

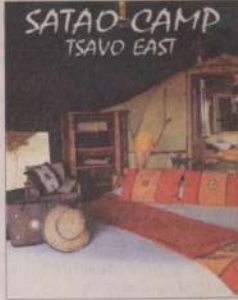
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G.P.O. REGISTERED NEWSPAPER

Coastweek

Issue No. 4137 September 14 - 20, 2018

PRICE - KENYA FIFTY SHILLINGS



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SANJEEV AGARWAL - WHO IS AN OPTOMETRIST BY PROFESSION AND FOUNDER CHAIRMAN OF MOMBASA EYE HOSPITAL AND LASER CENTRE - NOW HONOURED WITH THE 'ANANT PANDYA FELLOWSHIP' AWARD BY SATURDAY CLUB MOMBASA

Saturday Club # Civic Honour For Sanjeev Agarwal

On Saturday 1st September 2018, Sanjeev Agarwal, who is an Optometrist by profession and Founder Chairman of Mombasa Eye Hospital and Laser Centre, was honoured with the "Anant Pandya Fellowship" award by Chairman Rajesh Shukla and members of Saturday Club Mombasa at a special ceremony held at Nyali Beach Holiday Resort for his outstanding selfless services to the community.

Mombasa Eye Hospital and Laser Centre was officially opened on 8th May 2011 and since the inception of the hospital, he has been serving the less fortunate people of our society at a subsidized cost and even free of charge by organising eye camps through Outreach Community Programmes in various parts of the country.

From 8th May 2011 to 30th April 2018, the following work has been done to serve the needy at no cost through his eye hospital in the last 7 years.

- Total number of patients screened 37,564
- Reading glasses dispensed to the needy 10,463 pairs
- Prescription spectacles dispensed 1,953
- Medicines dispensed to the needy 9,318
- Free Cataract operations done on over 2500 patients
- Cornea transplants 24

Mr. Sanjeev Agarwal's good

work is not only limited to eye care. He has been involved in various activities such as:

- Youth and women empowerment programmes
- Assisting needy children with school fees
- Assisting schools in different areas
- Helping albino children by giving free spectacles and sun lotion because of their sensitive skin.
- Water pumps and sanitation

He is associated and actively involved in the following organisations:

- Vice Chairman and a Medical Director of Hindu Council of Kenya, Mombasa branch.
- Patron of Albinism Foundation
- He has served Lions Club International for over 9 years at different positions as Board



Standing [from left] Rani Agarwal, Ketki Doshi, Urvashi Agarwal, Anil Dodhia, Sanjeev Agarwal, Rajesh Shukla, Kalpesh Doshi, Falguni Shukla, Mehul Doshi and Narendra Singh.

Member, Secretary, Treasurer, Medical Convenor and Vice Chairman.

• Achieved the following awards while serving in the club:

- Best Secretary Award
- Best Treasurer Award
- Lion of the Year Award
- Member of MJF (Melvin Jones Fellow)
- Lions International Award for increasing membership in the club
- Arya Samaj Mombasa
- A devotee and a management committee member of ISCKON- Hare Krishna

In his acceptance speech, Sanjeev Agarwal thanked the Chairman Rajesh Bhai Shukla, immediate past Chairman Anil Bhai Dodhia, Trustees, Management committee and all the members of Saturday Club who

proposed his name unanimously for this prestigious award.

Sanjeev was truly grateful for the recognition he received for serving the less fortunate people

of the society.

His work is far from over, but what he has accomplished has made a difference in thousands of people's lives.

In fact, it has greatly encouraged

him to do more and more work to assist the needy.

Sanjeev Agarwal's vision is to initiate and provide support to the less privileged people in the society and help the needy.

Sanjeev Agarwal, Founder Chairman of Mombasa Eye Hospital and Laser Centre receiving prestigious "Anant Pandya Fellowship" award from Saturday Club Chairman Rajesh Shukla. Looking on are Anil Dodhia, Mehul Doshi and Mrs. Ketki Doshi.



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Giant Buick Riviera, the First Ever Entry from Rwanda for Concours

Kigali based Paul Bukuru is bringing his giant 1968 Buick Riviera to Nairobi from Rwanda to become the first ever competitor from that country to contest the CBA Africa Concours d'Elegance.

The Buick also sets a landmark by having a seven litre engine which is the biggest car engine to be seen at the Nairobi Racecourse.

This year's Concours will be held on September 30th and will be the 48th in the annual series run by the Alfa Romeo Owners Club.

Paul's massive two door Buick coupe was a great favourite with the crowd at the recent CBA Uganda Vintage and Classic Auto Show (a Concours event) in Kampala.

It is expected that this machine will be a centre of attraction for the motoring fans gathering at the Nairobi Racecourse for the classiest event on the Kenya motor sport calendar.

The Buick has been listed in the class for touring cars over 4000cc and will be up against the crowd pulling 1952 Rolls Royce of Roger Tanner, the Adenauer Mercedes Benz of Sachit Shah which was made in 1959 and Dhiren Pitrola's 1987 Mercedes Benz 300SL.

Lucy Mungai, the Concours secretary, reported, "Car entries have reached the maximum of 70 which is specified in the regulations.

This requirement is aimed at ensuring high standards of judging.

Now there is growing interest in the eight classes for motorcycles, the Classic Car and

Motorcycle Sale and Auto Expo which is the motor trade section of the event".

There is a flock of newcomers who will be making a first appearance at the Nairobi Racecourse on September 30th including Anwar Fatehdin with a 1930 Ford Model A and Ravi Soni who will be driving a 1928 International box body on the Total Excellium inspection ramp and along the judging line in front of the main Racecourse grandstands.

Rally driver Rob Linck will have his classic 1979 Porsche 911 and will be against the similar car of veteran rally driver Aslam Khan in the competition car class.

Other motor sport personalities participating in the competition car class are Rehan Shah who is leading the Kenya National Autocross Championship in his Mitsubishi Evolution 7 which he won last year and the current runner up Sahib Omar with a Subaru Impreza GC8.

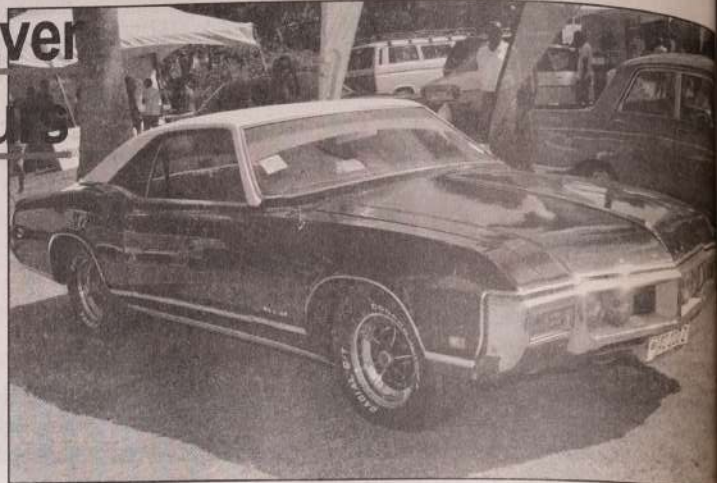
Their cars are being prepared by Autohire Traders who have also entered a classic Mercedes rally machine made in 1984.

The oldest machine in the event is the 1925 Triumph 550 SD motorcycle of Dominique Antoine which will contest the newly introduced class for bikes made before 1960.

Dominique will be competing against the 1959 BSA Shooting Star of Peter Giraudo and the BSA Bantam entered by Ugandan motorcycle enthusiast Robert Lule.

Peter Giraudo is also busy preparing his 1966 Triumph TR 6C which is a competition motorcycle favoured by riders in the desert racing events held in America in the 1960s.

1968 BUICK - The first ever car entry from Rwanda for the CBA Africa concurs d'Elegance is this giant seven litre Buick Riviera of Kigali based Paul Bukuru. Which will be a great attraction at the Nairobi Racecourse where the Alfa Romeo Owners Club will hold the Concours on September 30th.



Kenya Launches Strategies to Boost Food Security and Curb Malnutrition

NAIROBI (Xinhua) — Kenya on Tuesday unveiled strategies to boost food security and help curb rising cases of malnutrition.

The documents named Kenya Food Composition Tables 2018 and Kenyan Food Recipes 2018 are produced by the ministries of health, agriculture, livestock, fisheries and irrigation with technical and financial support from the Food and Agriculture Organization.

Health Ministry Cabinet Secretary Sicily Kariuki while launching the guidelines in Nairobi said they contain food composition data, which forms the basis for most aspects of food and nutrition.

"I am calling upon all food and nutrition security stakeholders to support the government in disseminating the documents to the end users who are the county governments and the implementing partners.

"My commitment is to ensure that the updating

of food composition data becomes a routine activity," said Kariuki.

She noted that while there has been some improvement to boost food production in Kenya, a majority of citizens are still food insecure and face malnutrition.

"We are currently experiencing the triple burden of malnutrition mainly under nutrition (underweight, stunting and wasting), overweight and obesity and micronutrient deficiencies.

"One in four of children under five years are stunted, 11 percent are underweight and 4 percent are wasted," she said.

"I am here to assure you that that government is committed to ensuring food and nutrition security as envisioned in the Kenya Vision 2030, the National Food and Nutrition Security Policy 2012, the Big Four Agenda and the 2030 Agenda for Sustainable Development," she said.

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ODC HANDS OVER A DELL LAPTOP TO HATUA BENEFICIARY STUDENT

Overdrive Consultants (K) Ltd (ODC) is an IT firm based in Nairobi and Mombasa.

Its products and services are geared around the popular brands. With a wealth of experience and a wide skill-set, ODC provides solutions for businesses, homes and startups as well as carrying toners and consumables, new equipment, repairs and everything IT.

In line with corporate and environmental responsibility, giving back to the community is a priority to ODC.

With big hearted donors onboard, ODC is able to receive and revive last generation laptops and pass them on to deserving students.

On 10th September 2018, ODC handed over a Dell Inspiron 6400 laptop to Willington Maramba, a 21 year old Hatua beneficiary who is currently in higher education.

The beneficiary Willington Maramba and Tariq Rafiq of ODC.



Quoted from Willington, "I am fourth year student at Maseno University, pursuing a bachelor's degree in education science with IT.

"I joined Hatua Likoni in 2014 after my KCSE exams. I was optimistic about being successful in life, receiving the scholarship was an assurance of hope for this dream.

"Today receiving this laptop is another booster. Being in my last year of study, I'm doing all our exams as typed project papers.

"This could have been a real nightmare without this laptop. I am sincerely thankful for ODC and Hatua for the support."

ODC thanks its donors and Hatua for the conduit that they provide for noble causes.



Seen [from right] are Lion Lady Mercè with Ladies Auxiliary Convenor Lion Ketki cutting the cake with Mzee Musyoki. Looking on [from left] is Lion Kalpana, Caretaker of home, Lion Dr. Lata, Lion Lady Hemali, Lion Lady Kirti, Lion Meena and Lion Lady Dr. Madhvi.

LIONS PWANI LADIES AUXILIARY VISIT THE 'NYUMBA YA WAZEE'

The Lions Club of Mombasa Pwani Ladies Auxiliary for the month of September 2018 went to visit the Nyumba ya Wazee.

There are approximately 20 elderly people staying there, a few with some kind of health issues. Mr.

