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Coastweek

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'No Need To Panic' At Swine Flu Cases

A/H1N1 FLU IS A RELATIVELY MILD ILLNESS ASSURES HEALTH MINISTER BETH MUGO

NAIROBI, (Xinhua) -- Kenyan health authorities have said the number of people confirmed to have been infected from A/ H1N1 flu has now risen to 18 after confirming more cases over the weekend.

Public Health and Sanitation Minister Beth Mugo told a news conference in Nairobi that the government has confirmed two more cases of influenza A/H1N1 over the past two days in the country.

Mugo said three cases had been confirmed in the lakeside city of Kisumu, two others in Nairobi while one case had occurred in Garissa, bringing the total number of confirmed cases as of Monday to 18. Mugo appealed to healthcare providers to report any suspected case to the division of disease surveillance within the ministry.

The Minister emphasised that it was important to liaise with the health ministry for uniformity of service provision and tracking of any other case that may emerge. **REPORT CONCLUDED PAGE SEVEN**

'Mabati Rolling Mills' Mariakani Honoured 'Company Of The Year'



C.O.Y.A. SUCCESS: Mabati Rolling Mills CEO Kaushik Shah (right) receives the coveted 'Company Of The Year Award' (COYA) trophy from Deputy Prime Minister Hon. Musalia Mudavadi at the KICC. Kenya Wildlife services managing director Julius Kip'ng'etich scooped 'CEO of the Year' award.

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Talented soprano Elizabeth Njoroge

Elizabeth Is Back At The Coast

Music lovers are in for a treat next month when Elizabeth Njoroge returns to the Coast to perform for one night at the Whitesands Hotel on Saturday August 1st and at the Leisure Lodge Diani on Sunday August 2nd.

Many of you will remember the enchanting concert which she performed at the Tamarind last year.

She is quite simply a most accomplished soprano singer, with an amazing and captivating voice.

This year the concert entitled 'Classics at the Coast' will see Elizabeth performing with Kenya Conservatoire of Music Orchestra, the talented Moipei Sisters and Cantus in Choro Vocal Ensemble.

This concert, performed by all Kenyan artistes will feature a broad variety of popular classical music, from Haydn to Schwartz and Baby Face.

TURN TO PAGE SEVEN

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Mustafa, Juzer and Murtaza of Tourist Le Paradise Boutique have ventured into a new line of business - supply, maintenance and service of power tools.

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First Tourist To Land At Sarova Taita Hills After A 10 Year Break

A team of 25 Americans tourists were welcomed with pomp and style when two 23 seater Plane's from Mombasa Air Safaris landed on the lodges vast airstrip on the 23rd of June, 2009.

This was after a 10 year break which now opens Sarova Taita Hills lodge and Sarova salt lick to benefit from Air safaris.

Tourists will be dropped to and from Amboseli and world famous Maasai mara.

The Management and Staff of the lodge launched a colourful welcome coupled by the display of nature that was depicted by the Taita dancers who took to the floor showcasing the rich roots of the Taita community.

The two planes landed at the lodges airstrip under the watchful eyes of armed game wardens guarded the patrons from any threat from the animals.

The satisfied tourists were beaming with a load of praises of our beautiful country and lodge. I have been to many



Taita hills was a very popular destination with tourists in the last 80's and 90's. Sarova Whitesands are reviving it and in conjunction with Mombasa air safaris they had the first flight full of tourist landing at the lodge enroute to Maasai mara.

destinations in the world but nothing comes close to Sarova Sattick, the amazing view of the

animals at such a close proximity is beautiful and unbelievable!" (Americans team leader).

The team was scheduled to proceed for an extended week at the Sarova Mara Game Lodge.

Action For Acts Duathlon At La Farge Forest Trails

ACTS Duathlon will take place on 18th July this year at La Farge Forest Trails Bamburi.

This is one of Assist a Child To Schools main fundraising events and we hope that this years event will be the best yet with lots of Mombasa residents taking part.

The main event is the Duathlon (10k bike ride, 5k run) which can be done as an individual or as a team.

Besides the duathlon there will be a junior relay race (1 kms x 3 runners), an open relay race (2 kms x 3 runners) and an under 10 year olds race (.5k).

Anyone who is not busy with these events can walk the very attractive 3.5k walking trail.

ACTS activities take place in Kongwea, the Kengeleni zone of Mombasa North.

In its strive to alleviate poverty ACTS aim is to keep children in education whose parents/guardians are financially unable.

Currently 600 children are being assisted from primary level to University level inclusive of children and youths with Special Needs.

This programme is supported by a porridge and lunch programme and medical support is given when necessary.

ACTS would like all children in its area to learn in class seated at a desk and towards this it has a very active "off the floor" programme which provides desks to schools.

To date 6 Government Schools have been assisted.

ACTS also offers support to schools which have good administration in place with text books and library books.

Diamond Trust Bank has already pledged its support to this event and many corporate businesses are being contacted this month requesting their support.

La Farge Forest Trails are once again providing its venue and its support.

ACTS would like to take this opportunity to thank all individuals and Corporate Businesses in Mombasa who

already support ACTS and also all the schools, teachers, children and parents who participate in ACTS annual Sponsored Read and give so generously to provide text books and library books to schools in ACTS area.

All information can be obtained from ACTS office in Ratna Square or call Catherine at 0733 600619 / 0725 335659.

SMILE TIME



"I'll say he's good - he's left 24 women at the altar to date"



"Your former employer says you are capable of every low, cunning, filthy trickin the book - you're hired!"



"If you had any consideration you'd pick some other time to snore"

Mambroi Welfare Group's Humanitarian Effort

On Sunday 21st June 2009, Mambroi Welfare Group once again headed to Tana River District, Odha Village.

This time to hold a medical and dental camp.

We were accompanied by seven doctors and clinical officers who had volunteered their services for the sake of humanity.

Also in the entourage there were dental practitioners and other volunteers to assist in the dispensing of medicines.

All the patients who attended the camp were given de-worming medication to get rid of any worm infections so that the population stays healthy.

Normally all the children are de-wormed, but this time the strategy was changed.

In all, over a thousand patients were screened and treated for various ailments

and medicines were dispensed to the patients free of charge.

The camp was dedicated to our well wisher Mr. Bashir Bachani who passed away after a short illness. May Allah (SWT) rest his soul in peace.

We would like to appeal to readers for donations towards this noble cause in kind or cash.

The persons to contact are Dr. Gulam Bachani and Mr. M. Yusuf Jin on 0722384896 and 0722204683 respectively. We would like to appreciate the support given by volunteer doctors, dentists and general volunteers.

Also we would like to thank all those who contributed towards this camp in kind or cash. We would like to give special thanks to Mr. Hasham Sodha for hosting us overnight in Mambroi.



Patient lining-up at the registration point of the free medical check-up.

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'Star Trek' Returns

THE *STAR TREK* television series used to thrill their audiences a few decades ago with their visual and artistic effects.

These series has gone down as one of the most successful franchises ever.

Now with the computer age, those effects have become ten-fold and the pleasure of watching it on the super screens of NYALI CINEMAX will be an experience

worth it's while. Add to that a director of calibre - J. J. Abrams (*Mission Impossible 3*) - and you have a sure-fire hit.

Those familiar with this sci-fi series will remember the heroic Captain James T. Kirk (William Shatner) and his assistant with his trademark pointed ears, Spock (Leonard Nimoy).

This new movie actually goes back right to the beginning, when the crew were brought together for the first time on the battleship Enterprise.

In line with originality, Abrams shows us the classic NCC-1701 and not the NX-01 which was shown in the later *Star Trek* series.

The young and boisterous farm lad from Iowa is pitted against the logic-based Spock and the two have quite a few brawls on deck even as helmsmen Sulu and Chekov watch on.

Other familiar characters are Doctor Leonard McCoy, communications expert Uhura and of the Starship engineer Scotty who beams the crew on and off the ship.

This crew has been sent out on a special mission and will need each other's wit and expertise to fight a mysterious Romulan warrior, Nero (Eric Bana), who has a spaceship that can destroy a planet.

Spectacular scenes can be promised in this action-packed film that stars Chris Pine, Zachary Quinto, John Cho, Ben Cross, Bruce Greenwood, Anton Yelchin, Karl Urban, Zoe Saldana and Simon Pegg in the lead.

The second new film at the CINEMAX is the film adaptation of Greg Behrendt and Liz Tuccillo's best-selling novel *He's*

Just Not That Into You.

The story is set in Baltimore and is about a group of couples whose lives are inevitably intertwined for some reason or the other.

The film is a classic tale of how easily humans tend to read, or rather mis-read one another, and the complications it causes.

We have a woman, in her thirties, fed up of her marriage to a philanderer.

Then there is another man who is very much in love with the philanderer's mistress but cannot say it.

A third woman is obsessed with the unmarried man and in her efforts to seduce him, ends up with his friend.

Then there is yet another woman who is confused with the art of dating and is trying to perfect it to the sense of irritation.

Confused? Not to worry, just get over to NYALI CINEMAX and watch Ben Affleck, Jennifer Aniston, Drew Barrymore, Jennifer Connelly, Kevin Connolly, Bradley Cooper,

Ginnifer Goodwin, Scarlett Johansson and Justin Long play out all these roles in *He's Just Not That Into You*.

