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Coastweek

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Jubilee Holdings Top E.A. Insurers

DYNAMIC GROUP POSTS RECORD PROFIT OF K. SHS 900.7 MILLION

Jubilee Holdings Ltd has consolidated its position as the largest insurer in East Africa with a gross written premium of KShs 7.6 billion reflecting a 34 per cent increase from 2007.

The Group posted a record profit of KShs 900.7 million, in an unfriendly environment.

This is despite the major economic challenges of 2008: the impact of the post December 2007 election violence in the first half of the year and the global economic recession that commenced in the second half of the year.

At its seventy first annual general meeting, Jubilee recommended a dividend payout of 85 per cent on the share capital amounting to Shs. 3.25 per share, bringing the total dividend for 2008 to Shs. 191.3 million. Jubilee Holdings Chairman, Nizar Juma said, "We offer insurance protection to nearly 200,000 people in East Africa.

"In addition to maintaining our leadership position in the East African market, in 2008 Jubilee Kenya and Jubilee Uganda are also the largest insurance companies in their respective countries."

Jubilee Uganda registered a growth rate of 65 per cent in 2008 and, for the second year running, was also rated the best insurer of the year by the insurance brokers of Uganda.

JUBILEE KENYA

Jubilee Kenya also exceeded industry growth rates in all lines of business with a 28 per cent growth.

In general business, gross written premium grew by 34.7 per cent compared with industry growth of 12 per cent to reach Shs 5.234 billion and recorded an outstanding underwriting profit of Shs 265 million as compared to Shs 51 million in 2007.

The Group's medical insurance premium grew by 19.3 per cent to reach Shs 1.479 billion, securing nearly a third of the market share.

In 2008, Jubilee also expanded its successful medical insurance franchise into Uganda and Tanzania.

In its long term business, Jubilee demonstrated strong growth of 30.2 per cent.

Following their successes in CONCLUDED PAGE NINE



Baobab Trust Celebrating World Environment Day

Every year on June 05, the United Nations encourages worldwide awareness of the environment.

And more than 100 countries participating, some mark the day with a week of various activities.

With the United Nations theme for WED 2009, 'Your Planet Needs You- Unite to Combat Climate Change, Baobab Trust marked this day by planting tree seedlings.

The seedlings were planted in the hinterland of Mombasa, where the Miledi Women's Self Help Group and children from Marimani Primary School and staff from the Trust participated in the event.

With a message for WED 2009, 'Plant Trees for a Healthy Human Society', the enthusiastic and excited group planted 450 indigenous seedlings immediately after a heavy downpour.

The event was closed with poems and songs by the school children, after having a successful and enjoyable tree planting morning.



Moto | Moto | - Traditional dancers and live entertainment can give your private or commercial function that extra special touch at the elegant Mombasa Continental Resort, situated on the Shanzu beach front along the Kenya North Coast. SEE ALSO PAGE NINE

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Mombasa

36 Years Of Service At Coastal Bottlers Ltd

Mr. Taherali Ebrahim retires from
Coastal Bottlers Ltd (Coco-Cola) after a
service of 36years.

The Managing director of Coastal Bottlers Ltd
and Mr. Suresh
Raja expressed
their sentiments
in losing a
resourceful staff
during this time
when the



Taherali Ebrahim.

company is expanding its operations at Mtwapa.

In addition, Mr. Subu, the General Manager
honoured Mr. Taherali as a dedicated and honest
man whose commitment towards the company
shall be recorded, remembered and cherished by
the management for a long time to come.

FAREWELL CEREMONY

At the farewell ceremony, Mr. Subu wished Mr.
Taherali a peaceful retirement and success at his
future plans to join his wife's business at the
Little Flowers Nursery and Primary School.

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Events Timing		
Tue 30 June 2009	2pm - 4pm	Nyali Beach Hotel - Mombasa By Appointment +254710450118
Thu 2 July 2009	2pm - 7pm	Nyali Beach Hotel - Mombasa By Appointment + 254710450118



Contact us: Middlesex University Kenya Office
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Sarova Whitesands Extends A Helping Hand To The New Life Children's Home



Sarova Whitesands Management Staff and Representatives from the New Life Children's Home-Mombasa seen (from left) Emmanuel Waya, James Ojwang, Peter and Selther Mutua (New Life Children's Home: Mombasa Management) Sam Anyumba (back), Yogen Datta, Donald Shipenzi.

New Life Children's Home-Mombasa Branch was opened in 2006.

It is registered as a children's home under the Kenyan government and has been deemed a safe refuge for homeless and orphaned children.

Children, who would otherwise become HIV/AIDS statistics or live in abject poverty, find a place of hope and a healthy environment in which to live.

Malnourished children and children needing special medical care are transferred to the main home in Kilimani, Nairobi.

So far the home has housed 45 children most of whom have been adopted and currently their occupancy is 15 children.

Sarova Whitesands Beach Resort and Spa is honoured to be a part of the Home's initiative to extend a helping hand to the orphaned children and be a contributor towards assisting in their development and intergration into society.

The entire fraternity of Sarova Whitesands Beach Resort and Spa believes that to care about a child is to care about your community, region, country, and about the whole world.

Kenya Airways To Offer IATA Training Courses

Kenya Airways and IATA have reached an agreement designating the Pride Centre as an IATA regional training centre.

Following this, IATA in conjunction with Kenya Airways will offer courses on a commercial basis at the Pride Centre starting in the month of July.

These courses which include airline management integration, airside accident investigation, station and ground handling management are expected to help grow aviation expertise in Africa.

Provision of these courses will mean great savings for airline companies who have in the past had to send their staff to Geneva and other destinations in Europe, North America and Asia for training.

The Pride Centre which opened its doors in July 2007 has been providing in-house training for the over 4000 KO employees. Commenting on this new development, KQ CEO Titus Nalkuni said, "this is clear illustration that we are committed to advancing aviation standards in Africa.

The Pride Centre has world class facilities, trainers

and curriculum that has been benchmarked against industry leaders such as Rolls-Royce, Boeing and IATA."

Kenya Airways acquired the Pride Centre development facility in 2005 at a cost Kshs 360 million.

Refurbishment which included interior modification of the existing building, an additional car park, a gatehouse; and an amphitheatre was then done at a cost of Kshs.180 million.

In December 2008, 2 Virtual Procedures Trainers (VPT), were installed at the Pride Centre.

The VPT is a flat panel trainer that replicates the aircraft flight deck and provides users with a graphical representation (via touch panel displays) of the cockpit including simulation of aircraft systems.

The VPTs are expected to produce cost savings for the airline by reducing the training costs of pilots and engineers who have previously had to train abroad.

Medical Camp For The Residents Of Old Town

The Aga Khan Hospital Mombasa in conjunction with the Old Town Health Committee recently held a highly successful Medical Camp for the residents of Old Town at the Kaderbhuoy Clinic on Makadara Grounds.

The Hospital provided free screening for medical diseases.

The Aga Khan Hospital's consultants in Cardiology (heart), Nephrology (kidneys), Paediatrics (children) as well as General Medicine were able to screen over 400 patients.

Laboratory tests and drugs were provided free to all the patients by the Aga Khan Hospital, Mombasa.

Other activities offered in the Medical Camp included talks on appropriate nutrition and on Breast Cancer Awareness.

Among the many conditions seen included High Blood pressure, Diabetes and Anaemia.

The Aga Khan Hospital Mombasa would like to express

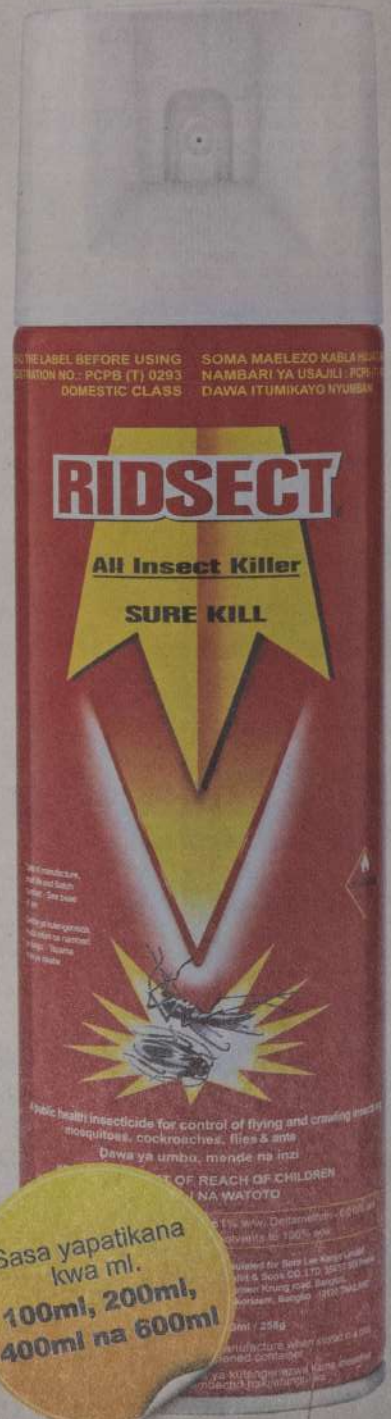


A resident of old town Fatma Arefune, undergoing tests at the free health camp sponsored and conducted by the Aga Khan Hospital, Mombasa.

its gratitude to the Old Town Health Committee for the opportunity to serve, all the Volunteers for their assistance during the Camp and Radio Salaam for their live coverage of the event.

As part of the Aga Khan Hospital's culture and social responsibility, this is one of the many activities where the Hospital gives back to the community by supporting and participating in various camps.

RIDSECT NI KIBOKO KWA MBU



LIFE IS JUST A LAUGH



"Do you have such a thing as low-calorie coffee cream?"



"But Dad, you said if anyone hit me I was to hit 'em back."



"Yes, I realise all schools have bullies, but ours is the Headmaster!"

WITH SPECIAL EFFECTS EVEN MORE SPECTACULAR THAN THE FIRST, 'TRANSFORMERS 2 RETURNS TO BIG SCREEN

Bollywood Films Resume With A New Blockbuster!

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 • NIGHT AT THE MUSEUM 2
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 Sat.- 2.30pm; 4pm & 9.30pm
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 Mon.- 6.15pm & 9.15pm
 Tue.- 9.15pm
 Wed.- 6.30pm & 9.30pm
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Ray Romano, John Leguizamo,
 Denis Leary, Queen Latifah
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 Thur.- 4.30pm
In 3D

STATE OF PLAY U-10

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 Sun.- 11am & 4.15pm
 All Shows: 450/- except
 Sunday morning: 400/-

TERMINATOR SALVATION U-10

Tue.- 7pm
250/-

NIGHT AT THE MUSEUM 2 BATTLE OF THE SMITHSONIAN G/E

Sun.- 10.45am (250/- KIDS CLUB: 199/-)

BOLLYWOOD MOVIES ARE BACK with a BANG!!

YASH RAJ FILMS PRESENTS a film by the director of Kabul Express
 Produced by: ADITYA CHOPRA (director of super hit 'RAB NE BANADI JODI')
NEW YORK
 ~ A WORLDWIDE RELEASE ~

John Abraham,
 Katrina Kaif,
 Neil Nitin Mukesh,
 Irrfan Khan

Fri.- 9.15pm; Sat.- 5.30pm & 9pm; Sun.- 2.15pm; 5.45pm & 9.15pm;
 Mon.- 9pm; Tue.- 9.15pm; Wed.- 2.30pm & 9pm; Thur.- 9.30pm

FROM THE PRODUCERS OF SMASH HIT 'HEY! BABBY'
 Starring: Akshay Kumar,
 Kareena Kapoor, and
 Hollywood stars -
 Sylvester Stallone,
 Brandon Routh and
 Denise Richards
KamBaKKHT ISHQ
 Releasing worldwide and at
 Nyali Cinemax: 3rd July 2009

BOLLYWOOD is back with a bang at the NYALI CINEMAX this week with the opening of Yash Raj Films' **New York** starring John Abraham, Katrina Kaif, Neil Nitin Mukesh and Irrfan Khan.

