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Coastweek

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Muslim
Readers**

Kenya Government Eases 'Visa' Requirement For Omani Visitors

Delighted that visas are once again immediately available in Kenya to those living in Oman is Fathallah Hinawy a frequent visitor to Mombasa who has been living and working in Oman for the past 30 years, and plans to retire here.

When the issuing of Visas to those from Oman was changed, applications then had to be made to Nairobi, said Fathallah 'it took almost two months to obtain and it was very worrying having to wait that long'

Oman Air offered a very convenient direct service to Mombasa and the new regulation concerning visas for those living in Oman affected its operations to such an extent, that it decided to discontinue its service here from 1st September, 2004 and to close its Mombasa office.

Before doing so there had been appeals to government by coast

tourism officials to try and stop this happening. Declared Fathallah 'we miss these direct flights and all our hoping that Oman Air will consider resuming its service into Mombasa soon'.

Adding 'I keep coming back for I have many relatives and friends in Mombasa including Hans Blaser, Managing Director, Kedev and Company,

whom I have known for eleven years'.

Fathallah, the son of the late Liwal for the Coast, Mbarak Ali Hinawy, was born and educated in Mombasa, then working here before leaving for Dubai and later Oman to become Manager of the Oman Flour Mills where, in an interview he revealed 'I am trying to work for my retirement'.

Adding 'I keep coming back
TURN TO PAGE NINE

Special Report by
NETA PEAL

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Africa Online Boost For The Leo Club of Mombasa Pwani

Africa Online's Regional Manager All Bofulo (right) presenting a token of appreciation to Leo Club of Mombasa Pwani Chairman Leo Imran Harunani during the Inter Secondary Computerised Quiz Competition. Looking on (centre) is Mr. Luis Muremi Technical Officer Africa Online.

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MOMBASA AND COAST SHOPPING GUIDE

Mombasa Home For Destitute And Abandoned 'Street Children' Seeks Greater Public Support

The struggle to exist continues at **Mji wa Salaama**, Tudor, which is run by the **Child Welfare Society of Kenya**, Mombasa Branch.

It is completely self-supporting receiving no assistance from the government nor Mombasa City Council.

It is 'HOME' to 56 orphans, abandoned and destitute youngsters, as well as those of jailed parents brought to the home, and relies on assistance from good-hearted folk both here and abroad.

They include **Severin Sea Lodge**, **Bamburi**, and **Jahazi Marine** which have done much by offering 'outings' to the children.

However, the most prominent supporter continues to be **Ingeborg** (popularly known as **Mama Niki**) **Hoffmann** who carries on with the support her late husband, **Ernst**, started when he was Resident Manager, **Touristic Union International** at Mombasa.

Over the years Ingeborg has increased the assistance given with the help of friends in Germany where she now lives.

It has provided the home with what was hoped to become income generating facilities.

They are a Nursery School with Primary section.

Presently attending the Nursery School are ten children from **Mji wa Salaama** and 45 from elsewhere.

Said **Susan Kuria**, Branch Administrator, **Child Welfare Society of Kenya**, Mombasa Branch 'payment is still low due to the fact that our neighbours are poor, while some can hardly afford the fee. Consequently,

what we receive is barely sufficient to sustain the school and it is lacking text and exercise books, pens and pencils, items for First Aid kits, mats on which the children can rest after lunch, also small chairs and tables.

We are also in dire need of large blackboards.

She continued meanwhile, we are excelling in such things as cleanliness, discipline and education as teachers are also Montessori trained.

However, as the Mombasa City Council withdrew the only teacher it had provided we are now left with the burden of paying the salaries of three'

Susan appealed to well-wishers to assist in helping provide some basic requirements for the Nursery School including school uniforms and shoes.

She explained these are not only for children from the Home but those from very poor families.

Referring to the new Primary section for 30 pupils, **Susan** revealed 'we did not open due to the introduction of 'free' education.

No one wanted to come to our school and have to pay.

However, we are optimistic as she asserted 'no school around us has such good teachers, playground, security etc.

As they become aware of this many parents are now enrolling their children for Standard 1 next year'.

Adding '**Mama Niki** will soon be back again and then providing both the Nursery School and Primary section with computers'.

Explained **Susan** 'she has been delayed in doing so because of her mother's illness'.

She also mentioned that with the rising cost of living **Mji wa**

Salama is not receiving so many visitors as in the past.

Consequently, the situation is that **Mji wa Salama** is not self-sustaining and now totally dependent upon donations to pay electricity, telephone and water bills, salaries and to buy food, soap, cooking oil, sheets, baby cots and mattresses, also mosquito nets for the larger beds.

Referring to complaints of packs of Street Children harassing motorists and pedestrians, particularly in the centre of the road opposite **Telcom House**, **Moi Avenue**, **Susan** said 'when it comes to serious cases of children being a menace to society then it is important to contact the government's Children's Department on Floor 7 of the **NSSF Building** on **Nkrumah Road** as it is empowered to deal with this.

They can be contacted by telephone at Mombasa **227680** or **224937**.

She explained 'while the **Child Welfare Society** does not deal with this particular problem it does have a project offering tailoring and dressmaking classes to girls enabling them to



'**MAMA NIKI**', (**Ingeborg Hoffmann** from Germany) is pictured with some of those attending the nursery school at **Mji wa Salaama**. They presently total 10 from the home the home and 45 from neighbouring areas. On her next visit "**Mama Niki**" will be providing computers for the Nursery School as well as for its Primary Section.

find employment and earn a decent living.

While we do not offer shelter to girls living on the streets they can come to these classes for a few hours a day.

They are 'Free' and they would be most welcome.'

It has been pointed out that in the middle of **Moi Avenue** there is a sign in an artificial palm tree declaring '**Mombasa Says Yes to Children**'.

Further up the road towards the town centre there has been

this pack of Street Children operating in the middle of the road opposite **Telcom House** many sniffing glue, others so wan they can hardly stand.

Why is Mombasa not saying 'yes' to these youngsters?

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Special Report by
NETA PEAL

MOMBASA HOSPITAL BREAST CANCER AWARENESS CAMPAIGN

October is now known as Breast Cancer awareness month on an international level.

This history goes back to October 1985 when the **PINK RIBBON** also known as the **BREAST CANCER RIBBON** was

first used as a symbol of respect and commitment for the fight against Cancer.

It also serves as a visual reminder of all the people who have been touched by the disease.

It is increasingly recognised that there are differences in factors determining health in women and men.

The dynamics of Gender in health are of profound importance and cannot be overlooked.

Women by virtue of the social, economic, culture and physical placement have always been at risk of suffering various ailments.

Some of the diseases women suffer may very well have been prevented with the necessary knowledge, lifestyle (health lifestyle) and the right attitude to

seek intervention early.

This calls for vigorous efforts to avail health Education to women, proper counselling and provision of health screening facilities.

With this regard the concept of **Well Woman Clinic** was born.

In the recent years, there has been a visual explosion of health promotion activities.

Healthcare providers and professionals are now switching focus from curative medicine to preventive medicine.

In major hospitals in this country the emergence of health promotion clinics have been seen.

The Mombasa Hospital Well Woman Clinic is situated within the Hospital premise in a very friendly atmosphere.

The Clinic provides a comprehensive assessment of clients' current state of health and well being with the aim of detecting any diseases at an early stage, so that prompt treatment can be initiated.

The Mombasa Hospital in conjunction with **Safaricom**, **Kenya Breast Health Programme** and **Coast Breast Cancer Awareness Organisation**, will hold a **Breast Cancer Awareness** on **October 25th 2004** from **8.00 a.m. to 4.00 p.m.**

Free examination will be available to all women and men.

Show your support for the fight against Cancer by buying and wearing a **PINK RIBBON**.

The ribbons are available at many outlets in Mombasa, including The Mombasa Hospital. For further information contact Mombasa Hospital Outpatient Reception Tel. No. **312190** Ext. **227/270**

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LIFE IS JUST A LAUGH



"Why can't you just dust me like the furniture, Mum?"



"It's your babysitter wants to know where you keep the bottle opener?"



"Man overboard!"



"Head aches! You've always got headaches—you never let me practise on my trombone!"



"I couldn't find the soap—so I borrowed your shaving cream."



"Of course lemons don't have legs. You're squeezing a canary."

DIAMOND TRUST BANK ENTERS RETAIL BANKING

Diamond Trust Bank (DTB) Kenya has entered the retail banking market with the launch of a new initiative called Open Banking.

This brings to the market unique propositions of choice, fixed cost, internet banking services and multi-city Automated Teller Machine (ATM) locations.

Speaking during the launch of Open Banking DTB Kenya, Managing Director, Nasim Devji, said:

"We have been listening to the market and we recognized there was a significant need for high quality, technology-based services in the personal banking sector offered at a fixed cost".

Added Ms. Devji: "Diamond Trust Bank has been carefully positioning itself to take advantage of the fact that the market wants a fresh approach to banking."

"We have had to innovate in every respect to provide what we believe is an unbeatable range of products designed for the personal banker."

The theme for the new initiative revolves around the term Open - Open for business via the internet



Diamond Trust Managing Director Nasim Devji (left) explains the extensive ATM network the bank will install to the bank's head of Asset Banking Kennedy Nyakomitta and Paynet Managing Director Bernard Mathewman during the launch of the new banking initiative - "Open Banking".

and ATM's, Open to change - through innovative products and Open and honest communications with customers.

The Open banking clients have choice, three distinct packages with standard monthly fees in fact, which is central to the philosophy of the bank.

"Everyone is different and we have catered for this by providing our customers with choice," said Ms. Devji.

"DTB Kenya ATMs will offer our clients a number of options that allow modern day professionals easy access to the bank at any time of the day and anywhere, thus not constraining them to fixed banking hours," said Ms. Devji.

"Diamond Trust Bank Kenya is Open 24-hours a day through the internet and ATMs."

DTB Kenya is affiliated to the Aga Khan Fund for Economic Development, which is the economic development arm of the Aga Khan Development Network.

Among the bank's shareholders is the International Finance Corporation (IFC), the private lending arm of the World Bank. DTB Kenya is listed on the Nairobi Stock Exchange.



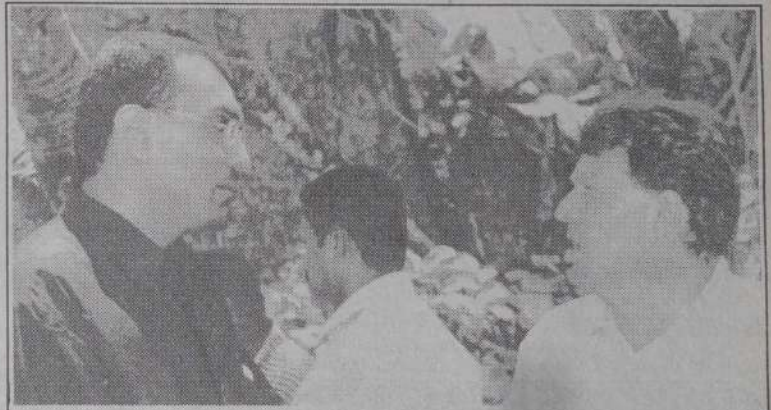
ROTRACT CLUB OF MOMBASA

Rotract Club of Mombasa have organised Charity Programmes of *Chaine of Coins* at Nakumatt Likoni and donated milk and bread distribution to the poor.

Rotract Club of Mombasa held Charity Programmes like Chain of Coins at Nakumatt Likoni on 2nd October, 2004 and Milk and Bread distribution on 3rd October, 2004. Rotractors present were (Chairman) Taher Rajabali, (Members): Nafisa Khanbhai, Famida Aslam, Nazneen Ismael, Taha Iqbal, Yusuf Vejlani, (Abiall) Miyanji, Aadil Butt of Splendid View Restaurants - not in the picture.

Rotract Club of Mombasa does everything in aid of Charity.

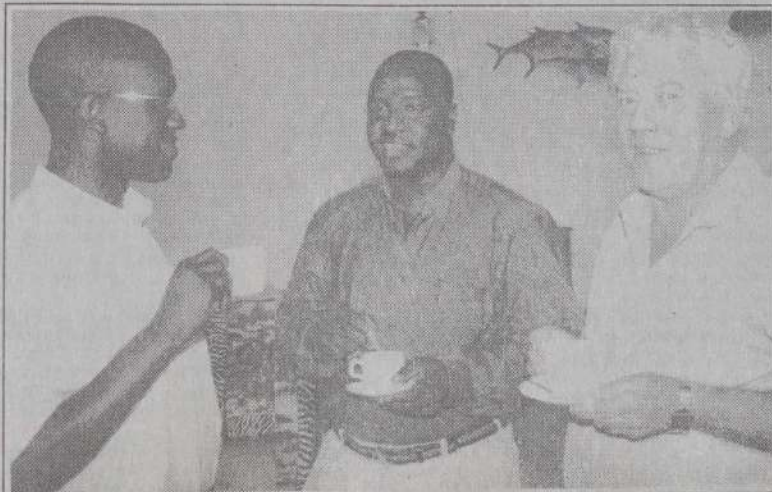
DELOITTE AND TOUCHE EXECUTIVE LUNCHEON



Senior Manager Audit of Deloitte and Touche Iqbal Karim (left) chats with Severin Hotel (Ltd) Managing Director Andrew Stuart during the executive luncheon the company hosted for its clients in a Mombasa Hotel.

