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G.P.O. REGISTERED NEWSPAPER

Coastweek

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Ladies As Leaders

BRITISH COUNCIL KENYA HOST 'INTERACTION LEADERSHIP' PROGRAMME

Mary Stevens said that Kenya is leading other African countries in taking up the initiative to empower leaders with better skills.

"It is a program for Africa run

by Africa through the UK collaboration and the UK's main principle is to learn from Africa".

Mary also added that the program is targeting leaders who work closely with their

communities since they will put into practice the skills they acquire.

"The program aims at making all Africans appreciate themselves and their potentials instead of seeing themselves as people who are incapable of reaching greater heights".

Running of this great program has been enabled by the British Council Country Director, David Higgs who is very passionate

about interaction and the Coast community.

Programs facilitator Kenya Twalib Ibrahim said that Africa has great leaders whose work is never recognised and urged all leaders to appreciate themselves first and shout about it in order for the world to do it.

"It is not a crime to appreciate oneself if you know that you have done some great work then tell it to the people".

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British Council Kenya is holding the first Interaction leadership program in Africa that is running parallel to the Pan-African program that runs in 19 sub-sahara countries.

The workshop whose module one kicked off on Tuesday in Mombasa is also spearheaded by the British Council and comprises of 22 delegates from Lamu, Malindi, Kilifi and Mombasa districts.

Speaking during the opening session of the program at Voyager Beach Resort, British Councils Manager Mombasa Ms.



Esha Hamid Mohammed [left], a delegate from Lamu airs her views during the British Council's pioneer parallel InterAction Leadership Program at the Mombasa North Coast's Voyager Beach resort. Seated next to her is Elizabeth Nyambura of Solidarity with Women in Distress (Solwodi).

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Success For KSPCA Christmas Craft Fair

On November 25th & 26th, in conjunction with the Sarova Whitesands Hotel, the KSPCA Mombasa held their annual Christmas craft fair.

A KSPCA spokesman commented:

"We would like to take this opportunity to thank everyone who took part in what am sure you will agree with me was a wonderful event.

"I would particularly like to thank our sponsors Whitesands Hotel who are always so supportive of our society and have donated their conference facility for the last six years.

"A vote of thanks goes to those who gave up their time to bake, come and man the

control points, those who showed up to buy the wares, particular thanks must go to the Whitesands staff who were on duty.

"They did put in many hours running up and down, thankfully their tireless efforts have paid off and the successful event was the result.

"With all the help we managed to raise ksh 438,000/=.

"The funds raised by this event will go towards the running of the KSPCA whose work load increases daily and whose running costs are now in the region of ksh. five million but whose income is sadly just half of that."

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SMILE TIME

CARDS



"Christmas cards remind me that it is time to book our summer holiday ..."



"No, we haven't. That refers to my husband."



"Never mind the house work, Brian. Help me to find the budgie ..."



"Ah, Meals On Wheels!"

Navnat Vanik Mahajan Health Services Generously Donating Ten Sitting Aids To Needy Coast Families

Navnat Vanik Mahajan Health Services have provided ten sitting aids worth K. Shs. 75,000/= for ten children with multiple disabilities and with conditions complicated by epilepsy, speech problems and severe brain damage. These children have difficulty in walking and sitting aids are the best support these children can have in order to limit their disabilities at home. This also gives a great relief to the parents. The young recipients were brought from various places from Coast Area and as far as Malindi, Jomvu, Kaloleni, and Kilifi. A Navnat spokesman said: "We are very thankful to Mrs. Elizabeth Okello and her team of staffs for scrutinizing the children from various places and bringing them to the APDK for a presentation ceremony." Rajesh Shavdia is seen (from left) together with Pritesh Shah, parent Christine Katana, child Emmanuel Katana, Ketan Doshi, Silas Kassim, child Simon Silas, Agnes Kaume, child Sifa Ziro, Co-ordinator on behalf of the Donor Vinod Dattani, Mr. Tinga of APDK and Mrs. Elizabeth Okello of CBR.



NYALI BEACH HOLIDAY RESORTS GOES EAST AFRICAN STYLE – WITH SPECIALITY CUISINE FROM THE SPICE ISLAND OF ZANZIBAR

Nyali Beach Holiday Resorts goes East African style:

"I know, I know ... every country has its own speciality and every cuisine from one's own country is the best ..."

But you might want to try something unique for a change. To start with, why not dishes prepared in our neighbouring countries - Chef Peter of Nyali Beach Holiday Resorts has to say. So this Sunday on 17th December, Chef Peter introduces cuisine from the Island of Zanzibar, for

the famous Sunday Luncheon Buffet at Nyali Beach Holiday Resorts.

Zanzibar, the spice island, with its cloves and cinnamon, lichee nuts and coconut, where fruits and vegetables are abundant. The many delicacies that makes up the cuisine of zanzibar is surprisingly delicious and sadly not readily served in many restaurants in Mombasa.

You may find cuisine from Italy, Mexico, India, China and even Japanese cuisine served in various Mombasa Restaurants but not our local East Afrikan cuisine, which is part of our culture and traditions.

It is like we are really losing our diverse history - so Chef Peter, has taken steps to re-install East Afrikan cuisine and present it to gourmet lovers in Mombasa.

Dishes like Samakal Wa Kusonga, M'chuzi Wa Kuku, N'dizi No Kastad, Mahrage ya Nazi, Kisamvu na Keranga, Biryani and many others, which makes up the very base of East Afrikan homely cuisine shall be prepared and served in traditional way at Nyali Beach Holiday Resorts.

The Management at Nyali Beach Holiday Resorts wants, Chef Peter to contribute his expertise knowledge of traditional East Afrikan cuisine to its local Mombasa citizens.

As chef Peter further added: "We have served various cuisine from diverse countries for our Sunday Luncheon Buffet. "So we wanted to be different this month, as Holidays are on and on Sundays one can really be relaxing out with the whole family, and with amazing response for our Sunday Luncheon Buffet every week, we thought why not re-install local taste to our buffets. "So try out the cuisine from

the Island of Zanzibar, the first part of the Eight Series of East

Afrikan culinary journey on Sunday the 17th of

December, at Nyali Beach Holiday Resorts "

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HE TURNS TO THE DARK SIDE TO INCREASE HIS POWERS AND MAKE HIM STRONGER AND MORE TERRIFYING ...

Look Out When These Powers Of Evil Overflow Their Awful Limits!

WHEN YOU combine the days of yore when dragons ruled the world with the story-telling and technology of today, you get a fantastic fantasy fable that is fabulous for the whole family. Making a worldwide release together with **NYALI CINE-**

MAX is Stefan Fangmeier's

direction **Eragon**.

It stars Edward Speleers, Jeremy Irons, John Malkovich, Djimon Hounsou and Sienna Guillory.

Long long ago, the invincible **Dragon Riders** were formed to protect the normal humans.

Powerful beyond reasoning, only a blade or poison could kill them, and they could only use their powers for good.

The cities of Alagaesia flourished under the protection of the Dragon Riders.

The flip side of their immense powers that a Dragon Rider could kill another, but their goodness would not allow it.

At their peak, a young boy is born in Alagaesia and at the age of ten is found to have a great power within him.

Galbatorix is initiated into the brotherhood of the Riders and as he grows, his skills and prowess surpasses all other Riders.

As the strength of the Riders grows, arrogance enters their small community and this causes killings within themselves.

Galbatorix loses two of his friends and his dragon under mysterious circumstances and he is left to die.

As he wanders the earth, he is found by a farmer who nurses him back to health and takes him to the Riders' Council.

The Council looks at this half-crazed man and refuse to take him back, causing Galbatorix's fury to grow even more.

He turns to the dark side and starts to increase his powers to make him stronger and more terrifying.

Joining hands with another rider Morzan, Galbatorix plots revenge against the Riders.

Twelve more Riders join and they become the Thirteen Forsworn, seeking power and revenge.

It is only a matter of time that Galbatorix takes over Alagaesia and crowns himself king, to begin a bloody and deadly reign over the terrified people.

As history is witness, when the power of evil overflows its limits, someone will be born to combat the evil.

This someone happens to be a young farm-hand called Eragon.

He finds a polished blue stone in the forest and takes it home.

The stone turns out to be a dragon egg and he is the owner of a young dragon.

DRAGON RIDERS

Eragon must now learn the art of the Dragon Riders and face the ultimate evil - Galbatorix and his Thirteen Forsworn.

Undoubtedly, B. R. Chopra's **Baabul** starring Amitabh Bachchan, Salman Khan, John Abraham, Rani Mukherjee and Hema Malini is showing to full houses for the second week.

The magic of the birth of Christ in the form of **The Nativity Story** starring Keisha Castle-Hughes, Shohreh Aghdashloo, Oscar Isaac, Ciaran Hinds and Shaun Toub is also being enjoyed by Mombasa audiences for its second week.

Enjoy the pre-Christmas season with some more shows of James Bond in **Casino Royale**.

Yash Chopra's **Dhoom 2** is sitting pretty in the top five films in Mumbai for the last few weeks.

