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# Coastweek

Issue No. 3251 December 18 - 24, 2009 PRICE - KENYA THIRTY SHILLINGS

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## Brave Beach Guard Saves Child

A young girl, taken to the beach by her school teachers and innocently playing in the sea with her friends at Kenyatta Beach was saved on Friday, November 13, by the beach life guards from drowning through their rapid response in a critical situation.

The critical incident occurred at 1.55 p.m. when the tide peaked at 2.7 metres, enough to flood the drainage channel on the edge of Kenyatta Beach.

TURN TO PAGE FIVE

# Hon. Raila Odinga At New 'Robertos'

The new Roberto's Beach Bar and Italian Restaurant has been officially inaugurated by the Prime Minister of Republic of Kenya Rt. Hon. Raila A. Odinga on Saturday December 5, 2009.

After a 20 years long experience in Kenya and four years working with the Roberto's Italian Restaurant at the Nyalí Cinemax, Roberto Miano has decided to open a new Beach Bar and Italian Restaurant in Bamburi, courtesy of Indiana Beach Hotel.

## ROBERTO MIANO OPENS A NEW 'BEACH BAR' AND ITALIAN RESTAURANT ALONG BAMBURI

This new location gives to the guests the opportunity to have fine Italian Food or a Pizza with a wonderful ocean view.

Roberto's Italian Cuisine and hospitality are very well known in Mombasa.

Roberto is personally importing all the ingredients from Italy in order to offer the real taste of Italian tradition.

Saturday night, Rt. Hon. Raila A. Odinga and his Guests enjoyed the dinner on the beach and more than 150 people were present to the Grand Opening Buffet party enjoying the food but also the wonderful atmosphere of the spot.

Everything is now ready to let you come for a romantic dinner, a relaxing lunch or to drink a

cocktail on the terrace listening to nice music. *Enjoy food and life without compromises*, this is Roberto's motto.



Prime Minister of Republic of Kenya Rt. Hon. Raila A. Odinga is seen [right] together with proprietor Roberto Miano while officially inaugurating the new Roberto's Beach Bar and Italian Restaurant in Bamburi, courtesy of Indiana Beach Hotel.

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## Cessna Citation CJ3 Show In Seven African Countries



Kenya was one of the seven African countries chosen for a showing of the Cessna Citation CJ3 twin jet by Africair, Inc., the sales representative for 48 countries in and around the continent.

The Citation CJ3 was placed on display on the ramp of the Phoenix Aviation facility at Wilson Airport.

Jim Evans, the Chief Executive Officer of Africair mentioned that his company has served the Africa Aviation Community its foundation in 1968. Africair is the world's largest and experienced Cessna representative and provides spare parts and product support.

He highlighted the features of the Citation CJ3 has a maximum cruise speed of 772 kilometres per hour.

The luxury twin jet has a power to climb to 45,000 feet (13,716 metres) in 27 minutes and has a range of over 2,987 kilometres.

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# Madrasa Resource Centre Launch Its 25<sup>th</sup> Anniversary Publication

On Thursday, December 3, 2009, Madrasa Resource Centre, Kenya (MRC, K) celebrated the launch of its 25th anniversary publication.

The event was graced by honourable Chirau Ali Mwakwere, minister for Transport.

The publication, entitled "The Madrasa Early Childhood Programme: 25 years of experience", was developed to highlight the history, progress and lessons of the programme since its inception in 1986.

It clearly details the development of the programme from a concept and its initial steps through to the strategic approach to early childhood development programming that exists today.

The book also enshrines the programme's achievements over 25 years of implementation and demonstrates how it overcame key challenges.

The Minister recalled his success in school as a direct product of his pre-school years.

He fully endorsed the Madrasa Early Childhood Programme.

Other Key personalities present at the function included the Chief Kadhi, Sheikh Hammad M. Kassim, Mr. Arif Neky, the CEO Aga Khan Foundation East Africa, and the deputy Director of Basic Education, Mr. Mohammed Shaaban Digo.

The publication was officially launched by the minister in the colourful ceremony.

Providing guidelines for a transparent, successful and replicable approach to development, the publication makes a valuable contribution to communities and industry partners.

Madrasa Resource Centre, Kenya (MRC, K): a programme of the Aga Khan Foundation was established in 1986 after Muslim leaders from Kenya's coastal region recognised the need to improve their children's level of academic achievement.

Research suggested that positive experiences in early years including access to



Seen [from left] MRCK National Board Chairman Omar Lal, Chief Kadhi of Kenya Sheikh Hammad M. Kassim, Minister of Transport Honourable Chirau Ali Mwakwere, Deputy Director of Basic Education Shaaban Mohammed Digo, Aga Khan Foundation, East Africa CEO Arif Neky.

education and a healthy, positive learning environment profoundly influenced children's success in school and life.

MRC, K supports communities and builds their capacity to

provide Early Childhood Development (ECD) services through locally owned pre-schools.

The schools in the Madrasa Programme practice action-oriented pedagogy where child-

ren learn through play, discovery and interaction.

MRC, K has partnered with more than 66 schools, training over 2000 teachers and celebrating over 25,000 alumni.

## Annual Christmas Hamper And Open Boat Competition

**The annual Christmas Hamper and Open Boat Competition was held on Sunday 13th at La Marina Restaurant, Mtwapa.**

This year's Competition was very generously sponsored by SDV Transami - MCT.

This enabled us to give some very festive and varied Hampers and Open Boat prizes.

Also thank you to Rita at La Marina who, once more, gave us full support and assistance.

Eleven boats entered of which the majority were in the open boat class.

Seven Sailfish were tagged and released and two Sailfish brought in.

One Black Marlin tagged and released.

The prize for the Open Boat Competition, together with the Graham Pape Memorial Trophy went to Stephen Webb, fishing on the sesse canoe Nefertiti, who tagged and released a Black Marlin.

Steve fished most of the day alone as his team mates found their beds more enticing.

After some coaxing Maurice Rusteau joined Stephen and they carried on to finish the competition.

### SAILFISH TAGGED

To be commended was the team of Tanya Lockhart-Mure, J. Tuller and Miles McDonald who, although getting to bed late (very), went out and tagged a Sailfish from their boat Mauwa.

Results: Team prizes Christmas Hamper Comp - 1st Kamara - Dave Williamson, Karl Jennings.

2nd - Nefertiti - Stephen Webb, Maurice Rusteau, 3rd - Flycatcher - John Webb, Rob Jessop, 4th Delta - S. Khan, M. Khan, H. Khan.

1st Open Boat and Graham Pape Memorial Trophy - Nefertiti - Stephen Webb, Maurice Rusteau.

Heaviest Non Billfish on points went to Rob Jessop on Flycatcher with a Kingfish of 13kg.

Second went to Sabri on Kabangi with a felusi of 8.6kg. Light Line went to Dave Williamson on Kamara with two Sailfish on 12lb line.

## INDIAN ASSOCIATION HELP THE DISABLED

Indian Association Donated sewing machine to Nahida Ayub Zei, she is only 15yrs of age Deaf and Dumb she is a member of Pwani Deaf Association she did tailoring full courses.

The machine will help her to earn her living at home. Her mother, Kaluda Ayub is also Deaf and Dumb.

Indian Association also gave a wheelchair to Edwin Mwangi suffered meningitis physically impaired at present he is learning at Serani Special Unit for Mentally Handicapped School. Second wheelchair donated to Suleiman Hamisi Shee who is disabled living in Likoni.



Seen [from left] Beneficiary Nahida Ayub Zei, Kaluda Ayub (Mother), Secretary Agnelio D'souza, Chairman Vinod Dattani, Suleiman Hamisi Shee in wheelchair. Standing [behind] Francis Mama Mwangi (Father) in wheelchair Beneficiary Edwin Mwangi and Mrs. Francis Mama (Mother).

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# Look Out For 'Avatar' 3D Revolution At Cinemax

## CINEMAX ...the ultimate movie experience... HOLLYWOOD RELEASES

James Cameron, director of Oscar winning TITANIC & TERMINATOR 2 brings to big screen his epic adventure in ground breaking 3D

**In 3D AVATAR**  
- A WORLDWIDE RELEASE - (PG)  
Sam Worthington, Zoe Saldana, Sigourney Weaver, Stephen Lang, Michelle Rodriguez  
Fri.- 5.45pm & 9.15pm;  
Sat. & Sun.- 2pm, 5.30pm & 9.15pm; Mon. & Tue.- 2.15pm, 5.45pm & 9.15pm; Wed.- 6pm & 9.30pm; Thur.- 9pm

The director of Oscar nominated 'CAST AWAY' & 'THE POLAR EXPRESS' Robert Zemeckis brings to life the popular Christmas story as never seen before

**Disney's A CHRISTMAS CAROL**  
Jim Carrey, Colin Firth, Gary Oldman, Robin Wright Penn  
SPECIAL SNEAK PREVIEW SCREENINGS  
Wed.- 3.30pm  
Thur.- 4pm & 6.30pm

**SURROGATES** Wed.- 7pm

**THE TWILIGHT SAGA - NEW MOON**  
Fri.- 6.15pm (400/-); Sat.- 2.45pm (350/-);  
Mon.- 6.30pm (400/-); Tue.- 3.30pm (350/-)

**2012** Sat.- 5.45pm;  
Tue.- 6pm; Thur.- 6pm

**KIDS SPECIALS**  
**ICE AGE 3 DAWN OF THE DINOSAURS** In 2D  
Friday 3.45pm  
**CLOUDY with a chance of MEATBALLS**  
Monday-3.30pm In 2D  
TICKETS: 250/-; KIDS CLUB MEMBERS: 199/-

## BOLLYWOOD RELEASES

FROM THE DIRECTOR OF THE AWARD WINNING SUPER HIT 'CHAK DE INDIA'  
Yash Raj pictures presents  
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Ranbir Kapoor, Shazahn Padamsee  
Fri.- 9pm; Sat.- 9pm; Sun.- 2pm; Wed.- 9pm

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PLEASE NOTE, THERE SHALL BE NO MONDAY MANIA (FREE HOTDOG) PROMOTION THIS MONDAY (21<sup>ST</sup>) NOR ON THE 28<sup>TH</sup> OF DECEMBER

**SHOWING NEXT WEEK**  
Get ready for the laugh riot of a lifetime as VIDHU VINOD CHOPRA brings you 3 idiots - directed by RAJ KUMAR HIRANI of MUNNABHAI MBBS & LAGE RAHO MUNNABHAI  
Aamir Khan, Kareena Kapoor, Madhavan & Sharman Joshi

**BOLLYWOOD BITES WILL BE OPEN FOR LUNCH** daily from 21st December to 3rd January 2010 (12noon-3pm)

**ET YOURSELF** set for a very new kind of entertainment at the NYALI CINEMAX this week, courtesy director James Cameron.

This renowned director who has brought in technology before it's time has also been the baton behind such success as *Titanic*, *The Terminator*, *Aliens*, *The Abyss*, *Judgement Day* and *True Lies*.

His newest venture is *Avatar* which opens worldwide and at the NYALI CINEMAX today, with this world-class theatre being the only one in East and Central Africa where you can see the film the way it was supposed to.

This three dimension revolution took more than 15 years to appear on the big screen simply because James Cameron did not want to make it in the conventional three dimension image.

Frustrated by the slow pace of technological development, Cameron took things in his own hands and created a new generation of stereoscopic cameras.

Previous three dimension films gave the viewer the impression of a flatish screen with the object 'flying at you'.

Special polarising untinted glasses in the new film gives the screen depth, giving you an appearance of a window through which you are watching the events unfold in front of you.

The 160 minute action adventure stars Sam Worthington, Zoe Saldana, Sigourney Weaver, Stephen Lang and Michelle Rodriguez.

As the world faces an energy crisis (what's new), scientists have gone far and beyond searching for new sources of this precious commodity.

One such place is a planet called Pandora where a special mineral that will solve our energy problems is being mined.

The atmosphere on Pandora is very toxic and therefore the earthlings have created a clone, a body that can survive the air but is controlled by the human 'driver'.

This clone is the *Avatar*, hence the title.

The *Avatar* is created by mixing human DNA with that from the natives of Pandora - the Na'vi.