PHOTO - COURTESY TITUS MUSAU

K.K. SECURITY COMPANY HOST STRATEGIC PLANNING SEMINAR



K.K. Security Company Senior Managers from (left) James Omwando (Director) Jeremiah Mupe (Credit Manager) and Mr. Patrick Hughes Chief (Financial Officer Group) chat over a cup of tea over tea break during a Strategic Planning Seminar held at Baobab Holiday Resort. The Company participants were drawn from Finance Departments.

PHOTO - COURTESY TITUS MUSAU

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'Stepford Wives' Stars Nicole Kidman, Matthew Broderick, Christopher Walken And Bette Midler

ALL HUMANS are forever looking for that perfect partner.

Men dream of that beautiful, vivacious, perfect ten figure who can cook like a *Michelin* star chef, every hair in place, juggling kids and home in perfect synchronisation, and most of all nubile and provocative in bed.

Women yearn for that handsome hunk who seems to know what she wants even before the words come out, charming, witty, providing for all her needs and then under the covers the raw and untamed animal.

For this utopian world all you need to do is be a *Stepford Wife* and all will be revealed.

Directed by Frank Oz, he of the

funny film fame, *The Stepford Wives* starring Nicole Kidman, Matthew Broderick, Christopher Walken, Faith Hill and Bette Midler opens at the **NYALI CINEMAX** this week.

Set in the sixties, we see a highly successful executive Joanna Eberhart moved by her husband Walter from the racy life of Manhattan to the relative quiet of Stepford, Connecticut after she suffers a nervous breakdown.

She connects with the sharp tongued Jewish writer Bobbie Markowitz who is also trying to overcome alcoholism in this quiet and serene surrounding.

They soon find out a strange phenomenon in Stepford - all the

wives are perfectly sated and have absolutely no complaints about their husbands.

This seems mighty strange and they try to get to the bottom of the whole mystery but end up facing more questions.

What is the Stepford's Men's Association, and what are they really upto?

And what goes on at the Stepford Day Spa - some kind of rejuvenation process?

Joanna and Bobbie overcome their respective weaknesses and make a pact to find out the truth, the whole truth and nothing but the whole truth.

For a good many years now, *Garfield* the fat, lazy but intelligent cat has amused millions of readers in 2,600 newspapers the world over with his cartoon strip.

Peter Hewitt brings *Garfield* to life on the big screen with Liz Wilson, Bill Murray, Breckin Meyer, Jennifer Love Hewitt and Stephen Tobolowsky.

It would take a major earth quake to move *Garfield* off his favourite comfortable chair, eating his favourite lasagne, watching his favourite programme on television in between insulting his owner Jon.

This wonderful life is turned upside down when Jon brings home dog that is not only full of life and energy, but is as dim-witted as lovable.

Garfield is taken back for the first time in his life when he comes face to face with Odie who for some strange reason keeps barking at nothing in particular and wants to chase his own tail.

Jon cannot stop gushing over his new acquisition, much to *Garfield's* consternation.

Garfield starts scheming of ways to get rid of this nuisance of a dog and one day he really disappears.

Rather than be over the moon, *Garfield* feels responsible and

actually starts to look for Odie.

Garfield is being brought to **NYALI CINEMAX** as a special offering for the mid-term holidays.

King Arthur starring Clive Owen, Stephen Dillane and Keira Knightley is on for three shows on Sunday, Monday and Thursday.

With his courageous *Knights of the Round Table*, Lancelot, Galahad, Bors, Tristan and Gawain King Arthur rallies his soldiers against the Saxons.

The beautiful Guinevere and Merlin the magi-cian stand by his either side and together they gallop forward to rewrite history.

Will Smith is the hapless human among machines in *I, Robot*.

Other stars in this science fiction futuristic thriller are Bridget Moynahan and James Cromwell.

Denzel Washington has still not put the flames out in *Man On Fire* (Saturday and Tuesday).

With him in this action packed film are Dakota Fanning and Christopher Walken.

Mean Girls Lindsay Lohan, Tina Fey and Lizzy Caplan make a comeback at **NYALI CINEMAX** on Tuesday evening.

Shrek 2 can be seen on Saturday afternoon, while Yash Chopra's *Dhoom* with Abhishek Bachchan, John Abraham, Uday Chopra and Esha Deol is slotted for Saturday and Sunday.

Back for one show only on Tuesday night is *Kyun! Ho Gaya Na...* with Vivek Oberoi, Aishwarya Rai and Amitabh Bachchan.

Saiman Khan, Preity Zinta and Bhumiika Chawla can be seen in *Dil Ne Jise Apna Kaha* on Wednesday afternoon.

KENYA CINEMA, mean while will be screening Jackie Shroff, Raveena Tandon and

Mahima Chaudhry in *Dobara*.

Novelist Jackie Shroff lives with his loving and beautiful wife Mahima Chaudhry.

A sudden call one day changes all that and suddenly he is living one day at a time walking on a tightrope.

His former flame, Raveena Tandon who had been institutionalised with schizophrenia twelve years ago gives him a belated present.

She claims that they had a son who was born while she was undergoing treatment and he had been given up for adoption to a family in Goa.

Her maternal instincts wanted her to go to Goa and wish him on his upcoming birthday for that she needed Jackie.

After the initial shock, he agrees, even if it is only to see his son and what he may be like.

He takes off for Goa without informing his wife who finds out anyway and all hell breaks loose.

Mahima follows them and the total breakdown of all emotions in Goa is what ensues next.

The adults only film *Innocence* has only two shows one on Saturday and one on Tuesday evening.

The South African comedy *Mr. Bones* makes a comeback to **KENYA CINEMA** on Monday and Wednesday.

A white medicineman travels to the big city in search of the King's heir and only illegitimate son.

Karan Johar's *Kabhi Khushi Kabhie Gham* also makes a welcome comeback on Tuesday and Wednesday.

This tear jerker stars Amitabh Bachchan, Jaya Bachchan, Shah Rukh Khan, Hrithik Roshan, Kajol and Kareena Kapoor and has English subtitles.

Govinda becomes a ghar-jamai in *Sajan Chale Sasural* as Tabu and Karishma Kapoor fight over him.

Sasur Kadar Khan can only look on.



NYALI CINEMAX...the ultimate movie experience...

The Stepford Wives

Nicole Kidman, Matthew Broderick, Christopher Walken, Faith Hill, Bette Midler

Fri.-6.45pm
Sat.-2.00pm & 9.00pm
Sun.-7.00pm
Mon.-6.45pm
Wed.- 9.15pm

KENYATTA DAY & MID TERM SPECIAL

Get Ready For Frisky Business

Garfield The Movie

Liz Wilson, Bill Murray, Breckin Meyer, Jennifer Love Hewitt

Wed.-11.00am & 4.45pm • Thur.-2.30pm & 9.15pm

KING ARTHUR

Clive Owen, Stephen Dillane, Keira Knightley

Sun.-4.30pm
Mon.-9.00pm • Thur.- 6.45pm

WILL SMITH I,ROBOT

Will Smith, Bridget Moynahan, James Cromwell

Fri.-9.00pm • Sun.-9.00pm
Tue.-2.30pm • Wed.-6.45pm

MAN ON FIRE

Sat.-6.00pm
Tue.-8.00pm

MEAN GIRLS

200%
Tue.-6.00pm

SHREK 2

200%
Sat.-4.00pm

DHOOM

Yash Chopra's
WITH ENGLISH SUBTITLES
Sat.-11.00pm
Sun.-1.45pm

KYUN! HO GAYA NA...

WITH ENGLISH SUBTITLES
Tue.- 11.00pm

DIL NE JISE APNA KAHAA

WITH ENGLISH SUBTITLES
Wed.- 1.45pm

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The holy month of Ramadhan, the month of fasting, is round the corner and naturally you would think of Dates, (*khajoor*) or (*tenda*) and you will everyday have a date with 'dates'.

Our towns will be full of dates. The Muslims consider it an exalted fruit and they start and end all their 'fasts' (*saums*) with dates, in the tradition of the Prophet of Islam.

Have you ever wondered about dates?

Date is an ancient natural product, which every culture has been using from time immemorial.

Next time, you feel popping something sweet into your mouth, try dates, even kids find them good.

Once your mouth savours the taste of date, surely you will go steady with it.

While the date is fairly popular, there is more to this fruit than meets the eye.

It's potential as a diet supplement is immense.

Even the earliest civilizations - the Babylonian, the Mesopotamian and the Indus Valley left relics of date seeds in their diet.

The actual place of origin of the date is unknown but its home has always been the Persian Gulf and Baluchistan area.

Dates are the one-seed fruits of *Phoenix doctifera*, a tree of the palm family, usually oblong,

Date Palms Are Specially Blessed

they vary in shape, size, colour, quality and consistency of flesh according to the conditions of their culture.

It is extensively grown in Iran, Iraq, Saudi Arabia, Egypt, Jordan, Syria, Libya, Oman, Bahrain, Kuwait and Yemen.

This sweet fruit grows very well in desert regions as it requires plenty of heat and little water and it is in many respects like the coconut tree.

Every part of the date palm comes in handy for something or the other - food, fuel, packing etc.

Prophet Muhammad (S.A.W) fondly talked about dates.

A Hadith says:

"Specially blessed are the Date palms and whoever has one in his home shall have neither hunger nor poverty."

Arabs fondly have date tree in their houses and further show their love and regards for dates by planting the palm wherever they can - by roads, on beaches, in resorts.

During ripen season, June to September, the entire Middle East and the mediterranean coast turns colourful with red, yellow

and brown bunches of dates, hanging against the green background.

Each bunch may have up to 1000 fruits weighing eight to ten kgs.

A palm of dates begins to yield fruit in the 4th or 5th year and reaches peak bearing at around 15 years of age, and yields of 40 to 80kgs. is obtained in a single tree.

These palms have a life span of 150 years, but fruit produce declines after some time, and for commercial cultivation they are replaced at much earlier age.

In many respects it resembles with baby coconut tree with green ideas.

A special feature of the date palm is, male and female flowers grow on separate trees and artificial pollination is necessary.

During a recent survey, the Arab world has 50 to 60 million trees.

Saudi Arabia alone has more than 15 million date palms. Dates earn valuable foreign exchange.

In fact, before oil came on the scene, this was the mainstay of trade in these areas.

They used to barter dates for

KENYA CINEMA
NOW SHOWING

Dobara

Jackie Shroff, Mahima Chaudhary, Raveena Tandon

Fri. 15th-6.15 & 9.30pm
Sat. 16th-2.45 & 9.30pm
Sun. 17th-2.45, 6.30 & 9.30pm

"INNOCENCE"

First Love, Second Chance
ADULTS ONLY

Sat. 16th- 6.30pm
Tue. 19th-6.30pm

MR. BONES

Mon. 18th- 9.30pm
Wed. 20th-6.30pm

Kabhi Khushi Kabhie Gham...

It's all about loving your parents
WITH ENGLISH SUBTITLES
Amitabh, Shah Rukh Khan, Jaya Bachchan, Kajol, Hritik Roshan, Kareena Kapoor

Tue. 19th - 9.30pm
Wed. 20th - 2.45pm

"SAJAN CHALE SASURAL"

Govinda, Tabu, Karishma Kapoor, Kader Khan

Wed. 20th - 9.30pm
Thur. 21st - 9.30pm

other goods.

Dates are exported to all parts of the world.

Dates from Iran, S. Arabia and Egypt are considered of superior varieties.

Besides been eaten, the date can be used to make syrup, jam, vinegar.

Dates are specially recommended for pregnant women, as it is said to be a cure for anaemia.

There is a strong belief in many cultures, that taken during pregnancy dates improve lactation (the period during which milk is secreted) and also child's complexion.

Infants are given this at the time of teething to inculcate the biting habit.

It is also used for Ayurvedic concoctions and home medicine as it is the best natural sugar.

The Prophet Muhammad(S.A.W) opened the 'fasts' with dates is obvious because by evessure one who is fasting his blood pressure drops drastically, and the date with predigested sugar immediately brings the level to normal.

So eat dates, it is a heavenly fruit.

- SHAKUR BYTHIA, Nairobi

Coast Disabled Children Display Their Talents On Lions' 'World Service Day'

For Eighteen years, the Lions Club of Mombasa Pwani has been championing the support for disabled persons at the Coast to enhance their involvement in Social and Cultural events, reports Lion Bihari Parekh.

