

★ ENTERTAINMENT ★ NEWS ★ SHIPPING ★ COMMENT ★ SPORTS ★

MEMBER N.P.A. EAST AFRICA G.P.O. REGISTERED NEWSPAPER

# Coastweek

Issue No. 2743 October 22 - 28, 2004.

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## Bamburi Launch Environmental Conservation Subsidiary

Bamburi Cement has launched another subsidiary, **Lafarge Eco Systems**, to replace **Baobab Farm** as its environmental conservation concern.

The company will focus on quarry rehabilitation, restoration and afforestation initiatives in exhausted quarries and other areas of environmental conservation initiatives in East Africa.

All farming supervisor activities, previously handled by **Baobab**, will now be shelved.

"The restructuring of the **Baobab Farm** and subsequent name change to **Lafarge Eco Systems**, is part of a continuing business alignment strategy within the group tailored to achieve focused environmental operation as we move away from farming completely," said **Didier Tresarrieu**, Bamburi's managing director during the launch.

**Baobab Farm** was established in 1971 by agronomist, **Dr. Rene Haller** as subsidiary dedicated to rehabilitating and restoring wastelands that resulted from quarrying activities.

### LAFARGE ECO SYSTEMS HAS REPLACED BAOBAB FARM

**Dr Paula Kahumbu**, an ecologist, tasked with managing the changed outfit said the launch was timed to coincide with the Bamburi's half-century celebrations as a reflection of the key role its predecessor played in environmental conservation.

"We begin on a new slate, having discarded farming as a practice", she said.

Environment and Natural Resources Minister **Hon. Kalonzo Musyoka**, who was the chief guest, said the government was keen to partner with the private sector in order to better manage forests and wildlife sustainably.

He congratulated Bamburi for its success in environmental conservation, citing the world renowned restored quarry **Haller**

**Park**; now a popular tourist attraction.

**Hon. Kalonzo** said Kenya has over the last few years witnessed a worrisome reduction in the amount of forest cover, which now totters at only 1.7 per cent of the country's land area, far below the international accepted target of 10 per cent.

Bamburi chairman **Richard Kemoli** called on the government to involve the private sector in wildlife policy and direction.

#### ORYX AND ELAND

He cited the need to re-examine the directive banning animal culling saying it had impacted very severely on domestic herds of **Oryx** and **Eland** domiciled in the private park.

The firm recently had to relocate seven giraffe from the **Haller Park** to **Nguuni Wildlife Sanctuary** near **Kiambeni** at a cost of almost **Sh1 million** to

reduce pressure on its habitats.

**Kemoli** added that the government should consider implementing incentives to the company including carbon

credits and tax holidays for donations to compensate for its heavy investment in conserving the environment and Kenya's endangered species.

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Special Report by  
**Andrew Kilonzi**

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Minister for Environment and Natural Resources **Kalonzo Musyoka** (right) listen to **Hima Cement** Managing Director **Mbuvi Ngunze** (left) during the launch of **Lafarge Eco Systems** at **Haller Park** Mombasa. With them is the Managing Director of **Bamburi Cement** **Didier Tresarrieu** (centre).

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# MOMBASA AND COAST SHOPPING GUIDE

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## KNOW MORE ABOUT BREAST CANCER

More women get Breast Cancer than any other cancer and a small percentage of men.

Risk factors which seem to make it more likely that a woman may develop Breast Cancer include:

**WHEN YOUR PERIODS BEGIN AND END:** Starting early and going on beyond the age of 55 seem to be more linked with increased risk.

**GETTING OLDER:** More women in older age groups develop breast cancer with a doubling of risk every 10 years.

**POSTPONING PREGNANCY:** Women who don't become pregnant until after the age of 30 or who never have children are at greater risk than those who are pregnant for the first time in their teens.

**BREAST FEEDING:** A woman who has breast fed one or more children has a lower risk than a woman who has never done so.

**OVERWEIGHT:** Being seriously over-weight, greater than 1.5 times the average weight for your height does increase breast cancer risk.

**DIET:** There is a link between breast cancer and eating a diet that is high in fat, low in fibre and fruits.

**ALCOHOL and SMOKING:** Women who drink a lot of alcohol have a higher risk than those who either drink no alcohol or drink it in moderation.

Smoking has not been directly linked to breast cancer risk, but of its implication in other diseases like lung

cancer.

**TAKING THE CONTRACEPTIVE ORAL PILL:** There is a slight increased risk for women while they are taking oral contraceptive.

**HORMONE REPLACEMENT THERAPY:** Women who take HRTs especially for over 10 years are at a greater risk than those who take it for 10 years.

**FAMILY HISTORY:** Upto one in ten women who develop breast cancer have inherited some kind of genetic abnormality which makes them more susceptible to the condition.

The increase in risk depends on how close the relative is and on how many relatives have had breast cancer.

The risk is greater if affected relative developed it under age of 50 years and increases further if two female relatives are affected.

The risk is greater if your mother developed cancer under age of 35

### PROTECTIVE FACTORS

- If you have babies, breast feed, the longer the better,
- Restrict red meat and fat in your diet and increase your fibre intake by eating plenty of whole grain cereals, fruits and vegetables,
- Enjoy alcohol if you may, in moderation,
- Keep your body fat down by eating a balanced diet and take regular exercise.
- Plan to have your first baby by age of 30 years.

Special Report by  
Correspondent

The Aga Khan Hospital, Mombasa Breast Cancer Awareness Support Group is a volunteer group, many of who are breast cancer survivors.

### Our Aims and Objectives:

- Create awareness
- Teach Breast self examinations
- Emphasize importance of clinical examinations
- Provide non-financial support
- Inform of medical services available

### Our Activities:

- Workshops at various venues
- Talks and Demonstrations
- Relating personal experiences by survivors

In view of the fact that October is the International Breast Cancer Awareness month, we would like to inform Mombasa that there is a **Breast Cancer Support and Awareness Group** at the **Aga Khan Hospital** and we welcome any and every invitation to conduct workshops, which are free of charge and to provide non-financial support.

Our contact is listed below: BCASG Email:

bcasg@msa.akhskenya.org

Tel: 312953/227710 - 5 Ext. 2341 - Dr. Sultana Sherman

## Priscilla Dhahabu Charo - A Survivor And Founder Of The 'Coast Breast Health Cancer Support Group'

When Priscilla Charo was told she had breast cancer in August '92, her world collapsed around her.

This energetic mother of four, was Councillor for Kaloleni in Kilifi District and a leading light in her community. Having to come to grips with

her own fear was bad enough, but Priscilla also had to fight the negative attitude of many of her acquaintances, who believed that the disease was the result of a curse and only a Witchdoctor could lift it.

She was sensible enough to resist the urging of friends in this direction and sought responsible medical aid.

After a woeful round of visits to doctors' surgeries and hospital, Priscilla finally had a complete mastectomy at the Nairobi Hospital.

This was followed by chemotherapy and the loss of most of her hair.

### LEARN ABOUT THE WARNING SIGNS ...

A lesser woman would have decided to take life easy from then on, but Priscilla was determined that other women would be better informed that she was about this dread disease, and learn the warning signs.

She therefore founded the **Coast Breast Health Cancer Support Group**.

This support group, together with **Kenya Breast Health Programme** and **Safaricom**,

are organising a **'Breast Cancer Awareness Forum'** at the **Mombasa Hospital** on 29th October from 8.00 a.m. to 4.00 p.m.

During those hours, there will be free examinations available for both men and women.

On 29th October, there will also be a march from **Safaricom** offices in Moi

Avenue to the **Mombasa Hospital**.

This march is to attract attention to the fight against this disease and to collect funds for survivors.

On 30th October, the Hon. **Najib Balala** will be guest of honour at the **Mombasa Hospital** when he will open the hospital's **Well Woman Clinic**.

## Ramadhan Special

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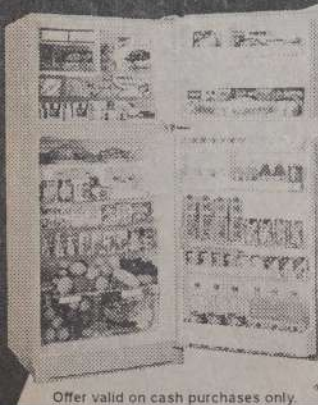
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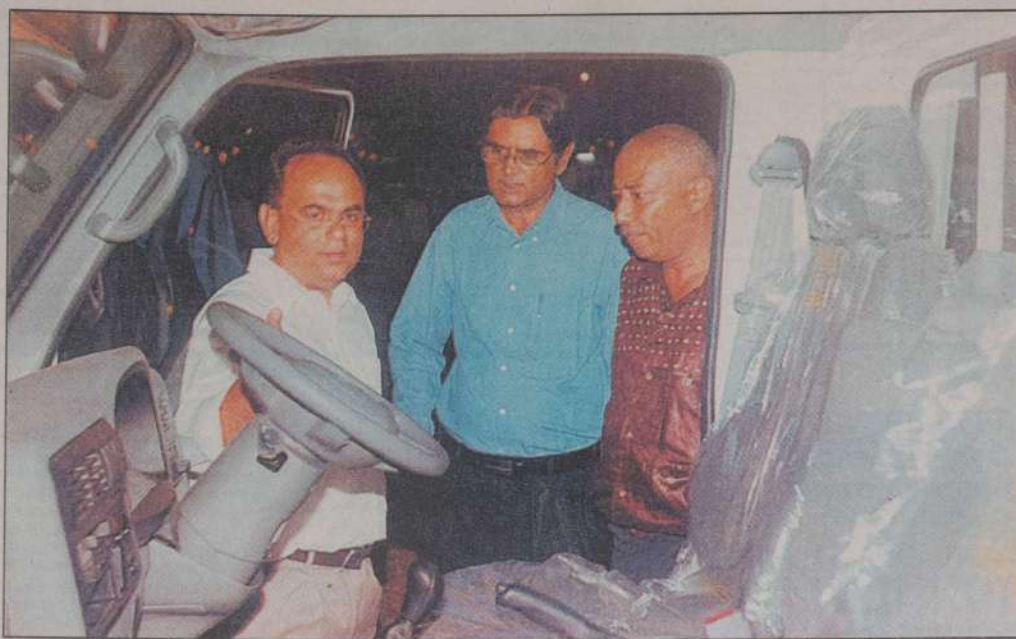


Offer valid on cash purchases only.

## RAMADHAN TIME TABLE

Date	MOMBASA		MALINDI		LAMU	
	SUHR Closing a.m.	IFTAR Opening p.m.	SUHR Closing a.m.	IFTAR Opening p.m.	SUHR Closing a.m.	IFTAR Opening p.m.
22/10	4.30	6.17	4.29	6.15	4.26	6.12
23/10	4.30	6.17	4.29	6.15	4.26	6.12
24/10	4.30	6.17	4.29	6.15	4.26	6.12
25/10	4.29	6.17	4.28	6.15	4.25	6.11
26/10	4.29	6.17	4.28	6.14	4.25	6.11
27/10	4.28	6.17	4.27	6.14	4.25	6.11
28/10	4.28	6.17	4.27	6.14	4.25	6.11

# Marshalls (E.A.) Ltd. Launch KIA K2700 Pick-Up



**For Extra Safety:  
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Tough Steel Plate**

Marshalls (East Africa) Limited Mombasa Branch manager Mr. Vivek Mehta (left) is seen explaining the finer points about the luxury new KIA K2700 pick-up to Mr. Anil Trivedi and Mr. Omar during launch of the KIA range of vehicles hosted at the Mombasa Sports Club.

PHOTO - KEN ODHIAMBO

## Big Opportunities For Coast Business Men And Women !

• KENYA PAVILION • THE GLOBAL VILLAGE • DUBAI SHOPPING FESTIVAL 2005 •

We would like to remind Coast-week readers of a grand opportunity to contribute or participate and exhibit Kenyan products or services at the annual **Dubai Shopping Festival 2005**.

The theme of the exhibition at this trade and cultural fair will be **The Kenya Pavilion at The Global Village**.

All industries will have a chance to display and sell their products almost tax-free for upto 79 days.

It is like setting up shop in important tourism and commercial international hub without a licence.

One can showcase, display, promote, wholesale and retail his/ her services and products to a projected figure of over seven million people during this duration.

In 2004, during 32 days of festivities at *The Village*, over five million people were conted entering the *The Global Village*.

The exposure extends to markets of the vast neighbouring regions of the Arabian Gulf, Middle-East and beyond.

Dubai is fast developing into an international transiting and re-export platform linking the East and the West.

It is the fastest growing city in the world at the moment. It is attracting tourists and business from all over the world.

It straddles the richest oil region on the globe and is now transforming into a Singapore or Hongkong of the Middle-East !

It ranks Kenya in the top-ten as a trading partner but the balance of trade is tipped in her favour and we in Kenya need to do more to export and sell our products and services out there.

With this event, we have a chance to make the best of it.

All exhibitors will be entitled to two free visit visas for three months and can apply for upto four if necessary under special circumstances.

Exhibition booths are limited and apportioned for different industries such as Trade and Industry, Tourism, Investment Promotion and Export Processing Zones, Culture and Arts.

Each area has a limited number and will be allocated on a first-first serve basis.

