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# Coastweek

Issue No. 3447 November 25 - December 01, 2011 PRICE - KENYA THIRTY FIVE SHILLINGS

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Late Dr. J. B. O. Okanga

## A Tribute To Late Doctor 'Jo' Okanga

Joseph Bhoi Otieno Okanga was born in 1936 in Kitale.

He attended his early schooling at Sector Madingu School before proceeding briefly to Got Combo School, and finally completing his primary school education at Mwandia School, where he would later return to teach.

**CONCLUDED PAGE FIVE**

# MIRACLE IN MOMBASA !

Lions Eye and Blood Centre Mombasa, a major eye care provider at the coast, has been very active in eradicating cataract blindness through its outreach programmes for the past seventeen years.

A new facility has been added in the form of "cornea transplantation", commonly known as eye transplantation, to treat the corneal blind patients.

Dr Vishwanatha N Gokhale, consultant eye surgeon at the eye centre has been performing cornea transplants at the centre

## EYE SURGEONS TRANSPLANT DONATED CORNEAS - GIVING SIGHT TO THE BLIND

since 2010. He has performed 19 surgeries out of which 17 were performed in 2011.

Due to lack of awareness about eye donation in this region, the corneal tissues are being imported from eye banks in USA, which works out very expensive.

"Cornea-Help", a German NGO has been a major sponsor of the project.

Local philanthropists like Dr Kanubhai Babla also support this venture.

The centre has been actively trying to create awareness among the local population about the importance of donating the eyes (corneas) after death.

18th November was a memorable day for the eye centre. The efforts of creating awareness have begun to yield results.

The family of Late Mr Kirit Shah who passed away on the evening of 16th November, informed the Lions of their willingness to donate the eyes (corneas) of the deceased.

Dr Gokhale and his team wasted no time and swung in to immediate action.

By eleven in the night the corneas were collected and shifted for storage at the centre.

Two needy corneal blind recipients were identified and surgeries were performed on the 18th of November.


On 19th morning when the bandages were opened, it was a joyous moment for the families of both, the deceased as well as the recipients.

**CONCLUDED PAGE FIVE**




Operating Surgeons Dr. Vishwanatha N. Gokhale and Dr. Sandhya Gokhale are seen with the beneficiaries of the corneas - patients 10 year-old Master Ali and 23 year-old Ms. Jamila.

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Kenya Airways Marketing team receives the award for the Best Kenya Flag Bearer at the MSK awards held over the weekend.

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**TOP MARKETING AWARD FOR KQ**

Kenya Airways is proud to announce that it has won top Marketing Award at the Marketing Society of Kenya (MSK) 2011 Gala Awards Ceremony held last Friday at the Nairobi National Park.

The airline won in the Best Kenya Flag Bearer category, an award it has now won for three consecutive years.

This award is attributed to Kenya Airways expansion strategy, which has led to opening more destinations across Africa.

The award was also attributed to the increased media presence of Kenya Airways across the globe through its strategic advertising campaigns, tactical promotions, informed media write ups and images of Kenya Airways activities and sponsorships across the network. MSK is the umbrella body of all marketing practitioners and scholars in Kenya.

Started in 1962, MSK's vision is to make marketing the force behind business.

Now in its fifth year, the Marketing Society of Kenya's warrior awards are the premier awards for marketing players in East Africa and the gala event has become an important event in corporate diary.

The MSK Gala event brought together over 500 marketing professionals from various economic sectors.

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**Pwani Countrywide Campaign Concludes**

The Mombasa based manufacturer of edible oils, fats and soaps Pwani has completed a countrywide road show campaign targeting all regions in the country in a bid to strategically position its brands and grow its consumer base.

Pwani Director of Sales Mr. Bharat Rao said the extensive campaign was set to communicate the essence of 'Pwani Life!' to the various regions in the country and in turn enhance brand visibility.

"The campaign was to create an opportunity for the company to engage with consumers and facilitate the internalizing of 'Pwani Life!'.

"We are committed to exceeding our customers' expectations," Mr. Bharat added.

"It offered consumers a chance to sample the products for brand interaction and experience."

Having registered significant growth since the launch of the 'Pwani Life!' campaign, Pwani asserted that it is ready to invest heavily in ensuring they continuously meet and exceed consumer expectations.

Mr. Bharat said, "We expect our consumer base to expand with this campaign as each product brings the freshness of 'Pwani Life!' experience to your home."

The 'Pwani Life!' campaign has so far been a success for the company with consumers and the general trade lauding the experience as a welcome change into an otherwise dull category where innovation is little or nonexistent.

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# Mega Medical Camp At Mariakani

## MABATI ROLLING MILLS IN CONJUNCTION WITH LIONS CLUB OF MOMBASA PWANI

The Lions Club of Mombasa Pwani in keeping with their motto "We Serve" organized a very successful mega medical camp at the Mabati Medical Centre in Mariakani on 16<sup>th</sup> October, 2011.

This is an annual event that has been taking place for the last 11 years and the club has been in the forefront in helping the less fortunate people of the society.

The camp this year consisted of many different disciplines including eye (which is part of their regular outreach programme), dental, ENT, general medical as well as screening for diabetes was done. The patients were given medications free of cost.

A total of 672 patients were screened that included 312 eye, 78 dental, 247 general medical and 25 ENT patients.

A total of 845 consultations were done in multiple disciplines.

Of the 312 eye patients screened, 8 had cataracts and these patients were transported at the end of the camp to the Lions Eye and Blood Centre where they were operated and later transported back to their homes.

This is a routine and weekly

activity conducted by the Lions Club of Mombasa Pwani that is entirely dependent on well wishers who support this noble activity.

78 dental patients were screened and 50 extractions done.

The rest of the patients were treated for common ailments like respiratory tract infection, malaria, skin infections, anaemia, etc.

The Acting Medical Committee Convenor, Lion (Dr) Sundeep Chavda expressed his sincere gratitude to all donors, fellow Lions, Lion ladies and the volunteers who contributed towards this successful activity.

Similarly he was grateful to PDG Lion Dhirubhai Shah and the entire Board of Management and Staff of Mabati Rolling Mills for hosting this camp and their generous donation of Kshs 250,000 towards this noble activity.

Club President Lion (Dr) Mohammed Hamid was thankful to the Convenor Lion Dr. Vinesh Vaghela and to the sponsors, Mabati Rolling Mills who have wholeheartedly supported this activity annually for the past eleven years with further pledge to continue for many more years to come.

He also appreciated the effort put in by the Acting Convenor,

Lion (Dr) Chavda together with his entire team of medical personnel who worked tirelessly to ensure success of this activity.

The sponsors had hosted the entire Lions membership together with the volunteers for a sumptuous lunch at the end of the medical camp.

In keeping with their Lions International and District slogans, "I Believe" and "Together We Can", Lions Club of Mombasa Pwani have pledged to continue with such activities in assisting the less fortunate members of society.



Seen (from left) MRM General Manager Gurlochan Singh, Acting Medical Committee Convenor Lion (Dr) Sundeep Chavda, Club President Lion (Dr) Mohammed Hamid, MRM Director PDG Lion Dhirubhai Shah, Immediate Past President Lion Bhadesh Shah together with the staff of MRM handing over the sponsorship cheque to Lions Club of Mombasa Pwani.



Barclays Bank Kenya Business Club members planted 175 trees in support of the Green Tsavo Reforestation Project launched by Sarova Hotels, Futouris group and Friends of Tsavo, at their just ended Barclays Business Club Members Workshop hosted by Barclays Bank at Sarova Taita Game Lodge.

## Renowned Doctors At Lighthouse Eye Centre

Lighthouse For Christ Eye Centre wishes to announce the arrival of Dr. Lawrence Kenney from Philadelphia, Pennsylvania, USA on 2<sup>nd</sup> to 14<sup>th</sup> January 2012.

Dr. Kenney is a renowned Ophthalmologist with special interests in phacoemulsification cataract extraction method, and Dr. Elliot Werner is a renowned Ophthalmologist of many years experience with special interests in glaucoma, phacoemulsification cataract extraction method, and many more anterior segment conditions.

They are leading eye surgeons in the United States of America.

They will be donating their services to the Lighthouse and all the fees raised from consultation and surgery will go towards assisting the needy blind in the Coast Region.

This visit is of great value to patients with Glaucoma. You can book an appointment by calling Tel. 041-2226179, 2220018, 2224160, 0724-620888, 0733-226179 or by visiting the Lighthouse personally or by emailing us on lighthouse@lighteyecentre.org



Dr. Elliot Werner.

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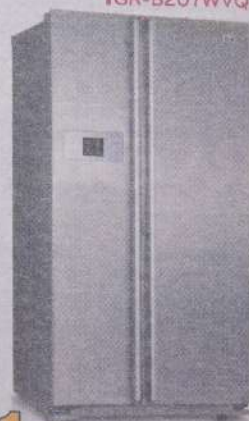
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# Triple Treat With: Twilight, Johnny English, Desi Boyz

**ROHIT DHAWAN** makes his debut in the Hindi film industry by writing and directing *Desi Boyz* opening worldwide and at the NYALI CINEMAX this Friday.

The young Dhawan is the son of David Dhawan who has made his name with hit comedies most of them with his muse Govinda.

*Desi Boyz* stars Akshay Kumar, John Abraham, Deepika Padukone and newcomer Chitrangda Singh in the lead.

Nick 'Hunter' Mathur and Jerry 'Rocco' Patel are buddies who had come to study in London.

While Nick became a self-made man with an excellent job and a hot fiancée, Gujjubhai Jerry (Jagdish) is now a 'dependant' on Nick.

He is dependant on his home, his money, his car and everything that Nick owns, except Radhika, Nick's girlfriend.

Jerry's girl is his former teacher Tanya who puts up with all his shortcomings.

Things take a turn for the worse when Nick loses his job due to the worldwide recession.

With no money coming in, everything in their life is downsized and they start to lose whatever they owned.

When social services inform Jerry that they will place his nephew, who he was bringing up, albeit on Nick's money, in social services, the two realise

that things have gone elephant. All job prospects fail, and the only opening is at a male strip-club called *Desi Boyz*.

Desperate times call for desperate measures and Hunter and Rocco are the new additions to the menu at *Desi Boyz*, where a lot more than their friendship is put to the test.

The *Twilight* series carries on at the NYALI CINEMAX with the latest version being *The Twilight Saga: Breaking Dawn Part 1*.

This Bill Condon directed vampire sequel stars Robert Pattinson and Kristen Stewart as Edward and Bella.

Marriage, honeymoon and a child brings up consequences that they had not expected and both must find a solution for the new problems facing them.

## CINEMAS with Anjum Asodia

Taylor Lautner plays Jacob Black

Mr. Bean is back at the NYALI CINEMAX

with his own brand of comedy in *Johnny English Reborn*.

After being applauded as the best secret agent in MI 7, despite some world class bungling, Johnny English has ensconced himself in a remote area in Asia, perfecting the art of intelligence.

Her Majesty's Secret Service uncover a plot to kill the Chinese premier and efforts are made to trace Mr. English to solve this conspiracy.

Johnny English is pleased as punch at his new assignment and armed with all the latest hi-tech gadget, leaves no stone unturned to protect the Prime

Minister and catch the baddies, whether they are from KGB, CIA or MI 7.

Rowan Atkinson as Mr. Bean is as delightful as ever and as he is set to retire from playing Mr. Bean - he feels he is getting to old for it now - make sure you enjoy this film which may be his last performance as the blundering Bean.