When crippled war veteran Jake Sully is sent to Pandora to create his *Avatar* which would then infiltrate the group getting sole rights to the mineral, he jumps at the chance.

His *Avatar* is free and able to walk giving him a second chance in life.

As he mingles with the Na'vi, Jake learns many important lessons that make him look at life and himself in a different light altogether.

### CINEMAS with Anjum Asodia

Next week will bring another three dimension film, just for Christmas and you can catch a sneak preview of *A Christmas Carol* on Wednesday and Thursday.

This Disney production stars Jim Carrey, Gary Oldman, Bob Hoskins, Colin Firth and Robin Wright Penn.

No matter how many times this Charles Dickens' tale is told on cinema, it always attracts.

And with the super three dimension visuals this time round, Christmas will be a special affair at the NYALI CINEMAX.

Jim Carrey plays the role of the old miser, Ebenezer Scrooge who cannot bark at his faithful clerk (Gary Oldman) enough.

Ebenezer is balanced by his cheery nephew acted by Colin Firth and of course we will have the ghosts of Christmas Past, Present and Yet To Come who will take Scrooge on the journey of a lifetime.

Sci-fi seems to be the order of the day at the NYALI CINEMAX with Bruce Willis, Radha Mitchell and Rosamund Pike in *Surrogates*.

Get a bit of a scare before Christmas with *The Twilight Saga: New Moon* starring Robert Pattinson, Kristen Stewart, Taylor Lautner, Ashley Greene, Michael Sheen, Dakota Fanning and Nikki Reed.

Fact or fiction - only time will tell but make sure you see *2012* which stars John Cusack, Chiwetel Ejiofor, Amanda Peet, Oliver Platt, Thandie Newton, Danny Glover and Woody Harrelson.

With the ongoing holidays, NYALI CINEMAX has kept some special kids shows on Friday (*Ice Age 3*) and Monday (*Cloudy With A Chance Of Meatballs*), both films in three dimension.

Ranbir Singh may not have taken off into space yet but *Rocket Singh - Salesman of the Year* is making waves where it is being screened.

This young man has taken a gamble playing the kind of role that not very many Bollywood actors who want to make it to the top would consider.

Full marks for guts for this son of Rishi Kapoor and Neetu Singh.

With him in this comedy is Shazahn Padamsee, also an offspring of two talented artistes - Alyque Padamsee and Sharon Prabhakar.

Amitabh Bachchan, Abhishek Bachchan, Vidya Balan and Paresh Rawal and the main protagonists in yet another mentally challenging film from Bollywood, *Paa*.

Still on for another week at the NYALI CINEMAX is Priyadarshan's comedy *De Dana Dan* (Akshay Kumar, Katrina Kaif, Sunil Shetty, Paresh Rawal, Neha Dhupia and Sameera Reddy) and the ultra-serious *Kurbaan* with Saif Ali Khan, Kareena Kapoor, Vivek Oberoi, Diya Mirza and Kirron Kher.

# Car And General Establish A High Cummins Engine Rebuild Facility

A high horsepower Cummins engine rebuild facility has been established by Car and General in the company's Lusaka Road premises in the Nairobi Industrial Area.

This follows the opening of a dedicated training centre last year to serve the regional network of dealers and distributors in Kenya, Uganda, Tanzania, Ethiopia, Eritrea, Djibouti and the Seychelles, and soon Rwanda and Burundi.

Since the appointment of Car and General as the Master Distributor for Cummins generators, engines and parts for the region, the company's engineers and technicians have repaired low and medium horsepower engines with a generating capacity of up to 550 kVA.

The growing use of high horsepower engines has driven the need for the new workshop.

Car and General has invested 40 million shillings in the facility to enable the Company staff to rebuild the complete range of Cummins engines.

This includes high horsepower

units driving generators with an output of up to 3,300 kVA and engines of up to 2,500 horsepower.

The reliability of modern diesel engines is bringing a decrease in the replacement of worn parts and engine overhauls, but Car and General is fully equipped to

carry out these tasks when necessary. Nowadays there is greater emphasis on electronic fault diagnosis for equipment with computerised management systems.

Maintaining today's diesel engines requires computer literacy and a knowledge of



Prudence Maseki [right] and Patrick Mukoto technicians at the Car and General Cummins Rebuild Centre, repair a 45 litre 1,400 horsepower engine which powers a giant Komatsu rear dump truck at the Shinyanga gold mine in Tanzania.

## STARCAST GEMINI KILIFI

**Sagittarius** (Nov. 22 - Dec. 21) Even if you've got the answers, people still look to you for answers, especially on days today. Your quick mind is needed, even if it's a bit of a stretch.

**Capricorn** (Dec. 22 - Jan. 19) You may have to work hard to get half as much today - but that's just the game. You know that you have off days, but you can't let this be all you're made of.

**Aquarius** (Jan. 20 - Feb. 18) That famous intellect of yours is fired up and ready to go - so make the most of it. You just see an obvious solution everyone else has missed.

**Pisces** (Feb. 19 - Mar. 20) Today to make things work out as long as you're not about retrieving what's yours, should work out for the best if anyone balks, move on.

**Aries** (Mar. 21 - Apr. 19) You're thinking about making a major purchase, moving or changing jobs, now is the time to get started! Your energy is just right for making a big step in some important relationship.

**Taurus** (Apr. 20 - May 20) Your tendency to focus on the positive is generally quite powerful for you, for obvious reasons - but sometimes you can overdo it. A lot of a good thing is as bad as just enough of a bad thing.

**Gemini** (May 21 - June 20) If you can get some alone time with your mate or someone else who's close, your great social energy means that you can spend seeds that should help your relationship grow dramatically.

**Cancer** (June 21 - July 21) No matter what happens today, you're not all of it a good - you need to keep active. If you pull back or start to mope or fret, you are sure to find that the situation starts to get even worse!

**Leo** (July 22 - Aug. 21) Now's a great time to ramp up your own life! Make a date happen even if you have to pull your mate away from their favourite hobby or distract off that little black cloud. Have fun with it!

**Virgo** (Aug. 22 - Sept. 21) Your impulsive side is causing some minor problems today - especially if you're impulsively dragging out your credit card at every opportunity! Try not to spend a dime, if you can help it.

**Libra** (Sept. 22 - Oct. 21) Get out in the world and mix it up with some new people! Your need for social change and flux is peaking now, so it shouldn't be all that tough for you to make new friends - or something more.

**Scorpio** (Oct. 22 - Nov. 21) There's no harm in brainstorming - and you've got more time than you think! Just kick back a little and toss ideas back and forth with the right people. Something great will drift to the surface.

electronics and specialized tools were rather than a background in mechanical engineering.

At the Car and General regional training centre Cummins service personnel are taught to use laptop computers to analyse problems and monitor all aspects of the operation of engines including lubrication, cooling, air intake and exhaust systems.

In addition to the courses at the Nairobi training centre, frequent visits are made to dealers throughout the region to administer, sales and technical staff to help with the development of their business and to maintain a common work class standard of service.

Car and General was established in 1936 and has been listed on the Nairobi Stock exchange since 1950.

The Company distributes and services Suzuki and TVS motorcycles, Piaggio three wheelers, Briggs and Stratton stationary engines, Ingersoll Rand air compressors and construction equipment, Cummins diesel engines and generator sets and TAFE tractors.



# MERRY CHRISTMAS

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Looking after your interest!

## Alert Beach Guards Save Swimmer

**FROM FRONT PAGE** The alarm was raised by onlookers who knew the girl was in serious trouble but could do nothing to help.

Three lifeguards, Frank, Mwishee and Milton, recently deployed on the beach after being trained by RNLI and CRDF initiatives, rushed to the scene with equipment to save this little life.

Mercy Nyakundi, a five year old from a local school in Bamburi, was barely alive after inhaling seawater.

The prompt action of the three lifeguards averted a tragedy and high-lighted the importance of supporting such an initiative on the beaches of Kenya. Many other incidents of bravery by the lifeguards are recorded in the beach incident book over the past year.

Mercy was resuscitated and rushed to hospital where she fully recovered and was released two days later.

Grateful teachers and friends were full of praise for the actions of the lifeguards. All patrons of Kenyatta Beach should be grateful that they are now watched over by well trained and vigilant volunteers.

Please say thank you to them all, when you are next on the beach.

## LEISURE LODGE SUCCESS



The CEO of Leisure Lodge Beach and Golf Resort Mr John Mutua (holding certificate on left) and Prof. Klaus Jamin from the University of Munich are joined by senior managers of the hotel after it was awarded the ISO 9001-2008 certificate after more than two years of intensive training of the staff. Prof. Jamin carried out the final verification of the training by a team of German consultants before the certificate was issued last weekend making the hotel the only one on the South to receive ISO certification.



Please note that the Tamarind Restaurant and the Tamarind dhows will be closed for dinner on Saturday 19<sup>th</sup> December, 2009 due to a private function

The Golden Key Casino will however be operational as normal

We regret any inconveniences that will be caused during this period and we thank you for your continued support

The Tamarind Management and Staff wishes all our esteemed clients a Merry Christmas and a Prosperous 2010

27 NOV-24 DEC '09

The Year end

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# We Need More Serious Commitments Towards Slowing And Reversing These Alarming Trends

The climate change conference in Copenhagen comes to a close this week.

Over thirty thousand people congregated on this city each hoping to be there when a historic agreement is reached that will limit the growth of what I call climate change gases to levels that will slow down and stop the growth of the global temperature and that will be sustainable for the kind of lifestyle that we are used to or aspire to have in the future.

This whole discussion, whilst attracting such a large gathering, will probably be concluded by no more than five hundred of the participants.

Each of those will have been supported in earlier meetings in their countries and regions of origin by almost an equivalent number of people who have been pouring over scientific research, economic predictions, political ideology and simple people power in terms of public opinion.

A lot is expected from these talks but it is unlikely that a silver bullet will come out of the meeting.

What we will get is a series of expectations that if people live up to them, will create a new paradigm that will itself lead to future discussions.

Over time there will emerge a convergent and clearer route to sustainable climate change actions.

Ten years ago the so-called Kyoto protocol was signed and many countries left the meeting resolved to make a difference.

Several went back and delivered on their resolutions.

Many more only paid lip service to them and others blatantly refused to be drawn into the equation.

This less than satisfactory situation led to an acceleration

of global warming which is why there is the urgency, in Copenhagen, to get some more serious commitments towards slowing and reversing this alarming trend.

There are however so many divergent opinions on what needs to be done that is unlikely that we will get a common, agreed and substantive deal.

At best it will be a compromise that will not achieve the overall objectives of the talks.

In spite of all this, the motor industry is going ahead with developing technology that will respond to the aspirations of reducing emissions in a sustainable way.

## CoastDrive with Teti Kamugunda



Earlier in the year we covered a range of options that were being looked at but recently Kachumbari brought to my attention some work that is being done to make one of the future energy sources more affordable.

Hydrogen has long been touted as the future of energy.

It is clean, it is efficient and is also the most abundant substance in the universe.

It is to be found in every molecule of water so the oceans are full of it as.

It will also be found in clouds and moisture.

Most animals and plants have water in their composition hence adding to the pool of hydrogen available.

Most fossil fuels have hydrogen bound in them in one form or another.

So it is correct to say that hydrogen is everywhere.

Hydrogen can be used to directly run an internal combustion engine in a car or power a vehicle through a fuel cell with heat and water as the only emissions.

However hydrogen is difficult to store because it is the lightest element on earth.

If we were to fill a typical fuel tank of seventy five litres capacity with hydrogen at room temperature and pressure it will take the hydrogen-powered car only about a kilometre or so.

The gas can be compressed to take up less space, but that can be dangerous.

This would also use up some energy, which removes some of the benefits.

Another way to store hydrogen is to add material inside the tank that will increase the total internal surface area to which the molecules of hydrogen can cling.

This would allow more hydrogen to be packed into a smaller volume.

There has been some progress with materials that can do this, including specially engineered carbon nanotubes.

But carbon nanotubes are very expensive to make, especially in large quantities.

It is estimated that to fit a car with a tank full of carbon nanotubes will cost some forty million shillings.

There are other materials but they could still end up costing an additional two million shillings per car.