Please note, this film has been rated PG-13 for sexual content and brief strong language.

Making a worldwide release on Wednesday will be the latest in the Harry Potter films.

Harry Potter And The Half Blood Prince can be seen in the digital version at the NYALI CINEMAX and fans of these films should make sure they don't miss it, so book your tickets in advance.

Daniel Radcliffe, Rupert Grint, Emma Watson, Helena Bonham Carter, David Bradley, Jim Broadbent, Jessie Cave, Robbie Coltrane, Warwick Davis, Frank

Dillane, Tom Felton, Matthew Gambon, Matthew Lewis, Evanna Lynch, Helen McCrory, Alan Rickman, Maggie Smith, Natalia Tena, Hero Fiennes Tiffin, Julie Walters, David Thewlis and Bonnie Wright together in this two and a half hour film full of magic tricks and wizardry.

The first film in East Africa to be seen in three dimensions is *Age 3: Dawn of the Dinosaurs* is still running for you at the NYALI CINEMAX.

Ice Age 3 has the voices of Ray Romano, John Leguizamo, Denis Leary and Queen Latifah.

Also on the screens there are *Transformers 2: Revenge of the Fallen* (Shia LaBeouf, Megan Fox, Josh Duhamel, Tyrese Gibson and John Turturro), *Hannah Montana: The Movie* (Miley Cyrus, Jason Earles, Emily Osment and Selena Gomez), *Night at the Museum 2: Battle of the Smithsonian* (Ben Stiller, Amy Adams, Owen Wilson, Helen Mirren, Robin Williams).

In *Kambakkht Ishq*, Akshay Kumar and Kareena Kapoor not have heard the golden rule "Naa Naa karte pyaar kisse kar baithie," which was filmed at Kareena's great-uncle Shaan Kapoor many years ago.

No matter how much they are against the institution of marriage, it is only a matter of time when Cupid's arrow finds its mark and the violin starts to play.

Other stars in this *Sajid Nadiadwala* presentation are Aftab Shivdasani, Amrita Arora with Hollywood stars Sylvester Stallone, Brandon Routh and Denise Richards.

Yash Raj Films' *New York* starring John Abraham, Katrina Kaif, Neil Nitin Mukesh and Irrfan Khan is a must watch as it opens one's eyes to the downside of the American's war on terror.

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He's Just Not That Into You

Ben Affleck, Jennifer Aniston, Drew Barrymore, Jennifer Connelly, Kevin Connolly, Bradley Cooper, Ginnifer Goodwin, Scarlett Johansson, Justin Long
 Fri.- 9pm; Sat.- 6.45pm;
 Sun.- 9.15pm; Mon.- 9pm
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STARCAST GEMINI KILIFI

Cancer (June 22 - July 21)
 You're going through some pretty weird interpersonal stuff right now, possibly with coworkers. It's one of those times when you need to stand your ground, even though you're not sure of yourself.

Leo (July 22 - Aug. 21)
 Your living, breathing energy is impossible to contain - get out there and shake things up! You feel better than some think you have the right to feel, but that is their problem, not yours!

Virgo (Aug. 22 - Sept. 21)
 Once again, you prove your reliability to the right people by refusing to let go of an important responsibility. It's a good day to focus on what matters most and look toward the future.

Libra (Sept. 22 - Oct. 21)
 You should find that your ability to communicate with your people is peaking today, and that they are giving you good news - to say the least! At least one message coming your way thrills you.

Scorpio (Oct. 22 - Nov. 21)
 You and your coworkers need to be wary of big risks today - it's not that your luck is bad so much that you don't have all the info you need. Try to delay any gambles for a few more days at least.

Sagittarius (Nov. 22 - Dec. 2)
 You've got exactly what it takes to handle the day - you may not be sure what lies ahead, but that's all part of the fun! It's a great day to take the lead on anything that's new or fun.

Capricorn (Dec. 22 - Jan. 21)
 Sometimes you have to act like a hero - pushing forward despite despair. Today, you feel certain that things aren't going to work out, but if you persevere, you can break the cycle and succeed!

Aquarius (Jan. 22 - Feb. 21)
 You're feeling more connected than ever to all the right people - and are incredibly welcoming of new folks, too! It's a great time to think about your position in the big picture.

Pisces (Feb. 22 - Mar. 21)
 Someone very important decides to disagree with you - maybe out of spite, or maybe legitimately. You should do your best to smooth over the argument for the time being, until you're on surer footing.

Aries (Mar. 22 - April 21)
 You're the vanguard of something big and new today - and you might not even know what it is! You do know that you've got some great energy flowing, so make the most of it and see what happens!

Taurus (April 22 - May 21)
 Your subconscious mind is working overtime today, but that's not such a bad thing. If you feel worn out for no good reason, you just need a time-out to process all the weird ideas bubbling up from down deep.

Gemini (May 22 - June 21)
 No matter how tense things get today - and depending on your people, they could get pretty ridiculous - you still need to stop up and take charge, or at least guide the situation to a successful conclusion.

Skip Raman Patel Steers Team To Win The July Mug

Event held on Saturday 4th July 2009, at 2.30pm, venue Mombasa Sports Club Bowling Green.

Eager Bowlers had gathered at the Green to play the July Monthly Mug which was sponsored by our Keen Bowler Mr Bhogie Doshi.

Format of play was Trips and Pairs.

Skip Raman with B T Ganiwala and Our Green Attendant Mr Mwema were the proud winners of the Mug.

All Bowlers had played an excellent game as could be seen from the scores.

Pairs had a tie of 14 shots each and Trips had 20 shots for the winners with the losers not very much behind.

Captain B T Ganiwala thanked Mr Bhogie for the Sponsorship and the bowlers for turning up to support the tournament.

Bowling Practices continue on Tuesday and Thursday at the Green. Good Bowling!

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'British Council' Hosting An International School Partnerships Seminar In Mombasa

British Council are hosting an international school partnerships seminar in Mombasa: challenging the perceptions of each other's cultures for children across Sub-Saharan Africa and the UK and developing them as global citizen.

Classrooms project. The seminars will challenge the assumptions the participants have of each other's cultures and enable them to get to know and understand each other better. They will find out about each other's education systems and will look for similarities and differences between their schools to determine what would

facilitate and enhance partnerships between them. Sustainable partnerships will be created based on equity, curiosity, open dialogue, respect and valuing difference. The schools will develop collaborative learning through joint curriculum projects, which will engage the students in communication with each other, exchanging knowledge, thereby

motivating them to communicate in English and to learn about each others' countries. Three-way school partnerships will be created between 3 schools in one SSA country, three schools in another SSA country and three in the UK, giving the students the opportunity to develop their skills as global citizens.

The strategic development of Connecting Classrooms Sub-Saharan Africa-UK kicked off with an Education Policy Makers' Meeting in London in April 2009, with representatives from the Ministries of Education from nine countries examining the UK International Strategy, how it is delivered from national government level, through to school level, and its impact on teaching and learning.

"Having well-organized educational opportunities with well-thought out programs of delivery is something Britain excels at. Education is not all about the availability of abundant resources, but more about the commitment of teachers and staff members to enable their students to learn for a purpose, which is the case in Britain.

"Without having first hand experience, through a program like Connecting Classrooms, no one can appreciate how the education system in Britain is efficiently designed to promote the smooth transfer of knowledge," said Girma Alemayehu, Ministry of Education, Ethiopia. Connecting Classrooms SSA has been successful over the last three years at school level, and now it's moving to a more strategic level as systemic impact, sustainability and a broader scope and dissemination can only be obtained if the partnerships are supported with an international policy that meets the country education priorities.

Connecting Classrooms Communications Manager Joe Lemaron explained: From 11th - 14th July Head teachers, teachers, district and local education authorities and representatives from Sub-Saharan Africa and the UK are meeting in Mombasa, for a Contact Seminar in a unique opportunity to forge closer links and to build greater cultural understanding between their different communities as part of the British Council's Connecting

Cinemax Treat For Imperial Bank 'Marble Junior Account' Holders



Imperial Bank Marble Junior Account holders Simran Khataw [left] and Quamill Dave [centre] pose for a photo with Relationship officer Huyam Talib [right] at the Imperial Bank Mombasa. The Bank has an on going promotion between June 22nd and July 11th, 2009, where Marble Account holders are encouraged to top up their accounts to qualify for a movie ticket to watch 'Harry Potter and the Half Blood Prince'.

Malindi Clubs In 'Ngoa' Tourney

Over 30 clubs are expected to converge in Malindi tomorrow (Saturday) for the draw of the Ngao Cup Soccer Competition set to kick-off next weekend, writes ABDULRAHMAN SHERIFF.

The Kenya Football Federation (KFF) chairman, John Ngoa is the sponsor of the tournament with clubs taking part from Malindi district.

Ngoa said they are expecting more than 30 clubs to take part in the competition whose matches are to be played in Malindi, Gongoni, Watamu and Nuru Ganda towns.

Some of the clubs which confirmed their participation were: Stars, Kakoneni All Stars, Young Rovers, Yanga, Maweni, Black Stars, Zambarani, Star Fish Junior and FC Roma.