You can enjoy it at the **NYALI**

It stars Abhishek Bachchan, Hrithik Roshan, Aishwarya Rai, Bipasha asu and Uday Chopra in the lead.

There is an Indian lawyer in Delhi who has objected to a kissing scene between Hrithik and Ash in the film.

According to him, the scene demeans the Indian woman and he has filed a case against the makers.

I wonder, if a kiss, which is very normal human behaviour is demeaning, what does one make of the vulgar jhatkas that are done by most of Indian film heroines in almost every film that you see?

Making a very welcome comeback are Matt Dillon, Owen Wilson, Kate Hudson and Michael Douglas in **You, Me and Dupree**.

Shahid Kapoor and Amrita Rao tie the wedding knot in **Vivah** three more times on Sunday and Tuesday.

Julia Roberts, Nicholas Cage, Meryl Streep, Paul Giamatti, Regina King all give their very expensive voices to a very nice film - **Ice Age 2**.

The Bollywood Price Buster this week is Aishwarya Rai, Abhishek Bachchan, Sunil Shetty and Shabana Azmi in **Umrao Jaan**.

KENYA CINEMA is beginning their pre-Christmas season with a Mahesh Bhatt film, **Tumsa Nahin Dekha** starring Emraan Hashmi and Diya Mirza.

J. P. Dutta's remake of **Umrao Jaan** graces the cinema hall in the city centre this week.

Umrao Jaan was first written by Mirza Hadi Ruswa decades ago and was first made in a film more than twenty years ago which starred, then numero uno Rekha and Farook Sheikh in the lead.

J. P. Dutta has remade **Umrao Jaan** with Aishwarya and Abhishek Bachchan as the main stars, and it opens at the **NYALI CINEMAX** this Friday.

Paying great attention to detail, entire palaces were redecorated and painted to suit the vision that JP had already created in his mind for this masterpiece.

Umrao Jaan is the story of a little girl in Lucknow in the early last century.

Amiran's father, a Jamadar at the Bahu Begum Ka Makhbara gives evidence against Dilawar Khan, whose bad habits had grown by the day.

On this evidence, Dilawar is sentenced to ten years in prison.

Every day of those ten years are spent in planning revenge against the Jamadar.

When he is released, Dilawar kidnaps Amiran, who is eight years old and sells her for a few rupees to a kotha owned by Khanum Sahib.

Now in those days, kothas, and especially those in Lucknow, were not brothels.

They were a centre of learning the arts and lifestyle, bringing forth prostitutes that were head and shoulders above the common and even rich women.

Khanum recognised Amiran's talents and gives her the best of training in the arts and lifestyle.

Bua Hussaini shows her how to walk, talk and address people in a regal and dignified manner, Maulvi Sahib gives her knowledge and education that is necessary for all humans, Kathak Acharya teaches her to dance as a feather in the wind and Bismillah, Khurshid and Gauhar

in this young woman.

Her outstanding beauty, a gift from God, makes her the most sought after woman in the whole of Lucknow - and she chooses whom she wants to be with, not the other way round.

Khanum takes away her past by giving her a new name, Umrao and her pen name of Ada is given to her by all those who love poetry.

But even in this perfect world, Umrao knows there is something missing in her life.

She wants someone in her life who she can love, and who will return her love, so much that her heart will make her beat wild with passion and fire.

This special person does come to her kotha one day, and things are never the same for Umrao again. Other stars in this truly magnificent film are Shabana Azmi, Sunil Shetty, Puru Rajkumar, Divya Dutta, Himani Shivpuri, Kulbhushan Kharbanda, Ayesha Jhulka and Bikram Saluja.

STARCAST GEMINI KILIFI

Sagittarius (Nov. 22 - Dec. 21) You're one of the lucky few that can get away with changing horses in midstream. Different isn't always better, but you won't know this without trying. Spectators looking for amusement are soon rewarded.

Capricorn (Dec. 22 - Jan. 21) Gardeners and builders are especially in love with the work of their hands. At the moment, the world shares your idea of permanence. Lay out your plans with the finality of future history.

Aquarius (Jan. 22 - Feb. 21) Listen seriously to a request before brushing it off. You probably don't know as much as you think. Try blaming the interface for a change - the connection works just fine right now.

Pisces (Feb. 22 - Mar. 21) You could use some emotional distance. Keep track of who owes whom. With one eye on the grand scheme of things, you're first to meet a need that you anticipated long ago.

Aries (Mar. 22 - April 21) Talk before acting. Even though you've been over this many times, you could be missing something obvious. Remember the tortoise and the hare, and put your best foot slowly forward.

Taurus (April 22 - May 21) Explore your flighty reputation by displaying your practical side. Fundamental understanding opens the door to greater knowledge.

Gemini (May 22 - June 21) Someone is an acquired taste. There are benefits to being invisible or undiscovered by the masses. Why should you smooth your rough edges when no one is in danger of running into them? Your secret is safe.

Cancer (June 22 - July 21) Your image proves when you follow through. You still have enough charm to make wrong guess look like an intentional joke. Right now, it's your chance to be counted.

Leo (July 22 - Aug. 21) Leo is ready to lend a hand even if none are needed. Respect a claim of independence no matter what your opinion.

Virgo (Aug. 22 - Sept. 21) Your creative mind is doing a good job. Find a suitable random element and pull it into your system.

Libra (Sept. 22 - Oct. 21) Physical effort just tucks you out, but you're welcome to try. Be a good sport about this.

Scorpio (Oct. 22 - Nov. 21) Cooperation is the perfect answer to an open question. Others need to know what you're thinking.

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YOUR LAST CHANCE TO SEE 'XMAS PANTOMIME

Today, Friday 15th, at 4.00 p.m. and tomorrow at 7.00 p.m. are the final two performances of this year's Coast Arts and Theatre Society's pantomime, "Aladdin" at the Mombasa Academy school.

Directed by Jean Hughes and Philippe Zimmerlin, the panto is full of newcomers to the stage.

Although it would be impossible to guess that they weren't old hands.

It is especially pleasing to see that so many of these newcomers are youngsters.

Ben Jones and Zakir Ramani are two fine examples.

Both Ben and Zakir are students of the Aga Khan Academy.

Ben takes the role of the Genie of the ring and Zakir takes the part of the rather pompous Grand Vizier.

Both give magical performances.

The pantomime is full of larger than life characters, plenty of witty lines, some great rousing songs and lots of slap-stick comedy that is thoroughly entertaining.

There are a limited number of seats still available.

If you do wish to see the pantomime hurry to "Forget-Me-Not" florists at Ratna Square to buy tickets.

Rotary International Supporting Kenya Government Response To Polio Threat

Rotary International's role as a spearheading partner of the Global Polio Eradication Initiative often requires a rapid response to emergencies.

In October, the government of Kenya reported a case of polio in a three-year-old girl, the first case of the disease in Kenya since 1984.

To help address the risks of the poliovirus spreading across the country, Rotary Foundation Trustee Chair Luis Vicente Glay approved a US \$ 350,000 rapid response grant.

The grant was announced on 17th October, a few days after the initiative confirmed news that the child, who lives with her parents at a refugee camp in Daadab, Garrisa, near the border of Somalia, had been diagnosed with polio.

Rotary's contribution, channelled through the World Health Organization, will support emergency Sub National Immunization Days (SNIDs) targeting communities in northeastern Kenya.

UNICEF traditionally provides support for the purchase of vaccines and for communications and community mobilization.

The decision of the Ministry of Health, UNICEF and WHO was to carry out the following campaigns.

On November 3-7, 2006 Polio campaign in 5 critical districts - Moyale, Wajir, Mandera, Garissa and Ijara was successfully carried out.

On December 2-6 2006 Polio campaign in 28 districts in Kenya was undertaken.

In January 2007 2 rounds of a national door to door polio



Past District Governor Abdulhamid Aboo handing over the International Award for a Polio Free World to Past District Governor Dr. Varinder Singh Sur presented to him at the recently concluded Rotary international institute in Istanbul, Turkey.

campaign throughout Kenya to reach all 5.5 million children under five years shall be carried out.

UNICEF is seeking funding support for vaccines for both rounds of the national door-to-door Polio campaign, amounting to USD700,000 for one round, and US \$ 1.4million for both rounds.

The total cost of conducting each round is US \$ 2.5 million which includes vaccine costs - or US \$ 5 million for both rounds.

Safaricom Foundation will cover the vaccine purchase costs for upto Kshs five million and then match another Kshs five million donated from other corporates.

To be matched are contributions from Barclays Bank of Kshs one million, Red Cross Kenya Kshs one million, Rotary Coast PolioPlus Kshs one million, Toyota Kenya Kshs 200,000, DHL who shall fund raise Kshs 100,000, Mr. Manu Chandaria Kshs 50,000 and other contributions are forth coming.

Rotary Coast PolioPlus shall make its contribution of Monday 18th December at 3.00 p.m. at the offices of Safaricom, Mombasa.

Rotary leadership at the Coast is appealing to business society, professional societies and other philanthropists to join them on Monday 18th December 2006 and have their contributions matched by Safaricom in this noble endeavour to Kick Polio out of Kenya.

