experienced under water enthusiasts to marvellous depths beyond the Kilifi mlango, reports Neta Peal.

KHANZU - clad waiters serve finest Kenya coffee from traditional brass pots to visitors at the new Lawford's Coffee Shop, in Malindi. Also available are local delicacies such as shish kebabs, smoked sailfish and chicken tika.



PHOTO: NETA PEAL

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GETTING A BETTER DEAL FOR DOGS

NEWS from the Dog World: Mombasa Magistrate Derek Schofield has been elected new Chairman of the Coast Kennel Association, following the annual general meeting held last weekend.

Other officials elected to office include Secretary Mrs Sur Macpherson, and Treasurer Mrs Ann DeSouza.

A greatly re-vitalised movement in recent months' the CKA now hosts regular training classes for 'Beginners' and 'Advanced' groups, and is planning a number of future 'friendly' dog matches.

Training session are under the sympathetic supervision of Dr. Kenneth Robinson and Mrs

Marjorie Harris.

If you are in any way interested in dogs then you should try and join up: it only costs 25/= a year joint membership, or 15/= single. All members receive the regular newsletter.

Enquiries can be made through Mombasa telephone 312395.

Proverb of the Week

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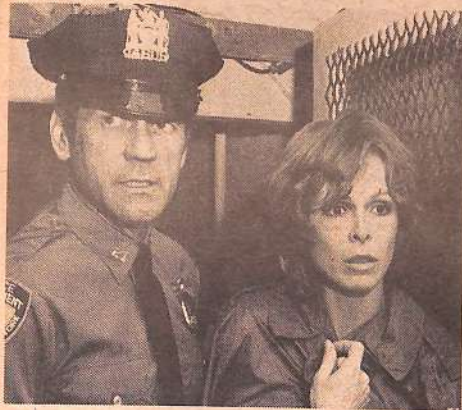
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ARZI
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ENTERTAINMENT GUIDE



• DON MURRAY accompanies Diann Williams to the Police Head Quarters after visiting the scene of the crime in the screen drama 'Deadly Hero', showing from Monday at the NAAZ CINEMA.

CHOX
Friday at 6.30 & 9.30p.m.
"DO CHOR"
Dharmendra, Tanuja

Saturday, Sunday & Monday at 6.30 & 9.30p.m.
JWAR BHATA
Dharmendra, Sara Banu

Tuesday & Wednesday at 6.30 & 9.30p.m.
GAI AUR GORI
Shatrughan Sinha, Jwa Badhuri

EK THI REETA
Tanuja, Vinod Mehra
Thursday at 6.30 & 9.30p.m.

Regal

Friday at 5.45 & 9.00p.m.
Saturday at 3, 6 & 9.00p.m.

"SEX DAIRY"
Sex comedy movie

ADULTS ONLY

Sunday at 3.6 & 9.00p.m.
Monday and Tuesday 5.45 & 9.00p.m.

EXECUTIONERS FROM SHAOLIN

Lo Lich
A Shaw Brothers presentation

Wednesday at 2.00p.m.
Ladies Show
Wednesday at 5.45 & 9.00p.m.

abhimaan

Amitabh Bachan, Jwa Badhuri

Commencing Thursday at 5.45 & 9.00p.m.
Bud Spencer

SOLDIERS OF FORTUNE

ers after visiting the scene of the crime in the screen drama 'Deadly Hero', showing from Monday at the NAAZ CINEMA.

KENYA

Friday at 5.45 & 9.00p.m.
Saturday at 3, 6 & 9.00p.m.

Monday at 9.00p.m.
Daily at 5.45 & 9.00p.m.

After her divorce, Erica got to know some pretty interesting people... including herself.

an unmarried woman

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JILL CLAYBURGH
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Sunday at 10.00a.m., 2.30, 6.00 & 9.15p.m.
Monday at 5.45p.m. only

EK NARI EK BRAHMACHARI

Mumtaz, Jeetendra

Commencing Friday at 5.45 & 9.00p.m.

ADVENTURES IN PRIVATE EYE

The clown dick who oversees EVERYBODY

mombasa MOVIES

New York Policeman in macabre thriller

NEXT MONDAY the Naaz Cinema opens with a fast moving crime drama, entitled, *Deadly Hero*. It is a story about a tough, right-wing veteran New York cop, Ed Lacy, played by *Don Murray*, and Sally Devereaux, (*Diann Williams*) a beautiful young, off-Broadway orchestra conductor.

Their paths first cross on the opening night of the musical which Sally is conducting. During the overture, a tall princely man reads about Sally in the programme notes. Among other things, he discovers that she is a daughter of an Admiral and that she lives alone on the West Side.

The African Prince is not really what he appears to be. He is in fact a con-man named Rabbit (*James Earl Jones*), and after the show goes to Sally's apartment to wait for her to come back.

When Sally gets home, he puts a knife to her back and leads her into her apartment. On the way up, they run into a neighbour lady, who inquires about the show and Sally cleverly tells her it was a flop when in fact it is a smash hit. Inside the apartment, when Rabbit can find no money, he calls her father long distance and tells him that he wants ten thousand dollars wired to him at a nearby telegraph office in return for Sally's life. The father agrees.

While this has transpired, Sally's neighbour has read the smash reviews of Sally's show and knows something is fishy. She calls the police and Ed Lacy and his partner arrive on the scene.

There is a confrontation with Rabbit and he is killed in cold blood by Lacy.

GRAND JURY

At the police station, numb and confused, Sally signs a statement to the effect that Rabbit turned on Lacy with his knife.

A few days later, Sally faces up to how the killing actually took place and changes her story to the truth. Lacy is forced by his Captain to go on vacation until the case comes up before the grand jury.

Lacy tries to persuade Sally to change her story, citing his police record, his pension, his

with **AKRAM SHEIKH**

family and the fact that Sally was hysterical during the shooting incident and didn't really know what she saw. Further more he did save her life. Sally is sympathetic, perhaps even a little attracted to Lacy, but she won't change her story.

Lacy is left with no choice but to either threaten Sally to change her story or to eliminate her in order to save his career.

When the threats do not work, he plans to kill her. How she escapes from him and kills Lacy in a most macabre and unique fashion is the climax of the film.

TROOPS

Today and tomorrow the Naaz continues with *The Day That Shook The World* starring *Christopher Plummer*.

On Sunday the Regal is showing a Chinese Karate film, *Executioners From Shaolin*.

The Manchu troops, tipped off by the treacherous White-Browed Hermit (*Lo Lich*), burn down the Shaolin Temple, which houses the patriotic Chinese. In the midst of the conflagration, the Rev Chih Shan Chan is killed by the White-Browed Hermit in a terrible duel. The inmates of Shaolin Temple, including Hung Hsi-kuan (*Chen Kuan-Tai*), Tung Chien-chin, and Hsiao Hu, break out from the burning temple, pursued by the burning soldiers, led Kao Chin-chung. During the chase, Tung Chien-chin is killed. The Shaolin patriots gradually infiltrate the populace, winning their support. Hung Hsi-kuan meets a woman kung fu expert, Fang Yung-chun (*Lily Li*), in a small village and marries her. Later, they have a son, whom they name Hung Wen-tung.

This is followed on Thursday by *Soldier of Fortune* starring *Bud Spencer*.

COAST THEATRE

Robinson Crusoe makes set for Christmas holidays

WITH only ten days to opening night, rehearsals at the Little Theatre Club for the forthcoming production of *Robinson Crusoe* are moving into the final stages.

Principals, chorus and dancers, who have been rehearsing separately, came together last Monday for a run-through of Act 1 and, in spite of the usual 'wrinkles' to be ironed out before opening night, the general opinion of those who had sneaked in to have a private preview was that the final, polished production promises a fine evening's entertainment.

It was also the first time the Club's orchestra had joined the cast and this inevitably resulted in lost cues, beats and steps.

An orchestra is, of course, the integral part of any musical and the LTC are justly proud of theirs.

with **THESPIAN**

These dedicated musicians meet once a week whether or not there is work pending at the Club and play for their own enjoyment.

In the current production *Malcolm* is conductor and leader of the orchestra and Clare Atkins is the singing director.

The rest of the orchestra comprises: Philippe Zimmerlin [flute], Lesley Geake [clarinet], Bob Annison [bass guitar], Fleming [organs], [lytham guitar], Rosemary Hine [clarinet] and Agnello D'Souza [percussion].



• The Rev. Chih Shan Chan uses karate against rebel troops in *Executioners from Shaolin* showing from Sunday at the REGAL cinema.

asian FILMS

AN UNUSUAL GIMMICK SOLVES NAMES RIDDLE

PALKON KI Chaon Mein opens at the Naaz this Sunday. This film stars *Hema Malini, Rajesh Khanna* with a special appearance by *Rekha* and *Jeetendra*.

Usually, films have one man playing a dual role with two different names but in this film the Directors decided to change this usual gimmick. They have two different people with one name - Ravi.

Ravi, who is educated but long unemployed tries very hard to support himself and his mother. He finally gets a job as a postman. The scene is set in the village of Sitapur.

Here in Sitapur, he not only is a postman, but also a friend to the illiterate as he goes about reading letters for those of the people who cannot read. In his line of duty, he meets with a pretty girl named Mohini.

Every single day, Mohini asks Ravi, the postman, for a letter from Ravi. He misunderstands her and as time goes by, falls in love with her.

So, one day, he puts down his feelings on letter and gives it to Mohini, thinking that this is the letter she has been asking from him every day.

But before she can read it, news comes from the front, that Ravi, whose letter Mohini was waiting for, was killed in the war. Both Ravi and Mohini are heartbroken. Mohini, because of the news she received and Ravi, because his was not the letter Mohini was waiting for.

SUICIDE

Mohini tries to commit suicide but Ravi, as is usual in Indian films, (how can the heroine die) saves her just in time.

The *Kenya Cinema* goes on into the second week of *Ek Nari Ek Brahmachari* which stars *Mumtaz* and *Jeetendra* and was reviewed in last week's issue.

Showing on Wednesday at the Regal is the melodious film *Abhimaan* which has been brought back by public demand. This film stars the husband and wife team of *Amitabh Bachan* and *Jwa Badhuri*.

Two very talented singers get married. As time passes, the wife, Uma, becomes more popular than her husband Subir.

Subir's ego is very much hurt and so he rejects life. He gives up singing and starts drinking very heavily.

Uma leaves Subir and goes back to her father's home where she gives birth to a still-born child. The shock left her in a state of inertness. Subir comes to her and tries all medical treatment but it does her no good. What happens then awaits to be seen at the Regal on Wednesday.

At the Chox today you can see *Dharmendra* and *Tanuja* in *The Do Chor*.

On Saturday, Sunday and Monday you can see *Dharmendra* again in *Jwa Badhuri*. He is

NAAZ

Friday at 5.45 & 9.00p.m.
Saturday at 3, 6 & 9.00p.m.

"THE DAY THAT SHOOK THE WORLD."
Christopher Plummer

Sunday at 9.45a.m., 2.30, 5.45 & 9.00p.m.
Monday at 5.45p.m.

GULZAR'S Palkonki Chhaon mein

Rajesh Khanna, Hema Malini, Jeetendra

Monday at 9.00p.m.
Daily at 5.45 & 9.00p.m.

Hero cop or deadly hero? A cold blooded murder... a hero cop... a young girl caught between the truth and her life!



DEADLY HERO

"Deadly Hero"
-Don Murray Diann Williams
[...James Earl Jones, Bobbie] [Lily Li, George S. Irving] [Cochran, Farrell, Joe Westcott]

THE WEEK IN PICTURES



PHOTO: AMBIR SINGH

THE PATRON of Lasco Club, Mr. Edward Halwenge, who is also the Managing Director of Kenya Cargo Handling Services Limited, recently toured the

Gemini International Circus of India and remarked at the end: "We also must have a circus in Kenya as it is indeed a useful entertaining media. More

over we have the animals which can easily be trained to do numerous tricks and we also have the artists for the job."

Mr. Halwenge was accompanied by Lasco Club committee members. He is pictured with Lasco Club officials and some of the artists



PHOTO: NARENDRA PATIL

LIONS CLUB of Mombasa Convenor Mr. Abdallah is seen presenting a 'Childrens Road Safety Crossing' sign and time tables to Mr. Nehemiah H. Katite, Principal of Mombasa's Ronald Ngala Primary School during the Club's current Road Safety Week at the Coast. Looking on (left) is Lion Rasik Devani.



PHOTO: AKRAM SHEIKH

A GROUP of French journalists recently visited Kenya as guest of Air France on the inaugural Lyon-Nairobi direct flight. During their tour of Kenya the journalists visited various holiday resorts, and the Game Parks.

In Mombasa they stayed at the Serena Beach Hotel where they are pictured with the general

manager, Jonathan Soper (right), assistant manager, J. Ole Nkipida (left) and the Giriama dancers who performed at the hotel.

During their tour of Kenya, the journalists were accompanied by Mr. Michel Moity, Air France regional manager and Elizabeth Bonnamour, the public relations officer.



PHOTO: NETA PEAL

SIR WILFRID Havelock, Chairman of Associated Hotel Management Services, presents a cheque for 1,000 shillings towards the cost of a new classroom at the Star of the Sea Secondary School,

Mombasa, to Mombasa South MP Mr. R. S. Mwavumo. The occasion was a cocktail party at the Cowrie Shell apartments, Bamburi, now run by AHMS - see story page 10.



