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# Coastweek

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March 20 - 26, 2009

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# Marvellous Malindi: Is Where It's All At!

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This year Malindi has decided to do away with the image that it is a holiday resort designed only for Italians, and wants to throw open its doors to locals.

Accordingly, on the weekend of March 7 - 8, 2009, over 20 representatives of the Kenyan media in all its fields were flown to Malindi to sample the sights and experience them first hand, in order to acquaint Kenyans of the myriad delights that await them at the coast and, particularly, Malindi.

A charming old town, Malindi has been in existence for centuries and has been visited by many explorers to this part of the African continent and examples of their influence abound, alongside modern day creations such as the beach hotels and restaurants.

## Mombasa Magic Show Entertainment By 'Abu'



Famous coast Magician Abdul Abu dressed as clown had amazed various school students, teachers and parents with his baffling tricks at the recently held charity walk in aid of Cerebral Palsy Foundation at the Bamburi Nature Trail. He is seen joking with his puppet 'Mister Jimmy' during the show.

The seafront still has the fishing boats tying up every day and the fish market is there open to sell their catches.

The press had a barbecue breakfast on a desert island, went skin diving to see the underwater wonders, dined at coastal restaurants, visited the museum and the antiquity sites, danced at nightclubs, stayed at a makuti roofed seaside hotel, and enjoyed the finale of the weekend - an evening fashion

### Special Report by Patricia Hughes Scott

show under floodlight in the spacious grounds of the Malindi Casino.

Standard photo journalist Plus, said enthusiastically:

"I had never visited the coast before, and I had never been out in the sea.

"At first I was terrified, but once I got used to the mask, I was marvelling at the sights I was seeing.

"No-one should miss doing this. "People come from all over the

**TURN TO PAGE FIVE**

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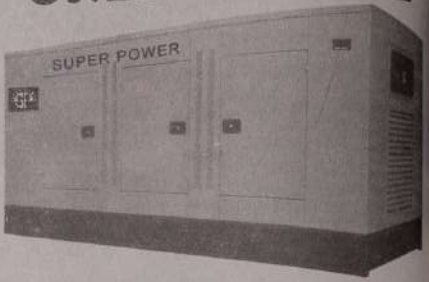
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# Coast Rotary Clubs Distribute Food

As the Country reels from the effects of drought and famine, Rotarians have been playing their part in alleviating the suffering and plight of people suffering from famine.

The Rotary Club of Kilifi have been hard at work collecting funds for purchasing foods to distribute to the effected areas of Kilifi and sent out an appeal to the other Clubs.

The Rotary Clubs in Mombasa and Diani rose up to the challenge and started collecting funds towards the same.

**Donors:** While most of the contributions came from Rotarians and their families, there were non-Rotarians that also contributed money, food and volunteered their help and support during the food distribution.

Major Donors that contributed to the effort spearheaded by the Rotary Club of Mombasa Central are: Mr Yakub Salloo of M. B. Salloo, Mr Mohamed Islam of Mombasa Maize Millers, Mr Paresh Bhagani of Tip Toe Transporters Limited, Mr Patrick Kingori, Mr Micheal Omond of Magot Freight Services and Mr Farid of Al - Amry Distributors.

The Students of the Junior School of Aga Khan Academy also played their part by contributing a mountain of food towards the drive.

A special thanks to the parents, the teachers, staff and entire management of the School for making this possible.

**Dodosa Primary School:** The well coordinated distribution took place on Saturday 7<sup>th</sup> March 2009.

The location for the exercise



IPP John Abwao (RC of Kilifi), Chief Chengo, DMOH Dr Tsoga, Pres Lucy (RC of Kilifi), Pres Sheetal (RC of Msa Central), DO Kioni, Rtn Peter (RC of Diani) at Dodosa Primary School.

was Dodosa Primary School. The area is so remote in the Bahari constituency that one can be forgiven for feeling that they are no longer within the borders of Kenya.

The drive from Kilifi took over 2 hours and one only saw arid land and a severe shortage of water. There was absolutely no sign of farming activities.

The distribution was well coordinated with the Chief of Digira, Bamba, Joseph R Chengo, the District Officer for Bamba Gabriel Kioni, and the 2 AP's Clement Machicha and Mgandi Kadzingo.

The District Medical of Health Dr Benjamin Tsoga and his team

also played a very large part in this exercise.

The Chief and DO had prepared a list of all the homesteads in the surrounding areas and rations were supplied to these 151 families.

Excess food was distributed to mothers with babies and the old men.

Unfortunately a lot of people were turned away empty handed.

A water tanker filled up the schools tanks for the use of the community.

The AP's maintained law and order during the day.

**Children:** The children were the winners of the day.

The District Health Office

for their children.

Each school going child also received a dictionary from Rotary. The children happily waded their dictionaries.

Each child was also given a 100gms packet of glucose which they wasted no time in opening and consumed gleefully.

**Future Distributions:** The Rotary Club of Kilifi intends to have a second food distribution on Saturday 21<sup>st</sup> March 2009.

As a community it remains firmly our duty and responsibility to look after the welfare of our unfortunate brothers and sisters.

There are many NGO's and Service Clubs that have the same goal as The Rotary Clubs.

Should you wish to make your contributions to this effort through Rotary, a special bank account has been set up and further details can be obtained from President Lucy Ocholla by contacting her on her e-mail laocholla@gmail.com or President Sheetal Devani on sheetal\_devani@hotmail.com and help Rotary to "Make Dreams Real".

**LIFE IS JUST A LAUGH**



"- And now for the grand finale"



"Mr. Bentwick! Your earwax ointment is ready for collection"

# Opening The Third Phase Of Chongolo School



Seen [from left] School Chairman Ali Ngoni, Sponsor Marc Uyzer, Headteacher Heri Daudi and Contractor Halfan Bakari.

On the 9<sup>th</sup> of March 2009, the third phase of the Chongolo School in Ukunda has been opened accompanied by several ceremonies from groups of the community and

the school itself. Present at this festive moment was the sponsor of the school, the Iuvemus Foundation. Mr. Marc Huyzer represented

the foundation (current chairman of the board).

He is the son of Mr. Simon Huyzer, who initiated the whole project in 2005.

The first and second phase of the building of the Chongolo School were completed in 2005 and 2006.

Now with the opening of the third phase the building of the school is completed.

Around 540 pupils attend Chongolo, which consists of around 60 children in kindergarten and around 480 students in standard 1 through 8.

More special guests attended the festivities. A group of Dutch people and head of the community and all teachers and parents joined in.

The Iuvemus Foundation hopes that the completion of the third phase will help the Chongolo school to further improve the education to the pupils and that it will inspire people to reach the best possible.

The Iuvemus Foundation works closely together with the Tenda Pemoja Foundation to help achieve better education in Kenya.



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STEVE MARTIN RETURNS AGAIN AS INSPECTOR JACQUES CLOUSEAU IN THE HILARIOUS SEQUEL 'PINK PANTHER 2'

TO SAY that Bollywood beauty Aishwarya Rai Bachchan has gone back up the ladder on the international scene would be an understatement.

She made headlines all over

the world when she won the Miss World competition some years

# Return Of The Blundering Comic Detective!

ago and then took her first steps in the Indian film industry.

After a wobbly start, she has since then carved a niche for herself in Mumbai.

The Dutch government has named a tulip after her, such is the fame of her beauty and she has been cast in quite a few Hollywood films.

This time round, she stars with some very big names from Hollywood in the hilarious sequel to the 2006 hit film, *Pink Panther*.

*Pink Panther 2* opens at the NYALI CINEMAX and stars Steve Martin, Jean Reno, Alfred Molina, Emily Mortimer and John Cleese.

In the first film, Steve Martin had to fill in the great shoes of British actor Peter Sellers who epitomized Inspector Clouseau as the bumbling detective who caused more chaos than was needed, yet always solved the case.

Martin played the part in his own style and came away with full marks from audiences all over the world.

In this sequel, legendary jewels from all over the world are stolen.

The loot includes the *Pink Panther* and who else but the great Inspector Clouseau is called in to solve the case.

The long suffering Chief Inspector Dreyfuss has to quietly put up with the mental and physical pain that Clouseau inflicts on him throughout the film.

Ponton, Clouseau's partner is always by his side as is his assistant Nicole for whom Clouseau has a soft spot but just cannot bring himself to let her know.

The international team that has been set up for the case and to assist Clouseau's team is made up of Andy Garcia, Alfred Molina, Yuki Matsuzaki and of course our very own Ash.

Don't forget to take part in the

*Pink Panther* watch and win contest for some super prizes.

Running for the second week at the NYALI CINEMAX are the women in virginal white, armed with the most lethal weapon on earth - the female brain.

Bride Wars stars Anne Hathaway, Kate Hudson, Chris Pratt, Steve Howey and Candice Bergen.

On their last legs this week at the NYALI CINEMAX are Will Smith, Rosario Dawson, Woody Harrelson in *Seven Pounds* (Friday evening), Jim Carrey, Rhys Darby, Bradley Cooper, Zooey Deschanel, Sasha Alexander in *Yes Man* (Saturday and Sunday), *Bolt* (Sunday), and Angelina Jolie, Amy Ryan, John Malkovich in *Changeling* (Tuesday).

The Bollywood offer is still on at the NYALI CINEMAX with any movie ticket at 250/= for the whole week.

