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Issue No. 3249 December 04 - 10, 2009

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His holiness Purshotam Priyadasi Swamishree

Spiritual

ader

Journey

His holiness Purshotam Priyadasi Swamishree, spiritual leader of Shree Swaminarayan community, has jetted into Kenya to conduct prayers both in Mombasa and Nairobi, writes Tobby Otum.

His holiness arrived at Mombasa's Moi Inter-national airport on a Kenya Airways flight connected to Nairobi from India.

He was accompanied by another spiritual leader and twelve saints and they were all received at the airport by Kenya Transport Minister Hon. All Mwakwere.

Others at hand to wel-come him were Mombasa Mayor Ahmed Mohdhar and Coast Provincial Commissioner Ernest Munyi among others.

Speaking on his arrival the spiritual leader said he was in the country for the second time after his last TURN TO PAGE THREE

rena Beach Rated

Serena Beach Hotel and Spa was been declared winner of the prestigious silver award for 'The Best Hotel in Africa' during the annual Virgin Holidays **World Travel Market** (WTM) Awards Ceremony that was held in London earlier this month.

The winners were determined by customer response surveys that Virgin Holidays give to all their guests to complete upon their return from a holiday.

Serena Beach Hotel and spa

'SERENA BEACH HOTEL AND SPA' RECEIVES SILVER AWARD FOR BEST HOTEL IN AFRICA

received a remarkable satisfaction rating of 95 per cent from its quests.

Upon receiving the award, the Serena Hotels' Managing Di-rector, Mahmud Janmohamed admitted:

"This acknowledgement from both our clients and Virgin Holidays is of great importance to use as a company; it justifies the immense work done by our team in an effort to establish The Serena Beach Hotel and Spa as

the choice venue for travelers visiting the Kenyan coast.

"It is, indeed, with great honour that we accept this award".



/IRGIN HOLIDAYS WINNER



Serena Hotels' Managing Director Mahmud Janmohamed is seen [right] while receiving on behalf of Serena Beach Hotel and Spa the prestigious silver award for 'The Best Hotel in Africa' troma Virgin Holiday executive during the annual Virgin Holidays World Travel Market (WTM) Awards Ceremony held in London.



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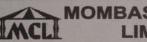
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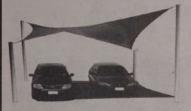
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Mombasa Academy **Presents** Concert

Mombasa Academy is proud to present their TRIBUTE TO MICHAEL JACKSON" concert on Thursday 10th December in their Main School Hall.

The evening, beginning at 7.00 p.m., will include a range of songs and dances all dedicated to MJ, as well as an African Fashion Wear Show, displaying different costumes from all over Africa, including Morocco, Nigeria and Kenya.

Tickets are on sale on the evening, priced at K.Shs. 150/- for adults and K.Shs. 100/- for children.

Everyone is invited to come along and enjoy what is sure to be a wonderful

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MALINDI, DIANI AND LAMU PLEASE NOTE - COASTWEEK NEW TELEPHONE NO'S: MOMBASA 2230125 AND MOMBASA 2230



Malindi Music Festival for Children Saturday, 5th December 2009

Former Sinbad (next to the Casinó), Lamu Road From 10.00 a.m. to midnight

Free entrance



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Rotary Club of Mombasa Central decided to take a drive to the wild side of Mombasa, last Saturday, November 28, 2009.

No the Rotarians were not going to see the wildlife that the Coast Province has to offer ... but visiting areas that many are not even aware of.

The destination was Marimani Primary School, in Mwakirunge in Kisauni.

The Rotary Club of Mombasa Central has always had a soft spot for the school and has previously constructed a class room block for the school.

In later years the CDF and LATIF have constructed structures that remain unfinished to date, nonetheless the school is lucky to have these structures.

The Rotary Club of Mombasa Central decided to locate a water well within the school's compounds for the use and benefit of the local community.

Work started in earnest under he watchful eye of Rtn Eric Levi and his team and after a few litches and hindrances the well was finally completed with a hand

Rotarians Provide Water For Marimani Primary School In Mwakirunge Kisauni



President Emmanuel Mkok shakes hands with the vice chairman of the local committee, looking on are Rtn Brian Twinamasiko and school head master, with other committee members and Rtn Eric Levi and Rtn Mark Solomon.

pump installed and the well covered.

The community is already using the water and though not safe for drinking the water is actively used for farming and domestic chores.

A committee formed of the local people of the area was on hand to receive the members of Rotary Club of Mombasa Central and were ready to slaughter a goat for the visiting Rotarians to show their appreciation and express their gratitude for locating the water well in that area.

The goat was declined and after a general meeting with the committee the well was officially handed over to the community.

The headmaster of the Marimani Primary School was also acknowledged and commended for the very active

FROM 1ST DECEMBER 2009

NTEBBE · NAIROBI · JUBA · DAR ES SALAAM · ZANZIBAR · MOMBASA

role he has played in getting the committee and the Club together and acting as a liaison person.

and acting as a liaison person.

The water well would not be possible were it not for funds received from Rotary Club of Haarlemmermeerlanden in Netherlands and Rotary International and Rotary International and Rotary Club of Mombasa Central is grateful to its international partners for helping the Club ease the burden on the people in that area.

The Brother Club of Mombasa

The Rotary Club of Mombasa has 6 other water wells, two of which have been completed and four that are currently being worked on.

The Club meets every Monday lunch time at The Mission to Seaman at 12:45 p.m.

If you are interested to learn more about Rotary activities please visit our Club.

Shree Swaminarayan Community Spiritual Leader Holding Prayer Meetings In Mombasa And Nairobi



Kenya Transport Minister Hon. Ali Mwakwere (left) is seen with Hisholiness Purshotam Priyadasi Swamishree in the vip lounge on his arrival at Mombasa's Mol International airport.

Meets With Kenya Transport Minister Hon. Ali Mwakwere

FROM FRONT PAGE

year's visit when he was in Kenya in his mission to preach for peace and tranquility to prevail in world.

said the government welcomes the spiritual leader's to visit the country, as it was geared towards promoting the well-being of its citizens.

Terming the arrival as a bless to the country, Mwakwere said it had come at a time when the harmonized draft constitution had been unveiled.

The spiritual leader is ex-pected this morning to start conducting special prayers in Mombasa that will run for five



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LLYWOOD RELEASES

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Fri.- 6.45pm; Sat.- 4.30pm Sun.- 7.15pm; Mon.- 6.45pm (Ticket includes a FREE HOTDOG) Tue .- 6.45pm; Wed .- 9.15pm; Thur. - 6.45pm

COUPLESRETREAT

ri.- 9pm; Sat.- 3.45pm & 9.30pm; Mon.- 9pm (Ticket includes a FREE HOTDOG); Tue.- 7pm; Wed.- 7pm

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Mon.- 3.30pm (Tickets for londay show include a FREE HOTDOG): Wed. - 6.15pm

LAST SHOW!!! THE FINAL **DESTINATION - IN 3D** Sat.- 2pm

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BOLLYWOOD RELEASES

FROM THE DIRECTOR OF SUPER HIT 'CHEENI KUM COMES A VERY RARE FATHER-SON STORY



Abhishek Rachchan Vidya Balan, Paresh Rawal

Fri.- 9.15pm; Sat.-6pm & 9.15pm; Sun.- 1.30pm, 5.30pm & 9pm; Mon.- 9.15pm (Price includes a FREE HOTDOG); Wed.- 9.15pm; Thur.- 9.15pm

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AT Bollywood Bites

Buy ONE DOSA get ONE FREE Every Thursday WORLDWIDE RELEASE AN UNUSUAL FILM, WITH AN UNUSUAL STORY LINE AND CAST

Watch Martial Arts Action Thriller At Nyali Cinemax

OPENING AT the NYALI CINEMAX and worldwide simultaneously, is a very unusual film, with an unusual story line and cast.

In the R. Balakrishnan (Cheeni Kum) direction Paa the father is the son of the son

There is a very rare illness in this world that is called Progeria.

Those born with that illness age physically more quickly than a normal person.

Thus we have old Auro who is just a teenager but looks almost

Auro is happy in his own world which he shares with his olitician dad Amol, mother Vidya who is a doctor and grandfather Mr. Arte.

He, however, has a problem fitting into what we call the normal world because of his appearance, even though he is mentally just a young boy.

Now Auro is played by Amitabh Bachchan and his on-screen father is Abhishek Bachchan, thus reversing their actual roles to pull off a rare performance

Vidya Balan is Auro's mother Vidya and Paresh Rawal plays his grandfather.

Classic case of role reversals

The second new film at the CINEMAX is the martial arts action thriller, Ninja Assassin Harris, Ben Miles, Sho Kosugi

Saved from the streets by the Ozunu Clan, Raizo is trained to be a ruthless and deadly assassin

The young man is the best in what he does, and he does it with no qualms at all.

But when his friend is killed by the Clan, Raizo does not want to carry on with this life so breaks all ties with them.

He bides his time waiting for that opportunity where he can carry out his revenge.