PHOTO: PETER NGALINIRI

THE VIENNA sales office of SAS sent out a group of six divers to do underwater filming and photography in the areas around Lamu and Kiwayu islands, and the coral reefs off the Kiunga coast, which are reputed to be the same or better than those of the Red Sea.

The group was led by Mr. Felber the sales marketing director of the SAS Vienna office in Austria. They sailed for two weeks in the m.v. Loreb, a luxury cruise boat stationed at Lamu. Their stay was handled by Lamu Tours Company.

The Austrians are pictured

at the Mokowe jetty on the Lamu mainland before they boarded the Loreb. Mr. Alberto Sopani, a director of the Lamu Tours is standing on right, and Mr. Felber is seated, second right (next to Mr. Sopani). On left is Mohamed of Lamu Tours, who was their guide.



DURING Idd-ul-Haji, the Mombasa Muslim Women Association donated a wheel-chair to the Polio Clinic and School for the handicapped Children at Port Reitz. Chairman Mrs. N. V. Lalani (standing left to the chair) and members are seen with Mrs. Okello the Clinic's Executive Officer.

PHOTO: SALYAN



YOUNG Alnoor Lalani is seen receiving a 'chopper' bike won during a raffle organised by the Aga Khan Club during the recent 'Khushiali' celebrations. Looking on (left to right) is Club secretary Miss Shenaz Suleman and Club members Mr. Abdul Esmail and Alnoor Khallan as Mrs. Nazira Abdul Esmail presents the prize.

PHOTO: COASTWEEK



PHOTO: ANDY DIAS

TEACHER TRAINING students from the University of Linkoping, Sweden, are pictured at the Kanamai Conference Centre, Kikambala.

The students are on a 3 week study tour of Kenya. Their stay was made possible by the students engaging in fund raising activities.

MAHILA Mandal of Patel Samaj (ladies section) have presented shirts worth shs. 2,500 to blind children of Likoni Blind School after having entertained them to a 'Di-wali Special' Luncheon. Chairperson, Mrs. Pushpaben J. Patel, (centre) is seen presenting the shirts to the children.

PHOTO: NARENDRA PATIL



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AKRAM SHEIKH interviews:

HELEN LE CLERQ

HELEN, you are a well known personality in Holland and in the dancing world, can you tell us exactly what you do in Amsterdam?

I do many things in the dance world. I am a dancer, I have a big dance Company, I work for television, movies & for commercials. I also have five schools and I train dance teachers.

What sort of dancing?

My main dance concept is Jazz, based on absolute Black American music, that is Afro American music.

When did you start dancing?

Professionally about twenty years ago. My training went in stages, I did not really study like five or six years, in fact I am always studying new types of dancing, even now. I have worked in Holland, New York, and I have travelled a lot with Black American dance groups, and I worked in the Opera in Paris. I also worked for various movies before I started my own company. I settled down in Holland nearly twelve years ago, but I continue travelling to many other countries in the course of my work.

Have you appeared for any big shows yourself?

Yes, I have appeared with Sammy Davies Jr., Frank Sinatra, Des Philips, Tom Jones, Engelbert Humpernick, and many others.

What style of dancing do you do in these shows?

Jazz, and side tracks of course, not strict Jazz all the time. Besides that I do a lot of commercial work when people call me to do a show, for example for a television show. I do have my own production, a big theatre production, about two hours length. It is called 'Helen's Dance Explosion', I do various cabaret shows and I use a minimum of four and a maximum of twenty dancers for my shows.

Why did you choose dancing as your profession?

Feelings, and, I hope talent. I just don't know anything else to do but dance. Before starting as a dancer I was a designer. But the first time I saw a cabaret dance was a Black American group from the Sta-

THERE IS SO MUCH POWER AND AND TALENT HERE... IN DANCING THE PEOPLE SEEM TO HAVE A CERTAIN NATURAL RYTHM IN THEIR BODIES.

PHOTO: AKRAM SHEIKH

tes and when I saw that I flipped, and that was how I started.

Since you first visited Kenya about a year ago, you have been interested in the dance potential here and have even thought about starting a school of some sort here?

Yes, I have been thinking about something for Kenya. There is so much potential here and power and talent and although the people here do not have any training in dancing they seem to have a certain rhythm in their bodies. If I did start anything, it would be parallel to their spirit with finer points touched up. I already know of the African style of dancing as I experienced it a few years ago during a tour with a Senegalese group, and the dancing here in Kenya is not so much different than that.

If you were to start something in Kenya what sort of dan-

cing would you do and what kind of show would you produce?

It will have to be 'Afro'. The show would be based on the people's concept and mentality and the type of dancing they already know of, although I would introduce, to make it more interesting, something from the outside that corresponds with what they have already. I am certain that with the talent available here, and with my experience, we could produce a show which would be performed for the most sophisticated audiences, anywhere in the world. Although I have only been to Nairobi and Mombasa during my three visits in Kenya, I think if something has to be done, it will have to be in Nairobi as the capital has the potential, although I personally would love to stay in Mombasa.

Do you think that there is any future in starting a professional type of dance organization here.

Oh yes. There is a lot of dance 'power' here. So fantastic. We will however have to start from some sort of a beginning and then slowly build up to a professional level. I also realise that the most people do not have the financial backing to go into a venture like this, but if I was to start I would look to some sort of government or private cultural organisation for support, to stimulate the idea. I can promise in advance that with this kind of support, we can produce a very powerful group. When I was in Nairobi on my first visit, I did teach for one day at the French Cultural Centre, and everybody was very very excited and they all wanted us to come back, and that is when I started to think about the idea to do something big in dancing here. The idea is still being worked on and I might be able to come up with something next year. If I did not have many commitments in Europe I would have worked out something earlier. You see I have five schools in all the big cities of Holland teaching Jazz and Soul, and this keeps me well occupied.

Have you enjoyed your stay here this time?

I have to let you know and the people who read about me that I just love Kenya and I feel very much at home here. Kenya has very beautiful people and I will be back soon!



BEACH PARTY TIME

from NETA PEAL
AFRICAN TOURS & HO
at the Coast have a s
ging entertainments
gramme for Decem
which includes me
light beach parties, l
uty contests and en
tainment by the in
nationally acclaim
folk singer, Julie Felix

A special offer by A.T. is that if you are one of the guests you can visit any of the beach hotels to enjoy the entertainment or recreational facilities on shore, at no extra cost. However, this does not include special shows put on to raise money for charity.

Beach hotels are Two Fish Trade Winds, Mombasa Beach Whispering Palms and Mnarani. If you are interested in sea fishing and are staying in an A.T. & H. hotel, then a discount of 10 per cent will be offered a cost of chartering a boat at Mnarani.

CIRCUS

Entertainments include: courteous African traditional dancing, film and fashion shows, discos and live bands, while Mombasa Beach Hotel the is the famous 'Professor' Juma African Circus.

Whispering Palms Hotel, Kambala, offers a plethora of recreational activities including 'mini' golf, tennis, volleyball, archery, bowling alley, fitness centre, while Mnarani is an aqua sports centre with its own fleet of deep sea fishing, motor sails and water ski-boats.

CHURCH SERVICES

ANGLICAN:

Mombasa Cathedral - 7.00 a.m. Holy Communion; 9.00 a.m. Kiswahili Service; 11.00 a.m. Morning Service, 6.30 p.m. Evensong (Communion first Sunday in the month).

St. Peter's Church, Nyali - 8.00 a.m. Holy Communion; 9.00 a.m. 1st and 3rd Sunday - Family service.

Likoni (at Mrs. Fitzgerald's home) - 10.15 a.m. Second and fourth Sunday in month.

The Missions to seamen - 8.15 p.m. Evensong

Emmanuel Church, Freetown (Kisauni) - 11.00 a.m. Swahili service.

Africa Inland Church - English service, AIC Tudor, Mombasa by Rev. Edwin Parmar at 8.30 a.m. and Swahili church service by Rev. Jones Khaledi at 10.00 a.m. and weekly meetings.

ROMAN CATHOLIC:

Holy Ghost Cathedral - Holy Mass on Sundays at 6.00, 7.00, 8.00, 9.00, 11.15 a.m. and 5.30 p.m. daily at 6.15 a.m. and 6.00 p.m. Saturday at 6.15 a.m. and 5.30 p.m. Confessions on Saturday and eve of 1st Friday 9.00-10.00 a.m. 12.00-12.30 p.m. and 4.00-5.30 p.m.

St. Francis' Church, Kikambala - Saturday evening Mass 5.00 p.m., Sunday Mass 9.00 a.m.

Makupa - Daily Mass at 6.15 a.m. and 5.30 p.m.; Sunday 6.00, 7.00, 8.00, 9.00 a.m. and 5.30 p.m.; Confessions Saturdays 9.00-10.00 a.m. and 4.00-7.00 p.m.

Changamwe - Daily Mass at 6.30 a.m. and 5.15 p.m., Sunday at 6.00, 8.00, 9.00 a.m. and 5.00 p.m.

Tudor - Weekly Mass at 5.30 p.m., Sunday Masses at 7.00, 8.00 and 9.30 a.m.; Confessions Saturday 4.00-7.00 p.m.; Baptism Saturday at 9.30 p.m.

Kongowea - Daily Mass at 7.15 a.m., Sunday at 8.00, 9.15 a.m.; Baptism on Saturday at 2.30 p.m.; Confessions on Saturday 4.00-6.30 p.m.

Kilifi - Sunday Mass 9.00 a.m. Confessions before Mass.

Mariakani - Sunday Mass at 9.00 a.m., Confessions before Mass. Shanzu Teacher Training College - Mass 8.00 a.m.

Consolota Sisters (Likoni) - Sunday Mass at 9.30 a.m.

Consolota Fathers (Likoni) - Sunday Mass at 9.30 a.m.

Likoni - Sunday Mass at 8.00 a.m.

Mtongwe - Sunday Mass at 10.30 a.m.

Malindi - Mass at 6.30 a.m. daily; Sunday Masses at 8.00 a.m. and 5.00 p.m.

Vipingo - Sunday Mass at 11.00 a.m.

PRESBYTERIAN:

St. Margaret's Presbyterian Church (Kaunda Avenue) - 9.00 a.m. Service in English, Sunday

school (creche for the under five-year olds), Fellowship Tea at 10.00 a.m., Service in Swahili at 10.15 a.m., Sunday school, Fellowship Tea at 11.15 a.m.

METHODIST CHURCHES:

Wesley Church, Koinange Road - English Service at 9.00 a.m. (Holy Communion first Sunday in month); Swahili Service at 10.30 a.m. (Holy Communion, first Sunday in month).

Changamwe - Swahili service at 9.30 a.m.

Jomvu - Swahili service at 9.00 a.m.

SALVATION ARMY:

Majengo - Swahili service every Sunday at 8.30 a.m., Sunday School, Open air meeting at 11.00 a.m., Bible meeting every Wednesday at 2.00 p.m., Women's meeting at 2.00 p.m.; Evensong service every second and fourth Sunday of the month at 4.30 p.m.; every Sunday at 3.45 p.m.

UNDENOMINATIONAL:

Mombasa Gospel Tabernacle - Sunday school and adult Bible class at 8.30 a.m., English service at 9.30 a.m., Swahili service at 10.45 a.m., Evening service at 6.30 p.m., Wednesday, Prayer meeting in English at 7.00 p.m., Bible study at 7.45 p.m., Friday, Prayer meeting in Swahili at 6.00 p.m.; Saturday, Youth fellowship at 3.00 p.m.

SEVENTH-DAY ADVENTIST:

Zwani Road (Mombasa) - Saturday, Sabbath school at 9.30 a.m., Worship service at 11.00 a.m., Evening service at 5.30 p.m.; Wednesday, Prayer meeting at 5.30 p.m., Friday, Vespers at 5.30 p.m.

Changamwe - Saturday, Sabbath at 9.30 a.m., Friday, evening service at 5.30 p.m., Vespers school at 11.00 a.m.; Worship service at 5.30 p.m. (Pastor in charge - Reuben Kamundi).

LUTHERAN:

Makupa (Tom Mboya Avenue) - Swahili service at 9.30 a.m.

St. Emmanuel Church (Free Town, Kisauni) - Swahili service at 11.00 a.m.

Methodist Church (Changamwe) - Swahili service at 7.30 a.m.

Vipingo Estate - Swahili service at 9.30 a.m.

Lunga Lungu (Mwema) - Swahili service at 9.30 a.m.

BAPTIST CHURCH:

First Baptist Church (Kenya Avenue, Mombasa) - Pastor, Rev. D. N. Wanje, Sunday, English services at 8.30 a.m.; Morning services at 9.30 a.m.; Bible study (all ages) at 9.30 a.m.; Evening worship service at 6.30 p.m.; Tuesday, weekly prayer meeting at 7.00 p.m. Swahili services, Jumapili saa 2.30 madarasa wa Biblia - kwa watoto wazima; Ibadia ya asubuhi saa 4.30; Ibadia ya jioni saa 12.30; Jumatano, maundisho ya Biblia na maambo saa 11.00.

Sales do not mean anything these days, we have therefore decided to do away with our Annual Sale this year.

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FOR SPECIAL BARGAINS

I.S.C.O.S. ON SHIPPING

With regard to your report last week entitled 'ISCOS Committee tours Dar Port, may I point out the following:

- ISCOS did not go to Dar port to study conditions in the port. It was one of the things that they considered. There were other issues that were also considered.
- The Secretary General is Mr. B. Mbakileki, Mr. L. Mwanza is one of the Economists.
- The U.S.A./South and East African Conference Lines have announced an intention to impose an eight per cent general rate increase and not a surcharge.