All booths will be ready-to-exhibit, lighted free-of-charge, carpeted with chairs and a table, six shelves and provided with and electrical socket and telephone line if requested.

Forms for registration and cost of participation are available upon request from undersigned.

Please contact our offices for details and any other assistance that you may require on the matter.

Jalal Balala, Organizer and Co-ordinator Al Azizah, P.O. Box 30547, Dubai, UAE.

Tel: +9714 - 2260611 Fax: +9714 - 2250515 E-Mail: alazizah@emirates.net.ae Mobile: +97150-6503541

## 'Music Night' At 'Pirates'

Saturday 9th October 2004 was a beehive of activity at the famous **Pirates Beach Club**, Bamburi Beach.

The International Music Night hosted by **Mombasa Nyali Roundtable No. 25** was nothing short of success.

DJs **Deshal** and **Richie** took the crowd through the night that they will remember for a long long time.

The **Wakimbizi** became a local favourite as they performed tunes that rocked the floor at the **Pirates**.

Last but not the least, the **Salsa** dance presentation captured the hearts of many. The South American Dance sequence

never fails to amaze anyone.

A **Round Table** spokesman added:

"At this juncture, **Mombasa Nyali Round Table No. 25** would like to put on record its appreciation to the cooperation accorded by the management of the **Pirates Beach Club**.

"Also all the companies and banks who supported the event by banner display and to the Public of Mombasa for turning up in good numbers to support us for a worthy cause.

"For any further information about our activities contact the Chairman **Tb Dalvinder Singh Sohal** on telephone 492595 Mombasa."

LIFE IS JUST A LAUGH



"I hate ladies darts night."

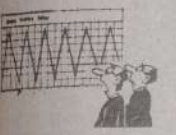


"You said to salvage anything that might come in useful!"

PERFUME



"It's now, we're all crazy about it - it smells like money!"



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# Sounds Familiar: The Widow Rajlakshmi Has Spoilt Her Son Mahendra Rotten ...

TOM HANKS just never seems to age (I am talking about the last 15 years not compared to when he was a young teeny-bopper in *The Party*) and his flair for comedy is just so amazingly wonderful.

Steven Spielberg has cast him as an Eastern European traveller on his way to America for an assignment in *The Terminal* at the NYALI CINEMAX this week.

Viktor Navorski from the fictitious country knows even as he boards the plane to New York that civil war is looming in his homeland.

As he lands at Kennedy Airport, a full fledged coup has taken place and the government that

issued his passport is no longer in control of his country.

This inevitably means that Viktor is now stateless, passportless and an illegal immigrant on the soil of the great United States of America.

His entry into the land of freedom and opportunity now depends on airport officials who as usual are as bureaucratic as can be.

Neither can he go back to his home as he does not possess valid travel documents.

Stranded at the airport terminal, Viktor makes the most of every opportunity, sleeping where he can, washing in the public toilets and scrounging off food whenever he can.

He meets all sorts of travellers and we are treated to the spectrum of colours in the world through his eyes.

He even manages to start off a romance with the beautiful but accident-prone flight attendant Amelia (Catherine Zeta-Jones).

All Viktor wants to do is complete his assignment and go back home; but then of course American rules and regulations and a tight-fisted official called Frank Dixon will have none of it.

Considering that the entire two hour film is shot in just one area, Spielberg manages to keep the interest, emotions and humour rolling throughout the film.

The second new film at NYALI CINEMAX is Director Rituparno Ghosh's *Chokher Bali* starring Aishwarya Rai, Prosenjit, Raima Sen, Tota Raichaudhary and Lily Chakrabarti.

This is a truly Bengali film in all senses as even the writer of this story is none other than the illustrious Rabindranath Tagore.

Set in the early 20th century this is a drama of emotions, exploitation and finally surrender. The widow Rajlakshmi has

spoilt her son Mahendra rotten. She also bestows equal maternal love on Mahendra's friend Behari.

One day she sees the beautiful Binodini and wants her as her daughter-in-law. Both Mahendra and Behari reject her, forcing Binodini's family to marry her off to an old and sickly man, for in those days once rejected, a girl would never be accepted as a wife by any man.

Mahendra marries the young and naive Ashalata who at one time was betrothed to Behari.

In the meantime, Binodini's husband has died leaving her a young widow facing a life of hardship.

Rajlakshmi decides to bring her home to give her company in her old age and look after her.

Binodini meets the two men whose rejection has earned her a life of misery.

Using her beguiling beauty and sexual experience she seduces Mahendra in no time at all.

For a while Ashalata has no clue of the affair, and even considers Binodini her best friend

and confidante, but when she finds out all hell breaks loose.

Rajlakshmi kicks Binodini out of the house and Ashalata imposes self-exile on herself.

With no support, Binodini now turns to Behari who rejects her one more time.

Banishing herself to Benares, Binodini lives alone once again turning Mahendra away from her.

She also sees Ashalata who is pregnant and realises the mistakes she has made.

Can she correct her errors in any way and make amends?

This film is one of those art film minus all glamour and glitz.

However, Aishwarya brings in that graceful beauty and charm that makes it an endearing and tender film that is wonderful to watch.

*Chokher Bali* has been highly appreciated at none other than the Cannes Film Festival, LA Film Festival, the Toronto Film Festival and at the Locarno International Film Festival in Italy it was nominated for a Golden Leopard for movie excellence.

Bill Murray, Liz Wilson, Breckin Meyer and Jennifer Love Hewitt are the side-kicks as the cat takes the cake and eats it too in *Garfield* on Friday, Saturday

**KENYA CINEMA**



**HUM KAUN HAI?**  
Amitabh Bachchan, Dimple Kapadia, Dharmendra  
Fri. - 9.30pm  
Sat. - 2.45 & 9.30pm  
Sun. - 2.45; 6.30 & 9.30pm

**'SAAJAN CHALE SASURAL'**  
Govinda, Satish Kaushik, Tabu, Karishma Kapoor  
Mon. - 9.30pm  
Tue. - 9.30pm

**NYALI CINEMAX** the ultimate movie experience...

STEVEN SPIELBERG'S  
**The Terminal**  
Tom Hanks  
Catherine Zeta Jones  
Fri.-9.00pm • Sat.-2.00pm & 8.45pm  
Sun.-6.30pm • Mon.-6.30pm  
• Wed.- 9.30pm

Highly appreciated at the  
CANNES FILM FESTIVAL,  
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TORONTO FILM FESTIVAL,  
LOCARNO INTERNATIONAL FILM FESTIVAL

**CHOKHER BALI**  
AISHWARYA RAI, PROSENJIT, RAIMA SEN  
Sat.-11.30pm • Sun. 1.45pm & 9.15pm  
Mon.-9.15pm • Wed.- 2.30pm • Thur.-9.15pm

**Garfield**  
The Movie  
Fri.-6.45pm  
Sat.-10.30am & 4.45pm  
Sun.-11.00am & 4.30pm

**WILL SMITH ROBOT** Thur.-6.45pm  
**MAN ON FIRE** Wed.-6.30pm  
**KING ARTHUR** Tue.-6.45pm

**13 going on 30** Sat.- 6.45pm  
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## INTERNET SURFING - ADVANTAGES FAR OUTWEIGH ANY RISK

Everyday I log onto the Internet. I wake up in the morning, grab my cup of tea, turn on the laptop, go through the day's timetable and appointments, back at the office: I read my email with delight!

Thanks to the Internet, I have met people from all over the world in chat and through email.

These emails aren't just text, they are friends sending me a message.

Yes, I suppose I could pick up the telephone and call people, but I doubt I would have called a stranger in New Zealand or even stranger living in my town.

The Internet has made these friendships possible. Some people compare it to the CB Radio, but it is so much more.

Get the information you need, when you want it.

The information you need is waiting for you to do a search for it.

Whether it is finding a science experiment for your child to do in her class or finding out where Timbuctu is really located, the information is there!

There was a time when you had to wait for the seven-o'clock news to find out the weather and news.

Thanks to the Internet, you can find out, when you need to know.

The Internet can save you money. You can save money when you look up a telephone number and you don't have to buy a map to look up directions.

And of course, you save a lot when you get 'freebies'. Get entertainment any time.

There are so many games, quizzes, and activities that can keep your family occupied and challenged.

You will want to limit the time that the kids are allowed online, but I think it is better for them to be interacting than mindlessly sitting and watching television.

Some people are saying that the Internet is evil, because you can access pornography and messages of hate.

Sometimes evil people even pose as someone they are not,

to try and hurt others. The advantages far outweigh any risk.

Yes, you have to be careful to protect your family from the bad things on the Internet, but do not give up the benefits because of the few things that are bad.

Here are some Internet and Computing Glossary:

**ADDRESS** A location of a web site or file on the Internet.

**BOOKMARK** A term used with Internet Browsers.

A saved address to a Web site that has been added to a list of saved addresses.

Instead of retyping an address again, you can go to your bookmarks and click on the address to return to the site.

**BROWSER (WEB BROWSER):** A software program that enables you to see, and hear content on the World Wide Web.

This includes, text, graphics, sound, and video. Popular browsers are Netscape, Internet Explorer and now Opera.

**CHARACTER MAP** A string of characters to create a character that is not on your keyboard.

For example to create the character © you hold down the **Alt** key on your keyboard and type **0169** into your number pad, then release the **Alt** key.

**CHAT ROOM:** A place where you can talk to another person or group of people in real time.

Communication is usually through typing.

Most popular being **MSN** and **AOL DIRECTORY.** A directory of links to Internet sites.

These directories may be searchable.

Links to other sites are gathered and sorted by category.

Examples of directory sites are **Google** and **Yahoo.**

**DNS (DOMAIN NAME SYSTEM):** A system of numbers that are actually used by computers

instead of Domain Names to locate a Web Site.

When you type in **HYPERLINK:**

<http://www.coastweek.com> the browser looks for a DNS number that matches the address.

Computers deal with numbers easier, while humans remember names easier, so computers use the numbers while humans use an address.

An example DNS number is 216.127.66.111.

**DOWNLOAD** Where you copy a file from another computer to yours.

Every time you access a page, you download the information on the page and temporarily store it on your computer.

**EMAIL (Electronic Mail):** A means of communication over the Internet.

**EMOTICONS:** A string of characters that represent and emotion when you type. ie. :) Happy. :( Sad, :o Shocked

**FAQ:** Abbreviation for Frequently Asked Questions.

Many Web sites try to gather questions that are frequently asked and put them in one place.

**FAVORITES:** A term used with Internet Explorer Browser.

A saved address to a Web site that has been added to a list of saved addresses.

Instead of retyping an address again, you can go to your bookmarks and click on the address to return to the site.

**FTP:** Abbreviation for File Transfer Protocol.

A special FTP program is used to transfer files from one computer to another.

It is often used by Webmasters to upload their files to a Website.

It is also used to download files from Websites.

**HISTORY:** Your browser keeps a record of sites that have been loaded by the browser.

and Sunday, I am not too sure which is the CONCLUDED PAGE THIRTEEN

**NETWISE** with **VIPUL PATEL**



Learn How To View Your Browser's History.

**HOME PAGE:** A Web page that is about you or a page that you create with your favorite software.

Also this term is used for a start page that loads when you open your browser.

**HYPertext TRANSFER PROTOCOL:** A standard used by World Wide Web servers provide rules for moving text, images, sound, video, and other multimedia files across the Internet.

**ICON:** A small picture on Web page that represents a topic or information category another Web page.

Frequently, the icon is hypertext link to that page.

**INTERNET:** A worldwide collection of computer networks that allows people to find and use information and communicate with others.

**ISP (Internet Service Provider):** A generic term for a company that can connect you directly to the Internet.

**LINK (HYPERTEXT LINK):** term used on the Internet for clickable address or word that will send you to another area the site you are at, or to a different internet site.

**SPAM:** An expression for unsolicited email, generally from a company trying to get you to visit their web site or an offer to make money.

**SEARCH ENGINE:** A program that performs keyword searches for information on the Internet.

The program sends a robot an Internet site and it gathers keywords and stores them.

When you search, it's search results are gathered by relevant to your query.

**URL (Uniform Resource Locator):** The World Wide Web address of a site on the Internet.

For example, the URL for the Coastweek is **HYPERLINK:** <http://www.coastweek.com>

**Vipul Patel is a Mombasa-based Web Developer, Trainer and Creative Consultant.**

# 'Excel Airways' Introducing Direct Flight From Gatwick To Mombasa

The arrival of the EXCEL AIRWAYS flight into Mombasa's beautifully clean Moi International Airport on Monday, September 18, 2004, was a colourful and joyous event with a traditional welcome being given by Maasai Dancers and an official one by government and the tourism industry.

It marked the start of a direct weekly operation from Gatwick (London) by this BOEING 767-300 ER (with a seating capacity for 291 passengers) chartered by Somak Holidays.

Of the 289 who arrived, 225 were Somak clients others being booked with different tour operators.

The aircraft offers the choice of travelling either 'EXCEL ONE', 'EXCEL PREMIUM' or 'EXCEL ECONOMY' - the baggage allowance varying from a maximum of 45 kgs. on the former to 35 kgs for the latter - much more than is usually offered 'economy class'.

A spokesman for Somak Travel explained the cancellation of the Mombasa-London-Mombasa flights by East African Safari Air early September 2004 came as a severe blow to the tourism industry in Kenya.

