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Coastweek

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PRICE - KENYA THIRTY SHILLINGS

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Kenyan Inflation At 25.1 per cent

NAIROBI, (Xinhua) -- Kenya's annual inflation rose to 25.1 per cent in February from 21.9 per cent in January mainly due to increases in local food prices - such as the cost of maize flour, 'sukuma wiki' and other seasonal food products - the country's statistics bureau confirmed on Monday.

Lady Is A Ref!



A Coast women soccer leader, Asha Pilli Ramadhan addressing participants who attended the 10-day Basic Level Football coaching course and life skills training which ended at PCEA Wogect Centre in Mombasa. Assistant Commissioner of Sports, Jackson Indakwa looks on [left]. Thirty Coast women club coaches who attended the course received certificates, qualifying them to handle soccer teams. PHOTO: ABDULRAHMAN SHERIFF

The bureau said in a statement that month on month inflation, which excludes the food items from the CPI basket decreased from 8.4 per cent to 7.9 per cent last month.

The bureau said food and non alcoholic index, which contributes 50 percent of the Consumer Price Indices basket went up by 6.4 percent from 438.19 to 466.09 points.

"Month-on-month overall inflation rate increased from 21.9 percent in January 2009 to 25.1 per cent in February 2009.

"On the other hand, the month on month underlying inflation rate

by Xinhua correspondent
DANIEL OOKO

which excludes food items from the CPI basket decreased from a revised figure of 8.4 per cent in January to 7.9 per cent in February 2009," it said.

The average price of a two-kilogram packet of maize flour rose from to K. Shs. 78/48 to K. Shs. 92/99 shillings during the period under review.

The cost of living in Kenya has continued spiral despite pledges from the government to contain the situation.

But the government has

CONCLUDED PAGE SEVEN

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PHOTO: GILBERT ONCHOKE



African Junior Championship

Daniel Nduva [right], Junior winner of African Junior Championship 2009 Fundraiser at NGCC, receives a prize from Junior Golf Foundation Convener Coast - Sumali Jayasinghe. The Championship will be held at Leisure Lodge Beach and Golf Resort between 31st - 6th April, 2009.

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MOMBASA, MALINDI, DIANI AND LAMU SHOPPING GUIDE

PLEASE NOTE COASTWEEK NEW TELEPHONE NO'S: MOMBASA 2230125 AND MOMBASA 2230130

Miss Czech 2009 In Mombasa



Twelve finalists from the Miss Czech 2009 Pageant: Beata Bockova, Zina Stovickova, Veronika Zidkova, Nicola Minarikova, Julie Zugarova, Leona Gresakova, Iveta Lutobska, Tereza Simsova, Nikol Smetanova, Klara Rychtarikova, Hana Muckova, Tereza Budkova. The Twelve finalists from the Miss Czech 2009 Pageant were sponsored by ESO Travel, Southern Cross Safaris, Leopard Beach Resort and Spa, Satao Camps and Charlie's Claws Restaurant, Wasini to ten action packed days in Kenya to help boost tourism numbers from the Czech Republic. During their stay in Kenya, the finalists were treated to a 2 day safari at Satao Camp, a day at the Charlie's Claws on Wasini Island, lunch on the Tamarind Dhow and an excursion to the Nguni Wildlife Sanctuary.

KSPCA Organise Diani Dog Show

KSPCA Mombasa is as busy as ever, our work is always on the increase and as such more funds are needed to meet our daily running costs.

In an effort to raise more funds we are organizing a Dog Show in Diani.

Our special thanks go to Pauline Mackenzie who has volunteered to organize the show and will be held at the Leisure Lodge Golf Club.

This is a fun day for everybody and we welcome you all to attend the show while you support this charity at the same time.

As it is said 'a man's best friend is his dog' so bring your

dog along and he will remain your friend forever. The show is scheduled to start at 12pm and the first class entry from 2pm.

The classes to be registered for are: Best puppy, Best pedigree dog, Best veteran, Shaggiest dog, Judges favorite, Waggiest Tail.

And of course the show won't end without the champion, which will be the dog that accumulates most points in all the classes.

There would fabulous prizes to be won by every dog that wins in a class.

There will also be bar food and drinks and various stalls so come along and have a fun day.

The kids are also most well come, there will be various entertainments to keep them busy.

In the past few months, most of you read or heard about our cries for help because of our financial crises and the threat to have to shut down if we don't get help from the public.

There are not enough words to thank all the people who helped us with various donations since this time.

In fact for many years this is the first time that we could cover all our expenses with the income/donations we got during these months.

This happened now from November until January and hopefully it will be the same this month.

Many times we get asked 'where does the money donated go to?'

All the donations and other incomes we are getting are strictly used by the KSPCA Mombasa and are not going to any other branches or the head office.

All the donations received go towards helping the many domestic animals in our shelter, i.e. feeding, treating and to cover all the running costs like fuel, power, maintenance, staff, insurances, campaigns etc.

With all your help, we can go on helping the ones who are in really need of our help, all the dogs and cats can count on us as their voices.

We started the year with a

membership drive and up to now we have more than 50 members, which is the highest figure we ever had.

We have continued receiving new members on a regular basis and we are hoping to reach our target of 100 members in 2009.

Shree Cutch Satsang Swaminaraya Temple

Carries Out Blood Donation Camp

Shree Cutch Satsang Swaminarayan Temple will be celebrating 50 years of establishment in 2010.

To commemorate the anniversary, various service camps for the general community have been organized during the year 2009/2010.

The start to this, was a blood donation camp which was carried out for 3 days i.e. 1st Feb at Shree Cutch Leva Patel Samaj, 7th and 8th Feb at The Patel Samaj.

The camp was held in conjunction with Kenya Blood Transfusion Services and Kenya Red Cross Society. During the three days a total of



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LIFE IS JUST A LAUGH



"You see before you living proof that alcohol kills pain!"

308 pints of blood were collected.

In his letter of appreciation, Dr. Mandalia, The Director of Regional Blood Transfusion Centre Mombasa, partly commented:

"The Regional Blood Transfusion Centre (Mombasa) would like to express our gratitude to the Hindu Community for a very successful blood donation done in response to urgent blood towards the Sachang'wan and Nakumatt fire tragedy victims.

Over 300 units of blood donated will go a long way in saving the people's life...."



Seen [left] are Saints from Shree Swaminarayan Temple, Bhuj in India taking part in this noble cause in Mombasa.

Contemporary Dance

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DIRECTOR SCREWVALA TAKES THE HIGH ROAD IN COMEDY WITH **DHOONDE REH JAUGE** STARRING PARESH RAWAL WITH NEWCOMERS

MAKING A worldwide release at the NYALI CINEMAX this week is the Ronnie Screwvala production **Dhoondte Reh Jaoge**.

Having produced award winning films like **Fashion**, **Jodhaa Akbar**, **Rang De Basanti** and the internationally acclaimed **The Namesake**, Screwvala takes on the high road in comedy.

Dhoondte Reh Jaoge stars none other than the king of comedy (both in theatre and the big screen) Paresh Rawal with newcomers Kunal Khemu, Soha Ali Khan and Sonu Sood.

The plot itself is as hilarious as the film. Anand Pawar and Raj Chopra are two of Mumbai's thousands of opportunists. But as opportunists go, one is bone lazy while the other has to have everything perfect.

Despite their differences, their goal is exactly the same - make as much money in the shortest time possible. They come up with plan - make the worst film possible in order to make money off it (you have to see the film to know the formula). As they set out in the world of Bollywood, their two opposing characters cause a lot of chaos and angst to all those around them. Nevertheless, they go on

A Journey Of Redemption And Unexpected Romance

regardless, but will their plan succeed? The second new film at the NYALI CINEMAX is the romantic drama, **Seven Pounds** which stars award winning actor Will Smith.

With the directors and producers of his hit film, **The Pursuit of Happiness**, Smith plays the role of an IRS agent who is not really an IRS agent.

Confused? Don't worry, watch the film and all will be revealed. Other stars in the film are Dawson, Woody Harrelson, Michael Ealy and Robinne Lee. The **Yes Man** is still nodding his head for everything and anything but it is not long before Jim Carrey finds himself treading the water in the deep end.

Running for it's second week, the film also stars Rhys Darby, Bradley Cooper, Zooley

Deschanel and Sasha Alexander. Yet another week for Michael Sheen, Bill Nighy, Rhona Mitra, Shane Brolly and Kevin Greivou in **Underworld 3: Rise of the Lycans** and the same goes for Angelina Jolie, Amy Ryan and John Malkovich in **Changeling**.

Still haven't seen the Walt Disney production of **Bolt**?

Don't miss it on Sunday afternoon at 2.15p.m.

On the Indian scene, catch the last shows of Abhishek Bachchan, Sonam Kapoor, Rishi Kapoor, Waheeda Rehman and Divya Dutta in **Delhi 6**.

The barber gets top billing in Priyadarshan's **Billu Barber** which stars Shah Rukh Khan, Irfan Khan, Lara Dutta, Kareena Kapoor, Deepika Padukone and Priyanka Chopra.

KENYA CINEMA is screen-

ing **Raaz - 2** from the director of **Zehar**, **Kalyug** and **Woh Lamhe** and starring Emraan Hashmi, Kangana Ranaut and Adhyayan Suman.

The three main actors whirl around each other like a mist on a cold morning.

Prithvi is a quiet artist who seems to get some kind of visions about a young girl whom he does not even know.

These visions are not nice and are warnings of impending accidents and finally death.

He paints out his visions and when he gets the final fatal one decides he must find out this mystery woman and at least warn her.