Kioko Mutuga one of the Wazee was diagnosed with Prostate Surgery.

The Lions Club of Mombasa Pwani paid Kshs 18,200 towards his surgery at the Port Reitz Hospital and he is now recuperating well.

The Ladies Auxiliary donated the following food items to the Nyumba ya Wazee:

1 bag of rice of 25kg, 10litres oil, 10kg sugar, 15kg pojo, 15kg beans, 6 bales of maize meal flour, 5 boxes of milk, 10kg Uji wa Wimbi and Chocolate biscuits.

Toiletries were also donated as follows: Pampers, 2 bottles of 5litres Jik, 5 bottles of 5litres disinfectant, 2 dozen small towels, 2 dozen Colgate, 2 dozen Vaseline and 5 mattresses were donated by Mr. Mukesh Patel in memory of late Kashiben V. Patel

The milk, cake, biscuits and fruits were served to the Wazees.

The Wazees thoroughly enjoyed themselves during the Cake cutting with all of them singing and were grateful to the Ladies for their donation.

The entire members of the Home blessed the Lion Ladies.

The entire cost of the donation was over Kshs 50,000/-

We the Lions Club of Mombasa Pwani feel blessed to have visited the Wazees and gave them happiness as we continue to "Serve" the less fortunate and under-privileged in our society.

Ajay Pattni Inducted Lions Mombasa Central President

The installation night of the Lions Club of Mombasa Central was held at the Nyali Golf and Country Club on Friday 31st August.

It was a full house attendance of all members as well as members guests.

Lion President Ajay Pattni, Vice President Lion Rajesh Chavda, Hon. Sec. Lion Kuldeep Soar and Hon. Treasurer Lion Sandeep Gudka were sworn in as office bearers.

Lion President Ajay Pattni in his acceptance speech thanked all lion members for their trust and confidence to elect him as President of our fine club and promised to perform his duties and serve the less fortunate members of our society.

Outgoing past President Lion Vrinder Soar thanked all office bearers and members for their support during her term and



Seen [from left] Installing officer Lion Subhash Devani congratulating incoming Lion President Ajay Pattni with immediate Past President Lion Vrinder Soar.

hoped for the same to the new team.

She also promised to the best of her ability to support Lionism.

New member Lion Dharmesh Simzia, introduced by Lion

President Ajay Pattni was inducted to the Lions Club of Mombasa Central by presiding officer Lion Jyotsna Dhanani.

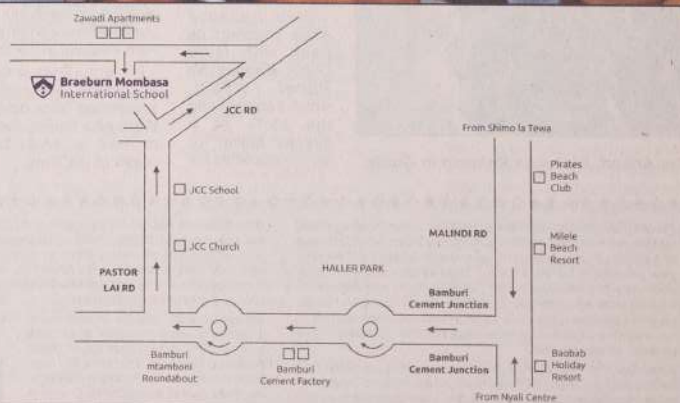
All members enjoyed fellowship and dinner thereafter.



[LEFT] Lion President Ajay Pattni presenting District Governors Kit to Lion Secretary Kuldeep Soar witnessed by Lion Subhash Devani. [RIGHT] Lion President Ajay Pattni welcomes new member Lion Dharmesh Simzia, witnessed by inducting officer Lion Jyotsna Dhanani.



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Restoration Work Now Complete On The Cast Bronze Statues And Stone Plinth Of The Askari Monument In Mwembe Tayari

Restoration work on the cast bronze statues and stone plinth of the Askari Monument in Mwembe Tayari directed by the Commonwealth War Graves Commission to commemorate the Africans who died in the World Wars is now complete.

The restoration work follows best practice and has been carefully done by a team of CWGC experts from UK and Nairobi. The missing parts such as rifle barrels and staff were recast by a foundry in UK that made the originals using data from the 3D scans of the statues done in Nairobi.

These have been deftly reassembled in place. There are more improvements to the surrounding garden scheduled for the end of this year and after the necessary planning consents obtained.

A conservation conference organised by CWGC on 27th August brought together a select group of conservationists, NMK members well represented.

There were informative presentations on the techniques used in restoration. In all, the work undertaken attention to detail is meticulous.

Design guidelines and standards, including those on sculpture work and selection of plant species, are strictly followed.

The Commission cares for the graves and memorials to 1.7 million Commonwealth servicemen and women in 1000 locations in 153 countries – a magnanimous and unselfish undertaking that the Commission is doing very well.

Birders will be interested to know of a forthcoming Kenya Bird Map project that aims to record the current distribution of all of Kenya's bird species.

By pooling the efforts of many keen Scientist birders, KBM will tell the story of changing bird distributions and abundance - in so doing provide a powerful tool for conservation.

This is a massive about the workshops from Sindey Shema BM group.

The Kenya Bird Map project will conduct a series of one-day field workshops along the coast during the final week of September (exact dates to be communicated soon).

The workshops will be on mapping bird distributions across Kenya as a citizen project of the Kenya Bird project!

For avid bird watchers at the coast are encouraged to attend of the workshops and learn how they can contribute to research and conservation by doing what they love - birding!

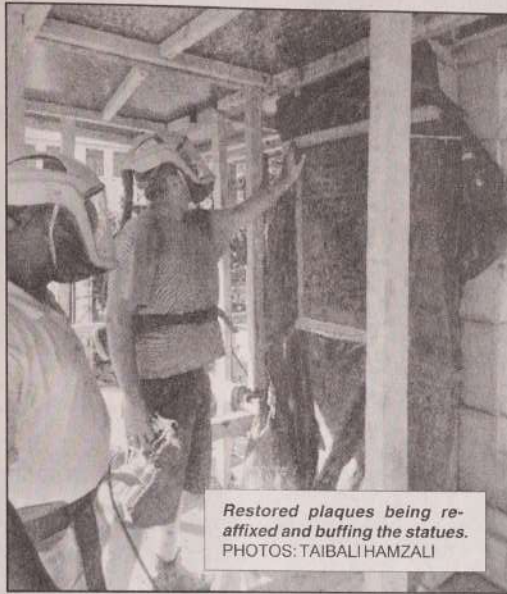
Free training workshops will be held (one each for north coast, central and south coast).

If you love birding, please do not miss out.

You will be very glad you attended!

For registration please send an email to: nyabirdmap@naturekenya.org

There is an exciting new art exhibition at the Fort Museum by veteran coast artist Allan Green who describes the exhibition themes:



Restored plaques being re-affixed and buffing the statues. PHOTOS: TAIBALI HAMZALI

"Uswahilini meaning in Swahili land or life, features oil on assorted material works in arabesque, portraiture and Art Nouveau.

"The psyche of who the Swahili may be.

"To most Mswahili is a Saudi Arabian descendant but the scope is wider in this exhibition.

"What about the Urdu- Bantu connection, what about the Baluchi, etc.?"

"Well the Urdu, Punjab, Baluchi or Indian Swahili connection is shown in vivid colour in this show with live model renderings.

"Along with that the Rhumba connection shared along the East African coast through Taraab music is highlighted with the depiction of a pioneer Rhumba star - Jules Shungu Wembadio aka Papa Wemba."

The show runs through October at the Fort Jesus.

Joseph Allan Green in fb/instagram or 0733 454981.

Allan's work is refreshing, thought provoking and worth seeing.

• Following our last heritage visit in June we received essays from three of the four schools that came on the trip.

The best overall essay was from Mwanaharusi Sayyed of ACK Canon Mweri Secondary School.

The best essays from the other schools were from Amir Ali Ruwa of Jimba Gedi and Lydia Kitsao of FB Tuva Secondary Schools.

Some interesting excerpts from the essays:

....it was such an insightful walk, the Old Town should be preserved, renovated and kept as a living monument to our past. (Mweni Bosco Mramba)

....the trip was a success. The students really enjoyed and learnt the lesson on the value of appreciating and preserving the heritage. (Lydia Kitsao)

....when I grow up I would like to be among FFJ group (Mwanaharusi Sayyed)

Prizes to all the winners have been dispatched.

Our thanks to FFJ member Abbas Sonji for a generous donation of nine cartons of school books for distribution to deserving libraries.

The books have been divided in four lots and sent to Webb Memorial, Malindi, Nguuni Nature

Sanctuary, Mwarandinda Primary School in Ganze and KTVAF library in Mtwaya.

All these libraries are very well used by school children. In some areas libraries are the only place where they can access school books.

Any books donated are well used by students eager to learn. If there are any members who have books or magazines to donate please let us know. Your unwanted book will be a treasure to someone else.

We are delighted to report that one of our ongoing projects to make benches for visitors at the Rabai Cultural Centre is complete and looking good.

Julius Mumbo, the Curator has done an excellent job within time and budget.

There is now seating for some 40 visitors on very sturdy benches made from locally sourced sustainable materials using skills of local fundis.

This ensured that most of the funds benefitted the local community.

Newsletter Notes From The Friends Of Fort Jesus

Julius informs us that the benches have been very well received by all who use the facilities within the compound.

We plan to cover the seating area with a timber and mabati roof.

We will soon launch an appeal for donations in cash or kind once we know the quantity of materials and costs involved.

• Many thanks to members who have renewed.

However, so far renewals have been rather slow and we urge those who have not renewed to do so.

FFJ's greatest strength is in its members and your subscriptions are a major source of funds.

We hope you will continue to support the society and the work we do.

(Taibali Hamzali, Chairman)

PAST PROGRAMMES

Saturday, 17th August - Bird Walk at Msumarini, Kikambala



This time we went North to explore Msumarini and it's neighbourhood, which included part of its school compound and a small stretch of its seafront.

Black-backed Puffback, Black-crowned Tchagra, White-browed Robin Chat made their voices heard. Lesser Striped Swallow perched on power lines and so did a Village Indigo bird.

We found a Grassland Pipit and a lovely Pin-tailed Whydah in full breeding plumage displaying to its females; spotted a flock of Violet-backed Starlings and just when we reached the seafront a Whimbrel flew past (how exciting!).

This shorebird was either an early arrival from its breeding grounds in palearctic regions or opted to stay in Kenya instead of migrating.

We had almost got back to our starting point when we came across a very noisy colony of Village Weavers.

The colourful males dashed to and fro collecting and carrying material for nest-building.

July too.

From there we proceeded to the EcoWorld Watamu where we were shown how we can recycle our glass, plastic, and solid wastes which are major threats to the environment but are now providing a source of income to the community.

The main gate, which was covered with water bottles, cleverly screened the many mounds of recyclable waste that had been collected by the local community and was being sorted into separate piles of plastic, glass, etc.

From here we passed through another gate, this time covered in colourful discarded flip flops, and saw what these waste mounds could be turned into.

Plastic can be type and colour sorted, chipped and sold to companies in Mombasa to recycle back into various useful vessels again.

Whole bottles, both glass and plastic, were shown being used as decoration within the construction of the walls of the offices which also had an amazingly designed bottle door.