ISCOS has opposed this. The Middle East Rate Agreement wanted to increase the rate by 17 per cent and not a surcharge by December! ISCOS has rejected this.

The Mercury Shipping Com-

VIEWPOINT

pany - a member of Middle East Rate Agreement informed us that they would impose a 15 per cent congestion surcharge on cargo loaded from East Africa from the end of November to the port at Khorshar, Iran because the port is congested.

ISCOS has replied that the congestion surcharge is imposed because the delays have nothing to do with Eastern African ports, it is Iran and the port of Khorshar which are responsible for the delays.

They (Iran) should therefore be penalised and not Eastern

African ports.

• Inflation has nothing to do with congestion. It has probably been confused with the 11 per cent inflation factor which has been imposed by East African-European Conference Lines this year.

East African countries have met with Conference Lines and asked the Conference Lines to remove this 11 per cent inflation factor.

But the Lines refuse to withdraw it.
Mr. B. Mbakileki, ISCOS Secretariat, MOMBASA.

SECURITY OF THE MAILS

THIS is a complaint concerning the State of overseas mail posted through Ukunda and Mombasa Post Offices.

It appears that something is going wrong between these points and destinations in Germany, in particular.

Also during the past few months several important letters, containing photographs, T-shirts and baby dresses from West Germany to us at Diani have apparently gone missing.

in future advise everyone to send only registered parcels - even if it very often makes things much slower in arriving, but they do arrive safely.

I think this really is a problem that the postal authorities should take up seriously, especially as the Christmas season is approaching.

Holde Meyer, UKUNDA.

CALLING NEW PENFRIENDS

At the end of this year, I am publishing my new magazine, 'Penfriends 1979'.

Those who are interested in penfriends should contact me. This will be the ninth issue and contains 500 addresses of penfriends around the world with their different hobbies.

At the moment I have 600 addresses, especially from Ghana between ages 15 to 30.

Those who wish can get them from me. Contact me at my address.

Karim A. Karimjee, P.O. Box 81388, MOMBASA.

EXHORBITANT HOUSE RENTS

THROUGH you - the COASTWEEK - I have to say something about the exhorbitant house rents in Mombasa and Coast as a whole.

Anything old obviously loses its value but curiously enough the case is different these days.

The house rents are so exhorbitant while the houses are almost falling down because of old age.

Now, does it mean that second hand materials should cost more than new things or what formula do the landlords use?

This question I feel should be answered by the Municipality of Mombasa. How do you find this Wananchi?

Juma Mwanyi, LIKONI FLATS.

COMMENTS FROM MAHE

ALLOW me to congratulate you on your first and second issues of COASTWEEK, which we have just read.

I wish you great success with your new venture and hope that more Seychelles news will appear regularly.

MIA DUNFORD, Mahe, Seychelles.

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PHOTO: SALAMA

• SHEIKH Mohamed Faraj and Mombasa South M.P. Khalif Mwawumo are pictured at the opening.

New Islamic school opens

A MUSLIM Religious School built at a cost of Shs. 216,000/- by the Jam'i ya Tul Talimul Quran at Likoni was officially opened by Sheikh Mohamed Faraj of the Saudi Arabia Embassy in Nairobi on Sunday, November 27, 1978.

The School, which has been solely financed by the Wananchi is situated near the Likoni Police Station, and comprises of classrooms, dormitories, and a few teachers houses.

Sheikh Faraj, the guest of honour, thanked the Kenyan Government for according its citizens the freedom of worship that they are now enjoying. He therefore asked the Muslim Community to offer prayers for the long life of the Kenyan leaders.

Speaking at the same occasion, the MP for the area (Mombasa South), Mr. Khalif Mwawumo, said that those who decided to put up that building will not regret, because it will be made full use of.

GOOD CITIZENS

Mr. Mwawumo told those present that they should not only be Muslims by prayers,

by SPECIAL CORRESPONDENT

but by actions, and this could be demonstrated by donating to such institutions, which would help today's children be good citizens of tomorrow.

Putting children in such schools, he noted, would help to discipline them. Teachers were therefore requested to teach the children in a proper manner.

Mr. Mwawumo gravely noted that there are too many divorce cases among the Muslims, and while the Holy Quran permitted divorce, the situation had gone off hand, thus bringing a disgrace to the people. He requested them to stop such habits.

Also present was the Likoni D.O. Mr. Mathege and chairman of the Supreme Council of Muslims in Kenya.

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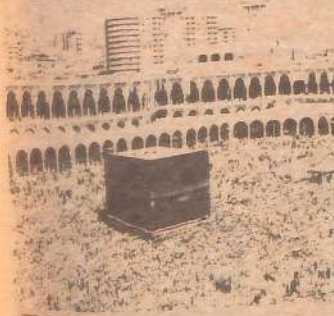
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SOME very attractive fashion-wear is being created by ZINAT HANSRAJ, whose husband, Amirali, runs two Coast boutiques - one in Kilindini Road and the other at Nyali Beach Hotel, as well as supplying most of the hotel boutiques along the Coast with their gear.
 • RIGHT: Miriam models a colourful khanga dress • ABOVE: Shaheen, Miriam and Farida show off a selection of Zinat's designs.



story and photos
NETA PEAL

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ERROL ON FOOD

ONE thing is certain, in the climate of Mombasa, cream cheese, cottage cheese and sour cream are the least difficult items to obtain. In fact, keeping cream fresh between store and house is another story altogether. The wise housewife undoubtedly goes to town with her ice-bag or cool-box supplemented by packs of dry ice. Even so cream may not be forthcoming and as luck will so often have it, the one day she decides not to take this precaution, tubs of fresh cream are lined up in abundance and the chances are that it will be sour by the time she gets it home.

However, if this means a flexibility in approach to the menu all is not lost. Many, many uses can be made of sour cream, cream and cottage cheeses. In fact I became so reliant on having sour cream in the fridge that it goes against the grain in England to drive for miles to find a delicatessen which sells "soured cream" an ingredient I took so much for granted in Mombasa.

Sour cream mixes splendidly with chopped dill (almost always available from the Bamburi Portland Cement Co vegetable shop as are fresh eggs, spring chickens and vegetables in season) a little vinegar, sugar, freshly ground black pepper and salt to make a really good dressing for a cucumber salad (Yoghurt is very delicious used in a similar manner).

And to finish off a roast or baked whole fish try a couple of tablespoons of plain flour combined with half pint sour cream, one teaspoon mustard, a few herbs, pepper and salt. Just ten minutes before serving, spoon over and allow to trickle over the hot meat or fish and then it will brown and form into a delicious crust while the juices make a very good sauce.

Use sour cream for light, pancake batters, for scones,

and for waffles
 Sour cream Flan needs no cooking at all and is the sort of pudding one could serve to anyone - en famille or for very special guests.

SOUR CREAM FLAN
Filling:
 3 tablespoons sugar
 1 teaspoon vanilla
 Juice and zest of half a lemon
 1 dash of lemon essence
 2 beaten egg yolks
 1 ounce powdered gelatine
 3 eggs whites beaten stiffly
 1/2 pint double cream whipped
 8 ounces sour cream.

Take one packet of digestive biscuits and crush them with a rolling pin. Combine with 2-3 ounces of melted butter. Press into a clip-spring baking tin and bake for ten minutes in a slow oven. Remove and cool.

Combine the sour cream with vanilla essence, lemon juice, rind, essence and beaten egg yolks. Whisk all the ingredients together.

Dissolve gelatine in two tablespoons of water (warm) and mix in lightly.

Beat egg white until very stiff. Fold gently into sour cream mixture then fold in the whipped cream. Spoon this mixture over the biscuit base and chill in the refrigerator until ready to serve.

Decorate with curls of coarse, dark, chocolate made by drawing a sharp knife over the surface of the bar which complements this light pudding best of all. Serves 6 plus.

POLISH CHEESE-CAKE
 A more traditional pudding with a shortcake base. For this you need:
 12 ounces cream cheese
 5 eggs, separated
 4 ounces sugar
 1 ounce butter, melted
 2 ounces sultanas
 vanilla essence

SHORTBREAD BASE
 4 ounces plain flour

2 ounces butter
 1 egg yolk
 1 ounce sugar
 grated lemon peel.

Sieve the cream cheese into a bowl and combine with cream, sugar and vanilla to taste. When well combined add the 5 egg yolks one by one, then the melted butter and finally the five stiffly beaten egg whites. Lastly fold in the sultanas. (These are optional.)

Make the short pastry from the plain flour, butter, egg yolk and sugar and line the bottom of the tin you have selected for this dish. Cover with the cream cheese mixture evenly.

Bake in a slow oven for half an hour. When cold remove carefully from tin. Dust with vanilla icing sugar.

REFRIGERATOR CHEESECAKE
 This cool pudding has orange undertones and is a great success when served in hot weather.

4 ounces castor sugar
 2 level tablespoons powdered gelatine
 pinch of salt
 2 eggs separated

1/2 pint of fresh or tinned orange juice
 3 large cartons of cottage cheese
 2 teaspoons freshly grated orange rind
 1/2 pint cream
 Peach slices and biscuit crumbs to decorate.

Put 2 ounces gelatine, salt, beaten egg yolks and orange juice into a double saucepan (or use a basin over gently boiling water). Heat slowly until gelatine is dissolved. When cool and just beginning to thicken, blend with the sieved cottage cheese, orange rind and whipped cream.

Now beat the egg whites until stiff peaks form and gradually add the remaining sugar and re-whisk until the egg whites are very stiff and shiny. Fold quickly but thoroughly into the gelatine mixture and turn into a 7" to 8" plain cake tin which you have first rinsed in cold water. Chill.

When ready to serve, unmould the cake onto a plate; decorate with peach slices and press biscuit crumbs into the side of the cheesecake to finish. Fruit garnish may be altered as desired. Mango cut prettily, makes an attractive garnish. Serves 6-8.

PHOTO: NETA PEAL

• LAMU LOBSTER - Petley's Inn Manager Enoch Musiga and assistant chef Kazungu Kombe show off fresh-cooked crustacean now being regularly served to North Coast visitors.

DATELINE: NAIROBI / DAR ES SALAAM

MEETING WITH TRIUMPH AND DISASTER

by IVOR DAVIS
 PLING said it so well
 it if you can meet
 with Triumph and Disas-
 and treat those impos-
 just the same...
 Those words kept thrus-
 ing in my mind when I
 visited George Nthenge,
 51-year-old ex-MP who
 one fell, horrifying
 soap lost his beloved
 wife Emelda Damarius -
 amari to their friends -
 and eight of their child-
 ren in a road collision
 one misty morning a few
 weeks ago.



• George Nthenge, a man of faith, being inter- viewed by columnist Davis.

The youngsters who died
 were Teresa Keke (24), Peter
 Muyoki (21), Victoria (15) who
 died from her injuries in hos-
 pital, John Mutonya (12), Agnes
 Mundi (11), Mutile (9), Muryao
 and Valerian Mbusi (6). An-
 other son, Anthony Matembe,
 aged 19, has a broken arm and
 niece, Lydia, has arm and leg
 injuries.
 Mercifully, Galla Clementine
 15-year-old daughter was not
 travelling with the family on
 this occasion from their home
 in Machakos to Nairobi - and
 Otto Musembi, a 23-year-old
 son, is studying at Kean College
 in the United States.

George himself is recovering
 from head and chest injuries,
 and we talked in a courtyard
 of Kenyatta Hospital.
 We first became good friends
 way back in colonial times -
 1961 to be exact. We found
 ourselves in adjoining seats on

a plane to Israel with several
 East African co-operative and
 trade union officials and other
 leaders, who went on a short
 study course.
 I remember vividly that on
 two Sundays - whether in Tel
 Aviv or near some kibbutz, I'm
 not sure - I was busily engaged
 finding a Catholic church for
 him to perform Mass. For
 George, this was essential,
 and therein lies the key to his
 present reactions to an experi-
 ence that could have quite
 easily overwhelmed others.

WONDERFUL

George has tremendous faith
 which is wonderful to behold.
 This is how he put it: "I be-
 lieve we are all children of God
 and sometimes He takes

some children from this earth
 and places them in another
 home. All of us, one fine day,
 will leave this home and enter
 another home at the time when
 He calls us."

We recalled how he and Da-
 mari had built up a successful
 curio business at the Nairobi
 Municipal Market; the progress
 his late children had been mak-
 ing in their schooling. Peter
 was doing his "O" levels at
 St. Mary's while Vickie had
 been a pupil at Loreto Convent,
 Msonari.

George, calm and good hu-
 moured, was proud and grate-
 ful that he could now bathe
 himself and get out of his bed
 and walk downstairs to enjoy
 the sunshine.

He mentioned that he was
 considering a return to active
 political life. "I would like to
 serve this country again in the

good fight against nepotism,
 tribalism and corruption.
 These things will get us nowhere
 and we must try always to era-
 dicate them."

GRATEFUL

George has nothing but praise
 for the doctors and staff of
 Kenyatta Hospital. He added:
 "Please mention in your article
 that I am indeed grateful to my
 friends and my Church who, in
 my absence, buried my family
 so honourably."

Well, how did Kipling finish
 his poem?

If you can fill the unforgiving
 minute with sixty seconds'
 worth of distance run, yours is
 the Earth and everything that's
 in it, and - which is more -
 you'll be a Man, my son!

