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Coastweek

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Terrific Tundo!

KENYAN DRIVER SWEEPS 'SAFARI RALLY' 2009



NAIROBI, (Xinhua) -- Kenyan ace driver Carl Tundo, who was navigated by Nairobi based [Mombasa-born] Tim Jessop in a Mitsubishi EVO 9, held to his overnight lead to win his second safari title in five years. **CONCLUDED PAGE THREE**

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NAIROBI, (Xinhua) -- Kenya's Ben Muchemi drives at full speed on the road to the dry Lake Elementaita region during the early stages of the three-day 57th K.C.B. 'Safari Rally' - one of the toughest and oldest in the world. XINHUA PHOTO - XU SUHUI

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Celebrations Planned To Celebrate Star Of The Sea Primary School [1909-2009] Centenary ...

An inauguration meeting of the Centenary Committee chaired jointly by Fr. John Correa of the Holy Ghost Cathedral and Sr. Bernardette Mwelu, Head Teacher of the Star of the Sea Primary School was held at the Star of the Sea Jubilee Hall on 25th March, 2009.

The group decided that the Launching of the Centenary will take place on 30th May, 2009, the date nearest to 28th May, 1909, the arrival of the pioneer White Sisters, the Missionary Sisters of Our Lady of Africa, who laid the foundations of the primary school.

Archbishop Boniface Lele of the Catholic Archdiocese of Mombasa, the sponsors of the school, will lead the thanksgiving Mass on the date, which will be followed by other activities.

A committee has been set up under the leadership of the following: Finance and Fund-raising: Moses Waweru Parish Council, Chairman Holy Ghost Cathedral and

Communications: Miss Bertina Kanaka of Lwanga Communications.

Other committees proposed were Entertainment, Reunion of Teachers and Old Girls and charitable activities e.g. Charity Walk.

The Star family - High School, Primary and Nursery, Board of Governors, Holy Ghost Cathedral Parish Council and Fina Bank, attended the meeting.

CELEBRATING WOMEN AT BANGLADESH PARISH

This years Women's day came with a great honor in Bangladesh thanks to the Catholic Justice and Peace Commission dubbed 'Haki Yetu Committee' meaning our rights.

The committee prepared a whole week activities that started from March 02 - 08 with Mrs. Grace Oloo from Ujamaa Centre facilitating on Soap making as a trade, Mrs. Florence Hawa from Mombasa MTC facilitating on Reproductive Health, Victoria and Aisha from FIDA touching on Women's Rights, and Eunice and Wilkister facilitating on Girl Mentorship.

On March 04 there was an exchange programme with St. Steven's Bomu Parish.

March 07 was a fun day where women played netball and football while young school girls participated in athletics.

On March 08, the climax of the celebrations, the women attended mass after which they cut a cake to mark the day.

The Haki Yetu committee held these celebrations to show that women are important in the society and that they cannot be left to fight for their rights alone.

So long as you view all women as your mother, sister or daughter, then you have no reason to rape, beat or violate their rights.

The D.O and female police officers attached to Changamwe Police missed this golden opportunity to get close to the community, as they failed to turn up.

All in all we managed to mark the event and thanks to the Parish Priest Fr. Gabriel Dolan and the committee members Caroline Ikanda (Legal advisor), John Paul

Obonyo (Programme Assistant), George Ayieko (Vice Chairman), Lydia Adhiambo, Millicent Omengo, Neema Anzazi among others.

Let us all respect grand mothers, mothers, sisters, daughters and granddaughters.

Reported by George Ayieko - 'Haki Yetu' Bangladesh

STRATEGIC PLAN FOR THE MALINDI DIOCESE

Where there is no vision, the people perish. With this quote, the Catholic Diocese of Malindi, put all their efforts into formulating their first diocesan strategic plan for 2009-2012 so as to have guidelines on how they should carry out their task for evangelisation.

Malindi is a coastal town with a lot of challenges that the diocese is concerned about.

There are many cases of early marriages, drug abuse, school drop-outs, sex tourism, polyandry, polygamy, witchcraft, prostitution, homosexuality, HIV/AIDS, deforestation, unemployment, among others.

The strategic plan therefore outlines clearly what the diocese

plans to do concerning these issues and more.

Launching was done on April 01, 2009 at Catholic Institute, Malindi by his grace Rt. Rev. Francis Baldacchino OFM Cap.

It was attended by:

Fr. Willybard Lagho- Vicar General of Mombasa Arch diocese, Ken McClean- Catholic Relief Services, Peter Kineu- CRS, Adele S. - Crs, Gilbert Namwonja-CRS, Sr Pauline Nthenya, Stanley Masamo- Development Co-ordinator Catholic Arch diocese of Mombasa, amongst other invited guests, priest, sisters and religious from the diocese.

PROJECT EVALUATION

In his welcoming speech, Fr. Albert Buijs- the vicar general gave a brief background of the birth of the plan and the hard work that everyone put into it.

Mr. John Kamau then led the way in introducing the plan, quoting it as an 'action-reaction to God's calling'.

He clearly stipulated the goals and objectives of the plan, shared on the structures that will guide it and introduced a Project Indication Tracking Table that will act as a monitoring and evaluation tool.

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KENYAN DRIVER SWEEPS 'SAFARI RALLY' 2009



An evocative scene of heroic rallies past ... a super-charged sports vehicle screams through the dust and heat of the Great Rift Valley, close to Lake Elentaita on the first leg of the 57th K.C.B. Safari Rally into Nakuru Control. XINHUA PHOTO - XU SUHUI



Kenyan ace driver Cari Tundo - navigated by Tim Jessop - seen in his winning Mitsubishi EVO 9.



NAIROBI, (Xinhua) -- 2008 champion Kenyan Lee Rose leads on the road in his Mitsubishi. Rose suffered two punctures on day two in Elementeita and the 3.35 minutes gap from Tundo was too large a margin to close. XINHUA PHOTO - XU SUHUI

Terrific Tundo

FROM FRONT PAGE

"It's absolutely amazing to win the Safari again. This was one of the most difficult events I ever did. It is a good start for the season though."

"I had a 1.20 minutes cushion and drove sensibly fast but still kept a good rhythm and pace," a jubilant Tundo said on Sunday night.

Last year's champion Lee Rose suffered two punctures on day two in Elementeita.

In a bid to close onto the podium position, Rose was literally flying the entire day but the 3.35 minutes gap from Tundo on day two was too huge a margin to chase.

Ian Duncan was the first major casualty after his clutch packed up. Duncan was grappling with the same problem at CS1 Uhuru Park stage on

Friday and was unable to start the second leg on Saturday.

South Africa's all female rallying duo of Lola and Meagan Varleque kissed the Safari rally goodbye after breaking the front left shock on CS3 36km Lake West stage.

"We got into Jas Mangat's dust thus lost clear sight of the route."

"As a result we ended up hitting a rock bashing our front left shocks," said Lola.

By the time of their exit, the rally Chicks were lying 4th.

SMILE TIME



"... and she makes lousy porridge!"

CLAIRVOYANT'S ANNUAL MEETING



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Sun.- 4.30pm & 9.15pm;
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Nationwide Release For Super Action Block Busting Epic 'Fast And Furious'

THE HEAT is on in more ways than one this Easter weekend at the **NYALI CINEMAX** with four smashing new releases playing there.

a peaceful existence there. He has a secret which he shares with no one. Yet, one day he must disclose this secret or it will destroy his mind. This thrilling mystery will leave you biting your nails till the very end.

Back in India, Akshay Kumar has been in the news for some naughty, naughty things. He is the brand ambassador for Levi's Jeans and their slogan is "unbuttoned". At a fashion show to launch their new collection, he walked off the ramp and got his wife Twinkle Khanna to open the top button of his jeans.

She obliged, reluctantly, though and now the couple are being slapped with a lawsuit from some public conscious citizen of India, for indecent behaviour. This particular naagrik has been known to engage in lawsuits to reign in 'errant' stars for their 'vulgar' behaviour in public.

The third new film is the Owen Wilson and Jennifer Aniston starrer, **Marley and Me**. Young reporter John Grogan and his wife Jenny move to Florida and want to have children but are not sure if they are ready for the little bundles of joy yet.

So how do they get a bit of experience in readiness for parenthood - get a little puppy of course! The cuddly gift arrives in the form of a Labrador pup whom they christen Marley and everything goes well in the beginning.

Then things start to get hectic, as Marley starts growing up and

having a mind of his own. He is hyperactive, plays truant, gets kicked out of obedience school - just like any other normal child. Now John and Jenny have to really get down to parenting and ensure that Marley grows up to be a fine young individual.

Also in the film are Alan Arkin, Eric Dane and Haley Bennett. And finally, the last new film is a teen drama, **Twilight** starring Kristen Stewart, Robert Pattinson, Billy Burke, Peter Facinelli, Elizabeth Reaser, Cam Gigandet, and Nikki Reed.

When she has to go live with her father because her mother has remarried, Bella Swan remains the loner that she has always been.

Always different from the crowds, Bella finds a beau that is just like her in the form of Edward Cullen. Handsome and charming Edward, also cannot fit in with the current crop of teens and for him Bella is the perfect one.

There is only one problem though. He is a vampire - not the blood sucking ones though. But as he is drawn more physically to her, Bella's scent is enough to get his deeply suppressed instincts awake again.

Edward must find a way to control this, yet that is not the only worry he has. The Cullens' mortal enemies, Laurent and James also show up to lay a claim on Bella. Talk about fighting a battle on two fronts.

One show each this week of **The Curious Case of Benjamin Button** (Brad Pitt, Cate Blanchett), **Revolutionary Road** (Kate Winslet, Leonardo DiCaprio), **Valkyrie** (Tom Cruise, Kenneth Branagh, Bill Nighy, Tom Wilkinson, Carice von Houten) and **Bedtime Stories** (Adam Sandler, Courtney Cox Arquette and Ken Russell).