We passed an artistic 'bottle' nose dolphin embedded in a wall of the workshop of which held more ingenious ideas.

The vegetable patch is not over looked either. Bottles can be embedded neck down or stacked high to make a retaining wall for a raised bed or used as path edging.

Glass, as we know, is very often used in terrazzo surfaces so a glass crushing machine is something the Centre would like to acquire to enable another income.

There's certainly enough bottles coming from the local Watamu hotels and bars to earn a good income!

In the art department a palm tree with its coconuts ingeniously made from coloured water bottles stood proudly in the corner, along with pictures on the wall and even a chandelier on the work bench.

School children are often visiting the Centre and are shown how to 'think outside the box' and make things from cardboard, toothbrushes, expired lighters, sisal string and many things we don't think twice about throwing away.

A stool, recycled from a

collection of 1litre soda bottles, was ridiculed by many but they changed their tune when finding how strong and comfortable it was.

Outside we were shown how coconut husks, a plentiful source on the coast, can be carbonized into a free source of fuel. Cow manure, charcoal dust, sawdust and paper can be blended with water and then compressed into briquettes, another non cost fire source.

Some FFJ members mentioned that the addition of some crushed coconut shell (?) into the blend would add more oil to the briquettes therefore making a more effective burn.

Several ideas from the FFJ members came forth and one in particular of recycling aluminum bottle tops along with beer and soda cans were very well received and will, i believe, be acted upon.

'One man's rubbish is another man's gold' can be applied here so lets think positively about recycling and helping the community.

(Debbie Wanje)

FUTURE PROGRAMMES

Saturday, 15th September - Bird Walk at Nguuni Nature Sanctuary

This month's bird walk is at Nguuni Nature Sanctuary. Meet at the ticket office at 3.00pm.

For more information see our Facebook page or contact Doris Schuale Tel: 0722 277752.

Email: dorischaule@gmail.com

Tuesday, 25th September at 7.15pm - 'Waste to Art': Illustrated talk by Julie Myra, WMA

Julie is an artist at EcoWorld based at the WMA waste recycling centre that we visited last week.

Julie is very enthusiastic and we were so impressed with the work she is doing we asked her, at short notice, to speak to a larger audience and for the benefit of those members who could not come to the outing.

The recycling centre has made a significant improvement on the livelihoods of the local communities.

One of Julie's project is with students. She describes it as:

Waste Education Program for students from Kindergarten all the way to the University level.

We stated the program because we believe that as a child grows into adulthood and they are environmentally aware of waste its effects and they have also been taught on simple ways that they can manage the everyday waste that they generate through art then maybe will be able to curb this problem of poor disposal of waste and pollution in general at its roots.

As for the older generations in the community we also educate them on waste, its effects and better methods of solid waste management.

However, since it is difficult to teach an old dog new tricks we show local community members the money behind waste.

In this way they kill two birds with one stone in that they help clean the environment and at the same time make products from marine waste that they can sell to tourist and earn an income.

Watamu's waste management is a success story.

Please try and come to hear more.

Indians Make Great Contribution To Sports In Independent Kenya

By John Kwoba NAIROBI (Xinhua) -- The Indian community in Kenya has made its mark in Kenya sports in many ways since the country attained independence in 1963.

During the days of the East African Safari Rally, when the event was a fixture on the World Rally Championship (WRC) calendar, Joginder Singh, a Kenyan of Indian origin who

went by the moniker "The Flying Sikh", dominated the competition.

He won the event on three occasions at a time when teams from Europe and Japan assembled their best machines for the toughest rally in the world, and is credited with creating interest in motorsport in his community.

The husband and wife Safari Rally team of Prem and Pauru Choda, showed that not only was rallying a test of both man and machine, but in their case of man, woman and machine during a time when the longest-serving

motorsport administrator was Bharat Bhardwaj.

Aasif Karim, former Kenya national cricket team captain, whose family's sporting lineage spans three generations, told Xinhua he has been privileged to carry the Kenyan flag on different occasions in diverse sporting venues both in cricket and tennis.

"Mine may just be one of the multitude [of] tales to be told about the Indian contribution to sports in Kenya.

"My story and that of my family is but one of many and I cannot

help but think of all those other sportsmen and women that have played their part in making Kenya such an amazingly gifted and talented sporting nation," Karim said.

Avtar Singh Sohal, who captained Kenya's hockey team through three Olympic Games, is believed in many sporting circles to be one of the greatest Indian sportsmen outside of India.

In tennis, former Industrial Court of Kenya Judge, Saeed Cockar and his brother former Chief Justice of Kenya Majid Abdul Cockar, broke the domination long held by English colonial era players in the late 1950s.

They were closely followed by Yashwin Shretta who dominated the Kenyan tennis scene for over a decade, not to mention Yusuf Karim who won tennis tournaments and remained undefeated for 25 years in Mombasa from 1951 to

1977 from the age of 16 to 42. In cricket, Kenya dominated



Joginder Singh
The Flying Sikh"

the East African scene from the 1960s to early 2000s under

talented players like Lakhani, Jawahir, Zulfikar Ali, and Rama Patel.

"Post-independence to date contributed immensely to sports in Kenya and teams including hockey cricket from the sub-continent still visit the East African with coaches and managers having played a major role in the country's continued success in the Cricket World Cup, the 1990s and in hockey in the 70s, especially the Olympics," Karim remarks.

He said the Indian community has also made immense contributions in sharp shooting marksmanship as a sport that the current Kenya Service shooting team from the majority Indian police of the Railways Police set up during the construction what was known as the Uganda railway line.

KENYA HOST NATIONAL PARK TALKS

NAIROBI (Xinhua) -- Kenya will host first edition of the African National Parks Conference in November 2019, officials disclosed on Tuesday.

Margaret Mwakina, Principal Secretary for Wildlife, said that the forum will draw delegates from 250 parks around the continent to discuss various issues pertaining to the animal sanctuaries.

"Kenya won the bid against stiff competition from Ethiopia and South Africa because of its superb conference facilities that have been tried and tested over a long period of time, led by our iconic Kenyatta International Convention Center (KICC)," she said during the occasion to mark the 45th birthday of the facility, adding that the meeting will take place at the venue.

The 28-storey structure was for years the tallest building in the region and attracted people from all walks of life who marveled at the architecture of the construction.

Over the years, KICC has hosted high profile international conferences with the United Nations Conference on African Development (UNCTAD), the Tokyo International Conference on African Development (TICAD)

and the 2nd High Operation (HLM2) being the most recent among others.

Nana Gecaga, KICC chief executive officer, said the conferencing venue has embarked on an upgrade of its meeting rooms to increase its competitiveness in the region as well as aggressively marketing drive both locally and internationally to ensure that the country wins bids to host major events.

"We are looking at enhancing delegates' experience through the upgrade as well as enhancing the center's capacity through strategic partnerships to enhance tourists' experience with the Nairobi National Park as well as with other hotels," Gecaga said.

She said KICC is set to host many high-profile conferences including the 14th African Dairy Conference in August next year, Sixth Africa Higher Education Week and Reform Biennial Conference in October and the First Global Conference on Sustainable Blue Economy in November.

KICC can host up to over 7,000 and 10,000 delegates indoor and outdoor respectively.

Driver's Worst Nightmare - Parking In Restricted Space With A Queue Of Hooting 'Know Nothing'

Parking a vehicle is supposed to be one of the easier exercises that a driver has to carry out. However, there are many drivers for whom parking is still a daunting task. Jomo Kenyatta International Airport (commonly abbreviated JKIA) in Nairobi.

He had decided to make use of the trip to arrive in Nairobi earlier in the day and do some business before catching an evening flight to Europe.

A friend of his was arriving back from a business trip to Argentina and so had asked whether Kachumbari could take a car from his house and drop it at the airport for him to use to travel to his house on arrival at JKIA.

Kachumbari agreed to do so. He had the use of the car for the day to run his errands and then head to the airport.

His last activity involved parking in a silo parking of an office complex somewhere off Riverside Drive in Nairobi.

When he completed his activity, he took the lift back to the top level of the silo, got into his car and set out to extract himself from the silo and into the heavy early evening traffic.

As he was descending from the eleventh floor in the parking silo, which is where his host had reserved parking for him, he had to stop after only descending two levels as there was a driver who was reversing into a parking space.

The rule in the office complex was that all vehicles parked anywhere, including in the silo parking, had to park facing outwards so that in the event of emergency evacuation, all cars would be able to leave quickly without having to make too many manoeuvres.

He had to stop to let the driver get into the parking as the space allowed for driving up and down the silo parking was quite narrow.

Two Hummers driving in opposite directions in the parking silo would have been unable to pass each other.

The driver started to reverse her large expensive saloon car into her allocated parking and after reversing for two metres moved forward again as she appeared to conclude that she had got too close to the other vehicles already parked yet to Kachumbari she had plenty of space to reverse a bit more.

She then inched forward for a fraction of a metre and then stopped and turned the wheel to an opposite lock.

She reversed for a very short distance and then stopped, turned the steering to the opposite lock and then inched forwards again.

Each manoeuvre back and forth was barely more than a metre in length.

The space between the two cars that she was trying to park in between, which it later turned out to be her allocated parking, had been narrowed because one of the adjacent cars had parked very close to the separating line.

These to and fro movements by the lady trying to park went on several minutes and cars began to gather either side of the activity.

The poor driver started to panic as some of the drivers who were now backed up on other floors began to hoot and the construction of the parking silo was such that any noise was amplified as it bounced off the walls enclosing the silo parking.

The back and forth cadence got shorter and the parking effort became more futile as the pressure mounted on the driver.

After a while one of the drivers decided to come out of their vehicle and offer to help the lady park the car.

One could almost hear a sigh of relief as she got out of the car and allowed this good Samaritan to help park her vehicle.

Big mistake. The fellow got into the car and realised that there was a reversing camera in the car so one could see what was going on at the back of the vehicle.

He had never used this aid before and decided would do so now.

He was also in a hurry to park the vehicle so that he could unlock the traffic jam that had now developed in the silo parking.

Some other drivers had got out of their vehicles to come and help and stood by and some of the security staff had also come to the spot because of the incessant hooting that had been taking place and continued to happen.

He reversed once getting much closer to other parked cars than the vehicle's owner had done and then moved forward and again got much closer to the vehicles ahead of the car he was trying to park.

As he reversed a second time, his driving foot shot down the accelerator as a reaction to his hurriedly leaning further sideways to better see behind despite the fact that there was a reversing screen on the dashboard.

Before he could move his foot to step on the brakes, he had rammed hard into one of the vehicles he was trying to park in between and ricocheted onto the next vehicle.

The alarms on these parked vehicles went off and this triggered a couple of other alarms in adjacent cars.

One has to picture a situation where there are cars hooting a floor below and above where this incident was taking place and

then add now the alarms that had just started off.

This added to the mayhem that was brewing in the parking silo.

The good Samaritan got out to help the driver and the lady owner of the now became extremely angry and the rescuing driver.

Other drivers also got out and abusing the fellow - whose only intention was that he tried to save a situation that had become a disaster.

It took the security personnel and several minutes for the incident to be resolved. The stupidity of the driver and the order to wait for the rapidly turning event precipitated by the lady trying to park at a peak

parking silo.