She is none other than a very successful model, Nandita who is in love with documentary film maker Yash.

Despite her success, Nandita is full of fear and insecurity of something she cannot comprehend.

Prithvi does get to her and explain to her, but now will she and Yash believe this stranger who is telling them such an

KENYA CINEMA



WITH ENGLISH SUBTITLES
**Emraan Hashmi,
Kangana Ranaut
Adhyayan Suman**


Fri.-9.30pm;
Sat.-6.30 & 9.30pm;
Sun.-2.45, 6.30 & 9.15pm;
Mon.-6.30pm only

outlandish story. Then there are also the paintings Prithvi had made of Nandita before he even knew her.

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HOLLYWOOD RELEASES

From the director of the Oscar Nominated **THE PURSUIT OF HAPPINESS**




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BOLLYWOOD RELEASES

From the producer of multi award winners 'Jodhaa Akhbar', 'Fashion' and 'Rang De Basanti' comes the out and out comedy

DHOONDE REH JAUGE

A WORLDWIDE RELEASE ~ With English Subtitles




Kunal Khemu, Paresh Rawal,
Soha Ali Khan, Sonu Sood

Sat.-6pm & 9pm
Sun.-2.30pm; 5.45pm
& 9pm; Mon.-9pm;
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Billu BARBER

With English Subtitles

Bhangra At The Carneval

The Carneval at the Nyali Bridge is repositioning under Romantic hotels management.

Romantic Hotels owns Chale Island, Lamu Paradise, Petleys Inn and Carneval.

A big re-launch party is set for this Saturday 7th March featuring Bhangra and Fresh Hits.

The performances will be done by Djz Sweet Dennis and Faiz formerly of Pirates.

Dj Faiz will present mega selection of Bhangra, Arabic and Fresh Hits while Dj Sweet Dennis will do Dance, House, Commercial and Fresh Hits.

The Djz are promising a wonderful occasion full of fun and Romance.

Dj Sweet Dennis has just returned from Germany where he had been performing in several high tech nightclubs.

He has come back with several new selections which he want to give to Mombasa International

party lovers. The party will be nothing less than groovy with perfect pleasure.

An oriental menu has been planned and a wide mouthwatering foods have been included.

Other facilities at the Carneval include, Seafood Restaurant, Tepanyaki Chinese restaurant, Pizzeria Garden, Sunset Sports pub, Lounge Disco, Shesha Lounge, Nyama Choma Ranch, Conference and events etc.

The Management is boasting of perfect service (We know what our customers need) said Lydia the resident manager we shall give nothing less than perfect.

Weekly programs include: Nabil Sansool on Thursday, Dr. Malik with taarab band on Friday, Bhangra and Fresh Hits, and Tony Remedios on Saturday, Sunday if Family fun day featuring Sweet Waves Band (The Blind people).

All roads lead to Carneval this Saturday so don't be left out.

Jaffery Academy Form 6 Mock Job Interview Day

'Your students are very fortunate', said the top executive from one of the leading law firms in Mombasa.

"You will be ahead of your colleagues even before you step into university.

The audience was made up of some Board members, The Headmistress, Career Teachers and Form 6 six students on 14th February 2009.

The occasion was a review session held in the school library to give feedback and general observations that had been done during the Mock Interview.

Top professionals from Mombasa, highly accomplished men and women in their various professions held Mock - Interviews for Form 6 students who will sit their 'A' level exams next term and leave secondary school for good.

These professionals were:- Mr.



Seen [from left] Nisar Khalfan, Mohamedhusein Khaku, Linton Kinyua, Simon Otieno, Martin Parks, Abdulgani Pasta and Mrs. Mercy Deche.

Abdulgani Pasta - Group Executive Director, Transpares (K) Ltd, Mrs. Mercy Deche - Lawyer - Deche and Nandwa Advocates, Mr. Mohamedhusein Khaku - Managing Director, Habari Insurance Brokers, Mr.

Nisar Khalfan - Finance Director, Tea Brokers East Africa, Mr. Martin Parks - Group Financial Controller, The TAL Group, Mr. Linton Kinyua - Group Finance Director, Oceanfreight (K) Ltd, Mr. Simon Otieno - Principal,

STARCAST GEMINI KILIFI

Aquarius (Jan. 22 - Feb. 21) It's easy for you to blow minds today - your big ideas are just a bit farther out there than most people are comfortable with. The good news is that you're setting the stage for what's to come.

Pisces (Feb. 22 - Mar. 21) Someone seems unwilling to give you the straight talk you're craving, but their ambiguity isn't all that maddening, really. You're comfortable with uncertainty, but pretty soon you're going to demand clarity.

Aries (Mar. 22 - April 21) You need to scratch that itch for travel and discovery - soon! Your restless nature demands something new, though of course you will eventually return to the tried and true before long.

Taurus (April 22 - May 21) Everyone around you seems to be in a big rush today, but you'd rather prop your feet up and relax. There may be some tension until late tonight, when everyone should settle down somewhat.

Gemini (May 22 - June 21) Your coworkers may be waiting for a signal - and you need to give it or take it, if you take the initiative, things should go quite well for you all, so step up and do what you know is right.

Cancer (June 22 - July 21) Your recent bouts with forgetfulness should be over now and you may actually start to retrieve old, useful memories from long ago. It's a great time to indulge in nostalgia with old friends.

Leo (July 22 - Aug. 21) You're feeling that excited restlessness that often comes on Friday - but it's enhanced by your own great personal energy! Even if you're locked in until 5 p.m. or later, you're still having a blast!

Virgo (Aug. 22 - Sept. 21) You're feeling bold today, but try to keep yourself from translating that emotion into anything too provocative. You may feel as if you're defending, but most likely, you're really attacking!

Libra (Sept. 22 - Oct. 21) You may need to compromise with yourself today if you want to get any kind of satisfaction. The best bet is to balance activities so you get some time to yourself as well as plenty of social action!

Scorpio (Oct. 22 - Nov. 21) You've got to attack the current weirdness as methodically as possible. Start from the very beginning and work through every detail - you should see a pattern develop before long.

Sagittarius (Nov. 22 - Dec. 2) Even though other folks have that end-of-the-week restlessness, you're feeling quite productive. In fact, you ought to be able to power through any big projects that need to be finished soon.

Capricorn (Dec. 22 - Jan. 21) You're feeling thankful about your ancestry today, maybe because of a lucky gene, maybe because you're blessed with quality relatives. In any case, it's a good time to remember those who came before.

Aga Khan Academy Mombasa. They gave their time freely to give these young people a head start in the process of job-hunting.

'Remember that the interview is an opportunity to chart freely about yourself, personal goals, career and to ask questions about your prospective employer', one interviewer told the students.

The Interview Day exercise started months ago when the Careers and English Departments had started training them on how to get a job.

It took them through curriculum vitae writing and rewriting, application letter drafting and redrafting, assessment of each student's strengths and weaknesses and finally a critical reexamination of each student's goals in life and Career in particular.

At the end of the session, it was felt that this idea that was originated in Jaffery Academy could be copied by other schools to give students an edge in job search long before they actually need to. This was the Second Mock Interview Day held at the Academy.

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Looking after your interest!

Playwright Kuldip Sondhi - Unsung Guru Amidst The Shores Of Mombasa Theatre

The creator of *Beach Access, Kiosk, Parlour Games, Parlour Storms, GOA Saga, Room Service*, just to mention some of the few ingenious scripts that have been scribbled by one **Kuldip Sondhi**.

To many he is an hotelier. To some he is a member of the Mombasa Municipal Councilors.

Yet to the thespians in Mombasa; he is our unsung playwright. A guru who ever has a story to tell.

A wise man whom we occasionally seek guidance and theatrical wisdom.

His contribution to the Mombasa theatrical fraternity is invaluable

I also believe to the vast intellectual Mombasa audience, he is a social

commentator.

A writer who as Shakespeare, Ibsen, Ray Cooney, Ngugi wa Thiong'o and Francis Imbuga, in these times, take it there social duty to critic the society.

Always reflecting on its actions and what should be done to make it better.

For some of us who have been privileged to work with him, watched his plays or interviewed him, one thing comes out clearly.

Mr. Kuldip likes to write about the society he lives in.

In his ever busy schedule, a spark of theatrical idea means cancellation of all hotel or council affairs.

"True artists and thespians are charged with the passion and commitment to perform to these audiences" says Kuldip in his defense.

Most of us joke that his second 'wife' is drama.

The vast of experience, professionalism and creativity that he has contributed to theatre in Mombasa and Kenya at large, is invaluable.

But how then do you honor

Kenya Will Encourage More Arab Investors

NAIROBI, (Xinhua) - The Kenyan government is set to host an investment conference later this month to woo Arab investors.

Finance Minister Uhuru Kenyatta said the March 16-17 conference which will bring together key leaders from Arab countries will expose participating financial institutions to investment opportunities available in the country.

Kenyatta told journalists in Nairobi that the government would remain open to engage with countries that are willing to work with Kenya on the basis of mutual respect.

"We are planning to hold the third round table conference with Arab development financial institutions to discuss and agree on a three-year investment program," said Kenyatta who is also the deputy premier.

"Kenya has always been ready to do business with those who are ready to do business with us," said Kenyatta after signing a 735 million shillings loan agreement with Kuwait government, through the Kuwait Fund for Arab Economic Development.

The loan agreement is for the upgrading of Wajir District Hospital to a referral hospital to serve North Eastern and Eastern provinces. The loan will be repayable over the next 24 years.

