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G.P.O. REGISTERED NEWSPAPER

Coastweek

Issue No. 2750 December 10 - 16, 2004.

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SEASONS GREETINGS ... FROM OPTICA MOMBASA
There are some very special festive offers from *Optica* next to the new BATA shop on Mombasa's Moi Avenue for they come accompanied with beautiful *Luminarc* gifts for purchases made between December 10-24, plus a free computerised eye examination.
Also for this festive season *Optica* has many, new, exclusive arrivals to choose from!
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Recently refurbished Sun 'N Sand beach resort, situated on the Kenya North Coast along the famous Kikambala Beach, has been officially awarded the most prestigious and highly coveted 'Five Star' status by the Hotels And Restaurants Authority Of Kenya. Resorts General Manager Andimlileh Makumbi is seen holding the new plaque high up soon after receiving it from Assistant Minister Of Tourism And Wildlife Hon. Boniface Mghanga.

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Craft Fair Raises Over Ksh 400,000/- For Coast Charity

The Craft Fair held recently on the 13th and 14th of November at Whitesands hotel was fantastically successful for all concerned.

The some 60 exhibitors who came from all parts of Kenya to exhibit their crafts and wares from all around Africa and Asia saw record numbers of visitors passing through the doors over the two days.

The variety of gifts and craft was astounding and prices ranged for the modest to the 'wow!' but something to suit everyone's pocket.

Inside the conference suite besides the myriad of stalls with glass wear, swim wear, dolls, carved chests, liqueurs, trays, beads and so much more, there was also on offer, delicious cakes made by Libba.

This stall was very popular with those with a sweet tooth.

There was a Christmas Grotto, complete with Santa's elves who were on hand to assist with the Lucky Dip.

Santa himself popped in to make sure things were going well and to give out sweets to the children.

Outside on the lawns, there were many more stalls.

There was also childrens entertainment provided, by the Whitesands Animation team, there was a bouncy castle, face painting, a coconut shy, henna and music was beautifully provided by the very talented Marc Vanderbildt on the keyboard and whose repertoire of music is endless.

'Many Thanks' Go To Mohamed Hersi

Other activities were Name the Bear and of course a fantastic raffle.

Two well know local charities pilot the Craft Fair, Kenya Society for the Protection and Care of Animals (KSPCA) and Assist achild to School (ACTS), both of these charities do a tremendous amount of work in the local communities and are internationally renowned for their success areas of Animal Welfare and Childrens Education programmes.

Over Ksh. 400, 000 was

raised during the two day exhibition and this will be split equally between the two charities.

Many thanks go to Mohamed Hersi and the Whitesands team for once again providing such a tremendous venue and assistance.

To all the exhibitors, and those who helped on the day, particularly to Sally Misbah who takes on the task of managing the table layouts for the exhibition: this is a thankless task but one on

which everything at the exhibition hinges. Thank you all



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Bull's Fest 18th December

A Whole Bull will be slaughtered and Roasted at **The Bull's Bazaar Site**, a lot of Bull's Friends like Chicken, Sausages, Bull Burger will also be available
Entertainment every hour in different Style starting from 11.00am until Lala Salama!

- ◇ Hair Design Competition
- ◇ Traditional Dancers
- ◇ Snake & Bird Show
- ◇ A Dance Show
- ◇ Puppet Dance
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- ◇ Musicians
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Big Boost For Lions Centre



Lion Kanubhai (third right) is seen handing over his cheque of K. Shs 200,000/- to Lion Chairman Mahendra C. Shah (next to him) with other members of the Board with the Region Chairman.

Lions Club Of Mombasa Pwani Host A Mammoth Charity Walk

ore than K. Shs. 1,300,000/= has been raised for the Lions Centre, Mombasa. This followed the Lions Club of Mombasa Pwani organizing a mammoth Charity Walk under the convenorship of Lion Bhadresh Shah.

Lions Centre is situated in the middle of the city and is well known for the service to the needy.

Now the Club is adding an Optical Workshop and Show Room whereby needy patients will be dispensed glasses at a very minimal cost.

The Fund Raising Walk was a great success.

The flag off was done by Lion Hon. Ramadhan Kajembe. Lion Kanubhai Babla who personally donated K. Shs 200,000/= towards this project.

Governor Mohamed Abdalla Visiting Coast Rotary Clubs

Coast Rotary Clubs celebrated a joint Rotary foundation night at the Whitesands Hotel Mombasa on Saturday 20th November.

The function was attended by District Governor Mohamed Abdalla, Past District Governors Amu Shah and Hatim Karimjee from Tanzania, Sam Owori from Uganda and Yumi Kadrawala, Abdul Samji, Amin Merali, Vijay Talwar and Dr Varinder Singh Sur from Kenya.

The District Governor elect Abdulhamid Aboo was also present.

The function was attended by over 150 Rotarians and guests.

The highlights were the presentations of Paul Harris fellow honour to Mrs. Memuna Aboo, Mrs. Rosemary Okello and to Mrs. Joan Smith.

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A Crooked Cop Wants His Cut Even Before The Deal Is Done

THE TWO Sanjays - Gupta and Dutt - have been close buddies for a long time and have given some very big hits like *Aatish* and *Kaante*.

All of Gupta's films deal with the harsh realities of the underworld, leaving out all the gloss and glamour concentrating on the gory details of lives spinning out of control wallowing in sex, murder, larceny, slavery.

In *Musafir*, which opens at the NYALI CINEMAX this week simultaneously with Mumbai, Anil Kapoor plays the central character of Lucky who has been through plenty in life.

A tough and hardened criminal who has seen it all, he now wants to retire in Bangalore and live a life of peace and quiet.

But for his dreams he has to carry out one last job which will pay him enough to sustain him and his aspirations.

Within 24 hours, he realises that he has been betrayed by those closest to him and the whole deal has crashed.

Drug Lord Sanjay Dutt is now after his pound of flesh this takes Lucky to Goa to complete a drug deal.

The underworld takes on a whole new meaning in Goa where wine is cheap and women even cheaper and drugs line the pockets of every second person.

Once more in Goa, he botches the deal and the drug lord is not happy at all.

If that is not enough a crooked cop (Aditya Panshohi) wants his cut even before the deal is done and a crazed husband (Mahesh Manjrekar) wants Lucky to take on a contract killing.

In between his dealings he finds time for the sexy Sameera Reddy who intrigues him no end.

Sanjay Gupta gives everyone in the film the new look tinted hairstyle which makes some of them look even more menacing.

Mahesh Manjrekar on the other hand needs no make up to look his part, his natural look is enough to frighten the faint at heart.

Musafir is like all of Gupta's films fast paced action with a lot of twists and turns, leaving you wondering what the end will be.

Robert Ludlum's best-selling novels on the mysterious Jason Bourne have been turned into hit films by Universal Studios.

HIGHEST GROSSING DOMESTIC RELEASE

The very first release, *The Bourne Identity* was the Studio's highest grossing domestic release for 2002 and the number one DVD / video rental of 2003 worldwide.

With almost the same starcast and a few additions Director Paul Greengrass has sequenced the screen with *The Bourne Supremacy*.

Leaving everything behind two years ago, Jason Bourne (Matt Damon) who is still haunted by nightmares from a past he has not yet figured out lives an anonymous life with Marie (Franka Potente).

Changing homes, cities and even identities they try to stay one step ahead of that call that he is dreading will drag him back into the world he left behind.

But the caller does find Bourne, even in the small village where he is hiding.

Bourne retaliates the only way he knows how - hit back hard and fast.

Another fast paced action oriented thinking film, *The Bourne*

Supremacy has made use of some exotic lo-cations and superb cinematic shots and also stars Brian Cox, Joan Allen and Julia Stiles in the lead.

The third new release at NYALI CINEMAX this week is the sci-fi *Alien vs. Predator*.

Paul Anderson has brought together two old films - *Alien* and *Predator* - to make this third one.

In the first two films (1979 and 1987), the two alien races were introduced to us mere earthlings.

This time round, the clash is between these two alien races.

A mysterious heat is being detected deep under the Antarctica and environmentalist

adventurer Alexa Woods leads a group of archaeologists, scientists and security experts on an expedition to get to the

bottom of things.

At 2000 feet below the surface they come across a pyramid with Aztec, Egyptian and Cambodian artefacts.

On further examination they realise that this is no ancient relic but the work of a very advanced extra terrestrial race which has used the basics of these three old cultures.

On further examination they are horrified to discover that their old nemesis the *Predators* have built this chamber to keep alive an Alien Queen who lays eggs at 100 year interval, and the century birthing process is now in full gear.

The young Alien offspring are used as target practise for young *Predators* to finely hone the latter's fighting prowess.

The rag-tag group of explorers have to find a way to put a stop to all this, or else the world is doomed forever.

The lead star cast includes Sanaa Lathan, Lance Henriksen, Raoul Bova, Ewen Bremner and Colin Salmon.

Pierce Brosnan, Saima Hayek and Woody Harrelson try to get the better of each other in *Paradise Island* where all hell breaks loose in the comedy *After The Sunset* which is showing at NYALI CINEMAX for it's second week.

Shaking the place for the third week are Akshaye Khanna, Kareena Kapoor, Sunil Shetty, Paresh Rawal, Jackie Shroff, Arshad Warsi, Arbaaz Khan, Amrith Puri, Lakshmi and Shakti Kapoor in *Hulchul*.

Wait Disney's *Princess Diaries 2: Royal Engagement* is also on at the NYALI CINEMAX for a hilarious third week.

It stars Anne Hathaway, Julie Andrews, Callum Blue, Hector Elizondo and Heather Matarazzo.

Breaking records of sorts is Yash Chopra's *Veer-Zaara* which is registering it's 5th week

at NYALI CINEMAX.

Shah Rukh Khan, Preity Zinta and Rani Mukherjee make up the magnificent threesome in this love story which has English subtitles.