They saw that there was a reason that had opened up in the access which cars could manoeuvre through.

They also decided that they would call all the parties to the incident to agree on how to handle the accident that had happened.

The security personnel split the blame. Some started directing traffic to clear the gap whilst others got the owners of other vehicles which had been hit to leave the parking silo.

They also were able to get the police station a few minutes away and their rapid response system.

All in all, it took Kachumbari several minutes from the time he entered the silo to exit from the parking silo to be able to leave the office complex and head back to his car.

This cut into his time seriously - as he usually does - allowed for one hour to get to the airport and wait to get there on time, park the car in the silo at the airport and make his check-in leaving the car keys with a designated person in one of the outlets at the airport.

This parking silo incident illustrates simple things can get completely complicated through a series of errors forced on someone genuinely trying to help out in a difficult situation.

The key lesson is that even in the most seemingly major crisis, some call for a calm to ensure that a bad situation is not made worse through trying to hurry through what appears to be an obvious solution.

As Kachumbari says, slow and steady wins the race!

CoastDrive
with Teti
Kamugunda



Nineteen Years' Ago

Coastweek, September 09-16, 1999

Balala Chairs Carnival Trust

THIS YEAR'S Mombasa Cultural Carnival will be launched on September 11, 1999 kicking off the forthcoming Millennium Celebrations at the Coast. The main event is, however, scheduled for Saturday, November 27, 1999.

The Launch event which starts at 10.00 a.m. will be held at roundabout of Nyerere, Digo and Nkurumah Road, considered to be the heart of the town's central business district and is expected to attract a cross section of Mombasa's residents.

Mombasa Cultural Carnival will from this year be held under an autonomous trust known as the "Mombasa Cultural Trust" under the Chairmanship of the former Mayor of Mombasa Najib Balala. The Trust has been entrusted with responsibility to raise funds for this auspicious event whose organization is expected to cost to the tune of KShs. four million this year.

The organizing committee has programmed a wide range of entertainment during the launching ceremony, to whet town residents' appetite for the main event, which is, expected to bring out the cultural diversity which has been the bedrock of this coastal town for years.

This will include dancers from well-known cultural troupes in town, acrobatic groups, and various choirs.

Fabulous prizes will be offered to those judged as having the most creative outfits.

The prizes will be in six different categories of the best-dressed child, male, female, couple, float and professional.

Last year's event which was held on October 3, 1999, marking the Golden Jubilee of Mombasa and Coast Tourist Association drew hundreds of Mombasa Residents and tourists alike in a rare wave of merriment and excitement never witnessed in Mombasa for years.

All communities, schools, colleges, institutions, companies and even individuals are encouraged to come up with themes ideal for the occasion.



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SHIPPING IN KILINDINI PORT

CONTAINER VESSEL	ETA	AGENT
KOTAGABUNG	11/09/2018 2100	PIL
HUGO SCHULTE	12/09/2018 0600	MAE
MV MARENO	12/09/2018 1200	DSS
MSC CAPRI	13/09/2018 0200	MSC
MSC POSITANO	13/09/2018 0200	MSC
SEOUL TOWER	13/09/2018 0600	CMA
MSC MILA 3	14/09/2018 0600	MSC
EVER DYNAMIC	14/09/2018 1400	EVG
QUADRIGA	15/09/2018 1500	MAE
EVER DIAMOND	16/09/2018 1400	EVG
MCP KYRENIA	17/09/2018 0500	CMA
MSC MARIA LAURA	17/09/2018 0600	MSC
SERVAL	17/09/2018 0700	MAE
SAFMARINE NGAMI	17/09/2018 1500	MAE
HANSA AMERICA	18/09/2018 1500	MAE
KOTA NAZAR	19/09/2018 1500	PIL
SPERO	19/09/2018 1500	DSS
KOTA MANIS	19/09/2018 1800	PIL
SONGA HAYDN	20-09-2018 0500	RSS
MCP KYRENIA	20/09/2018 0600	CMA
MSC LANA	20/09/2018 0600	MSC
LYME BAY	20/09/2018 0700	MAE
MSC JEANNE	21/09/2018 0600	MSC
VENETIA	24/09/2018 0500	RSS
MSC CHERYL 3	24/09/2018 0600	MSC
BATAM TRADER	24/09/2018 0600	DSS
SAFMARINE NYASA	24/09/2018 2100	MAE
GDYNIA TRADER	24/09/2018 2300	DSS
KOTAGUNAWAN	25/09/2018 1300	PIL



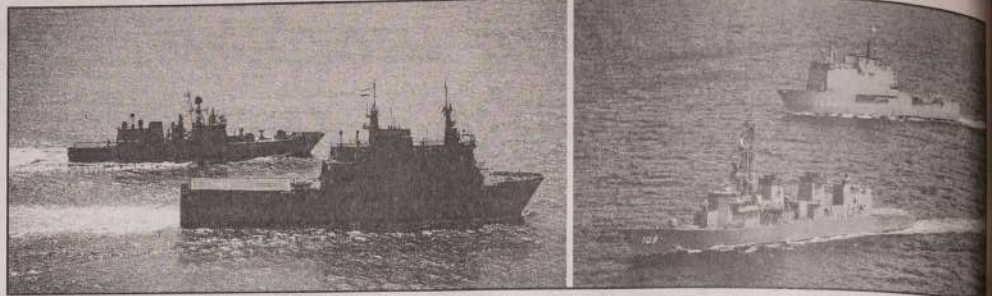
CONVENTIONAL	ETA	AGENT
PRIME ACE	11/09/2018 2359	ISS
MORNING CLASSIC	12/09/2018 0400	DSS
GRANDORION	12/09/2018 1000	ISS
AFRICAN LARK	12/09/2018 1500	STA
GLOVIS CROWN	13/09/2018 0300	SRF
GRAND DOLPHIN	14/09/2018 0600	DSS
MARTIGNY	14/09/2018 0600	WSS
BELNOR	14/09/2018 0600	NSM
LORD VISHNU	14/09/2018 1800	DSS
LEFKONIKO	15/09/2018 0600	EXP
TIAN ZHEN	15/09/2018 0600	ISS
JINSEIMARU	15/09/2018 0600	EAC
MARODUID	15/09/2018 0600	SSS
ROSINA TOPIC	16/09/2018 0600	OBJ
SWAN ACE	16/09/2018 0600	ISS
VICTORIOUS ACE	18/09/2018 0600	ISS
LIBERTY ACE	18/09/2018 0600	ISS
AVRA	19/09/2018 0600	NSM
PACIFIC DAWN	19/09/2018 0600	CFS
NORD MISSISSIPI	20/09/2018 0800	SSS
LEONARISO	21/09/2018 1200	OBJ
AFRICAN LEOPARD	22/09/2018 0600	EXP
BISCAYNE LIGHT	22/09/2018 0600	EXP
GRAND QUEST	23/09/2018 0600	SOC
AYIA MARINA	24/09/2018 0600	EXP

TANKERS	ETA	AGENT
STISTEADFAST	11/09/2018 1200	STR
MELATI 5	11/09/2018 1600	CFS
STOLT VIKING	15/09/2018 0600	STR

OTHER VESSELS	ETA	AGENT
AL-FAZAL	11/09/2018 1200	CSA
AZERIGAS	11/09/2018 1200	STR
PETRA 1	11/09/2018 1700	SEC

Walters for CONTAINER BERTHS - NESHAT. Waiters for CONVENTIONAL BERTHS - NIL. Waiters For SHIP CONVENIENCE - IRON LADY V; IWAMI. WAITERS FOR KOT - HAIMA; MELTEMI; NEW CHALLENGE. Waiters for SOT / VIK - EAST WIND; ALDABRA; BARGE WINA; KRIS KIN.

'OPERATION ATALANTA' COUNTER-PIRACY WITH INDIAN AND JAPAN NAVIES



'Operation Atalanta' is fully committed to continuing international co-operation to extend the capability, reach and effectiveness of counter-piracy operations off the coast of Somalia. EU NAVFOR Spanish Flagship ESPS Castilla [left] seen in a rendezvous with Indian Naval Ship INS Teg (a Talwar-Class Frigate) earlier this month shows the depth of collaboration, which currently exists between EU NAVFOR and India protecting the freedom of navigation through the waters off Somalia. Meanwhile Japan Maritime Self-Defense Force's JS Akebono [right] and EU NAVFOR Flagship ESPS Castilla conducted a Passage Exercise (PASSEX) in the Gulf of Aden. PHOTOS - EU NAVFOR

Focused 'Operation Vigilant Lion' - A Roaring Success In The Gulf Of Aden

As part of its enduring mission to ensure maritime security in the Gulf of Aden, the Singapore-led Combined Task Force (CTF) 151 has conducted *Focused Operation: Vigilant Lion* on behalf of the Combined Maritime Forces (CMF).

The operation, which ran from 31 August to 8 September, involved adjacent forces in CMF, the European Union Naval Force (EU NAVFOR) CTF465, Independent Deployers, and regional counter-piracy stakeholders.

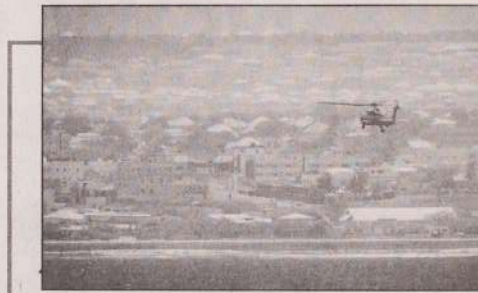
The objectives of the operation were to improve maritime domain awareness through information sharing, and enhance assurance to merchant shipping through intensified actions at sea.

The first two days of Vigilant Lion saw CTF151's flagship JS Akebono and CTF465's flagship ESPS Castilla performing Zone Surveillance and Protection for multiple vulnerable vessels transiting the Internationally Recommended Transit Corridor (IRTC).

During this same period, aerial surveillance by the Japanese JN41 squadron, the EU NAVFOR aircraft CISNE and naval helicopters surged, with JN41 significantly increasing their surveillance flights out of Djibouti.

CTF151 also coordinated with multiple maritime agencies around the Gulf of Aden to conduct Maritime Awareness Calls over VHF.

The calls encouraged cooperation and communication amongst maritime users, including



EU NAVFOR Meet Key Leaders In Mogadishu

To run a coherent operation, we must maintain lines of communications from all areas. This includes Somali government, EU sister and UN missions, as well as diplomatic and military representatives in the city of Mogadishu.

On 9 September 2018, Rear Admiral Alfonso Perez De Nancrales met officials in Mogadishu to discuss prominent issues in the country relating to maritime security.

Rear Admiral Nancrales then hosted them at a reception on board ESPS Castilla.

The aim of these meetings is to enhance existing relationships with EU sister missions, such as EUTM and EU CAP Somalia, as well as other regional actors to maintain a positive influence and further develop each other's capabilities.

By communicating effectively, we can adapt and improve our mission to encourage and maintain maritime security off the Horn of Africa.

fishermen and merchant vessels operating in the area.

COMESA UPSET OVER LOW UPTAKE OF REGIONAL PAYMENT SYSTEMS FOR INTRA-REGIONAL TRADE

NAIROBI (Xinhua) -- The Common Market for Eastern and Southern Africa (COMESA) on Friday decried the low use of regional payment and settlement system for intra-regional trade.