Theatre Notes by KINGFISHER

THE TAMARIND THIS WEEK

Honeymoon Couple



Sylvia and Julius Mwangi [above] decided that there is nothing more romantic on their honeymoon than sailing away together into a golden sunset on board the famous Tamarind Dhow.

They had the time of their lives as they enjoyed the magical moments and had the opportunity to sample the freshest seafood that was prepared on board.

The Tamarind Management and staff wish them a happy life together - *Faiza Ayub*.

For reservations, please call 474 600/1/2 or 0733 411 011



This is to inform you that the **TAMARIND RESTAURANT, MOMBASA** will be closed for dinner only on 11th and 12th March, 2009 for private functions.

THE GOLDEN KEY CASINO and THE TAMARIND DHOW shall however remain OPEN to all our clients

We are sorry for any inconveniences that may arise during that period

The Tamarind Management



On the main Mombasa-Malindi Road opposite Sheikh Khalifa School

Leisure Lodge Golf Club
Sunday 8th March, 2009
From 12.00pm
1st class entry from 2pm

KSPCA



Dog show

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IN LOVING MEMORY



Late Najmuddin B. K. Ramji
Born: 4-9-1953 Died: 7-3-2000

Nine years have gone by since you suddenly departed leaving an irreplaceable loss in our lives. Hardly a day passes without thinking of you and the wonderful times we have had. The sweet memories will never fade.

The gap you left will never be filled - your presence could have changed our lives today.

We will always cherish the memories of your wisdom, love, kindness, pleasant, caring and hardworking nature as our inspiration and strength.

Sadly missed and dearly remembered by your wife, son, daughter, family members and friends.

May Allah rest your soul in eternal peace. Amen.

This is the last week when we complete the deep dive into the tools that are available for effective speed management.

We will look at the engineering treatments as well as the use of technology and employer schemes to influence driving habits.

As far as engineering treatments go, there are a range of measures is available to reduce speed in high-risk locations.

For example, in locations of high pedestrian activity near schools, markets, shopping centres and busy urban precincts, measures such as speed humps, raised pavement sections and road narrowing are often highly cost-effective treatments.

As for speed limiting technology, the use of speed limiters and data recorders for heavy and light vehicles will be examined.

Speed management by employers is an area that holds a lot of promise especially for us in Kenya.

We will briefly address the role of vehicle fleet operators in reinforcing speed compliance by employees.

Let us start with engineering treatments.

There are a large range of engineering treatments that have been shown to be of varying use in speed management.

We will take a broad overview of available treatments.

These include engineering or re-engineering the road to encourage lower speeds, making the road and its environment more forgiving or self-explaining and separation of vulnerable road users from mainstream traffic to reduce potential collisions that could cause injury.

There are a range of physical features that encourage or force drivers to drive more slowly.

These tend to make driving uncomfortable should one drive in excess of the legal or recommended speed.

Examples include the ubiquitous bumps or raised platforms, road narrowing or pinch points, roundabouts, road markings, signs and physical structures that signal to drivers that conditions are changed such that they should slow down.

'Speed Bumps' Seem To Be Preferred Method Of Controlling Speed In Kenya

Fixed speed cameras are also used as traffic calming or traffic slowing devices.

Speed bumps seem to be the preferred method of controlling speed in Kenya.

Every new or refurbished road has been fitted with speed bumps especially where it passes through a town or village or where the road passes by a school or major gathering areas.

Whilst this is great for reducing collisions with pedestrians, the way they are installed has generally led to major accidents and damage to vehicles.

Bumps are generally very badly marked or not at all.

path and therefore slow down to undertake the manoeuvre.

The reduced speeds of travel through an intersection that a roundabout can achieve, together with the non right-angle nature of side-impact crashes because of the geometry of the roundabout, result in reduced crash severity.

Effective roundabout installation also relies on careful design of approach islands, and the use of clearly visible signs and markings.

Designs should also catering for cyclist, pedestrian and motorcycle movements at roundabouts.

Wide roads invite drivers to travel at higher speeds.

This is probably because they perceive that margin for error is greater.

Narrowing the roadway for motorized traffic will therefore assist speed reduction in an area.

Even narrowing the perceived lane width can achieve slower speeds.

This can be done with painted markings in the road.

Specially designed road markings that create a stereoscopic illusion that the road is narrower than it is have been tested in some countries on a variety of different types of road and have resulted in speed reduction.

Speed should be limited to ensure that vulnerable road users are not exposed to risk of serious injury.

If reduction of speed is not possible, then vulnerable road users must be separated from motorized traffic.

Pedestrian fencing is useful for improving the safety of pedestrians by directing larger flows of pedestrians away from random crossing locations to safer crossing points, which may be protected by speed humps or raised platforms in the roadway or a set of traffic lights.

In many situations in rural and urban areas there will not be any footpath provision for the large numbers of pedestrians walking from point to point.

They will often be forced to walk on the road.

Provision of a walking path is a highly effective means of removing the pedestrians from a medium to high speed carriage-way.

Non-motorized two and three-wheeled vehicles carry vulnerable road users and tend to travel more slowly than motorized vehicles.

Bicycles and tricycles should be separated from motorized traffic as well, if at all possible.

Road speed limiters or speed governors are required by legislation on buses and matatus in Kenya.

However we advocate that this should be extended to include heavy goods vehicles and small trucks as well. Speed limiters are a measure that seeks to prevent the competitive nature of commercial freight and bus operations resulting in a lack of speed compliance.

Generally speaking, commercial vehicles are a higher risk to road users than other vehicles if involved in a crash.

A better method is to use electronic data recorders or electronic tachographs.

These devices record vehicle operating characteristics and are very useful in analysing the last few seconds prior to, during and after a crash, such as speed, acceleration, braking, airbag deployment and so forth.

This data is highly useful for detailed crash analysis.

These gadgets are getting more sophisticated.

There are models that use Global Positioning Satellite (GPS) system advising where the vehicle is located.

Where these are available, it is possible to feed speed limits back into the vehicle and alert the driver when they exceed the limit.

They can be made to be informative so that they only give information or, voluntary supportive so that the driver can choose to set the maximum speed or mandatory supportive so that they intervene at all times when the vehicle exceeds the speed limit but give the driver an over-ride option.

Transport companies are increasingly using GPS tracking systems to monitor their vehicle fleet, as well as driving speeds.

Used in a vehicle, the device allows a driver to plot the best directions to a location, but it could also allow employers to track their movements.

Some employers are now requiring vehicles to be fitted with speed alert and/or speed limiter devices to give drivers feedback, or to directly constrain the vehicles to predetermined speed limits.

Drivers are often under pressure to meet targets, resulting in speeding and driving for many hours.

Both are negative factors for road safety.

Fleet-owning organizations need to understand the risk of such behaviour and that introducing road safety and speed compliance measures will reduce long-term costs.

Setting clear rules in regard to permissible maximum daily distances and number of driving hours, and observing speed limits are key elements.

There are substantial opportunities for corporate fleet managers to encourage employee compliance with speed limits in corporate vehicles.

Moreover, they can assist their drivers to select safe speeds on their journeys with pro-active journey management programmes.

Employers are able to influence employee use of company vehicles to an extent that cannot be achieved for drivers generally.

Through monitoring the number and severity of breaches of speed limits leading to a traffic infringement or more serious charge, employers can have an effect upon the behaviour of drivers who are traditionally more likely to speed than others.

Employers can build in a range of incentives or sanctions to encourage compliance.

An increasing number of companies are pursuing this

approach. A number of multinational companies in Kenya have extensive journey management and other fleet safety programmes.

We would encourage more organisations and especially government owned fleets to adopt similar systems that would in addition to improving safety also cut down on fleet operation costs.

We should be bolder as a country and introduced legislation for fleet owners to give strong incentives to address speed management with their employees.

The governments can encourage employers to take an active role in driver/rider safety, including speed management, through occupational health and safety legislation and through provisions in transport legislation.

Increasingly, governments are specifying in legislation that health and safety responsibilities extend to driving as a work task and to the vehicle as workplace!

In summary, there is a good range of speed management tools to assist in setting the speed environment, enforcing safe speeds, and informing drivers/riders about the speeds that are safe.

It is important to consider how best to adapt these tools to the particular environment being addressed physically, socially and politically before using these tools.

Employers can play a very large part in starting to influence public speed perception by not imposing work schedules that require drivers to speed.

A significant change in the matatu culture in Kenya would go a long way in changing the driving habits of Kenyans.

As Kachumbari says, we need a culture change on the roads in Kenya.



Drivers coming along at the legal speed limits more often than not get caught by surprise and have not time to react resulting in either accidents or vehicle damage.

The kind of paint used to mark bumps and indeed road markings, is not durable.

They tend to fade after a few months and the government is not likely to carry out any maintenance on such mundane things.

We would suggest that rumble strips before speed bumps would be a better way of warning drivers rather than relying on painting them.

It would also help if the road engineers developed road side signs that indicated to the driver that he was approaching a village or small town.

A standard treatment for each village should then be developed so that one would learn to expect rumble strips, bumps, pedestrian crossings and so forth.

Roundabouts are also an effective way of reducing the severity of crashes at an intersection because they require traffic to deviate from a straight

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STAR OF THE SEA SCHOOL CENTENARY

May 28, 1909 – 2009: A significant date in the history of the Catholic Church at the Coast, is 28th May, 1909, with the arrival of the 'White Sisters' – Srs. Mary St. Victor, Mary Vianney and Mary St. Romuald and two others, the pioneers of the present day Star of the Sea Primary School, and the 'Star' family, the Nursery and High School.