Produced by Aditya Chopra (*Rab Ne Banadi Jodi*) and directed by Kabir Khan (*Kabul Express*), the film is set in, as the title vividly says, **New York**, around three main characters and one protagonist.

The young, good looking, virile and sparky student Samir is the star of his university campus.

Sam is easy-going, the typical American young boy next door who is everyone's friend.

Maya, also Indian, but brought up in America is the female persona of Sam.

Beautiful, cheerful, fun-

loving, on close-terms with all those around her.

Now Omar, is a middle-class Indian who gets a scholarship to study at NYSU and leaves India for the first time in his life.

Here he meets Maya and Sam and the three hit it off immediately.

The two Americans show Omar a side of America that he has only dreamt and heard of.

He begins to settle in very well and adjusts to the new life in a short time.

Then an horrible event shakes the very ground on which these three are living and all three are thrown into circumstances that are beyond their control.

The pivot that now controls the three is in the hands of an FBI undercover agent, Roshan.

A seemingly light-hearted student tale turns into a nightmare from which they cannot seem to wake up.

Having just made a

worldwide release two days ago, **Transformers 2: Revenge of the Fallen** can still be seen this week in the special new digital format.

Shia LaBeouf, Megan Fox, Josh Duhamel, Tyrese Gibson, John Turturro, Isabel Lucas and Ramon Rodriguez take you through the thrilling adventures of the Autobots as they have to come back to earth and help Sam Witwicky from the evil forces of Deception.

The bad guys have managed to steal Megatron's body from the US Military and have now revived it.

Starscream has taken command of the Decepticons and with Megatron plan a final and massive assault on the earth and it's environs.

Yet another worldwide release on Wednesday will be the third in the **Ice Age** animated films.

Not only will you be able to watch it with the rest of the

world, it will also be the first film to be screened in the three-dimension effect in the whole of East Africa.

So get ready to enjoy this unique experience at the NYALI CINEMAX when the voices of Ray Romano, John Leguizamo, Denis Leary, Queen Latifah and Simon Pegg take you through sub-zero temperatures and the adventures of the now iconic heroes Scrat, Manny, Ellie, Diego and Sid.

Just the right film for the holidays that are on us is also Walt Disney Pictures' **Hannah Montana** - The Movie starring Miley Cyrus, Jason Earles, Emily Osment and Billy Ray Cyrus.

Catch one more show each of **Terminator Salvation** starring Christian Bale, Sam Worthington and Helena Bonham Carter (Tuesday evening) and **Night at the Museum 2: Battle of the Smithsonian** starring Ben Stiller, Amy Adams, Owen Wilson, Hank Azaria and Robin Williams (Sunday morning).

CINEMAS with Anjum Asodia

National Awareness Campaign On Protection Of Gorillas At Haller Park

In support of the global awareness campaign led by UNEP /CMS, Friends of Tsavo and Polimans Tours and Safaris Ltd in collaboration with Lafarge Ecosystems launched a national awareness campaign on the protection of gorillas at the Haller Park on 20th June 2009 in the endeavour to create awareness on the extremely precarious status of gorilla attributed to continued threats to the primate from commercial bush meat and destruction of its habitat.

The occasion which was graced by the Executive Secretary of the Convention on Migratory Species (CMS) who has been our special guest during the successful campaign for the Year of the Dolphin 2007 - 8 where Kenya earned recognition as the world's leading country in the dolphin awareness.

The event was also attended by the Assistant Director, Kenya Wildlife Service, Coast Region, Simon Gitau, the Senior Warden, Tsavo East National Park, Yusuf Aden and Dr. Nyawira Muthiga of Wildlife Conservation Society.

Leading the troop of performers from various schools that included Coast Senior and Junior Academy, Jaffery Academy, Tudor Academy, Bamburi Primary School, Shimoni, Wasini and Mkwiro Primary Schools, Silverstone Academy and SDA Junior Academy was the impressive Agakhan Band who captivated the audience with the colourful parade.

The school children made a passionate plea through poetry, songs and stage performances in extolling Kenyans and the world community to take concerted measures to protect the gorillas from the threats of extinction.

Robert Hepworth in his remarks lauded the Kenyan school children whom he described as inspirational for their unrelenting

awareness campaign during the Year of the Dolphin which led to

UNEP/CMS to extend the Year of the Dolphin 2007 to 2008, the

first time the species awareness was extended.



School children making a passionate plea through poetry, songs and stage performances in extolling Kenyans and the world community to take concerted measures to protect the gorillas from the threats of extinction.

In launching the Year of the Gorilla Kenya at Haller Park, Khalid Shapi, the Chairman of Friends of Tsavo appealed for responsible practices and an end to the indiscriminate destruction of the gorilla habitat which not only threatens the future of gorillas but the entire equatorial forest belt.

The Year of the gorilla 2009 at Haller Park was brought to a close by Khalid Shapi in giving a vote of thanks to Lafarge Ecosystems in hoisting the event, the schools for their valuable contribution to species conservation, the Agakhan Band, Polimans team of Aziza Abubaker, Yvonne Chao, Emma Muriuki, Daniel Tocho, Lamech Mokaya and Osama Abdulwahid and the organizers of the Year of the Gorilla 2009 Kenya, Ishpal Oberoi, Karim Jaffer and Abdulaziz Abdalla.

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Oshwal students and Sarova staff collecting beach sea weed.

Cleaning Up: Sarova Whitesands Beach Resort And Spa Team Up With The Oshwal Academy Mombasa

Sarova Whitesands Beach Resort and Spa has always been in the fore front of Beach Cleaning programmes which are driven towards incorporating the society to collectively work together to maintain and improve our marine

Heritage. The beach cleaning activities provides a strong avenue for the beach resort to sensitise the society on the benefits of collectively conserving our beautiful coastal Beaches.

Sarova Whitesands Beach Resort and Spa teamed up with Oshwal Academy Mombasa and carried out a successful Beach cleaning activity held on the 16th May, 2009. The team cleaned up the beach front from White-

sands Beach to Pirates (Kenyatta) public Beach. The Beach Cleaning activity By Sarova Whitesands Beach Resort and Spa has proved to be an eye opener and a Model initiative for the rest of society to emulate.

U.S. SAILORS HONOUR SAROVA WHITESANDS



Sarova Whitesands have been honoured to host officers and crew from the visiting USS 'Arleigh Burke' (DDG51). US Navy liaison office Lt. Warren Pennington is seen presenting a plaque to Sarova Hotels Coast Regional Manager Mohammed Hersi. Looking on are Resident manager Anand Ganesan and Pavillions Manager Donald Shipenzi.

I.A.T.A. RECOGNITION FOR 'KENYA AIRWAYS' SAFETY



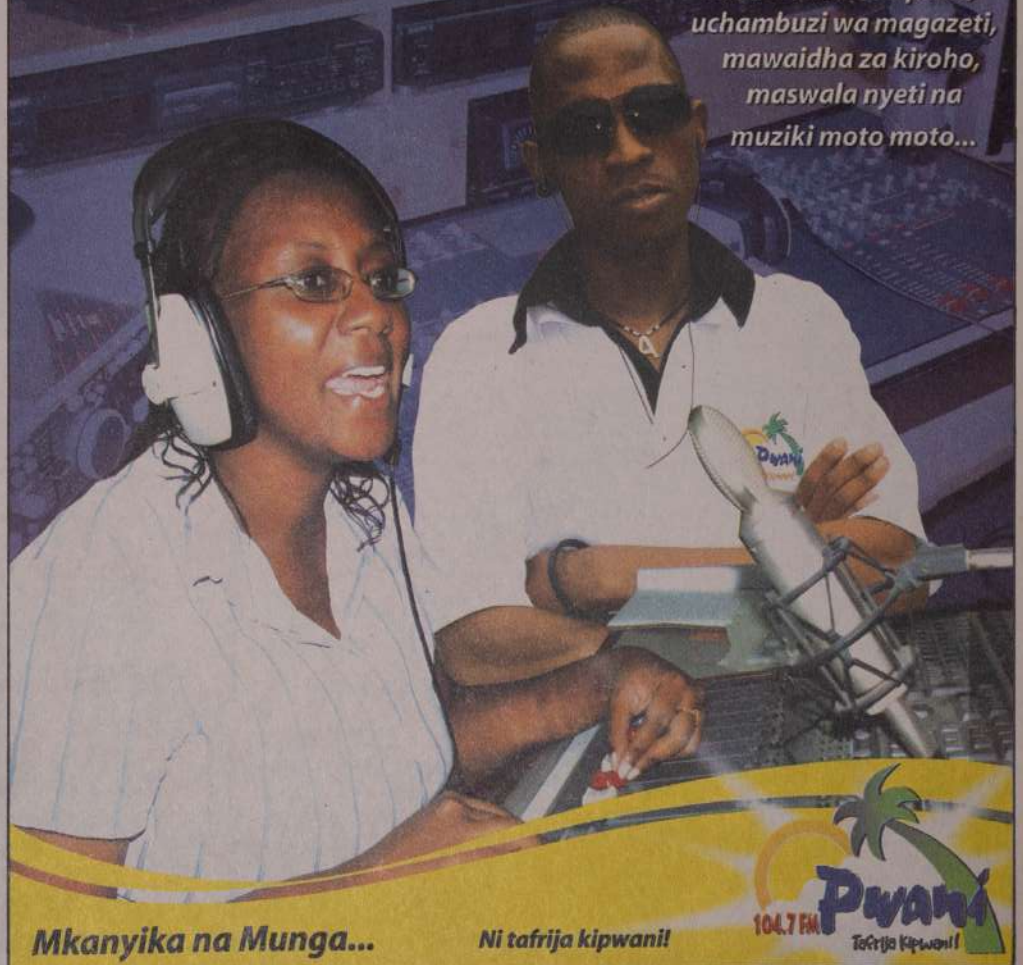
Seen [from left] Samer Majali, CEO Royal Jordanian, Mr Naikuni and Giovanni Bisignani, DG and CEO, IATA. IATA's Board Chairman Samer Majali and Director General, Giovanni Bisignani, presented Titus Naikuni, CEO with a token of their recognition of the commitment of Kenya Airways to safety and the IOSA programme.

Shamrashamra za Pwani

Jumatatu - Ijumaa 5am - 9am

104.7fm - Mombasa
 93.7fm - Malindi

Tunakundalia asubuhi iliyonoga furaha, kasheshe, habari zinazochipuka, uchambuzi wa magazeti, mawaidha za kiroho, maswala nyeti na muziki moto moto...



Mkanyika na Munga...

Ni tafrija kipwani!



A Loud Horn Is The Ultimate Instrument For Communicating Different Emotions

We will continue on our reminiscence on our travels to various countries and our view of their driving culture.

Last week we considered how the idea of demarcating lanes on roads started.

We also hazarded why most European countries drive on the right hand side.

It is mainly in Britain and its former colonies that we find cars being driven on the left hand lane.

