

★ ENTERTAINMENT ★ NEWS ★ SHIPPING ★ COMMENT ★ SPORTS ★

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Coastweek

Issue No. 2942

October 20 - 26, 2006.

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Firework Frenzy

DIWALI 'DHAMAKA 2006' AT COAST GYMKHANA SPORTS CLUB

erous fireworks will
he Coast Gymkhana
s Club, the venue of
wali Dhamaka 2006
vening and tomorrow

of the town' as excitement, songs
and colour characterised the
festive. This year's organising
committee under the steward
ship of the tireless
chairman of Coast
Gymkhana Pankaj
Desai said all the
arrangements for
the event have
been completed.

Desai said the festival, which
is expected to be attended by
more than 3,000 people will start
tonight (Friday) with the Indian

Food Festival coupled with live
music.

Desai said several popular
artists have been listed to grace
the occasion.

These artists
include Pushar,
Silu, Salyani, All
and Praput just to
name a few.

"There will also
be lots of bouncing castles
courtesy of White Waters who
are set to soon open a ultra
modern complex in Nyali next to
Mamba Cultural Village", said
Desai.

Tomorrow will be the grand
fireworks display by the famous
Tononoka Fireworks Company
of Nairobi.

Desai said the function start at
7.00 p.m. onwards.

The Coast Provincial Com-
missioner has been invited as
the chief guest.

'MOUTH WATERING'

DIWALI DELICACIES

Mouth watering dishes
available on sale will be provided
by well-known caterers such as
Dilip, Saroj, Kusum and
Chowpaty.

A special artist, Apesha Patel
who is fresh from graduating in a

dancing degree will stage the
first ever live performance in
Mombasa at the Coast
Gymkhana Sports Club.

Also a well known Mombasa-
based singer Khushub Desai
among others are set to perform
tomorrow.

Desai said most of the
proceedings raised during the
festival will go to local charity
organisations.

Special Report by
Correspondent

IDD
MUBARAK
TO ALL
OUR
MUSLIM
READERS

HAPPY
DIWALI
AND A VERY
PROSPEROUS
NEW YEAR
TO ALL OUR
HINDU READERS



IG IN BALTIMORE

mbasa born chef Khalid Omar Said Mohamed is seen
ling 'the best Best Falafel sandwich in Baltimore' after
Parsa Kabob Restaurant in Baltimore, Maryland, United
es, was voted recent winner of the Baltimore City Paper
ng out contest. Khalid wrote to Coastweek and said: "I
ght this is cool and want to share it with people at
e." PHOTO - COURTESY: SAM HOLDEN - THE BALTIMORE CITY PAPER

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MOMBASA, MALINDI, DIANI AND LAMU SHOPPING GUIDE

PLEASE NOTE - COASTWEEK NEW TELEPHONE NO'S: MOMBASA 2230125 AND MOMBASA 2230130

LG Stays Ahead Of Time - Unveils 'Time Machine' TV

With its sight set on dominating the liquid crystal display (LCD), and plasma display panel (PDP) market, Korean consumer electronics giant LG Electronics has launched its new range of 'Time Machine' TVs.

The 'Time Machine' LCD TVs are available in 37 and 42-inches, while the plasma version comes in sizes of 42 and 50-inches.

C. H. Lee, President of LG Electronics Gulf FZE, maintains that as broadcasting technology changes from analog to digital, consumers' demands from television sets is increasing.

"LCD and plasma TVs have seen explosive growth in recent years, driven by a sharp price decline and tech-savvy consumers trading in bulky CRT

(cathode-ray tube) sets for sleek big-screen models LG aims to stay ahead of these demands by introducing products with cutting-edge technology," says Lee.

LG's 'Time Machine' LCD TVs are the world's first televisions to come equipped with a built-in Digital Video Recorder (DVR).

COMMERCIAL SKIP

The advanced 'Time Machine' feature allows users to pause, record, and replay TV programs just minutes after the original broadcast.

The one-touch commercial skip features blocks out unwanted commercials with a touch of a button.

The units also boast of continuous automatic recording in one-hour intervals.

A built-in 80GB hard drive can store up to 40 hours of digital standard-definition programming, eliminating the need for external storage devices.

"LG enjoys a 25 per cent market share for plasma TVs, and more than 15 per cent for LCD TVs in the UAE and the Gulf.

"We expect regional plasma TV sales to grow by as much as 40 per cent as the demand for flat screen televisions increase.

"LG plasma TV sales grew 50 per cent in the Gulf last year, and our LCD TV sales shot up by 200 per cent," adds Lee.

The 'Time Machine' TVs boasts of LG's exclusive XD™ Engine that improves brightness, contrast, and 3D colour control.

It also offers sharpness enhancement and 3D noise reduction, and the XDS and SRS/BBE Sound System delivers cinematic surround sound.

Clear Filter technology eliminates double image reflection of glass filter TVs.

The LG DVR PDP's High Definition Multimedia Interface also does away with multiple wires in favour of a single cable for all functions.

LG currently occupies the number one spot for LCD and plasma TVs in the Middle East and Africa, with a combined market share of 40 per cent.

The consumer retail and digital signage sectors have driven demand for plasma TVs, along with hotels replacing old CRT sets with flat panel technology.

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EPSON MOMBASA ROAD SHOW

Epson is having a road show in Mombasa. The road show will take place from 20th To 22nd October at Nakumatt Nyali. This is the first time EPSON has organised a road show in Mombasa.

Latest printers and photo printers will be on display and as demos. Other EPSON products, such as Projectors, Scanners and cameras will also be on display. This is a great opportunity for Mombasa residence to see wide range EPSON products.

For details please contact: American Tech Services, City House, Ground Floor, Nyerere Avenue, P.O. Box 41391, Mombasa 80100, Kenya. Tel: +254 41 2224629/ 0722 206 420. dawood@ats.co.ke

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ITEM: MR2981 - ENTERTAINMENT CENTRE
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JUST A LAUGH



"If I knew how to win the lottery ... I wouldn't be stuck in this stupid lamp!"



"And now ... for the grand finale ..."



KIOSHAR RETAIL FRIENDS DONATE FOOD TO THE SALVATION ARMY SCHOOL FOR BLIND AT LIKONI



Mr Vinod Patel (right) handing over foodstuffs to Captain Samuel Kang'ara (left) of Salvation Army School for the Blind in Likoni, Mombasa as the headteacher Ms Gracy Chukwu looks on (centre) The food was donated by Kioshar Retail Friends, Vinod Patel na V.A.P. Construction Limited. PHOTO: ABDULRAHMAN SHERIFF

NEPAD School Project

NEPAD (New Partnership For African Development) has undertaken to equip some 600,000 secondary schools across Africa with a state of the art Computer lab - the e-school project.

This initiative has been supported by the Microsoft led consortium which include Oracle, Cisco, among others.

A number of schools (23) have already been equipped so far and in Kenya, three secondary schools were done by Oracle and another three have just been completed by Microsoft.

Sun 'n Sand Hotel on the Kenya North Coast, in partnership with the Microsoft Consortium, have come together to bring this e-school lab to Kikambala Primary school (approximately 2000 students).

Kikambala Primary School is the first Primary school in Africa to have this state of the art facility, which will go a long way in enhancing the development of their primary education of these young children of Kikambala.

Gala Dinner For Launching 'Inner Wheel Of Mombasa Breast Cancer Endowment Fund'

Inner Wheel Club of Mombasa members are to host a Gala Dinner on Saturday 28 October 2006 for launching of the 'Inner Wheel of Mombasa Breast Cancer Endowment Fund'.

Inspired by the efforts made by the voluntary services of the Aga Khan Hospital's Breast Cancer Support Group, Inner Wheel members have taken it upon themselves to further the noble cause.

They wish to embark on the awareness, prevention, and detection of "Breast Cancer" and thereafter provide emotional, psychological, social, medical, and financial assistance to those afflicted.

The AKH Breast Cancer Support Group has held a few free breast clinics in the past.

They have held workshops in schools, colleges, religious centres and different community centres.

Their job is to demonstrate and reiterate the need of self-examination to all those visiting the clinic and ensure early detection and treatment of any possible cancer.

In the 2005 and 2006 a sum of 2,100 women were examined out of which nine cases were diagnosed as having malignant cancer and in need of immediate attention.

Financial contributions to the Inner Wheel Mombasa Breast Cancer Endowment Fund would

assist Inner Wheel members in making sure that individuals can get necessary medical treatment.



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SUPER HERO SHAH RUKH KHAN IS PAIRED OFF WITH VERY POPULAR ACTRESS PRIYANKA CHOPRA

Cinemax Unveils 'Diwali Dhamaka' And Incredible 'Idd' For Film Buffs

NYALI CINEMAX has unveiled a *Diwali Dhamaka* and an Incredible *Idd* for all you movie buffs this week.

Starting the week is one of the most anticipated films, *Don* which is on a worldwide simultaneous release today (Friday).

Young director Farhan Akhtar embarked on remaking this eighties super hit starring Amitabh Bachchan and Zeenat Aman with today's super hero Shah Rukh Khan paired off with another very popular actress, Priyanka Chopra.

Leaving the same story line, Farhan has added plenty of zing to this new version.

The ruthless drug kingpin *Don* operates from Malaysia, where he out of reach not just for the Indian authorities but Interpol, CIA, FBI - the whole lot of them.

One Indian secret service group does manage to reach him after a lot of planning and in the ensuing firefight, Don gets seriously injured.

As he lies unconscious at a secret location, rumours start flying around that Don is dead.

All of the world's underworld gangs start a scramble to take over Don's position and assume

leadership of his vast empire.

The police need to stem this tide so that they can take control of the situation and eliminate each and every mafia leader one by one.

This can only be done by accessing Don's headquarters and his database.



With Don lying injured in captivity, this seems like an impossible task.

Until they see someone who looks like the spitting image of Don.

This is Vijay, a village bumpkin whose similarities with Don end with his looks alone.

In character and habits he is the exact opposite of what Don is.

A secret hand-picked squad is made up to rehabilitate Vijay, transform him into Don and then let him loose in his base in Malaysia so that he can be used to track down all the illegal trade that goes on there.

So secret is this squad that

even the police themselves are not aware of it.

Everything goes on as planned and Vijay is planted in Malaysia as Don.

Aiding him are a senior policeman who is privy to the plan, the beautiful Roma and former prisoner Jasjit who owes Vijay big time.

Then the policeman who has been protecting Vijay gets killed and all hell breaks loose.

The action is superb as is the cinematography and music by Shankar, Ehsaan and Loy.

KAREENA KAPOOR

Choreography is conducted by the queen bee Saroj Khan with the soon to be queen bee in the world of dance, Farah Khan.

[There is one dance sequence by Kareena Kapoor who plays a small role in the film, which was originally done by Helen.

While Kareena has tried her best to match up to Helen's performance, there is no denying that when it came to dance, Helen ruled, and still does.

To date, not one actress, not even Madhuri Dixit, my own favourite, has matched up to what Helen could do on the screen.

I remember meeting and interviewing Helen, many years ago at the Oceanic Hotel when she had come down to give a stage performance in Mombasa.

She came across as a very warm and kind person and this radiated from her within her, not just just superficially.]

The second new film at **NYALI CINEMAX** this week has also been awaited eagerly.

Real life lovers Vince Vaughn and Jennifer Aniston team up with Jon Favreau, Joey Lauren Adams, Jason Bateman, Vincent D'Onofrio, Cole Hauser, Peter Billingsley, John Michael Higgins, Judy Davis, Justin Long and Ann-Margaret in *The Break Up*.

This comedy about relationships opens our eyes to deep-seated feelings that usually don't surface until very late.

Gary and Brooke are very much in love and have been living together for two years.

A small argument gets out of control and soon they are talking about breaking up.

That is all fine, but who will move out of the apartment that is jointly owned by them and of course lovingly furnished and put together by both of them?

With so many people pushing, prodding and poking around

where they should never have been in the first place, the couple in question go through one ridiculous battle after another.

America's most famous cartoon character comes to life yet again on the big screen.

After the super success of *Garfield*, director Tim Hill brings us *Garfield 2* where the king of purrs flies across the ocean to be with his owner Jon, who is in England to propose to the love of his life Liz.

As he gets down to having a look at the local attractions which include the Big Ben, Buckingham Palace and Scotland Yard there is a commotion.

Garfield is heralded, mistakenly, for a cat who has inherited a castle.

Suddenly surrounded by a lavish environment and courtesies from loyal subjects, Garfield decided to play along even though he is a pretender to the throne.

Enjoying this fabulous life, where he has found an ideal replacement to his favourite lasagne - minced pie - Garfield and his side-kick Odie have no clue of the dangers that lay ahead of them.