Others are: Eleven Kisumu Ndogo United, Green Berrets, Zamalek, Jitegemee FC, Simba SC, Inter Dabato, OMC FC, Watamu Stars, Dasaki FC, Barani, Shada, Sandoki and Green Marbles.

Ngoa said he decided to sponsor the competition as a way of giving Malindi clubs warm-up to the big kick off of the new league season scheduled to start next month.

Matches are to be played at the following venue: Malindi Stadium, Ngala, Shada, Gede, Inter Dabato and Sandoki Nere Ganda grounds.

The KFF Malindi boss said they were still looking for more sponsors so that the winning clubs in the competition could be awarded attractive and fabulous prizes.

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How do drivers express their anger in the actions of other road users?

This was a consideration that brought some laughter and anger to our discourse with Kachumbari.

It could be a national culture, a regional culture or simply one's personal way of venting frustration.

The most common manifestation of anger is in one of the uses of the horn or hooter of the car.

It is easily the first action that annoyed drivers take to tell the perpetrator what they think.

It is used when all the actors involved are in motion and it would be difficult to get words across the speeding and changing gaps between vehicles. It is also used when it is not possible to exchange punches.

Kachumbari told me that he was sure that our matatu drivers have developed their own way of expressing anger and sometimes it is just plain bullying.

Those of you who have crossed swords with matatus will probably have a scar or two to show for such encounters.

If you were to stop suddenly in traffic and cause a matatu driver to swerve and avoid an accident, it would be your fault.

In his world, all drivers should be able to drive like the matatu driver and be able to stop suddenly but with decorum.

The decorum in this case is to stop so hard that the other driver has to take such drastic action to avoid an accident that they will be way past the spot before they remember to get angry with you.

If you stop normally then it is not challenging enough and the

Culture Shock! When Notable Mothers Took Their Clothes Off To Save An Historic Park ...

matatu driver can take normal evasive action.

This means that they will be within striking distance and can revenge for your action.

The most common manifestation of a matatu driver's anger is to cut across the bow of your car. They are very adept at doing this.

They will use the vehicle bumper to great effect and create damage to your vehicle with minimum impact on theirs.

If you see a matatu that has plenty of dents on the body work

They would identify an area of land that was unoccupied and then use their influence to either have it off if it was public land or acquire it either free or at a throwaway price.

Others would prepare proposals that looked so good that the bods responsible for investment would instantly grant the people land when they applied with their investment proposals.

A group of people had acquired a corner of Uhuru park.

This acquisition had been carried out quietly out of the public limelight.

The first owners decided to "sell" the land on to others who sought to develop the piece of land.

This was a media house that had lofty ideas.

They needed to build a monument to the organisation that would be the tallest building in the city at that time.

It was supposed to be the first building that would eclipse the Kenyatta Conference Centre.

At that time, it was said that the then President of the country had decreed that there should be no building built that would be taller than the Conference Centre yet this audacious group sought to ignore that.

As it was the President who had made that decree had passed on.

The team from the media house decided that they would announce their grand plans to the public.

It made the headlines of all the papers in the country but also drew the attention of a then budding but vocal and well supported conservationist.

The conservation group decided that they would take the cause up and stop the potential developers from destroying this green lung of the city.

Over several weeks, the group would protest at the site and the cops were also unrelenting in their defence of the right of the media house who owned the land.

The cops eventually decided to arrest some members of the group who by this time had won the sympathy of wananchi.

People used to come and watch the group sitting on the plot of land and daring the developers to come and try and take it over.

The height of the provocation was when a Minister of the government came along with the developers to break he soil.

The boys in blue came in and swept the protesters away so that the ceremony could take place.

This was done in swiftly but the protesters would not be deterred.

They came back in bigger numbers and the boys in blue decided that they would not confront them.

The numbers then became smaller.

However, the core group decided that they would protest the arraignment of members.

This group of relatively elder women came to stage a vigil at what is now called 'Freedom Corner'.

Their objective was to stay there till the arrested members of the group were released.

The boys in blue would not allow this stark affront to their authority to stand.

A large contingent came to the park with the express objective of arresting the ladies and confining them like their colleagues from the movement.

They did not expect what happened next.

The old ladies decided to strip down starters.

This was unheard of in the world of protests in Kenya. It was also a strong signal to the cops.

They realised what the stripping down meant.

In the local culture, no young man was supposed to see the mother or older woman naked.

The cops would have broken a strong taboo had they arrested the stripped ladies.

They turned back without carrying out any arrests.

Several attempts to try and arrest the protesters were met with the same action, the ladies started to strip and the boys in blue would beat a hasty retreat.

Eventually, the cops gave up and the media coverage was enough to expose the scandal that led to the hiving off of a corner of this public land.

The people involved in the scam were brought to book and the land reverted to its original intended use which was to simply stay there in the centre of Nairobi as a park.

CoastDrive with Teti Kamugunda



... indeed any vehicle that has many dents, then you must avoid it.

It means that either the driver is not careful or is on a short fuse and that given the right circumstances, you are likely to get into a violent altercation with the other driver.

One famous expression of anger and disgust was carried out over a decade ago.

At that time, the government of the country had lost control of land allocation and petty officials in the ministry concerned were raking in large sums of money in arranging illegal acquisition of land.

Land was also being dished out in return for favours in high places.

There was also open looting by those in the know and in the money.

It Is Time To Tarmac 'Worst Road' From Wito To Mokowe

Lamu is growing very first and needs to have good roads.

The worst road is from Wito to Mokowe, this road is only 80 kms which now it's the cry and topic of Wito and Lamu residents. The rain has already spoiled the roads and needs urgent Tarmac.

This road has been like that for many years now and just imagine 80 kms only from Wito to Mokowe this is a matter of (25 minutes) drive to reach Mokowe.

Unfortunately now will take you to drive for over 2-1/2 hours. Lamu has two Member's of Parliament and not even one has raised this issue in the Parliament for many years now. The Government has not taken any action to put tarmac on this small road.

There are many residence of Lamu and residing in Mombasa, we face with problems to visit their families if any emergencies occur.

This special if one of them is sick or in Hospital. It will take them more than 10 hours to reach Lamu now that is from Mombasa to Lamu.

We kindly request our beloved Government to put tarmac on the small road as it's the only route to reach Lamu in a quicker way or at least short way from Mombasa to Mokowe.

Many complaints have been forwarded to Hon. M.P. (Nominated) Sheikh Mohd Dor as to raise this issue in the Parliament.

Hussein Abbas, Mombasa. alhussein5555@yahoo.com



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CONGRATULATIONS TO MAYOR COUNCILLOR MUDHAR

Congratulations to the Mayor Councillor Mudhar for being re-elected for the second term unopposed.

Its only through your hard work, dedication devotion and vision that fellow councillors and wananchi have re-elected you.

We are all behind you in the process of restoring Mombasa to what it used to be.

We can see the good work that you have done in the last two years.

Your next vision should be water for the residents.

This has been going on for years and years. We have written enough letters to the media voicing our concerns. Forty six years since we gained independence and instead of moving forward we are going backwards.

Water is a very precious commodity and I hope you will look into the matter. Construction of illegal extensions on houses, bandas on pavements etc should also be looked into.

The last and most important is the ever growing number of Matatus and 'tuk tuks'. Please please can the traffic department restore order on the streets of Mombasa.

Can we have some laws enforced here. There is total disrespect from these maniacs.

Unroadworthy vehicles, under-age drivers, total disrespect for the traffic codes, tinted vehicles, 'mkokotenis', cyclists and pedestrians alike.

Azam Mohamed Kahn, Mombasa
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NEW ARRIVALS: CHELSEA, FERUCCI, STONE CHERRY, GUCCI FRAMES & CONTACT LENSES

Kenya Airways And Staminagroup To Partner In 'Perishable Centre' Project

Kenya Airways and Dutch based company Stamina-Group have signed an agreement to establish a fresh produce handling facility on a joint venture basis.

The business name for this facility will be Triple FFF with operations expected to commence in September this year.

This company seeks to provide a Fast, Flexible and Fresh (triple FFF) approach to the transportation of fresh produce in and out of Africa.

The joint venture is targeted to improve the gap in the cool chain with transport of goods from storage to the carrier under

excellent temperature conditions, a higher level of service, fast handling, full traceability and an uninterrupted cool chain.

In addition to providing this service to the Kenyan horticultural industry, Triple FFF will also handle perishables on transit from other key African markets including Zambia, Zimbabwe and Ethiopia.

KQ CEO Titus Naikuni says that this new development "is in line with contributing to the sustainable development of all spheres of Africa."

TripleFFF is expected to have over 3,000 ton cold storage and handling capacity with ultra modern cooling facilities, ramp access to the aircraft scanning, tracking and tracing facilities.

These infrastructural improvements will close the gap in the cool chain at the Jomo Kenyatta International Airport.

More efficient handling and processing of consignments with state of the art software and communication technologies will provide facilities that shall have a large positive impact on the Kenyan horticulture industry.

Current Airport transport conditions typically result in quality losses of fresh produce due to poor temperature control, long distance to the aircraft, airport delays and interventions.