Steve Martin, Emma Bunton, Aishwarya Rai Bachchan, John Cleese and Andy Garcia can be seen for three days of the week (Friday, Saturday, Monday) in **The Pink Panther 2**.

Seems Mombasa has not got enough of Neil Nitin Mukesh and Bipasha Basu in **Aa Dekhen Zara**, so make sure you catch it on Friday, Tuesday and Sunday.

CINEMAS with Anjum Asodia

STARCAST GEMINI KILIFI

Aries (Mar. 22 - April 21) Your romantic energy is strong now and you are in a good position to get even closer to the object of your affections. It's easier than ever to ask people out and take giant steps together.

Taurus (April 22 - May 21) Try not to get too crazy when things start to happen today - it's far too easy for you to stiffen your back and not listen to anyone who suggests compromise. It's a good time to slow down.

Gemini (May 22 - June 21) You have a lot of fun working your way toward the truth today - especially through arguments. You might not hold on to any one belief too tenaciously, but you do get closer to something that feels right.

Cancer (June 22 - July 21) It's too easy to be penny-wise and pound-foolish today, so try to look at factors beyond price when making purchasing decisions. You're sure to find a better deal in something that lasts.

Leo (July 22 - Aug. 21) Creative energy is running through you without resistance today - and you should be able to brainstorm up bunches of new projects or fun ideas to work on later. If you get crazy, you might finish some up now!

Virgo (Aug. 22 - Sept. 21) You're feeling a bit crazed over your tight schedule, but there's no easy way to wriggle free of your obligations. It's one thing to complain, but another entirely to shirk your responsibilities!

Libra (Sept. 22 - Oct. 21) When your family or peers at work start to lose the thread, it's up to you to take the lead. They need a little guidance and you can see the big picture with greater clarity than usual.

Scorpio (Oct. 22 - Nov. 21) Things are getting hard to deal with around the workplace - or wherever you spend most of your time. Power games are unavoidable and you need to step up and fulfill your role in them.

Sagittarius (Nov. 22 - Dec. 21) You've got to share some of your great energy with friends today - it's impossible to keep it all to yourself! It's easy to make up with those you've been fighting with or to make new friends.

Capricorn (Dec. 22 - Jan. 21) You should be very careful with your money and stuff today - you've got more requests coming in than you can possibly honour. It might be easiest to just say no to everyone for the time being.

Aquarius (Jan. 22 - Feb. 21) You're feeling a bit out of sorts, but you can get recharged if you send some quality time with your favourite person. That may take some good thanks to conflicting schedules, though!

Pisces (Feb. 22 - Mar. 21) Let others have their drama - you don't need any of that! In fact, this is the best day to just focus on your own business and ignore everyone else as much as possible. Don't let them drag you down with them!

Mombasa Cerebral Palsy Foundation Hold 'Seventh Annual Charity Walk' In Bamburi

THERE WERE 280 PARTICIPANTS OF ALL AGES, WHO EITHER JOGGED, CYCLED OR SIMPLY WALKED

The "Seventh Annual charity Walk" organized by the Cerebral Palsy Foundation in aid of their special needs children held on Sunday March 1st 2009, held at the Bamburi Forest Trail, courtesy of Lafarge Eco Systems, was a tremendous success, thanks to our caring school children and adults from all walks of life.



There were participants of all ages.

There were 280 participants of all ages, who either jogged, cycled or simply walked at their own pace to complete a distance of either five kms. or three kms. depending on the ages of the participants.

Leading the pack were enthusiastic and well-disciplined students from the Aga Khan Academy, P.C.E.A Makupa Academy among other schools and their parents and teachers.

The Guest of Honour, Mr and Mrs. Ketan Doshi of Pan Africa Syndicate Ltd. Mombasa, flagged off the walk at 9.00am after having pledged their personal donation of K. shs. 100,000/-

On returning to the base, all participants were treated to soft drinks, beverages from Gold Crown and snacks donated by various generous Parents, and Companies.

The Chairman of the Board Of Trustees had the following to say:

"The teaching of prevocational skills like use of computers, dressmaking, Jewellery making tie and dye and art classes, started in 2006 has gained momentum, thanks to the past and present financial

support from our well wishers. "We aim to make our children learn to live an independent life, as they grow older. "With the ever rising cost of living budget deficit is but inevitable. "This at the moment varies between K. shs.1.8 million to 2 million annually. "Which we endeavour to minimize through fund raising events like the Charity Walk, Rummy tournament and Food festival which have always been great success due to the generosity of our citizens and the free publicity given by the Coastweek.

"The Pupils, Parents, Teachers the Board of trustees, take this opportunity to thank all those who participated and raised funds and all our well-wishers for their continued support ... Mungu Awabariki, Ameen."

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Looking after your interest!

Kanda Bongoman - King Of Kwasa Kwasa - Thrills His Mombasa Fans

THE TAMARIND THIS WEEK

The King of Kwasa Kwasa thrilled his coast fans in Mombasa at Carnival Sea front on Saturday night club courtesy of Bakulutu Sounds, reports *Tobby Otum*.

Kanda Bongoman arrived at the venue and went straight to the stage and performed from quarter past mid-night to his enthusiastic fans who had thronged his concert.

Kanda last performed in this region 18 years ago.

He arrived a night prior to his performance day at Mombasa's Moi International Airports from Juba in Southern Sudan on a one day concert in the country.

Dressed in blue half coat, black shoes and open shirt played when he performed nine songs in row sandwiched by his lady-dancers wearing red dresses and putting up travolta shoes. Present at his concert was last promoter Omari Masumbuko.

Kanda took the stage as the Lingala fans went frenzy and wanted to shake his hands but were barred by his security details. Throughout his performance he played the old songs which rocked the world in late 1980s and early 1990s



The King of Kwasa Kwasa - Kanda Bongoman thrilled scores of his coast fans in Mombasa at Carnival Sea front on Saturday night club of courtesy of Bakulutu Sounds. PHOTO: BOBBY OTUM

featuring Sweet Elizabeth, Liza, Monie, Isambe, Mutchana among others. But the fans compelled Bongoman to play two more songs when they refused to allow him step down from the

stage at 2.30 am.

When he arrived at the stage he greeted his audience with Swahili word Hamjambo which they acknowledged that 'hatujambo' before the performance his first song.



On board the Tamarind dhow on 21st March 2009 were Mr. and Mrs. John O'Reilly (above) who were the lucky winners of a trip to Kenya after a fund raising event that was organized by Africa Centre in Dublin, Ireland and their holiday sponsored by Maasailand Adventures, The Tamarind dhow and Sarova Whitesands Hotel. They commented as having a wonderful experience on the dhow with an amazing cuisine and excellent music from the Resident Band and they will surely recommend to all their friends to have this once in a lifetime experience! - Faiza Ayub

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KTB- KQ Launch Kshs 50m Africa Marketing Campaign

Kenya Tourist Board (KTB) and Kenya Airways will partner in a new Kshs 50 million marketing campaign to promote Kenya's tourist attractions in Africa.

Tourism Minister Najib Balala, while making the announcement during a gala dinner hosted for over 150 tour operators, travel agents, and journalists from across Africa who have been touring Kenya's tourist sites for the last one week, termed the new initiative timely in increasing tourist arrivals from the continent.

"We want to generate new business from Africa as opposed to our existing source markets and we feel this initiative will encourage growth in intra-regional tourism," said the Tourism Minister.

The marketing campaign, Balala noted, targets all the 30 destinations that Kenya Airways plies.

Balala further explained that the Kenya Airways and KTB will each contribute Kshs 25 million towards the initiative which will involve organizing more familiarization trips for African travel agents as well as increasing the country's tourism products visibility through advertising in both print and electronic media channels and through the internet.

"Regional markets have the potential to involve regional operators including airlines, tour operators and others therefore reducing the level of the packages associated with international markets," added Balala.

KTB Chairman Jake Grieves-Cook said:

"We are trying to diversify our source markets. Of course this strategy may not translate in immediate results but we should start seeing results in the course of the year."

Despite the huge potential of the African Market, tourist inflows into Kenya from Africa currently account for only 20 per cent of total tourist arrivals

annually, with most of them arriving from South Africa.

Cook also revealed that the Kenyan tourism ministry was engaging colleagues in the foreign affairs ministry and other relevant agencies in government to help fast-track the visa application process for African visitors as part of efforts to entice more tourist inflows from Africa.

Kenya Airways Chief Executive Officer Titus Naikuni, said:

"We both felt it was an opportune time to invest in Kenyan tourism.

"Our integrated campaign will heighten interest in the destinations we travel to and by spreading the netwidethrough advertising and internet initiatives; we will be providing valuable marketing for destination Kenya."

The travel agents, tour operators and journalists visited several tourist attractions around the county including the Maasai Mara Game Reserve, Samburu National Park, Amboseli Game Reserve and the Kenyan coast between 2nd and 7th April.

The week-long Familiarization trip marks an important strategy towards profiling Kenya's tourism products and services and was organized by Kenya Airways in partnership with the Kenya Association of Hotel Keepers and Caterers (KAHC), Kenya Association of Tour Operators (KATO) and KTB.

The three partnering institutions met costs for the trip with Kenya Airways providing return air tickets to all the delegates from each of the countries, while KAHC covered accommodation costs.

This is the second time within a span of two years that Kenya Airways is partnering with tourism stakeholders to boost arrivals into the country following last year's initiative where the airline was involved in a similar marketing exercise to redeem the country's image in the face of the 2007 post-election violence which scared off visitors.

Special Report by Correspondent

Easter Special

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We will now finally look at how to evaluate the success of a speed management programme.

Monitoring and evaluation of any programme or intervention is vital to determine whether it works, to help refine programme delivery, and to provide evidence for continuing support of the programme.