In Kenya we are therefore in the minority in terms of countries rather than the number of vehicles that drive on the left.

Driving culture reflects closely the national culture.

Whilst in Europe there is generally a strong adherence culture, we are beginning to see chinks coming through.

This we believe is being fuelled by the fact that there is an increasing number of migrants that have moved into the various countries in search of work and have ended up as cab and public transport drivers.

EXISTING NATIONAL DRIVING CULTURE

There is also an increasing number that can afford vehicles and are such adding to the scrutiny and challenge of the existing national driving culture.

When one goes to cities that have a high immigrant population, one will find that in general compliance to the Highway Code and driving regulations is less than in "pure" cities.

Take the Mediterranean 'macho' disposition.

Drivers from these those cultures that surround the sea tend to be aggressive and one

driving in those countries will notice that road users are quite demonstrative in their manners.

There is a higher use of hands and hand gestures to express their thoughts and ideas.

The horn is also used a lot more in those countries that surround the Mediterranean.

It is the ultimate instrument for communicating the different emotions that drivers face.

I asked a driver in one of the countries what one could take away on different styles of blowing the car horn.

CoastDrive with Teti Kamugunda



He told me what he thought was the code and I was able to verify that by and large he was not too far from the national car horn vocabulary.

The short blip of the horn is used as a warning note.

It is intended to inform those who may be putting themselves in danger that the danger is real and approaching.

Pedestrians about to cross the road in front of a moving vehicle, cyclists who might decide to turn into the road and even dogs, cats and chickens tend to be the ones that receive this treatment.

I presume that only urban animals are the ones that would understand car language as they would have had ample opportunity to learn.

The same horn signal is used when one is on one side of the gate and are waiting for someone on the inside to open the gate.

Another use of the short beep is when one senses that a reversing car is getting too close for comfort.

I am sure there are other instances that drivers may have come across.

The next level of alert, I was told, is when there is a combination of the short and a longish beep.

This is used in the same situations but represent the stage where the driver is now convinced that there is imminent danger in the situation.

It is almost a final warning before drastic action is required to be taken.

At this point one also tends to bring in the voice and gesticulation.

Often heads come out of the window and the driver begins to shout and also wave the hand.

It is when the driver realises that the other person may be deaf and this needs another more active way of informing them that there is imminent problem.

Gesticulation becomes the next option as the use of hands tends to easily attract the eye than just sitting on a horn.

The final level of communication is the long continuous beep of the horn.

This is when contact is about to happen.

It is a last desperate hope that the imminent action can be avoided by action of the third party.

The use of the horn does not normally mean that the driver has to start to take action.

It means the third party is still expected to take action.

A pedestrian may choose to run away from the potential argument with the vehicle or choose to brace themselves for the impact.

A cyclist can quickly change

course and hope that they do not fall off as the laws of mechanics takes over.

Dogs, cats and other animals probably give up at this point.

They have not evolved sufficiently to know how to escape from a vehicle that is bearing down on them.

They could always just slump to the ground and let the vehicle drive over them but their gray matter is not yet grey enough for them to emulate some of the things we might consider doing.

The horn language can be used in a variety of situations.

DRIVERS ABOUT TO BREAK THE LAW

When a driver wants to jump traffic lights, they also use the horn to warn other drivers that they are about to break the law.

It is also used when the car in front does not move the instant the traffic light turns green.

It always seems that the driver behind is always better at getting off the blocks at traffic light compared to the one in front.

It can also be used to express anger especially when one has been manoeuvred or out-manoeuvred in breaking the law.

The car horn is a simple instrument but one that takes on a wide variety of communication possibilities the limit of which is set by the imagination - or lack of - of the road users in the particular country.

As Kachumbari says, horns have a life and opportunity of their own.

Deloitte East Africa Insight On Recent Kenyan Budget

Deloitte East Africa held the Mombasa edition of their annual budget seminar at Nyali Beach Hotel on Wednesday, 17 June 2009.

Over 100 private and public sector attendees came to the event to hear Deloitte's analysis and insights on the recent Kenyan Budget.

The event featured Nikhil Hira, Tax Leader, Harveen Gadhoke, Financial Advisory Partner for Deloitte East Africa and Iqbal Karim, Partner of Deloitte in Kenya.

The first presentation was by Harveen Gadhoke on "Managing the downturn" who provided insights on to how to manage business in this economic downturn.

Harveen discussed the opportunities and the challenges that we face in this current environment, including three key topics: Cash and capital, cost reduction growth and value protection.

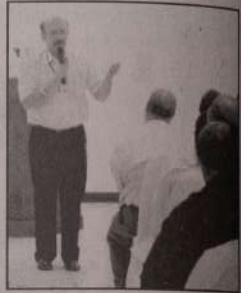
This was followed by a presentation by Nikhil Hira. Nikhil, who leads Deloitte's budget analysis team, talked about the key taxation changes and also some of the expected changes that we actually did not see in the budget.

With a focus on the practical implications for companies in terms of both opportunities and challenges including increased tax compliance, Nikhil covered all the major tax areas including corporate taxes, VAT, customs and excise duties and even transfer pricing, an area in which Deloitte expects to see significant developments in the years to come.

These two presentations were followed by an interesting question and answer session in which the audience members were invited to pose questions on any subject to the panel.

A number of challenging questions were asked on topics as diverse as the environment, inflationary pressures and potential opportunities for the tourism sector.

For more information contact Zeehan Shamji at zshamji@deloitte.com.



Deloitte East Africa budget seminar at Nyali Beach Hotel.

Three Days On Nyali Potholes

On the Nyali Road, between the Links Road and Jomo Kenyatta Road, Municipal workers spent three days changing small shallow round potholes into big deep square ones.

The road remained like this for over a week, causing great inconvenience to the very many motorists from Nyali, not to mention damage to tyres and shock absorbers.

Can I please suggest that the next section to be repaired is planned rather more efficiently.

It is possible that the holes were an experiment to reduce speed, as an alternative to speed bumps.

It is also suggested that the layout of holes was used as a basis for a new computer game "doge the potholes".

A. S. Juma, P. O. Box 80246, Mombasa.

Missing Mombasa - No Place Like Home

Please publish this: Reading Coastweek online is one of my favorite pastimes.

It is nostalgic and often takes me down memory lane to the aroma, flora and fauna plus people I have known decades back in Mombasa.

Mombasa's memory is deeply etched in my heart and of all the place I have been in the globe none rivals it.

Mombasa Raha, N/A, Muscat, Sultanate Of Oman.

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Sarova whitesands F&B service team seen with the Regional General manager Mohammed Hersi at chaine dinner clad in their black berrets with chaine logo complimented by trouser length pin striped aprons. It was an event to match any world class restaurant anywhere in the world.



Imperial Bank Mombasa hosted Year 8 students of Jaffery Academy on an educational tour to familiarize themselves with banking operations. The lead mentor from IBL being Yasir Hydar. 1st row [from left] Mohamed Haroon, Riyaz Kassim, Kabir Chandoo, Imran Jagani, Mohamed Nadeem, Hafeez Elias, Gura] Singh, Aamir Pasta, Mohamed Hanain. 2nd row: Mohamed Omar, Hussein Jaffer, Juneid Lota, Abdeali Saiger, Hassan Chandabhai, Mufadhil Yusufali, Hamza Mithwani, Mr. Thabit (Teacher), Calvin Omondi (Teacher). 3rd row: Mohamed Kadernani, Ibrahim Aunali, Faud Kamal, Muaz Khamisa. Last row: Mirau Patel, Hassan Adam, Inderjeet Pusee, Hussein Abbilahi, Shabbir Vijee.



An educational trip to Fort Jesus was organised by Class 1 this term to learn about its historical importance. The children were fascinated to observe first hand what they had been learning about in the classroom. Predictably the cannons and the skeleton held the most interest! The class also visited the old port where they were able to see the variety of sea craft and the fishermen still using the centuries old methods. Seen enjoying a respite in the exhausting tour are Rahma Hassan, Zainab T.S. Said, and Tamira Shivji.



LIONS INSTALLATION NIGHT

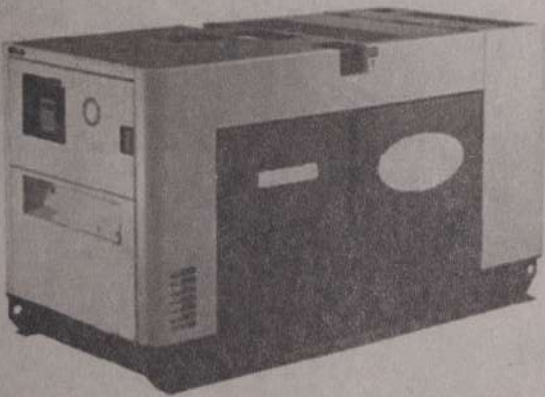
Lions Club of Mombasa Pwani held the Installation night at the Whitesands Hotel. Seen [above] Lion Dr. Mohd. Hamid, Outgoing President Lion Vinay Khanna, Installing Officer Lion Dr. Anil Aggarwal, Lion Bhadesh Shah, Incoming President Lion Dr. Vinesh Vaghela and Lion Kirti Shah.



Members of the Ismaili Volunteer Corps and the Aga Khan Council donating foodstuff to the Red Cross to assist in the ongoing famine at the Coast. Seen [from left] Vice Chairman Shamsheer Mawji, Hon Treasurer Fuad Mohamed and Chairman Francis Ngugi.

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Sarova Famine Relief Boost

REAL CORPORATE RESPONSIBILITY

Sarova Whitesands Beach Resort and Spa have taken the initiative to help their fellow Kenyans who are victims of famine a catastrophe that has severely affected many areas in Coast Province.

Sarova Whitesands Beach Hotel and Spa Regional General Manager Mohammed Hersi explained:

"Recently we organized a Corporate famine relief fundraiser dinner in conjunction with partners in the corporate fraternity which realised Kshs. 1.8m.

The key corporate sponsors included Sarova Whitesands Beach Resort and Spa, I&M Bank, Kenya Red cross, Radio



Unloading vehicles from the Corporate Famine Relief Network food distribution in Kwale District.

Jubilee Holdings Remain Top East African Insurers

FROM FRONT PAGE 2008. Jubilee is looking to expand into other territories in the region in the coming year.

It is also embarking on a broader strategy of investment diversification to compliment its current investments in modern infrastructure projects such as the Bujagali Hydroelectric Power generation plant in Uganda, and the Seacom submarine fibre optic cable.

Chairman Juma said:

"We at Jubilee believe that customers will place increasing emphasis on quality and on financial strength in the selection of their insurance provider during these difficult times.

"Established expertise, depth of resources to execute development initiatives, product knowledge, experience gained over the past 71 years and regional expansion will be at the forefront of our growth strategy in 2009 and beyond."

Jubilee's ambitious plans for 2009 also include:

- Extension of their product lines to include individual policies,
- Innovative methods of product distribution,
- Increased vigilance on risk management, and
- Strengthened relationships with communities within which they operate through the Jubilee Insurance Samaritan Award and the Jubilee Children Fund.

Salaam and Baraka FM.

"Other corporate sponsors included:

"Van Rees, Ideal ceramics, East Africa Glasware Mart, Abbas traders, Coast provincial commissioner and Head of disaster management in Coast Ernst Munyi, Associated Motors, DHL Mombasa, Kenya Maritime Authority, Coast Hauliers, Millie Fruits, Southern Cross Safaris, Tamarind Casino, Commercial Bank of Africa, TNT, Grain Bulk, Bank of India, Farmers Choice, Finleys Tea, Leoprad Beach, Serena Beach, Nyali Beach, Bucaneer Diving

and The Standard group amongst others.