The Sisters belonged to the congregation of the 'Missionary Sisters of Our Lady of Africa' MSOLA, and their involvement in the education of the girl child, is a monument to their dedication and perseverance.

Not only that they involved themselves in the medical field, and social work among the women of Mombasa town as far as Makupa and Tudor.

A committee under the guidance of the Head Teacher of the Star of the Sea Primary School, Sr. Bernadette Mwelu will be providing further details of the centenary soon.

Star of the Sea Primary and High school are collecting the entire alumni's contacts and requesting them contact the schools.

Bertina Kanaka, Mombasa
lwangacm@wananchi.com

ESSENTIAL MAINTENANCE: SELF CLEANING YOUR PRINTER

Never keep running your printer without cleaning it. It may sound complicated but actually printer cleaning is not difficult as it sounds.

Inkjet printers are now cheap and very easy to operate.

With the right tools and understanding, cleaning process only takes a few minutes of your time.

Black lines/marks or faded regions of text and image on printed paper are the first signs for ensuring a good cleaning.

For small printers such as inkjets which is common for single or home users, HP printers are the most purchased printers in Mombasa and work well with regular use.

The print heads on the HP ink cartridges do get dirty with spilled ink, or tiny holes that make up

the print head may get clogged with dried ink.

Clogging is common if you don't print on a regular basis.

With the running heat in most months, ink cartridges easily dry or get clogged making your money to waste.

Many people, desiring to save ink, never print in color.

Then ink dries up in the nozzles and you end up with a useless cartridge full of ink.

The same will happen with black ink if the printer is never

used.

However, new printers have rubber heads on which ink cartridges rest, helping to prevent the ink from drying rapidly.

Once you see a problem in your printing, unplug the printer to make sure it is switch off.

Open the top cover casing to reveal the ink cartridges placement area.

Remove each ink cartridge and gently clean the print head from where the ink is released with a damp cloth, also clean areas where you may find split ink.

Avoid cleaning chemicals or spraying water inside the printer as it may damage electrical parts within.

For dust deposits, using a blower from a soft distance will easily pull out the most stubborn hidden dust inside.

Replace the cartridges after the

cleanup and now run the diagnostics software program which comes with most printers today.

This diagnostics can be reached through 'Start Button - Settings - Printers and Faxes'.

Select the printer and right click for properties. Look for Maintenance utility, this is will also help align your placed cartridges and clean print heads.

Stop using refill kits, remanufactured cartridges.

They can get messy within your printer.

Buy genuine original cartridges to help your printer give you the best results in printing.

For larger printers such as laser printers, try keeping them dust free but always allow a professional technician to handle the cleaning as they are much more complicated than inkjets.

INTERNET MATTERS with RIMAL PATEL

Mombasa 'Chaine des Rotisseurs' Host Induction Dinner At Serena Beach Hotel

The prestigious Serena Beach Hotel was once again the venue for the annual *Chaine des Rotisseurs* Induction Night held on Saturday, February 21, 2009.

During the very colourful and elegant ceremony three new members were inducted: *Chevalier* Musti Mamujee, *Chevalier* Sameer Inamdar and *Chef Rotisseur* Yogen Datta.

Two Committee Members were also promoted during the ceremony: *Vice Conseiller Gastronomique* Marwan Mishbah and *Vice Echanson* Fernando Marques.

The *Bailli* Gurdeep S. Nayer commented: "We are most fortunate indeed to have such beautiful surroundings, by the sea and under the stars as a backdrop to the ceremony."

The induction ceremony was conducted by *Bailli Delegee* Panayis Lagoussis.

After the induction ceremony, *Chaine* Members and friends were escorted to the banqueting hall through a fairytale style candlelit tunnel procession.

The guests were treated to a sumptuous gourmet dinner especially prepared by the chefs of Serena Beach Hotel.

The champagne toast glasses contained a hibiscus bud that slowly blossomed into a beautiful flower which was edible!

The menu was presented in a silver boxed card which also had the recipes of the dinner.

The exotic seafood menu included:

- Quenelles of Smoked Salmon Pate', Sultans Seafood Soup, King Scallops, Serena Surf and Turf - Double cooked chicken supreme medallions complimented with Atlantic lobster tail, Sweet potato galette, Lump caviar hollandaise, Exotic market



SERENA EVENING - Mrs. Frances Lagoussis is seen (from left) together with Marwan Mishbah, Bailli Gurdeep S. Nayer, Bailli Delegee Panayis Lagoussis, Mrs. Shabnam Nayer, Fernando Marques, Zul Harunani, Musti Mamujee, Sameer Inamdar and Yogen Datta.

vegetables and Nougatine. *Bailli* Gurdeep Nayer stated that the standard of the dinner was

impeccable and equal or perhaps even better than any international fare.

He congratulated Food and Beverage Manager Alan Igambi and Executive Chef Roy Kinyua for a job very well done.

KENYAN INFLATION AT 25.1 PER CENT

FROM FRONT PAGE blamed the rising cost of fuel and global

food prices as the reason behind the increase in the inflation.

living to manageable levels at a time when the economy is on a downturn.

The government reduced VAT on electricity in December last year to lower the inflation.

Analysts have however predicted that the inflationary pressures will ease to single digit levels in the second quarter of the year.

Medical goods and services index also rose by 4.8 per cent mainly due increases in the cost of dental services, consultation fees and bed and delivery charges.

The industrialists are, however, optimistic that inflation could drop to single digits in the next few months, lifting the price burden off households and moderating costs for producers in the country.

Analysts said the increase in inflation is a big blow to the government which has been struggling to keep the cost of

THIRTY YEARS' AGO

Coastweek, March 02 - 08, 1979:

BRITAIN's leading reggae group 'Aswad' were to perform two charity concerts in the Mombasa Municipal Stadium, courtesy of the British Council.

They were opened by Kenyan artists 'Makonde' - who in turn had been invited to perform with 'Aswad' in the U.K.

Mr J.S. Mumba, Assistant Director of Fisheries (Marine) Ministry of Tourism and Wildlife, chaired a meeting of the 'National Marine Anti-Pollution Committee' which urged "immediate action to encourage and train the Sabaki River to use its Northern outlet, and also obtain the necessary funding, so that Malindi Bay could recover its former splendour."

Rotary Club of Kilindini chairman Kishore Mehta presented 'Paul Harris' awards to fellow Rotarians, Navnit Patel, Chuni Shah, Clive Van Rensburg, Lalit Doshi, Kantilal Ruparelia and Pramrod Shah.

Coast industrialist Prem Prinje announced that the 'Bahari Club' would soon be transformed into a most attractive aqua-centre on the lines of a Hawaiian fishing village with 34 cottages featuring straw-laced bamboo thatching, Japanese beer Garden, Turkish and sauna baths, discotheque, nightclub, swimming pool and 'Bamboo Restaurant'.

Mombasa Little Theatre Club hosted Henry Dale's production of Christopher Fry's 'The Lady is Not For Burning' with the talents of Daphne Bagshaw, Dorothy Patience, Malcolm Maries, Patrick Oboth, Tony Roland, Liz Swain, Vic Newcombe, Denis Patience and Ron Gale.

KENYA Cinema was showing ('They're hungry for your flesh ... you can't stop them ...') horror epic 'Piranha', REGAL ('Come prepared ... the first new horror creature ...') yet another creepy-crawler 'The Incredible Melting Man', NAAZ 'Grease' and at CHOX it was Dev Anand and Mumtaz in 'Tere Mere Sapne' (My Dreams and Yours).

Letter writers included Mombasa correspondents Juma Sillaha, Juma Mwayani, Job Mashanga, John Byrne, F. Khambary and John Gardiner.

• Thought for the Week: Love is not to look into each others eyes but to look outwards together - Merlinda Skow.

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The director, UNIFEM central Africa region, Dr. Josephine Odera is seen while being assisted by Farid Abdallah of Nyali beach hotel to plant a palm tree as 'A sign of women's commitment to environmental conservation'.



Safari Travel Director, Lutemberg Laszlo has been promoting tourism to Kenya and especially the Coast for the last 10 years. TVL charter operates on weekly basis, while leaving the County Mr. Lutemberg has promised more tourists from Hungary. He also took the opportunity to thank the Director of Coast Adventure Safaris Imtiaz Osman for ground handling services to Safari Travel clients during the charter period. Mr. Osman is also the supervisor of TVL Charter and Kenya Airways are the ground-handling agent of the TVL Charter. Standing [from left] Kenya Airways staff Samson Kapanga, Mayasa Mohamed, Director Coast Adventure Safaris Imtiaz Osman, Director Safari Travel Lutemberg Laszlo. Standing [from right] Kenya Airways Duty Manager Mariam Magembe, Fahmi Abdulkarim, Cabin Crew TVL charter and Mrs. Tarsdy Katalin purser, stewardess of Travel Service.



The Executive Vice president, Shell Oil products Africa, Xavier Le Mintier lays a foundation stone for a kitchen and a dinning hall at the Beacon of hope center located in Ongata Rongai, where Kenya Shell donated Kshs 10 million towards the centre that empowers women infected and affected by HIV/AIDS.