*Dhoondte Reh Jaoge* starring Kunal Khemu, Pooja Rawal, Soha Ali Khan and Sonu Sood is

gaining momentum after a slow start and is getting some very good reviews in Mumbai.

It is a fun-filled film that takes a comical, yet cynical look at the goings on in the Hindi film industry.

Shah Rukh Khan will show the youngsters the correct way to woo the woman of your heart in *Rab Ne Bana Di Jodi*.

His lady love in the film is played by Purnjabi kudi Anushka Sharma.

Watch out for yet another biggie next week in the shape of *Aa Dekhen Zara* starring Neil Nitin Mukesh and Bipasha Basu.

Moment of the week - seeing Saif Ali Khan on television wearing a Tusker T shirt...

KENYA CINEMA is screening *Delhi - 6* starring Abhishek Bachchan, Sonam Kapoor, Rishi Kapoor, Waheeda Rehman, Divya Dutta, Atul Kulkarni, Om Puri and Pawan Malhotra.

## KENYA CINEMA



### Delhi-6

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Sun.-2.45, 6.30 & 9.15pm;  
Mon.-6.30pm only

Why *Delhi - 6*, one may ask? Because the post code for the city is 110006.

Roshan has been born and brought up in America and India is a really far and foreign place for him.

His grandmother is now ailing (lovely to see Waheeda Rehman after so many years) and her last wish is to go back to the 'motherland' and spend the rest of her life there.

The young man agrees to take his Dadi and drop her off there.

He is at first overwhelmed by the sights, the sounds and the smells of India.

This turns to affection, when all those around him greet him like a long lost son and he adapts very quickly to life in Delhi.

Here he meets Bittu, who is trying to get out of the Indian social structure.

This young and nubile nymph makes Roshan's heart take somersaults every time he sees her and a short trip to India starts getting stretched by the day.

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**HOLLYWOOD RELEASES**

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Mon. & Wed.- 6.45pm & 9pm;  
Thur.- 7pm & 9.15pm

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## CINEMAS with Anjum Asodia

## STARCAST GEMINI KILIFI

**Aquarius** (Jan. 22 - Feb. 21) Your emotions are all over the place when you think about your next big move, which could be anything from marriage to taking a new job. It's a good time to get your ducks pulled together and united.

**Pisces** (Feb. 22 - Mar. 21) You feel like you're going through quite a lot right now, but you also feel certain that it's all good in the long run. It's one of those days when you can transform yourself without much trouble.

**Aries** (Mar. 22 - April 21) You're not feeling that great today - but it's not illness that's the cause. Your energy is just smothered by recent events that seem to have taken over your life, but you should rebound pretty soon.

**Taurus** (April 22 - May 21) You can't control some negative feelings today - most likely envy or jealousy. You might as well be open about them, so you don't build up hidden resentment on top of everything else!

**Gemini** (May 22 - June 21) Show your friends what you're made of today - you don't always go along with the program! You may be taking a stand just to prove that you can, but there's nothing really wrong with that.

**Cancer** (June 22 - July 21) Avoid anything that seems to be too intense today - you've got enough to deal with as it is! If your gut check doesn't tell you anything then you should pass until you can get more certainty.

**Leo** (July 22 - Aug. 21) Listen to your inner voice today - it is much clearer than usual and should direct you to the best use of your energy. If a friend seems troubled, talk to them - you can get them to open up.

**Virgo** (Aug. 22 - Sept. 21) You need to let go of one of your many plans today - it's just not realistic any more! The good news is that it should free you up for taking on even more amazing projects once you rest for a bit.

**Libra** (Sept. 22 - Oct. 21) You're in the middle of some intricate financial dealings and need to make sure that you've got all the information you need. You may have to plow ahead blind for a while, but not for long.

**Scorpio** (Oct. 22 - Nov. 21) Your inner strength is really something to behold. You may actually find that people are a little intimidated today, which is ridiculous - you certainly mean them no harm! Things settle down soon.

**Sagittarius** (Nov. 22 - Dec. 2) You need to deal with something that's much bigger than your run-of-the-mill problems - and part of the issue is internal. Settle down and think things through, as you don't need any special magic this time.

**Capricorn** (Dec. 22 - Jan. 21) You are more than ready to tackle that big decision - go for it! Even if you think you don't have all the info you need, you can still be confident that your judgment is impeccable right now.

## Book Fair In Support Of The Blind

AT THE TUDOR WATER SPORTS IN MOMBASA

"A Book is a gift you can open again and again" The Tudor Water Sports in Mombasa was abuzz with activity during the weekend of 14th March as children flocked in with their parents to sample the ocean of educational and story books at the 9th Book Fair organized in support of the Blind.

Apart from books, a variety of stationery items proudly contributed by the Fairdeal Group of Companies were on sale to raise funds for the Braille Publications.

Educative games such as puzzles, pretty notebooks, pen sets, colour pencils, sharpeners and rulers were hot cakes with the children.



A girl handling the stationary stall at the Book Fair held at Tudor Water Sports. Behind, parents inspecting other stands.

The Book Fair was also a package of family fun with other activities like boat rides, paddling and canoeing on offer.

According to Mr. Noor, the organizer of the Book Fair, school children from Aga Khan, Swaminarayan, Mikindani and Oshwal were among the schools that participated in the Book Fair.

All books and examination papers were sold at subsidized prices ranging from KShs. 50 to KShs. 200 to make it affordable for all.

Amongst the institutions that largely benefit from the Book Fair are the Likoni School of the Blind, African Braille Centre and the Kenya Society for the Blind.

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Mombasa Chairman S.  
Surjit Singh Sagoo.**

### Siri Guru Singh Sabha Mombasa

During the AGM of The Siri Guru Singh Sabha- Mombasa held on Sunday 15<sup>th</sup> March, 2009 Mr. Surjit Singh Sagoo was elected unopposed for the 3<sup>rd</sup> term.

**Executive Committee** of the SGSS-Mombasa from 2009 to 2011 includes:

Chairman S. Surjit Singh Sagoo, Vice Chairman S. Mohinder Singh Sohal, Hon. Secretary S. Santokh Singh Bawrah, Asst. Secretary S. Gurbux Singh Bamrah, Hon. Treasurer S. Surinderpal Singh Chadha and Assistant Treasurer S. Darshan Singh Sond.

**Committee Members:**

S. Jaswinder S. Oberoi, S. Daljit S. Dhanjal, S. Perminder S. Bhasin, S. Tajinder S. Pandhal, S. Jagjit S. Anand, S. Harjit S. Sehra, S. Opkar S. Lall, S. Malkit S. Sagoo, S. Raghbir and S. Nagi.

## British Council Host Mombasa 'Strategic Leaders' Conference

**LEADERS FROM KENYA, NIGERIA, BOTSWANA, TANZANIA, SUDAN, ETHIOPIA, GHANA, CAMEROON, MALAWI, NAMIBIA, SENEGAL, AND THE UNITED KINGDOM**

Mombasa is bringing together leaders from Kenya, Nigeria, Botswana, Tanzania, Sudan, Ethiopia, Ghana, Cameroon, Malawi, Namibia, Senegal, and the UK, from March 24 - 27, 2009.

All the participants have completed a leadership programme in one of the hub events held earlier in Botswana, Ghana and the UK.

Strategic Leaders Programme is for senior business leaders, bankers and business managers.

The purpose is to strengthen their capacity for transforming organisations into being more productive, more globally competitive and more socially responsible.

The Strategic Leadership Programme is about discovering the leader within you.

It introduces participants to highly effective tools that build self awareness and help leaders release the potential of staff to achieve organisational change.

Over 2,500 people from 19 Sub-Saharan African countries and the UK, have completed this British Council's leadership programme.

They are the evidence that Strategic Leaders Programme changes people and organisations and supports a new generation of leaders.

committed to positive change in Africa, and to developing new relationships between Africa and the UK. All British Council work in leadership is collaboration between Africa and the UK.

There is no hierarchy. No them and us. No lecturers, no students. It is an equity process.

Strategic Leaders Programme is part of the British Council's wider commitment to cultural relations.

Cultural relations are, or rather should be, facilitated by the growing interdependence and interconnection of our world.

But too frequently, mistrust and misunderstanding get in the way.

In bringing together African and UK leaders, SLP directly addresses some of these issues, and draws Africa and the UK a little more closely together.

That is the background against which we hope that all who participate in our Strategic Leadership Programme will be helped in finding their voice, and achieving objectives for themselves and for those that they lead.

The British Council welcome expressions of interest to participate from all.

More information on this can be obtained from our British Council Offices and or from website:

[www.britishcouncil/africa.org](http://www.britishcouncil/africa.org)

### Special Report by Correspondent

## ZANZIBAR SHIPS ON FIRE

**STONE TOWN, Zanzibar, (Kin-hua)** — Two ships, one passenger and the other cargo, have caught fire while being fixed for minor repairs in Zanzibar and it took firefighters several hours to

put the fire out. Sources from the Mtoni Harbor of Zanzibar attributed the cause of the fire to welding works at the dock.

The fire started from one ship and then spread to the other.

The two ships, *Aziza I* and *Aziza II* owned by the Mkunzini Shipping Enterprises, were severely burnt.

The exact loss of the ship fire was yet to be known but estimates from the port sources put it at more than 100 million Tanzanian shillings (80,000 U.S. dollars).