New Swahili programmes

KISWAHILI might well be the medium of instruc-
 tion in Post Primary Institutions in Tanzania if a
 report compiled by the National Kiswahili Council
 (Bakita) is adopted by the Ministry of National
 Education.

The report on how to adopt
 Kiswahili as a teaching medium
 in Secondary Schools and high-
 er institutions of learning was
 presented to the Ministry by
 the Council.

If the proposals are accepted,
 Kiswahili will be used as a
 teaching medium in Form 1
 starting in probably 1980 and
 gradually moving to University
 level.

A four level administrative
 structure for Dar es Salaam
 City is one of the major recom-
 mendations made by a Cana-
 dian firm - Marshall Macklin
 Monogham. The firm was com-
 missioned by the Ministry of
 Lands, Housing and Urban de-
 velopment to review the 1968
 City's master plan.

The recommended structure
 will consist of ten cell units,

TONY BARROS

neighbourhoods of approxi-
 mately 5,000 people, communities
 of 40,000 to 50,000 people and
 districts made up of a number
 of communities ranging in size
 from 150,000 to 300,000 people.

Although the central area
 will continue to serve as the
 main focal point and to provide
 the highest order of services,
 each district will have its own
 infrastructures and services and
 will be separated by a physical
 demarcation and character.

The proposed plan for Dar
 es Salaam is based on a projec-
 ted population of 2.3 million
 people by the year 2000. Al-
 though census figures have yet
 to be made known, the popula-
 tion of the city is known to
 have crossed the 600,000 mark.

Soap Factory project

MBEYA, in Southern Tanzania should be producing
 soap and allied products by March 1980 when a
 proposed 56 million shillings soap and allied prod-
 ucts factory goes into operation.

The factory which is considered one of the largest soap plants
 in the country will at full production produce 8,000 tons of
 laundry soap, 5,000 tons of toilet soap and a sizeable quantity
 of allied products.

The factory is a joint venture by the Dar es Salaam based
 K. J. Sons group, the Tanzania Investment Bank, the Internation-
 al Finance Corporation - a world bank affiliate and some
 other bodies.

POSITIVELY BEST BARGAIN OF THE WEEK:

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PHOTO: PHOTO CENTRE

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 out Kenya.

• ABOVE: Shell's Retail Sales Exe-
 cutive Mr. Rik Maina is pictured han-
 ding over a first prize cheque of shs.
 10,000 to Station operator Mr. Kassa-
 mali Noorani. Looking on (LEFT TO
 RIGHT) are Mr. S. M. Noorani, Mr.
 Shabbir Noorani, Mr. Ahmed Ali, and
 Mr. Salim A. Mohamed.

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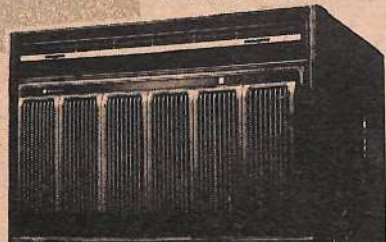
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business news

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THE AMERICAN DOLLAR has been the world's major currency in recent years. Together with gold and sterling it is the accepted method of settling international trading debts, and holders of foreign currencies have, until recently, preferred to keep their assets in the form of dollars in preference to other currencies.

But in recent months the value of the dollar has plunged to an all time low.

During 1976 and 1977 the exchange rate in terms of the Kenya shilling was sh.8/25 to the dollar, but in recent months it has fallen to less than sh. 7/50.

The reason for this decline has been the fall in confidence in dollars by holders of foreign currencies. Multinational corporations, central banks and oil producing nations hold stocks of such currencies to pay their trading debts.

Because of the internal economic problems facing the U.S.A., notably a large balance of payments deficit and a rising rate of inflation, holders are afraid that the dollar might be

MONEY with GARY BRADLEY

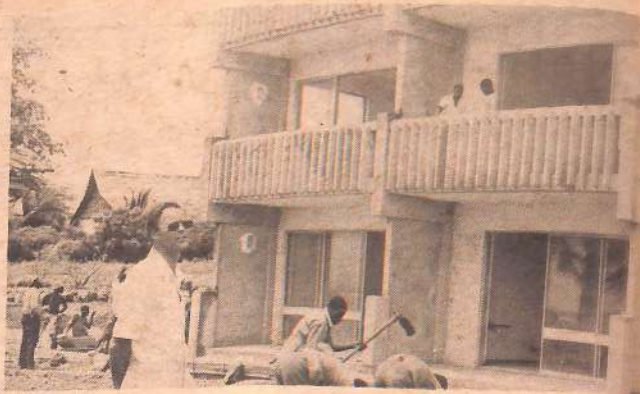
devalued as a means of solving these problems.

If this were to happen the value of their assets would be reduced proportionately.

To avoid the possibility many holders have sold their dollars and bought marks, yens, francs and sterling instead. The fall in the demand for the dollar has caused its exchange rate to fall in relation to other currencies.

The decline of the dollar has adverse consequences on Kenya's economy. Exports from Kenya now cost 8 per cent more in the U.S. market, while U.S. imports into Kenya cost 8 per cent less.

Thus the balance of trade



AFRICAN TOURS and Hotels Managing Director HENRY Daly is seen viewing progress on the Mombasa Beach bedroom block

BIG HOTEL EXPANSION

CONSTRUCTION IS very nearly complete on 150 new bedrooms at the North Coast's Mombasa Beach Hotel - and these rooms will be occupied from the middle of December.

As with the existing rooms, all the new bedrooms will face the sea and have air-conditioning, a telephone, two-channel music, and some even a mini-bar facility.

A sophisticated grill room is also under construction and will seat up to 100 diners. The grillroom will be operational in January.

When the dining room extensions, overlooking the sea, are completed, the hotel will provide conference facilities in the other fully air-conditioned restaurant, and will also cater for cocktail receptions of up to 500 people.

from AKRAM SHEIKH

Mr Daly told COASTWEEK that A.T.&H. are also improving and increasing facilities at other units.

At the Mountain Lodge, luxury rooms, all self-contained complete with a Queen single bed, and mini-bars, will be in service by mid-December, bringing the bed capacity to 100 beds.

The A.T.&H. Group have also built a new 88 bed tented lodge at Sambu called Buffalo Springs Hotel.

AHMS promotes new holiday apartments.

ASSOCIATED HOTEL Management Services are expanding and have now added fully equipped and furnished holiday apartments to the four Coast hotels they manage.

reports

NETA PEAL

seriously planning to open tented camps in Tsavo East and Tsavo West.

Among the guests at Cowrie Shell Apartments was the Hon. R.S. Mwavumo, M.P. for Mombasa South.

Sir Wilfred Havelock, AHMS Chairman, took the opportunity to present Mr Mwavumo with a 1,000 shilling cheque, towards the cost of the new classrooms at the Star of the Sea Secondary School, Mombasa, which will enable the teaching of shorthand, typing and accountancy.

This Harambee gesture by Sir Wilfred was promptly followed by a guest at the party, Mr R. Desai, Managing Director of Amboseli Lodge, who also presented Mr Mwavumo with a 1,000-shilling cheque.



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Shipping news

Wheat ship's record stay

MOVING SEAWARDS on the afternoon of Monday, November 20, there was something missing on the horizon. This was quickly seen to be the absence of the 84,000 deadweight ton *Ypatia Halissi* which finally sailed on completion of her smooth transhipment operation involving 47,000 tons of American Wheat.

She has been outside the port for almost exactly two months and must surely hold the record for the longest stay of any fully worthy and operational vessel off port limits.

A vessel which, I understand, I not be due at Kilindini at the end of November is the 800 gross ton Pacific International Line (PIL) vessel *Kota Dewa* which has sunk after col-

with
JOHN WALTERS

about 47 vessels consisting, almost exclusively, of fleet units sold by well known owners engaged in liner trades.

The 7,000 ton Ellerman City vessel *m.v. City of Worcester* sailed out of Kilindini on the November 23 wearing her Ellerman livery for the last time.

She has loaded a full cargo of tea, coffee and cotton in Mombasa for Avonmouth and Liverpool. On completion of discharge she will be handed over to her new Greek Owners in the U.K.

Her sister ship, *m.v. City of Dundee*, now discharging ex Canada is also being sold and

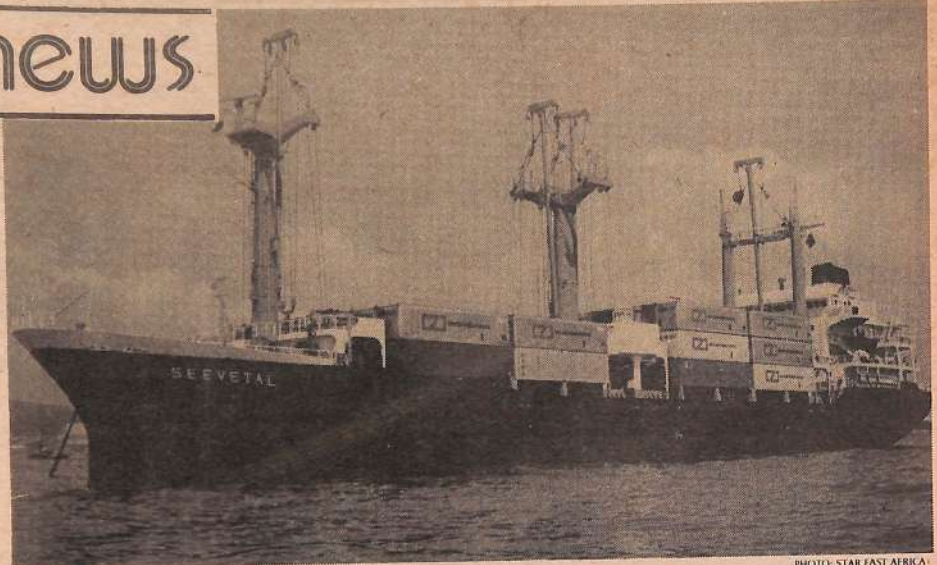


PHOTO: STAR EAST AFRICA

• **CONTAINER CARRIER** - Zim Line's specialised container freighter 'SEEVETAL' is pictured on her way to East African ports from her base at Eilat on the Red Sea. Making use of Israel's super efficient 'Kedem Land Bridge' the 5,700-ton cargo vessel can carry up to 260 twenty-ton containers in a high-

speed, regular and convenient service linking Mombasa and Dar es Salaam with European and Mediterranean ports. Zim Line's local agents, Star Shipping East Africa, were the first shipping agency organising the local container trade - and now also offer a regular service to West African ports.

FAR EAST

ing with another vessel in the Red Sea.

She was due to discharge cargo ex Far East and load a full tonnage.

Formerly the *Nedlloyd Kararum* (now *Kota Dewa*) to well the PIL fleet numbering



• Norwegian Shipping Academy's Rolv Thorkildsen and Kenya Shipping Agency's General Manager John Mvovi.

NORWAY HOSTS SHIPPING SEMINAR

PROPER TRAINING can save Kenyan enormous sums of money in the Shipping Agency business, Kenya Shipping Agency Chairman Mr Mohamed Jahazi has observed in Mombasa.

His comments follow from the current nine-day seminar for Shipping Agencies being hosted at Mombasa's Oceanic Hotel by the Norwegian Shipping Academy and arranged through the Kenya Shipping Agency.

Conducting the seminar is Mr Rolv Thorkildsen from Oslo. There are more than two dozen professional and managerial shipping personnel from the Kenya Ports Authority, local shipping agencies and other maritime concerns.

The seminar will be officially closed by the Norwegian Ambassador to Kenya.

handed over to her new Greek owners in Mombasa.

Indeed a sad occasion, but merely another instance of hard economic facts the Liner Operator is having to face to day. Both these vessels have given Ellermans 17/18 years of profitable trading.

The recent calls of the two cruise vessels *Eugenio C* and *Vistafjord* has highlighted the continued popularity of cruising. This is one section of shipping presently going from strength to strength.

One of the leading cruise operators is P & O Cruises, who have recently bought the 22,000 ton Swedish American liner *Kungsholm* to be renamed *Sea Princess*, and who also own the *Canberra*.

Mombasa moves molasses

from GEORGE SPENCE

THE EAST African Molasses Company Ltd. has followed its first export of 11,000 tons of bulk molasses in August by shipping out of its Mombasa bulk liquid depot last week-end two cargoes in two ships on two consecutive days, consigned to two different European destinations.

The company is an all-Kenyan enterprise registered last year and formed to earn the maximum foreign exchange earnings for the country from the export of molasses, a by-product of the rapidly-expanding sugar industry expected to reach a figure of 200,000 tons annually within the next three years, and in world-wide demand to fulfil which EAMC Ltd. is associated with the international operations of Schuurmans & Van Ginneken of Amsterdam.

At Mbaraki High Level on Mombasa Island the company has built an 18,000-ton-capacity reinforced concrete storage tank excavated in the coral, outside the main port area and overlooking the Kenya Ports Authority's Mbaraki Wharf.

Bulk molasses is brought in by road and rail tankers from sources throughout Kenya, rail



PHOTO: GEORGE SPENCE

• ABOVE: Molasses starts to flow into the 'Velevka' access built by the company's own siding at wharf level extended from the track serving the BPCC installation, and loaded into ocean-going vessels moored at the wharf through a 16-inch pipeline installed under the railway tracks and the BPCC hard standing storage area for bulk flourspar to terminate in a double gate valve on the quayside.

Thence the cargoes are loaded through a system of flexible hoses which, when necessary, can be extended over the decks of bulk carriers already moored at the wharf to load BPCC cement, cement clinker, or flourspar.