Garfield 2 stars Jennifer Love Hewitt, Breckin Meyer, Bill Murray, Lucy Davis and Billy Connolly in the lead.

A great film that should not be missed at any cost.

The teeny bopper film *John Tucker Must Die* carries on for the second week at **NYALI CINEMAX**.

It stars Jesse Metcalfe, Brittany Snow, Ashanti Douglas and Sophia Bush.

Adam Sandler, Kate Beckinsale and Christopher Walken are still holding on to the remote for dear life in *Click*.

There are two special *Idd* shows on Tuesday of *Lage Raho Munnabhai* starring Sanjay Dutt, Arshad Warsi, Vidya Balan and Jimmy Shergill.

NYALI CINEMAX are having a very special *Diwali* and *Idd* offer this weekend.

For every lady that has a meal at *Bollywood Bites*, her hands will be decorated by some beautiful henna designs, all professionally done by experts.

This free offer will be available on Friday (20th), Saturday (21st) and Sunday 22nd between 7.30 and 10.30p.m.

So all you ladies, go to *Bollywood Bites*, enjoy a delicious dinner and get some traditional Indian and Arabic designs on your hands just in time for *Diwali* and *Idd*.

NYALI CINEMAX ...the ultimate movie experience...

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Tue. - 7pm (TKts: 380/-)
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Thur. - 7pm (TKts: 330/-)

the break up
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Jennifer Aniston

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Special Diwali & Idd Greetings to all the Mombasa Ladies

Get into the festival mood this year with our **MEHNDI SPECIAL OFFER** only at the **BOLLYWOOD BITES**

FREE MEHNDI (HENNA) APPLICATION by Experts for Every Lady dining with us on Friday 20th, Saturday 21st and Sunday 22nd October between 7.30pm and 10.30pm

Wishing all our patrons a Happy Diwali and Idd Mubarak

PLEASE NOTE: THE BOLLYWOOD BITES RESTAURANT WILL BE OPEN FOR LUNCH (12NOON-3PM) ON FRIDAY 20TH, SATURDAY 21ST, SUNDAY 22ND, MONDAY 23RD AND TUESDAY 24TH OCTOBER FOR DIWALI AND IDD.

Another Hilarious Comedy From Coast Arts And Theatre Society

The Coast Arts and Theatre Society's next production is set to open next Friday and Saturday the 27th and 28th of October at Pirates Upper Deck Bar.

This is the hilarious comedy *Brentan versus Brentan* directed by Jean Hughes.

Taking part are six very talented and super enthusiastic young performers.

They are Sheliza Ramji, Kajal Shah, Salsabila Sheikh, Shiv Morjaria, Neeraj Chandani and Zain Jaffer.

The play is set in an advertising agency in Chicago, in an American soap opera spoof.

The owner Deke Brenton, played by Shiv Morjaria, has a very spiteful wife (Kajal Shah) who plans to take over the

agency. Why is she so ruthless? Could it have anything to do with the secretary Daisy?

Or may be Foxglove (Sheliza Ramji) isn't quite as pathetic as she appears!

The lawyer (Zain Jaffer) attempts to solve the company disputes and eventually all ends well with Brett Howard (Neeraj Chandani) finding true love and Blanche De Vuie (Salsabila Sheikh) finding more than she expected!

Tickets are available from Forget -Me- Not Ratna Square and curtain rises at 7.30 p.m.

KENYA CINEMA
HOLIDAY ATTRACTION
"BARSAAT"
Bobby Deol, Priyanka Chopra & Bipasha Basu
Fri. - 2.45pm & 9.30pm

THE DA VINCI CODE
Tom Hanks, Paul Bettany, Audrey Tautou
Fri. - 6.30pm only

DIWALI ATTRACTION
bas ek pal
Sanjay Suri, Urmila Matondkar, Jimmy Shergill, Juhu Chawla
Sat. - 2.45, 6.15 & 9.15pm
Sun. - 2.45, 6.15 & 9.15pm
Mon. - 6.15 & 9.15pm

The Management & Staff of Kenya Cinema wish all Hindu Patrons a very Happy Diwali, Prosperous New Year & a Very Happy Idd-Ul-Fitr to our Muslim Patrons

The *Diwali* and *Idd* attraction at **KENYA CINEMA** will begin with *Barsaat* starring Bobby Deol, Priyanka Chopra and Bipasha Basu.

The eternal love triangle is played out on a very rainy night that causes just as many tears.

You can also see the super thrilling adventure drama by Dan Brown, *The Da Vinci Code* with Tom Hanks in it.

Another emotional social drama in the shape of *Bas Ek Pal* starring Sanjay Suri, Urmila Matondkar, Jimmy Shergill and Juhu Chawla will also be screened this week at **KENYA CINEMA**.



Tamarind Village Manager Mr. Joseph Saburi (Left) is seen with the President of Inkatha Freedom Party of South Africa, Prince Mangosuthu Buthelezi (right) after a conference on Rule of Law in Sub-Saharan Africa held at the Tamarind Village on 14th October 2006.

STARCAST GEMINI KILIFI

LLibra (Sept. 22 - Oct. 21) Include friends in every conceivable aspect of your life. The stars declare that it's paytime for all Air and Fire Signs. If there's fun to be had in your neighborhood, you'll be there.

Scorpio (Oct. 22 - Nov. 21) A vicious cycle can be avoided. Decompress and first sweep away when you walk away from the thing that's bothering you.

Sagittarius (Nov. 22 - Dec. 21) You were meant to have unconditional victory. Work as someone who deserves to be included in the joke. The world is an open buffet with endless portions of whatever you like best.

Capricorn (Dec. 22 - Jan. 21) When you're in the lime light, people flock to you, but that includes undesirable as well as more appealing elements. Learn to separate the wheat from the chaff and things will continue to sail smoothly.

Aquarius (Jan. 22 - Feb. 21) It's too easy when you can see right through every temptation and use your own powers for good. The fruits of your labour are much more enjoyable that way.

Pisces (Feb. 22 - Mar. 21) You feel like you have to rally the troops and enlist their support, but truthfully, you could probably finish this by yourself. Stay focused so that you'll be able to show off when it's time to recruit again.

Aries (Mar. 22 - Apr. 21) Right now you are king or queen of the hill, master of the universe and holder of all aces. You're gracious about it, though-part of your powers is your ability to charm.

Taurus (Apr. 22 - May 21) You're rushing around and feeling like you've got no time for anyone. What's the hurry, anyway? The people who care about you want to give you a hand. Open your arms and let them in.

Gemini (May 22 - June 21) The reigning champion wins another round. You still enjoy getting the celebrity treatment. As long as you can spin out your charm, you keep on having these victories.

Cancer (June 22 - July 21) Cancer is looking and sounding good these days. Nearly everyone is amazed at your range of skills. Don't use up all your energy demonstrating for the masses, though - keep some in reserve.

Leo (July 22 - Aug. 21) You bounce back better than ever. Your happiness is suddenly contagious. It's your turn to pick the music. Your selection is sure to please everybody.

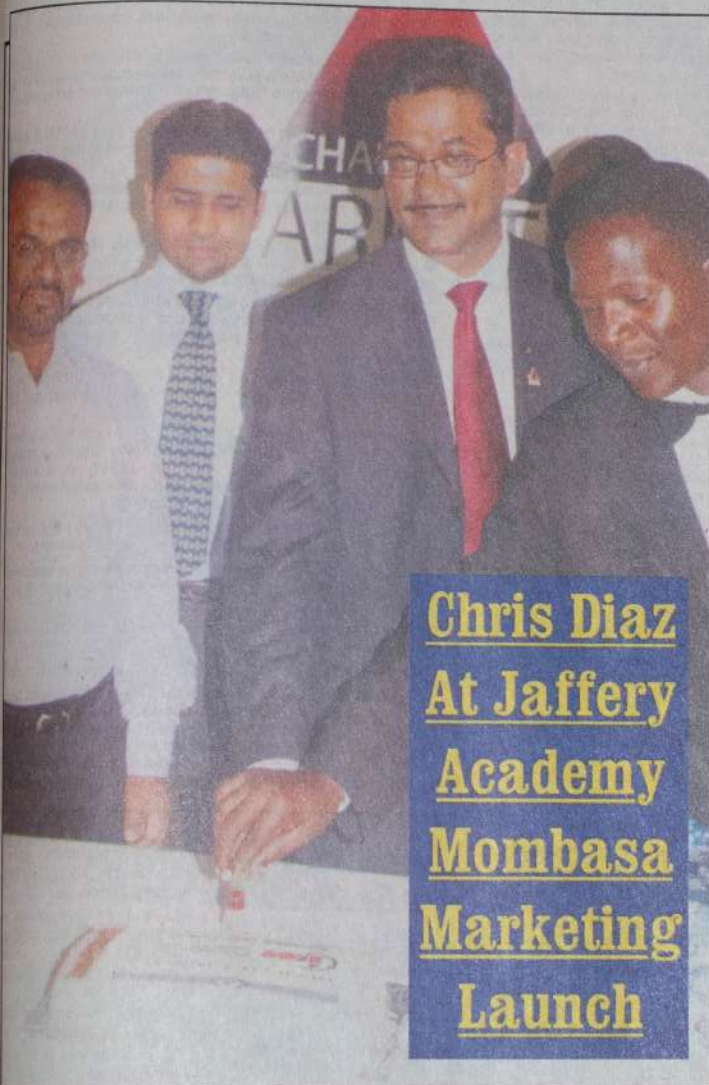
Virgo (Aug. 22 - Sept. 21) Intelligence goes beyond collecting the data that you read in the papers. Learn more about your neighbours. You move with ease through a social situation when you understand everyone's story.

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**Chris Diaz
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Launch**

Jaffery Institute Launches New Marketing Course

Jaffery Institute has launched a new course on the Chartered Institute of Marketing - an internationally recognised marketing qualification. Seen during the launch in Mombasa are (from left) Higher Education Board Chairman Jaffer Visram, Jaffery Institute Administrator Gulamabbas Peera, CIM Kenya Chapter President Chris Diaz and Job Ileri.

Kenyan 'Aces' Beat Ugandan Pool Team In Nairobi Tournery

The Kenya squad on the 30th of September, edged out a very brave 15-man Ugandan pool team in the 3rd and final set to win the 1st ever Kenya - Uganda Pool test tournament.

Kenya won sets 2-1, writes Kenya Players Pool Club Chairman Fred Karanja.

First set Uganda beat Kenya 16/15

Second set Kenya beat Uganda 16/8

Third set Kenya beat Uganda 16/14

The match was played at the 'Crooked Q' pool club in Westlands.

The Kenya team consisted of 15 players John Chalo (ranked 1st in Kenya), Fred Karanja (ranked 2nd in Kenya), Jumaan Abdalla, Henry Mwangi, Sam Ngugi, Faruk Khan, Muigai, Martin Mwangi, Sidney Fernandez, Shanawaz Haji (Babulal), Andrew Kibe, Gill Guzman, Sushin, Joseph Mugisha and George Kamau



Farouk Khan from Mombasa is one of Kenya's most prolific players. He has been part of all three Kenya teams that have attended the World Eight Ball Pool Championships in Blackpool, England.

The Ugandans started the match very well by winning the first set 16-15, but the experienced Kenyans dug deep and found their form in the final two sets.

Sidney Fernandez and Shanawaz Haji, the later who works for Diamond Trust Bank Kenya Ltd. (Mombasa), were the two most promising players from the Coast region.

Matter of fact, Shanawaz Haji (Babulal), was the one who won the deciding game to make the Kenya Team the high flyers.

Not forgetting the two top players Amar Hin-docha and Rahim Haji (Babulal) were not able to make it for the tourna-ment.

A return match is planned for early next year in Kampala in preparation for the World Champion-ships in June 2007.

Kenya is ranked second in Africa and 13th in the world.

THE TAMARIND THIS WEEK

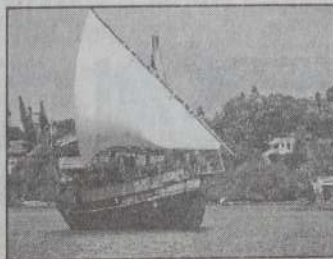
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The Tamarind Dhow has also visited many places on its "theme" nights, so, where is the Tamarind Dhow going next ?

Watch out for this space for the next one.



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I'm Constantly Surprised By Nature - We Should Never Take Animals For Granted

Those of us who have visited game parks are very familiar with the most important rule and that is that we should not get out of a car for any reason unless of course the car is on fire or some similar life threatening condition exists on or in the vehicle.

There those who meet this rule half way and travel through the game parks in vehicles that have no doors or have the roofs cut out so that the passengers can stick their necks out and view the game.