An integrated cool chain that maintains optimum temperature conditions will drastically bring down losses for growers and prolong the shelf life of vegetables, fruit and flowers. For StaminaGroup of companies Kenya is a country with great potential.

CEO Mr. Harmen Van Der Plas says, "We want to participate, invest and play a role in developing the existing flower and vegetable industry to make it prosper and flourish now and in the future."

Triple FFF combines KQ's strength of an extensive African network with the experience and technological competencies of StaminaGroup.



Eric Khamasi Mombasa Linked To Kampala

Kenya Data Networks (KDN) Country Sales Manager Eric Khamasi gives a briefing during the launch of seamless connectivity between Mombasa and Kampala at KDN offices in Mombasa. With the landing of SEACOM fiber optic cable Kenya Data Networks currently has some bandwidth on test that will be ready for commercial use come 23rd July 2009. KDN is also the anchor agent for SEACOM and has a mandate to move this capacity from Mombasa to Kampala, Kigali and DRC.

THIRTY YEARS' AGO

Coastweek, June 13-19, 1979:

Talented Swahili artist Adnan Said Mohamed opened successful one-week exhibition of his paintings hosted at the British Council, Mombasa, and jointly sponsored by Mombasa Central M.P. Hon. Shariff Nassir and Old Town resident Dr. Falz Saleh.

Coast Deputy Provincial Commissioner Stephen Mwakisha was being posted on promotion to Kisumu as new P.C. for Western Province.

In a superb show of tactical running Kenya's 12-year-old Elizabeth Onyambu ran the 'Mombasa Mile' in just four minutes 23 seconds, even besting world-class long-distance athlete Rose Thompson.

As 'Mombasa Roots' band returned from a successful two-month tour in Dubai, U.A.E. the Coast was being 'invaded' by ever-popular Zairean bands according to correspondent Gray Phombeah who reported the weekend arrivals of 'Super Mazembe', 'Viva Makala', 'Orchestra Manglepa' and 'Les Kinoi'. Meanwhile Professor Omari Shabani had broken away from 'Simba Wa Nyika' band to form his own 'Orchestra Les Wanyika'.

Nairobi correspondent Ivor Davis interviewed London-based international cabaret artist Sheela Munro - who began life in Mombasa's Garjoni road, one of 13 children fathered by Goan school teacher Joey de Chaves and a Seychellois mother, who died when she was just one year old. Managed by British impresario Lord Tony Moynihan, Sheela was heading onto new success in West Germany and the Middle East.

Mombasa Little Theatre Club was in rehearsal for Jennifer Walters' musical production of 'My Fair Lady' featuring the singing talents of Lesley Anne McGuinness, Eileen Crooke, Lesley Garnett, Linda Voestermans, Rory McGuinness, John Hope, Stan Moss, John Walters, and Jacques Salzani, with the choreography of Joyce Woodward.

Paresh Malde was declared 'Top Navigator 1978' by the Mombasa Motor Club. African Safari Club's Hans Harald Kochany won the first Coast Open windsurfing regatta hosted at Dolphin Hotel, Shanzu. Karim Sumar of Aga Khan Mombasa won the under 17 singles title in the National table tennis championships hosted in Nairobi.

KENYA cinema was still showing the Turkish prison horror drama 'Midnight Express', NAAZ cinema screened Sean Connery, Donald Sutherland and Lesley Ann Down in 'The Great Train Robbery', REGAL offered Jim Kelly in the 'Adults Only' drama 'The Death Dimension', while at CHOX it was Dharmendra and Raakhee in 'Blackmail'.

Letter writers included Peggy Barrow, Joseph Okumu, John Arkie, Karim A. Karimjee, S. Shah and Mustafa Gulamali all of Mombasa, Tom Odongo of Kilifi, and Nairobi correspondents Mwangi Kangunda, Buff Mshamba Allens and Peter Wafula Muhindi.

A/H1n1 Flu Is A Relatively Mild Illness Assures Kenya Health Minister Beth Mugo

FROM FRONT PAGE
"I also wish to re-emphasize that, Swine flu (A/H1N1 flu) is a relatively mild illness, and therefore there should be no cause for panic," she told journalists in Nairobi.

"However, surveillance is still on and we have stepped up health education and promotion to the public on influenza A/H1N1," she said.

Despite the increase in the number of people infected by the A/H1N1 virus, also known as swine flu, the health minister urged Kenyans not to panic over the disease.

"I would like to urge people to uphold high standards of hygiene like frequent washing of hands with soap, covering mouth and nose with disposable tissue when coughing or sneezing and avoiding touching of eyes, nose and mouth," the minister said.

She said the government was doing everything to curb further spread of influenza, A/H1N1, and thus called on the public to remain calm since "my ministry and partners have already put in place appropriate preventive measures."

"We are also rolling out a communication campaign through

the mass media and we will also continue updating the public appropriately with the correct information," Mugo said.

According to the latest figures from the WHO website, there are over 60,000 confirmed cases of the A/H1N1 flu around the world.

More than 260 people have died of the disease.

The A/H1N1 strain is a new type of virus that has not circulated previously in humans.

The virus is contagious, spreading easily from one person to another and from one country to another.

Elizabeth Njorge Is Back At Coast!

FROM FRONT PAGE
Mozart to Andrew Lloyd Webber and will offer a new taste of classical music for Coast residents.

Tickets for the Whitesands Concert will be available from Forget Me Not, Ratna Square, from Tuesday July 14th. Coast Arts and Theatre Society Members K. shs 400/= and non-members K. shs 500/=.

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PHOTO: SIMON MUCHIRI

Delivery of three new vehicles; Nissan X-Trail 2.5 L Station Wagon, Renault Kangoo Combi Passenger and Renault Kangoo Express Van to KPRL by the D.T Doble Mombasa. Seen [from left] KPRL Office service supervisor Nathaniel Omom, KPRL Human resources Manager Martin Wahome, D. T. Doble Mombasa Seniour sale rep. Francis Bob Makau and D. T. Doble General Manger Willie Getata.



Kenya Airways MD and CEO Titus Nalkuni advises three of the twelve new trainee pilots recruited by the airline, before they flew to South Africa for an intensive 18 months pilot training programme in South Africa.

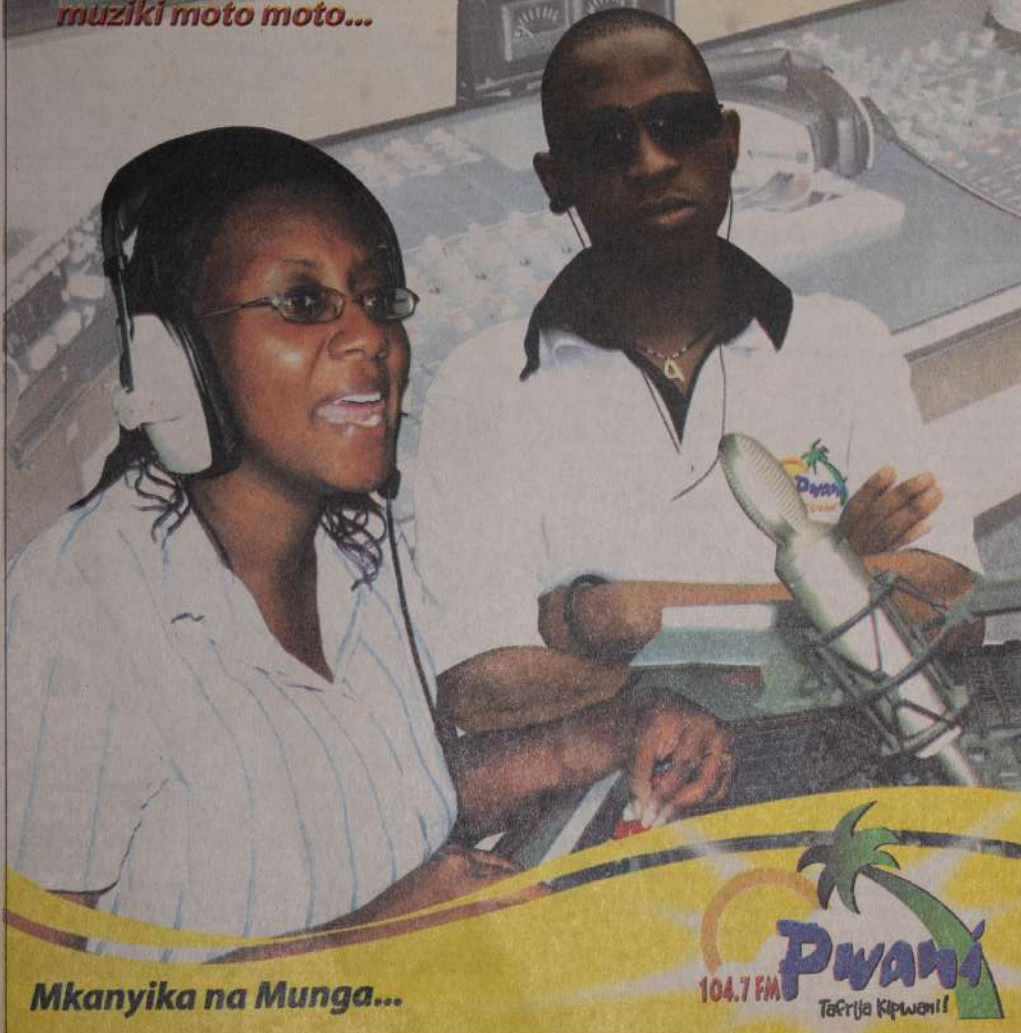
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mawaidha za kiroho, maswala nyeti na
muziki moto moto...*



Mkanyika na Munga...