'24-HOURS'

Last week-end's consecutive molasses shipments were made into the 10,815-ton parcel tanker *Velevka* which berthed on Friday and sailed early on Saturday, and the 15,346-ton parcel tanker *Anco Enterprise* which replaced her at the wharf on Saturday afternoon and sailed at dawn the following day.

AUSTRALIA

P & O (U.K.) Overseas Sales Manager recently said the Company had achieved excellent growth in passengers and revenue with the level of advanced bookings for 1979 being 15 per cent greater than the corresponding period last year.

During 1978 P & O Cruises will have achieved a 'load factor' well in excess of 90 per cent with business higher than ever. P & O mainly base their Cruises out of U.K., Australia and the U.S. West Coast.

It is certainly refreshing to hear of a success story from one sector of a British Ship-owning Group amidst so many reports of struggles for survival

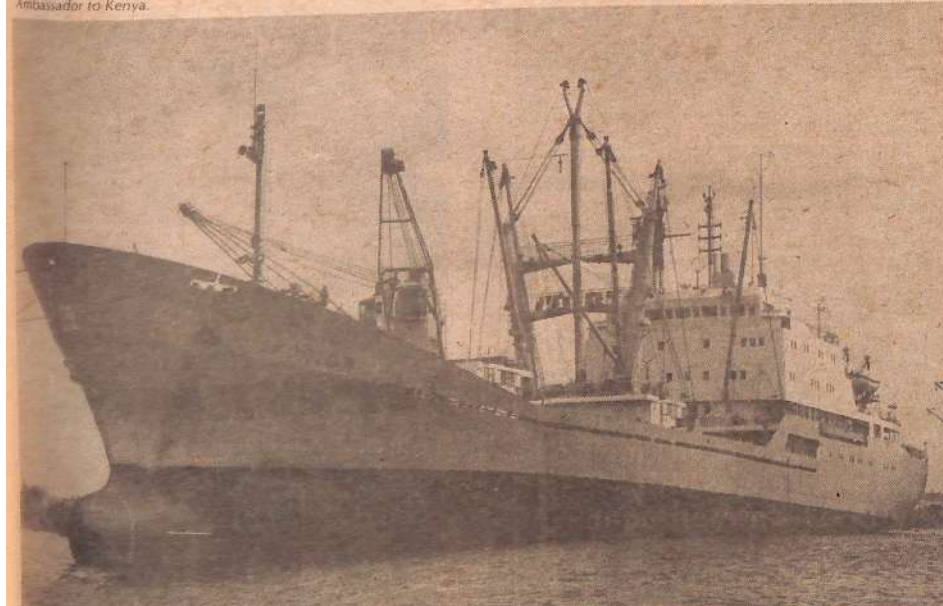


PHOTO: SARI NIGRA PATHI

• **REGULAR CALLER** - Polish Ocean Line's 6,600-ton freighter *Polonia* is pictured at anchor in the stream at Mombasa's Kilindini Harbour prior to loading general cargo. The sleek, modern

cargo ship was built in Poland and forms part of the regular P.O.L. service linking East Africa with U.K. and Continent ports. P.O.L.'s local agents are Messrs. Dodwell Shipping (Kenya).

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Telex 22235, Kencom House, Nairobi



Cordon Bleu du Saint Esprit

Dinner amical — anno 26th November 1978

• GRAND COUNCILLOR Peter Adams Ludaava pictured above escorting Local Government Minister Mr Robert Matano, who is also the ruling KANU Party Secretary General, to the gathering on his arrival. Looking on are visiting Cordon Bleu Knights from West Germany, including the Club President Mr Karl Heinz Steger.



• JOINING in the fun: [from left] Restaurateur Chris Seex, Grand Councillor and hotelier Peter Adams Ludaava, Acting Chairman and hotelier Kim Morby, Block Hotels Area General Manager Martin Thompson, and Tamarind Manager Martin Dunford

A night for Knights

THE Tamarind was the sparkling scene of the CORDON BLEU installation soiree during which five members were honoured with the ceremony of Knighthood.

PHOTOS:
COASTWEEK



• SHANKAR Electronics Akram Sheikh [left] is pictured with Whitesands Hotelier Galeb Farah and New Stanley Hotel executive Mr Trumba.



• THE LADIES enjoy the company of Mombasa executive Mr Ondato and a friend.



• ON THE SCENE - [from left] Anglo Danish Meat's Mr and Mrs Mohamed Hassanali, C.M.C.'s Peter Vaz, Nyali Beach Hotel's Kurt Vogel, and Mrs Vaz.

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HOW TO 'KICK' SMOKING

GIVING UP SMOKING is not too difficult, says David R. Syme, M.R.S.H., Director of the East African Temperance Society, who this week conducted a five day course to stop smoking at the Aga Khan Club.

This Anti-Smoking Clinic was arranged and organised by the Aga Khan Hospital's Health Committee as part of their 'Better Health For All' programme.

David Syme and his colleague, Jack Mahon are in charge of this Clinic and both have numerous years of experience in weaning people from smoking.

Jack Mahon, who is a clergyman, was the brains behind the Stop Smoking Campaign which he initiated 14 years ago by launching his 'Anti-smoking Clinic' in Regent Street, London.

ALCOHOL

His initiative drew tremendous response, and since then he has never had to look back.

He is a natural at dealing with young people, having done Youth Leadership personally for six years.

Jack Mahon has until recently been residing in Beirut, and is well-known among Muslims in the Middle East, where he has successfully organised the Clinics.

Jack is also the Executive

report by
AMYN ALIBHAI

Secretary of the International Commission for the Prevention of Alcoholism and Drug-Dependence, which is affiliated with the United Nations.

David Syme is a member of the Royal Society of Health, London and naturally, health education is his first interest.

David has trained as a male nurse, and has established the Nairobi office of the East African Temperance Society, from where he organises and runs several Clinics.

Apart from their Clinics, David and his team have organised many exhibitions on Health Care, and even have a stand at the Nairobi International Show.

As far as the Clinic arranged for the Aga Khan Hospital, Mombasa, is concerned David and Jack concentrate on a two-pronged education programme for the participants.

While David lays out the facts and figures (backed with films, slides and demonstrations) concerning the harm cau-



• DAVID SYME is pictured addressing the 'Anti-Smoking Campaign' at Mombasa's Aga Khan Club. Looking on [left to right] are H.H. Aga Khan Hospital Committee Vice Chairman Mr Aziz Mussa, the Hospital Committee Chairman Mr Sadru Abdulla, and Jack Mahon.

sed by smoking, Jack develops the psychological angle, he encourages the participants to give up smoking, and offers a lot of tips on how to go about it.

PROBLEMS

He also takes a personal interest in the problems the participants face in giving up smoking and backs up this interest with plenty of encouragement

and moral support. David and Jack are doing a wonderful job in bettering the health of smokers, and we would like to see more smokers 'kicking this habit' for good.

Coast people have a lot to learn from them, and arrangements for them to organise a Clinic is only a letter or a telephone call away.

They can be contacted at P.O. Box 42276, Telephone 566025, Nairobi for further information.

African arts, crafts and fashion

PEAL reports

A in Mombasa's Old Road is like Al-Cave with all kind-entertaining 'good' interest not only lists and local people to collectors as

emphasis is on African arts and fashionwear. Labeka has been given a suk like name with unique 'Afro' making full use of locally materials, and in a huge basin a fountain can be

Coast is famous for its hand-carved furniture, doors, much of which is at Lamu. Not so long ago looked as if this tradition was a dying thing - until a revival has taken and today they are attracting greater interest than

is in particular are their beauty, and many opening Lamu grill rooms five houses - using this five ethnic decor which longer a prerogative of the Giraama as well, but is being produced in the interest being ta-



PHOTO: NETA PEAL

• ALADDIN'S CAVE: The lavish interior display at LABEKA, showing some of the exotic brass-ware, and African wood-carvings.

LABEKA - a new Coast fashion centre

ken, that it has become a growing export industry.

At Labeka can be found beautifully carved antique door pieces, panels, furniture and chests, as well as reproductions covering not only furniture but jewellery as well.

There is a growing demand for antique Arab silver jewellery which has suddenly become 'top' fashionwear, and at Labeka one can also find not

only antique jewellery, but reproductions at a much cheaper price as well.

In the Lamu section of the gallery there are also the traditional side-blown Siwa horns used on important occasions such as weddings and circumcision ceremonies, as well as wooden bathroom sandals preventing skidding on wet floors!

There are also large traditional coconut graters - a very important piece of equipment in the kitchen for Swahili cuisine makes full use of the coconut for such delicious ethnic fare as kukupaka and other exotic dishes, which Coast hoteliers are now beginning to recognise.

capped people to become farmers.

In the boutique, fashionwear is by Tototo Home Industries Centre - a project of the National Christian Council of Kenya which is giving training and marketing facilities to over 300 people at the Coast by helping develop their handicraft skills.

Their unique 'Afro' fashions which are exclusive to Tototo are made in their Old Town workshop at Mombasa where training in dressmaking and tie-dye is given to many young girls to help them embark on a career.

Unusual sun hats can also be found at Labeka - made by a Maendeleo ya Wanawake

group at Shimoni who are also producing exclusive mats and bags. These enterprising women are just one of the groups benefiting by the facilities offered by Tototo.

RUANDA

There are a variety of rich brown banana fibre pictures and ornaments, also table mats, as well as some super 'mini' baskets from Ruanda - ideal for storing your earrings in! Other items of interest include Ethiopian bibles, camel bells from Somalia, leather milk pots and head-rests.

There are also traditional Tu-

rkania dolls and ebony slabs which can be used for a multitude of things, as well as a chopping board. These also make unusual ash trays.

Managing Director is Mr. Chumi Shah who has made Labeka (an Arabic word meaning 'at your service') the biggest and most interesting gallery at the Coast with emphasis on African arts and crafts, but as well some unusual Indian brassware - like ornamental chains for a ceiling swing - as used in palaces in India.

For those posting early Christmas parcels abroad, Labeka makes an interesting shopping place for some very unique gifts.



PHOTO: NETA PEAL

ABOVE: A selection of fine African earthenware.

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ETHIOPIA

In the art section there are some impact-making black and white graphics by Fabby, a well known photographer whose work has done much to promote tourism in several countries of Africa, including Ethiopia, Somalia and Kenya.

His bu-bui clad women at Lamu are very distinctive indeed. There are also oil paintings by Jack Katarikawe from Uganda, and interesting batiks by Robin Anderson from Gallery Watatu.

Collectors pieces include Vigungo - which are effigies of ancestors in the form of carved wooden poles - found around traditional home compounds of the Giraama

Soapstone ornaments from Uganda are most intriguing - like the hippo with a most beautiful expression on his face. There is also a selection of glazed and unglazed pottery from Kakamega among which are king-size tea and coffee cups, soup bowls with handles, and hanging pots for plants. Housewives will adore the oldie-style jars for flour and coffee which they make.

More items for collectors are Benin cast brass from West Africa which include some interesting heads - as well as a delightful item depicting the King of the Ashanti, Ghana going for a boat ride with his slaves.

GHANA

There are exotic masques from Ghana, and traditional head-dresses worn for ceremonial occasions from Karamoja, as well as some of their unusual steel combs.

A section is devoted to Bombolulu jewellery made by the first workshop for handicapped people to be established at the Coast which is producing unique 'Afro' jewellery from banana fibre and copper.

By buying this jewellery you are not only supporting a good cause, but helping in the expansion of Bombolulu Gardens - an horticultural project at Bamburi - which is helping handi-

LABEKA: Mombasas aussergewoehnliches Angebot enthaelt original Kunsthandwerk, etnische afrikanische Kunst, zeitgenoessische und antike afrikanische Bronzen, Kupfer - und Messingsachen. Ferner aethiopische Teppiche, altes Silber und Amber. Labeka ist Designer in Modischen Kleidern und Schmuck. Dazu finden Sie ausgesuchte Holzschnitzereien sowie traditionelle und moderne Handarbeiten.

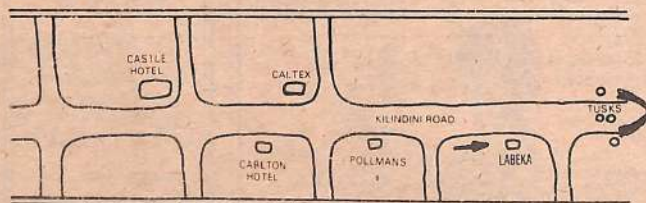
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Wir haben geoeffnet montags - freitags von 8.30 - 12.30 und von 14.30 bis 17.30. Samstags von 8.30 - 12.30 und von 15.00 17.30.

Labeka: Mombasa's gallery of African Art, Craft and Fashion.

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• PLAYING at the Reef [left to right] Bernard Pucheok, Kenneth Lucas, Ricky Rusteau, Tony Senkebeje, Tony Rusteau and Bruno Da Silva - still braving the storm and proving most music fans wrong!



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VIKINGS on the move

REPORTS that the Vikings are quitting Reef Hotel are nothing new, but the one currently circulating in town has an intriguing twist to it.

Of course, controversy has clung to the group since they landed back last April from a successful European tour, followed immediately by the departure of their two leading musicians, Emmy and Dala.

By then many voices had prophesied their doom but the group has so far managed to brave the storm and prove most of us wrong.

And now according to reliable sources the group is enroute to riches via a record-breaking contract to be signed soon with the African Safari Club.

It is understood that behind-the-scene negotiations have all along been taking place in the past two months between the band and the African Safari Club which incorporates a number of beach hotels along the Coastal line.