Evaluation will not only provide feedback on the effectiveness of a programme but will also help to determine whether the programme is appropriate for the target population, whether there are any problems with its implementation and support, and whether there are any ongoing concerns that need to be resolved as the programme is implemented.

It is important that the evaluation is built into the programme from the outset, not simply 'bolted on' at the end.

The process should also be developed to provide much more than a simple 'yes-no' or 'good-bad' conclusion and it is vital to be clear about the aims and objectives of the evaluation.

Baseline data need to be collected before the intervention is put in place so that changes can be measured.

The evaluation will assess the extent to which the programme objectives have been met, and may have more than one aim.

There are many possible indicators that can be measured for a speed management programme.

The breadth of an evaluation will always be limited by the

Kenya Is In Dire Need Of A Structured Programme To Effectively Manage Speed And Reduce Road Deaths And Property Damage

resources available, but a well-designed, simple evaluation can be as useful as a more complex and costly one.

Evaluation may take several forms, and one or more may be appropriate, depending on the aims of the programme to be evaluated.

The first we will consider is called the formative and process evaluation.

This method determines whether a programme is appropriate, e.g. whether it addresses risk factors, and is suitable for the target audience.

For example, formative evaluation of a media campaign would ask whether the marketing material is aimed at the appropriate audience.

Instead of measuring 'outcomes' such as a reduction in crash numbers, or 'inputs' such as speeds on a particular road, a process evaluation examines whether the programme was carried out as initially planned, and helps identify strengths, weaknesses and ways of improving delivery in the future.

This typically involves creating a list of 'simple' indicators that can be checked or measured in order to see that the programme took place as intended, and delivered the planned outputs efficiently and to a high enough standard.

The next to consider is an impact assessment.

An important 'impact' performance indicator for speed management projects will be the reduction or increase in the speed of vehicles on the road.

The level of compliance with speed limits is an indicator of speed-related risk, and is therefore a fundamental indicator to monitor. Ideally, speed surveys should take place at six-monthly intervals and at a sufficiently large number and range of sites to give a good assessment of changes that could be attributed to the speed management



Coast Drive with Teti Kamugunda

interventions implemented.

Changes in road-user knowledge and perceptions about speed and speed management are also impact measurements.

Depending on programme objectives, impacts of engineering treatments could include, for example whether pedestrian traffic is effectively kept separate from motor vehicle traffic, the positive or adverse effects of speed humps or other traffic calming devices, road user understanding of speed regulatory or advisory signs.

Another type of evaluation involves measuring actual outcomes to see if the

programme was successful.

Using more than one outcome indicator will help to explain more about what is being achieved.

The methods used for each type of evaluation will vary.

Both qualitative and quantitative methods can be used within the design of an evaluation.

Qualitative methods may be employed for formative and process evaluations, e.g. focus groups, short-answer or open-ended questionnaires.

Quantitative methods such as surveys may also be employed for process evaluations.

Impact and outcome evaluations may be carried out using a variety of quantitative methods.

The accepted 'gold standard' of evaluation is the randomized control trial which can be used to provide the highest quality of evidence that an intervention or programme was or was not successful.

In this type of the study population is randomly allocated to either receive, or not receive the programme or intervention.

If the randomisation process is adequate, other factors that may influence the outcome, measured and unmeasured, are more likely to be balanced between the intervention and non-intervention group.

This means that it is possible to compare the outcomes of

interest across the groups without fear of bias, and a robust estimation of the effectiveness of the intervention may be made.

These trials may be conducted at the individual level, whereby the unit of randomisation is a single unit (e.g. a person, road or intersection), or in clusters, where the unit of randomisation is a group of units, such as a town, or school (cluster randomised control trial).

The other evaluation method that is most practical is the controlled before-after study.

This design involves observing the outcome of interest (e.g. vehicle speeds, crash rates, violation numbers) before and after the intervention for both the sample experimental group undergoing the programme, and an equivalent control group.

A control group allows trends that may have been occurring in the population separately from those happening as a result of the programme to be taken into account.

For all quantitative evaluations it is important to have sufficiently large numbers in the study sample to be sure that, if an effect exists, it is detectable.

The rarer the event, the greater the sample size needs to be in order to detect a difference.

Crash fatalities can be relatively rare events and a study using serious injury or death as an outcome would involve a larger monitoring period, while measuring individual vehicle speeds along a particular stretch of road would require a smaller period to obtain a suitable number of participants.

It has become increasingly important to conduct economic evaluations of safety initiatives to demonstrate 'value for money', and to help determine the best way to spend limited budgets.

This type of evaluation is especially important in a country like Kenya where there are very limited manpower and funding

resources, and where planning expenditure needs to be justified and shown to be worthwhile.

Economic evaluation is based on the comparison of alternatives in terms of their costs and consequences.

Performance indicators (outcome measures) are a measure of how successful a programme has been.

They should relate directly to the objectives of the programme. Choice of performance indicators will be determined by the aims of the evaluation, the study used, the resources available to a certain extent, the requirements of the funding agency.

The performance indicators could be changes in observed speeds, in the number of crashes, or reactions from the public and stakeholders.

Monitoring is needed in order to rectify problems as quickly as possible, as well as ensuring government and key stakeholders are kept fully informed, progress, challenges, difficulties and solutions.

Once an evaluation is completed it is important to provide feedback to the stakeholders involved in the programme as well as the public, even if results were not very good.

Dissemination of the results of this will help to garner further support for the programme if it is successful, and help others gain support for the introduction of similar interventions in other areas.

Publicity from dissemination activities may also increase the programme impact.

In summary, monitoring and evaluation should be seen as an integral component of all speed management programmes.

As Kachumbi says, Kenya is in dire need of a structured programme to effectively manage speed and reduce road deaths and property damage.

Wonderful Support From Nyali And Mombasa Golfers

On behalf of the Management, staff and patients of the Coast Hospice, may I take this opportunity to say 'thank you' sincerely to players from Nyali Golf and Country Club for taking their time and participating in the Coast Hospice Annual Charity Golf Tournament that was held on 4th April 2009 at the club.

We are indeed overwhelmed by the support and generosity that you accorded to us, and the

contribution of K. shs. 42,600/= that we received from all who participated.

The event which was quite a success has so far raised over K. shs. 870,000/= thanks to you, and other sponsors.

Though we did not attain our target of Kshs. 1,500,000/= the amount raised will go along way in assisting us as we care for our terminally ill patients in the Coast region.

We are grateful for the club's generous support and pray that you will continue supporting the

Coast Hospice in our future events. Coast Hospice is proud to be associated with everyone at the Nyali Golf Club who participated in this worthy event.

Our challenges continue to grow bigger and we at the Hospice continue relying on the support of well wishers like you without whom, our patients would have nowhere to turn to.

90 per cent of our patients are the poorest of the poor, who receive medication at no cost at all, as they are unable to pay for our highly subsidized costs.

Once again thank you all for your support and we hope that you feel gratified that you touched the life of a terminally ill patient and helped make it better. We look forward to your continued support.

Mildred Omond, Fund Development Officer, Coast Hospice, P.O. Box 91157-80103, Mombasa

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NEWS FROM K.K. GUARDS MOMBASA

We recently completed replacing our old fleet of back up vehicles with the new 4x4 double cab pickups in Mombasa.

This gives us the most reliable response fleet in the Country. Our Director James Omwando, the Operations and the Customer Service Team spearheaded the awareness.

This was done through a road show which was flagged off from Toyota Kenya.

Did you know ... KK Security's Canine Centre uses fully trained dogs for guarding purposes, an increasing phenomenon in the security sector.

Security dogs have proven to be a crucial asset in providing strengthened security services for our clients, especially for night guarding or in complex premises.

Handlers are carefully selected from our already existing guard force or from the new recruits after they successfully complete a one-week orientation

programme, a two-week guards course and thereafter a three-week training course with carefully chosen security dogs.

A trained security dog together with a fully qualified guard as a handler offers an invincible security solution.

Did you know that KK Security imports 4-10 dogs every month?

Well, 90 per cent of the dogs we have currently are imported! We prefer to select from the following breeds: Rotweilers, German and Belgian Shepherds, SA Boerboels and Malinois.

We have a total of 490 dogs in Kenya of which 60 are puppies being bred.

Our contact - Office Lines:

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Fax: 020 2107743 Email: kkmombasa@kksecurity.com

FIBRE OPTICS: RELIABLE, CHEAP AND COST EFFECTIVE

A much waited for fast internet might be the most rewarding internet solution when fiber optic cable is finally installed and connections are made available to users.

These long thin strands of cables which look like human hair are made of pure glass and easily transmit light signals over long distances.

Reliable, cheap and cost effective technology that may give users a very fast internet connection which dial-ups, wireless connections cannot at all.

With all the wireless connection marketing happening in Mombasa, this technology will soon be



INTERNET MATTERS with RIMAL PATEL

trampled over by fiber optics as wireless is no match to optical cabling.

A typical wireless connection can transmit a maximum of million bits of information per

second where as a fiber optic connection can easily carry trillion bits of information per second.

So, fiber optics is millions times faster, cheaper and there are no lost packets in transmission services compared to wireless connections.

A few facts and advantages about fiber optics are that:

Secure signal transmissions compared to dial-up, Adsl or Wireless.

Low cost to install and maintain the cabling system compared to copper wire.

Faster transmission speeds.

No repeated signals to strengthen. Non Flammable as this technology never uses electricity and is immune to it.

Light weight and very flexible.

Can be used on telephone systems with clearer transmissions, no echo or cross talks.

Resistant to environmental changes.

A very good reason to be patient for this technology and this will create a major change in the internet industry.

Stop wasting a lot of money on other connections when you can easily save up and wait for fiber optics.

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THIRTY YEARS' AGO

Coastweek, April 06 - 12, 1979:

KENYA'S booming tourism industry grew a further ten per cent during 1978 confirmed Tour Industry Permanent Secretary Yuda Komora who observed:

"Without peace and stability there can be no development. Certainly no tourism and no hotel industry."