## MARVELLOUS IN MALINDI !

**FROM FRONT PAGE**  
world to do this - and it's here for us right on our doorstep".

Sponsors of this about-the-town trip included *Che Chale*.

The *Malindi Casino*, who spearheaded this thrust to attract local tourism, felt that as March 8 is celebrated world wide as International Women's Day, this would be an appropriate occasion to showcase some of Kenyan women's special talents in the field of *haute couture*.

The designers were the fashion houses of Moo Cow, John Kaveke, Lalesa, Kenya Weaver Bird, Magic Grass, Njee Muturi and Corinne Pizzanelli, Vemata, and the Men Shop.

They presented a stunning variety of clothes for all occasions, individually designed handbags, huge wide brimmed hats, and cascades of jewellery.

## THE TAMARIND THIS WEEK

### Honeymoon Couple



The fine aroma of grilled seafood filled the air as the Chef prepares on board a gourmet four-course meal, with the attentive service to match the cuisine, and the Resident Band's soft music playing a variety of numbers.

Kirsty Mc Namara and nephew, Mason Gamble (above) were under the magical spell of the Tamarind Dhow atmosphere, the special occasion was a birthday party for both, they commented as having a fabulous evening and that there is no better place to celebrate a party than THE TAMARIND DHOW! - *Faiza Ayub*.

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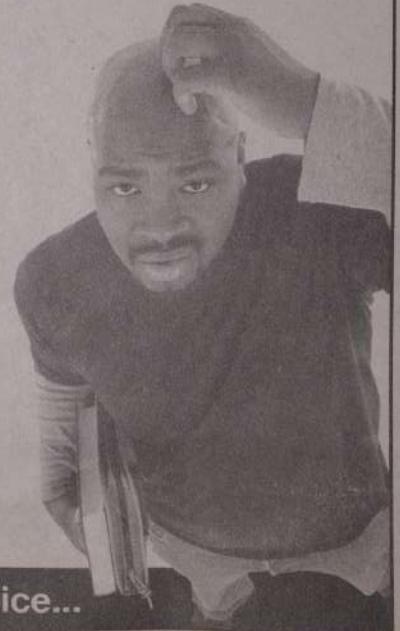


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# THIRTY YEARS' AGO

**Coastweek, March 16- 22, 1979:**

A large and very flattering photograph of His Excellency President **Daniel Arap Moi** dressed in full and very colourful regalia of a Pokomo Elder graced the front page, together with a report on his success in raising more than K. Shs. one million at a 'harambee' in aid of Ngao Africa Inland Church in Tana River District.

AMGECO (African Marine and General Engineering) Mombasa shipyard introduced a new hull cleaning service using a high-pressure water hose delivering upto 15,000 lbs. PSI with which to blast and scrape old rust and sea growth off iron and steel plates.

Taking an educational look at the Coast's then booming tourist industry were two senior and highly impressed Sudanese Government officials - General **Mahmoud A. Elfaki** and Sudanese Tourism Corporation director general **Sayed Maghoub Mohamed Ali**.

Mrs **Julie Kabetu** was declared 'Sports Woman of the Year' by Mombasa Sports Club chairman **Nathu Nathwani**, who similarly congratulated 'Sports Man of the Year' **Mukesh Rajani**.

Two other awards for sporting administration were 'Best Woman of the Year' Mrs **Alison Cunningham** and 'Best Man of the Year' **Bill Sell**.

All time 'great' Pakistani cricket star **Hanif Mohamed**, also known as the 'Little Master' was visiting Mombasa as manager of the PIA touring cricket squad - he held the record for the longest test innings ever of 16 hours 39 minutes to score 337 runs against the West Indies in at Barbados in 1957.

KENYA Cinema was still showing Bill Cosby, Sidney Poitier and James Earl Jones in 'A Piece Of The Action', REGAL screened Charles Bronson and Lee Remick in the thriller 'Telefon', NAAZ offered 'Kingdom Of The Spiders' - 'a Living, Crawling Hell On Earth', while at CHOX it was Dharmendra and Mumtaz in the charming comedy 'Loafer'.

Letter writers included Mombasa North M.P. **Hon. Said Hemed**, Mombasa Muslim Association chairman **Hassanally Mussa Jetha**, Bamburi Portland Cement Company managing director **Dick Roberts**, and the 'Da Da Freak Group' InterContinental Hotel Nairobi (they were fans of Mombasa disc jockey 'Mashada' - who had featured in an appreciative article by nightclub correspondent Gray Phombeah).

• Thought for the Week - *The wiser you are, the more you believe.*

# We Explore What Goes Into Designing And Implementing A System Speed Management

Over the last few weeks we have covered three broad areas of speed management.

The first was why we need to focus on speed as a risk factor in accidents.

The second was on how to assess our current reality in terms of speed management.

The third was on the tools available for speed management.

We will now continue and explore what goes into designing and implementing a system speed management.

Last week we looked at objective setting and stakeholder mapping as a first step in implementation of a speed management programme.

This week we will look at planning process as the next step in implementation.

Before a comprehensive programme can be implemented, a plan must be set up that defines the objectives sought and lays out clear actions for how the objectives will be met.

This plan must reflect analysis of available data and incorporate issues identified in the assessment described in earlier articles.

There should also be a clear statement of problems and challenges to be addressed in relation to public knowledge/awareness, legislation, speed limits, enforcement and penalties.

Based on the plan, a formal project proposal can be written.

A good plan will describe the actions proposed to achieve the

objectives, their timing, the targets to be achieved, specific accountabilities for actions and where and how funding to be sought.

It will also clearly define who will manage this process.

Speed management programmes will, of necessity, involve government agencies and depending on the structure of government agencies and funding allocations, the programme may split into a number of elements as may be

sources and Time-based so that they can be tracked to provide an accurate assessment of when the target can be achieved.

Having defined overall objectives, targets and initial performance indicators, we will now be in a position to define the actions/activities that are to be pursued.

In doing this it will also be appropriate to decide what tools will be required.

An effective speed management action plan will include a number of interventions.

The first step in deciding on activities should be to determine a road hierarchy.

The careful and detailed consideration of actual road function and presence of vulnerable road users will provide a basis for proposing lower limits on specific parts across the network.

The second recommended step is to focus on crash type and location and identify the locations or areas across the network that have higher levels of crash risk and where the crashes could most readily be reduced through achievement of lower travel speeds.

As a further step it will be useful to consider what tools could be applied to achieve reductions in these crash types and severities.

## KEY ACTION AREA PROGRAMMES

One of the key action areas is on behavioural change programmes.

While it may seem ideal to raise people's awareness and encourage voluntary compliance, this is generally not enough.

International road safety experience over the past few decades has shown that it is more effective to force a behaviour change through publicity-backed traffic law enforcement measures than simply to conduct campaigns urging people to choose to slow

down.

Decisions on what tools to use will have political implications.

Another action area will be on engineering treatments.

There are a number of factors to consider when deciding which engineering treatments are suitable.

Treatments can be used either at specific or as part of a more integrated approach to road network.

Trauma management interventions are also a key action area.

It is an area that is easy to measure especially the reduction in the numbers of interventions required due to other actions.

Though more difficult to measure one could also consider the number of recoveries from interventions into serious trauma cases.

The next stage after agreeing on the actions and how to measure their success is to determine the resource requirements and costs of each of them, and in the process draw up a budget based on quotes from suppliers or on the costs of recent, similar undertakings.

The resources necessary will vary depending on the different tools.

Engineering treatments, for example, are usually substantially more expensive to set up than enforcement, education or speed limit initiatives, but might be the best value for money in the longer term.

Finally, a team of well-trained, multidisciplinary professionals is needed to implement the action plan.

The team ideally will have a mix of skills, including engineering, social and behaviour science, law enforcement, political, managerial and marketing, data collection and statistical analysis skills.

As Kachumbiri says, action planning and correct resource application is one of their key opportunities to deliver successful implementation.

## Coast Drive with Teti Kamugunda



necessary for normal resource and policy approval processes.

A speed management programme would normally have a hierarchy of objectives with performance indicators to measure implementation progress.

These objectives need to be considered in a more specific and detailed context to enable the identification and delivery of effective actions.

For example, speed management measures in urban areas will usually be quite different to measures implemented in rural areas.

One of the more difficult and often contentious areas where a project is carried out as a public private partnership is in adopting targets.

When well structured, they generally result in more realistic road safety programmes, better use of public funds and other resources, and greater credibility of those operating the programme.

Establishing good performance indicators and targets at the beginning of a programme will focus actions implemented and track progress more effectively.