Valentine On The Beach

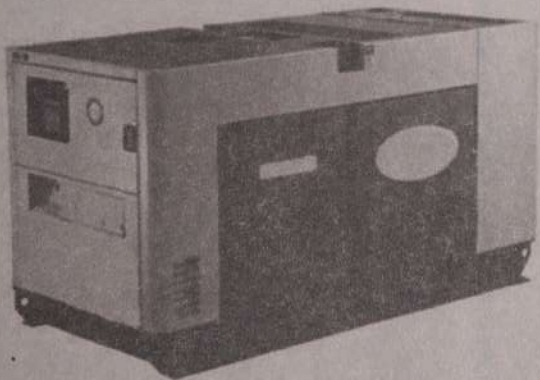
Intimate dinning on the beach is becoming a unique feature at Sarova Whitesands Beach Resort and Spa. Each banda takes a couple with a personal waiter right on the beach with a bon fire. This event was sold out weeks in advance.



AIRCRAFT TYRES. Phoenix Aviation Limited has entered into a long term sub-agency agreement with Safomar Aviation for the supply and distribution of aircraft lubricants and tyres. The General Manager of Phoenix Aviation Shaun Barretto [left], and the Company's Stores Officer Daniel Kitetu [centre], discuss tyre sizes with Grahame Willis [right], the Sales Director of Safomar Aviation, the Goodyear aircraft tyre distributor for Africa.

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Zain's P.N. Tariff Boosts Market Share

80 PER CENT OF A SUBSCRIBER'S CALLS MADE TO ONLY FOUR NUMBERS

Zain Kenya projects that its subscriber acquisition rate will remain stable this year despite the anticipated effects of economic recession.

This follows the successful uptake of the preferred number service, Vuka Plus tariff, which was launched last month.

The tariff which enables subscribers to call 10 preferred numbers

for only Kshs3 within the Zain network was launched at a time it was feared that activity in the mobile telecommunications industry would slow down due to the ongoing global economic recession and the famine that is being experienced in the country.

According to research carried out by global group AC Nielsen in the last quarter of 2008, at least 1 million people in Kenya are acquiring sim cards for the first time every month.

Out of the new subscribers, the research indicated, Zain accounts for slightly more than 50per cent.

This was attributed to Zain's superior network quality, customer service and affordable on-net and cross network calling rates. Zain Kenya Managing Director Rene Meza has expressed satisfaction with the way the company has been penetrating the market saying the competitive offerings had enabled Zain to recapture more than 5 per cent of the market share over the last six months.

"Vuka plus has enabled us to sustain the momentum since it has largely solved the problem of dual simming.

"This tariff enables subscribers to make calls within the network and to other networks at the most affordable rates in the market," said Mr. Meza.

Vuka plus which is available to both prepaid and post paid customers also enables subscribers to call any network for a flat rate of Kshs 8 per minute.

Mr. Meza added: "Statistics globally indicate that 80 per cent of calls made by an individual are mainly to four or five numbers.

"With an opportunity to call 10 preferred numbers of Friends and Family at Kshs 3, our subscribers will enjoy an extra value on Vuka plus."

With a subscriber base of over 3 million Zain's sustained market share onslaught has been taken a notch higher with the launch of its mobile commerce product Zap.

"We shall continue to roll out more value addition services and products this year through innovation and affordable pricing in the wake of the challenging economic times," added Mr. Meza.

To access Vuka Plus, subscribers are required to dial *124# and dial 1 from the menu free of charge.

The service is however not applicable when making calls to subscribers on the "One network" platform or when a customer is roaming since the package is limited to local use only.

Special Report by Correspondent



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MARKING EID MILAD -UN-NABI

Every year during the month of Rabi Al-Awal, Muslims around the globe commemorate with profound love and abounding joy the birthday of our beloved Prophet Muhammad (SAW), writes SHAAHID SHEIKH.

In keeping with Allah's (SWT) way, His Sunna of recollecting the birthdays of Prophets (PBUT) are special events in the history of mankind.

One of the most enduring legacies of the Muslim Association of Mombasa is the celebration of the "Mawlid-un-Nabi" (SAW).

The practice of Mawlid Celebrations is a well established and time honored tradition which enjoys support of all the members and well wishers of the Muslim Association of Mombasa.

This year again, Muslim Association of Mombasa is organizing Milad-un-Nabi on 13th March 2009, in Urdu and English at the Muslim Hall at 8.00 p.m.

Members and lady members who wish to participate are most welcome and should contact Chairman Mohamed Adib on 0722-410725.

Muslims generally donate generously towards Eid Milad-un-Nabi fund.

Members and their friends wishing to contribute towards this fund, please contact Chairman Mohamed Adib.

InshaAllah, Allah (SWT) will reward you for your generosity.

Food will be served, members and non-members are cordially invited to attend this occasion.

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Baobab Trust - Bookings: 5 486155 / 0721 357 876
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Rundflug für die Kinder vom "Thomas Bernardo House"

ES WAR eine aufregende Spritztour für sechs Kinder vom "Thomas Bernardo House", arrangiert von Phoenix Aviation Limited - eine führende Charter- und Wartungsorganisation auf dem Wilson Airport, Nairobi.

Die Kinder waren zu einem Rundflug eingeladen, um den Mount Kenya, den Kilimanjaro und das Rift Valley aus der Vogelperspektive zu betrachten.

Aufgeregt schwatzten die Kinder in voller Lautstärke, als sie in die zweimotorige Turbo prop King Air Maschine einstieg, um eine unvergessliches Erlebnis zu erfahren. "Ich werde jedem Einzelnen helfen, sich anzuschließen, damit ihr euch wohlfühlt, bevor wir starten", sagte Brenda Wanjala, eine Flugbegleiterin der Gesellschaft.

Bald waren die Kinder startbereit und warteten gespannt auf das prickelnde Abenteuer.

Als sie zum Fenster hinaus blickten und die vielen vor den Hangars geparkten Flugzeuge sahen, sagte der zehnjährige Paul Muriuki: "Das sieht aus wie Lagerhäuser."

Brenda lächelte über diese Bemerkung und erklärte: "Sie werden Hangars genannt."

"Dort werden die Flugzeuge repariert und gewartet, so wie in einer Garage die Autos."

Nachdem den Kindern sorgfältig die Sicherheitsvorschriften erklärt waren, fuhr Flugkapitän Rob Cork die Startbahn hinunter und bald befand sich das Flugzeug mit den Kindern in der Luft, was sie laut schreiend und lachend feststellten.

Als sie aus ihrem Fenster hinunter blickte, rief Rachel Wangari aus:

"Oh, alles ist so klein und wir können nicht einmal das Thomas Bernardo House sehen."

"Ich glaube, ich könnte die Wolken berühren, die so nahe sind."

KAPITÄN CORK

Kapitän Cork wies auf die wichtigsten Sehenswürdigkeiten hin, die sie in ihrer Geographiestunde gelernt hatten.

Immer wieder erwähnte er ein anderes Merkmal und sagte:

"Rechts sind die Aberdares, links ist das Rift Valley und unter uns ist der Ndakamini Darm zu sehen."

Als sie den Mount Kenya und den schneebedeckten Kilimanjaro erblickten, sagte Tony Odongo erstaunt:

"Wir sind ja schon da; ich hätte



DIE ACHTJÄHRIGE Julia Wachere [rechts] vom "Thomas Bernardo House" lässt sich von **Flugkapitän Rob Cork** [links] die Instrumente einer Beechcraft King Air Maschine erklären. **Sechs Kinder des Heims waren kürzlich für einen Rundflug zum Mount Kenya und Kilimanjaro eingeladen von Phoenix Aviation Limited.**

nicht gedacht, dass wir die beiden Berge schon nach so kurzer Zeit sehen könnten."

Die Zeit verging nur allzu schnell für die begeisterten Passagiere, als die King Air Maschine die Ngonghöl überflog im Anflug auf den Wilson Airport.

Nach der Landung sagte die neunjährige **Mary Nyambura**:

"Ich wusste nicht, wie ich mich

fühlen würde, wenn das Flugzeug landet, aber alles ist mühelos und gut gegangen."

Als der Kapitän fragte, was sie werden wollen, wenn sie erwachsen sind, rief die ganze Gruppe "Pilot!"

Er fragte sie daraufhin, was sie für diesen Beruf lernen müssen.

Mit jugendlicher Zuversicht antworteten sie: "Mathematik, Physik und Geographie."

Phoenix Aviation Limited benutzt die King Air Flugzeuge für Charter und Flug-Ambulanzdienste.

Diese zweimotorigen Propjet Maschinen können 12 Passagiere aufnehmen in einer komfortablen Druckkabine und auf einer kurzen Landebahn starten und landen.

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Geschäftsfrau in Nairobi verurteilt wegen illegalem Handel mit Wildfleisch

ERMITTLER DES Kenya Wildlife Service (KWS) verhafteten Mitte Januar eine Geschäftsfrau, die in einem beliebigen Lokal auf dem Burma Markt in Nairobi illegales Wildfleisch verkaufte.

Sie hatte 74 kg Bush Meat unter der Theke versteckt und mischte es unter offiziell kontrolliertes Fleisch in der Auslage, um es an ahnungslose Kunden zu verkaufen.

Ein weiterer Verdächtiger machte sich davon, als eine Razzia stattfand.

Ein Mann, der das Publikum gegen die KWS Beamten aufhetzte, wurde in die Polizeistation gebracht und dort festgehalten.

KWS ist besorgt über den zunehmenden florierenden Handel in Bush Meat, denn dadurch nimmt nicht nur die Wilderei zu, sondern das Fleisch stellt auch ein Gesundheitsrisiko dar für die ahnungslosen Esser.

Skrupellose Fleischhändler verstecken normalerweise das Wildfleisch und mischen es dann unter von der Gesundheitsbehörde offiziell kontrolliertes Fleisch.

Wildfleisch sieht meistens fahl aus und hat keine Knochen.

Das unkontrollierte Fleisch kann Anthrax und Ebola übertragen.