Some researchers have apparently hit on possible solution that could bring the price down to only around thirty thousand shillings a car by using chicken feathers.

## FIBRES IN FEATHERS

The fibres in feathers are almost entirely composed of keratin, a protein also found in hair and nails.

When taken through a process called pyrolysis, (heating in the absence of oxygen), keratin forms hollow tubular structures almost as small as nanotubes but having a lot of microscopic pores.

This substance is capable of holding one and half per cent of its weight in hydrogen.

Since about five kilogrammes

of the gas is needed to cover five hundred kilometres, which is the typical range of a petrol-powered car, this would translate into a three hundred litre tank stuffed with some three hundred kilograms of treated chicken feathers.

This still falls short of the target of six per cent hydrogen storage that has been set by authorities in the United States which is where this research is taking place.

The people involved in research in this area think they can improve their material further by making it even more porous.

What is exciting about this research is that they are well on the way to meeting the authorities' cost criteria of a hydrogen system that costs three hundred shillings per kilowatt hour stored and less than fifty thousand shillings to install.

The other important consideration is that it could also help with another environmental problem by reducing the mountains of chicken feathers that the poultry industry has to dispose of every year.

As opposed to meeting to talk on what to do in order to minimise the impact of its operations on the environment, the motor industry is being proactive in addressing climate change issues.

As Kachumbari says, going green can also be good business!

# WANGARI MAATHAI IS CLIMATE MESSENGER OF PEACE

**UNITED NATIONS (Xinhua) - UN Secretary-General Ban Ki-moon has confirmed appointment of Nobel Peace Prize Laureate Wangari Muta Maathai as special UN Messenger of Peace on climate change issues.**

"Professor Maathai's long record of achievement in environmental conservation and sustainable development makes her an excellent choice," Ban told reporters at UN Head

quarters in New York. The secretary-general, who was leaving for Copenhagen, Denmark, to attend the international conference on climate

change, said the Kenyan environmental activist would be formally appointed at a ceremony in Copenhagen.

In 2004, Maathai, a green advocate, became the first African woman and the first environmentalist, to receive the Nobel Peace Prize for "her contribution to sustainable development, democracy and peace."

The only African woman to win that award so far, Professor Maathai has also served as a government minister, lawmaker,

academic and women's rights advocate over the past four decades.

Messengers of Peace are individuals widely recognized for their talents in the arts, academia, sports, entertainment and other fields who work to help raise worldwide awareness of UN ideals and activities.

Through their public appearances, contacts with the international media and humanitarian work, they expand public understanding of how the UN helps to improve the lives of people everywhere. Other Messengers of Peace and their areas of focus include:

- conductor **Daniel Barenboim** (peace and tolerance),
- actor **George Clooney** (peacekeeping),
- author **Paulo Coelho** (poverty and intercultural dialogue),
- actor **Michael Douglas** (disarmament),
- primatologist **Jane Goodall** (conservation and environmental issues) and
- violinist **Midori Goto** (Millennium Development Goals and Youth).

- The other five Messengers are:
- Princess **Haya Bint al Hussein** (Millennium Development Goals and hunger),
- cellist **Yo-Yo Ma** (youth),
- actor **Charlize Theron** (ending violence against women),
- Nobel Laureate **Elie Wiesel** (human rights) and
- singer-songwriter **Stevie Wonder** (people with disabilities).



Wangari Muta Maathai

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# OUR PRIME MINISTER NEEDS WINNERS

**Mohamed Hersi's article printed in your December 11 - 17 issue spoke for the Tourism Industry.**

It also reflects the views of all reasonable men as they observe unfolding events knowing full well that it is they who will have the last say.

The ODM referee Hon. Odinga, indeed, now the national referee, should keep his eye on the track where ground events are shaping up with parliamentarians jostling and lining up for the next contest.

Within a few days the bell will ring for the third lap as the contestants round the corner into 2010.

So far Hon. Najib Balala, (Tourism) and Hon. Michuki, (Environment) are well ahead of the pack.

With his winning stride Balala's lead can only continue to increase his lead with more charters, more tourists and more money pouring into the national coffers.

Can Michuki who spends rather than earns, for very good reasons, catch up?

He might with the dredging of the Nairobi River, a cleaner environment, flowing water and a NEMA with teeth.

They could be neck to neck in the last lap as they round the corner into 2012.

In some respects both men are alike.

Both arouse controversy, both are strong, proud men who cut

through red tape to achieve memorable results.

The Referee's own position is unassailable.

It would be folly for him to give way to uncharacteristic panic and try to trip up either one of these star performers.

What about Ruto?

Yes what about Ruto.

"Matu" will soon be settled.

The only person the referee has to fear is himself.

Our Prime Minister needs winners around him not whimps, opportunists and sycophants come 2012.

**Kuldip Sondhi, Mombasa.**  
reefmsa@swiftmombasa.com

LIFE IS JUST A LAUGH



"If she is a mirage - then who gave me this?"



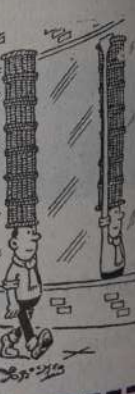
"Are you sure it's alright to camp out here, dear?"



"Not going down with his ship... the fellow is a disgrace to his uniform"



"Have you noticed how all young people look just the same..."



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- Provides the ability to view a slideshow of your JPEG pictures from a CD or the USB port

- Some models come with an iPod Dock where you can listen to the full collection of music in your iPod through LG's powerful speakers while recharging your iPod.

You can also use LG's remote control to shuffle through your music library and quickly find your music.

# LG - Tune Up Your Life With LG 'Home Theatre' Systems

Additionally it also works with your iPhone.

- You can connect your TV through the AV out function to get superb sound from the Home Theatre speakers while watching TV channels

A Home Theatre System is your complete home entertainment package - combining all the above ensures you do not need to purchase any additional equipment and comes at a very reasonable price.

LG Home Theatre Systems deliver imagery so real, with sound so powerful, you'll feel like you're right in the middle of the action.

If you're looking for sights and sounds with impact, look no further.

With a modern and sophisticated concept, LG's Home Theatre Systems have been designed to complement the latest flat screen TVs and enhance your home lifestyle.

LG Audio also uses innovative technology to bring stunning sound and stylish design to any environment.

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576x480p pixels while HDTVs can display up to 1920x1080p. LG's Full HD UP-Scaling Function solves this problem.

This function converts SD signal into 1080p signal that

there are so many different AV devices to connect (Blu-ray Player, DVD Player, Home Theatre System, etc.) and each comes with its own device.

LG's SIMPLINK system can

Mr. Mark Levinson has teamed up with LG to marry his great achievements of precise, highly engineered and unmistakable perfect sound quality with LG's latest Technology.

**LG Sound Gallery** gives you 7 options to select the right sound for the right moment.

With a dedicated, professional Digital Sound Processor LG's Sound Gallery will ensure that you have the ultimate listening experience.

- **VSM Plus:** VSM generates virtual multi-channel surround effect realizing more natural, voluminous sound quality.

- **MP3 Up-Scaling:** MP3 files lose significant audio quality when it is being compressed from its original CD sources.

MP3 Up-Scaling will restore this quality loss, improving the sound quality of your music.

- **Bass Booster:** Advanced psychoacoustic bass enhancement technology provides powerful full bodied bass.

All your ears will be obsessed with the extended dynamic bass sound.

- **Clear Voice:** enhances the overall clarity of voice in music or movie, improving the understandability of the lyrics and scripts.

- **Night Mode:** Made for the midnight movie manias, Night Mode enhances the volume of the dialogue while the surround effect is slightly lowered to ensure an unbothered private movie time.

Enjoy movies together with your sleeping baby in your arms

- **Game Equalizer:** perfects the exciting sounds of your dynamic games.

Feel the sound playing sports, shooting and racing games with your family.

- **Cinema Mode:** creates a panoramic surrounding effect while ensuring a smooth musical balance.

It promotes sound image elevation, allowing audience to feel as if the sound is being emitted from the same place where they watching movies.

**Front subwoofer** delivers faster response time and more powerful base sound.

Front woofer speaker and duct design improve balanced and strong bass sound quality dynamically without any distortion on original sound.

- **Auto Equalizer:** The EQ feature finds the correct preset mode automatically by referring to the song data to deliver the best sound experience.

If the music file does not have the genre information, the system defaults to Normal mode so the sound will be perfect every single time.



LG's exciting and ultra modern design for its new HT904TA-Full set iPod

provides high resolution images.

Simply purchase a home theatre system with an HDMI output and connect it to a HDTVs HDMI input and you will experience a whole different level of video quality even from all your old DVD movies.

**Simplink:** The problem of too many remote controls is symptomatic of modern times -

control all the connected AV devices with one remote control.

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## Memories Of Safaris Over Tsavo Long Ago

The elephants I photographed so many years ago, were animals with grace and dignity.

They had an impressive bearing as they ambled across the Taru Desert, that picturesque but semi-arid part of land away from Tsavo East.

Here the vegetation comprised, Acacias, Commiphora trees, Salvadora persica, the raper-like *Sansevieria ehrenbergiana* and *Boswellia*, that species of *Commiphora* trees which produce gum Arabic, commonly known in Swahili as 'Ubani'.

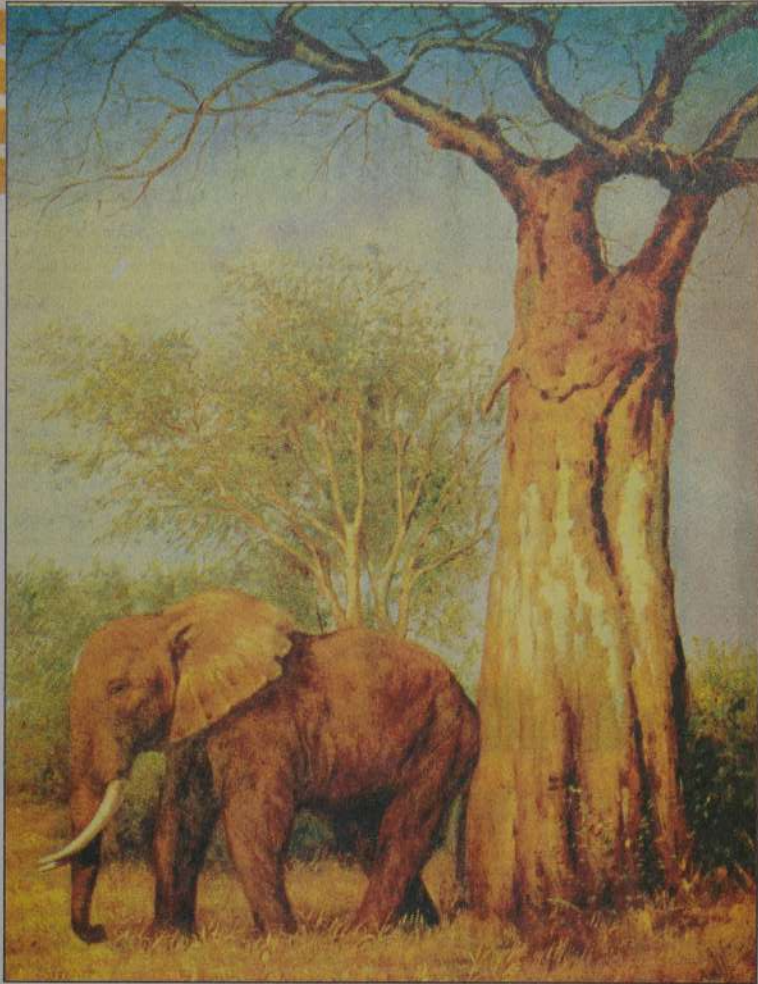
One rarely comes across these behemoths anymore, a sad reflection of what changes have occurred within a mere thirty-five years!

I recall a time when I camped near Sala Gate and almost everyday these gentle giants would come down to the Galana River to quench their thirst and then move on undisturbed towards Aruresa and the Waliangulu country of Garibete to the south and east of the national park without any fear of humans.

Those who shared with me those halcyon days included Muhim Nabibux, Ali Adam, Ali Mohamed Kassim, Fahmy Hinawy and Carlos da Cruz: all dead but never forgotten, and dearly missed friends.