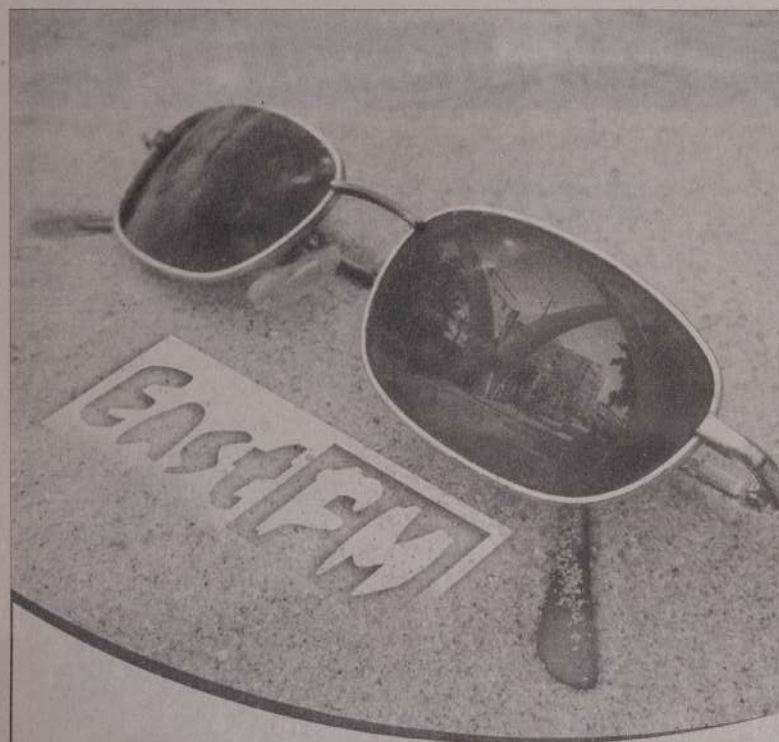
The experiences of other initiatives in road safety suggest that targets should be both ambitious and carried out over a long time period.

It is important to point out that performance must be measured before the programme starts so as to establish a baseline as a proper reference for comparison following interventions during the implementation.

Performance indicators will indicate changes including improvements or deterioration in areas of concern.

For each indicator there should be a specific quantifiable target, though they may in some cases be qualitative.

These targets should be SMART - Specific, so that they are well defined and clear to anyone; Measurable, so that one will be able to know when the target has been achieved; Agreed, in order to have the commitment of all stakeholders; Realistic in that they can be achieved with available re-



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# Muslim Association Of Mombasa Celebrates The Birth Of The Prophet Muhammad [SAW]

On Friday 13<sup>th</sup> March 2009, the Muslim Association of Mombasa once again joined the International Muslim Ummah in celebrating the Mawlid (birthday) of the Holy Prophet Muhammad (SAW) with their usual love and respect, to remember his courage, his leadership and his message.

In his opening remarks, Shaahid Sheikh, the Secretary of the Association, stated, "since its inception the Muslim Association of Mombasa has celebrated with profound love and abounding joy the birthday of our beloved Prophet Muhammad (SAW).

"It has been our objective to inspire Muslims to express their love for the Prophet (SAW) regardless of what their stand is with respect to the commemoration of this occasion and to emphasize that Muslims cannot claim to love the Prophet (SAW) while disobeying and ignoring his Sunnah as the Quran asserts, "He who obeys the Messenger has indeed obeyed Allah"

(Quran 4:80)."

Shaahid Sheikh further emphasized "it is on this day when Muslims recall the splendor of their beloved

Riaz ul Haq spoke on the Sirah of the Prophet (SAW) in Urdu while the youngsters of the community presented short stories on the life and message

of the Association and loyal citizens of the country in accordance with Islamic teachings."

Shaahid Sheikh praised all the participants namely Shehzaad Kashmiri, Zahra Khan, Khabbab Farooqui, and Zain ul Abidin and applauded them for their performance.

Every participant was impressive, but Shehzaad Kashmiri was outstanding amongst them who narrated 'The Life of the Prophet Muhammad (SAW).'

He spoke with total calm, confidence, patience and clarity.

Everyone present was impressed.

Before calling Maulana Kamar us Zamman, Imam of Hidayah Mosque, for Dua, Durood and Salaam, Shaahid Sheikh stated that Maulana Kamar us Zaman is a well known personality amongst the Muslim Scholars of Mombasa.

He has always blessed our functions whenever called upon.

For the last several months, he has been under treatment and has just returned from abroad after a long sickness.

With the grace of Allah (SWT) he is recovering rapidly and thanked Maulana for accommodating us on a short notice.

Chairman Mohamed Adib thanked the members and friends for participating in large numbers and expressed his gratitude to the organizers Shaahid Sheikh, Dr. Farooqui, Riaz ul Haq and Yusuf Halla for their excellent organization.

He however emphasized the real force behind all our activities and functions is Ramzan Sheikh.

Although he prefers to work behind the scene everyone is fully aware that the focal point of each activity is a radiative factor that emanates from the personality, the zest and the determination of our Vice Chairman Ramzan Sheikh.



Seen [from left] Vice Chairman - Ramzan Sheikh, Chairman Mohamed Adib, Secretary - Shaahid Sheikh, Shehzaad Kashmiri, Zain ul Abidin, Khabbab Farooqui, Riaz ul Haq and Dr. Farooqui

Prophet Muhammad (SAW) and in remembrance and celebrations of the day, we hope that the love for him will be rekindled in their lives."

The Guest Speaker, Dr. Syed Fayyaz Ahmed Nadwi, and

of the Prophet (SAW).

According to Shaahid Sheikh, "this is the first time we have encouraged the youth to participate in a big number so that in time they become good Muslims, important members

## MAULIDI MARKED WITH RELIGIOUS COLOUR AND ANIMATION AT THE NOORAIN MOSQUE

It is that time of the year again when the Muslim world of one billion faithfuls is abuzz with Maulidi festivities marking the birthday of the founder of Islam, Holy Prophet Muhammad (SAW), writes *Mohamed Warsama*.

The 1430 AH (2009 AD) edition of the annual Noorain Mosque Maulidi - the ninth since the mosque was built by tycoon Tahir Sheikh Said aka TSS- took place at the week-end amid a blaze of much religious colour and animation.

It came hard on the heels of the main Mombasa Maulidi at Makadara Grounds on Monday last week, and just six days before the biggest Maulidi of all in Eastern and Central Africa at Lamu, which this year is expected to attract 50,000 devotees.

Youth from various religious schools as far afield as Lushoto, Tanzania, paraded in the zefe procession of the Noorain Maulidi.

They included Madrassatul Shadiriin of Lushoto, Madrassatul Nur of Bomani in

Msambweni, M. Rasuli of Port Reitz, Brainsworth Group of Schools, Akram Madrassa of Bondeni, Mombasa, Noorain Madrassa, Fauzi M., Imam Shaffi M. of Mtwapa, M. Falah of Tiwi, M. Iman of Tiwi, Quratul Ayni of Kisauni, M. Nassir of Kisauni, M. Swalihina of Kisauni, Markazul Haddad of Watamu and Ikhlass Elders Group from Msambweni.

Also on hand were a group of Egyptian tutors from Azhar Islamic University, one of the most respected centres of Islamic teaching in the world, plus a local representative from Qadiriya sect who defended the practice of Dhikr in Islamic forms of cultism, saying it was not a bid'aa (innovation) in Islam.

All school groups were given sets of Quran and boxes of chalks.

The Noorain Maulidi began at 10.00 a.m. and stopped for lunch, resuming in the late afternoon.

Participants were also served halwa (Turkish delight), cakes, biscuits and orange juices.

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SEMINAR IN NAIROBI, KENYA

DATE: 25 March 2009  
TIME: 2 p.m to 5 p.m  
VENUE: Arieland Palace Hotel  
Junction 5th Mile  
Konaki Ngrai St,  
Nairobi, Kenya

For more information, contact:

**IN MOMBASA**

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## APPRECIATION



**LATE THEODOLINA FERNANDES**

The family of the late **THEODOLINA FERNANDES** take this opportunity to express our gratitude to all our relatives and friends for their presence, prayers, phone calls and messages of condolences, following the demise of our beloved mother on 21st February, 2009, in Mombasa

Special thanks to Fr. Jim Peters, Mother Anna and all the nuns at the Little Sisters of the Poor, Dr. J. Pinto for caring for mum, and the entire Goan Community.

Loving remembered by her children and grandchildren.

May the Almighty God rest her soul in eternal peace. Amen.

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Its all smiles for Bandari Swimmers when after being declared as overall champions in the CSC Sprints and Relays held over the weekend. The team collected a record breaking number of medals totalling to 61 which included 31 Gold, 20 Silver and 10 bronze medals.



Imperial Bank's Finance Department Assistant Manager Robinson Boreh, signs a cheque which was donated by Imperial Bank staff members who forfeited their meals to raise funds for the famine stricken Kenyans. The cheque was presented to Red Cross Society's Emergency Accounts Manager Arthur Omollo. Looking on is Senior Officer, Treasury Amandeep Lotay.



PHOTO: ABDULFAHMAN SHERIFF

Ahmed Salim [left] of Mombasa Sports Club and Gaffer Youth soccer club's Said Ngale tackle the other for the ball during a friendly match played at Mombasa Sports Club ground on Sunday. Mombasa Sports Club emerged winners by 11-1.



PHOTO: GILBERT ONCHOKO

### March Mug Winner

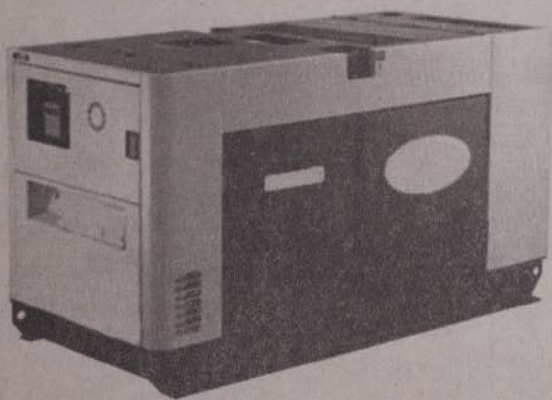
Musa Odada [left], A-Division winner during the March Mug played at Mombasa Golf Club, receives a Mug from Steve Davidson. Looking on [centre] is the Mombasa Golf Club Captain Eric Nyongesa.