[Have you partaken of the Fortune Cookie draw at Bollywood Bites ?

What are you waiting for - everyone wins a prize in this new promotion at this excellent vegetarian restaurant.]

AN EARTH SHAKER

The holiday attraction at KENYA CINEMA this week is the earth-shaking *Hulchul* with Akshaye Khanna, Kareena Kapoor, Sunil Shetty, Paresh Rawal, Jackie Shroff, Arshad Warsi, Arbaaz Khan, Amrith Puri, Lakshmi and Shakti Kapoor.

Angaarchand (Amrith Puri) lives in the village of Matkapur with his four sons - Paresh Rawal, Jackie Shroff, Arbaaz Khan and Akshaye Khanna.

On the opposite side of the fence the ultra-rich Laxmidevi (Laxmi) lives with her family in Anpura.

An old feud has caused the families to be at each other's throats. While Laxmidevi has her own reasons for her animosity towards Angaarchand and his family, Angaarchand's pain was caused by a woman and so much so that even a mention of anything connected to the fairer sex is not allowed in this all-man household.

Laxmidevi's grand-daughter Anjali (Kareena Kapoor) and Angaarchand's youngest son Jai (Akshaye) find themselves admitted in the same college in town.

Always looking for an opportunity to get their own back, the youngsters hatch up a plan pretending to fall in love with each other.

Not only does it cause the two people concerned much tension, but the entire college is now up in arms and divided into two

campus by the warring/ loving factions.

As luck would have it, hate turns to true love and Anjali and Jai want to get married but as the matriarch and patriarch of the respective families profess - 'over my dead body'.

The two young lovers now have an even bigger problem than their families' egos.

They have to unite the families and get them to agree to their marriage.

Arshad Warsi is once more cast as the troubleshooter who creates more trouble than finding solutions.

Will Smith realises that he has to use more than his wits to outdo the mechanical machines that threaten to rule the world in *I, Robot*, opening at KENYA CINEMA on Monday.

With Smith are Bridget Moynahan and James Cromwell.

NYALI CINEMAX...the ultimate movie experience

FROM THE DIRECTOR OF SUPER HIT 'KAANTE'
A SIMULTANEOUS RELEASE WITH MUMBAI

MUSAFIR
Starring: Sanjay Dutt, Anil Kapoor, Aditya Pancholi, Sameera Reddy, Mahesh Manjrekar
Fri.-9.00pm
Sat.-6pm & 11.30pm
Sun.-2pm & 11.30pm
Mon.-1.45pm & 9.15pm
Wed.-2.30pm

BOURNE
G/E
Starring: Matt Damon, Franka Potente, Brian Cox, Joan Allen, Julia Stiles
Sat.-9.15pm • Sun.-7pm
Mon.-11am & 7pm
Wed.-9pm • Thur.-6.45pm

AFTER THE SUNSET
G/E
Fri.-2.30pm • Sat.-3.45pm
Sun.-9.15pm • Mon.-4.45pm

ALIEN vs PREDATOR
Starring: Sanaa Lathan, Lance Henriksen, Raoul Bova
Fri.-6.45pm • Sat.-1.45pm
Sun.-5pm • Wed.-6.45pm

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Tue.-6.45pm (Tkts: 200/-)

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Fri. 10th Dec.-6.15 & 9.15pm
Sat. 11th Dec. 2.45, 6.15 & 9.15pm
Sun. 12th Dec. 2.45, 6.15 & 9.15pm
Mon. 13th Dec. 2.45 & 6.15pm only

COMMENCING MONDAY

I, ROBOT
Will Smith, Bridget Moynahan, James Cromwell
Mon. 13th Dec.-9.15pm only
Tue to Thur- 14th, 15th & 16th Dec.- 6.15 & 9.15pm

www.coastweek.com for a different perspective on the news!

'HERCULES' COMES TO MOMBASA

Not only is it time for Santa to come to town but also *Hercules* is coming to Mombasa.

In fact he arrived at the Mombasa Academy at 7.30pm last night!

If you didn't have a chance to see him then - well, don't worry, he will be at the Academy again tonight at 7.30pm tomorrow Saturday at 4.00 pm and then at 7.30 pm.

Who is Hercules? He is the bravest, strongest, handsomest man in the kingdom - who better to play the part than Paul Coles.

He even has his own cheerleaders - Keelia Willison, Natasha Misbah, Lynn de Souza, Njaambi Kang'ara, Karishma Doshi, Ashley Willison, Catherine Hackwell and Tadge Fay

Yes, you have guessed it! Hercules is this years Panto- mime and is being produced by the Coast Arts and Theatre Society.

The panto is directed by Philippe Zimmerlin, Jean Hughes and Pauline Groom - so it promises to be a first class production.

Last night's audience really joined in with all the fun and there was plenty of boogie the evil Cyclops and cheering the handsome Hercules and the irresistible Medusa (Alex Lewis).

Tickets are selling fast so to avoid disappointment, get along to Forget-me-Not at Ratna Square or to the school on show nights

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**Markus Diehl Is Now Ready To Launch
Best Steak Restaurant On Kenya Coast**

THE BULL'S FEST' marking the grand opening of **The Bull Steak House** in the Bazaar Shopping Centre, Diani, on Kenya's beautiful south coast, is going to be outstanding in every way with different entertainment every hour from eleven in the morning until 'ala salama' time.

Fortifying the revellers will be a huge charcoal grill in the huge courtyard offering not only choice parts of the bull (which is being specially slaughtered and roasted) but of what has been described as the bull's best friends 'pig, chicken, goat, lamb and fish'.

A bull weighing 220 kg has already been selected to mark this very auspicious occasion.

Markus Diehl's intention of opening such a restaurant was to offer 'the best steak on the

Kenya coast'. He hopes to prove this at the 'Bull's Fest'.

The grand, full, opening of the festively decorated **Bull Steak House** starts at eleven on **Saturday morning, December 18**, and there will be dancing placard-holders announcing events throughout the day.

All are welcome and you can enjoy a very tasty meal for only Shs 250/-.

It includes a cut of the bull, or the bull's friends, together with sauces, baked potatoes and vegetables.

What a bargain!
Vouchers for this are

obtainable from the restaurant. Additional food can be purchased separately.

Hans Wittwer of Godeni Farm in the Shimba Hills, Kwale, and a well-known former hotelier on the south coast, will be helping select and prepare pork items including shoulders, necks and legs.

There will be around 100 kgs of freshly made sausages to tuck into as well as a 'Fastest Sausage Eating' competition.

Two bands - **Mull's Bahari Jazz Band** and the **Coconut Band** are already rehearsing special numbers for the event.

Lynda Olang is Entertainment Organiser and is creating special programmes for that night, while **Ajub Zadoc Ouko** is in charge of Logistics.

Both are very experienced people.

Security is in the hands of experts - **Wells Fargo**.

The Executive Chef, **Felix ole Malleon**, together with his cooks, are hard at work creating new flavoured sauces in which to marinate the bull.

Among the drinks available will be newly created cocktails, while **Gold Crown Beverages (Kenya) Ltd.** will be having a 'Tea Tasting' stand for their **Baraka Chai** and **Kencho Gold** products.

Entertainment includes dance, magic and snake shows, a puppet dance, hair design and sack racing competitions while for children there will be 'mini' motor-bikes and a jumping paradise also 'mini' sausages, hamburgers and chips to enjoy.

Bird Shows will be given every two hours of the day.

In the huge courtyard there will be tents and comfortable chairs on which to relax and enjoy the 'best steak on the Kenya Coast'.

Manageress of The Bull Steak House and Bazaar is **Khadija Muthoni Muchoki**.

The Bazaar, situated above the restaurant, has nineteen stalls offering between them a vast selection of Kenyan-made goods.

They include Maasai jewellery, woodcarvings, paintings, wall-hangings, beautiful re-cycled glassware, ornaments, sandals, safari hats, African kiondos, beachwear, 'T' shirts, masks, mats, and Makonde products, also antiques and coffee.

**Special Report by
NETA PEAL**

**East Africa Women's League
Enjoy Christmas Fair Success**

The East Africa Women's League held their Christmas Fair at Ratna Square on Saturday 4th February, and raised a fantastic 132,000/-.

Despite a wetish morning, the crowds gathered to snap up the Christmas decorations, gifts and cakes.

Clothes, plants, bric-a-brac and books were also on sale and there was a busy refreshment tent and bottle stall.

Raffle tickets sold well, as they deserved to with fantastic prizes including weekends away and dinners for two.

Ratna Square gave the use of the venue for free, and expenses were only 1100/-, so EAWL will be able to donate 131,000/- to five local charities.

These have yet to be decided so watch this space for further news.

EAWL thanks everyone who so very generously helped raise this whopping amount.

THIS WEEK ON TAMARIND DHOW

Looking for an ideal extra special outing ?
Or a wedding celebration ? Look no further !

The Tamarind Dhow will give you an experience you will never forget !

'**Nawalikher**' is the largest dhow on the coast converted into a unique floating restaurant, being originally an arabic sailing vessel and now furnished with exotically carved furniture.

Nawalikher can accommodate upto 70 passengers a trip.

The cruise will take you round the fine views of Mombasa's Old Port and Fort Jesus, and moors in a sheltered bay at the head of the creek for a sumptuous four course dinner and under the spell of the magical Tamarind atmosphere, the resident band entertains you throughout the cruise.

The Tamarind Dhow has also visited many places on its "theme" nights, so, where is the Tamarind Dhow going next ?

Watch out for this space for the next one.



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Asynchronous Time Division Multiplexing ?

This week once I shall continue on the most misunderstood words by IT people.

ATM: Automatic teller machine - or asynchronous transfer mode?

IT people who work at banks sometimes use both kinds of ATM. In IT terms it means information transfer.