Other stars in the film are Gillian Anderson, Pierce Brosnan, Dominic West, Rosamund Pike.

The voices of Elijah Wood, Robin Williams, Brad Pitt, Matt Damon, Hank Azaria, Alicia Moore, Sofia Vergara and Hugo Weaving will keep you very entertained in the animated film *Happy Feet 2*.

This father-son story will appeal to all ages and can be seen in three and two dimension.

Also on it's second leg is *Moneyball* directed by Bennet Miller with Brad Pitt, Jonah Hill, Robin Wright, Phillip Seymour Hoffman.

Based on a true story, even if you are not a baseball fan, you will really enjoy it.

One show on Tuesday evening for Justin Timberlake and Amanda Seyfried in *In Time*.

If you have still not seen Imtiaz Ali's *Rockstar* with Ranbir Kapoor and Nargis Fakhri, make sure you head to the CINEMAX this Sunday morning or Tuesday evening.

Last but not least, the *Three Musketeers* in three dimension and Shah Rukh Khan in *Ra One* await your presence at the cinema halls.

## Award Winning Two-Star Michelin Chef's Back

One of France's finest and most sought after Chefs is in town once again.

The award winning, 2 Star Michelin Chef Edouard Loubet is in Nairobi Serena Hotel yet again for four days of exquisite culinary creations at the Hotel's fine dining Mandhari Restaurant from 23<sup>rd</sup> November 2011.

The 39 year old Chef Loubet who owns 2 restaurants in France has also authored well recognized books, and is famous for his creativity which uses natural herbs to capture the strong clean colors and flavors of the France's Southern region of Provence; all his dishes are accompanied by an exquisite wine list.

Loubet's creations last year at the Mandhari restaurant were exceedingly successful and those who got to sample his dishes were left with a unique, memorable dining experience comparable to none.

This time round, Loubet has promised an even more dynamic menu which will be infused with abundant local ingredients, all personally sourced from our local markets.

Loubet's visits to Nairobi are part of a long term partnership with Serena Hotels which has so far seen Serena's Chefs around East Africa get hands on training from the world famous culinary expert.

Currently, he has some of his chefs stationed at the Mandhari restaurant and over the past year, he has helped create exciting new menus at the restaurant.

Additionally, so far, a total of 21 talented Chefs from Serena properties around East Africa have gone to Chef Loubet's 'La Bastide de Capelongue' restaurant in Luberon- France, where they have been provided with training and exposure in the

world class fine dining restaurant.

Speaking at the Nairobi Serena Hotel after welcoming Chef Loubet to the country, the Serena Hotels' Managing Director, Mr. Mahmud Janmohamed said, "Our focus is to deliver the finest cuisine and only the best service in our restaurants."

"This partnership will enable

us to provide exposure in a world class fine dining restaurant to talented Chefs in East Africa".

A master of his art, Chef Loubet is known for letting his creativity express itself with each of his dishes which have variously been described as unique, skillfully imagined, spontaneous... an alchemy of perfect chords.

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## STARCAST GEMINI KILIFI

**Scorpio** (Oct. 22 - Nov. 21) Be sure to pursue a moneymaking idea. You don't see there is any reason why only the most affluent customers can afford particular products and services. By creating a bargain line, you'll help lots of people, while making a tidy profit in the process.

**Sagittarius** (Nov. 22 - Dec. 21) It's time to reach a decision; you can't afford to deliberate any longer. By acting with speed and precision, you'll attract quite a following. Don't be surprised if someone asks for a date or makes a job offer.

**Capricorn** (Dec. 22 - Jan. 21) People know they can trust you with shared resources. You're not the type to use a group fund for personal gain. This is a good time to plant seeds for the future. Open a savings account.

**Aquarius** (Jan. 22 - Feb. 21) Be realistic about what a relationship can and cannot do. If you're unhappy, it's not your partner's fault. You should spend more energy on the activities you love. You're a visionary, and have a deep need to put inventive spins on traditional forms.

**Pisces** (Feb. 22 - Mar. 21) Although your superiors think well of you, it's possible you have some hidden enemies. Don't be so quick to trust colleagues. Someone who is envious of your popularity is trying to throw obstacles in your way.

**Aries** (Mar. 22 - April 21) Depend on a business or romantic partner to help you through a tough time. Lately, you've been burning the candle at both ends. If you continue at this pace, you'll drop from exhaustion. Take this opportunity to go on an extended break.

**Taurus** (April 22 - May 21) You feel a strong pull towards someone special, but are shy about expressing your feelings. Stop pretending you are different to their charms. Playing hard to get will only stand in the way of enjoying a passionate relationship.

**Gemini** (May 22 - July 21) This is a great time to deal with a delicate subject. In the past, emotions were running too high to cope with a serious problem. Now the drama has died down, you can resolve an issue that has plagued a close relationship for some time.

**Cancer** (June 22 - July 21) You must be fully engaged with work to be happy. Sometimes it's necessary to take a job just for the money. Fortunately, this isn't one of those times. Several opportunities are within your reach.

**Leo** (July 22 - Aug. 21) You're in a very cheerful mood, which attracts lots of romantic attention. People can't resist your positive energy. If you're single, you could meet someone special while you're out and about.

**Virgo** (Aug. 22 - Sept. 21) It's important to understand your innermost feelings, even if they seem petty or trite. If you're jealous of someone, it's probably because you're not making enough time for the people and activities you love.

**Libra** (Sept. 22 - Oct. 21) Giving a close friend added support is the best gift you can offer. You may not realise it, but your opinion carries a lot of weight with your nearest and dearest. By urging your loved one to pursue a childhood dream, they will finally be able to push past a stubborn emotional barrier.



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Looking after your interest!

FROM FRONT PAGE He proceeded to the Government African School, Kakamega, for secondary school, where he did his Cambridge School Certificate.

He passed with distinction, scoring nine points.

By all accounts, Joseph was a bright student and was one of the leading light of his time.

Therefore it came as no surprise when he was admitted to Makerere University Eastern Africa.

Actually the Forest Service had wanted him to join as a Forestry Officer, on the other hand, the Armed Forces wanted to send him to Sandhurst for military training.

His admission to Makerere looked as though it would be vetoed by the British government's decision to commit its education bursary funds towards the Queen's state visit to Uganda.

However Joe's mother refused to allow him to even contemplate being either a Forestry Officer or a soldier, and so he began the arduous wait for admission to Makerere University.

Whilst awaiting admission to Makerere, Joseph and his brother Albert went off to work on a coffee farm in Endebess.

While they were away, Joseph's admission to Makerere came through, but he could not be traced at his parent's home.

After what was essentially a manhunt, he was found in Endebess and the British Administration sent a government Land Rover to pick them up and return them to Uhoho for

## Doctor Okanga Made A Huge Contribution To Well Being Of So Many People In Africa And The Coast

identity verification by the local chief and his parents.

His being admitted to Makerere was an event in itself; it also was the beginning of his realization that his decision to study medicine was truly a calling.

Following this sequence of events he finally entered Makerere, from where he graduated with a degree in medicine in 1966.

By this time Joseph's Uhoho roots had been built upon, and he began to form new friendships with people from diverse ethnic backgrounds, races and cultures.

He was truly a warm, loyal, dependable and trustworthy person, for whom an initial friendship formed was sure to last a lifetime.

During his time at Kenyatta National Hospital as an intern, Joseph met the love of his life, Rebecca Caroline Mukhwana Malimba, whom he married on 31st December, 1966.

They were blessed with a son, Michael Okanga, followed a year later by Sheila Okanga.

Joe began working as a doctor, not only at Kenyatta National Hospital, but in all parts of Kenya ranging from Mombasa to Kiambu to Mandera.

Joseph had found his true

calling in the care and healing of people.

He left for Scotland with his young family to further extend his medical qualifications at Edinburgh University on a World Health Organization scholarship.

The family lived in Scotland as Joseph pursued his post graduate medical studies towards membership of the Royal College of Physicians between 1971 and 1972.

He became a fellow in 1974.

Joe, Becky, Michael and Sheila returned to Kenya in 1972 and initially settled in Nairobi.

However after the Scottish cold, he was not about to settle in the cold of the Kenyan highlands, so after only one month in Nairobi, he moved his family to Mombasa where they lived in the house that is now the Swahili Cultural Center, next to Mombasa hospital.

The hospital was then called Katherine Bibi Hospital and it was there, in January 1973, that Becky and Joe welcomed their third child Nereah.

Nairobi's loss was Mombasa's emphatic gain, as we were all to see and experience over the next four decades.

Joseph began his career at the coast as the Provincial Physician.

This was the start of his illustrious career at the coast, and also as a pillar of the Mombasa community.

Joe did not just focus on his work, but dedicated time to his family and to the community.

Around this time began what would become a revolving door of foster parenting the children of those near and dear to him, as well as friends of his children, and even total strangers who were in need of food and shelter.

Many are they who will tell you of the few days, or weeks, or years, or a lifetime that they lived in the Okanga family home.

It was also around this time that Joe's life as a Rotarian began.

He joined the Rotary Club in

1973, becoming Chairman of the Rotary Club, Mombasa branch in 1977.

He was a member until his death.

His dedication and work-life balance was evidenced by the fact that around this time he was also a founding member of the Medical Practitioners and Dentists Board of Kenya in 1973, and was also the Chairman of the Kenyan Medical Association in 1977.

In 1974, he left government to set up private practice as a Consultant Physician specializing in Internal Medicine.

By this time, he had become the preferred medical consultant for many residents of Mombasa, not only because of his great knowledge and skill as a medical practitioner, but also due to his caring nature and commitment to patients.

Despite the heavy work demands of these years, Joseph was a committed family man.

He soon welcomed Kaziah and Sharon into the world.

By this time Joe's international reputation as a top physician had grown and he attended and presented papers at several local and international conferences on medical and rotary related subjects.

This led to him spending a year in 1977/1978 as a visiting lecturer of Medicine at the Grootte Schuur Teaching Hospital of the University of Cape Town.

This attachment enabled him to work with the famed Dr. Christian Barnard in treating a patient with heart disease.

The patient was in fact, the first black man in apartheid South Africa to receive a transplant of a heart from a white person.

At the time this was very widely reported by the international media as a breakthrough in medicine.

Even with his international recognition and accomplishments, he continued his diligent commitment to his local obligations.

Joseph was a visiting Consultant Physician to the leading Mombasa hospitals, including the Aga Khan Hospital, Mombasa Hospital and Pandya Memorial Hospital.

In addition, he also served as Medical Director at the Aga Khan Hospital, as well as being a member and Director of Mombasa Hospital Association.

These accomplishments, though great and impressive, are not exhaustive. Joseph was also:

- National Vice Chairman, Kenya Diabetes Association
- Branch Chairman, Coast Province, Kenya Diabetes Association
- Vice Chairman, Africa Region, International Diabetes Federation (1995-1998)
- Member, International Diabetes Federation
- Member by special invitation, American Diabetes Federation
- Member, Kenya Medical Association
- Member, Kenya Cardiac Association

- Member, Kenya Association of Physicians

- Overseas member, British Medical Association

- Medical member, Legal Task Force on HIV and AIDS pandemic in Kenya

He gave back to the youth, mentoring and being a role model to them in his capacity as Chairman and member of the board of governors of Star of the Sea Secondary School, and in the past, being a member of the board of governors of Shimo-Latewa Secondary School, Waa Secondary School, Got Osimbo Secondary School and Madungu Secondary School.