Inner wheel club of Mombasa donated a wheel chair to Mrs. Zena Khamis Mwitani on Saturday 14th March. She is a resident of Magango Wayani and suffers from lower body paralysis. Seen Inner Wheel Poonam Thapa, family members of Mrs. Zena, Inner Wheel President Sapna Sasan, Inner Wheel Mumtaz Pasta and a volunteers.

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Famous ED'S TRIO - the talented band at the Mvita Grill in Mombasa's Nyali Beach Hotel: bass guitarist Raymond Juma (left) seen with drummer Eliud Jorjo and pianist Ed Silveira.

## 'Ed's Trio' Is The Most Entertaining And Exciting Band In Kenya Today

**ED'S TRIO, the band at the Mvita Grill in Nyali Beach Hotel, must rank as one of the most entertaining, listen-able and exciting bands in Kenya today.**

Ed Silveira - bandleader, arranger, composer and school teacher - attributes this to a combination of being rhythmic, melodic, harmonic, and innovative too so that the tune has something of one's own individuality and interpretation. Performing in a grill-room atmosphere this is vital as it adds 'newness' or 'freshness' every time a tune is played.

Ed also believes the jazz element in their music - tinted rather than heavy - is one of the reasons why he is still in the business!

Music is a 'passion' with Ed, and why not: his late father was an accomplished and studied classical violinist, the founder and conductor of one of Kenya's first classical orchestras in the early 1940s; his late mother was a talented classical pianist and piano teacher.

So it was only natural with such fine musical pedigree that Ed has music running in his veins.

In his teens, Edmund achieved honours in all his piano exams of the Trinity College of Music, London and as a school teacher was awarded a British Commonwealth Music Scholarship.

While at the Dartington College Of Music, Devon, England, he formed a jazz trio and his Friday nights "Jazz in the Cellar" at the college became a very popular venue for jazz enthusiasts all around.

The trio also performed at the Dartington College Jazz Festival in 1966.

In 1970 he quit teaching, and joined the then prestigious Oceanic Hotel as resident pianist.

For the next four years it was the African Safari Club with his band comprising of the great and late Joe Nazareth (drums), Ahmed Jonjo (double bass) and Mapapa Jnr. (congas and limbo dancer).

The band also performed yearly in Switzerland.

In the mid-60s one of his free-lance bands included a talented and exciting tenor sax player called Joe Ngala (the now famous, Mr Bango).

The band was invited to perform all over Kenya.

Ed and Joe are jazz musicians at heart and recently they teamed up again with a view of performing at an international jazz festival to be held in the country in the near future.

In 1975 Ed joined the Nyali Beach Hotel and is still there performing with his trio.

On drums is the talented Eliud Jorjo.

An accomplished drummer, rhythmic and

versatile, he 'swings' like the best of them.

His exciting drum solo on the jazz original hit 'Take 5' is a show-stopper!

Very popular with the guests is his fine vocal imitation of the great Satchmo.

Jorjo has performed with *The Hodji Boys*, *Gloriana Africana*, and *The Blackjacks*, who initially were an Italian band and Jorjo performed with them in Athens and Djibouti.

When later they became entirely local he co-lead the *Blackjacks* and they performed at the *International Casino* and the *Intercontinental Hotels* in Nairobi and Mombasa.

Raymond Juma, the trio's bass guitarist and newest member of the band, has blended well in the new setup and adds to the band's performance with his inimitable style.

An experienced musician, he has performed with the *Spartans* and *Take 5*.

In their teens Ed's children performed with *Ed's Trio* and *Joe Ngala* in 1995 in a Charity Jazz Concert in aid of the Ziwani School for the Deaf, with Mark on synthesiser, and Michelle (who stole the show!) on vocals.

Both achieved distinctions in all their classical piano exams of the Royal Schools of Music, London, and Mark has that rare phenomenon of 'perfect pitch', accredited to such greats as Nat King Cole.

Both went to English universities and are now in London: Mark is a Corporate Lawyer, and Michelle is a Consultant Pharmacist.

Ed's wife, Hasu, is the Senior Bank Manager of Prime Bank, and a very successful one too.

Ed's brother Ernest, a UK qualified Electrical Engineer, is also a fine musician, a jazz pianist/bass guitarist, but being the Designs In-charge at Bamburi Portland Cement gives him little or no time to music.

In 1996 Ed was sponsored to perform in Zurich, Switzerland, with the great James Woode (ex-Duke Ellington bassist).

**Some of the great jazz legends with whom Jimmy worked with reads like a 'Who's Who' in the world of Jazz - Miles Davis, Charlie Parker, Billie Holiday, Ella Fitzgerald, Sarah Vaughan, Louis Armstrong, Dizzy Gillespie, Lionel Hampton and the great Duke Ellington!**

It was indeed the music highlight of Ed's life.

In 1999 Ed's trio was asked to perform at *Lady Grieg's* - the well-known *Stagecoach* owner - millennium celebrations at her castle in Scotland, but because it clashed with worldwide celebrations of the millennium the hotel could not release them.

Some years ago an article on Kenya tourism appeared in a well-read English newspaper, which said that 'everybody loves the band at the Mvita Grill so much that they never want to see them go!'

So far their wishes have been granted!



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# Friedensschiff besucht Mombasa

ANFANGS FEBRUAR war das Luxuspassagierschiff "Mona Lisa", das sich auf einer dreimonatigen Kreuzfahrt durch den Indischen Ozean befindet, auf Besuch im Kilindini Hafen von Mombasa.

"Mona Lisa", gechartert von der Peace Boat Organisation, hat rund 800 Passagiere und eine Mannschaft von 400 an Bord.

Sie legte in Mombasa an im Rahmen ihrer "64th Global Voyage for Peace", die am 15. Januar 2009 begann und während ihrer Kreuzfahrt 18 Häfen in 16 Ländern besucht.

"Mona Lisa" ist in den Bahamas registriert, hat 28.891 BRT, einen Tiefgang von 9m und eine Länge von 200 m.

Sie hieß ursprünglich "Kungsholm" und war für die Strecke Gothenburg-New York

vorgesehen. Sie wurde in Clydebank, Schottland, gebaut und 1965 vom Stapel gelassen.

"Mona Lisa" hat eine interessante Karriere hinter sich als transatlantischer Fernfahrer, wurde aber auch für Hochfrequenz-Kreuzfahrten im Mittelmeer eingesetzt.

1978 wurde sie neu eingerichtet und erhielt zusätzliche Kabinen.

Dann wurde das Schiff von P&O Cruises gekauft und in "Victoria" umgetauft.

Sie war während vielen Jahren im Einsatz mit der P&O Flotte, wurde 2002 in "Mona Lisa" umbenannt und diente vor allem dem großen deutschen Urlaubsmarkt.

Seit November 2008 hat Peace Boat "Mona Lisa" gechartert.

Während jeder Reise

organisiert Peace Boat an Bord mit der Beteiligung von rund 50 Gastreferenten aus aller Welt eine ganze Reihe von Bildungsaktivitäten, Vorträge, Workshops über Friedensstiftung, Sprachkurse und kulturelle Programme.

Das Schiff offeriert auch Bereiche zum Ausruhen, ferner ein Sportsdeck, Gymnastikhalle, Bibliothek, Kino, Swimmingpool, japanisches Bad, Coffee Shops, Bars und ein Sonnendeck.

Ein Sprecher von Peace Boat erklärt:

Das Schiff als neutraler Ort ohne Grenzen ist ein schwimmendes Friedensdorf, das ein Gefühl der Gemeinschaft hervorruft und direkten Dialog fördert zwischen den Passagieren an Bord und den Leuten in den Häfen, die wir anlaufen.

Unsere Programme an Bord

und in den Häfen enthalten die Hauptaspekte der Peace Boat Aktivitäten - Frieden, Menschenrechte, Respekt und Umweltverträglichkeit - und versuchen, Reisen als Mittel für Frieden und gegenseitiges Verständnis einzusetzen.

Während der gesamten 64. Kreuzfahrt führt Peace Boat in allen Häfen Aktivitäten mit einem Aufruf für Frieden durch.

Als "Mona Lisa" am 4. Februar 2009 um 7 Uhr früh im Hafen von Mombasa ankam, flatterte ein riesiges Spruchband vom Schiff mit der Botschaft "Stop the Killing in Gaza - Listen to the Voice of the World."

Während 25 Jahren, die 64. Reise mit eingeschlossen, hat Peace Boat mehr als hundert Häfen in achtzig Ländern besucht.



"MONA LISA" IN MOMBASA - das Luxuspassagierschiff von Peace Boat befindet sich gegenwärtig auf einer dreimonatigen Kreuzfahrt durch den Indischen Ozean. WIKIPEDIA PHOTO - COURTESY: KALLE ID

## Lions Club organisiert freie rekonstruktive Operationen in Malindi

DER LIONS Club of Malindi Bahari organisierte vom 12. bis 15. Februar 2009 im Malindi Distrikt Hospital ein freies Mega Camp für rekonstruktive und allgemeine Operationen, Augen- und Hautkrankheiten.