Now, should this 'dream' deal come off, then the Vikings will be rated as the most well-paid local band in town - and perhaps in Kenya.

SUCCESSFUL

The Vikings band has been performing at Reef Hotel since September 1975. They have travelled widely abroad on similar engagements and are still by far the most successful musicians from Coast Province.

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STARCAST THIS WEEK December 1 - 7, 1978

GEMINI KILIFI

SAGITARIUS [November 21-December 20]
 Another's financial problems will turn to your advantage. You should enjoy a pleasant time out of doors with some new transport and friends to visit to distant parts of the country. Your love life looks warm and happy. Early December is a good month for you.

CAPRICORN [December 21-January 20]
 Your determination to succeed should be tempered with caution. Take care not to tread on too many toes. The letter 'A' is significant to you this week. Your lucky day is Saturday.

AQUARIUS [January 21-February 20]
 There is some unpleasantness coming your way early this week. However towards the end of the week, you shall be lucky with romance and love-love could possibly fall in love. Be specially considerate to a new neighbour and you will gain as a result. Your lucky number is 9.

PISCES [February 21-March 20]
 A good time for acquiring new things, though you must be cautious if your finances are not as healthy as they should be. A gamble might pay off 5 is your lucky number.

ARIES [March 21-April 20]
 Now is the ideal time for a different kind of holiday. You will soon make contact with people who could be useful to you in the future. You will have to stand by your principals this week. Tuesday is a good day for you and 3 is your lucky number.

TAURUS [April 21-May 20]
 Family problems continue to be plentiful and solutions may be difficult to find. Finances can be improved with a creative project. Lucky day Wednesday.

GEMINI [May 21-June 20]
 A new opportunity for advancement may cause you more concern than joy. Asked for advice may not really be wanted. Difficult assignments make for an uneasy success this week. Do pay a favour with a good word of advice.

CANCER [June 21-July 20]
 Travelling this week will not be as much fun as you had expected due to changes of plans and schedules. A man or woman of considerable influence is most helpful. Surprise however lend the week excitement. Thursday is a good day for you.

LEO [July 21-August 20]
 A problem you have been putting off for some time will be easier to solve this week. Some careful speculation helps to make your financial situation look rosier. Your daily work will not be demanding. Lucky number 2.

VIRGO [August 21-September 20]
 You would do well to keep anger at arm's length. To give way to it this week could be too far too much. A little good luck is possible. Children will play a happy part in your week's affairs. Lucky day Monday.

LIBRA [September 21-October 20]
 A good time to tend to correspondence and to go out shopping. Your love life looks warm and happy. There could be some unexpected travel which will prove really exciting. Avoid getting into an argument with a close relative.

SCORPIO [October 21-November 20]
 There may be some disappointing news in the mail. Sort out routine matters and try to do some accounting. Domestic affairs run smoothly and negotiations are more than happy. Lucky day Tuesday and lucky number 8.

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BIRTHS

ALIBHAI - To Gulzar and Shiraz, first daughter, sister for Fayaz, on November 24, 1978 at Aga Khan Hospital.

HIRANI - To Hiraben and Jadavji, first child, a son on November 29, 1978 at Aga Khan Hospital.

INYINUBA - To Havelyn and Frederick, a daughter, on November 24, 1978 at Aga Khan Hospital.

NGAIRE - To Joyce and Peter, a daughter on November 23, 1978 at Aga Khan Hospital.

SHIEE - To Khadija and Swaleh a daughter on November 24, 1978 at Aga Khan Hospital.

MOHAMED - To Hadija and Said, a daughter on November 28, 1978 at Pandya Memorial Clinic.

KERA - To Gertrude and Johannes, a son on November 29, 1978 at Pandya Memorial Clinic.

ONYANGO - To Cecillia and Willis a son on November 25, 1978 at Pandya Memorial Clinic.

SULEMAN - To Nuru and Said, a son on November 28, 1978 at Pandya Memorial Clinic.

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DISTRICT GOVERNOR of Lions Club district 411, Mr. Haricharan Mangat was the guest of honour during a dinner party held in his honour by Lions Club of Mombasa, Pwani at the Nyali Beach Hotel. Mr Mangat is seen being presented with a gift by the zone chairman of Lions Club of Mombasa, Pwani Mr. Hemant Patel. Looking on is Mrs. Devani.



MOMBASA'S JAYCEES and Bahari Jaycees are co-operating with the department of Agriculture in their programme of Soil Erosion. Seen in the picture is Jaycee Ramesh Shah (Project Director) presenting a cheque for the planting of 10,000 trees to Mr. Pindi Tamana, District Agriculture Officer, Mombasa. This also coincides with the Kenya Jaycees National Project of **MORE TREES LESS DESERT** aimed at attempting to reduce erosion and desertification in Kenya.



THE ROTARY CLUB of Mombasa have celebrated the Rotary Foundation when Mr. Jayanti Rajani, a past chairman of the club and widely travelled Rotarian and businessman, talked about the foundation and explained what the movement has done for the society through out the world. Club's chairman Mr. Kishore Mehta described Mr. Rajani's talk as "extremely valuable". There was also a film show about the Rotary Foundation. Mr. Rajani is seen addressing the Rotarians while seated (left) is Mr. Mehta.



BRITISH COUNCIL representative in Mombasa Mr. Stan Moss is seen addressing the regular SKAL Club Luncheon hosted at Mombasa's Nyali Beach Hotel. Looking on is SKAL Club chairman Mr. John Byrne, and Mrs. Moss. During his talk Mr. Moss explained the aims and methods of the British Council in their work throughout Coast Province.

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PHOTO: PLANETA MOSCOW

• TOP - The Kremlin and the nearby 'Rossia Hotel', RIGHT - The Cathedral of St. Basil, built in the sixteenth century, and still in excellent condition.



PHOTO: PLANETA MOSCOW

MOSCOW

• A TOURIST TRAP: WITH A 'DIFFERENCE'

RECENTLY we enjoyed a very exciting holiday when we visited a variety of places in the Far East and our last stop before reaching London was Moscow.

We arrived at Sheremetyevo airport in Moscow just after mid-day and our difficulties getting in to Russia were unbelievable!

The Immigration Authorities could not understand why two British people should choose to come to Moscow via Kenya, Seychelles, Hongkong, Thailand, Dubai and Iraq... perhaps understandably so.

After a great deal of discussion between several Immigration Officers, they eventually let us in by which time I was beginning to have second thoughts about the whole visit.

We collected our luggage and went over to the girl at the Tourist desk. She spoke excellent English, arranged for a taxi to take us to our hotel and told us not to tip... it is forbidden in Russia.

The drive into the centre of town was completely unexpected. Perhaps it was because we had gone there expecting a drab country, efficiently run but dreary looking.

Instead, we found ourselves on a massive eight lane dual carriageway with flowering lilac trees lining the roads and everything sparkling cleanly in the hot sun.

For the first few miles we passed pretty and quiet Russian farmhouses and later, we approached the usual impersonal large blocks of flats and eventually, the city centre.

We had been booked into the Hotel Rossia which is a massive place with 4,000 rooms overlooking Red Square and the Kremlin. It is reported to be the largest hotel in the world and I can well believe it.

We were directed to one of the many reception areas where we had to give in our passports which gave us a distinctly uneasy feeling.

Everything in Russia, for the tourist at any rate, is run on the voucher system... vouchers for meals, vouchers for tourist trips, visits to the ballet.

The biggest problem there is the language barrier as virtually no English is spoken or understood and very little French.

However, we zoomed up in one of the hotel's ninety three cars to the 12th floor and found our room was clean and comfortable with taped music and a television set. After a quick wash, we set off to find a res-

taurant in the hotel to have lunch and here we met the second problem.

One can eat anywhere in Moscow as long as you are with a package tour but, as we were travelling on our own, we came up against this detestable word 'Group'.

Shamefacedly, we had to ad-

guide, thankfully, spoke excellent English.

First, we went to Red Square and saw the beautiful gold and green onion domes and fairy tale structure of the Cathedral of St. Basil the Blessed. The cathedral was built mid 16th century on the orders of Ivan the Terrible.

march into a restaurant as we were a 'Group'.

In the afternoon, the six of us decided to take a boat trip on the River Moskva where we hoped to take some lovely photographs from a different angle.

We had just set off from the quay when, down came the deluge, and we sat in wet misery

fashioned bee-hive and rather too much make up. The mini skirt is still in vogue and so the tourist stands out a mile with the longer skirts and natural hair style.

I cannot say the men left much impression on me at all as they were completely outshone by the colourful women but gold teeth were pretty popular with both sexes.

Next day, we went to the G.U.M. the State Universal Store which was enormously crowded and very expensive. From there we walked to Red Square and stood and looked around the vast Square with the walls surrounding the Kremlin and Lenin's Tomb in the centre of the raised steps which faces the square.

We then entered the Kremlin by the gate of the Tomb of the Unknown Soldier where the perpetual flame burns.

There were hundreds of Young Pioneers in their colourful uniforms (boys and girls between nine and fourteen years of age), paying homage to the Grave of the Unknown Soldier, each one saluting, laying a flower on the Tomb, saluting again and marching away to their bands of flutes and drums to join the three hour queue for Lenin's Tomb.

We walked round the Kremlin, regrettably without a guide but nevertheless it was most interesting. The Kremlin is shaped like an isosceles triangle and the buildings sit in lovely grounds filled with pine, oak and birch trees.

The Cathedral of the Annunciation with its magnificent frescoes, contains the chapel where all the Tsars were crow-

ned. In 1961 the New Palace was completed which houses the sessions of the Supreme Soviet.

There was a magnificent cannon which was mounted and had a plaque on it which appeared to be vastly admired by the Muscovites - we discovered later it was the 16th century 'Tsar Puchka' the largest cannon in the world, designed to fire cannon balls weighing 2 tons but in actual fact, it was never used.

On the way out of the Kremlin, once again via the original gate, we saw an incredible sight. There were almost a dozen wedding cars drawn up outside the gate and at first we assumed that the couples were just being married nearby. But no, all the couples, with the brides in traditional white gown and veil had come from their respective ceremonies to lay the brides bouquet in reverence to those who had died in the war.

'BEE-HIVE'

The following afternoon we were flying to London so, after completing our duty free shopping in the Hotel Shop, I had a shampoo at the hair-dressers and watched the girl closely so that I too, did not end up with a bee-hive!

We closed all accounts, collected our passports, taxied to the airport and flew to Heathrow.

Our sons were there to meet us and we had a jubilant family re-union celebrating with a big bottle of Russian champagne and, yes a large jar of caviar.

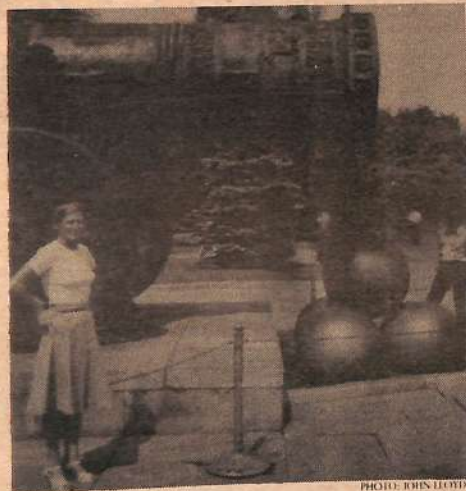


PHOTO: JOHN LLOYD

Mombasa's NOLA LLOYD who wrote this diary while on her trip to Russia, is seen with the 'Tsar Puchka' cannon in the Kremlin.

mit we were not members of a vast entourage and the inevitable but very firm *Niet* was pronounced with a dismissive wave of the arms.

It was eventually after 4p.m. when two weary hot people sat down at a table... we had been travelling since 3a.m. that morning.

According to the guide, on completion of the building of the Cathedral, Ivan the Terrible asked the architect if he could ever design as beautiful a building as this given the time and money. The architect, regrettably answered in the affirmative and so Ivan had his eyes plucked out.

We had a brief look at Red Square and the red walls of the Kremlin then back to the bus like dutiful tourists. We saw the lovely Bolshoi Theatre, Moscow Circus Theatre, Puppet Theatre, the monument to the great Alexander Pushkin and many other places.

One of the most impressive buildings we saw was the Lomonosov State University on Lenin Hills. It is an architectural delight set in the most beautiful grounds with massive trees, flowering shrubs and interspersed with fine fountains and sculpture.

The incredible thing is that this enormous university which follows the old Russian style of design, was built in three years, from 1956 to 1959.

During the bus tour we had joined forces with two Australian couples so, after two extraordinarily potent cocktails at the hotel, we were able to

for at least two hours gazing at the sheets of rain and bemoaning our ill luck as the trip would have been quite marvellous in dry weather.

We were supposed to go to the Puppet Theatre that evening but decided to opt out as we were too tired and cold and regrettably, the Bolshoi Ballet Company was on tour in Paris.

'PEROXIDED'

To digress a moment, I would like to give my impression of the Muscovite people: They certainly looked happy and cheerful, extremely industrious and were completely oblivious of the tourist.

The women were, in the main, buxom and heavily thighed with a tendency to go in for highly peroxidized hair in the old

"He answered in the affirmative ... and so IVAN had his eyes plucked out ..."

Russia is very definitely not the 'in' place for the gourmet. Indeed, apart from the caviar, the food is very tasteless and one cannot live on caviar alone.