ATM is a fast packet oriented transfer mode based on asynchronous time division multiplexing and it uses fixed length (53 bytes) cells.

Each ATM cell consists of 48 bytes for information field and 5 bytes for header.

Bandwidth: Does bandwidth mean 'capacity or speed in general' ?

Or does it have a more technical meaning of how wide a broadcast band or other data channel is ?

Is it OK if it means both ? (No one mentioned channel as confusing but it has at least six meanings.)

A bandwidth is generally a range within a band of frequencies or wavelengths.

The amount of data that can be transmitted in a fixed amount of time.

For digital devices, the bandwidth is usually expressed in bits per second (bps) or bytes per second.

For analog devices, the bandwidth is expressed in cycles per second, or Hertz (Hz).

The bandwidth is particularly important for I/O devices.

For example, a fast disk drive can be hampered by a bus (in the motherboard of your computer) with a low bandwidth. This is the main reason that

new buses, such as AGP, have been developed for the PC.

JavaScript: JavaScript is not the same as Java as the country and some people tend to think it is was.

NET: NET is Microsoft's term for using XML to define and share data across the Internet so that many application services can now be performed remotely.

But the set of tools related to this idea keeps evolving and Microsoft understandably keeps redefining the details.

Many think this is special software only to be used on websites that use a .net address.

Platform: is a platform hardware (a particular processor and its instruction set) or software that will run on it (the operating system) - or is it both ?

Well basically it means the same but a more precise answer

would be the type of operating system the computer uses.

E.g.: Windows 98, Windows 2000 or Windows XP.

Server: is a server a program - or a computer that is dedicated to a certain purpose ?

Often it means both at the same time, but sometimes it can be important to know, especially if

you've just been asked to install it.

The name itself is self explanatory and it serves so it would mean it should be able to serve the needs of other computers connected to it over a network.

The new type of IT word nowadays is BitTorrent is a file distribution system used for transferring files across a network of people.

As you download a file, BitTorrent places what you download on upload for other users; when multiple people are downloading the same file at the

same time they upload pieces of the file to each other.

BitTorrent pieces together the file you are downloading, to where the first part of a file you get may be the last part someone else gets. As you continue to retrieve the file, BitTorrent also uploads data to other users.

For example, a person with 98 percent of the file done is directed to the people with the two percent of the file they still need.

The files downloaded via BitTorrent are called torrents.

Many of today's download software has this capabilities or what is called a "resume", hence if a download has resume feature then you need to re-download the file in case you lost connection it will automatically pick up the file from where it got disconnected.

Next week I will talk on the latest technology that is hitting a lot of waves and is called 3G which is a short term for third-generation wireless.

Happy Holidays !



somewhat

ENJOYING A MARATHON RUN THROUGH 'KILIFI PLANTATIONS'

HASH Run No. 107 - Kilifi Plantation One-third-Marathon:

What do you get when you let loose into a 4000 acre plot (read: plantation), two siblings from the honourable highland running tribe (read: the 'Olympiads') and ask them to set a Hash run ?

A new locally designed amateur practice distance: one-third marathon !

Yes, they 'treated' the poor but suspecting hashers to a 14.37 kms. (who was counting ?)

touristy excursion around the scenic sights of the Harriet's domain.

Indeed, this was a hash with a difference.

It began relatively innocently at the milk 'filling station' off Malindi road, from where we were led through the plantation mini-forest to a refreshingly scenic 'wet' hold, Mharani Sailing Club.

With lovely sounds of the natural wildlife en-route the entire 5.2 kms. stretch - birds

insects and reptiles we thankfully didn't meet - it gave the aura of descending through an undeclared national reserve.

Ah, what beauty: the bridge over yonder, the array of peacefully bobbing boats, the hills and valleys gracefully out-of-reach... who could tell what lay ahead ?

Oops, we were reminded rather soon !

What comes down...? (Why do hares love doing this to the hashers around here).

Up, (puff...), up (puff...) and away we went, on-on through another near 6 km of lolling meadows of endless lazy long grass, towards the spectacular setting sun, to yet another surprise in the form of a hold, a van, and a cooler full of delightful looking Water melons - YUM !

Now, THAT'S what I call invigorating !

All reached out greedily for piece after thirst-quenching-yet-energizing piece, as they waited upon the strugglers to arrive.

Next lesson learnt ? The early FRBs rest the longest, and gobble up the biggest and best pieces.

Then guess what ? Even with darkness looming, we were cheerily informed that we were on the last leg home.

Thus energized, the tire-ringly, tireless FRBs sped off with glee, as the rest confidently strung along in the hope of keeping up; of course until reliable sources (AKA the hare) informed us we had only about four kms. to go ...

Let's just say, the reliable source helped the amateurs (read: willing-spirit-unwilling-body-parts) by 'lifting' us in his handy van to sort of help us keep up, or 'past' the frontrunners (weren't we promised in fairy tales that all hares fall asleep long enough for us tortoises to steal past and win ? ya, so let's pretend they were asleep !)

So how did the cheeky pair apologise ?

The Harriet availed her beachside resort (in the name of her residence), as the hash-home for the circle.

Words cannot describe the spectacular view of the endless ocean meeting with the endless skies only at the far-away horizon.

The calming quietness broken only by the waves breaking and occasionally crashing into the hanging cliff upon which this house is built.

KENYA NATIONAL FOCUS WEEK 2004

The Mombasa Office of the Ministry of Tourism and Wildlife has announced a programme of activities to mark THE KENYA NATIONAL FOCUS WEEK' from December 9 - 11, 2004.

They include tourism, music, art and culture. There will be 'FREE ENTRY' to Fort Jesus for Kenyans on December 10 and 11 during which there will be a traditional food festival there, entertainment by Taarabu musicians, traditional dancers and the Bango Sounds, while in the evenings there will be a 'Light and Sound Show', courtesy of Severin Sea Lodge, and 'free' film shows on Kenya from 7.30 p.m.

On the same days there will be 'FREE ENTRY' to the Bombolulu Cultural Centre featuring traditional dances and where traditional dishes can be purchased and enjoyed.

From the 9th to 11th December there is 'FREE' entry for all Kenyans to the Mombasa Marine Park and Reserve; Kisite Marine Park, Watamu and Malindi Marine Parks, also to Shimba Hills, Tsavo East and West National Parks.

During this National Focus Week beach hotels will be featuring traditional food and entertainment.

On December 11, there will be a BODA BODA RACE along Mama Ngina Drive to Fort Jesus, starting at 4 p.m.

For more details contact the Mombasa Tourist Office, 5th floor Reinsurance Plaza, Moi Avenue.

Telephone Msa 223465 or Fax 225860, Mombasa.

It is a wonderful opportunity for all Kenyans to see and enjoy the diversity of attractions their country has to offer.

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Appreciation To British High Commission



The Head of the Chartered Institute Of Marketing Kenya Chris Diaz (right) is seen while thanking Sir Edward Clay for his guidance and support to hand over the Best Marketing Awards to top students in Kenya, at the Intercontinental Hotel - Nairobi. The function which was attended by the top marketing and business leaders in Kenya stressed the high-level of marketing standards international ethics and branding of products and services in Kenya. The International Chairman Paul Gostick also attended the function. Chris Diaz advised that the British Council was now an Examination Center in Mombasa and Pinnacle Training Institute and Makini College in Nairobi were accredited by the UK as training centers for CIM examinations. CIM is the largest marketing body with over 60,000 members and awards international awards and certificates to the top marketers in the world.

Twenty Five Years' Ago

Coastweek, December 14 - 20, 1979:

Mombasa and Coast Tourist Association made an urgent appeal to the authorities to take immediate action to make more rice, bread, flour and milk available for the 'high season' during which all hotels and self-catering apartments were 'fully booked'.

The appeal followed a severe shortage of the items which had resulted in their rationing in shops and stores all along the coast. The association also called for urgent action in 'cleaning up Mombasa town before thousands more tourists witnessed it's appalling state'.

East African Packaging Industries sent out the first consignment of a one million dollar contract of supplying paper sacks to the Sudan. The contract was won against stiff international competition.

Outgoing Managing Director of the **Kenya Ports Authority John Gituma** pronounced that 'Mombasa port was already very well placed on the world map and could develop to be the best in Africa'.

Chairman of the **Cadbury Schweppes Group, Sir Adrian Cadbury** made a whirlwind tour of the company's factory at Shimanzi, Mombasa.

'**Capuccino**', a modern snack bar on Moi Avenue was opened by well-known photographer **Ijaz Sheikh**. Designed by **Trzebenski Gaal and Associates** it featured a striking black and white colour scheme.

A cricket match at the **Mombasa Sports Club** came to an unusual end when bees invaded the pitch. New Wisdon log entry: "Bees Stopped Play!"

Lohana Hall was the venue of the 'International Free Style Wrestling' competition featuring top names in wrestling like **King Kendo Nagasaki, Joynson, Tiger Gill Singh** and Ian 'Bulldog' Muir.

REGAL Cinema had Sidney Poitier, Bill Cosby and James Earl Jones all going for '**A Piece of the Action**', followed by Rajesh Khanna, Mumtaz and Bindu in '**Do Raaste**'.

NAAZ Cinema had the hit entertainer of the year '**Amar, Akbar and Anthony**' with Amitabh Bachchan, Vinod Khanna and Rishi Kapoor forming the formidable trio.

Walt Disney's '**Swiss Family Robinson**' continued at the **KENYA Cinema** with the week ending with a funky fossil frolic '**One of our Dinosaurs is Missing**'.

The classic film '**Saathi**' ('Companion') with Rajendra 'Jubilee' Kumar and Vijyantimala was shown at the **CHOX**.

Letter writers included 'Keen Educationist' from Wundanyi, Ghazy Balala from Riyadh, Saudi Arabia; Mombasa's **Musa Obeto**, and Nairobi's **J. F. Mugo** who pronounced that 'Smuggling is a way of life for many people at the Coast'.