Meanwhile, Europol agent Mika Coretti has discovered a connection between politicial

CINEMAS with

Anjum Asodia

murders and a money trail which goes all the way the Far East.

As she digs deeper, against the advice of her superiors, she ends up assassins, who are of course headed by the Ozunu Clan.

The highly accurate and lethal Takeshi is sent with his team to ensure that their murky secrets are not let loose by this young lady.

Raizo gets drawn into th battle as he saves Mika but he knows that this is only the start of a war that will end with either their deaths or that of the Clan

Patrons please note that Ninia Assassin, which is releasing with Nairobi is for adults only due to some very violent scenes in the film.

Catch up on the most Vince Vaughn, Jason

Bateman, Jon Favreau, Faizon Love and Kristin Davis in the comedy, Couples' Retreat.

Vampires come alive in The Twilight Saga: New Moon which stars Robert Pattinson, Kristen Stewart, Taylor autner, Ashley Greene, Michael Sheen, Dakota Fanning and Nikki Reed

The film is still breaking box office records, two weeks after it's release here in Kenya.

The sci-fi end-of-the-world theory film 2012 does not seem to have scared many people as they are still flocking the theatre to see it for yet another week

2012 stars John Cusack Chiwetel Ejiofor, Amanda Peet, Oliver Platt, Thandie Newton, Danny Glover and Woody Harrelson in the lead.

Catch the last show of the adults only The Final Destination (in three dimension on Saturday afternoon) at a very special price of 180/= per person.

The Hindi fare carries on with Akshay Kumar, Katrina Kaif, Suneil Shetty, Paresh Rawal, Neha Dhupia and Sameera Reddy in Priyadarshan's De Dana Dan.

If you have not seen Karan Johar's *Kurbaan* starring Saif Ali Khan, Kareena Kapoor, Vivek Oberoi, Diya Mirza and Kirron Kher, you are missing a

Even if you just want to enjoy the moto moto scenes between real-life couple Saifu and Bebo, it will make your

morning for Ranbir Kapoor and Katrina Kaif in *Ajab Prem Ki* Ghazab Kahani

STARCAS

See if you can get your lods -you've got any - to hang out to 'our energy is much more char so one way or another, you're at your best when interacting with others in the same frame of mind.

others in the same rame of mind.

Capricorn (Dec. 22 - Jan. 21)

You can't help worrying - some might say that it's what you do best! They're wrong, of course (and mean), but inght now it feels as I they're on to something. Try to let go of what you can't control

Aquarius (Jan. 22 - Feb. 21)
Someone is trying to explain
something to you, and you might
not be able to hear them out. Its

Places (Feb. 22 - Mar. 21) You thinking is a little fuzzy today, but that can yield incredibly creative answers if you let ift Don't let yourself get lied down by anyones preconceived notions of what can work and what can't.

Whatever happens today, you are sure to avoid boredom! You maintain a steady level of actively that keeps you fully engaged and ready to strike when opportunity inevitably comes knocking.

Taurus (April 22 - May 21) Try

Gemini (May 22 - June 21) You drawn into some else's strange world.

Cancer (June 22 - July 21) Yo

Leo (July 22 - Aug. 21) You're having more fun than usual, which for you might be saying quite a bill See if you can get your friends to in you in your quest for knowedge, as it should lead you in some Interesting new directors.

Virgo (Aug. 22 - Sept. 21) Your feelings are tending toward suberant right now, and you need to make sure that you're sharing that with as many others as a second sure that you're sharing that with as many others as a second sure that you're sharing that with as many others as a second sure that you're sharing that with as many others are the second sure that you have the second sure that you

Libra (Sept. 22 - Oct. 21) You may ast keep from impeding your

Scorpio (Oct. 22 - Nov. vigour as possible - you need a check every last detail if you wa to succeed! That might not be yo way on most days, but you can make it work now.

Last Chance To See Children's **Ballet Show Hansel And Gretel**

The Coast Arts and Theatre Society wishes to remind you that this

evening at 6.30pm at the

Mombasa Academy is your last chance to see the children's ballet Hansel and Gretel.

The youngest students, some only 4 years old are the adorable rabbits.

The slightly older children are the dainty flowers, butterflies and good spirits and they are all dancing with grace and confidence

The tap dancers take the roles of menacing trees, skeletons, bats and spiders.

It is pleasing to see a boy dancing as Hansel and Neel Patel is performing very well in this his first major role.

The part of Gretel is danced with great charm by Imaan

Aika Patel and Kharishma Bhaghani have starred in many

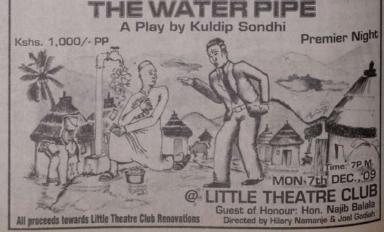
of Jean Hughes's shows and in this production Aika is the Candy Witch and

Karishma the poor henpecked Father who is forced to do everything he is

told by his very dominant wife (Ria Sanghavi)

supplied by the rather overweight but very lovable Grandma danced by Jaqueline

Tickets for 'Hansel and Gretel' are available from Forget Me Not in Ratna



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Malindi Music Festival For Children



SHOW STOPPERS - Traditional Sengenya dancers -[above] prepare for the 'Mailndi Music Festival' as some of Kenya's top local musicians [right] set up their stage and lights and sound equipment. Main entertainment focus for Kenya North Coast this weekend is 'Malindi Music Festival for Children' being held on Saturday, December 05 from 10.00 a.m. until midnight at former 'Sindbad' adjacent to Malindi Casino.

A celebration of both local culture and ethnic diversity the festival is being launched by CISP (International Committee for the Development of Peoples), in collaboration with Malindi and Watamu Tourism Weltare Group. The programme is also supported by UNICEF and a large number of Malindi and Kenya wide based businesses.

A spokesman for the event announced: "The Festival will showcase a multicultural blend of local musical talents and a long list of big Kenyan musical celebrities."



THE TAMARIND THIS WEEK

Mr. and Mrs Gaylor!

Mr and Mrs Gaylor [seen inset] on board the Tamarind Dhow spending their first

their first days of their married life together. The romantic ambience,

The romantic ambience, the cool sea breeze and the

and the sweet soothing tunes from the Resident Band took their breath away as they sailed off on a four hour magical cruise.

A special dessert was prepared for them and all on board joined in to wish them a happy life together.

For more information on wedding packages, please contact us on the below numbers and we will make your dream come true - Faiza Ayub.

For reservations, please call 474 600/1/2 or 0733 411 011





Research Into 'Harmless' Chatter - Does This Mean That Our Road-Safety Advice Needs To Be Revised?

This week we will revisit of use of mobile phones while driving.

In Kenya the rule is clear - we shall not use a mobile phone whilst driving.

However, the challenge has always been that if there are issues with the use of mobile phones whilst driving should there not then be issues with operating and listening to a radio or even other passengers when one is n charge of a motor vehicle of any kind?

It is a fact that many countries have made it illegal to use a hand-held mobile phone while driving.

Kamugunda Some countries allow the use of so called hands free devices but even these have to be operated at some point.

The issue we revisit this time is not the operation of the phone but the effect that conversation has on the driver.

Latest research confirms that the danger lies less in what a motorist's hands do when they takes a call than in what the conversation does to their brain.

It concludes that even using a hands-free device can impair a driver's attention to an extent that it could increase the likelihood of impaired judgement.

Kachumbari told me of some researchers who ran a series of experiments in which two groups of volunteers had to pay attention

and respond to a series of moving tasks on a computer screen that were considered to be equivalent in difficulty to driving a motor

One group was left with no distractions at all while the other had to engage in a conversation about their hobbies and interests using a speakerphone.

The results of this experiment showed that those who were carrying out tasks with distractions had a slower reaction time than those who were not to an extent of almost a quarter of a second

At a speed of one hundred kilometres an hour that would

translate to an extra six metres of stopping distance.

The experiment also revealed that the group that had distractions were making significantly more errors in their tasks than those who were not

To try to understand more about why this was, the researchers tried two further

In one, members of a group were asked simply to repeat words spoken by the caller.

In the other, they had to think of a word that began with the last letter of the word they had just heard.

CoastDrive

with Teti

talking.

Those only repeating words performed the same as those with no distraction, but those with the more complicated task showed even worse reaction

They were off by almost half a

This suggested hat when people have to consider the information they hear carefully, as they might when making decisions about a business deal, it can impair their driving ability significantly.

It then begs the question as to whether people chatting in a vehicle and engaging the driver can have the same detrimental effect on driving.

Earlier studies had apparently found that it does not.

Those studies analysed the performance of young drivers using a vehicle simulator.

It was found that when using a hands-free phone, a volunteer drove significantly worse than he did when just talking to someone playing the role of a passenger

Passengers, the researchers believed, might even help road safety by commenting on surrounding traffic.

The studies also explored the effect of simply listening to something such as a radio programme.

For this they played a recording of something that the driver would be unfamiliar with.