"The areas identified for disbursement were Taita, Kwale and Kilifi.

"The send off was conducted on the 5th of June, 2009 at 3.30 PM and was officiated by Coast Provincial Commissioner Ernest Munyi, officials from the Red Cross Organization, Management of I&M Bank, Management and staff of Sarova Whitesands Beach Resort and Spa.

"We may not be able to help all the affected regions in Kenya; but we are humbled by the opportunity to make a difference."

State-Of-The-Art Conference Centre At The Mombasa Continental Resort

She is back - Simply Grande and Simply Stunning!

Situated on the beach front of Shanzu along the North Coast stands the elegant Mombasa Continental Resort.

Her features include and are not limited to:

- 184 rooms with 70 interconnecting including 3 Presidential suites, 6 Honeymooners suites, 173 Standard, 2 equipped for physically challenged persons.
- State of the art conference centre that is fully equipped with a drop down screen, build in LCD projector and PA system to facilitate your meetings.
- Business Centre with high speed internet connectivity.
- Beautiful underground "Le Club" discotheque open to the public on Fridays and Saturdays.

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• Fully equipped modern gym. Various body massages are also available.

• 3 Restaurant outlets to march your every mood.

The Frangipani Restaurant caters for all day dining. The Dhow Terrace gives a special seafood experience and the Poolside Bar and Grill is a delightful all day snack and coffee bar.

• Enjoy cocktails and drinks of your choice in the beautiful atmosphere of The Dhow, Pool or Quarterdeck Bars.

• The Kids Club allows parents to enjoy themselves in the knowledge that their children are safe and having a wonderful time in the care of the Kids Club team.

The Kids club also offers baby sitting on request.

• Mombasa Continental

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THIRTY YEARS' AGO

Coastweek, June 29 - July 05, 1979:

His Excellency President Daniel Arap Moi appeared on the front page in a group photograph together with the British Monarch Her Majesty Queen Elizabeth II, the Queen Mother and Princess Margaret, when they officially welcomed him to Buckingham Palace at the start of a four-day State Visit to Britain. Also present were Attorney General Hon. Charles Njonjo, Ministers Hon. James Osogo, Hon. G.G. Karuki, Hon. J. Olotiplitip and Mombasa Central M.P. Hon. Shariff Nassir.

Bamburi Portland Cement Company marked its 'Silver Jubilee' with a special 12-page supplement in Coastweek, which featured articles by Coast author Edward Rodwell on founder Felix Mandi, managing director Dick Roberts, and agronomist Rene Haller.

Maritime shipping executive Ezekial Onyango Agal was visiting Japan as a guest of Mitsui OSK lines to study the new system of 'containerised' transport.

United Touring International marketing manager Derek Hall was in Kenya trying to 'close the low season gap for Coast Hotels, enabling a full-year holiday destination'

Songwriter Fadhili William ('Malaika') seen with 'Boney M' Babylon Marci was high-lighted by Nairobi correspondent Ivor Davis who recalled his humble start in Rong'e Ndembonyi village, Taita Taveta District, to his magic moments with Miriam Makeba and Harry Belafonte.

Mombasa flying enthusiast Shireen Will, daughter of local surgeon Rowland McVicker, was presented with her own single-seater Piper Cherokee 235 aircraft by her delighted husband after she became the first woman pilot to get her 'wings' at the coast; her next avionic ambition was 'to fly large commercial jets'.

Abubakar Manswab was new chairman of the Tijara Social Club at Mji Wa Kale, Old Town, Mombasa. Other officials elected to office included vice chairman Masoud Mohamed, secretary Mohamed Haji Salim, and messrs. Mohamed Fahiyeh, Khamis Mswabab, Mohamed Ahmed Shahbail, Saleh Binuheid Sherman, Abdulkader Mohamed, Babu Ally, Mohamed Aabubakar, Kassim Mohamed and Said Khalifa Omar.

KENYA cinema was showing Michael Caine and Noel Coward in 'The Italian Job', NAAZ cinema screened Anthony Quayle and Jaqueline Bisset in 'The Greek Tycoon', REGAL offered Jane Cardew and Peter Dunn in 'Sex And The Other Woman', while at CHOX it was Sajid, Kum Kum and Kamaljeet in 'Son Of India'.

Letter writers included Ben Munyeki and Asaf Gulamhusein of Mombasa, Lady Hannah Vasey of Nairobi, Salim Said Islam of Malindi, and Kenya Red Cross Coast Branch chairman A.A. Mulu.

• A new 'Children Page' proffered articles from Razia H. Mohamedali and Salma Anjarwalla. There was also this tongue twister (repeat three times rapidly): Six, Slim, Slick, Slender Saplings!

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HARMONY ADDICTIONS CLINIC, CAPE TOWN SOUTH AFRICA

A 'New Solution' For Kenyans In Grips Of Addiction

Drug and alcohol abuse is a serious problem in Kenya, affecting the whole population, and with recent statistics showing a rise in substance abuse among the republic's youth.

The impact on the Kenyan society is great, but awareness of the problem is low, and it often takes a back-seat to issues such as HIV/AIDS and poverty.

This is ironic, as both HIV/AIDS and poverty are highly linked to substance abuse.

According to a recent United Nations Survey, the majority of Kenyans do not know of any sources of help for drug and alcohol abusers, and felt that the prison system and the school system are under-equipped to adequately intervene.

Parents in particular were frustrated that short of having their children arrested or committed to mental institutions, there are no readily available sources of help.

More recent data shows that cocaine abuse, in Kenya, is on the rise, as is cannabis abuse, and that the country has the highest prevalence of substance abuse in the East African region.

These are worrying statistics, as the extrapolated consequences, including the spread of HIV/AIDS, financial hardship and unemployment will continue to rise.

GETTING THE RIGHT HELP

It is a sad fact there are simply not enough resources in Kenya to which family members, friends, employers and the addicts themselves can turn to for help.

So what is the solution?

Cape Town is a global centre for the treatment of substance abuse (second only to the United States and Britain) and it is a little-known fact that many Kenyans have been successfully seeking out treatment in the city for over a decade.

This has historically been a very expensive solution, with treatment centres charging a premium for foreign patients to receive standard treatment.

In September 2008, something new happened in Cape Town, and has set a new standard for the provision of affordable, highly professional treatment, in a world-class setting on the African continent.

Harmony Addictions Clinic, a Non-Profit



Set in idyllic Hout Bay, Harmony Addictions Clinic is actively reaching out to the local community, with affordable treatment for all.

SPECIAL REPORT FROM NICHOLAS MCDIARMID OF HARMONY ADDICTIONS CLINIC

treatment centre, set on a luxury estate in the picturesque valley of Hout Bay, was the brainchild of CEO Steven Thomson and several other like-minded committed individuals and organisations involved in the addiction field in Southern Africa.

Thomson is the CEO of Harmony Substance Abuse Foundation, an umbrella organisation of Cape Town-based treatment facilities formed more than seven years ago.

These facilities have an extremely high success rate and at its core is the belief that treatment centres should place the interests of their clients before the financial interests of the organisation, and that its core target market should not only be the individual, but also the family, the community and the continent as a whole. In particular, the need to make treatment affordable to all drove the formation of Harmony Clinic.

This ethos has opened doors to many Kenyans who previously just couldn't receive the help that is available in Cape Town.

Harmony Addictions Clinic has assembled a first rate team of clinicians to ever come together in any facility the country has previously had to offer.

All the counsellors have either, a recognised degree and vast experience in addictions, or have been working as addicts in recovery for many years at other facilities.

Focusing on addictions treatment, the centre offers specialised care for alcohol abuse, substance abuse, eating disorders, sex addiction, co-dependency and, uniquely in South Africa, tobacco recovery.

Archbishop Emeritus, Desmond Tutu is a friend of the organisation, and has encouraged all those who can get involved in this project to do so:

"...Substance abuse is a pandemic that is corroding the very fabric of our society, and without immediate action the future of our country, and in particular, our youth, is bleak," he observed.

"Having met with Steven Thomson and sharing his concerns about the dire lack of adequate facilities and professionally trained people to staff these facilities, it is comforting to know that an organisation has been put in place to tackle the problem... I fully endorse the vision of this project" he concluded.

A UNIQUE EXPERIENCE

For someone in the grips of substance abuse, the first steps towards getting treatment can be very daunting, perhaps more so for those seeking help in a foreign country.

Family members also have a lot of unease and Harmony Addictions Clinic has built its programme on international best-practice, and has put into place very specific measures to ensure positive outcomes for foreign clients.

A key benefit for Kenyans receiving treatment in Cape Town is the level of confidentiality that can be ensured.

Apart from a strict code of conduct, the clinic has four Private Suites which are as affordable as three weeks of treatment at other clinics in Cape Town.



Steven Thomson, CEO of Harmony Addictions Clinic, holds a degree in Psychology from Strathclyde University in Glasgow, Scotland and has been establishing treatment for addicts on a non-profit basis for the last six years.

These suites offer a gentle, private and luxurious transition into the four week treatment programme and each suite boasts an en-suite bathroom, queen-sized beds and a luxuriously equipped lounge with satellite television.

Uniquely, we also offer family accommodation, allowing parents, spouses and children to accompany the client and participate in the process.

This is extremely valuable to foreign clients, and no other treatment centre in Africa offers this facility.

Four-star general accommodation is also available at a fraction of the cost of other leading treatment centres.

BEST PRACTICE - BEST RESULTS

Harmony Addictions Clinic prides itself on using evidence-based techniques that are supported by research, and have established validity and a proven track record in real-world settings.

The treatment team is multi-disciplinary and consists of psychologists, social workers, occupational therapists and carefully vetted lay counsellors.

All treatment costs are inclusive, so there won't be any nasty surprises on the bill!

The treatment programme was developed in direct, ongoing association with Hazelden Clinic, Minnesota, and follows their integrated model of treating addiction, including treatment and ongoing care, professional education services, addiction research and advocacy.

The treatment programme has a strong element of 12-step facilitation.

We incorporate the traditional focus on understanding the addictive process and sharing personal consequences of using.

However, we also teach clients specific techniques for managing difficult feeling-states and situations that elicit cravings.

Providing a thorough grasp of these skills, along with enhancing the motivation to use them, is one of the many things that sets us apart from other treatment centres.

We believe that both internal relapse prevention skills and the ability to use the external support

structures of 12-step fellowship groups are key elements to a successful recovery.

A thorough assessment process ensures that clients are allocated the best treatment option based on their needs, motivation and financial considerations.

Treatment consists of the following:

- One-on-one counselling
- Focussed group therapy, in which patients are guided to face the reality of their addiction
- Lectures, providing didactic presentations on understanding addictions, the impact on the individual and family, life-skills, and tools for managing emotions
- Holistic therapies, including yoga, NIA dancing and meditation
- 12-Step facilitation, including regular attendance at an appropriate 12-step group and guidance through the steps themselves
- Spiritual guidance, by two of South Africa's highly regarded spiritual leaders.

Help for the family is also critical and the clinic runs a Family Programme, consisting of group therapy, one-on-one counselling and carefully managed con-joints with the affected family member.

COMING HOME

Distinct after-care programmes are developed for foreign clients, in conjunction with a mental health professional in their home country.

Kenya does have a network of clinicians and support groups with whom Harmony Addictions Clinic works and facilitates after care for their Kenyan clients.