I was in the Mara game park not so long ago.

It was a few weeks before the wildebeest migration was due to begin and the Mara plains were relatively calm.

Our game drives more often than not got us close to animals that we would have otherwise not been able to see had the world famous migration been in progress.

We went very close to a pride of lion that ignored the fact that there were several vehicles surrounding them with cameras clicking away.

The drivers were so confident of the behaviour of the animals that they all switched off the engines and let the tourists feast their eyes on the pride.

It was a typical large pride with one dominant male, a few immature males, several lionesses and cubs.

It was that time of the day when they tend to be in the shade.

The pride spent quite some time grooming and preening themselves and each other.

Eventually they decided they would put on a show for the tourists and in a short while they had all roused themselves from slumber and siesta and were setting off across the plains.

It was soon obvious what their focus was on.

While the large part of the pride lay down there was a lone sentinel that had seen a family of warthogs wandering along almost a kilometre away.

In whatever language they use, the sentinel communicated the information and the whole pride

galvanised into action and it seemed that there was one commander as they fanned out and went to what appeared to be predetermined locations.

They surrounded the family of warthogs in a pincer type of movement.

CoastDrive with Teti Kamugunda



The prey sensed that there was something amiss and they began looking for defensive position.

Out of the group of five, three seemed to vanish over a space of a few minutes.

The two left seemed to be in desperate straits as the pride of lion closed in for the kill.

Very quickly the setter in the pride accelerated into a run trying to head off the remaining prey to where there were other lions were waiting to catch them.

The tourist vehicles had been following slowly behind with the occupants busy taking video footage of what would have been a 'kill'.

As the setter speeded up so did the vehicles so that they could keep close to the action.

The lionesses that were heading off the prey followed them into a thicket and the vehicles headed round the thicket so that they could continue with the chase.

As they came to the other end of the thicket, the two lionesses emerged at speed and then stopped and turned back into the thicket.

They came out several times looking confused and keep going back.

One of the vehicles was not as fast as the rest did not quite make it to where the others were.

The occupants of that vehicle were the only ones that saw the warthogs double back from the thicket and then disappear into some holes at an adjacent large anthill.

The lionesses came back and began to pace round the anthill and eventually decided that they would not waste their time circling the warthog fortress.

They communicated with the rest of the pride and they all reconvened and went on their way.

Why the story? It was inspired by an incident that Kachumbari witnessed when he recently crossed the border into Uganda.

Having crossed at Busia, he continued on his journey but had to stop at a point some thirty kilometres from the border town where he had to present his papers to a revenue authority check point.

While he was stopped there, several matatus came along and as is usual they all drove to the front of the queue whilst the touts rushed to the customs officials to get their papers stamped.

While they were away and the matatus were stopped, a family of baboons appeared from the undergrowth and quickly made their way onto the roof rack of the only matatu that had luggage on it.

They completely ignored the other matatus that either had no roof rack or where they were present there was nothing loaded

on top. Once there they each quickly selected a bag or sack and quickly worked their way into the luggage, picked up what they could and as rapidly as they had arrived, they clutched whatever it was they salvaged and quickly dropped to the ground and scurried back into the undergrowth.

They were clever enough to mount and dismount from the rear of the vehicle where they could not be seen.

The touts came back, banged on the doors of the matatus and they took off without realising that the baboons had been onto the roof rack and helped themselves to whatever loose stuff they could salvage from the luggage that could be opened easily.

These animals appeared to be well schooled in what to do and also what was valuable to take away from the luggage.

They must have had ample practice and opportunity to hit or miss their target to such an extent that they knew exactly what they should or should not take away from the luggage.

It is known that once you give animals the opportunity to learn they quickly do so and adapt to whatever circumstances present themselves.

We have to be extra careful when we come across animals especially where they are likely to have been in contact with humans or human activity over a long period of time.

They could fall us into a sense of safety and then pounce when least expected.

As Kachumbari says, we should not take animals for granted.

Twenty Seven Years Ago

Coastweek, October 12 - 18, 1979:

More than five million shillings was invested by local hoteliers in a string of plush new grillrooms along the Coast.

Reef Hotel was building a deluxe grill and conference complex at a cost of K. Shs. 1.7 million, the unique Cellar and Cocktail bar at the **Mombasa Beach Hotel** was expected to be operational for the 'high' season, **Bamburi Beach Hotel's** new **Fisherman's Grill** was to be opened in six weeks, and the ritzy **Mistral** on Moi Avenue were just some of the developments in Mombasa and its environs.

The **Tusker Export** Amber, brewed and bottled in Mombasa for overseas markets was among the winning brands of beer from Kenya Breweries in the 'Monde Selection' competition in Paris.

The designing of the new Mtongwe Ferry Jetty by M/S Bertini and Partners, had been halted pending approval from the Kenya Bus Service (Mombasa) Limited.

Well known Mombasa hotelier **Martin Thompson** joined the Jambo Hotels and Associated Hotel Management Services as General Manager.

The group managed **Lawford's** and **Blue Marlin** Hotels in Malindi, **Seafarer's** at Watamu and **Petley's Inn**, Lamu, **Malindi Chalets** and the **Cowrie Shell Apartments**, Bamburi.

Managing Director Coast Car Hire and Tours **Mike Kirkland** took delivery of a new Piper Seneca II aircraft, to meet the growing demand for flying safaris by visitors staying at Kenya beach resorts.

A total eclipse of the sun was to occur in Tanzania, from Kilimanjaro in the west to Moshi in the north-east, on February 16, 1980.

Zahoor's XI, from Nairobi beat Jaffery Sports Club with **Shamas Vallani** (74) and **Tom Tikolo** (45, nine boundaries) scoring for Zahoor's XI, while for Jaffery outstanding performances came from upcoming player **Aasif Karim** (56), **Mahmood Khaki** (59) and **Amir Merali** (32).

NAAZ CINEMA was showing 'Every Which Way But Loose' with Clint Eastwood and a chimpanzee in the lead roles.

KENYA Cinema had the best mercenaries in the business, Richard Burton, Richard Harris, Roger Moore and Hardy Kruger in 'The Wild Geese'.

It was murder, rape, and horror at the REGAL Cinema with Donald Sutherland in 'Blood Relatives'.

Sanjay and Mumtaz like to gamble in 'Shart' ('Bet') at CHOK.

Letter writers included Nairobi's **Buff Mshamba Aliens** who was all praise for the Akamba Bus Service to Nairobi, where he felt "he couldn't believe he was travelling by road", **Maseeno's Noreen M. Atkinson** who could not believe her "hair raising conditions at the Likoni Ferry", **Clive Poulton** from Kensington, London, and Mombasa's **Geeta Shah** and **Hussein Yusuf**.

KACUMBARI IS RIGHT - LOCAL RESIDENTS NEED 'ONE WAY' TRAFFIC THROUGH NYALI

I think Teti Kamugunda and Kachumbari have got it!

I like the idea!

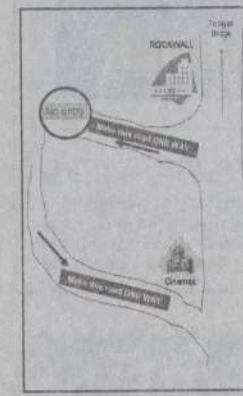
For me - who likes to obey all laws - it makes me seethe

every morning to witness these people (who under normal social occasions behave so well) trying all these "panya" tricks to jump the queue as if they are the only ones who need to get to work early!

I have done a diagram of what Teti has written, just to clarify the point easily for those who did not understand. I hope the concerned parties can act quickly.

It will really reduce cases of hyper-tension and heart attacks!

Saeed Mohamed, Mombasa. saeed@pwaniolproducts.com



USB Ports For Faster Speed And Reliable Data Transfer

Most of you are familiar with USB devices such as digital cameras, printers, mouse, keyboards, speakers, storage devices (flash disks), network connectors and many more.

USB stands for Universal Serial Bus and any computer that you buy today comes with one or more Universal Serial Bus connectors on the back.

The software USB 2.0 is supported and automatically installed by operating systems such as Win 2000 and Win XP.

With USB all inter-connection to the computer is now simple plug and play, hence no more slow serial ports and parallel

ports but fast, reliable and easy to use USB ports.

USB can connect with more than 100 different devices to a computer.

In fact most of peripherals

This is because USB provides a higher data transfer rate and the latest USB 2.0 up to 480Mbps (Megabits per second).

If you look at the back of your computer, you will see 1 to 2 USB connector ports (looks like a rectangle upside down) to plug-in USB devices.

The good thing is that you can connect USB devices while the PC is switched on, and it isn't necessary to restart the PC.

Most of the time it automatically prompts the user to load any necessary drivers that came with your device.

of mind over platter. When a clock is hungry, it goes back four seconds.

In democracy, your vote counts. In feudalism, your count votes.

He broke into song because he couldn't find the key.

A gossip is someone with a great sense of rumor.

A lot of money is tainted, it taint yours and taint mine.

His photographic memory was never developed.

When you've seen one shopping center, you've seen a mall.

Those who jump off Paris bridges are in Seine.

A grenade thrown into a kitchen in France = Linoleum Blown Apart.

(Kindly forwarded by)

Dennis Marin, Cape Town, South Africa.

dennis@marin.co.za

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FESTIVE GREETINGS

CELEBRATING THE FEAST OF DIWALI AND THE HOLIDAY OF RAMADHAN

Edward Kisio Wins Johnson 'Nurse of the Year' Honours

CONGRATULATED BY ASSISTANT HEALTH
MINISTER HON. DR. ENOCH KIBUNGUCHI

Dr. Enoch Kibunguchi, the Assistant Minister for Health, presented the Johnson and Johnson Nurse of the Year Award to Edward Kisio shortly after opening the 48th National Nurses Association of Kenya Scientific Conference and the Annual General Meeting held at Bandari Labour College in Mombasa.

He also handed Edward with a golden badge, certificates and a cheque for 50,000 shillings.

In addition, he received the award for Nairobi district and the province prize.

Applause and loud cheers from the Nairobi Province delegation greeted the selection of Edward Kisio as the Johnson and Johnson Nurse of the Year.

Edward is a Kenya Enrolled Community Nurse and works at the Mathari Hospital in Nairobi.

He is the fourth male nurse to win the award since the scheme's inception in 1983.

Prior to the function, Mr. Chris Rakuom, the Chief Nursing Officer in the Ministry of Health, released the list of the Johnson and Johnson provincial prize winners, but the identity of the Nurse of the Year remained a 'secret' until the ceremony at Mombasa.

The provincial winners are: Juliana Wayu Mwisyo (Eastern Province), Edward K. Charo (Coast Province), Carolyn N. Simiyu (Western Province), Everlyne Owiso Otolu (Nyanza Province), Mary Wahu Mwaura (Central Province), Edward M. Kisio (Nairobi Province), Emily Njoki Njenga (Rift Valley Province) and Isaack Adan Hassan (North Eastern Province).

Each of them were presented with certificates and cash payment of 20,000 shillings.

Mr. Rene Kiamba, the Manager for Sub-Saharan Africa of Johnson and Johnson Family of Companies Contributions Fund and Mr. Stephen Mburu, the Company's Sales Manager represented Johnson and Johnson at the National Nurses Association of Kenya Annual General Meeting.

Speaking at the function, Mr. Kiamba said:

"In the conduct of Johnson and Johnson's business globally, we are guided by the Company's Credo.

This states that we are responsible to the communities in which we live and work and the world society as well.

"Johnson and Johnson encourage civic improvements, better health and education and protecting the environment and natural resources."

Mr. Stephen Mburu, a nurse by training, added:

"By sponsoring the Nurse of the Year Award, Johnson and Johnson is stimulating excellence in nursing practice in the Ministry of Health facilities around the country and encouraging higher standards of patient care.

"The Company is delighted to fund this scheme which recognizes good performance and professionalism."

TO RECOGNIZE NURSES WHO SHOW OUTSTANDING DEDICATION TO DUTY

Mr. Chris Rakuom, the Chief Nursing Officer commented:

"The Nurse of the Year Award was introduced in 1983 by the Ministry of Health.

"The objective of the scheme is to recognize and reward nurses who have shown outstanding commitment and dedication to duty.

"The award encourages keeping up to date with the latest medical developments, contributing to family planning and HIV education.

"The scheme also promotes maintaining good working relationships with colleagues, doctors and patients.

"The selection process starts at district level in the beginning of the year with hospitals, health centres and dispensaries matrons convening selection committees.

"Later a panel chaired by Provincial Nursing Officers chooses the winners of the eight provincial awards.

"These are submitted to the national board at the Ministry of Health for the selection of the Nurse of the Year."