Even though the test subjects were told to pay attention because they would be asked questions about the recording

afterwards, it had little effect on

The researchers concluded that having to think about responses during a phone conversation competes for the brain's resources in a way that listening to a monologue does not. This work suggests the same thing is true of the idle chatter of a passenger. a passenger.

Does this mean that roadsafety advice needs to be revised?

Most data available suggests that the use by motorists of hand-held phones is continuing to

The biggest culprits are drivers aged 16 to 24.

People texting while driving, or fiddling with an iPod, is also joining the list of things that worry safety officials.

Punishing people for using hand-held gadgets while driving

is difficult enough, even though they can be seen from outside the car.

Stopping people making hands-free calls would probably be impossible not least because more and more vehicles are now being fitted with the necessary equipment as standard.

What we need to do as responsible drivers if for us to switch our phones or iPods off altogether when we get behind the wheel.

This is the only way to ensure that we do not get tempted to use hand held devices whilst driving.

Who knows, we might even come to enjoy not having to take calls and be likelier to arrive in one piece.

Okay, brainy and beam

what makes you so son

that I am a married man

"That reminds me - m

mother-in-law is comit for a visit this weeken

"We don't have say! for you at the moner I'll put your name at

that in the first pla

exactly did you

As Kachumbari says, we should adopt the simple rule that says engine on, phones off.

This may save our lives







ADVERTISING

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Diani Forest Creatures Feature In Jacquelin Nazareth-Tomaschko's Book 'Come Find Me'

Well known Kenyan singer Jacquelin Nazareth-Tomaschko, has held a most successful launch in Diani for her new book on the environment, specifically written for children.

"Come Find Me" is a slim vo-lume that is entertaining and colourfully illustrated and is about some of the creatures and trees-found in Diani Forest.

It touches upon the habits of various species, the miracle of metamorphosis, food chains, simplicity of camouflage etc

The small fact file at the back nurtures parent/child discussion, and activity – a cultural tradition sadly missing in today's fast-paced life, which the author is trying to revive.

At the book launch at Ngin's restaurant, Diani, Jacqui was attired as Mother Nature - a tree bedecked with greenery and a toy colobus monkey sitting on her shoulder.

her shoulder.

Together with Nelmarie Sanders, the illustrator, they signed all afternoon, whilst kids coloured work sheets of the animals from the book, or sat enthralled, listening to fascinating facts and stories from the Colobus Trust midds.

The book is beautifully produced, the text kept simple, and the attractive illustrations saying as much if not more than the words.

Jacquelin envisions the book reaching all schools, however remote, along with her puppet show and self-composed sing-a-long songs relating to the

The author would also like to

see a forest day for each book she releases - a fun event for all to raise awareness and ap-preciation, inviting schools to show-case environmental pro-jects, music, theatre and dance, and "a treasure hunt filled with clues from Mother Nature.

Jaquelin, the female half of Fandango Duo along with her husband Peter, is internationally renowned for making music but she has much to say locally on another subject she is also passionate about — environ-mental education - hence this book.

"I lived in Diani, on the south coast mainland, for over ten

years, and I was recently reduced to tears upon returning to see the decimation of forest cover in what UNEP has claimed to be one of the last Coastal Rag Forests of the world, Diani Forest.

The alarming rate of de-forestation in our country due to the overwhelming greed of some people or the plain ignorance of its consequence is no secret"

But believing early education is a good way to address the problem, Jacquelin resolved to write a series of books on every Kenyan forest, portraying the fragile, critical balance between man and nature, and just how

dependant we truly are upon her bounty.

Deciding against waiting for spon-sorship with all its accompanying red tape, four months on sees her first book 'Come Find Me' filtering into bookstores with phenomenal response from kids and adults alike.

"Every drop of 'water' given to nourish this project will be rewarded ten-fold by 'Mother Nature' " claims Jacquelin. Jacquelin Nazarethemail contact:

acquelinnazareth@ fandangoduo.com

Part proceeds of Come Find Me will go to the Diani Colobus Trust who work hard to protect and conserve this particular forest.

report by Patricia Hughes Scott



Author Jacquelin Nazareth-Tomaschko [left] seen with her book 'Come Find Me' and her illustrator Nelmarie Sanders.

Michelle Silveira Is Among Top U.K. Community Pharmacists

achieved distinction as one of the five top **Community Pharmacists** in Great Britain in 2009 at the Pharmas Awards!

Michelle attended the Coast Academy and the Aga Khan Academy where she completed her GCSEs and A Levels respectively before graduating at The University of Nottingham, England, with a Masters in Pharmacy.

Since registering as a Phar-mačist, Michelle has worked at Boots UK Ltd., setting high standards in all areas, including:

- Innovative practice that has improved medicines utilisation
- Significant improvements in the quality of prescribing, dis-

pensing or administration of medicines

* Service developments that ensure patient access to high quality pharma-ceutical care and medi-

*Delivery of tangible and outstanding achieve-ments for the pharmacy and its patients.

Held at the National Motorcycle Museum, Birmingham, in a black tie awards gala, The Phar-mas Awards encom-passes all pharmacies nationwide.

They recognise exceptional teams and individuals from both community and hospital pharmacy across the UK and it presents an opportunity to celebrate those in the pharmacy



Michelle Silveira with her brother Mark Silveira are seen at the gala awards ceremony.

worthy of the highest possible recognition and accolades from their professional peers and colleagues. All the five short-listed nominees were invited as

guests of the Pharmas organisers to walk the 'red carpet' at the gala dinner and awards ceremony.

Michelle's brother, Mark Silveira, accompanied her to the awards ceremony.

to the awards ceremony.
Like Michelle, Mark was
a pupil at The Coast
Academy and the Aga
Khan Academy in Mombasa before attending the
London School of Economics, from which he
graduated with a BSc in
Economics and an MSc
in Accounting and Finance.

He attended Harvard University Summer School in Capital Markets and Investments.

the U.S. Congress.

Returning to London, he was sponsored by a top 10 British law firm, Norton Rose LLP, for the Postgraduate Diploma in Law and the Legal Practice Course at BPP Law School in London.

Mark then worked at Norton Rose for two years as a trainee solicitor

Following qualification, he spent three years as an associate at a major American law firm, Kirkland and Ellis LLP, practising corporate law.

corporate law.

MarkleftKirkland in November
2009 to join another US law firm
in London, Katten Muchin
Rosenman Cornish LLP, also as
a corporate lawyer.

Mark and Michelle are the
children of Hasu and Edmund
Silveira.





THIRTY ONE YEARS AGO

Coastweek, December 01 - 07, 1978:

'Coast Man For World Cup Cricket' was the front page report by sports writer Anwer Versi and detailed the exploits of Jaffery Sports Club' 18-year-old cricket prodigy Iqbal 'Pataudi' Walji who had been selected for the Kenya National Squad.

Omani Ambassador to Kenya Shelikh Salim Hakkim Al-Hassiby was visiting Mombasa Islamic educational facilities accompanied by Imam Shelikh Badi Muscat, Kenya Chief Kadhi Shelikh Abdallah Saleh Al-Farsy and Coast NUKEM leader Shelikh Ali Amin.

Kenya Cargo Handling Services managing director
Edward Halwenge was photographed with India's touring
'Gemini Circus International' artists then performing in
Mombasa and commented: "Kenya has a lot of talent. It is
time we had our own circus!"

Mombasa Womens' Association Secretary Mrs IIIa Budheo congratulated flower shower winners Mrs Saroj Shah, Mrs Kanti Shah, chairperson Mrs Kusum Modi and Mrs Neera Shah in a competition which drew more than 60 entries.

U.K. singing stars Julie Felix and Peter Brent were entertaining in Mombasa and Diani.

Dutch choreographer Helen Le Clerq announced she would soon start a 'Jazz Dance Academy' in Mombasa.

The 'Vikings Band' had returned to Reef Hotel after a successful tour in Europe.

Coast Tourist Officer Mohamed Ali was leaving on reassignment to the Kenya Tourism Bureau in New York.

Malindi entrepreneur Dick Soames had returned from Sevchelles to run a water-ski business at Kilifi.

KENYA Cinema was showing the sex-comedy 'Adventures Of A Private Eye" (the clever dick who uncovers everybody), NAAZ James Earl Jones in 'Deadly Hero', REGAL 'Executioners From Shaolin' and at CHOX it was Dharmendra in 'Do Chor'.

Letter writers included ISCOS Secretariat's B.
Mbakileki, Mrs Holde Meyer, Juma Mwayani, Mrs Mia
Dunford and Karim A. Karimjee.

DUNCAN RECORDS FASTES TIME IN CLASSIC RALLY 200

The 2009 Kenya Airways
East African Safari Classic
Raily finally ended on 30
November 2009 with lan
Duncan taking victory of the
famous world marathon
event after leading it from
start to finish.

The former Safari Rally champion and multiple winner of the Kenya National Rally Championship titles, scored a historic win over one of the best known world rally icon and defending Safari Classic Rally champion, Bjorn Waldeggard of Sweden.