Somak Holidays, UK, which has been promoting Kenya as a prime holiday destination in the UK for nearly 40 years, had to make alternative arrangements to fly clients to Mombasa.

With no direct scheduled flights to Mombasa, Somak Holidays decided to divert the EXCEL AIRWAYS aircraft which was operating their charter flights to west Delhi, India.

Now, Excel Airways will be operating into Mombasa every Monday.

Somak Holidays is confident that this will boost tourism from the UK to Kenya with ground services being provided by Somak Kenya.

There were over 40 colourfully and traditionally attired Maasai dancers provided by Somak to greet arriving tourists.

They grouped themselves at the fore and aft of the aircraft after it landed to sing and dance as passengers disembarked.

Also there was the official 'Meet and Greet' group led by the Permanent Secretary, Ministry of Tourism and Information, Rebecca Nabutola, to say 'Karibu' (welcome) and to wish them all a very happy holiday.

En-route to the Baggage Hall passengers paused to enjoy a decorated madafu (young coconut) to drink and to be officially welcomed by the



Torrential rain magically stopped for the arrival of EXCEL AIRWAYS at Mombasa's Moi International Airport on Monday, 18th October, 2004, enabling the big official welcome to go ahead as planned.

Permanent Secretary, Rebecca Nabutola, who hoped they would have such a wonderful holiday that they would keep returning to Kenya.

The Maasai dancers then continued with their traditional welcome by forming two lines outside the airport through which tourists had to pass to reach the waiting air-conditioned vehicles to take them to their hotels.

Two colourful "Pandalis" had been erected for the 'Welcome Party', the seats remaining empty as instead they mingled with arriving tourists.

Among the 'Welcome Party' was the **Chairman of the Kenya Tourist Board, Raymond Matiba**.

Asked by the press for his comment he said 'the commitment by Somak Travel to have chartered this aircraft for a full year is very good news, particularly for the Kenya coast as one of the biggest constraints it presently faces is air capacity.'

The arrival of this charter each Monday is a godsend for many hotels.

KTB is particularly delighted as it mitigates in many ways the money spent on a big promotional campaign in the UK early this year.

He went on 'as you probably know we are going to the World Travel Market, London, in the next three weeks at which we will also hype up the travel trade and the media about this charter and the additional air capacity it offers to the Kenya coast.'

Adding 'there is also TUI and THOMSON which will be adding aircraft to this destination later this year.'

So as far as the UK is concerned we are happy and would like to continue to raise awareness about Kenya so that travellers will fill our hotels and thus also provide more jobs for Kenyans.'

When asked by the press if

KTB is getting the necessary funding for another professional promotional campaign as undertaken early this year, he replied 'we are working very hard on it.'

There are indications that money is available and it is a question of fulfilling all the conditions to be able to access these funds and so utilise them'

The KTB Chairman went on to say that 'the industry is doing very well.'

July and August were very good, but, unfortunately, September figures were a little lower than what we would have liked.

Meanwhile, we are looking forward to the High Season - November to March 2005.

Provisional figures are looking very good.

the economy, generally, will benefit which will help everyone.'

When asked for his comment about the state of the road used by those travelling from the South Coast to the airport.

They don't use Digo Road and Moi Avenue as they are so busy but take the road winding around the Mombasa Railway Station to Makupa Causeway continuing to the airport.

Parts of this route are in urgent

Replied Mr. Harunani 'we urge the Ministry of Roads, Public Works and Housing to immediately take action and to ensure that roads to tourist hotels are well maintained.'

On security he said 'we are grateful to the government for all the measures being taken in uplifting security.'

**Travellers Beach Hotel, Bamburi, provided Madafus and refreshment to the official welcome party. It was under the personal supervision of Freddie Kiuru, General Manager, and Harvinder S. Dhanjal, Sales and Marketing Manager.**

Some of the tourist leaders I have spoken to are happy with the forward bookings for the 'Winter Season' and we hope, with the grace of God, that everything remains calm so that we can harvest that business.'

Mr. Matiba is also Chief Executive Officer of Alliance Hotels.

When asked for his comment Zul Harunani, a Vice-Chairman of the Mombasa and Coast Tourist Association and Chairman of the Kenya Hotels and Restaurants Authority,

said 'we are all very happy to have this weekly EXCEL Airways flight into Mombasa which has been chartered by Somak Holidays. We are very grateful.'

It is an excellent move and will boost tourism from which many will benefit, particularly the coast.

On behalf of the tourism sector we congratulate Somak.

As tourism moves ahead so the economy, generally, will

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arrivals from this particular flight) not only provided the Madafus, but refreshment the official welcome party who used the opportunity meet and chat.

It was under the personal supervision of Freddie Kiuru, General Manager, and Harvinder S. Dhanjal, Sales and Marketing Manager.

The Somak 'Welcome Team' was led by its Managing Director, Suresh Raman and included Joash Olum, Managing Director, Operations, Wilberforce Tirop, General Manager, while organiser-in-chief of this 'Grand Welcome' was Emma Metcalfe, Operations Manager, who must be congratulated for having everything in place for the unexpected early arrival of EXCEL Airways.

Among those in the 'Welcome

Party' were the General Manager, Moi International Airport, John Mugo; Managing Director, Kenya Tourist Board, Dr. O. Ochieng; Provincial Tourist Officer, Coast, B.M. Kahuthia; Tourist Officer, Coast, S. Mathuva; Executive Officer, Kenya Association of Tour Operators, Mike Muriithi; Executive Officer, Kenya Association of Hotelkeepers and Caterers, Saada M. Khamis.

There had been torrential rain during the night and most of the morning.

It was regarded by many in the tourism industry as God's blessing for this new charter.

Fortunately, there was a magical change in the weather as Excel Airways landed, allowing the 'welcome' to take place as planned.

## THIS WEEK ON TAMARIND DHOW

A 'Heaven' For Honey Mooners!

Mr/S. Holmes enjoying their honeymoon on a dinner cruise aboard the famous Tamarind Dhow.



Looking for an ideal extra special outing?

Or a wedding celebration? Look no further!

The Tamarind Dhow will give you an experience you will never forget!

"Nawalikher" is the largest dhow on the coast converted into a unique floating restaurant, being originally an arabic sailing vessel and now furnished with exotically carved furniture, Nawalikher can accommodate upto 70 pax a trip.

The cruise will take you round the fine views of Mombasa's Old Port and Fort Jesus, and moors in a sheltered bay at the head of the creek for a sumptuous four course dinner and under the spell of the magical Tamarind atmosphere, the resident band entertains you throughout the cruise.

The Tamarind Dhow has also visited many places on its "theme" nights, so, where is the Tamarind Dhow going next?

Watch out for this space for the next one.



Chartered by SOMAK Holidays it is a weekly operation into Mombasa from Gatwick, London, and received a big welcome both from government and the tourism industry. Some of the 289 passengers are seen on arrival at Moi International Airport.

## Prof. Maathai Has The Moral Fibre And Patriotism

Congratulations to Prof. W. Maathai and 'thank you' to Coastweek for sharing the letter written by Michael Mundia Kamau.

We have always maintained that Kenyans have the Intellectual Property (IP) to have progressed much more in the last 40 years than we actually have!

For the sake of our future generations, we have to insist on changes.

Nobody is going to 'develop' Kenya, but Kenyans themselves.

That's why I feel that Prof. Wangari Maathai has the moral fibre and patriotism to lead Kenyans to a rightfully 'greener' and more prosperous future.

Wishing for a progressive Kenyan future,

Shalleen N.P.N. Shah, Mombasa.  
shylyn@hecl.co.ke

YOUR LETTERS TO  
**Coastweek**  
P.O. Box 87270 Mombasa KENYA

## Keep It Up Prof. Wangari Maathai

A friend brought to my notice the letter written by Michael Mundia Kamau on the above subject and was very impressed with it.

Mr. Kamau is so very right in his assertions re: us, Kenyans. We do really behave in the most uncaring, and illiterate manner, most times, unfortunately.

The crowd mentality usually possesses us and very few of us have the moral strength and morality to stand up for what we believe in, IF we do believe in anything, that is.

While a few of us do have the above mentioned qualities, they are in a minority and the majority overwhelms with its nastiness and completely smother the voices of sanity and principle.

Sometimes, I fear for our education system considering what it's producing ... Instead, we would be such a proud nation IF we could instead have more like the good Professor among us.

Keep it up, Prof. Maathai and congratulations.  
Raziya Mohamedali, Mombasa. Mohamedali@wananchi.com

## How We Could Improve And Be Proud Of Our Towns And Cities

### Municipalities: Shine and Gain!

Kenyans have every reason to be proud and delighted by the way Municipalities all over the country have tried to regain the lost glory of their townships and cities.

Nairobi, Mombasa, Kisumu, Nakuru and Malindi are in the forefront in their efforts to make towns and districts under their municipalities clean and shining, and this drive has made residents of these municipalities thankful and happy.

To crown these efforts, we would suggest that there be an award and reward for the work that is being done to make the people, tourists as well as residents, happy.

Once a year, Municipalities all over the country should give a report of all their achievements and accomplishments during the year, and a panel should be formed to judge these achievements before an award is conferred to the winning municipality.

The award can be in the form of a worthy cup with a caption: "Shine and Gain" to give impetus

and encouragement to the winning municipality, and a reward in the form of cash to be distributed, on the basis of merit, to those workers who have done their best to achieve this distinction and honour for their municipality.

The criteria should be that:

- All roads and streets should be tarred, lighted and cleaned.
- Avenues should be well planted and well kept
- Street and traffic lights should be working
- Parks and recreation places should be well looked after
- Safety and security within the municipality should be paramount
- The sewage system should be cleaned and working
- Transportation should be well organized and safe
- Government establishments and offices should be painted or whitewashed
- Tree planting and greening of the municipality should be a priority
- Town Centre should be

decongested and free of pollution

The winning municipality can keep the award (the cup) for one year when the contest will be renewed and the award transferred to the new winner, or remain with the same municipality if it wins again.

After five consecutive years of winning, the cup can remain the property of that municipality forever.

• **Mama Ngina Gardens:** Mombasa island is a small island that lacks parks for people to relax and enjoy a clean environment.

As it is, a high concentration of vehicles within the island causes a lot of health risk to residents and visitors alike due to congestion and pollution, and the only relief for islanders is in the three main parks: Mama Ngina, Uhuru and Jamhuri parks.

Therefore, the authorities concerned must do their utmost to see that these parks are preserved and modified to suit the needs of the public, and to turn them into safe havens of recreation and relaxation.

This calls for the united effort of our National Heritage Minister Najib Balala and our Mayor Taib in realizing the dream of making Mombasa a pearl of East Africa.

The National Heritage minister's plans to put up security lights, public toilets, public benches and other facilities to make Mama Ngina gardens safe and beautiful, will go a long way to make this park worthy of visits by residents and tourists alike, and Mombasa will be a better place to live.

Salim Elhaj, N/A, U.A.E.  
salimelhaj@yahoo.com

## JANINA TRZEBINSKA - A 'QUITE EXTRAORDINARY' BRIDGE PLAYER

The game of Bridge is played throughout the World by a vast array of different people and at many levels of expertise.

Nowhere is it played with more enthusiasm than in the ladies' groups in Mombasa and especially at the Wednesday morning 'Duplicate' game.

Some years ago there was no keener player than Janina (Jane) Trzebinska and her family.

For many years, together with her regular partner Christa Haller, she dominated the tables as a forceful and determined player.

It is probably true to say that she was certainly one of or possibly the best player that the ladies group ever had.

Jane was a life-long player of

### Missing Mombasa

**ORLANDO, FLORIDA** - Hello all, Just wanna say a big hi to everybody down there, family, friends, teachers.

Im sure everybody has started fasting there and I hope the fasting goes well.

Ramadhan is never gonna be the same again for me.

There is a huge difference in fasting here in America and doing Ramadhan in Mombasa.

I have already started fasting but its just not the way its supposed to be.

I miss Mombasa and the whole atmosphere Ramadhan creates.

I hope all the muslim population in Mombasa has a wonderful Ramadhan and I will try to make my Ramadhan somewhat similar to yours (if only I had Taneem Cafe to serve me hot *nundu* in the middle of the night).

Dad, Mum and my wonderful sister, I miss u all, and I cant wait to see u guys again.

I hope u have a nice Ramadhan and theres one thing miss more than anything, the *iftar*.

I hope u were here mum, u would have made me different stuff everyday.

Who knows, My *iftar* here could be as weird as a Big Mac from McDonalds.

Love,  
Huzeifa Valencia,  
Community College,  
Orlando, Florida, United States

huzeifa\_2001@hotmail.com

### BLESSINGS AND HAPPINESS

**MALAYSIA** - Ramadhan Makbul! Salaams to all! I just wanted to send a quick salaam to my mum - Mumtaz, Dad - Athman, my naughty brothers Hamyar, Houssam 'N' Nawfal.