On this particular day Lions perform a special act of humanitarian service.

On Sunday 3rd October 2004, the team of dedicated Service Club Members joined hands once again to host at the Mombasa Municipal Stadium an athletic event that has lately registered growing popularity.

This special act symbolizes peace, love, unity and purpose which is best defined by the motto of World Lions Organization "We Serve".

The event marked the Lions World Service Day, which was first organized by the founder member Lion Melvin Jones on October 8, 1917.

Our Chief Guest of the day was the Region Chairman Kenya F Lion Subhash Shah.

The event which has become a regular feature in the Club's calendar was eagerly awaited by the disabled children because it is an event full of activities that gives fun and challenge to these children.

The children sang choruses as they were driven into the popular stadium by buses from Kenya Tours and Travel, Mesh Bus Company, Falcon Bus Company, Coastline Safaris,



The Chairman, Lion Mahendra Shah handing over the prizes to the winners of Physically Handicapped - Crutches 100m race, while Leo Club Members look on. Winners were first Mary Garama, second Lewa Mwatela and third Lival Mwatela.

Kuldip Touring Company and Pollmans Tours & Safari Limited.

T-shirts were distributed to all the participating children, teachers and staff members of the Lions.

The parade was headed by Aga Khan Band who were elegantly dressed and gave tune of the March Past.

Behind the Band followed the Lion members, Leo, Lion Ladies and children from each school with their own identity

board.

The Chief Guest, Chairman, Programme Convenor and Inspector of Special schools acknowledged the March Past.

The events as per programme started at 9.30 a.m.

It was a great sight to see the blind, deaf, the physically handicapped doing their best to win in sports - track and field events.

The day long field and track events, gave the participants

an opportunity to display their talent and high level spirit of competition.

The most exciting event was the 100 meter sack race, wheel chair race and crutches race where the participants proved their indomitable spirit to win.

Through the high and long jump events, the disabled children were able to prove to the spectators that 'disability was not inability'.

The audience included

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respected businessman and Government officials.

Availing a chance to the handicapped children to compete and enjoy themselves on Sunday 3rd October 2004 was in accordance with the Lions Club of Mombasa Pwani's motto that 'We Serve' which aims at offering dedicated service to all.

Through the financial support of our philanthropist Lion Kanubhai Babla, Dreamcoat Auto, Corrugated Sheets, Coastal Bottlers Limited and Papyrus (Africa) Limited and various Service Club Members and Organisations, the Club successfully hosted a thrilling athletic competition involving 1200 disabled children from 18 disabled schools from around Mombasa, Kwale, Kilifi and Malindi.

Convenor of the event Lion Bihari Parekh expressed gratitude to the sponsors and each donor who made the event a success.

A free hot lunch to the children, their teachers and guests was served through the sponsorship of Lion Mahendra C. Shah.

Lions Club of Mombasa Pwani, expressed gratitude to the Provincial Education office, the District Administration and the Mombasa Municipal Council and the Agakhan Council Band for their unwavering support that led to the success of the event.

In addition many Lion Members and Organisations who had given cash donations and their sponsors who had donated in cash and kind were thanked and recognized at the stadium.

The function was over at 3.30 p.m. and all the disabled children could not hide their joy at the close of the event and boarded the buses with smiles and happiness for the journey back to their schools carrying treasures of the events of the day.

Eventful Travel Between Nairobi And Mombasa

I would like to inform the owner of one of the bus services linking Mombasa and Nairobi that it is time to organise them selves.

They should know that the passengers/public (or can say citizen of Kenya) are the ones who are making them a profit and keeping them on the road let aside foreigners.

I travelled on 27th Sept' 04 from Mombasa to Nairobi with my son who was leaving next day to Dubai his flight was at 0600 am on 29th Sept' 04 which was had sufficient time to reach Nairobi Airport.

The bus we were travelling had worked on other routes since morning prior to Nairobi bound and was called to Nairobi for services which was supposed to

go without any passengers.

Unfortunately the management decided to take passengers and before we reached Voi the trouble came and surprise is that they did not have any thing tools like spanners etc. to repair the problem.

Since they are many buses of the company on the same road thanks GOD, we were lucky to get some space after requesting the driver - me and my son and a friend with his son also got seats and proceed with our travel.

What would happen if there was no space - and really I don't know what happened to the other passengers who were stranded there?

Did they leave the same night or got another bus GOD knows?

My second trip was on 01st Oct' 04 Mombasa/ Nairobi at night also, this trip was okay but the bus was not in good condition with a lot of noises which is from shokorzoba's (springs) etc.

I would like to suggest to the management the following:

- They should have an emergency service vehicles on the road.

- Supervisor should check no employee is drunk.

There was a turn boy who was drunk and this was reported to the supervisor on duty at Mitto Andie by my relative lady.

- Before departure all vehicles should have a full mechanical check up;

- They should have Computer

Even More 'Red Tape' In The Port

I refer to the article from the Kenya Ports Authority public relations department under the heading 'Cargo Stakeholders Forum Bearing Fruit' which appeared in Coastweek issue of October 8th - 14th.

I wish to challenge the claim by Cargo Stakeholders that the introduction of a Mobile Scanner has in any way speeded up or improved verification of cargo, in fact the opposite is the case.

Firstly the Clearing Agent has to use his own transport to move Containers from stack to the scanning point and after scanning the documents are still referred back either for 100 per cent verification or normal verification.

This entails again removing the container from the lorry, going through all the usual rigmarole of collecting various officers to open and verify the contents and

then reload the container back onto the lorry.

This defeats entirely the purpose for which the scanner was purportedly introduced.

While regular importations of industrial chemicals by reputed and well established companies are being targeted for scanning (including 'Dangerous Cargo' which is liable for KPA storage charges at US\$ 30 per 20' Container per day from date of discharge from the vessel) one wonders how the contraband

goods which are regularly intercepted at later stages manage to avoid the scanning process?

While KPA have been trumpeting the reduction of rubber stamps required from various bodies before cargo can be delivered from the Port they may not be aware that the scanning process alone requires five additional signatures on every document.

Jelani Mwatela, P.O.Box 89126, Mombasa

Congratulations To Nobel Peace Prize Winner

Congratulations to Professor Wangari Maathai - Nobel Peace Prize Winner 2004! Please communicate our sincere congratulations!

This award is just the recognition that this Kenyan Lady, rightfully deserves! What next? We sincerely believe that she has the temerity, modesty, morality and patriotism to lead our country - Kenya to a more 'green' and prosperous future.

Shaileen N.P.N. Shah, Mombasa. shyllyn@hcd.co.ke

THIS WEEK ON TAMARIND DHOW

A Unique And Romantic Celebration!

Ronald and Jane Towers from Swindon, Wiltshire, UK, found a most unique and romantic way of celebrating their 38th wedding anniversary was to take a Dinner Cruise on Mombasa's famous Tamarind Dhow.

Jane was presented with a bouquet of red roses and both enjoyed a most unique Welcome Cocktail. After sailing around the most historic part of Mombasa Island with its over 411 year old Fort Jesus built by the Portuguese invaders which is now a museum attracting thousands of visitors from all over the world, the cruise continued along the most beautiful Tudor Creek.

They anchored midstream for a while to enjoy a seafood dinner cooked in-situ by experienced chefs from the 5-star Tamarind Restaurant while the Resident Band played some romantic music.

Jane enjoyed a grilled lobster and Ronald a Seafood Swahili.

It was their first visit to Kenya and on disembarking they declared 'everything was excellent and we had a most enjoyable time on this most interesting and historic Tamarind dhow'.



Ronald and Jane Towers from Swindon, Wiltshire, UK, take a Dinner Cruise on Mombasa's famous Tamarind Dhow.

Congratulations To Nobel Laureate Professor (Mama) Wangari Maathai

The award of the 2004 Nobel Peace Prize to Kenyan environmentalist Professor Wangari Maathai is astoundingly pleasant and inspiring news in a nation continually sliding into decline.

The sheer significance, honour and unexpectedness of the prestigious award is still yet to register in a country that has become resigned to mediocrity.

For a country that is continually complaining about being discriminated against, we owe huge gratitude to the Nobel Peace Prize Foundation for bestowing this tremendous honour on our struggling and often ridiculed country.

As we bask in the glory of Professor Maathai's accomplishment, we must also be true to Professor Maathai and ourselves and ask for her forgiveness for failing to support her in her cause and quest for the past 40 years.

For much of this time Professor Maathai has been the subject of torment, persecution, ridicule and harassment for her beliefs.

It's no wonder that she in the first instance passed her gratitude to her three children Waweru, Wanjira and Muta, for standing by her throughout those turbulent times.

She was unceremoniously bundled out of her job at the University of Nairobi for her defiant stand, with no support forthcoming from an uncaring society.

When the KANU regime vilified her 15 years ago for opposing the construction of the 60 storey Kenya Times Media Trust skyscraper on the grounds of Uhuru park, the society sat back and sheepishly laughed at the insults that were directed at her, typical of behaviour in this country.

Her fight for the release of political prisoners in 1992, led to the brutal affront of mothers of the political prisoners and Professor Maathai at Nairobi's Uhuru park.

Many at the time felt that Professor Maathai was overstepping her bounds, sympathising minimally and criticising maximally.

It is against this backdrop that Professor Maathai has gained distinguished global recognition

for her efforts.

To her credit, Professor Maathai did not abandon her country in haste, greed, vanity and cowardice, and stayed on and fought.

The Nobel Peace Prize Foundation must have taken this into consideration because like James Chaney, the courageous African-American civil rights activist who died in 1964, she declared "I aint running", for all to hear and see.

Professor Maathai belongs to a rare and severely depleted disposition and school of thought in Kenya, and in this we must draw strength and inspiration.

In many ways, the harsh battles of her life are only just about to begin, given the distinguished platform that she now stands on, and given the apathy of the people she lives amongst and is a part of.

Environmental degradation in Kenya is much more prevalent than environmental conservation.

We have no excuse whatsoever for this because we have adequate resources, adequate education, adequate skills and adequate exposure.

Driven by vanity and shortsightedness, a nation has clogged itself into urban centres and wrecked havoc by flouting bylaws with impunity and causing environmental pollution and degradation.

The Nairobi river today is much less a river than it is a flow of muck.

Many of the professionals now showering praise on Professor Maathai and who should know better, have contributed to this sordid state of affairs through the construction and support of numerous extra-legal structures, permanent and semi-permanent.

Leaders and politicians have made the situation worse by not providing effective leadership.

Whatever reasons that may be fronted for the ongoing bickering in the ruling NARC coalition, none can make up for the deep sense of loss and betrayal that the people feel.

This is the Kenya that Professor (Mama) Wangari Maathai brings

her 2004 Nobel Peace Prize to.

It is regrettable that the situation in the country has and will tremendously dilute the high prestige of her award.

From this point on, the more she pushes her agenda, the more it will be met with ridicule, scorn and resistance, by a people who do not know who they are, what they want and where they want to go.

Intense petulant jealousies and biases will also stand in her way and slow down her cause.

Professor Maathai is also not likely to receive the spectacular ticker tape reception that Charles Lindbergh got after flying solo non-stop across the Atlantic in 1927, even though the two share the distinction of having accomplished their tasks solo.

This should not however deter those who still care, in a nation in a deep crisis.

Appropriately and expectedly, Professor Maathai has expressed her wish that people should celebrate her award by planting trees across the country.

We should take this further and celebrate her accomplishment by growing the character, talent, strength, resolve, passion and expertise that has characterised Professor Maathai's life over the past 40 years.

This country needs to rapidly transform itself into the mould of Professor Maathai's way of thinking and foresight, for it to survive.

If this is asking for too much, then we had better spare Professor (Mama) Wangari Maathai our false pretentious congratulatory messages, and sit back and mock her as we always have.

Michael Mundia Kamau, Nairobi.
roysambu@yahoo.com

FR. ALEXANDER Le ROY Pioneer Of Mombasa Mission

After securing a foothold in Zanzibar, the Holy Ghost Missionaries slowly penetrated the mainland of the then German East Africa (Tanganyika).

From Bagamoyo and Morogoro the Gospel spread further inland.

The Missionaries then turned their sight on 'British East Africa'.

The natural attraction was Mombasa with its deep water harbour - Kilindini, together with its strategic position and commercial base.

The first Vicar Apostolic of Zanzibar, Msgr. Raul de Courmont, sent Fr. Alexander Le Roy to explore the possibility of this venture.

In June 1889, Fr. Le Roy arrived in Mombasa and based himself in home of a Nuruho Adamjee.

Strange to relate the triple support from the Protestant British, Muslim Arab and Hindu community enabled the first pioneer to lay the foundations of the Catholic Church at the Coast, and later on the thrust was made inland.