"It is one of the sweetest rally victories of my life. It was hard work and at times stressful but the service crew did fantastic job.

"Amo was excellent and my sponsors could not have helped more than this. Goodyear, Sopa Lodges, CMC and Tangaza were great," said Duncan.

The Kenyan household name worked a strategy that, even one of the world's best known rally drivers, Bjorn Waldegaard could apprehend in his attempt to win the title for the second edition running.

"I was waiting for Duncan to have a major problem but he drove very well and technically good. His preparation on the Mustang was excellent and it proved a good car. I will keep coming to try and win the rally," said Waldegaard.

One would have expected Duncan to ease off of going into the final day with a comfortable good lead, but that was the plan as he went quickest in all the remaining stages of the day to emerge winner by over a

10-minute margin ove Waldegaard's Porsche 911.

Waidegaard, winner of the Safari Rally on four different occasions and victor in three of the world's most punishing rallies in 1977; the East African Safari Rally, the Acropolis Rally, and the RAC Rallywas placed second overall.

Jonathan Savage and his sons Quentin and Russell made history by finishing the rally in

the 11th and 13th respectively.

S e n i o r Savage was in a Datsun 260Z and the boys in a Datsun 180B that not only finished the rally

three second fastest time in the final sections of the competition.

Aziz Tejpar and Andy Nagi finished in the 12th on their Classic Rally debut driving a Ford Escort.

Malindi-based Stefano Rocca ended the rally with fastest stage time in the last section. His 203/ 05 winning Datsun 260Z was placed in the 16th placed.

Kishen Bandheri and Keith Henrie brought their "tired" looking Datsun 1600sss to the

thin the elition.

I lan Duncar/Mase elition.

Nagi their aFord dara/Igbal Sagoo (Pos USA) 17:57:23, 3wes Staffan Parmander Date (Stage GB/S) 18:55:51, 4 g Marcy/Stephane Premis 203/ I B/B) 19:20:52, 5 h Flohr/Didier Breton (Pos CH/F) 20:10:27, 6 g Alexander/Ross Rott tired (Datsun 2007 Am 20:37:18, 7, Steve In Calvin Crolector (President Control of Christian Control of Christian Chr

FIDEN 1920-52, 5. The Flohr/Didler Breton (Pones CH/F) 20:10:27, 8. ge. Alexander/Ross (Datsun 2602 Author 2602 Au

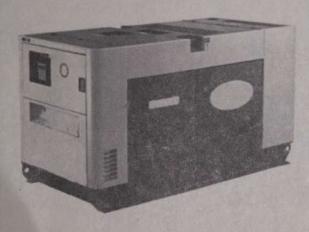
Former national charge veteran raily drives holden days, Jayant su Lofty Drews brought manager to the 22nd place.



lan Duncan taking victory of the famous world marathon event Kenya Airways Safari Classic after leading it from start to finish.

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THREE YEARS! Nixon Ooko [third right], Fly540's Operations Director joined members of the airline's cabin crew staff in a cake cutting ceremony to mark the Company's third anniversary during a party held for the staff at the Carnivore Restaurant.



Seen [from left] Private Safaris Coast General manager Cleophas Mongare, Baobab Resort Manager Adam Sheikh, Proprietor Pets World Vet Clinic Dr. Mahnaz Musa, Severin Group Sales Manager Astrid Mergheim, C.E.O. Leisure Lodge Beach And Golf Resort John K. Mutua, Captain Voyager Resort Sylvester Mbandi and Director Mombasa Air Safaris Capt. Kevin Cleave.



South African Airways sales executive Ms Rehema Ibrahim presents a return air ticket from Nairobi to Jo'burg to Whitesands beach hotel Executive Sous Chef Raymond Mwabusa [right], after he won raffle ticket during the Skal Club International Kenya Coast, annual dinner held at Voyager beach resort. Lookin on is the clubs chairman Silvester Mbandi.

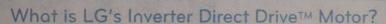


Mike Beiliere of medical Education Aid to Kenya (MEAK) showing image intensifier machine worth 40,000 pounds also donated by MEAK to the Coast General hospital. Looking on is Nyali Beach Hotel general Manager Charles Gichol. Mike Belliere is among the teanm of doctors from UK performing free surgery at the hospital the event which is being sponsored by the Nyali Beach Hotel.



Deputy group sales and maketing manager of Jacaranda hotels Kenya Ms Liz Tapawa [centre] shows guests some of the facilities at the newly opened jungle restaurant in Indian Ocean Beach Resort in South Coast. The guests who are employees of various companies in Nairobi were on a familiarization tour in Mombasa.

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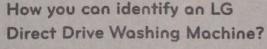


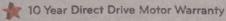
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Mombasa Academy Annual P.T.A Fun Day

hosted a highly successful annual P.T.A Fun Day last Saturday.

An enormous amount of effort was put into the 'live stands' which offered a variety of activities such as apple dunking, sponge throwing, electric maze, amongst others.

These events were

thoroughly enjoyed by the huge number of parents and students in attendance.

'Halloween' was the theme for this year's fancy dress show which turned out to be a spectacular display with children as young as under the age of 1 taking part!

The judges Mrs. Hughes and Mrs. Weeks had a very difficult

job this year as the standards were extremely high.

The fancy dress show was followed by a sporty wet balloon throwing contest which was messy indeed, but a huge success nevertheless!

Mr. Mansoor, the swimming coach took over the organisation of the disco competition where a lot of new dancing talent was discovered.

The Mombasa Academy Headmaster Mr. Josh congratulated the PTA Chairperson Mrs. Ulrike Allarakhia and her entire committee for organising yet another successful event and remarked that both parents and students were already eagerly awaiting the next one !



MOMBASA ACADEMY FUN DAY - Seen [from left] Kirtan Gor, Fareeha Vaiani, Kayla Jetha, Rohan Ahmed, Alyssa Jamal, Jessica Newton, Diya Khatow, Emma Rajabali, Aryen Muravvej, Ishav Suri, Mishal Lalani.

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Restaurant Mombasa hosted the Positive Action Committee for Kids ("PACK") Quiz night on Saturday 14th November.

It was a very entertaining evening with Jean Hughes keeping the 120 participants on their toes with a mixture of topical and 'head scratching' questions.

The South Coast was well represented by two teams, one

of which missed winning by just a single point!

They were pipped at the post by the Drunken Sailors from Mombasa, the team included Peter and Gill Talbot, Frances .. among others.

PACK ran a rolling PowerPoint

presentation throughout the evening to illustrate their work and acknowledge the sponsors and donors of the event.

Raffle prizes included accommodation at Tana River Delta, Satao Campand Elerai and many others thanks to the generosity

of Mombasa and South Coast contributors

uiz Night At Harbour Restauran

The Tamarind Restaurant and Golden Key Casino kindly donated a delicious Buffet dinner.

They did a wonderful organi-

been established at the hospital and some of the proceeds from the evening will go towards decorating it and making it more homely for the children who stay in hospital for long periods of

time during the three phases of their two and a half year treatment.

After our successful que we now look forward to the next fund raiser which is a Christmas Carol Service in Haller Park on 19th December at 6pm.

Please come and support the children again and enjoy mulled wine, mince pies and samosas with us after the service!



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Winners of the PACK quiz at the Harbour Restaurant, Tamarind Village. Seen [from left] PACK

committee member Emma Metcalfe, and 'The Drunken Sallors' Andy Burnard, Karen Burnard, Jili Talbot, Peter Talbot, Frances Lagoussis and Mike Rose.

sing job, provided a beautiful setting and great food.

An amazing 400,000/- was raised from ticket sales, the raffle, donations and an auction I

All proceeds go to the charity. PACK was started in 1999 and its founder member included Hugh Walters and Mike Bowen.

Hugh has served as chairman for ten years and has recently handed over to Palle Rune who, being retired, can devote more time to oversee the efficient workings of the organisation.

PACK has many donors, both local and overseas

Its main task is to procure chemotherapy drugs for children suffering from Burkitts Lymphoma.

This is a curable type cancer which usually shows itself as abnormal swelling of the orbital, mandibular or abdominal areas.

Sadly we see children who are grossly disfigured and are often brought to the Coast General Hospital when their condition is too serious to be treated.

PACK is currently distributing posters in clinics and on mobile units that go into the rural areas so that the folk will be educated and seek help early.

An isolation ward has recently



THIS WEEK IN PHOTOGRAPHS



FIBROIDS DISCUSSION. The Aga Khan University Hospital, Nairobi, (AKUH,N) has introduced an advanced fibroid treatment method known as the Uterine Fibroid Embolization (UFE). Professor William Stones [left], Chair, Department of Obstetrics and Gynaecology at AKUH,N and Dr. Patricia Muthaura [right], a Consultant Obstetrician, discuss their presentations with Ewinyu Alote [second left] and Millicent Pascal [second right], participants in a public education lecture on fibroid treatment options at the Hospital.