Commerce and Industry Minister **Hon. Eliud Mwangi** opened the new Mombasa Peugeot Services Coast Office and Passenger Terminal along Haile Selassie Avenue. Guests included MPS chairman **Batuk Vithiani**, Chairman of the Mombasa Municipal Commission and Assistant Finance Minister **Hon. F. Tuva**, and Mombasa Resident Judge Mr Justice **Kneller**.

Thespian **Patrick Obath** was to direct Alan Paton's drama 'Cry, The Beloved Country' At the Mombasa Little Theatre Club.

Mrs **Lorna Hayes** was re-elected unopposed for the 12th consecutive year as Chairperson of the Mombasa and Coast Tourist Association.

Coast cycle ace **Leslie Aglae** won the Kenya Junior Cycling Championship hosted in Mombasa - it was a clean sweep for the Coast cyclists as Leslie was followed in by Mombasa's **Lawrence Albert, Raymon Sonon and Abdul Kader**.

Siri Guru Singh Sabha Mombasa Chairman **Dalip Singh Dhanjal** was guest of honour at a friendly match played between the visiting Sikh Union Hockey Club of London, U.K. and an 'Easter Weekend' Coast Combined XI.

KENYA Cinema was showing **Feroz Khan, Parveen Babi and Prem Chopra** in 'Kaala Sona' (Black Gold), REGAL's 'Easter Special' was boxer **Mohammed Ali** in his docu-drama life story 'The Greatest', NAAZ screened Walt Disney's animal adventure 'The Amazing Dobermans', while at CHOX it was lovely **Reena Roy** and handsome **Rajenda Kumar** in 'Rani Aur Lalpari' (Queen and Angel).

Letter writers included **Michael S. Mkuzi of Hola, Mbithi H. Stanley** of Malindi, Serani Primary School Head Master **Omar Suleiman**, KSPCA Mombasa chairperson **Mrs M.E. Sevastopoulo**, **Feisal Said Rubeya** of Guraya and **Abud Saleh Bat-Hef** of Riyadh, Saudi Arabia.

• *Thought for the Week* - In His wisdom the Good Lord provided us with one mouth and two ears ... he meant that we should listen more and talk less - **ZENO**.

New Minibus Funded By Lions International Sight First For Coast

D.T. Dobie Mombasa have provided a sleek new minibus funded by **Lions International-Sight First** for use of the Coast Lions Clubs.

Mohamed Rafique is seen with **Simon Muchiri of D. T. Dobie, Lions Charitable Foundation Chairman Lion Dr. Anil Aggarwal and Grant Administrator SF 1413, District 411 A, LCIF Lion Ramesh Asher. Not in photo - Project Chairman) Lion Murtaza Dungarwalla and president Lions Club of Mombasa Pwani Lion Vinay Khanna.**



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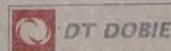
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Coast artist Zuber Bakhrani [second left] presents an oil on canvas painting to Nasserpuria Memon Jamat Chairman Mohamed Ali Harunany, during the Centenary celebrations of Memon Villa on April 04, 2009. Looking on [from left] are Nasserpuria Memon Jamat Chairman Mohamedali Harunany, artist Zuber Bakhrani, N.M.J. Vice Chairman Mohamed Bagha, N.M.J. Secretary Asif Parpia and Guest of Honour Kassam Bharadia.



A team of Imperial Bank Mombasa staff members [left] Khalid Mazrul and Kombo Masudi, Janet Munguti [second from right] and Elijah Ndungu [right] distribute food donations to residents of Kinango District past Kwale town. Imperial Bank Mombasa staff members had come together to raise funds for the purchase of maize flour, cooking oil and beans so as to assist the hunger-stricken Kinango residents.



"Jambo! Nice to see you" these are the words both former cabinet minister Katana Ngala and Nicholas Biwott seem to be telling each other when they met at former nominated Member of Parliament Rashid Sajjad daughter's wedding reception hosted at Sarova Whitesands Hotel in Mombasa over the weekend. PHOTO - COURTESY: BOBBY OTUM



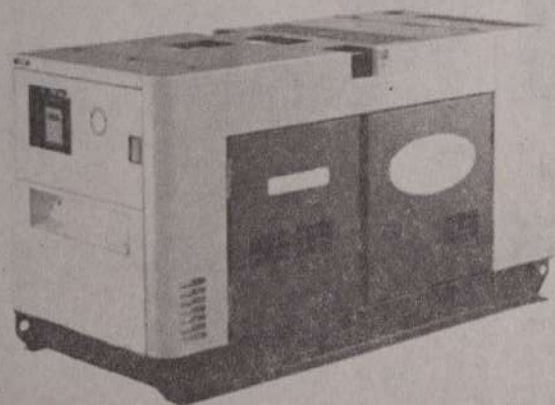
STATE VISIT - During the first visit to Kenya by an Australian Head of State, Ms. Quentin Bryce, [right] the Governor-General of Australia spent part of a morning at the Australian Studies Institute (AUSI) where she attended a law lecture. She received a welcome gift from student Stella Kahigi [left].



Mombasa and Coast Tourist Association has donated seven tones of maize to the Red Cross. This maize was generously provided by Reef Hotel, Shehna Restaurant and private individuals and will be distributed as famine relief in Coast province. MCTA chairman Kuldip Sondhi is seen handing over the food to Red Cross Chairman Francis Ngugi.

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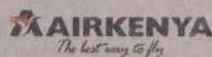
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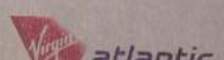
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It's not just the lunch, but the whole experience and surroundings: choose from their famous crab which you attack with hammers to remove the succulent and fragrantly cooked

meat; spicy Swahili vegetarian or the bar-b-queued chicken. Opened in 1978, what was Wasini Island Restaurant is now Charlie Claw's.

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very different.

Crossing across to the island it is also possible to stop off for a snorkel on the way – the lunch alone, with family and friends: or for the romantics look into each others eyes

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Easter Treasures

Sarova Whitesands Beach Resort & Spa has created memorable experiences this Easter for family and friends with exciting daily programs spanning from toddlers to children, teens to adults.

Easter treasures will be a fusion of talent in Art, music, fashion and dance as well as interactive talent through creative dining experiences.

The journey will begin on Friday with mouth watering temptations of the palate culminating into a climax on Sunday with a cocktail of tropical Fun A family shows from Fun As "Tropical family treasure chest"

Lunches from Friday to Sunday will be ksh. 2000/= & Dinners ksh. 2800/=

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FINA BANK A CO-SPONSOR OF THE 'ANTAKSHRI' NIGHT

Fina Bank was a co-sponsor of the Antakshri Night amongst the many other sponsors. Mr Dhirubhai chairman of Hindu council of Kenya seen here receiving sponsorship cheque from Harshad Galoria Relationship Manager of Fina Bank Ltd Mombasa branch.

SUPER AT 'CAMP TSAVO' ON RUKINGA RANCH

April 3-5, Visit to **Camp Tsavo** at Rukinga Ranch: After many members had given their regrets five valiant members set forth in a hired min-bus, with driver, on Friday morning.

This turned out to be one of the best FFJ weekends I have ever had.

A real out-of-town experience.

Dining table set almost in the bush, Red Headed Weavers, D'Arnauds Barbets, Dark Necked Weavers, Fly Catchers et al coming practically onto the table with Ground Squirrels and Dwarf Mongooses scurrying past. Just my idea of heaven.

Game drives, beautiful sunsets, Saturday spend visiting community projects one of which was a women's group at Imani.

We were so impressed and came away loaded with honey, mushrooms, jewellery, bags, and promises to come back.

Rob Dodson gave us a tour of the clothes factory

where the most incredibly high quality work is done unfortunately being EPZ all for export and showed us the Jobba plantation being resurrected after many years lying fallow.

Camp Tsavo staff were fantastic, Ken our guide showed us lots of animals and took us on a bush walk. We climbed up to Satao Rock, now sadly disused, and found a Buffalo in occupancy, a big surprise.

Fortunately we were able to back track rather rapidly and descend to the plain to enjoy a welcome cup of tea or coffee to settle our nerves before having the night game drive back to the camp where we were joined by Rup Mangat and her niece.

The food and banda accommodation at the camp was superb and Sammy the manager and all the staff treated us like VIPs. Can really recommend Camp Tsavo for that out of town visit, so near to Mombasa and yet so very far.

Killing Our Animals, Burning Our Forests

It is with great concern that we see the destruction wrought by the forest fires on the Mau; 25 to 35 per cent destroyed in this all important water catchment area and it would seem fires were purposefully set in some cases.

When the rain comes there will be nothing to retain the soil in these areas and we shall eventually see it being washed into the sea.

The rivers and seasonal streams on which people and animals depend will be diminished.

When will the message of the importance of forest conservation hit home.

Only when all are dead and gone it would appear!

Another area of concern is the heavy poaching of elephants since CITES allowed a sale of South African ivory - A report by

Cynthia Moss of Amboseli Trust for Elephants quoted in Viewfinders Newsletter:

"We have some very disturbing news from Amboseli.

"The situation for elephants has become critical over the past year and more particularly over the last 4 months.

"Elephants are being wounded and killed by spears, poison arrows and bullets at an alarming rate.

"For the first time in many years, tusks are being removed by unknown persons.

"Through our investigations we have discovered that the ivory is being sold at 3000 K Shs (\$38) per kilo.

"Most of the ivory is reported to be going across the border into Tanzania.

"Unless this killing and the trade are stopped now, Amboseli elephants will be decimated".

From the same source it is reported that in 2008 and Jan 2009 44 elephants were reported wounded or killed by spearing, poisoned arrows or bullets.

Of these 19 died, the fate of the other 25 who were wounded is unknown.

What a cruel death to have a poisoned arrow lodged in the body, a poison frightfully effective and with no antidote.

The poison is believed to be Akocanthera, a deadly toxin made from a common bush which grows in Kenya.