Es ist die Hauptaktivität des Lions Clubs und ein jährliches Event, das leider im vergangenen Jahr nicht durchgeführt werden konnte wegen den politischen Wirren Anfangs 2008.

Mehr als 700 Patienten wurden untersucht und hundert operiert.

Dr. Anil Tibrewala, ein bekannter Plastic and Reconstructive Surgeon, war von Mumbai eigens für dieses Camp nach Kenia geflogen, um Operationen vorzunehmen und armen, bedürftigen Patienten in unserer Gesellschaft zu helfen.

30 Patienten mit Hasenschichten, Gaumenspalten, Brandwunden und entstehenden Narben sowie mit angeborenen Verunstaltungen wurden von ihm behandelt.

Dr. Yusuf Palkhi, Facharzt für laparoskopische und

allgemeine Chirurgie im Mombasa Hospital, assistierte Dr. Tibrewala.

Dr. Palkhi nahm 32 allgemeinen Operationen vor und übernahm gleichzeitig einige rekonstruktive Eingriffe.

Wie immer war Veteran Lion Dr. Neville Mnjalla, Facharzt für Ophthalmologie, verantwortlich für Augenoperationen.

Zusammen mit seinem Team wurden die Patienten untersucht und 40 Kataraktoperationen vorgenommen.

Lion Dr. Ajay Patel, Facharzt für Hautkrankheiten, nahm sich der 100 Patienten mit Hautproblemen an.

### Dr. MADHU PATEL

Alle Narkosen wurden vom Convener des Camps Lion Dr. Madhu Patel, Dr. Subhash Shah, Aggrey Marami und Imtiaz Ganwalla verabreicht und andere Mitglieder des Lions Clubs assistierten den Chirurgen.

Das Camp war absolut frei für die Patienten.

Die Präsidentin des Lions Clubs Tasneem Dar hatte deshalb alle Patienten aufgefordert, sich zu melden und von dem Camp und den freien medizinischen Diensten zu profitieren, die vom Lions Club zur Verfügung gestellt wurden.

Der Lions Club dankt vor allem Mabati Rolling Mills,

dem wichtigsten Sponsor, auch Ms Saroj Sabharwal für ihre Mitarbeit, die dafür sorgte, dass das Camp ein Erfolg war. Eine große Hilfe war auch

das Personal und Dr. Buni vom Malindi District Hospital, deren Mitarbeit und Kooperation vom Lions Club sehr geschätzt wurde.

## SÄUBERUNGSAKTION IM TUDOR CREEK

DER ALLJÄHRLICHE "World Water Day" der Vereinten Nationen wurde am Samstag morgen, 22. Februar 2009, gefeiert.

Kenya Water Sports Trust Managing Trustee Seif Patwa erklärt:

"Zur Feier des UN Wasser-Umwelttages hatten wir ein massives Projekt zusammen mit anderen gleichgesinnten Organisationen und Privatpersonen geplant zur Säuberung des Wassers im Tudor Creek, um diesen natürlichen von den Gezeiten abhängigen Meeresarm von der durch Menschenhand geschaffenen Verschmutzung zu bewahren, die auch auf die nahen Strände übergreift, eine Gefahr für die Lebewesen im Meer darstellt und ihren Lebensraum zerstört."

"Dieser Creek gehört zu den einzigartigen Naturschätzen mit überlieferten historischen und kulturellen Sehenswürdigkeiten und fördert den Wassersport und den Tourismus in Kenia."

"Die Reinigungsaktion wird am Vormittag durchgeführt vor der Water Sports Marina, vor dem alten Dhauhafen sowie an anderen Orten entlang dem Creek."

"Es werden meistens mindestens 15 Tonnen Abfälle entfernt von rund 1500 Freiwilligen, die uns ihre Zeit und Arbeit zur Verfügung stellen."

"Mit dieser Reinigung versuchen wir auch, die Aufmerksamkeit der Bevölkerung auf die Umwelt zu lenken entlang des wunderschönen Küstenstreifens, der jedes Jahr viele Touristen anlockt."

"Wir fördern damit auch den Wassersport und Kulturtourismus, gemeinsam mit der Altstadt von Mombasa."

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Now New Sudoku every week!  
One draw every 2 weeks for both together

2								8
8			9	4	7			1
	6							4
		8	7		4	3		
6				3				9
		7	6		1	5		
	8							2
1			4	8	9			3
4								7

SUDOKU NO. 136

NAME.....  
ADDRESS.....

#### What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

#### What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

#### SOLUTION TO 'PRIZE SUDOKU' NO. 133

2	8	1	3	9	7	6	5	4
4	7	3	8	5	6	2	1	9
9	6	5	1	2	4	7	8	3
1	5	2	7	6	9	4	3	8
8	4	6	5	3	1	9	7	2
7	3	9	2	4	8	5	6	1
3	1	4	6	7	2	8	9	5
6	9	8	4	1	5	3	2	7
5	2	7	9	8	3	1	4	6

WINNER OF 'PRIZE SUDOKU' NO. 133  
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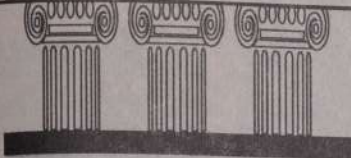
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# Dolphin Club Swimmers Haul 30 Medals

The dolphins' swimmers enjoyed immense success at the Coast swim club Nyali's Coast Sprints and Relays Swimming Championships held over the weekend of 14th March 2009, at Oshwal Academy swimming pool in Nyali.

The team comprising of swimmers from the age of 4 years to 14 years made a haul of 30 medals, 18 gold 3 silver and 9 bronze to emerge 2<sup>nd</sup> overall out of 11 schools and clubs.

The remarkable individual performance by the dolphins was as follows...

On form reigning Kenya junior champion, 9 year old Ambaar K. Michaelo swam remarkably well following her last weekends 13 gold medal success, did even better this time around by doing better times. The unstoppable Ambaar, went on to win 5 gold medals.

Matching her team mate's medal haul was Khyati M. Shah 12 years old the current best swimmer 12 to 13 years girls went on to improve all her personal best time to win all 5 gold medals in a very spectacular manner.

The other Kenya junior champion 10 year old Salman A. Hasham coming to his superb form, was having a great swim day as he won 4 gold and 1 silver medal towards making better times in all his events.

Team leader and captain 14 years old Nelsha A. Hasham swam well and made her own tally of medals winning 4 gold medals and 1 silver medal facing off stiff competition from her team



Back row seated [from left] Kauthar Mahmoud, Aldema S. Michaelo, Nelsha A. Hasham, Ambaar K. Michaelo, Khyati M. Shah. Middle row seated [from left] Abdulkhaleem Mabisi, Irshan R. Esmail, Harsh M. Shah, Azfar R. Esmail. Front row seated [from left] Rahil Bhagani, Swabri Ahmed and Khaleel Makari. Missing from photo Ilyan Somani.

mate 13 years old Aldema S. Michaelo as she went on to remarkably improve her times, winning 4 bronze medals.

The most noticeable improvement came from 8 year old Harsh M. Shah as he fought all odds and won himself a few visits onto the podium to proudly collect his 2 silver medals and 1

bronze and another bronze won in the 8 and under medley relay, much joy to his Mum and his Coach after a lot of hard work towards this success.

Another marvelous performance came from Irshan R. Esmail as he rightfully won 1 silver and 2 bronze medal in very tight events involving some of the fastest swimmers from the province but against all odds he stood on the podium.

Other promising performances were from Azfar R. Esmail as he worked so hard to finish top 5 in all his events but more will be seen from him in the coming events.

Similar sentiments were shared by the two Kizito brothers, Khaleel Makari and Abdulkhaleem Mabisi, as they swam well improving their times and showing great swimming skills.

The pride of the dolphins swim club the young ones were not left out as they too made a mark in the event as they won bronze medal in the 8 and under medley relay event, the swimmers: -

Rahil Bhagani 6 years, Abdulkhaleem Mabisi 7 years, Harsh M. Shah 8 years, Irshan R. Esmail 8 years swam well to claim the podium.

Last but not by list the highlight of the event was the new swimmers from the dolphins swim club 4 years old Swabri Ahmed and Ilyan Somani 6 years old swimming in only their 2<sup>nd</sup> competition and showing great potential as he swam all his strokes perfectly as per the required standards.

Ilyan having won a bronze medal in last weekends event went on to improve his time as well. Not to forget Kauthar Mahmoud 10 years old who has just joined the club swam well in her first ever race and did not disappoint but promises to come out better next time.

All the swimmers from dolphins

swim club were very happy with their performances regardless of the medal haul, laments Coach Mohamed, that's its very important that his swimmers enjoy what they do, then the winning only crowns that joy and this will give his swimmers a long and fruitful life in the sport of swimming.

Coach Mohamed who is now preparing Ambaar to travel to Cape Town, South Africa for the 28- 30 March level-1 swimming championships to represent CASA, says that the standard of swimming is growing fast and this means more hard work for all parties involved:- Parents, Coaches and the mostly the Swimmer to keep up.

As the club prepares for the Kenya juniors swimming championships coming May hoping to break more National meet records, Coach MO' as known to his swimmers is happy that the schools will close giving the swimmers more time to concentrate and improve in very important areas.

## Nyali Primary Shine At The CASA Junior

During the C.A.S.A. junior 9 years and under swimming championship held at the Oshwal Academy swimming pool on Saturday 7th and Sunday 8th March, of particular note were the performances of Justine Awour 6 years old and Nobby Abuya 8 years old, who attend Nyali Primary School and are members of the Nyali Swim Club, who each won 5 gold medals.