Mohamed Ismail, San Jose, California.

[afventures@usa.net](mailto:afventures@usa.net)



'Devils Tree and Friend' oil painting by wildlife artist, photographer and author Mohamed Ismail.

## THIRTY ONE YEARS AGO

Coastweek, December 15 - 21, 1978:

Assistant Minister of Tourism and Wildlife Hon. Clement Lubembe told the annual general meeting of the Kenya Hotel Keepers and Caterers Association that it was essential to maintain international standards to sustain growth in the tourist industry, reported tourism correspondent Neta Peal.

He was accompanied by Coast Fisheries Director Norbert Odero, Coast Tourism officer Clement Nyamongo, and the Domestic and Hotelworkers' Union Coast Area secretary Joseph Omolo; he also apologised for the absence of Tourism Minister Hon. Mathews Ogutu.

'Jesus Opens Nyali Disco' headlined a tongue-in-cheek story about Spanish musician Jesus Marrofan who was completing the new 'Hole In The Wall' nightclub at Mombasa's Nyali Beach Hotel.

'Make No Mistake My Fur Is Fake!' was the lapel badge worn by Lady Michaela Denis reported Nairobi correspondent Ivor Davis, who noted that this world famous conservationist (now resident in Mombasa) while supporting the Government's recent ban on hunting insisted:

"(To make the hunting ban effective) a crackdown is needed on illegal sales of ivory and elephant hair to prevent further poaching".

Mukesh Rajani was to manage a talented 18-strong Mombasa Sports Club Cricket team on a 25-day tour of India, assisted by Manhar Shah, captain Kirit Doshi and vice captain Fakru Babla.

Mwai Karani was the popular winner of the 'Jamhuri Day' Tournament hosted at Nyali Golf and Country Club, reported columnist 'Centi Kumi'. 'Best Lady' was Frances Cook and 'Best Gross' Paddy Rainsford.

KENYA Cinema was showing Walt Disney's 'Jungle Book', NAAZ the new re-release of 'Gone With The Wind', REGAL 'The Sweneey' and at CHOX it was Hema Malini and Dharmendra in 'Raja Jani'.

Letter writers included Rainer Bornof, Samwel Hamisi, David Hurd, Juma Mwayani and, Coast horticultural expert Brian Perkins.

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## Mombasa \* Nairobi



# Mombasa's Kilindini Port Remains Regional Hub

Throughout 2009 Kenya Ports Authority (KPA) has helped Mombasa port to remain the regional hub and the gateway to the East African region by undertaking huge investments that have improved cargo handling efficiency, seeing it emerge as the preferred port.

Container vessels turnaround time made a record improvement of 3.0 days in the third quarter of 2009, the best in the region, from 5.0 days recorded in the same period in 2008.

The average container dwell time is now 6.4 days against 13.1 days in 2008, reflecting an improvement of 51.1 per cent or 6.7 days.

This is attributed to enhanced efficiency in port operations due to adequate yard space that has been made possible by a number of measures KPA has under taken in the recent past.

Since 2001, KPA, which was recently ISO 9001-2008 certified embarked on automation programme which has played a key role in addressing the problem of port congestion by enabling faster clearance of the cargo.

In 2002, Enterprise Resource Planning System went live and since then, a lot has been achieved in the field of IT.

### TOTAL SOFT BANK

In 2005, KPA contracted a Southern Korean firm- Total Soft Bank (TSB) - which developed Kilindini waterfront operating system (Kwatos), which has now automated all the cargo handling operations.

The programme went live last year and has effectively addressed ship and yard planning, traffic, warehouse and general information management.

KPA has also implemented Electronic Data Interchange (EDI) in transmission of manifest from shipping lines.

The authority has implemented the gate pass module thus streamlining security control of cargo and vehicular flow.

Kwatos is now fully linked to Kenya Revenue Authority (KRA) Simba System, which has reduced the number of days required to clear the cargo from the port.

The final stage of the automation, Community Based

## PORT HANDLED A TOTAL CARGO THROUGHPUT OF 13.7 MILLION TONS REFLECTING A SIGNIFICANT INCREASE OF 13.9 PER CENT

System, will be implemented by 2010 and will make all the port operations paperless.

Commonwealth Secretariat is assisting the government of Kenya to implement this project that will enable the port community to share information on a common platform online.

Apart from automation of the cargo handling operations, the efficiency at the port is also attributed to entrenchment of 24/7 working schedule that was embraced in last year and use of more Container Freight Stations (CFS's) that handle over 11,000

Special Report by Correspondent

Teus outside the port thus freeing the port's yard.

Recent investments in modern cargo handling equipment and business process re-engineering have resulted in remarkable growth and improved performance in port operations that has enabled the port to deal with the growing cargo volumes.

The total freight handled by the port of Mombasa rose by 2.8 per cent from 15.96 million tons in 2007 to 16.42 million tons 2008.

Total transit cargo rose from 4.4 million tons in 2007 to 4.8 million tons in 2008.

This is a manifestation of increasing usage of the port by the region and a sign of the improved regional economic performance owing to the prevailing peace.

Our forecast displays tendencies of continued growth albeit at a slower pace this time due to the current global recession.

Between January and September 2009, the port has witnessed further improved operational performance and an increase in Port throughput.

The Port handled a total cargo throughput of 13.7 million tons compared with 12.1 million tons realized in the corresponding period in 2008, reflecting a significant increase of 1.67 million tons or 13.9 per cent.

Recently, in the spirit of keeping pace with developments and address rising costs in maritime trade, KPA made some Tariff Adjustments which culminated in the removal of scanning and verification charges, among other minor adjustments with effect from 1st October this year.

To address the cargo traffic which is expected to reach over 30 million tonnes by 2030 compared to 16 million tonnes handled in last year, KPA has embarked on a number of

measures. The construction of the second container terminal by the support from Japan is expected to create an additional capacity of 1.2 Teus.

The port is also dredging the channel to accommodate bigger ships currently in manufacture by ship makers.

KPA through private sector partnership intends to establish a Free Trade Zone at Dongo Kundu, create more oil handling capacity among other flag ship projects.

The port has improved safety of the port in compliance with the ISPS code.

The port is implementing an integrated security system which will address access, controls, surveillance and detection, among others.

This is hoped to contain terrorists' activities, pilferage and general crime in and around the port.

Facilities: The port is equipped to handle a wide range of cargoes including dry bulks such

as grain, fertilisers, cement and soda ash and liquid bulks such as crude oil and oil products as well as bagged products (coffee, tea, sugar, etc) break-bulk (iron and steel, timber), motor vehicles, machinery - and containerised cargo.

Articulated vehicles seen while off-loading containers in Mombasa's busy Kilindini Port.

PHOTO: KENYA PORTS AUTHORITY



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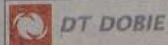
**NAIROBI (Xinhua)** - Arab companies plan to expand their consultancy business in Africa with the view of reaping from the current accelerated implementation of huge multi-billion dollars infrastructural projects.

Consultancy firms from the Arab world which have been meeting their counterparts in Africa in Nairobi resolved to take advantage of the current infrastructural business in the African region a year after the emergence of the global financial crisis.

At the consultancy firms meeting under the umbrella of the Arab Bank for Economic Development in Africa (BADEA), the experts said their interest is to participate in technology transfer and assist in enabling African governments to explore and exploit huge opportunities in various sector of the economy for instance, energy, tourism, environmental and social sectors.

During the three-day forum, the professionals also formed a Federation of African and Arab Consultants (FAAC) to assist in exploiting the huge business potential in the region.

"We have decided to form the Federation of African and Arab Consulting Firms (FAAC) to push for our course. We want to take advantage of the infrastructural development in the two regions. Infrastructure was one of the sectors which was not hit by the global economic recession," Moncef Ziani, the newly elected FAAC president told journalists.



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# Somali Pirates Hijack Indian Dhow

## Information On AFRICA



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## AFRICA

provided by Xinhua News Agency on

[www.coastweek.com](http://www.coastweek.com)

**NAIROBI (Xinhua) --** Somali pirates have hijacked an Indian dhow off the coast of the Horn of the African nation in the latest pirate incidents, a regional maritime official confirmed on Monday.

Andrew Mwangura, the East African Coordinator of Seafarers' Assistance Program (SAP), said the Laxmi Sagar was seized on Sunday but the reports reached his organization on Monday.

"The Indian dhow was seized on Sunday but we received the report early today.

"The crew is Indian.

"I have not established where the dhow was heading from and its destination," Mwangura told Xinhua by telephone from Mombasa.

Sources said the Indian dhow operates frequently between Saudi Arabia and the African coast.

Piracy has become rampant off the coast of Africa, especially in the waters near Somalia, which has been without an effective government since 1991.

An estimated 25,000 ships annually cruise the Gulf of Aden, off Somalia's northern coast.

The Gulf of Aden, off the northern coast of Somalia, has the highest risk of piracy in the world.

About 25,000 ships use the channel south of Yemen, between the Red Sea and the Arabian Sea.

Meanwhile Xinhua reports from Kiev that Ukraine is to send an anti-terrorist unit to fight Somali

pirates.

Ukraine will send soldiers from an elite special forces unit to combat Somali pirates, local media reported on Thursday.

A total of 25 soldiers from Ukraine's anti-terrorist unit "Alfa" will soon travel to the Gulf of Aden region, Valentyn Nalivaichenko, chairman of the Security Service of Ukraine (SBU), was quoted as saying.

The SBU's "Alfa" is considered the best-trained and equipped unit of any branch of Ukraine's armed services.

The mission of the "Alfa" soldiers would be to protect Ukrainian and other nations' commercial ships transiting

waters off Somalia, as part of the European Union's Atalanta naval operation.

The "Alfa" troopers could, along with similar special forces already sent to the region by Spain and Greece, be placed aboard cargo ships to repel pirate attacks, or board a ship captured by pirates to free hostages, Nalivaichenko said.

The EU launched the Atalanta anti-pirate operation in November 2008.

Warships, aircraft, and some 12,000 naval personnel from the United Kingdom, France, Greece, Germany, Italy, Spain, the Netherlands and Belgium are participating.



## MUSYOKA MEETS WITH LU WEI

**NAIROBI (Xinhua) --** Kenyan Vice President Kalonzo Musyoka [left] meets with inhua News Agency vice president Lu Wei in Nairobi, December 14, 2009. XINHUA PHOTO - LIU QIAN



**MOGADISHU (Xinhua) --** Somali President Sharif Sheikh Ahmed [centre stage] speaks in a navy base in Mogadishu on December 9, 2009. Sharif urged the newly trained Somali navy forces to take part in the global fight against piracy off Somali coast, which he said smeared "the good name of Somalia". XINHUA PHOTO - ISMAIL WARSAMEH

## Sukumawiki Can Be Cure For Cancer

By Martin Shadwo **NAIROBI (Xinhua) --** Over the years, 'sukumawiki' has been grown as a cheap vegetable by Kenyans, but it has been found that it is one of the healthiest with lots of vitamins capable of reducing both ovarian and prostate cancer in women and men.

Kale, popularly known as sukumawiki, has been consumed in Kenya as a staple vegetable food in most households.

Recent research show that it is one of the healthiest with lots of vitamins, of which some help to reduce ovarian cancer in women and prostate cancer in men.

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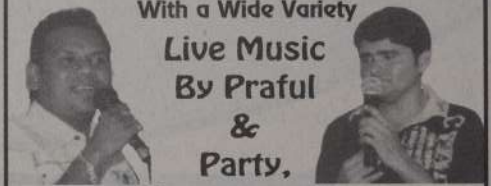
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FOR EVEN MORE - SEE ALSO PAGES 14, 15 AND 16

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## Abeed Marries Alexandra

Abeed Janmohamed has married Alexandra Kingdon while on holiday at the luxury Serena Beach Hotel and Spa, Mombasa.

More than 140 guests attended the colourful ceremony on Saturday, November 21, 2009, including approximately 70 who have travelled from the UK for the event and spent time either side of the wedding holidaying around Kenya - enjoying everything the country has to offer in terms of safari and beach holidays.