I'm missing u all very much ... hope u guys r havin a great ramadhan and by Allah's will inshallah we will end this month with blessings and happiness ... also wanted to send a big quickie to my so hardworking aunt Of Islander Art 'Tuta', I Da, Auncie Farry, Enny n 2 my lovely grandma - Amina Farmau 'n to all the muslim avid readers of the Coastweek. Love u all sooo much ... takecare and God bless

Shaifa, N/A, Malaysia. shaifa\_alm@hotmail.com

### Getting Chilly Over Here

**LONDON, U.K.** - Just want to give a shout to everyone in Mombasa.

Big hey to Meheryar, Sana, Rima, Saima, Naqiyah and everyone in old Kensec (or the new Aga Khan Academy).

Hope all sawa sawa with you guys. Had a great summer with all of you and man, really wish it could have lasted longer.

Miss everything, lighthouse, kachri, sweetcorn, and the weather too! Getting chilly over here, wish could have carried some of the sun from there, lol... Well, wish everyone a Happy Ramzan.. Have a good one and enjoy!

Divyesh Patel, London, U.K.  
pateldiv@hotmail.com

### FAMILY AND FRIENDS

**TORONTO, CANADA** - Congratulations To Leo Imran Harunani.

Hello Coastweek, I wanted to express my heartfelt congratulations to Imran Harunani for doing such a great job in organizing the inter-secondary computerised quiz.

We should all acknowledge his achievement as such a young age. Imran has been a good friend of mine and I wish him every success in all that he does. His achievement at this age should be a signal that he has great potential which should not be wasted.

We should all encourage him to go on further with his great work. Once again, congrats Imran and Best of Luck,

Ramadan Mubarak to all family and friends  
Nadeem Salyani, Toronto, Canada.  
nsalyani@ryerson.ca

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## Donation For Lions Club Of Mombasa Central From The Lions Club Ijsselstein Lopikerwaard

Lions Club Ijsselstein Lopikerwaard has made a very generous donation of Euros 27,500.00 to the Lions Club of Mombasa Central - who, in turn, have established a Lions Community Centre.

The money will be used for various charities at the centre.

Lions Clubs in the Netherlands have in the past helped a number of institutions by sponsoring Yoga, Eye, Dental and medical camps in the Coast region.

Lion Arend Jan said that he had full confidence in the Lions of Mombasa Central after having seen the amazing renovations to the previous establishment.

He added that they were looking into a possibility of a further donation of US \$ 30,000.00 to assist other activities the centre carries out.

Lion Chairperson Jamila Rajabali and Community Chairperson Lion Tushar both thanked the Lions from the Netherlands for the generous donation and promised to ensure that the donation will be used towards uplifting of the underprivileged youth and



Lion Arend Jan Rompelman seen handing over a cheque of Euros 27,500.00 to Lion Chairperson Jamila Rajabali while looking on are Lion Aelbers Gert and Lion Rob G Vries. Lion Vipul Patel Publicity Convenor Lions Club of Mombasa Central Community Centre.

women of our society.

To date the community centre have carried out two 'Free' Eye camps and embarked on a 'Free' feeding program every Friday for young children and their mothers.

Also at the present the centre offers a 'Free Occupational Therapy' service to Physically Challenged children of all ages and a full time Occupational Therapist is available for free

consultations. More than a thousand have benefited from the program.

Soon the centre will be offering a Diabetic Testing centre and Medical services to people in Mombasa community.

## Twenty Five Years' Ago

Coastweek, October 26 - November 01, 1979:

A BIG WELCOME awaited the first direct *British Airways* charter flight from the U.K. into Moi International Airport, Mombasa.

The Boeing 707 with a capacity for 190 passengers would be the forerunner of once weekly flights to Mombasa throughout the year.

At the same time more charter flights were being spearheaded by Sir Freddie Laker and Peter Drew of *Wings and Owners Services Limited* between U.K. and Kenya.

Subject to approval by the authorities, this would bring in a 345-seater wide-bodied DC10 aircraft from Manchester/Gatwick to Mombasa and Ceylon (Sri Lanka) on alternating weeks.

Mombasa businessman G. B. Siddiqui had ventured into a small scale ship breaking industry in Mombasa.

The only one of it's kind on the East African coast, they had broken their first vessel at the yard being the Greek flagship *m.v. Benaco* which had been purchased by two Mombasa businessmen Mr. M. Kassim and Mr. Virchand Malde at a cost of K.Shs. 180,000/=.

Pandya Building on Digo Road was knocked down to pave way for Kenya National Assurance's eight-storey *Bima Towers* which would cost K.Shs. 25 million.

Khalid G. Shapi was appointed Tours Manager, Coast with *United Touring Company*.

Kenyan media personality Norbert Okare was pictured with co-star Nicol Williamson during a scene from the *Graham Greene* epic *'The Human Factor'* which was being shot on location in Kenya under the direction of Hollywood producer *Otto Preminger*.

The film story was based in South Africa, but because of it's highly critical look at 'apartheid', was shot in Kenya and England.

*'Language of Love'* was back at the REGAL CINEMA, with NAAZ Cinema showing Rajshri Pictures *'Paheli'* followed by a classic *'Black Joy'*.

KENYA Cinema carried on with *'The Wild Geese'* ending the week with a billion bees in *'The Swarm'*.

The CHOX was screening *'Do Phool'* ('Two Flowers' - or fools ?) with Mehmood and the late Vinod Mehra.

Letter writers included Malindi's *Burhan Taherali* who was reflecting on the fall of the tyrants Idi Amin and Bokassa, Buxton's *Surinder Rattan*, Kibokoni's *'Food Fanatic'*, Chairman of the Mombasa Muslim Association *Hassanally Mussa Jetha*, and Mombasa's P. J. L. Frankl and Francis Wekesa.

# Paint



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**MY CHILD HAS A LEARNING DISABILITY**

"He is two years old and still can only say 'mama' and 'papa'."  
 "Homework is a battle, every single night!"  
 "This child cannot sit still and will not pay attention!"  
 "Her exercise books are incomplete and the answer is always the same: 'I couldn't copy it from the board fast enough, mom!"  
 "He just hates reading and will never pick up a book for fun."  
 These are common refrains for parents of children with learning disabilities. Sometimes it presents itself

**SPECIAL FEATURE FOR 'LEARNING DISABILITIES AWARENESS MONTH'**

**There Is So Much Help Available - But Only If We Know Where To Look For It**

as difficulties with spoken and written language, coordination, self-control or attention.  
 A learning disability (LD) is a disorder that affects a person's ability to either interpret what they see and hear, or to link information from different parts

of the brain. No one knows what causes LD, although plenty of research is ongoing.  
 Parents of children with LD eventually turn from assigning blame, to focus on getting help.  
 That's what the members of the Parent Support Group for

Learning Disabilities of Aga Khan Hospital are doing. Hear what they have to say about being a parent of a child with LD.  
**How we suspected or learned our child has a learning disability.**

"My son was always full of beans and we thought he was one of those 'hypers' who would eventually settle down."

"He was always with it and we had no reason to suspect that he might have a learning disability."

"However going back to his first few years at school he had problems with his handwriting and motor skills."

"Josh was always a pleasant boy but in his early years he was sometimes aggressive and broke things."

"In school everything went fine until Class 1, when occasionally he started to cry during English homework."

"In Class 2, 3 and 4 English homework was a nightmare for all of us! He was crying, not willing to work and throwing books through the room."

"Spellings were a pain, and test results were bad."

"He only read when forced."

"Teachers always told me, 'Give him time, it will come.'"

"We first discovered our child Reginald was having problems at the age of three years."

"We could not understand what he was saying and he had very little vocabulary."

"We had him tested with a speech and language therapist in the U.K."

"My son was 12 when he was diagnosed but I always knew something was wrong: the tantrums, the sudden mood swings and the destructiveness were indicators."

**LD Presents Itself In Many Ways**

Not all LD children have behavior problems.

If they do, you can be sure the behavior is a result of frustration in interpreting what their brains are taking in.

If you see these signs in your child, experts agree you should not avoid or deny the situation, but face it.

The behavior will change when the underlying problem is addressed.

As one mother states:  
 "Finally a teacher asked me if I was willing to test him."

"The result showed that he is dyslexic and we immediately started to work with him in remedial lessons."

"Since that time I have a different son!"

"He gained more self-confidence."

"Homework is no struggle anymore."

"The whole family life is more peaceful."

**How It Has Affected Our Family And How We Cope**

Imagine life with a child in which tantrums and destructiveness, or sullenness and withdrawal are the daily fare.

"(Homework sessions) would inevitably descend into entire evenings of ranting and screaming on my part and what I deemed to be indifference, temper outbursts or lack of concentration on his."

It reached a point where I felt I needed help!"

As one mother says:

"Coping with a child with a learning disability puts a lot of pressure on your marriage and your social life."

It's not just the parents who struggle.

"His siblings feel that a lot of attention goes to Reginald and that much of our time is devoted to him."

"When we're discussing a simple issue, for his sake we will repeat and explain until Reginald understands."

"The rest get fed up or bored with the conversation."

"Sometimes they understand and are okay about it."

In another family:

"It's not been easy on all of us, as I tend to give him the special treatment and this really affects his brother and sister."

It is also a challenge to inform and solicit the support of our extended families and communities.

Sadly, learning disabilities are still seen as a 'black spot' on a family and there are some who would want to spend energy assigning blame or hiding or excusing the problem.

We might think that this is a lose/lose situation for the child and the family.

By informing ourselves we can turn it into a win/win situation, in which the child is helped to succeed.

How do the siblings, parents, extended family and community win?

They grow into wiser, more compassionate people.

In fact, who among us does not struggle with one weakness or another?

**Where We Found Help:**

Some people have gone to the U.K. or to Nairobi to seek help in diagnosing their child's LD.

In recent years, Mombasa has been attracting it's own professionals, able to help with these issues.

Diagnosis is one thing; the ongoing support needed for a child with LD is quite another.

Some schools are trying to provide the best support possible in a mainstream setting.

"Intervention from our side and

the school has helped.

"Meeting up with the group (Parent Support Group) on regular basis too has made dealing with the situation a better."

It's important to have personal and professional support, for child.

"Mombasa has advanced a much in this field and we now have a professional speech and language therapist at hand and other professionals who would guide us."

"The best thing is we have special support these kids need at our own school where the child gets a one-to-one attention."

At another school, the report similar.

"My son now has someone school whom he can talk to who he feels he has problems."

**Parents Also Need Help And Encouragement:**

"From the first PSG meeting the present, it has been a great awareness and learning experience for me on how to cope with the myriad of problems parents face and often overwhelmed by due to their many challenges."

Sharing ideas and the resources that are available helps a great deal."

Learning disabilities pose a challenge for the child, and for the most supportive family.

But the situation is not hopeless.

After receiving intervention the learning disability, it comes.

"Homework evenings are such a disaster anymore, more positive focus on both parts."

"The family life generally, siblings and all, also improve as we all try to bring out the positive which in turn boosts esteem."

If you have a child with learning disability, you need to look this:

"There is so much help available only if we know where to look for it."

"There is a future for these kids and they are capable of choosing a career to lead independent normal lives. I honestly owe a lot to the PSG."

If you would like further information about learning disabilities or resources, Mombasa for diagnosing and servicing children with LD, please contact:

The Parents Support Group Learning Disabilities of The Aga Khan Hospital at 073 736771 or 0734 600532

**OSHWAL SWIM TEAM CHAMPS**

Oshwal Academy Swim Team has captured two major titles in the 2004 CASA Calendar. U9 championship held on October 2, 2004 saw the Oshwal babies win the title with 10 schools and clubs in action.

A week later 10 years and over championships had 12 schools and clubs participating. Oshwal Team took the overall title. Oshwal Academy Swim Team can now call itself Champs of the Coast.



**U9 Champs:** Sitting (from left): Palin Dipan Shah, Keane Silveira, Harsh Sanjay Shah, Tej Sanghavi, Salman Hasham, Kevin Silveira, Tejus Pratis Shah and Aadith Shah.

**First row (from left):** Wallace Fernandes, Sarrah Khanbhai, Mairi Dave, Shivali Dilip Shah, Ameer Dasani, Yashvi Radia, Isha Riten Shah, Rajul Naresh Shah, Dhara Pandya, Nikita Saitesh Shah, Khyati Milan Shah and Mohini Maru.

**Second row (from left):** Darshi Mahesh Shah, Sonia Radia, Ria Sanghavi, Hemali Chhaya, Ayub Abdi, Vivek Majithia, Harshil Atul Shah, Zaki Mangalji, Vishal Nilesh Shah, Juneid Lota, Saif Said and Jaimin Chetan Shah.

**Third row standing (from left):** Coach William Malalo, Tushil Dhiren Shah, Misha Radia, Priyanka Rathod, Mehul Vaghela, Bhavik Manish Shah, Dhanveer Pandhal, Ankit Rupan Shah, Rahul Khatau, Amal Radia, Dhruv Ritsh Shah, Johar Lota, Bijan Jamal and Coach Mohamed Gacheru. Missing (Vandan Patel).



**10 Years and Over Champs:** Sitting (from left): Deepali Vijay Shah, Nelsha Hasham, Heenal Vaghela, Karishma Sanjay Shah, Sasha Mulji, Nikhil Rathod and Rahil Patel

**First row (from left):** Bhavit Mayur Shah, Jameel Nabhan, Khushi Shah, Miren Mayur Shah, Nihal Satis Shah, Raj Shah, Nilpa Mehash Shah, Kavita Saitesh Shah, Tariq Mazru, Rajiv Sutaria, Ahmed Said and Coach Mohamed Gacheru.