Throughout the years Joe was diligent in keeping abreast of medical advances and used to read, write and visit with other medical practitioners continuously.

He thus stayed at the top of his profession throughout the years.

He was also the overseas external tutor for Master's degrees and post-graduate diplomas in Clinical Pharmacy for Queen's University, Belfast.

Up until 1998, he had been an editorial peer reviewer for the East African Medical Journal and was a contributing writer to the book "Hypertension in Africa".

Tragically in 2004, Becky passed away.

This was a huge blow to Joe and his children.

However, following this loss, his faith in God was renewed.

His children, his community, friends and his work also helped him persevere during this time.

The energy of the man was

astonishing as he would always rise before dawn and set out for work before the sun had barely risen.

He almost always worked throughout his lunch hour.

He would ensure that he spent time with family, friends and community members after work hours and on weekends.

On the weekend of 8th October, he had hosted friends to a celebration lunch for a relative who had recently been appointed a judge of the High Court.

The function was very well attended and guests found him in good spirits and appearing well.

As was his custom, he exchanged jokes with his guests and gave them each a hearty embrace as they departed.

On the night of Monday 10th October, 2011, Joseph came home from work and as was his habit, relaxed with his family, exchanging news of the day in conversation and planning for the morrow.

On the morning of the 11th October, he woke up early to go to work and appeared well.

However as he went through his morning routine he suddenly fell unconscious in his bedroom.

Not surprisingly, it took some time for anybody to realize that something was wrong.

By the time attention was drawn to his delay in leaving for work it was too late; he was rushed to the nearest medical facility by family members, but was pronounced dead on arrival.

And so a great man lived, fulfilled his life's work, and went to be with his maker.

## MIRACLE IN MOMBASA!

FROM FRONT PAGE The collective efforts by the members of Lions club of Mombasa Pwani and surgical team made this possible.

This is for the first time in history of Mombasa that the eyes (corneas) of a local Mombasa resident were transplanted to needy blind patients of Mombasa.

The example set by Late Mr Kirit Shah and his family is worthy of emulation for the people of Mombasa.

This event will hopefully motivate more and more people to pledge their eyes to kindle light in a blind man's life.



Standing [from left] President, Lions Club Of Mombasa Pwani Lion Dr. Mohammed Hamid, Outreach Chairman Lion Mahendra C. Shah. Sitting Lion Tony D'silva with families of Late Kirit Shah - donor of the Corneas - with the beneficiary Master Ali - 10 years old sitting. Operating Surgeon Dr. Gokhale [third right], Project Chairman Lion Dr. Vinesh Vaghela and secretary of the club Lion Inderjeet S. Main.



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## Thirty Three Years' Ago

Coastweek, November 30 - December 06, 1978

Members of the Coast branch of the Kenya Hotelkeepers' and Caterers Association met in Malindi to discuss three major problems at the Coast - water, electricity and telephones.

Maria Cicali, Italian owner of Lake Naivasha's Safariland Lodge purchased the *Coraldene Beach Hotel* at Bamburi intending to make it a 200-bed high class hotel - The new *Mandarin Beach Hotel*.

A new Round Table, *Nyali Round Table No. 25* - whose main project was the newly opened S.O.S. Children's Village - was chartered at a gala evening at *Mombasa Beach Hotel*.

Well-Known Shanzu cuisine writer and best-selling author **Errol Trzebinski** and Likoni cameraman **Fabbi Nilsson** went on a tour of America where they found "it is a feast of entertainment ... almost too rich, so varied and great is the choice of Theatre, Ballet, Music, Art, Museums and Exhibitions".

A group of executives from tour operators and hotels from Egypt visited Kenya on a familiarisation tour of the country.

Indian pop star, **Sharad Kumar** - whose main event was the impersonation of 'the King of Rock'

Elvis Presley - had two performances at the Oceanic Hotel.

Members of the Harbours Co-Operative Savings and Credit Society were advised by the Managing Director Kenya Ports Authority **John Gituma** to use their loan monies carefully.

Sir Ali of Nairobi thrashed Mombasa Sports Club Cricket team by 72 runs in the final of the K.C.A. League played at Mombasa Sports Club.

The true story '21 Hours At Munich', which recreated the dramatic events of the terrorist attack, moment-by moment at the Olympic Games in 1972 was screened at the NAAZ Cinema.

REGAL Cinema was showing two Karate films 'Dual Flying Kicks' and 'Challenge of Masters'.

KENYA Cinema had 'Big Boy' Sylvester Stallone in 'Paradise Alley'.

Hema Malini was Jeetendra's 'Dulhan' ('Bride') at the CHOX.

Letter writers included **Buff Mshamba Allens** who was all in praise of 'Marvellous Mombasa Matatus', French Honourary Consul **Jacques Saizani** and two cricket fans who discussed the 'boycott' by five players of Mombasa Sports Club.



Errol Trzebinski

## What Is The Best Birthday Wish We Can Give To Baby

Economically and technologically, our common globe has long been divided into at least three different worlds: the developed, the developing and the underdeveloped.

There may even be fourth and fifth worlds, represented by communities so marginalised by mainstream populations that they barely, if at all, register on the radar of our consciousness.

The first world lives as though it were on a different planet from Asia and Africa and other less privileged parts of the globe.

Recently, the seven billionth baby was born. What is the best birthday wish we can give?

That in its lifetime there is hope, at least of someday, bridging the unbridgeable distance between its world, its planet, and the planet that calls itself the first world.

That it will not remain unknown and unrecognised because it was born as a child of the lesser worlds, lesser in terms of access to nutrition, healthcare, education and the most basic of civic amenities, including drinking water and sanitation.

*Shashank Rawal, N/A. rawal20ke@gmail.com*

## THOUGH FOR THE DAY

Someone said that: 'When a man is smitten with a beautiful woman, he should remember that somebody somewhere is tired of her.'

*'Cynical Cyclops', Kikambala.*

Naming a street after legendary athlete Seraphina, I quote an item in your paper: Seraphina Antao should be right up there with Kenya's greats such as the legendary Kipchoge Keino, but the drum beats can only be heard of in the coastal publications.

## 'TOO MANY POTHOLES IN MOMBASA'

Re: 'Pot Hole game is back!' Hooray hooray! Our world famous "dodge-the-pot-hole" game is back with a vengeance!

With new enhanced difficulty levels, the new version is set to become an instant hit with the road users in Mombasa.

Not only have the designers developed challenging levels with Jarrer and my absolute favorite; The Internal-Organ-Displacer, but have made the levels more difficult by surrounding the entire network with small hard to dodge pot-holes which are guaranteed to make your ride as thrilling as any roller-coaster in the world.

The absolutely best is the one on the round-about of Kilindini Post Office. One could spend hours marveling the sight of Tuk-Tuks disappearing and re-emerging in the chasm as they go about their business. Rumor has it that NASA are sending a team to study it as the new "Black-hole" which might reveal the secrets of the origin of our Mother Earth.

*Paresh Morjaria, Mombasa. pmailnew@gmail.com*

## 'MO BROS' GATHER AT MOMBASA YACHT CLUB

**MACHO MOUSTACHES ... More INFOabout "November" starting at 12:30 on Sunday 27th November At the Mombasa Yacht Club**

The idea for Movember was sparked in 2003 over a few beers in Melbourne, Australia.

A Mo Bro starts Movember - the month formerly known as November - clean shaven, and grows a moustache all month long, garnering support from friends and family in the form of donations.

While growing a Mo is left to the guys, Mo Sistas (women who support their guys) form an important part of Movember by recruiting Mo Bros, helping to raise funds and attending Movember events.

For more information click on this link <http://www.movember.com/>

Kenya is not yet a member of the global Movember Club, but we hope to become recognized this year and make it an annual event at the Yacht Club.

Mombasa yacht club already have prizes to the value of shs 100,000/=-, which have been donated by corporate well wishers and if you personally, or your company would like to donate a prize towards this worthy cause please call Chris Soper at 0733 610754.

This event is open to both members and non members of Mombasa Yacht Club and Tickets will be available at the door, so please pass this message on, bring your friends and let's sell all 200 tickets. For anyone who wants more information about the event, or who does not know where the yacht club is please go to our website by clicking on this link: [www.mombasayachtclub.org](http://www.mombasayachtclub.org)

To find us click on "find us" in the top right hand section of the home page and a google map will appear.

**Chris Soper, Commodore Mombasa Yacht Club.**

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## Muslim Association Mombasa 'Eid-UI-Adha' Dinner Host Superb Evening Entertainment

Hundreds of members and wishers of the Muslim Association Mombasa were entertained at their Eid-ul-Adha dinner with recitation of the Holy Quran, Naats, an irresistible collection of Urdu Ghazals from famous internationally renowned Urdu poets and a musical program presented by the ladies of the association under the artistic tunes of Maestro Prabhu Patel and Hasnain Molu, as guests of the association (all dinner expenses were paid by generous community members).

The Muslim Association Mombasa is a leader in Muslim organizations in the field of reviving humanity and Islam, and organizes social events for all to participate.

Currently it is going through a transition and is working to focus on a greater lady member involvement.

In many ways there has been a very big change recently, in the way the lady members of the association can play, in organizing social events.

In the manner our members function as a team is fascinating to watch. It can develop deep and powerful relationship to bring value and benefit to your association.

It is important to remember that you are only doing your part as a member, states Shaahid Sheikh, Secretary of the Mombasa Association.



Organiser Fehmida Uppal

Fehmida Uppal, the organizer of the Eid program volunteered last year to work for the Association.

She was overjoyed when her performance was met with encouragement and she realized her talent and her life changed forever.

Idealistic and filled with energy and passion, Fehmida, as she is popularly known, made a decision to generate awareness about the importance of community work.

Everyone she spoke to was sympathetic but unwilling to take action.

She however, continued her effort and gradually more and more lady members joined her.

Fehmida Uppal explains that it is revitalizing for her to organize such programs because it gives her an opportunity to bring out hidden talent in our ladies.

Anybody willing to participate gets equal opportunity and encouragement especially shy ladies who are reluctant to participate.

The first part of the program was concluded with the presentation of Naats, Urdu poetry and thereafter the dinner was served.

After dinner, the eagerly awaited musical part of the

program commenced. Music, simply, moves everybody.

A single song can move us forward or take us back on a journey of our memories.

Music is capable of calming listeners into a state of serenity or inspiring us with its energy.

Those gifted with musical talents lift spirit and make lighter the burdens we carry.

The lady members of the Muslim Association Mombasa responsible for the organization of the Eid-ul-Adha dinner recognize how significant music based on religious and classic poetry is to the success of an entertainment program and this year our talented performers were able to showcase their artistic abilities through the expression of quality Urdu poetry.

With so many music lovers in her team and being creative Fehmida Uppal capitalized on her talent and of her team and they all sang to the music of Prabhu and Hasnain.

Both Prabhu and Hasnain are semi-professional musicians who sometimes provide time to give back to the community for a good cause.

Volunteering to play for community work not only helps them to indulge that musical inclination but also provide entertainment for the community.

They volunteered their time and skill to entertain the guests.

Both Prabhu and Hasnain also sang in their melodious voices and mesmerized the audience, joined by Usha Patel, wife of Prabhu Patel, and Nazneen Molu, daughter of Hasnain Molu.

Both these ladies are acclaimed singers and have already established fame and reputation as singing stars of Mombasa.

Their performance was the climax of the program and was greatly appreciated.