The wedding ceremony followed two days of celebrations at the hotel, including a drinks reception on Thursday 19th at which local children from Mji wa Salama's Children's Home came along to entertain guests with their singing and the bride and groom presented them with a financial donation in recognition of all the great work being done for the children there.

On Friday 20th November, Abeed Janmohamed organised a golf tournament for all the golfing wedding guests and local Mombasa guests at the Nyali Golf and Country Club.

Billed as the 'Harusi Invitational', more than 50 players took part to compete for a wide range of prizes. Special thanks must go to Akram Sheikh, Shiraz Dawood and Vishnu Dhutia for their support in facilitating the competition.

Before his departure Abeed Janmohamed concluded:

"The bride and groom would like to pay special thanks to every



Abeed Janmohamed is seen with his beautiful bride Alexandra Kingdon at the Serena Beach Hotel and Spa, Mombasa.

member of staff from the Serena Beach Hotel and Spa who were so wonderful in making their wedding day such a special and memorable occasion."



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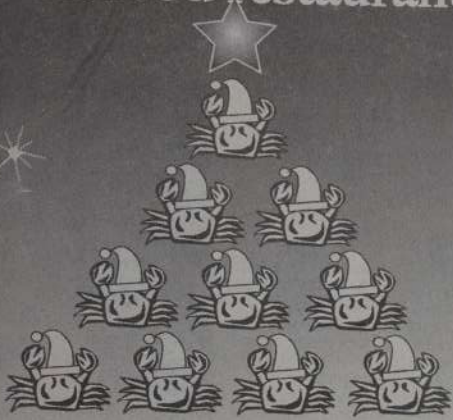
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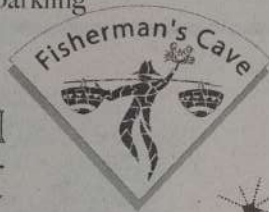
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## Mombasa Schools Raise Kshs.372,591 For Acts Annual Sponsored Read 2009

**ACTS- Assist a Child to School is a Mombasa based Charitable Trust. The objective is to fund education for the needy.**

Every child deserves an opportunity to attend primary school and bright children should have the opportunity to go further.

ACTS sees education as a basic human right, and is the key to breaking out of poverty and a pathway to growth.

Each year we ask the children from our Mombasa Schools to hold a sponsored read, which not only encourages childrens interest to books, but also raises funds to enable ACTS fulfill its mandate of funding education for the needy.

The funds raised are used to buy library books and basic classroom materials for primary schools in Kongowea, our target area.

We believe that these basic resources play a key role in uplifting a child's education progress.

Our principal of "Children helping Children" remains central to our work, however, and that is encouraging "children helping children" and we feel that World Book Day represents an ideal opportunity to put this principal into practice.

To date we have used these funds to donate books to eight different schools, given sets of reading books to four schools, and set up libraries in six different

schools all in Kongowea.

This year we intend to start a new library in Maweni Primary school.

As these are the only books that the pupils ever see, these libraries are a fantastic benefit to the children.



Mrs. Mradhua Doshi [centre] with children from various Mombasa schools distributing books and basic classroom materials.

2009 Sponsored Read was whole heartedly supported by Agakhan Nursery School, Little Angels Playschool, Jaffery Nursery School, Coast Academy, Mombasa Academy, Braeburn M.I. School, Shree Swaminarayan and Rainbow Connection with contributions totaling to Kshs.372,591/=.

The presentation of the library books for Maweni Primary School

took place at the school on 19<sup>th</sup> November 2009, where many children from the participating schools who raised the funds were present to hand out books to the delighted pupils.

We would like to take this opportunity to thank the school

principals, the teachers, parents and friends for your whole hearted support in this worthy cause. It is the best investment we can make and it will never shrink in value.

We are confident that all schools plus community at large will continue to support ACTS sponsored read so that we can do even better in 2010.

Thank you once again.

## Clubs Make Good Start In Pwani U-17

**Junior Stars Soccer School, Mombasa United Charity Academy, Mombasa Sports Club (MSC) and Sparki Youth, all from Mombasa and Nairobi's George Aladwo made good start in the Pwani International under-17 Competition, writes ABDULREHMAN SHERRIFF.**

Nicodemus Odipo scored a double with Noah Mateka, Asif Mohamed, Martin Oduor and Omar Swaleh netting a goal each to help Junior Stars register a convincing 6-0 victory over Starlet Youth of Thika in a group D match.

Junior Stars under the guidance of Mariam Mputa, went on to win a quarter final place after recording a hard-fought 3-2 victory over AC Milan and drew 0-0 with Ministry of Youth Affairs and Sports (Moyas).

In Group C, George Aladwo hammered Anidan of Lamu 9-0. Later, the Nairobi team drew 1-1 with Dasak of Malindi and settled another draw 0-0 against Sparki Youth.

Dasak beat Anidan 2-0, Sparki settled to a 1-1 draw with Dasak and Sparki crushed Anidan 7-0. MSC made a flying start in group B when they hammered Makadar Youth 7-0 prior to beating Kibera of Nairobi 6-0 to qualify for the last eight.

Tanzania's Bishop Durning of Arusha drew 1-1 with Mombasa United, beat Red Eagles of Garissa 2-0 and defeated Mwenye 4-0. Mombasa United hit Mwenye Youth 8-0 and drew 1-1 with Red Eagles. Red Eagles beat Mwenye 3-0.

The semi final matches at to be

played at Mombasa Municipal Stadium today (Friday) at 2 p.m. and 4 p.m. with the final clash to be played on Saturday.

Meanwhile, Randa Coach and Mombasa Sports Club meet in a crucial Old is Gold Cup soccer tournament match tomorrow (Saturday) at MSC ground.

Randa Coach made a remarkable start in their campaign to win the competition when they beat Sparki United 4-2 with Hamis "Pele" Abubakar scoring a double while former Black Panther soccer stars Idi Mbarak and Hussein Randa netting a goal each.

## Tribute To Michael Jackson Show Was A Huge Success

**The tribute to MJ show organized by Mrs. Bhavna Dave was a tremendous success.**

The opening dance by Jay Dave, Josephine Gommans and Cecilia Garama was done on the song by MJ called "JAM".

The Fashion Shows by the Years 3 and 6 of African costumes was superb and truly African.

The "Thriller" dance by Year 5 was scary and extremely energetic. The finale was so touching a song by MJ "WE ARE THE WORLD" sung by students, Sadhamini Weeraratna and Saida Thuo. It was a lovely evening remembering MJ who will never be forgotten.



Student Josephine Gommans dancing to the tune of Michael Jackson.

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# Lions Club Pwani Auxillary Visit Shimo La Tewa Prison

This month the activity was carried out at the Shimo-La-Tewa Ladies Prison, and it proved to be a great one.

Following items were given out: 8 mattresses, 10 blankets, 1 bundle of cotton wool, 130 pairs of rubber slippers, 2 boxes of soap, bread and juices for all the ladies and some children with a total value of 20,000/-.

Donations just kept on being pledged by various generous donors.

Our sincere gratitude to all the great donors, Lions, Lion Ladies and some of the non-members who have contributed towards this activity.

Thank you to Mr. Vinod Dattani for all his support in assisting to carry out this activity.

He is the Head of State Commendation and a member of the Board of Governors at the

Kenya Prisons Services.

The Deputy Officer at the Ladies Prison, Lucy Jangara as well as the female prisoners really appreciated the donations.

Ladies Auxillary committee were given a warm welcome by the inmates and entertained by joining along with them in singing and dancing to their tunes.

Some of the female prisoners gave a short speech saying that they sincerely repent for the crime they have committed and are just waiting to complete their sentence and leave prison to lead a smooth life thereafter.

After the donation was over, the ladies were toured around the prison and seem satisfied with the conditions.

Hence the completion of another great activity, keeping in mind the Lions Club motto "Serve to Flourish" and putting a smile on the faces of the less fortunate members of our society.

*Seen (from left) Mwanaidi Salimu, Jane Wanjiku, Elizabeth Nzambi, Joyce Wairimu, Irene Musila, Deputy Officer Lucy Jangara, Co-Convenors Lion Meena Gohil and Lion Lady Shashi D'Silva, Lion Lady Teji Main, Mr. Vinod Dattani and Senior sergeant Rebecca.*



**Special Report by Correspondent**



**FORD AMBULANCE.** The Ford and Mazda Division of the CMC Motors Group has launched a Ford four wheel drive ambulance in Kenya. The fully equipped ambulance is competitively priced at 3.2 million shillings and is ideal for both urban and rural use.

## CMC Launch A Ford Ambulance In Kenya

The Ford and Mazda Division of the CMC Motors Group has launched a Ford four wheel drive ambulance in Kenya.

This new model is based on the Ranger one tonne pick-up which is the best selling Ford model in East Africa.

The fully equipped ambulance is competitively priced at 3.2 million shillings and is ideal for both urban and rural use.

The cabin for the medical attendant and patient is air conditioned and has an easy to handle roller stretcher.

Standard equipment includes an oxygen tank with a regulator kit, a metre for monitoring blood pressure and a compact storage cupboard for first aid kits, instruments and medications.

The Ford ambulance has been built to cope with

emergency rescue missions requiring high speed driving.

The ambulance has an uprated suspension to reduce body sway and to provide superior on and off road handling and ride comfort for the patient, medical attendant and driver.

Braking power has been increased to contribute to the safety of fast driving which is a prime requirement for carrying a critically ill patient.

The Ford ambulance has the same 2.5 litre turbo diesel engine which is also used for the Ford Ranger pick-up and the Everest 4 X 4.

This power unit has been tried and tested in East Africa and is noted for reliability.

Like all the Ford models supplied by CMC, the ambulance is covered by a three year, or 60,000 kilometre warranty.

**Special Report by Correspondent**

# DOUBLE REWARD POINTS FOR SMART SHOPPERS

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\*Terms and conditions apply

# THIS WEEK IN PHOTOGRAPHS



Inner wheel club of Mombasa celebrated Christmas with more than 200 children of Shimo La Tewa's Staff. It was a day full of games, food and magic show. The children had a fabulous time. Seen are Club secretary Poonam Thapa, President Sapna Sasan, IW Khairun Karimbhai, IW Kaushalya Magnani also present in the function were IW Papi Oberoi, IW Sukhesha Dhabolkar IW Poli Ghataora, Dishli Sasan, Vinod Dattani, Asst. Com of Prisons Wanini Kiriiri and Magician Aboo.



Mercy Njui, a Vehicle Sales Consultant at the Ford and Mazda Division of the CMC Motors Group, decorates a Christmas tree at the Company's Showroom to herald the festive season.



PHOTO COURTESY SABA SABA COLOR LABS

A cross section of parents who attended the annual graduation day and variety programme for the Small and Smart School, Jomo Kenyatta Avenue, Mombasa, held on 5th December 2009 at the Mombasa Women's hall. Each year the school holds a graduation day combined with a variety programme performed by the pupils, trained by the teachers. Proprietor Shiraz Hasham is in the foreground.



The vice president of the republic of Kenya and Minister for Home affairs Hon. Stephen Kalonzo Musyoka is receives at the five star Sun N Sand Beach Resort by the General Manager, Andimilleh Makumbi at a colourful reception that included local Giriama traditional dancers. The VP was on an official visit for the opening of a justice conference that was recently hosted by the resort.



Arsenal fans who participated in a radio promotion celebrate after being awarded with their personalized branded Arsenal football Jersey all the way from Dubai, Emirates airline asked simple questions in regards to football players and destination that Emirates airline flies too. The winners were awarded with authentic Personalized Arsenal football jerseys. The Regional manager East Africa Essa Suleiman Ahmed and the marketing Manager Steve Kisaka pose with some of the winners of the Emirates Personalized Jersey Promotion.



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# Kenya's First 'Sticky P' Promotion Material Technology Is Unveiled

Local printing firm, Printfast Kenya, has become the first company in the region to introduce branded sticky notes technology for the production of promotional items.

Special Report by  
Correspondent

The new technology is expected to expand the standard range of stationery items provided by businesses in the country under the brand name 'Sticky P'.

A sticky note is form of a note pad that sticks over and over on many different surfaces.