The clinic also goes to great lengths to ensure that foreign clients are supported in their country of origin, and clients and their families are linked up with the correct support structures, including medical help, counselling and support groups.

TAKING THE FIRST STEP

The first step towards getting the right treatment, be it for yourself or a family member, is simply to make contact with the right professional.

Harmony Addictions Clinic can be contacted day or night by telephone or email and offers long-distance assessments that are completely confidential and free of charge.

The problem will be assessed and all factors will be taken into consideration, including the nature of the addiction, family circumstances, financial situation, employment situation and medical considerations.

Recommendations will then be made and support will be provided to overcome any logistical issues, such as transport, accommodation and visas.

This service is completely discrete and confidential and the enquirer is under no obligation.

Addiction is an disease, not a weakness. Harmony Addictions Clinic is committed to providing the optimal solution at the lowest cost, and is opening the doors to recovery for Kenyans in need.

Harmony Addictions Clinic, Cape Town. Contact: Tel: +27 21 790 7779/ Email: info@harmonyclinic.co.za/
www.harmonyclinic.co.za Postal: Valley Road, Hout Bay, Cape Town, Republic of South Africa.

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**STARCAST
GEMINI
KILIFI**

Gemini (May 22 - June 21)
See if you can get your people to slow down a little today, even though most of them - yourself included - are feeling somewhat antsy. It's time to exercise patience and restraint.

Cancer (June 22 - July 21)
Throw a party tonight - it can be totally spontaneous and still a hit! Even if it's just a few close friends for dinner, you can feel the good energy drawing you all closer together with ease.

Leo (July 22 - Aug. 21) Use your social energy to start spreading more of the truth about you and your life out in the world - there's enough rumour to throw some folks off-balance! It's easy to get back to normal, though.

Virgo (Aug. 22 - Sept. 21)
Try to wrap your head around some new idea or concept that is making its way through your world - it's easier than you'd think! Your mental energy can absorb almost anything, of any size.

Libra (Sept. 22 - Oct. 21) It's so easy to get people to see your point of view that you might almost refrain - it feels like cheating! If you really need to swing things, though, you know just what to do about it.

Scorpio (Oct. 22 - Nov. 21)
Not all new ideas are bad ones - you need to make a big show out of hearing someone out. It may just lead to something new and big and exciting, so let go of your doubts for one day.

Sagittarius (Nov. 22 - Dec. 21) It's the perfect day for you to see about getting your bills and paperwork in order - even if you have a pile that rivals a landfill! Your attention to detail is quite strong right now, so go for it.

Capricorn (Dec. 22 - Jan. 21)
Show your partner what they mean to you - or start wooing someone, if you're single! Your amazing energy is a sure hit with the right person, so go forth with confidence and you can't go wrong!

Aquarius (Jan. 22 - Feb. 21)
Try to shift your mind back a few years or more - you've got to reconcile yourself with some earlier events. It's the best possible time for you to put your past, present and future in order.

Pisces (Feb. 22 - Mar. 21) If you're single, now is a great time to turn heads. If you're coupled, you may want to spend some quiet time with your partner, as the odds are good that you should be in the zone together.

Aries (Mar. 22 - April 21) You may feel somewhat weighed down by your possessions, but now is a good time for you to see about getting out from under. A garage sale or eBay-fest is perfect for cleaning house!

Taurus (April 22 - May 21)
You're possessed of a quiet intensity that locks onto a few other people and binds you all together. It's a great day to be part of your family, however you define that term, so embrace the right people.

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01) GENERAL MANAGER - (Two Positions)
Reporting to the Director Tourism, the General Manager is responsible for managing the lodge, achieving the budgeted occupancy and profits, guest satisfaction, setting and achieving globally acceptable quality services, and maintains international standards for house keeping and hygiene. The Candidate should be professionally qualified in Hotel Management with 10 years of relevant experience out of which 5 years should be as head of safari lodge / hotel. Work experience in Rooms Division or Food & Beverage is an added advantage.

02) EXECUTIVE CHEF (Two Positions)
The safari lodges have multiple outlets and a substantial banqueting operation. The incumbent will be responsible for developing menus, ensuring quality food preparation and presentation, budgeting & menu analysis as well as training the local employees. The candidate should have suitable professional qualifications with 10 years of relevant experience in a 5 star hotel with European and International cuisine. He should have a successful track record in people & kitchen management.

03) CHIEF ENGINEER - Lodge Maintenance (One position).
Reporting to the General Manager, the incumbent will be responsible for maintenance of all facilities at the lodge to the highest standard. These include equipment such as oil fired boilers, DG sets, water treatment plant, HVAC, cold rooms, kitchen equipment, laundry equipment, electrical systems, fire systems, air-conditioning systems, entertainment and sound systems etc. The candidate should have a degree in mechanical / electrical engineering with prior relevant experience of at least 10 years in a 5 star hotel. The above positions carry attractive compensation package and good working atmosphere with excellent savings potential, local living expenses, suitable housing, travel for self & family, gratuity and medical etc. Candidates interested and willing to relocate to East / Central Africa only apply with Contact Telephone Nos. through speed post / courier within 10 days mentioning on the envelope the position applied for to:
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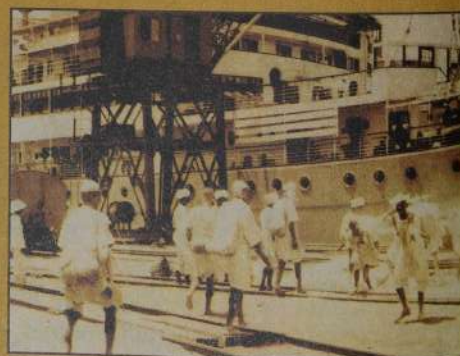
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TIME TRAVEL - MOMBASA 1934

The late Anna Rhoda 'Kitty' Hesselberger took these photographs on her arrival in Mombasa early 1934. Together with her husband, Rittmeister Hesselberger, she was setting off for a hunting safari in Northern Kenya. Subsequently they lived on a small farm near Mweiga, in Central Province. Much later, as a widow, she lived in retirement along Mtwapa Creek on the Kenya North Coast.



Colonial Administration Police are seen [above left] parading outside Fort Jesus - which was then a Government Prison. Kikoi clad ladies are seen [above right] carrying food on their head outside the Allidina Visram High School. On the far right of this photograph can be seen the wheels of a 'Rickshaw', a popular mode of transport which was still in use all over Mombasa Island.



Two views [left, above and below] of busy Salim Road [now Digo Road] which was still unpaved. A Giriama lady [centre] setting off for some vegetables at the McKinnon Market. A coffee vendor is seen [top right] along Ndja Kuu Road. Sitting next to him are two men sharing a 'hubble bubble' - a common way of enjoying tobacco in the first half of the twentieth century. In the lower photograph stevedores are seen greeting a passenger ship about to disembark from Europe at Kilindini Port Berth Number One. The scene below shows Kilindini Road [now Moi Avenue] which linked the port through a section of dense bush to Salim Road and onto Treasury Square.



Due to public demand, CASA has decided to include Interclubs gala in its Calendar of Events, to promote and recognize the various Clubs that play a major role in nurturing swimming champions who make headlines and go for International

CASA Hosts Interclubs Gala

competitions such as FINA.

This gala will put all Elite Swimmers in Coast to compete against each other to come up with the best amongst the best!

This event kicks off on 26th June 2009 from 3.30pm at Oshwal Academy and shall continue through the weekend to determine the overall champions by Sunday 28th June 2009.

Most of the swimmers taking part in the forthcoming gala are the same swimmers who were in South Africa bringing home 45 Medals making us proud.

Clubs taking part in this gala are: - Coast Swim Club - Issa Abdalla, Abdulmajid Kademani and Abubaker Ahmed.

Bandari Swim Club - Sylvia Brunlehner, Hamdan Bayusuf and Danilo Rosafio.

Dolphins Swim Club - Ambaar Michaelo. Blue Ocean Swim Club - Rachita Shah. Nyali Swim Club - Nobby Obuya.

All swimmers will be given a Certificate of Participation.

Entrance on Friday is FREE FOR ALL, Saturday and Sunday - Entrance is Kshs. 200/- per adult, 100/- per child. Be there or be Square!

APOLOGY

CASA sincerely apologizes to Al-Madrassa and Oshwal Academy for the misprint in last week's edition of the Coast Week where CASA erroneously announced Al-Madrassa as overall winners in the Girls Category.

The Winners for the just concluded Novice Gala for both boys and girls category was Oshwal Academy.

Congratulations Oshwal!

Fairdeal Marks "Day Of The African Child" With Mji Wa Salama Children

As the Africa region commemorated "The Day of the African Child" marked on June 16th of this year, Fairdeal Group of Companies was not left behind.

This day highlights the plight of children across the African continent that hinders the progress of their development especially in education, culture, religion, health, child abuse, child trafficking, ending the issue of

child soldiers amongst other issues.

Following the theme of this year, "Africa Fit for Children", indeed Fairdeal Group played their part at the Mji Wa Salama, Home in Mombasa on 20th of this month.

The home, caters for children who are orphaned or have been abandoned in institutions like hospitals.

The home has been catering for these children since 1970.

The home currently houses 60 children ranging from the age of 2 months-19 years.

The children attend school on different levels including Kindergarten, Primary and Secondary as well as polytechnics, for those who get sponsorship.

Mrs. Insiya Mukarram of Fairdeal Group of Companies donated children's items ranging from stationery, baby shawis and educational toys worth Ksh 35,000.

"The best place to find a helping hand is at the end of your own arm."



Mrs. Insiya Mukarram presents gifts including educational games, stationery and baby clothes to the children at the Mji wa Salama, Children's Home. As a further donation, an urgently needed chest drawer worth Ksh 20,000 was also made as part of the donation to the home.

MEWA Hospital Wins First Aid Competition

Mewa Hospital Ambulance and Minor Theatre Staff participated in the First Aid Competition Regional Level at Garsen town-centre on 30th May 2009.

A total number of 18 Teams participated in the competition and our team of four staff emerged position one with a score of 92 per cent.

The team has already won the grass roots level and is now eyeing the National level Medal which we won last year.

The MEWA Hospital Board Chairman, Mr. Khalid Shapi said that this is a very motivating effort to the Board to know that our staff forms the best First Aid team in the whole of Coast province.

He gave a cash envelope to each of the participants.



Seen [from right] MEWA Hospital Board Chairman Khalid Shapi and three of the four team members who are: George Gitonga, Farid Mohammed and Amos K Oketch.



Oshwal Academy - Overall Novice Winners - Girls Category. Seen [from left] Auto Selection's Reuben Shuma, OAM Coach William Malalo, Mrs Bindi Shah from CASA, OAM Dean of Studies Mrs Nabha Yusufali, OAM Head of Snr School Morric Abwao, CASA Vice Chairman Mehboob Harunani, OAM Head of Dept Sports and Activities Tom Amumi.

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Attacken von Somali Piraten kosten Kenia Millionen

TANSANIA HAT vorgeschlagen, gemeinsam mit dem Nachbarland Kenia Patrouillen der Marine in den Gewässern vor der Küste Ostafrikas durchzuführen, um Attacken der Piraten gegen Handels-schiffe einzudämmen.

Dieser Vorschlag wurde von Präsident Amani Abeid Karume von Zanzibar dem kenianischen Vizepräsidenten Kalonzo Musyoka unterbreitet, der sich kürzlich auf einem dreitägigen offiziellen Besuch in Tansania befand.