"Their only reward is the fun Prabhu and Hasnain get from playing the music and the enjoyment they give to their listeners! What surprises me the most is the stamina and energy these artists have.

"They really amaze me!" stated Shaahid Sheikh, Secretary of the Muslim Association Mombasa. They are relaxed and extremely polite.

"Their sense of enjoyment rubs off on everyone who listens to their soothing, pleasing music states."

The end of the dinner was about new beginning as Fakhrudin Kaderbhai, a senior member of the Association, puts it, "The Eid-ul-Adha dinner to me was a gathering of family, coming to a common place to meet, celebrate and enjoy, all in the true Islamic spirit.

"It strengthened my bonds with the Muslim Association Mombasa and its membership" we had an exciting evening and enjoyed the entire program.

Shaahid Sheikh, Secretary of the Muslim Association Mombasa, states:

"I am proud of the Muslim Association Mombasa, our members and friends of the Association for their overwhelming support.

"Its ongoing success is a tribute to the dedication of the members and their willingness to work hard to support our functions, our projects and good causes."

"The tide has changed, the Muslim Association Mombasa has laid the ground work for future success," concluded

Shaahid Sheikh.

The Eid-ul-Adha dinner proved a big success.

Credit goes to the hardworking dedicated and sincere worker who compiled the entire program.

**Seen [from left] Hasnain Molu, Usha Patel and Nazneen Molu as they entertain the audience with their melodious voices. They are semi-professional musicians who sometimes provide time to give back to the community for a good cause. Looking on is Fehmida Uppal.**



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# AN OPEN PUBLIC FORUM ON MOMBASA OLD TOWN - 'HERITAGE TOURISM: AN OPPORTUNITY OR THREAT'

**Mombasa's Old town represents a unique architectural and cultural heritage.**

During the 1800's it was the hub of the colonial government and capital of Kenya.

Through the ages, Arabs, Swahilis, Indians, Portuguese and the British inhabited the Old Town. Its buildings reflect the rich cosmopolitan influences and are a fusion of various cultures.

It has immense potential, largely unexploited.

Sadly, it is beset with problems that threaten its survival and integrity.

National Museums of Kenya's recent effort to have the Old Town listed as a 'World Heritage' site was unsuccessful and UN's implementing agency, ICOMOS, recommended improvements in the management, infrastructure, building By-law enforcement, etc.

To discuss these issues, the heritage potential and the future of Mombasa's Old Town, a public forum to be organised by CHDA (Centre for Heritage Development in Africa) in partnership with Friends of Fort Jesus and Fort Jesus Museum.

The main speaker will be Professor Peter Stone, who is Director of the International Centre for Cultural and Heritage Studies and Head of School of Arts and Cultures at Newcastle University, UK and an

internationally acclaimed expert in heritage management.

The reference point for the lecture will be the Old Town of Mombasa.

This event is open to all interested parties and is intended to be an open discussion giving participants the chance to express their ideas, opinions and to ask questions.

All stake holders are invited to attend and state their views on any aspect of the Old Town.

For anyone remotely interested in our local heritage this lecture is a must!

The event is on **Tuesday, November 29th at Fort Jesus from 7.00 p.m.** Entry is free.

The world is continuing to experience the early impacts of global climate change.

A lot of people refer to the phenomenon of global warming but I prefer to consider it as climate change.

There are many factors that go to influence the weather patterns that we are seeing these days and global warming is just one of them, probably the most dominant and probably the one that we can least influence on a willing basis globally.

Governments have tried for years to get some semblance of order in the way that we treat the atmosphere in the world.

Let us follow first the historical political attempts to manage this phenomenon.

The main attempts to manage climate change are done under the United Nations Framework Convention on Climate Change

[http://en.wikipedia.org/wiki/United\\_Nations\\_Framework\\_Convention\\_on\\_Climate\\_Change](http://en.wikipedia.org/wiki/United_Nations_Framework_Convention_on_Climate_Change)

## Some Call It 'Global Warming' But I Prefer To Consider It As Unusual Climate Change

[United\\_Nations\\_Framework\\_Convention\\_on\\_Climate\\_Change](http://en.wikipedia.org/wiki/United_Nations_Framework_Convention_on_Climate_Change) or UNFCCC.

The key objective of this framework is that the so called Green House Gases or GHG concentrations are stabilized in the atmosphere at a level where ecosystems

[http://en.wikipedia.org/wiki/Climate\\_change\\_and\\_ecosystems](http://en.wikipedia.org/wiki/Climate_change_and_ecosystems)

can adapt naturally to climate change, food production

[http://en.wikipedia.org/wiki/Climate\\_change\\_and\\_agriculture](http://en.wikipedia.org/wiki/Climate_change_and_agriculture) is not threatened, and economic development

[http://en.wikipedia.org/wiki/Economics\\_of\\_global\\_warming](http://en.wikipedia.org/wiki/Economics_of_global_warming)

can proceed in a sustainable fashion.

This framework was signed in nineteen ninety two but since then, global emissions

**CoastDrive with Teti Kamugunda**



have continued to rise.

Following this the United Nations pushed for a mandate requiring developed countries to take a lead in reducing their emissions since their emissions were the most

significant contributors to GHGs.

This mandate is what was named the Kyoto Protocol

[http://en.wikipedia.org/wiki/Kyoto\\_Protocol](http://en.wikipedia.org/wiki/Kyoto_Protocol)

which became effective early this century in two thousand and five.

This Protocol was based on countries each taking legally binding commitments to limit or even reduce their emissions.

However two countries, the United States and Afghanistan refused to sign the Protocol.

The United States refused as they wanted the then emerging countries of China and India to also commit to emission levels.

In two thousand and nine the member countries held another major conference in Copenhagen, the fifteenth, at which several countries signed the so called Copenhagen Accord where the countries agreed to a new measure of limiting the future global temperature rise to two degrees Celsius.

However, those meeting the original agreements to limit emissions that will achieve this temperature cap shows that compliance to these international agreements is very patchy.

Another meeting of the signatory countries was held in Cancun in two thousand which produced an agreement that combined the two expectations so that urgent action is taken to reduce greenhouse gas emissions to meet a goal of limiting global warming to 2 °C above pre-industrial temperatures.

It also recognized the need to consider strengthening the goal

to a global average rise of one and half degrees.

Earth's average surface temperature increased by about 0.8 °C over the last one hundred years with about two thirds of the increase occurring over just the last three decades. Warming of the climate system

[http://en.wikipedia.org/wiki/Climate\\_system](http://en.wikipedia.org/wiki/Climate_system)

is unequivocal, and scientists are more than ninety per cent certain most of it is caused by increasing concentrations of greenhouse gases

[http://en.wikipedia.org/wiki/Greenhouse\\_gas](http://en.wikipedia.org/wiki/Greenhouse_gas)

Other likely effects of the warming include more frequent occurrence of extreme weather

[http://en.wikipedia.org/wiki/Extreme\\_weather](http://en.wikipedia.org/wiki/Extreme_weather)

events including heat waves

<http://en.wikipedia.org/wiki/Heatwaves>

droughts and heavy rainfall events, species extinctions

[http://en.wikipedia.org/wiki/Extinction\\_risk\\_from\\_climate\\_change](http://en.wikipedia.org/wiki/Extinction_risk_from_climate_change)

due to shifting temperature regimes, and changes in agricultural yields

[http://en.wikipedia.org/wiki/Agricultural\\_yield](http://en.wikipedia.org/wiki/Agricultural_yield)

Warming and related changes will vary from region to region around the globe, though the nature of these regional changes is uncertain.

These changes are manifesting themselves in Kenya in a fairly dramatic way and we are not ready.

We will begin to consider these impacts in the next few weeks.

As Kachumbari says, climate change is here to stay.

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### Lamu Festival Celebrates Unique 'Swahili Heritage'

The annual Lamu Cultural Festival is being held over the weekend November 24 - 27, 2011.

Since its inscription as a World Heritage Site in 2001, the annual Lamu Cultural Festival has been a celebration of the unique Swahili culture of Lamu Archipelago.

Organized by the Lamu Cultural promotion group, the three day festival is a show-case of traditional dances, displays of handicraft and competitions on water and land (Swahili poetry, donkey races, dhow races, henna painting), Swahili bridal ceremony and musical performances.

The Lamu Cultural festival is a wonderful opportunity to experience the island's unspoiled beaches, medieval ambience, architecturally magnificent Old Town, gracious population, and traditions of an enchanted island where history continues to live. Lamu Cultural Festival is a celebration of both the past and the future, and the beliefs and traditions that are the heart and soul of the Lamu community. Most visitors to the island fall in love with this relaxed and peaceful lifestyle, and visiting during the Lamu Cultural Festival is a chance to experience Lamu life at its most exuberant and joyous.

Each year, Lamu comes to life during the annual Lamu Cultural Festival. Several competitions and races are staged during this week long festival.

### LIFE IS JUST A LAUGH



"Leave it there - it's doing the arthritis in my knee alot of good."



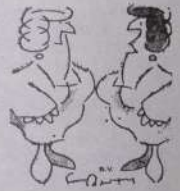
"... and having been snatched from my homeland, I don't make good company."



"This is not quite what I had in mind for our separate holidays."



"Talkg of expenses - How is the wife?"



"His bachelor flat is nicely decorated but his bank account need a woman's touch."



"There's no nee to hit the roof whenever I make a mistake."



# Proud To Be Pink

## BRAEBURN STUDENTS SUPPORT BCASG WITH KSHS.50,000 CHEQUE

Students from Braeburn Mombasa International School (BMIS) were proud to present Beckie Smith, Chairlady of the Breast Cancer Awareness Support Group (BCASG), with a cheque for Kshs. 50,000 when she recently visited the school.

On Friday 14<sup>th</sup> October students of all ages donated money to BCASG and in return were allowed to wear home clothes – with one condition – there had to be at least a touch of pink!

Whilst the school glowed pretty in pink, it was also a chance for the students to reflect on why they were raising money and understand a little more about Breast Cancer, a disease which touches so many communities,

and the excellent work that BCASG does at the coast.

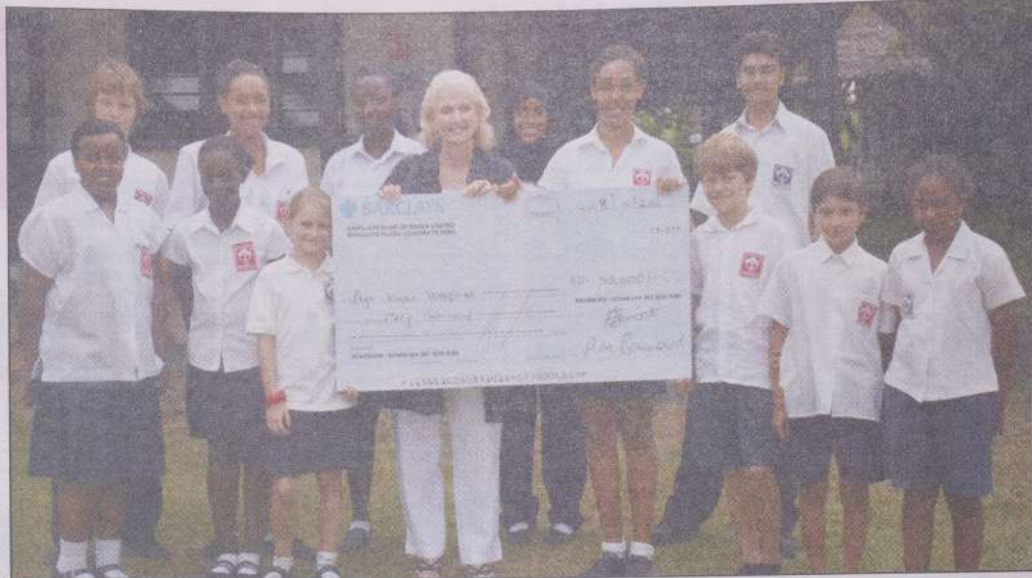
The charity raises money to fund treatment for those who cannot afford it themselves.