Alice Muhonja of Western Province won the inaugural Nurse of the Year Award in 1983.

The following year was a triumph for Judith Ochanda of Rift Valley Province and in 1985 the winner was Nyanza based Nurse Gladys Hezakhah.

For 1986 the award went to the Coast when Janet Arome took the title. Ann Thuo of Central Province was the 1987 winner. In 1988 Lydia Kinyanjui brought the award to Nairobi for the first time.

In 1989, Julius Mutiga of Rift Valley Province made history by becoming the first male nurse to take the title.

His win was followed by Esther Nyaga from the Coast and in 1991 another male nurse, Nelson Paramura of Rift Valley was declared the winner.

Jocelyn Macharia from the Central Province was the 1992 winner and Jane Baya captured the title for the Coast in 1993.

The fourth victory for the Rift Valley was scored by Mary Nyaga in 1994 and Beth Kanini Samwel brought the 1995 award to Eastern Province.




Edward Kisio - winner of the Johnson and Johnson Nurse of the Year Award.

Lions Club Of Pwani New Century

Ms Alice Kiti (left), Chairlady of Lions Club of Pwani New Century feeds swabra Sweid, 3, of the Tom Mboya School for the cerebral Palsied in Mombasa during the club members visit of the institution to donate foodstuff worth Sh 15,000 as the club marked the Lion's Club's service day. Looking is the institution's staff Lucy Ambale.




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MEAL AT 'MISONO'

Members and friends of Chaine des Rotisseurs, Mombasa enjoyed a delightful informal evening at the Japanese cuisine Misono Restaurant. Guests were treated to a superb spread of Japanese delicacies which included sushi, sashimi, calamari, chicken teriyaki amongst others. no Restaurant is a welcome addition to Mombasa's fine food dining establishments. The Bailli (Chairman) of Chaine des Rotisseurs Panayis Lagoussis awarded a certificate of appreciation to Mr. Song, the Managing Director of Misono Restaurant. Seen (from left) with Tamarind Executive Chef Tim Challen are Mrs. Immaculate Maringa, Serena Beach Hotel General Manager Mr. Mugo Maringa and Ms. Karl Andrews.

VIEWING YOUNG PEOPLE AS CANDLES TO BE LIT ...

There was an article in the national press recently discussing the International Baccalaureate Diploma Programme as a potentially preferred alternative to the Advanced-level ("A-Levels") secondary school education used by many private schools in Kenya.

Most people are not aware that the International Baccalaureate (IB) programme is a comprehensive education programme that starts at the nursery level to enable the development of a child from the early years to the secondary years.

At the nursery and primary years, the IB programme is called the Primary Years Programme.

Little known in Kenya, the IB-PYP is designed for children of ages three to twelve, and "focuses on the total growth of the developing child, touching hearts as well as minds and encompassing social, physical, emotional and cultural needs in addition to academic development," according to the International Baccalaureate web-site.

How does the IB-PYP achieve this lofty objective?

This innovative curriculum develops children's Knowledge, Concepts, Skills, Attitudes and Action, by guiding them to explore six trans-disciplinary themes, namely:

- Who we are
- Where we are in place and time
- How we express ourselves
- How the world works
- How we organize ourselves, and
- Sharing the planet.

These six themes are explored through the subject areas of Language, Mathematics, Science and technology, Social Studies, Arts and Personal, social and physical education.

Well, that's all gobbledegook to me, you'll say.

How is all this different from other curricula?

It seems to teach the same subjects as the KCPE.

The difference is the way the subjects are taught.

Subject material is taught as integrated units of inquiry - teachers of various subjects design and deliver a several-week long set of lessons.

The "unit of inquiry" will impart

knowledge on several subjects - not just on one subject as in the KCPE - and aims to meet the IB-PYP objectives.

For example, a lesson on Living Things will include scientific Knowledge on living things and the use of Mathematics to measure motion and change in living things, understanding of Concepts of life and change in life, develop Skills such

as using measuring tools, develop Attitudes of respect for all forms of life and take Action to preserve life.

It can be seen that the six trans-disciplinary themes are also met through this lesson.

Wow, that sounds really complex.

So what's the advantage?

Simple - it builds children's ability to think, to inquire, to reflect on what they see around them, to value what they see and what they have and become open-minded.

Thus, IB-PYP enables young people to become:

"inquirers, thinkers, communicators, risk-takers, knowledgeable, principled, caring, open-minded, well-balanced and reflective individuals."

- qualities that make them better individuals, and better prepared to deal with the challenges of the 21st Century.

The IB-PYP thus achieves the goal of developing children to their full potential - in the words of Dr. Robert Shaffer (Chair of the Department of Higher Education and Student Affairs at Indiana University in the 1960s):

"We must view young people not as empty bottles to be filled, but as candles to be lit."

The Primary Years Program (PYP) is becoming the program of choice at 295 of the leading schools on all five continents of the world.

In Kenya, the Aga Khan Nursery Schools and the Aga Khan Academies in Nairobi and Mombasa are some of the few schools to offer the IB-PYP curriculum as a means of developing children to their highest potential.

Special Report by Correspondent

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Kenya Airways Sponsor 'Wema' Mombasa Rehabilitation Project

Kenya Airways once again spread its Corporate Social Responsibility wings to the Kenyan Coast, where it sponsored the Wema Centre Rehabilitation Project.

Special Report and Photograph courtesy **OLGA AKINYI**

"We are pleased with the support we get from Mombasa.

"We are very grateful to you all and as a gesture of our appreciation, we are putting something back into the Community" said Mr. Hugh Fraser, the KQ Commercial Director.

Kenya Airways auctioned our return air tickets which

raised a total of Kes. 445,000.

These were two return air tickets (Mombasa-London which raised Kes. 250,000) and two return air tickets (Mombasa-Paris which raised Kes. 195,000).

The proceeds will be used in the running of the Wema Centre.

Wema Centre is a Community Project and also a Rehabilitation Centre for young street girls.

The Centre was established in 1993. It is located in Bamburi - Utange on the North Coast of Mombasa.

The Centre gets young girls from the streets of Mombasa with the aim of rehabilitating and integrating them back to

Society and there after assists the girls to secure employment and sustain themselves for the future.

Staunch Wema Centre supporter Edwin Yinda is seen receiving his tickets for Mombasa-London-Mombasa direct on Kenya Airways from Kenya Airways Coastal Region Sales Manager Ms. Maureen Onyango and Kenya Airways Regional Marketing Manager Thomas Opiyo. He was the highest bidder for the two return tickets at Ksh. 250,000.



British Council Mombasa Centre Host 'Iftaar' Dinner

British Council Mombasa Centre Manager Mary Stevens (left), and Fatuma Shikely of AMS Insurance help themselves during fast breaking dinner 'Iftaar' organised by the British Council at their Mombasa centre for Management Forum and InterAction members to share an evening together during this holy month of Ramadhan and for the non-muslim to learn more about the fasting. The council usually organises a management talk once every month.



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The Breast Cancer Awareness Support Group

of



The Aga Khan Hospital, Mombasa



Once again October is here and it is time to wear pink and raise awareness on Breast Cancer. Thank you for your support last year! Because of your enthusiasm, encouragement and support we were able to achieve ...

CHARITY PIN BOWLING

Held on 7th October 2005, this event set the pace for the Breast Cancer Awareness month's activities. The purpose of this event was to raise funds towards the treatment of patients who would be identified to be suffering from this disease and may not afford treatment.

The Management of Hollywood Bowling Alley, Nyali donated the proceeds of the entire night towards this course. The event was very successful where over Kshs 100,000.00 was raised.

BREAST CANCER SURVIVORS' DAY

Most Breast Cancer survivors have harrowing tales of the stigma that they have gone through, tales of unaffordable medication, their side effects and even mistakes from doctors!

This day was a celebration of surviving this trauma and encouraging others currently experiencing the same to hang in there because the breakthrough is in sight.

The day started at 0900am at the Indiana Apartments. The Kenya Breast Health Program chairlady traveled from Nairobi to give an informative, encouraging talk to the ladies in attendance. They then asked questions, shared experiences and received valuable information on how to take care of their health. After a hearty meal the whole afternoon was spent being pampered by staff from the Rizfar Salon. A total of 30 ladies participated in this fun and fellowship event.

FREE BREAST CAMP

A two day event that was held at the Aga Khan hospital, Mombasa. Approximately 1500 men and women attended this camp where the following activities took place:

- Registration of all participants
- Counseling sessions in English, Swahili and Gujarati. This involved lessons on self breast examinations
- Live demonstrations on lump identification by the Kenya Breast Health Program staff
- Screening by the top Mombasa Gynecologists as well as Resident Doctors from the local hospitals.

After suspicious lumps were detected by the above team, the patients were referred to our very own Resident Pathologist and Resident Consultant Surgeon.

Safaricom through the Kenya Breast Health Program donated 100 films for mammograms for needy patients. They also donated 100 Pink Scarves to the first 100 women as a sign of solidarity for Breast Cancer.

AKHM Staff were so busy serving the public they barely had time to be examined themselves! The BCASG then organized "A Staff Breast Clinic" which was a big morale boost to all the staff who tirelessly worked to make the event a success!

THIS IS ALL BECAUSE YOU MOMBASA RESIDENTS SUPPORTED US. AHSANTE SANA!

BECKIE SMITH, Chairlady
Breast Cancer Awareness Support Group of
The Aga Khan Hospital, Mombasa

BE BREAST AWARE

When?



Examine your breasts once a month, preferably immediately following the end of your period or, if you no longer have periods, on the same day each month.

How?



LOOKING. First, stand in front of the mirror, hands by your side, and look closely for any changes. Lift your arms slowly above your head and turn from side to side to observe the outline. Now, with your hands on your hips, press down and tense your chest muscles. This will make any changes more prominent. Look at your breasts from all angles, from the side, underneath, lean forwards and look at the shape of your breasts.

FEELING. You might do this lying down or with a soapy hand when you are in the bath or shower. Feel each breast in turn. Using the opposite hand, press gently but firmly with the flat of your fingers. Moving in a circular motion cover the whole breast area from deep in the armpit, over the top of the breast, centrally and underneath it, finally circling around and over the nipple. It is important to feel around the collar bone and into the armpit (where the lymph nodes are) for any swellings.

What am I looking or feeling for?

- Any unusual change in the shape or size.
- Has one breast become lower than the other.
- A change in the colour of the skin or a rash.
- Puckering or dimpling of the skin.
- A nipple which has become pulled in or changed its position or shape.
- A lump or thickening within the breast or armpit.
- A rash around the nipple, or discharge from one or both.
- Constant pain in one part of the breast.

FACT FILE

- **1 IN 9 WOMEN WILL DEVELOP BREAST CANCER DURING THEIR LIFETIME**
- **9 OUT OF 10 BREAST LUMPS ARE HARMLESS**
- **EARLY DETECTION CAN SAVE LIVES. SELF BREAST EXAMS HELP**
- **MORTALITY RATES ARE FALLING**
- **IF DETECTED EARLY, THE SURVIVAL RATE EXCEEDS 95%**



The Breast Cancer Awareness Support Group



of
The Aga Khan Hospital, Mombasa



OCTOBER ACTIVITIES

As is the tradition world wide every October is a month dedicated to spread the message that every woman every man needs to be breast aware! Early detection of breast cancer could save your life!

The breast cancer support group of The Aga Khan Hospital, Mombasa spends time through out the year holding workshops and events to educate the Mombasa community on how to check for lumps and where to go incase of detection. They also offer emotional, educational support to those found to have breast cancer, sometimes with the help of donors and fundraising events they also give financial support to those who are not able to afford treatment.

The support group enjoys immense support from The Aga Khan Hospital's management & staff and also from resident doctors namely Dr Shemina Jivaji the resident pathologist and Dr Saleem Noorani the resident surgeon who offer clinical advice and also attend to the identified patients.

For this year's International Breast Cancer Awareness month's activities, The Breast Cancer Awareness Support Group has already held 2 events to help raise funds to help facilitate treatment and detection of breast cancer in women who may otherwise not afford treatment. The activities have included:

CHARITY WALK

Held on 7th October 2006, this walk was flagged off by The Aga Khan Hospital, Mombasa's CEO Ms Mary Dowglass. It started off with some warm up exercises by Jennifer Dainty, then the participants set off to walk through the main streets of Mombasa.

CHARITY BOWLING

Held at the Nyail Cinemax's Hollywood Bowl. This was yet another fundraising event to facilitate treatment of needy patients. The event was successful for both children & adults who came to support and purchase some of the keepsakes that were on sale. Tickets for this event are valid until 30th October 2006.