Präsident Karume sieht gemeinsame Patrouillen von Tansania und Kenia vor, um der

internationalen Offensive gegen Piraterie beizutreten.

Mehr als 20.000 Schiffe und Boote fahren jährlich durch den Golf von Aden und entlang der Somali-Küste.

Im vergangenen Jahr allein attackierten die Piraten 42 Schiffe und verlangten mindestens 1 Million US Dollar Lösegeld für jedes gekaperte Schiff.

Einige Frachtschiffe haben deshalb beschlossen, einen Umweg von 6000 Seemeilen rund um Afrika in Kauf zu nehmen, um einen Piratenangriff zu vermeiden, wodurch jedoch

die Frachtkosten für jeden Container um 30 US Dollar gestiegen sind.

Die Piraten behindern den Schiffsverkehr auf dem Seeweg, der für die meisten Importe und Exporte der Region benutzt wird.

Es sollte deshalb alles versucht werden, um die Piraterie einzudämmen.

Mr. Musyoka erwähnte, dass Kenia einen Antrag gestellt hat an die internationalen Seeämter, dass die Grenze im Indischen Ozean vor Kenia weiter hinaus verlegt wird, bevor die internationalen Gewässer beginnen.

Der Vizepräsident und seine Delegation wurden auf einer Tour durch Zanzibar geführt, durch die Gewürzfarmen, wo sie sehen konnten, wie Zimt, Ingwer, Nelken, Pfeffer und andere Gewürze wachsen, für welche die Insel weltberühmt ist.

Mr. Musyoka hatte auch ein Meeting mit seinem Kollegen Dr. Ali Shein in Dar es Salaam, in dem sie beschlossen, ein Abkommen für wirtschaftliche Zusammenarbeit zu erneuern, das in 1988 von den früheren Präsidenten Moi von Kenia und Ali Hassan Mwinyi von Tansania unterzeichnet worden war, um die wirtschaftlichen und bilateralen Beziehungen zwischen den beiden Ländern zu verstärken.

Komplizierte Operation am offenen Herzen

DAS MEAK Team von Herzspezialisten aus Großbritannien und Ärzte im Kenyatta National Hospital (KNH) haben Geschichte gemacht, als sie am 19. Mai eine seltene, komplizierte Operation am offenen Herzen durchführten an einem sechs Monate alten Baby - die erste Operation dieser Art in ganz Ostafrika.

Das Baby kam von Mombasa in die MEAK Klinik in Nairobi durch Tanuja Walli, Leiterin der pädiatrischen Hilfsgruppe.

Der Knabe war seit Geburt blau und konnte ohne Operation nur wenige Monate überleben.

MEAKs Herzspezialist Dr. Aaron Bell führte ein Echokardiogramm durch und entdeckte eine schwere Form von verästelten Arterien, ein großes Loch (VSD) und ein Hindernis beim Ausgang des Herzens.

Eine Operation war dringend notwendig für das Überleben des Kindes, aber eine Umstellung der Arterien war nie zuvor in Kenia durchgeführt worden.

MEAKs pädiatrischer Herzspezialist Mr. David Anderson sagte, dass er in seinen 20 Berufsjahren nur 4 oder 5



DIE SCHWIERIGE OPERATION am offenen Herzen, durchgeführt im Kenyatta National Hospital, Nairobi, an einem 6 Monate alten Baby. Es war der erste Eingriff dieser Art in ganz Ostafrika.

gleichartige Fälle gesehen hat. Nach Besprechung mit dem

Ärzte-Team wurde beschlossen, mit der arteriellen Umstellung zu beginnen, das Loch zu schließen und das Hindernis zu beseitigen.

Die logische Behandlung war, die Arterien abzutrennen und richtig wieder zusammenzusetzen, was eine heikle Angelegenheit war.

"Das ist eine große technische Herausforderung auch in London und da dieser Eingriff in Kenia erfolgreich vorgenommen wurde bedeutet das, dass es auch hier hoch qualifizierte Ärzte gibt," sagte Mr. Anderson.

"Der Patient kann nun einem langen und gesunden Leben entgegensehen."

Der lokale Chirurg Dr. James Munene vom KNH war hoch erfreut, dass er an der schwierigen Operation teilnehmen konnte.

"Der Erfolg beruht auf der Partnerschaft zwischen MEAK und KNH; wir haben mit der Behebung einfacher Geburtsfehler begonnen und nun können wir komplizierte Eingriffe ausführen," sagte er.

Die Operation dauerte vier Stunden und der Patient war 130 Minuten an einem Bypass angeschlossen.

Das Kind hat die Operation erstaunlich gut überstanden und erholt sich rasch.

Das jüngste Kind, an dem in 2007 in Kenia eine Operation durchgeführt wurde von dem MEAK Team und lokalen Chirurgen, war ein drei Tage altes Baby, das eine Korrektur der Lungenatresie benötigte.

MEAK (Medical and Educational Aid to Kenya) ist eine regierungsunabhängige Organisation, die in Großbritannien vor 16 Jahren von Dee und Mike Belliere gegründet wurde.

Die Organisation bringt freiwillige Ärzteteams von Großbritannien nach Kenia, um Herz-, Thorax- und orthopädische Operationen vorzunehmen und in abgelegenen Regionen mit lokalen Teams bei Augenoperationen zusammenzuarbeiten.

Es war die 13. Mission im KNH und das Team setzte sich zusammen aus 17 Ärzten, Krankenschwestern, Perfusionisten und Physiotherapeuten aus Großbritannien.

In der 8 Tagem dauernden Mission wurden zwei Dutzend Eingriffe durchgeführt.

Insgesamt hat das Team mehr als 2000 Kinder mit Herzproblemen untersucht und 300 Operationen vorgenommen.

MEAK wird im Herbst 2009 wieder ins KNH kommen.

Kenya Airways beschenkt das Wema Center

IM RAHMEN ihrer sozialen Verantwortung als Körperschaft hat Kenya Airways von Seattle, USA, verschiedene Geschenke nach Mombasa transportiert für das Wema Center, ein Heim, wo Straßenkinder rehabilitiert werden.

Der neue Flug der Boeing 737-800 brachte Kleider, Spielzeug und andere Geschenke, die von Schulen in USA gespendet wurden, direkt von Seattle nach Nairobi.

Alles wurde ausschließlich für das Wema Center gesammelt und an die Kinder in dem Heim verteilt.

Kenya Airways hatte insgesamt 480 kg Luftfracht für das Wema Center kostenlos von Seattle nach Mombasa befördert.

Mitglieder vom Kenya Airways Sales Team, Mombasa, besuchten das Heim in Utange, mischten sich unter die Kinder, unterhielten sich und spielten mit ihnen.

Die Kinder hatten ihrerseits ein interessantes Unterhaltungsprogramm für die Gäste vorbereitet.

das Wema Center



MS MAUREEN ONYANGO, Kenya Airways Coastal Region Sales Manager, überreichte die Geschenke an Mrs. Lucy Yinda, Executive Director des Wema Center. In der Mitte Kenya Airways Sales Executive Lorraine Abreu-Mascarenhas.

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1			5		
			3 9		7
3			4 9 2		
3 9 8 4					
			7		
			5 2 7 9		
8 6 4					7
5		3 6			
		5			1

SUDOKU NO. 150

NAME.....

ADDRESS.....

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE SUDOKU' NO. 147

4	9	8	6	2	5	1	7	3
2	5	1	3	8	7	9	6	4
3	6	7	9	1	4	2	5	8
9	7	6	1	3	8	4	2	5
5	4	2	7	9	6	8	3	1
8	1	3	5	4	2	7	9	6
7	2	5	8	6	1	3	4	9
1	3	4	2	5	9	6	8	7
6	8	9	4	7	3	5	1	2

WINNER OF 'PRIZE SUDOKU' NO. 147
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ANNOUNCEMENT

THE BALUCHI Community (WOMEN) will be holding their annual Charity Food Festival & Jumble Sale on Saturday 4th July 2009 from 9 am onwards at their Complex opposite Bawazir Plaza (next to Tarboush Restaurant). All are welcome to this charity event organised for the sole purpose of lending a hand to the needy - all proceeds derived therefrom will be exclusively channeled to them. A wide variety of scrumptious traditional dishes eg. biriani, large assortment of English dishes + provision of lunch available. Your humble presence will go a long way in improving the lives of the less fortunate.

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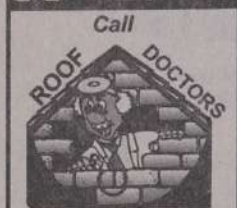
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European Scouts On The Look Out For Talent And Skill

Former Mombasa FC captain, Paul Thiong'o has called upon youngsters to train hard and become talented players in order to attract foreign clubs, writes **ABDULREHMAN SHERIFF**.

ABDULREHMAN SHERIFF writes

Fourteen year-old Thiong'o appealed youngsters to concentrate in improving their standards of play for there were many European scouts who travel regularly to east and Central region looking for talented and skillful youngsters.

"I am still continuing with my education and learn to play top flight soccer," said the Kenya

youngster who emerged the best player during the 2007 Danone Nations Cup competition held in Lyon, France. Immediately after the competition which involved 40 nations, Thiong'o was signed by FC Empoli of Italy where he is now playing for the

youth league.

Speaking after a training session with his former team at Tononoka ground early this week, Thiong'o said this was the right time for Kenya youngsters to put more efforts in their training and also maintain high standards of discipline to attract foreign clubs to sign them.

Kenya Youth Soccer Events

(KYSE) secretary, Abdul Iddi said though Thiong'o was now playing for an Italian club, he never abandon his colleagues whenever he come back in the country for holidays.

"He has been joining his former colleagues in training together and even appear for the team during its friendly and competitive knock-out matches," said Iddi who was the leader of Mombasa FC during the France trip two years ago.

Meanwhile, Mvita Youth clash against Dragon in a Group D match of Mahdy Cup competition at Makupa primary school ground today (Friday).

Tomorrow, Floringi meet Ziwani Stars and on Sunday, Mombasa Stars faces El-Maan, in matches to also be held at Makupa ground.

On Monday, Chelsea will have a formidable outing against Mombasa United Charity Academy at Ziwani Ground and on Thursday, Mvita Youth play Admiral at Makupa Ground.

PHOTO COURTESY: PAUL THIONGO



FC Empoli under-15 soccer team of Italy before a youth tournament at Roma ground recently, Kenya's Paul Thiong'o (centre) kneeling with his colleagues standing (from left) Frugoli, Brumat, Bakini, Garjulo, Paccini and Elias, Kneeling (from left) Lorenzo, Rovini, Thiong'o, Tadei and Silvestri.

Title Chase Intensifies As Tundo Stumbles In Mogotio

FROMBACK PAGE 2WD: 1. Jasmeet Chana 63 2. Charles Hinga 51; 3. Munir Khan 51; 4. Leo Varese 49.

Full Results: KCB KNRC: Lee Rose (EVO 9) 1h52m45s; 2. Baldev Chager (Subaru N12) 1h55m31s; 3. Ian Duncan (Nissan Patrol) 1h57m57s; 4. Alastair Cavenagh (EVO9) 1h58m44s; 5. Peter Horsey (EVO 9) 2h08m51s; 6. Azar Anwar (EVO8) 2h08m18s; 7. Kirit Rajput (Subaru N10) 2h10m41s; 8. Izhar Mirra (EVO9) 2h11m39s; 9. Stephano Roca (Datsun 260Z) 2h13m34s; 10. Hussein Malik (Subaru) 2h19m43s; 11. Ghalib Hajj (Subaru N10) 2h21m41s; 12. Said Hamad (Subaru) 2h22m30s; 13. Asad Khan (Subaru N10) 2h24m04s; 14. D.resh Sachania (EVO6) 2h24m51s; 15. Gianluca Ciaraldi (EVO 7) 2h25m29s; 16. Sham Wason (Subaru Legacy P/U) 2h27m02s; 17. Aslam Khan (Ford Escort RS) 2h34m56s; 18. Keval Maisuria (Subaru) 2h52m05s.