**Second row (from left):** Coach William Malalo, Sahil Vijay Shah, Azhar Mamujee, Ibrahim Johar Gulamhussein, Rizwan Jiwa, Yunus Said, Mihir Bharat Shah, Shamma Satyendra Shah, Anika Anil Malde, Sonam Sanghavi, Ameer Patel.

**Third row standing (from left):** Quisay Akil Haji, Hiren Bhupendra Shah, Shehnain Aboo, Shuweina Said, Nicole Agina, Ilham Aboo, Nehal Bharat Dodhia, Pooja Pandya, Devangi Vaghela, Leyla Ravindra Shah, Shyamal Ramesh Asher. Missing (Mahvash Aboo and Mohamed Balala).

**Andrea Basta And Nadia Desouza Scoop First Place**

Thirteen schools and Clubs were strongly represented by their swimmers in the just concluded Coast Sprints and Relays Swimming Championships held at Oshwal Community Pool over the weekend.

The event saw top class swimmers plunging into the pool, among them were Andrea Basta and Nadia deSouza of Mombasa Academy who splashed their way to victory in different events.

Andrea and Nadia who are both trained by Coach Fakhray Mansoor displayed sparkling form during the one day Championship where they were declared as best swimmers in their age group.

They were later on awarded trophies after scoring the highest number of points.

Outstanding performance was witnessed from the 15 years old Nadia who won all her seven individual events including the 100m relays.

Whereas Andrea Basta who has just turned 14 years, won 6 individual events including two relays.

Other impressive results came from Naimi Shah and Sylvia Brunleher also from Mombasa Academy School.

Naimi was declared as first runner up in the 14/15 years age group while Sylvia was also declared as the first runner up in the 10-12 years category.

"I am very much impressed with my team performance and we now started preparing for the Coast Open and Kenya Open Swimming Championship to be held in February next year" commented Coach Fakhray Mansoor.

"Records will tumble on that day"



# Coastline Safari - "We Lead Others Follow"

'Coastline Safari' Transport Company have hosted a most successful Senior Supervisors workshop which was held at Mombasa Beach Hotel.

Participants were drawn from different company offices within the Republic.

Theme of workshop was To keep the supervisors abreast while dealing with customer - i.e. public relations and customer care among others. Organizers were Messrs. Camase Training Consultants.

'Coastline Safari's proud motto is: "We Lead Others Follow".

Seen during the workshop are standing, back row (from left), Wellington Waswa from Mumias, Charles Tabuche from Kakamega, William Mwanzia from Mombasa, Mohammed Jaffer from Mombasa, Omar Ali from Mombasa, Shahdad Khan from Mombasa, James Nyongesa from Bungoma, Swaleh Mbarak from Mitoi, Joseph Mangoli from Kisumu, Jumaa Mohammed from Kisumu, Jumaa Mohammed from Nairobi.

Sitting, front row (from left), Shahir Khan from Voi, Jumaa Mohammed from Kitui, Justus P. Makau



(Workshop Coordinator Consultant) Director Camase Training, Coastline Safari Administration Manager Rukia Baker, Coastline Safari Director Mohammed

Ijaz Mirza, Esther Masika from Mombasa, General Manager Pramod Kumar Sharma and Benson Ombado General Manager Mombasa.

## MEMON COLLEGE AWARD ACHIEVERS

### Adil Salyani Is Honoured For Success In 'Financial Information Management'

In its tradition of recognizing hard work and in its effort to set standards in professional training, Memon College held a Prize Giving Ceremony where outstanding performance from various students was recognized.

The various awards included thirteen to those students in the ACCA department who had qualified as affiliates in the final examinations.

All those who emerged as top students in various papers in the College and also in the Country were awarded certificates.

A special award was given to one student Adil Salyani who had emerged second worldwide in paper 1.2 Financial Information for Management.

The other special award was to Shahida Osman for emerging overall best student in part three in the Country.

Two students emerged amongst 100 students worldwide to be selected for the ACCA Centenary Awards.

A total of 11 students graduated with certificates in Early Childhood Teachers Training course while various students in the IT Department were awarded certificates for completing various courses and others for emerging top students in the College.

Tokens of appreciation were also given to the staff for their dedication and hard work.

While congratulating the students, the Principal of the College attributed this superb performance to the excellent teamwork between the staff and students.

The College has established itself as a serious centre of learning through hard work

In order to remain a leader in

training of Professionals, various courses are offered, which are continually improved. These courses include:

- The Association of Chartered Certified Accountants (ACCA) - Part 1 to Part 3
- Certified Accounting Technician (CAT) - Intermediate Level to Advanced Level
- Institute for the Management

• Early Childhood Teachers Training Course

Keeping up with the market trends, which leads to expansion through introduction of new courses, the College plans to introduce ABE (Association of Business Executives), a London-based Business Administration Course by the year 2005.

As extra curricular activities,



Miss Shahida N. Osman Kadernani being awarded a trophy By Mrs. Tahera Abdulshakur Bachani (chairlady Nasserpuria Memon Jamat, Mombasa)

of Information Systems (IMIS) - Foundation. Diploma to Higher Diploma

- Computer Packages (Programming, A+, N+, Computerized Accounting e.t.c.)

the Rotaract Club of Memon College was inaugurated through a charter from the Rotary Club of Kilindini.

In addition to this, our boys' football team has been playing friendlies against other college and club teams.

## SUPERSPORT. THE CHANNEL OF CHAMPIONS.

22-30 October 2004



**Friday 22 October**  
 SuperSport 1 on DSV  
 19:00 Rugby Abas Currie Cup, first division final, live.  
 SuperSport 2 on DSV  
 14:30 Tennis Madrid Masters, day 5, quarterfinals 1 and 2, live. 19:45 F1: Brazilian Grand Prix, second practice, live from Sao Paulo. 20:15 Rugby Heineken Cup: Llanelli v Toulouse live  
 SuperSport 3 on DSV (all soccer)  
 21:30 Coca-Cola Championship: Burnley v Derby County, live.  
 SuperSport 5 on DSV  
 07:45 Cricket Pakistan v Sri Lanka, first test, day 3, live from Faisalabad. 16:00 Golf Madrid Open, day 2, live from Club de Campo. 22:00 Golf Funai Classic, live from Lake Buena Vista, Florida.  
 SuperSport 6 on DSV  
 20:15 Tennis Madrid Masters, quarterfinals 3 and 4, live.

**Saturday 23 October**  
 SuperSport 1 on DSV  
 09:15 Rugby New Zealand NPC final, live. 14:15 Rugby Abas U-20 A final, live and 16:30 Abas Currie Cup final, live and 19:15 Announcement of Springbok team, live. 23:00 Golf Funai Classic, day 3, live from Florida, US.  
 SuperSport 2 on DSV  
 13:45 Motorsport F1: Brazilian Grand Prix, third practice and 15:00 Fourth practice, both live from Sao Paulo. 17:45 Motorsport F1: Brazilian Grand Prix, Qualifying, live from Sao Paulo. 21:00 Boxing All Funaki v Zukisa Khandias, live from East London.  
 SuperSport 3 on DSV (all soccer)  
 14:15 FA Premier League: Norwich City v Everton. 16:45 Chelsea v Blackburn Rovers and 19:15 Liverpool v Charlton Athletic, all live.  
 SuperSport 5 on DSV  
 07:45 Cricket Pakistan v Sri Lanka, first test, day 4, live from Faisalabad. 15:00 Golf Madrid Open, day 3, live.  
 SuperSport 6 on DSV  
 14:00 Tennis Madrid Masters, day 6, semifinals, live.

**Sunday 24 October**  
 SuperSport 1 on DSV  
 15:00 Rugby Heineken Cup: Glasgow v Northampton, live. 22:00 Golf Funai Classic, day 4, live from Florida, US.  
 SuperSport 2 on DSV  
 16:30 FA Premier League: Southampton v Birmingham City, live. 19:30 Motorsport F1: Brazilian Grand Prix, live from Sao Paulo.  
 SuperSport 3 on DSV (all soccer)  
 15:45 Coe's Castle Cup semifinal: Zimbabwe v Zambia, live from Harare. 19:30 FA Premier League:

Manchester United v Arsenal, live. 22:15 Spanish League match, live.  
 SuperSport 5 on DSV  
 07:45 Cricket Pakistan v Sri Lanka, first test, day 5, live from Faisalabad. 15:00 Golf Madrid Open, day 4, live.  
 SuperSport 6 on DSV  
 15:30 Tennis Madrid Masters final, live.

**Monday 25 October**  
 SuperSport 3 on DSV (all soccer)  
 06:30 Engen Premier Soccer. 07:00 Sky Sports News. 09:00 European Football: 10:00 FA Premier League Chelsea v Blackburn Rovers. 12:00 Liverpool v Charlton Athletic and 14:00 Aston Villa v Fulham. 16:00 Coe's Castle Cup semifinal: Zimbabwe v Zambia. 18:00 Variety. 19:00 Sky Sports News. 19:45 UEFA Champions League. 21:15 Monday Night Football. 21:45 Coca-Cola Championship: Rotherham United v Sunderland, live.

**Tuesday 26 October**  
 SuperSport 3 on DSV (all soccer)  
 06:00 Variety. 07:00 Sky Sports News. 09:00 FA Premier League: Crystal Palace v West Bromwich Albion. 11:00 Tottenham Hotspur v Bolton Wanderers. 13:00 Middleborough v Portsmouth and 15:00 Newcastle United v Manchester City. 16:55 Last Gasp - Soccer: '99 Arsenal v Liverpool. 17:00 FA Premier League. 18:00 Variety. 19:00 Sky Sports News. 20:00 UEFA Champions League. 20:30 Soccer Africa. 21:30 Carling Cup: Millwall v Liverpool, live. 23:45 World Cup Qualifier: Gabon v Nigeria.  
 SuperSport 5 on DSV  
 06:45 Cricket India v Australia, third test, day 1, live from Nagpur.

**Wednesday 27 October**  
 SuperSport 3 on DSV (all soccer)  
 06:00 Futbol Mundial. 06:30 Variety. 07:00 Sky Sports News. 09:00 Carling Cup: Millwall v Liverpool. 11:00 Gabon v Nigeria. 13:00 Coca-Cola Championship: Rotherham United v Sunderland. 15:00 Argentine Soccer. 16:00 Spanish League. 17:00 Italian Serie A. 18:00 European Football. 19:45 Castle Cup semifinal: Santos v Bush Bucks, live from Cape Town.  
 SuperSport 5 on DSV  
 06:45 Cricket India v Australia, third test, day 2, live from Nagpur. 21:00 Carling Cup: Manchester City v Arsenal, live.


**Thursday 28 October**  
 SuperSport 1 on DSV  
 16:30 Golf Volvo Masters Andalucia, day 1, live from Valderrama, Spain.

SuperSport 3 on DSV (all soccer)  
 06:00 Spanish League. 07:00 Variety. 13:00 World Cup Qualifier: Gabon v Nigeria. 15:30 Soccer Africa. 16:00 European Football. 17:00 Italian Serie A. 18:00 Argentine Soccer. 19:00 Sky Sports News. 20:00 Futbol Mundial. 20:30 Engen Premier Soccer. 21:00 World Cup Qualifier: Rwanda v Algeria. 23:00 UEFA Champions League. 23:30 Spanish League.  
 SuperSport 5 on DSV  
 07:45 Cricket Pakistan v Sri Lanka, second test, day 1, live from Karachi.  
 SuperSport 6 on DSV  
 06:45 Cricket India v Australia, third test, day 3, live from Nagpur.

**Friday 29 October**  
 SuperSport 1 on DSV  
 16:30 Golf Volvo Masters Andalucia, day 2, live from Valderrama, Spain. 21:15 Rugby Heineken Cup: Cardiff v Stade Francaise, live.  
 SuperSport 3 on DSV (all soccer)  
 06:00 European Football. 07:00 Rwanda v Algeria. 09:00 Futbol Mundial. 13:30 Rwanda v Algeria and 15:30 Angola v Zimbabwe. 17:30 Engen Premier Soccer. 18:00 Argentine Soccer. 19:00 Sky Sports News. 20:00 FA Premier League Preview. 21:30 Coca-Cola Championship: Crewe Alexandra v Sheffield United, live. 23:45 UEFA Champions League. 00:15 World Cup Qualifier: Angola v Zimbabwe.  
 SuperSport 5 on DSV  
 07:45 Cricket Pakistan v Sri Lanka, second test, day 2, live from Karachi.  
 SuperSport 6 on DSV  
 06:45 Cricket India v Australia, third test, day 4, live from Nagpur.