BREAST CANCER QUIZ

- Which of the following women are at increased risk for getting breast cancer?
 - Women who have never given birth to children.
 - Women with previous breast cancer or a history of breast cancer in the family.
 - Women aged 50 and older.
 - Women who eat a high-fat, low-fibre diet and/or are obese.
 - All of the above
- Today, organizations such as the National Cancer Institute recommend that mammograms be conducted on an annual basis for women at what age?
 - 30 and older
 - 40 and older
 - 55 and older
 - all women after age 20
- Which of the following is true regarding women conducting monthly breast self exams (BSEs)?
 - It is important to do the exams at the same time each month.
 - Women who are menstruating should conduct the exam at the end of their period.
 - Women detect 90% of breast cancer symptoms themselves.
 - All of the above.
- Approximately how many women, at some point in their lives, will develop some sort of a benign(non-cancerous) breast disorder?
 - 15%
 - 30%
 - 50-60%
 - 60-80%
- The recent findings of the Breast Cancer Prevention Trial as reported by the National Cancer Institute, show a reduction in breastcancer among the high-risk participants who used which of the following treatments?
 - Chemotherapy
 - Tamoxifen
 - Raloxifene
 - Progesterone

Q1 c. All of the above Q2 b. 40 and older Q3 d. All of the above Q4 d. 60-80% Q5 b. Tamoxifen



SURVIVORS' DAY (for Breast Cancer Survivors only)

Indiana Beach Hotel - Bamburi

3 November 2006

10:00 am to 4:00 pm

Discussions | Snacks | Networking | Fun

"FREE OF CHARGE"

book with Sultana (ext 2105) at

The Aga Khan Hospital, Mombasa

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FREE BREAST CAMP

at The Aga Khan Hospital, Mombasa

26th, 27th and 28th October 2006

8:00 am to 2:00 pm

"Caring for You"

'DIWALI FESTIVAL' AT SAROVA WHITESANDS BEACH RESORT

Sarova Whitesands Beach Resort hosted a day long Diwali festival at the resort over the weekend, reports RUTH NDUTA.

The festival kicked off with a Rangoli art competition which attracted a good number of entrants of all ages the youngest being six years old.

Participants arrived early in the morning and worked dutifully up to late afternoon drawing intricate patterns as is the Hindu tradition.

The images and figures were designed in a beautiful combination of various colors creating a magical piece of art.

Pinky Ghehani, Aman Behal and the Sound Asia crew, who were the entertainment hosts of the Diwali dinner then set off to meet their fans at Nyali Cinemax.

It was a session of autograph signing, meeting and taking photographs with the fans in Mombasa.

As dusk set, the festive mood which lingered all day hit crescendo with the intricate string lights which enclosed the Baraza lawns were lit and the music started to play.

Assistant Indian High Commissioner, J.S. Vaariah, also the Chief Guest arrived promptly to officiate the event.

He was welcomed by the Sarova Director, Ashok Magnani and Ahmed Mirza, the Operations manager at Sarova Whitesands.

On this unique occasion, a special Diwali menu was laid out in line with the festival.

It comprised of a delectable selection of Indian dishes, snacks and sweets.

The High Commissioner then officiated the prize giving for the winners of the Rangoli art competition.

GENEROUS PRIZES

The prizes were generously provided by Sarova hotels and others co-sponsors.

A fashion show by Nawal Fashions took off where trendy Asian clothes were unveiled.

The crowd was mesmerized by the unique collection.

This was followed by dance performances notably by nine year old Karishma Bhangani, who enthralled the guests with her great flexibility and mobility on the dance floor.

The Hindu festival exploded into life with a riot of color and noise in the spectacular fire works display.

The ten minute display colored the dark night with colorful fireworks which painted the night sky in rain bow colors.

The festival was not over, as a disco with the Aman Behal and the Sound Asia crew was set to go on till the wee hours of the night playing all the latest Indi pop music.

Diwali at Sarova Whitesands Beach Resort was marked as a day of fun, excitement and joy to the people living in Mombasa.

The event was held in conjunction with generous sponsors who supported it in cash or through various donations:

Nakumatt Supermarkets, Bio Foods, Coastal bottlers, Kafra wines, Casuarina wines, Flora Printers, Branded Fine Foods, Crown Distributors, Samani Construction, Qatar Airways, Lakhani General Suppliers, Naran Pitamber, Mombasa Canvas, East African Glassware Mart, Italian Gelati and Suresh Sheffield.



Karishma Bhangani aged 9 years, entertains guests with a series of Indian dances during the Diwali festivities held at Sarova Whitesands Beach Resort.



Luciana Benson, the Guest Relations Officer (Left) welcomes Pinky Ghehani (Right) who was a co presenter of Diwali festival at Sarova Whitesands Beach Resort.



10 year old, Vivek Majithia, one of the Rangoli Art winners showcases his unique pattern during the Rangoli Art competition held at Sarova Whitesands Beach Resort, during the Diwali festival held at the resort.



Chef Dismas Muyonga of Sarova Whitesands Beach Resort prepares some special Indian cuisine served during the Diwali Festival dinner.



Cinemax group: Ryan (left), Pinky Ghehani (second left), Sangeetah Patel (2nd Right) and Aman Behal (Right) pose for a group photo following the meet the people tour at Nyali Cinemax.



Pinky Ghehani (left) and Aman Behal (centre) of Sound Asia, wave to their fans during an autograph signing session held as part of the festivities of the Diwali festival held at Sarova Whitesands Beach Resort.



Ambassador welcomed: Ahmed Mirza, (Left) the Operations Manager, Sarova Whitesands Beach Resort, J.S. Vaariah, (Centre) the Assistant Indian High Commissioner and Ashok Magnani, (right) the Sarova Director poses for a picture as they welcomed the High Commissioner to the Diwali Festival.



Entertainer, Pinky Ghehani (Left) and Ahmed Mirza (Right) Operations Manager of Sarova Whitesands go over the program for the Diwali festival.



Sonal Jayshah and Bhavini Binitchah show case part of the patterns done, during the Rangoli art competition held at Sarova Whitesands Beach Resort, during the Diwali festival.



Yashwi Radhia (7 years) a Rangoli Art winner showcases her Rangoli pattern, during the Rangoli Art competition held at Sarova Whitesands Beach Resort during the Diwali festival held at the resort.

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| 23 | 4.30 |

HAI
CHECK AT OUR

Ramadhan' Iftar' At The Noor Orphanage Likoni

During the holy month of Ramadhan, Muslims all over the world come together to fulfill an important pillar of our faith, by abstaining from food and drink during daylight hours.

In the past members of the Muslim Association of Mombasa have organized "iftar" for the members and well wishers of the Association.

It was very encouraging, the Chairman stated, "the Muslim Association of Mombasa to embark on similar projects in future rather than only communal affairs."

Special Report by Correspondent

This practice is common amongst many jamats and communities.

This year at the desire of Chairman Mohamed Adib, a group of members volunteered to arrange iftar with the orphans at Noor Orphanage at Likoni in the spirit of Islam.

The innocent smiles, glitter in their eyes and happiness on their faces brought satisfaction and joy to the members who joined the Chairman during this visit.



Noor Orphanage Trustee Akram Sheikh (from right) seen with, Noor Orphanage Caretaker and Instructor Professor M. Kibwana Juma, Chairman Mohamed Adib and Shaahid Sheikh with some of the orphans at Noor Orphanage.

Annual Eid-Ul-Fitr Dinner At The Nyali Beach Hotel On 4th November 2006

During the holy month of Ramadhan, Muslims all over the world come together to fulfill an important pillar of our faith, by abstaining from food and drink during daylight hours.

This is both an act of worship and unity that serves to teach us lessons about humility and self control.

To mark the end of Ramadhan, Muslims celebrate Eid-ul-Fitr, a celebration of gratefulness and thanks giving.

The Muslim Association of Mombasa is hosting their "Annual Eid-ul-Fitr Dinner" on Saturday 4th November 2006, at the prestigious Nyali Beach Hotel, and will be combined to officially launch a special "Earthquake - Pakistan First Anniversary" supplement of our News Bulletin to proudly demonstrate the quality of humanitarian endeavors and services provided by the Association.

This historical record of the monstrous earthquake will be distributed free to all attending the dinner.

Tickets are available at Shankar Electronics Ltd., Moi Avenue Opposite Castle Hotel.

Please call Ijaz Sheikh on phone 222-3816 or mobile 0722 206403 in case you desire to get the cards delivered.

Seats are limited. Total number of guest is limited to 250. Entry strictly by CARD only.

No sales will be conducted at the venue. Please book in advance to avoid disappointment.

Muslim Association of Mombasa Public Relations Officer Shaahid Sheikh writes;

The Muslim Association of Mombasa is indeed proud to have the support and cooperation of Mombasa's elite and so far all projects undertaken by our Association have always met with great success and praise from the participants.

Over a period, the Annual Eid-ul-Fitr Dinner organized by the Muslim Association has developed a unique reputation as an important social event for members and organized annually in serene surroundings and with very attractive programme and entertainment which has earned the Association a strong image and recognition.

RAMADHAN TIME TABLE

| DATE | MOMBASA | | MALINDI | | LAMU | |
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| | SUHR Closing a.m. | IFTAR Opening p.m. | SUHR Closing a.m. | IFTAR Opening p.m. | SUHR Closing a.m. | IFTAR Opening p.m. |
| Oct 2006 | | | | | | |
| 20 | 4.31 | 6.17 | 4.30 | 6.15 | 4.27 | 6.12 |
| 21 | 4.30 | 6.17 | 4.29 | 6.15 | 4.26 | 6.12 |
| 22 | 4.30 | 6.17 | 4.29 | 6.15 | 4.26 | 6.12 |
| 23 | 4.30 | 6.17 | 4.29 | 6.15 | 4.26 | 6.12 |

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Rains Cause Havoc To Coast Roads

While many 'patched up' roads in Mombasa have quickly returned to their dilapidated state after heavy rain, a shining example of a good road is the one recently re-constructed - the Mbaraki Road.

It is being put to good use: It connects to Nyerere Avenue leading to the Likoni Ferry where one, or sometimes both sides of the road, get flooded because of a long-standing drainage problem.

It seeps into a tour operators office nearby.

To reach it minus a car you might need a boat

When asked for their comments some leading tour operators had this to say.

Said Shafket Pervailz, General Manager, Rhino Safaris:

"I think the only good piece of road is the one you have mentioned.

"As far as the rehabilitation of roads presently taking place at the coast is concerned I think this is a waste of time because they need to attend to the drainage first."

Explained Tasneem Adamji, Managing Director, African Quest Safaris:

"I think the problem is that with frequent heavy rain work on roads has stalled almost everywhere.

"Whatever they do now will not last.

"No major work is going on, just emergency work, i.e. 'patching up'.



MAYBE THE WORST AREA - This huge pothole, one of several clustered along the main Nyal highway near the Links Road turn off, has effectively turned this major route into a strictly 'one-way' thoroughfare. Long suffering residents despair of any proper repairs to the delapidated section which is obviously made worse by minimal drainage.

"What we need to appreciate at this point is that because of this there is little they can do".

Here she noted that "it is not all roads which are the responsibility of the Mombasa Municipal Council - but the drainage is".

Unpainted 'Humps' on our

roads were described by Auni Kanji, Senior Regional Director, Abercrombie and Kent, Coast, as a 'nightmare'.

This was also the opinion of Mr Pervailz.

"They are a great danger to motorists, particularly tourists

hiring cars for there are no warning signs".

Said Ms. Adamji: "often you cannot see the 'Humps' which are mostly the same colour as the road.

"They should re-paint them late at night when there is less traffic.

"It will give the paint time to penetrate and dry.

"Previously they had been doing this at 9.00 or 10.00 in the morning, when the road is very busy.

"A good quality paint is essential."

(Many drivers these days do not dip their headlights at night.

It blinds oncoming drivers who have no time to reduce speed before hitting a 'Hump')

On the high price of local oil said Mr Kanji:

"I think it is time the price should be adjusted downwards.

"Tour Operators have been suffering and cannot pass it on to their overseas agents.

"Ironically, whatever goes up in Kenya never comes down, but it is time the price of fuel comes down and that government is serious about this with oil suppliers.

"Government needs to balance the economy and whenever taxes are adjustable a reduction should be passed on to consumers."

EXAMPLE OF UGANDA AND TANZANIA PRICES

Said Mr Pervailz: "Tanzania and Uganda have brought prices down. Why can't we?"

Added Ms. Adamji: "The price of oil hasn't come down yet.

"We were recently told this would happen in a couple of weeks.

"Meanwhile, we need to watch Pump Stations.