Very disturbing news: We pray that KWS wardens and any other conservation teams will be empowered and equipped to stop this horrendous killing.

What a destructive phenomenon is man!

Wishing all our Christian members a Happy and Blessed Easter and wishing all our

members a restful and peaceful holiday.

Marlene Reid - chairman.

PAST PROGRAMME

Saturday, March 21: **Heritage Visit** - 28 school children, from four different schools in Kwale district came with their teachers to spend the day with FFJ from 9.00 a.m. to 3.00 p.m.

Taibali Hamzali (FFJ) and

Newsletter Notes From The Friends Of Fort Jesus

Hassan Mohammed (Fort Education dept) gave excellent tours of the Old Town and the Fort.

Children were given a small explanatory history of the Old Town to take away with them.

A tasty lunch was served in the Fort café (now shut), snacks and juice having been provided on the children's arrival.

Martin Nelson was our in house photographer and the ladies of the committee helped and talked to the children who really had an exciting day.

As a first effort, with much help by Elias Kimaru of WWF and the full co-operation of the Curator, Mr Jimbi Katana, and staff of Fort Jesus Museum, this was a wonderful success and it is hoped to repeat this at least twice a year targeting other groups of children.

Grateful thanks go to Southern Cross Safaris for their sponsorship of the bus.

Saturday, March 21: **Bird Walk** - A lot of activity for one day but bird walk being sacrosanct, we went up to see the last of the water before it dries up completely, at the wetland, this

time outside Nguuni Sanctuary, from the quarry.

Lots of weaver activity, mostly Village and Golden Palm, nearly all carrying nesting material so maybe the rain is just around the corner.

The Pelicans had gone but the African Spoonbill was still around, a lovely group of Fulvous Whistling Ducks, several Yellow Billed Storks, a majestic Goliath Heron as well as Black Headed and Grey herons.

A pair of Spurred Plovers on one of the islands.

Not many migrants, a couple of Wood Sandpipers, Barn Swallows dipping and diving over the water.

However there was a very large flock of Yellow Wagtails in the trees and on the water's edge, no doubt congregating before flying off north.

The most wonderful sight was the Carmine Bee-Eaters swooping around and then as a final delight visiting the young Verreaux Eagle Owl in the cage just inside Nguuni.

He cooed softly at us and batted his pink eyelids.

Come birding, it's great. Good to see we had two new student members with us for this walk.

'HARNESSING TRADE WINDS'

Tuesday, March 24: **Blanche D'Souza** - 'Harnessing the trade Winds' - Book launch.

A record number of members turned up for this book launch which was very gratifying both for FFJ committee and for Blanche herself.

Blanche gave a short talk about the origins of the book and then answered lots of questions about what led her to commit 10 years to the research plus the year it took her to actually write the book.

Her research had taken her to Mauritius, Zanzibar, India and Goa and her careful work is clearly reflected in the book itself.

A book signing was done after the talk, 28 copies being sold.

A very good number for a Mombasa launch.

I have not had time to read the book throughout but dipping into it I can see it is well worth reading.

If any member would like to buy a copy at shs 800 please contact me so I can get a copy for you. Many thanks to Franklyn Pereira for sponsoring the bitings and to Essa for facilitating them.

FUTURE PROGRAMME

Saturday April 17: **Bird Walk** - We are planning to visit the quarry at Kijipwe as there should still be a few migrant waders left and the tide is at the right level.

We shall mostly be seeing waders (I hope) so more challenging than usual! Karibuni!

Tuesday April 28 in Fort Jesus 7.15 p.m. - **Caesar Bita** - Talk on 'Underwater Archaeology: The Potential in the Kenya Coast'.

Heritage is perceived by our multi-cultural society as having a quality or significance that makes it worth preserving for its own sake for the appreciation of current and future generations.

At the coast maritime and underwater archaeology is an important motivator to tourism.

Maritime archaeology is that branch of archaeology that studies, excavates, surveys and researches the actions of men in the sea.

It is not just about shipwrecks.

That it is so much more we shall be told at this lecture plus what challenges underwater archaeology poses; vandalism.



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LIONS CLUBS 'CAMP'

A most successful "eye camp" took place on Sunday, March 08, at Bombolulu Workshops and Cultural Centre.

The target group for this free eye check up and issuing of visual aids and medicines were the residents of Bombolulu and the surrounding suburbs like Kisauni, Bamburi, Mtopanga, Mtwapa in Kilifi District etc.

Over 120 people were examined some of them getting a pair of spectacles and others getting eye drops and other medicine, while others were referred for major eye operation to restore their sight.

This was made possible by the Lions Club of Mombasa Central in conjunction with the Lions Club of Jjesselstein, Holland under facilitation by the doctors, administrators and staff of the Kwale Eye Centre in the South Coast.

APDK is a national non Governmental organization with nine branches all over Kenya the largest being the Coast branch with its five different rehabilitation projects.

Bombolulu Workshops is the largest and employs over 200 persons 70 per cent of whom are disabled.

It was only last year when the Lions club of Jjesselstein, Holland, donated over Sh 3.4 million which was used to built rental shops in Likoni.

This very cordial relationship has been made possible by the dedication and hard work of Mrs. Jamila Rajaball, member of the Lions club of Mombasa Central and also a member of the Management Committee of APDK Coast Branch.

She is also the current Chair person of Bombolulu Workshops and Cultural Centre where the "Eye Camp" took place.

Aga Khan Development Network In East Africa Launch Important New Publication

"Early childhood development has long been a cornerstone of the Aga Khan Development Network's work in East Africa.

"The Madrasa programme, which we are celebrating today, has been critical in reaching marginalised children and ensuring their retention and success in primary schooling and beyond."

These remarks were part of the Welcome Address made today at Diamond Jubilee Hall in Dar es Salaam by Alkarim Dawood, Regional Chairman of the Aga Khan Foundation, East Africa, during the launch of a new publication entitled:

The Madrasa Early Childhood Programme: 25 Years of Experience.

The publication is the first in a new series that highlights lessons and best practices that have emerged from the Aga Khan Development Network.

The publication is aimed at sharing knowledge and lessons learned with governments and other development partners in the design, implementation and scaling up of development programmes.

The Madrasa Early Childhood Programme began in the early 1980s at the request of the Muslim community in Mombasa, Kenya to His Highness the Aga Khan for assistance in improving the overall level of educational achievement of children in local communities.

Since then, it has expanded to other communities in Kenya, Tanzania, and Uganda and has facilitated the establishment of over 200 community pre-schools and reached over 67,000 children.

The Programme builds on the Islamic ethic of pluralism and has fostered collaboration between children and parents across faiths.

The Programme's goal is to increase access to, retention in, and quality of education in primary school for children from marginalised communities by improving their overall well-being through strategies that foster a child-friendly and supportive household and pre-school environment in their early developmental years.

The Programme aims to develop a replicable, locally relevant approach to community-based early childhood education and development.

The Madrasa Programme engages government, development partners and civil society organisations to promote enabling policies on and attention to early childhood development.

Aside from its contribution to

ENTITLED: 'THE MADRASA EARLY CHILDHOOD PROGRAMME: 25 YEARS OF EXPERIENCE'



Arif Nky is seen presenting a publication for pre-primary students to the Revolutionary Government of Zanzibar Deputy Chief Minister Hon. Ali Juma Shamuhuna and overnment of Tanzania Deputy Minister, Ministry of Community Development, Gender and Children Dr Lucy Nkya (G.) with Madrasa Resource Centre Regional Committee Chairman Dr Farouk Topan (on the left) and Aga Khan Foundation East Africa Regional Committee Chairman Alkarim Dawood (on the right) looking on.

policy development, the Programme has worked with governments to strengthen the capacity of personnel at local levels to deliver quality early childhood development services.

The Programme also assists communities to support and manage their pre-schools to meet quality indicators related to levels of community involvement, the teaching and learning environments and school management efforts.

The Programme is committed to finding mechanisms that support communities' abilities to sustain their pre-schools and teachers.

Through this publication, the Aga Khan Development Network hopes to engage development partners and share the experience for further development and expansion of the Madrasa Programme and its potential replication elsewhere in Africa and beyond.

Aga Khan Development Network (AKDN):

The Aga Khan Development Network is a group of private, international, non-denominational agencies working to improve living conditions and opportunities for people in some of the poorest parts of the developing world.

The Network's organisations have individual mandates that range from the fields of health and education to architecture,

rural development and the promotion of private-sector enterprise.

Together they collaborate in working towards a common goal – to build institutions and programmes that can respond to the challenges of social, economic and cultural change

on an ongoing basis.

The Network brings together a number of agencies, institutions and programmes that have been built up over the past 40 years, and in some cases, date back to the early twentieth century. AKDN agencies conduct their programmes without regard to

the faith, origin or gender of the people they serve.

Aga Khan Foundation (AKF):

The Aga Khan Foundation is a private, non-denominational development agency that seeks sustainable solutions to long-term problems of poverty through an integrated, community-based participatory approach that reinforces civil society and respects local cultures.

In addition to its role as a funding agency, AKF involves itself actively in the planning and execution of its programmes in support of national and local governments, and sectoral priorities.

In East Africa, AKF works primarily in five major areas: education, rural development, health, civil society and the environment. Its efforts are undertaken in concert with those of its sister AKDN agencies, whose man-dates range from microfinance, water and sanitation to housing and large-scale economic infrastructure.

In every undertaking, the overriding goal is to assist in the struggle against disease, illiteracy, ignorance and social exclusion through implementation of innovative solutions to development.

Central to all these efforts are inclusive, community-based development approaches, in which local organisations identify, prioritise and implement projects with the Foundation's assistance.

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Indian Refinery To Acquire Kipevu Complex

NEW DELHI, (Xinhua) -- India's second biggest private refiner, Essar Oil Ltd., is close to buying a 50 percent stake in Kenya Petroleum Refineries Ltd (KPRL) for about 450 million U.S. dollars, local tabloid Mint reported Tuesday.