COMESA clearing house executive secretary Mahmood Mansoor told Xinhua in Nairobi that the payment for the bulk of the 8 billion U.S. dollars in intra-COMESA annual imports is conducted through correspondent banks in the United States and Europe.

"As a result, the region pays transaction fees of up to 400 million dollars to foreign banks annually due to lack of use of the regional payment and settlement system," Mansoor said.

Currently, 21 African countries in East, South and North Africa are COMESA member states.

The COMESA clearing house has been operating a regional payment system for the past five years that allows member states' central banks to guarantee payment for intra-COMESA trade and thereby eliminate the need for use of correspondent banks outside the region.

Mansoor said only 5 million dollars of COMESA imports is conducted through the COMESA clearing house every year.

Intra-regional trade remains expensive as traders involved prefer to use letters of credit, which attract a 5 percent

transaction fee, he said.

"Through the COMESA Clearing House, traders don't have to use letters of credit and hence it results in lower cost of trade," he added.

The COMESA official noted that most of the bloc's member states have liberalized their economies and therefore central banks cannot dictate how payments for cross-border trade are conducted. The regional bloc plans to roll out a sensitization campaign to increase the use of the cost-effective regional payment and settlement system.

Green Grams Assure 'Food Security' In Kenya Arid Regions

By Peter Mutai NAIROBI (Xinhua) -- Cultivation of green grams that has been embraced by farmers in the semi-arid eastern Kenya has proved game changer thanks to enhanced food security and income for households. The leguminous crop that was introduced two years ago in the

vast plains of eastern Kenya has given farmers long used to crop failure, hunger and abject poverty, a new lease of life.

"I have made a bumper harvest this year and has paid my own dowry since my jobless husband was unable to do so," Elizabeth Mutuku, a green grams farmer in the southeastern Kenyan county of Makueni, told Xinhua during a recent interview.

The mother of four has been growing green grams since 2013 but has never harvested more than one bag of the crop. "I harvested five bags of the crop and sold three bags at one dollar per kilogram that I used in paying for my outstanding dowry payments," said Mutuku.

Mutuku said that she used her savings to buy grade cattle and construct a chicken pen.

She also purchased learning materials for her school-going children.

She has been growing maize over the years and occasionally intercropped with beans and green grams for domestic consumption but has been experiencing low harvests until a program called Feed the Future Kenya Accelerated Value Chain Development (AVCD) was introduced in her locality.

The program that is implemented by the International Crops Research Institute for Semi-Arid Tropics (ICRISAT) as a drought tolerant crop component in a three-year program (2013-2018), has led to the increased production of green grams in the recent past.

The 29 years old farmer now plans to lease additional land to her one acre piece of land to enable her to buy grade chicken with the money that she expect to realize during the coming 2019 harvest and also start saving money to care for tuition of her children who are in middle school. "I want to start saving school

fees from green gram farming in readiness for my son who will be completing his primary school education next year," said Mutuku.

Catherine Mbilli has bought a dairy cow, built animal feed store, bought 40 chicken layers and is paying school fees for her two college going children that to green grams farming in the past two years.

"The program was introduced to us at a time when I was contemplating dropping farming all together due to perennial losses from maize and millet

growing," said Mbilli.

She stopped growing maize in the late 1990s due to negative impacts of climate change and adopted pigeon peas, cowpeas, millet and green grams.

Mbilli said that since joining the AVCD program in 2014, she has been realizing good harvest but this year's harvest exceeded the previous years.

Joseph Kimeu, a cereals retailer at Kathonzeni market for the past 10 years, this is the first time that few green grams consumers have been purchasing the commodity.

Successful And Far-Sighted Kilifi Farmers Ready To Commercialize Genetically Modified Cassava

KILIFI (Xinhua) -- Kenya has successfully conducted a research on viability of genetically modified cassava that has been ongoing since 2004 to pave way for its commercialization, an official said this week.

Theresia Munga, the Kenya Agricultural and Livestock Research Organization (KALRO) cassava breeder said on Thursday that genetically engineered version of this indigenous tuber is now ready to undergo national performance trials before releasing it for planting by farmers in all agro-ecological zones.

"The new variety is resistant to Cassava Mosaic Disease (CMD) and Cassava Brown Streak Disease (CBSD), the diseases that have caused massive losses to farmers in the eastern African region," Munga told reporters during a field visit at the cassava confined field in the coastal county of Kilifi.

She said the new variety that is virus-resistant and nutritionally-enhanced will provide farmers with an alternative to traditional varieties that are highly susceptible to diseases.

Munga noted that the research has helped identify a variety that is resistant to CBSD that was declared by the United Nations Food and Agricultural Organization (FAO) as a threat to food

security.

"We look forward to mainstreaming cassava into national and county government strategies to help contribute to national food security," Munga remarked.

She emphasized the need for communities to appreciate

cassava as an important alternative to maize since its uses surpasses many crops.

According to FAO's 2000 report, cassava is cultivated in around 40 African countries.

It is the second most important food crop in Africa after maize.

KENYA FEMALE PROFESSIONAL BOXER FATUMA ZARIKA RETAINS WORLD BOXING COUNCIL TITLE



NAIROBI (Xinhua) -- Fatuma Zarika [center], Kenyan female professional boxer, has retained her World Boxing Council (WBC) title for division of female Super Bantamweight. Zarika took on Yamileth Mercado of Mexico in the WBC World Super Bantamweight battle at the Kenyatta International Convention Centre (KICC) on Saturday. XINHUA PHOTO - CHARLES ONYANGO

• STOCKS • SHARES • CURRENCIES •

Kenya floats U.S. \$400 million dollar T-bonds

NAIROBI (Xinhua) -- Kenya has put up for sale two Treasury bonds worth 400 million U.S. dollars as East African nation grapples with a five billion dollars budget deficit.

The 10-year and 20-year bonds will be sold until Sept. 18 and have a fixed interest rate of 12.6 percent and 13.2 percent respectively, the Central Bank said Tuesday.

However, the bonds have been put on sale at a time when uptake of the long-term securities is low, with previous offers recording an under-subscription as investors go for Treasury bills.

Analysts noted that by selling the bonds, the government is pushing to lengthen the debt maturity profile to curb refinancing risk in the short-term.

The Kenya government is currently 38 percent ahead of its pro-rated borrowing target for the current financial year, having borrowed 769 million dollars against a prorated target of 575 million dollars.

The 2018/2019 budget has given a domestic borrowing target of 2.71 billion dollars, 8.6 percent lower than the 2017/2018 fiscal year's target of 2.97 billion dollars, which may result in reduced pressure on domestic borrowing, according to analysts.

Stocks: Nairobi Securities Exchange Fall To New Low

NAIROBI (Xinhua) -- A bear-run has hit the Nairobi Securities Exchange (NSE) pushing all indicators to the lowest level since the start of the year.

Investors' wealth at the bourse, measured by market capitalization, ended the week at 24 billion U.S. dollars, losing 213 million dollars on Friday alone, NSE data showed Saturday. The index has lost 1.05 billion dollars since the start of the month as stock prices fall.

The benchmark NSE 20 Share Index declined by 28.92 points on Friday to stand at 3,099.84 while the All Share Index ended at 163.71.

"All indicators are at their lowest level recorded since January, highlighting a bearish market. This can be explained by less favourable financial performance of some listed companies," the Central Bank of Kenya said on Saturday.

VAT Hikes Put Big Squeeze On Kenyan Farmers

by Bedah Mengo NAIROBI (Xinhua) -- After struggling with bad weather for the better part of this year, Kenyan farmers have new challenges to contend with. The farmers are now grappling with a rise in the price of various inputs that include fertilizer and pesticides.

The cost of pesticides has risen following the imposition of 16-percent value added tax on all pest-control products by the government.

The tax came into force at the start of this month, together with what is imposed on fuel products, which also squeezes mechanized farmers.

The new tax pushes the cost of pesticides by up to 0.50 U.S. dollars, making them unaffordable at a time farmers are grappling with various pests and diseases including fall armyworms and Tuta absoluta.

By imposing the taxes, the government is seeking to raise its revenue base by at least 700 million dollars.

"It is a difficult time to be a farmer in this country.

"I myself grow tomatoes and these are crops that need constant spraying for them to do better," Boniface Kariuki, who farms in Isinya, on the outskirts of Nairobi, said Saturday.

Among the diseases and pests he fights on the crops are white flies and blight.

"You have to spray the chemicals throughout the season to make sure they are not attacked by any other pest or disease. I also have to spray on them calcium foliar feed," he said.

The new tax is, therefore, expected to push up his cost of production by 30 percent.

"This is bad for food security. This is bad for farming.

"We were expecting subsidies from the government, not new taxes," he said.

A chemical that he was buying at 2.5 dollars in the town where he farms now costs at least 2.8 dollars.

Moses Aseka, a maize farmer in Kitale, western Kenya, who harvested his maize recently and is currently drying before storing said the tax may lead to rise in post-harvest losses.

"Last year, I spent 50 dollars on chemicals I applied on my maize before storage.

"My costs would double this year because I have harvested more," he said.

The worst to be hit by the new tax would be small farmers as the effects of climate change brings new pests and diseases.

Last week, Aseka had to pay 20 dollars per day, up from 17 dollars for his maize to be shelled by a machine, thanks to rise in fuel prices.

"Maize farmers who had not harvested before the fuel tax came into force are currently paying heavily for the service.

"These taxes have pushed up our costs of production but the challenge is we may not pass them to end users," he said.

A 50-kg bag of fertilizer is currently going for 28 dollars, up from 24 dollars.

The shortage of fertilizer that has hit the East African nation has been occasioned by delays at the Mombasa port.

The shortage, amid the rise in pest-control products, has equally affected flower growers.

The growers have to contend with the new charges that will raise the price of cut flowers from Kenya making them uncompetitive in the global market.

Analysts noted that the tax on pest-control products is counterproductive and unhealthy for Kenya's quest to be food secure.

"These taxes in the long-term are going to push many small farmers out of the trade because they raise costs yet farmers cannot pass the same to consumers," said Henry Wandera, an economics lecturer, in Nairobi.

Wandera added the taxes further make produce from Kenya meant for export market uncompetitive.

"Local manufacturers of pesticides will also take the heat because their products will be expensive than the imported ones.

"The government should rethink this tax.

"All over the world, agriculture sector is heavily subsidized. Kenya should not do the contrary," he said.

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THIS WEEK IN PHOTOGRAPHS



Voyager Beach Resort Operations Manager Sammy Maende [right] presents a gift on behalf of the hotel to 90 years old John Kinja [centre] and his wife Hannah from Mandarua County who had visited the resort for holiday and to celebrate their wedding anniversary. The couple has 11 children, 43 grandchildren and 45 at grandchildren. Looking on is the Hotels Senior Manager Antony Kinyua and Aline Omariba [second right]. PHOTO: TITUS MUSAU



Orphans from Wema Centre children home entertain guests during their 25th Anniversary celebration held at the centre. The colorful event was sponsored by Voyager Beach Resort.



Davis & Shirtliff Mombasa team has successfully delivered and installed one of the largest RO plants ever manufactured by D&S to a local water supply company. 30m/hr Dayliff unit is notable for its 10m long vessels advanced touch screen interface with iDayliff control system. Pictured is the plant during installation with D&S engineers Gilbert Barasa, John Waema and Reuben Masoo.