You may contact Past District Governor Dr. Varinder Singh Sur on telephone 2223515 or 0725 532529 or 0733 411334 to make your valuable contribution.

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MUZZAFAR KHAN LALL KHAN

Mr. Muzaffar Khan Lall Khan of Nairobi is alive and well and has pointed out that he has no connection whatsoever with any of the persons, places or incidents mentioned in a recent letter published in *Coastweek* entitled: "When Going On Safari Was A Real Adventure".

Volunteers Clean Up Mombasa

PART OF 'CLEAN UP THE WORLD' ENVIRONMENTAL CAMPAIGN LOCALLY ORGANISED BY ENVIRONMENT TRUST OF KENYA

Volunteers across Mombasa City demonstrated their commitment to the environment by participating in 'Clean Up Mombasa 06'.

The day long event was part of global environmental campaign, 'Clean Up the World' and was locally organised by Environment Trust of Kenya (ETK).

Other implementing partners included individuals, families, women and youth groups and business organizations.

Prominent among the latter were Kenya Ferry Services, Kenya Petroleum Oil Refinery Ltd, Venus Tea Brokers, Municipal Council of Mombasa and Provincial Administration.

Over 1200, volunteers including Kenya Navy and National Youth Service from Likoni cleared garbage along Mbaraki Road to Mama Ngina Drive the proposed home of IAAF World Cross Country Championships next year.

They also slashed grass and cleaned Mbaraki Cemetery and with the help of Kenya Navy truck carted the rubbish away.

In attendance was HW the Mayor of Mombasa, Cllr. Ali S. Shekue who officially launched the 'Clean Up Mombasa 2006' with a moving address on the need to conserve the environment after which he planted a commemorative tree.

The Mayor was accompanied by Cllr. Margaret Olang, the Area Councillor and other local dignitaries.

ETK Chairman Z. K. Nderu expressed his appreciation and gratitude for the extra ordinary

efforts of local volunteers.

"The fantastic response from the community, and the achievement of the volunteers, has shown that the people of Mombasa City do care about the

"It was exciting to see so many people of different background and religion, Kenya Navy and National Youth Service personnel selflessly clean up and fix up the Mbaraki Cemetery,

The campaign involves an estimated 35 million volunteers in over 120 countries each year, uniting them towards the common goal of cleaning up, fixing up and conserving our

healthier world for our children," said Ian Kiernan AO, Founder and Chairman, Clean Up the World and UNEP Global 500 Laureate.

"I congratulate and thank the volunteers of Mombasa City for their outstanding efforts."

Future events planned by Environment Trust of Kenya include, Exhibition and Market at Bamburi, next to Mombasa Secondary School for the Physically Handicapped and near Haller Park from 21st to 27th March 2007 to coincide with IAAF World Cross Country Championships to be held in Mombasa.

The Exhibitors from East Africa and COMESA region will display for sale cultural environmentally friendly curios and artifacts, heritage assets and souvenirs.

It is hoped that those attending the IAAF World Cross Country Championships, local and foreign tourists will sample what Kenya and neighbouring countries can offer and will be pleased to buy souvenirs.

This event is organized in the belief that cultural goods, artifacts, craft and heritage assets have proved effective in the conservation of the environment, which is the mother of economic growth.

For information on how you can get involved in the proposed Exhibition and Market contact Environment Trust of Kenya or Bluehouse Consultants, the event co-ordinator at Coast Car Park, behind NSSF building or write to P. O. Box 90193 80100, Mombasa, email:

etk_ke@hotmail.com for brochure and registration.



Over 1200, volunteers cleared garbage along Mbaraki Road to Mama Ngina Drive the proposed home of IAAF World Cross Country Championships next year. They also slashed grass and cleaned Mbaraki Cemetery and with the help of Kenya Navy truck carted the rubbish away.

state of their environment.

"Together we are addressing the problem of garbage collection and waste management, mosquitoes and rodents, blocked sewerage and storm water systems.

something that has never been witnessed before."

"Clean Up Mombasa 2006" was part of one of the most successful community - led global environment campaigns. Clean Up the World.

environment.

"Clean up the World" allow volunteers to witness first hand the impact of rubbish in the environment.

"From Australia to Mombasa City, together we are creating a

RED CROSS RESPONDS TO FLOODS AT COAST

Kenya Red Cross Society report that the recent torrential rainfall has left a trail of destruction across the coast's already battered infrastructure.

Hundreds of people in the areas affected by the floods have lost their sources of livelihood.

In Bura and Kwale, people are still camped out at primary schools though water levels are now finally subsiding.

Kwale has diarrhoeal cases, while in Bura there are several cases of malaria and cholera.

In Tana River, the main affected areas are Kalole and Wenje.

In Garsen, over 3,000 families were displaced and out of these the Red Cross has not been able to reach 1,542 as they are still marooned.

There is one confirmed case of cholera and a number of suspected cases.

There is an increase in diarrhoeal diseases in both Kilifi and Mombasa.

The Kenya Red Cross Society is currently discussing with the Ministry of Health on the possibility of sending medical kits to the affected areas in Kilifi and Mombasa.



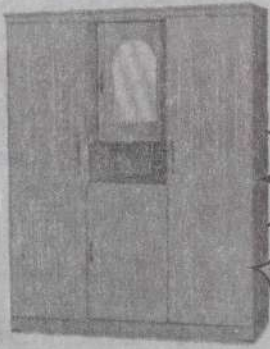
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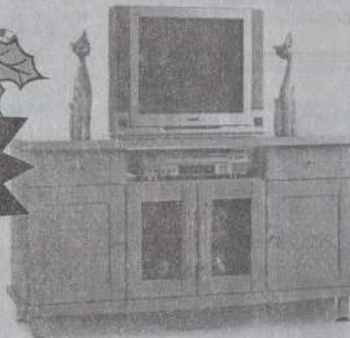
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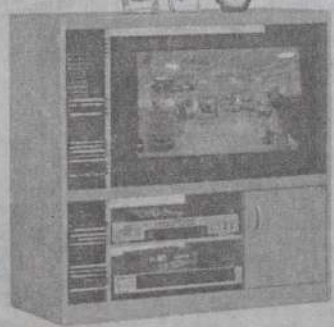
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Bamburi Cement Win International Habitat Conservation Award

The Bamburi Cement Company has been awarded the coveted Wildlife Habitat Council (WHC) **International Habitat Conservation Award** for rehabilitation works at its Mombasa limestone quarries.

The company was presented with the honor at the WHC's 18th Annual Symposium, Connecting People and Nature, in Baltimore, United States.

"The ongoing biodiversity enhancement program at Bamburi Cement Mombasa Quarries, and other projects of its kind, demonstrates the potential and overall benefits of protecting nature by promoting and demonstrating coexistence of industry with nature," said WHC President Robert Johnson.

The International Habitat Conservation Award is bestowed on organizations that demonstrate environmental stewardship and commitment to increasing indigenous biodiversity.

Bamburi Cement's Mombasa quarries are the first WHC certified programme on the African continent.

"We are extremely proud to be recognized by the Wildlife Habitat Council for this prestigious award," said Bamburi Cement Managing Director Michel Puchercos.

"Restoration practices conducted at the Mombasa site promote the conservation of rare and endangered species and habitats, while enhancing the economic status of the community by providing employment opportunities," Michel added.

The site has planted over 350 species of Coastal indigenous plants, approximately 30 of which are listed on the IUCN Red Data List as rare or endangered species.

Bamburi Cement Mombasa Quarries was one of 175 sites recognized at the 2006 Symposium for creating a habitat programme. Since 1990, WHC has certified 403 programmes world wide.

The certification program recognizes outstanding wildlife habitat management and environmental education efforts at corporate sites, and offers third-party validation of the benefits of such programs.

Certification requirements are strict and require that sites apply for periodic renewal.

The Forest Trails were created by designing and re-contouring the landscape into shape, in an effort to conserve local habitat and provide a natural recreation area for employees and the community.

Part of the Forest Trails is a butterfly conservation facility that breeds and educates visitors about the values of invertebrates.

In addition to the many native plant species found in the Forest Trails, the site also provides space for orphaned large animals such as hippopotamus, giraffe and buffalo among others in a designated nature park called Haller Park.

The primary goal of the site is to create an environment rich in the unique biodiversity of the Kenya coast, complete with self-sustaining ecological functions.

WHC comprises of corporations, conservation organizations and individuals dedicated to restoring and enhancing wildlife habitat.

Over 1,500 corporate facilities around the world are home to voluntary wildlife habitat programs that enhance and create wetlands, prairies, savannah, forests, upland habitat and bottom land habitat.

WHC work to increase the amount of quality wildlife habitat on corporate, private and public lands.

The organization helps large landowners, particularly corporations, manage their unused lands in an ecologically sensitive manner for the benefit of wildlife.

'Sun 'N Sand' Receives The World Boxing Champion ...

"It's Show Time" as Sun n Sand General Manager Andimilleh Makumbi (left) joins American Six-time WBC Champion Yvonne Reiss (right) in Giriama Traditional 'Welcome Dance' soon after she signed the visitor's book on her recent arrival at the five star luxurious beach resort.