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8.00 - 11.30pm Buffet Dinner
PRICE Adults: Kshs. 950/-
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25/12/04 - CHRISTMAS DAY - SATURDAY

PRICE Christmas Buffet - Lunch Pool Side
Adults: Kshs. 700/-
Children: Kshs. 450/-
Chinese Buffet Dinner
PRICE Adults: Kshs. 850/-
Children: Kshs. 450/-

26/12/04 - BOXING DAY - SUNDAY

11.30am - 2.30pm Lunch Chinese Buffet with Swimming
PRICE Adults: Kshs. 700/-
Children: Kshs. 450/-

31/12/04 - NEW YEAR'S EVE - FRIDAY

8.00pm Grand Continental BBQ with Chinese dishes
PRICE Adults: Kshs. 950/-
Children: Kshs. 600/-

01/01/05 - NEW YEAR'S DAY - SATURDAY

1.00pm to 2.30pm Chinese Buffet Lunch
PRICE Adults: Kshs. 700/-
Children: Kshs. 450/-

01/01/05 - NEW YEAR'S DINNER - SATURDAY

8.00pm to 11.00pm Oriental New Year BBQ Dinner
PRICE Adults: Kshs. 900/-
Children: Kshs. 500/-

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STARTRACK IS NOW AVAILABLE IN MOMBASA

Nairobi has been the traditional hotbed of Motor Vehicle thefts and Car Jacking in Kenya.

Due to the concentration of international organizations, corporate entities and the subsequent cosmopolitan lifestyles of high society punctuated by high value luxury Motor Vehicles and high income executives, Nairobi's attraction to thieves is irresistible.

To the Motor Vehicle thief, Nairobi has been their El-Dorado par excellence.

But with the increased incidences of theft, various organs of the Police and intelligence services have reacted by forming special squads to monitor red spots in Nairobi and rapid reaction forces have also been set up to offer rapid response to incidences of theft.

The result has been that some of the perpetrators of Motor Vehicle thefts have scattered to seek softer targets outside of Nairobi.

This trend has seen increased incidences of theft in Mombasa, the Mombasa - Nairobi Highway, Nakuru, the Nairobi - Nakuru Highway and even previously sedate towns like Naivasha and Kisumu have experienced increased incidences of Car Jacking.

The country has experienced increased claims arising out of Motor Vehicle thefts in Mombasa and the coastal areas.

On the other hand TRACK IT Advanced Stolen Vehicle Recovery Systems and other Motor Vehicle Tracking Companies have experienced increased incidences of Car jacking in the area, with some high profile

cases involving theft of vehicles of high ranking government officers that have put Mombasa and the Mombasa - Nairobi Highway on the spotlight.

In response, Starlit Insurance Brokers and TRACK IT Advanced Stolen Vehicle Recovery Systems have decided to bring their revolutionary new product, STARTRACK™ closer to the residents of Mombasa.

This will ensure that our competitively priced value added and innovative insurance packages are available to Mombasa residents and that in the unfortunate event that you experience loss, your claims can be handled professionally and expeditiously.

On the other hand if your car is stolen, you will have the peace of mind that it will be recovered in the shortest time possible by TRACK IT.

TRACK IT RECOVERS VEHICLES FASTER VIA ELECTRONIC NETWORK

TRACK IT Advanced Stolen Vehicle Recovery System has made a name out of the speed of its recoveries.

Unlike conventional Tracking means Track IT has established an electronic network of transmitters and receivers throughout its coverage area.

This elaborate infrastructure forms a network that is used to send and receive messages between the Vehicle and the control Centre.

When a Track IT subscriber's vehicle is reported stolen or missing, an electronic radio signal is sent remotely via our nationwide electronic infrastructure of Remote Triangulation Receivers (RTRs) and Sector Activation Receivers (SARs) that have been strategically located throughout the coverage area.

The receivers will then send a search signal and upon locating the vehicle, will send back a signal giving the location and status of the

stolen vehicle.

Track IT Trackers and Controllers can then undertake various actions depending on the circumstances.

Track IT can remotely perform an Engine Cut Out procedure that will switch you car off enabling ease of recovery.

Other actions that can be undertaken remotely include; remote horn activation, remote blinking of lights, remote door lock etc.

This option is only utilized in extreme situations.

As a result of our electronic search capabilities most of our recoveries happen within minutes of the vehicle being reported stolen.

On the morning of 2nd September 2004, A Toyota Prado, KAR 969R was snatched at gunpoint from outside the Iguana Bar in Parklands at 3.00AM.

The Vehicle that had a Track IT Advanced Stolen Vehicle Recovery

System fitted onto it was reported stolen to Track IT at 4:35AM and recovered by Track IT at 5:15AM, 40 minutes later.

On the morning of 16th October 2004 a Nissan Sunny B14 KAQ 408 D fitted with a Track IT Advanced Stolen Vehicle Recovery System was snatched from the owner at gunpoint in Roysambu, Nairobi.

It was reported stolen to Track IT at 5:20AM and was recovered in Nakuru at 6:45AM, 1 hour and 25 minutes later.

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Leading Insurance Companies in Kenya recognise that the risk in insuring high value, high risk vehicles is significantly reduced when you have TRACK IT Advanced Stolen Vehicle Recovery Systems installed in them. That is why despite the increase in sometimes very high profile and increased cases of Motor Vehicle theft and Carjacking, the insurance premiums are reducing rather than increasing if you have TRACK IT installed.

Insurance Companies have now passed an unequivocal vote of confidence in TRACK IT Advanced Stolen Vehicle Recovery System to the extent of reducing your premiums and going even further to pay for the cost of installing TRACK IT

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- FREE - Track IT Silver™ service

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1. Step 2: Upon obtaining your Certificate of Insurance from Starlit Insurance Brokers, TRACK IT will undertake installation of TRACK IT Silver™ FREE OF CHARGE

It is noteworthy that the installation of TRACK IT Silver™ would normally cost you Sh. 33,730/-

2. What remains for you is to drive away confident in the knowledge that you have received the best and most cost effective Insurance Cover possible and that your car is fitted with a state of the art Advanced Stolen Vehicle Recovery System from TRACK IT all at a saving of Sh. 33,730/-

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This revolutionary new concept in Motor Vehicle Theft and Insurance has been made possible, thanks to a strategic alliance between TRACK IT Advanced Stolen Vehicle Recovery Systems, Starlit Insurance Brokers and reputable 1st Tier Insurance Companies with a proven track record of professionalism, sound management and

expeditious settlement of claims

Both Companies enjoy immense goodwill in the market backed up by an impressive client portfolio, solid professional credentials and a track record of expeditious delivery of quality customer service. The StarTrack™ deal offers the following distinct advantages:

- You get an extremely competitive insurance deal in the market. Rates start from AS LOW AS 3.5%
- Your insurance package is provided only by 1st Tier Insurance Companies
- You get TRACK IT Advanced Stolen Vehicle Recovery Systems Free of Charge*
- You get a Service Level Agreement commitment that guarantees speedy settlement of any claims and expeditious recovery of your stolen vehicle.

THE STARLIT ADVANTAGE

At Starlit, service to our clients is our # 1 priority. In our endeavour to improve our service to our clients, we have introduced the StarTrack™ Motor Insurance Package. This is an innovative, comprehensive motor insurance package that includes TRACK IT Silver Service absolutely FREE!! We are committed to offering the most innovative products to our clients! The following advantages accrue to STARLIT customers:

- Handle prompt claim settlements
- Survey and analyze the market to obtain an optimal and cost-effective solution - saves valuable management time
- Manage your risk with a view of improving it - risk assessment surveys
- Work together with you and become your long-term.
- We offer flexible solutions tailored for you

StarTrack™ - A Revolution in Auto Insurance!

THE TRACK IT ADVANTAGE

At TRACK IT the Customer is at the heart of our operation. We understand that when your car is Stolen more often than not your life is threatened, your business and daily mobility is interrupted and you incur financial loss. Our products and services are designed to minimise loss and inconvenience while maximising value addition to you. The following advantages accrue to TRACK IT Customers:

- TRACK IT is Free of Charge if you take advantage of the StarTrack™ Offer
- TRACK IT uses an electronic network to Track and Recover your Vehicles. This reduces the recovery time and minimises inconvenience
- Most Vehicles installed with TRACK IT are usually recovered within minutes of being reported stolen.
- TRACK IT offers Life saving services as part of its Gold Service. This includes:
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 - Jomo Kenyatta Airport
- selected street vendors and (on delivery) Nairobi Industrial Area

Markus Diehl eröffnet 'Bull Steak House' in Diani

MARKUS DIEHL hatte die Idee, eines der schickten Restaurants in Diani an der kenianischen Südküste zu errichten.

Mit der Hilfe von Hans Koschany, der über 31 Jahre Erfahrung in der Hotellerie verfügt, fand im **Bull Steak House**, das sich im **Diani Beach Bazaar Shopping Centre** befindet, im November eine Vor-Eröffnung statt und die Gala-Eröffnung ist für Samstag, den 18. Dezember 2004 vorgesehen.

Am frühen Morgen wird ein Ochse geschlachtet und ab 4 Uhr nachmittags werden erlesene Stücke davon für alle Anwesenden gegrillt, ferner ist für jede Stunde verschiedene Unterhaltung geplant, um die offizielle Eröffnung zu feiern.

Bratwurstfreunde können sich freuen, denn ein Stück des Ochsen wird zu einer 60 m langen Wurst verarbeitet, die auf einem Brett nach Sonderanfertigung präsentiert wird.

Die Gäste sagen dem Koch, wieviel sie davon haben wollen und zu der Wurst wird eine besondere Senfsoße serviert.

Ebenfalls offeriert werden Bullburgers, Salate und italienisches Eis.