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His holiness Purshotam Priyadasji Swamishree the spiritual leader of the Shree Swaminarayan Gadi Sansthan community accompanied by Ramesh Sanghani during tree plantation at Nyali in Mombasa. His holiness Purshotam Priyadasji Swamishree the spiritual leader of the Shree Swaminarayan Gadi Sansthan community being assisted by the Sangani during the tree plantation at Nyali Mombasa.



The CMC General Manager David Holly [middle] congratulates Ian Duncan [right] and Amaar Slatch [left], at Sarova Whitesands Beach Resort and Spa on Tuesday after winning the 2009 Kenya Airways East African Salari Classic Rally. They were driving a No-2, a Ford Mustang.



CRJ-200 TWIN JET. Fly540 has acquired a 50 seater CRJ-200 twin jet to strengthen the airline's regional services. The aircraft will initially be deployed on the Nairobi to Entebbe route and will reduce the flight time to 50 minutes. In January Fly540 will introduce three flights a week between Nairobi and Bujumbura using the twin jet.

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I have always been in awe of people who have had the perseverance to create a living from their passion albeit a modest one, writes Dipesh Pabari.

When we first visited the Mijikenda workshop it was clear that this was more about the process rather than the products.

It was warm, welcoming, tidy and situated at the back of the family home.

'Mijikenda Workshop' Is Currently The On Professional Framing Shop On Diani Beat

The pieces on the wall each had a short story to tell unto themselves and many were clearly the realization of a mind enjoying the creation rather than determined to get the piece done.

Nicole Englefield, a long term resident of Diani Beach, and no

stranger to the rest of us residents opened the doors of Mijikenda in November 2008.

Always one to listen to a story of how it all began, Nicole recounted how she always loved the art of framing, as she did her own pictures, her own paintings

and her own mirrors

"Friends would often ask me to put something together for a family picture or painting or as a gift, so it really felt like a natural thing for me to do," explained Nicole. And when I asked her why she chose to call it Mijikenda: hammock is also one of their special and creative products, which is already well known and used in several homes across Diani.

Antique lovers will also find an impressive selection of selfdesigned, carved Zanzibar mirrors and frames.

And if anybody has got some thing special in mind, there is also a great selection of antique pieces, which you can choose for yourself to make a frame or mirror or anything else you have in mind. Nicole is always suggestions and keen something new and chart.

Definitely a place to the Location: The Mill Workshop is situated on Beach Road, Inshalas (neighboring Dani See

The workshop is open in 0800 hrs. -18,00 hrs. best to call Nicole in appointment (0734-70214)



Nicole Englefield in her workshop with Mijikenda products to be showcased at the Tamarind Christmas Bazaar.



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We are located on School Lane, Westlands, behind Sarit Center, Nairobi "All the craftsmen working with me are from the coast region, and therefore the workshop was named, "Mijikenda", which as you know means "the nine cities" and refers to the nine ethnic groups along our coast from the border of Somalia in the north to the border of Tanzania in the south.

The Mijikenda Workshop is currently the only professional framing shop on Diani Beach.

They specialize in custom made picture framing with professional set mountings in any color and finishing (fixings) which helps to protect special pictures and paintings for years to come.

Soon, Nicole and her team of craftsmen began to design and produce a huge variety of useful and unique interior items, ranging from mirrors, candleholders, carved ashtrays, doorstoppers, wine bottle holders, pin and chalkboards and so much more.

'QUALITY' IS ONE OF THE TOP PRIORITIES

Quality is unquestionably one of the top priorities for the Mijlkenda Workshop team but equally important to Nicole is the environment.

"It's not news that we are losing our hardwood forests and trees at an irreplaceable rate across this country, so we are intent on being as environmentally friendly as possible.

"Our choice of timber includes only reclaimed or naturally fallen hardwoods and antique Zanzibar carved wood from imported reclaimed doors, as well as local good woods such as Cyprus and Pine.

"We have also specialized ourselves in trying to make use of every inch of wood.

"Nothing should go to waste."
Nicole is always working on new ideas and pieces, which reassure one that none of the items, are mass-produced.

The giant Mijikenda all weather

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Seen [from left] Fatema Hassan, Alwy Sheriff, Mohammed Amersi and Zahra Gulamhusein.

Jaffery Academy Does It Again in Verse Speaking

Jaffery Academy was once again at the top in the inter schools verse speaking competition held on Saturday 21st November 2009 at Shree Swaminarayan Academy.

The competition open only to Nursery school children aged between four and six years, attracted six schools, namely;

Shree Swaminarayan, Jaffery Academy, Coast Academy, Oshwal Academy, Aga Khan Nursery, Loreto Convent and Almadraasa (MSB), Tiny tots.

Jaffery Academy, known by many as a powerhouse in sports, was not left behind in verse speaking.

Each school having two entries in each category, Jaffery Academy – Nursery was represented by; Fatema M. Hassan and Alwy Ahmed Shariff (Under 4 years) and Mohammed Amersi and Zahra Gulamhussein (Under 6 years).

Mohammed Amersi of Jaffery Academy went on stage with his poem, The Little Elf written by John K. Bangs.

His good tone variation and facial expression, accompanied by good use of stage confidence, stole the show and he clinched the first position in the Under 6 year's category.

Nairobi: T 020 3939000 | Mombasa: T 041 2317 445

Amazing Performance By Khushbu Desai Of Oshwal Academy At Her 'Arangetram'

For petite, beautiful and talented Khushbu Desai, October 11, 2009, was a special day.

She performed at her 'Arangetram' – a graduation in Indian Classical dancing which is a culmination of years of training in the South Indian classical dances including Kathak and Bharatnatyam.

The Barderi College Amphi

The Bandari College Amphitheatre was packed with 500 invited guests, friends, and relatives who witnessed Khushbu's graceful and extraordinary dance performance.

She has been under the tutelage of the well known Mrs Bhartl Pathak of Mombasa Shivam Performing Arts from the tender age of five.

Her parents Pankaj and Bhavna Desai have always supported Khushbu's love of dance, a talent they recognised when she was in her cradle!

Khushbu, adorned with dazzling costumes and exquisite jewellery performed ten dances over a period of two hours and portrayed endurance as well as emotional expressions during the entire show.

She excelled in the Jugal Bandhi dance which she performed while standing on the edge of a tray (Indian kathrot thaali) which was placed on a drum.

This dance was performed for the first time in Mombasa.

She also moved the audience



Talented Khushbu Desai seen after she performed at her 'Arangetram' – a graduation in Indian Classical dancing at the Bandari College Amphitheatre Mombasa.

to tears in one of her dance item which portrayed the emotions of a daughter separating from her parents for the first time, to make a life of her own.

Foram Desai and Priyanka Chotai the two MoC's did an excellent job with the introduction of the dances and kept the audience entertained during the short breaks.

The amphitheatre vibrated with applause from the audience

vases, and oil paintings, you can simply shop and make it come true!

when the results were announced.

She had passed with honours.

The presentation of the graduation certificate was made by her tutor Mrs Bharti Pathak and Dr Gor, Chairman of the Hindu Council.

The guests were treated to a grand dinner after the performance.

Khushbu is currently pursuing

her first year of A levels at the Oshwal Academy Mombasa.

Oshwal Academy Mombasa.

Besides her excellent academic achievements, she has also won awards in swimming, badminton and indiant dancing at the national level and was also awarded a certificate for completing her Presidential Awards Gold level.

- From Mombasa Shivam Performing Arts Mombasa

CENTRE









HITS-AT MOMBASA'S BEST FULL MOON DANCE PARTY

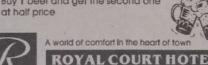
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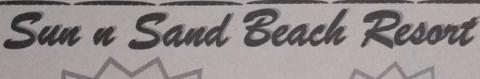
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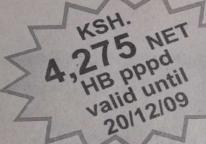
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Another Winner From Kuldip Sondhi

MOMBASA BASED THESPIAN WITH A MAGICAL TOUCH IN ALL HIS PLAY SCRIPTS

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Kuldip Sondhi tests his boundaries by writing a play another block buster with a village set up.

The play Water Pipe, connects the traditional to the modern in a tense dramatic performance:

It is the only green village in the country. For miles end, mkokoteni and cars pass acres of land dry and bare with carcass littering the roads.

This far off village is an oasis illed with green fields and trees.

Smiles on every villagers face. Water is abundant here from a nearby aquifer. It flows abundantly from every ap. What could absolutely go

I spoke to Kuldip Sondhi, a Mombasa based thespian with a magical touch in all his play

Kuldip, an hotelier, Mombasa municipal council member, sees himself as a thespian before anything else.

anything else.

For an old man, his wisdom is as fresh as any young intelligent man studying in Harvard.

I say this because of all his plays, Kuldip has managed to maintain the legacy set by some of the world renowned European thespians like Bretch, Shaw, Ibsen and Shakespeare, in trying to use drama as a medium to comment about what is happening in their societies.

He has an accolade of plays, many of which have aired on BBC radio; published in anthologies of African plays and some used as set books.