Die Geschäftsfrau legte ein Geständnis ab, änderte es aber später, als das Beweisstück vorgelegt wurde und der Richter das Urteil



DER KWS SICHERHEITSBEAMTE Muraya Githinji untersucht das Wildfleisch, das in einem Lokal im Burma Markt in Nairobi beschlagnahmt wurde.

vorbereitete. Die Geschäftsfrau wurde gegen eine Kaution von Shs 30.000 und Sicherheit im gleichen Betrag freigelassen.

Die Gerichtsverhandlung wird diesen Monat stattfinden.

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WILDERER IM TSAVO-OST-NATIONALPARK ERSCHOSSEN

EIN BEWAFFNETER Wilderer, der sich bei einer Wasserstelle im Tsavo-Ost-Nationalpark versteckt hatte, wurde in einer Schießerei erschossen, während ein anderer entfliehen konnte.

Kenya Wildlife Service Rangers auf einer Routine-Fußpatrouille hatten einen heftigen Schusswechsel mit den Wilderern, die darauf warteten, dass die wilden Tiere zur Tränke kommen zu einem Wasserloch zwischen der Umbi Landebahn und Shimo la Shetani, rund 60 km von

Ithumba entfernt im Kitui District.

Ein halbautomatisches G3 Gewehr, Munition, ein Fahrrad, Lebensmittel, ein Bündel mit Fallen, Pfeile und Bogen, mehrere mit vergifteten Pfeilspitzen, wurden an Ort und Stelle gefunden.

Das Sicherheitsteam

verstärkte die Jagd auf den Wilderer, der entfliehen konnte. Es wird angenommen, dass diese Wilderer schon an anderen Orten ihr Handwerk ausgeübt haben in dem sich über 11.747 km² erstreckenden Tsavo-Ost-Nationalpark, der sich östlich von der Nairobistraße hinzieht.

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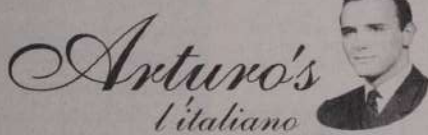
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5			7					3
	2						7	
	8	9	5	3	4			
	5		9		2			
			1		2			
	6		4		3			
	3	4	1	9	6			
	1					5		
4			8					1

SUDOKU NO. 134

NAME.....
ADDRESS.....

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE SUDOKU' NO. 132

2	4	1	3	9	8	6	7	5
5	3	6	7	4	1	9	8	2
7	9	8	6	5	2	4	1	3
8	5	4	2	1	6	7	3	9
9	1	2	5	7	3	8	6	4
3	6	7	4	8	9	2	5	1
6	8	5	9	3	4	1	2	7
1	7	9	8	2	5	3	4	6
4	2	3	1	6	7	5	9	8

WINNER OF 'PRIZE SUDOKU' NO. 132
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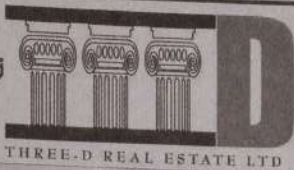
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Contact 2228391/2

A Coast women soccer official, Asha Pili Ramadhan has asked the government and well wishers to sponsor many competitions for football to become a popular sport in Coast Province. writes **ABDULRAHMAN SHERIFF**.

Asha said women soccer has of late become a popular sports in Coast Province and appealed to the wealthy individuals, paras-

BRIDGE RESULTS

Result of the duplicate Bridge played at Mombasa Sports Club on, 25th February, 2009.

Dr. J. D. Shah and Amu Shah 140 (Points); Mr. and Mrs. Mahendra K. Shah 117; A. D. Shah and L. P. Gudka 115; Mr. and Mrs. D. D. Shah 110; Mr. and Mrs. Panu Savia 109; Mr. and Mrs. Kirli R. Shah 108; Mr. and Mrs. Narendra 101; P. Shah and C. P. Shah 95; Mrs. Vibha Shah and Patricia 95; Mr. and Mrs. Janakbhai 90.

Result of the duplicate Bridge played on 16th February, 2009

P. Gandhi & Dr. J. D. Shah 97, P. Savia & Jyotsana 71, Rannik & Amu Shah 63, Narendra & L. P. Gudka 63, Mahendra & Koki Shah 59, Vibha & Kanchan Shah 57, Rasik & Manju Shah 51, Patricia & D. D. Shah 43.

COAST BRIDGE with C.P. SHAH

In the following hand it was a close slam - should it be made or defeated on best play and defence?

DEALER: SOUTH EAST-WEST VULNERABLE BIDDING:

SOUTH	WEST	NORTH	EAST
ONE SPADE	PASS	TWO SPADES	PASS
THREE CLUBS (1)	PASS	FOUR CLUBS (2)	PASS
FOUR HEARTS (3)	PASS	FIVE DIAMONDS (4)	PASS
SIX SPADES	PASS	PASS	PASS

1. Looking for Club help for Game (or Slam) 2. Club Control 3. Ace-showing Cue Bids.

Declarer won West's Knave of Diamonds lead with his King and cashed the Ace-King of trumps, felling the Queen.

He then led a Club, hoping the Ace was on side.

East beat Dummy's Queen with the Ace and switched to a Heart.

Declarer rose with the Ace and had one more chance.

He crossed to the King of Clubs, cashed the Ace of Diamonds, discarding a Club, then ruffed a Club.

NORTH

♠	10	9	5
♥	10	9	6
♦	A	8	4
♣	K	Q	8 2

WEST	EAST
♠	Q 7
♥	J 7 5 2
♦	J 10 7 6
♣	10 6 3
♠	4 3
♥	Q 8 3
♦	Q 9 5 3 2
♣	A J 7

SOUTH

♠	A	K	J	8	6	2
♥	A	K	4			
♦	K					
♣	9	5	4			

Both the opponents followed, on the third Club.

He returned to Dummy's third Trump and discard his Heart loser on the Fourth Club.

Twelve tricks and slam made.

It was well played, but East had erred. If he ducks the Queen of Clubs, declarer will be an entry short for his manoeuvre.

Say he cashes the Ace of Diamonds discarding a Club, ruffs a Diamond, then leads a Second Club.

East now beats the King with the Ace and switches to a Heart Declarer wins and can cross to a Trump to ruff a Third Club and set up the long suit but has no re-entry to enjoy it.

Down one.

Developing Women's Soccer At Coast
FOOTBALL COACHING COURSE AND LIFE SKILLS TRAINING

tatals and private companies to sponsor for tournaments.

"I am sure if we organise regular competitions, women soccer would develop very fast," she said.

Former Harambee Stars coach, Mohamed Kheri has called upon coaches who are sacked for failing to deliver not to lose hope but instead join other teams and continue coaching.

He said though most of the coaches are good, sometimes they fail to deliver results and asked such coaches not to lose hope but should look for other teams to coach.

"I have been called Harambee Stars coach for former national team coach on several occasions but I never lost hope but continue to coach clubs and the national when called to do so," he said amid laughter.

Speaking during the closing ceremony of a 10-day Basic Level- Football coaching course and life skills training which ended at PCEA Wogect Centre in Mombasa, Kheri said there are many teams which have no trainers and those sacked would have no difficulty in getting other clubs to coach.



PHOTO: ABDULRAHMAN SHERIFF

Mombasa Youth Soccer Academy's Majied Jeneby receiving his coaching certificate from Mohamed Yusuf of the Coast provincial Commissioner's office. Thirty Coast women club coaches attended the Basic Level- Football coaching course and life skills training which ended at PCEA Wogect Centre in Mombasa yesterday. The course was sponsored jointly by Unicef Kenya country office and the Ministry of youth and Sports.

Closing the course, Mohamed Yusuf who represented the Coast Provincial Commissioner Ernest Munyi said the aim of the workshop was to uphold professionalism so that clients or teams could be modelled in a professional way.

"We hope you will maximize all the knowledge and skills you had received in training others to succeed.

"I wish you a prosperous professional service and skill delivery for your various teams," he said.

The assistant Commissioner of Sports, Jackson Indakwa said the course was very successful.

He said they did not involve any official from the Kenya Football Federation or the Football Kenya Limited because they are still trying to make sure the officials of the two bodies to work together in developing the sport.

The course was organised jointly by the Unicef Kenya Country and the Ministry of Youth and Sports.

Chris And Andy Soper First Ever Win In 'Catman' During Dan Cup

Before I start this report I must correct our Commodore, who told me that the crew of Catman had to retire from the 1st race of the Mombasa Cup because they had stood on the Likoni reef, writes **SEA BREEZE**.

Our old (oops....should I say young ?) sailing buddy Marylyn Barnes, who is a Master of the rules, who now lives in Mauritius informed me that you can actually stand on the reef without penalty, so Catman actually had to retire because they received outside assistance from the rescue boat when being towed off the reef.

Anyway one up to Marylyn, we really miss her cheerful disposition and masterful sailing, particularly her pink days, so please come home soon Marylyn.

As we have talked about Catman so much recently and because she is soon going back home to Dar es Salaam with that young turk Andy Soper, we thought we should show you a great photo of this high performance machine with a huge car carrying ship in the background while racing in the Mombasa Cup off the front of Mombasa Island.

Now to events in the first half of February, which had something for everybody.

4 races had to be sailed for 2 cups concurrently on 2 successive Sundays, try working that one out....!