Jessica Simpson, a member of the Student Council said "it's always fun to wear our home clothes, but it's even more special when you know that you are doing something to help people."

Beckie Smith said "Braeburn Mombasa International School has been supporting our group for some time now and this shows what a difference a school can make to a charity like ours."

"We're hoping other schools in the area will be keen to take part in future events."

For more information on BCASG contact Beckie Smith on +254735349037 or at Aga Khan Hospital, Mombasa +25473533260.



Students from Braeburn Mombasa International School (BMIS) proudly present a cheque for 50,000 ksh to Beckie Smith, Chairlady of Breast Cancer Awareness Support Group (BCASG). Seen [from left] back row: Darius Dahmen, Neve Blanchet, Valerie Mugaza, Kultham Ware, Sanjiv Dhutia, Hawa Karega, Chantal Makonnen-Maurice, Jessica Simpson, Beckie Smith, Gabriel Esselen, Mathias Hochmuth and Tandia Haji.

# Embracing Diversity



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## VIMMI SENNIK, head of the Asian radio channel Sound Asia had a chat with Coastweek's Anjum Asodia.

Born in Delhi, Vimmi grew up in different parts of India because her father was in the army, so she savoured most of the cultures and traditions in this most vibrant country. Her marriage to a Kenyan businessman was arranged by her family in a week prompting the sudden move here in 1994.

The shock of an unexpected marriage and then moving to a totally foreign country was not palatable to Vimmi and initially she was yearning to go back to India. Now Kenya is so much of home, that even when she travels out for holidays, she cannot wait to get back.

If her husband were to tell her today that they could move to Delhi, she would not want to go at all. At that time, however, she had to be content with staying at home as she did not have a work permit, and this was yet another problem in life because she had been a working girl before she got married.

She would open the papers every day and circle prospective jobs, thinking she could apply until her husband told her that it was pointless since she could not work until the work permit came through. Her first job, after the birth of her daughter, was at Sound Asia as a presenter.

Because she did not have any family here in Nairobi, this was more as an avenue to get a change from the home environment and do something productive and fulfilling. Over the years, Vimmi has worked her way up from presenter to head of Sound Asia, adding a lot more responsibilities and stress, which she enjoys.

She prefers being a presenter more, because she enjoys her

# Tête à Tête With Vimmi Sennik, The Asian Radio Channel Head

music, talking to people from all walks of life and is a good listener.

The strangest call she received was some years ago from a man who wanted to meet her and present her with a gold set.

Despite her refusal, he kept on insisting for a month after which he finally got the message.

She loves her job at Sound Asia, now 14 years old, because she does not do it for the money, but it is her passion.

As a presenter she is on air from Monday to Friday from

teenage son and daughter do not see her as such.

To them, Vimmi is like any other ordinary mother and when she is acknowledged by other

she has, Vimmi loves to watch Pakistani plays, because she cannot stand Indian television series.

When asked about the best interview she has conducted, she did not commit because "all my interviews are good since I get very easily with every one of the people I have interviewed on air".

Sometimes the guest feels a little uncomfortable to be on air, but she manages to relax and convince them that they should feel they are just talking to a sibling.

Entertainment is a business that one has to be in sync with the listener's choice and expectation.

"You can be loyal to your family and spouse, but you do not have to be loyal to a radio or television channel, you have to cater to the needs of the listener".

The amount of calls they received on every programme gives them an indication as to what the listener wants.

A prospective presenter is interviewed by a team, not just one person.

Some of the attributes that they look for in a presenter are "being cheerful, confident, a strong voice, whether they speak Hindi or English, the grammar has to be good, we don't look for accents but it has to be correctly spoken, knowledge is also an added advantage".

"There are times when people will call saying they were really feeling down and after listening to the station, they feel so much better, so there has to be that 'apnapan' (sense of belonging) when a presenter is on air".

Sound Asia is transmitted to Nairobi, Mombasa and is available online.



people at parties and function, they still cannot believe that their mother can attract so much attention.



Sound Asia radio channel head Vimmi Sennik.

10a.m. to 1p.m. and sometimes on weekends too. Despite being a celebrity, her

They are also sometimes her show's biggest critics. In the limited spare time that

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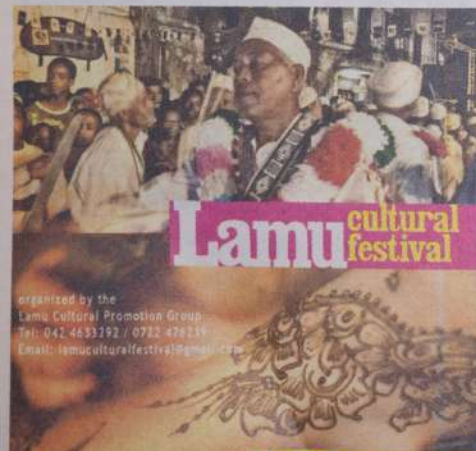
## MOMBASA NURSERY SCHOOL SOCIETY EXCELS

We, at Mombasa Nursery School (formally known as Santokben Nursery) pride ourselves in being the "friendlier" school that gives a conducive atmosphere for the little

ones and excels academically. The school is dedicated to providing a caring and nurturing environment to children aged 2 ½ and above. All students get admission

into their choice of primary school. At Mombasa Nursery our aim is to provide an excellent, well-balanced, academic education where each child can develop into an independent, confident individual. We believe that

children need to be fully prepared to take the next step in their education with enthusiasm and confidence. Thus we now invite parents to come see end of theme presentations that are conducted by the children themselves.



## Lamu cultural festival

organized by the Lamu Cultural Promotion Group  
 Tel: 042 4633292 / 0732 476134  
 Email: lamuculturalfestival@gmail.com

24-27 November 2011



[TOP] A very successful Graduation and Variety Program was held on Saturday 19th November at Lohana Hall. The school would like to acknowledge the support given to it throughout the year by us a number of institutions, in particular, Paper Connections Ltd, Lohana Mahajan Msa and G10. The effort put into the excellent growth of the school would not have been possible without its dedicated staff and parents, who have all embraced the change being brought about with great enthusiasm. The school would like to wish the graduates all the best in their new schools and a peaceful 2012 to all.

[RIGHT] The school offers swimming classes which are conducted by a swimming coach (who has represented coast province in international meets). The goal is to get our children to participate in the inter school water polo competitions and swimming gala.



# Sheikh Idha Islam Magram Was Prominent

Several thousand mourners, from various parts of the Coast converged into Merton Mosque for conducting funeral prayers for Sheikh Idha Islam Magram.

The late Idha was a distinguished epitome of a

## Mombasa Butcher

good Muslim – a remarkable philanthropist who enormously and benevolently contributed to Islamic welfare projects, orphanages and educational institutes.

He was one of the founders of Munnawar School which today has set a good example of a Muslim educational institute at the Coast, whose cardinal principle is that of the Prophet Muhammad's wisdom: "My Lord brought me up with excellent, exemplary good behaviour and decorous manners."

He was a renowned butcher, at the Coast, whose butchery has been very famous for strictly maintaining excellent, well kept fresh meats; in accordance with Islamic strictly required tenets.

His children are an impeccable replica of their parent's characteristics.

He actually bequeathed to them not only his business acumen but his precious reputation as a strictly honest, sincere and a thorough Muslim gentleman whose mode of living reflects Prophet Muhammad's sayings; such as 'Be expeditious in performing a good deed. Before undertaking any action; seriously consider its consequence, if its results



Prominent Mombasa Butcher Sheikh Idha Islam Magram

would be good do it but if its consequences are bad; keep yourself far away from it.

He is survived by four sons, nine daughters and three widows – the sons are Amin, Faisal, Ahmed and Swaleh.

This is to express our deep condolences to them all and may Almighty Allah rest his soul in Paradise – Ameen.

## WHITESANDS HELP HOME



As seen (from left) Eyama Japheth, Project Founder, Good Hope Children's Home for orphans and destitute children, Mukoshoroni receiving linen and towel donations from Mrs. Wilkester Onserio, Asst. Housekeeper, Sarova Whitesands Beach Resort and Spa.

## FIREWALLS - HOW THEY WORK AND WHAT THEY REALLY ARE?

Firewalls have nothing to do with the actual fire element when we refer to technology, it is a computing term used in almost all computers or gadgets that require networking access and security to deny or allow transmission between two defined networks.

However firewall as a general term is originally defined to restrict or confine fires in buildings and spaces but I am going to discuss its computing term.

Firewalls are used in networks and also your personal computers when accessing public internet also known as internet firewalls.

A firewall in an office or private

network simply is a software or a hardware device used to filter transmissions in and out of a network.

They are a security protocol used to detect breaches and threats that may harm networks especially when computers in that network are accessing the internet.

A set of rules are set to prevent unauthorised access, this way the firewalls control traffic flowing in and out of a network.

They are three methods of using the firewalls, which is packet filtering, proxy service and application layers.

All these methods are used in a different manner and are in practice all around networks.

I would not wish to go on and further define them with the

configuration process as it may confuse and may also require deep technical understanding of computing with networking.

Firewalls have many benefits



applied. They prevent attacks from hackers, protection from viruses and worms, deny all harmless and persistent spamming such as junk emails and can give you remote login features to control access of a computer based in a network.

These are some of the few

features that come with having a firewall.

Your new laptops and computers come with pre-installed windows firewalls in your operating system especially with the new Windows 7 which works fantastic and is very easy to access.

Go to your control panel and under 'System and Security', you will see a Windows Firewall application.

Access the application and ensure your firewall settings is switched ON.

The firewall will protect you from malicious hacking and software depending on what level of security profiles you choose.

Using firewalls is a wonderful security feature so ensure you are under a firewall protection.

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# THIS WEEK IN PHOTOGRAPHS



MSB's duo Murtaza Latifali and Rukaiya Anverali were respectively honoured by Edexcel for obtaining '7A', one A' and the top English grade (92%) in Syllabus B in East Africa, in the May/June 2011 London Examinations. At a colourful High Achievers Award Ceremony held in Nairobi on 14<sup>th</sup> November, 2011 and attended by high achievers, parents and Heads of Schools from all over Kenya, the record breakers received their prestigious awards from top Edexcel personnel. For MSB it is a special and memorable occasion for the 2<sup>nd</sup> IGCSE batch to rub shoulders with the very best in Kenya and the world.



Justin Walters begins what we hope will be a long-term relationship with the Eye Go Fishing Dave Parry Memorial Trophy. Justin won fishing from Delta landed a nice trevalli at last weekend's Liaison Charity Eye Go Fishing. He wasn't the only one who succeeded at the weekend; of a record 20 boat entry, most caught fish and many people are going to be able to see because of this.