Rotary Induction Night



Outgoing President Rtn. Arthur Sewe [above] handing over the chain to the In-coming President of Rotary Club of Mombasa - Rtn. Shamsheer Mawji at the Induction Night held on 27th June 2009 at Royal Castle Hotel.

MONSOON BOWL 2009 AT NGCC

PHOTO BY GILBERT ONGHOKE



Jamal Said [left] winner of Monsoon Bowl 2009, receives a trophy from NGCC Captain Vishnu Dhutia.

I&M Bank Bridge Tourney



Seen [from left] I & M Bank Manger Ms. Jinu Dhanani, C.B.A. Chairman Dr. J. D. Shah, C.B.A. Secretary Mrs. Vibha Shah, Winners of 2009 tournament A.D. Shah and C. D. Shah.

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Neues Pfadfindercenter in Miritini

DAS FORTSCHRITTLICHSTE Konzept mit "grüner" Architektur wird angewandt bei dem neuen Center für Pfadfinder, das nicht nur Pfadfinder und Besucher aus aller Welt aufnehmen kann, sondern gleichzeitig der lokalen Bevölkerung dienen wird.

Beim Bau werden umweltfreundliche Materialien verwendet, Regenwasser wird aufgefangen, ein Feuchtgebiet angelegt, um Abwasser zu reinigen, Hecken anstatt Mauern sollen das abfallende Gelände stabilisieren, Solar- und Windenergie wird den nötigen Strom produzieren.

Die Initiatoren dieses Projekts, führend als Beispiel in der Dritten Welt, sind *Kenya Scout Association* und *Harambee Coast Kenya Association* sowie ein Konsortium europäischer Partner-Italien, Deutschland, Österreich und Liechtenstein (IDOL) - das die Finanzierung übernehmen wird.

Dietrich Lucke als Vertreter von HCKA, der seit vielen Jahren mit der globalen Pfadfinderbewegung verbunden ist, besucht Kenia regelmäßig zwei bis dreimal im Jahr mit ein paar Kollegen, um den Fortschritt dieses Projekts zu überwachen.

Das Land für das Center wurde von der kenianischen Regierung zur Verfügung gestellt in Miritini, einem Vorort von Mombasa, rund 17 Acres abfallendes Gelände mit einigen Bäumen.

Das meiste Land bildet ein Tal mit kahlen Hängen, die der Erosion unterworfen sind.

"Die Vorverhandlungen und Schreivarbeiten sind abgeschlossen und wir warten noch auf die Eigentumsurkunde, bevor wir mit den Bauarbeiten beginnen können," sagt Mr. **Taibali Hamzal** von *Matrix Squared Architects*, welche Firma aus vielen anderen Bewerbern ausgewählt wurde.

Eine grüne Architektur ist vorgesehen als Beispiel für die Pfadfinder, damit sie lernen, mit der Umwelt verantwortungsvoll umzugehen.

Eine Gruppe von Gebäuden, eine Konferenzhalle für 100 Personen, Verwaltungsbüros, Küche, Speisesaal und Klassenzimmer entstehen rund um einen offenen Platz in der Mitte des Centers.

Es gibt ein Wohnheim für Pfadfinder, für Gäste Cottages mit Hotelstandards, die von Besuchern aus Übersee gemietet werden können, ferner Häuser für einen Manager und Angestellte.

ALLZEIT BEREIT auch für die Allgemeinheit ist das Motto der Pfadfinderbewegung und eine Klinik ist deshalb geplant für die Pfadfinder und die lokale Bevölkerung in der Umgebung.

In der Zukunft ist auch ein Swimmingpool vorgesehen.

Das grüne Konzept gilt nicht nur für die Gebäude, sondern für die gesamte Anlage.

Ein Teil des Landes ist vorgesehen als "Holzplatz", wo rasch wachsende Bäume

gepflanzt werden als Brennholz für die Kochherde und für das Campfeuer - ein wichtiger Bestandteil für die Pfadfinderaktivitäten.

In einem andern Teil entsteht ein Küchengarten mit Gemüse und Früchten und in einem weiteren Teil werden Bäume gepflanzt als Wald, den die Pfadfinder zum größten Teil selbst anbauen. Der Entwurf zieht das Terrain in Betracht und hat einen Dämm vorgesehen, um Wasser aufzufangen; in der Regenzeit sollte das ca. 60 m lange Becken mit Wasser aufgefüllt werden.

hauptsächlich lokale Arbeitskräfte eingesetzt.

Für Wasserpumpen, Kühlschränke und Warmwasser wird Solarenergie verwendet.

Regenwasser wird von den Dächern in Untertanks gesammelt und sollte rund 90 Prozent des Wasserbedarfs decken.

30 Prozent des Wassers wird in jedem modernen Gebäude verschwendet für Toiletten mit Wasserspülung; deshalb werden in Miritini Komposttoiletten installiert, um Wasser zu sparen.

Abwasser von der Küche und Wäscherei wird gereinigt in einer

und eine Frauengruppe stellen Plastiksäcke Sonnenhüte und Einkaufstaschen her.

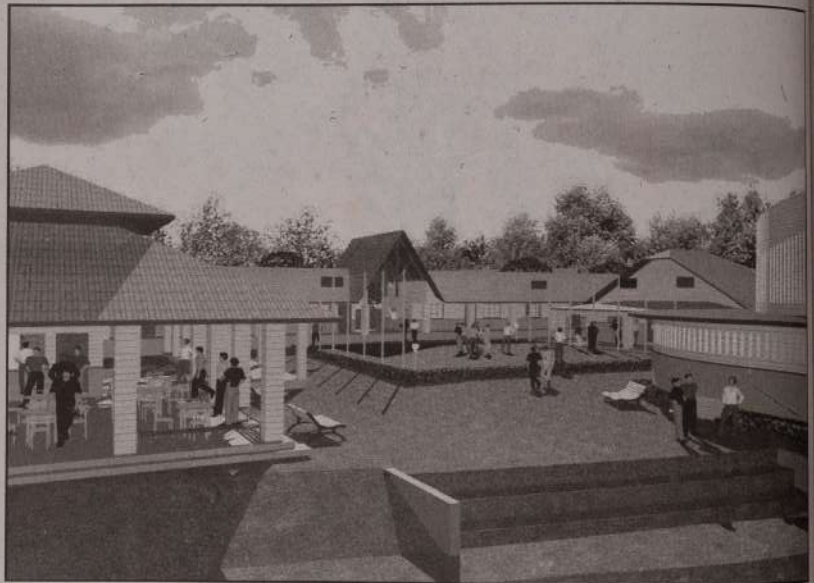
Aller Müll von der Klinik wird einem Verbrennungsofen entsorgt.

Trinkwasser wird im Camp hergestellt, gereinigt und gefiltert, damit man auf unzähligen Plastikflaschen verzichten kann.

Auf dem unebenen Gelände werden Terrassen angelegt, Hecken anstatt Betonmauern mit besonderem Vetter Grass das die Erde festhält.

Mit einem dichten Wurzelgeflecht, das bis drei Meter reicht, reinigt es auch das Abwasser, das für den Obst- und Gemüsebau verwendet wird.

Auszug aus einem Bericht von Patricia Hughes Scott



EINE ZEICHNUNG des neuen Pfadfindercenters in Miritini, das fortschrittlichste Konzept mit "grüner" Architektur, um die Umwelt zu schonen.

Dort können die Pfadfinder lernen, wie man Brücken baut.

Als Baumaterial dienen Korallenstein, Mazerasteinplatten, Casuarinas, Gummibäume und anderes weiches Holz, um Hartholz zu vermeiden.

Die Dächer sind aus farbigem Aluminiumblech, sehen wie Ziegel aus und korrodieren nicht.

Aluminiumdosen werden zum Beispiel in den Behindertenwerkstätten von Bombolulu zu attraktiven Artikeln verarbeitet

Reihe von künstlichen Schilfbecke mit besonders ausgesuchten Pflanzen, die mit Mikroorganismen das Wasser filtern, bevor es zur Bewässerung des Gartens dient.

Alle Abfälle werden im Camp sortiert und möglichst wieder verwendet.

Aluminiumdosen werden zum Beispiel in den Behindertenwerkstätten von Bombolulu zu attraktiven Artikeln verarbeitet

2010 ist ein wichtiges Jahr für die Pfadfinder, denn die Bewegung wurde in Kenia vor hundert Jahren gegründet.

Zur Feier des Jubiläums wird ein "World Moof", eine globale Zusammenkunft von Pfadfindern, in Miritini abgehalten.

Kenia war das erste Land in Afrika mit einer Pfadfinderbewegung, zu welcher heute 300.000 Pfadfinder und 20.000 Pfadfinderführer gehören.