Next morning, we took the 'Bus Tour of Moscow' and our

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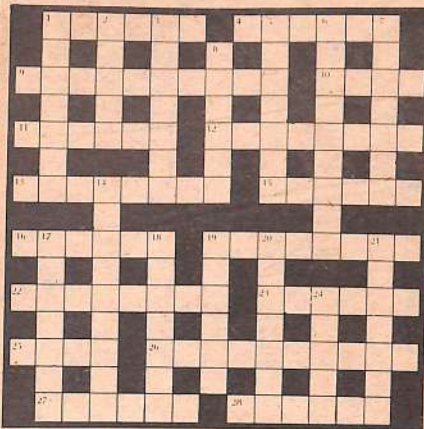
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CROSSWORD by LEON - NO. 4

Cash Prize Crossword

EACH WEEK COASTWEEK WILL OFFER A CASH PRIZE OF FIFTY SHILLINGS FOR THE FIRST CORRECT ENTRY DRAWN WITHIN TEN DAYS OF PUBLICATION. COMPLETED CROSSWORDS SHOULD BE MAILED TO:

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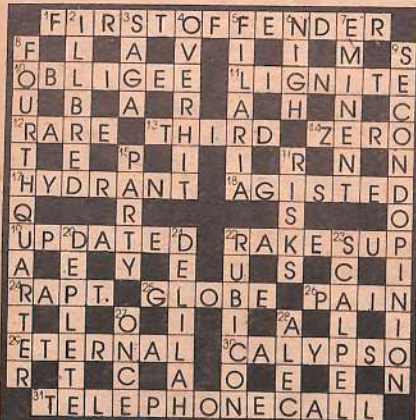
ACROSS:

- Pour tea without a company in 1 down [6]
- This, a mere trifle, 1 down 10 entertains in Mombasa [6]
- Noble equals take in the short right form and appear on stage in 1 down [10]
- Lethargic, lubber displays minor suit [4]
- A time lapse follows the good fellow into the wartime prison camp [6]
- Call south to Richard deprived of his firmness relative to the past [8]
- Rap Noel's newspaper rubric [8]
- Silver version of shell splinter [6]
- Theologian in Muscat's partner is not even male [3,3]
- Cattle worriers wander to disturbed files [8]
- Cover two points before Che swallows the lot [8]
- My co-ed is all for fun in 1 down [6]
- Balanced in the ventriloquists dummy [4]
- My faun is notoriously confused with soil [10]
- Relatives mix ice in three-quarters [6]
- European Common Market initially taken in to fly like a white cloud [6]

DOWN:

- Showplace reconstructed at three [7]
- Carcass waste away to a novice [5]
- Golfing standard on an upward peg creates a model of excellence [7]
- Its northern little sister indeed maintains emphatically [7]
- Love etc. upset in trial membrane of ear [9]
- Learned French street tied differently [7]
- House of God could be the Roman fifty [6]
- The outward appearance of new balm in a reconstructed scene [9]
- 24, 1 down in Nairobi has a Spanish nobleman embracing a star and a very confused E. Lamu [7,5]
- Chemical sounds as if the period of darkness is perfect [7]
- The General Service Units surrounds the little fellow, becomes upset and involves itself in medieval papal politics [6]
- One hundred and I am involved in a deal based on tens [7]
- Final show in 1 down closes the bridge hand [3,4]

• APOLOGY - from Red Setter in male onager [4]; in crossword no.3 not only did he get his hundreds and thousands mixed in 22 across, but the clue for 21 down [wily without threesome without compassion] was omitted altogether.



CROSSWORD no.2 drew entries from Lamu, Malindi and Mombasa, but it was up-country reader GEOFFREY INNES, P.O. Box 30001, NAIROBI, whose correct entry was drawn first. A cheque is on its way under registered post!

PENALISING SLOW PLAY

THERE have been a couple of instances lately where slow players have been penalised, and a few more penalties like this might have the salutary effect of speeding up play to everyone's benefit.

The unfortunate thing about it all is that the worst offenders are often totally oblivious of the fact that they are slow, and are most surprised when told, even to the point of not believing this fact.

As a rough guide most reasonable players should be able to complete 18 holes in the following times:-

- 2 ball - 2 1/2 hours
- 3 ball - 3 hours
- 4 ball - 3 1/2 hours

In practice, most 3 ball medal rounds at the Coast take up to 4 hours, indicating a general tendency to lethargy. It is always very frustrating to follow a group, and have to wait before playing every shot, and this happens fairly frequently.

The main causes of slow play, and most of us are affected by one if not all are:-

- Dawdling between shots
- Waiting for your turn to play, before selecting the club you want to use, instead of having it ready for your shot
- Taking too many practise swings before each shot - very seldom are these of any help as they are merely habits, and are not taken in the way the final shot is played anyway
- Waiting on the wrong side

JUDO CLUB

MOMBASA Karate Clubs are to form a provincial association for Coast Karatekas, reports Peter Kamau Mbugua.

A draft constitution is being prepared for a meeting to be held this evening at the Mombasa Judo Club, Jubilee Insurance Building, Mombasa.

from CENTI KUMI

of the green until your turn, and then moving to your ball, instead of going straight there.

• Waiting for your turn to putt before asking for the putter
If your group loses a complete hole on the ones in front, then it is up to you to let the following players through - got wait till you are asked! Any one player of a group can wave the following players through. It doesn't have to be by mutual consent. (And after waving them through, try and keep up with them.)

I once played in the final of a Match Play competition at Royal Nairobi Golf Club, when we took only 63 minutes for the 1st 9, so it can be done even when there is a lot at stake!

I hope we can look forward to some quicker rounds in future.

In the recently played Ladies knockout competition at Mombasa Golf Club, Mrs. C. Bellcardi beat Mrs. C. Drake by 3 and 2 in the final.

Next Tuesday 5th December, Mombasa Golf Club have organised a Gala Dinner Dance at Nyali Beach Hotel Karibu Room, and International Star. Peter Brent will be coming from the Bacchus Club to entertain us. Proceeds are in aid of development and tickets are available through Nyali Beach Hotel at Shs. 250/- each.

This is an ideal chance to entertain your best customers on expense accounts, to a good cause.

SNOOKER CHAMP

MOHAMED RAJAN is pictured at the Mombasa Club, scene of his recent triumph when he gave a superb display of 'precision potting' to take the Club Handicap title.



Competitive Cricket

ALTHOUGH the Sunday league has been abandoned, cricket continues to flourish at Mombasa in the form of friendly matches. Recent Saturday games at Mombasa Sports Club have produced good competitive cricket of a high standard, enjoyed by both players and spectators. This, of course, is how cricket should be played.

Last Saturday, a strong 'Tea Exporters Invitation XI' beat M.S.C. by 4 wickets, with 2 over to spare. M.S.C. batted first and compiled 146 runs, being all out on the last ball of the allotted 30 overs. Highlights of the innings were a good 48 runs by Nipoon Patel, including 6 fours and 36 by Kirti Doshi. Of the eight bowlers, tried, Riaz Fazal was the most successful, taking 3 for 19.

The Tea Exporters lost 3 wickets for 35, but brothers Riaz Fazal(41) and Nizar Fazal (21) improved the position. However when the score reached 91 for 6, it was still anyone's game. At this stage, Alhusein Badi (38n.o.) joined Tommy Gulamabbas (22 n.o.) and they speeded up the run rate to win in the 28th over. Ranjit Vaghela followed up his 6 wickets the previous week by taking 4 for 47 in 10 overs.

Scores:- M.S.C. 146 all out, Tea Exporters 150 for 6 wickets

WINNING MOTOR RALLIES

from

JOHN GARDINER

A NAME that appears high on the list of finishers for most rallies these days is that of Mike Kirkland.

Mike was born in Kenya, educated at the Duke of York School, Nairobi, and worked for many years with Archers Tours. Three years ago he started his own business, Coast Car Hire in Ambalal House.

His interests in motor sport were originally confined to motor cycles, and he rode in Kenya's first scramble. He took part in numerous events in Nairobi and Kampala, winning the East African Motorcycle Championship in 1969.

He then switched to rallying, his first car being a Datsun 1600SSS that had been declared a write-off before being rebuilt.

His first event was the Rift Valley Rally now known as the Sanyo 2000, in which he finished in sixth place. He remembers this rally particularly as Jolinger started last (this was in the days of a ballot to determine the start order) and finished first on points and on the road; a very sound argument against those who feel that the seeding system is vital.

'SAFARI'

Mike's second rally was the 1970 Safari (nothing like jumping in at the deep end!), and he finished seventh overall. He recalls a rather hairy moment in this rally. His navigator, John Rose, had taken over the wheel for the long section on the Mombasa-Nairobi road, which required an average speed of 160 km/hour. Mike noticed they were being over-flown by Jerry Shirley's light aircraft. He pointed to the plane. John leaned over to look and steered off the tarmac. They came back on again after a short detour but Mike reckons the car crossed the drainage ditch twice. That's the time when a rally car needs an air-freshener built into the



PHOTO: MOMBASA MOTOR SPORTS CLUB

• MIKE KIRKLAND - leading Coast Rally driver

air vent system. His Safari record since then includes 9th in 1971, 10th in 1972 and 11th in 1973 - an obvious case of diminishing returns.

Over the years he has teamed up with a variety of navigators including Paulo Coniglio, Roger Barnard, Mike Doughty, Chris Bates and Shekhar Mehta. He admitted a preference to the seat with a wheel to hang on to, even though he navigated for Marcello Biondi in the 1974 Malindi Rally. This subscribes to the theory that navigators are just unemployed drivers.

His record for 1978 is impressive. 2nd in the Kenya 2000, the West Kenya and the Karibuni; 3rd in the Coca-Cola and the A.S.A. rallies. He didn't enter the Coast 800 in August, which several people feel could have been his rally.

At the moment he lies second in the Club Rally Championship and third in the Kenya National Rally Championship.

proved that they can cope with the high speeds that are necessary in rallying today. Things happen fast at 100k.p.h. and he needs a navigator who can pick out the information that the driver really needs.

Before a rally, he and the navigator, spend a couple of hours going over the entire car, deciding who does what at controls and when a tyre goes flat. Considering the amount of space in a rally car, and that the Safari lasts for four days, there must be a very positive meshing of personalities.

'RABBITS'

Apart from the custody of the route notes and the vital route card, the navigator operates the foot pedals for the windscreen wipers and washers, the horn and keeps an eye on the oil pressure warning light.

Mike is of the opinion that the importance of the navigator is very much underestimated, and not enough publicity is given to the second person of the team, that the general public believe he is merely a glorified turn-boy, a passenger until the car gets stuck in the mud or a wheel needs changing.

When asked for any complaints about fellow competitors, Mike had a lot to say about the driver who won't pull over to let a faster car through. If there is no response to a minor or full of lights, the only solution is a firm nudge in the boot.

He would like to see the present seeding system for determining start order limited to the Safari, in other rallies, let everyone have an equal chance to have the coveted number one on the door.

Asked about having top drivers mixed up with the 'rabbits', he said they would soon sort themselves out into a natural order and he agrees with the theory that the newcomers would learn a lot by seeing the big boys in action.

Amibitions? To get within the first five finishers in the Safari Rally. He denies any part in the attempt to get an Australian firm to offer Rob Collings a job!

'MESHING'

When asked about the negotiations before driver and navigator get into the same car, he says he limits his choice to people who have already made a name for themselves and have



NGOME - aiming for the cup

by **KHILADI HOSHIARPURIA**

A GROUP of football enthusiasts living near the Fort Jesus assembled together one day in 1963 and formed Bismarck Football Club.

The club still exists but it is not known by its original name as in 1969 it was given a typical local name, Ngome, which in Swahili means 'Fort'.

Today Ngome is one of the leading football clubs in Mombasa and it boasts of a very lively young outfit. The team has a lot of spirit and plays with one voice, the qualities most essential for any match-winning sports combination.

Ngome started playing in division three and moved into division two after two years.

They spent four years in division two before moving to division one in 1969.

Ngome had mixed fortunes for seven years but in 1976 they created a havoc by running off with almost all the local trophies played in Mombasa. They lifted the Mombasa League

Championship title, B.A.T. Cup, Jamhuri Cup, Saba Saba Cup and the Coast Provincial League title. It was a great year for Ngome and according to their chairman, Swaleh Taib, "a cherished memory which we shall never forget."

Today Ngome play in division Two National League, Coast Zone. They are doing pretty well and have fairly good hope of clinching the title. However if they want to keep a firm grip in this event they should not take things lightly as they have tended to do lately. They have already paid dearly by losing a couple of easy matches.

Ngome have played seven matches. They have won four, drawn one and lost two. They have scored 14 goals and conceded eight to earn nine points.

AMBITION

Ngome is coached by Jabben Hassan while Said Antar is the team manager.

Taib told the COASTWEEK that they had a lot of plans to develop their team but "foremost our main ambition is to get a place in the super league."

Ngome have quite a big following as besides playing football a number of their players are actively engaged in playing music for top bands at the Coast.

Ngome have produced a number of promising players, among them Abdalla Garzele, a former Kenya cap and currently staying in the Middle East, Khalif Salim, who is also in the Middle East these days, and Mbaruk Mohamed.

Taib has praised the COASTWEEK for giving the local clubs a big boost and has called upon the Coast sports lovers to give the newspaper all the moral support so that it could continue serving their interest vigorously.

"Keep it up COASTWEEK. We are all behind you..." he concluded.

The picture shows the present Ngome line-up with Taib seated on the extreme right.