The firm has acquired exclusive rights to the technology, from a firm based in Singapore at a cost of Kshs 40 million shillings to produce branded sticky notes which are customised towards the clientele.

## PRINTFAST EXECUTIVE DIRECTOR JAY SHAH

Speaking at the launch, Printfast's Executive Director Jay Shah said 'Sticky P' notepads will enable companies offer a comprehensive range of stationery items from the domain of pens and mugs into areas of stationery not before considered.

"Due to the low cost of mass-producing branded Sticky P

**PRINTFAST KENYA HAS ACQUIRED EXCLUSIVE RIGHTS AT A COST OF K40 MILLION SHILLINGS**

notes, it acts as an ideal medium for top of mind branding solutions for all types of businesses ranging from corporate to SME's," said Mr. Shah.

Industry figures show that in 2008 the advertising spend in the country rose by 15 per cent to Kshs 20.4 billion, up from Kshs 17.4 billion in 2007.

Like the customization of any other promotional products, the shape and pattern of the 'Sticky P' notepads will be based on the theme of the business.

"Company logo, information or tag lines are printed on the sticky note which when passed around act as a marketing tool for your Company," said Mr. Shah.

Printfast Kenya also has plans to introduce the Sticky P brand in West, Central and Southern Africa as part of the brand expansion programme.

Printfast (K) Limited was incorporated in 1972 and has evolved into a modern print solutions provider with single and multi colour printing presses.

Printfast produces customized jobs for Private, Public, International Organizations and Export in the region.

It is estimated that in Nairobi alone, there are approximately 500 printing firms with an

estimated turnover in the range of Kshs10 - 50 billion.

Printfast Kenya, Executive Director, Jay Shah [right] and Commercial Director Ajay Shah [left] unveil the firm's 'Sticky P' brand. The printing firm is the first company in the region to introduce branded sticky notes technology for the production of promotional items.



Emirates

## Dubai. Twice daily.

14 flights a week to Dubai from 1st December. Fly Emirates. Keep discovering.

From 1st December, you can fly twice daily to Dubai and onward to over 100 destinations. Fly Emirates and enjoy more comfort, more options and more connections from Nairobi.

## U.S. Donates Maritime Equipment

**NAIROBI (Xinhua) -- The U.S. government has donated 270, 000 U.S. dollars of maritime police equipment at the Port of Mombasa to enhance security along the Indian Ocean coast.**

U.S. Ambassador to Kenya Michael E. Ranneberger said the donation, which included three 31 foot boats with engines and trailers, was provided as part of a broader U.S. effort to support police reform.

Washington has pledged over 14 million dollars in training and equipment in support of the Kenyan government's implementation of fundamental police reform.

"Reforms, including first and foremost establishment of independent external and internal oversight mechanisms, are critical to assure Kenyan citizens that the rights of all will be respected and protected," Ranneberger said.

The U.S. has urged consistently the Kenyan government to implement fully the recommendations of the Task Force on Police reform. "The U.S. will continue to push for reform and will provide increased support as actual implementation takes place," he said.

## BEARINGS

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# Classified ... Classified ... Classified ... Classified ... Classified



## SAROVA WHITESANDS BEACH RESORT & SPA

MOMBASA

**SUNDAY LUNCH:** A family day out for two including lunch and swimming at Sarova Whitesands, Mombasa will be awarded to the winner. The next draw for the winning entry extended to **23rd December, 2009 by 10.00a.m.** Completed Sudoku should be sent to 'Prize Sudoku' COASTWEEK, P. O. Box 87270, Mombasa, Kenya or dropped off at Coastweek offices.

### SAROVA HOTELS, RESORTS & LODGES

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- Sarova Shaba Game Lodge
- Sarova Lion Hill Game Lodge
- Sarova Salt Lick Game Lodge
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**Now New Sudoku every week!**  
One draw every 2 weeks for both together

	7	1		4
4		8	2	5
3	9			1
		4		8
	5	2	8	7
1		5		
	3			8 5
	4	9	7	3
6			3 4	

SUDOKU NO. 174

**NAME**.....  
**ADDRESS**.....

#### What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9x9 grid.

#### What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3x3 group of cells contains the numbers 1 to 9 only once.

#### SOLUTION TO 'PRIZE SUDOKU' NO. 171

3	6	7	1	5	4	2	8	9
1	4	2	9	8	3	5	7	6
8	5	9	6	7	2	3	4	1
6	3	8	5	9	1	4	2	7
7	1	4	2	3	8	9	6	5
2	9	5	7	4	6	8	1	3
4	8	1	3	6	9	7	5	2
5	2	3	8	1	7	6	9	4
9	7	6	4	2	5	1	3	8

**WINNER OF 'PRIZE SUDOKU' NO 171.**  
**MRS K. ABDULLA. K.**  
P. O. BOX 241-80100, MOMBASA

### ANNOUNCEMENTS

**ALCOHOLICS Anonymous** meets Mon. Wed. & Fri. - 12.30 pm to 1.30 pm at Mombasa Hospital Sisters Mess.

**ANNUAL GENERAL Meeting** of Mombasa Women's Association will be held on 7th January 2010 at 3.30pm at the Mombasa Women's Association Hall.

**ART EXHIBITION @ Fort Jesus Museum.** Theme: African Stories featuring 3 Artists: Sohrab (Kenya) contact: 0734 821780; Kassi (Uganda) contact: 0724 770362; Anwar (Uganda) contact: 0731 681042

### SERENGETI ADVENTURES

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### BEAUTY AND HAIRDRESSING

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### CANOPY HIRE

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### CAR HIRE

**NAIROBI: BRAND NEW Cars** for hire at Eden Rent A Car Tours And Safaris. KShs. 3,000/- per day with a driver. Contact: Mr Noorani Nairobi: 0723 719444, 0733 410172. Email: info@edenrentacar.com

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### CATERING SERVICES

**EVENING SPECIAL:** BBQ + fried snacks, burgers, hotdogs, bhajias, pilau, fish & chips etc. @ Old Town Cafe opp. Law Courts. Tel: 0722 982892, 0738 823845 or 020 2107900

### FLORISTS

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**NYALI** - Mkomani Estate - secure 3 b/r maisonette in shared compound @ 40K  
**NYALI** - 4 maisonettes: - 4 b/r in 1 secure compound along main road - partial sea view @ 400K  
**NYALI** - 1 acre plot with good frontage along main road @ 400K (ideal for car dealers)  
**NYALI** - 5 b/r all ensuite apartment on ground flr in secure estate @ 47K (option to sell @ 11.5M)  
**HIRITINI** - 40,000 sq ft godowns incl mezzanine + offices + ample yard space on 1.3ac @ 400K

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**JOMVU** - 0.5 acre rectangular plot with 60 meter frontage along main highway @ 25M  
**NYALI** - Nyali Plaza - 4 b/r 2 master ensuite maisonette in secure estate with pool + s/q @ 27.5M  
**NYALI** - just off Beach Road - 5 b/r maisonette 4 master ensuite with s/q on 0.5 acre @ 30M  
**NYALI** - Beach Road - 3 b/r maisonette in own compound (corner plot) along main road @ 12.5M  
**NYALI** - near Nyali Beach Resorts - 4 b/r bungalow on 2.4 acres (ideal for developers) @ 90M  
**NYALI** - near Nakumatt Cinemax - 3 b/r maisonette + s/q in secure gated estate @ 14.5M  
**NEW NYALI** - behind Nakumatt Nyali - 3 b/r 1 master ensuite apartment 1st flr in block of 8 @ 8M  
**NEW NYALI** - secure 4 b/r maisonette on 1 ac + pool + 2 room s/q @ 40M (option to let @ 120K)  
**NEW NYALI** - 3 b/r exquisite maisonette on 0.33 acre + pool + s/q in secure gated estate @ 50M  
**BAMBURI** - behind Pollman's - block of 6 spacious 3 b/r apartments with parking @ 36M  
**RAILWAY ST AREA** - 2 godowns: - 1 unit 5,000 sq ft, freehold @ 28M & 1 unit 7,000 sq ft @ 37.5M  
**NERERE AVE** - spacious 4 b/r 2 master ensuite apartment on 2nd floor @ 14M  
**NIKAMBALA** - 3.2 ac freehold beach property (71metre frontage) with cottages @ 80M  
**JOMO KENYATTA AVE** - freehold commercial bldg with shop & 3 apartments along main rd @ 45M  
**OLD TOWN** - 3 storey modern building (sea view) with shops, offices & apartments @ US\$ 2M  
**OLD TOWN** - huge century-old colonial commercial building opposite Fort Jesus @ 60M  
**KIZINGO** - secure 3 b/r 1 master ensuite apartment on the 1st floor with s/q @ 13.5M  
**KIZINGO** - Dwarika Dham - 3 b/r flats upto 10th floor @ 6M - 7.5M, & a pent house @ 14M (sea view)  
**KIZINGO** - secure 3 b/r maisonette in own compound (0.13 acre) @ 20M (also ideal for offices)

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PROPERTIES FOR SALE

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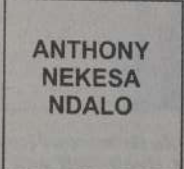
## East Africa Glassware Mart Limited

### PUBLIC NOTICE

This is to inform our esteemed clients, customers, suppliers and service providers that the below mentioned personnel are no longer employees of East Africa Glassware Mart Limited as from 21st November, 2009.



**JAIKUMAR TRIBOWN**  
 CHINA VAGHELA  
 ID No.20220432



**ANTHONY NEKESA NDALO**  
 ID No. 22519976

They are therefore no longer authorized to undertake any transactions on behalf of East Africa Glassware Mart Limited effective 21st November 2009. East Africa Glassware Mart Limited will not be liable for any transactions undertaken by them effective 21st November 2009.  
**Management**

### PROPERTIES

**TRISTAR PROPERTIES LTD.**  
 tristar@africaonline.co.ke  
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**TRISTAR FOR SALE- WATAMU-** Building of three flats and six shops. Enquire for details.  
**TRISTAR FOR SALE- NYALI-** Sea view apartments in Nyali with Beach access @15m.  
**TRISTAR- FOR SALE- NYALI-** Beach road plots for sale @ 3m each. Enquire for details.  
**TRISTAR- FOR SALE- MTWAPA-** 2 & 3 / 4 acres in Mtwapa with a three bedroom house.  
**TRISTAR- FOR SALE- MTWAPA-** 1 Acre Prime Main Road Property @ 12m  
**TRISTAR- FOR SALE- KIZINGO-** Dwarika Dham - sea view apartments in kizingo EXCLUSIVELY SOLE SELLING AGENTS.  
**TRISTAR- FOR SALE- KIZINGO-** 5 bedroom maisonette @ 60m. (Profiled)  
**TRISTAR- FOR SALE- MAKUPA-** Factory building for

### PROPERTIES

details  
**TRISTAR-FOR SALE-2.7 acres** on Msa/Nrb Road @ 55m  
**TRISTAR- FOR SALE- Serene Park Plots - BOMBOLULU-** @3.5M  
**TRISTAR- FOR SALE- 10 acre** Plots on Msa/Nrb Road Ideal for transporters @150m each.  
**TRISTAR- FOR SALE- GANJONI-** 2 apartment building in prime area @ 25m.

### PROPERTIES

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**FOR SALE:** Shimonzi 20,000 st.ft. godown vacant. Contact: Salim 0721 527707  
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### PUBLIC AUCTION

**SATURDAY SALE: 10.30 AM**  
 Shelves, cosmetics, tailor dummies, aquariums, lotion & body creams, seasonal cards, watch opener, mini display cabinets, photo copier machine, generator, wall paper rolls, decorations, side boards, used colour TVs, razor blades, antique revolving wooden chair, bird cages, bathroom cabinet, antique mirror, gift papers reams & rolls, wigs, hair nets, shampoos, eye shadow sticks, pens, louvre glasses, table lamps, light sign boards, food warmer dish, CD rack, ironing board, story books, suits, photo frames, metal safes, antique chewing gum dispenser, antique table fans, fridge stands.  
**ALSO Door & window grills,** metal gates, bicycles, wash basin, W.C., mesh pcs, furniture, fridges & cookers.  
**BY PRIVATE TREATY:** 3b/r flat vacant, Kizingo (General Mathenge Drive)  
**SPECIAL AUCTION SALE:** On Wed. 23rd at 10.30AM on site within the precincts Nyali Beach Hotel, as advertised earlier.  
**DISTRAINED Goods Under Distress for Rent Act:** Landlord vs Tenant: Jane Mukuhi Matu t/a a Sanctuary Spa & Wedwood Hair Salon. Items as follows: Shampoo basin with affixed chair, dressing table with mirror, foot massagers, computer set ( monitor, CPU, printer, mouse), office / typist desks with revolving chairs, music system + speakers, sterilizer unit + tong etc. Four hand hair dryers, wall mounted fancy dryers, wooden show case, pedestal hair dryer, metal high stools, brass wall lights, high table, wall shelves, massage beds, facial steamers, large magnifying glass (lighted) on stand, CD player system (Sanyo), UV light on stand, bamboo chest of drawer, sofa couch set.etc.