Abdulrehman Mehemud and Rashid Adnan, LECOL representatives, donating a UNIONAIRE air-condition unit to the chairman of the Little Theatre Club, Odote Peter on 10th September, 2018.



Rarienda Constituency Member of Parliament Hon. Arnold Otiende [left] is being received by the Travellers Beach Hotel Club and Spa Deputy Financial Controller Felix Muryu on arrival at the luxury coastal resort. The MP was a part of the National Assembly Directorate committee members who were on a three days retreat at the hotel. PHOTO BY TITUS MUSAU



An eye camp was carried out at Kawala Primary School in Rabal co-sponsored by Indian Association and Lions Club of Mombasa Pwani on behalf of an anonymous donor from United Kingdom. Over 200 patients were screened and medicines dispensed free of charge, eighty cataract surgeries were performed free of charge at the Lion Medical Centre. All the patients were given unga, sugar and biscuits by the donor. The cataract surgeries were performed by Dr. Binns and Dr. Sandhya. The cataract surgeries were performed by Dr. Binns and Dr. Sandhya. All the surgery patients were accommodated and operated and returned back to their destination. The Lion Medical Centre thanked Co-ordinator Vinod Dattani, Trustees Amit Dattani, the Indian Association and anonymous donor for the gift of sight to the needy and underprivileged of our society. Seen are Vinod Dattani and Payal Vaja with the patients.



Hindu Council of Kenya Coast branch organised soccer tournament at Gauri Institute ground which was a huge success. The tournament attracted 24 teams which include boys and girls teams' under-15 years. The main attraction was participation of teams from Malindi. The overall winner was Shree Cutchi Leva Poojari Samaj team and the overall trophy was donated by Indian Association. Seen are the Convener and Trustee Amit Budheo and Managing Trustee Vinod Dattani and Chairman of Hindu Council of Kenya Pramod Kothar with the winning team.

HAVE A SMILE!



"He wouldn't be mowing the lawn if he hadn't sneezed and lost his teeth in the long grass."



"We're having a party upstairs and wondered when you were coming up to complain about the noise!"



"Without having me to talk to it for the past fortnight, I bet my plant has died off."



"Looks as though we've got a lot of digging to do."

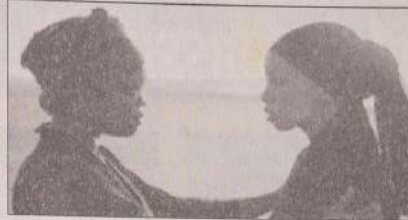


"When I said paint the windows I meant the frames..."

ANIMAL PSYCHOLOGIST



"He thinks he's a tortoise."



A Kenyan-Danish Co-Production in conjunction with Kaaya Films - production stills from Subira Feature Film 2018

Kenyan Danish Co-Production *Subira* To Release in November in Mombasa

Ravneet Sippy Chadha, is a Kenyan Director of films.

Her newest production *Subira* which is all set to release in theatres (in Nairobi and Mombasa) in November 2018 is a Kenyan Danish co-production.

It was shot in Kenya and post-production was done in Hollywood.

The film is about a girl raised in an orthodox Muslim community in the remote island of Lamu, Kenya, her tyrannical mother wants her to follow tradition, learn household chores and aim to be a good wife, just like all the rest.

Subira, however, has other plans. She wants to live by her own rules no matter what people say.

The free-spirited young girl struggles to live out her unique dream of swimming in the ocean, against local customs and an arranged upper class marriage.

Does she have the courage to take her dream on, against all odds?

What will it take for a woman to have it all?

This searing family drama vividly captures the paradox of modernity versus tradition.

The short film has garnered a lot of accolades and interest and was heavily covered by the local as well as international media.

DIRECTOR STATEMENT

The story of SUBIRA comes from a place of deep personal experience.

Growing up as a girl, in a traditional family in India, my entire life was laid out in front of me.

I must behave a certain way, look a certain way, marry into a certain family, have children, in that order.

There wasn't any significance given to my unique sense of self.

In fact, self-expression was not allowed.

Girls must obey to be considered "Good".

The ultimate goal of a woman was to aspire to keep a good home.

Yet, I felt a murmuring in my heart that said, I was meant for greater things.

As I came of age, I started to get offers of marriage, as is our custom.

This was my deepest fear. I saw marriage as a trap.

I had seen many of my cousins go through marriage, giving up their dreams and becoming totally domesticated.

When it was my turn to get married, I did go through an arranged marriage and came to Kenya in a matter of weeks.

In this journey, I found the courage to confront my demons and take on my greatest fears. I can say in my deepest fears I found my largest freedom.

Filming *Subira* has been my dream, having the whole world see my point of view.

The Indian Nobel laureate for literature in 1913, Rabindra Nath Tagore said, "We live as prisoners of our own worlds, creating an amicable environment to be able to live there forever."

"Can we not quietly become aware of our limitations?"

"To have the courage to transient them, to live from a freedom within?"

My work as a filmmaker is to expand consciousness such that we may break through our own limitations and live from a sense of aliveness.

The cast is composed of:

• **Brenda Wairimu** - A top Kenyan Actress who made her mark in TV Series Changing Times and with the Pan African drama Shuga.

Brenda is known for her role in the soap opera Mali.

She is most notable for playing various roles in several television series and stage shows including Sarafina.

Her feature films include Disconnect, 18 hrs and now she plays the lead in *Subira*.

• **Tirath Padam** - is an exciting new discovery.

He is a well-known face in the theatrical circle in Kenya having played the lead in *Robinhood*, and directed *Matilda*.

He has featured in shows like *Run for your wife*, *Jungle Book*, *Simba*, an adapted version of *Lion King*.

Subira is his first feature film.

• **Nice Githinji** - She a Kenyan actress, producer, karaoke hostess, vocalist and TV show host.

She is most notable for playing various roles in several television series.

She rose to fame when she was nominated in the 2009 Kalasha Awards for Best Lead Actress in the film, *All Girls Together*.

In 2011, she later won the coveted award for best lead

actress in drama for her role in television series, *Changing Times*.

• **Melvin Alusa** - A veteran Kenyan actor, well known for his role in reality TV show 'Big Brother Hotshots'.

He has starred in many feature films like *The First Grader* (2010), *Formula X*, *Benta Suomen Marsalkka* (2012) and *Jack Zollo: My Life in Crime*.

He was nominated for a supporting role for the Emmy Award.

He stars in *Subira* as a supporting actor.



Director, Author and Producer- Ravneet Sippy Chadha

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- Sarova Taita Hills Game Lodge

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		9				3	2
							7
4				7	8		
	5		8		1		
		5		4			
9	2	8		3			5
	4		2				
6		1	4		5		
	9		1		7		

SUDOKU NO. 386

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

NAME.....
 ADDRESS.....
 TEL.....EMAIL.....

SOLUTION TO 'PRIZE SUDOKU' NO.385

1	6	4	9	3	5	2	8	7
8	3	5	1	7	2	6	4	9
2	7	9	4	6	8	5	3	1
3	2	6	7	5	9	8	1	4
7	9	1	8	4	6	3	5	2
4	5	8	2	1	3	9	7	6
5	8	7	6	9	4	1	2	3
9	1	2	3	8	7	4	6	5
6	4	3	5	2	1	7	9	8

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There will be small obstacles along the way and 17 giraffe on the course which will make it fun for the kids to find their way around.

Each entrant will be asked to raise sponsorship from well wishers and the funds raised will go to Kenya Kesho School for Girls.

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Congo Boys Make History in Taveta

Congo Boys have made history by becoming the first team this season to secure maximum points from weekend tour of Taita Taveta County for their FKF National Division Two Northern Zone League matches.

Buoyed by the 2-1 win over Taita Taveta All Stars at Wundanyi Stadium, Congo Boys scored 1-0 against Taveta Sisal the following day at Taveta Primary School ground.

Harambee Stars under 17 trials, Hussein 'Neymar' Abdulkhaim scored the all-important goal in the 68th minute through a penalty awarded following an infringement inside the box.

With the win, coach Yusuf Ndere boys have risen up the standing to fourth position on the 17 team FKF Division Two Northern Zone League Pool A log with 37 points from 21 matches.

Congo Boys resume play on September 22, 2018 when they host Tezo Stars at Serani Sports Mbaraki ground.

Sparki Youth FC reclaimed the



Taita Taveta Allstars FC players warm-up prior to their FKF National Division Two Northern Zone league match against Mombasa's Congo Boys at Dawson mwanjumba Stadium.

podium position after they drubbed Super Matuga 0-1 during the match played at Kombani ground in Kwale.

Ali Kibwana netted the all-important goal in the 83rd minute.

The win take Sparki Youth to the summit of the 17 team league standing having garnered 42 points from 19 matches and one

point ahead of second placed Maji Bombers.

At Wundanyi Stadium, Taita Taveta All Stars trounced visiting Tezo Stars from Kilifi 3-1.

The hosts drew the first blood in the 13th minute through Miraj Mareko before Kelvin Ngige made it 2-0 four minutes to an hour's mark. Alfred Kahindi pulled back

for Tezo Stars through a penalty awarded after Tezo Stars put pressure on opponents in search for the equalizer.

But Miraj Mareko rubbed salt into their wound with an 80th minute strike.

In another development, a two-week goal drought in Division Two Northern Zone League Pool A top scorers Charles Mshenga of Kilifi Stars and Nickson Lughanga of Maji Bombers found their way into the top scorers list in their match played at Bukuru Stadium in Kilifi town.

The duo who failed to take one shot on target for their respective teams during last weekend's matches, suddenly exploded into form last week to reignite the top scorers list.

Charles Mshenga opened his account with a goal in the 28th minute taking his tally to 18 goals.

Nickson Lughanga cut into the celebrations two minutes later his 15th goal in the season. Charles Mshenga restored his tally for Kilifi All Stars in the 34th minute.

Shauri Kenga levelled the scores in the 43rd minute salvage a point for Maji Bombers.

GOLF TOURNAMENT

SATURDAY
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TALLINN (Xinhua) — Kenyan runner Daisy Langat achieved the first place in women's race in two hours 33 minutes and 50 seconds in the Tallinn Marathon 2018 (42.195km).

DAISY LANGAT WINS WOMEN'S RACE IN 'TALLINN MARATHON'

The second and third places for women runners went to Estonian Kaia Lepik and Ethiopian Amane Sedi Chewo in two hours 52 minutes and 23 seconds and two hours 55 minutes and 14 seconds respectively.

Both Estonian President Kersti Kaljulaid and Paco Borao, President of the Association of International Marathons and Distance Races, were present at the marathon event, wishing enjoyment to all runners.

The program of the three-day

Tallinn Marathon 2018 also included Sunday's half-marathon (21.1km), Run, walk, Nordic Walking 10km and Kids races on Saturday and "We Run Tallinn 5km" event on Friday.

Up to 3,000 participants from about 60 countries and regions took part in the marathon held in the Estonian capital for the country's centenary, according to organizers.