Always, these plays have embraced the Little Theatre Club stage, which has been a lab to mould, rehearse and experiment the performance capabilities of these informative dramatic

What amazes me about Kuldip is that whenever you have a conversation with him, he seems to have 'another' play coming.

In this current play, Kuldip has surpassed his save zone.

I have known him to develop plays with a modern touch, spectacular set and dialogue.

But this time, he comes up with a piece that takes us back to the traditional hut, where song, dancing and spectacle was the order of the day, where every time, there seemed to be a reason to celebrate

In this play we look back at how

we were and wonder what we have turned to be. The question is what changed us?

Picture a village man domi-nating a group of village women with his masculinity, arrogance and petty cash. Then comes a young woman with her mzungu looks, accent, intelligence and a passion to experience village life.

She is a doctor who can cure diseases, a magician to the villagers. What will the village Lothario get up to ?

It is all happening at the Little Theatre Club Auditorium this

The show is assembled by Kwezi Multimedia Artist in conjunction with the Little Theatre club.

The trio of Hillary Namanje, Alistair Lowe and Joel Godiah are back at it after directing

"Room Service" amongst other

This show stars some veteran thespians like Bashir, Ashik, Mwangi, Patrick and James with the young upcoming actress

Book your tickets for 10th to 12th December, 7:00 pm to watch this show.

Tickets are on sale at the Club

There is a premier show on the 7th December that has Hon. Najib Balala as the chief guest amongst

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Report by Hilary Namanje

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				6				
	6				4		2	100
7		4			1		3	1
4		1		7				
2								8
90				8		4		3
	9		5			7		6
	7		6			171	5	
				3				19-91

SUDOKU NO. 173

NAME.....

ADDRESS.....

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE SUDOKU' NO. 171

		_						
3	6	7	1	5	4	2	8	9
1	4	2	9	8	3	5	7	6
8	5	9	6	7	2	3	4	1
6	3	8	5	9	1	4	2	7
7	1	4	2	3	8	9	6	5
2	9	5	7	4	6	8	1	3
4	8	1	3	6	9	7	5	2
5	2	3	8	1	7	6	9	4
9	7	6	4	2	5	1	3	8

WINNER OF 'PRIZE SUDOKU' NO 171.

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Following the glamour and dramatic conclusion of the Kenya Airways Safari Classic Rally in Mombasa, the 2009 Kenya National Autocross Champlonship gets gutsy for its conclusion this weekend (Dec 6), writes SAMSON ATEKA.

With the championship title already in Steve Anthony's bag, lan Duncan and youngster Arthur Kinyanjui a.k.a. AK47 will be battling for the runners up

Action returns to the Nairobi's Jamhuri Park racetrack on Sunday morning soon after the practice lap that is planned to precede the official four-heat

The winner will be determined from the best-of-three heat times posted on the hard and tight surface of Jamhuri.

The weekend action has attracted top drivers including Simon Sharpe, Mickey Hughes, rally driver Izhar Mirza and



Kinyanjui. Jeremy Andrade,

Autocross champ Steve Anthony in his buggy spraying a cloud of dust as he speeds off.

The following is a more complicated deal with PRC at work.

DEALER: SOUTH NEITHER SIDE VULNERABLE BIDDING:

SOUTH	WEST	NORTH	EAST
ONE DIAMOND	ONE SPADE	TWO SPADES (1)	PASS
FOUR DIAMONDS	PASS	SIX DIAMONDS	PASS
PASS	PASS	PASS	

(i) Good Diamond Raise and Spade Control. West led his singleton Trump. Declarer won and led a Club to the King (West ducking) and a Club back to the king (West ducking) and a Club back to West's Knave.

A 8 7

A 10 7

K

K 6

9 6

3

10 9

4 Q 3

Q

A

Q 8 4

Q 3 10 8

7 9

EAST

5

7

6

4

5

5

SOUTH

He ruffed West's safe Ace of Club's exit and had the problem of avoiding a major-suit loser.

He began playing his

On the penultimate Trump

/est	held	Ki	ng-K	nav	e o
	И	V E	s	Т	
	K	J	10	5	4
0	K	J	8	2	
M	4				

Spades and King-Knave-Eight of Hearts, Dummy holding Ace-Eight of Spades and Ace-Ten-Seven of

In order to retain guard for his King of Spades, West was now forced to discard the eight of Hearts.

Dummy discarded the Eight

At trick Ten, Declarer led the Queen of Hearts, covered by the King and Ace

Now Declarer had to guess for the Jack of Hearts.

Should he ruff Dummy's Seven of Hearts, playing West to have an original holding of King-Knave-Eight-Two?

Or should he lead Dummy's Ten of Hearts, playing to Pin West's Nine and take a ruffing finesse against East's Knave, playing for West to hold King-Nine-Eight-Two. Because West should have a choice of equals (the Eight & Nine) for his Second Heart discard, if holding King-Nine-Eight-Two.

Declarer played for him to hold King-Knave-Eight-Two (in which case he would have to let go the Eight).

He ruffed the Seven of Hearts - West's Knave appeared so he could cross to the Ace of Spades and cash the promoted Ten.

Twelve tricks and slam made

Charles Mugo, Tarveen Oshan, Amit Bhatt are also expected. Amit Bhatt are also expected. Teenager Ken Anunda will of course be in the mix. His father and former rally ace Dave Anunda has been appointed the chief scrutineer and starter.

chief scrutineer and starter.

The Kenya National Autocross series marks the end to what has been a busy Kenya Motor Sports Foundation (KMSF) 2009 calendar that also incorporated motocross, the regional AMU, FINA Bank Cross Country Challenge, Enduro, the KCB Kenya National Rally championship (KNRC) and the Cummins Karting series.

It's been a long and exhilarating

It's been a long and exhilarating journey that started off from Jamhuri Park, headed to the Husseini Dairy track in Nguu Tatu Mombasa, overto Chololo Ranch in the outskirts of Nanyuki town, the serene location in Lake Baringo and back to familiar territory in Nairobi.

Indeed, the battle for supremacy this season has been a two horse race between lan Duncan and eventual Champion Steve Anthony

Duncan and Anthony have been rivals on motorbikes in their formative years but their rivalry on four-wheel contraption was truly volatile if not incredible.

With three wins under his belt, Duncan was of course the fastest driver but Anthony, who complained of an underpowered Starlet turbo-powered "Attacker 1" buggy all through, also won three rounds in Nairobi and Mombasa.

Rally navigator Keith Henrie also impressed with winning one of the rounds in Nairobi.

Danny Matharu, who was the surprise winner of the RSC Rally in Nairobi two years back, has

been appointed the clerk of the course for the eighth and last round organized by Kenya Motor Sports Club (KMSC). Autocross Standings as at round 7: Steve Anthony 130points, Ian Duncan 93, Arthur Kinyanjui 78, Jeremy Andrade 71, Tarveen Oshan 61.

Kenya To Bid For 2018 African Cup Of Nations

NAIROBI, (Xinhua) -- Kenya will bid hosting the 2016 African Cup of Nations finals, a top local football official said.

Football Kenya Limited (FKL) first vice-chairman, Titus Kasuve, said after taking everything into consideration, he was strongly convinced that the east African country of 38 million can host the continental soccer extravaganza.

Speaking at the Council of East and Central Africa Football Associations (Cecafa) Congress in Nairobi, Kasuve asked council members to support Kenya's bid adding that Kenya also needed the council members

It will be recalled that Kenya backed out of hosting the 1996 Cup of Nations finals, citing financial constraints and the event was moved to South Africa.

At the same time, Kenya has been put on standby to host the 2010 Cecafa Senior Challenge Cup tournament should Ethiopia opt out.

Ethiopia, citing a congested calendar, have indicated that they might not host the event next year.

Though football commands a big following here enya has never gone beyond the first round of the Nations Cup finals in its five appearances in the event

At the international level, its athletes who have done the country proud in international competitions such as the world championships and the Olympics.

Meanwhile, Zambia defeated host Kenya 2-0 in the Council of East and central Africa Football Association (Cecafa) Senior Challenge Cup.

Coast Youngsters Urged To prove Their Soccer Skills

Coast footballers have been asked to train harder in order to improve their standards of play and considered for selection in the national soccer team. Harambee Stars, writes

ABDULRAHMAN SHERIFF.

The appeal was made over last weekend by former Coast soccer star, Issa Khamis Issa who said unless players put more efforts in their training programmes, "our standard of the sport will continue to deteriorate day by day.