Einige hervorragende Cocktails wurden speziell für diesen Anlass kreiert und werden von lächelnden Kellnerinnen in eng anliegenden attraktiven langen Kleidern serviert.

Das **Bull Steak House** ist von 11 Uhr morgens bis 11 Uhr nachts geöffnet.

Es befindet sich in einem großen Rundhaus mit hohem Makutidach, die Mauern sind mit Zinnen versehen.

Auf einer Veranda steht ein Safarizelt mit drapierten Moskitonetzen an den großen Fenstern auf der Meeresseite, es ist ideal für Privatpartys.

Von der anderen Seite des **Bull Steak House** sieht man die majestätischen Shimba Hills in Kwale.

Weitere Attraktionen beim **Bull Steak House** sind eine **Falkneri** mit verschiedenen Vögeln, unter anderem Adler.

Eine Vogelschau wird dreimal in der Woche vorgeführt, samstags, dienstags und donnerstags ab 13.30 Uhr, während über dem Restaurant ein Markt abgehalten wird mit einer großen Auswahl an kunsthandwerklichen Arbeiten *made in Kenya*.

Es gibt 19 Stände und man kann den Handwerkern bei der Arbeit zusehen.

Der Markt ist von 9.30 Uhr bis 21 Uhr geöffnet, der ideale Ort, um Weihnachtsgeschenke zu kaufen.

Im **Steak House** gibt es Bratwurst, 1 bis 4 m lang, serviert auf besonders angefertigten Brettern.

Man sagt dem Koch, wie groß das Stück sein soll. Biertrinker kommen auch auf ihre Rechnung.

Es gibt ein 3/4 m großes Bierglas, so dass man nicht ständig nachfüllen muss.

Die runden Esstische sind aus Gatanastein, auf denen Blumenvasen mit Tiermotiven stehen sowie eine große Pfeffermühle, mit der man die Körner nach Wunsch mahlen kann.

Das **Bull Steak House** offeriert drei Brotsorten - französisches, deutsches und Bull - letzteres mit Speck, Zwiebeln, Knoblauch und Koriander, oder mit Knoblauch und Kümmel.

Auf einem dreistufigen Gestell in der Mitte des Tisches gibt es Butter mit verschiedenen Aromen sowie einige pikante Soßen zu ihrem Fleisch vom Rind, Lamm, Huhn, Truthahn, zum Hummer oder zum Fisch.

Bullbutter besteht aus verschiedenen Gewürzen, Eigelb, Kapern, Knoblauch, Dhania, Salz und Pfeffer, während andere Butter Knoblauch, Thunfisch und Krebs enthält.

Es gibt ferner Ham-, Beef- und Chickenburger, ein Salatbuffet

Speisekarte stehen werden.

Die meisten Angestellten im **Bull Steak House** haben das **Utalii College** besucht.

Über dem Restaurant befindet sich ein Markt für kunsthandwerkliche Arbeiten, wo man hervorragend gefertigte Artikel aus lokalem Material finden kann.

Ein Blickfang sind die sexy Lederröcke (genau richtig für die Disco), aber auch Safarihüte, Sandalen, Specksteingürteln aus Kisii, Holzschlitzereien, mundgeblasene Gläser und Glasarbeiten von Nani

Um nur das beste Fleisch zu erhalten, das es in Kenia gibt, konsultierte er Hans Wittner - ein Farmer in den Shimba Hills und ein bekannter früherer Hotelfachmann an der kenianischen Küste.

Hans Koschany, ebenfalls aus Deutschland, ist seit 31 in Kenia und war von 1974-79 Hotel Manager beim **African Safari Club**, Mombasa.

Er verließ seinen Job, um vor 21 Jahren seine eigene Firma **"Die Buschtrömmel"** aufzubauen und erweiterte das



NUR DAS BESTE vom Besten auf dem Buffet im neuen Bull Steak House im Diani Beach Bazaar Shopping Centre.

und Gemüse sowie eine offene Küche, wo man zusehen kann, wie das Essen gekocht wird.

Vegetarier werden auch etwas Passendes finden.

Auf der Speisekarte dominiert natürlich der Bulle in allen Arten.

Es gibt T-Bone Steak, Filet, Topside, Rumpsteak, rib-eye Steak, Sirloin, Entrecôte, Shin, Silverside und Mishkaki.

Unter den Suppen findet man **Bullfriends Soup - Lobster Creme Ngisi**.

Es gibt warme und kalte Vorspeisen und jeden Monat wird eine Spezialität, unter anderem Krokodilfleisch, offeriert.

Als Dessert wäre der Bull Spezialkuchen zu empfehlen und das hausgemachte Eis, besonders der **Bull's Ice Cup** (mit geheimem Aroma).

Unter den 14 Cocktails gibt es **Bull's Dawa**, eine Mischung aus Honig, Limone, Zuckersirup, Kenya Cane und Gin.

Küchenchef ist Felix ole Malleon, ein Masai, der in seinen jungen Jahren viel mit Kühen und Ochsen zu tun hatte.

Er besuchte das **Utalii College**, die Hotelfachschule in Nairobi, und verfügt über 15 Jahre Erfahrung in der Kochkunst, die er in Top-Restaurants und Hotels wie **The Voyager Beach Resort** und **African Safari Club Hotels**, Mombasa, **Safari Park Hotel**, Nairobi, und **Samburu Intrepids** erworben hat.

Er verfügt über mehr als hundert eigene exklusive Rezepte, die von Zeit zu Zeit auf der

Croze, die Altglas in höchst attraktive Formen verwandelt.

Es gibt eine ganze Reihe Hand- und Strandtaschen, einige aus lokalem Material wie Sisal, auch einzigartige Servierbretter und Artikel aus Kitegelaglas.

Vom **Mwaluganje Elephant Sanctuary** in den Shimba Hills kommen die Wandbehänge mit Tiermotiven, gefertigt aus Elefantendung.

Wie eine beigegefugte Notiz erklärt, entstanden diese Artikel aus einer **Wildlife Conservation and Tourism Development Initiative**, geführt von der lokalen Bevölkerung.

Der Erlös wird verteilt an die Dörfgemeinden als Dividende für die Zurverfügungstellung ihres Landes zur Erhaltung der wilden Tiere.

Der Inhaber des **Bull Steak House**, Markus Diehl, kommt aus Deutschland und war Chef einer großen internationalen Computerfirma im deutschen Kommunikationsmarkt.

Er zog sich vor zwei einhalb Jahren aus dem Berufsleben zurück, um nach Kenia zu kommen und errichtete **One World Marketing**.

Er ist einer der Investoren im **Savannah Dream Safari Camp** am Lake Jipe, Tsavo-West, und beschloss, in eine weitere Tourismusattraktion zu investieren, indem er ein Restaurant eröffnete, das die besten Steaks an der kenianischen Küste bietet.

Er kombinierte das Geschäft mit einem Markt für Kunsthandwerk und einer Falkneri, um talentierten selbstständig erwerbenden Kenianern zu helfen.

Geschäft um Beratung für Hotel- und Reisebüro Manager Marketing und Design.

In den letzten drei Jahren Juli 2004 arbeitete er unter einem Beratungskontrakt für die **African Safari Club**, um die Betriebe zu verbessern.

Herr Koschany ist ein vielseitiger Mann; er gehört, den ersten Südküsten der W und führte diesen Sport an der kenianischen Küste ein.

Er war unter den ersten, Windsurf Regatten organisiert an der Nord- und Südküste zusammen mit den Brüdern Sollacher.

Er wurde **World Windsurf Champion 1978** in einer Regatta in Mauritius.

Dann widmete er sich dem Motorsport und war während zehn Jahren Navigator für den bekannten Karl Rüdin in beiden **East African Safari** und lokalen Rallyes.

"Kochen unter Palmen"

Er kocht auch gerne und mehrere Kochbücher hat geschrieben, eines **"Kochen unter Palmen"**, das andere **"Cook out of the Indian Ocean"**, das gemeinsam mit Spitzenköchen in Nairobi zusammengestellt.

Er hofft, dass beide Bücher nächstes Jahr herausgegeben werden können.

Wenn Kenia wieder beliebt wird als Tourismusdestination wächst auch die Nachfrage nach mehr und neuen Tourismusattraktionen.

Markus Diehls Entschluß weiter in Kenia zu investieren ist sehr willkommen, denn er bei der Bekämpfung der Armut und lockt zugleich mehr Besucher an.

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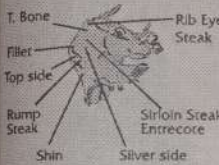
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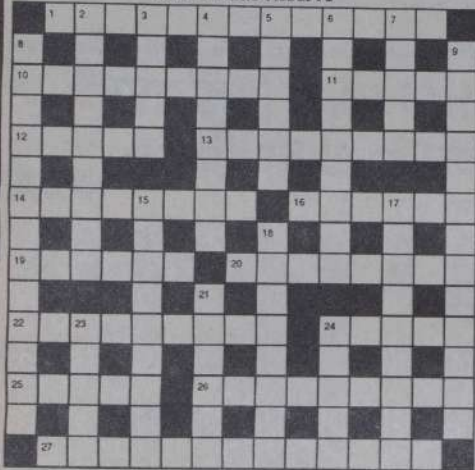


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- SAROVA UNITS: Whitesands Hotel, Mombasa
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CROSSWORD NO. 624

NAME.....

ADDRESS.....