### PHOTOGRAPHY

**PHOTOS For seminars,** business functions, weddings, parties, etc Call Karim on 0722 249831 or 0733-776366

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**Ulla Grimwood [centre] winner during Rotary Club of Bahari Charity Golf at Nyali Golf and Country Club, receives a prize from Rotary Club of Bahari President Jane Githere. Looking on is Rtn Muntazir Somji [left].**

## CHARITY GOLF MATCH BY ROTARY CLUB OF BAHARI

**Rotary Club of Bahari Charity Golf was played on Saturday 12th December, 2009 at the Nyali Golf and Country Club.**

Results: 1<sup>st</sup> Ulla Grimwood

38, 2<sup>nd</sup> Dinesh Sasan 36 c/b, 3<sup>rd</sup> Isaac Kalua 36 c/b, 4<sup>th</sup> I. Gulamali 36, 5<sup>th</sup> C. M. Wambugu 35 c/b, 6<sup>th</sup> G. M. Njuguna 35 c/b, 7<sup>th</sup> Bhaskar Patel 35, 8<sup>th</sup> Jane Githere 34 c/b, 9<sup>th</sup> Q. Somji 34 c/b, 10<sup>th</sup> Thushara De Silva 34 c/b, 11<sup>th</sup> G.M. Taki 34 c/b, 12<sup>th</sup> Inayet Kudrati 34 c/b, 13<sup>th</sup> P. Talbot 34 c/b, 14<sup>th</sup> Jyoti Doshi

34, 15<sup>th</sup> Alnoor Dhanji 33 c/b, 16<sup>th</sup> Rita Njuguna 33.

## COAST BRIDGE with C.P. SHAH

In the following hand West had a tricky lead problem.

Should he lead his Singleton, when he expected to be ruffing with a natural Trump trick?

DEALER: NORTH EAST-WEST VULNERABLE BIDDING:

NORTH	EAST	SOUTH	WEST
PASS	ONE CLUB (1)	ONE 'NO' TRUMP	PASS
TWO CLUBS (2)	PASS	TWO SPADES	PASS
FOUR SPADES	PASS	PASS	PASS

(1) 11-13 Points  
Balanced or Natural (2)  
Stayman

West led his singleton Diamond.

Declarer won cheaply in hand and led a Trump to the Knave.

East won the Ace and

**NORTH**

♠	K	J	4	3	
♥	K	4			
♦	J	9	6	5	3
♣	6	2			

**WEST**

♠	Q	10	9		
♥	Q	7	6	5	3
♦	4				
♣	10	9	5	3	

**EAST**

♠	A	6		
♥	10	9	8	2
♦	K	8	7	2
♣	A	8	7	

returned a low Diamond (as a suit preference signal for the lower-ranked suit, Clubs).

West ruffed and returned a Club.

East won the Ace and returned another Diamond for East to ruff. Down one.

**SOUTH**

♠	8	7	5	2
♥	A	J		
♦	A	Q	10	
♣	K	Q	J	4

## Ken Anunda Claims Double At East African Race Of Champs

**The East African Race of Champions lived up to its billing as teenage driver Ken Anunda had a rare double firmly in his grasps.**

At a damp Jamhuri park track on Sunday, the competition format was the first one version of its kind staged in a simultaneous head to head fashion; involving classes of bikes, quads, rally cars and buggies.

*Special Report by Samson Ateka*

Intriguingly, bikes were the fastest machines with MX1 Champion Shivam Vinayak in a Yamaha 450 four-stroke beating three-time former Open Class motocross champion, Anthony Nielsen (Yamaha 450) by a mere 4 seconds.

MX2 National Champion Cruze Muigai (Yamaha 250, 4-stroke) was elated to wrap up the podium with just 51 seconds behind the winner.

Anunda, one of the fast rising all-rounders, was all smiles when he powered his Toyota VX machine to victory in the 4X4 category and went on to steer his "Attacker 1" contraption to

victory in the buggies' class.

"It was quite a challenging race.

"The muddy stretches called for extra work and I was happy to be home and dry," Anunda, son of former rally ace Dave Anunda, said.

In winning the both classes, Anunda bagged Khs 50,000-20,000 from buggies and 30,000 his buggies' feat.

Each competitor was compelled to three heat runs and buggies also turned out to be faster than the turbocharged N-series Subarus.

Former 2WD Champion Alfir Khan in a Subaru Impreza hunchback won the rally class, but only just.

He had to contend with a stiff challenge from Ben Muchemi "Baba Shiro" (Subaru N10) who emerged second incidentally 1.1 seconds behind with reigning KNRC Division Two champion, Asad Khan "Kalulu" (Subaru N10) clinging on to third.

Muchemi rested his traditional N10 Subaru rally car for a new one he's developing.

Muchemi, who is a division three driver in the KCB KNRC, however, appeared contented with the boost exhibited by the

new N10- saying its WRX powered computer "returned a great turn of speed."

Alfir's victory in the rally class amassed him the coveted Khs 50,000 prize money.

### FEMALE DRIVER

Caroline Armstrong was named the best female driver in her Rhino Charge Range Rover machine with Anunda being voted the best young upcoming driver.

**PODIUM RESULTS BIKES:** 1. Shivam Vinayak (Yamaha 450) 4.10.26minutes; 2. Anthony Nielsen (Yamaha 450) 4.14.06; 3. Cruze Muigai (Yamaha 250) 5.01.47.

**QUADS:** 1. Shazar Anwar 4.39.97; 2. Imran Mogul 5.22.76; 3. Shehzana 6.57.59.

**BUGGIES:** 1. Ken Anunda 4.39.35; 2. Keith Henrie 4.51.36; 3. Samir Khan 6.09.55.

**4X4 CARS:** 1. Ken Anunda (Toyota VX) 5.75.09; 2. Caroline Armstrong (Range Rover) 6.20.86; 3. Mike Ogwapit (Range Rover) 6.40.83.

**RALLY CARS:** 1. Alfir Khan (Subaru H/B) 4.48.94; 2. Ben Muchemi (Subaru N10) 4.48.94; 3. Asad Khan (Subaru N10) 5.22.33.

## Nyali Golf Club Team 2009 Interclub Winners



Nyali golf club team won the prestigious trophy last Saturday in the final round playing against Mombasa Golf Club, Leisure Lodge, and Malindi Golf Club team members in official team attire front row [from left] Tony Mbote, Roy Maina, Karan Inamdar, Tahir Mohamed, Adel Balala, John Mburu, Emmanuel Lumatete. Back row [from left] Said Hamada, Tss Said, Abdul Sihag, Gael Ntore, Dominic Makau, Vishnu Dhutia, Gurbux Singh, Mussa Odada, Kopan Timbe, James Mureu and Taufiq Balala.

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THE GOLFER WHO SWINGS THE CLUB TO THE PARALLEL POSITION AT THE TOP (CLUBSHAFT PARALLEL TO THE TARGET LINE) IS USUALLY MORE CONSISTENT IN TERMS OF ACCURACY THAN THE PLAYER WHO DROPS THE CLUB WELL BELOW THAT POINT.

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A STUNTED TAKEAWAY CAUSES YOU TO OVER-HINGE YOUR WRISTS SO, DRAG THE CLUB WELL PAST YOUR RIGHT FOOT IN THE TAKEAWAY BEFORE SWINGING UP.

**EXCLUSIVE - GREG NORMAN'S 'GOLF LESSONS'**

## Kenya Records 10 Million Loss In Regional Tourney

NAIROBI. (Xinhua) -- On its return to Kenya after 14 years, Cecafta has recorded a deficit of about 10 million Kenyan shillings (about 135,000 U.S. dollars) as fans remained home or asked for free entry to watch matches in the Cecafta Orange Senior Challenge Cup in Nairobi.

Cecafta secretary general Nicholas Musonye said on Friday the fans showed little interest to go to the venues of the matches either in Mombasa in Western Kenya or Nairobi and has only recouped one million shillings after staging 24 matches.

The event concludes on Sunday with champions Uganda facing Rwanda in the defence of their title. Musonye said unlike other regional countries, Kenyan fans are very hard to work with and don't offer football enough support.

"It's very disappointing. We have realized less than a million from these matches, yet our budget was 40 million shillings," said Musonye. The secretary general questioned Kenyans' love for football saying they had staged the tournament to Kenya with the hope that the stadium will be houseful.

"Cecafta tournaments had not taken place in this country for 14 years. Against advice of other members, we pushed for having the tournament in Kenya because we felt we needed to encourage them to host tournaments," he said. "It was a great mistake."

So dear the situation seems to be, that when host Harambee Stars were playing Zambia in the opening of the tournament, only 5,000 people made it to Nyayo National Stadium compared with a sell out during the World Cup qualification campaign.

"We must change our attitude. I am Kenyan but it has been proved Kenyan like free things. Even the few fans that turned out, they wanted to enter free," said Musonye.

Things were bound to get worse for Cecafta, after Kenya were bundled out of the tournament, crashing 1-0 to arch rivals and current Cup holders Uganda in the quarter finals on Dec. 7.

Since then, echoes of players and the referees' whistles were the only sounds in the stadium, despite the match quality. The matches have been played on nearly empty stadia.

Currently, the association is operating at a 10 million shillings deficit, from the initial 40 million shillings budget.

"We only have about 18.5 million shillings from the corporate sponsors. Orange came in with 13 million shillings as title sponsors if you do the math, we have a huge deficit. I guess we will just have to borrow or get from somewhere, but we must see a fruitful conclusion on Sunday," he added, saying that it was only the corporate world, who can save football in Kenya.

Eisewhere, Cecafta has registered huge surplus of up to five million shillings especially in Tanzania, Rwanda and Uganda.

"My advice to Kenyans is that local corporate must consider making sponsorship that takes care of all major expenses of sporting tournaments, otherwise it will be difficult for anyone to host good international events in this country."

Comparing Kenya fans to those from other countries, "Kenyans are far from getting anywhere near Tanzania or even Rwanda".

"I dare say even Somalia, of all places, there is better following of football than what we have here in Kenya" said Musonye.

# Moyas Clinch Jamhuri Cup By Defeating True Colour

Ministry of Youth Affairs and Sports (Moyas) women soccer team clinched this year's Jamhuri Cup when they defeated 2008 holders, True Colour 9-8 on post match penalties during the final match played at Shimanzi Ground.

Moyas booked their final place after crushing Furaha of Kilifi 4-0 with True Colour qualifying for the final when they beat Mombasa's Solwodi 2-0.



Soccer Scene with Abdourenman Sharm

In the quarter finals, True Colour knocked out Solwodi 'B' after whipping them 8-1, Solwodi 'A' hammered Mtomondoni 11-0, Furaha beat Moving the Goalpost (MTG) 2-0 and Moyas recording an easy 6-0 win over Soccer Sisters.

Assistant Sports Commissioner, Jackson Indakwa and Coast women soccer coordinator, Asha Pili Ramdhani were among thousands of soccer fans who watched the Jamhuri Cup competition.

Indakwa called upon young girls to take keen interest in the sport for the standard to raise in Coast Province.

Meanwhile, Moving the Goalpost of Kilifi asuffered their heaviest defeat in ladies soccer when Unicef Coast Women League leaders Spedgah hit them 10-2 in a match played at Shimanzi ground.