TALLINN (Xinhua) — Kenya's Daisy Langat pose during the awarding ceremony for Tallinn Marathon 2018 in Tallinn, capital of Estonia, on Sept. 9, 2018. XINHUA PHOTO: GUO CHUNJU



Sikh Union Captain Leads Team to Win Against Kanbis B

In the ongoing Nairobi Provincial Cricket Association Super League Match (Group 2), Sikh Union A Team narrowly beat Kanbis B Team by 10 runs on Sunday 9th September at Sikh Union thanks mainly to the fine all round performance of Sikh Union Captain Paramveer Singh (Man of the Match) who scored a fine 52 runs and collected 3 wickets for 29 runs and also had a world class catch to his credit to dismiss Kanbis reliable and experienced batsman Arvind Halai.

The match was officiated by Kenya Umpires Charles Subhash Modi while the scorers were Gagsandeep Singh Union and Bhavesh Hirani (Kanbis)

Paramveer Singh won the toss and elected to bat first. Sikh Union put up a respectable score of 195 runs for the 8 wickets in 50 overs.

Top scorers were Paramveer Singh 52, Shubam Yadav 28 and Harpreet Singh 26.

Bowling honours for Kanbis were shared by Harish Vamshi 14, Mukunj Pindoria 2/36, and Hiren Kabaria 2/42.

In reply Kanbis scored 185 all out in 45.2 overs.

Hiren Kabaria batted brilliant with entertaining knock of 62 runs was ably supported by Arvind Halai 33 and Jitendra Hirani 22.

Bowling for Sikh Union was spearheaded by Paramveer Singh 29, Jaasraj Kundi 3/29 and Vraj Patel 2/21.

Both the captains Paramveer Singh (Sikh Union) and Premjit Singh (Pinku) and all the players deserve pats on their backs for the noble game of cricket with fine sportsmanship as they respect for the umpires, Captains and the players which are hardly seen these days.

COAST BRIDGE with C.P. SHAH

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PASS			

West led the Ten of Trumps, overtaken by East's Knave and won by Declarer's Queen.

At trick Two Declarer led the King of Spades.

West won his Ace and switched to the Queen of Clubs.

East won his Ace and led the King of Trumps.

Declarer won his Ace, West discarding a Spade and continued by cashing the King of Clubs and leading

NORTH						
♠	Q	10	9	7	6	5
♥	5	2				
♦	4	2				
♣	9	6	4			

WEST						
♠	A	J	2			
♥	10					
♦	A	9	7	5		
♣	Q	J	10	7	2	

EAST						
♠	8	4	3			
♥	K	J	9	8	7	
♦	K	10	3			
♣	A	5				

a Third Club.

West won his Ten and East discarded a Spade.

West now made the fine play of leading a low Diamond and East won his King and led his three winning Trumps, drawing all Declarer's remaining Trumps.

West discarded his last Spade and Two Diamonds so that when East led a Diamond he could claim the remainder with the Ace of Diamonds and Two winning Clubs.

Declarer had been held to three tricks.

1100 points to East-West

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Freight Forwarders Kenya Limited

Dont Rush - Think Tempo

WHENEVER I COME BACK TO THE GAME AFTER A COUPLE OF WEEKS OFF MY FIRST THOUGHT IS ALWAYS TO SWING MYSELF BACK INTO A GROOVE. ONLY LATER DO I THINK OF TECHNIQUE. SO DONT RUSH YOURSELF BACK INTO THE GAME, TAKE YOUR TIME AND THINK "TEMPO".

EXCLUSIVE - GREG NORMANS' GOLF LESSON

Harambee Stars Coach Blasts Fans

NAIROBI (Xinhua) — Kenya football head coach, Sebastian Migne, berated on his team's fans on Tuesday following their 0-1 win over Malawi in an international friendly in Nairobi.

Michael Francis Kahata missed the all-important goal in the 77th minute of a cagey encounter at a sparsely filled Nairobi International Sports Centre in Kasarani.

Speaking after the game, the former Congo Brazzaville head coach called on local supporters to turn up in large numbers when Kenya host Ethiopia next month for the 2019 Africa Cup of Nations Cup (AFCON) qualifier at the same facility.

He further castigated his side for failing to express themselves in the game despite their second victory in succession following their stunning 1-0 victory over Ghana that revived their hopes of making the AFCON finals for the first time since 2004.

"[The] first half was boring, 1,000 excuses for that but sometimes it is difficult to land the high level.

"If for that, we need to learn to bring the fans with us, to be

there. If we have one chance to be at the AFCON, we cannot be alone only with the players, we need fans too and I hope that against Ethiopia, [we] see the stadium full of fans," the Frenchman lamented.

His outburst against the notoriously difficult to please Kenyan football fans who have endured over a decade of international disappointment comes hot on the heels of his public criticism following their win over Ghana.

Following the game where his

side played the last half an hour with 10 men after Joash Onyango was sent off in the 61st minute, Migne declined to field questions from the media.

He instead launched a two and half minutes rant condemning some of the invited players,

including his captain Victor Wanyama of Tottenham FC and visitors Cameroon, who en route to playing their AFCON qualifier away to the Comoros, were allowed to use Kasarani.

"I am very happy about that [the victory], but I'm not happy at

all and I think I will be very brief tonight because during the week there was a lack of respect with this team.

"When I saw Cameroon have training on this field [Kasarani] and not us, who we were at the Kenya School of Monetary Studies, I was not happy," the head coach was quoted on local media.

Football Kenya Federation president, Nick Mwendwa, attempted to diffuse the situation.

Englishman Mike Friday registering success as he led Kenya team to finish fourth at the World Series circuit in 2013.

He was however overlooked as the country made changes in its board.

Kenya then selected South Africa's Paul Treu to guide the team in subsequent season, but he failed to jell with the playing unit overseeing one of the worst performances the team registered in the premier world tour.

KRU reverted to local coaches with Felix Ochieng taking over before rehiring of Benjamin Ayimba, one of the country's most successful local coaches.

Ayimba led the team to its first ever Main Cup win in the World Series winning the Singapore Sevens crown in 2016.

However, it is the incumbent Simiyu, who has helped the team to attain its highest point tally in the 10-legged World Series this year when his side topped 104 points, five more than what Friday attained in 2013.

But bad blood between the technical bench and the KRU board has seen Simiyu resign prior to the team heading to the World Cup in San Francisco.

Sports Cabinet Secretary Rashid Echesa intervened and Simiyu was reinstated only for his position to be advertised without his knowledge last month.

"Eight applicants have expressed their interest in the conditioning coach position.

"This includes three foreigners and five locals while nine local applicants are interested in the physiotherapist's position.

"The team manager post has attracted 11 people," said Omwela.

The short-listing and interviewing process will take place this week.

SEVEN FOREIGNERS APPLY FOR THE RUGBY 7S HEAD COACH JOB

NAIROBI (Xinhua) — Seven foreign coaches have expressed interest to guide Kenya Rugby Sevens team ahead of the new World Rugby Series circuit, which starts in Dubai in December.

A total of 12 applications have been received for the vacant head coach position after incumbent Innocent Simiyu resigned.

"The Kenya Rugby Union (KRU) has received applications for positions on the Kenya Sevens technical bench. The head coach position has received a total of 12 applications, of which seven are foreign candidates while five are locals," said Richard Omwela, Chairman KRU Tuesday in Nairobi.

Kenya has had two foreign coaches in the last decade with

Englishman Mike Friday registering success as he led Kenya team to finish fourth at the World Series circuit in 2013.

He was however overlooked as the country made changes in its board.

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Olympic Javelin Medalist Leads African Team to Continental Cup

NAIROBI (Xinhua) — Africa javelin champion Julius Yego is not resting on his laurels as he focuses on the Continental Cup, which will be held in Ostrava in the Czech Republic this weekend.

Speaking in Nairobi, Yego told Xinhua, he is not happy with his performance this season and will seek to prove his critics wrong one more time in Ostrava as he leads the African team to the championships.

Nagging injuries, a road accident and loss of form have taken the wind out of Yego's

sails, but the Olympic javelin silver medalist believes his best throw is yet to come and Ostrava will be the perfect stage to exhibit the magnitude of his strength.

"I am on my way back up. I won the African title in Nigeria, but my 77.3 meters throw was disappointing.

"Even if I won the title, 77 is not a good distance to throw the javelin for me. I am still working to regain the top form.

"Since last year, I have blown hot and cold because of injuries. It has been a difficult period, but I'm hopeful I can close the season with better results."

The 2018 IAAF Continental Cup

will be held on Sept 8-9 and it brings together athletes from Africa, Europe, the Americas and Asia.

Yego will be part of the 77-member team from Africa aiming to conquer the world.

Yego will be joined by South Africa's Phil-Mar van Rensburg.

"I expect to have good results. Over 80 meters will be good for me. I am not at my peak yet, but I must get a season best," Yego said.

Africa is yet to win the Continental Cup and it finished third in the last three editions.

"Why shouldn't Africa win this time round.

"We have strong athletes from Kenya in middle and long distances and Nigeria and South Africa will lead in sprints as well as other West African athletes.

"We will excel in Ostrava," he added.

The Confederation of African Athletics (CAA) announced the African team, which features many of the top performers from the recent African Championships in Asaba, Nigeria including world and Olympic steeplechase champion Conseslus Kipruto.

Also at the event is world and Olympic 800m champion Gaster Semanya, world 1,500m champion Elijah Manangoi and world 5000m champion Hellen Obiri.

Kenya will be represented by only nine athletes in Continental Cup with South Africa having the highest number of athletes (20) in the team.

Kenya Open Tennis Tournament Attracts Players from E. Africa

NAIROBI (Xinhua) — This year's Kenya Open Tennis Tournament has attracted players from three countries within the East African region, organizers disclosed on Saturday.

The event has been sponsored by Britam Insurance Company to the tune of 30,000 U.S. dollars with a total prize money 13,500 dollars for the seniors and trophies and medals for the juniors.

Rose Wanjala, the tournament director for the event which will run between Sept. 15-22 in Nairobi, said that four players from Burundi, one player each from Tanzania and Uganda, will join their Kenyan counterparts to vie for the top honors.

"The event will be preceded by the junior tournament which started today (Saturday) and ends on Sunday for players between six years and 18 years," Wanjala said.

Defending men's senior champion, Duncan Mugabe has confirmed participation in the competition that he has won several times in the past and so is Ismael Changawa, Kenya's top seeded player.

Last year's ladies' winner, Natalie Coronel of Argentina has not confirmed participation.

The winner in the men's category will carry home 900 dollars whereas his female counterpart will walk away with 800 dollars, with the men's and ladies' runners-up pocketing 500 dollars and 450 dollars respectively.

National Women's Volley Team to Miss Montreux Masters

NAIROBI (Xinhua) — Kenya's women's volleyball team has been omitted from the Montreux Masters, an international friendly tournament that brings together top continental teams led by Olympic champions China ahead of the world championships in Japan.

The Montreux Masters will be held this weekend in Montreux, Switzerland. With Kenya not making the cut, organizers have instead chosen African champions Cameroon to be one of the eight teams taking part in the competition.

They will be joined by China, Brazil, Italy and hosts Switzerland.

Six of the eight participating teams will use the tournament to test their readiness for the upcoming women's world championship, which will run from Sept 29 to Oct 20 in Japan.

"We were not invited, but it would have been the best place to gauge our performances and speed. Playing against the biggest teams like China is a bonus and good for the preparations for the world championships," said David Lunh'aho, Kenya's national team technical director.

Instead Lunh'aho said Kenya will be looking forward to having their own preparations and build up matches in Japan.