They are coached by Mr. Malik. Interestingly, they are both members of the same family.

## Chairman's Committee Golf



Mathew Wahome, Junior Winner during Chairman's Committee Competition, receives a prize from Mombasa Gold and Country Club Trustee Musa Odada.

## COAST BRIDGE with C.P. SHAH

In the following hand Declarer made a thin Six Heart slam, overcoming plenty of pitfalls.

DEALER: SOUTH NEITHER SIDE VULNERABLE BIDDING:

NORTH	EAST	SOUTH	WEST
PASS	ONE CLUB (1)	ONE 'NO' TRUMP	PASS
TWO CLUBS (2)	PASS	TWO SPADES (3)	PASS
FOUR SPADES	END		

1. Pre-emptive, 2. Take Out - Promising Hearts, 3. Showing a Slamy Hand with Diamond Control Agreeing Hearts.

West did well to stay off the Ace of Diamonds, expecting Dummy to be void on the bidding.

Declarer won the Eight of Clubs lead with Dummy's Ace, and led a low Trump.

East won with his singleton Ace and led a Second Club. Declarer won with Dummy's

NORTH			
K	J	4	3
K	4		
J	9	6	5
6	2		

WEST			
Q	10	9	
Q	7	6	5
4			
10	9	5	3

EAST			
A	6		
10	9	8	2
K	8	7	2
A	8	7	

Queen then cashed the Ace-King of Spades and ruffed a Spade, seeing East discard.

At trick Seven, Declarer made the key play of leading a low Trump and successfully finessing Dummy's Ten.

He ruffed the Fourth Spade with the Queen, ruffed a Diamond, cash the King of Trumps felling West's Knave, then lead over to his King of Clubs (observing the 3-3 split) and cashed the promoted Nine Twelve tricks and slam made.

SOUTH			
8	7	5	2
A	J		
A	Q	10	
K	Q	J	4

## BRIDGE RESULTS

Result of the duplicate Bridge played at Mombasa Sports Club on Wednesday, 11th March, 2009.

Mr. and Mrs. Mahendra 105 (Points); K. P. Shah and C. P. Shah 85; Dr. J. D. Shah and A. M. Shah 74; A. D. Shah and L. P. Gudka 72; Mr. and Mrs. Narendra 66; Mr. and Mrs. D. D. Shah 66; Mrs. Vibha and Mrs. Hema 65; Mr. and Mrs. Panu Savla 60; Mr. and Mrs. Janakbhai 55.

## FANTASTIC PERFORMANCE BY OSHWAL ACADEMY IN NAIROBI

The Academy was represented by 10 swimmers 5 girls and 5 boys, in the National Age Group and Open swimming Championships held in Nairobi on 27<sup>th</sup> to 1<sup>st</sup> March 2009 and won 38 medals.

At the request of the organizers (K.S.F) the team also displayed a 5 min synchronized swimming event which was appreciated by the organizers as well as the participants.

High flyers: Alimohamed Juma won 2 bronze, Wallace Fernandes won 1 bronze

and 1 silver, Harshil A. Shah won 2 bronze and 1 silver, Hemali Chhaya won 2 bronze and 2 silver, Priyanka Rathod won 2 bronze and 2 silver, Khyati M. Shah won 2 bronze and 2 silver, Falguni Chhaya won 3 bronze and 2 silver, Mbarak Chitta won 3 bronze and 2 silver, Raj R. Shah won 2 bronze, 2 silver and 6 gold.

He also won the Best Boy Trophy in the Open boys category.

Congratulations to the team and Raj Shah for such a fantastic performance.

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EXCLUSIVE - GREG NORMANS' GOLF LESSONS -

**BRIDGE RESULTS**

Results of Duplicate Bridge played on Monday 16th March 2009 at United Sports Club.

- 1. A. D. Shah : C. D. Shah 148,
- 2. Janak Babla : Neemaben Babla 136, 3. P. Gandhi : Dr. J. D. Shah 135, 4. D. D. Shah : Kanchan 131, 5. Narendra Shah : Taru Shah 123, 6. Mahendra Shah : Koki Shah 120, 7. Ketan S. Shah : Meghji Shah 119, 8. Rasik Shah : Manju Shah 118, 8. Ramnik Shah : Amubhai Shah 118, 10. P. Savla : Jyotsna Savla 113, 11. Rohit Shah : Rohit Chandaria 109, 12. Vibha Shah : Rasila Shah 105, 13. Harilal Malde : Kirit Shah 85.

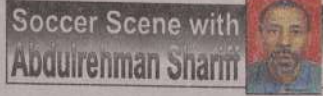
# MSC Thoroughly Defeat Gaffer U-15 Team

Gaffer Youth Football Club's Under-15 soccer team from Maungu started their first ever friendly match bowing down 1-11 to Mombasa Sports Club (MSC) Under-17 team during a friendly soccer match played last Sunday.

Gaffer team suffered the humiliating defeat because they were playing the match with boots for the first time as they used to playing barefooted.

The Gaffer players were also playing for the first time in a green playing field for they are

used to play in semi-arid area where the fields are covered with thorns and sand.



Soccer Scene with Abdurrehman Shami

Said Abubakar, Yunus Mohamed, Ibrahim Swaleh and Faki Nassir scored two a double each for MSC who were playing before their home ground.

Other goals for the winners were netted by Khalid Amir Balala, Mahad Khamis and Swaleh Islam.

The consolation goal fro Gaffer was scored by Said Juma in the second half.

The team is trained under Mohammed Abubakar who said his players have been playing barefooted and in sandy playing grounds but from now on they will be learning to play with boots and in standard grounds.

Abubakar said the team is sponsored by Goals and Footballs for East Africa Region (GAFFER) and that they are intending to make series of trips throughout the country for the players to get exposure.

"We will start to visit Nairobi in April and later in all other big towns in Coast province and up-country before we set our foot to Spain in December," he said.

Abubakar said they have received a set of uniform from the Spain premier league club, Real Madrid through Inaki Liaguno.

They have also received 300 footballs from Alive and Kicking of Nairobi.

He thanked Bob Dodson of Wildlife Works for accommodating the team guests from abroad

in Kasigau who are coming to see the progress of the team consisting of 16 players of 15 years and under.

The club was formed in 2005 by Ben Omasbottom from United Kingdom, aiming to help the young people in the community not to indulge in drug taking and HIV awareness.

## Nation Wide Division

Meanwhile, Annex 07 FC of Mombasa put up a good show to record a fine 2-0 win over the visiting Makarios III from Nairobi during a Nationwide Division One league match at Prisons Annex ground.

Annex 07 led 1-0 at half time through a 35th minute goal by Ali Akida.

Timothy Safari added the second in the 57th minute.

Last two weeks, Annex team traveled to up-country where they defeated Mwimuka FC of Kerugoya before settling to a 2-2 draw with Nanyuki United.

Magongo Rangers were held to a 1-1 draw by Homegrown during another Nationwide Division One league clash at Refinery ground.

Magongo took the lead in the eighth minute through Bernard Alusa but David Kiguta leveled for Homegrown in the 16th minute.

Tomorrow, Annex 07 will be at Kimbo ground in Nairobi to play Githurai FC.

The Mombasa team will then clash with Blue Triangle at Athi River ground.

## Formidable Combination Of Heavy Winds With Strong Incoming Tide

Last week I said I would tell you about you more about the handicapping system used in sailing.

The Portsmouth Yardstick (PY) or Portsmouth handicap scheme is a system of handicapping used in yacht racing.

The Portsmouth numbers are administered in the UK by the Royal Yachting Association, based on annual input from a large number of affiliated sailing clubs.

In the United States it is administered by the Portsmouth Numbers Committee, using similar methods.

While the two systems are similar, the US version uses handicap numbers scaled to 100, while the UK scale changed to a scaling of 1000 in the 1990s.

The Portsmouth Yardstick is used mainly for dinghy racing.

Larger sailboats are more likely to use the Performance Handicap Racing Fleet handicapping system in the USA and Canada, or the IRC handicapping system in Europe, Australia and New Zealand.

Each class of boat is assigned a "PY number", with fast boats having low numbers and slow ones high numbers - so, for example, in the case of two dinghies we sail in Mombasa Yacht Club a Laser has a UK PY of 1078 while a Bosun has a PY of 1234 (these are the actual PY numbers for 2008, but note that adjustments are made each year).

The handicap is applied to the time taken to sail any course, and the corrected time can be used to compare widely different sailboats on even terms.

PY numbers are continually updated with empirical data from race results worldwide.

Now onto the racing results for the second half of February.

Chris Soper beat Brian Emmott into first place to win the Monthly Mug, but Brian got his revenge a week later in the Tudor Cup, but that is a story for our March newsletter.

The only other race in February was the Ray Kester Memorial Trophy, presented by Ray Kester, a pillar of the Yacht Club and the local community who spent his life working in shipping and finance in Mombasa, he died after a long and memorable

life a few years ago.

His love was sailing in his splendid "Lightning", a quite large and spectacular racing yacht which I remember well as I had the privilege of crewing for him on many occasions as a boy.

A formidable disciplinarian, he dictated that we race to the Turning Buoys outside the Harbour about one mile out to sea in front of Mombasa Island for his trophy, regardless of the weather.