**Saturday 30 October**  
 SuperSport 1 on DSV  
 16:30 Golf Volvo Masters Andalucia, day 3, live from Spain.  
 SuperSport 2 on DSV  
 14:45 Rugby Heineken Cup: Northampton v Llanelli, live.  
 SuperSport 3 on DSV (all soccer)  
 06:30 World Cup Qualifier: Angola v Zimbabwe. 10:15 Spanish League. 11:15 Engen Premier Soccer. 11:45 Italian Serie A. 13:45 FA Premier League Preview. 14:15 FA Premier League: Birmingham City v Crystal Palace. 17:00 Arsenal v Southampton and 19:00 Blackburn Rovers v Liverpool, all live. 21:30 Euro 2004: France v England. 23:15 Spanish League match, live.  
 SuperSport 5 on DSV  
 07:45 Cricket Pakistan v Sri Lanka, second test, day 3, live from Karachi. 16:30 FA Premier League: West Bromwich Albion v Chelsea, live.  
 SuperSport 6 on DSV  
 06:45 Cricket India v Australia, day 5, live from Nagpur.

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## COASTWEEK

is SOLD in Dar es Salaam at:

• Green Bargain Bazaar

is SOLD in Nairobi at:

- New Stanley Bookshop
- Hilton Hotel Bookshop
- Spring Valley Supermarket (Lower Kabete Road)
- Monty's Wines and Spirits in Sarit Centre
- Momentos in Mpaka House (Westlands)
- Muthaiga Mini Market
- Books First at Nakumatt Mega
- Books First at Nakumatt Ukay
- Jomo Kenyatta Airport arranged street vendors and (on delivery) Nairobi Industrial Area

# 'African Safari Airways' transportiert italienische Touristen nach dem Zusammenbruch von 'East

## African Safari Airways'

DIE ANZAHL der Touristen an der Küste war am Ende der Sommersaison drastisch zurückgegangen und die Buchungen von Oktober bis Dezember haben bisher den Erwartungen nicht entsprochen.

Deshalb unternimmt der **African Safari Club (ASC)** zusammen mit Reiseveranstaltern in Übersee alle Bemühungen, um die 800 Touristen, die wöchentlich mit **East African Safari Airways (EASA)** hierher geflogen waren, nach Kenia zu bringen, damit sie diesem Land nicht verloren gehen.

Nachdem **EASA** den Betrieb einstellen musste, waren viele Urlauber in Kenia gestrandet.

In einer Pressekonferenz im **Dolphin Hotel**, das zum **African Safari Club** gehört, erklärte **Frank Neugebauer**, Direktor (Touristic) am 10. September 2004, dass der **ASC** gemeinsam mit Reiseveranstaltern in Großbritannien und Italien unverzüglich zusätzliche Flüge von Europa nach Mombasa arrangierte mit seinem eigenen **African Safari Airways A310-308** Airbus, um die gestrandeten Touristen zu transportieren.

Bisher waren mehr als 400 Urlauber (300 von **Somak Holidays**, Großbritannien, und rund 100 von verschiedenen italienischen Reiseveranstaltern) hierher gebracht und wieder zurückgefliegen worden.

Er erklärte, dass die 400 Touristen in Hotels untergebracht waren, die nicht zur **ASC Gruppe** gehören.

**African Safari Airways** fliegt in der Woche 900 Touristen nach Mombasa, die alle in **ASC** Hotels wohnen.

Obwohl diese Sommersaison die beste war seit 1998, wies Herr Neugebauer darauf hin, dass noch viel fehlt, um die Zahlen der 80er und 90er Jahre zu erreichen.

"Wir sollten uns deshalb nicht zu früh freuen, denn die Buchungen für September waren zurückgegangen (nicht wegen **EASA**) und im Oktober kommen weniger Touristen als erwartet."

"Wir müssen deshalb sicherstellen, dass die 900 Passagiere, die **EASA** hierher gebracht hätte, für Kenia nicht verloren gehen."

Herr Neugebauer rechnete aus, dass es im Jahr mehr als 40.000 Touristen wären, rund 10 Prozent aller Ankünfte.

Eine Frage beantwortete Herr Neugebauer wie folgt:

**ASC** hat einen Airbus, der viermal in der Woche nach Mombasa fliegt mit rund 900 Passagieren, die alle in **ASC** Hotels wohnen.

Nach dem Zusammenbruch von **EASA** wurde die Zahl der Flüge auf 5 in der Woche erhöht.

"Wir planen für die Hochsaison 7 Flüge, aber das hängt alles von den Arrangements ab mit verschiedenen Reiseveranstaltern und Hoteliers in Kenia und ihren direkten Buchungen."

Was die Statistik über Touristenankünfte betrifft, sagte Herr Neugebauer, dass die Zahlen nicht stimmen.

"Wenn Sie zum Beispiel für einen Urlaub nach Großbritannien fliegen und dann hierher zurück kommen, werden Sie als Tourist erfasst."

"Wenn wir über unser Ziel sprechen, mehr als 500.000 Touristen im Jahr zu erhalten, denken wir an richtige Touristen."

Er erklärte ferner: "1990 brachten 100.000 Touristen mehr Einnahmen als heute 160.000 Touristen."

"Wir sollten deshalb versuchen, nicht nur die Personenzahl zu erhöhen, sondern die Einnahmen und das können wir nur mit guten, anspruchsvollen Touristen."

"Für viele Leute in Kenia ist der **African Safari Club** geheimnisvoll und sie fragen mich, warum ihnen der Zugang zu den Hotels verwehrt ist."

"**ASC** ist ein privater Club und wie bei allen Clubs, zum Beispiel **Mombasa Sports Club** und **Nyali Golf And Country Club**, ist der Zutritt nur für Mitglieder."

"Die Mitglieder können alle

internationaler Marktführer zu genießen."

Über den Verlust von vier Hotels durch einen Brand am 1. September 2003, wovon rund die Hälfte der Bettenkapazität betroffen war und somit auch die Gästezahl reduziert wurde, erklärte Herr Neugebauer:

"Wir arrangierten für alle Gäste Unterkunft in anderen Hotels und zeigten damit, was eine gute Zusammenarbeit in der Industrie bedeutet."

Trotz dem Verlust von Einnahmen und Vermögenswerten, haben wir mit dem Wiederaufbau begonnen, nämlich **Paradise Shanzu Beach Hotel** und **Coral Beach Hotel**, letzteres ist noch im Bau.

"Wir beabsichtigen, auch die übrigen Hotels wieder aufzubauen sowie den berühmten **Twin Star Nightclub**."

"Wir können sagen, dass Anfang Dezember bei uns ungefähr 2600 Betten zur Verfügung stehen werden und wir dann jede Woche 1000 bis 1200 Mitglieder willkommen heißen können für einen Aufenthalt von durchschnittlich 12-14 Tagen."

"Unser in Mombasa stationiertes Kreuzfahrtschiff

Angestellte, davon weniger als 2 Prozent Ausländer."

"Touristen aus Übersee haben gerne jemand im Hotel, der nicht nur ihre eigene Sprache spricht, sondern auch ihr Land kennt und ihnen beisteht, wenn sie Hilfe brauchen."

Herr Neugebauer erwähnte, dass in der Hospitality Industrie in Europa 72 Prozent Ausländer beschäftigt sind, in Deutschland sind oft 2 von 3 Kellnern keine Deutschen und in der Schweiz stammen 62 Prozent aus fremden Ländern.

Kenia hat einen guten Namen, die Leute sind freundlich, es gibt viele exotische wilde Tiere und wunderschöne Strände, die zu den besten auf dem afrikanischen Kontinent gehören.

Es gibt hervorragende Berge, Wälder und Ebenen, aber was in Kenia fehlt, sind gute Straßen, genügend und billigeres Wasser und Strom.

Touristen beschwerten sich über die schlechten Straßen und auch darüber, dass sie an den Stränden von "fliegenden Händlern" belästigt werden.

Heute braucht man zum Beispiel 8 Stunden, um in einen Wildpark in Amboseli zu fahren, anstatt wie früher 4½ Stunden, als die Straßen noch gut waren.

Auch die Zufahrtsstraße vom **Moi International Airport** in die Stadt sollte repariert und sauber gehalten werden.

Die meisten Strände der Welt

von **NETA PEAL**



### DER AFRICAN SAFARI CLUB offeriert Kreuzfahrten mit der "Royal Star" zu den Inseln im Indischen Ozean und nach Südafrika.

unsere Einrichtungen benutzen und wir haben auch lokale Mitgliedschaft eingeführt."

"Viele haben davon profitiert mit einer Reise nach Zanzibar mit dem Kreuzfahrtschiff **"Royal Star"** vom **ASC**."

In diesem Zusammenhang erwähnte Herr Neugebauer ein Sonderangebot, eine Kreuzfahrt nach Zanzibar mit 4 Übernachtungen auf der **"Royal Star"** für nur Kshs 28.000.

Das Schiff ist in Mombasa stationiert.

**ASC** ist eine Schweizer Firma, die für ihre Mitglieder preisgünstigen Qualitätsurlaub nach Kenia und zu den Inseln im Indischen Ozean organisiert.

Die Firma wurde 1967 in der Schweiz gegründet und kann sich heute rühmen, einen hervorragenden Ruf als

**MS Royal Star** ist seit 1990 in Betrieb und besucht gegenwärtig die Inseln im Indischen Ozean und Südafrika."

"Die **Royal Star** gibt dem **African Safari Club** rund zusätzlich 6000 Touristen im Jahr."

"In unseren Safari Camps und Lodges haben wir weitere 400 Betten - **Mara Buffalo Camp** in Masai Mara (126 Betten), **Crocodile Camp** in Tsavo Ost (72 Betten) sowie unser eigenes Wildschutzgebiet über 150 Hektar im wunderschönen Amboseli, am Fuße des Kilimandscharo - und 200 Betten in vier Lodges."

"Mit 3200 Betten spielen wir eine wichtige Rolle in der Tourismusindustrie und haben einen Marktanteil von 20 bis 25 Prozent an der Küste."

"**ASC** hat mehr als 3000

sind Zonen, an denen nicht gehandelt werden darf und Kenia sollte auch dazu gehören, denn es besteht ein solches Gesetz, das aber nicht eingehalten wird."

Wenn die Strahndändler umgesiedelt werden und ihre Geschäfte anderswo abwickeln können, bedeutet das einen Fortschritt und würde helfen, zwischen 500.000 und 1 Million Touristen im Jahr nach Kenia zu bringen.

An der Pressekonferenz war Herr Neugebauer begleitet von **Mr. A. Musa**, Resort Manager für 3 **ASC** Hotels, und von **Herrn Heinz E. Chytil**, General Manager, Hotel Operations

Er kommt aus Österreich und hat 45 Jahre Erfahrung in der Industrie; er arbeitete in Spitzenpositionen in 4- und 5-Sterne Hotels in vielen Ländern Welt.

## Oxford Tropical Network Group Enjoy Extraordinary Evening Of Exciting Entertainment At 'Pirates Club'

Scientists and doctors of The Oxford Tropical Network Group descended upon Mombasa this week for their annual conference. Delegates from UK, Ireland, Holland, Germany, Switzerland, Romania, Australia, South Africa, The Gambia, Mali, Thailand, Vietnam, Laos, Kenya, Tanzania, Uganda, Cambodia and Poland. The group includes a number of internationally acclaimed experts in the fields of malaria, dengue fever and microbiology. The conference took place at the Mombasa Sun and Sand Hotel and culminated in an extraordinary evening of entertainment hosted at the Pirates Club on the north shore of Mombasa.



Featured here are two successful PhD graduates Dr Tabitha Mwangi (front) and Dr Samson Kinyanjui (Left), together with a number of Oxford Professors and the recently retired Bill Watkins (Centre).

After a hard week of rigorous scientific appraisal of on-going research projects professors, doctors and scientists were treated to flood-light watersliding and the usual five star entertainment at Pirates Club.

## Running For Their Eyes In The Standard Chartered Marathon 2004

Participants in training for the Standard Chartered Nairobi Marathon, which will take place in Nairobi on Sunday 24th October, are Hussein and Baragon, Samburu from the Murijio district Northern Laikipia.



Hussein & Baragon, along with 5 other Morani, are running to raise awareness of the Ol Malo Eye Project, part of the Ol Malo Eye Project, which is one of the charities benefiting from the Marathon through Standard Chartered's 'Seeing is Believing' programme.

The Ol Malo Eye Project aims to eradicate Trachoma, a preventable eye disease which is causing painful blindness to many thousands of people, especially children, in Northern Laikipia.

an extremely serious public health problem.

Trachoma is spread through human contact and flies that are attracted to unclean faces; and transmission in this dry rural environment is inevitable.

There is positive news, however. Trachoma-related blindness can be prevented by either antibiotic treatment or simple surgery for intumed eye-lashes.

And vital to the long-term battle against blindness is community education in facial cleanliness and personal hygiene, along with environmental improvements and the provision of accessible clean water.

The aim of the Ol Malo Eye

Project over the next two years is to treat and prevent the disease by undertaking the following:

- To provide 500 eyelid operations to stop the progression of the disease
- To distribute 5000 doses of antibiotics for the treatment of the disease
- To educate the Samburu people in face-washing and other general hygiene methods
- To develop a safe and reliable water supply less than 30 minutes walk from every Samburu manyatta
- To work alongside Kenyan ophthalmologists and train local ophthalmic assistants

Standard Chartered Ltd. have generously agreed to sponsor the next surgical camp of the Ol Malo Eye Project through the Nairobi Marathon and their 'Seeing is Believing' programme.