However, as far as fuel charges are concerned I do not think we should just be looking at Pumps, also at airline fuel surcharges as well as those on electricity bills as they should

also come down.

"I think these have to do with maintenance.

"I feel the Kenya Power and Lighting Co. might put in a bit more effort on the PR side.

"They are very quiet about what they are doing and need to be a bit more PR friendly by, say - as

far as the coast is concerned, putting an advertisement in *Coastweek* explaining what is happening and what they are doing.

"At the moment there is just a brief notice on an advertising page with no explanation".

Adding: "I hear they are trying to replace a lot of rotten poles".

Said Mr Pervailz: "It all needs proper management and money to replace old equipment.

"Meanwhile, nearly every business has had to invest in a standby generator to im-

mediately deal with power cuts".

Declared Mr Kanji: "Power cuts and an acute shortage of mains water are also of great concern to the industry and wananchi".

As far as the acute shortage of mains water is concerned, Mr Pervailz said:

"A massive sum of money is needed to provide water for all.

"I feel we need to get our priorities right as far as essential services are concerned".

KSPCA

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Special Report by NETA PEAL

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"Le Joli Cuisine" - das neue Restaurant im Ratna Square Einkaufszentrum

NICHTS HÄTTE Rehana Abdulkarim mehr freuen können als der Beschluss ihrer Familie, im Ratna Square in Mombasa ein Restaurant zu eröffnen.

Le Joli Cuisine, das im August seine Tore für die Gäste öffnete, ist das einzige Restaurant in diesem Einkaufszentrum, wo es reichlich sichere Parkplätze gibt.

Das Restaurant ist geräumig mit Designerfenstern und die vorherrschenden Farben sind "Zitronengelb und Bienenhonig" mit passenden Tischtüchern und Vorhängen.

Le Joli Cuisine ist ein Familienbetrieb und wird gemeinsam geführt von Yasmin Abdulkarim und ihrer Tante Rehana.

Küchenchef ist Mr. S. Musyimi.

Er arbeitete während vielen Jahren als Koch bei ihnen zu Hause und wurde von Rehana angeleitet.

Die Speisekarte enthält interessante Gerichte nach exklusiven köstlichen Rezepten von Rehana.

Sie begann ihre Karriere als Rezeptionistin im Oceanic Hotel, früher das beste Haus am Platz, und wurde später zur Managerin befördert.

Dort erhielt sie auch kulinarische Erfahrung durch Küchenchef Nicholas.

Rehana war auch Managerin im Outrigger Hotel und eröffnete dann zusammen mit Peter Heist das Restaurant Le Joli Coin in Bamburi.

Als Peter Heist sich immer mehr um den Bora Bora Nightclub und das Ocean View Hotel kümmerte, übernahm Rehana mit Unterstützung ihrer Familie das Restaurant.

Dann ging sie nach Nairobi, wo sie zusammen mit einem französischen Küchenchef ein Restaurant betrieb im französischen Kulturzentrum.

Als sie vom Verkehrsunfall ihrer Schwester Ferial Lowe hörte, ging sie spontan zu ihr und blieb mit ihr in Großbritannien zur Behandlung.

Bei dem tragischen Unfall



YASMIN ABDULKARIM gab ihre Karriere im Bankgeschäft auf, um Le Joli Cuisine zu führen, zusammen mit ihrer Tante Rehana (rechts). Die eleganten Designerfenster sind im Hintergrund zu sehen.

wurde Ferials Mann Don Lowe getötet und Ferial war seither an den Rollstuhl gebunden.

Während 16 Jahren kümmerte sich Rehana um Ferial bis zu ihrem Tod vor drei Jahren.

Yasmin bemerkte, dass ihre Tante den Kontakt mit der Catering Industrie vermisste und die Familie beschloss deshalb, die Herausforderung anzunehmen und ein Restaurant zu eröffnen.

Während vielen Jahren hat Rehana eigene Rezepte kreiert, die ausprobiert und gut befunden wurden.

Sie verwendet immer frische Kräuter. Sie ist auf Meeresfrüchte spezialisiert und kauft die frischen Fische direkt von den Fischern.

Sie beabsichtigt, die Speisekarte jeweils zu ändern, um die beliebtesten Gerichte beizubehalten und neue hinzuzufügen.

Die Preise sollen stets angemessen bleiben.

Außer der attraktiven Speisekarte, die auch vegetarische Gerichte enthält, gibt es draußen eine Tafel, auf welcher die Tagesspezialität steht, zum Beispiel Fischfinger mit Chips für Shs 290/- und frischen Gemüsesalat für Shs 150/-.

Die Gäste schätzen ihr Knoblauchbrot - die hervorragenden Baguettes kommen von Golden Crust nebenan.

Für Leute, die in Nyali wohnen und einen geschäftigen Morgen im lärmigen Mombasa verbracht haben, ist Le Joli Cuisine ein angenehmer Zwischenhalt für einen Snack oder ein Mittagessen, bevor sie nach Hause gehen.

Gestresste Geschäftsleute können abends im Le Joli Cuisine einkehren und abschalten, anstatt sich zu

Hause mit der Zubereitung einer Mahlzeit befassen zu müssen. Rehana plant immer neue Gerichte, zur Zeit Forella und Kalbfleisch.

Unter den 52 Gerichten auf der Speisekarte stehen:

Kalte Vorspeisen: Melange und Krabbensalat (Shs 350/-)
Warme Vorspeisen: Frische Austern mit Knoblauch gazelle (Shs 290/-); Suppen: Hummer und Spargel Bisque (Shs 300/-)
eine cremige Suppe, garniert mit dickem Rahm (Shs 190/-)

Hauptgerichte: Fischfilet gekocht in Tarragonkremsoße (Shs 700/-); ein ganzer Kriese gekocht in Ingwersoße (Shs 1250/-); Kokostahnhuhn (Shs 650/-); Pfeffersteak mit grüner Pfefferkörnersoße (Shs 800/-)
Desserts: Crepe Suzette (Shs 250/-)

Le Joli Cuisine offeriert besten Service und hervorragendes Essen für jeden Geschmack, nicht nur für Gäste aus Mombasa, sondern aus aller Welt, die eine exklusive einfallstrache Küche schätzen.

von NETA PEAL

Joana Zimmer trat im Sarova Whitesands auf

DIE BEKANNTE blinde deutsche Sängerin Joana Zimmer gab Mitte September ein Konzert im Sarova Whitesands Beach Resort.

Joana ist seit Geburt blind. Sie befand sich auf einer zehntägigen Wohltätigkeitstour durch Kenia.

Die Leute kamen in großer Zahl zu diesem Konzert, das einen guten Zweck unterstützt.

Einer der Gäste im Sarova Whitesands, die das Konzert besuchten, sagte:

"Es ist ein wunderschönes Land, die Leute sind sehr freundlich, mein Mann und ich freuen uns, dass wir Gelegenheit haben, den Behinderten in unserer Gesellschaft zu helfen."

Der Erlös aus dem Benefizkonzert wird verwendet für Operationen an behinderten Kindern.

Joana begeisterte das Publikum mit ihrer inspirierenden Vorstellung.

Sie sang aus ihren eigenen Singles wie auch Hits anderer internationaler Sänger.

Joanas Album kam in Deutschland unter die 40 Spitzenhits.

Unter den Sponsoren des Konzerts waren Sarova Whitesands und die Vereinigung für Körperbehinderte von Kenia (Association for the Physically Disabled of Kenya - APDK).

Während ihres Aufenthaltes an der Küste wohnte Joana im Sarova Whitesands Beach Resort und besuchte verschiedene Projekte für Behinderte in Kenia.

Es war ihre erste offizielle Tour als "Goodwill Ambassador" für

die Christliche Blindenmission.

Die 22-jährige blinde Sängerin, die das Publikum mit ihrer schönen Stimme beeindruckte, weiß, dass viele Blinde Hilfe brauchen.

"Da ich die Herausforderungen verstehe, denen Blinde ausgesetzt sind, möchte ich ihnen mit meinem Beitrag helfen," sagte sie.

An der Küste besuchte sie die Bombolulu Werkstätten und die Rehabilitationsklinik für Kinder in Port Reitz.

Außer den Bombolulu Werkstätten, wo Behinderte wunderschöne kunsthandwerkliche Arbeiten herstellen, besuchte sie auch blinde Leute, die ihr eigenes Geschäft betreiben.



Joana Zimmer

In Kikuyu traf Joana einen anderen Goodwill Ambassador der Mission: Henry Wanyoike, der schnellste blinde Marathonläufer der Welt.

Die Christliche Blindenmission unterstützt das Kikuyu Augenspital sowie ein Programm für Kinder und Jugendliche mit Augenproblemen.

HENRY WANYOIKE

Henry Wanyoike erblindete 1995 im Alter von 21 Jahren und wurde im Kikuyu Augenspital rehabilitiert.

Er hat unterdessen dreizehn Programme initiiert, um auch die ihm gewährte Hilfe bekanntlich zu zeigen.

Joana Zimmer und Henry Wanyoike trafen sich dieses Jahr in Deutschland während eines Triathlons und die beiden trainierten gemeinsam während ihres Besuches in Kenia.

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| | | | | | |
|---|---|---|---|---|---|
| | | | | 4 | 9 |
| 4 | 3 | | 6 | 1 | |
| | 2 | 5 | 9 | | 3 |
| | | | 3 | | 9 |
| | | 7 | 9 | 4 | 2 |
| 1 | 9 | | 2 | | |
| | | 8 | 4 | 6 | 1 |
| | | | 1 | 8 | |
| 5 | 6 | | | | |

SUDOKU NO. 018

NAME.....
ADDRESS.....

What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9x9 grid.

What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3x3 group of cells contains the numbers 1 to 9 only once.

SOLUTION TO 'PRIZE SUDOKU' NO. 017

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 5 | 7 | 6 | 8 | 3 | 9 | 4 | 2 |
| 3 | 9 | 8 | 4 | 1 | 2 | 7 | 6 | 5 |
| 2 | 4 | 6 | 7 | 5 | 9 | 8 | 1 | 3 |
| 7 | 1 | 2 | 9 | 4 | 5 | 6 | 3 | 8 |
| 6 | 3 | 5 | 8 | 2 | 1 | 4 | 9 | 7 |
| 9 | 8 | 4 | 3 | 6 | 7 | 5 | 2 | 1 |
| 8 | 7 | 3 | 2 | 9 | 4 | 1 | 5 | 6 |
| 4 | 2 | 1 | 5 | 7 | 6 | 3 | 8 | 9 |
| 5 | 6 | 9 | 1 | 3 | 8 | 2 | 7 | 4 |

WINNER OF 'PRIZE SUDOKU' NO. 017
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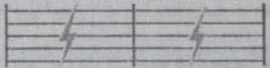
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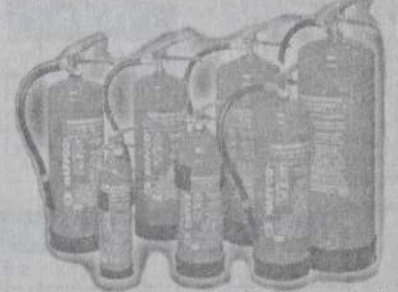


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The Subaru Impreza N10 of Yogesh Patel and Sagib Malik powers through the spectator of the KCB Visa Card Rally. The Ravlon-sponsored drivers were placed 15th overall in the rally won by Uganda's Riyaz Kurji and Sayde Kadri driving a similar car. RALLY PHOTO - COURTESY: ANWAR SIDI

LUKENYA HOSTS NEXT ROUND OF 2006 'CROSS COUNTRY CHALLENGE' TROPHY

Lukenya will host the next round of the 2006 Cross Country Challenge trophy to be staged this weekend.

Clerk of the Course for the raid rally event, Dave Macharia said:

"Lukenya is set to provide a thrilling action on Sunday with all leading contestants expected to grace the event."

The main programme will kick off on Saturday after noon with the documentation and scrutineering of the machines at the Kenya Motor Sports Club base in Nairobi's South C.

Organisers have designed a

spectator friendly circuit to give spectators several viewing points along the route.

A Quarry section near the Lukenya Academy will provide action for the spectators.

The section is designed with spectacular hairpin bends, steep drops and gulleys as well as rocky and drifts sections.

The academy will also host the service park where spectators will have the opportunity to mix

with competitors.

Varieties of modified machines varying from Motorcycles, Buggies to Pick-ups are expected to battle it out in an "off-road" event rarely seen in Kenya.

The super-modified Buggy of Bhavik Soni Crispin Sassoon will be among the attractive machines.

The event has attracted a good entry. Among the top entrants in the bike class will be Ian Duncan (KTM 525), Rob De Boer, reigning Enduro champion Allan De Boer, national motocross champion Dungu Smith and John Rose.