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Mombasa Father And Son Receive Highest Civilian Recognition For Humanitarian Work

Recognizing others for their accomplishments is a fundamental principle of any successful organization.

It is a powerful source of energy to spark a members' involvement.

Needless to say, the recognition should be earned and given only on merit and the services provided.

A recognition award given to an individual for one or many accomplishments is a special way of saying thank you and making the world know, we appreciated the contribution, achievements, and sacrifices in helping to reach an objective.

At a dinner extravaganza hosted by the Muslim Association of Mombasa at Nyali Beach Hotel, Chairman Mohamed Adib awarded father and son the highest recognition for their hard work and services provided to the largest Muslim service

organization serving the community without prejudice of cast, color or creed.

Ramzan Sheikh, Vice Chairman of the Association was awarded with "Outstanding Members Award" and **Shaahid Sheikh** was awarded with the "Man of the Year Award."

Chairman Adib also presented Appreciation Awards to **Dr. Asad Sheikh, Ijaz Sheikh, Mrs. Fahmida Malik, Dr. Sitara Malik, Faisal Deen, Dr. Salauddin Farooqui, Riaz-ul-Haq, Farook Deen and Aadil Butt.**

Ramzan Sheikh "Outstanding Member":

Ramzan Sheikh, a man with

great qualities and love for the community.

He inspired us to revive the Muslim Association of Mombasa and has been instrumental in giving the image and respect the Association enjoys today.

He has always worked behind the scenes, but has been a constant source of inspiration in promoting the interest of the Association and its membership.

We look upon him as a source that continually, persistently radiates an unending laser beam compounded of the entire spectrum of the frequency range of every principle of the Association.



Shaahid Sheikh



Ramzan Sheikh



Mohamed Adib

We recognize his contributions and the Award is merely our expression in assuring him that the noble goals that he has vowed to achieve are equally shared by us.

The relentless service he has provided to the Association is in itself a memento of his generous contributions.

Shaahid Sheikh "Man of the Year":

Shaahid Sheikh graduated in Business Management, Finance and Hospitality Management from the Florida International University, Miami - U.S.A.

"Man of the Year" award once again goes to Shaahid Sheikh the smart, handsome and eloquent young man who earned this recognition for his untiring

contributions and for his willingness to work in any capacity.

The Muslim Association of Mombasa has been especially privileged to have enjoyed the co-operation, help, and assistance of a dedicated and extra ordinary worker.

The entire membership and indeed I should like to express my gratitude to Shaahid Sheikh for his overwhelming support, time, and effort during the year.

His contributions as the editor of our news bulletin is testimony of his effort and hard work, which has earned him respect for the Association from all corners of the world.

Shaahid Sheikh has also been instrumental in encouraging and raising donations for Pakistan's "President's Earthquake Relief Fund" and Kenya's "President's Famine Relief Fund."

Shaahid Sheikh has rightfully earned this award for his unrelenting zest and exemplary contribution towards the cause of humanity.

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DHL Express Kenya Launching Innovative 'Ready-Ship' Product

DHL Express Kenya has initiated roll out of Ready-Ship, a new innovative express product at selected Books First and Nu Metro stores.

Ready-Ship is a 250g ready-to-ship pre-paid envelope which customers can purchase off-the-counter at the selected partnering outlets and ship at their convenience to any destination worldwide.

Ready-Ship is currently available at The Junction's Nu-metro media store and set to roll out in six Books First stores in Nairobi and Mombasa.

In Nairobi, these include Mega, Embakasi, Prestige, Ukay, and in Mombasa, Nakumatt Nyali and Likoni.

Speaking about the new product, DHL's Retail Manager, Rogers Sultani said:

"Ready-Ship is DHL's response to customers seeking a fast, accessible and affordable off-the-counter product.

"With this product, we are bringing our global network to where our customers can easily and affordably access it."

Customers using Ready-Ship simply need to complete the pre-printed address label on their Ready-Ship package and drop off their shipment at their nearest DHL drop box, service center, or retail shipping location.

The Ready-Ship envelope has no expiry date and is conveniently available to the customer at anytime.

It is also safe and easy to use and offers customers total visibility into the delivery status of their shipments via DHL's global tracking system.

"The convenience of this new product and its affordability will make it popular to the many customers who visit our stores every day," says Tom Randiki, Marketing Manager at Books First.

"We are glad to enter into this mutually benefiting partnership with a global company like DHL."

According to Sultani, Ready-Ship is guaranteed to save customers both time and money as it cuts down the amount of time spent on paperwork and is available at a flat-rate throughout DHL's tariff zones.

Ready-Ship also takes advantage of the extended shopping hours of the retail outlets including weekends and public holidays.

Howard Goldfield, DHL's Area Commercial Manager for Equatorial Africa, said:

"The Ready-Ship product line

is part of an ongoing commitment to deliver excellent and quality services that meet the dynamic needs of our customers in Kenya.

2004, DHL is the global market leader of the international express and logistics industry, specialising in providing inno-



DHL Express National Retail Manager, Rogers Sultani, (left) explains the company's new Ready-Ship product to a customer at Books First at Nakumatt Mega, during a recent promotion.

"DHL is committed to listening and responding to our customers."

About DHL: With annual revenues of over € 33 billion in

novative and customised solutions from a single source.

DHL offers expertise in express, air and ocean freight, and overland transport.

'Owen' And Mzee' Seen On Kenyan Stamp Issue

The baby hippo 'Owen' and his albatross tortoise companion 'Mzee' have been moved to a beautiful new enclosure with the young hippo 'Cleo', reports Paula Kahumbu.

Owen and Cleo are still getting used to their new environment and each other.

The book: 'Owen and Mzee' has been doing extremely well.

It is a New York Times #1 best seller (three times), has spent 34 weeks on best seller list, Publishers Weekly best seller list (6 times), Book Sense best seller list, Amazon #1 best seller children's book; top 100 overall all, Barnes and Noble #1 best seller children's book; top 100 overall.

It is also among the New York Times "100 Notable Books of 2007" (one of only seven children's books to make the prestigious list).

The book is available in Haller Park for christmas gifts.

It will be released in Kiswahili next year by the Jomo Kenyatta Foundation.

It has been translated into 13 languages: French, Japanese, Chinese, Spanish, Catalan, German, Russian, Slovene, Japanese, Hebrew, Arabic, Swahili and Braille.

'Book Two' will come out in February in the USA.

We are launching a national stamp of the pair at Haller Park on the 15th December 3.00 p.m. with Posta corporation.

TWENTY EIGHT YEARS AGO

Coastweek, December 8-14, 1978:

'New Nyali Bridge Ready by 1980' was the front page report which detailed how the Japanese contractors, Sumitomo Company, were on schedule to complete the (then) K. Shs. 168 million foreign aid project by February, 1980.

Coast Television personalities Aisha Mohamed, Eleanor Kipoto, Maryan Ali, Zenani Ali, Klara Wakesho, Mary Wanjiru, Caroline Festnus and Dorcas Musya were featured in a long article by Faraj Dumila who suggested the time was ripe for 'Swahili Films Should Be Made in Kenya'.

Esmond Bradley and Chryssie Perry Martin announced publication of their (now classic) new book 'Cargoes of the East: The Ports, Trade and Culture of the Arabian Seas and Western Indian Ocean'.

Office Equipment Company was diversifying its operation into the computer market reported Mwangi Kamau, who noted that the first of its kind was an Olivetti Audit 6 machine recently installed at the African Marine and General (AMGECO) Mombasa. Traditional Giriama beers were being offered by proprietor David Herd as an attraction to visitors at 'Robinson Island', North of Malindi, reported Neta Peel.

Ellerman Lines' 17-year-old freighter 'City of Dundee' changed hands in Mombasa as a nostalgic crew passed her onto new Greek owners, reported John Walters.

KENYA Cinema was showing a special holiday attraction of Shashi Kapoor in 'Mukti' (freedom), NAAZ a documentary 'Abba- The Movie', REGAL Hong Kong Kung-Fu epic 'The Dragon Missile' and at CHOIX it was Sunil Dutt in 'Pran Jaye Per Vachan Na Jaye' (better death than dishonour).

Letter writers included Salim Bakarai Hassan, Paul Mwadime, Salim Said El-Mashjery, Makupe wa Tokali, Mohamed Abdalla and Mombasa Road Safety Society secretary Abid Rajabali.

For it's 'Christmas Sale' Bintex was offering a new imported 'Chopper' bicycle for K. Shs 899/=, while a 'Classified Section' special offer was for a new, seven-foot, adjustable, wooden swimming pool chair at K. Shs. 287/=.

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Das "Grüne Schulprojekt" befasst sich mit Wasserbeschaffung und Wiederaufforstung

EINE NATIONALE Kampagne betreffend Aufforstung und sauberes Wasser wurde in Kenias Primarschulen in Trockengebieten, Wüsten und Halbwüsten lanciert.

An dieser im ganzen Land durchgeführten Aktion, genannt "Green Schools Project", werden mehr als 90 Schulen teilnehmen und ihre Hauptaufgabe ist die Wiederaufforstung und Wasserbeschaffung.