ACROSS:

1. 27 Yesteryear's celebrated traffic-stopping programme [2, 4, 7] ... And Eric Coates' associative march [13]
10. Drew magnetically? [9]
11. One who lays roofing slabs [5]
12. Monkey-like [5]
13. Road speed (anag) - is whipped up by a reckless fellow [9]
14. Where one could 'go a dozen lollipops and ask for more' [4-4]
16. Oz's was Wonderful [6]
19. Triflers with the affections? [6]
20. Traditional notions and superstitions [8]
22. Champion British motor-racing ace [5, 4]
24. Church decree [5]
25. Well-known Welsh Strait [5]
26. Fraust lied (anag) - about this landed type [9]
27. See 1 across

DOWN:

2. Here we come gathering [4, 2, 3]
3. Capital of co. Tyrone [5]
4. Commit to paper as the musician might? [4,4]
5. The most strange [6]
6. Blooming, healthwise? [2, 3, 4]
7. The child affectionately embraces her [5]
8. It provides a ripping experience for airmen [9,4]
9. He wrote *Tales of the Five Towns* [6, 7]
15. Thoroughly beating [9]
17. Planitudinously overflowing [9]
18. The little chap who's on hand [3,5]
21. Perching-place for Miss Muffet [6]
23. The opera Ann and Mo composed [5]
24. American raccoon-like mammal [5]

ANSWERS TO CROSSWORD NO. 623

ACROSS: 1. SISTER SHIP, 6. CHUM, 10. COPSE, 11. RED INDIAN, 12. PRETENCE, 13. WATER, 15. ATTESTED, 17. DETAIL, 20. CIRCUS, 21. WIDENING, 23. ALFIE, 25. AIRWOMAN, 28. RED-CARPET, 29. IDIOT, 30. BODY, 31. DETERMINED
 DOWN: 1. SACK, 2. SUPERSTAR, 3. EXERT, 4. STRONGER, 5. INDEED?, 7. HOIST, 8. MINERALOGY, 9. ANYWHERE, 14. CATCH A CRAB, 16. SAUCEPAN, 18. AGITATION, 19. AIGRETTE, 22. MAGPIE, 24. FADED, 26. OPIUM, 27. STUD

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TENANT: Pauline Njoki - Sanyo 14" colour tv, JVC VHS video machine.

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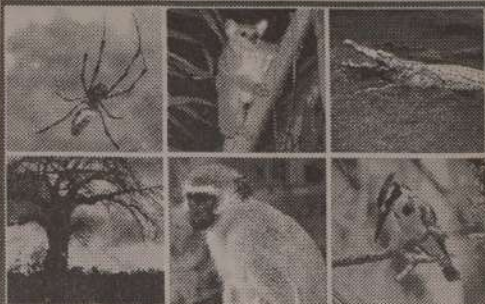
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ACKNOWLEDGEMENT



LATE MRS. SAKINA BEGUM RIAZ-ULL-HAQ
EXPIRED: 2nd DECEMBER, 2004

The entire family of Mr. Riaz-Ull-Haq Alimohamed of Rizwan Metal Craft extend their heart-felt gratitude to all their relatives, friends and associates and all those who assisted the family on the sad demise of our Beloved Sakina Begum.

Our special appreciation go to all the doctors and the entire staff of Aga Khan Hospital ICU Department, Punjabi Women Association and entire Muslim Punjabi Community.

Sadly missed and dearly remembered by her Husband, Riaz-Ull-Haq, Sons Arif, Imraan, Rizwan, Daughter Saima Naureen, Daughters In Law Zareen Arif and Faiza Imraan, Son In Law Aftab Qureshi, Grand Children Jabbar, Ambreen and Abrar, Brothers: Dr. Nissar Hussein, Akber, Ashraf and Aslam.

We shall forever cherish our memories of the loving nature of Sakina Begum and the wonderful time she gave us.

May Allah rest her soul in eternal peace. AMEEN.
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Prayer To The Holy Spirit

HOLY SPIRIT you who makes me see everything and who shows me the way to reach my ideals you who gives me the Divine gift to forgive and forget all that is done to me, and you who are in all the instincts of my life with me.

I, in this short dialogue, want to thank you for everything and affirm once more that I never want to be separated from you no matter how great the material desires may be.

I want to be with you and my loved ones in their perpetual glory.

Submitting to Gods Holy Will, I ask from you etc. (your request)

(This prayer should be said for three consecutive days)

BRIDGE RESULTS

RESULT of the duplicate Bridge played at Mombasa Sports Club on Wednesday 1st December.

Mr. and Mrs. D. D. Shah 117 (points); L. P. Gudka and Harilal Malde 116; Mrs. Vibha and Mrs. Hema Mehta 114; Mrs. Jyotsna and Prabhulal 113; K. P. Shah and P. Savla 111; A. D. Shah and C. D. Shah 109; Dr. and Mrs. J. D. Shah 105; Mr and Mrs. Ashok Shah 95; Harkhubhai and Keshubhai 92.

Results of Weekly Bridge Sessions played at United Sports Club on December 6th.

1. Rohit Chandaria/ Rohit Malde - 201, 2. Mahendra Shah/ Koki M. Shah - 190, 3. Pulin Gandhi/ Dr. J. D. Shah - 186, 4. Amu Shah/ Ramnik (Beno) Shah - 170, 5. Panu Savla/ H. P. Shah - 163, 6. Vibha A. Shah/ Ketan R. Shah - 161, 7. Rasik Shah/ Manju Shah - 156, 8/9. Ketan S. Shah/ Nitin Malde - 152, 8/9. Mr. and Mrs. Narendra - 152, 10. D. D. Shah/ Kanchan D. Shah - 146, 11. Jyotsna Savla/ Hema J. D. Shah - 141, 12. L. P. Gudka/ Shantilal K. Shah - 139, 13. Ashok Dohria/ Kausika Dohria - 133, 14. Pravin M. Shah/ Harilal Shah - 94.

Bridge Sessions are held at United Sports Club every Monday evening at 7.30 p.m.

The Jamhuri Day Training Rally on Sunday 12 December 2004 is well advanced in the organising comments MMC Hon Sec and Clerk of the Course Steve Davidson.

He checked the route on Tuesday 7th Dec and 95 per cent of it is remarkably smooth with only a few short distances where crews will have to be wary of mud-holes (if it is wet) and the chance of some narrowing of the route caused by wash-aways.

However, all is not quite plain sailing.

As if reflecting the harsh economic climate in Kenya, MMC will have to repair the fly-over bridge at the Hussein Dairy Autocross Track at Nguu Tatu following some thieves who have used hack-saws to steal the metal side rails of the bridge, the second rail being stolen on either Sunday 5th or Monday 6th Dec night.

GOOD FISH CATCHES RECORDED AT THE 'MOORINGS'

As predicted last week, the North East monsoon has lost its strength and over the past few days, there has been virtually no wind at all, resulting in very hot sultry weather, and quite a lot of rain, reports TOM THUMB from Mtwaipa on the Kenya North Coast.

But, nevertheless, some good fish have been recorded at the 'Mooring's'.

Paul Harvey came home on **SAMVUKE** with a 17.4 kg. king, and his fishing partner, Roger, had a 20 minute battle with a

All Set For Jamhuri Day Training Rally

(Some people are so poor that they will risk imprisonment for a few kilos of steel that sells for only eight shillings a kilo at the average scrap dealer.)

The MMC Committee are considering the options of the repairs - should it be scrap metal with little value, timber or perhaps iron-reinforced concrete ?

What ever is chosen the rails must be able to withstand the impact of a vehicle that loses control as it tries to negotiate the bridge.

Entries for the rally include Crispin Sassoon in his Subaru 2-seat Attacker II buggy with its MOTEC turbo-charged 2 litre engine that lost out in the KNRC 6 at Taita to another entrant, local hero Mark Jennings.

Mark will again compete in an Attacker 1300 Turbo and trust to his superior driving skill and daring to win the event this year.

Also confirmed are KNRC entrants, James Gatonye in his Range Rover Shorty and John Mburu in his souped-up Mitsubishi Evo 4 which had the misfortune of a failed water pump during race for the last Training Rally on 22 August and thus prevented his participation.

With Dr. Ben Ochieng (Crystal Medical Clinic, opposite Sesta Restaurant, Nyali) as the Chief Medical Officer, a fully equipped ambulance and crew from Security Group (thanks to Jeremy and Meschall van Tongeren), Fire Extinguishers from Kenya Fire Appliances and

support from the local "Boys in Blue" (OCPD Mombasa, Peter Njenga Karuki) and PTEO Coast, Mr A. Dianga) every thing should be well under control and safe whatever the conditions.

Food and drink will be provided by Diani based Rongai Butchery at the Hussein Dairy Track and all spectators are welcome to come and watch the action from 12 noon until about 4.00 pm.

NYALI CINEMAX

Cars and buggies will be at the Nyali Cinemax on Saturday afternoon for scrutineering for those who have already confirmed, while the late entries will be checked at the HDL Track from 10-11 on Sunday morning. Prizes have been bought

thanks to a generous donation from Zul Khan, Sadolin Paints Kenya and helpers are starting to trickle in with their support to MMC.

Anybody who wants to help is most welcome to volunteer their services to the Clerk of the Course, with details of any prior experience.

Those wishing to gain experience can always be paired up with veterans of controlling rallies at the Coast with the Country's most prominent and active motoring club.

Spectators wishing to enter into the section should arrive well before the start time as the road between the water tanks at Nguu Tatu and Ribe will be closed about 45 minutes prior to the first car starting the section.

The section will have a brief "open time" to allow those wishing to re-locate or return to the free road between Stages two and three before the rally finishes the "Open Road" section and returns to the thrills of one versus one at the track.

Details of the route and timings available at the Technosoft Cyber Cafe at Cinemax Nyali.

There are lots of prizes to be won including some fabulous hampers.

All anglers are welcome to participate, and entry forms can be obtained from the 'Mooring's' bar, or James Adcock (mob. 0722704615)

'Three Times In A Row' For KPA Stars

FROM BACK PAGE after featuring for our Countries National team during All Africa Games in Abuja, Nigeria last year.

One other key player, Josephine Achieng, benefited from a scholarship and left recently to join her new college in Texas.

KPA in position one voted the best team with unbeaten record in the league followed by Kenya Railways as runners up.