With the help of companies such as Standard Chartered Ltd., and of individuals such as those who are running the Marathon, the Ol Malo Eye Project hopes to eradicate Trachoma from an area populated by a nomadic population of approximately 10,000 Samburu people.

Help us to halt this disease in its tracks.

If you are interested in this project, please call *The Ol Malo Trust* on telephone 020 523107 / 0733 697389, or contact us at P.O. Box 1195, Village Market - 00621, Nairobi.



## blue Ice

### MENU' OF THE WEEK

#### Starter:

- Calamari & Prawns salad with rucola Ksh. 400=
- Mix plate of Italian Salami's with Parma ham Ksh. 500=
- Snails French style (half dozen) Ksh. 600=
- Beef roll carpaccio in balsamic vinegar Ksh. 400=
- Prawns and Vegetables Tempura Ksh. 450=

#### Pastas:

- "Paella" Sicili (sea food) Ksh. 550=
- Gnocchi ai 4 Formaggi Ksh. 500=
- Penne "arrabbiata" Tomatoe & chilly Ksh. 300=
- Linguine "Imperiali" (Pesto sauce & Prawns) Ksh. 450=
- Spaghetti alla Sorrentina (sea food) Ksh. 600=
- Ravioli with Feta cheese and olives Ksh. 550=
- Trofie al pesto (fresh home made pesto) Ksh. 500=

#### Main Courses :

- Fish fillet "Genovese" green olives and pesto Ksh. 450=
- Grill Entrecote with roast potatoes Ksh. 450=
- Mix Sea Food, whatever in Indian Ocean Ksh. 1,300=
- Fiorentina (T bone steak) min. 500g Ksh. 900=
- Tagliata di filetto. (beef fillet in spices) rucola Ksh. 500=
- Chicken "Royal" Pesto and artichoke Ksh. 550=

#### Dessert :

- Tiramisu' Ksh. 200=
- Apple pie with Vanilla ice cream Ksh. 250=

BLUE ICE - Italian Restaurant.

TEL: 476560, 0733 615864, Nyalı Road, Mombasa

## ENTERTAINMENT

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Email: [Mombasa@serena.co.ke](mailto:Mombasa@serena.co.ke)



## GREEK NIGHT



Saturday 23rd October

Greek Traditional Food and Music

Sponsored by Greek Consul of Mombasa

Reservations:  blue Ice

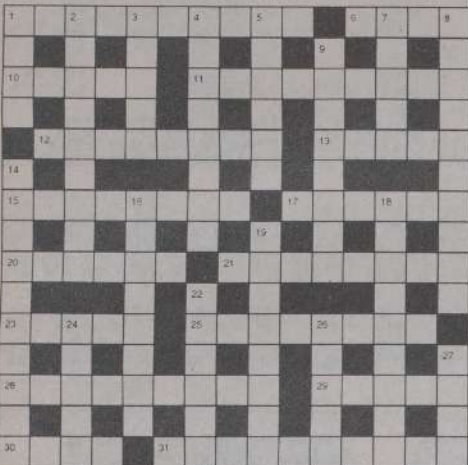
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CROSSWORD NO. 623

NAME.....

ADDRESS.....

**ACROSS:**

- Another boat of like design, relatively speaking [6, 4]
- Pal [6, 4]
- A thicket of brushwood [5]
- An Apache, say, or Sioux [3, 6]
- A sham [8]
- Irrigate [5]
- Bore witness [8]
- Relate minutely [6]
- '39 found the Marx Brothers At it [6]
- Making broader [8]
- One could make up a file on him [5]
- Aviatrix [8]
- It's oft rolled out for royal visitations [3, 6]
- An utter fool [5]
- Substantiality [4]
- Resolute [10]

**DOWN:**

- Coal-bag [4]
- An exceptionally brilliant screenster? [9]
- Bring to bear [5]
- More powerful [8]
- Really? [6]
- Raise by means of tackle [5]
- Only Margie (anag.) - can describe this particular science [10]
- No place in particular [8]
- Make a hash of sticking one's ear in? [5, 1, 4]
- Cooking vessel [8]
- Perturbation [9]
- Get Artie (anag.) - to take this bird out [8]
- Rossini's was a Thieving one [6]
- Gradually lost colour [5]
- A bitter drug [5]
- Horse-breeding establishment [4]

**ANSWERS TO CROSSWORD NO. 622**

ACROSS: 1. WATTS, 4. HITCHCOCK, 9. LEEWARD, 10. RESPECT, 11. NEPTUNE, 12. EREMIT, 13. GRAHAM GREENE, 17. BRIGHTON ROCK, 22. ETHICAL, 23. SACKING, 24. BAA-LAMB, 25. OBSERVE, 26. WELL MIXED, 27. ABYSS  
DOWN: 1. WELL NIGH, 2. THIESPAIN, 3. SPATULA, 4. HEDGE, 5. THREE FEET, 6. HAS-BEEN, 7. ONEDIN, 8. KITTEN, 14. GOGGLE-BOX, 15. ROBIN FAY, 16. SKEGNESS, 19. NICOSIA, 20. BENBOW, 21. THRIALL, 23. SWORD

**WINNER OF CROSSWORD NO. 622**

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ALSO  
Quantity of car spares  
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Previous Press Notice -  
TENANT: Captain & Captain -  
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Listen to Baraka FM on Monday, Wednesday & Friday 3.00 to 3.30 pm for more information

**Across**

- The National Information Service Provider Commissioning partner of Kenya Postal Directories
- Kenya's largest newspaper
- A dominant language in South Africa
- Constant area represented by Map 7 (See Maps in the Coast Telephone Directory)
- The publisher of classified pages in Coastal Directories
- In addition to more than enough
- 1,976 pages set in a tally sheet
- The fourth standard in the Yellow Pages/Coast 13 Telephone Directory

**Down**

- A call
- An essential for making friend or pen-pal sketch
- A person who is a member of a church
- United States
- To arrange for a 1% charge
- Sets off on a 1% charge
- Facial information especially information organized for analysis (or view title on page 29)
- Information that is used for advertising
- The last advertisement in the Yellow Pages A. Hindu discipline aimed at having the
- transmission of Hindu Council relative to four issues (see map 5 on page 11 of Coast Directory)
- To carry or have on the person as wearing
- An italicized the number of foot

Complete the crossword puzzle and send it to Baraka FM. In with a telephone number for more information on the mailing address, please send it to: Yellow Pages, P.O. Box 84200, Mombasa. Kenya. Telephone: 0722 737679. Directory Official Coast Edition under Broadcasting Companies.

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## Notice To Members Of The Muslim Association

In case the recent special issue of the News Bulletin (14th August, 2004) has not been delivered to you, please collect your copy from Shankar Electronics, Moi Avenue, Mombasa. Fazel Hussein, Honorary Secretary

## APPRECIATION



Late Mrs. Jyoti Manesh Thakar  
28th April, 1970 - 14th October, 2004

The Thakar family hereby gratefully and humbly acknowledges all the moral support and assistance received from relatives and friends on the sad and untimely demise of our beloved Jyoti. She was wife to Manesh, mother to Nilay and Bhavya, daughter-in-law to Dinesh (Jimmy) and Indira Thakar

She was daughter of the late Batukbhai and late Kundanben Rawal, sister to Manoj and Vijay (Tinu) and sister-in-law to Hesmita Paresb Dave.

Jyoti's demise at such a tender age has left a vacuum that we will never be able to fill. We thank God Almighty for the wonderful life that she shared with us and we will cherish her memories forever and ever

May God Almighty rest her soul in eternal peace  
Om Shanti Om Shanti Om Shanti

## Amitabh Bachchan, Dimple Kapadia And Dharmendra Star In The Brand New 'Hum Kaun Hai' At Kenya Cinema

**FROM PAGE FOUR**  
smarter in **I, Robot** - Will Smith or the machine

Other stars in **I, Robot** are Bridget Moynahan and James Cromwell.

Denzel Washington will need one hell of an extinguisher as he still goes strong in **Man On Fire** on Wednesday evening

Clive Owen, Stephen Dillane and Keira Knightley earn their honours and swordfights in **King Arthur** on Tuesday evening.

Jennifer Garner is **13 Going on 30** on Saturday evening, as Yash Chopra's Dhoom with Abhishek Bachchan, John Abraham, Uday Chopra and Esha Deol makes a comeback on Tuesday.

At the **KENYA CINEMA** you can see the golden oldies Amitabh Bachchan, Dimple Kapadia and Dharmendra in the brand new **Hum Kaun Hai**.

Sandra Williams lives in an isolated house in the woods with her children Sarah and David. Keeping their company are nanny Mrs. Pinto, gardener Edgar and househelp Maria

Sandra's husband Major Frank John Williams who has been fighting in the war is missing.

Everyone in the house seems to be on edge and no one even dares to talk in anything except whispers.

Some strange happenings in the house, force Sandra to confide in her priest Father D'Souza.

Even as she does this, she bumps into her husband who seems to suffer amnesia and looks disoriented.

Happily Sandra takes Frank home but behaves like a stranger in his own home.

When his daughter Sarah let him into a little secret, Frank jumps ship and takes refuge with his old friend Virendra and together they try and solve the mystery of the Williams home.

Making a comeback at the **KENYA CINEMA** is **Govinda** Satish Kaushik, Tabu and Karishma Kapoor in Saaja Chale Sasural.

This comedy shows one man torn between two wives and very apt lesson that one wife more than enough for any man

**The Muslim Association**  
You are cordially invited to attend the  
**ANNUAL EID DINNER**  
at  
**NYALI BEACH HOTEL**  
on  
**27th November, 2004 @ 8.00PM**  
Guest of Honour  
**H.E. SAYED ZAHID HUSSEIN**  
The High Commissioner for Pakistan  
Entry by card only. No sale of cards at the venue  
Book in advance at:  
**SHANKAR ELECTRONICS**  
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WANTS COAST SOCCER YOUNGSTERS TO SUCCEED IN LIFE BESIDES BECOMING KENYA'S FUTURE RONALDOS, BECKHAMS, ROONEYS AND OWENS

# Suleman Salyani Shares His Dream To Encourage Coast Youth Team Players

Seventeen year-old Suleman Salyani has a dream he wishes to turn it into reality.

Salyani wants Coast soccer youngsters to succeed in life besides becoming Kenya's future Ronaldos, Ronaldinos,

Beckhams, Rooney's and Owens.

Salyani says it is important to note that in the past, many talented and skillful players

from the Coast Province who were selected for *Harambee Stars* for many years but achieved nothing

of great soccer stars among them. Ahmed Breik, the late Ali Ngala, the late Badi Ali, Omar, Ali Kajo and Jabir were the national team players for many years but were not immediately they were given their playing boots or their playing careers or were selected from *Harambee Stars*, says Salyani.

That is why Salyani, the Vice-Chairman of *Nasserpuria Memon Jamat* wants Coast up-coming youngsters to achieve their lives during and after their playing careers.

Salyani wants to see the youngsters improve their playing skills to be

## Soccer Scene with Abdurrahman Shami



able to play professional football in Europe and other foreign countries.

Salyani is keeping together over 100 youngsters of ages ranging from 11 to 19 years.

He assemble them at the Ronald Ngala Primary School ground every afternoon and in the mornings during weekends where they train under three coaches who volunteered to assist Salyani achieve his mission or his dream.

### KHAMIS BAGHAZAL & MOHAMED SOUD

The three trainers are prominent Class I referee Khamis Baghazal, Mohamed Soud Kamech and Shamsudin Kamshui, former *Mwini (Liverpool)* star striker.

With the 100 youngsters, Salyani started two teams - *Future Stars* and *Superstars* - that have been taking part and winning many youth tournaments, recently *Future Stars* clinching the inaugural *Nurdin Shipping Under-15* trophy.

Salyani who was the chairman of *Memon Sports Club* in 1998 to 2000 says he decided to involve the youth to concentrate playing football in order to keep them united and avoid drug abuse.

He thanked well-wishers singling out Mali ya Abdullah for sponsoring the teams with football kits, transport and food (breakfast and lunch) during matches to keep them together.

Salyani who during his tenure as the Chairman of Memon Sports Club enabled Memon football team to win the *Miladunnabi soccer competition* organised by *Hatim Karimjee Sports* in 2001 and also won the volleyball title for the first time in 14 years in 1999, was optimistic that the youngsters will turn professionals in near future.

He says during the recently concluded *Nurdin Shipping Under-15 Soccer Competition* in

which 22 teams took part:

"I saw about 15 youngsters having talents and skills that could turn them to world class players if they will be kept together."

Salyani appealed to other well-wishers to come forward and assist the youth in other areas of Coast Province in order to fight cases of drug abuse.

He intends to start a gymnasium and other sports for the youth to spend most of their

rest times to play instead of staying idle and involve themselves in evil deeds.

"Let us keep our children busy and participate in sporting activities for if they stay idle, they will involve in drug abuse," he says.

Salyani took his education from nursery to secondary at the Aga Khan in Mombasa before taking ACCA at the Strathmore College in Nairobi in 1978.

He played soccer for Memon



Suleman Salyani Vice-Chairman of Nasserpuria Memon Jamat

Sports Club as well as table tennis and captained the cricket team.

# Player-Coach John Oketch Guiding Kisauni's New Pwani Football Club

A NEW football team has been formed up in Kisauni Division by the name of *Pwani Football Club*, formerly known as *Cornier Stone FC*, writes ABDULRAHMAN SHERIFF.