2WD: 1. Jasmeet Chana (VW Golf) 54m01s; 2. Munir Khan (T. Levin) 57m05s; 3. Leo Varese (VW Golf) 1h05m27s; 4. Philip Kirazi (Ford Escort RS) 1h08m58m

Noor-e-Islam Win Muslim Brotherhood 2009 Title

Noor-e-Islam won the Muslim Brotherhood tournament hosted during madaraka day by noor-e-islam nairobi in Nairobi.

The tournament had 14 participating teams.

In the first semifinal Muslim youth beat the reigning champions Aga Khan nairobi 2-0 in a one sided match.

The second semifinal Noor-e-islam Green beat the tournament favorites Nakuru muslims 2-1.

In the final the mombasa arch rivals clashed but muslim youth held the mighty Noor-e-islam first set after that falling three sets down.

Noor-e-islam showed them they were not a real threat. With Mohamed sumra being awarded the most valuable player of the

tournament.

Noor-e-islam Mombasa and Nairobi have given special thanks to Aga Khan sports club Nairobi namely Firoz. Shivji (Fili), Nooramin ismail (Nura) with the ir efforts prepared the ground in three days.

The Mombasa team also commented that Aga Khan sports club have always given sincere support as Mombasa Aga Khan

sports club have always come hand in hand to be part of volleyball support through Aftab Flupishi chairman of Aga Khan sports club Mombasa and Zahir Kara of Kara roadways.

Noor-e-islam team has given Special thanks to Lalit Pandya (corner garage), Yakub sailoo (chairman), Arif Iota (vice chairman), Mehboob Lota (Lota Motors) and all other supporters.

COAST BRIDGE with C.P. SHAH

In the following hand declarer was so sure that East held a particular card that he played in that line to make his slam contract.

DEALER: SOUTH NEITHER SIDE VULNERABLE BIDDING:

SOUTH	WEST	NORTH	EAST
ONE SPADE (1)	PASS	TWO 'NO' TRUMPS	PASS
THREE 'NO' TRUMPS (2)	PASS	FOUR CLUBS (3)	PASS
FOUR HEARTS	PASS	SIX SPADES	

1. Modern Acol approach, 2. 15-19 Balanced, 3. Ace sowing cue bid A Diamond lead would have defeated the contract but West led unbid suit - Ten of Hearts.

Declarer won the Knave of Hearts, drew Trumps, cashed the other Hearts then led over to Dummy's Fourth and Fifth Trumps.

As the last trump was led, East had to make a discard from the Ace-Queen of Diamonds and Four Clubs.

NORTH				
♠	A	K	J	6 3
♥	7	6	4	
♦	K	7	3	
♣	A	4		

WEST				
♠	9			
♥	Q	10	9	8 2
♦	10	8	6	5
♣	J	7	6	

EAST				
♠	10	5	2	
♥	5	3		
♦	A	Q	J	9
♣	10	9	8	5

A Club discard would be fatal, for Declarer would take Four Club tricks.

So East threw the Queen of Diamonds.

Leading the position, Declarer now led a low Diamond.

East won his bare Ace and Declarer could win his Club exit and cash the promoted King of Diamonds.

Twelve tricks and slam made.

SOUTH				
♠	Q	8	7	4
♥	A	K	J	
♦	4	2		
♣	K	Q	3	2



Standing [from left] Sidik, Iju, Sisko, Sule, Bilal, Uzair, Mohamed (captain), Khalid, Rahim, Imtiaz, Ahid, Sulu Mama, Amir, Yusuf Sitting from left: Aman Junaid, Nadim, Atu, Aslam, Dudi, Akbar, Arfan, Amir, Zull, Malaam, Hasim. Kneeling [from left] Sidik, Wasim, Khosla, Filu Moski, Dholi, Zahir, Sajid. Not present: Yusufi, Aziz, Shahid, Umer.

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IF YOU'RE SLICING CHECK YOUR ADDRESS. MAKE SURE THAT YOUR BENT KNEES, HIPS AND SHOULDERS DON'T POINT LEFT OF THE TARGET BECAUSE THIS ADDRESS CAUSES YOU TO CUT ACROSS THE BALL AT IMPACT. FOR SOLID ACCURATE SHOTS, SET YOUR BODY PARALLEL OR "SQUARE" TO YOUR TARGET.

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Under 7 Inter-School Football Tournament

All roads led to the Aga Khan Nursery school on June 13th for the occasion of first ever inter-school football tournament for under seven years old in Mombasa, writes **ABDULREHMAN SHERIFF**.

The tournament which was co-organised by Aga Khan Nursery school and Junior Stars Football School, attracted eight teams from different schools.

These included, Aga Khan Nursery, Coast Academy, Junior Stars, Mombasa Academy, Muslim Kumbalar, Al Madrassa, and Jaffery Academy.

It was spectacular seeing young players doing their magic on the pitch. Each match lasted ten minutes. The boys seemed to be enjoying chasing the ball and shooting into the goal posts.

From wonder goals, brilliant defensive tactics, and amazing passes most spectators were left speechless!

The teams were divided into two pools and at end of the matches Aga Khan Academy A topped pool A. Jaffery Academy topped pool B.

Jaffery Academy took the first place, Aga Khan Nursery School scooped the second place and Junior Stars Football School the third place.

The first three teams each took home a trophy to show off their days win. All the participants were awarded with certificates from the Aga Khan Nursery School.

The Head teacher of Aga Khan Nursery School, Perviz Bamsley says that the tournament was meant to teach sportsmanship to the young soccer players.

At the end of the end the main objectives of the tournament were achieved. The players were being exposed to a fun, interactive, fair and competitive soccer tournament.

The tournament was the first of its kind in Mombasa and the organizers put it clearly that it shall be an annual event.

The soccer school will host the next year tournament.

The dates shall be announced as soon as possible so as other schools are able to participate.

Junior Stars Football School is on a mission to promote young talent.

The soccer school awarded a one month soccer sponsorship to two players from each of the participating teams.

The chosen players will be able to attend a soccer clinic for under 12's.

The soccer clinic is scheduled to start on the 1st July and end on 30th July at the Aga Khan Nursery.

The training sessions will be conducted on Mondays, Tuesdays, Wednesdays, and Thursdays from 3pm to 5pm.

One of the members from the soccer school, Mercy Decho, encourages parents to enroll their children into such activities that expose them to creativity, focus and discipline in life.

She says leaving children home to watch television and play stations discourages youth talent.

Soccer Team Prepare To Take On Kilifi District Premier League Title

Umoja Rubber soccer team opens their campaign to win the Kilifi District Premier League title with a fixture against Bamburi Beach at Mtomondoni Ground on Sunday.

The match is expected to attract a large crowd as both the teams have many talented young and experienced players in their line-ups.

Umoja Rubber team manager, Mohamed Amir Ali said they were serious in winning not only the league but other knock-out competitions they are to participate.

"We will be taking all our matches seriously and our main aim is to win them all and emerge the district champions."

"We are starting and no doubt we will climb to the top of Kilifi and the entire Coast region soccer map," Ali said.

Umoja Rubber are starting the league at a time when they wait for the final match of the Msaparo Cup Competition to take place at Mtswapa Primary School ground on July 5 against Sunset FC.

Umoja Rubber qualified for the final after knocking out Santa FC 5-3 on post match penalties

Soccer Scene with Abdulrehman Shariff



as their opponents Sunset eliminated Kanamai 5-2 also through penalties.

In the league, seven clubs will be fighting for the Kilifi district soccer premier league set to start today when Barani Sports tackle Liverpool at Barani Ground.

The clubs to battle out for top

honours in the league are Young Divers, M pate M pate, Barani Sports, Liverpool, Bamburi Beach, Nyati Rangers and Umoja Rubber.

Kenya Football Federation (KFF) Kilifi sub-branch official said matches are to be played at Barani, Mtomondoni, Msumarini, Vipingo and Majengo grounds.

Other fixtures are- July 4: Nyati Rangers v M pate M pate (Kikambala).

July 5: Young Divers v Barani (Msumarini). July 11: M pate M pate v Liverpool (Vipingo).

July 12: Umoja Rubber v Young Divers (Majengo). July 18: Nyati Rangers v Bamburi Beach (Kikambala).

The rest of the fixtures are-July

19: M pate M pate v Umoja Rubber (Vipingo).

July 25: Barani Sports v Bamburi Beach (Barani). July 26: Young Divers v Nyati Rangers (Msumarini).

August 1: Bamburi Beach v M pate M pate (Mtomondoni). Aug 2: Liverpool v Umoja Rubber (Mtomondoni).

Aug 8: Liverpool v Young 9: Nyati Rangers v Barani Sports (Kikambala).

Meanwhile, Bamburi United clash against Red Sharks in the Tito Cup competition at Parma Sharp Ground tomorrow.

On Sunday, Mtopanga Cranes tackle Mantubla at the same venue.

BRIDGE RESULTS

Result of the duplicate Bridge played at Mombasa Sports Club on Wednesday, 17th June.

Mr. K. P. Shah and Mr. C. P. Shah 45 (Points); Mr. and Mrs. Narendra 38; Mr. and Mrs. Janakbhai 37; Mr. and Mrs. Kirti R. Shah 36; Dr. and Mrs. J. D. Shah 35; Mrs. Vibha Shah and Mrs. Koki 31; Mr. and Mrs. Panu Savia 30.

Results of Duplicate Bridge played on Monday 22nd June at United Sports Club Mombasa.

1. Rohit Malde : Rohit Chandaria 143, 2. A. D. Shah : C. D. Shah 132, 3. P. Gandhi : Dr. J. D. Shah 126, 4. Dipi Shah : Kanchan Shah 110, 5. J. Babla : Neemaben Babla 105, 6. Ashok Doodhia : Kaushika Doodhia 99, 6. Rasik Shah : Vibha Shah 99, 8. Koki Shah : Lorna Phillips 97, 9. Narendra Shah : Kelan S. Shah 86, 10. Ramnik Shah : Amubhai Shah 85.



Mohamed Amir Ali.



Dennis Amateur Boxing Champion

Mombasa's Transfix Amateur Boxing Club boxer, Dennis Odhiambo [left] being declared the winner by the referee after recording points victory over Republic of Czech opponent, Lukas Plizak of Benik Most Club during an amateur walter-weight bout held in Denmark. Odhiambo, will remain in Denmark at the invitation of Brian Mathiansen for a six months training.

Busy Weekend For Golf Clubs In Mombasa

The weekend of Saturday 20th and Sunday 21st saw action at both Mombasa Golf Club and Nyali Golf Club, with the Steve Mbotte Memorial Day at Mombasa on Saturday and the annual Ladies Greensomes at Nyali on Sunday.

On the day when the US Open was practically washed out, similar fate was in prospects for a good field of 110 players who entered the Steve Mbotte Memorial Day.

Luckily, the rains held off but pale force winds raged at the seaside course.