Fr. Le Roy remained in Mombasa for five months and ministered to a group of fifty Catholics in the town, prominently Goans, Malabars and Bangalores, all employed by the Imperial East Africa Company (I.E.A.C.).

(With acknowledgement - to 'Mombasa Mission' by E. Corcoran C.S.Sp.)

Fr. John Correa, Editor "Habari Zetu" Newsletter, Lwanga Communications, Catholic Archdiocese of Mombasa.
lwangacm@wananchi.com

Special Regard

Congrats AMSB hellos to family and friends in Mombasa. Hey mom, I really am miss your cooking.

Special regards go out to friend Nadim.

I wanted to congratulate cuz Naqiyah and the other participants from AMSB former school, for winning Leo Inter-Secondary Competition.

Keep up the good work Idris Zueb Ezzi, University of Manchester Manchester, U.K.
idrisezzi@hotmail.com

'HI' TO ANJAY, AIKA

HELLO everyone I would like to say 'hi' to all my friends in Mombasa and the students of Mombasa Academy.

Would also like to say 'hi' to Anjay, Shilpa, Aika and Neel as well as my grandparents Anand.

I miss you guys all, lousha shivali

Shivali Patel, N/A.
fatgirlslim_007@hotmail.com

SHILPA AND NEEL

accept a loss in earnings their investments.

It was always assumed most matatus are owned by people in high office.

A separate article mentioned the need for a second pipe to get water from Mzimba to Mombasa, and stated that present one has been operation for 50 years.

This begs the question: Where did Mombasa get its water from before the early 50's?

There must be people who remember those days.

John Gardiner, Worthin
mzeeshamba@ntlworld

Where Did Mombasa Get Its Water From

Comments on recent issues.

The suggestion that Mombasa introduces trams to help in the task of getting people to and from work deserves serious consideration.

There will be the need for the drivers of other vehicles to learn a few new ideas.

Trams are unable to swerve to avoid accidents, and a vehicle parked on the tram lines will bring the whole system to a juddering halt.

Possibly the biggest problem to get the trams into service could be winning the votes of the matatu owners; they will have to

YOUR LETTERS TO
Coastweek
P.O. Box 87270 Mombasa KENYA

Mombasa Residents Again Face The Prospect

'Ramadhan' Fast With No Water In Their Homes

Water missing, yet again!

This neighbourhood is getting so FED UP with this nonsense of not getting water nearly half the year and it's especially disgusting when it happens during the Holy month of Ramadhan, without any particular reason forthcoming from your offices.

While it's appreciated that the Mombasa Water Department occasionally send a tanker to fill up our storage tanks, we'd rather have water coming through our taps, even if it's for a few hours of the morning.

I think that arrangement is much better for all concerned, don't you think?

It is now, two weeks, today since we last saw water in our stand pipes.

Can somebody out there tell us WHY we don't have water more than half the year?

If the explanation is the slight elevation on which our houses/flats stand, then why is it that we had fewer problems before all these other private houses got built within this municipal estate in the '90's.

It seems that they've all acquired connections from the original main pipe without it having been up-graded to supply the added buildings, I think.

The water department is very, very averse to admitting that somebody among them has been giving questionable connections to people at the expense of the legitimate, original customers.

Knowing that we HAVE to pay a minimum charge every month regardless of whether we get water or not, it would seem that

they (the phantom employees) are quite happy to have the quo continue.

How long is this going to continue, may we know? And we want to have the time and be given a time frame how long it will take the department to rectify this of affairs.

Please, solve this problem and for all and an explanation, too, will be appreciated.

Razia Mohamedali, Mombasa
Mohamedali@wananchi

WHEN YOUR COMPUTER 'HANGS': THEN IT IS TIME TO 'DEFRAG'

How many of you have seen this message?

Windows was not shut down properly. Please wait while ScanDisk checks for errors on your hard drive.

This normally happens when your machine 'hangs' (stops working), or the power goes off or something else which causes the computer to shut down improperly.

Scandisk is a utility that will check the PC's hard drive for errors and lost information when you restart the computer.

It will then attempt to repair those files.

Apart from this it can also be manually started to run a scan on the various drives to check for any errors or damaged areas of the hard disk, which can slow down the performance of the computer.

(Recommended) every 2-3 months.

If you're running a Microsoft Windows OS (Operating System), here's how to scan your disk drive.

Click the Start button > Click the Programs folder > Click the Accessories folder > Go to the System Tools > Click on ScanDisk > Under the type of test choose "Thorough"

(This will make sure that the scan will also fix any errors or damaged areas of the hard disk check the "automatically fix errors" button.)

>Click Start to begin.

Sometimes you notice that your computer seem to be getting slower and slower, and does not

perform as fast as it used to be when you brought it new.

It may be time to 'defrag' your hard drive to improve your computer's performance.

Here's how: By decrementing the hard drive, the utility rearranges files so that all the clusters (all information is stored in a group of cells called clusters on the hard drive) associated

with that file are placed next to each other.

The next time the file is loaded, all the data clusters are contiguous or close to each other and the drive doesn't have to jump around the disk to read the various clusters.

This should help speed up the computer's processing.

I recommend that you use your computer at least every three months.

Again if you are running soft Windows OS (Operating System), here's how to your drive.

Click the Start button > Click the Programs folder > Click the Accessories folder > Click the System Tools > Click the Defragmenter.

Choose the hard drive you want to defragment and follow screen instructions.

To see how the defragmentation is taking place "show details" this will show you what is taking place.

Remember be sure not to run any other programs especially the screen saver.

Vipul Patel is a Mumbai based Web Developer, and Creative Consultant.

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Kenya Government Eases 'Visa' Requirement For Omani Visitors

Twenty Five Years' Ago

Coastweek, October 19 - 25, 1979:

Tremendous building activity totalling K.Shs. 188 million following the coffee boom, was taking place on and around Mombasa island with many old buildings coming down and vacant plots utilised for shops, offices and flats giving a new lease of life to the building industry while creating job opportunities.

At the insistence of Mombasa Municipal Council, many developers were adding basement parking facilities, while a multi-storeyed car park had been included in Pan Africa Insurance Company's extension to **Ambal House**.

With only 21 days to go to the general elections, Mombasa candidates were making up for lost time by launching into an all-out campaign to woo voters. The stage was set for a fierce race between **Shariff Nassir** and **Mohamed Jahazi** who were vying for the Mombasa Central seat.

The Month-Long **Kenya Food Safari** at the Hotel Nova Park in Zurich, Switzerland jointly organised by **African Tours and Hotels, Balair**, and **Hotel Nova Park** was extended for one more week due to it's success.

The Food Festival, which saw Kenyan food, beers, coconut milk, Giriama dancers along with two cooks from Mombasa Beach Hotel flown to Zurich, was aimed at attracting potential holiday makers for the next season.

The Designing of the new Mtongwe Ferry Jetty by **M/S Bertlin and Partners**, had been halted pending approval from the **Kenya Bus Service (Mombasa) Limited**.

Latiff Damji returned to Mombasa after a long absence to open **Faz Designs**, offering expertly finished art works for printers, advertising agents, schools and hotels.

A team of ten German youth cyclists took part with twelve Mombasa cyclists in a rare cycle race exhibition organised by the **Mombasa Branch of the Kenya Red Cross Society**.

The First purpose built cellular container vessel, the 4500 deadweight ton German flag m.v. **Weser Dispatcher**, arrived in Mombasa at Berth No. 16.

James Bond (Roger Moore) was **'The Man With The Golden Gun'** at REGAL Cinema. NAAZ cinema had a very special Diwali treat, **'Jai Ranchod'** a religious Gujarati film starring Laxmi Chhaya and Upendra Trivedi.

It was Roger Moore once again with Richard Burton, Richard Harris and Hardy Kruger in **'The Wild Geese'** at KENYA Cinema. Navin Nischol was the Indianised **'Zorro'** with Rekha at the CHOX.

Letter writers included **Tony Lett, Z. N. Banda, Swaleh Mohamed Dzilala**, Membership Secretary **Nyali Residents Association Zakir G. Datoo** and **A. M. Gulamhusein** who lamented that "cricket at the Coast is dying".

FROM FRONT PAGE

and have now been in Kenya for a month whilst always keeping in mind that I must visit Tarhi Eco-camp in Tsavo East before returning home otherwise I would regret it."

So together with a brother and two cousins, accompanied by Hans Blaser - one of the three partners in this camp, established by Trevor Jennings 2½ years ago, they spent two nights and each was its impact that Fathallah's brother and cousins said 'we would love to come back and spend more time here, say 3/4 nights, instead of two, as there is so much of interest'.

Said Fathallah, who was on his second visit there 'the atmosphere is absolutely fantastic.

The camp attracts a variety of wildlife who are interested in scrutinising visitors to their 'Kingdom'.

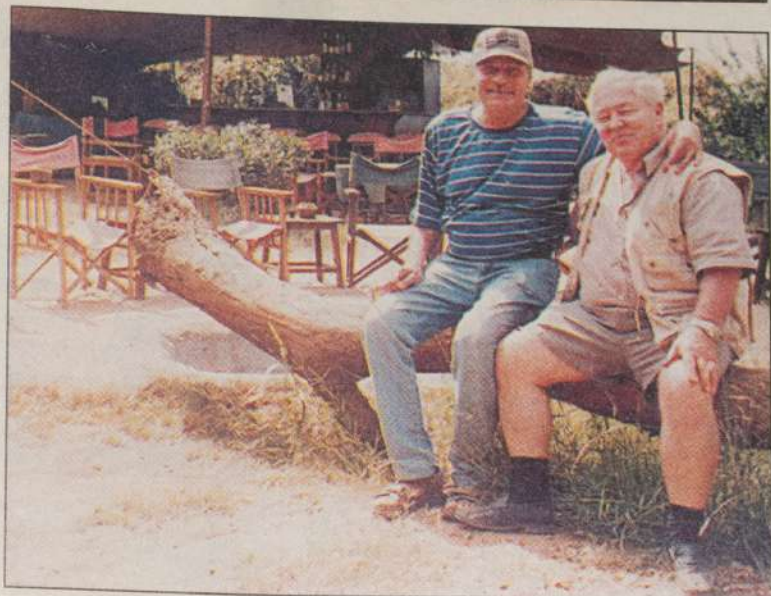
We sat around a campfire under a most spectacular sunset and listened enthralled to what Trevor Jennings had to say about them, while many not far away were trying to listen.

We enjoyed a gargantuan BBQ and sat talking till past midnight.

The camp's Scouts, who are very experienced people, were also full of interesting tales about the wildlife residing in Tsavo East particularly when taking us out on safari.

We also learned a lot about what the Kenya Wildlife Service is doing to protect Kenya's magnificent wildlife.

On revealing that two who



Fathallah Hinawy from Oman (left) is seen with his good friend Hans Blaser at Tarhi Eco-Camp, Tsavo East, where he recently spent two nights together with a brother and two cousins. Fathallah is well known in Mombasa being the son of the late Liwali for the Coast, Mbarak Ali Hinawy.

accompanied him were from Oman, Fathallah mentioned that Oman is presently attracting many tourists, mainly from the Gulf area and Europe.

He concluded 'I have been here a month and said I could not leave unless I pay a return visit to Tarhi Camp. I am very glad I

did so. I found that much improvement had taken place over the year, but the welcome and its exclusive ambience remain unchanged.'

Mombasa and Oman have strong historic links.

In 1661 Mombasa leaders travelled to Muscat to seek

military assistance from the Oman authorities to help expel the Portuguese invaders.

In 1696 Omani forces led by Imam, Seif bin Sultan Al-Yaaruby, arrived to help in the siege against the Portuguese in Fort Jesus until they were expelled, many settling here afterwards.

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LG GOOD DEEDS IN KENYA!

LG Electronics Boosts Running Water Campaign

Global digital leader, **LG Electronics**, has donated sh0.5 million to support **AMREF's "Running Water" Campaign**.

The campaign dubbed "a drop of life, pass it on," seeks to raise K. Shs. five million to provide water to 50,000 Kenyans living in arid and semi arid areas.

Speaking during the cheque presentation Mr. **Shashi Kanani**, the director of **Hotpoint Appliances Ltd.**, the main local distribution agent of **LG** products, said that **LG** was living up to its commitment of remaining sensitive to the needs of ordinary people while doing business in their environment.

"The running water campaign will be a lifeline for more than 50,000 Kenyans living in the disadvantaged segment of our nation and it is in **LG's** interest to support such projects," said Mr. Kanani.

Mr. Kanani urged other companies to step forward and support the initiative adding that corporate social responsibility makes good business sense.

AMREF's head of programmes, **Dr. Festus Ilako** thanked **LG** and **Hotpoint** for the donation noting that private sector partnership with civil society was critical to poverty eradication efforts.

AMREF has also scheduled two major sporting activities for Saturday 16th of October 2004 at the Jockey Club Ngong Racecourse.