The club is under the guidance of player-coach John Oketch, a former Coastal Union (of Tanga, Tanzania) and Coast Stars player and the captainship of Yusuf Ali, a former *Cosmos FC* striker.

The players are in good

shape, say Oketch and add that they are ready to play in any league including the on-going premier league if given the chance to prove their worth.

The team has a blend of young and experienced players including Zuberi Mohamed and Jay Montelo (from *Feisal FC*), Furaaha and Musa from *P.D.S. Basketball* team, Edgar from *Lake View Busia*, Mody and Balala from *Barbados*,

Solo and Olum from *Silverdoes*, Okoyo Edu from *R. G. Ngala primary school* just to mention a few

During their first friendly matches since its formation, *Pwani FC* played against *Feisal FC* and lost 0-2 at Mnyuchi ground in Magogoni, Kisauni near Kadongo Bar.

Then Pwani played against a Kenya Premier League club, *Dubai Bank FC* where they bowed down 1-3 at the Mombasa City Stadium but won the crowd for their short crisp passes type of football they displayed.

The club interim chairman Jared Otieno, a former *Southern Cross Tours* player has promised to assist the team with lots of activities but still needs support from the local Kenya Football Federation (KFF) officials and local leaders including the area Councillor Ben Makadu

*Pwani FC* will be the first of its kind in Kenya to be web-sited in the Internet for marketing of their young players abroad and locally

### ZIWANI SPORTIF

They have two matches to play this week.

They take on *Ziwani Sportif* in a cup match at Khadija Primary School ground.

They will then travel to Ukunda to take on *Nacet FC* for a friendly match at Mzimuni.

Coach Oketch says at the moment, "we are boasting the technical bench with team manager Ali Mwaito, former hockey international player."

He says they are also trying to get in touch with a locally based Brazilian trained tactician Rajab Babu.

# THE CORRECT SELECTION, USE AND MAINTENANCE OF LASHINGS

checked last week at the resorts on vehicles and especially should be considered for heavy points.

will continue this week with to secure the loads.

The selection of the best means of securing a load to a vehicle depend on the type and position of the load to be secured.

Transporters should equip themselves with the correct lashing equipment for the types of loads carried especially those heavy general cargo operators.

Chains, special bolts, steel ropes, chains, webbing straps, sheets, nets, ropes and lashing bars are all suitable for use in load restraint. It is essential to ensure that the equipment is strong enough for the loads and the terrain on which the vehicles are going to move.

Securing equipment, like other items, should be regularly inspected for wear or damage in accordance with the manufacturer's instructions.

Special attention should be given to webbing, nets, rope or other material made in strands, ensure that there is no visible deterioration due to constant use such as fraying of the strands.

Chains are also suitable for lashing loads when used in a similar manner to steel wire ropes.

Three properties determine the strength of a chain: the length of its links, the thickness of its links and the quality of the metal used.

The longer the link the more susceptible the chain is to damage.

Long links can easily be deformed if they are tensioned over a corner.

Strong wooden packing or bevelled sections should be used on corners or sharp edges to prevent damage to the ropes and chains and also increase the radius around which they bend, thus increasing their effective strength.

All components that go into making a restraint system should be rated at the same level as the

material, wire ropes must have a safe working load compatible with the requirements of the load being carried.

Recommendations for the minimum breaking load of various sizes and types of wire rope are contained in various International standards.

Unfortunately we do not have such standards developed for use in Kenya and this is an area that our Bureau of Standards should begin to work on.

## COASTDRIVE with Teti Kamugunda



Wire ropes should be free from rust and must not be used if they show evidence of weakening such as broken wires or strands.

Other coupling equipment used with wire rope must be of corresponding quality and strength.

Unlike other ropes, sharp bends will reduce the effective strength of wire rope.

Chains are also suitable for lashing loads when used in a similar manner to steel wire ropes.

Three properties determine the strength of a chain: the length of its links, the thickness of its links and the quality of the metal used.

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Long links can easily be deformed if they are tensioned over a corner.

Strong wooden packing or bevelled sections should be used on corners or sharp edges to prevent damage to the ropes and chains and also increase the radius around which they bend, thus increasing their effective strength.

All components that go into making a restraint system should be rated at the same level as the

chains or wire ropes.

Webbing assemblies are also often used suitable for securing many types of load.

They would normally consist of a webbing strap with some form of end fittings and incorporate tensioning devices.

The strength of webbing assemblies is called the *Rated Assembly Strength (RAS)*.

This should never be exceeded under any circumstances. Nets securing or retaining some types of load may be constructed from webbing straps or ropes of either natural or man-made fibres or steel wire.

Webbing nets are generally used as barriers to divide the load space into compartments.

Rope or cord nets may be used to secure loads either to pallets or direct to the vehicle as the primary restraint system.

Lighter nets can be used to restrain loads in open bodied vehicles, skips and similar load

containers when the type of load makes it superfluous to use sheeting.

Care should be taken to ensure that the metal components of nets do not become corroded or damaged, that the webbing is not cut and that all stitching is sound.

Rope and cord nets should be checked for cuts or other damage to the fibres.

If necessary, repairs should be carried out by a competent person before the net is used.

The mesh size of the net must be smaller than the smallest part of the load.

The ends of the rope should be spliced or otherwise treated to prevent fraying.

Each rope should have a label or sleeve indicating the maximum rated load for the ropes.

Colour coding of ropes is sometimes used to ensure that users ensure compatibility with the load demands in use.

ISO freight containers are secured to vehicles by means of special container locks commonly known as twist locks.

In most cases twist locks will

be fitted to the vehicle during manufacture. Where they are fitted at a later date then modifications to the chassis/structure should be carried out in accordance with the recommendations of the vehicle manufacturer.

Twist locks should also be inspected regularly for wear, damage and correct operation.

Locking devices, which are intended to prevent the operating levers from moving during transit, should be given special attention.

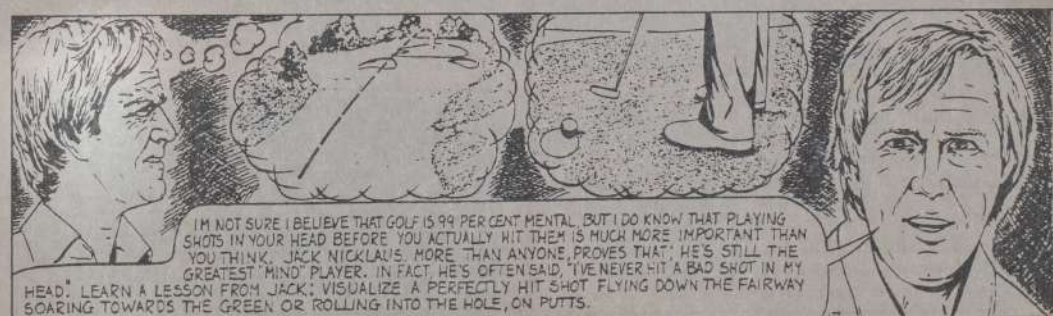
A minimum of four twist locks should be provided for each container carried.

In general, the key is that any lashing material should be properly designed and then used in accordance with the specification.

Regular inspection and maintenance of the equipment should then be instituted with no short cuts allowed in the event that the correct equipment is not available to the driver of the vehicle.

As Kachumbari says, the correct selection, use and maintenance of lashings could save a life and will definitely save on the costs of operation.

## 'Mind Golf' Makes You Better



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Issue No. 2743 October 22 - 28, 2004.

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## NORFOLK HOTEL SPONSORS VINTAGE CAR RALLY



**TUSHAR PUJARA**

### 12th World Olympiad

The 12th World Bridge Olympiad is scheduled between Oct. 23 and Nov. 7, in Istanbul, Turkey.

Kenya will be represented by a squad of 8 prominent players.

Veteran Tushar Pujara represents the country as the Captain.

Tushar bears with him good international experience having before been Captain for the Kenyan team in Jordan in 1995.

The squad will be accompanied by six 'Kibitzers' from Kenya and the President of the Africa Bridge Federation Dr. Bharat Bhardwaj



Show stopper: the 41-year-old MG TD gets a close examination from Norfolk Hotel director and general manager Richard Kimenyi (right) and Vintage Classic Car of Kenya Association chairman Brian Nicol.

## 'Norfolk Hotel' Takes A Drive Through History

Norfolk Hotel, the flagship hotel of the Lonrho Group of Hotels, has sponsored Nairobi's latest 'Vintage Car Rally' (VCR).

The event set to take place on November 7, 2004 will showcase more than twenty vintage cars made before 1979.

"As part of the hotel's centenary celebrations, the Norfolk Hotel is sponsoring the VCR in an unforgettable motoring adventure that culminates at the Ngong Race Course later on the same day," said Norfolk Hotel's director and general manager, Richard Kimenyi.

"The Norfolk Centenary Classic Car Rally is a remake of history as the hotel goes down memory lane from 2004 to 1904.

"The rally reached its fever pitch in 1936 when race cars made their debut high entrance into Kenya inspired by the Nairobi-Johannesburg Road Race of 1936."

The VCR will have two classes, one for cars made in 1940 and earlier and the other for cars

made between 1941 and 1979. Adds Brian Nicol, chairman of the Vintage Classic Car of Kenya Association:

"The older cars will be worth going to see as there are not many cars of this age that are capable of participating in such an intense event.

"In addition, there will be an interesting selection of classic cars such as a Jaguar and an old Morris convertible as well as a 1970 Mercedes 230/4 that participated in the first Classic Safari Rally in 1936."

A show stopper, expected to take part is the 41 year old MG TD which garnered 251 points at the Concours D'Elegance last month, in addition to a 1958 Mini Morris.

"In order to retain an air of history and tradition, only cars manufactured before the 31st December 1979 are eligible to compete," added Nicol.

Drivers will be furnished with the necessary navigational material as the route map has remained a closed secret for the last two months as entrants signed on to compete.

Said Kimenyi: "What we can disclose is that the route will be on some of Nairobi's well known

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## KENYA TIDE TABLES

MOMBASA, Oct. 22 - 28, 2004

**FRIDAY** High Water - 2.5 m. at 11.12 hrs. (11.12 a.m.) Low Water - 1.5 m. at 04.20 hrs. (4.20 a.m.) and 1.2 m. at 18.18 hrs. (6.18 p.m.)

**SATURDAY** High Water - 2.3 m. at 00.47 hrs. (12.47 a.m.) and 2.6 m. at 13.03 hrs. (1.03 p.m.) Low Water - 1.3 m. at 06.40 hrs. (6.40 a.m.) and 1.0 m. at 19.27 hrs. (7.27 p.m.)

**SUNDAY** High Water - 2.7 m. at 01.48 hrs. (1.48 a.m.) and 2.8 m. at 14.05 hrs. (2.05 p.m.) Low Water - 1.0 m. at 07.48 hrs. (7.48 a.m.) and 0.8 m. at 20.13 hrs. (8.13 p.m.)

**MONDAY** High Water - 3.1 m. at 02.29 hrs. (2.29 a.m.) and 3.0 m. at 14.49 hrs. (2.49 p.m.) Low Water - 0.7 m. at 08.34 hrs. (8.34 a.m.) and 0.6 m. at 20.48 hrs. (8.48 p.m.)

**TUESDAY** High Water - 3.4 m. at 03.05 hrs. (3.05 a.m.) and 3.2 m. at 15.26 hrs. (3.26 p.m.) Low Water - 0.4 m. at 09.12 hrs. (9.12 a.m.) and 0.5 m. at 21.19 hrs. (9.19 p.m.)

**WEDNESDAY** High Water - 3.8 m. at 03.37 hrs. (3.37 a.m.) and 3.2 m. at 15.59 hrs. (3.59 p.m.) Low Water - 0.3 m. at 09.45 hrs. (9.45 a.m.) and 0.4 m. at 21.47 hrs. (9.47 p.m.)

**THURSDAY** High Water - 3.7 m. at 04.08 hrs. (4.08 a.m.) and 3.2 m. at 16.29 hrs. (4.29 p.m.) Low Water - 0.2 m. at 10.18 hrs. (10.18 a.m.) and 0.4 m. at 22.15 hrs. (10.15 p.m.)

NOTE: Standard Port is Kilindini ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

## Ninety Ninth Hash Run Even Draws Entries From Nairobi!

A composite crowd of Nairobi and Mombasa Hashers ran the 99th run on the tricky and treacherous hills at Kimerimeta in Kwale during the Moi day weekend.

The Hares 'Eric'mouth' and Maria 'log-on' discovered the most inaccessible trails on the eastern slopes of the hills and set out to lay a trail which at times was anything but.

The pack ran, slid and even fell down the rocky outcrops between crevices which were slippery due to dry weather and even drier soil. Going was downhill for about 2.5 kms. and then winding down the murrum road that led to nowhere - almost.

A panting pack gratefully converged on to a Coconut banda and had their fill of the milk with the Nairobi Religious Advisor in a mood for early down-downs promptly dispensed with coconut milk.

The trail led on a flat terrain for another couple of Kms.

What comes down has to go back up in Hash terms.

So, everyone was led through the western slopes

TURN TO PAGE FOURTEEN

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