Well, this particular day was one of heavy winds combined with a strong incoming tide, which is a formidable combination when trying to beat our of



Racing dinghy's waiting to sail at Mombasa Yacht Club.

the Harbour against the wind, so eventually the two Bosun's and the 420 threw in the towel and retired due to the heavy wind and seas, while the 3 Lasers struggled on to complete the course.

Youth triumphed and our Commodore Michael Smewing had a well deserved win over his very tired "seniors" (dare we call them that...!?)

Chris Soper and Brian Emmott, who followed in 2<sup>nd</sup> and 3<sup>rd</sup> positions respectively.

Incidentally Michael is now the proud owner of Ray Kesters old Lightning, which he is slowly restoring to its original condition, so we look forward to seeing her sailing again one day.

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## SUPER STRIKER MAJID @ HOLLYWOOD BOWL

Super Striker Majid Baloch, who last week was in the fourth position with 201 points, managed to oust Habib Maks from the first position this week.

Majid scored five strikes (X) in a row known in bowling terms as **FIVE JUGGLER** that earned him 236 points capturing the most coveted title in the mens category.

Habib Maks slid to the second position with 229 points.

Mr. Noor of Al-Malik Brothers Motors made a tremendous come back this week and captured the fourth position with 213 points.

Mr. Noor ousted Paresh Morjaria from the fourth position.

Paresh Morjaria is currently in the sixth position with 202 points.

Tiesto and J.J are tying in the fifth position with 205 points.

In the Ladies category, a new entrant, Amish scored 135 points this week and captured the first slot.

Amish displaced Nyawira, who last week was holding the top position, to the second position.

In the under 15 years, Mark Kohler made it to the top position this week by scoring 130 points. Mark is currently leading in this category.

On Saturday afternoon, it was

pomp and color as Adee Deen celebrated his birthday at the Hollywood Bowl.

Master Adee was turning eight years old on 14<sup>th</sup> March. He is a student at Oshwal Academy in Year 2.

In the company of family and friends, they had a wonderful afternoon bowling and enjoyed the delicious snacks and drinks provided. Happy Birthday Adee Deen, and Many Happy Returns of the Day.

Scores @ the close of the week:  
**Men:** Majid Baloch - 236 points, Habib Maks - 229 points, Shiv Morjaria - 221 points, Noor- 213 points, D.J Tiesto - 205 points, J.J - 205 points, Paresh Morjaria - 202 points, Tim McClanahan - 201 points and Nasir Baloch - 197 points. **Ladies:** Amish- 135 points and Nyawira - 101 points. **Under 15 Years:** Mark Kohler - 130 points.

Best Bowlers with the Highest Scores (Overall 300points): **Men:** Habib Maks - 289 points, **Ladies:** Angelika Shiku - 205 points, **Under 15 years:** Shiv Morjaria - 224 points.



The winner of the Kiddie pool tournament held at Hollywood bowl (Nyali Cinemax Complex) - Khush Malde.

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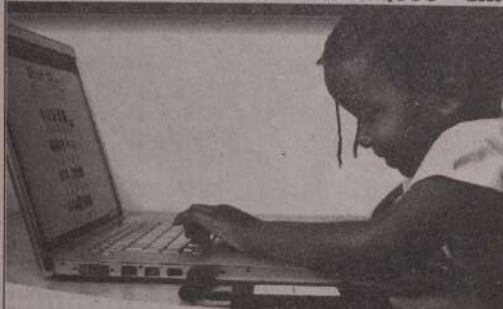
# Coastweek

Issue No. 3212 March 20 - 26, 2009

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## Coast Academy Dominate Water-Polo Boys League

The Coast Academy Open Boys Water-Polo team, made a great start form in the just concluded Inter-School Water-Polo League Championship which took place in the 2nd Term of the Academic Year 2008/2009.

A total of four schools took part in the event - Coast Academy, Mombasa Academy, Aga Khan Academy and Jaffery Academy.

This was the first ever water-polo league to be played and Coast Academy hit the water to win their first game against Aga Khan Academy - 4 goals to 0.

The second game was a hotly contested match against Mombasa Academy, which the Coast team also won 2 goals to 1.

The third game was against Jaffery Academy who unfortunately had to forfeit the game handing the Coast team 3 points, therefore making the Coast Academy team Winners.

The team comprised of (Captain) Avadh Kamdar, Kibis, Kibiru, Fahad Ahmed,



Seen back row, [from right] Swabri Butt, Priyank Ranpura, Yasser Mansur (Coach), Abdalla Said, Nadeem Hamada. Front row [from right] Fahad Ahmed, Raymond Akide, Avadh Kamdar and Stephen Carlos.

Stephen Carlos, Swabri Butt, Nadeem Hamada, Raymond Akide, Abdalla Said, Abdalla Jamal, Kumail Bawa and

Priyank Ranpura. "The boys complemented each other in the water, ensuring a beautiful free flowing game which I am

sure they will be able to maintain," said Coach Yasser Mansur, the school's Swimming Coach.

## Bandari Swim Club Victors Of Coast Sprints And Relay

Bandari Swimming Club commandingly won the Coast Swim Club Sprints and Relays Swimming Championship held over the weekend at Oshwal Nyali.

The team which trains at Mombasa Academy Swimming Pool under Coach Fakhry Mansoor and Mahmoud Soud won a total of 61 medals which included 31 Gold, 20 Silver and 10 bronze medals.

The Bandari Swimming Club full team comprised of Max McCreed, Msaa Mugavana, Saloni Patel, Rushab Shah, Mishaal Lalani, Shenaya Jamal,

Aryen Gor, Khush Shah, Sote Chemgorem, Ayesha Lalani, Juhaina Islam Ali, Swaleh Talib, Gabriel Essenien, Aileen Ram, Reemi Shah, Juliet McCreed, Sakina Mohamed, Darshak Patel, Jack McCreed, Omar Talib, Naim Bayusuf, Njau Njuguna, Danilo Rosafio, Kevin Ram, Lanya Abass, Maria Brunlehner, Hanan Bayusuf, Armaan Jamal, Matteo Rosafio, Immanuel Okafor, Hamdan Bayusuf, Mahmoud Soud, Mbarak Chitta, Sylvia Brunlehner, Suhail Baradia, Housam Al Maawy, Deeyn Shah

and Mohamed Zubeir.

"This term we've had some huge success in swimming and I would like to commend my swimmers for the hard work they put in training" commented Coach Mansoor.

The team had under gone a serious program which covered eight swimming sessions in a week in the early morning and in the afternoon, dry land training under Coach Mahsen Nyangau which included light weight gym, running, stretching and flexibility training. Added Coach Mansoor.

This term Bandari have managed to break a total of 15 Kenya records through Sylvia Brunlehner, winning a total of almost 200 individual medals and 8 awards.

"Congratulations to all the swimmers and all the parents who have been waking up early in the morning when it's still dark to bring their children to train" Commented Coach Fakhry.

The team is now on its last week of the recovery phase before going to the second phase of training.

We are hoping to break more records next term both in short and long course.

Special Report by Correspondent

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### KENYA TIDE TABLES

MOMBASA, March 20 - 26, 2009

**FRIDAY** High Water - 1.9 m. at 11.45 hrs. (11.45 a.m.). Low Water - 1.6 m. at 05.27 hrs. (5.27 a.m.) and 1.7 m. at 16.30 hrs. (4.30 p.m.).  
**SATURDAY** High Water - 2.4 m. at 00.10 hrs. (12.10 a.m.) and 2.2 m. at 13.50 hrs. (1.50 p.m.). Low Water - 1.4 m. at 07.24 hrs. (7.24 a.m.) and 1.6 m. at 19.19 hrs. (7.19 p.m.).  
**SUNDAY** High Water - 2.6 m. at 01.46 hrs. (1.46 a.m.) and 2.5 m. at 14.33 hrs. (2.33 p.m.). Low Water - 1.2 m. at 08.17 hrs. (8.17 a.m.) and 1.3 m. at 20.17 hrs. (8.17 p.m.).  
**MONDAY** High Water - 2.8 m. at 02.33 hrs. (2.33 a.m.) and 2.8 m. at 15.05 hrs. (3.05 p.m.). Low Water - 0.9 m. at 08.50 hrs. (8.50 a.m.) and 1.0 m. at 20.55 hrs. (8.55 p.m.).  
**TUESDAY** High Water - 3.1 m. at 03.07 hrs. (3.07 a.m.) and 3.1 m. at 15.34 hrs. (3.34 p.m.). Low Water - 0.7 m. at 09.19 hrs. (9.19 a.m.) and 0.8 m. at 21.26 hrs. (9.26 p.m.).  
**WEDNESDAY** High Water - 3.3 m. at 03.39 hrs. (3.39 a.m.) and 3.4 m. at 16.01 hrs. (4.01 p.m.). Low Water - 0.5 m. at 09.46 hrs. (9.46 a.m.) and 0.5 m. at 21.57 hrs. (9.57 p.m.).  
**THURSDAY** High Water - 3.4 m. at 04.10 hrs. (4.10 a.m.) and 3.6 m. at 16.28 hrs. (4.28 p.m.). Low Water - 0.4 m. at 10.12 hrs. (10.12 a.m.) and 0.4 m. at 22.29 hrs. (10.29 p.m.) **NEW MOON.**

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.