There will be a professional 21 km run that will host **Catherine Ndereba, Patrick Sang** and **Godfrey Kiprotich** among others.

At stake is a ticket to run in the Salzburg **AMREF** Marathon in Austria next year.

The event shall also feature the world's largest cross-country team, expected to attract over 7,000 participants.

This will entail 100 people running at any given time, keeping 100 batons in the air, symbolizing the flow of water.

This will not only be a fun event but will also serve to create awareness about the prevailing drought situation while raising funds for the project.

The public will pay only sh500 to join in the race.

According to **AMREF** it costs only sh100 to give a Kenyan water for life.

"Every time a participant runs the 21 km or the 2km circuit, we get one step closer to the world record, and give Kenyans water for life," said **Catherine Mahoney**, **AMREF's** director of Communication.



Mr. **Shashi Kanani**, the director of **Hotpoint Appliances Ltd** (right) presents a cheque worth Kshs. 500,000/= to **Dr. Festus M. Ilako**, **AMREF's** Head of Programs. The money will go towards the Running Water Campaign aimed at providing potable water to 50,000 Kenyans in arid and semi arid lands. Looking on is **Mr. Solbinder Bhogal**, Marketing Manager, **Hotpoint Appliances Ltd**.

Kenyan Athletes Win With LG Electronics!



2000 meters steeplechase Olympic bronze medalist **Brimin Kipruto** receives an LG DVD home theater system from the Minister for Gender, Sports, Culture and Social Services, **Mr. Ochillo Ayacko** (left) during a prizes handover at the Nyayo National Stadium.



It is all smiles as World champion **Paul Tergat** (right) receives an LG phone from **Mr. Rahul Kochhar** (left), **Hotpoint Appliances Ltd** head of marketing. **LG** presented an assortment of its state of the art products to all athletes who participated in the Athens Olympics.



Olympics 42 kilometers silver medalist **Catherine Ndereba** (right) receives an LG DVD home theater system from the Minister for Gender, Sports, Culture and Social Services, **Mr. Ochillo Ayacko** (left) during a prizes handover at the Nyayo National Stadium. Looking on (from left) are **Mr. Won Woo Na**, **LG Nairobi Liaison office** general manager, **Mr. Solbinder Bhogal**, **Hotpoint Appliances Ltd** marketing manager and **Mr. Rahul Kochhar**, **Hotpoint Appliances Ltd** head of marketing.

Smiles Restored In Charity Mission

A grand total of 32 cleft lip and palate patients now have reason to smile after undergoing corrective surgery performed by a team of Korean and local doctors.

The operations, sponsored by South Korean Electronics giant, **LG Electronics** and its main distributor in Kenya, **Hotpoint Appliances Ltd**, were conducted at the Nairobi Hospital.

LG's head of the Nairobi Liaison office, **Mr. Won Woo Na** said that the company would spend up to K. Shs. thirty million in the next three years towards cleft lip and palate corrective surgeries.

"**LG** would like to work with the people of Kenya to completely eradicate cleft lip and palate and enable patients to lead a more fulfilling life," Mr. Na said at farewell ceremony marking the end of the mission.

Mr. Na invited other organizations to also take the challenge and give more patients a chance to smile.

He noted that there is a strong correlation between the deformity and poverty because most of the affected people cannot afford the operations estimated at more than sh120,000 per operation.

"**LG** would like to make this mission an annual event to give more poor people a chance to benefit from the corrective operations," he said.

The Director of **Hotpoint Appliances**, **Mr. Shashi Kanani** said that **LG** and **Hotpoint** had learnt a lot from this first mission and promised that lessons learnt would enrich future missions.

"The identification of patients, most of whom reside in remote rural villages, and convincing them to come to Nairobi for corrective operations by far posed the greatest challenge," said Mr. Kanani.

The Korean doctors praised their Kenyan counterparts for the high degree of professional integrity and expertise.

Team leader, **Dr. Pihl-Hoon**



A team of Korean and Kenyan plastic surgeons led by **Dr. Meshak Onguti** (left) and **Il-Hyuk Chung** (right) conducts a pre-surgery assessment on one of the 32 cleft lip and palate patients who recently benefited from an **LG Electronics** and **Hotpoint Appliances**-sponsored free operations at Nairobi Hospital. Over K. Shs. six million was spent in the operations.

Chung, said that Kenya was fortunate to have world-class doctors and called on the public to support them so they can become more effective.

Dr. Choung said that the Kenya mission was professionally and spiritually enriching and promised that team would come back next year with **LG's** support.

The Nairobi Hospital Chief

Executive Officer, **Dr. Cleopa Mailu**, whose institution provides special rates for the operations said the Nairobi Hospital has learnt a lot from the Korean team and promised that he would offer special rates again in the future.

He emphasized the need to affordable health care noting that most Kenyans were too poor to access adequate health care.



The head of Korean Medical Mission **Dr. Pihl-Hoon Choung**, (left) looks keenly at one of his patients **Christine Nthenya** (center), whom he operated on, standing next to the patient is the General Manager of **LG Nairobi Liaison Office** **Mr. Won Woo Na**, (Right) **LG** Sponsored the Cleft Lip and Palate operations for more than 30 patients at the Nairobi Hospital.



**Hotpoint And
LG Electronics
Honour Kenya
Olympians**

IN A MOVE, unprecedented in Kenya's history, Hotpoint and LG Electronics joined hands with the government of Kenya and Kencell Communications to bestow gifts and honour to all the Olympians (including the paraplegics) who participated in this year's Olympic and Paralympics held in Athens, Greece.

All gold medal winners were given an LG 29 inch Flatron colour television set, silver medalists each earned themselves an LG Home theatre system, bronze medalists got an LG washing machine while all the finalists received a state-of-the-art LG mobile telephone set.

The gifts were presented at an awards ceremony held last week at the Nyayo National Stadium, where the government also gave out cash awards to all medalists and finalists, while Kencell Communications gave out airtime to the delighted Olympians.



WORLD Marathon record holder Paul Tergat (centre) who finished tenth in the Olympic Marathon receives his LG mobile telephone from Sports Minister Ochillo Ayacko. Looking on are Hotpoint Marketing Manager Satbinder Bhogal (second right) and Hotpoint Head of Marketing Rahul Kochhar (right).

LG 29 inch Flatron colour television set for Gold Medal winners



KENYAN MINISTER OF Sports Ochillo Ayacko (left) introduces 3000 metre steeplechase gold medalist Ezekiel Kemboi (extreme right) as Mr. Won Woo Na from LG's liaison office in Nairobi (from left), Hotpoint Marketing Manager Satbinder Bhogal and Hotpoint Head of Marketing Rahul Kochhar look on.



PARAPLEGIC bronze medalist (5,000 metres) Francis Thuo (right) is seen receiving his LG washing machine from Minister of Sports Ochillo Ayacko (left), Hotpoint's Marketing Manager Satbinder Bhogal, Hotpoint Head of Marketing Rahul Kochhar and LG's Mr. Won Woo Na.



YET ANOTHER Paralympic finalist receives her LG mobile telephone set from Minister of Sports Ochillo Ayacko, Hotpoint's Marketing Manager Satbinder Bhogal, Hotpoint Head of Marketing Rahul Kochhar and Mr. Won Woo Na from LG's liaison office in Nairobi.



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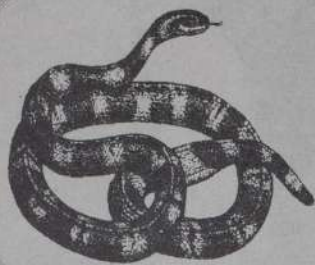
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- Muthaiga Mini Market
- Books First at Nakumatt Mega
- Books First at Nakumatt Ukay
- Jomo Kenyatta Airport selected street vendors and (on delivery) Nairobi Industrial Area

Großzügige Deutsche helfen den Behinderten

JUGENDCLUB WEINGARTEN HILFT A.P.D.K.

ES WAR ein Nachmittag voller Freude für die behinderten Kinder in der **Port Reitz Rehabilitation** von A.P.D.K. (Association for the Disabled of Kenya - Vereinigung für Körperbehinderte von Kenia), als sie den Besuch einer Gruppe von 70 Deutschen des **Jugendclubs Weingarten** und von der **Pollo Hilfe Oberwolfach** erhielten.

Die beiden deutschen Organisationen haben in den letzten fünfzehn Jahren orthopädische Eingriffe und die Rehabilitation von behinderten Kindern in der Port Reitz Klinik finanziell unterstützt.

Während ihres dreistündigen Besuches mit Rundgang durch die Klinik sagte Gruppenleiter **Gerhard Junginger**, dass sich die Clubmitglieder als Teil von APDK fühlen und wo immer sie hingehen für APDK werben.

In einer Ansprache an die Besucher sagte **Hubert Seifert**, National Director von APDK, dass APDK professionell gemangelt ist und alles Geld genau abgerechnet wird.

Der Höhepunkt der interessanten Tour, als sich die

Clubmitglieder unter die Kinder in der Klinik mischten, war die Überreichung eines Schecks im Betrag von Kshs 1.873.560 von der Gruppe an die Klinikverwalterin **Jayne Kariuki**.

Sie drückte im Namen der Klinik ihren Dank aus für die fortlaufende Unterstützung durch den Club und sagte, dass das Geld für

Operationen an Kindern und für Rollstühle vorgesehen ist. Sie gab den Spendern ihre Zusicherung, dass das Geld für den vorgesehenen Zweck verwendet wird.



GERHARD JUNGINGER (Mitte) Präsident des Jugendclubs Weingarten, überreicht **Hubert Seifert** (rechts), National Director von APDK, und **Jayne Kariuki** (2.v.r.), Verwalterin der Port Reitz Rehabilitation, einen Scheck über Kshs 1.873.560/- für APDK (Association of the Physically Disabled of Kenya). Links APDK Rehabilitations Koordinatorin **Elizabeth Okello**; **Dickie Coppinger**, Chairperson der Klinik, und Patient **Mwangi Hamisi** (3 1/2 Jahre alt).

Neues 'Moonlight Restaurant' an der Nkrumah Road in Mombasa

RESTAURANTS schießen auf der Insel Mombasa wie die Pilze aus dem Boden und das neueste ist das geräumige und blitzsaubere **Moonlight** an der Nkrumah Road, schreibt **Neta Peal**.

Es wurde vor wenigen Monaten eröffnet und liegt in einer ruhigen Gegend, ungefähr gegenüber der Anglikanischen Kathedrale und der Habib Bank. Inhaber des neuen Restaurants sind **Paolo Correa** und **Brigitte Pellegrini** aus der Schweiz.

Beide sind in Brasilien geboren, aber sie haben sich in der Schweiz kennengelernt. Paolo, ein Portugiese, ist ein guter Freund von Brigittes Bruder.

Paolo hat in der Schweiz kochen gelernt und auch dort gearbeitet; dann eröffnete er seine eigenen Restaurants eines genannt **'Moonlight'**.

Brigitte hat während vielen Jahren für Modeagenturen und auch als Stewardess gearbeitet.

Sie kam oft nach Mombasa, da ihre Mutter als Rentnerin in Kenia lebt und seit mehr als zehn Jahren in Nyali wohnt.

Bei seinem ersten Besuch in Kenia, war Paolo von Mombasa und seiner wunderschönen Küste hell begeistert.

Er und Brigitte fanden das Leben in der Schweiz anstrengend und beschlossen, dass sie eine Änderung benötigen.

Nach einigem Hin und Her wurde eine Lösung gefunden, in Kenia zu investieren mit der Eröffnung eines Restaurants in Mombasa.

Ihr **Moonlight Restaurant** mit großer Veranda ist geräumig und hat für mehr als hundert Gäste Platz.

Es hat Stühle mit komfortablen Kissen, umgeben von Topf-

pflanzen, Palmen und Blumen, ein Plus zu ihren blitzsauberen Toiletten.

Diese absolute Sauberkeit ist auch in der Küche und in den Personalräumen mit eigenem Essraum, Dusche und Toilette anzutreffen.

Bei meinem ersten Besuch entdeckte ich zu meiner Freude einen eisgekühlten Schaukasten

besten Restaurants in Europa erhält.

Das **Moonlight Restaurant** ist von Montag bis Samstag von 8 bis 19 Uhr geöffnet, sonntags geschlossen.

Offertiert werden komplettes Frühstück, Mittagessen, Snacks, Nachmittagstee mit hausgemachten Kuchen.

Alkohol und Schweinefleisch

besucht täglich den Kongwea Markt in Nyali und den Fischmarkt in der Altstadt, um nur die frischesten Produkte in der Küche zu verwenden.

Er hat viele seiner eigenen Rezepte eingeführt und legt besonderen Wert auf gesunde Ernährung. Es gibt bereits verschiedene Salate.