The Dan Cup, presented by Sven Kristensen in 1970 is for the Catamaran's, the Osprey's and the Lasers representing the fastest group of boats in the Club with handicaps below 1086, while

the Mercury Trophy was presented to the Zanzibar Sailing Club in 1960 by the personnel of the American Satellite Tracking Station and was subsequently presented to MYC by ZSC for the Bosun's, 420's and Toppers, who are a more genteel fleet with handicaps above 1087.

Sailing handicaps are the most complex calculations based on something called the Portsmouth Yardstick, but more about that in

something to do with it. The Mercury Trophy was only sailed by one boat, so no award could be made.

On the second Sunday the winds were perfect and Chris Soper (who is a lightweight and likes to bring up the rear and win on handicap with his smaller radial sail), took out his full size sail and surprised everybody, but most of all himself, by winning both races for the Dan Cup in his

where a difficult gybe had to be executed. One can only imagine that Michael must have been thinking about the French Navy ship waiting for him outside the harbour and oops... over he went with a spectacular capsized right on the Pink House mark.

This lost Michael a minute or two and Chris was able to hold onto his lead until the end of the race.

In the second race Michael chose to fight the strong incoming tide on a falling wind, while Chris opted to gamble and go close inshore to avoid the tide, a wise decision as it turned out, which enabled him to win the second race and the Dan Cup.

Brian Emmott in his Laser Sifau, Cadet Lazarus in the 420 Kangaroo and Kalim Hassanali in the Osprey Meteorite all put up spirited performances during a wonderful afternoons sailing.

Sadly only one boat competed in the Mercury Trophy again, so it stays on the shelf for another year.

Finally, 2 races have been sailed towards the February Monthly Mug and some interesting courses have been laid dodging in and out of all the ships taking refuge from the pirates in Somalia

Mombasa harbour is such a spectacular place to sail, with never a dull moment and such wonderful sunsets every Wednesday evening when the Monthly Mug is sailed.

This month Chris Soper in his Laser Sifahi is leading, but anything could happen in the next 2 weeks, so watch this space...!



Catman with crew [right] and a huge car carrying ship in the background while racing in the Mombasa Cup off the front of Mombasa Island.

our next newsletter. Now to the results.

Well, the first Sunday provided very strong winds and in the Dan Cup Chris and Andy Soper had their first ever win in Catman, very sweet, but Brian Emmott in his Laser Sifau did capsize 3 times, so maybe that was

Laser Sifahi.

In the first race this wily old Sea Dog managed to outfox one of the Club's best sailors (our Commodore Michael Smewing who was sailing his Laser Quicksilver), by getting an inside overlap on the run from Likoni down to the Pink House buoy,

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EXCLUSIVE - GREG NORMANS' GOLF LESSONS -

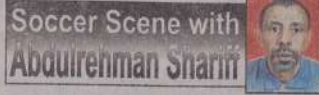


Simon Maina, overall winner during Captain's Prize (Mr. S. M. Wambugu) at Mombasa Golf Club, receives a prize from Mrs. Simon Wambugu.

Magongo Rangers FC Vow To Win Nationwide Up-Country Matches

Magongo Rangers FC of Mombasa will be going flat out to win their two Nationwide up-country matches in Nairobi tomorrow and on Sunday.

Rangers who were held to a barren draw by Nairobi Stima during their opening match of the league



Soccer Scene with Abdurrahman Sharif

only 13 hours after failing to beat Stima to start serious training in preparation for the Nairobi teams. Head coach Salim Mwandawiro and Team Manager, Mohamed Ahmed said they have travelled all the way from Mombasa to Nairobi for not a holiday but a mission to achieve; to snatch maximum points.

"Our team is well prepared and we are in the city to achieve our intended goal of going back to Mombasa with all the six points," said Mwandawiro, former Bandari player.

Meanwhile, Tononoka Ward Soccer Cup competition contin-

ues tomorrow when Moons tackle Buxton with Segga facing Tononoka on Sunday. On Tuesday, Chelsea entertain Mzimiza and on Wednesday, Tononoka have a date with Buxton.

Other fixtures: March 12: Moons v Mzimiza; March 14: Segga v Moons; March 15: Buxton v Chelsea.

Bandari disappointed their Coast soccer fans when they were held to a goalless draw by Western Stima during a Premier League match at Mombasa Municipal Stadium last Saturday.

BEST BALL POOL TOURNEY @ HOLLYWOOD BOWL

Last week the Hollywood Bowl held a pool tournament on Saturday, the title was Best Ball Challenger Pool Tournament.

The participants were Roberto Basta, Khush Malde, Azhar Valli, Edwin Asimwe and Nadhir Yagnik.

The winner was Azhar Valli, a student at Aga Khan academy.

On Sunday afternoon, it was pomp and color as the son's of Mr. Shabbir Chandabhai celebrated their birthdays at the Hollywood Bowl.

Hassan Chandabhai was turning fourteen years while Mustafa Chandabhai was turning seventeen years.

The both are students at Jeffrey Academy, Hassan in Year 8 and Mustafa in Year 11.

In the company of family and friends, they had a wonderful evening bowling and enjoyed the delicious snacks and drinks prepared at the Hollywood Bites.

Happy Birthday Hassan Chandabhai and Mustafa Chandabhai, and Many Happy Returns of the Day.

This week, in the Mens category, Habib Maks took up the first slot with 229 points. Habib is currently leading in this category.

A new entrant, Tim McClanahan scored 201 points and captured the second slot.

Nasir Baloch, who last month was in the fourth, took up the third position with 156 points this week.

Scores @ the close of the week:

Men: Habib Maks - 229 points, Tim McClanahan - 201 points and Nasir Baloch - 156 points.

Top three scorers of last month (February): **Men:** Habib Maks - 256 points, Pares Morjaria - 232 points and Shiv Morjaria - 197 points.

Ladies: Aley - 181 points, Nilma - 155 points and Daksha Morjaria - 123 points.

Under 15 years: Mark Kohler - 159 points, Devina Morjaria - 157 points and Ricky - 134 points.

Best Bowlers with the Highest Scores (Overall 300 points): **Men:** Habib Maks - 289 points

Ladies: Angelika Shiku - 205 points

Under 15 years: Shiv Morjaria - 224 points

they are participating for the third year running, have vowed to beat their opponents this weekend.

They take on Strathmore tomorrow and play Kawangware on Sunday in matches they have prepared to win. Rangers took



PHOTO: ABDULLAHMAN SHERIFF

Magongo Rangers players during a training session at Refinery ground in Mombasa early this week. Rangers are in Nairobi to play matches against Strathmore and Kawangware FC.

BRIDGE RESULTS

Result of Bridge played at United Sports Club on 23rd February.

Ketan & Meghji Shah 97, J. Babla & Neemaben 90, P. Gandhi & Dr. J. D. Shah 82, Vibha & Ketan Shah 75, D. D. Shah & Kanchan Shah 65, Narendra & Taru Shah 65, P. Savia & Jyotsana 63, Mahendra & Koki Shah 61, Ramnik & Amu Shah.

Result of Bridge played at United Sports Club on 2nd March, 2009.

A. D. Shah & C. D. Shah 102 P. Gandhi & Dr. J. D. Shah 97, Vibha & Ketan Shah 94, Harilal & P. M. Shah 91, Mahendra & Koki Shah 83, Rohit & Meghji Shah 81, Ramnik & Amu Shah 70, D. D. Shah & Kanchan Shah 69, J. Babla & Neemaben 67, Narendra & Taru Shah 66, Rasik & Manju Shah 60.

Tae Kwondo Youngsters Promoted To Yellow Belt

Eight young Tae Kwondo players have been promoted to yellow belt from white belt after they successfully passed the promotion test held at Teddy Steps Kindergarten and Home Centre in Mombasa, last Monday, writes ABDULLAHMAN SHERIFF.

The promoted youngsters were Amran Jamaladin, Abdul Fatah Abubakar, Yahya Omar, Abdurrahman Khalid, Wajd Muadh, Abdulsalam Khalid, Hashim Shariff and the three and a half-year old girl, Cheryl Maiba.

The promotion test was carried out by instructor, Ali Salim Abdul who is also the Coast Taekwondo Association (CTA) assistant secretary general in the presence of his vice-chairman, William



Young taekwondo players [left] during the promotion test presided over by Instructor, Ali Salim Abdul [back row] at Teddy Steps Kindergarten and Child Care in Mombasa.

Mwaura and the association public relations officer (PRO), Douglas Kaungu.

Meanwhile, Mwaura announced that Kengen Tao Kwondo Club has confirmed their participation in the Lamu Open Tae Kwondo Championship scheduled to be held in Lamu Island on Saturday.

The CTA boss said six players from Mombasa have also confirmed their willingness to take part in the championship.

He said six clubs from the island have indicated they will enter.

Mwaura said CTA will be sending a representative to Dar es Salaam, Tanzania to finalise arrangements for the Coast team to visit the neighbouring country for special competition.

Aga Khan Academy Are National Swim Champs

The conquering sharks of the Aga Khan Academy, Mombasa, splashed their way to victory during the 2009 National Open Age Groups and Relays Swimming Championships, which were held at the Moi International Sports Centre, Kasarani, on Friday 27th February to Sunday 1st March.

This was the National Long Course Championships, swimmers had to swim in a 50 meter pool unlike Mombasa where we swim in 25 meter pools.

The academy sent a strong contingent of 27 swimmers; Khalil Jin, Taher Pirbhai, Pauline Adhaimbo, Khalid Bakari, Jesal Chandi Alex Chia, Raj Chudasama, Raj Hirani, Oliver Holding-Fay, Tadge Holding-Fay, Qaisara Kassam, Karen Kiago, Martyn Matiba, Devina Morjaria, Dzidza Muruu, Leslie Mwandawiro, Hanifa Said, Tahir Said, Anham Salyani, Akshay Shah, Rachita Shah, Shivraj Vaghela, Samuel Williams, Joshua Williams, Laurence Williams, Ester Okello and Mildred Okello.