Nguuni Nature Sanctuary

Nguuni Nature Sanctuary is a completely unique and natural environment, approximately 5km from Bamburi Cement factory. It's a home to a number of animals, birds and trees. Animals can be seen at a close distance. Enjoy a nature walk long rain-fed ponds and to a huge wetland and see a wide range of birds.

Also offered: *The Sundowner and Picnic venues* are a spectacular place to get together with friends and family around the campfire as you are surrounded by antelopes while watching a magnificent sunset. Or enjoy a picnic after your guided nature/bird walk.

Baobab Trust - Bookings: 5 486155 / 0721 357 876
Directions: 0724 828 046 Mombasa

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ACTION FOR ACTS DUATHLON 2009
at Bamburi Forest Trails on
Saturday 18th July starting at 1.00pm

Events

- Duathlon: 10k bike ride 5k run as an individual or as a team
- Junior Duathlon (14 yrs and under) as above
- Junior Relay Run (13 yrs and under) 1km x 3 laps
- Open Relay Run 3km x 3 laps
- Brisk/Leisurely Walk 3km
- Children's Run Two Races: 9 yrs & under 0.75km & 6 yrs & under 0.5km

Entry fees

Duathlon Ksh.1,000 for individual participant
Ksh. 1,000/= for a team

Relay Run 500/= per person
Walk 500/= per person
Children's run 400/= per child

Snacks and drinks available
Entry Forms from ACTS Office Ratna Square or at the event
Contacts- Tel: 471835/470172/0733600619/0725335659
E-mail: actsmso@africanonline.co.ke

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Im Schubkarren zum Höllentor

DER KENYA Wildlife Service (KWS) hat am 6. Juni ein einzigartiges Schubkarrenrennen organisiert im Hell's gate Nationalpark, um Geld aufzubringen zur Aufklärung der Gemeinden über die Erhaltung des Naivasha Ökosystems.

Das Event war für die ganze Familie gedacht, für jeweils zwei Personen, von denen die eine die andere in einem Schubkarren über ein schwieriges Terrain von 5 km schiebt.

Hell's Gate Nationalpark Senior Warden Nelly Palmeris sagt, der Park, der sich über 6,8 km erstreckt, hat verschiedene Probleme zu bewältigen.

Der Hell's Gate Nationalpark ist einzigartig, da sich von den mehr als 67.000 wilden Tieren rund 90 Prozent auf Privatland außerhalb des Parks aufhalten.

Da kaum 10 Prozent der Tiere in geschützten Gebieten leben, gibt es mehr Wilderei und einen größeren Markt für Wildfleisch; durch sich ständig ausbreitende Siedlungen und Einzäunung geht der Lebensraum des Wildes verloren und es gibt Konflikte zwischen Mensch und Tier.

Es ist deshalb ratsam, dass der KWS mit den Gemeinden rund um den Park zusammenarbeitet, denn ihr Land ist wichtig für das Überleben der wilden Tiere.

Bei dem Schubkarrenrennen gab es für die Teilnehmer verschiedene Preise und für die Zuschauer Unterhaltung.

Der Erlös aus dem Event wird verwendet, um alternative Verdienstmöglichkeiten zu bieten wie zum Beispiel Bienzucht oder Abfallverwertung.

Der Park, 100 km nordwestlich von Naivasha, ist ein beliebtes Ausflugsziel und offeriert eine Reihe von Aktivitäten wie Reiten, Radfahren und Klettern im Fels.

Vor drei Monaten wurde dort Kenias erster Albinobüffel geboren, der nun eine Hauptattraktion geworden ist.



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AQUADROM

Yul's

We are re-opening on 15 July, 2009!



Date Not To Be Missed - 'Classics At The Coast' Performed By Top Kenyan Artists

Last month The Society for the Performing Arts in Nigeria came to Mombasa, those of you who saw the show at the Aga Khan school will agree it was an exciting performance and you could tell the stars of the show really enjoy what they do for a living.

We also had the show 'RaceTime' in June, unfortunately this was quite poorly attended but those who did see it were thoroughly entertained.

The students in the show had a great time and the special effects were amazing!

We must try and support all of Jean's students shows as the children must be encouraged and we would really miss them if we didn't have them.

On the 1st and 2nd August we have a concert coming from Nairobi.

On 1st August the show will be in the Makatanu theatre at Whitesands Hotel at 7:30pm and on 2nd August it will be at Leisure Lodge on the South Coast.

The concert will be 'Classics at the Coast' - a new taste of

classical music performed by Kenyan artistes.

The concert will feature a broad variety of popular classical music through the ages, from Haydn to Schwartz and Baby Face, Mozart to Andrew Lloyd Weber... all performed by the Kenya conservatoire of Music orchestra, Elizabeth Njoroge (soprano), The Moipei sisters, and Can-tus in Choro vocal ensemble.

We also hope to organize a quiz soon, as soon as a date is set I will let you know where and when!

Don't forget the ACTS Duathlon on Saturday 18th July starting from 1.00 p.m.

AN EXCITING I & M BANK OPEN PAIRS BRIDGE TOURNAMENT

Coast Bridge Association Open Pairs Bridge

Tournament was played at Traveller's Beach Hotel on 13th and 14th June, 2009 kindly sponsored by I & M Bank, Mombasa.

There were eight tables. C.B.A. Chairman, Dr. J. D. Shah thanked all the players for their participation and congratulated the winners. He thanked Mrs. Vibha Shah for her dedication to bridge.

He also thanked the directors of I & M Bank for sponsoring this tournament this year also.

C.B.A. Secretary, Mrs. Vibha Shah, thanked Ms. Jinu Dhanani, the Manager of I & M Bank, Mombasa for her full support to this tournament.

She also thanked the manage-

ment of Traveller's Beach Hotel for wonderful arrangement.

Ms. Jinu Dhanani attended the prize giving ceremony on 14th June. She congratulated the winners and promised to sponsor the tournament next year also.

Coast Bridge Results

Duplicate Bridge played at United Sports Club on 6th July 2009

K P Shah: P Savla 153; Ramnik Shah: Amu Shah 134; Kanchan Shah: Dipti Shah 124; Narendra Shah: Koki Shah 118; P Gandhi: Dr. J D Shah 117; J Babla: Neemaben 114; P M Shah: Harilal Malde 106; Vibha Shah: Rasik Shah 101; A D Shah: C D Shah 97; Ketan S Shah: Rohit Malde 96; Ashok Dodhia: Kaushika Dodhia 93; Taru Shah: Poonam Shah 67.

Theatre Notes by THESPIAN



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- Sarova Salt Lick Game Lodge
- Sarova Taita Hills Game Lodge

Now New Sudoku every week!
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	7	9		1
8				5
	4	2		
2		6	3	5
6	8	5	1	3
	3	2	9	7
		5	6	
4				2
7	9	4		

SUDOKU NO. 152

NAME.....

ADDRESS.....

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE SUDOKU' NO. 149

6	8	3	1	9	5	2	7	4
7	1	9	3	4	2	8	6	5
5	2	4	6	8	7	3	9	1
1	5	7	8	3	4	9	2	6
8	9	2	5	7	6	1	4	3
3	4	6	2	1	9	7	5	8
9	3	5	4	2	1	6	8	7
4	7	8	9	6	3	5	1	2
2	6	1	7	5	8	4	3	9

WINNER OF 'PRIZE SUDOKU' NO. 149
MRS. R. S. DARSOT,
P. O. BOX 80642, MOMBASA

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Coast Swim Club Prepare To Reclaim Its Spotlight!

Established in 1980 by Swaleh Taib (late Sharif Nassir's brother), Coast Swimming Club is the oldest Swim Club in Kenya which has produced some of the best and talented swimmers in the country who are of National and International Standards.

Reclaim Its Spotlight!

Games (1987) under the Egyptian Coach - Mohamed Farid and the Club's first coach, Coach Hassan Yusuf.

Hassan Yusuf together with Coach Abdulmalik (current Coach), assembled a young and professional team which

home 45 Medals after attaining 5th Position out of 38 Clubs, also consisted of swimmers from Coast Swim Club, namely Mudathir Timamy, Uba Abdalla, Sahil Harunani, Abdulmajid Kadernani, Issa Abdalla, Abubaker Ahmed, and Mohamed

Ayman Hamid (1G/3B), Mahir Harunani (3G/1S/5B), Fidiwan Abubaker (3B), Issa Abdalla (2G/1B), Mohamed Timamy (1G/1S/3B), Ramadhan Vyombo (2G/1B), Raj Shah (4G/3B), Abubaker Ahmed (11G/2S/1B), Mohamed Shellie (1G/3S/2B).

Hemed Abdalla (4B), Soud Rashid (1S/2B), Naim Abdulkadir (1G), Shan Vora (3G/1S/1B), Azgar Mohamed (2B), Akshay Maru (2B), Binal Jayasinghe (2B), Burhanudin Chandabhai (2B), Omar Abdulaziz (2S/1B), Nabi Shikely (2G/1S), Nabiha Shikely (2G/2S/1B), Uba Abdalla (4G/4S), Mudathir Timamy (1G/2S/4B) and Mohini Maru (2S/2B).

Coast Swimming club has always been the inter clubs champions and wish to congratulate Bandari Team for taking the spot light for 2009. Being 1st Runners Up with 131 medals.