Detlef Philippe from Krefeld (Duesseldorf) arrived in Nairobi for his 100th visit at Turtle Bay. Congratulations, what a milestone! He started visiting the country in 1976, and for the past few years he has been visiting three times a year, choosing to stay in March, July and November. Detlef says "the wonderful people and weather make him come back". Three senior officials from Kenya Tourist Board, Marketing Manager Betty Ichan, Acting Public Relations Manager Kimutai Ngeno and Research Assistant Susan Nyambura came to the hotel to present gifts as a token of appreciation to Detlef for supporting Kenya's tourism. Detlef let it be many more times to Kenya / Turtle Bay. Seen with General Manager Damian Davies.



Qatar Airways management celebrated the airlines 6th anniversary of flying into Kenya on the 15th November, 2011 at Thalassa Restaurant. This was together with the top travel agents appreciation luncheon. Seen [from left] Qatar Airways reservation officer Agnes Shikungu, Boma Travel Operation Director Tom Arita, Qatar Airways Country Manager East Africa Andrew Stern, Deans Travel Director Ms. Goolzaar Rattansi, Didl Travels Director Ms. Binita Shah and Eagle Travels Senior Travel consultant Ms. Ifat Ali.



On 20<sup>th</sup> October, 2011 the Rotary Club of Kilindini members visited Mji Wa Salama. They entertained the children and provided them with a lot of educative material and books from the UK, special thanks to Mr. Pramod Shah. The books will promote and enhance their education and learning schemes. The team also provided food items. The children surely had a joyous weekend and holiday. Rotary Club of Kilindini also provisioned for food to the children and care takers. Care for this center will be on going, if you would like to donate please feel free to Contact us or visit our website [www.rotarykilindini.org](http://www.rotarykilindini.org).

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 Members 300/-, Non-members 600/-, Students 250/-

# 'EMIRATES AIRLINES' TO ADD CAPACITY ON POPULAR NAIROBI - LONDON ROUTE

Emirates' A380 services to London Heathrow will become triple daily from 24th January 2012, adding capacity to one of the airline's busiest routes.

Effectively, three out of Emirates' five daily flights into Heathrow will be served by the superjumbo, which will replace Boeing 777s currently serving the route.

"Given the popularity of Emirates' A380s, I know this news will be well received by our customers flying to from Nairobi to London Heathrow through our Dubai hub," said Emirates' Regional Manager for East Africa Essa Sulaiman Ahmad.

"As these magnificent aircraft continue to join our fleet, we can offer more seats and choice in and out of high density points, while enabling a greater number of passengers to benefit from the Emirates' A380 experience," he added.

This comes as good news to the tourism sector given that Britain is the leading source of international tourists visiting Kenya.

According to the Kenya Tourism Board, 174,051 British nationals visited Kenya in 2010 with better prospects for 2011.

The number of British holidaymakers visiting Kenya rose 10 per cent during the first quarter of 2011 compared with the corresponding period in 2010, according to new figures from the Kenya Tourism Board.

"Air transport is key to growth of the tourism industry and convenient, flexible and seamless connection is a plus for tourists.

"We believe the improved capacity and frequency will make it easier and faster for British tourists wanting to visit Kenya, which will in essence help grow Kenya's tourism sector," Essa said.

Emirates began A380 operations to the United Kingdom in 2008. After supporting EK flights 001 and 002 between Dubai and Heathrow, EK 003 and EK 004

became A380 services in July 2010.

The giant aircraft, known for its quietness and spaciousness, offers 14 flat-bed First Class Private Suites with electrically operated doors and 76 fully-flat seats in Business Class - all with aisle access - on the upper deck. Downstairs, there are 427 comfortable contoured seats in Economy, spread across four separate cabins.

"Passengers in all classes can settle down to more than 1000 channels of films, television programmes, music and games carried on the ice entertainment system.

A personal satellite phone is fitted to each seat, which also carries a seat-back SMS and email service, along with seat to seat calling and a "My USB" personal picture viewing facility," said Ahmad.

Emirates operates 105 weekly flights to the United Kingdom via six gateways; London Heathrow, London Gatwick, Birmingham, Manchester, Newcastle and Glasgow.

In September 2011, Manchester, which is now a triple daily service, became Emirates' second UK gateway to be served by the superjumbo, replacing EK flight 017 and 018.

The international airline of the UAE has a fleet of 17 A380s amongst a total fleet of 162 aircraft, flying to 116 destinations - now including Baghdad.

At the Dubai Air Show on Sunday (13th November), Emirates announced an order for an additional 50 Boeing 777-300 ER aircraft, worth approximately US\$ 18 billion in list prices.

The agreement also included 20 Boeing 777-300 ER options valued at US\$8 billion lifting the total order to 70 aircraft worth US\$ 26 billion.



Emirates currently serves London Heathrow with two daily A380 services - this will increase to three from 24th January 2012.

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# Salim Amin Returns From Northern Ethiopia And Tells His Story Of Profound Hope And New Spirit

Lamu Cultural Festival, which will take place from 24-27 November 2011 is a very lively event and despite recent setbacks in the Lamu security which have been addressed, the Festival will go ahead.

In July the Mission to Seamen celebrated 90 years in Mombasa.

This is just a reminder for those who might have been away in July that Fr Michael Sparrow (an FFJ Member) has written an excellent and comprehensive little book covering the history of the Mission during these 90 years.

The sea and by association those "who go down to the sea in ships" are the reason for Mombasa to exist.

The Mission offers a "home from home" to those seamen and women and therefore plays an important part in the life of Mombasa Port.

The book is well written and contains many nostalgic photographs of the many people who have played a part in the last 90 years.

On sale at the Mission the books costs Shs 800, all profit going to the funding of the Mission's work.

It is well worth while buying a copy!

I had a notice from Media A24, the brainchild of Salim Amin, regarding a film which has been shot in Northern Ethiopia.

I quote: "On 23rd November, 1996, exactly 15 years ago, my father and the founder of our Company died in a tragic botched hijacking off the coast of the Comoros Islands.

"The biggest story of his long career as a photo-journalist was his coverage of the Ethiopian Famine of 1984.

"It was also the type of story

that he hated telling about a Continent he loved so much.

"Today, I have been privileged to go back to Northern Ethiopia, the scene of that devastating famine 25 years ago, and tell a story that captures that hope and spirit of the people of this wonderful Continent.

"I thank you all again for being such an important part of my journey these last few years and I hope you will be as inspired as I was when you watch this new film".

Salim has promised that he will try to get this film to Mombasa. We look forward to seeing it.

Many thanks for re-electing me as Chairman of FFJ and for re-electing the committee.

A final note; if you have not renewed your subscription please can you do so?

I haven't taken anyone off the members list to date but this may be your last Newsletter.

We really need your support and we would love to have your company at our meetings and outings.

Marlene Reid (Chairman)

## PAST PROGRAMME

Risseea Swahili Cultural Festival: This event went off well despite all the rain.

The Chairman and the Vice-Chairman represented FFJ at the grand reception on the Friday night at Fort Jesus.

HERITAGE VISIT: Sat, Oct 15<sup>th</sup>

Despite the unexpected heavy rain the visit went rather well.

There was a late start due to some problems with the transport but everything went well once the children (and the helpers) had eaten one of Essa's hearty

breakfasts. Sincere thanks to all those who assisted and to those who came for the tours. One member said she would have to come back for the next visit to

(now called M. Pond Heron) and flying over our heads a falcon with very long wings and tail which was most likely an Eleonora's Falcon.

As we waded back to the cars the rain started to fall again.

A blessed bird walk.

A.G.M. Tues. Oct 25<sup>th</sup>

The meeting was well attended and all went very well.

Accounts had been certified by the auditor.

After reports by the treasurer and the chairman the elections for the new council were as follows:

Chairman: Mrs. Marlene Reid. Vice Chairman: Talball Hamzali. Treasurer: Fatima Lobo. Vice Treasurer: Alka Subbarao. Secretary: Vibha Shah.

Members: Jitu Haria, Jamilla Rajabali, Essa Khediwalla, Doris Schaule. Fort Liason: Hassan Mohammed.

After the meeting we watched a lovely film, courtesy of the African Environment Film Foundation, "Together They Stand" which concerned the communal life of the Dwarf Mongoose.

Their caring for one another and their co-operation in looking after all the young was an example that humans would do well to follow.

As usual the star of the evening was probably Essa because of the wonderful drinks and snacks which he organised for everyone.

Lecture on "Lake Naivasha" by Dr David Harper. Tues. Nov. 8<sup>th</sup>

All of us know Lake Naivasha, globally famous for over five decades for its plants if not always the same species.

It was initially renowned as 'one of the top 10 bird-watching sites of the world' but the comprehensive overview of the ecology of the Lake opened up a whole new vista for us.

We often read of the degradation that the Lake is suffering; how low the water is, how the birds and fish are decimated etc.

This lecture covered the plants, people and politics which have wrought the changes either adversely or in a beneficial way.

Dr and Mrs Harper are FFJ members and we hope to see more of them, when they are in Mombasa, at our meetings.

## FUTURE PROGRAMME

Sat. Nov. 26<sup>th</sup> - Tree Planting

Every environmental person in Kenya seems to be planting trees in honour of Prof. Wangari



Friends of Fort Jesus enjoy a Guided Old Town Walk at Ndia Kuu.

PHOTO: COURTESY - DORIS SCHAULE

catch all that had escaped her on this one, there being so much to learn.

It is so gratifying to be able to offer the opportunity for these young Kenyans to see something of their heritage in the hope that when they grow up they will be the people who will be in the forefront of conservation efforts.

Not just a day out but also an awareness and a learning process.

BIRD WALK: Sat. Oct 15<sup>th</sup>

A busy day: Despite my maxim of taking the bird walk 'come rain or come shine', I have to admit that I was wondering 'how mad can I get?' driving through Bombolulu in the absolutely deluging rain.

Offering up a quick prayer I crawled on through the traffic up to Nguuni where Doris and Kevin, Peter Nightingale and Gaby were waiting.

The stalwarts! As we paid our money the rain suddenly slackened off and we saw a small patch of blue in the sky.

By the time we got up to the farm rain had stopped and although it was very wet underfoot the rain stayed off for the whole of the walk and we got a lovely sunset.

Quick prayers can be very effective!

Birds love to be out after the rain and true to form we saw 37 species.

Pin Tail Whydahs were flying around but the males without their tails.

A few specials; both the Yellow Throated and Pangani's Longclaw, a Palm Nut Vulture, Vereaux Eagle Owl, a Common Tern, not usual at Nguuni but may have mistaken all the water for the sea, where we usually see it.

Lots of migrant Barn Swallows feeding on the insects. Several Pale Flycatchers and Bare Eyed Thrushes and many weavers.

We had a brief glimpse of a Madagascar Squacco Heron

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## Newsletter Notes From The Friends Of Fort Jesus

Maathai and FFJ doesn't want to be left out of the equation.

We shall be planting trees at a school in Mtwaya, run by an Austrian-based NGO called ALBSTADT, which caters for the poorer children in the area.

There are 350 children in the school and they have a 6 acre compound which badly needs some trees.

We shall be inviting our tree-planting partner WCK in the shape of Mr Mtengo to accompany us with a view to him introducing Wild Life Clubs of Kenya into the school.

Please try to join us. Any donations towards cost of trees will be welcome.

Meet at the Mtwaya Police Station (immediately on the left after Mtwaya Bridge coming from Mombasa) at 9 a.m. so we can all proceed to the school together.

It would be helpful if you could let Marlene Reid or Jitu Haria (0720 949195 and 0722 640780) know if you are joining us.