Das Projekt, unterstützt und geleitet von der **Bamburi Zementfabrik** durch ihre Tochtergesellschaft **Lafarge Ecosystems**, wird geeignete staatliche Schulen in Trockengebieten identifizieren und ihnen die Baumsetzlinge liefern, ferner Wassertanks bauen, um Regenwasser aufzufangen und die Aufzubehaltung und technische Beratung anbieten.

Mehr als 180.000 Bäume werden von Schülern gepflanzt in verschiedenen Distrikten, in Kwale, Kilifi, Mombasa, Machakos, Mwingi, Kajiado, Rarieda und Marakwet.

In Kwale, wo die Kampagne Mitte November begann, gibt es insgesamt 22 aktive "Grüne Schulen".

Lafarge stellt den Entwurf für einen Wassertank zur Verfügung und zeigt der lokalen Bevölkerung, wie sie eine Zisterne bauen kann mit dem von Lafarge gespendeten Zement.

Bei der Lancierung des "Grünen Schulprojekts" in der **Mkokoni Primary School** in Waa im Kwale Distrikt sagte **Raphael Thyaka**, Chairman von **Lafarge Ecosystems**:

"Das Ziel des Projektes ist, dass alle Schulen des grünen Schulprojektes Bäume pflanzen, damit die Wälder wachsen und unter anderem Feuerholz zum Kochen liefern."

"Mit diesem Projekt soll der allgemein übliche Brauch erleichtert werden, wenn die Primarschüler ausgebildet werden, um Wasser und Feuerholz zu sammeln, damit in der Schule eine Mahlzeit gekocht werden kann."

"Wenn die Schulen freie Setzlinge erhalten und Regenwasser auffangen und aufbewahren können, müssen die Schüler nicht mehr so weit gehen, um nach den Naturressourcen zu suchen."

Die Lehrer und die Schüler können viel Zeit einsparen, die sie anderweitig einsetzen können; gleichzeitig werden Krankheiten, die vom Wasser übertragen werden, weitgehend vermieden, wenn sie sauberes, hygienisches Regenwasser trinken können.

MAURICE OTIENO

Bamburi wird zusammenarbeiten mit staatlichen Einrichtungen, regierungsunabhängigen Organisationen, Schulen und lokalen Gemeinden, um sicherzustellen, dass das grüne Schulprojekt Erfolg haben wird.

Maurice Otieno, NEMA Provincial Environment Director, Küste, erklärte, dass rund 70 bis 75 Prozent des gesamten Energieverbrauchs mit Holzbrennstoff gedeckt wird, nämlich Feuerholz zum Kochen und Heizen in ländlichen Gegenden und Holzkohle in Stadtgebieten.

"In vielen ländlichen Gebieten

besteht der Energieverbrauch für Haushalte, Schulen und Kliniken zu 90 Prozent aus Feuerholz," sagte Mr. Otieno.

Das **Grüne Schulprojekt** ist einzigartig und konzentriert sich auf Primarschulen als Mikrokosmos bei der Umweltschonung, denn die Vorteile werden bald auch erkannt von

den Eltern und den umgebenden Dorfgemeinden.

Lafarge hat Tages-Seminare durchgeführt für Lehrer in **Grünen Schulen**, um ihnen zu zeigen, wie sie eine Baumschule anlegen können, die Setzlinge pflegen und auch die Schüler aufklären und motivieren über die Bedeutung des Umwelt-

schutzes. Wiederaufforstung konzentrierte sich bisher in Kenia hauptsächlich auf Gebiete mit großen Regenfällen und die Erfahrung beim Pflanzen von Bäumen in Trockengebieten ist gering.

"Bei gutem Management brauchen die besten Baumarten in Trockengebieten fünf oder mehr Jahre, bis sie beachtlichen Nutzen bringen als Energie spender und Futter", sagte Mr. Otieno.

"Gutes Management bedeutet, dass der Boden richtig vorbereitet wird, die Setzlinge geschützt werden vor Nager, Feuer, Haustieren und auch vor den Menschen."

BAMBURI ZEMENT

Wissenschaftler haben saisonale Trockenheit und niedrige Bodenfruchtbarkeit als die hauptsächlichsten Faktoren identifiziert, die das Wachstum und Überleben der Baumsetzlinge gefährden.

Das Umweltschutzprogramm von **Bamburi Zement** geht mehr als 30 Jahre zurück, als die Firma zuerst mit der Rehabilitation eines ausgedienten Steinbruchs begann und diese hässliche kahle Mondlandschaft in den weltberühmten "**Haller Park**" verwandelte.

Der Park enthält viele Pflanzen und Tiere und ist eine große Attraktion für Besucher aus aller Welt.

"Wir haben über all die Jahre unseren Geschäftssinn mit einem klaren Verantwortungsbewusstsein kombiniert und stark in Umweltschutz investiert," sagte Mr. Thyaka.

Das **Grüne Schulprojekt** wurde lanciert zur gleichen Zeit, als tausend Experten aus aller Welt in Nairobi die 12. UNO Konferenz über Klimaveränderungen besuchten.



RAPHAEL THYAKA (rechts), Chairman von **Lafarge Ecosystems**, assistiert von **Saumu Mwamzano**, einem Schüler in der **Mkokoni Primary School** im Kwale Distrikt, pflanzte einen "**Termilla Catappa**" Baum, als **Bamburi Cement Ltd.** im November die landesweite Umweltschutzkampagne lancierte.

'Monarch' Charterflug von London Gatwick landet in Mombasa

OBWOHL ES die ganze Nacht heftig geregnet hatte und die **Monarch** Chartermaschine Anfangs November eine halbe Stunde verspätet landete, hörte der Regen plötzlich auf als die Passagiere auf dem **Moi International Airport** in Mombasa aus dem Flughafengebäude kamen.

Es ist besonders zu erwähnen, dass von den 330 **Economy** und **Premier Class** Sitzen 100 (80 **Economy** und 20 **Premier**) von **Thomas Cook U.K.** gebucht worden sind für die ganze Wintersaison, die im April 2007 zu Ende geht.

Es gab einen großen kenianischen Empfang auf dem Flughafen, organisiert von **Abercrombie and Kent**, Küste, mit Masaitänzern vom **Aquamarin Restaurant**, Mtwapa, die eine Vorstellung gaben, während die Passagiere einen erfrischenden **Madafu Drink** (Kokosnuss) genießen konnten, bevor sie zu ihren Hotels an der Nord- und Südküste gebracht wurden, wo die meisten zwei Wochen wohnten.

WATAMU: Turtle Bay Beach Club.

NORDKÜSTE: Voyager Resort, Bamburi Beach Resort, Severin Sea Lodge, Travellers Club, Sun 'n Sand

SÜDKÜSTE: Neptune Paradise Village, Southern Palms.

Abercrombie and Kent ist für die Landarrangements verantwortlich mit einem erfahrenen Team von Fahrern/ Reiseführern, die Fremdsprachen sprechen.

Die meisten Urlauber in Kenia kommen aus Großbritannien.

Großes Vertrauen in das Land und in die Zukunft des Tourismus zeigt zweifellos **Thomas Cook**, eine Reisefirma, die vor mehr als 150 Jahren gegründet wurde und sich zu einem weltbekanntesten Reiseveranstalter entwickelt hat.

Als erstes Reisebüro in Großbritannien organisierte **Thomas Cook** Urlaubsreisen nach Übersee.

Ein Pressesprecher sagte: "**Thomas Cook** ist stolz darauf, eine ständig wachsende Zahl von Touristen nach Kenia zu bringen."

"Keniareisen sind sehr beliebt bei unseren Kunden, weil sie hier immer herzlich empfangen werden, wegen den wunderschönen Landschaften und der exotischen Tierwelt."

"Wir möchten auch die Gelegenheit benutzen, um allen zu danken, die in der Tourismusindustrie tätig sind und Kenia zu einer einzigartigen Destination machen."

"Diese wöchentlichen **Monarch** Charterflüge kommen von Gatwick und werden auch in der Sommersaison weitergeführt."

"Kenia ist ein wunderschönes Land, bekannt für seine Gastlichkeit."

Die meisten Touristen kommen für **Badeferien** und **Safaris** und die **Thomas Cook** Kunden werden von **Abercrombie and Kent** betreut, einem führenden Reiseveranstalter in Kenia.

Die Hotels, in denen die Touristen wohnen, werden regelmäßig überprüft, um sicherzustellen, dass sie ihren Standard halten.

Es wird auch gehofft, dass bald keine Strandhändler mehr die Touristen belästigen, sondern ihre Waren von "**Tourist Markets**" hinter den Stränden anbieten.

Seit langem wird hart daran gearbeitet, nachdem sich die Touristen über die Strandhändler beschwert haben.

Es gibt jetzt ein **Tourist Police Unit**; Polizisten patrouillieren an den Stränden wie auch Mitglieder des **Kenya Wildlife Service**.