Shivraj Vaghela managed to break five records, the 50m

breast stroke, 100m breast stroke, 50m backstroke, 50m butterfly and the 50m freestyle!

Another sensational swimmer, Rachita Shah, managed to break the 50m butterfly record.

The Aga Khan Academy relay

teams were towering high above the competition as they were in either first, second or third places.

It was team work and dedication from the swimmers which enabled the school to clinch the best overall boys' team trophy,

by amassing a whopping 378 points to beat a massive field of 32 schools and clubs country-wide. The girls' team was second to none as they also collected an impressive 268 points to beat a field of 29 schools and clubs.

Anham Salyani clinched the first runners up Victrix trophy while Rachita Shah clinched the 2nd runners up Victrix trophy in the Open Category Girls.

In the 14/15 years boys' category Akshay Shah was awarded first runners up Victor trophy while Shivraj Vaghela was awarded the Victor trophy in the 10/11 years category.

"It was God's grace, the hard work and perseverance of the swimmers, the support from the parents who sent their children to the competition, the parents and teachers who accompanied the team and the support which they gave, and last but not least, the academy's administration for the support which they gave us", said Coach Mohamed Abdulaziz, the Head Swimming Coach of the Academy.



Front row [from left] Raj Chudasama, Taher Pirbhai, Khalid Bakari, Jesal Chandi, Khalil Jin, Tahir Said, Oliver Holding-Fay, Leslie Mwandawiro and record-breaker Rachita Shah. Back row [from left] Laurence Williams, Qisar Kassam, Anham Salyani, Mildred Okello, Dzidza Muruu, Karen Kiago, Pauline Adhaimbo, Raj Hirani and Esther Okello.

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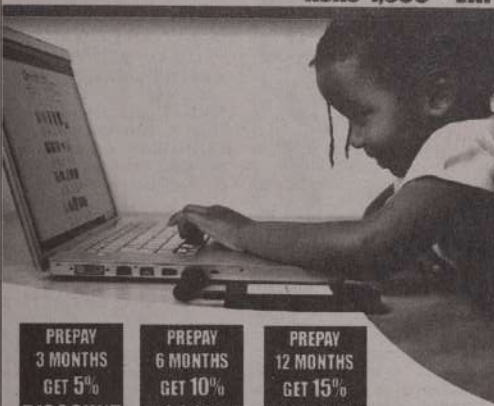
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Issue No. 3210 March 06 - 12, 2009

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Medals Galore For Mombasa Swimmers In Nairobi Event

One girl and four Mombasa Academy swimmers traveled to Nairobi on 26th February with their Coach Fakhry Mansoor to compete in the annual Kenya Open and age group swimming Championship held at Kasarani Aquatic Complex.

The small group left a very big mark after the event where the Mombasa Academy team comprising of only four boys managed to scoop the 3rd award in the boys category.

Mombasa Academy team comprised of Omar Talib who competed in the 10-11 yrs boys category, Deeyn Shah who swam in the 12-13yrs category, Hamdan Bayusuf competed in the 14-15 years category and Mahmoud Soud who swam in the Open events.

Sylvia Brunlehner competed in the Open Girls category.

Out of the 47 teams and almost 500 swimmers taking part; Mombasa Academy was second in the overall medal standing collecting a total of 26 medals.

"I must say this is some excellent results for our team and I am very proud of my swimmers" commented coach Fakhry.

"With only five swimmers in the team and collecting the second highest number of medals in a National event is just amazing" he added.

The 'Sprinting Queen' Sylvia Brunlehner continued causing ripples in the swimming fraternity breaking six more records during the three day event.

Sylvia broke 4 records in the 1500m freestyle which included the Alcomers record, the Open record, the Junior record and the 14-15 years record.

Sylvia broke the 1500m freestyle by more than a minute erasing the old time which stood at 21:54.16 set in 2004 by Kate Fisher.

Sylvia new record time stands at 20:56.12 Sylvia went on breaking another record in the 50m Alcomers Back stroke record which stood at 34.57 Set in 1998 held by Joanna Lundin.

Sylvia's new time stands at 34.43. Sylvia last event was the 800m freestyle where she again broke the Kenya record erasing the old time of 11:15.23 set by Maria Awuori in 1999.

Sylvia new time stands at 11:04.24. In total Sylvia collected 9 medals which comprised of 7



Seen [from left] Hamdan Bayusuf, Deeyn Shah, Omar Talib, Sylvia Brunlehner and Mahmoud Soud.

Gold and 2 silvers. She was later on awarded a trophy for scoring the highest points making her the best female swimmer in Kenya in the Open category.

Other impressive performance came from the assistant coach Mahmoud Soud who was declared as the first runners up best male swimmer in Kenya in the Open category.

Mahmoud collected 4 gold, 1 silver and 4 bronze.

Omar Talib well known as 'Bruce Lee' swam in the 10-11 years where he collected one silver and 4 bronze.

Omar also took part in the Open boys 800m freestyle where he performed exceptionally well.

Deeyn Shah well known as 'Bazooka' continued to impress by collecting 2 silver and 5 bronze medals.

Deeyn also took part in the Open 200m backstroke and did very well.

Last but not least is the Junior captain Hamdan Bayusuf who was declared as the second runners up best male swimmer in 14-15 years category.

Hamdan collected a total of 7 medals which included 3 silver and bronze.

"I will like to dedicate these excellent results and records broken by Sylvia to my coach Mr. Mohamed Farid.

"If I am to point out all what Mr. Mohamed Farid has taught me for sure I will end up compiling a

whole book! "Thank you very much Coach and God bless" commented Coach Fakhry.

The team will now be on recovery period for two weeks before starting the second phase of their training.

Junior Swim Tourney

After a very successful Ideal Ceramics Coast Open and Age Group championships held from 6 - 8th February 2009, it is the junior swimmers turn now.

The CASA Junior Open Swimming Championships will be held from 7 - 8th March 2009 at the Ostwal Academy pool in Nyali.

This event will attract over 500 swimmers from the ages of 5 - 9 years. Spectators, your entrance ticket of 200/- each day entitles you to an entry for the raffle draw on both days.

As you are aware, a lot of expenses incur when planning an event of this magnitude. The proceeds of the gate collection go towards paying for the event.

Medals will be awarded to the 1st/2nd/3rd swimmer (boys and girls) in each category. Trophies will be awarded to the overall 1st/2nd/3rd schools/ clubs.

Food by Café Nosh will be sold at very reasonable prices on both the days.

CASA is in the process of finalizing a team of 30-40 swimmers to represent the Coast Province in the Level 1 Swimming Championships to be held in Cape Town from 28 - 30th March 2009. CASA invites one and all to come watch the future Jason Duntfords and Ajulus of Kenya.

DT DOBIE

MOMBASA: Tel: 2316701/2, 2316735/6 Fax: 2316764
Email: Chrisgell@msa.dtdobie.co.ke

KENYA TIDE TABLES

MOMBASA, March 06 - 12, 2009

FRIDAY High Water - 2.0 m. at 12.29 hrs. (12.29 a.m.) and 2.4 m. at 14.10 hrs. (2.10 p.m.). Low Water - 0.8 m. at 08.48 hrs. (5.59 p.m.).

SATURDAY High Water - 2.7 m. at 01.06 hrs. (1.06 a.m.) and 2.4 m. at 14.10 hrs. (2.10 p.m.). Low Water - 1.1 m. at 07.56 hrs. (7.56 a.m.) and 1.2 m. at 19.48 hrs. (7.48 p.m.).

SUNDAY High Water - 3.0 m. at 02.20 hrs. (2.20 a.m.) and 2.8 m. at 15.00 hrs. (3.00 p.m.). Low Water - 0.8 m. at 08.48 hrs. (8.48 a.m.) and 0.8 m. at 20.48 hrs. (8.48 p.m.).

MONDAY High Water - 3.3 m. at 03.11 hrs. (3.11 a.m.) and 3.2 m. at 15.39 hrs. (3.39 p.m.). Low Water - 0.5 m. at 09.27 hrs. (9.27 a.m.) and 0.5 m. at 21.33 hrs. (9.33 p.m.).

TUESDAY High Water - 3.5 m. at 03.52 hrs. (3.52 a.m.) and 3.5 m. at 16.14 hrs. (4.14 p.m.). Low Water - 0.3 m. at 10.01 hrs. (10.01 a.m.) and 0.3 m. at 22.13 hrs. (10.13 p.m.).

WEDNESDAY High Water - 3.6 m. at 04.29 hrs. (4.29 a.m.) and 3.7 m. at 16.48 hrs. (4.48 p.m.). Low Water - 0.2 m. at 10.31 hrs. (10.31 a.m.) and 0.2 m. at 22.49 hrs. (10.49 p.m.) Full moon.

THURSDAY High Water - 3.6 m. at 05.03 hrs. (5.03 a.m.) and 3.8 m. at 17.21 hrs. (5.21 p.m.). Low Water - 0.1 m. at 11.01 hrs. (11.01 a.m.) and 0.1 m. at 23.24 hrs. (11.24 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Mallindi. 'No Change' for Kilifi and Diani.

COASTWEEK TEL: 2230125 / 2230130 MOMBASA

PLEASE TAKE NOTE: NEW TELEPHONE NUMBERS IN NAIROBI CALL ANJUM ON (020) 4449075