Issa who is the Managing Director of Nibal Freighters Limited said it was saddening to note that nowadays you can watch a match and see not a single cracking shot or a powerful kick is aimed at the

match and not a poweful kick is sent for a gopalkeeper to save," he said. Issa whose company Nibal sponsors Juve Nibal FC said it was high time for Coast youngsters to train hard in ball control, dodging, passes and aim at kicking past He said current soccer players

are lucky that if they improve their playing standards they can attract contracts from foreign clubs and get employment. "In our times, we used to buy

our own playing boots and training kits," he pointed out He appealed to team coaches to concentrate in making sure

all their players and especially strikers do not miss penalties. There should also be trainers

to train goalkeepers to save penalties the way the likes of Mahmoud Abbas

used to, said Issa Khamis Issa

different now whereby we can watch the whiole



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EXCLUSIVE - GREG NORMANS' =GOLFLESSONS=

Babadi Super Cup U-15

Twenty clubs from Mombasa and Killindini districts will take part in the inaugural Babadi Super Cup under-15 secor competition set to kick off next week, writes ABDULRAHMAN SHERIFF

The competition is sponsored by one of Coast youth soccer promotors, Taherali Nurdin Babunun who said the competition is to be held on league-cum knockout basis. Clubs representatives are to meet today to draw fixtures.

The competition organising secretary, Gharib Kassim said they will strictly adhere to under-15 youngstors.

"We will only allow teams to field players born in and before 1994." Kassim said and asked clubs to produce players birth certificates before the competition starts.

Clubs to participate are Makande Youth, Civicon, Ziwani Youth, Mombasa United, Dragon Youth, Mzizima United, Spartak Moons

Daytona, Congo Kids, Floringi, Wananyuki and West Ham, all

Others are Sparki Youth, Sparki Youngsters, Coastal Kings and Channi Youth (from Changamwe), Western Stars and usumi United (Kisauni).

Kassim said the winners and runners-up will be awarded ophy and a goat each while other prizes are to be given to the est player, top scorer, best goalkeeper and the most disciplined

He said matches arer to be played at Mombasa Municipal tadium, Ziwani, Makupa, Shimanzi and Makande.

KYSE U-14 Soccer Cup Get A Big Boost Of Ksh 500,000

Kenya Youth Soccer Event (KYSE) got a big boost of Sh500.000 from Bamburi Cement Company for the sponsorship of KYSE Under-14 Soccer Cup Competition.

This is the second time for the cement company to sponsor a tournament organised by KYSE having two years

ago held a successful same age category competition

Receiving the cheque from the firm Plant Manager, John Mangi, KYSE Managing Director, Gerardo Cozzolino said such sponsorship help young players to improve their

"If other firms follow Bamburi in sponsoring youth competi-

long before Kenya prosper and produce many talented and professional players," said

Soccer Scene with

Apquirenman Sharm

Meanwhile, KYSE secretary, Abdul Iddi said the competition kick off on February 6, next year with 12 to 14 teams to take part.

All the teams will be required

to produce list of 20 players each with their birth certificates or passports.

DEADLINE

Iddi said they have set the deadline for registration of interested teams end of January.

Each participating team will be required to pay participation fee of Sh2,000.

All matches are to be played at Mombasa Municipal

Winners are to be awarded with a trophy, a set of jersey and medals with the runner up to get a trophy, a set of jersey and medals.

KYSE will provide water for each team during matches.

KYSE is known to have produced some talented

players including Paul Thiong'o who play professional soccer with Empoli Junior team in Italy and has Shamir Abdalla who is with Aspire of Middle East.

KYSE managed to send an under-12 team to Lyon, Italy where it took part in the Danone Nations Cup and finished in a respectable ninth position from total of 40

BEST PLAYER

The team- Mombasa FC won the most entertaining team on and off the field and their midfielder Paul Thiong'o named the tournament best

Thiong'o was awarded a trophy by the tournament ambassador, former France

Empower Girls Through Sports Junior Stars Football Academy

The G-Power program is a positive youth develop-ment initiative by Junior Stars Football Academy, a Community Based
Organisation in Mombasa, Organisation in Momba writes ABDULREHMAN SHERIFF.

19 62.

ral Nurdin Babunun

ampowering youth through soccer and other enriching projects realized that young girls were being left behind by male lotballers.

So the girl power mentorship programme was born.

The G-power program offers pits between 9 -19 an adult mentoring relationship, peer group meetings, and volunteer community service projects.

The programme addresses the need for young girls to view themselves as intelligent and powerful with infinite potential.

These interventions counterbance the pressures towards up risk behaviors, which can sed to particularly teen regnancies as well as sexually lassmitted diseases like HIV.

The programme Director and under, Mariam Mpaata says hattheir membership has grown rastically from 70 girls to 200 all lowerse schools within Montagen.

The G-Power started with about figirs and 6 mentors but the tumber is steadying growing.

chools and parents have seen need and are also embracing assignately by enrolling their

Apart from promoting "smart, "rong, self-confident and empo-seed youth", the programme as trains women to be G-Power Tentors with focus on changing ociety through our programmes

BRIDGE RESULTS

Results of Duplicate Bridge sayed on 30th Nov 2009, at United Sports Club, Mornbass.

1. C.P. Shah & K.P. Shah 147, 2. United Sports Club, Mornbass.

1. C.P. Shah & K.P. Shah 147, 2. United Sports Club, Mornbass.

1. C.P. Shah & K.P. Shah 147, 2. United Sports Club, Shah 144, 4. United Shah & Kanchan Shah 144, 5. Shah & Kanchan Shah 144, 5. Shah Shah & Ramijik Berro 127, 7. Baild & Shah & Maniji Shah 139, 6. Shah 109, 10. United Shah & Ami Shah 109, 10. United Shah & Ami Shah 100, 1. P. Gudka Shah & Ani Shah 100, 1. P. Gudka Shah & L. P. Gudka Shah & Shah & L. P. Gudka Shah & Shah & L. P. Gudka Shah & Punam 78.

She calls upon women to join them as they seek to empowe young girls from 9 to 19 years.

young girls from 9 to 19 years.

Mercy Deche, a co-founder argues that, this age group is more vulnerable to risky behaviors and are at higher risk for early initiation of premarital sexual activity hence exposure to sexually transmitted diseases, out-of-wedlock births, drug use, and school dropout more than any other age group.

"These young right require a lot

any other age group.

"These young girls require a lot of guidance from us and as women we should not sit back and wait for this job to be done for us, it is our responsibility" she encourages parents and organizations to support this effortby enrolling their daughters and sponsoring other girls to attend such forums.

The Girl Power Mentorship programme has set out to roll its plan through holiday summits where more than 200 girls get together for a few days to learn

from well trained women facilitators and mentors.

The first summit was held at Nyali Priamary on 8th and 9th of August 2009, it attracted 70 girls and 15 mentors

This time round the summit is being at Loreto primary school in Mombasa on the 8th and 9th December 2009 from 9am to 5pm on both days.

This summit is expected to have 200 participants from within Mombasa and beyond.

This time round it going to be more exciting and more empowering and the jest of the summit will be driven by recommendations from the first summit.

Mariam says that among the topics to be covered are; relationships, overcoming peer pressure, goal setting, preventing sexual abuse, social skills, study tips, HIV and Drug awareness and many more.

The girls will also be helped to



Ms Mariam Mpaata.

identity challenges in their communities and be given the tools to create change in their community through our Change

Your World strategy

G-power connects girls to a network of professional women and legislators who help them build their own web of contacts and mentors

This network aims to help girls accomplish their projects as well as their personal

goals.

Among the G-Power mentors are: Dr. Rahab Muinga (Scientist), Miss Beatrice Gambo (Development Consultant), Lillian Awimbo, (child therapist), Patricia scoot(Chairperson Girl Guide Coast Province), Dr. Alice Mwaka (Medical Doctor), Mrs. Waweru (Youth Development Officer Mombasa), and many more Mombasa), and many more G- Power team believes that the empowerment model in

Mombasa can be applied in many

The programme is being xtended to as many areas as

possible most especially to economically challenged areas like Malindi, Lamu, Kilifi, Likoni and other areas within our reach.

The biggest challenge would be the financial implication of such a project.

For us to reach out to as many girls especially as possible especially those from vulnerable areas, we need a lot of support from organizations, government and individuals.

Among the organizations that have teamed up with this programme are Kenya Maritime Authority, Milele Beach and Pwani Oil Ltd.

"Imagine the possibilities if every year thousands of youth learn how to tackle community

"Picture the huge number of powerful women leaders driving local communities and the world toward success and well-being.

"This is our vision." says Mariam Moaata

Golfers Enjoy NOKIA Golf Tourney And Rotary Mug

Golf Report by

FOLLOW THROUGH

Florence Aranga won the Nokia N97 Golf Tournament at Nyali Golf and Country Club on Friday 27th November 2009 and as she explained in her winner's speech, the key to her winning was simple.

She took the cue from the sponsor's motto and just connected !

The connection obviously worked well, although it took a bit of time to get going, for in the 1st nine, while still trying to connect, Florence found triple bogelys on 3rd, 5th, 7th and 8th but with her 35 stroke allowance, even those holes produced a point each and with three points on 1st and the still and 6th, she managed to put together 15

The back nine on the other hand was a feast of points, three each on 10th, 11th, 12th, 14th, 16th and 18th which resulted in 23 points which secured Florence's overall win, counting out Taulfig Balala and Aniz Popat with their break down of 17 and 21 and 20 and 18 respectively.