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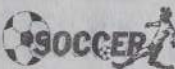
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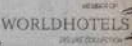
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				9	4
3		4	5		
1		3			8
6				3	8
	4	5	6		2
		5	7		6
7				8	9
			2	7	6
4	1				

SUDOKU NO. 026

NAME.....
ADDRESS.....

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9 x 9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3 x 3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE SUDOKU' NO. 023

8	3	1	4	5	6	7	9	2
2	6	5	8	9	7	4	1	3
7	4	9	3	2	1	8	6	5
6	5	4	9	1	8	2	3	7
1	8	3	5	7	2	9	4	6
9	2	7	6	4	3	1	5	8
5	7	2	1	3	4	6	8	9
3	1	8	7	6	9	5	2	4
4	9	6	2	8	5	3	7	1

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Surviving Attention Of Criminals In This 'Double Trouble' Season

Current reality in Kenya is that security cannot be guaranteed all the time.

We see sporadic peaks in specific crimes.

They are not at specific times nor are there indicators that are a precursor to the specific events or crime seasons.

In some cases, there are suggestions of why they happen.

One of the most common is that we get increased lawlessness and crime during school holidays because the perpetrators would be looking to raise school fees for their offspring or relatives.

This suggestion is not far fetched as looking back at news reports this tends to bear out that these periods reflect an increase in crime generally.

The approach of festive seasons also lead to undue attention by thieves.

They, like all of us, need to have enough money to be able to enjoy themselves during the seasons.

Thus for the month of December we have double trouble as it is both the main festive season as well as the longest of the school holidays.

It has tended to be month when petty criminals are at their busiest taking advantage of any small lapses that we have to quickly relieve us of anything they can find.

They are not of the violent type and would tend to run away when disturbed.

When cornered, they will try and fight their way out rather than kill or maim.

They tend to be unarmed and would generally use whatever is at hand to clear their way out of being cornered.

Amidst all this low level crime, we also have the heavy handed type where armed thugs come into houses knowing that they will meet resistance.

We also have the cases of carjacking where the presence

arms guarantees that the crime can actually be carried out.

For these instances, it pays to be prepared for the likelihood of being hit by armed criminals.

Let us start with the probability of being car jacked.

CoastDrive with Teti Kamugunda



Car jackers are normally interested in either relieving you of what you may have in the car or using your car to commit another crime, escape from a crime or do something else.

In all these instances the driver and passengers are likely to be harassed, threatened and even beaten up especially if the car jacker is bent on robbing the occupants of the car and they end up finding nothing for the risks that they have taken.

Such people are normally quite hyped up and are likely to pull the trigger or unleash a rungu at the slightest sign of protest.

They cannot believe that one does not have a mobile phone, travels with no money in the pocket nor has no ATM card.

If one drives a car or is travelling in one then they must have at least one of the three items.

In order to avoid being seriously harassed in this case, it makes sense to ensure that there is at least one of the three items in the car or on your person.

Kachumbari tells me that he always has a cheap mobile phone in the car.

It is one of the offer mobiles that is SIM locked.

He ensures that it has at least three minutes of air time loaded at all times.

In fact he never uses the phone except that he calls a few numbers so that it looks used should a car jacker be that inquisitive.

He also ensures that he has at

least two to three grand either in his pocket or when in his own car hidden deep in one of the storage locations in the car.

This makes it look authentic when one is asked to produce money and you have to produce through all the debris in the stowage areas to find the cash.

If one has an ATM card then it pays to limit the amount you can draw to an absolute minimum.

Several people I have spoken to recently tell me that they have gone to the extent of limiting the maximum they can withdraw in any one transaction to ten grand rather than the forty grand a day that the most generous ATM card allows one to draw today.

The carjacker is most active between ten and eleven in the evening because this is the time that presents the best opportunity for maximum gain.

If they car jack you at this time, they will use your car to withdraw immediately and then hold you till after midnight when the cards have reset and they can withdraw the maximum again.

Imagine if your card were open to forty 'grand' a day.

One could lose eighty 'grand' within a space of four hours when in the hands of car jackers who know what they are doing.

Though we say a man's house is his castle, it also is the place where criminals come to expecting to make away with quick winnings.

Security in homes is big business but the sheer scope means that there is a high likelihood of finding bad apples amongst the practitioners.

Security guards, house help, gardeners and such are all likely to be part of a scheme to breach your security.

Kachumbari told me that it is best to assume that they will be accomplices and prepare for the eventuality.

Preparation is more or less the

same as for carjacking.

Always ensure that you have a small amount of money in the house and make sure it is hidden in a slightly difficult place to get to.

One should not make it too elaborate as it may then bring out the jitters in the robbers.

Same goes for ATMs, one should have them in an easily accessible place but with the minimum exposure.

If one needs to have access to large amounts of cash at all times then the cards should be kept in other places.

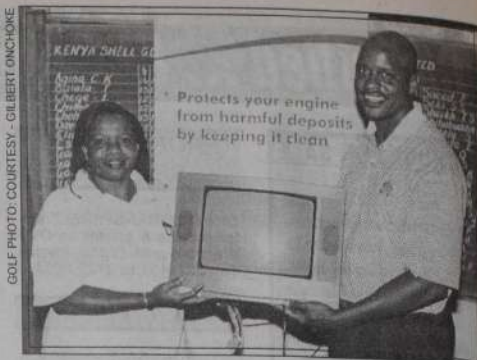
The mobile phone by the side of the bed or by the location you are working at in the study should also be the disposable one.

It pays to keep moving the same phone to wherever you are and then concealing the main phones that you have.

Surviving the attention of criminals in this double trouble season will take a bit of discipline and also a bit of inconvenience.

Rearranging our lives to improve our chances of getting out of carjack or house breaks is takes a bit of doing but is well worth it.

As Kachumbari says, it is not how we fight back when attacked but how prepared we are to cope that matters.



KENYA SHELL GOLF DAY - Diana Munyai, overall winner during Kenya Shell Golf Day at Mombasa Golf Club, receives a prize from Tonny Mbote of Kenya Shell Ltd.



LADY CAPTAIN'S PRIZE 2006 AT NGCC - Mumta Patel (left), Runner-up during Lady Captains Prize 2006 at NGCC. Receives a prize from NGCC Chairman Hanif Walli (centre). Looking on is Lady Captain Perviz Barnsley.

Moderately Strong Winds Gave Tough Working Race For Sailors On The Water

The Edward Wilshaw races no. 3 and 4 on last Sunday were sailed also on an incoming neap tide.

The moderately strong winds, mostly north easterlies, still swung to east in gusts and gave a tough working race for the nine boats out on the water on bumpy swells.

Of the seven Lasers, two yet unnamed (TBN) sailed by Marylyn and Chris Barnes maintained their lead in both the races with Michael Smewing's QUICKSILVER maintaining a steady third place against diluted competition from David Mackay's CLARE after David had windward

capsizes on high swells. Andy Burnard and Brian Emmott followed on with KIJIVU and SIAFU with Chris Soper back on the waters with SIHIRI taking stock of the wind-water combination.

CENTURION sailed by Koki Doshi crewed by Rushabh Shah and Cyrille tagged along to finish both the races.

But the Laser 2 CONWAYS sailed by Teddy Ndaru and Rama, doing fairly well initially, called it a day after multiple capsizes in high winds and retired.

The course had tight sailing in certain spots close to the reef without enough depth due to the just turned tide.

The winds also played their part and CENTURION and KIJIVU both had a close shave literally on the shallows.

But it was a nice sail nevertheless.

So far the leaders are Marylyn and Chris Barnes in first and second place with Michael Smewing third.

The next week's two races will decide the winner.

The Wednesday race for the monthly mug also had six boats on water with Barry Mitchell sailing TALLY HO!

With Peter Talbot leading with his superb sailing as usual followed by Brian Emmott in SIAFU and Marylyn Barnes in TBN.

Two more sails to go for the winner to emerge.



LOHANA 'SPORTS AND CULTURAL' FESTIVAL

Nairobi Lohana Youth League is all set to host the 31st annual Lohana Sports and Cultural Festival in Nairobi during the Christmas holidays, confirmed Festival spokesman Subhash Modi.

Secretary General Kamal Sanghani has said that all the preparations are in order for the festival which is jointly funded by all the participating centres of East Africa.

Kamal Sanghani highlighted all the sports will be played at the various venues in Nairobi and the confirmed venues will be announced by early next week.

He confirmed the dates of the festival as follows - Saturday 23rd. December, 2006: Arrival of

delegates, officials, participants and the Opening Ceremony at the Lohana Hall

Sunday the 24th. December, 2006: Festival Games, Cultural Events to commence until Tuesday the 26th. December, 2006.

Wednesday the 27th. December, 2006: Departure from Nairobi

The four day festival is expected to bring about 1000 people's involvement into the festival.

Kamal Sanghani was also pleased to confirm that all the top Lohana sportsmen, sportswomen and youth who have represented their countries in various sports will be honoured and recognised during the festival.

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TRIGGER THE DOWNSWING BY ROLLING YOUR LEFT ANKLE TOWARDS THE TARGET, NOW YOUR RIGHT ANKLE WILL ROLL IN TOWARDS THE TARGET, MAKING FOR A STRONG RIGHT SIDED HIT ON IMPACT.