However, the result of the match did not reflect the true picture of the game itself as MTG displayed an entertaining soccer which had the crowd on their toes.

Their midfielder Mbeyu Akida

was the star of the match.

Spedgah prolific striker Sharon Bushnei scored five goals, Milka Otieno netted a hat-trick while Jacklin Ogo and Alya Mohamed scoring a goal apiece.

MTG got their goals via Mbeyu Akida and Shariette Douglas.

In another development, a goal in each half by Abdulhakim Mohammed and Ali Msalam enabled Muslim Education Welfare Association (MEWA) to beat Mikindani Youth Project 2-0 and lifted the KANCO Cup during a final clash played at Bangladesh ground.

MEWA were awarded one glittering trophy and one football while Mikindani Youth Project was awarded one football by Patrick Mwai, the Coast Region KANCO Coordinator.

Other dignitaries included the Changamwe CACC co-ordinator Rose Geno.

The tournament consisted of a total of four teams- MEWA, WEMA Centre, Hope Worldwide and Mikindani Youth Project.

On their way to the podium MEWA thrashed Hope Worldwide 6-5 on post match penalties while Mikindani Youth

Project eliminated WEMA Centre by a solitary goal.

The tournament was organised by Mikindani Youth Project and funded by KANCO (Kenya Aids NGO's Consortium) as part of the post world AIDS Day.

In another match at the same venue, Green Bombers' Maurice Ocholla scored a double to defeat Reggae Boyz 3-0.

Bombers drew the first blood in the 17th minute and added the second goal in the 41st minute, through Maurice Ocholla.

Hassan Lewa wrapped the match in the 86th minute.

Both teams were awarded a set of VCT awareness T-Shirts.

The match was part of a series of activities organized by Mikindani Youth Project and funded by National AIDS Control Council to promote Voluntary Counseling and Testing (VCT). A total of 110 clients were tested for VCT.

Spartak Moons beat Kikulacho FC 3-2 in a FKL under-15 Cup soccer competition match while Congo Kids defeated Mzimiza 3-0.

Sparki Youth drew 1-1 with Action Boys and West Ham beat Ziwani Youth 2-0.

Sopartak Moons settled to a 1-1 draw with Coastal Kings and Everton drew 1-1 against Sdy Sparki Youngsters.

## Angola Expects 8,000 Foreign Fans For The African Cup Of Nations

LAGOS. (Xinhua) -- Angola, hosts of the 27th African Cup of Nations, are expecting no fewer than 8,000 foreign fans with the majority coming from Nigeria and Cameroon.

Antonio Manguera, the executive director of the Local Organizing Committee, told cafonline.com that the country was also expecting more fans to come from their neighbor Mozambique.

"We are not sure the number of the fans who will visit since it is the first time for Angola to host a competition on such a great scale," he said.

"The number of fans will largely depend on the appetite of supporters following a particular team.

"We can imagine that Cameroon and Nigeria will bring sizeable supporters but as for Mali, Malawi and Benin, things will be different," he added.

"It is estimated over 8,000 overseas fans will visit and we are in partnership with the Ministry of Tourism to draw home crowd," the official said.

He said the figure was based on the number of the last edition of Ghana in 2008.

Manguera said facilities for the three-week competition were about 85 percent ready, noting that their only concern was that they would not be tested before the tournament kicked off on Jan. 10.

He said the accommodation about all four centers had been completed and the working staff were now concentrating on the arrangement of media, sponsors and other guests.

Luanda, Cabinda, Benguela and Lubango are the four host cities of the championship, which are expected to be inaugurated between Dec. 27 and 30.

Manguera said it is of great significance for Angola to host the game.

"As a prelude to the World Cup in South Africa, we will also portray that Africa can organize big events by staging a successful tournament," he said.

"The tournament has also led to the development of infrastructure with the construction of four new world-class stadia and the renovation of 13 others," he added.

"Through the tournament, we are also sending messages that Angola is a nice country, the war is over and we are united. It is also an opportunity to recover our pride," the official said.

The tournament's executive director said they had drawn up a program that would end with the presentation of the trophy to the winners and passing the mantle to the next hosts, Equatorial Guinea and Gabon.

# Kenya Racing Team To Start A Media Academy Next Year

Members of the fourth estate can now look forward to pleasant racing opportunities after Kenya Racing Team Limited (KRT) unveiled far-reaching training programmes during the weekend's Media Rally.

The event, staged at Jamhuri Park racetrack on Friday and Saturday, brought together top media personalities drawn from the print and electronic stations.

KTN's Josephat Langat and Sabina Chege of KBC emerged the winners with Citizen TV's boss Wachira Waruru claiming the CEO diadem.

In his closing remarks, KRT boss Ben Muchemi said the Ministry of Sports will next year provide a parcel of land where the rally academy will be situated.

"The academy is not only a means of enticing newcomers into the sport, but also a vigorous campaign to sensitize members of the public and the rallying community against the perils of the notorious night racing that is gradually claiming lives of very young and prospective rally drivers," Muchemi said.

The winner of the 2009 Media Rally, Langat, got a shot in the

arm when KRT lived up to its promise to facilitate a free drive to the 2010 Safari Rally.

Langat will also benefit from pre-event training, spare parts, backup, a Subaru N-series car and a service crew courtesy of KRT.

The weekend event was an exciting showdown staged in simultaneous 'head to head' fashion but not without a thrilling knock-out format at which slower drivers were falling by the wayside as the race wore on.

Indeed, the final-shootout in the men's class pitted Langat against Citizen Radio's

Raphaela Karanja but it was the former who really had the last laugh.

Langat set the fastest time of the day in his last attempt when he cleared the 2.1km circuit in 2:24.60 minutes.

Langat was excited by the fact that he was 10 seconds slower than the route closer and rally ace Asad Khan "Kalulu".

Kalulu is the reigning Division Two Champion in the 2009 KCB Kenya National Rally Championship (KNRC).

Traction was a predicament in the early morning run; impeded by the damp surface but timings were enhanced in the afternoon

run when the courses turned out to be compact.

Karanja ended up rolling the N10 Subaru Impreza under pressure while trying to chase the 'flying' Langat.

Incidentally, Karanja landed back the N10 machine back on its four wheels.

Karanja said it was a good experience though with "ups and downs."

"Apart from the crash in the finals, the times I posted were quit satisfactory. Pressure was building up because we have known each other very well," said Karanja.

Langat, on his part said: "The

win was not a surprise more so when I set the quickest time (2:44mins) in the early morning run and I realized no one could surpass it."

RESULTS WOMEN: 1. Sabina Chege (KBC Coro) 2:37.89, 2. Jedidah Weru (Flame Tree) 2:40.21, 3. Pauline Shenghu (KBC Metro) 2:52.09, 4. Patricia Mwangi (KBC) 2:57.59, 5. Carol Syumbua (Citizen Radio) 3:07.59.

MEN: 1. Josephat Langat (KTN) 2:24.60, 2. Kimaru Kipchilat (KBC) 2:29.34, 3. J Kimaru (Standard) 2:34.39, 4. Robert Soi (KTN) 2:42.66, 5. Raphaela Karanja (Citizen Radio) 2:52.66.

# NYALI OPEN CHAMPIONSHIP 2009

This year's Championship is generously sponsored by Kenya Tourism Board.

The Nyali Open Championship will be played over 54 holes - 18 holes to be played on the morning of 19th December, 2009, 18 holes on the afternoon of the same day and 18 holes on the morning of 20th December, 2009.

Being the last event on the calendar of the Goller of the Year event, the tournament has attracted most of the top golfers in this country.

GOTY is kindly sponsored by Kenya Data Networks.

The condition of Nyali Golf Course is in good shape and top players from our Country have already signed up to participate. Amongst the confirmed participants as of now are Muthaiga's

Stefan Andersen a +2 handicapper, a good number of scratch handicap - Limuru's Francis Kimani, Leisure Lodge's Hiten Kumar, Vet Lab's D. Opati and B. Simwa among others.

Marek Kalina of Golf Club Karlov Vary (GCKV) is the only foreign golfer.

Handicap limit is 14 and under but in the event of over-subscription, elimination will be on Handicap basis.

Nyali Open Championship 2008 Results:

Gross Winner: Greg Snow 212, 71, 74, 67, R/Up: Paul Thuo 223, 77, 74, 72,

Third: Amos Kamau 227, 75, 73, 75;

Nett Winner: Khush Malde 213, 74, 70, 69, R/Up: Gael Ntore 213, 66, 74, 73;

Third: Taib Ali Taib 216, 73, 88, 75.

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## THE FESTIVE SEASON STARTS EARLY FOR KIDS IN VARIOUS HOMES IN MOMBASA



Children from Olives Rehabilitation School seen with their volunteers - Hannah Kelleher (left), Sophia Hughes (right) and Nyali Cinemax Marketing Manager Sapna Sachania during their visit to the movies.

## Nyali Cinemax Gives Special Christmas Treats To Children

The Directors and Management of Nyali Cinemax gave a special Christmas treat to kids of various homes around Mombasa.

The children were not only treated to a special movie showings at the end of November and last week, but they also got to enjoy the treat with free popcorn and soda given out by the Cinemax.

Most of the children had never been inside a cinema auditorium and were amazed with the whole experience.

The following schools had come in for the 2 special screenings:

1. Olives Rehabilitation School, 2. Mombasa Childrens



Rose May Ouma from Nyali Cinemax handing out Sodas and popcorn to each child from Hannanet Children's Home. Looking on is Rotaract Club of Mombasa Chairman Abraham Wachenje.

Home, 3. Good News Childrens Home, 4. Rape Victims Rehabilitation center-Mombasa, 5. New Life Children's Home, 6. Hannanet Children's Home (Mtwapa).

The showing for this group was arranged in conjunction with members of Rotaract Club of Mombasa.

Olives Rehabilitation School volunteers have posted the children's view of the movie experience at the Cinemax in their blog.

It is a truly heartwarming read as for many of us going to the movies is taken for granted, for some, it's the highlight of the year.

http://gviolives.blogspot.com/

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## KENYA TIDE TABLES

MOMBASA, December 18 - 24, 2009

**FRIDAY** High Water - 3.3 m. at 05.01 hrs. (5.01 a.m.) and 2.8 m. at 17.34 hrs. (5.34 p.m.). Low Water - 0.4 m. at 11.24 hrs. (11.24 a.m.) and 0.7 m. at 23.12 hrs. (11.12 p.m.).

**SATURDAY** High Water - 3.2 m. at 05.31 hrs. (5.31 a.m.) and 0.4 m. at 11.54 hrs. (11.54 p.m.). Low Water - 0.7 m. at 11.54 hrs. (11.54 a.m.) and 0.7 m. at 23.45 hrs. (11.45 p.m.).

**SUNDAY** High Water - 3.2 m. at 06.03 hrs. (6.03 a.m.) and 2.8 m. at 18.36 hrs. (6.36 p.m.). Low Water - 0.5 m. at 12.24 hrs. (12.24 a.m.).

**MONDAY** High Water - 3.0 m. at 06.34 hrs. (6.34 a.m.) and 2.7 m. at 19.07 hrs. (7.07 p.m.). Low Water - 0.8 m. at 00.19 hrs. (12.19 a.m.) and 0.6 m. at 12.54 hrs. (12.54 p.m.).

**TUESDAY** High Water - 2.9 m. at 07.07 hrs. (7.07 a.m.) and 2.7 m. at 19.41 hrs. (7.41 p.m.). Low Water - 0.9 m. at 00.57 hrs. (12.57 a.m.) and 0.7 m. at 13.24 hrs. (1.24 p.m.).

**WEDNESDAY** High Water - 2.7 m. at 07.42 hrs. (7.42 a.m.) and 2.6 m. at 20.22 hrs. (8.22 p.m.). Low Water - 1.0 m. at 01.37 hrs. (1.37 a.m.) and 0.8 m. at 13.58 hrs. (1.58 p.m.).

**THURSDAY** High Water - 2.5 m. at 08.24 hrs. (8.24 a.m.) and 2.6 m. at 21.14 hrs. (9.14 p.m.). Low Water - 1.1 m. at 02.24 hrs. (2.24 a.m.) and 0.9 m. at 14.37 hrs. (2.37 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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