Salim Wallimohammed has opted to use a motorcycle instead of his Range Rover.

Shazar Anwar, son of Kenya National Rally Champion Azar Anwar will tackle the event in a Polarix 500 quad.

Competitors will be required to do as many laps as possible over the 26Km loop within the stipulated period of five-hours of driving through mountainous, mud-splattering and river-crossing terrains.

The driver with the highest number of laps at the end of a maximum of four-hours of driving is declared winner in each of the five categories.

Categories will include: Cars, Trucks, Buggies, Motor Bikes and Quads.

COAST BRIDGE with C.P. SHAH

A very interesting hand was played during the recent National Kidney Research Fund tournament.

Dealer: South, East-West 'Vulnerable'.

BIDDING:

| SOUTH | WEST | NORTH | EAST |
|----------------|------|-----------------|------|
| 1 SPADE | PASS | 4 NO TRUMPS(1) | PASS |
| 5 SPADES(2) | PASS | 5 NO TRUMPS (3) | PASS |
| 6 DIAMONDS (4) | PASS | 6 SPADES | PASS |
| PASS | PASS | | |

(1) Asking for Aces and agreeing Spades. (2) Showing Ace and King of Trumps. (3) Asking for Kings. (4) One King West leads the Club and Declarer is in some difficulty.

He rises with Dummy's Ace (noting East's Queen) and must resist the temptation to take an early Diamond Finesse.

The declarer cashes two trumps, then the Ace-King of Hearts.

He crosses to his third trump, cashes the Queen of Hearts (throwing a Diamond) and then

| NORTH | | | | |
|-------|---|----|---|---|
| ♠ | Q | 10 | 9 | 7 |
| ♥ | A | K | | |
| ♦ | A | Q | 5 | |
| ♣ | A | 10 | 6 | 5 |

| WEST | | | | |
|------|----|---|---|---|
| ♠ | | | | |
| ♥ | 10 | 7 | 6 | 5 |
| ♦ | 10 | 7 | 4 | 2 |
| ♣ | K | 9 | 7 | 3 |

| EAST | | | | |
|------|---|---|---|---|
| ♠ | 6 | 5 | 4 | |
| ♥ | 9 | 8 | 4 | 3 |
| ♦ | K | 9 | 8 | 6 |
| ♣ | Q | J | | |

leads a Club.

West cannot rise with the King or he squashes East's Knave and sets up dummy's Ten for a Diamond discard.

Declarer ducks and East wins. East finds himself and played to lead a Diamond away from the King or a Heart, enabling Declarer to ruff in one hand and throw the Diamond loser from the other. Twelve tricks and slam made.

| SOUTH | | | | |
|-------|---|---|---|---|
| ♠ | A | K | J | 8 |
| ♥ | Q | J | 2 | |
| ♦ | J | 3 | | |
| ♣ | 8 | 4 | | |

Question: Who are the Hash House Harriers?

Answer: The drinking club with a running and walking problem!

Another snoozy Saturday afternoon in Mombasa with Ramadan keeping most of the roads and beaches peaceful, so it was quite surprising to find eleven hashers turning up for this week's Hash in Miritini.

The Hash convoy headed west out of town after picking up snazzy looking GDT from the Saba Saba Junction.

The town may have been quiet but the road to Miritini was chocker block with the juggernauts of the various transport companies in the area, after playing chicken with them and surviving, the hyperventilating drivers at last pulled into Miritini railway station.

A circle was formed and this week's Hare, Eric 'Mzee Mouth' Rupia welcomed back Horny Sunset who had gone off to ensnare herself a husband, and the wageni from Ujerumani, Beach Bum and Lilly Von Stupp.

The absence of Kama Sutra and her gyrations (verbal and otherwise) was at once noted.

The Hare in all his wisdom had

Generous Sponsorship

KENYA AIRWAYS DIANI BEACH MASTERS 2006

Newsletter Notes From Leisure Lodge Golf Club

Diani Beach Master is the highlight of the Leisure Golf Club golfing calendar.

It is one of the three biggest tournaments held in Kenya every year.

It is 36 holes of stroke play golf and the winner is the player with the best gross score.

There is a subsidiary competition on the Sunday for players who do not make the cut.

The competition is a golfer of the year tournament and it is through the GOTY system that the Kenyan team is selected.

The events title sponsor was once again Kenya Airways now in their fourth year.

In his speech Hugu Fraser, the commercial director of Kenya Airways committed to next year and even hinted at a second tournament for the higher handicapper the "past masters".

The entry was originally over subscribed but eventually all the reserves got a game.

Out of 120 golfer 80 were eight handicap and below and 60 five and below.

The top six Kenyan amateurs where all here and we had over 30 players from Tanzania competing.

The players found our course truly challenging with the winning score for 36 holes of stroke play was 150 gross a six over par.

The most successful member by a long long way was Angus Leckie, who shot a net 68 on

Saturday and net 77 on Sunday.

THE KENYA AIRWAYS MONTHLY CHALLENGE

Septembers was the seventh event in the twelve event series. We once again had some visitors from the North Coast we were pleased to host the Alibhai's and the Samji's as well as the Krijen's and The Chebukati's.

The sponsor of the Monthly Mug was Leisure Lodge Resort and many thanks go to Mr. John Mutua for his sponsorship and his presence at prize giving.

The leader board was dominated by Leisure Golf Club Members but there was some success for a couple of our guests.

We hope this doesn't keep our much valued guests away!

Hiten Kumar won himself a Kenya Airways Ticket at the moment he has not decided where to go but you can bet it will be somewhere he can play golf.

Congratulations to Hiten and all the other winners

FILM NIGHTS

We have had two film nights recently in August we showed the delightful movie the March of the penguin which was enjoyed by over 80 people.

This month we showed the Bobby Jones story "Bobby Jones stroke of genius" Bobby Jones was the Tiger woods of his era but never turned professional always remaining loyal to the armature code.

Today he is still the only golfer ever to have achieved the grand slam.

The next movie will be on November 6th and in the theme of feel good movies we will be showing "the worlds fastest Indian" Staring Anthony Hopkins as a delightful old man hell bent on setting a world speed record A 'not to be missed' movie.

LEISURE GOLF SHOP

This month will see us receive some new designs in Turtle neck golf shirts which look great.

We have a good variety of Golf balls and a few bags still in stock for part exchange.

CLUB NIGHTS: 6th September was won by Sabina Funk

September was won by Sabina Funk

with 35pts. Sabina was going through a purple patch with 10 been her third win in 22 months weeks.

Our guest winner was D.Munayo.

13th September was won by Angus Leckie with a very fine pts he was chopped instantly by the committee who were listening to his howls of protest.

Well done to both Angus and the handicappers.

The scores were good this week with Amos Kama and Mucheru both coming in with 20 points.

20th September saw Mucheru taking the win again with 20 points.

He was playing great golf.

Silvia Kampa managed to beat Sabina whose normal game was deserted her briefly but she was back I'm sure.

27th September was won again Mucheru's day winning with 34 pts from Steve Chiro who played his first club night months.

Welcome back Steve.

4th October was won by Amos with the Leckie brothers following up.

Angus was still mulling about his handicap been chopped and George was still asking for scissors.

We could still do with some more players on a Wednesday.

Remember if you can't play a full 18 you score for a nine and still win you a prize.

Senior Golfers On Tour

The seniors came down to the coast to play and played Leisure Golf Club on the 6th September.

They had a great time at the club and are coming back in October with British Seniors.

Tommy Flastard who means our golf architect will consider reducing the number of bunkers or trees on the fairways.

Three Banks Open

middle of September Leisure Lodge Resort hosted a break away for the board and the guest of three African Banks.

Prime Bank of Kenya, Cap Bank from Uganda and First Merchant Bank of Malawi.

A Golf Tournament was sponsored by Prime Bank and was a field of sixty Five players

There Is No Way Through The Tall Grass Unless You Want To Risk An Encounter With A Blue Mouthed Green Mamba

NOT set a trail and so this would be a very 'live' hash indeed.

Off went the hounds crossing the railway line and sauntering into the unsuspecting township behind.

A gang of local totes at once attached themselves to the invaders, acting as escorts and off course to ensure no funny business took place without them.

The township obliviously remembered the last Hash invasion as defences, in the form of great mounds of rocks, had been installed blocking the paths and manned by squads of warriors armed with spades and barrows.

Ha! As if these could stop the newly invigorated Horny Sunset and wonderland Alice.

Loping over the sides of the mounds, the two kicked dust in the warriors' faces and left them whistling in admiration as the rest of the pack and the totes followed.

The FRB's raced along with the Hare, down a hill running alongside a great big iron pipe carrying water.

Wonder who maintains this pipe, it certainly is decades old

Following the pipe, a glade of coconut trees and tall rushes appeared.

No way through the tall grass and bush unless you want to risk an encounter with a blue mouthed green mamba.

Only way is to do a balancing act on the water pipe which snakes through the glade.

Mzee Mouth makes it look easy.

Don't look down, as slipping and having that water pipe hit you where it hurts is not a recommended family planning method.

Although Slippery when Wet did manage to fall without hurting herself.

Phew! I made it and the FRBs wait for the walkers to catch up.

Despite Beach Bum's assertion that she's never seen a longer one, Loong Hot One refuses to try the pipe and tries to find a way round.

No luck and she has to do the acrobat.

The pipe continues up a very steep hill and the hounds follow.

The view at the top of the surrounding green hills, valleys and the meandering creek is

worth the climb.

Chantel, maskini suffering a chest cold manages to climb up the hill and admire the cool school.

The totes gallantly agree to show the walkers the short cut back while the FRB's take Mzee Mouth's loops through the countryside.

Back then via villages and sandy paths and a walk up the railroad and an old water tower where steam trains used to fill up with water.

'Downs Downs' were net of Sixty Nine's local 'Cool Spot' in Tudor and various comments were handed out.

Log on to:

<http://juanguvu.com> for online Hash reports, photos and more info.

Next week's run on 25th Saturday October 21st 2006 The Kenyatta Day Run.

Meet at Bamburi Forest! Mombasa - Malindi Road 10.30 p.m. Run will start at 4.00 p.m. sharp. Latecomers can be snoozed.

Call Birju B. Shah on 841536 for more details.

Jaffery PLAY UNDER FLOOD LIGHTS

Jaffery Sports Club, Mombasa now enjoys newly improved facilities with the new sodalite cricket pitch, football field, tennis and volleyball courts. A spokesman for the Jaffery Sports Club management said: "The club can now be the first at the coast to offer such unique facilities of night cricket and football in addition to the daylight tennis and volleyball courts. The maiden cricket match was played on October 7th 2006 at club. The event was a success and we expect that this trend will continue to revive sporting activities at the Coast. Our appreciation goes to all well-wishers of the club who donated generously towards the project and also to the contractors of the project of its kind project at Jaffery Sports Club, Mombasa. The maiden cricket match was enjoyed by 200 members and both young and old at the club and a well-contested match between two teams is lead by Ahmed Fazal and others."

Mohamed Suleiman Punishes Barcelona

HARD-FOUGHT 0-2 LOSS TO MOMBASA UNDER 15

MOMBASA FC under 15 and under 18 soccer teams continued to shine when they registered fine victories during their friendly matches played under floodlights at Mombasa Showground, writes **ABDULRAHMAN SHERIFF**.

The matches were organised by Mombasa FC sponsors, the Kenya Youth Soccer Events (KYSE) under leadership of their chairman Gerardo Cozzolino and secretary Abdul Iddi.

Mombasa FC's under 15 side defeated their rivals Barcelona 2-0 in a hard-fought clash with both goals scored by prolific striker Mohamed "Mody" Suleiman.

In the under-18 match, Mombasa FC taught their opponents Daytona Youth a soccer lesson when they registered an overwhelming 7-1 win.

Mombasa's goal-getter Ali "Good Boy" Mwinyi netted a double with J Francis and Omar "Chabi" Mohamed also scoring a double each.

The other Mombasa goal came in through Christopher Bulinga.

In another development, Tudor Professionals and Kabana FC meet today in the final match of the Kabana Cup competition at Tudor Primary School ground, after winning their semi-final matches.

Tudor Professionals crushed X-Lamy FC 4-1 during the first semi final match with Coast Stars striker Vincent Tendwa scoring a double.

Other goals were netted by Kevin "Keegan" Ngugi (Cosmos) and Hussein Dadho.

In another semi-final clash, Kabana FC needed a single margin win over Miyale FC to reach today's final.

The only goal came via P Tharna. Kabana has two Coast Stars players in their team,

Lawrence Nyambok and Amos Chona.