Taufiq too did not have a great stan, blanking the 1st but picking up 3 points with a par on 2nd and 4 points with a birdie on 7th he managed to reach 17 points.

Taufiq's back nine was flawless, with 8 straight pars, dropping just one shot on 18th making 21 points.

With that count back he had no difficulty taking the Men's Winner prize while Aniz

had to settle for the Runner up place in

The first nine seems to have caused problems to most players, Pia Swatton the Best Lady and Daniel Nduva the Best Junior both not being able to do more than

Pia added on 19 on the back nine while Daniel finished his back nine with 21 points, the result of a two over par 37, dropping shots on 12th, 13th and 16th but picking up a two club birdle on 18th.

Nokia N97 Tournament ended with the usual drinks, dinner, music and a promise by them to return.

There was a good entry for the Rotary Club of Killndini sponsored Mug on Saturday 28th November 2009.

Apart from the usual mugs for the best gross and the three top nett winners in the three Divisions, the sponsors also provided prizes for six overall top scorers.

The Vice Captain Gurbux Singh was the clear winner of the overall first prize with his great performance of two over par 73 which earned him the Best Gross prize and also at 69 nett the winners prize in A Division.

Ismail Gulamail was the runner up in the overall winners category as well as in A Division at 70 nett, followed by Gael Ntore for third prize in that Division at 72. Gael Ntore was however beaten for the third overall position by the winner of C Division Rashid Sheikh who returned 71 nett placing Gael Ntoro on 4th position, followed by the runner up in C Division Adel Balala on 72 and third in that Division Tahir Mohamed on 74 for the fifth and sixth positions respectively.

B Division lost out on the Overall category, the winner Z Imtiaz being two strokes behind the sixth placed Tahir and

had to be content with taking just the Mug in his Division after counting out Reaz Alibhai also on 76 while the third place wen to John Mburu on 77 nett

The Rotary Club of Kilindini also awarded three overall prizes to the ladies who played their Medal on the same day.

By a coincidence, these prizes were claimed on the same score of 74 nett made by Alice Wahome the winner of the Silver Division, Farida Saed the winner of Bronze Division and Suhas Gudka, runner up in Bronze Division

Alice had a superb count back on 42 gross, 32 nett to take the first prize, while between Farida and Suhas there was similar count back of 37.5, requiring a further count back

Farida emerged the better of the two, having done a quadruple bogey on 11th whereas Suhas did hers on 17th!

All Jillo was the Best Caddy on 73 nett.

As the Captain said, it was a good show by the Juniors, claiming a prize in A and B, two in C Division and three in overall prize category.

Rotary too have pledged to continue with their sponsorship of this much appreciated competition.

NOKIA N97 Golf Tournament full results: Overall Winner: Florence Aranga 38 c/b. Men: Winner:Taufiq Balala 38 c/b, R/up: Aniz Popat 38 c/b.

Ladies: Winner: Pia Swatton 34 c/b. Best Junior: Daniel Nduva 36.

November mug sponsored by Rotary Club
Of Kilindini results: Mug: A. Division:
Winner: Gurbux Singh 69, R/up: I.
Gulamaii 70, Third: Gael Ntore 72.

B. Division: Winner: Z. Imtiaz 76 c/b, R/ up: Reaz Alibhai 76. Third: John Mhuru 77

C. Division: Winner: Rashid Sheikh 71, R/up: Adel Balala 72, Third: Tahir Mohammed 74.

Best Gross: Gurbux Singh 73, Best Caddy: All Jillo 73.

Men: Winner: Gurbux Singh 69, R/up: I. Gulamali 70,

Third: Rashid Sheikh 71, Fourth: Gael Ntore 72, Fifth: Adel Balala 72, Sixth: Tahir Mohamed 74,

Ladies: Winner: Alice Wahome 74 c/b, R/up: Farida Saeed 74 c/b, Third: Suhas Gudka 74.



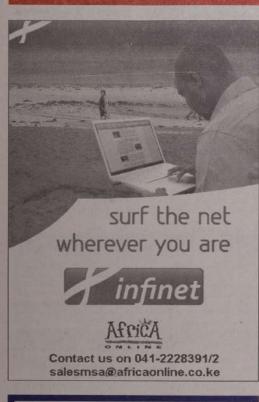
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MOMBASA, December 03 - 10, 2009

FRIDAY High Water - 3.7 m. at 05.05 hrs. (5.05 a.m.) and 3.0 m. at 17.36 hrs. (5.36 p.m.), Low Water - 0.1 m. at 11.28 hrs. (11.28 a.m.) and 0.4 m. at 23.20 hrs. (11.20 p.m.).

SATURDAY High Water - 3.6 m. at 05.47 hrs. (5.47 a.m.) and 2.9 m. at 18.20 hrs. (6.20 p.m.). Low Water - 0.2 m. at 12.09 hrs. (12.09 a.m.).

SUNDAY High Water - 3.4 m. at 06.30 hrs. (6.30 a.m.) and 2.9 m. at 19.06 hrs. (7.06 p.m.). Low Water - 0.5 m. at 00.05 hrs. (12.05 a.m.) and 0.3 m. at 12.52 hrs. (12.52 p.m.).

MONDAY High Water - 3.2 m. at 07.18 hrs. (7.18 a.m.) and 2.8 m. at 19.58 hrs. (7.58 p.m.). Low Water - 0.7 m. at 00.54 hrs. (12.54 a.m.) and 0.5 m. at 13.37 hrs. (1.37 p.m.).

TUESDAY High Water - 2.9 m. at 08.11 hrs. (8.11 a.m.) and 2.7 m, at 20.59 hrs. (8.59 p.m.). Low Water - 0.9 m. at 01.51 hrs. (1.51 a.m.) and 0.7 m. at 14.28 hrs. (2.28 p.m.).

WEDNESDAY High Water - 2.6 m. at 09.14 hrs. (9.14 a.m.) and 2.7 m. at 22.11 hrs. (10.11 p.m.). Low Water - 1.1 m. at 09.01 hrs. (3.01 a.m.) and 0.9 m. at 15.27 hrs. (3.27 p.m.).

THURSDAM High Water - 2.4 m. at 10.33 hrs. (10.33 a.m.) and 2.8 m. at 23.29 hrs. (11.29 p.m.). Low Water - 1.2 m. at 04.32 hrs. (4.32 a.m.) and 1.0 m. at 16.41 hrs. (4.41 p.m.).

NOTE: Standard Port is Killindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani

Kikulacho United Win 'Amani Challenge Cup'



Kikulacho United FC, Victor Terry [second, right] receiving the Amani Challenge Cup from Kisauni Chief, Mohamed Nzaro [second left] as the Kisauni outh Football Association chairman, Yusuf Harub [third, left], Esther Juma of Red Cross, Kisauni [right], Red Cross Likoni team leader, Omar Kidege [left] and the Red Cross Coast Co-ordinator, Shadrack Musyoka [third, right] join hands.

Kikulacho United FC won the Red Cross sponsored Amani Challenge Cup when they edged Mtopanga Cranes 7-6 on post match penalties during the final match played at Utange primary school ground last Sunday.

Kikulacho playing with a player short from the 12th minute to the end when their dependable defender Ismail Mtimbwa was red carded in the 11th minute by referee Mohamed Abdalla for indiscipline, deserved special mention for putting sterling

Immediately after Mtimbwa was given his marching orders, Kikulacho took the lead when Keah Dede was put through by Abdhillahi Abdhalla and sent a powerful kick into the net.

Mtopanga equalized in the 34th minute when Ibrahim Khalid made a solo move to send a cracking shot into the far corbner of the net.

During the penalty shootout, Kikulacho scored through John Momanyi, Abdhillahi Abdhella, Kamto Khamis, Samwel Obwanyu, Vincent Shtiabai, Angelo Ochieng and Keah Dede.

Mtopanga got their via Lucky Joseph, Washe Kelvin, Ferdinand Baya, Mbotela Baya, Mbotela Lawrence, Vicxtor Terry and Francis Moka but a shot by Gift Joan was saved by Kikulacho goalkeeper, Jackson Osewe.

During the semi final matches, Kikulacho beat Red Sharks 2-0 while Mtopangaknocked out Shanzu United after beating them 4-3.

Kisauni Youth Football Association (KYFA) chairman, Yusuf Harub said they

are to jointly with Red Cross Society of Kenya Coast planning to organise a tournament involving two teams each from Mvita, Likoni, Kisauni and Changamwe.

The guest of honour, Kisauni Chief Mohamed Nzaro asked players and officials to maintain high standard of discipline.



Seen Lindsay Walkley, 56 Australian who has sailed single-handedly on his yacht the MY Avolare from Darwin, Australia to Dar es Salaaam in Tanzania in 66 days. The Yacht is now anchored off the Mombasa Yacht Club in Liwatoni where he is repairing it before starting on a Southerly cruise which will take him to Madagascar, South Africa before starting on a transAtlantic cruise to South America. The former police-man has been sailing the South East Asia and Pacific Islands for the last 10 years.

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