KPA took the trophy for position one and medals given to all the players that took part in the tournament and Mirriam Awor the captain of the team was voted the most valuable player in 2004.

good sized yellowfin before the hook came out.

On Friday, Andrew Estill from South Africa, fishing on **VUMA** got the best barracuda of the season, a specimen of 19.7 kgs. while Alice Wenzel improved the ladies best of the season with a 14 kg. fish.

Martin Meissner, a regular visitor from Germany, caught two sail while drifting on **SAMVUKE**.

He also landed a fine 16.2 kg. wahoo just before the sun went down.

Muna Dhanjee fishing on **PAW PAW** recorded another sail, and then on the following day got stuck into a good sized black marlin at 11 a.m.

The fish eventually stripped virtually all the line off his reel, but he then got all the line back.

When the fish was near the boat it managed to shake the hook out.

A good battle but the fish had won the day; the only unfortunate ending being that the boatman, Munir, got a treble hook from a rapala in his hand.

All was well, however, as the local Mtwaipa surgeons managed to remove the hooks.

No doubt Munir will be fully recovered for the forthcoming **Open Boat/Christmas Hamper Competition** which takes place at the 'Mooring's' on Sunday 19th. December.

Meteorite, With The Advantage Of Spinnaker, Proves A Winning Sail For Kalim Hassanali And Annie Appleyard

The first race for DECEMBER MONTHLY MUG was sailed by only two Ospreys in moderate winds on personal 'B' handicap on Wednesday, the 1st December.

Barry Mitchell, who was all geared up for his regular Wednesday sail and race, sadly could not get out on the water due to unavailability of a crew.

Regular boat Osprey INTO THE BLUE awaiting repairs would be out of action this month.

Two Ospreys, TANTIVY and METEORITE, had a close fought race all round the course. METEORITE, sailed by Kalim Hassanali and Annie Appleyard with the advantage of spinnaker, kept the lead and finished with line honours and in 1st position on corrected time.

TANTIVY, sailed by Scott McClelland and Susan Graham, were close in 2nd position.

Children's sail training continues every Saturday morning from 0900 to 1200 hours with a good number of boats and children out on the water.

Last Sunday, the 5th, was the first of the two short races of the series of total six races of EDWARD WILSHAW CUP on 'A' handicap.

The Cup was presented by the Captain and Officers of the Cable Ship 'Edward Wilshaw' in 1952.

It was light winds with a mixture of different classes of boats - Lasers, Laser II, Fireball, Osprey and Bosun.

The results were consistent in both the races, except in the first race, Fireball CAT'S PAW, sailed by Sha Khan and Andy Burnard, was in 1st position beating by 36 seconds on corrected time laser CHANZO sailed by Chris Barnes in 2nd place.

In the second race, Laser CHANZO was in 1st position beating by 24 seconds Fireball CAT'S PAW into 2nd position.

Laser CHANZO had line honours finish in both the races.

In 3rd position was Laser II KENZA, sailed by Michael Smewing and Ibrahim Khan.

4th: Laser FOXY LOXY sailed by Brian Emmott.

5th: Osprey METEORITE sailed by Kalim Hassanali and guest Jonathan Bowden.

6th Bosun CENTURION sailed well by sisters Seema and Neelan Shah and young guest Sheehan Shah.

Welcome back Seema on the sailing scene during your short holidays.

• Peter Blenfield from UK on holidays in Kenya came to say hello at MYC on 1st December. Peter was an active sailor and committee member from 1965 to 1972.

He was pleased to see MYC thriving with sailing still active and club nights on Wednesdays congenial as before.

It was also good to see Elizabeth and Seif Miskry from Zanzibar.

Forthcoming Events:

Sunday, 12th December 2004

- 3rd/4th Edward Wilshaw Cup

Wednesday 15th December

2004 - 3rd monthly mug and X-mas Dinner Peter

COAST BRIDGE with C.P. SHAH

In the following hand Declarer lacked entry to dummy to make the contract.

Dealer: SOUTH NEITHER SIDE 'Vulnerable' BIDDING

SOUTH	WEST	NORTH	EAST
ONE SPADE	PASS	TWO DIAMONDS	PASS
TWO SPADES	PASS	THREE SPADES	PASS
FOUR SPADES	PASS	PASS	PASS

West led the Seven of Diamonds and Declarer rose with Dummy's

Queen in order to take the Trump finesse.

Having successfully run the Knave of Trumps, he followed by running the Ten and leading a third Trump to East's King and his Ace.

Too late he realised that he could not get back to Dummy.

NORTH

♠	J	10	9	
♥	K	Q	J	10
♦	Q	J	10	2
♣	7	2		

WEST

♠	8			
♥	8	7	6	3
♦	7	3		
♣	A	J	9	8

EAST

♠	K	7	6	
♥	A	9	4	
♦	9	6	5	4
♣	K	Q	10	

He cashed the two top Diamonds and led a Heart, but East won the Ace and switched to the King of Clubs.

The defence took their three Club tricks to defeat the contract.

To avoid the entry problem, declarer should

SOUTH

♠	A	Q	5	4	3	2
♥	5					
♦	A	K	8			
♣	5	4	3			

have won the Diamond lead in hand with the King and immediately lead a Heart.

East wins the Ace of Hearts, but is powerless to defeat the contract.

Say he cashes two Clubs and leads a Second Diamond. Declarer wins in Dummy, discards his third Club on a Heart winner and takes the winning Spade finesse.

NYALI GOLF AND COUNTRY CLUB - RESULTS:

Johnny Walker and Tusker Malt Series played on Saturday 27th November, 2004 at the Nyali Golf and Country Club - Results:

Winner: Kaye McIlwaine 37 (17,20). Runner up: George Ngumbi 34 c/b (15,19). Third: Steve Clarke 34 c/b (17,17). Fourth: Martin Wahome 34 (18,16). Fifth: Satish Talwar 33 c/b. Sixth: M. Potgieter 33. Seventh: T.S. Sheikh 32 c/b. Eighth: Nicholas Munyi 32 c/b. Guest Winner: J. Irasha 32

November Mug and Medal played on Sunday 28th November, 2004 at the Nyali Golf and Country Club - Results:

Mug A. Division: Winner - Aaron Kikuvu 76 (84,76), Runner up Patrick Munyao 78 (88,78), third Lumatele Muchai 80 (89,80).

B. Division: Winner - Sandeep Gudka 73 (91,73), Runner up George Munyao 74 c/b (88,74), third Jon Oxtoby 75 (88,75).

C. Division: Winner - Nagin Shah 75 c/b (96,75),

Runner up Cypran Wambugu 75 (94,75), third Allan Dainty 77 (103,77), Best Gross: Aaron Kikuvu 84.

KLGU Medal: Silver - Winner Diana Munyao 68 (77,68), R/up Ann McConnell 70 (83,70), Best Gross: Diana Munyao 77.

Bronze: Winner - Suhash Gudka 72 (106,72), Runner up Nova Soper 77 (101,77), Best Gross: Mamta Patel 96 (98,77).

Nyali Beach Trophy played on Saturday 4th December, 2004 at Nyali Golf and Country Club - Results: Men - Winner: Mohamed Virji 36 (16,20), Runner up Jyoti Doshi 35 c/b (17,18), Third: G.M. Onyango 35 c/b (17,18), Fourth: Qamar Naqvi 35 (19,16), Fifth: Anthony Warui 34.

Ladies - Winner: M. Waihenya 36 (20,16), runner up: Frances Lagoussis 35 (17,18).

Best Hotel Guest: Maurice Sunderland.

Longest drive on no. 14 Man: Tony Mbote, Lady: Diana Munyao.

Robertson-Eustace Cup Match Play At Mombasa Golf Club

Robertson-Eustace Cup: The match play competition hotted up with the quarter finals providing some close matches at Mombasa Golf Club, reports CUNICULUS.

However, breaking the norm, MGC Captain had a convincing win against the promising C. S. Song winning his tie on the 11th hole and justifying the Handicap Committee's decision to cut his handicap a shot following the win in the October and November Mugs.

Chabil Chhabhiya beat Ramesh Patel on the 20th hole, but the final decision had to go to the Competition Committee as an un-scheduled Handicap Revision should have cut Chabil by four shots but the failure to post the notice at the Club and subsequent result that was initially un-opposed led to the examination of the "Decisions on the Rules of Golf" and the decision was that the result should stand.

Martin Wahome and Marcus Potgieter obtained special permission to play their tie late and the final outcome was a win for the MGC House & Wine Member as he beat Marcus of the 19th hole.

The final shall be between the winner of Martin Wahome and his opponent, J.K. Kim or G.M. Njiri and MGC Captain Steve Davidson.

The next competition is the John Lavelle Bowl on Sunday 1st December 2004.

This is a Men's foursome event where players choose the own partners and play alternate shots over 18 holes and see who has the best score overall.

Entries are still open an players should ensure that both players are full members of MG with valid handicaps.

Please enter your names in the "Competition Book" at MG as soon as possible.

Beware Of The Latest Gadgets To Impose Themselves On Drivers - Mobile Phones!

The next area we will focus on as we approach Yuletide and the New Year is the area of distractions.

In earlier years the distractions were all likely to be contained in the vehicle cabin.

Screaming kids, a nagging or sulky wife or even operation of in board equipment not related to driving.

The latest gadget to also impose itself on the driver is the mobile phone.

This growth in the presence of this item in the driving area of the car is phenomenal.

In a short space of just four years, the mobile phone has invaded the driving space to achieve a penetration of nearly ninety per cent.

and one can get arrested for using it.

As with many other laws in Kenya, enforcement is a problem.

Even after the hiatus raised by the enforcement of the seat belt rule by Uncle John, there are still a lot of private motorists not using seat belts.

One would have thought that the noise generated by the edicts

a message has been received. Our curiosity tends to get the better of us.