This is an indication that more talented swimmers are in the making and thus a challenge for the club to work harder and reclaim its position as the champions.

The success of the club is not only due to the endurance of the swimmer but also the parents who continuously support the club and the club says Asante Sana Parents.



Coast Swimming Club Team.

The first generation of swimmers from Coast Swim Club include Abdulmalik, Hemed, Swaleh Hatimy, Suleiman Shikely, Farhat Shikely, Abdalla Hemed (Dola) and many others who took part in the Africa Championships in Zimbabwe and not forgetting the All Africa

Included: Hamid Nassir, Kim Jin Wu (1st Male Kenyan swimmer at the Olympics), National Breakers like Abdulmajid Hemed, Issa Abdalla and Ramadhan Vyomba (Rama).

The CASA team that recently returned from South Africa that did Kenya proud by bringing

Hassan and Ahmed Hassan (twins).

Ahmed Abubaker, is the 15 year old swimmer who broke Kenya's best time which was held by Kiptone Boite (18 Yrs) from Nairobi.

Twins - Mohamed Hassan and Ahmed Hassan may look alike but each wants to display their respective talents in the waters of Aga Khan Primary swimming pool where Coast Swim Club swimmers chop waters like a pro.

Upcoming young relay youngsters are the 'bazukas' (9 Yrs) - Karan Khagram, Nabil Shikely, Mahir Harunani and Shan Vora who scooped the gold medal (800M Free Relay) at the just concluded Inter Clubs Gala while the 'fast and furious' - Ridhwan Abubaker, Ayman Hamid, Akshay Maru and Binal Jayasinghe scooped the bronze medal.

Girls are definitely not being left out and Uba Abdalla, Mudathir Timamy and Nabiha Shikely are out there to prove they got what it takes. A girls relay team is in the making to surprise spectators once swimming resumes.

Medals awarded were: - Sahil Harunani (2G/5S/3B), Rohin Kanji (1B/1S), Sahil Yusuf (2S/2B), Abdulmajid Kadernani (5G/4S/5B), Mohamed Hassan (6G/3S/3B), Ahmed Hassan (7G/2S/3B), Karan Khagram (2G/1B),

Serena William's Wimbledon Received With Ecstasy In Kenya

FROM BACK PAGE someone we can say we are familiar with

During the clinic, she toured five courts where players were assembled according to their age groups and also played demonstration double where myriad of eyes kept track of her every and powerful body.

It also dawned on the youth that a famous person does not have private life as Terry Odera, who found the limelight too intimidating remarked then:

"If that is what it means to be a superstar, I am beginning to have second thoughts."

This time she said that Serena deserves all the limelight however intimidating it might be because she has worked hard for it.

During the Wimbledon Championships, practice sessions were grind to a halt whenever Serena took to the court and the break was last for as long as the ball was in play.

2009 Kenya Open Tennis champion Sakina Nshimirima is happy that she and her idol are on a winning streak this year.

'JUNE MUG' AT NGCC



Godfrey Onyango [centre] A-Division Winner and Best Goalkeeper during June Mug is seen with NGCC Manager Musa Odhiambo [left] and Captain Vishnu Dhutia [right].

Management Team Winners Of MTTI Athletics Championship

Management team won this year's Mombasa Technical Training Institute (MTTI) athletics championship after collecting total of 138 points.

During the championship held at Mombasa Municipal Stadium last weekend, Electrical and Institutional Management team finished second with 132 points while Mechanical, Secretarial and Languages team were third with 108 points.

Fourth place went to Information Technology who bagged in 89 points with Applied Sciences finishing last with 60 points.

Kilele Kipkorir of Management team returned 10 minutes 45.14 seconds to win the 3,000 meter race, followed by Mechanical's Morgan Juma who returned 11:43.29 with Jackson Machanga (Management) finishing third in a time of 12:02.99.

Earlier, Kipkorir clocked 17:36.67 to win the 5,000m race, beating Eddy Mwakazi of Mechanical who took 17:36.81 as Electrical's Onesmus Mwamburi was third (17:48.77).

Management runners - Cosmas Mutwira and Amos Nzioka finished 1-2 in the 1,500m where the former clocked 4:48.44 with the latter taking 4:58.94 as Electrical's Hassan Ismail finished third in 4:58.94.

In the women category, Khadija Kwela of Secretariat won the 1,500m event when she timed 6:34.20, Millicent Bahati of Institutional

Management (IM) coming second in a time of 6:39.66 as Mesaidd Hassan of Management satisfied with third place (6:56.24).

The 200m event was won by Naomi Munene of Management who returned 30.26 followed by her team mate, Christina Mumbi (33.42) with Zippora Maganga of IM finishing third (35.13).

Electrical team dominated the men shot put event where Cyrus Obonyo won it with a throw of 9.66 metres, followed by his team mate Elisha Otieno who threw at 8.40m and Electrical Craft's Kevin Adeya satisfied with third place (8.09m).

Titus Kironya of Management won the Javelin in 41.0m as Daniel Nyang'oro of Diplomee and Management finished third in 39.2m and 35.2m respectively.

In the ladies category, Miriam Mbatha and Aileen Ngowa won 1-2 for Information Technology in women javelin when they threw at 23.2m and 22.2m as Applied Science's Rachiel Leja finishing third in 19.6m.

Tourism's Christine Mwasaga took the shot put crown in 6.60m followed by Christine Migwi of DAB and FB's Brigit Odini who recorded 6.39m and 6.38m.

MTTI was preparing their team for the forthcoming national colleges athletics championships.

COAST BRIDGE with C.P. SHAH

Following is a fantastic Bridge hand which saw the defenders defeating the contract.

DEALER: EAST EAST-WEST VULNERABLE BIDDING:

EAST	SOUTH	WEST	NORTH
ONE CLUB (1)	THREE SPADES (2)	DOUBLE (3)	RE DOUBLE (4)
PASS (5)	PASS	PASS	

1. Playing strong 'No' Trump and Five Card Majors. 2. Pre-emptive. Two Spades would have been better.

3. Negative - Take Out Double - Promising Hearts.

4. Shows some strength.

5. Meant to suggest Defend.

West led his singleton Trump and this removed the threat of a Diamond ruff.

Declarer won cheaply in hand (East withholding the

NORTH				
A	8			
10	8	7	6	5
A	7			
10	7	6	3	

WEST				
7				
A	K	J	3	
Q	9	6	3	2
8	4	2		

EAST				
J	4	3	2	
Q	2			
K	10	5		
K	Q	J	5	

Knave) and led Nine of Hearts.

East won the Queen and switched to the King of Clubs.

Declarer won the Ace of Clubs and returned the Nine.

East won with the Queen and now led a second Trump.

Winning Dummy's Ace, the winning play is to lead the

Ten of Clubs, pinning West's Eight and promoting the Seven but Declarer led a low Club, and East played low and in the end Declarer fell one trick short (six Trumps and two Aces). Down one.

SOUTH				
K	Q	10	9	6
9	4			
J	8	4		
A	9			

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MOMBASA AND NAIROBI

Madamani Primary Clinch 2009 MTG Girls Soccer Crown

Genze's Madamani Primary School clinched the 2009 Moving the Goalpost (MTG) Girls Soccer Competition crown when they defeated Marere Primary School 1-0 during the final match at Mnarani ground in Kilifi last Saturday.

Hundreds of soccer fans watched an all-Genze schools thrilling final encounter. The fans left the playing ground praising MTG

Soccer Scene with
Abdurrehman Sharif



management for organising

such successful competitions that had been producing talented and skillful young girls.

Madamani started the game as under-dogs, snatched the all-important goal in the 21st minute when Caroline Yeri found the back of the net after a solo move from the centre.

In the semi finals, Madamani defeated Chang'ombe from Kaloleni 3-0 while Marere who qualified for the final with an

unbeaten record, beat Jezazhому of Bahari 1-0 with the lone goal netted by Sofia Michael.

Penalty Shoot

In a third play off match, Jezazhому registered a 5-2 penalty shoot out victory over Chang'ombe after the two teams settled to one-all draw.

Lillian Mbaji of Chang'ombe Primary emerged the

tournament top scorer with 12 goals to her credit, followed by Nzovuni's Halima Rashid and Mwanaidi Mathias of Fumbini who scored 10 goals each.

Before presenting prizes to the winners, MTG Capacity building co-ordinator, Rebecca N. Kalume said total of 96 primary schools participated in the competition which she described as "very successful and without any ugly incident."

Rebecca said they were

organising such competitions to make girls improve their standard of play.

"In these competitions, we select the best player who form MTG team that take part in the Coast league and knock out competitions and also participating in the national tournaments," she said.

Winning teams and top scorers were awarded sets of jerseys, t-shirts, footballs, first aid kits and certificates.

NGCC Play Host To Uganda And Machakos Golf Clubs

Nyali Golf and Country Club played host to Uganda and Machakos Golf Clubs over the weekend of 4th and 5th July 2009.

The visitors joined Nyali members for the July Mug which was played on Saturday 4th and on Sunday the three clubs fought out a three way match.

It was a return of compliments for Uganda Golf Club, Nyali having enjoyed their hospitality while the match against Machakos organised through courtesy of Nyali Chairman coincided with the Uganda match, which turned out to be a happy coincident, considering Ugandan contingent was limited to just 5 players.