The Kenyan government is finally agreeing to the acquisition after a delay of at least one-and-a-half years and is expected to sign an agreement with India by the end of this month, said the report.

Essar Oil expects to finance the acquisition through a combination of internal accruals and debt, said the report.

However, Essar Oil's chief executive officer Naresh Nayyar said that his company is still in the process of talking with the Kenyan government and an agreement had still not been firming up, according to the report.

The Mumbai-based Indian oil company would be

acquiring the 50 percent stake from existing shareholders Shell Petroleum Co. Ltd, British Petroleum Africa Ltd and Chevron Global Energy Inc. The remaining half of KPRL is controlled by the Kenyan government, according to the report.

The Kenyan government had earlier blocked the deal on grounds that it would imperil the energy security of the country. The government had wanted the 50 percent stake to be shared by at least two entities to ensure that it would remain the majority shareholder and retain control over the firm.

If the deal finally is struck, Essar's first international purchase in the refining sector will give it a foothold in the African refining market and a refining capacity of 1 million barrels per day, said the report.

KPRL's unit in Mombasa is the only refining facility in east Africa, with a 4 million-ton annual capacity. Other companies, including India's Reliance Industries Ltd and Libya's Tamoil Africa Holdings Ltd, also expressed interest in the refinery.

Lohana Ladies Are Runners Up In Hindu Council Of Kenya Antakshri

The Lohana Ladies proved their talent and gave other teams a run for their music by clinching the position of runners up at the recently held 'Antakshri' Competition at the Patel Samaj.

The event was organized by the Hindu Council of Kenya - Mombasa, ladies section. The ladies committee did a

fantastic job and months of hard work and organization bore fruit on Saturday, March 14, 2009.

The air was filled with melodies of the past and the Indian 'hip hop' of today.

There were a total of 15 teams from various Hindu communities that participated.

The Lohana team drew number 13 and was in the

5th round of the 1st stage of the competition.

After a slow start in the 1st stage the ladies gained momentum and soldiered onto the finals where the Visa Oshwal team emerged the winners.

Mona Palan and Karishma

Bhagani showed of their knowledge on the new songs while Mrs Shardu Ruparella and Mrs Saroj Devani went back a few decades and pulled out the 'old is gold' collection.

The Lohana ladies had been meeting regularly and practicing for the event and were determined to perform well.

The evening proved to be an entertaining one for both the young and old.

TONGUE-IN-CHEEK

The Chairperson of the Hindu Council of Kenya - Mombasa, ladies section Mrs Kamlini Khataw kept the crowd in order with her tongue in cheek comments and co-hosted the event with Mr Rajesh Shukla who did a fantastic job of hosting the event.

The audience was also given a chance to participate and all correct answers were given prizes. Everyone was a winner that night.

Special Report by Correspondent



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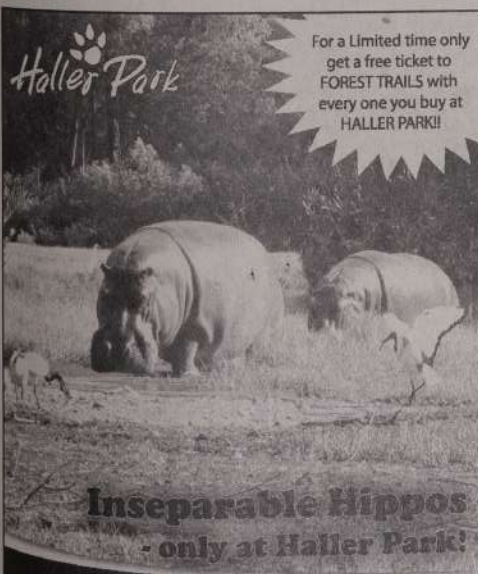
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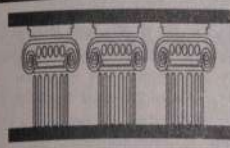
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NO SALE This weekend. Next Public Auction will be held on Saturday 18/04/2009

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Sweep At Swimming

FROM BACK PAGE

Ahmed Hassan - 15-16 Yrs, Gold 1, Silver 2, Bronze 2, Nicholas Jamle - 11 Yrs, Gold 1, Silver 1, Bronze 2, Shivrak Vagela - 12 Yrs, Gold 3, Silver 2, Bronze 1, Abdulmalik Kadernani - 13 Yrs, Gold 2, Silver 3, Bronze 1, Deeyan Shah - 13 Yrs, Gold 1, Silver 1, Hamdan Bayusuf - 14 Yrs, Gold 2, Silver 1, Abubaker Ahmed - 15-16 Yrs, Gold 2, Silver 2, Bronze 3, Issa Abdalla - 14 Yrs, Gold 1, Silver 1, Bronze 2, Sahli Harunani - 11 Yrs, Silver 1, Bronze 1, Akshay Shah - 15-16 Yrs, Gold 1, Bronze 3, Alex Chia - 13-16 Yrs, Bronze 1, Samuel William - 11 Yrs, Silver 1, Bronze 1. Total 46 Medals.

VOLLEYBALL

FROM BACK PAGE

to select teams (players) to represent the country in the international tournament to be held in Kenya on June 13 and 14.

The Kenya Beach Volleyball Council (KBVC) secretary, Sammy Mulinge said they require Sh1.5m to host the international championship.

Mulinge requested the government through the Ministry of Sports, private sector and well wishers to come on board and assist in making the tournament a success.

He said they expect big rivalry from Administration Police who are the defending champions, K.C.B, Kenya Pipeline, GSU, Prisons, KPA, Stima Msa among many other teams.

Coast Gymkhana X1 Win C.C.A. T20 Trophy 2009



Hemant Desai is seen [standing from left] with Kamal Gohil, Irfan Khan, Moh'd Sawjani, Captain Sanjay Patel, Preedep Patel, Suresh Hirani and Dilip Patel. Seated [from left] Paresh Patel, Rashmi Gami, Bakir, Siddrath Taneja and Vinu Kalyan.

Coast Gymkhana takes home CCA T20 Trophy - 2009 on Sunday 5th April '09.

The 2nd semifinal played at MSC ground between Coast Gymkhana v/s Jaffery Sports Club was a one sided game which saw CG winning by 10 wickets to reach finals against Simba Union - Mombasa, who had previous week defiled MSC to reach the finals.

In the finals some good cricket was played by both the teams. CG bowling first got to a lucky start when Simba's Jasmeer was run out but simba kept on tickling the scoreboard and finished 20 overs with 105 runs giving modest target for the CG players to charge.

CG lost their opener when score was 32 in six overs, but after that CG cruising with Moh'd Sawjani taking the control in his hand and seen CG through all the way with unbeaten 70 with two towering sixes to the finish the game in 15 overs.

CG conveniently won the game by eight Wickets.

CG captain Sanjay Patel said during the prize giving ceremony that today the game of cricket has won as the game were played in the true spirit.

Excellent Coast Hospice Charity Golf

A feel good factor pervaded the Competition played at Nyali Golf and Country Club, last weekend on Saturday 4th April.

The extra, the feel good, on top of the normal enjoyment of a round of golf came with the knowledge that it was all in a good cause.

The Competition was in aid of the Coast Hospice and every golfer who played contributed a little bit towards the good cause with the entry fees for the Competition which went to the

fund for the Hospice in addition to the generous donations received from various corporate well wishers.

In order to maximise the funds for the charity, prizes were limited to three and there were none of the usual frills and perks that golfers have come to expect as part of the deal for a normal sponsored competition.

There were no freebies, no sponsors' T shirts and caps and balls, no half time drinks, lunch, cocktails and dinner.

It was a golf competition, pure and simple and no less enjoyable for the 75 entrants, about half of the usual number for a weekend

competition.

Akil Mughal must have enjoyed the most, carding 41 stableford points to win the Competition.

Starting with a par to pick up 3 points, he went on to par for 3 more points the par 3 third, followed with another par on the next hole, par 4 fourth with even better result of 4 points.

The par game continued on the next, par 5 fifth for 3 more points.

By the 6th hole, Akil had an impressive tally of 17 points but with one point each on the next two holes, things slowed down a bit, only momentarily as another par on 9th gave him a total of 22

points on the first nine.

Four more pars for the 20 handicapper in the next nine, including on par four 13th for 4 points secured him 19 points, despite two blanks.

Closely following was Fritz Leusinger with 40 points made with 19 and 21 points for the two nines.

A good finish, in case count back was needed but the next best was Margaret Mugambi two points behind on 38 points.

Margaret also had a better finish with 20 points on the back nine but no one in contention for a count back.

Although not in the winning line up, two more players went home pleased with their haul, a bagful of balls with their two clubs.

One of the two, last week's Runner up Lady Jean Elms did it a bit less conventionally by chipping in on the 6th, earning her 20 balls.

A good days work for a good cause.

List of Sponsors:

Safaricom, Athi River Mining, Heritage Inns, Ufanisi Freighters, Lodge Harmony, Mount Kenya Safari Club, Coastal Bottlers, Aberdare Safari Hotel, Driftwood Club, Lake Nakuru Lodge, Jacaranda Indian Ocean Club, LTI Kaskazi Beach Hotel, Lord Errol, Lake Naivasha Country Club, Safari Park Hotel, Container Holiday Inn, Nyali Golf and Country Club and Consolidated Warehouses.

Coast Hospice Charity Golf results - Winner R Akil Mughal (20) 41, Runner up F. Leusinger (25) 40, Third - Margaret Mugambi (23) 38.

BOXERS LOSE TO NAIROBI

By ABDULRAHMAN SHERIFF

Nairobi's Armed Forces boxing team bagged in 21 points to register victory over Coast Combined team during the Provincial league contest held at Bomu Primary School ground last Saturday.