Küchenchef ist **Ndirangu Josphat**, der während acht Jahren als Koch gearbeitet hat, unter anderem in **Two Fishes Hotel**, **Safari Beach Hotel** und in der **Leisure Lodge** als Assistent Sous Chef.

Das **Moonlight Restaurant** liegt an der Straße, die vom Stadtzentrum zu den wichtigsten Banken, Regierungsgebäuden und hinunter zum **Fort Jesus** führt, das 1593 von den Portugiesen errichtet wurde.

Heute ist es ein gut besuchtes Museum.

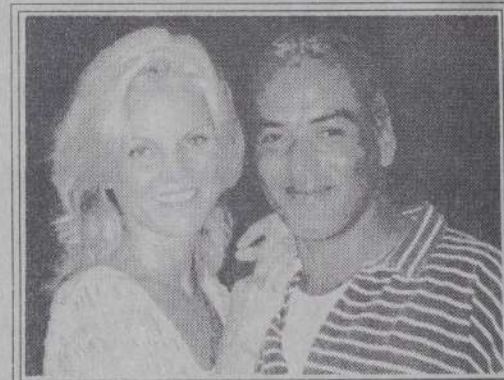
Ein Vorschlag wurde **UNESCO** unterbreitet, das **Fort Jesus** zusammen mit einem Teil der historischen Altstadt von Mombasa in die Liste als Weltkulturerbe aufzunehmen.

Das Restaurant liegt in einer Gegend, die von vielen Touristen aus aller Welt besucht wird, um einen Einblick in die Geschichte und Kultur der kenianischen Küste zu gewinnen.

Das **Moonlight Restaurant** liegt ideal, nicht nur für Touristen, sondern auch für Geschäftsleute und andere, die in der Stadt arbeiten.

Alle Gäste werden von dem freundlichen und hilfsbereiten Personal stets herzlich empfangen.

Soeben wird bekannt gegeben, dass das Restaurant nun am Mittwoch, Donnerstag und Freitag auch abends geöffnet ist.



Die Inhaber des neuen Moonlight Restaurants **Paolo Correa** und **Brigitte Pellegrini**.

mit einer Auswahl an verlockenden "Take Aways".

Da gab es Torten und Patisserie, Schokolade-, Karotten-, Ingwerkuchen, Apfelstrudel, Danish Pastry, Croissants und Desserts sowie eine Reihe von Sandwiches aus selbst gebackenem Brot.

Zusammen mit einer Tasse Cappuccino genoss ich den Schokoladekuchen, beides hervorragend und von einer Qualität, wie man sie in den

wird nicht serviert.

Es werden jedoch eigene Fruchtsäfte hergestellt, unter anderem Wassermelone mit Limone.

Es gibt Tee und Kaffee, Cappuccino und Espresso.

Demnächst soll das Menü, das täglich gewechselt wird, auch die Spezialität des Tages enthalten, was vor allem für Geschäftsleute interessant sein sollte.

Paolo kauft selber ein und

**STARGAST
GEMINI
KILIFI**

Libra (Sept. 22 - Oct. 21)
Your dear ones will be startled at what tumbles from between your lips. Should you stop? Not unless a secret you swore to hold to your grave is involved.

Scorpio (Oct. 22 - Nov. 21)
You just won't rest until you've unearthed the whole truth, will you? Well, good. Now, warn everyone around you that they should be prepared. For anything.

Sagittarius (Nov. 22 - Dec. 21)
Fear that rumbling? It's a storm in the making - and you're going to be the purveyor of that storm. Pay attention to your antennae. They won't let you down.

Capricorn (Dec. 22 - Jan. 21)
Allow yourself to emote, and be ready for anything. You don't have to be contained at all times. Yes, really. Even Capricorns get to relax every now and then.

Aquarius (Jan. 22 - Feb. 21)
A very public dispute could be an route, so fasten that seat belt. Whether you're a spectator or a participant, you could end up wondering if this is worth it. It is.

Pisces (Feb. 22 - Mar. 21)
You'll be drawn to someone who's amazingly attractive - and a bit 'dangerous'. Just be sure it's only an image and not a fact before you sign up for the long haul.

Aries (March 22 - April 21)
Cancel all your appointments - of the social kind, that is. You'll be far too busy thinking about work to even think about recreation. Don't worry - you'll be able to catch up on your playtime later!

Taurus (April 22 - May 21)
If you thought yesterday was interesting, you'll just love today. Hopefully, you took your vitamins this morning. If not, you can double up tomorrow - but try to catch a nap today if you need some extra pep.

Gemini (May 22 - June 21)
Jealousy, resentment or other intense emotions are on the agenda, but if you rise above it all, you'll be proud - and they'll be frustrated. Better, huh?

Cancer (June 22 - July 21)
It's time to deal with the inevitable, in all categories - including the one you've been trying to avoid. Get it over with. You'll sleep better than you have in weeks.

Leo (July 22 - Aug. 21)
Does a particular matter seem ready to blow? Well, don't even try to hold back your anger. Just direct it properly. No fair going off on any innocent bystanders.

Virgo (Aug. 22 - Sept. 21)
You'll be quite the chatterbox. Try to tone it down if your audience seems less receptive than they should be. You know - if they're yawning or glancing at their watches.

AGA KHAN HIGH SCHOOL MOMBASA YOUNG FARMER CLUB ATTEND 'NAIROBI INTERNATIONAL TRADE FAIR'

The Young Farmers Club of Aga Khan High School, Mombasa has continued to perform beyond expectations in the activities organized by the Agriculture Society of Kenya.

The Young Farmers Club participated in the National Stock, Farm and Dairy judging competitions during the recent Nairobi International Trade Fair.

A total of eight students participated and were accompanied by the club patron Mr. Henry Nyagah.

In the individual judging competitions, the first prize winners were Fahmi Mbarak, Irfan Varvani and Mary Mwadizwe.

The club's chairperson, Rehema Mwabaya won the second prize.

Third prize winners were Naomi Nyambura and Amour Omar.

Other participants also contributed exceptionally well and among them Jamal Ali and William Otieno achieved highly

commendable results.

In addition, Fahmi Mbarak won the International Harvester Cup for his outstanding performance in tractor judging, serving and maintenance.

Due to all the previous and current outstanding performance, the club won the overall agriculture judging category competitions.

The Aga Khan High School, Mombasa provides the framework for a life-long process of learning and inquiry.

In addition to mastery in core subjects, students are equipped with the skills, worldview, integrity and confidence to adapt to new challenges and make a positive contribution to their communities, their countries and to civil society in the world at large.

The school encourages diversity through clubs such as Young Farmers Club and supports students to be leaders in the fields of their choice.

The Young Farmers Club

strives to create interest, awareness and develop its students in areas of agriculture and the environment.

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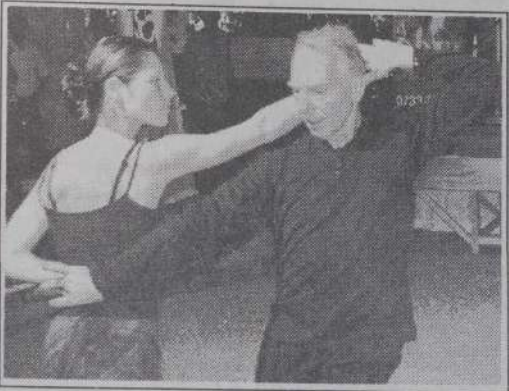
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Lydie Alban and Norbert Schmidt demonstrate their dancing skills at the Pirates Club during the fund raising evening organised by Mombasa Nyali Round Table No. 25.

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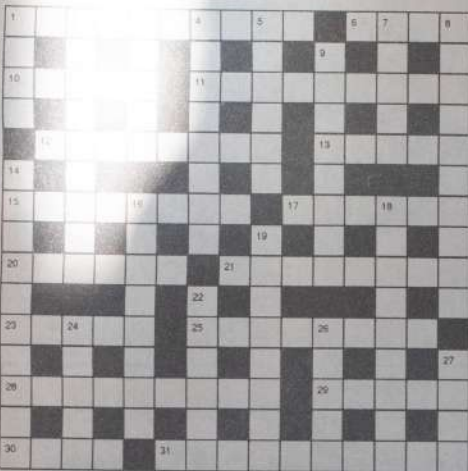
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CROSSWORD NO. 623

NAME

ADDRESS

ACROSS:

1. Another boat of like design, relatively speaking [6, 4]
6. Pal [6, 4]
10. A thicket of brushwood [5]
11. An Apache, say, or Sioux [3, 6]
12. A sham [8]
13. Irrigate [5]
15. Bore witness [8]
17. Relate minutely [6]
20. '39 found the Marx Brothers At it [6]
21. Making broader [8]
23. One could make up a file on him [5]
25. Aviatrix [8]
28. It's oft rolled out for royal visitations [3, 6]
29. An utter fool [5]
30. Substantiality [4]
31. Resolute [10]

DOWN:

1. Coal-bag [4]
2. An exceptionally brilliant screenster? [9]
3. Bring to bear [5]
4. More powerful [8]
5. Really? [6]
7. Raise by means of tackle [5]
8. Only Margie (anag.) - can describe this particular science [10]
9. No place in particular [8]
14. Make a hash of sticking one's oar in? [5, 1, 4]
16. Cooking vessel [8]
18. Perturbation [8]
19. Get Artie (anag.) - to take this bird out [8]
22. Rossini's was a Thieving one [6]
24. Gradually lost colour [5]
26. A bitter drug [5]
27. Horse-breeding establishment [4]

ANSWERS TO CROSSWORD NO. 622

ACROSS: 1. WATTS, 4. HITCHCOCK, 9. LEeward, 10. RESPECT, 11. NEPTUNE, 12. EREMIT, 13. GRAHAM GREENE, 17. BRIGHTON ROCK, 22. ETHICAL, 23. SACKING, 24. BAA-LAMB, 25. OBSERVE, 26. WELL MIXED, 27. ABYSS
DOWN: 1. WELL NIGH, 2. THESPAIN, 3. SPATULA, 4. HEDGE, 5. THREE FEET, 6. HAS-BEEN, 7. ONEDIN, 8. KITTEN, 14. GOGGLE-BOX, 15. ROBIN RAY, 16. SKEGNESS, 19. NICOSIA, 20. BENBOW, 21. T-RALL, 23. SWORD

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SATURDAY SALE: 10.30am. - Carved d/door wardrobe, dry cell charger, bed covers, fans, food processor, gas cookers, dressing table, gas cylinder, heavy duty meat slicer, dining chairs, cooler box, fountain fancy lamp, photo copier machine, manual and electric typewriters, story books, photo albums, tv aerials, fax machine, toys, audio and video cassettes, video machines, camera flash, clocks, plastic ware, screw drivers, zips, electric irons, wallets, vacuum cleaner, hair dryers, juicer and blender machines, r/tapes, lamps, 3 pcs. sofa set. ALSO

Quantity of car spares etc. Distressed Goods: Under Distress For Rent Act To Be Sold on 23rd October, 2004. TENANT: Captain & Captain - 2 executive chairs, rug, stools, 4 drawer cabinets, scrap computer set, side board. TENANT: Ebrahim Ali and Mohamed Yusuf - 2 cushioned benches, desk, arm chair. M. A. Jagani & Son Ltd., Court Broker, P. O. Box 84200. Tel. 225880 / 312799 Mombasa. No Sales On Sundays Till After Ramadhan.

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Prayer To The Holy Spirit

HOLY SPIRIT, you who makes me see everything and who shows me the way to reach my ideals you who gives me the Divine gift to forgive and forget all that is done to me, and you who are in all the instincts of my life with me,

I, in this short dialogue, want to thank you for everything and affirm once more that I never want to be separated from you no matter how great the material desires may be.

I want to be with you and my loved ones in their perpetual glory.

Submitting to God's Holy Will, I ask from you etc. (your request).

(This prayer should be said for three consecutive days)

SUPERVENT

REMOVES HEAT AND HUMIDITY FROM YOUR HOME!
REMOVES UP TO 15°C AND 10% HUMIDITY IN YOUR ROOF AND HOME.

- A new generation wind powered ventilator
- Works all year round without electricity
- Does not allow rain into building
- Designed in Australia and manufactured in Tanzania

NATURAL VENTILATION MAKES YOUR HOME BREATHE EASIER

Heat in roof spaces affects personal comfort levels and costs you money as you use air conditioners and electric fans to try and cool down your home.

HEAT Roof space temperatures, during the warmer months, can reach a staggering 60 degrees Celcius. Heat radiates downwards causing discomfort in living areas and forces air conditioners to work harder. Even the effectiveness of ceiling insulation can be reduced by the additional heat load.

SUPERVENT is a world first - a polymercarbonate vent with a vertical vane design. It has been tested by independent studies world wide and found to be 2-3 times more efficient than metal spherical vane designs. In addition, it has superior starting torque in light breezes (this means that it requires much less movement of air to start up).