EXCLUSIVE - GREG NORMAN'S 'GOLF LESSONS'

Tanzanians Poised For Motor Cycle 'Enduros' Race Event

Special Report From John Gardiner in Dar es Salaam

Motor sport takes on a different format on Saturday 16th December, when the 2006 Dar es Salaam Enduro is run.

This will involve several teams, each with three machines, over a course of some 120 km.

The check points are described by GPS readings only, and the teams ill have to find their way to each control.

Speed is not the most important factor in deciding the results, the score team will be examining the total distance covered.

The teams will be making their way down to the beach camp, some 70 km south of Dar on Friday.

After registration and scrutineering, the teams will be formed, each containing one experienced rider, one journeyman and a complete rookie.

The event is sponsored by Pan African Energy, Sea Breeze Marine, Bali Electrical Services, Lango Language Consultants, Jungshen Motor Cycles, Atemi and Knight Support.

There ill be entrants from Kenya, and the organizers see this as a popular annual event.

Dembe Raze FC To Clash With Floringi At Fort Jesus Ground

THE TSS Maize Millers Limited's sponsored Pamba Loko Cup soccer tournament continues to hot up at Fort Jesus Ground tomorrow (Saturday).

Tomorrow, Dembe Raze FC clash against Floringi in a group 'D' match which is expected to attract capacity crowd.

On Sunday, another interesting match will be played between Dragon and Brazil.

The group 'C' match could go either way as managers of the two sides have promised fans of displaying good soccer.

Eleven Brothers tackle Magwende in a group 'A' clash on Monday as PSG play Utamaduni in another match of the same group on Tuesday.

On Wednesday, Englani entertain Wabarawa and on Thursday, Bayern meet Mujahidin in group 'B' matches.

Englani Tosta made a flying start in the tournament when they crushed Mujahidin 3-1 as PSG settled to a 1-1 draw against

Soccer Scene with



Magwende.

PSG defeated Omax in another group 'A' match.

The tournament is handled by the Old Town Tournament Organisers (OTTO) under the chairmanship of Hussein Abbas.

Meanwhile, Mombasa FC faces an acid test on Sunday when they clash against Tembo Youth in the KYSE Junior Soccer Cup under-15 group 'B' league match to be held at Mombasa Showground on Sunday from 4.00 p.m.

Mombasa is fighting to top the standings against Ziواني Sportiff who are currently leading the pack.

However, if Ziواني Sportiff wins

their match against Trench United tomorrow (Saturday) from 4.00 p.m., Mombasa won't take over the leadership.

Sparki Youngsters are expected to receive a walk-over as their opponents tomorrow at 9.00 a.m., Omax Alfa Zulu have yet to appear to play any of their group 'A' matches.

They might be expelled from the league for failing to honour all their previous matches.

Calvary Youth have been drawn against Boca Juniors in a match the former are expected to emerge victors.

However, Boca who have not yet impressed have vowed to register a surprise win against their opponents tomorrow.

The match starts at 11.00 a.m.

Mishomoroni Stars

Another group 'B' match to take place on Sunday involves bottom of the table Mishomoroni Stars pitted against Samba Youth.

The match is to kick-off at 11.00 a.m. Mishomoroni is slightly favoured taking into account their latest show.

Small Storm faces a formidable task on Sunday where they have been programmed to play Daytona Youth from 9.00 a.m.

It is a match that could go either way but Daytona could emerge winners even by small margin.

Al-Hilal of Kongwea is a team to watch and Hidden talent are warned to be careful when they face them on Sunday in a group 'A' match from 2.00 p.m.

Al-Hilal would no doubt fight to the bitter end to win this match and improve their position in the table.



Mombasa Water & Sewage Company chairman, Ismail Mboya (right) presenting Spartak Moons FC under-13 soccer side captain, Khalid Balala a set of jersey, two footballs and Sh10,000 cash for the team to prosper and do well in local tournaments.

PHOTO: ABDULRAHMAN SHERIFF

'Hu Is Going To China At Christmas' Golf Climax

Kenya Airways Monthly Golf Challenge at Leisure Golf Club moves into the final round on December 16.

Each month since January 2006 there has been a Kenya Airways ticket to a destination of the winner's choice from twelve Kenya Airways destinations including Europe and the Far East.

Leisure Lodge Resort Golf Manager Arty Round Turner reports:

"December is the last chance for Golfer to try their luck in this year's competition.

"So if you are golfer and looking to shop in Bangkok, visit Dubai or spend the spring in London get to the practice range, perfect that swing and sharpen up the putting stroke.

"The Leisure Golf course is in stunning condition right now and this is great reason to play the course."

Hu is going to China for X-mas?



in conjunction with **ALI BARBOURS RESTAURANT AND FORTY THIEVES BEACH BAR** The Kenya Airways Monthly Challenge The LAST of twelve fascinating events THE LAST CHANCE **SATURDAY December 16 2006** Leisure Golf Club

Kenya Airways will give the winner a return ticket to one of the following destinations London, Johannesburg, Dubai, Zanzibar, Entebbe **You win, you choose!**

This stroke play competition is open to all Leisure Golf Club, Nyali Golf Club, Mombasa and Malindi members and guests. A maximum of 72 entrants will participate from a shotgun start. Cut off entry date for members is 12.00 noon 16/12/06. **GUESTS WELCOME**

If the entry exceeds 72 then the guests will be seeded from handicap

Hu is going to China for Xmas?

The overall winner with the best six cards for the year **without winning a monthly major** can pack their bags for

CHINA

Kindly co sponsored by Coastweek.

Prize giving and curry dinner after the event will be held around the tranquil setting of the clubhouse putting green.

Entry for this fabulous addition to the golfing calendar can be submitted online from www.golfingkenya.com, www.dianbeach.com or direct from the Leisure Golf Club Manager Arty Round-Turner on 040 320 2620

Entry Fees: Leisure Lodge members 500/- Guests 1,000/- including dinner!

Hu could be Yu!

EIGHT CLUBS COMPETE FOR NIBAL CUP SOCCER

EIGHT clubs will battle out for the Nibal Cup soccer under-13 junior competition scheduled to start on December 21, writes ABDULRAHMAN SHERIFF.

The clubs are Spartak Moons which will have two teams - 'A' and 'B', Sparki Youth, Floringi, Sega Youth, Dragon and two other teams from Mvita co-stituency.

The tournament is sponsored by Nibal Freight Limited managing director, Issa Khamis. The draw was expected to be held last night.

Shimanzi Ladies Club Winning Lota Motors Womens' League

LOTA MOTORS Women League reaches its climax on Sunday when the remaining two matches are to be played at Khadija Primary School Ground with Shimanzi Ladies Club emerging the champions even if they lose to Furaha LC, writes Abdulrahman Sheriff.

Shimanzi of Island takes the field at 4.00 p.m. against Mtapa's Furaha in a just formality match to complete the league which started on July 15.

Shimanzi tops the standing with 24 points as Furaha are third having collected 20 points.

It is to be seen if Shimanzi will finish the league in an excellent fashion for so far they have yet conceded a single goal having bagged in total of 43 goals.

Moving the Goalpost (MTG) of Kilifi is currently in second position with 20 points but having better goal aggregate than Furaha.

The Kilifi ladies have scored 39 goals and conceded only two goals.

The other match to take place at the same venue the same day involves All Saints from Likoni pitted against Kanamai's Tumaini Ladies Club. The match is set to kick-off at 2.00 p.m.

The match could go either way though All Saints starts slightly favoured to collect maximum three points.

Mombasa Soccer Promotion

Centre (MSPC) chairman Gabriel Mghendi, Secretary Sayid Mraera and treasurer Abdulbari Juma have appealed to Mombasa soccer lovers to turn up in great numbers and watch top flight soccer to be displayed by the four teams.

Shimanzi with a number of international players deserves to be crowned Lota Motors Women League champions for they proved beyond reasonable doubt they were the better side from the start of the league where they registered many impressive victories.

Another team that impressed and attracted more supporters is the MTG Ladies from Kilifi who have been displaying clean and crisp passes that kept the crowds on their toes.

They were unlucky not to have won the league for they conceded only a match against the eventual winners.

Among Shimanzi matches they won convincingly were against Boca Juniors whom they crushed 13-0, Kisauni 8-0, Coatsal Quins and All Saints 6-0 each and Tumaini 4-0.

They defeated MTG 1-0, Changamwe Ladies 2-0 and Soliwodi 3-0.

MTG also registered convincing wins against Changamwe Ladies 9-0, Boca Juniors 9-0 and Kisauni 11-0.

They also defeated Tumaini, All Saints and Coastal Quins by an identical scoreline of 3-0. MTG drew 1-1 with Furaha and settled to a goalless draw with Soliwodi.

MSPC deserves special mention for having successfully organized the league which ends on Sunday without any problem.

Players, club officials and supporters are also to be commended for maintaining high standard of discipline.