Coast team failed to field boxers in six bouts as Armed Forces boxers had an easy afternoon with Coast officials claiming most of their were on injury list.

The best bout of the evening was the Lightflyweight contest where Leonard Mutisya of Coast emerged the only boxer from the home team to win when he defeated Forces' Charles Kyalo on points.

But the fans protested the outcome of bantamweight bout as Forces' Samson Mutua was declared the winner against Fredrick Onyango of Coast.

In the Flyweight, Nick Okoth of Forces punished Coast's Francis Mwema who retired in second round while Samson Macharia of Forces registered points win over Coast's Caleb Owino.

The referee stopped the Lightweight bout to save Jamal Ahmed of Coast from further punishment from Forces' Stephen Onyango. Dennis Odhiambo of Coast failed to appear to face Forces' Vincent Otieno in the Welterweight contest.

Forces boxers- Dick Ombaka (Middleweight), Simon Mulinge (Light-flyweight), Joshua Ndere (Light-heavyweight), Fredrick Oriyo (heavyweight) and Victor Ombok (super-heavyweight) got walk-over as Coast failed to field pugilists to face them in those weights.

BRIDGE RESULTS

Coast Bridge Association - Results of Duplicate Bridge played on Monday 6th April 2009 at United Sports Club Mombasa.

1. Pullin Gandhi and Dr. J. D. Shah 133, 2. Rohit Shah and Rohit Chandaria 132, 3. A. D. Shah and K. P. Shah 131, 4. Ketan S. Shah and Meghji Shah 118, 5. Janak Babla and Neemaben Babla 105, 6. Raminik Shah and Harilal Shah 05, 7. D. D. Shah and Kanchan 93, 8. Panu Savla and Jyotsna Savla 91, 9. Rasik Shah and Manju Shah 87 and 10. Ketan R. Shah and Vibha Shah 85.

Coast Bridge Association - Open Team Tournament on 16th & 17th May, 2009, Sponsored by Golden Key Casino and Tamarind Village.

COAST BRIDGE with C.P. SHAH

In the following hand Five Heart contract was defeated by foul distribution.

DEALER: SOUTH NEITHER SIDE VULNERABLE BIDDING:

SOUTH	WEST	NORTH	EAST
ONE HEART	TWO CLUBS	TWO HEARTS	5 CLUBS
FIVE HEARTS	PASS	PASS	PASS

West led Ace of Club and Declarer ruffed. Declarer counted 11 tricks on 2-1 trump split.

(Drawing Trumps in two rounds, then conceding two Spades to promote the Knave and ruffing the fourth Spade with Dummy's remaining Trump).

He played the Top Trump only to see East discard.

The Declarer drew Trumps in three rounds then began

NORTH				
Q	10			
10	9	4		
K	J	10	9	8 3
7	5			

WEST				
K	9	8	3	
J	8	5		
A	Q	9	8	4 2

EAST				
A	6	2		
Q	7	6	4	2
K	J	10	6	3

SOUTH				
J	7	5	4	
A	K	Q	7	6 3 2
A	5			

on Spades.

His plan was to force out the two top Spades, then play all his Trumps.

East with void Hearts had eight cards between Spades and Diamonds.

He would be squeezed out of one of those guards on the final Trump.

East had three Spades and Five Diamonds (leaving West in charge of Spades). Eventually the Declarer had to concede one trick in Spades - One down.

East-West could make Six Clubs losing only one trick in Spades.

APRIL MUG AT MOMBASA GOLF CLUB SPONSORED BY MR. PETER K. MACHARIA



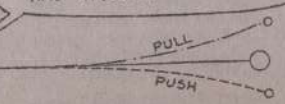
Dominic Makau [right], A-Division Winner and Best Gross during April Mug at MGC, receives a Mug from sponsor Peter K. Macharia. PHOTO BY GILBERT ONCHOKE

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Pwani Oil Gunners Mombasa Clash With Mighty Gor Mahia

Pwani Oil Gunners FC of Mombasa meet the Mighty Gor Mahia today at Coca-Cola Stadium in FK CUP (formerly Moi Golden Cup) competition match that is akin to a David and Goliath battle.

Though Gunners who are sponsored by Pwani Oil Limited starts the match as under dogs, they are all set to upset the big guns and become the first Coast team to sail through to the next round of the knock-out competition. Gunners are taking part in the Nationwide Division Two Superleague and are performing very well.

They are among top favourites to clinch the title and a promotion to the Nationwide Division One Superleague next season.

Meanwhile, Ministry of Youth Affairs (MOYAS) surprised everyone including themselves when they held Gunners to a barren draw in the Nationwide Division Two Superleague match played last Sunday at

Soccer Scene with

Abdurehman Shami



Refineries ground.

Gunners should blame themselves for failing to wrap up the match since their strikers squandered a tale of missed chances, the most notable culprit being Rashid "Petit" Juma who was left with an empty net at his mercy in the 90th min but shot wide.

The stalemate started even before the match when private security guards manning the KPRL prevented both teams from taking players photographs as is

the tradition in football.

According to international rules governing all Petroleum Refineries, taking photographs is prohibited in the vicinity of the company's compound.

That seemed strange especially to the visitors whose cameras were almost confiscated by the security officers.

In another super performance, Pwani Oil Gunners crushed the visiting Green Berets 4-1 with striker Kahindi Kenga scoring a double.

Kahindi opened the score in 90th second after outprinting the defence.

The visitors levelled via Lokato Kaburu in the fifth minute before Kahindi scored his second goal in the 21st minute when he broke loose and fired past advancing keeper.

Eric Mwema scored the third in the 54th minute as Rashid Petit Juma completed the day's tally

in the 63rd minute.

In other matches played at Changamwe ground, Super Eagles collected maximum six points after recording identical 2-1 victories over MOYAS 2-1 and Green Berets 2-1.

After last weekends results, Gunners have seven points from three matches while Super Eagles have six points from three matches.

EASTER CUP SOCCER

In another development, Taifa Stars clash against Nyali Strikers in the last match of the Easter Cup Soccer Competition organised by Kisauni Youth Football Association (KYFA) at Bilima Ground.

The four quarter final matches are to be played tomorrow (Saturday), the semi finals on Sunday and the finals on Monday, the chairman of KYFA, Yusuf Harub announced early this week.



Oshwal Academy Mombasa team from [from left] Rumit Shah (cpt), Bhavin Ruparella, Tej Sanghavi, Mihir Shah and Nihaar Shah.

Oshwal Academy Shines In Kampala Table Tennis

A group of five students from Oshwal Academy Mombasa traveled to Kampala for the 8th Edition of the Makerere Open Table Tennis Championship, held at the Africa hall from 26th - 28th March 2009.

Oshwal Academy Mombasa is one of the top junior Table Tennis teams competing against University teams, colleges and established clubs within East and Central Africa.

The group comprised of Bhavin Ruparella, Mihir Shah, Rumit Shah, Nihaar Shah, Tej Sanghavi and Coach Tom Amumi, managed to scoop second position in the Boys under 18yrs team event out of eight teams.

The tournament was tough particularly in the junior category with stiff opposition coming from the Mbale Tigers.

Other events participated in were boys under 12yrs, 18yrs, men's singles and team events.

Meanwhile seven students from Oshwal Academy swim team, have been selected to represent Coast Province in the National Secondary Schools Swimming gala to be held in Embu, Eastern Province.

The team comprises of Ahmed Said, Aldema Michaelo, Alimohamed Juma, Khyati Shah, Sakina Khozeima, Harsh Shah, Priyanka Rathod and Coach William Malalo and Sausan Buran.

TWO LEADING COAST TEAMS OFF TO NAIROBI FOR MATHARE GIRLS FOOTBALL TOURNAMENT

By ABDULRAHMAN SHERIFF

Coast women soccer champions, Spedag Ladies Club and Mariakani's Moi Kadzonzo Girls Secondary School soccer teams left Mombasa for Nairobi to participate in the Mathare Youth national girls tournament set for this weekend.

Spedag coach, Joseph Oyoo said before the team departure that they are expected to get stiff challenge from Kisii Youth, Mathare Youth, makolanders, Old is Gold and True Colours.

Oyoo said they are confident of their team to win the tournament in the over-16 category.

"We have entered only one team for us to do well in the tournament," he said.

The Spedag are Janet Egesa, Miseta Waweru, Mwanajuma ramoyoni, Bahati Nyumbura, Lillian Nandundu, Florence Awor, Terry Ouko and Faith Adhiambo.

Others are Rachel Wanini, Jackie Ogol, Alya Mohamed,

Jacinta Ongore, Sharon Bushnei, Milka Otieno, Christine Nanjala (captain), Christine Makumbo, Pauline Mbinga and Sarah Ogonyo.

The Mariakani team has been training by Bilima Youth coach, Peter Sanga who said his Under-14 and under-16 teams are ready to challenge any side.

The school headteacher, Josephine Matimbo who is to be

the leader of the two teams to participate in the tournament said they were confident to perform well and win trophies.

The under-14 team consists of Dorcas Mwadime, Bidala Ali, Amina Daniel, Kuvuma Claris, Beatrice Nyiro, Sophy Gumo, Merceline Kilafe, Mariam Kahindi, Shauni Kennedy, Faith kalama and Halima Medza.

The under-16 team will be with

Margareth Chai, Asha Ali, Irene Chiku, Joyce Mwanguma, Rehema Ibrahim, Claris Ruwa, Beatrice Mbwele, Neema Kazungu, Shila Kombe, Fatim Khamis, Edith Rimba, Glender Kombe, Phylis Anusu and Sharifa Ali.

It is anticipated that over 90 teams are expected to take part in the Mathare Youth tournament with four categories - u-12, u-14, u-16 and over-16.

MOMBASA MEMON SPORTS CLUB HOSTS EAST AFRICAN TRADITIONAL VOLLEYBALL OPEN 2009 AT MEMON VILLA

Memon Sports Club has organized this tournament scheduled for the Easter Holidays starting from Friday, 10th April to Monday, 13th April 2009.