China will face their biggest test yet when they play Switzerland in Pool A of the Montreux Masters as well as Turkey and Italy.

All four teams will be heading to Japan for the world championships.

These three sides will be in the same group (Pool B) at the world championships next month.

Brazil will be the leaders in the second group in Montreux where they will face Russia. Continental champions Cameroon will become the first African team to take part in the Montreux Volley Masters.

Poland are the only team in the pool who will not be playing at the world championships.

In addition to fine-tuning their performance ahead of the world championships, Brazil will face the task of defending their 2017 Montreux Masters title. "The Montreux Volley Masters will serve as a barometer for the main competition of the season and it will help us know what we need to improve on for the future," said Brazil's coach Jose Roberto Guimaraes.

The world championships has 24 teams with the top three gaining automatic qualification to the 2020 Japan Olympic Games.

Kenya is pooled in Group D alongside Brazil, Serbia, Kazakhstan, the Dominican Republic and Puerto Rico.

will be held on Sept 8-9 and it brings together athletes from Africa, Europe, the Americas and Asia.

Yego will be part of the 77-member team from Africa aiming to conquer the world.

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KIPLAGAT EYES BERLIN MARATHON WIN, PODIUM MISSING IN MAJORS COLLECTION

NAIROBI (Xinhua) — Two-time world marathon champion Edna Kiplagat of Kenya says she is keen to run fast time and improve on her best time in her debut at the Berlin marathon on Sunday.

However, the 38-year-old Kenyan is not contemplating hanging up her spikes even as she is pushed to the edge by the younger rivals including race defending champion Gladys Cherono and Chicago marathon champion Tirunesh Dibaba.

"After a few days of recovery from the tough race I had in Boston, I feel better and ready to begin my easy and steady charge to glory.

"Berlin is my next stop. It is a fast course and hopefully, I will improve my best time. I must thank you all for great support," said Kiplagat on Tuesday in Iten.

Kiplagat began her World Marathon Majors (WMM) odyssey with victory in 2010 at the New York marathon.

She has since been to Tokyo, Chicago, Boston and London marathon where she set her best time of 2:19:50.

If Kiplagat finishes in Berlin, she will become the first-ever elite able-bodied woman to finish all six WMM. If she finishes in top three positions, she will also be the only woman to get to podium at all six of the world majors.

"I have no injury concerns. It has been a great pleasure for me in marathon career. My story has been a success and it will be great pleasure to run in Berlin against some of the international elite runners," she said.

She was second again in the English capital in 2013 and then added a second straight world title with gold in Moscow that same year. Her first win in London came in third in 2014.

She went to Tokyo and claimed silver and later in 2016 she was second at the Chicago marathon. Last year, she won in Boston to be crowned the WMM champion.

Now the only piece missing in her jigsaw is a medal from Berlin to clear all the six WMM races.

"I have done five major races in WMM. I started in New York in 2010 and it was victory for me. It is my dream to run the six majors and the only race I have not gone to

is in Berlin and hopefully, I will do it and win before I retire," said Kiplagat.

If conditions are favorable in Berlin, Dibaba has said she will attack the world record, set by Britain's Paula Radcliffe in 2002 with 2:15:25 in London. But she must also be wary of the challenge Kiplagat and Cherono pose to her quest.

"I want to retain my title and I have done well in training. There are no injury concerns and I look forward to a good race in Berlin," said Cherono. Berlin marks the start of Series 12 of WMM which will finish a year from now.

In the men race, Olympic champion Eliud Kipchoge returns to defend his title against the former world record holder Wilson Kipsang. Focus will be on the two trying to break compatriot Dennis Kimetto's 2:02.27 world record time set in 2014.

Kipchoge will be attacking his personal best of 2:03:05 which is just eight seconds slower.

Others in the field are Eritrea's Zersenay Tadese, Kenyans Eliud Kiptanui and Amos Kipruto, Ethiopian Abera Kuma and Japan's Arata Fujiwara.

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Coastweek SPORTS

Issue No. 4137 September 14 - 20, 2018

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First Edition of Café Arabika Cycling Championships



Lookman Noordin of the Bike Shop is presenting goodies for the race participants to the Arabika Cycling Championship race Director, Mohamed Ahmed.

So the biggest cycle race in the world is the Tour de France, right?

Well not if you are between the age of 5 and 18 it's not. That would be the day long Café Arabika Cycling Championship to be held in Mombasa on the 30th of September 2018.

It's about as serious as child's cycle racing gets, anywhere in the world.

Children from all over the county will converge at the Mama Ngina drive to battle it out over 5 categories of road racing. It is the pinnacle of junior cycle racing.

This year, over 200 riders are expected from several schools and clubs as well as individual entries

This is a children's bike race, like no other...

The age group system is as follows:

6 years and under, 7/8/9 years, 10/11 years, 12/13 years, 14/15 years, and 16 years and over.

The event is open to both boys and girls, having the girl's race against the boys in other year groups.

This is a great leveler and good encouragement for more girls to have a go at challenging the boys!

Most age groups will race on a predominantly flat course, means quite average speeds and easy racing especially for the first timers

For the younger riders, it's just a fantastic experience of bike riding, with cyclists of all nationalities.

Motorcycle outriders, transponders, course cars, broom wagons - it's all there plus great fun too!

This is the first edition which has been sponsored by Café Arabika and The Bike Shop at Nyali.

The event will be organized by the Buffalo Fun and Fitness Club and the race director will be Mohamed Ahmed aka 'GS'

We shall use the event to select cyclists who will take part in the European Junior cycling tour next year.

On the race day the marshaling area will open at 6:00 am with the senior riders arriving in time for their race.

Voluntary gear checks (done by The Bike Shop crew), signing on and bib numbers are issued from the HQ, outside the venue at Masjid.

After each category has finished, there is a short prize giving to award the medals after each race.

First placed cyclists will be awarded with a gold medal, second placed with a silver medal, third placed with a bronze medal.

All participants will be awarded with a finisher medal to appreciate their efforts.

Certificates will be awarded to all participants as well.

Beware when it rains (and it might rain) you should carry rain coats and umbrellas.

NOBERT FERNANDES IN TOP 4 AT 'THE MASTER SINGLES'

Wild Card Entrant in the Kenya Bowling Association's Master Singles 2018 sails through high seas to be in the Top 4.

Kenya Bowling Association hosted the Master Singles Championships on the 25th and 26th August 2018 at the Nairobi Club.

This Championships date back to 1954 when it was known as Vetlabs Championships and changed to KBA Master Singles in 1996.

A look at history reveals Two Mombasa Bowlers have already made a mark on the Trophy.

1997 Winner was late KP Shah (A Bowling Legend) and 2009 Winner was Patrick Hughes (A Former Captain of Bowling Section now residing in the UK).

This year our upcoming bowler Norbert Fernandes was privileged to get an invite on a wild card entry into the Championship.

Wild Card Entry is given to Promising Upcoming Bowlers by the Competitions Committee of the Kenya Bowling Association.

Norbert's performances at the National Pairs and National Singles 2018 have earned him the Wild card Entry.

Master Singles entails invites to Top 12 Qualifying Bowlers plus 4 wild card entries.

A total of 16 Bowlers battle it

out for the Prestigious Award.

Format of play is 4 Leagues of 4 bowlers each.

Top 2 from each League proceed to the Quarter Finals and then Semi Finals and Finals.

On 25th August 2018, Norbert Fernandes was in a League with Emmie M, Benson Wambugu (current National Singles Champion 2018) and Bernard Ndungu (Team Manager for the Commonwealth Games Bowling Squad).

Norbert won 2 out of 3 of his

games to secure a place in the Quarter Finals.

In the Quarter Finals, Norbert met with Veteran Bowler Charles Wambugu who is an International Bowler having represented Kenya at World Bowls and African States Tournament and China Open.

Norbert won 21 shots to 10 shots for Charles Wambugu. It was a long game which lasted for more than 2 hours.

Now into the Semi Finals, Norbert faces Susan Wambugu

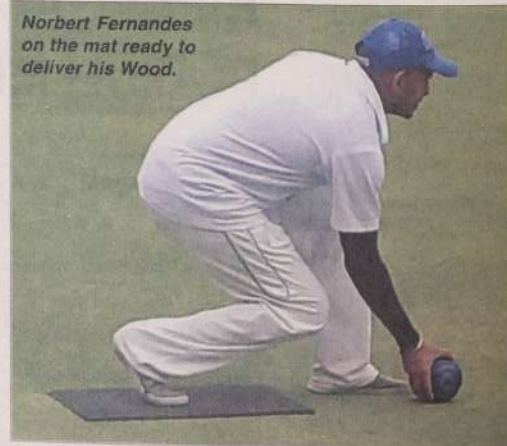
again an International Bowler. Susan Wambugu represented Kenya at African States Tournament and China Open.

Unfortunately after a night up a tough game against Susan Norbert loses 13 shots down to 21 shots for Susan.

Just 8 shots short to enter the Finals...it indeed has been an experience to Norbert and he definitely improved his bowling skills.

Susan Wambugu progressed to the Finals to face Benson Wambugu.

Susan settled for a Silver Medal and Benson claimed the Gold.



Norbert Fernandes on the mat ready to deliver his Wood.



KENYA TIDE TABLES

MOMBASA, September 14 - 20, 2018

FRIDAY High Water - 3.5 m. at 06.55 hrs. (6.55 a.m.) and 3.0 m. at 19.11 hrs. (7.11 p.m.). Low Water - 0.3 m. at 12.34 hrs. (12.34 a.m.) and 0.4 m. at 13.03 hrs. (1.03 p.m.).

SATURDAY High Water - 3.2 m. at 07.31 hrs. (7.31 a.m.) and 2.7 m. at 19.47 hrs. (7.47 p.m.). Low Water - 0.5 m. at 01.08 hrs. (1.08 a.m.) and 0.7 m. at 13.42 hrs. (1.42 p.m.).

SUNDAY High Water - 2.9 m. at 08.10 hrs. (8.10 a.m.) and 2.4 m. at 20.29 hrs. (8.29 p.m.). Low Water - 0.8 m. at 01.43 hrs. (1.43 a.m.) and 1.0 m. at 14.28 hrs. (2.28 p.m.).

MONDAY High Water - 2.6 m. at 08.59 hrs. (8.59 a.m.) and 2.1 m. at 21.30 hrs. (9.30 p.m.). Low Water - 1.1 m. at 02.24 hrs. (2.24 a.m.) and 1.3 m. at 15.30 hrs. (3.30 p.m.).

TUESDAY High Water - 2.4 m. at 10.18 hrs. (10.18 a.m.) and 2.0 m. at 23.37 hrs. (11.37 p.m.). Low Water - 1.4 m. at 03.24 hrs. (3.24 a.m.) and 1.4 m. at 17.19 hrs. (5.19 p.m.).

WEDNESDAY High Water - 2.4 m. at 00.21 hrs. (12.21 p.m.). Low Water - 1.5 m. at 05.24 hrs. (5.24 a.m.) and 1.3 m. at 19.14 hrs. (7.14 p.m.).

THURSDAY High Water - 2.2 m. at 01.34 hrs. (1.34 a.m.) and 2.5 m. at 13.45 hrs. (1.45 p.m.). Low Water - 1.4 m. at 07.16 hrs. (7.16 a.m.) and 1.1 m. at 20.14 hrs. (8.14 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

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