There are other distractions that are common in vehicles that we must avoid if we can.

If we play music in the car it should not be so loud that it masks other sounds.

It could mask a warning hoot or a noise that would be warning us of a potential failure of a critical component.

depending on the context and content of the conversation, one could be distracted or even angered leading to an accident causing situation.

One sees more and more people shifting to blue tooth

earpiece devices. These are not any better. When one receives a call when having hands free devices, one should tell the caller that they are driving and offer to call back then politely or otherwise end

the call. As Kachumbari says, first we should not fight fatigue but rather join it or respond to it and next that we should avoid distractions whilst driving especially from mobile phones.

Almost everyone who drives in Kenya can now afford or is given a telephone.

The mobile phone has many benefits for a driver. They give the driver the feeling of security in that they can phone for help as and when then break down and the problem is beyond undoing a few nuts or reconnecting a cable or two.

It also allows the driver to call for help in an emergency of their own, in the event that they see one or are involved in an accident.

It further allows the driver to communicate in case conditions change on the road and they need to advise someone of a delay or tell a friend that a particular route has problems and that they should divert from using that road.

The law in Kenya, and in a lot of other countries, is very clear. One should not use a mobile phone when driving. It is illegal



would have led to people asking themselves whether they should not consider wearing seat belts.

However, we find the attitude of "not my problem but somebody else's" is pervasive and a lot of people do not consider themselves at risk.

But this is another debate in itself.

Use of a mobile phone is not limited to talking into it only.

It also includes all the other functions that modern phones have such as making or receiving calls, pictures, text messages or accessing the Internet on WAP machines. Even the most careful of drivers will be distracted by a phone call or the notification that

SIMON NDAMBUKI FROM G.S.U. IS WINNER OF KRRC .22 KENYA

KRRC .22 Kenya was held on the November 25th to 28th 2004 at the GSU ranges, reports KRRC/ KRA Publicity Officer Kamal Vara.

A total 29 shooters took part from the GSU, CID, ARMY and KRRC.

The overall winner was Simon Ndambuki from the GSU with a score of 2898.

For the Marksman of the year there were 24 shoots but only the best of 11 were chosen.

For the long range 100 yards kindly sponsored by the Sagoo Family. There were 11 shoots and only 7 of the best were selected.

Dubai Bank Clash With Gor Mahia

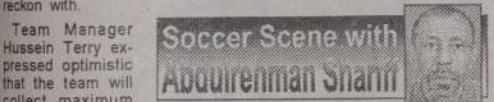
FROM BACK PAGE

will not allow the visitors to return to the capital city with even a point.

The Mombasa side has improved at late after a poor start and are hotly favoured to beat Gor Mahia who formerly was nicknamed "mighty" Gor.

Coach Hussein Kheri and his assistant Douglas Mutua will field their strongest line-ups in both the matches that are expected to attract good crowds.

The visiting teams -Nzoia and Gor Mahia are also forces to reckon with.



Team Manager Hussein Terry expressed optimistic that the team will collect maximum points.

"Our side has at last find the winning touch," says Terry.

He adds that after losing several players to other clubs early this season when Coast Stars was disbanded, the team started the league on losing note but now.

"I am proud to say that all the players are performing well and we are confident to win the two matches against Nzoia and Gor Mahia this weekend"

Dubai Bank will have to take their two matches seriously as every team is now looking for points not only to avoid the big drop but to finish in respectable

positions.

Nzoia team have many players who are physically fit that the Coastal defenders should be careful.

The Westerners' wingers are also dangerous on the flanks and speedy.

Gor Mahia who snatched their first victory last weekend when they defeated Re-Union 3-2, will also fight it hard to make sure they register their second victory which will make them jump up the ladder.

If Dubai will win the six points

to play tomorrow and on Sunday.

It is high time for Coast soccer fans to meet and discuss the feature of Dubai Stars and how they will support the team instead of being divided.

Currently some fans that were supporting Coast Stars are seen supporting up-country clubs whenever they play Dubai Bank.

Dubai Bank management need to call a meeting and request all Coast fans to support the team in all their home matches.

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THE TYPICAL PLAYER STANDS RIGIDLY STILL OVER THE BALL FOR SO LONG THAT, WHEN THE TIME COMES TO SWING HE TENSES UP.

1 THE BEST WAY TO MAKE THE SWING FLOW IS TO ALLOW THE SETUP TO FLOW. DO ALL OF YOUR SIZING UP OF THE SHOT BEFORE YOU SET UP TO KNOW WHAT TYPE OF SHOT YOU WANT TO HIT AND WHERE YOU WANT THE BALL TO LAND THEN:

2 TAKE YOUR ADDRESS POSITION QUICKLY. STARE AT THE TARGET. WAGGLE THE CLUB AND GO.

3

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General Tyre Sales On The Move With Marutis

General Tyre Sales Limited have purchased a fleet of Maruti Omni vehicles for their operations from CMC Motors Group Limited.

GTS are now moving closer to their customers with the new Maruti Omni Vans and with their main office situated on Hale Selasie road and the easily accessible branch on Tangana Road, next to Babu Motors.

They stock new Tyres, Tubes, Batteries, Wheel Rims, Accessories and provide a wide range of specialized services in this field.

All in One - It's a Tyre Supermarket.

GTS Head of the Management Paras Shah (second left) is seen receiving the keys of three Maruti Omni Cargo Vans from CMC Motors Group Limited Coast Regional Manager Chris Diaz. Looking on (from right) are CMC Sales Executive Gabriel Origi and Shabbir H. Talab, Masoud Noorani and Mary Mwaigacho all of GTS Sales and Marketing Department.



Dubai Bank Clash With Gor Mahia

Dubai Bank Football Club is expected to collect maximum Kenya Premier League six points when they play host to Nzoia Sugar from Western Province and Nairobi's Gor Mahia at the Mombasa City Stadium this weekend.

The Coastal team will play their match against Gor Mahia tomorrow (Saturday) before taking on Nzoia Sugar the following day (Sunday).

A SPECIAL REPORT from ABDULREHMAN SHARIFF

Dubai Bank FC who returned to Mombasa with a point after drawing one-all with Kangema FC, will go flat out to make sure they bagged in all the six points when they play ex-great club Gor Mahia tomorrow (Saturday).

Gor Mahia is not doing well in the league and the home team

TURN TO PAGE FIFTEEN



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KENYA TIDE TABLES

MOMBASA, December 10 - 16, 2004

FRIDAY High Water - 3.3 m. at 02.32 hrs. (2.32 a.m.) and 2.7 m. at 15.04 hrs. (3.04 p.m.). Low Water - 0.5 m. at 08.58 hrs. (8.58 a.m.) and 0.6 m. at 20.47 hrs. (8.47 p.m.).

SATURDAY High Water - 3.6 m. at 03.14 hrs. (3.14 a.m.) and 2.8 m. at 15.47 hrs. (3.47 p.m.). Low Water - 0.3 m. at 09.41 hrs. (9.41 a.m.) and 0.4 m. at 21.29 hrs. (9.29 p.m.).

SUNDAY High Water - 3.7 m. at 03.56 hrs. (3.56 a.m.) and 2.9 m. at 16.29 hrs. (4.29 p.m.). Low Water - 0.1 m. at 10.23 hrs. (10.23 a.m.) and 0.3 m. at 22.10 hrs. (10.10 p.m.).

MONDAY High Water - 3.7 m. at 04.38 hrs. (4.38 a.m.) and 2.9 m. at 17.12 hrs. (5.12 p.m.). Low Water - 0.1 m. at 11.05 hrs. (11.05 a.m.) and 0.3 m. at 22.53 hrs. (10.53 p.m.).

TUESDAY High Water - 3.7 m. at 05.21 hrs. (5.21 a.m.) and 2.9 m. at 17.57 hrs. (5.57 p.m.). Low Water - 0.1 m. at 11.47 hrs. (11.47 a.m.) and 0.4 m. at 23.37 hrs. (11.37 p.m.).

WEDNESDAY High Water - 3.5 m. at 06.05 hrs. (6.05 a.m.) and 2.9 m. at 18.43 hrs. (6.43 p.m.). Low Water - 0.2 m. at 12.31 hrs. (12.31 p.m.).

THURSDAY High Water - 3.3 m. at 06.52 hrs. (6.52 a.m.) and 2.8 m. at 19.33 hrs. (7.33 p.m.). Low Water - 0.6 m. at 00.25 hrs. (12.25 a.m.) and 0.4 m. at 13.16 hrs. (1.16 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

Its 'Three Times In A Row' For KPA Women' Basketball Stars

Kenya Ports Authority Women's Basketball team have retained the Women's league title when they beat Kenya Railways 63 - 47 in game two of the 2004 play offs at the Nyayo National Stadium.

The 2-0 victory in the best of three series finals saw KPA become the first Womens team to win the league title three times in a row.

KPA qualified by beating Sprite Storms in game one 54 - 45 and game two 60 - 37 respectively.

The team has thus asserted its dominance in basketball competition yet again and met the expectations of many of its fans who were counting on the team to win the championship.

It is worth noting that the team has appeared in virtually all the National league finals since the event was inaugurated in 1967.

Through this victory the team has qualified to participate in the Women's World league championships which will be held next year.

The dates and venue for the event are yet to be released by the continental governing body for Africa FIBA-Africa.

KPA News with JOHN AMKE

This will be the third time the team will be competing in this high caliber event after having done so in 1993 in Angola and 1998-1999 in Mozambique and Senegal.

It must however be pointed out that several key players have continuously carried the team through their immense contributions.

The players include: Mirriam Awuor team captain, Susan Agoya, Ethel Wakesho, Susan Atieno play makers, Gladys Wanyama - key rebounder and defensive kingpin and Millicent Anyango cannot be left behind

TURN TO PAGE FOURTEEN

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