This is the first East African wide tournament since 1994 and 30 teams from all over East Africa have confirmed

their participation.

Traditional volleyball is a variation of international game with 9 players on each side. It is a fast paced tactical game with high spectator value.

Thousands of fans are expected at the games, which will be played across 5 venues in Mombasa.

These are Brahma Samaj, Oshwal, Jaffery Sports Club and Lohana Ground and Memon Villa.

Spectators are urged to turn up in high numbers to cheer the teams.

Canteens and food courts providing high quality and reasonably priced meals will be open through out.

The opening game will be played at Memon Villa on Friday at 3.00 p.m. The format of the tournament will include a Round Robin stage followed by the knock out stage.

The finals are scheduled for Monday, 13th April 2009 at 10.00 a.m. at Memon Villa.

The tournament has attracted tremendous support from a cross section of corporate sponsors.

The main sponsors for the tournament are M/S Atta (K) Ltd, Fidelity Bank, Digital City, Aquelle, Aboo's Catering, AK Computer Link, amongst others.

Memon Sports Club would like to take this opportunity to thank the Mombasa community

including Brahma Samaj in association with Noor e Islam Sports Club, Jaffery Sports Club, Oshwal Sports Club and Lohana Community and the

business communities at large for their tremendous support and goodwill accorded to Memon Sports Club towards the organization of this prestigious tournament.

See you at Memon Villa on Easter Friday, 3 pm to serve off the East African Traditional Open 2009 and enjoy the festive Easter season with us.

Special Report by Correspondent

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TOP POSITION BOWLERS @ HOLLYWOOD BOWL

The top bowlers for the month of March in all three categories are as follows: Majid Baloch emerged the top scorer with 236 points in the Mens category.

In the Ladies category, Katinda held on to the first slot with 140 points. Naman Yagnik took the most coveted title in the under 15 years category with 150 points.

This week saw Nasir Baloch appear on the scoreboard with 231 points, capturing the first slot. Majid Baloch, who last month was the top scorer, captured the second slot with 221 points.

This is quite a challenge to our bowling champions namely but a few: Habib Maks and Parash Morjaria.

In the under 15 years, Mark Kohler is currently leading in this category with 164 points. His brother Ricky Kohler took up the second position with 130 points followed by Sumit Bagri who scored 122 points.

The Hollywood Bowl had a pleasure to host students from Al-Madrasa Tus-Saifiya-Tul Burhaniya.

The students from different classes even the lower classes as KG 1 had a session of bowling

which was an enjoyable sport though a new sport to others.

The Hollywood Bowl hosted the 175 students last Thursday and Friday.

Their teachers accompanied them namely: Fatema, Mariyah, Farida, Tasneem, J, Amina Naria and Tasneem, B.

It was pomp and color as Ibrahim Murtaza and Hussein Murtaza celebrated their birthdays at the Hollywood Bowl.

Hussein was turning 8 years while Ibrahim was turning 10 years on Saturday afternoon.

They are both students at Oshwal Academy. Together with their family, classmates and friends had a remarkable time bowling and enjoyed the delicious snacks provided by the Bollywood Bites Restaurant.

Happy birthday Ibrahim Murtaza and Hussein Murtaza, and Many Happy Returns of the Day.

The Management and Staff of Hollywood Bowl, would like to wish all our esteemed clients

'A Good Friday' 'Happy Easter Monday Holiday'



Mombasa Motor Club To Host National Autocross

The Mombasa motor Club 2009 auto racing opening event is the National Autocross at the Hussein Dairy Ngu Tatu Track. The best Autocross track in the country. Race day May 3rd practice May 2nd. We thank our sponsor Autoselection. Free entry, Food Drink and Music by Bobs Bar. We expect over 12 upcountry crews including Duncan, Behr, Anthony and 8 local Vicky, Ashling, Tarveen etc. Good Luck Mombasa boys. Come over to the action side of life at Mombasa Motor Sports Club Contact 0725262220. Remember Motor Sport spectating can be dangerous - NO PETS.

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G.P.O. REGISTERED NEWSPAPER

Coastweek

Issue No. 3215 April 10 - 16, 2009

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C.A.S.A SWIMMING TEAM SUCCESS

Sienna Hanegraaf [first row from left] seen with Mudathir Timamy, Ubba Abdalla, Cynthia Awuor, Aika Patel, Ambaar Michaello, Carolyn Kameta, Pauline Adhiambo and Sahil Harunani.

Victor Kameta [second row from left] seen with Issa Abdalla, Dzidze Mururu, Raveena Mehta Hamdan Bayusuf, Samuel William, Leckie Fergus, Nicholas Jamie and Jesal Chand Naim Bayusuf.

Alex Chia [third row from left] seen with Joshua William, Swabry Butt, Priyanka Rathod, Neve Blanchet, Deeyan Shah, Shivraj Vagela, Warui N'gang'a and Shilpa Patel [Team Manager].

Coach Abdulmalik Abdulkarim [back row from left] seen with Akshay Shah, Laurence Williams, Bhavik Mehta, Ahmed Hassan, Abdulmajid Kadermani, Abubakar Ahmed, Mohamed Abdulaziz, (Coach).



'Safaricom' To Sponsor New Beach Volleyball

The national beach volleyball circuit kicks off with Safaricom sponsored open tournament that will be held at the pirates' beach, Mombasa on April 18 and 19, writes **ABDULRAHMAN SHERIFF**.

Safaricom has parted with a whopping Sh180,000 for the preparation of the 2-day championship. Coming on board is Home boyz from Nairobi who will be providing drinking water and after party entertainment for the two days.

The tournament will have the following categories: Senior men and women, Junior category, Mixed couples and tourist category.

The winners in the main categories will pocket Sh10,000, runners up Sh5,000, medals among other prizes.

Pairing and registration of players for this season will be done on the same dates.

This tournament will be used
CONCLUDED PAGE FOURTEEN

Mombasa Swim Squad Clean Up South African Medals

Congratulations CASA for attaining fifth position out of 38 Clubs and Teams in the just concluded Swimming Gala in South Africa, Cape Town from 28th -30th March 2009.

Their arrival was nothing short of cheers and dance as the Champions were about to land.

Airport authorities ensured CASA were given the opportunity to privately welcome the swimmers at one of their terminals which was filled with parents, well wishers and drummers to welcome their Coastal team the coastal way.

According to the head Coach, Mr Abdulmalik Abdulkarim: "This event was the appropriate one for CASA's youth and our mission to expose our young and talented swimmers was accomplished."

The swimmers timings have improved with a new 'best time' in Kenya by Abubakar Ahmed - 15 Years, who broke former time of 1:09 by Kiptone Boit, 18 years old from Nairobi.

To grace this occasion was our Provincial Commission Ernest Munyi who welcomed the swimmers and assured them of his support in the future.

The Swimmer's kits were provided for by Nomura Insurance Brokers Limited and Mayfair Insurance Company Limited.

A discounted group fares was given by Kenya Airways together with a T-Shirt for each swimmer. The travel arrangements were made by Simoun Travels who did an impeccable job. All swimmers clocked best times in their events and that was very important.

Winning medals is one thing but clocking one's best time is quite a different thing.

The results from the gala proved that swimming is now growing in the right direction with the help and support of CASA.

Some of our swimmers have now qualified for Level II for next year in South Africa.

The various medals awarded to the swimmers included:

CONCLUDED PAGE FOURTEEN

Special Report by Correspondent

NISSAN SERIOUSLY KENYAN
DT DOBIE
MOMBASA: Tel: 2316701/2, 2316735/6 Fax: 2316764
Email: Chrisangell@msa.dtdobie.co.ke

KENYA TIDE TABLES
MOMBASA, April 10 - 16, 2009

FRIDAY High Water - 3.4 m. at 04.39 hrs. (4.39 a.m.) and 3.8 m. at 18.53 hrs. (6.53 p.m.). Low Water - 0.4 m. at 10.32 hrs. (10.32 a.m.) and 0.3 m. at 23.04 hrs. (11.04 p.m.).

SATURDAY High Water - 3.3 m. at 05.10 hrs. (5.10 a.m.) and 3.8 m. at 17.23 hrs. (5.23 p.m.). Low Water - 0.4 m. at 11.02 hrs. (11.02 a.m.) and 0.4 m. at 23.37 hrs. (11.37 p.m.).

SUNDAY High Water - 3.2 m. at 05.40 hrs. (5.40 a.m.) and 3.7 m. at 17.52 hrs. (5.52 p.m.). Low Water - 0.5 m. at 11.31 hrs. (11.31 a.m.).

MONDAY High Water - 3.1 m. at 06.09 hrs. (6.09 a.m.) and 3.5 m. at 18.20 hrs. (6.20 p.m.). Low Water - 0.5 m. at 00.09 hrs. (12.09 a.m.) and 0.8 m. at 12.00 hrs. (12.00 p.m.).

TUESDAY High Water - 2.9 m. at 06.39 hrs. (6.39 a.m.) and 3.3 m. at 18.50 hrs. (6.50 p.m.). Low Water - 0.7 m. at 00.42 hrs. (12.42 a.m.) and 0.8 m. at 12.28 hrs. (12.28 p.m.).

WEDNESDAY High Water - 2.7 m. at 07.10 hrs. (7.10 a.m.) and 3.0 m. at 19.23 hrs. (7.23 p.m.). Low Water - 0.9 m. at 01.15 hrs. (1.15 a.m.) and 1.0 m. at 13.00 hrs. (1.00 p.m.).

THURSDAY High Water - 2.4 m. at 07.47 hrs. (7.47 a.m.) and 2.8 m. at 20.03 hrs. (8.03 p.m.). Low Water - 1.1 m. at 01.53 hrs. (1.53 a.m.) and 1.3 m. at 13.37 hrs. (1.37 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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