Sixteen players from Machakos and a generous donation by Nyali of its members who temporarily acquired dual citizenship becoming honorary Ugandans for the match, made it a "more merrier" scenario for the match on Sunday.

Saturday Mug also saw good numbers, with 22 guests and a good turn out of 58 from Nyali members and 5 caddies.

Attendance was a bit thin on the ladies side that played their medal, particularly as a few had opted to play in the morning.

In the men's A division the veterans had their day, DCK Muli taking the top spot with his 72 nett and Mahendra Shah taking the second on 73. The third prize went to Gael Ntore on 74.

Another veteran, Salim Tweche took the first in B division on 74, after a count back with Raphael Thyaka who was followed by Akil Mughai on 77.

The best nett score of the day came from C Division at 70 made by N Venant who was 5 shots ahead of the next best in the division, G M Njuguna taking second, being followed closely by Paul Macharia on 76.

DCK's 72 was the result of a total of 79 which qualified him for the best gross prize.

Ali Jillo was the best Caddy on 77. The best nett score for the ladies came from Bronze Division.

Two ladies managed 71 in the fairly difficult conditions with stiff breeze and tricky pin positions and of these two, Jayne Githere beat Sumali Jayasinghe with a better count back.

Jayne also took the best gross prize on 95. Akki Khan won the first in Silver Division with 75, followed closely by Florence Karimi on 76. Florence also took the best gross on 88.

Jane Mburu was the best putter with 29 putts.

The mug was followed by drinks, dinner and disco in honour of the guests and the very considerate starting time for the next day's match ensured a long evening of merry making.

The match on Sunday was on a foursomes format off scratch.

Uganda, with the assistance of the valuable local knowledge of its temporary members thrashed Nyali 17 to 5.

Nyali however prevailed over Machakos 13 to 11, a fair result overall.

With good cloud cover and the threatening rain holding off most of the time, it was a very pleasant day for golf and the drinks and delicious lunch that followed the match made for a fun day.

The Mug was sponsored by the Nyali Captain Vishnu Dhutia who provided the regular prizes for Nyali members while the club members raised funds through Harambee to provide 4 prizes for each of the visiting clubs and for the drinks, dinner and disco on Saturday and drinks and lunch on Sunday for the guests.

Golf Report by THE MARKER

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HABIB LEADS ONCE AGAIN @ HOLLYWOOD BOWL

Habib Maks performance and scores this month proves he remains unbeatable.

This is evident as this week his first scores were 221 points and later on after three days made changes in his scores by adding 2 points.

Habib is currently holding the first position in the Mens category with 223 points.

The winners of last month in the STRIKE 'N' WIN Promotion were Habib Maks, Katinda and Mark kohler.

Each one of them shall receive ten bowling complimentary games for their good performance and appearing the top in the list of the bowlers in their respective categories.

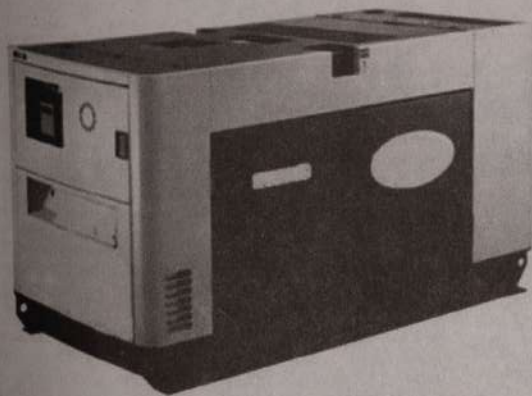
Congratulations to all bowlers too!!

Top scorers of June: Mens category: Habib Maks - 230 points, Ladies category: Katinda - 131 points, Under 15 Years: Mark Kohler - 155 points.

Scores @ the close of the week: Mens category: Habib Maks - 223 points.

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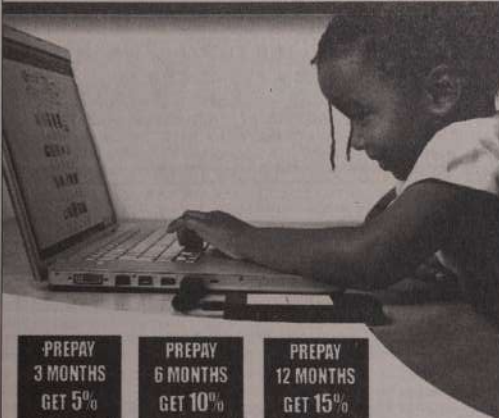
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Issue No. 3228 July 10 - 16, 2009

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LONDON, (Xinhua) -- Venus and Serena Williams [left] of the United States hold up the trophies in the awarding ceremony after winning the Ladies' Doubles Final against Samantha Stosur and Rennae Stubbs of Australia at the Centre Court of the 2009 Wimbledon Tennis Championships in Wimbledon of London, UK, July 4, 2009. XINHUA PHOTO - WANG LIU

'Ecstatic Reception' For Serena's Wimbledon Win

NAIROBI, (Xinhua) -- **Sadili Oval Complex, the tennis playing facility in Kenya that Serena Williams visited and conducted a tennis clinic for upcoming players during her three-day visit to the country in November 2008 is in ecstasy following her weekend win of the Wimbledon Championships tennis title.**

The center's fraternity has exhibited much love and adoration for Serena ever since she visited the place and was keenly following her progress at the championships.

"The children were closely following her progress throughout Wimbledon and they all voted that her match against Dimentieva was for them a most amazing experience," said Dr. Odera the director of the center who was Serena's host.

"They are convinced that her coming to spend time with them at the edge of Africa's largest stadium gave her their blessings that she needed to win."

Serena arrived in Kenya on November 13, 2008 and had her official commitment in the dusty Eastern Province district of Makeni where she opened a school in a remote part of the country that has been named after her.

"Some are saying she should come back again for more

blessings. The kids were over the moon for sharing a court with Serena and are very excited about her Wimbledon win," Odera said.

"Some did not believe that the person they were playing with is the star they have been reading about in the papers and watching on TV. She was very humble."

The Serena Williams Secondary School, Matoni was constructed through funds provided by Serena together with computer accessories company Hewlett Packard.

The newly opened school boasts of a modern state-of-the-art computer laboratory that runs on solar power supplied by Hewlett Packard.

The tennis icon also met Prime Minister Raila Odinga who

hosted her in his office and presented a memento to her in remembrance.

However, the climax of her tour was a visit to Sadili Oval Complex on the outskirts of Nairobi where she conducted the clinic and gave motivational talk to youngsters. For most them, it was an occasion that still remains etched in their minds and a dream come true.

Richard Ooko, one of the young players who shared a court with Serena hopes that his experience will rub onto him and make him a superstar like her.

"Serena gave me tips during our encounter that have since improved my play and I am very happy for her to have won Wimbledon because she

CONCLUDED PAGE 1

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KENYA TIDE TABLES

MOMBASA, July 10 - 16, 2009

FRIDAY High Water - 2.9 m. at 06.03 hrs. (6.03 a.m.) and 3.3 m. at 18.06 hrs. (6.06 p.m.). Low Water - 0.7 m. at 11.50 hrs. (11.50 a.m.).

SATURDAY High Water - 3.0 m. at 06.32 hrs. (6.32 a.m.) and 3.2 m. at 18.37 hrs. (6.37 p.m.). Low Water - 0.5 m. at 00.24 hrs. (12.53 a.m.) and 0.7 m. at 12.24 hrs. (12.24 p.m.).

SUNDAY High Water - 3.0 m. at 07.03 hrs. (7.03 a.m.) and 3.1 m. at 19.10 hrs. (7.10 p.m.). Low Water - 0.5 m. at 00.53 hrs. (12.24 a.m.) and 0.8 m. at 13.00 hrs. (1.00 p.m.).

MONDAY High Water - 2.9 m. at 07.37 hrs. (7.37 a.m.) and 2.9 m. at 19.44 hrs. (7.44 p.m.). Low Water - 0.6 m. at 01.23 hrs. (1.23 a.m.) and 0.9 m. at 13.37 hrs. (1.37 p.m.).

TUESDAY High Water - 2.9 m. at 08.17 hrs. (8.17 a.m.) and 2.7 m. at 20.24 hrs. (8.24 p.m.). Low Water - 0.7 m. at 01.56 hrs. (1.56 a.m.) and 1.0 m. at 14.20 hrs. (2.20 p.m.).

WEDNESDAY High Water - 2.8 m. at 09.04 hrs. (9.04 a.m.) and 2.5 m. at 21.14 hrs. (9.14 p.m.). Low Water - 0.8 m. at 02.33 hrs. (2.33 a.m.) and 1.1 m. at 15.14 hrs. (3.14 p.m.).

THURSDAY High Water - 2.8 m. at 10.06 hrs. (10.06 a.m.) and 2.3 m. at 22.22 hrs. (10.22 p.m.). Low Water - 1.0 m. at 03.18 hrs. (3.18 a.m.) and 1.2 m. at 16.28 hrs. (4.28 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

COASTWEEK TEL: 2230125 / 2230130 MOMBASA
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