Meanwhile, Soliwodi Ladies Club of Mombasa Island is training hard in preparation for a four team women soccer tournament they are to organise, club coach Robin Gogo has announced.

Gogo said his players were in good shape and all set to clinch the trophy when they take part in the tournament to also include Coastal Queens (Changamwe), Tumaini (Kanamai) and Changamwe ladies Club.

Soliwodi players in training include Kenya internationals Lilian Nandundu, Mary Aluoch and Caroline Nanjala.

Others are Anna Agatha, Betty Shiro, Provy Ouma, Caroline Anyangu, Millicent Akinyi, Emily Anyangu, Pili Juma, Maryam Chande, Zena Mohamed and Lorna Osale.

Soliwodi started badly in the Lota Motors Women Soccer League but they have recovered as the league progressed. The league has been postponed until the end of fasting month of Ramadan.

'KENYA SOCIETY FOR BLIND' CHARITY GOLF COMPETITION

Kenya Society for the Blind (KSB) Charity Competition played on Wednesday 11th October, 2006, at the Nyali Golf and Country Club - RESULTS:

Winners: Steve Davidson and Jean Elms 43 c/b, **Runners Up:** Simon Maina and I. Eddo 43, **Third:** Kellen Weku and John Riley 42, **Fourth:** Mary Chebukati and M. Bakari 40 c/b, **Fifth:** Ben Mureithi and Patrick Munyao 40 c/b, **Sixth:** Lumatete Muehal and Waziri Ziro 40.

Longest Drive Man: Simon Maina, **Lady:** Saida Samji

Nearest to the pin: John Riley.



Jean Elms (left) and Steve Davidson receiving a prize from David Lukalo (right), Public Relations and Fundraising Manager of Kenya Society for the Blind were winners of Kenya Society For The Blind Charity Competition at Nyali Golf and Country Club.



Kenya Airways Sales Executive Mohammed Hamo (right) handing over KQ Goodies to Kenya Ports Authority General Manager Salim Chingambwi as KPA prepares a Team of 24 to Libreville, Gabon. The Team will be flying via Douala on Kenya Airways and had a flagging ceremony on Monday, 16th October at KPA's Mbaraki Sports Club. They were flagged off by KPA's Human Resource and Administration Manager Vincent Wanda. Kenya Airways also took this opportunity to brand the Team in KQ Colours and wish them well in the forthcoming Africa Club Championship for Lady Ethablers the winner of which will represent the continent in the World Club Championships.

JAMHURU DAY WOMENS SOCCER

TANZANIA and Uganda have been invited to send their women soccer teams to participate in the Jamhuri Day Cup Competition set to take place in Mombasa on December 09 and 10.

The tournament co-ordinator, Grace Atieno Odinga of the Mombasa Women Soccer Development Committee (MWSDC) said they have written to Uganda and Tanzania football associations inviting their teams to take part in the tournament.

Grace said they have invited other 28 women soccer teams from Nairobi, Kilifi, Mombasa, Kisumu, Kabarnet, Western Province, Kanamai and Mtwapa.

She revealed that matches are to take place in three venues - at Tudor and Makande primary schools grounds and Shimanzi Railway playing field.

Grace disclosed that from the total 30 clubs invited, Mombasa has nine, Nairobi (7), Nyanza (4), Kilifi (3), Kanamai (2), Mtwapa, Western Province and Rift Valley provinces have a club

each and one club each from Uganda and Tanzania.

Clubs invited are Shanzu Ladies, All Saints, Kisauni Youth, Boca Juniors, Changamwe Ladies, Coast Queens, Bilma LC, Mwakirunge LC and Soliwodi (from Mombasa).

New Generation, Young Generation and Moving the Goalpost (Kilifi).

Others are Junior Shining Stars and Tumaini (Kanamai), Furaha Girls (Mtwapa), Kisii Youth, Kisumu Smart Ladies, True Kala and Galastico (Nyanza), Makolanders, Minicuss Youth, Dandora Youth,

Carolina Kibera, Dagoretti Sisters and WYSA Ladies (Nairobi).

The rest are Wuyeta from Western Province, Flying Doves of Kabarnet and a club each from Dar es Salaam (Tanzania) and Kampala (Uganda).

Grace said they are organising the tournament in conjunction with the Gabriel Mghendi Soccer Promotion (GMSF) to promote women soccer in the country.

It will be divided into junior and senior categories and it is open to all. The teams will be required to pay participation fee of Sh800 for senior teams and Sh500 for junior sides.

The deadline to submit entries will be November 25. Attractive prizes are to be awarded to winning teams and runners-up.



Co-ordinator Grace Atieno Odinga.

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CANCER AWARENESS@HOLLYWOOD BOWL

Thank You: All Who Participated In The Charity Pin - Bowling

First and foremost the Hollywood Bowl in collaboration with the Breast Cancer Awareness Support Group of the Aga Khan Hospital, Mombasa would like to express their sincere gratitude to all who participated in last week's pin bowling charity, in aid of the Support Group.

Much thanks to all who spared time to play a game or two and to all who bought bowling tickets for this particular event.

The turn up was over whelming, and everyone had a good time.

The event was graced with families, individuals, corporate groups, breast cancer patients and survivors; all for a worthy cause.

And all the proceedings were donated to the Support Group.

The Breast Cancer Awareness Support Group of The Aga Khan Hospital, Mombasa, consists of volunteers who create awareness and educate the public on breast cancer.

The group also seeks and offers medical assistance for those undergoing various treatment programs.

Special thanks to the Tamarind Restaurant staff, who were the first group to arrive at the bowling alley.

Giving it a good start of the day!

And many thanks to all who could not make it but sent their contributions, you all touched someone's heart in a special way!

And to the bowling scene, the fight between Habib and Noor was quite evident and by the end of the week Habib emerged victorious by beating Noor by four points to retain the top position.

A new entrant of the week who sent some shock waves was from All Esmailjee who landed comfortably in third position, followed by Al Capone who improved his week's score.

The ladies category got a new number one holder, Ms Munazam who displaced Betti Beta from the top position that she's held for quite sometime.

While the under 15 years, welcomed Ben Jones, Shiv Morjaria and Devina Morjaria this week to the charts.

At the close of the week, Master Ben Jones took the lead while Master Shiv Morjaria was behind him with five points.

Results of the week - **Men:** Habib Makande 224 points, Noor 220 points, Ali Esmailjee 217 points, Al Capone 208 points, Dallas 204 points, Paresh Morjaria 200 points, Huzefa 190 points and Muffaddal Johar 185 points.

Ladies: Munazam 145 points, Betti Beta 137 points and Jenny Nerish 125 points. **Under 15 years:** Ben Jones 210 points, Shiv Morjaria 205 points, Sunir Shah 148 points, Devina Morjaria 138 points and Jay Shah 113 points.

To all our esteemed clients, the management and staff of the Hollywood Bowl wish you a wonderful Kenyatta Day!

And as Ramadan season comes to a close, we wish all our Muslim Brothers and Sisters, Idd Mubarak!

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MEMBER N.P.A. EAST AFRICA

G.P.O. REGISTERED NEWSPAPER

Coastweek

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Nakumatt Unveils A Working Partnership With Paul Tergat

Nakumatt, the leading local supermarkets chain, has sealed a working partnership with world marathon record holder Paul Tergat as part of the firm's sports development projects.

The partnership which was unveiled at the Nakumatt Mega branch is based on an international best practice for sports personalities aligned marketing and corporate social responsibility participation.

Among other mutually agreed initiatives, the partnership will see Tergat gracing Nakumatt billboards across the country and participating in various Nakumatt CSR programs subject to his availability.

In return, Nakumatt has also undertaken to support some of Tergat's upcoming projects.

Speaking during the unveiling ceremony, Nakumatt Holdings Operations Director Thiagarajan Ramamurthy said the supermarket chain has unveiled the working partnership with Tergat as part of a pioneering process to encourage other corporates to adopt local sporting heroes.

"Nakumatt Holdings turns a new leaf in our ongoing transformation by forging a partnership with one of Kenya's and indeed world's greatest son," he said.

"This partnership with Paul Tergat is in line with our ongoing truly Kenyan campaign that seeks to celebrate Kenyan success stories and lifestyle.

In the developed world, Use of sports celebrities was popularized by Adidas in the 1950s when its communication campaigns featured celebrities like football great Franz Beckenbauer.

During the function Ramamurthy paid a glowing tribute to Tergat describing him as one of the World's greatest sons.

"As a corporate we recognize Tergat as a worthy brand to partner with in both our commercial and social investment initiatives," he said.

In the recent past, Nakumatt has taken a lead in the sponsorship of key sports



Smart sport: Nakumatt Operations Director Mr. Thiagarajan Ramamurthy (left) assists World Marathon record holder Mr. Paul Tergat (right) to try out one of the advanced treadmill machines on sale at Nakumatt Mega during the unveiling of the Nakumatt/Tergat partnership. The two ultra strong corporate and individual brands have a forged a working partnership.

activities and is currently sponsoring the Nakumatt National Sevens Rugby championships. The Nakumatt boss explained that with good reason, Nakumatt had taken a decision to invest in sports development among other disciplines.

"With a total budget of Kshs 150million for the period 2005-2007, we have the necessary financial muscle to nurture local sporting talent in all the disciplines as part of our corporate transformation," Ramamurthy said.

QUINS NOW IN 'POLE POSITION' FOR NAKUMATT SEVENS CIRCUIT CROWN

Kenya Harlequins FC top the 2006 Nakumatt Sevens Circuit Standings with one tournament, the Motorola Christie Sevens tournament, left to go. Quins, the defending National Sevens Champions, moved above KCB after their comprehensive display over the weekend that saw them defeat Impala 24-14 in a hotly contested Kabebeni Sevens tournament.

Quins have their work cut out, and need to win the Christie Sevens tournament this weekend to retain the circuit championship.

Should Quins reach the final and play against either KCB or Impala and lose to either one of the teams, then the circuit champion will be decided by the overall try count tally. KCB currently have the highest try count with 81 tries, with Quins on 78 tries and Impala on 52 tries.

Mwamba do have a mathematic chance of winning the circuit, and they will thus strive not only to win the tournament but hope that Quins, KCB and Impala all falter in their Quarter final matches.

NISSAN
DT DOBIE
MOMBASA: Tel: 2316701/2, 2316735/6 Fax: 2316764
Email: Chrisangel@msa.dtdobie.co.ke

KENYA TIDE TABLES

MOMBASA, October 20 - 26, 2006

FRIDAY High Water - 3.2 m. at 03.19 hrs. (3.19 a.m.) and 3.0 m. at 15.33 hrs. (3.33 p.m.). Low Water - 0.6 m. at 09.25 hrs. (9.25 a.m.) and 0.6 m. at 21.25 hrs. (9.25 p.m.).

SATURDAY High Water - 3.4 m. at 03.43 hrs. (3.43 a.m.) and 3.1 m. at 16.25 hrs. (4.25 p.m.). Low Water - 0.5 m. at 9.50 hrs. (9.50 a.m.) and 0.5 m. at 21.49 hrs. (9.49 p.m.).

SUNDAY High Water - 3.5 m. at 04.06 hrs. (4.46 a.m.) and 3.1 m. at 16.25 hrs. (4.25 p.m.). Low Water - 0.3 m. at 10.15 hrs. (10.15 a.m.) and 0.4 m. at 22.12 hrs. (10.02 p.m.) NEW MOON.

MONDAY High Water - 3.5 m. at 04.30 hrs. (4.30 a.m.) and 3.1 m. at 16.51 hrs. (4.51 p.m.). Low Water - 0.3 m. at 10.40 hrs. (10.40 a.m.) and 0.4 m. at 22.36 hrs. (10.36 p.m.).

TUESDAY High Water - 3.5 m. at 04.55 hrs. (4.55 a.m.) and 3.0 m. at 16.51 hrs. (4.51 p.m.). Low Water - 0.3 m. at 10.41 hrs. (10.41 a.m.) and 0.4 m. at 22.36 hrs. (10.36 p.m.).

WEDNESDAY High Water - 3.5 m. at 05.21 hrs. (5.21 a.m.) and 2.9 m. at 17.43 hrs. (5.43 p.m.). Low Water - 0.4 m. at 11.40 hrs. (11.40 a.m.) and 0.6 m. at 23.28 hrs. (11.28 p.m.).

THURSDAY High Water - 3.4 m. at 05.50 hrs. (5.50 a.m.) and 2.7 m. at 18.13 hrs. (6.13 p.m.). Low Water - 0.5 m. at 12.12 hrs. (12.12 a.m.) and 0.7 m. at 23.57 hrs. (11.57 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.

COASTWEEK TEL: 2230125 / 2230130 MOMBASA

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