PHOTO: SARINDRA PATEL

COLIN ACLAE won the 70km Coast Cycling Association, final selection race held in Mombasa over the weekend, to select the team for the Inter-provincial cycling championships to be held in Kisumu during the Jamhuri day celebrations.

Colin who is also the Captain of the Coast Cycling team, was followed home by Raymond Sonon, Edward Kuria and Leslie Aglae who finished in this order behind him.

During the whole race the blue vest of Colin was at the head of the string of cyclist, forcing the pace up and testing the legs of the competition. Phillip Andray was forced to drop out due to a crash in the race, but was also selected in the Coast team as he is also one of the leading cyclists.

LEAGUE TABLES

Coast Province Division I

	P	W	D	L	F	A	PTS.
Ramogi 'B'	8	5	2	1	10	4	12
Transocean	7	3	4	0	12	3	10
Congo Boys	6	3	2	1	11	6	8
Wanderers	7	3	2	2	12	9	8
Bukusu	6	3	1	2	10	5	7
Hotspurs	7	2	3	2	11	11	7
Dundee	8	2	3	3	8	8	7
Nyanza	6	2	2	2	5	5	6
Young Elgon	7	2	1	4	7	15	5
Covenant	8	1	2	5	11	23	4
Young Africans	6	0	2	4	5	11	2

Coast Province Division II

Samia	10	7	1	2	12	4	15
Taita/Taveta	10	7	0	3	23	7	14
Kenya Navy	9	7	0	2	17	9	14
Tudor United	7	5	0	2	14	6	10
Black Panther 'B'	7	4	1	2	11	5	9
Liverstars	7	4	1	2	11	6	9
Post Office	5	3	1	1	11	4	7
Kitete	8	3	1	4	10	10	7
Simbi Nyaima	6	2	1	3	7	12	5
Spaki	7	2	0	5	7	9	4
Coast	7	2	0	5	4	14	4
M.O.W.	8	2	0	6	4	17	4
Tom Mboya	12	0	0	12	0	30	0

Coast Province Division III

Ngome	7	4	3	0	11	4	11
Kiziwi Leopards	8	5	1	2	13	6	11
Kongoweya	6	4	2	0	9	2	11
Bantu Warriors	8	3	2	3	12	6	8
Sunrise	9	2	4	3	8	6	8
Majengo Heroes	6	3	2	1	9	7	8
Feisal	9	1	6	2	7	9	8
Kambe	6	3	1	2	13	4	7
Nyundo	7	1	4	2	6	7	6
Chelsea	7	3	0	4	8	11	6
Coast Stima	5	2	1	2	5	3	5
Burnley	7	0	4	3	5	13	4
Wananyuki	2	1	1	0	2	1	3
Black Dragons	6	0	0	6	0	23	0

K.F.L. (Division II) Coast

Feisal	9	6	1	2	23	6	13
Black Panther	6	4	2	0	13	9	10
Nyota	7	5	0	2	13	9	10
Ngome	7	4	1	2	14	8	9
Burnley	6	3	2	1	8	6	8
Wananyuki	5	3	1	1	11	4	7
Nyundo	6	3	1	2	9	6	7
Western Stars	4	3	0	1	14	4	6
Digo United	6	2	2	2	10	9	6
Kenya Breweries	7	2	2	3	7	7	6
Majengo Heroes	6	2	2	2	7	8	6
Baobab	7	2	2	3	10	15	6
Youth Olympic	7	2	1	4	10	15	5
Kongoweya	7	2	0	5	9	13	4
Mende	7	1	1	5	7	25	3
Chelsea	6	1	0	5	6	18	2
Champion	5	0	0	5	0	10	0

M.S.C. in comfortable win over NOOR ISLAM

Mombasa Sports Club 5-3 Noor Islam

THE irrepressible M.S.C. would easily be credited with all eight of the goals scored. After storming to a 5-0 lead they proceeded to concede a penalty and then twice to deliver the ball generously to opponents standing in front of their open goal.

The partisan crowd, having been silenced by M.S.C.'s superiority, came to life in the final minutes as salvation seemed imminent. Unfortunately for them time ran out long before M.S.C.'s generosity but Noor Islam could nevertheless leave the pitch with some respectability.

As Collins, Ross and Smith gained complete midfield supremacy M.S.C. mounted attack after attack and shots rained in on Islam's goal.

It was not long before Rosteau's speed left the defence helpless, and the goal free, for a simple tap in.

Durston increased the lead with a header from McAdam's corner, and then Ross powered through with a series of short passes and his neat goal gave M.S.C. a 3-0 half-time lead.

from JOHN DURSTON

The second half started in much the same fashion and Rosteau scored the fourth as he again outpaced the defence and rounded the keeper.

Durston's second, and M.S.C.'s fifth, followed soon after when Islam's keeper dropped a Collins' free kick at his feet and the stage was set for an M.S.C. walkover.

It did not happen, and as Noor Islam marvelled at the way they were helped back into the game they could easily be forgiven for thinking that Christmas had arrived early.

M.S.C. Woodhams, Halwenge, Warshaw, Rajan, Juma, Ross, Collins, Smith, D'Silva, Durston, Rosteau, McAdam (sub.)

SONGEA STADIUM

from TONY BARROS in Dar es Salaam

THE NEW multi-purpose Maji Maji stadium in Songea, in Southern Tanzania is to be temporarily closed to pave the way for the construction of an eight-lane running track.

Trenches for the drainage system have been dug around the football pitch and the track is expected to be ready at the end of the year.

RADIO Tanzania have made a greater contribution to the

development of sports in the country by introducing a new five minute programme, on sports education. It will touch on the rules, skills and organisation of games.

This programme which stems from requests from the Directorate of Sports and Youth will begin with football covering all aspects of the game. Later the programme will switch to other games.

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PHOTO: COASTWEEK

• **RUNNER-UP Amir Nurmohamed is pictured putting on the pressure in the final's closing stages.**

RIAZ BHANJI WINS BADMINTON CUP

The H.H. AGA KHAN Club Closed Badminton Tournament in Mombasa was convincingly won by Riaz Bhanji, who beat challenger Amir Nurmohamed in two straight frames to take the Men's singles title 18-17, and 15-6.

Other results: Sadrudin Kanji and S. Chotali beat Zul Jamal and Diamond Manji by two straight frames. Jumbles Doubles - Abdul Baradia and Diamond Manji beat Sadrudin Kanji and Alnoor Jonah. Ladies Singles - Shamim Nurmohamed beat Fatimah. Ladies Doubles - Shamim Nurmohamed and Narmim Jivan beat Mrs. G. Somji and Shenaz Shariff. Mixed Doubles - Shamim Nurmohamed and S. Shah beat Riaz Bhanji and Narmim Jivan.

SEYCHELLES FISHING TOURNEY

THE Seychelles M.C.A. (Marine Charter Association) will host their 7th Annual Game Fishing Competition over this weekend, December 2-3.

Boats can clock in to weigh their fish on December 2 at Victoria [Mahe], Praslin, Bird, Denis, Fregate and Platte islands.

COASTWEEK Correspondent

On December 3 all boats will have to clock in at Victoria before 10.00 p.m.

There are two categories of fishing permitted - Bottom [handline] and I.G.F.A. controlled trolling for Game Fish. Prizes will be given for both

the total weight and individual weight of catches - and good fishing is predicted as the sea is favourable and the billfish are running.

More than 20 boats are expected, each fishing four rods. Seychelles President Albert Rene [himself a keen sport fisherman] has also donated a handsome cup for the largest sailfish - and it is possible he may well enter the tournament.

TIDES

MOMBASA, Dec. 1-7, 1978

TODAY:

High Water - 3.8 metres at 04.33 hours and 3.2 metres at 17.01 hours.
Low Water - 0.1 metres at 10.51 hours and 0.3 metres at 22.48 hours.

TOMORROW:

High Water - 3.8 metres at 05.11 hours and 3.2 metres at 17.40 hours.
Low Water - 0.1 metres at 11.29 hours and 0.3 metres at 23.26 hours.

SUNDAY:

High Water - 3.8 metres at 05.50 hours and 3.2 metres at 18.21 hours.
Low Water - 0.3 metres at 23.26 hours and 0.1 metres at 12.08 hours.

MONDAY:

High Water - 3.6 metres at 06.32 hours and 3.1 metres at 19.06 hours.
Low Water - 0.4 metres at 00.08 hours and 0.3 metres at 12.50 hours.

TUESDAY:

High Water - 3.4 metres at 07.19 hours and 2.9 metres at 19.58 hours.
Low Water - 0.6 metres at 00.55 hours and 0.4 metres at 13.37 hours.

WEDNESDAY:

High Water - 3.1 metres at 08.12 hours and 2.8 metres at 20.58 hours.
Low Water - 0.8 metres at 01.49 hours and 0.6 metres at 14.30 hours.

THURSDAY:

High Water - 2.8 metres at 09.17 hours and 2.8 metres at 22.13 hours.
Low Water - 1.0 metres at 02.57 hours and 0.8 metres at 15.36 hours.

ATHLETES IMPRESS AT BAMBURI MEET:

'INCREDIBLE HIGH JUMP STANDARD'

COAST ATHLETES performed admirably both at home and upcountry in the final stages of the 1978 athletic track and field season over the weekend.

TONY LETT reports

The local meeting was a triangular match between Bamburi Cement Company [hosts], Kenya Asbestos Cement Company and the East African Portland Cement Company, which together made quite a concrete mixture!

Light heartedness was the essence of the programme, which was half social, half serious.

The track was too rough to expect any records to be broken, but outstanding performances were produced by the band who played consistently, and the high jumpers who set an incredible winning height of 1.92 metres. Statistically this latter performer would have been

classified in the top dozen, had he lived in Scotland.

Meanwhile at the Kenyan Games in Nairobi, Alex Lelani of Cargo Handling Co. had a well deserved win over 10,000m in 31 min. 8.5 secs, and Joshua Limo won the long jump and discus and completed the winning 4x100 relay team for Cargo.

It was a Coast clean sweep in the women's javelin with Eunice Nekisa 47.24m and Evelyn Atieno 30.53m taking first and second.

Many other Coast athletes took part, and performed admirably, but the full results were not available as we went to press.



PHOTO: NETA PEAL

• **RALPH COOPER** is seen with the Nyali Beach Hotel trophy and the 'mini'-fridge he won at the Nyali Golf and Country Club over the weekend. Presenting the prizes was Block Hotels Area General Manager Mr Martin Thompson [right].

Mombasa golfers in top condition

from NETA PEAL at the Clubhouse.

'PRACTICAL' prizes such as electric clocks, shavers, blending and coffee machines - also Polaroid cameras - charmed the hearts of winning players in the one day golf competition held at Nyali Golf & Country Club on Saturday.

The competition, sponsored by Nyali Beach Hotel, was won by Ralph Cooper, a lecturer at the Mombasa Polytechnic, who played extremely well scoring 40 points - which is quite exceptional.

His prize was a 'mini' fridge, as well as the Nyali Beach Hotel trophy - a silver rose bowl - which later became a drinking vessel for champagne!

The hotel is one of the club's biggest supporters and since 1973 has been sponsoring annual competitions there, which this year attracted a very big entry of 78 players. It also provided a sumptuous tea, with lots of cream cakes to eat.

Block Hotels sponsor 1979 tourney

Mr. Martin Thompson, area general manager, Block Hotels, raised a cheer when he offered to sponsor the competition again in 1979. He also thanked the club for allowing hotel guests to use its facilities, including tennis and squash courts, during the year.

In the competition, 'two clubs' were scored by Norman Bell, Noel Clarke, Ken Eggleton, John Jewel, while Mahendra Shah collected a 'double' two clubs.

Other prizewinners were: Best Man - Pierre Louis (37 points) after a countback with Mahendra Shah; Best Lady - Frances Cook (36); Runner up - Alois Thompson (34); Best First Nine - Keith Trayner (20); Best Second Nine - Surjeet Grewal (19).

National Athletic coaches for Tanzania

DAR ES SALAAM, Thursday

TANZANIA may secure the services of two professional coaches - in athletics and badminton - if recommendations by the two national associations are sanctioned by the Ministry of National Culture and Youth.

Tanzania has been without a professional athletic coach since 1972 when a Korean coach left the country after the expiry of his contract.

However recent criticisms by the world's 1,500 metre record holder, Filbert Bayi on poor preparations for the 1980 Olympics and frequent reminders by the Athletics Association have

prompted the Ministry to take action.

The Chinese Badminton Federation is prepared to supply Tanzania with a coach within two months following negotiations between the Secretary of the Tanzania Badminton Association, Willibard Kente and his Chinese counterparts in Bangkok during the recent World Cup Championships.

And Tanzania's 5,000 metre national athlete, Ibrahim Juma Kivina will be the second Tanzanian to study physical education at an American University.

Kivina who is completing his Form VII in Bukoba is to depart at the first of next January.

Miaya Nyambui - a medalist in the recent All Africa Games in Algiers is studying at El Paso University.

Renovation work on Tanzania's national stadium in Dar es Salaam has finally taken off with the first phase work expected to be completed in mid-December at a cost of more than shs. 367,000.

With 'dilly-dallying' between Dar Simba and Dar Pan African and the Football Association's soccer fans are awaiting the Association's fate this week.

AFRICA CUP

Dar Simba and the country's representatives in the Africa Cup Club Championships and Dar Pan African are 30 participants in the Africa Cup Women's Cup. Lists of players of both teams must be submitted to the Football Association of Tanzania to the African Football Confederation headquarters in Cairo by November 30, 1978.

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