WAMBOI WARUI IS LADY WINNER

Lady Captain's Prize 2006 - Mrs. Perviz Barnsley played on Saturday 7th January, 2006 at The Nyali Golf and Country Club - RESULTS:

Winner: Wamboi Warui 19 (38,19), Runner Up: Mamta Patel 20.5 (37.5,17), Third: Jane Mburu 21.5 (37.5,16), Fourth: Jean Elms 21.5 (36.5,15), Fifth: Sue Williamson 22.5 (38.5,16), Sixth: Nila Devanti 23 (39,16) Best First Nine: Pia Swatton 38, Best Second Nine: Frances Lagoussis 19.

Subsidiary (Men): Winner: Gulam Taki 41, Runner Up: Musa Odada 40, Third: George Nesbitt 39, Fourth: S. Popat 38 c/b Hidden Hole: Karina Tung.

AGA KHAN ACADEMY STAFF @ HOLLYWOOD BOWL

They all threw their working gears and put on their bowling shoes, for a moment of relaxation and this as happened last Friday to members of staff of the Aga Khan Academy, Mombasa.

The group that comprised of twenty eight members had a good time away from their normal routine at the school. And it was a good way to welcome the month of festive.

Bowling Results of the Aga Khan Staff: Andrea 78, Aziz 76, George 52, Samantha 54, Shariff 107, Chris 94, Lucy 121, Mary 49, Naini 99, Enitta 76, Esther 84, Jecton 56, Kausar 37, Naheeda 90, Abraham 52, Deepa 74, Jane 85, Mark 49, Ruheel 19, Brenda Mclean 137, Derek 104, Olwande 100, Simon 108, Aziz Rattansey 53, Jennifer Fenton 80, Karim Mclargh 123, Les Wilkins 68 and Scott 106.

Still on celebrating moods, on Tuesday Helen Werle, turned twelve years in style, as she celebrated her twelfth birthday, as well as the Jamhuri Day.

Helen, a student at Braeburn, Mombasa International School, together with family and friends, had a colorful as well as a fun-filled party at the Hollywood Bowl.

Happy Birthday Helen and many Happy Returns of the Day!

And as the week advanced more names came up on the scoreboard, with Roberto Carlos emerging the top scorer this week in the men's category, while Jenny Nerish led the ladies category and master Shiv remains unbeaten this week.

Cornet Davis who was the month opener slid one position down to land on second position at the close of the week.

New entrant of the week, was Ali Esmaljee.

The ladies had the most number of new entrants this week, namely: Karina, Lisa and Nofar Ben-Itzhak, while the under 15 years, had Jay Shah as the new entrant.

Scores @ the close of the week:

Men: Roberto Carlos 231, Cornet Davis 217, Habib Makande 214 and Ali Esmaljee 183.

Ladies: Jenny Nerish 146, Karina 141, Lisa 140, Eklaa Shah 125, Nofar Ben-Itzhak 122 and Daksha Morjaria 102.

Under 15 Years: Shiv Morjaria-199 and Jay Shah-139

Birthday Of The Week: Helen W. Werle daughter of Tracy A. Jensen and Peter Werle, student @ Braeburn Mombasa International School. Happy Birthday!

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Lamu Artist Fatma Issa Holm Exhibiting Inside Fort Jesus



PHOTO: ABDULRAHMAN SHERIFF

Fatma Issa Holm [right] showing her drawings to guests during official opening of the First female Swahili Artist Exhibition on 'Lamu people, their Culture and traditional environment' at Fort Jesus Museum in Mombasa. Looking on [from left] are Fort Jesus Curator, All Salim Baskaber, Alliance Française Chairman Muhammed Ramazani () and anzanian Consulate Trade Attache Tahir Khan.

Fine Swahili Art On Show

THROUGH HER PAINTINGS FATMA WANTS TO SHOW A WIDER SIDE TO AFRICA'S RICH CULTURE

EXHIBITIONS on people, their culture and traditional environment should be reinforced to attract art lovers and buyers for the benefit of participating artists, writes Abdulrahman Sheriff.

In other parts of the world, artistic talent has become a rewarding enterprise that contributes to economic growth of countries.

These remarks were made by Alliance Française Chairman Muhammed Ramazani when he officially opened the Art Exhibition on 'Lamu people, their culture and traditional environment' at Fort Jesus in Mombasa early this week.

Mr Ramazani congratulated National Museums of Kenya, Fort Jesus Museum and Mrs Fatma Issa Holm for organising what he described as a "beautiful event."

He said his organisation, with its director Pierre Ferran, were proud to be involved in the development and promotion of art at the Coast and congratulated Fatma and All Salim Bakaber, for putting together the exhibition.

Mr Ramazani said they were committed to the cause and look forward to working with Fort Jesus and other stakeholders in organising more such art exhibitions.

Fatma Issa Holm was born in 1960 in Lamu, Kenya.

She is now living in Aurskog Høland, Norway. She married in 1980 and has two grown-up children.

As a teenager, she attended Lamu polytechnic school learning how to sew clothes and in the afternoon hobby groups learning how to knit.

Later she moved to Nairobi National Polytechnic where she got her diploma in sewing.

Her mother taught her to make embroidered hats and her aunt taught her how to decorate flowers, so her passion for domestic work and art started at a young age.

In Norway, she continued her

studies at Rud High School and later attended an art college in Oslo where she got a bachelor degree in aesthetic subjects.

Fatma has been teaching art in secondary schools, and other classes in Oslo.

She has also worked for NORAD in Njombe District in Tanzania and in Machakos, Kenya. In both countries, she taught in secondary schools and woman groups.

She worked on a Pilot project at Strømmen Art Centre passing on art to primary schools in Akershus Fylke.

She likes painting motives from Africa and she mostly paints women.

Through her art, she wants to show a different, wider side of Africa and its rich cultures.

Fatma is trying to achieve that by painting motives of animals and people in Africa from a different point of view.

Her recent paintings, portrays the Swahili people and their culture and the paintings will be

displayed at her first exhibition in her home country.


One exhibition will be held at the National Museums of Kenya at Lamu Museum and the other one is now held at Fort Jesus, Mombasa to run up to Saturday.

Meanwhile, the National Museums of Kenya, Malindi Museum in collaboration with Wasanii Art Group and Malindi Bay Performing Arts Co. are holding 'The adventures of African Heroines' and 'Know Malindi know Kenya' twin-art exhibitions on December 19, 20.

Malindi Museum curator Charles Bitia explained:

"The 'Adventures of African Heroines' exhibition showcases African women who did outstanding things for their country from historical times to the present."

Bitia said that 'Know Malindi know Kenya' exhibition will give those to attend an opportunity to know Malindi. It showcases the reflection of the historical town.



DT DOBIE

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KENYA TIDE TABLES

MOMBASA, December 15 - 21, 2006

FRIDAY High Water - 2.5 m. at 00.09 hrs. (12.09 a.m.) and 2.2 m. at 12.25 hrs. (12.25 p.m.). Low Water - 1.3 m. at 05.42 hrs. (6.42 a.m.) and 1.2 m. at 18.26 hrs. (6.26 p.m.).

SATURDAY High Water - 2.7 m. at 01.07 hrs. (1.07 a.m.) and 2.2 m. at 13.32 hrs. (1.32 p.m.). Low Water - 1.1 m. at 07.40 hrs. (7.40 a.m.) and 1.1 m. at 19.20 hrs. (7.20 p.m.).

SUNDAY High Water - 2.8 m. at 01.53 hrs. (1.53 a.m.) and 2.3 m. at 14.25 hrs. (2.25 p.m.). Low Water - 0.9 m. at 08.25 hrs. (8.25 a.m.) and 1.0 m. at 20.05 hrs. (8.05 p.m.).

MONDAY High Water - 3.0 m. at 02.34 hrs. (2.34 a.m.) and 2.5 m. at 15.08 hrs. (3.08 p.m.). Low Water - 0.7 m. at 09.04 hrs. (9.04 a.m.) and 0.8 m. at 20.45 hrs. (8.45 p.m.).

TUESDAY High Water - 3.2 m. at 03.11 hrs. (3.11 a.m.) and 2.6 m. at 15.47 hrs. (3.47 p.m.). Low Water - 0.5 m. at 09.41 hrs. (9.41 a.m.) and 0.7 m. at 21.23 hrs. (9.23 p.m.).

WEDNESDAY High Water - 3.3 m. at 03.48 hrs. (3.48 a.m.) and 2.7 m. at 16.23 hrs. (4.23 p.m.). Low Water - 0.4 m. at 10.18 hrs. (10.18 a.m.) and 0.6 m. at 21.59 hrs. (9.59 p.m.) **NEW MOON**.

THURSDAY High Water - 3.4 m. at 04.24 hrs. (4.24 a.m.) and 2.7 m. at 16.58 hrs. (4.58 p.m.). Low Water - 0.3 m. at 10.52 hrs. (10.52 a.m.) and 0.6 m. at 22.37 hrs. (10.37 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

COASTWEEK TEL: 2230125 / 2230130 MOMBASA

PLEASE TAKE NOTE: NEW TELEPHONE NUMBERS • IN NAIROBI CALL ANJUM ON (020) 444907