HEAT REDUCTION Supervent will make living a breeze by reducing the temperature within your roof space by 15 degrees Celcius and reduce the heat radiating into your living area up to a staggering 5 degrees Celcius.

WARRANTY Cool Air Technologies warrants the main body of the Supervent for life and 25 years for the bearings from defects in workmanship, parts or mechanical failure when used on domestic premises.

DID YOU KNOW ?

Coastweek 'Classified' advertisements are also carried on the Internet every week at the following web sites:
www.coastweek.com/classified.htm
www.coastweek.de/classified.htm

HAVE YOU EVER WONDERED why so many 'Classified' advertisements in Coastweek are 'repeats'?

The answer is the low cost and big response: advertising in Coastweek 'Classified' section is very good business.

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KEYWORD: Start with a word that identifies what you are selling by its most commonly known name.

DESCRIPTION: Descriptive advertisements sell! Tell all - size, colour, make, model, year, and condition.

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MOISTURE During the rainy and more humid months, moisture in your roof area can condense to form up to 12 Litres of water per day. This can render insulation ineffective, causing mildew on walls, ceilings and even damage your furniture and clothing etc, as well as contribute to a damp environment which makes you feel sticky, tired and irritable.

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Mombasa Sports Win Over London 'Ramgharia' Club

Mombasa Sports Club, hosted yet another touring team last weekend, beating Ramgharia Club from London by four wickets, reports D.J.W.

After an opening partnership of 38 runs, wickets fell regularly in the visitors' innings, only Abdul (27) topping the 20 runs mark.

Troels Thogersen troubled all the batsmen, taking 3 for 11 in eight overs and Zaheerabbas Khaku took 4 for 38, as the tourists were bowled out for 118 in the fortieth over.

In reply, Sports Club opener Latif hit a quick 23, but four wickets fell quickly before Zaheerabbas (42 not out) and Nikhil Rathod (25 not out) saw their team to victory in the twenty eighth over, with six wickets down.

In recent weeks, Sports Club have hosted Bombay Gymkhana, Herning from Denmark, Blackburn Wanderers from U.K., Indian Navy and Ramgharia.

Although Kenya cricket is taking a lot of criticism at the national level, it is good to see so many teams visiting Mombasa and being impressed on what we have to offer.

With better organization, less politics and petty rivalries, plus a positive input from the many senior individuals who love the game, there is no reason why Kenya cricket should not progress to a higher level.

Several youth training schemes are already in hand and it is pleasing to see several schools taking an increased interest.

Kenya is rated 83rd in the world at football and about 12th at cricket.

Surely some government backing could improve our status further.

A 'Big Day' For Adil Mohamed Coach Khamis Baghazal And Team Manager Mohamed Sood



Soccer promoter Babunur Nurdin (right) presenting the Nurdin Shipping Under 15 trophy to Future Stars Captain Adil Mohamed (third, left). Coach Khamis Baghazal (left) and Team Manager Mohamed Sood (second, left) look on.

The Fish Are Jumping And It Has Been A Week Of Unusual Catches For Mtwapa Anglers

The fishing off Mtwapa has picked up during the last week and the yellowfin tuna appeared - but only for a few days, writes TOM THUMB.

On the 6th, October John Wroe from Nairobi, with his guest, Mary O'Reilly from New Zealand, went out on *Vuma* in the afternoon.

(During that morning there was very heavy rain, and so it was decided that the afternoon might be a better option.)

It was ... and the fish were jumping everywhere.

They returned to Moorings at 5.00 p.m. with three yellowfin tuna and two dorado, making a total of 30 kilos.

Two days later, Don Allen and his fisherlady friend, Dorcas Wanjala, came back with a sail and two yellowfin of 11 kilos each, while on Sunday Hirshit Rawal took three ladies fishing in *Smuggler*.

They caught some torpedo, and then Rawal took a fine Cobia of 25 kilos which was bursting with mantis prawns.

The Cobia or Black Runner (*Rachycentron Canadus*) is an unusual catch these days.

In the times when Sultans

ruled the coastal strip, you were obliged to give any cobra that you caught to the local Sultan - so that goes to show that it is a very fine table fish!

It was also a week of unusual catches for 'Moorings' anglers. Don Allen on *Vuma* hooked a turtle and fought it to the boat.

The hooks were removed and it was returned to the sea.

At the port of Mombasa another intrepid 'Moorings' angler, Karl Jennings, was spinning for koli koli when his lure was grabbed by a 'big one'.

After a good fight the monster was finally landed - a large octopus!

At the 'Moorings' itself, Keith 'Mata' Webber, a regular visitor from Essex, England, caught an eel of over two metres long.

The first major fishing competition of the season is the charity event, *Eye On Fishing*, on Sunday 21st November.

An auction and sweep will be held on Saturday evening, and everyone is welcome to attend and support a very good cause.

COAST BRIDGE with C.P. SHAH

THE top level game is as much about preventing the opponents reaching their contract as it is about reaching your side's best contract.

Dealer: SOUTH NORTH-SOUTH 'Vulnerable' BIDDING

SOUTH	WEST	NORTH	EAST
ONE HEART	PASS	TWO SPADES	THREE CLUBS
THREE DIAMONDS	SIX CLUBS	SEVEN HEARTS	DOUBLE
PASS	PASS	PASS	

East's double was to persuade West to lead a Diamond rather than

a Club and East's Queen was won by declarer's Ace.

Trumps were drawn and in an effort to discard all three of his Diamond losers, Declarer played a Spade to Dummy's Knave.

NORTH					
♠	A	K	J	5	4
♥	Q	10	9	8	3
♦	3	2			
♣					

WEST			
♠	10	9	3
♥	6		
♦	J	10	7
♣	Q	J	10

EAST			
♠	Q	8	6
♥	5		
♦	K	Q	5
♣	A	K	9

If West had held three Spades to the Queen, Declarer would have made his grand slam, as Dummy's Spade would provide the three discards necessary.

As it was, East won the Queen and cashed the King of Diamonds for two down doubled.

SOUTH			
♠	7	2	
♥	A	K	J
♦	A	9	8
♣	5	2	

The Declarer could have settled for one down by conceding one Diamond and ruffing his two Diamonds in dummy.

Oshwal Academy Win C.C.A. Under 13 Knockout Final

In a thrilling match, Oshwal Academy beat Jaffery Academy at the Mombasa Sports Club on Sunday 10th October to win the final of Coast Cricket Association under 13 Schools Twenty20 tournament sponsored by Daleep Singh Obhrai, Advocate.

The toss was won by Jaffery who elected to bat first.

Tight fielding and disciplined bowling by Oshwal restricted the Jaffery innings to a modest 59 runs all out in the final over with Imran Ali top-scoring for Jaffery with 12 runs.

Raj Shikotra and Tej were the backbone of Oshwal's bowling

department, taking 7 wickets between them.

In reply, Oshwal had a flying start with their openers putting up 22 runs for the first wicket.

Jaffery fought back after that by taking wickets at regular intervals and Oshwal found themselves in a precarious position with seven wickets down and nine runs to win.

They managed to overhaul the required total with some cautious batting by the tailenders with just over three overs remaining.

Nilay Thakar top-scored for Oshwal with 18 runs.

For Jaffery, Husein N bowled some good offspin for his 3 wickets for 13 runs.

In presenting the Jawala Singh Obhrai Memorial Trophy to the winners, Mr Daleep Singh Obhrai complimented the turnout for the match and the enthusiasm and competitive spirit shown by the youngsters.

He also thanked the CCA for their efforts in organising this tournament and promised that he would continue to support cricket at this level.

The following man of the match awards for the tournament were also presented by the CCA's

invited guest and Chairman of Coast Hockey Association, Mohinder Singh Sohali:-

- 1) Aga Khan Academy V Arya Primary - Ali Asgar Kudrati (Aga Khan Academy) 2) Oshwal Academy v Coast Academy - Aman Bhupinder S Birgi (Coast Academy) 3) Al Madrasa v Jaffery Academy - Abdalla Jaffer (Jaffery Academy) 4) Oshwal Academy v Aga Khan Academy - Nilay Thakar (Oshwal Academy) 5) Swaminarayan Academy v Jaffery Academy - Ahmed Raza Ayub (Jaffery Academy) 6) Finals - Oshwal Academy v Jaffery Academy - Raj Shikotra (Oshwal Academy)

Addressing the press at the presentation ceremony, CCA Chairman, Samir Inamdar said that he was impressed by the standards shown by the youngsters and set out the CCA's programme to involve clubs and schools in a joint venture to improve the participation and standards of cricket in schools and clubs in the Coast.

Oshwal Academy Clinches Moi Day Table Tennis Cup

The junior category was not finished due to power failure.

Meanwhile the Chairman of the Coast Table Tennis Association Mr. Mariga Mwangi has sent a message of condolence on behalf of CITA and the entire Table Tennis players and fans to the family of the late former

International player, Chris Otieno Kalo who died in Mombasa on Saturday night.

Chris, who until his death was playing for Telkom Kenya had just won the Moi Day Team Cup in Mombasa.

May the almighty God rest his soul in eternal peace.

Mombasa Wind Has Already Started To Shift From South East To North Easterly Monsoon

The first race of OCTOBER MONTHLY MUG was sailed on Wednesday, the 6th, in brisk wind by four boats.

Since last week, the wind has already started to shift from South East to North Easterly monsoon.

It was a close fought race between two Ospreys - ATALANTA sailed by Barry Mitchell and Peter Talbot leading more than half way of the sailing course, until METEORITE, sailed by Kalim Hassanali and Annie Appleyard, managed to overtake and had line honours finish and in 1st position on corrected time personal 'B' handicap in spite of the personal handicap being reduced.

ATALANTA was in 2nd position.

Osprey INTO THE BLUE, sailed by Aslam Kasmani and

Vimal Shah were 3rd.

Brian Emmott in Laser FOXY LOXY was 4th with one capsiz.

REAR COMMODORE'S CUP, four races on 'B' handicap, open to all yachts except lasers, was presented in 1956 by B Greatbatch, originally for all yachts; except coots.

Coots class of yachts are not sailed now at the club.

The 1st and 2nd races were sailed last Sunday, the 10th, by three boats in moderate winds with a strong ebbing tide.

In both the races, the winds being light, 420 and Laser II were able to fly and hold the spinnakers on the long reaches as well and able to move faster.

In the 1st race, Omar Mbithi and Steven Ogada sailing 420

ROLLS ROYCE had line honours finish and in 1st position on corrected time 'B' handicap.

Laser II KENZA, sailed by Michael Smewing and Sha Khan, were close in 2nd position. Osprey METEORITE, sailed by Kalim Hassanali and Neelam Shah were 3rd.

In the 2nd race, 420 ROLLS ROYCE and Laser II KENZA, had an exciting race chasing and

trying to out-wit each other with good spinnaker handling

In the end Laser II KENZA, had the line honours finish and in 1st position on corrected time.

420 ROLLS ROYCE was close in 2nd position.

Osprey METEORITE was 3rd.

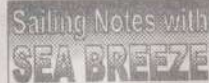
WEDDEBOWL - 1st and 2nd

which were supposed to be sailed by Lasers only with REAR COMMODORE'S CUP was not sailed as there was one entrant for the race.

Commodore Andy Sumar, missing a helm/ crew to be able to race in his Fireball CAT'S PAI in the REAR COMMODORE CUP and also there being no other laser to compete WEDDEBOWL race, decided to go out in Laser ISHILIA and sail in the race against the three boats in REAR COMMODORE CUP.

Though not qualified to race a Laser, he sailed well and was the only Laser in 1st position in the 1st race on corrected time and 3rd in the 2nd race.

Forthcoming Events
Sunday, 17th October 2004 3rd/4th REAR COMMODORE CUP/ WEDDEBOWL



'Future Stars' Youth F.C. Win Inaugural Nurdin Shipping Under-15 Competition

Future Stars Youth football team emerged the Champions of the inaugural Nurdin Shipping Under-15 Soccer Competition when they defeated Makande Youth 3-1 during the final watched by a capacity crowd at the Mombasa City Stadium last Sunday.

All three goals came in a spell of 15 minutes of the first half.

Besides clinching a beautiful trophy, Future Stars were awarded with US\$200, gold medals, wrist watches set of silver, a big cake, a crate of apples, a goat, two footballs and certificates.

Muhammad Hatimy also presented the team with a cash prize of Shs10,000/=.

Runners-up Makande Youth were presented with silver

It was no surprise when in the third minute, Makande Youth took the lead through John Mutua who unleashed a powerful shot into the far corner of the net.

Future Stars settled quickly to equalise in the ninth minute when Ali Hassan put through Malombo Yusuf who score with a close range shot.

All Hassan score two goals in a five minute spell to give Future Stars a well deserved victory.