The scores reflected the difficulties of playing the tight course in such strong wind.

The overall winner, CK Yu who is a regular player at the Front Club, had to call upon all his local knowledge of the course to produce 37 stableford points.

Following closely on 36 were Ngibuini Gikandi and Clive Bamsley for the men's winner prize.

The steady Ngibuini with his even halves of 18 counted out Clive who started with a bang, carding the same first nine score as the overall winner at 20 but could not keep it going, finishing with 16 and had to be content with second prize.

Lumatete Muchai on the other hand started off slowly with only 14 points but adding on 7 more to make 21 on his back nine to claim the third prize, counting out Wainaina and Ngunjiri also

on 35 who took the fourth and fifth prize in that order.

There were several more prizes to be won, three amongst the ladies, the best being 34 scored by Wambui Warui.

Well behind Wambui was Florence Karimi on 29 and Akki Khan further behind on 27.

John Riley, another regular at the Front Club, took the Best Senior prize on 33 while the Best Junior Jeremy Wahome could have stood up with the best of the field, making 36 points.

Wahome elder made the same error as Clive, starting with a bang, with 20 and then falling back, but the 20 secured for him the best first nine prize for his effort.

Best second nine was also won on the same score of 20, by Sylvester Odhiambo

Best score of the day however belonged to the best Caddy Solomon Majanja who made 38 points, followed by Kingi on 33 to take the runner up spot.

The Competition was very generously sponsored by the family of Steve Mbotte, Tony Mbotte being the prime mover.

Many thanks to the Mbotte Family.

The annual Ladies Greensomes at Nyali was not so well supported, Sunday perhaps being reserved for the family, is not the most convenient day for most ladies.

Only 20 ladies managed to turn up for the Competition which

goes back a long way in the Ladies calendar at Nyali.

As the self explanatory name indicates, it is played in partnership format, the only competition of the kind at the Coast.

Alice Wahome and Diana Munyao combined well to bring a good score of 36 to lift the trophy.

Margaret Mugambi and Kellen Weku followed with 34 and two points further behind were Wambui Warui and Pia Swatton to take second and third respectively.

Kiran Patel and Perviz Bamsley won the first nine on 16 while Jayne Githere and Florence Karimi took the second nine on good score of 18.

It was not just the winners who went away happy, all participants were well rewarded with a delicious tea and as is customary with the ladies for their dos, wine was flowing freely late into the evening, accompanied by cheese and crackers.

Appropriately for the ladies, the competition was sponsored by Onifilame, producers of beauty products who made a Powerpoint Presentation promising instant beauty with just a touch of their enticing products which were available for sale and were picked up like hot cakes. So watch out for our new look ladies on the course!

The competition was co sponsored by G M Njuguna and Paul Macharia.

Thanks to all three of them from the ladies for a very

enjoyable afternoon.

Ladies Greensomes 2009 Results:

Winner: Alice Wahome / Diana Munyao 36, R/up: Margaret Mugambi / Kellen Weku 34, Third: Wambui Warui / Pia Swatton 32.

Best 1st Nine: Kiran Patel / Perviz Bamsley 16 c/b.

Best 2nd Nine: Jane Githere / Florence Karimi 18.

LA FARGE TEAM BUILDING @ HOLLYWOOD BOWL

Last Thursday, a group of members from La Farge had a session of bowling which was an ideal sport for them for teambuilding.

The group comprised of twenty-four members all from different countries namely: - Zambia, Uganda, Tanzania and host Kenya.

The group, which mostly consisted of people without prior knowledge of the bowling sport, showed great interest and enthusiasm towards bowling after some training provided by the Hollywood Bowl staff.

A good performance was evident from their results.

Bowling Scores for the Corporate (La Farge): OJ-94,100; Russian-92,157; Great-96,105; Aminat-50,65; Ben-34,70; Femi-42,70; Gyabi-70,88; Loic-120,157; Moses-91,121; Boniface-77,98; Ekedi-50,56; Faith-59,79; Jane-55,59; Julie-12,66; Abdul-84,99; Andrew-77,100; Florence-83,105; Matthew-101,139; Jagger-82,111; Brice-106,157; Cheebo-94,95; Felix-61,68; Jackson-73,96; Peterson-72,93.

It was pomp and color as Farha Omar celebrated her birthday at the Hollywood Bowl on Sunday afternoon.

Farha was turning 9 years old and she is a student at Aga Khan Academy in Year 3.

Together with her family, friends and schoolmates had a wonderful time bowling.

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Title Chase Intensifies As Tundo Stumbles In Mogotio

It was such a hapless outing for series leader Carl 'Flash' Tundo in Mogotio as KCB Easy Pay Loans Rally brought the KNRC series to halfway stage.

Though down but not out, Tundo consolidated his lead at the helm of the eight-leg 2009 KCB Kenya National Rally Championship (KNRC) series with 280 points. With the result in Mogotio, the scenario looks quite menacing and Tundo's closest challenger and Dalbit Racing teammate, Alastair Cavenagh, now on 215 cumulative points.

Tundo's attempted fourth straight win turned elusive when his Mitsubishi EVO9 packed-up at the penultimate CS9 stage as cars prepared to take to the very last dash to Solai RVMSC "Clubhouse" finish.

Winner Lee Rose was unchallenged in Mogotio with his formidable run of hair-raising thrills.

Defending Champion Baldev Chager was second incidentally 2.46 minutes behind Rose.

Chager had his run impeded with weary brake pads which he regularly changed in service.

Tundo's exit must have come as a 'pleasant' surprise to top drivers incidentally at pains to rock the winning boat he has been sailing through since the season started in February.

Tundo must now work harder to ensure things go his way.

Should Tundo retire in the next event and his teammate Alastair Cavenagh wins in Nanyuki on July 17-18, then the latter takes over the lead.

Tundo has won the first three rounds -KCB Biashara Banking Rally, KCB Safari Rally and KCB Micro Banking Rally.

But his debacle in Nakuru left the series wide open.

The KCB KNRC series is co-sponsored by Iway Africa, National Oil, EAPC Company Limited and Highlands water

Special Report by
Samson Ateka



Seen clockwise [from left] Baldev Chager and navigator Raju Sehmi, Jasmeet Chana and navigator Sudhir Thethy, Lee Rose and navigator Piers Dykin and Ben Muchemi with navigator George Njoroge.

attracted KNRC 28 starters with only 18 surviving the conditions.

The 2WD class had eight entries with four finishers.

They were Chana (1st), Mune Khan (2nd), Leo Varese (3rd) and Philip Kiriazi (4th).

The going was equally agonizing to Charles Hinga's drive when he kissed the event goodbye at the very first loop due to a damaged rear left wheel that broke the Toyota Levin's studs.

As a result, winner Jasmeet Chana ascended to the top of the 2WD table standings with 63 points; 12 points ahead of Hinga.

Chana was all smiles. "The win has rekindled my title hopes," Chana said.

Standings: KNRC: 1. Carl Tundo (Dalbit Team) 280, 2. Alastair Cavenagh (Dalbit Team) 215, 3. Baldev Chager (Oilibya Racing) 180, 4. Lee Rose (unattached) 155, 5. Azar Anwar (Oilibya Racing) 145, 6. Ian Duncan (National Oil) 125, 7. Peter Horsey (Team Civicon) 90, 8. Asad Anwar (Oilibya Racing) 83, 9. Izhar Mirza (Coast Pekee) 75, 10. Alex Horsey (Team Civicon) 51.

CONCLUDED PAGE EIGHTEEN

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KENYA TIDE TABLES

MOMBASA, June 26 - July 02, 2009

FRIDAY High Water - 3.2 m. at 06.42 hrs. (6.42 a.m.) and 3.5 m. at 18.57 hrs. (6.57 p.m.). Low Water - 0.2 m. at 00.30 hrs. (12.30 a.m.) and 0.5 m. at 12.36 hrs. (12.36 p.m.).

SATURDAY High Water - 3.2 m. at 07.29 hrs. (7.29 a.m.) and 3.3 m. at 19.43 hrs. (7.43 p.m.). Low Water - 0.3 m. at 01.12 hrs. (1.12 a.m.) and 0.6 m. at 13.25 hrs. (1.25 p.m.).

SUNDAY High Water - 3.1 m. at 08.17 hrs. (8.17 a.m.) and 3.0 m. at 20.31 hrs. (8.31 p.m.). Low Water - 0.5 m. at 01.55 hrs. (1.55 a.m.) and 0.8 m. at 14.19 hrs. (2.19 p.m.).

MONDAY High Water - 3.0 m. at 09.10 hrs. (9.10 a.m.) and 2.7 m. at 21.24 hrs. (9.24 p.m.). Low Water - 0.7 m. at 02.40 hrs. (2.40 a.m.) and 1.0 m. at 15.20 hrs. (3.20 p.m.).

TUESDAY High Water - 2.9 m. at 10.11 hrs. (10.11 a.m.) and 2.5 m. at 22.26 hrs. (10.26 p.m.). Low Water - 0.9 m. at 03.30 hrs. (3.30 a.m.) and 1.1 m. at 16.32 hrs. (4.32 p.m.).

WEDNESDAY High Water - 2.9 m. at 11.19 hrs. (11.19 a.m.) and 2.3 m. at 23.44 hrs. (11.44 p.m.). Low Water - 1.0 m. at 04.30 hrs. (4.30 a.m.) and 1.2 m. at 17.53 hrs. (5.53 p.m.).

THURSDAY High Water - 2.9 m. at 12.31 hrs. (12.31 a.m.). Low Water - 1.2 m. at 05.41 hrs. (5.41 a.m.) and 1.1 m. at 19.09 hrs. (7.09 p.m.).

NOTE: Standard Port is Killindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

Mombasa's Dennis Won Amateur Walter Weight In Denmark

Mombasa's Transfix Amateur Boxing Club boxer, 18-year-old Dennis Odhiambo managed to win a amateur walter-weight contest in Denmark last weekend.

Coast Province Amateur Boxing Association (CPABA) competition secretary, Samson Mtoni said Odhiambo registered points victory over Republic of Czech boxer, Lukas Plizak of Benik Most Club.

The Mombasa boxer was invited for a boxing match with the Czech pugilist by the Vejle Atlet Klub through Transfix Danish sponsor, Brian Mathiansen who is a professional boxing trainer.

Mtoni told the Nation yesterday that Odhiambo, a student of Serani Secondary School will be in Denmark for the next six to seven weeks learning boxing techniques.

"The Kenyan boxer impressed those who watched him in action and especially Mathiansen who is sponsoring Odhiambo trip to the European nation," Mtoni said.

It is the third time for Odhiambo to travel to Denmark.

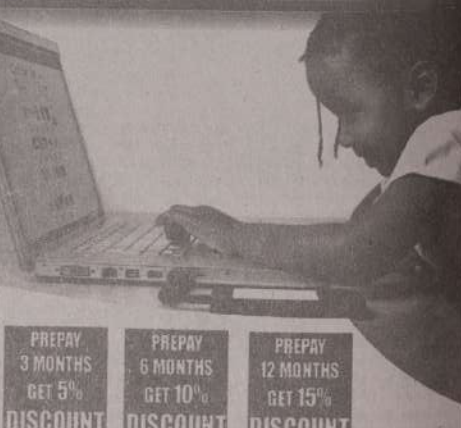
He got sponsorship for training in both the previous trips to the European country.

Mathiansen has been assisting Transfix with boxing kits and also helped some Coast boxers to train in Denmark.

ABDULREHMAN SHARIF writes

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