Jitu has very kindly invited us to go to his house after the planting to eat a picnic lunch (bring your own) and have a swim.

We shall also do some planting at Bofu School next year as part of the same project.

Tues. Nov. 29<sup>th</sup> "Heritage Tourism: An Opportunity Or Threat" a lecture by Prof. Peter Stone. At Fort Jesus at 7 p.m.

This is a joint event by CHDA (Centre for Heritage Development in Africa), FFJ and Fort Jesus Museum.

The reference point for the lecture will be Fort Jesus World Heritage Site and the Old Town of Mombasa.

This will be open to all interested parties and is intended to be an open forum giving participants the chance to express their ideas, opinions and to ask questions.

Prof. Stone is an expert in the area of heritage management.

"He was appointed to Newcastle University in the UK in 1997, as Director of the International Centre for Cultural and Heritage Studies in the School of Arts and Cultures in 2001, and as head of School in 2006.

Prof Stone teaches and researches in heritage management, interpretation and education.

Between 1998 and 2008 he was Chief Executive Officer of the World Archaeological Congress.

In 2003 he was archaeological advisor to the UK Ministry of Defence prior to invasion of Iraq, and is currently involved in research into the practicalities and ethics of cultural heritage experts working with the military".

For anyone remotely interested in our local heritage this lecture is a must. Entry is free.

Tues. Dec. 13<sup>th</sup> 7.15 p.m. At the Fort - Film "Strangers in the Garden" - Pt. 4 of the Richard Attenborough series "The First Eden".

This is the 4<sup>th</sup> and last part of this series which we have so much enjoyed:

"The discovery of the New World and the cutting of the Suez Canal brought new species.

"Many of these - fish from the Red Sea, vegetables from South America and the eucalyptus tree from Australia - would thrive in the Mediterranean conditions.

"But tourism, the plunder of wildlife and pollution of mankind has been the most fatal and irrevocable change of all".

Even if you missed the previous parts you can still enjoy this one as each is a complete story.

## EXHIBITION AT THE ALLIANCE FRANCAIS

From 14<sup>th</sup> - 25<sup>th</sup> Nov. there will be an exhibition "Development Objectives - a New Look on Emerging Nations" - a photographic exhibition to celebrate the 70<sup>th</sup> anniversary of the French Development Agency in partnership with Magnum Photos.

These exhibitions are always worth seeing.

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## SAROVA WHITESANDS BEACH RESORT & SPA MOMBASA

**SUNDAY LUNCH:** A family day out for two including lunch and swimming at Sarova Whitesands, Mombasa will be awarded to the winner. The next draw for the winning entry will be **7th December, 2011 by 10.00 a.m.** Completed Sudoku should be sent to 'Prize Sudoku' COASTWEEK, P. O. Box 87270, Mombasa, Kenya or dropped off at Coastweek offices.

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	9				
5		1	2		
	3	7	4	1	9
2		5		8	
		3	8	7	2
3		6		4	
	6	2	5	3	4
1		3	6		
	2				

SUDOKU NO. 219

NAME.....

ADDRESS.....

#### What is Sudoku?

Sudoku is a number puzzle based on a very simple idea: which is the use of clues and logic to place numbers into 81 squares in a 9x9 grid.

#### What are the rules?

Sudoku has only one rule: place a number in each cell such that every row, column and 3x3 group of cells contains the numbers 1 to 9 only once.

### SOLUTION TO 'PRIZE ARROWWORD' NO.P005

**DOWN:** PLASMA; PRESUPPOSES; PROM; PIPECLEANER; ARUM; TALENTS; PROPS; WIPE; LONG.

**ACROSS:** BLUR; PAR; EMI; ASOS; PAM; USER; WASP; CUT; PALMA; IPSO; SWALE; HOMEINON; SPENT; ASK; ERGS

WINNER OF 'PRIZE ARROWWORD' NO.P005

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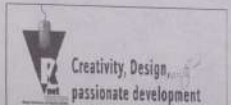
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# Rally Queens Have Muddy Good Fun



## MISITU GOLF CHALLENGE AT THE NYALI GOLF CLUB

Mathew Wahome (left), winner during Misitu Golf Challenge at NGCC receives a prize from Col.(Rtd) John Kimani - Commandant, Kenya Forest Service.

The Rally Queens survived where many didn't in one of the toughest days on the world's toughest motor rally!

Day 1 of the 2011 East African Classic Safari saw the Kenya Airways Ford Escort Mk1 of Samira Khan and Anita Irwin survive wildlife, river crossings and thick glutinous mud to end the day a very respectable 38<sup>th</sup> overall out of 46 starters.

The opening day of this year's event saw the crews tackle three stages over varying terrain as the competitors travelled from the coastal town of Mombasa, up through the Taita Hills to the overnight rest halt in Amboseli, in the foothills of Mount Kilimanjaro.

Through the opening test the girls took it easy as they



Mid way through foothills of Mount Kilimanjaro the rally queens caught another car and forced their way past.

acclimatised to the notes and the completely re-worked Escort, painstakingly prepared by MMSport of Nakuru.

Stage 2, through the hills, saw the girls catch and pass another competitor before sliding off and getting stuck in the mud for five minutes!

The third and final test of the day was 115 kilometres long.

A huge mud hole which had caught most cars out cost the girls a bit of time but, apart from nudging a Porsche 911 on their

foothills of Mount Kilimanjaro.

Mid way through this section the Rally Queens caught another car but at that very moment the horn chose not to work and they were forced to eat dust for a number of kilometres before finally forcing their way past.

Then, towards the end of the stage, a huge mud hole that had already claimed a number of cars added the pink Escort to the list.

Twenty minutes were lost before the car was finally extracted.



way through, Samira and Anita ended the day with no dramas.

Samira was full of smiles at the end of day service; it was a brilliant day, lots of fun and catching that car in the second stage was one of the greatest feelings ever! I'm really looking forward to tomorrow now!

The only all ladies crew in the 2011 East African Safari Classic Rally continue to impress with their solid and consistent performance in the Kenya Airways Mk1 Ford Escort.

After two full days of rallying Samira Khan and Anita Irwin are firmly placed in 34<sup>th</sup> position and loving every minute of the experience.

The first stage of the day was a 112 kilometre blast around the

The second stage of the day was cancelled after heavy overnight rain turned the road into a mud bath but the final section was a 38km blast.

Despite being caught by quicker car Samira still posted very respectable time and returned to service with a big smile on her face.

I'm loving it, this is so much fun!

It is such a shame about the mud hole this morning as we were having a really good stage until then, Anita's cross count experience definitely helped us pick out the correct route at times.

The car is going really well and, even though we aren't pushing, I'm still happy with our progress.

# Mahsen Mason Nyangau Is Still The Kenya Duathlon Champion

Mahsen Mason Nyangau of Bandari Swimming Club was in a class of his own when he was declared as the champion during the Mombasa Duathlon Competition held over the weekend at Treasury Square.

The distance for the event was 6km run, 20km bike and 3 km run where Mahsen clocked 1 hour 03 minutes and 44 seconds to

win the title. The second finisher was approximately more than 20 minutes behind Mason.

This is the fifth time Mahsen to be crowned as the Kenya Duathlon champion.

"I would love to represent my country in International events where I know I can win medals for Kenya" commented Mahsen Mason.

"I will continue working hard in

training and wait for my dream to come true," he added.

Mahsen Mason would like to send a big thank you his parents who have continuously inspired him to work hard in training. Special thanks also go to Mrs. Josephine Nyambura for all the help in becoming the Kenya

champion and not forgetting coach Mansoor and coach Ibrahim who are also behind my success in Duathlon events.

Mahsen Mason is now gearing up his training in preparation to travel to Eldoret to compete in another Duathlon competition to be held on 3<sup>rd</sup> December 2011.



Mahsen Mason Nyangau in the lead during the Mombasa Duathlon Competition held at Treasury Square over the weekend. Mason clocked 1.03.44 to win the title fifth time in a row.

## COAST BRIDGE with C.P. SHAH

In the following hand Declarer bluffed the opponents by playing Two high cards.

DEALER: EAST BOTH VULNERABLE BIDDING:

EAST	SOUTH	WEST	NORTH
ONE DIAMOND	ONE SPADE	DOUBLE (1)	TWO SPADES
THREE DIAMONDS	FOUR SPADES	ALL PASS	

1. Negative, Promising Hearts.  
West led the two of Diamonds to East's King and it was clear (looking at the threat of Dummy's Clubs) to switch to the Ace of Heart and another Heart.  
If Declarer had followed with normal Hearts, it would have been easy for West to have won the King and led a Third Heart for East to ruff.

NORTH				
♠	Q	6	3	
♥	9	7	4	3
♦	7			
♣	A	J	10	6

WEST				
♠	8	5		
♥	K	10	6	5
♦	Q	4	3	2
♣	K	7	2	

EAST				
♠	4			
♥	A	3		
♦	A	K	10	9
♣	9	8	4	

SOUTH				
♠	A	K	J	10
♥	Q	J	8	
♦	J			
♣	Q	5		

Down One. Declarer dropped the Knave of Hearts under the Ace, then Queen on the second round.

West naturally believed that Declarer held Queen-Knave doubleton. He did not follow with Ten, expecting Declarer to ruff, and in doing so promote Dummy's Nine.

Instead he switched to a Club, hoping East held the Queen. Declarer ran the Club to his Queen.

Drew Trumps led a Club to the Knave, then discarded his Heart on the Ace of Clubs. Ten tricks and game made.

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MOMBASA AND NAIROBI

# Bandari's Moral Boost Win Over Thika United

Coast soccer fans will know if their team, Bandari FC will remain in the Kenya Premier League (KPL) next season or not when they tackle Chemelil Sugar in their last fixture at Chemelil Sports Complex.

Bandari who registered a morale boosting 1-0 win over Thika United at Mbaraki Sports Club with the lone goal scored by Shaaban Kenja, have a formidable task tomorrow to make sure they win against Chemelil to remain in the country's top league for another season.

The Portsmen coach, Rishadi Shedu said they are travelling to Chemelil in Western

Province to collect maximum three points and give Coastal people a special present, "a slot in 2012 KPL."

Shedu said he would start with the team that beat Thika United last weekend, adding that they will once again rely on their Tanzanian signing, goalkeeper Ivo

Mapunda whose inclusion in the team has helped them secure many crucial points.

"We are going to Chemelil to make sure we return with all the three points for us to automatically keep our place in the KPL intact. My boys are in tip top form and ready to tackle not only Chemelil but any other top team in the country," said the Bandari tactician.

## COAST FANS

Congo United who disappointed Coast fans when they succumbed to a 1-0 defeat at the hands of KCB, travels to Mumiias to play Tusker in a match very important to the beer makers who are fighting to win it and hope defending champions Ulinzi Stars lose for them to emerge victors.

For Congo, it is just a formality to finish the league because they have already been relegated to the lower league next season.

Meanwhile, Ulinzi Stars takes on Rangers in a match they cannot afford to lose especially bearing in mind if they don't win the three points, Tusker could clinch the league title.

The soldiers team are hotly favoured to beat Rangers at Afraha Stadium tomorrow.

Sofapaka clash against Gor Mahia in what is expected to

be a thriller at Nyayo National Stadium tomorrow, Thika United host Western Stima at Thika, City Stars play host to Karuturi Sports at Hope Centre ground, Sony Sugar tackle Mathare United at Awendo and KCB meet AFC Leopards at City Stadium.

All the matches will be the last for all teams and are to start at exactly 3 p.m.