Towards the last ten minutes of the game, Makande dominated again but it was the same story of Makande Youth strikers failing to penetrate a wall-like Future Stars defence.

Before presenting the awards, the Guest of Honour, Councillor

All Salim Mwakunyapa of Bofu Ward asked parastatals and private companies to assist in renovating the Mombasa City Stadium.

Cilir Mwakunyapa who is also the council chairman for Housing and Social Services committee said it was high time the stadium be renovated to international standards.

"We need to see international matches played here for our fans to enjoy," said civic leader who represented His Worship the Mayor Taib Ali Taib.

Saad Bwanamkuu was awarded with a trophy as the Best Player in the one-month tournament.

Abdul Hakim of Samba who scored nine goals won the Top Scorer trophy while the Best Goalkeeper award - a shield - went to Bakari Msomali of Licodep.

Abdalla Ali Mbarak of a Coast soccer administrator, Ali Mbarak was awarded with a shield for being the young promising player.

He appeared for DOAL Youth. The prominent soccer administrator Babu Noon promised to organise another youth competition in December.

BRIDGE RESULTS

Results of Weekly Bridge Sessions played at United Sports Club on 12th October 2004.

- 1. Mr and Mrs. Mahendra - 222, 2. Rohit Chandaria/ Rohit Malde - 217, 3. Panu Savla/ H. P. Shah - 212, 4/5. Mr and Mrs. Rasik Shah - 209, 4/5 Mr and Mrs. Narendra - 209, 6. J. Babla/ M. P. Shah - 193, 7. Vijay P. Shah/ Shashi Malde - 193, 8. Kirti Shah/ Dipti Shah - 180, 9. Ramnik (Beno) Shah/ Amu Shah - 175, 10. Nitin Malde/ Ketan S. Shah - 172, 11. Vibha A. Shah/ Gajendra - 168, 12. Aftab Chakera/ Nafisa Chakera - 161, 13. Neemabam Babla/ Jyotsna Savla - 160, 14. D. D. Shah/ Kanchan D. Shah - 156, 15. Dr. J. D. Shah/ Tushar Pujara - 150, 16. Pravin Shah/ Harial Shah - 141.

Bridge Sessions are held at United Sports Club every Monday evening at 7.30 p.m.



Soccer Scene with Abdurrahman Shami

Abdul Lavingia Is 'Man Of The Match' For Agakhan

FROM BACK PAGE

After Nairobi defender Shafiq Mwandani handled the ball.

Minutes later Nadeem Khan (backham) scored the second goal being put through by Sarfaraz Khan.

Man of the match, Sarfaraz scored a spectacular third goal dribbling past the entire defence and releasing the ball to

find the top corner of the net.

Nairobi's lethal striker Kim-Gonyun who was tightly marked by Imran Kanji throughout the game managed to sneak in his goal in the dying minutes of the game.

The prize giving ceremony was attended by the Agakhan Council Chairman, Nurdin Tejpar, Councillor for Youth and Sports, Azim Jamal and Chairman of the

Agakhan Sports Centre, Ejazali Karmally.

Prizes donated by Sun 'N' Sand Beach Resort were T-Shirts and Trophies to all Participants, the Winner's Floating Trophy and Man of the Match Trophy (first game to Abdul Lavingia) and weekend for two Voucher for Man of the Match (second game to Sarfaraz Teja).

GOOD ANCHOR POINTS WILL HELP RESTRAIN ANY PERIPATETIC CARGO

This week we will focus on how to restrain loads.

The key factor in restraint of loads is how well the forces are transmitted to the load bed of a vehicle.

Another factor is the type of load in the vehicle.

If it is one big load like say a container, the factors are different from when one is carrying a lot of loose items such as wooden poles or reinforcing steel.

It is common practice to use ropes to strap loads down.

On most flat bed vehicles, there are hooks that are welded or bolted to the load bed which are used as the anchor points for the load restraint systems.

These hooks should generally not be used as the main anchors for loads.

Rope hooks are not subject to construction standards, and so they vary in strength, size and material content and are rarely designed to withstand forces exceeding normally generated by loads.

That they fall far short of the strength required can be confirmed by examining almost any vehicle that has these hooks.

Most are bent or distorted in one way or another because they have been overstressed when used as restraints.

One should equip vehicles with dedicated anchor points, especially those with flat load beds.

These anchor points should be designed and integrated into the structure so that the forces imposed on them are transmitted to the main chassis frame of the vehicle.

The capacity of each anchor point should be indicated on the vehicle.

Anyone buying a vehicle should ensure that the manufacturer or bodybuilder provides information on the capacity of each anchor point.

One should get assurance that the design of the anchor point is allowed for a safety factor of

twice the specified capacity acting in any direction through which the lashing can be attached.

The design should also be such that there is no movement of the anchor point when loaded by any lashing or restraint.

Any movement will reduce the effectiveness of the restraint and could also exert stress, as the force of the moving load will be

restraint system and should be capable of withstanding a horizontal force uniformly distributed over its vertical area equal to at least half the rated payload of the vehicle.

The design and installation of the headboard should be such that the vehicle structure can withstand the forces imposed on it when the headboard is loaded as described above.

A headboard height should be sufficient to stop the forward movement of the type of load that the vehicle is designed to carry unless adequate load restraint is provided by other means.

A headboard should not have apertures large enough to allow penetration by any part of the load.

If there are large apertures to aid the driver's vision then these should be covered with a steel mesh or similar material that is equal in strength to the rest of the headboard.

For the maximum benefit to be derived from a headboard it is essential that the load is in contact with it.

If a space is left so that the load can move forwards before reaching the headboard then its

restraining capacity will be greatly reduced.

Packing blocks can help, provided that they are suitably restrained themselves.

Headboards should be examined frequently for damage.

For loads such as metal bars, beams, girders, sheet metal etc. which could penetrate the cab in the event of failure of the securing devices, the headboard must be adequately reinforced to resist damage from individual elements of the load.

Wherever possible, cargo should be carried separately from passengers.

In the case of closed vans where the cab is an integral part of the body, a bulkhead should be fitted between the load compartment and the cab.

Such a bulkhead should afford adequate protection to cab personnel and should be designed to resist a uniformly distributed horizontal force of at least half the weight of the load.

It should be noted that when an estate car is regularly used to transport goods, this should also have a bulkhead fitted to protect front seat personnel.

If a bulkhead is not fitted then the load must be suitably

restrained to prevent any forward movement.

Special purpose vehicles such as refrigerated vehicles, crane jib vehicle and so forth should carry a manufacturers statement as to what load they can take and how the loads should be restrained.

Taking the case of a refrigerated vehicle, it could be used to carry raw nyama.

Unless these are restrained they could move inside the refrigerated compartment and cause instability of the vehicle.

For such an application as an example, there should be proper rails and stops where the carcass can be hung and prevented from moving.

As the nyama is offloaded during a trip, the driver should be conscious enough of the possible change of weight distribution and should make the necessary changes to ensure that the vehicle remains stable under all conditions.

Alternatively, the person loading the vehicle could ensure that this is the case by putting the loads in the right order.

As Kachumbari says, loading and restraint are important even when a vehicle is carrying cattle.



COASTDRIVE with Teti Kamugunda

transmitted as a jerk from the restraining facility.

The anchor points should be compatible with the type of securing equipment likely to be used.

Anchor points should be firmly attached either directly to the chassis or to a metal crosspiece or outrigger.

Anchor points should not be attached to wooden members on a vehicle as they are unlikely to provide the restraint required.

If one wants to fit additional anchorage points to an existing vehicle then these additions must in no way weaken the chassis or body structure.

In particular, the drilling of holes in the chassis and welding to it should not be considered without consulting the original vehicle manufacturer.

The number and pattern of the anchor points will depend upon the type of vehicle and the type of loads likely to be carried.

The number of anchorage points actually used on a particular journey will depend on the weight and dimensions of the load being carried and its location on the platform in relation to the headboard or other additional means of restraint.

A headboard, when fitted, can be treated as part of the load

Maintain The Triangle

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Coastweek

Issue No. 2742 October 15 - 21, 2004.

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Oshwal Academy Clinches Moi Day Table Tennis Cup

Oshwal Academy of Mombasa lifted the Moi Day ladies Table Tennis Championship when they beat Barclays Bank of Kenya 3-0 at the Aga Khan Sports Centre Mombasa writes Joseph Odhiambo.

The Oshwal team comprising of top Kenyan players, Malvi Shah, Sonam Sanghavi and Kaveeta Rajani beat University of Nairobi 3-0 in their semifinals.

Telkom Kenya lifted the men's trophy beating Nairobi City Council 3-0. On their way to the finals, Telkom beat Kenya Polytechnic 3-1 while N.C.C. beat University of Nairobi 3-2.

In the men's singles category, Anthony Mathenge of Telkom beat Sylvester Mwangeni of Mombasa 3-0 to lift the crown.

On his way to the finals, Mathenge beat Charles Odhong of U.o.N. 3-1 while Mwangeni beat Paul Musyoka of Telkom 3-0.

Malvi Shah of Oshwal Academy who is also the current Coast Ladies and junior

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SAMEER HANIF, SUHAIL MURAVEJ AND YUSUF MALUM



WINNING MOMBASA TEAM - Standing (from left) Rahim Amershi, Sameer Muravej, Mufadal Moiz, Murtaza Amirali, Sameer Hanif, Yusuf Malum, Imran Kanji, Alim Nanji, Sarfaraz Teja and Sohail Muravej. Sitting (from left) Azim Khan, Taufik Esmail, Imran Pirmohamed, Aitaf Teja, Abdul Lavingia, Mohamed Mustafa, Onali Mustafa and Faruk Dhanji.

Abdul Lavingia Is 'Man Of The Match' For Agakhan Soccer Team Mombasa

Agakhan Soccer Team Mombasa hosted their Nairobi counter-parts at the Agakhan High School Ground over the weekend, reports Rubina Teja.

In the first game on Saturday, Mombasa thrashed Nairobi 6-1. Man of the match Abdul Lavingia combined well with Sameer Hanif, Suhail Muravej and Yusuf Malum displaying some fast and entertaining soccer. Captain Sameer Hanif scored the opener in the fifth minute. Suhail Muravej added two goals before half time.

Other marksmen in the second half were Abdul Lavingia, Sameer Hanif and Mufadal Moiz.

Nairobi's lone goal was scored by Irfan Kasam after goalie Imran Pirmohamed failed to clear a back pass from Imran Kanji.

In the second game played against the Ismailia Youth Team, Nairobi went down 3-1 in a well attended game.

Captain Sameer Hanif scored the first goal from a spot

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SHIPT expectations

KENYA TIDE TABLES

MOMBASA, October 15 - 21, 2004

FRIDAY High Water - 3.8 m. at 04.37 hrs (4.37 a.m.) and 3.4 m. at 16.59 hrs (4.59 p.m.) Low Water - 0.1 m. at 10.48 hrs (10.48 a.m.) and 0.2 m. at 22.49 hrs (10.49 p.m.)

SATURDAY High Water - 3.8 m. at 05.09 hrs (5.09 a.m.) and 3.2 m. at 17.31 hrs (5.31 p.m.) Low Water - 0.1 m. at 11.23 hrs (11.23 a.m.) and 0.3 m. at 23.20 hrs (11.20 p.m.)

SUNDAY High Water - 3.7 m. at 05.42 hrs (5.42 a.m.) and 3.0 m. at 18.05 hrs (6.05 p.m.) Low Water - 0.2 m. at 11.59 hrs (11.59 a.m.) and 0.4 m. at 23.52 hrs (11.52 p.m.)

MONDAY High Water - 3.6 m. at 06.18 hrs (6.18 a.m.) and 2.8 m. at 18.42 hrs (6.42 p.m.) Low Water - 0.4 m. at 12.38 hrs (12.38 p.m.)

TUESDAY High Water - 3.3 m. at 06.57 hrs (6.57 a.m.) and 2.5 m. at 19.26 hrs (7.26 p.m.) Low Water - 0.6 m. at 00.28 hrs (12.28 a.m.) and 0.7 m. at 13.23 hrs (1.23 p.m.)

WEDNESDAY High Water - 3.0 m. at 07.46 hrs (7.46 a.m.) and 2.2 m. at 20.29 hrs (8.29 p.m.) Low Water - 0.9 m. at 01.10 hrs (1.10 a.m.) and 1.0 m. at 14.22 hrs (2.22 p.m.)

THURSDAY High Water - 2.6 m. at 08.59 hrs (8.59 a.m.) and 2.1 m. at 22.35 hrs (10.35 p.m.) Low Water - 1.3 m. at 02.08 hrs (2.08 a.m.) and 1.3 m. at 16.04 hrs (4.04 p.m.)

NOTE: Standard Port is **Kilindini**. ADD 40 minutes for **Lamu** and ADD five minutes for **Malindi**. 'No Change' for **Kilifi** and **Diani**.