Special Report by Correspondent



Bandari FC supporters celebrate their team's 1-0 victory over Thika United during a Kenya Premier League (KPL) match played at Mbaraki Sports Club last Saturday.

# FIFA To Re-Launch Development Programs

BY KIMATHI KAMAU  
NAIROBI (Xinhua) — World football governing body FIFA has pledged to help Kenya to re-launch its development programmes with the association set to release 500,000 U.S. dollars to aid the initiatives.

The funds will be provided by the governing body's Financial

Assistance Program and they also include the bonus paid to member associations following the success of South Africa 2010.

FIFA president, Sepp Blatter announced the grant when he met newly elected Football Kenya Federation (FKF) chairman Sam Nyamweya in Zurich this week where the latter re-stated his commitment to resuscitate the country's game

that has suffered from leadership wrangles for over a decade.

"My main objective is to bring all the stakeholders of Kenyan football together. We have had conflict for many years, and we've even had two national federations.

"That has all come to an end now that democracy has spoken, and we now have to make sure that everyone works together.

"I also want to rebuild links with our regional friends, especially the 11 countries that make up CECAFA," Nyamweya told Blatter.

"We need structures to get youth football back on its feet and we're going to base our work on a comprehensive program called The Strength of Hope for Africa.

"Women's football also has a big future in Kenya. A lot of women play the game and we're going to focus on development," the football chief who was elected on October 29 said.

"We've known each other for quite some time and you can count on my own personal support and the support of FIFA too," the FIFA boss told his guest having been acquainted with him since the days Nyamweya was the secretary general of the now defunct Kenya Football Federation.

Blatter reminded Nyamweya of the enormous task ahead of him as he seeks to re-build the game in a country that is ranked 135th in the latest FIFA World Rankings.

"As well as reviving programs targeted at youth football, the national team and women's football, you have to reorganize the network of local branches, which have not played an active role for some time," the Kenyan football boss was urged.

# Eleven African Countries Attend Weightlifting Tourney In Uganda

KAMPALA (Xinhua) — 11 African countries are gathering in Uganda ahead of the continental weightlifting tournament scheduled to place in the East African country starting Nov. 23-28.

Salim Musoke, the chairman of Uganda Weightlifting Federation said on Tuesday that the event will be preceded by a general assembly of the Weightlifting Federation of Africa in which new leaders of the continental body would be

elected. After the meeting, focus will turn to the African Youth and Junior Weightlifting Championship that will be held here at Speke Resort Hotel Munyonyo on the shores of Lake Victoria.

Libya which has gone through political turmoil has sent 21 weightlifters while Egypt is likely to pull out of the tournament following the demonstrations in the country.

"We have not received any communication from them in the last few days but we think the

huge demonstrations and political problems might have forced them to pull out," Musoke said referring to Egypt.

The countries that are likely to participate include Libya, Kenya, Tanzania, Madagascar, Cameroon, Sudan, Nigeria, Morocco, South Africa, Tunisia and Uganda. Tanzania's Zanzibar Island is also planning to send a team.

Uganda will miss the 2009 gold medalist in the junior event Khalid Batuaa who relocated to Kenya.

# Harambee Stars Seeks To Reclaim Regional Soccer Title

NAIROBI (Xinhua) — The last time Kenya took part in the Council of East and Central African Football Associations (Cecafa) Senior Challenge Cup in Tanzania, its head coach Jacob Mulele lost his job because of poor results.

Well, a year down the line, the scenario has changed and there is no pressure on new coach Francis Kimanzi to deliver the silverware.

Of more importance to the young coach is to help Harambee Stars to qualify for the 2014 World Cup in Brazil.

In spite of Kenya having made numerous attempts to reach the finals of the elite soccer tournament, the country has performed dismally.

Only in 1997 did Kenya come close under then German coach Reinhardt Fabisch. But again, Nigeria dimmed Kenya's hopes.

But in the regional front, Harambee Stars have been one of the bigwig teams alongside Uganda and Sudan.

But of course, that will be history and it will count for nothing when this year's Cecafa Senior Challenge Cup starts in Dar es Salaam on Friday.

"All the teams have picked strong players and it will be more interesting this time.

"It is difficult to predict who will win and Kenya has gone through a metamorphosis of both football administration and technical bench.

"We will wait to see its effect on the pitch and this competition provides the platform to do just that," said Cecafa Secretary General Nicholas Musonye Tuesday in Nairobi.

Musonye said that many teams including Mali, Nigeria, Cameroon, Mozambique, Lesotho and Zambia had showed interest in the tournament and had been put on standby in case one of the 12 teams failed to honor the tournament.

The tournament has been divided into three pools.

Kenya is in what is known as the group of death where it will play against 2012 Africa Nations Cup bound team Sudan, Malawi and Ethiopia in Group C.

Group A will bring together champions Tanzania, Rwanda, Namibia and Djibouti, while Group B has Uganda, Somalia, Burundi and Zanzibar.

The top two teams from each group will qualify for the quarterfinal of the tournament as well as the best two losers from all the three groups.

Tanzania will host the event for the second year running, the first time in the competition's history.

Last year, Tanzania lifted their third Challenge Cup title after a hard-fought 1-0 win over guest side Cote d'Ivoire in the final. Rwanda was knocked out in the quarterfinals.

Last year Harambee Stars had the worst ever performance in Tanzania where the competition was held failing to go past the preliminaries leading to the resignation of then coach Mulele.

The tournament has a huge prize pack worth 60,000 U.S. dollars for the winners.

The champions will walk away with 30,000 dollars while the losing finalists will have a consolation prize of 20,000 dollars while the winner of the third and fourth play off will secure 10,000 dollars.

"It is the best in the continent and that is why we are getting huge interest from the foreign teams outside the region.

"But more important is that it helps in the nurturing and development of the local based players," said Musonye.

The tournament was started in 1973 with Uganda Cranes winning 11 times with the latest being in 2009, ahead of arch-rivals Kenya, who have managed to lift the trophy five times in 1975, 1981,

1982, 1983 and 2002 respectively.

Ethiopia have won it four times, one more than Tanzania, Sudan and Malawi.

Zambia was crowned twice while Rwanda, Somalia, Zimbabwe and Zanzibar have each claimed the silverware once.

Kenya is one of the most consistent participants in the competition having taken part in 32 occasions.

This year it will be marking its 33 attempt though Uganda has been in the competition for a record 34 times.

Namibia, which is from southern Africa, is one of Harambee Star's opponents at next year's 2014 World Cup qualifiers.

It has also been included in the tournament, replacing Eritrea who failed to confirm their participation in time.

The CECAFA Senior Challenge Cup is the oldest soccer tournament in Africa.

It is the successor tournament of the Gossage Cup, held 37 times from 1926 until 1966, and the East and Central African Senior Challenge Cup, held seven times between 1965 and 1971.

## CHEGE WINS TOTAL KENYA GOLFING DAY

Heading a full field of 220 players and braving a heavy downpour, 9 handicap Chege Gitura scored 39 stableford points to win the Total Kenya Golf Day at the Muthaiga Golf Club beating his closest rival Steve Chege by a two point margin.

The battle for second place was closely fought with Steve Chege who played off 13 and J.S. Gathumbi of 9 handicap tying with 37 points.

The count back gave Steve Chege the second prize with Gathumbi taking third place.

21 handicap Rosemary Wok was declared the lady winner with a score of 34 Stableford points after a count back with Njeri Mugo who played off 20, but Njeri had the satisfaction of taking home the lady winner's prize.

Maurice Monni received the guest winner prize.

Chege Gitura received his prize from Alexis Vovk the Managing Director of Total Kenya Limited who congratulated him on winning the tournament under competitive and difficult playing conditions and thanked all the players for taking part.

Alexis Vovk reaffirmed Total Kenya's commitment to Kenya saying that despite the difficult economic conditions, the company would continue to provide its customers with the best products at the best possible prices.

He cited the most recent development as the marketing of affordable solar lanterns of proven quality known as Total Solar.

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## KENYA AIRWAYS CLASSIC SAFARI RALLY 2011



RALLY AT THE COAST (CLOCKWISE FROM TOP LEFT) - Car # 32 the Datsun P710 of driver Kulwinder Sandhu and navigator Harpal Singh Sudle seen at speed near Mackinnon Road checkpoint. Car # 1 Ford Capri of Kenya Rally champion Ian Duncan and navigator Amaar Slatch seen on display before the start in the foyer of Sarova Whitesands Beach resort and Spa on the Mombasa North Coast. Crowds gather under the famous city tusks during the ceremonial Saturday afternoon drive through Mombasa. Car # 39 the Ford Escort Mark 2 of driver Ramesh Visram and navigator Atli Kochhar.

COASTWEEK RALLY  
PHOTOS: NIDAA MALIK



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### KENYA TIDE TABLES

MOMBASA, November 25 - December 01, 2011

**FRIDAY** High Water - 3.8 m. at 03.42 hrs. (3.42 a.m.) and 3.1 m. at 16.15 hrs. (4.15 p.m.). Low Water - 0.1 m. at 10.04 hrs. (10.04 a.m.) and 0.3 m. at 21.58 hrs. (9.58 p.m.) **NEW MOON.**

**SATURDAY** High Water - 3.8 m. at 04.24 hrs. (4.24 a.m.) and 3.1 m. at 16.57 hrs. (4.57 p.m.). Low Water - 0.0 m. at 10.45 hrs. (10.45 a.m.) and 0.3 m. at 22.39 hrs. (10.39 p.m.).

**SUNDAY** High Water - 3.8 m. at 05.05 hrs. (5.05 a.m.) and 3.1 m. at 17.28 hrs. (5.28 p.m.). Low Water - 0.1 m. at 11.25 hrs. (11.25 a.m.) and 0.4 m. at 23.20 hrs. (11.20 p.m.).

**MONDAY** High Water - 3.6 m. at 05.46 hrs. (5.46 a.m.) and 3.0 m. at 18.20 hrs. (6.20 p.m.). Low Water - 0.2 m. at 12.06 hrs. (12.06 a.m.).

**TUESDAY** High Water - 3.4 m. at 06.27 hrs. (6.27 a.m.) and 2.9 m. at 19.03 hrs. (7.03 p.m.). Low Water - 0.5 m. at 00.02 hrs. (12.02 a.m.) and 0.4 m. at 12.47 hrs. (12.47 p.m.).

**WEDNESDAY** High Water - 3.1 m. at 07.08 hrs. (7.08 a.m.) and 2.7 m. at 19.49 hrs. (7.49 p.m.). Low Water - 0.7 m. at 00.47 hrs. (12.47 a.m.) and 0.6 m. at 13.29 hrs. (1.29 p.m.).

**THURSDAY** High Water - 2.8 m. at 07.53 hrs. (7.53 a.m.) and 2.6 m. at 20.41 hrs. (8.41 p.m.). Low Water - 1.0 m. at 01.36 hrs. (1.36 a.m.) and 0.8 m. at 14.14 hrs. (2.14 p.m.).

NOTE: Standard Port is Kilindini. ADD 40 minutes for Lamu and ADD five minutes for Malindi. 'No Change' for Kilifi and Diani.



Sarova Whitesands Hotel Rally HQ - Two motor rally "greats" Stig Blomqvist and Mike Kirkland seen in Mombasa before the start of the Kenya Airways Classic Safari Rally 2011.

WHITESANDS PHOTO - COURTESY: CLASSIC SAFARI RALLY

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